20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1	1	KYEVA Cosmas	NAIROBI		KEN	M30	1	02:12:05	02:12:05		1
		5km - 00:15:32, 10km - 00:31:15, 15km - 00:47:01, 20km - 01:02:56, 21km - 01:06:17, 25km - 01:18:16, 30km - 01:34:23, 35km - 01:49:54, 40km - 02:05:13									
2	7	CHEMUNGOR Raymond Kemboi	NAIROBI		KEN	M30	2	02:13:00	02:13:01		2
		5km - 00:15:31, 10km - 00:31:13, 15km - 00:46:59, 20km - 01:02:54, 21km - 01:06:15, 25km - 01:18:07, 30km - 01:33:51, 35km - 01:49:32, 40km - 02:05:38									
3	8	KIPTOO Mathew	NAIROBI		KEN	M30	3	02:15:58	02:15:58		3
		5km - 00:15:31, 10km - 00:31:13, 15km - 00:47:00, 20km - 01:02:55, 21km - 01:06:16, 25km - 01:18:08, 30km - 01:33:51, 35km - 01:49:33, 40km - 02:07:06									
4	17	TUFA Getachew Kene	ADDIS ABEBA		ETH	M18	1	02:16:06	02:16:06		4
		5km - 00:15:34, 10km - 00:31:14, 15km - 00:47:00, 20km - 01:02:55, 21km - 01:06:17, 25km - 01:18:21, 30km - 01:34:00, 35km - 01:49:45, 40km - 02:07:10									
5	5	DOBROWOLSKI Emil	CHOTOMÓW		POL	M30	4	02:17:06	02:17:06		5
		5km - 00:16:05, 10km - 00:31:59, 15km - 00:47:56, 20km - 01:04:09, 21km - 01:07:37, 25km - 01:20:19, 30km - 01:36:56, 35km - 01:53:24, 40km - 02:10:06									
6	15	KARBOWIAK Kamil	BRZEG		POL	M18	2	02:17:17	02:17:17		6
		5km - 00:15:57, 10km - 00:31:51, 15km - 00:47:41, 20km - 01:03:52, 21km - 01:07:16, 25km - 01:19:47, 30km - 01:36:56, 35km - 01:53:24, 40km - 02:10:08									
7	5044	CZERNIAK Robert	POZNAŃ	1 Batalion Zmechanizowany Lębork	POL	M30	5	02:29:52	02:29:53		7
		5km - 00:17:43, 10km - 00:35:43, 15km - 00:53:37, 20km - 01:11:27, 21km - 01:15:20, 25km - 01:29:15, 30km - 01:47:03, 35km - 02:04:26, 40km - 02:22:11									
8	5166	MARYSIAK Adam	KSIĄŻ ŚLĄSKI	11 DKPanc	POL	M30	6	02:31:27	02:31:28		8
		5km - 00:17:22, 10km - 00:34:50, 15km - 00:52:11, 20km - 01:10:01, 21km - 01:13:51, 25km - 01:27:41, 30km - 01:46:00, 35km - 02:03:52, 40km - 02:23:06									
9	5387	STAJNIAK Bartłomiej	NAMYSŁÓW	ActivRun Namysłów	POL	M18	3	02:33:40	02:33:41		9
		5km - 00:17:23, 10km - 00:34:51, 15km - 00:52:12, 20km - 01:10:00, 21km - 01:13:51, 25km - 01:27:41, 30km - 01:46:00, 35km - 02:04:28, 40km - 02:24:39									
10	40	GRONOSTAJ Grzegorz	WROCŁAW	Wroclawskie Iten / Opera Software	POL	M45	1	02:36:06	02:36:08		10
		5km - 00:17:23, 10km - 00:34:58, 15km - 00:52:41, 20km - 01:10:36, 21km - 01:14:28, 25km - 01:28:41, 30km - 01:47:48, 35km - 02:07:40, 40km - 02:27:47									
11	5168	HARTLEB Dawid	SIENIAWA		POL	M30	7	02:36:35	02:36:37		11
		5km - 00:18:24, 10km - 00:36:48, 15km - 00:55:09, 20km - 01:13:34, 21km - 01:17:27, 25km - 01:31:51, 30km - 01:50:34, 35km - 02:09:00, 40km - 02:28:19									
12	25	STEFANOWICZ Monika	POZNAŃ		POL	K30	1	02:37:42	02:37:42	1	
		5km - 00:18:41, 10km - 00:37:30, 15km - 00:56:03, 20km - 01:14:55, 21km - 01:19:00, 25km - 01:33:33, 30km - 01:52:35, 35km - 02:10:57, 40km - 02:29:46									
13	24	STEFANOWICZ Krzysztof	POZNAŃ		POL	M30	8	02:37:46	02:37:46		12
		5km - 00:17:23, 10km - 00:34:51, 15km - 00:52:12, 20km - 01:10:06, 21km - 01:13:56, 25km - 01:28:26, 30km - 01:47:49, 35km - 02:10:57, 40km - 02:29:45									
14	3	BEDADA Tigist Tadese	MULLO		ETH	K18	1	02:37:58	02:37:58	2	
		5km - 00:17:23, 10km - 00:34:54, 15km - 00:52:12, 20km - 01:10:07, 21km - 01:13:56, 25km - 01:28:27, 30km - 01:47:51, 35km - 02:07:40, 40km - 02:29:00									
15	5164	MAKOŚ Kamil	BOLESLAWIEC	DG RSZ -11 LDKPanc	POL	M30	9	02:38:08	02:38:10		13
		5km - 00:18:24, 10km - 00:36:48, 15km - 00:55:09, 20km - 01:13:34, 21km - 01:17:26, 25km - 01:31:51, 30km - 01:50:34, 35km - 02:09:02, 40km - 02:29:14									
16	5087	KARCZ Artur	KOŁOBRZEG	Piotr POBŁOCKI Team	POL	M40	1	02:38:31	02:38:32		14
		5km - 00:19:00, 10km - 00:38:09, 15km - 00:57:24, 20km - 01:16:36, 21km - 01:20:43, 25km - 01:35:12, 30km - 01:53:54, 35km - 02:11:55, 40km - 02:30:27									
17	6396	BLADOS Tomasz	WARSZAWA	Warszawiaky	POL	M30	10	02:39:15	02:39:15		15
		5km - 00:17:49, 10km - 00:35:45, 15km - 00:53:40, 20km - 01:11:34, 21km - 01:15:19, 25km - 01:29:10, 30km - 01:47:21, 35km - 02:06:09, 40km - 02:28:33									
18	6753	CHRZANOWSKI Patryk	BIELAWA	PCH Sport Complex	POL	M30	11	02:39:49	02:39:51		16
		5km - 00:18:58, 10km - 00:38:02, 15km - 00:56:59, 20km - 01:16:01, 21km - 01:20:02, 25km - 01:34:45, 30km - 01:53:53, 35km - 02:12:45, 40km - 02:31:46									
19	10	LUPA Beata	WILKOWO STARE		POL	K18	2	02:40:41	02:40:42	3	
		5km - 00:19:00, 10km - 00:38:01, 15km - 00:57:00, 20km - 01:16:02, 21km - 01:20:04, 25km - 01:34:46, 30km - 01:53:54, 35km - 02:12:52, 40km - 02:32:19									
20	5099	MAKOWSKI Michał	CIECHANÓW	Mazovia Proactiv Ciechanów	POL	M30	12	02:40:56	02:40:58		17
		5km - 00:18:59, 10km - 00:38:02, 15km - 00:56:59, 20km - 01:16:01, 21km - 01:20:03, 25km - 01:34:46, 30km - 01:53:54, 35km - 02:12:53, 40km - 02:32:36									
21	1395	KICZIŃSKI Bartosz	BRODNICA	Drużyna Szpiku	POL	M30	13	02:41:02	02:41:04		18
		5km - 00:19:07, 10km - 00:38:01, 15km - 00:57:05, 20km - 01:16:17, 21km - 01:20:24, 25km - 01:35:29, 30km - 01:54:51, 35km - 02:13:39, 40km - 02:32:52									
22	5066	BŁASZCZYK Jarosław	WARSZAWA	TEAM Pleszew	POL	M45	2	02:41:28	02:41:31		19
		5km - 00:18:45, 10km - 00:37:28, 15km - 00:56:02, 20km - 01:14:52, 21km - 01:18:54, 25km - 01:33:31, 30km - 01:52:45, 35km - 02:12:06, 40km - 02:32:36									
23	5037	KUNIKOWSKI Tomasz	ŁOWICZ		POL	M30	14	02:41:38	02:41:40		20
		5km - 00:18:52, 10km - 00:38:00, 15km - 00:56:59, 20km - 01:16:00, 21km - 01:20:02, 25km - 01:34:45, 30km - 01:53:53, 35km - 02:12:51, 40km - 02:32:38									
24	5725	GUŁAJ Artur	LEGNICA	BIEGAM Z PASJĄ	POL	M40	2	02:41:52	02:41:53		21
		5km - 00:18:52, 10km - 00:37:30, 15km - 00:56:05, 20km - 01:15:03, 21km - 01:19:07, 25km - 01:34:05, 30km - 01:53:40, 35km - 02:12:52, 40km - 02:33:08									
25	6812	KUŁAK Piotr	KAMIEŃSK	PASSION LIFE JOY	POL	M30	15	02:42:12	02:42:14		22
		5km - 00:18:39, 10km - 00:37:30, 15km - 00:56:14, 20km - 01:15:24, 21km - 01:19:31, 25km - 01:34:31, 30km - 01:54:01, 35km - 02:13:39, 40km - 02:33:41									
26	5079	KALISKI Sławomir	OLSZTYN	4 Warmińsko-Mazurska Brygada Obrony Tery	POL	M30	16	02:42:30	02:42:34		23
		5km - 00:19:09, 10km - 00:38:00, 15km - 00:56:57, 20km - 01:15:59, 21km - 01:20:01, 25km - 01:34:43, 30km - 01:53:52, 35km - 02:13:04, 40km - 02:33:50									
27	4087	SEWERYN Jarosław	WYSOKA	"Powolny" Gepard z Krajny	POL	M40	3	02:42:41	02:42:42		24
		5km - 00:20:02, 10km - 00:39:48, 15km - 00:59:02, 20km - 01:18:33, 21km - 01:22:34, 25km - 01:37:43, 30km - 01:57:02, 35km - 02:15:32, 40km - 02:34:29									
28	6709	WACKO Marcin	POZNAŃ	Grupa OLX Team	POL	M30	17	02:43:47	02:43:49		25
		5km - 00:19:03, 10km - 00:38:00, 15km - 00:56:59, 20km - 01:16:00, 21km - 01:20:03, 25km - 01:34:45, 30km - 01:53:53, 35km - 02:13:03, 40km - 02:34:23									
29	6084	GRABOWSKI Antoni	GDANSK	Porannybiegacz.pl	POL	M30	18	02:43:52	02:44:01		26
		5km - 00:19:02, 10km - 00:37:54, 15km - 00:56:52, 20km - 01:15:54, 21km - 01:19:55, 25km - 01:34:38, 30km - 01:53:45, 35km - 02:13:46, 40km - 02:34:27									
30	3554	FOUSEK Jan	OSTRAVA	Mk Seitl Ostrava	CZE	M18	4	02:44:04	02:44:07		27
		5km - 00:18:31, 10km - 00:37:03, 15km - 00:55:41, 20km - 01:14:52, 21km - 01:18:57, 25km - 01:33:38, 30km - 01:53:47, 35km - 02:13:50, 40km - 02:34:47									
31	4174	BANEK Krzysztof	RADZIONKÓW	TourSport Running Team	POL	M30	19	02:44:31	02:44:32		28
		5km - 00:19:27, 10km - 00:38:44, 15km - 00:57:45, 20km - 01:16:46, 21km - 01:20:48, 25km - 01:35:36, 30km - 01:54:50, 35km - 02:13:58, 40km - 02:35:13									
32	2544	URBAŃSKI Marek	GRYFINO	Kb Hermes Gryfino	POL	M40	4	02:44:31	02:44:33		29
		5km - 00:19:34, 10km - 00:39:13, 15km - 00:58:44, 20km - 01:18:27, 21km - 01:22:39, 25km - 01:37:54, 30km - 01:57:45, 35km - 02:17:00, 40km - 02:36:27									
33	59	MORIMOTO Sawa	TAKASAKI	Yamada Denki Athletics Club	JPN	K18	3	02:45:16	02:45:16	4	
		5km - 00:18:53, 10km - 00:37:31, 15km - 00:56:09, 20km - 01:15:26, 21km - 01:19:35, 25km - 01:34:49, 30km - 01:55:13, 35km - 02:15:34, 40km - 02:36:21									
34	3593	ŠKAPA Marek	OSTRAVA	Mk Seitl Ostrava	CZE	M45	3	02:45:41	02:45:44		30
		5km - 00:19:52, 10km - 00:39:46, 15km - 00:59:34, 20km - 01:19:24, 21km - 01:23:41, 25km - 01:38:58, 30km - 01:58:28, 35km - 02:17:49, 40km - 02:37:17									
35	6960	NIEDŹWIADEK Kamil	WARSZAWA	OZ GSt.	POL	M30	20	02:47:09	02:47:12		31
		5km - 00:19:29, 10km - 00:38:55, 15km - 00:58:25, 20km - 01:18:12, 21km - 01:22:29, 25km - 01:37:59, 30km - 01:58:16, 35km - 02:18:18, 40km - 02:38:34									
36	6851	SAMOTIJ Dominik	WROCŁAW		POL	M30	21	02:47:23	02:47:26		32
		5km - 00:18:59, 10km - 00:38:03, 15km - 00:57:07, 20km - 01:16:37, 21km - 01:20:50, 25km - 01:36:13, 30km - 01:56:46, 35km - 02:17:22, 40km - 02:38:34									
37	5578	BRZOZA Piotr	KIELCE	B&B KIELCE TEAM	POL	M30	22	02:47:28	02:47:34		33
		5km - 00:19:30, 10km - 00:39:14, 15km - 00:59:00, 20km - 01:18:49, 21km - 01:23:03, 25km - 01:38:29, 30km - 01:58:35, 35km - 02:18:11, 40km - 02:38:30									
38	5504	MILCZAREK Paweł	DOBRZYCA	WOZ-TRANS/ROAD TO UTMB	POL	M30	23	02:47:30	02:47:35		34
		5km - 00:19:37, 10km - 00:39:14, 15km - 00:59:03, 20km - 01:18:51, 21km - 01:23:06, 25km - 01:38:32, 30km - 01:58:38, 35km - 02:18:34, 40km - 02:38:45									
39	5102	ZIMMER Łukasz	TORUŃ	Packman Team	POL	M30	24	02:47:34	02:47:37		35
		5km - 00:19:51, 10km - 00:39:41, 15km - 00:59:33, 20km - 01:19:23, 21km - 01:23:40, 25km - 01:38:57, 30km - 01:58:37, 35km - 02:18:13, 40km - 02:38:44									
40	5339	BOCZEK Radosław	BLIŻYN	Czarnecki Run Team	POL	M40	5	02:47:43	02:47:45		36
		5km - 00:19:39, 10km - 00:39:16, 15km - 00:59:05, 20km - 01:18:53, 21km - 01:23:08, 25km - 01:38:33, 30km - 01:58:40, 35km - 02:18:43, 40km - 02:39:03									
41	5967	BĄBA Dariusz	NOWY SĄCZ		POL	M18	5	02:47:45	02:47:48		37
		5km - 00:19:06, 10km - 00:38:13, 15km - 00:57:04, 20km - 01:16:22, 21km - 01:20:32, 25km - 01:35:52, 30km - 01:56:37, 35km - 02:17:09, 40km - 02:38:45									
42	6950	Zawodnik anonimowy				M30	25	02:47:40	02:47:59		38
		5km - 00:19:23, 10km - 00:38:44, 15km - 00:58:09, 20km - 01:18:00, 21km - 01:22:28, 25km - 01:37:58, 30km - 01:58:24, 35km - 02:18:30, 40km - 02:38:58									
43	5098	ŻEBROWSKI Krzysiek	CIECHANÓW	Mazovia ProActive Ciechanow	POL	M18	6	02:47:58	02:48:01		39
		5km - 00:19:51, 10km - 00:39:42, 15km - 00:59:40, 20km - 01:19:43, 21km - 01:24:03, 25km - 01:39:37, 30km - 01:59:32, 35km - 02:19:19, 40km - 02:39:21									
44	5096	ŁAZARSKI Janusz	CIECHANÓW	Mazovia ProActiv Ciechanów	POL	M30	26	02:47:59	02:48:02		40
		5km - 00:19:52, 10km - 00:39:42, 15km - 00:59:41, 20km - 01:19:43, 21km - 01:24:03, 25km - 01:39:37, 30km - 01:59:32, 35km - 02:19:20, 40km - 02:39:21									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
45	5057	Zawodnik anonimowy				M40	6	02:48:23	02:48:30		41
		5km - 00:20:05, 10km - 00:39:59, 15km - 00:59:52, 20km - 01:19:41, 21km - 01:23:55, 25km - 01:39:16, 30km - 01:59:08, 35km - 02:19:02, 40km - 02:39:53									
46	6488	GĘBSKI Jacek	BLIŻYN	CzarneckiRunTeam	POL	M30	27	02:48:28	02:48:30		41
		5km - 00:19:39, 10km - 00:39:17, 15km - 00:59:05, 20km - 01:18:55, 21km - 01:23:09, 25km - 01:38:34, 30km - 01:58:40, 35km - 02:18:43, 40km - 02:39:19									
47	5737	GWÓŹDŹ Jacek	DREZDENKO	Nadleśnictwo Smolarz/ FSD RUN DREZDENKO	POL	M30	28	02:48:49	02:48:50		43
		5km - 00:19:35, 10km - 00:39:19, 15km - 00:59:05, 20km - 01:18:53, 21km - 01:23:07, 25km - 01:38:34, 30km - 01:58:40, 35km - 02:18:49, 40km - 02:39:37									
48	4420	SZPULARZ Adam	KĄTY WROCŁAWSKIE	CRAZY RUNNERS KĄTY WROCŁAWSKIE	POL	M30	29	02:48:57	02:48:59		44
		5km - 00:19:30, 10km - 00:38:56, 15km - 00:58:25, 20km - 01:18:13, 21km - 01:22:29, 25km - 01:37:54, 30km - 01:57:51, 35km - 02:17:57, 40km - 02:39:45									
49	1832	SYCHOWICZ Daniel	OTWOCK	Grazia Running	POL	M40	7	02:49:06	02:49:09		45
		5km - 00:20:08, 10km - 00:40:14, 15km - 01:00:05, 20km - 01:20:02, 21km - 01:24:18, 25km - 01:39:53, 30km - 02:00:16, 35km - 02:20:04, 40km - 02:40:32									
50	3846	KAZIKOWSKI Karol	POZNAŃ	ASICS Frontrunner Poland / Wybiegać marz	POL	M30	30	02:49:06	02:49:13		46
		5km - 00:19:47, 10km - 00:39:37, 15km - 00:59:30, 20km - 01:19:19, 21km - 01:23:35, 25km - 01:38:54, 30km - 01:58:34, 35km - 02:18:31, 40km - 02:39:36									
51	6581	JARZĄB Piotr	SOLEC KUJAWSKI	KWP BYDGOSZCZ	POL	M30	31	02:49:10	02:49:14		47
		5km - 00:19:52, 10km - 00:39:51, 15km - 00:59:51, 20km - 01:20:00, 21km - 01:24:18, 25km - 01:40:04, 30km - 02:00:15, 35km - 02:20:08, 40km - 02:40:29									
52	7046	PONTUS Robert	OLEŚNICA	Cała Oleśnica Biega	POL	M30	31	02:49:10	02:49:17		48
		5km - 00:20:21, 10km - 00:40:17, 15km - 01:00:01, 20km - 01:20:05, 21km - 01:24:23, 25km - 01:40:04, 30km - 02:00:26, 35km - 02:20:28, 40km - 02:40:40									
53	1549	OLSZYNA Łukasz	KALISZ	Pratt&Whitney Run Team Kalisz	POL	M30	33	02:49:23	02:49:30		49
		5km - 00:19:48, 10km - 00:39:43, 15km - 00:59:26, 20km - 01:19:19, 21km - 01:23:36, 25km - 01:39:02, 30km - 01:59:19, 35km - 02:19:38, 40km - 02:40:38									
54	3369	SZYMAŃCZUK Jacek	POZNAŃ	Naramowice Biegaja	POL	M30	34	02:49:32	02:49:36		50
		5km - 00:19:50, 10km - 00:39:41, 15km - 00:59:39, 20km - 01:19:41, 21km - 01:23:58, 25km - 01:39:31, 30km - 01:59:31, 35km - 02:19:35, 40km - 02:40:35									
55	5128	WIJATA Piotr	DĘBLIN		POL	M30	36	02:49:36	02:49:39		51
		5km - 00:20:49, 10km - 00:41:31, 15km - 01:01:35, 20km - 01:22:09, 21km - 01:26:33, 25km - 01:42:23, 30km - 02:02:44, 35km - 02:22:08, 40km - 02:41:25									
56	5175	PISULSKI Adam	ŻAGAŃ	11DKPanc	POL	M30	37	02:49:41	02:49:45		52
		5km - 00:20:34, 10km - 00:40:52, 15km - 01:01:00, 20km - 01:21:21, 21km - 01:25:39, 25km - 01:41:02, 30km - 02:01:03, 35km - 02:20:51, 40km - 02:41:21									
57	3162	STEMPNIK Przemysław	JAWOR	JKS Salamandra	POL	M30	35	02:49:35	02:49:48		53
		5km - 00:20:43, 10km - 00:41:22, 15km - 01:01:32, 20km - 01:21:26, 21km - 01:25:43, 25km - 01:41:03, 30km - 02:01:07, 35km - 02:20:54, 40km - 02:41:02									
58	5045	NOWICKI Artur	MALCZYCE	1 Batalion Zmechanizowany Lębork	POL	M30	38	02:49:45	02:49:50		54
		5km - 00:19:31, 10km - 00:39:18, 15km - 00:58:58, 20km - 01:18:52, 21km - 01:23:04, 25km - 01:38:30, 30km - 01:58:38, 35km - 02:18:55, 40km - 02:40:20									
59	6132	NAJMOWICZ Jakub	GNIEZNO		POL	M18	7	02:49:26	02:49:53		55
		5km - 00:21:02, 10km - 00:41:42, 15km - 01:01:58, 20km - 01:22:13, 21km - 01:26:39, 25km - 01:42:14, 30km - 02:02:20, 35km - 02:21:44, 40km - 02:41:02									
60	3871	SICIARZ Marcin	OŁAWA	Biuro Rachunkowe Katarzyna Siciarz	POL	M40	8	02:49:56	02:50:01		56
		5km - 00:19:26, 10km - 00:38:59, 15km - 00:58:32, 20km - 01:18:26, 21km - 01:22:42, 25km - 01:38:24, 30km - 01:59:17, 35km - 02:19:43, 40km - 02:41:01									
61	3801	SOKOŁOWSKI Karol	TYCHY	Lake Runners	POL	M30	39	02:49:58	02:50:10		57
		5km - 00:20:41, 10km - 00:41:09, 15km - 01:01:24, 20km - 01:21:46, 21km - 01:26:03, 25km - 01:41:44, 30km - 02:01:51, 35km - 02:21:27, 40km - 02:41:32									
62	5931	KOŁODZIEJCZYK Roman	CHODZIEŻ	PCH_RUN	POL	M50	1	02:50:51	02:50:54		58
		5km - 00:19:38, 10km - 00:39:18, 15km - 00:59:06, 20km - 01:18:54, 21km - 01:23:06, 25km - 01:38:35, 30km - 01:59:41, 35km - 02:20:30, 40km - 02:41:51									
63	7243	WILCZURA Marek	WARSZAWA	KS Staszewscy / Polpharma Run Team	POL	M45	4	02:50:50	02:50:58		59
		5km - 00:19:49, 10km - 00:39:31, 15km - 00:58:54, 20km - 01:18:26, 21km - 01:22:37, 25km - 01:38:00, 30km - 01:58:30, 35km - 02:19:08, 40km - 02:41:21									
64	3848	KWIATEK Paweł	WROCŁAW	140minut.pl	POL	M18	8	02:51:06	02:51:11		60
		5km - 00:20:06, 10km - 00:40:15, 15km - 01:00:33, 20km - 01:20:45, 21km - 01:24:58, 25km - 01:40:44, 30km - 02:01:05, 35km - 02:21:34, 40km - 02:42:09									
65	4937	NAPIERAŁA Daniel	OPATOWEK	SzybkieBieganie	POL	M30	40	02:51:33	02:51:36		61
		5km - 00:19:52, 10km - 00:39:47, 15km - 00:59:41, 20km - 01:19:45, 21km - 01:24:03, 25km - 01:39:38, 30km - 02:00:03, 35km - 02:20:46, 40km - 02:42:26									
66	4252	BOGUCKI Patryk	GNIEZNO	Drink Team	POL	M18	9	02:51:37	02:51:39		62
		5km - 00:19:54, 10km - 00:39:46, 15km - 00:59:42, 20km - 01:19:51, 21km - 01:24:13, 25km - 01:39:54, 30km - 02:01:05, 35km - 02:22:03, 40km - 02:43:08									
67	704	WESOŁOWSKI Szymon	GNIEZNO	xRunners	POL	M30	41	02:51:38	02:51:42		63
		5km - 00:20:38, 10km - 00:41:04, 15km - 01:01:20, 20km - 01:21:35, 21km - 01:25:54, 25km - 01:41:42, 30km - 02:02:11, 35km - 02:22:31, 40km - 02:43:12									
68	5586	MROWIEC Kacper	ŻYWIEC		POL	M18	10	02:51:38	02:51:48		64
		5km - 00:20:06, 10km - 00:40:09, 15km - 00:59:58, 20km - 01:19:59, 21km - 01:24:17, 25km - 01:39:56, 30km - 02:00:27, 35km - 02:21:01, 40km - 02:42:40									
69	20	CZARNECKA Lidia	BLIŻYN	Czarnecki Run Team	POL	K30	2	02:51:50	02:51:51	5	
		5km - 00:19:40, 10km - 00:39:18, 15km - 00:59:09, 20km - 01:19:50, 21km - 01:24:14, 25km - 01:40:28, 30km - 02:01:42, 35km - 02:22:15, 40km - 02:43:09									
70	4435	MISZTA Karol	DĄBRÓWKA WIELKOPOLSKA	KolecTEAM	POL	M30	42	02:51:48	02:51:51		65
		5km - 00:20:21, 10km - 00:40:51, 15km - 01:01:21, 20km - 01:21:51, 21km - 01:26:13, 25km - 01:42:14, 30km - 02:02:44, 35km - 02:22:35, 40km - 02:43:12									
71	2951	GRZEGORZYCA Marcin	GIERAŁTOWICE	Gierałtowice	POL	M30	43	02:51:51	02:51:55		66
		5km - 00:19:28, 10km - 00:38:53, 15km - 00:58:23, 20km - 01:18:11, 21km - 01:22:27, 25km - 01:37:53, 30km - 01:58:28, 35km - 02:19:30, 40km - 02:41:50									
72	6736	ŚLASKI Radosław	STRZYŻÓW		POL	M45	5	02:52:00	02:52:09		67
		5km - 00:20:10, 10km - 00:40:24, 15km - 01:00:39, 20km - 01:21:04, 21km - 01:25:29, 25km - 01:41:27, 30km - 02:02:16, 35km - 02:22:45, 40km - 02:43:16									
73	7310	SALAK Michal	WARSZAWA		POL	M30	44	02:52:08	02:52:11		68
		5km - 00:20:08, 10km - 00:40:13, 15km - 01:00:05, 20km - 01:20:02, 21km - 01:24:18, 25km - 01:39:53, 30km - 02:00:16, 35km - 02:20:16, 40km - 02:41:49									
74	579	PODEDWORNY Wiktor	POZNAŃ		POL	M30	45	02:52:25	02:52:27		69
		5km - 00:18:58, 10km - 00:38:14, 15km - 00:57:38, 20km - 01:17:44, 21km - 01:22:01, 25km - 01:37:57, 30km - 01:59:30, 35km - 02:20:57, 40km - 02:43:37									
75	5041	JAROSZ Wiesław	KOSZALIN		POL	M45	6	02:52:25	02:52:33		70
		5km - 00:19:46, 10km - 00:39:34, 15km - 00:59:22, 20km - 01:19:13, 21km - 01:23:27, 25km - 01:39:01, 30km - 01:59:07, 35km - 02:19:37, 40km - 02:42:18									
76	2297	SOSNOWSKI Krzysztof	BYDGOSZCZ	Szkoła Podstawowa 17 Bydgoszcz	POL	M40	9	02:52:34	02:52:45		71
		5km - 00:20:26, 10km - 00:40:44, 15km - 01:01:04, 20km - 01:21:38, 21km - 01:26:01, 25km - 01:42:01, 30km - 02:02:57, 35km - 02:23:37, 40km - 02:44:07									
77	2909	GOŚCINIEWICZ Paweł	KATOWICE	1975	POL	M40	10	02:52:45	02:52:58		72
		5km - 00:20:45, 10km - 00:41:07, 15km - 01:01:22, 20km - 01:21:47, 21km - 01:26:05, 25km - 01:41:51, 30km - 02:02:25, 35km - 02:22:40, 40km - 02:43:37									
78	6870	TRZEBIŃSKI Ryszard	EŁK		POL	M40	11	02:53:00	02:53:02		73
		5km - 00:19:42, 10km - 00:39:19, 15km - 00:59:06, 20km - 01:18:54, 21km - 01:23:10, 25km - 01:38:57, 30km - 02:00:32, 35km - 02:21:47, 40km - 02:43:40									
79	6571	SZYMAŃSKI Krzysztof	OSTRÓW WIELKOPOLSKI		POL	M30	47	02:53:06	02:53:09		74
		5km - 00:19:38, 10km - 00:39:16, 15km - 00:59:01, 20km - 01:18:47, 21km - 01:22:56, 25km - 01:38:21, 30km - 01:58:39, 35km - 02:19:28, 40km - 02:42:25									
80	5083	FLAGA Przemysław	OLSZTYN	Inspektorat Wsparcia Sił Zbrojnych	POL	M30	46	02:53:05	02:53:11		75
		5km - 00:19:36, 10km - 00:39:12, 15km - 00:58:42, 20km - 01:18:25, 21km - 01:22:43, 25km - 01:38:14, 30km - 01:58:35, 35km - 02:19:47, 40km - 02:42:46									
81	5084	BORYSIUK Arkadiusz	KAMIEŃ POMORSKI	KB Kamień Pomorski	POL	M30	48	02:53:12	02:53:15		76
		5km - 00:20:06, 10km - 00:40:05, 15km - 01:00:05, 20km - 01:20:05, 21km - 01:24:26, 25km - 01:40:16, 30km - 02:01:05, 35km - 02:21:47, 40km - 02:43:35									
82	5187	GRYGO Paweł	ŁOMŻA	Wojska Obrony Terytorialnej	POL	M40	12	02:53:07	02:53:15		76
		5km - 00:20:02, 10km - 00:40:00, 15km - 00:59:52, 20km - 01:20:01, 21km - 01:24:23, 25km - 01:40:22, 30km - 02:01:50, 35km - 02:23:03, 40km - 02:44:16									
83	5051	NALEWALSKI Rafał	BYDGOSZCZ		POL	M18	11	02:53:12	02:53:16		78
		5km - 00:20:10, 10km - 00:40:32, 15km - 01:01:02, 20km - 01:21:38, 21km - 01:26:02, 25km - 01:42:14, 30km - 02:03:09, 35km - 02:23:46, 40km - 02:44:29									
84	5069	MALCZEWSKI Daniel	OPOLE	10 Brygada Logistyczna	POL	M30	49	02:53:17	02:53:32		79
		5km - 00:19:05, 10km - 00:38:03, 15km - 00:57:16, 20km - 01:17:37, 21km - 01:21:56, 25km - 01:37:41, 30km - 01:58:43, 35km - 02:20:39, 40km - 02:43:35									
85	3689	GOCYŁA Piotr	POZNAŃ		POL	M30	50	02:53:19	02:53:33		80
		5km - 00:19:57, 10km - 00:40:03, 15km - 01:00:27, 20km - 01:20:50, 21km - 01:25:11, 25km - 01:41:09, 30km - 02:02:10, 35km - 02:22:40, 40km - 02:43:58									
86	3193	KACZOR Marceli	LUBLINIEC	Mafia Team Lubliniec	POL	M40	13	02:53:36	02:53:39		81
		5km - 00:20:26, 10km - 00:40:56, 15km - 01:01:36, 20km - 01:22:17, 21km - 01:26:41, 25km - 01:42:50, 30km - 02:03:37, 35km - 02:24:03, 40km - 02:44:49									
87	3025	POPIOŁKIEWICZ Łukasz	ŁĘKI WIELKIE	ZAKŁADY MIĘSNE KOŹŁOWSKI	POL	M30	51	02:53:52	02:53:54		82
		5km - 00:19:45, 10km - 00:39:37, 15km - 00:59:20, 20km - 01:19:14, 21km - 01:23:28, 25km - 01:39:01, 30km - 01:59:12, 35km - 02:19:40, 40km - 02:43:35									
88	5633	RUPIETA Maksym	POZNAŃ	WUEF Tri Team poMOCNI	POL	M40	14	02:54:07	02:54:12		83
		5km - 00:19:59, 10km - 00:39:51, 15km - 00:59:50, 20km - 01:20:02, 21km - 01:24:26, 25km - 01:40:17, 30km - 02:01:12, 35km - 02:22:06, 40km - 02:44:09									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
89	5729	GARNIEWICZ Mateusz	POZNAŃ	WSN Poznań	POL	M18	12	02:54:13	02:54:18		84
		5km - 00:20:48, 10km - 00:41:48, 15km - 01:02:43, 20km - 01:23:44, 21km - 01:28:09, 25km - 01:44:13, 30km - 02:05:07, 35km - 02:25:31, 40km - 02:45:29									
90	5588	KACZMAREK Daniel	LUBOŃ	Lucky Luzers	POL	M45	7	02:54:05	02:54:22		85
		5km - 00:20:47, 10km - 00:41:02, 15km - 01:01:17, 20km - 01:21:37, 21km - 01:25:59, 25km - 01:42:01, 30km - 02:02:41, 35km - 02:23:31, 40km - 02:45:01									
91	420	KRYCA Dominik	WIETRZYCHOWICE	Team Kopeć	POL	M30	52	02:54:17	02:54:28		86
		5km - 00:20:24, 10km - 00:40:47, 15km - 01:01:04, 20km - 01:21:38, 21km - 01:26:02, 25km - 01:41:55, 30km - 02:02:58, 35km - 02:23:38, 40km - 02:45:45									
92	4700	SŁADEK Karol	WARSZAWA		POL	M30	53	02:54:28	02:54:36		87
		5km - 00:21:14, 10km - 00:42:10, 15km - 01:02:57, 20km - 01:23:42, 21km - 01:28:08, 25km - 01:44:10, 30km - 02:05:11, 35km - 02:25:40, 40km - 02:46:02									
93	4030	KALIN Wladyslaw	UNISLAW		POL	M30	54	02:54:42	02:54:49		88
		5km - 00:19:18, 10km - 00:39:25, 15km - 00:59:17, 20km - 01:19:56, 21km - 01:24:23, 25km - 01:40:41, 30km - 02:02:17, 35km - 02:23:27, 40km - 02:45:26									
94	2565	ZIUŁKOWSKI Adrian	POZNAŃ		POL	M18	13	02:54:49	02:54:54		89
		5km - 00:19:38, 10km - 00:39:11, 15km - 00:58:43, 20km - 01:18:25, 21km - 01:22:37, 25km - 01:38:02, 30km - 01:58:40, 35km - 02:20:45, 40km - 02:44:41									
95	5841	DROB Marek	LUBLIN		POL	M30	55	02:55:02	02:55:11		90
		5km - 00:21:13, 10km - 00:42:05, 15km - 01:02:57, 20km - 01:23:53, 21km - 01:28:20, 25km - 01:44:24, 30km - 02:05:14, 35km - 02:25:41, 40km - 02:46:17									
96	482	BARTNIK Sebastian	JASTRZĘBIE-ZDRÓJ	Street Spirit	POL	M40	15	02:54:57	02:55:17		91
		5km - 00:20:46, 10km - 00:41:19, 15km - 01:01:43, 20km - 01:22:14, 21km - 01:26:33, 25km - 01:42:34, 30km - 02:03:15, 35km - 02:24:02, 40km - 02:45:45									
97	5188	ŁUCZAK Stanisław	NOWA SARZYNA	3 Podkarpacka Brygada Obrony Terytorialn	POL	M45	8	02:55:37	02:55:41		92
		5km - 00:20:35, 10km - 00:41:10, 15km - 01:01:40, 20km - 01:22:31, 21km - 01:26:57, 25km - 01:43:05, 30km - 02:04:09, 35km - 02:25:02, 40km - 02:46:16									
98	6157	DUBIEL Marcin	PŁOCK	Biegaj z Dymkiem	POL	M30	56	02:55:36	02:55:48		93
		5km - 00:20:57, 10km - 00:41:51, 15km - 01:02:24, 20km - 01:23:21, 21km - 01:27:47, 25km - 01:43:55, 30km - 02:04:57, 35km - 02:25:33, 40km - 02:46:34									
99	6925	TATARA Marek	KOSTRZYN NAD ODRĄ	Foxy Fit	POL	M40	16	02:55:42	02:55:52		94
		5km - 00:21:05, 10km - 00:41:59, 15km - 01:02:53, 20km - 01:23:40, 21km - 01:28:05, 25km - 01:44:08, 30km - 02:05:03, 35km - 02:25:28, 40km - 02:46:32									
100	6518	BUDZIAK Zbigniew	GRYFICE	Benobudziak.pl	POL	M45	9	02:55:50	02:55:56		95
		5km - 00:19:57, 10km - 00:40:14, 15km - 01:00:49, 20km - 01:21:37, 21km - 01:26:08, 25km - 01:42:34, 30km - 02:03:49, 35km - 02:25:02, 40km - 02:46:25									
101	3143	CIESIELSKI Maciej	TORUŃ	#1512WingedHearts	POL	M18	14	02:55:52	02:55:57		96
		5km - 00:18:56, 10km - 00:37:59, 15km - 00:56:56, 20km - 01:16:04, 21km - 01:20:31, 25km - 01:36:38, 30km - 01:59:00, 35km - 02:21:51, 40km - 02:45:45									
102	757	INGLOT Filip	TOSZEK	INGLOT	POL	M30	57	02:55:52	02:56:05		96
		5km - 00:20:26, 10km - 00:40:53, 15km - 01:01:05, 20km - 01:21:41, 21km - 01:26:03, 25km - 01:42:11, 30km - 02:03:30, 35km - 02:24:57, 40km - 02:46:27									
103	3440	JANKOWSKI Dariusz	POZNAŃ	PGB Sportowa Paczka	POL	M18	15	02:55:55	02:56:03		98
		5km - 00:19:09, 10km - 00:38:30, 15km - 00:58:04, 20km - 01:17:48, 21km - 01:21:59, 25km - 01:37:41, 30km - 01:59:24, 35km - 02:22:09, 40km - 02:45:32									
104	3680	SERWAN Piotr	KRAKÓW	#AdamCzerwińskiTeam	POL	M30	58	02:55:57	02:56:06		99
		5km - 00:20:41, 10km - 00:41:29, 15km - 01:02:05, 20km - 01:23:06, 21km - 01:27:34, 25km - 01:43:48, 30km - 02:04:51, 35km - 02:25:23, 40km - 02:46:44									
105	485	TACZKOWSKI Jarosław	BYDGOSZCZ	ZS nr 5 MS w Budgoszczy	POL	M40	17	02:56:05	02:56:16		100
		5km - 00:20:41, 10km - 00:41:25, 15km - 01:02:03, 20km - 01:22:44, 21km - 01:27:06, 25km - 01:43:13, 30km - 02:04:16, 35km - 02:25:03, 40km - 02:46:40									
106	5078	BROJEK Marek	ŻABI RÓG	4WMBOT	POL	M18	16	02:56:08	02:56:13		101
		5km - 00:21:19, 10km - 00:42:35, 15km - 01:03:37, 20km - 01:25:02, 21km - 01:29:34, 25km - 01:46:06, 30km - 02:07:11, 35km - 02:27:07, 40km - 02:47:13									
107	5837	SOSIŃSKI Tomasz	GNIEZNO		POL	M40	18	02:56:08	02:56:12		101
		5km - 00:20:38, 10km - 00:41:05, 15km - 01:01:20, 20km - 01:21:44, 21km - 01:26:08, 25km - 01:42:28, 30km - 02:03:50, 35km - 02:25:09, 40km - 02:46:58									
108	5836	NOWAK Piotr	ŁOBODNO		POL	M18	17	02:56:23	02:56:26		103
		5km - 00:19:52, 10km - 00:39:49, 15km - 00:59:36, 20km - 01:19:50, 21km - , 25km - , 30km - 02:01:38, 35km - 02:23:11, 40km - 02:46:19									
109	2943	NOWACZYK Piotr	POZNAŃ	Dąbrowski Team	POL	M30	59	02:56:25	02:56:31		104
		5km - 00:20:45, 10km - 00:41:31, 15km - 01:02:07, 20km - 01:23:09, 21km - 01:27:36, 25km - 01:44:02, 30km - 02:05:06, 35km - 02:25:48, 40km - 02:47:19									
110	2731	OWCZAREK Tomasz	CIESZKÓW	KS Krotosz Krotoszyn	POL	M30	60	02:56:28	02:56:35		105
		5km - 00:20:09, 10km - 00:40:14, 15km - 01:00:34, 20km - 01:20:54, 21km - 01:25:30, 25km - 01:41:24, 30km - 02:02:24, 35km - 02:23:43, 40km - 02:46:53									
111	4730	Zawodnik anonimowy				M18	18	02:56:31	02:56:35		106
		5km - 00:20:01, 10km - 00:39:48, 15km - 00:59:42, 20km - 01:19:50, 21km - 01:24:09, 25km - 01:39:56, 30km - 02:01:13, 35km - 02:22:27, 40km - 02:46:05									
112	5751	KUŹMICZ Dominik	TORUŃ	Pentacomp	POL	M18	19	02:56:43	02:56:46		107
		5km - 00:20:18, 10km - 00:40:42, 15km - 01:00:39, 20km - 01:21:03, 21km - 01:25:22, 25km - 01:41:15, 30km - 02:03:26, 35km - 02:26:19, 40km - 02:47:39									
113	7126	DZIEDZIC Piotr	INOWROCŁAW	TG SOKÓŁ GNIEWKOWO	POL	M40	19	02:56:47	02:56:49		108
		5km - 00:19:21, 10km - 00:38:58, 15km - 00:58:44, 20km - 01:18:53, 21km - 01:23:10, 25km - 01:39:18, 30km - 02:01:41, 35km - 02:23:26, 40km - 02:46:44									
114	4403	BIAŁAS Jarosław	SZCZECIN		POL	M45	10	02:56:49	02:57:08		109
		5km - 00:20:46, 10km - 00:41:32, 15km - 01:02:07, 20km - 01:23:06, 21km - 01:27:36, 25km - 01:43:55, 30km - 02:05:03, 35km - 02:25:56, 40km - 02:47:28									
115	7313	GOLENIEWSKI Mateusz	TORUŃ		POL	M18	20	02:56:54	02:56:57		110
		5km - 00:19:21, 10km - 00:38:28, 15km - 00:57:07, 20km - 01:16:26, 21km - 01:20:41, 25km - 01:36:14, 30km - 01:57:43, 35km - 02:20:56, 40km - 02:46:34									
116	3597	ŻERDKA Michał	BIERUŃ	Viking Training Center/BGB/TEAM Papry	POL	M30	61	02:57:01	02:57:04		111
		5km - 00:19:51, 10km - 00:39:52, 15km - 01:00:01, 20km - 01:20:13, 21km - 01:24:35, 25km - 01:40:46, 30km - 02:02:21, 35km - 02:24:15, 40km - 02:47:20									
117	3391	MAZUR Mariusz	WROCŁAW	Skorpion Polkowice	POL	M30	62	02:57:13	02:57:23		112
		5km - 00:20:17, 10km - 00:40:47, 15km - 01:01:06, 20km - 01:21:49, 21km - 01:26:11, 25km - 01:42:49, 30km - 02:04:39, 35km - 02:26:13, 40km - 02:48:15									
118	3962	CZERWIŃSKI Rafał	SUCHY LAS	Smashing Pąpkins	POL	M45	11	02:57:24	02:57:27		113
		5km - 00:20:34, 10km - 00:40:48, 15km - 01:01:13, 20km - 01:21:38, 21km - 01:26:02, 25km - 01:42:03, 30km - 02:03:05, 35km - 02:24:01, 40km - 02:46:32									
119	5333	KRYSZTOFIAK Damian	BRANIEWO		POL	M18	21	02:57:36	02:57:52		114
		5km - 00:20:23, 10km - 00:40:41, 15km - 01:00:49, 20km - 01:21:10, 21km - 01:25:29, 25km - 01:41:26, 30km - 02:03:07, 35km - 02:25:07, 40km - 02:48:07									
120	7038	VEDEIKIS Ernestas	KELM?	Kasciukai	LTU	M45	12	02:57:39	02:57:40		115
		5km - 00:18:51, 10km - 00:39:32, 15km - 00:59:05, 20km - 01:18:58, 21km - 01:23:21, 25km - 01:39:53, 30km - 02:02:01, 35km - 02:25:22, 40km - 02:48:10									
121	2683	SZULC Dominik	POZNAŃ	Mud Goats	POL	M30	63	02:57:40	02:57:53		116
		5km - 00:20:16, 10km - 00:40:41, 15km - 01:01:06, 20km - 01:21:58, 21km - 01:26:28, 25km - 01:42:41, 30km - 02:04:19, 35km - 02:25:42, 40km - 02:47:57									
122	4983	PONIKIEWSKI Jerzy	GUBIN	11DKPanc	POL	M40	20	02:57:42	02:57:48		117
		5km - 00:20:44, 10km - 00:41:36, 15km - 01:02:36, 20km - 01:23:43, 21km - 01:28:14, 25km - 01:44:51, 30km - 02:06:19, 35km - 02:27:30, 40km - 02:48:56									
123	797	KOPCZYŃSKI Marcin	SULECHÓW		POL	M30	64	02:57:46	02:58:04		118
		5km - 00:21:19, 10km - 00:42:17, 15km - 01:02:47, 20km - 01:23:33, 21km - 01:27:56, 25km - 01:43:59, 30km - 02:05:21, 35km - 02:26:39, 40km - 02:48:26									
124	3097	JAŻDZIEWSKI Dawid	CHOJNICE	Tri Tur Chojnice / H2O Shop	POL	M18	22	02:57:48	02:58:00		119
		5km - 00:20:56, 10km - 00:41:40, 15km - 01:02:03, 20km - 01:22:48, 21km - 01:27:15, 25km - 01:43:33, 30km - 02:04:46, 35km - 02:25:46, 40km - 02:48:02									
125	547	DYCZYŃSKI Leszek	SZCZECIN	MTR Szczecin Team	POL	M30	65	02:57:51	02:58:00		120
		5km - 00:21:13, 10km - 00:42:25, 15km - 01:03:15, 20km - 01:24:24, 21km - 01:28:58, 25km - 01:45:31, 30km - 02:06:49, 35km - 02:27:39, 40km - 02:48:42									
126	443	WIRA Mariusz	BOREK WIELKOPOLSKI	KB MIŚ BOREK WLKP,	POL	M45	13	02:57:56	02:58:01		121
		5km - 00:20:34, 10km - 00:41:08, 15km - 01:01:38, 20km - 01:22:34, 21km - 01:27:05, 25km - 01:43:37, 30km - 02:05:09, 35km - 02:26:27, 40km - 02:48:31									
127	3417	SULKOWSKI Zdzisław	BYDGOSZCZ		POL	M45	14	02:57:57	02:58:19		122
		5km - 00:20:00, 10km - 00:39:46, 15km - 00:59:47, 20km - 01:19:47, 21km - 01:24:07, 25km - 01:39:37, 30km - 02:00:30, 35km - 02:22:14, 40km - 02:47:30									
128	4947	OSTROWSKI Grzegorz	ŁÓDŹ		POL	M45	15	02:58:01	02:58:06		123
		5km - 00:19:49, 10km - 00:39:43, 15km - 00:59:38, 20km - 01:20:00, 21km - 01:24:29, 25km - 01:41:14, 30km - 02:03:53, 35km - 02:25:38, 40km - 02:48:23									
129	5830	STACHOWIAK Adam	DABCZE,RYDZYNA	Lesz No Limits Runners	POL	M30	66	02:58:02	02:58:16		124
		5km - 00:20:54, 10km - 00:41:39, 15km - 01:02:13, 20km - 01:23:09, 21km - 01:27:37, 25km - 01:43:57, 30km - 02:05:11, 35km - 02:26:21, 40km - 02:48:34									
130	6179	PELEC Albert	NOWA WIEŚ	Team Bieganie na Śniadanie Śmigiel	POL	M30	67	02:58:06	02:58:16		125
		5km - 00:21:16, 10km - 00:42:36, 15km - 01:03:15, 20km - 01:24:15, 21km - 01:28:41, 25km - 01:45:10, 30km - 02:06:23, 35km - 02:26:59, 40km - 02:48:32									
131	5546	MISZEWSKI Mateusz	GDAŃSK	CTS	POL	M30	68	02:58:09	02:58:13		126
		5km - 00:20:31, 10km - 00:41:06, 15km - 01:01:42, 20km - 01:22:31, 21km - 01:26:56, 25km - 01:43:18, 30km - 02:04:31, 35km - 02:25:47, 40km - 02:48:36									
132	4681	MOGIELSKI Mariusz	ŁOPUSZNO	Active Team Łopuszno	POL	M45	16	02:58:09	02:58:15		126
		5km - 00:21:21, 10km - 00:42:45, 15km - 01:03:45, 20km - 01:25:11, 21km - 01:29:41, 25km - 01:46:09, 30km - 02:07:23, 35km - 02:28:07, 40km - 02:49:24									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
133	2379	DUSZYŃSKI Tomasz	NOWA WIEŚ	Bieganie na Śniadanie Śmigiel	POL	M30	69	02:58:18	02:58:28		128
		5km - 00:21:17, 10km - 00:42:37, 15km - 01:03:15, 20km - 01:24:15, 21km - 01:28:41, 25km - 01:45:10, 30km - 02:06:36, 35km - 02:27:43, 40km - 02:49:19									
134	2789	BARCZAK Paweł	KROBIA	Aniro Run Team	POL	M30	70	02:58:23	02:58:26		129
		5km - 00:20:35, 10km - 00:40:54, 15km - 01:01:11, 20km - 01:21:40, 21km - 01:26:04, 25km - 01:42:10, 30km - 02:03:24, 35km - 02:24:45, 40km - 02:48:04									
135	1237	POTOCKI Konrad	WROCŁAW	Albin Kamień Węgielny	POL	M30	71	02:58:24	02:58:26		130
		5km - 00:20:07, 10km - 00:40:03, 15km - 00:59:53, 20km - 01:20:04, 21km - 01:24:25, 25km - 01:40:07, 30km - 02:03:28, 35km - 02:25:45, 40km - 02:49:23									
136	2259	WOJTASZAK Rafał	GDYNIA	DWA59	POL	M40	21	02:58:33	02:58:35		131
		5km - 00:21:40, 10km - 00:43:11, 15km - 01:04:26, 20km - 01:25:49, 21km - 01:30:20, 25km - 01:46:40, 30km - 02:07:39, 35km - 02:28:24, 40km - 02:49:31									
137	2167	NOCULAK Adam	OSTRZESZÓW	AKTYWNY OSTRZESZÓW	POL	M30	72	02:58:39	02:58:56		132
		5km - 00:21:26, 10km - 00:42:35, 15km - 01:03:34, 20km - 01:24:53, 21km - 01:29:24, 25km - 01:45:57, 30km - 02:07:10, 35km - 02:28:16, 40km - 02:49:38									
138	6110	ZAREMBA Paweł	POZNAŃ	BULA TEAM	POL	M30	73	02:58:44	02:58:51		133
		5km - 00:21:31, 10km - 00:43:02, 15km - 01:04:27, 20km - 01:25:56, 21km - 01:30:35, 25km - 01:47:03, 30km - 02:08:04, 35km - 02:28:47, 40km - 02:49:46									
139	3215	KOMOROWICZ Łukasz	PNIEWY	MUAY RUNNING TEAM	POL	M30	74	02:58:45	02:58:52		134
		5km - 00:21:20, 10km - 00:42:38, 15km - 01:03:43, 20km - 01:25:02, 21km - 01:29:32, 25km - 01:45:58, 30km - 02:07:09, 35km - 02:28:06, 40km - 02:49:30									
140	5602	CZAJKA Krystian	ŻORY		POL	M30	75	02:58:50	02:59:05		135
		5km - 00:20:35, 10km - 00:41:05, 15km - 01:01:20, 20km - 01:22:09, 21km - 01:26:38, 25km - 01:43:00, 30km - 02:04:20, 35km - 02:25:56, 40km - 02:49:35									
141	4384	DZIUB Marcin	PŁOTY	SEVEN-PERCEPTUS TEAM	POL	M40	22	02:58:52	02:58:56		136
		5km - 00:20:12, 10km - 00:40:49, 15km - 01:01:37, 20km - 01:22:32, 21km - 01:27:04, 25km - 01:43:49, 30km - 02:06:43, 35km - 02:28:09, 40km - 02:49:37									
142	6185	GESS Mariusz	GOLENIOW	Technologie Tworzyw Sztucznych Sp. z o.o	POL	M40	22	02:58:52	02:59:02		136
		5km - 00:20:39, 10km - 00:41:04, 15km - 01:01:43, 20km - 01:22:44, 21km - 01:27:16, 25km - 01:43:42, 30km - 02:05:13, 35km - 02:26:46, 40km - 02:49:25									
143	5090	MIROWSKI Sławomir	WROCŁAW		POL	M40	24	02:58:54	02:58:57		138
		5km - 00:19:30, 10km - 00:38:57, 15km - 00:58:25, 20km - 01:18:12, 21km - 01:22:28, 25km - 01:38:00, 30km - 01:59:01, 35km - 02:21:04, 40km - 02:47:02									
144	4266	GAPSKI Mateusz	GDAŃSK	Grupa biegowa 65	POL	M30	76	02:59:00	02:59:07		139
		5km - 00:19:48, 10km - 00:39:40, 15km - 00:59:37, 20km - 01:19:45, 21km - 01:24:06, 25km - 01:40:00, 30km - 02:02:44, 35km - 02:26:03, 40km - 02:49:15									
145	781	NEHRING Karol	SULEJÓWEK		POL	M18	23	02:59:04	02:59:15		140
		5km - 00:20:39, 10km - 00:41:19, 15km - 01:01:58, 20km - 01:22:51, 21km - 01:27:21, 25km - 01:43:46, 30km - 02:05:02, 35km - 02:26:34, 40km - 02:49:07									
146	4310	SZYMCZAK Wojciech	POZNAŃ	PARAGRAF	POL	M30	77	02:59:05	02:59:10		141
		5km - 00:20:58, 10km - 00:41:41, 15km - 01:02:29, 20km - 01:23:32, 21km - 01:28:06, 25km - 01:44:35, 30km - 02:05:53, 35km - 02:27:31, 40km - 02:49:37									
147	4813	SMUDA Krzysztof	TYCHY	Sopra Steria - Apps Services	POL	M30	78	02:59:23	02:59:41		142
		5km - 00:21:06, 10km - 00:42:24, 15km - 01:03:31, 20km - 01:24:51, 21km - 01:29:24, 25km - 01:45:55, 30km - 02:07:27, 35km - 02:28:41, 40km - 02:50:25									
148	7030	KUTAJ Dawid	HENRYKÓW	Decathlon Bielany	POL	M18	24	02:59:26	02:59:29		143
		5km - 00:20:06, 10km - 00:40:04, 15km - 01:00:04, 20km - 01:20:05, 21km - 01:24:25, 25km - 01:40:15, 30km - 02:01:40, 35km - 02:24:59, 40km - 02:49:29									
149	373	JEREMICZ Kamil	ŚRODA WIELKOPOLSKA	Polonia Środa/Pacemaker TEAM	MEX	M18	25	02:59:31	02:59:36		144
		5km - 00:21:19, 10km - 00:42:35, 15km - 01:03:41, 20km - 01:25:03, 21km - 01:29:34, 25km - 01:46:08, 30km - 02:07:10, 35km - 02:28:07, 40km - 02:50:10									
150	6237	SOBAŃSKI Tomasz	MYŚLIBÓRZ	SCS Myślibórz	POL	M40	25	02:59:34	02:59:40		145
		5km - 00:21:10, 10km - 00:42:29, 15km - 01:03:47, 20km - 01:25:16, 21km - 01:29:49, 25km - 01:46:40, 30km - 02:07:48, 35km - 02:28:27, 40km - 02:50:09									
151	6559	SZCZEPAŃSKI Adam	SZCZECIN	KB Pionier Szczecin	POL	M30	79	02:59:36	02:59:42		146
		5km - 00:19:50, 10km - 00:40:05, 15km - 01:00:32, 20km - 01:21:41, 21km - 01:26:15, 25km - 01:43:10, 30km - 02:05:36, 35km - 02:27:28, 40km - 02:49:57									
152	5112	CHYBCZYŃSKI Wojciech	STARE MARZY	Janoski	POL	M40	26	02:59:39	02:59:47		147
		5km - 00:20:29, 10km - 00:40:51, 15km - 01:01:19, 20km - 01:21:54, 21km - 01:26:20, 25km - 01:42:40, 30km - 02:04:25, 35km - 02:26:27, 40km - 02:49:53									
153	3992	RODZIEWICZ Marcin	POZNAŃ		POL	M30	80	02:59:41	02:59:53		148
		5km - 00:21:14, 10km - 00:42:44, 15km - 01:04:04, 20km - 01:25:23, 21km - 01:29:53, 25km - 01:46:22, 30km - 02:07:27, 35km - 02:28:27, 40km - 02:50:14									
154	1597	MALCZEWSKI Krzysztof	GŁOGÓW		POL	M40	27	02:59:43	02:59:50		149
		5km - 00:21:20, 10km - 00:42:41, 15km - 01:03:45, 20km - 01:25:05, 21km - 01:29:35, 25km - 01:46:08, 30km - 02:07:09, 35km - 02:28:08, 40km - 02:49:50									
155	6032	PAWŁOWSKI Tomasz	DOBRZYCA		POL	M40	28	02:59:44	02:59:57		150
		5km - 00:20:59, 10km - 00:41:40, 15km - 01:02:12, 20km - 01:23:02, 21km - 01:27:30, 25km - 01:43:45, 30km - 02:05:03, 35km - 02:26:33, 40km - 02:49:49									
156	7102	PRZYSTAŁ Mateusz	MIĘDZYRZECZE GÓRNE		POL	M30	81	02:59:44	02:59:50		150
		5km - 00:18:58, 10km - 00:37:56, 15km - 00:57:40, 20km - 01:18:22, 21km - 01:23:09, 25km - 01:41:01, 30km - 02:05:38, 35km - 02:27:01, 40km - 02:50:28									
157	7084	PURCZYŃSKI Michał	SIEKIERKI WIELKIE	Sportowy Team Żabki	POL	M30	82	02:59:54	03:00:15		152
		5km - 00:21:34, 10km - 00:42:59, 15km - 01:04:30, 20km - 01:26:01, 21km - 01:30:36, 25km - 01:47:19, 30km - 02:08:39, 35km - 02:29:45, 40km - 02:50:56									
158	6144	ZIENKIEWICZ Piotr	MŁYNARY	UKS GIMPAS PASŁĘK	POL	M45	17	02:59:59	03:00:09		153
		5km - 00:20:36, 10km - 00:41:23, 15km - 01:01:52, 20km - 01:22:55, 21km - 01:27:22, 25km - 01:43:54, 30km - 02:05:41, 35km - 02:27:17, 40km - 02:50:09									
159	5595	STUDENCKI Dawid	KOŚCIELISKO		POL	M30	83	03:00:06	03:00:15		154
		5km - 00:21:19, 10km - 00:42:43, 15km - 01:03:54, 20km - 01:25:14, 21km - 01:29:53, 25km - 01:46:36, 30km - 02:08:06, 35km - 02:29:25, 40km - 02:50:59									
160	239	HACZYK Jarosław	OPOLE	MUAY RUNNING TEAM	POL	M50	2	03:00:27	03:00:33		155
		5km - 00:21:28, 10km - 00:42:55, 15km - 01:03:58, 20km - 01:25:16, 21km - 01:29:49, 25km - 01:46:17, 30km - 02:07:48, 35km - 02:29:15, 40km - 02:51:07									
161	3032	SZCZEPANIAK Mariusz	KOŚCIAN	LKS Sana Kościan	POL	M30	84	03:00:39	03:00:46		156
		5km - 00:21:06, 10km - 00:42:05, 15km - 01:03:09, 20km - 01:24:18, 21km - 01:28:46, 25km - 01:45:14, 30km - 02:06:47, 35km - 02:28:11, 40km - 02:50:28									
162	405	PIETRZAK Bartłomiej	LUBOŃ	bagrun.pl	POL	M30	85	03:00:50	03:00:56		157
		5km - 00:20:44, 10km - 00:41:32, 15km - 01:02:08, 20km - 01:23:18, 21km - 01:28:01, 25km - 01:44:52, 30km - 02:06:54, 35km - 02:28:39, 40km - 02:51:23									
163	3836	WYLĘGA Dominik	ŁĘKA MROCZEŃSKA	KS GEPARD KĘPNO	POL	M30	85	03:00:50	03:01:08		157
		5km - 00:21:05, 10km - 00:41:55, 15km - 01:02:31, 20km - 01:23:31, 21km - 01:28:01, 25km - 01:44:28, 30km - 02:06:40, 35km - 02:28:32, 40km - 02:51:12									
164	5005	KREFT Łukasz	REDA	KPW Gdynia/Team Kreft	POL	M30	87	03:01:07	03:01:20		159
		5km - 00:21:21, 10km - 00:42:42, 15km - 01:03:38, 20km - 01:24:57, 21km - 01:29:27, 25km - 01:45:59, 30km - 02:07:05, 35km - 02:28:31, 40km - 02:51:37									
165	3540	ŁUCZAK Łukasz	ŁÓDŹ		POL	M40	29	03:01:10	03:01:18		160
		5km - 00:21:19, 10km - 00:42:41, 15km - 01:03:45, 20km - 01:25:06, 21km - 01:29:38, 25km - 01:46:11, 30km - 02:07:33, 35km - 02:28:54, 40km - 02:51:17									
166	572	WALENCIK Marcin	RADOM		POL	M30	88	03:01:13	03:01:21		161
		5km - 00:21:47, 10km - 00:43:25, 15km - 01:04:52, 20km - 01:26:29, 21km - 01:31:10, 25km - 01:48:00, 30km - 02:09:46, 35km - 02:30:49, 40km - 02:52:04									
167	1535	ŁOJEK Norbert	OSTROWIEC ŚWIĘTOKRZYSKI		POL	M30	89	03:01:16	03:01:25		162
		5km - 00:21:17, 10km - 00:42:42, 15km - 01:03:43, 20km - 01:25:06, 21km - 01:29:39, 25km - 01:46:08, 30km - 02:07:15, 35km - 02:28:08, 40km - 02:51:18									
168	2085	WIERZBICKI Leszek	ŚRODA WLKP.	Polonia Środa	POL	M40	30	03:01:22	03:01:37		163
		5km - 00:21:10, 10km - 00:42:29, 15km - 01:03:38, 20km - 01:24:55, 21km - 01:29:26, 25km - 01:46:00, 30km - 02:07:12, 35km - 02:28:52, 40km - 02:51:47									
169	4276	ROJEWSKI Paweł	ŁÓDŹ	EVErRUN	POL	M30	90	03:01:26	03:01:35		164
		5km - 00:20:57, 10km - 00:41:45, 15km - 01:02:18, 20km - 01:23:15, 21km - 01:27:42, 25km - 01:44:04, 30km - 02:06:14, 35km - 02:28:40, 40km - 02:51:39									
170	2358	GRACZYK Adrian	CZARNKÓW	#teambiegiwlkp	POL	M30	91	03:01:28	03:01:32		165
		5km - 00:18:56, 10km - 00:38:04, 15km - 00:57:22, 20km - 01:17:08, 21km - 01:21:26, 25km - 01:37:37, 30km - 02:00:42, 35km - 02:25:07, 40km - 02:51:10									
171	6587	BĄK Oskar	MĄKOWARSKO		POL	M30	92	03:01:31	03:01:43		166
		5km - 00:21:13, 10km - 00:42:37, 15km - 01:03:39, 20km - 01:24:59, 21km - 01:29:29, 25km - 01:46:03, 30km - 02:07:13, 35km - 02:28:22, 40km - 02:51:14									
172	1852	TRZASKOWSKI Dariusz	WARSZAWA	100	POL	M40	31	03:01:31	03:01:41		166
		5km - 00:20:48, 10km - 00:41:25, 15km - 01:02:04, 20km - 01:23:14, 21km - 01:27:46, 25km - 01:44:26, 30km - 02:06:33, 35km - 02:28:25, 40km - 02:51:36									
173	5531	KOTKOWSKI Piotr	POZNAŃ	Drużyna Szpiku / MaratonuPolski TEAM	POL	M40	32	03:01:42	03:01:53		168
		5km - 00:20:16, 10km - 00:40:17, 15km - 01:00:32, 20km - 01:20:59, 21km - 01:25:22, 25km - 01:41:44, 30km - 02:03:53, 35km - 02:26:44, 40km - 02:51:48									
174	5850	WŁODARCZYK Paweł	POZNAŃ	Budopol-Poznań	POL	M30	93	03:01:45	03:01:51		169
		5km - 00:21:13, 10km - 00:42:41, 15km - 01:03:43, 20km - 01:25:05, 21km - 01:29:34, 25km - 01:46:06, 30km - 02:07:10, 35km - 02:28:11, 40km - 02:51:52									
175	4849	STASZCZAK Łukasz	LUBAŃ	TRI Team Lubań	POL	M40	33	03:01:46	03:01:57		170
		5km - 00:21:17, 10km - 00:42:38, 15km - 01:03:41, 20km - 01:25:00, 21km - 01:29:31, 25km - 01:46:03, 30km - 02:07:19, 35km - 02:28:59, 40km - 02:52:11									
176	5956	STACHOWSKI Marcin	WOLSZTYN		POL	M40	34	03:01:48	03:01:54		171
		5km - 00:21:19, 10km - 00:42:39, 15km - 01:03:48, 20km - 01:25:07, 21km - 01:29:46, 25km - 01:46:13, 30km - 02:07:23, 35km - 02:28:35, 40km - 02:51:58									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
177	1685	DOMAŃSKI Patryk	POZNAŃ	Biegi.wlkp / Runnersclub.pl	POL	M18	26	03:01:53	03:02:03		172
		5km - 00:22:03, 10km - 00:43:26, 15km - 01:04:29, 20km - 01:25:31, 21km - 01:30:04, 25km - 01:46:31, 30km - 02:07:50, 35km - 02:29:38, 40km - 02:52:17									
178	5085	WALENDZIAK Klaudiusz	TORUŃ	WOT	POL	M40	35	03:02:00	03:02:01		173
		5km - 00:18:52, 10km - 00:38:03, 15km - 00:57:31, 20km - 01:17:45, 21km - 01:22:02, 25km - 01:37:59, 30km - 02:00:30, 35km - 02:25:33, 40km - 02:51:55									
179	3183	TRĄBCZYŃSKI Michał	SZAMOTUŁY	KB Szamotuły	POL	M30	94	03:02:01	03:02:12		174
		5km - 00:20:47, 10km - 00:41:21, 15km - 01:01:58, 20km - 01:22:47, 21km - 01:27:22, 25km - 01:43:45, 30km - 02:05:36, 35km - 02:27:43, 40km - 02:51:17									
180	929	ŻUKOWSKA Iwona	MĄCZNIKI	100	POL	K30	3	03:02:02	03:02:18	6	
		5km - 00:21:09, 10km - 00:42:27, 15km - 01:03:37, 20km - 01:24:54, 21km - 01:29:25, 25km - 01:45:58, 30km - 02:07:54, 35km - 02:29:44, 40km - 02:52:24									
181	4031	STEC Jerzy	ZABRZE	emeryt policji	POL	M55	1	03:02:04	03:02:11		175
		5km - 00:21:20, 10km - 00:42:48, 15km - 01:04:12, 20km - 01:26:06, 21km - 01:30:47, 25km - 01:47:39, 30km - 02:09:16, 35km - 02:30:28, 40km - 02:52:32									
182	5522	MENTLAK Dariusz	GRYFICE	KP Psp Gryfice	POL	M30	95	03:02:05	03:02:07		176
		5km - 00:19:28, 10km - 00:38:58, 15km - 00:58:46, 20km - 01:18:53, 21km - 01:23:12, 25km - 01:39:03, 30km - 02:01:18, 35km - 02:25:35, 40km - 02:52:06									
183	2160	GIDEL Witold	BRZEG DOLNY	FOTOTRIO.PL	POL	M55	2	03:02:10	03:02:25		177
		5km - 00:21:09, 10km - 00:42:36, 15km - 01:03:36, 20km - 01:24:58, 21km - 01:29:30, 25km - 01:46:04, 30km - 02:07:32, 35km - 02:28:49, 40km - 02:51:02									
184	6577	OSINA Jakub	ŚWIDNIK	Biegający Świdnik	POL	M40	36	03:02:12	03:02:17		178
		5km - 00:19:56, 10km - 00:39:53, 15km - 00:59:51, 20km - 01:20:20, 21km - 01:24:47, 25km - 01:41:29, 30km - 02:04:04, 35km - 02:26:53, 40km - 02:51:39									
185	2705	GOLIŃSKI Łukasz	ŚWIDWIN	K.B. SPRINT Świdwin	POL	M40	37	03:02:14	03:02:24		179
		5km - 00:21:14, 10km - 00:42:30, 15km - 01:03:36, 20km - 01:24:58, 21km - 01:29:31, 25km - 01:46:03, 30km - 02:07:32, 35km - 02:30:01, 40km - 02:52:35									
186	4116	FLORASZEK Arkadiusz	DĄBRÓWKA	Galopujące Floraszki	POL	M45	18	03:02:17	03:02:26		180
		5km - 00:20:36, 10km - 00:41:19, 15km - 01:02:01, 20km - 01:23:12, 21km - 01:27:47, 25km - 01:44:26, 30km - 02:06:44, 35km - 02:28:50, 40km - 02:52:02									
187	6371	RYGIELSKI Arkadiusz	IŁAWA	Klub Biegacza Mowi	POL	M30	96	03:02:19	03:02:23		181
		5km - 00:19:12, 10km - 00:39:14, 15km - 00:59:25, 20km - 01:20:51, 21km - 01:25:29, 25km - 01:42:33, 30km - 02:05:04, 35km - 02:27:51, 40km - 02:51:58									
188	518	MICHALSKI Mikołaj	POZNAŃ	Bridgestone	POL	M40	38	03:02:25	03:02:41		182
		5km - 00:20:38, 10km - 00:41:03, 15km - 01:01:19, 20km - 01:22:20, 21km - 01:26:52, 25km - 01:43:29, 30km - 02:05:33, 35km - 02:27:50, 40km - 02:51:32									
189	4049	MAZANKA Jakub	BORÓWIEC		POL	M40	39	03:02:30	03:02:37		183
		5km - 00:21:05, 10km - 00:42:05, 15km - 01:03:24, 20km - 01:24:47, 21km - 01:29:24, 25km - 01:46:03, 30km - 02:07:33, 35km - 02:29:18, 40km - 02:51:56									
190	6531	MOLIŃSKI Dariusz	ZIELĄTKOWO		POL	M40	40	03:02:33	03:02:56		184
		5km - 00:21:12, 10km - 00:42:21, 15km - 01:03:07, 20km - 01:24:01, 21km - 01:28:30, 25km - 01:44:57, 30km - 02:06:33, 35km - 02:28:19, 40km - 02:51:55									
191	5010	SZKÓŁKA Robert	CHOTOMÓW	NCBC	POL	M45	19	03:02:43	03:03:01		185
		5km - 00:21:12, 10km - 00:42:32, 15km - 01:03:36, 20km - 01:25:01, 21km - 01:29:35, 25km - 01:46:16, 30km - 02:07:59, 35km - 02:29:51, 40km - 02:52:35									
192	2730	OLEJNICZAK Karol	KROTOSZYN	KS Krotosz Krotoszyn	POL	M45	20	03:02:44	03:02:59		186
		5km - 00:21:11, 10km - 00:42:31, 15km - 01:03:35, 20km - 01:24:56, 21km - 01:29:29, 25km - 01:46:02, 30km - 02:07:56, 35km - 02:29:56, 40km - 02:52:49									
193	3231	DWORNICZAK Łukasz	KATOWICE		POL	M30	97	03:03:00	03:03:06		187
		5km - 00:19:59, 10km - 00:40:26, 15km - 01:01:23, 20km - 01:22:43, 21km - 01:27:13, 25km - 01:43:48, 30km - 02:06:03, 35km - 02:28:06, 40km - 02:53:00									
194	5703	KRAVTSOV Bogdan	SAINT PETERSBURG	Ayran	RUS	M30	98	03:03:01	03:03:14		188
		5km - 00:20:41, 10km - 00:41:19, 15km - 01:01:22, 20km - 01:22:10, 21km - 01:26:40, 25km - 01:42:47, 30km - 02:04:31, 35km - 02:26:31, 40km - 02:51:35									
195	6137	NOWAK Marcin	MOSINA	KRAKOWIAK TEAM	POL	M30	99	03:03:10	03:03:27		189
		5km - 00:21:08, 10km - 00:42:25, 15km - 01:03:32, 20km - 01:24:54, 21km - 01:29:26, 25km - 01:45:54, 30km - 02:06:59, 35km - 02:28:17, 40km - 02:52:31									
196	2653	ORLIKOWSKI Marcin	SZCZYTNIKI DUCHOWNE	Altom Gniezno	POL	M40	41	03:03:43	03:04:01		190
		5km - 00:21:36, 10km - 00:43:02, 15km - 01:04:33, 20km - 01:26:03, 21km - 01:30:39, 25km - 01:47:23, 30km - 02:09:12, 35km - 02:31:00, 40km - 02:54:01									
197	4457	KORYL Jacek	OSIELSKO		POL	M40	42	03:03:45	03:03:55		191
		5km - 00:20:47, 10km - 00:42:03, 15km - 01:03:11, 20km - 01:24:31, 21km - 01:29:02, 25km - 01:45:46, 30km - 02:07:08, 35km - 02:29:35, 40km - 02:53:37									
198	5013	BULUK Grzegorz	NAMYSŁÓW	Biegam Bo Kocham Ten Stan	POL	M30	100	03:03:48	03:04:01		192
		5km - 00:21:10, 10km - 00:42:16, 15km - 01:02:50, 20km - 01:23:37, 21km - 01:28:05, 25km - 01:44:32, 30km - 02:06:53, 35km - 02:29:39, 40km - 02:53:59									
199	4052	MUCHAJER Łukasz	MIEDZYRZECZ	MUSZKI TEAM	POL	M40	43	03:03:58	03:04:09		193
		5km - 00:21:01, 10km - 00:41:57, 15km - 01:03:08, 20km - 01:24:12, 21km - 01:28:43, 25km - 01:45:07, 30km - 02:06:21, 35km - 02:29:33, 40km - 02:53:49									
200	6954	TRZASKALSKI Kamil	GDAŃSK	LPP Team	POL	M30	101	03:04:00	03:04:24		194
		5km - 00:20:41, 10km - 00:41:19, 15km - 01:02:01, 20km - 01:23:43, 21km - 01:28:21, 25km - 01:45:21, 30km - 02:07:25, 35km - 02:30:02, 40km - 02:53:59									
201	7209	KIESZKOWSKI Adam	SZCZECIN	Tri Rzeźnia	POL	M30	102	03:04:03	03:04:12		195
		5km - 00:21:29, 10km - 00:43:04, 15km - 01:04:29, 20km - 01:26:17, 21km - 01:31:03, 25km - 01:47:36, 30km - 02:09:28, 35km - 02:31:27, 40km - 02:54:12									
202	3722	Zawodnik anonimowy				M18	27	03:04:03	03:04:06		195
		5km - 00:21:14, 10km - 00:42:29, 15km - 01:03:44, 20km - 01:25:05, 21km - 01:29:37, 25km - 01:46:06, 30km - 02:07:42, 35km - 02:30:12, 40km - 02:54:05									
203	6810	PIWOWARCZYK Paweł	DOBCZYCE	Rozbiegane Dobczyce	POL	M30	103	03:04:13	03:04:18		197
		5km - 00:21:18, 10km - 00:42:36, 15km - 01:03:47, 20km - 01:25:10, 21km - 01:29:41, 25km - 01:46:20, 30km - 02:07:45, 35km - 02:29:29, 40km - 02:53:24									
204	3945	WEGNER Stachu	POZNAŃ		POL	M30	104	03:04:16	03:04:32		198
		5km - 00:21:58, 10km - 00:43:49, 15km - 01:05:29, 20km - 01:27:22, 21km - 01:31:54, 25km - 01:48:46, 30km - 02:10:58, 35km - 02:32:45, 40km - 02:54:50									
205	475	KACZMAREK Jędrzej	KOWALEW	KP PSP MILICZ	POL	M18	28	03:04:24	03:04:35		199
		5km - 00:21:19, 10km - 00:42:30, 15km - 01:03:13, 20km - 01:24:10, 21km - 01:28:31, 25km - 01:44:56, 30km - 02:06:23, 35km - 02:28:26, 40km - 02:53:42									
206	6289	PEREZ Miguel	SAN JUAN		PUR	M30	105	03:04:31	03:04:35		200
		5km - 00:20:41, 10km - 00:41:15, 15km - 01:01:31, 20km - 01:22:18, 21km - 01:26:48, 25km - 01:43:12, 30km - 02:05:42, 35km - 02:28:59, 40km - 02:53:57									
207	1598	FAJFER Damian	GRANOWO	Zabiegani Dobrowolscy Team	POL	M40	44	03:04:39	03:04:56		201
		5km - 00:21:41, 10km - 00:43:17, 15km - 01:04:59, 20km - 01:26:37, 21km - 01:31:23, 25km - 01:48:29, 30km - 02:10:39, 35km - 02:32:31, 40km - 02:55:06									
208	2020	KĘDZIORA Rafał	KOZIEGŁOWY	czerwonak biega	POL	M40	45	03:04:42	03:04:50		202
		5km - 00:20:42, 10km - 00:41:34, 15km - 01:02:21, 20km - 01:23:33, 21km - 01:28:02, 25km - 01:44:36, 30km - 02:06:40, 35km - 02:28:56, 40km - 02:53:57									
209	919	SZYMURA Wojciech	RYBNIK	100	POL	M45	21	03:04:42	03:04:51		202
		5km - 00:20:33, 10km - 00:41:02, 15km - 01:01:35, 20km - 01:22:44, 21km - 01:27:16, 25km - 01:44:05, 30km - 02:06:37, 35km - 02:29:38, 40km - 02:54:04									
210	6867	CIESZYŃSKI Piotr	POZNAŃ		POL	M45	22	03:04:44	03:04:50		204
		5km - 00:20:03, 10km - 00:40:00, 15km - 01:00:03, 20km - 01:20:35, 21km - 01:24:59, 25km - 01:41:33, 30km - 02:04:33, 35km - 02:28:12, 40km - 02:53:38									
211	6580	LAINE-ZAMOJSKI Samuli	GDYNIA	Gdynian Kestävyysurheilijat, VV	POL	M30	106	03:04:47	03:05:09		205
		5km - 00:21:14, 10km - 00:42:36, 15km - 01:03:32, 20km - 01:24:53, 21km - 01:29:26, 25km - 01:45:52, 30km - 02:07:32, 35km - 02:30:26, 40km - 02:54:51									
212	2415	ORCHOWSKI Przemysław	GNIEZNO	Altom Gniezno	POL	M30	106	03:04:47	03:05:05		205
		5km - 00:21:37, 10km - 00:43:04, 15km - 01:04:33, 20km - 01:26:04, 21km - 01:30:39, 25km - 01:47:22, 30km - 02:09:12, 35km - 02:31:27, 40km - 02:54:57									
213	3270	GÓRCZYŃSKI Paweł	WIRY	TERLAN	POL	M30	108	03:04:50	03:04:59		207
		5km - 00:22:02, 10km - 00:44:01, 15km - 01:06:04, 20km - 01:28:11, 21km - 01:32:52, 25km - 01:50:07, 30km - 02:12:08, 35km - 02:33:52, 40km - 02:55:44									
214	6126	MIRECKI Tomasz	DOPIEWIEC		POL	M45	23	03:05:04	03:05:21		208
		5km - 00:21:09, 10km - 00:42:27, 15km - 01:03:29, 20km - 01:24:53, 21km - 01:29:22, 25km - 01:45:52, 30km - 02:06:59, 35km - 02:27:57, 40km - 02:52:57									
215	3781	ŁOZIŃSKI Wojciech	OLEŚNICA	Ultra Speed Kwezal	POL	M40	46	03:05:04	03:05:23		208
		5km - 00:20:55, 10km - 00:42:02, 15km - 01:02:28, 20km - 01:24:53, 21km - 01:29:14, 25km - 01:46:24, 30km - 02:09:56, 35km - 02:31:48, 40km - 02:55:31									
216	5927	WALCZAK Mariusz	POZNAN		POL	M30	109	03:05:08	03:05:32		210
		5km - 00:21:53, 10km - 00:43:25, 15km - 01:04:51, 20km - 01:26:23, 21km - 01:31:10, 25km - 01:48:15, 30km - 02:10:37, 35km - 02:32:46, 40km - 02:55:27									
217	5190	SZMIST Szymon	SZCZEPANCOWA	3 Podkarpacka Brygada Obrony Terytorialn	POL	M40	47	03:05:20	03:05:30		211
		5km - 00:21:19, 10km - 00:42:41, 15km - 01:03:40, 20km - 01:25:06, 21km - 01:29:36, 25km - 01:46:07, 30km - 02:07:44, 35km - 02:30:09, 40km - 02:54:32									
218	5073	TOMASZEK Zbigniew	RÓWNIA 35	3PBOT 35BLP/ Ustrzycki Klub Biegacza	POL	M40	48	03:05:21	03:05:30		212
		5km - 00:21:19, 10km - 00:42:42, 15km - 01:03:42, 20km - 01:25:07, 21km - 01:29:37, 25km - 01:46:08, 30km - 02:07:45, 35km - 02:30:11, 40km - 02:54:35									
219	794	BYRT Marcin	WARSZAWA		POL	M40	49	03:05:25	03:05:39		213
		5km - 00:21:15, 10km - 00:42:36, 15km - 01:03:48, 20km - 01:25:27, 21km - 01:30:07, 25km - 01:47:08, 30km - 02:10:02, 35km - 02:32:54, 40km - 02:56:11									
220	5012	TOMAKA Bogusław	ZĄBKOWICE ŚLĄSKIE	Ząbkowicka Grupa Biegowa FRANKENSTEIN	POL	M40	49	03:05:25	03:05:38		213
		5km - 00:20:57, 10km - 00:41:50, 15km - 01:02:35, 20km - 01:23:46, 21km - 01:28:25, 25km - 01:45:25, 30km - 02:08:33, 35km - 02:32:25, 40km - 02:55:53									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
221	6934	KUBACKI Bartosz	SZUBIN		POL	M40	51	03:05:27	03:05:32		215
		5km - 00:20:31, 10km - 00:41:07, 15km - 01:01:33, 20km - 01:22:48, 21km - 01:27:20, 25km - 01:44:18, 30km - 02:06:52, 35km - 02:29:27, 40km - 02:54:28									
222	3314	SIOMA Konrad	KRZYSZKOWO	CNK - Cukier Nie Krzepi	POL	M30	110	03:05:29	03:06:02		216
		5km - 00:22:19, 10km - 00:44:23, 15km - 01:06:01, 20km - 01:27:38, 21km - 01:32:14, 25km - 01:49:00, 30km - 02:10:34, 35km - 02:32:10, 40km - 02:55:44									
223	3068	STRUMNIK Sebastian	NOWY DWÓR MAZOWIECKI	Rozbiegamy Nowy Dwór	POL	M30	111	03:05:30	03:05:50		217
		5km - 00:21:34, 10km - 00:42:48, 15km - 01:04:14, 20km - 01:26:00, 21km - 01:30:37, 25km - 01:47:23, 30km - 02:09:35, 35km - 02:31:47, 40km - 02:55:17									
224	4379	PLUCINSK Michal	TROUN	TMT	POL	M30	112	03:05:46	03:06:00		218
		5km - 00:21:14, 10km - 00:42:28, 15km - 01:03:32, 20km - 01:24:54, 21km - 01:29:25, 25km - 01:45:58, 30km - 02:07:27, 35km - 02:30:06, 40km - 02:55:16									
225	4835	GROMADZKA Anna	PARSZÓW	Czarnecki Run Team	POL	K30	4	03:05:50	03:05:54	7	
		5km - 00:21:20, 10km - 00:42:37, 15km - 01:03:47, 20km - 01:25:21, 21km - 01:30:02, 25km - 01:47:14, 30km - 02:10:21, 35km - 02:32:47, 40km - 02:56:10									
226	4837	SZTANDERA Piotr	PARSZÓW	Czarnecki Run Team	POL	M30	113	03:05:50	03:05:54		219
		5km - 00:18:58, 10km - 00:38:01, 15km - 00:57:01, 20km - 01:25:21, 21km - 01:30:02, 25km - 01:47:14, 30km - 02:10:21, 35km - 02:32:58, 40km - 02:56:10									
227	1754	JANOWICZ Łukasz	POZNAŃ		POL	M18	29	03:05:58	03:06:09		220
		5km - 00:22:19, 10km - 00:44:41, 15km - 01:06:58, 20km - 01:29:10, 21km - 01:33:51, 25km - 01:51:07, 30km - 02:13:26, 35km - 02:35:29, 40km - 02:57:04									
228	5036	ZAJĄC Łukasz	SZCZECIN	12 bdow	POL	M40	52	03:06:01	03:06:09		221
		5km - 00:22:27, 10km - 00:44:39, 15km - 01:06:42, 20km - 01:28:56, 21km - 01:33:42, 25km - 01:51:07, 30km - 02:13:27, 35km - 02:35:32, 40km - 02:57:07									
229	5511	WŁODARSKI Przemysław	BYDGOSZCZ	Polonia Bydgoszcz Sekcja Lekkoatletyczna	POL	M30	114	03:06:04	03:06:17		222
		5km - 00:21:13, 10km - 00:42:32, 15km - 01:03:36, 20km - 01:25:03, 21km - 01:29:40, 25km - 01:46:28, 30km - 02:09:18, 35km - 02:32:48, 40km - 02:56:29									
230	2311	SOMINKA Paweł	KOSZALIN	BAŁTYK-TRANS-SPEDITION	POL	M30	115	03:06:07	03:06:21		223
		5km - 00:21:54, 10km - 00:43:39, 15km - 01:04:47, 20km - 01:26:15, 21km - 01:30:55, 25km - 01:47:51, 30km - 02:10:17, 35km - 02:33:03, 40km - 02:56:22									
231	5081	KASPERSKI Arkadiusz	OLSZTYN	WOT	POL	M45	24	03:06:19	03:06:29		224
		5km - 00:21:48, 10km - 00:43:21, 15km - 01:05:06, 20km - 01:26:36, 21km - 01:31:10, 25km - 01:47:58, 30km - 02:10:02, 35km - 02:32:15, 40km - 02:55:54									
232	7215	MIELNICZUK Mirosław	WARSZAWA		POL	M40	53	03:06:22	03:06:34		225
		5km - 00:21:54, 10km - 00:43:56, 15km - 01:05:48, 20km - 01:27:43, 21km - 01:32:24, 25km - 01:49:37, 30km - 02:11:45, 35km - 02:33:41, 40km - 02:56:25									
233	130	SKUZA Tomasz	WROCŁAW		POL	M40	54	03:06:25	03:06:44		226
		5km - 00:22:03, 10km - 00:44:02, 15km - 01:05:54, 20km - 01:27:55, 21km - 01:32:43, 25km - 01:49:56, 30km - 02:12:06, 35km - 02:33:45, 40km - 02:56:05									
234	7242	NOSKI Mariusz	BIELAWA		POL	M40	55	03:06:27	03:06:46		227
		5km - 00:20:08, 10km - 00:40:23, 15km - 01:00:33, 20km - 01:21:41, 21km - 01:26:10, 25km - 01:43:05, 30km - 02:05:49, 35km - 02:28:24, 40km - 02:54:27									
235	6679	ORACZ Mateusz	ZALASEWO	Bez Litości	POL	M30	116	03:06:27	03:06:45		227
		5km - 00:21:23, 10km - 00:42:46, 15km - 01:04:01, 20km - 01:25:40, 21km - 01:30:17, 25km - 01:47:11, 30km - 02:09:45, 35km - 02:33:01, 40km - 02:56:30									
236	5486	STACHOWICZ Marcin	WARSZAWA		POL	M30	117	03:06:35	03:06:40		229
		5km - 00:21:00, 10km - 00:41:59, 15km - 01:02:48, 20km - 01:23:57, 21km - 01:28:33, 25km - 01:45:25, 30km - 02:07:35, 35km - 02:30:29, 40km - 02:55:37									
237	2111	TROCIŃSKI Jacek	ŁÓDŹ		POL	M45	25	03:06:39	03:06:48		230
		5km - 00:21:14, 10km - 00:42:32, 15km - 01:03:33, 20km - 01:24:58, 21km - 01:29:30, 25km - 01:46:06, 30km - 02:08:20, 35km - 02:31:16, 40km - 02:56:07									
238	1807	DĄBROWSKI Dawid	MUROWANA GOŚLINA	Czerwonak Biega	POL	M18	30	03:06:40	03:07:02		231
		5km - 00:21:43, 10km - 00:43:07, 15km - 01:04:17, 20km - 01:25:41, 21km - 01:30:20, 25km - 01:47:23, 30km - 02:09:43, 35km - 02:32:07, 40km - 02:55:54									
239	7142	JUSZCZYK Łukasz	WĘGRZCE WIELKIE		POL	M30	118	03:06:45	03:06:57		232
		5km - 00:21:45, 10km - 00:43:15, 15km - 01:04:45, 20km - 01:26:28, 21km - 01:31:07, 25km - 01:47:57, 30km - 02:10:44, 35km - 02:33:00, 40km - 02:56:37									
240	4925	EDER Mateusz	POZNAŃ		POL	M18	31	03:06:57	03:07:35		233
		5km - 00:22:31, 10km - 00:43:37, 15km - 01:04:30, 20km - 01:25:19, 21km - 01:29:52, 25km - 01:46:39, 30km - 02:08:55, 35km - 02:31:47, 40km - 02:56:15									
241	4048	DARAŻ Marcin	STARGARD	100	POL	M30	119	03:07:05	03:07:12		234
		5km - 00:19:44, 10km - 00:39:36, 15km - 00:59:22, 20km - 01:19:59, 21km - 01:24:28, 25km - 01:41:22, 30km - 02:04:17, 35km - 02:28:11, 40km - 02:55:09									
242	3969	ŚCISŁO Przemysław	POLKOWICE		POL	M45	26	03:07:08	03:07:23		235
		5km - 00:21:40, 10km - 00:43:13, 15km - 01:04:41, 20km - 01:26:33, 21km - 01:31:19, 25km - 01:48:30, 30km - 02:11:15, 35km - 02:34:06, 40km - 02:57:21									
243	6022	OWCZAREK Dagmara	JELENIA GÓRA	Vege Runners/Ślęzak Team	POL	K40	1	03:07:09	03:07:13	8	
		5km - 00:22:31, 10km - 00:44:51, 15km - 01:07:12, 20km - 01:29:31, 21km - 01:34:16, 25km - 01:51:35, 30km - 02:13:58, 35km - 02:35:45, 40km - 02:57:36									
244	7182	PRZYBYŁ Aron	KUŹNIA 31	KWP Poznań	POL	M30	120	03:07:17	03:07:24		236
		5km - 00:19:48, 10km - 00:39:42, 15km - 00:59:37, 20km - 01:22:10, 21km - 01:26:59, 25km - 01:44:50, 30km - 02:11:11, 35km - 02:34:57, 40km - 02:58:36									
245	3325	SATŁAWA Adam	TYCHY	Team Papry	POL	M30	120	03:07:17	03:07:25		236
		5km - 00:20:42, 10km - 00:41:30, 15km - 01:02:06, 20km - 01:23:07, 21km - 01:27:35, 25km - 01:44:02, 30km - 02:06:15, 35km - 02:28:58, 40km - 02:55:50									
246	1144	HOŃKA Michał	KRAPKOWICE	www.MB-Projekt.eu	POL	M40	56	03:07:19	03:07:41		238
		5km - 00:21:46, 10km - 00:43:24, 15km - 01:04:52, 20km - 01:26:51, 21km - 01:31:40, 25km - 01:48:50, 30km - 02:11:35, 35km - 02:34:10, 40km - 02:57:13									
247	5357	BLACHARSKI Arkadiusz	TORZYM	Buncol team	POL	M18	32	03:07:23	03:08:20		239
		5km - 00:20:49, 10km - 00:41:12, 15km - 01:02:08, 20km - 01:23:10, 21km - 01:27:41, 25km - 01:44:24, 30km - 02:07:05, 35km - 02:30:54, 40km - 02:56:32									
248	3594	KASICA Arkadiusz	MIĘDZYRZECZ	Międzyrzeckie Gazele	POL	M30	122	03:07:23	03:07:35		239
		5km - 00:21:00, 10km - 00:41:57, 15km - 01:03:08, 20km - 01:24:22, 21km - 01:28:59, 25km - 01:45:37, 30km - 02:07:24, 35km - 02:30:33, 40km - 02:56:14									
249	2190	KONRAD Marcin	ZAWIERCIE	BRACIA TEAM ZAWIERCIE	POL	M30	123	03:07:25	03:07:35		241
		5km - 00:21:23, 10km - 00:42:53, 15km - 01:04:14, 20km - 01:26:09, 21km - 01:30:49, 25km - 01:48:05, 30km - 02:11:09, 35km - 02:33:56, 40km - 02:57:36									
250	3472	RACZYŃSKI Tomasz	KIEŁCZÓW		POL	M30	123	03:07:25	03:07:28		241
		5km - 00:21:12, 10km - 00:42:38, 15km - 01:03:49, 20km - 01:25:18, 21km - 01:29:54, 25km - 01:46:40, 30km - 02:08:21, 35km - 02:30:03, 40km - 02:57:20									
251	3401	BARAŃCZAK Leszek	POZNAŃ		POL	M45	27	03:07:33	03:07:58		243
		5km - 00:21:44, 10km - 00:43:25, 15km - 01:05:06, 20km - 01:26:55, 21km - 01:31:34, 25km - 01:48:33, 30km - 02:11:05, 35km - 02:33:36, 40km - 02:57:08									
252	3966	TUTA Sławomir	WIELEŃ	KS Debiut Wieleń	POL	M30	125	03:07:38	03:07:43		244
		5km - 00:20:09, 10km - 00:40:41, 15km - 01:01:31, 20km - 01:22:47, 21km - 01:27:21, 25km - 01:44:08, 30km - 02:06:41, 35km - 02:30:01, 40km - 02:56:36									
253	6208	WALKOWSKI Cezary	MIĘDZYRZECZ	KLUB MIŁOŚNIKÓW BIEGANIA	POL	M40	57	03:07:42	03:07:52		245
		5km - 00:21:02, 10km - 00:41:58, 15km - 01:03:34, 20km - 01:24:31, 21km - 01:29:59, 25km - 01:46:37, 30km - 02:08:09, 35km - 02:33:48, 40km - 02:57:29									
254	515	JĘDRZEJKO Dominik	JASIN	Biegam Sobie	POL	M30	126	03:07:43	03:07:51		246
		5km - 00:21:16, 10km - 00:42:32, 15km - 01:03:38, 20km - 01:25:00, 21km - 01:29:32, 25km - 01:46:03, 30km - 02:08:09, 35km - 02:32:06, 40km - 02:57:02									
255	5043	MURAWSKI Paweł	SZCZECIN	12 Brygada Zmechanizowana	POL	M18	33	03:07:45	03:07:47		247
		5km - 00:19:34, 10km - 00:39:18, 15km - 00:59:03, 20km - 01:18:52, 21km - 01:23:06, 25km - 01:38:33, 30km - 01:58:52, 35km - 02:26:27, 40km - 02:55:31									
256	5029	MURAWSKI Zbigniew	SZCZECIN	TRIGYM Szczecin	POL	M50	3	03:07:45	03:07:47		247
		5km - 00:19:34, 10km - 00:39:17, 15km - 00:59:04, 20km - 01:18:52, 21km - 01:23:06, 25km - 01:38:32, 30km - 01:58:51, 35km - 02:26:25, 40km - 02:55:32									
257	5498	HARKIEWICZ Piotr	POZNAŃ	oddychajswobodnie.pl / Naramowice Biegaj	POL	M30	127	03:07:52	03:08:05		249
		5km - 00:20:36, 10km - 00:41:21, 15km - 01:02:00, 20km - 01:23:12, 21km - 01:27:47, 25km - 01:44:48, 30km - 02:07:20, 35km - 02:31:03, 40km - 02:56:38									
258	5153	FAJGER Janusz	ŻAGAŃ	DG RSZ 1 - 11 DKPanc	POL	M45	28	03:07:57	03:08:01		250
		5km - 00:20:21, 10km - 00:41:15, 15km - 01:02:16, 20km - 01:23:38, 21km - 01:28:13, 25km - 01:45:18, 30km - 02:08:17, 35km - 02:33:01, 40km - 02:57:48									
259	6614	STACHOWIAK Marcin	POZNAŃ	#teambiegiwlkp	POL	M18	34	03:07:57	03:08:02		250
		5km - 00:21:53, 10km - 00:43:31, 15km - 01:04:54, 20km - 01:26:32, 21km - 01:31:12, 25km - 01:48:27, 30km - 02:10:55, 35km - 02:33:33, 40km - 02:57:44									
260	3714	GUZIK Aleksander	POZNAŃ	GUZIKI	POL	M18	35	03:07:59	03:08:15		252
		5km - 00:21:20, 10km - 00:42:29, 15km - 01:03:36, 20km - 01:24:54, 21km - 01:29:29, 25km - 01:46:37, 30km - 02:09:36, 35km - 02:32:57, 40km - 02:57:33									
261	125	KOŚCIELSKI Mariusz	GDYNIA	COM-DKM	POL	M50	4	03:08:05	03:08:10		253
		5km - 00:20:56, 10km - 00:41:59, 15km - 01:03:02, 20km - 01:24:15, 21km - 01:28:48, 25km - 01:45:24, 30km - 02:07:28, 35km - 02:31:44, 40km - 02:57:41									
262	1084	STĘPIEŃ Grzegorz	OPOCZNO	Aqua Elektroklima LKS Feniks Opoczno	POL	M45	29	03:08:05	03:08:25		253
		5km - 00:22:07, 10km - 00:43:55, 15km - 01:05:21, 20km - 01:26:50, 21km - 01:31:31, 25km - 01:48:36, 30km - 02:11:14, 35km - 02:33:58, 40km - 02:57:53									
263	771	KANTOR Marek	WROCŁAW		POL	M30	128	03:08:07	03:08:30		255
		5km - 00:22:19, 10km - 00:45:38, 15km - 01:07:23, 20km - 01:29:18, 21km - 01:33:54, 25km - 01:51:15, 30km - 02:13:53, 35km - 02:36:11, 40km - 02:58:48									
264	7037	MAZUREK Michał	GDAŃSK	FABER TEAM	POL	M30	128	03:08:07	03:08:28		255
		5km - 00:21:37, 10km - 00:42:55, 15km - 01:04:03, 20km - 01:25:40, 21km - 01:30:18, 25km - 01:47:28, 30km - 02:10:28, 35km - 02:33:18, 40km - 02:57:38									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
265	4177	MUSZYŃSKI Michał	TYCHY		POL	M40	58	03:08:10	03:08:31		257
		5km - 00:21:44, 10km - 00:43:29, 15km - 01:05:21, 20km - 01:27:16, 21km - 01:31:56, 25km - 01:49:12, 30km - 02:11:45, 35km - 02:34:31, 40km - 02:58:22									
266	5653	KACZMAREK Agata	POZNAŃ		POL	K30	5	03:08:20	03:08:35	9	
		5km - 00:22:22, 10km - 00:44:46, 15km - 01:07:01, 20km - 01:29:30, 21km - 01:34:12, 25km - 01:51:33, 30km - 02:13:57, 35km - 02:36:12, 40km - 02:58:54									
267	3956	ALEKSANDROWICZ Bartosz	WRZEŚNIA	31 baza lotnictwa taktycznego	POL	M30	130	03:08:23	03:08:25		258
		5km - 00:19:52, 10km - 00:39:43, 15km - 00:59:44, 20km - 01:20:20, 21km - 01:24:54, 25km - 01:42:06, 30km - 02:08:41, 35km - 02:31:53, 40km - 02:57:57									
268	1011	SAGAN Łukasz	MROZY	100	POL	M30	130	03:08:23	03:08:29		258
		5km - 00:21:19, 10km - 00:42:41, 15km - 01:03:45, 20km - 01:25:05, 21km - 01:29:36, 25km - 01:46:10, 30km - 02:07:59, 35km - 02:32:33, 40km - 02:57:59									
269	4603	TEKLAK Marcin	BIELAWA	Wielka Sowa	POL	M30	132	03:08:24	03:08:37		260
		5km - 00:21:43, 10km - 00:43:36, 15km - 01:05:17, 20km - 01:27:36, 21km - 01:32:16, 25km - 01:49:52, 30km - 02:12:36, 35km - 02:35:47, 40km - 02:58:55									
270	5711	MACIUSZEK Łukasz	OPOLE		POL	M30	133	03:08:32	03:08:46		261
		5km - 00:22:16, 10km - 00:44:31, 15km - 01:06:35, 20km - 01:28:45, 21km - 01:33:32, 25km - 01:50:54, 30km - 02:13:18, 35km - 02:35:38, 40km - 02:58:41									
271	6555	KOZINOGA Mateusz	POZNAŃ	Natek i Matek	POL	M30	134	03:08:33	03:08:42		262
		5km - 00:21:16, 10km - 00:42:36, 15km - 01:03:42, 20km - 01:25:01, 21km - 01:29:33, 25km - 01:46:06, 30km - 02:07:55, 35km - 02:31:02, 40km - 02:57:03									
272	3214	WOJTALIK Łukasz	POŁCZYN ZDRÓJ	Połczyn biega	POL	M30	135	03:08:35	03:08:44		263
		5km - 00:21:15, 10km - 00:42:33, 15km - 01:03:39, 20km - 01:25:00, 21km - 01:29:33, 25km - 01:46:05, 30km - 02:07:24, 35km - 02:30:05, 40km - 02:56:22									
273	1786	MICHALAK Jakub	POZNAŃ	Night Runners	POL	M18	36	03:08:36	03:08:45		264
		5km - 00:20:59, 10km - 00:41:58, 15km - 01:03:04, 20km - 01:24:24, 21km - 01:29:01, 25km - 01:45:52, 30km - 02:08:11, 35km - 02:31:22, 40km - 02:57:50									
274	1750	KAMIŃSKI Cezary	POZNAŃ		POL	M30	136	03:08:38	03:08:57		265
		5km - 00:21:13, 10km - 00:42:34, 15km - 01:04:01, 20km - 01:25:28, 21km - 01:30:04, 25km - 01:47:04, 30km - 02:09:42, 35km - 02:33:31, 40km - 02:58:36									
275	3755	JAŁOCHA Tomek	GUTOWO MAŁE		POL	M40	59	03:08:40	03:08:52		266
		5km - 00:20:39, 10km - 00:41:14, 15km - 01:01:59, 20km - 01:23:14, 21km - 01:27:49, 25km - 01:44:54, 30km - 02:08:12, 35km - 02:32:23, 40km - 02:57:54									
276	6914	RYMKIEWICZ Bartosz	WARSZAWA	Hrabia	POL	M30	137	03:08:40	03:08:48		266
		5km - 00:22:26, 10km - 00:45:04, 15km - 01:07:41, 20km - 01:30:17, 21km - 01:35:08, 25km - 01:52:39, 30km - 02:15:24, 35km - 02:37:16, 40km - 02:59:19									
277	60	BEREZNOWSKA Patrycja	WIELISZEW	Wieliszew Heron Team	POL	K40	2	03:08:43	03:08:59	10	
		5km - 00:21:56, 10km - 00:43:37, 15km - 01:05:17, 20km - 01:27:29, 21km - 01:32:12, 25km - 01:49:35, 30km - 02:12:28, 35km - 02:35:39, 40km - 02:58:54									
278	3480	SADOWSKI Andrzej	MALBORK	LKS ZANTYR Sztum	POL	M30	138	03:08:49	03:09:09		268
		5km - 00:22:00, 10km - 00:44:18, 15km - 01:06:21, 20km - 01:28:42, 21km - 01:33:25, 25km - 01:50:50, 30km - 02:13:15, 35km - 02:35:45, 40km - 02:59:00									
279	1821	TUSCHER Jakub	GDYNIA	Nordea	POL	M30	139	03:08:50	03:09:26		269
		5km - 00:22:34, 10km - 00:45:16, 15km - 01:07:24, 20km - 01:29:41, 21km - 01:34:31, 25km - 01:52:01, 30km - 02:14:46, 35km - 02:36:38, 40km - 02:59:20									
280	5031	RUDERA Waldemar	SZCZECIN	Parkrun Szczecin	POL	M30	140	03:08:57	03:09:10		270
		5km - 00:21:13, 10km - 00:42:36, 15km - 01:03:30, 20km - 01:24:22, 21km - 01:28:56, 25km - 01:45:28, 30km - 02:07:06, 35km - 02:29:40, 40km - 02:57:27									
281	2790	NOWAK Michał	NOWY TOMYŚL	Perschmann Running Team	POL	M18	37	03:08:58	03:09:07		271
		5km - , 10km - 00:42:43, 15km - 01:03:44, 20km - 01:25:07, 21km - 01:29:44, 25km - 01:46:25, 30km - 02:09:53, 35km - 02:34:00, 40km - 02:59:09									
282	5149	ANDRZEJEWSKI Maciej	POZNAŃ		POL	M30	141	03:09:06	03:09:52		272
		5km - 00:21:58, 10km - 00:44:03, 15km - 01:06:06, 20km - 01:28:13, 21km - 01:32:58, 25km - 01:50:24, 30km - 02:13:01, 35km - 02:35:57, 40km - 02:59:22									
283	5144	SYPNIEWSKI Marcin	POZNAŃ	12 Dywizja Zmechanizowana	POL	M30	142	03:09:07	03:09:21		273
		5km - 00:23:04, 10km - 00:45:56, 15km - 01:08:44, 20km - 01:31:39, 21km - 01:36:19, 25km - 01:53:23, 30km - 02:15:46, 35km - 02:37:54, 40km - 02:59:22									
284	6878	BORKOWSKI Rafał	POZNAŃ		POL	M18	38	03:09:12	03:09:22		274
		5km - 00:21:15, 10km - 00:42:38, 15km - 01:03:44, 20km - 01:25:07, 21km - 01:29:44, 25km - 01:46:33, 30km - 02:09:13, 35km - 02:32:24, 40km - 02:57:47									
285	6763	KORZENIEWSKI Jarosław	GORZÓW WIELKOPOLSKI	Team Kopeć	POL	M40	60	03:09:14	03:09:25		275
		5km - 00:20:21, 10km - 00:40:41, 15km - 01:01:00, 20km - 01:21:30, 21km - 01:25:51, 25km - 01:41:49, 30km - 02:03:34, 35km - 02:31:29, 40km - 02:58:06									
286	6592	KANIA Maciej	POZNAŃ		POL	M40	61	03:09:19	03:09:33		276
		5km - 00:22:17, 10km - 00:44:26, 15km - 01:06:36, 20km - 01:28:52, 21km - 01:33:39, 25km - 01:51:19, 30km - 02:14:08, 35km - 02:36:49, 40km - 02:59:27									
287	2995	WATROS Eryk	LUBOŃ	31 Baza Lotnictwa Taktycznego	POL	M30	143	03:09:21	03:09:37		277
		5km - 00:22:08, 10km - 00:44:17, 15km - 01:06:12, 20km - 01:28:20, 21km - 01:33:00, 25km - 01:50:28, 30km - 02:13:04, 35km - 02:35:46, 40km - 02:59:13									
288	5105	PADUSZYŃSKA Wioletta	GORZÓW WIELKOPOLSKI	Wierzbicki Runing Project, 17Wbz	POL	K30	6	03:09:24	03:09:25	11	
		5km - 00:19:53, 10km - 00:39:45, 15km - 00:59:45, 20km - 01:20:41, 21km - 01:25:13, 25km - 01:42:31, 30km - 02:06:29, 35km - 02:31:25, 40km - 02:58:15									
289	5552	KOŹBIELSKI Szymon	WROCŁAW	Arkadiusz Gardzielewski Running Team	POL	M30	144	03:09:30	03:09:50		278
		5km - 00:22:05, 10km - 00:44:18, 15km - 01:06:09, 20km - 01:28:17, 21km - 01:33:06, 25km - 01:50:29, 30km - 02:13:04, 35km - 02:35:41, 40km - 02:59:23									
290	2033	MATLĄG Michał	POZNAŃ	KB Maniac Poznań	POL	M40	62	03:09:34	03:09:59		279
		5km - 00:21:38, 10km - 00:43:58, 15km - 01:06:10, 20km - 01:28:46, 21km - 01:33:35, 25km - 01:50:51, 30km - 02:13:51, 35km - 02:36:23, 40km - 02:59:42									
291	3959	KARBOWIAK Jacek	WRZESNIA		POL	M40	63	03:09:35	03:09:50		280
		5km - 00:21:10, 10km - 00:42:35, 15km - 01:03:32, 20km - 01:24:53, 21km - 01:29:24, 25km - 01:45:59, 30km - 02:07:01, 35km - 02:28:27, 40km - 02:56:56									
292	1340	LUTOMSKA Dorota	OBORNIKI	Ofix.pl Bike Team	POL	K30	7	03:09:43	03:09:59	12	
		5km - 00:21:51, 10km - 00:43:28, 15km - 01:05:18, 20km - 01:27:38, 21km - 01:32:29, 25km - 01:50:12, 30km - 02:13:35, 35km - 02:36:46, 40km - 03:00:04									
293	4210	WYSZYŃSKI Sebastian	CIESZYN		POL	M45	30	03:09:46	03:10:07		281
		5km - 00:21:59, 10km - 00:44:01, 15km - 01:05:55, 20km - 01:28:09, 21km - 01:32:49, 25km - 01:50:21, 30km - 02:13:20, 35km - 02:36:11, 40km - 02:59:52									
294	874	WIERTEK Henryk	RZESZOTARY	WiertkiTEAM	POL	M30	145	03:09:48	03:09:55		282
		5km - 00:20:15, 10km - 00:40:53, 15km - 01:01:55, 20km - 01:23:14, 21km - 01:27:51, 25km - 01:45:05, 30km - 02:09:21, 35km - 02:32:50, 40km - 02:58:42									
295	5918	KONIECZNY Szymon	CHOSZCZNO	Choszczeńska 10	POL	M30	146	03:09:55	03:10:15		283
		5km - 00:21:48, 10km - 00:42:56, 15km - 01:03:57, 20km - 01:25:00, 21km - 01:29:38, 25km - 01:46:34, 30km - 02:10:40, 35km - 02:34:56, 40km - 02:59:33									
296	3071	Zawodnik anonimowy				M45	31	03:09:58	03:10:05		284
		5km - 00:21:19, 10km - 00:42:45, 15km - 01:03:43, 20km - 01:25:09, 21km - 01:29:39, 25km - 01:46:19, 30km - 02:09:24, 35km - 02:34:04, 40km - 02:59:06									
297	4641	KOWALIK Ewelina	SZCZECIN	Fizjobiegacze Szczecin	POL	K18	4	03:10:05	03:10:33	13	
		5km - 00:22:00, 10km - 00:43:51, 15km - 01:05:36, 20km - 01:27:57, 21km - 01:32:44, 25km - 01:50:22, 30km - 02:13:34, 35km - 02:36:43, 40km - 03:00:32									
298	409	SKÓRKA Adam	ZŁOTORYJA	OLAWS Złotoryja	POL	M45	32	03:10:15	03:10:27		285
		5km - 00:19:57, 10km - 00:39:55, 15km - 00:59:55, 20km - 01:20:06, 21km - 01:24:33, 25km - 01:42:27, 30km - 02:07:11, 35km - 02:32:29, 40km - 02:59:01									
299	4348	PIASECKI Tomasz	WĄGROWIEC	Biegający Wagrowiec	POL	M30	147	03:10:22	03:10:53		286
		5km - 00:22:46, 10km - 00:44:56, 15km - 01:06:12, 20km - 01:27:30, 21km - 01:32:11, 25km - 01:49:11, 30km - 02:12:02, 35km - 02:35:11, 40km - 03:00:25									
300	2555	JĘDRUSIAK Przemysław	DANKOWICE		POL	M30	148	03:10:24	03:10:34		287
		5km - 00:21:15, 10km - 00:42:31, 15km - 01:03:43, 20km - 01:25:05, 21km - 01:29:47, 25km - 01:47:10, 30km - 02:11:15, 35km - 02:35:16, 40km - 02:59:55									
301	1037	ZAWIŚLAK Adam	KONIN	Night Runners	POL	M18	39	03:10:24	03:10:39		287
		5km - 00:21:11, 10km - 00:42:35, 15km - 01:03:31, 20km - 01:24:53, 21km - 01:29:28, 25km - 01:46:09, 30km - 02:09:16, 35km - 02:34:05, 40km - 02:59:36									
302	5896	BOROWSKI Szczepan	WARSZAWA		POL	M40	64	03:10:27	03:10:47		289
		5km - 00:21:07, 10km - 00:42:26, 15km - 01:03:30, 20km - 01:24:52, 21km - 01:29:26, 25km - 01:46:09, 30km - 02:09:00, 35km - 02:33:08, 40km - 02:58:49									
303	803	BEREŹNICKI Mikołaj	GNIEZNO		POL	M18	40	03:10:28	03:11:09		290
		5km - 00:22:30, 10km - 00:45:20, 15km - 01:08:07, 20km - 01:30:27, 21km - 01:35:11, 25km - 01:52:17, 30km - 02:14:43, 35km - 02:37:05, 40km - 03:00:20									
304	7144	NAFALSKI Rajmund	WARSZAWA	Team Karaś	POL	M45	33	03:10:28	03:10:44		290
		5km - 00:21:11, 10km - 00:42:35, 15km - 01:03:53, 20km - 01:25:39, 21km - 01:30:21, 25km - 01:47:41, 30km - 02:10:55, 35km - 02:34:40, 40km - 02:59:46									
305	5062	MENDYK Przemysław	BOBREK		POL	M18	41	03:10:33	03:10:41		292
		5km - 00:20:29, 10km - 00:40:47, 15km - 01:01:18, 20km - 01:22:06, 21km - 01:26:40, 25km - 01:45:13, 30km - 02:09:13, 35km - 02:33:22, 40km - 02:59:10									
306	3166	TOEPLER Przemysław	POZNAŃ		POL	M45	34	03:10:33	03:10:56		292
		5km - 00:22:33, 10km - 00:44:57, 15km - 01:07:18, 20km - 01:29:58, 21km - 01:34:47, 25km - 01:52:24, 30km - 02:15:04, 35km - 02:38:20, 40km - 03:01:01									
307	203	SADOWCZYK Żaneta	RAWICZ	Arkadiusz Gardzielewski Running Team	POL	K45	1	03:10:40	03:10:56	14	
		5km - 00:22:52, 10km - 00:45:32, 15km - 01:07:34, 20km - 01:30:06, 21km - 01:35:01, 25km - 01:52:25, 30km - 02:15:24, 35km - 02:37:53, 40km - 03:01:02									
308	3496	TROSZCZYŃSKI Przemysław	ŁUKĘCIN	Bracia Troszczyńscy	POL	M45	35	03:10:45	03:10:57		294
		5km - 00:21:25, 10km - 00:43:13, 15km - 01:04:42, 20km - 01:26:31, 21km - 01:31:12, 25km - 01:48:26, 30km - 02:12:00, 35km - 02:35:47, 40km - 03:00:19									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
309	1765	POŁCZYŃSKI Mateusz	ZDUŃSKA WOLA	100	POL	M18	42	03:10:46	03:11:24		295
		5km - 00:22:20, 10km - 00:44:49, 15km - 01:06:36, 20km - 01:28:29, 21km - 01:33:12, 25km - 01:50:51, 30km - 02:13:57, 35km - 02:37:07, 40km - 03:00:51									
310	6420	BIALOBRZEWSKI Slawek	KIEŁCZOW		POL	M40	65	03:10:58	03:11:01		296
		5km - 00:19:51, 10km - 00:39:43, 15km - 00:59:40, 20km - 01:19:43, 21km - 01:24:03, 25km - 01:40:18, 30km - 02:04:40, 35km - 02:27:16, 40km - 02:58:15									
311	324	SZCZEPANIAK Maciej	POZNAŃ		POL	M30	149	03:10:59	03:11:23		297
		5km - 00:22:26, 10km - 00:45:15, 15km - 01:07:26, 20km - 01:29:27, 21km - 01:34:13, 25km - 01:51:22, 30km - 02:13:50, 35km - 02:36:40, 40km - 03:00:39									
312	1556	LEWANDOWSKI Marek	POZNAŃ		POL	M30	150	03:11:03	03:11:15		298
		5km - 00:22:41, 10km - 00:45:09, 15km - 01:07:09, 20km - 01:29:44, 21km - 01:34:33, 25km - 01:52:16, 30km - 02:15:03, 35km - 02:37:54, 40km - 03:01:05									
313	6504	SOŁTYS Patryk	ZIELONA GÓRA	BiegamBoLubię Zielona Góra	POL	M18	43	03:11:04	03:11:19		299
		5km - 00:22:57, 10km - 00:45:29, 15km - 01:07:48, 20km - 01:30:05, 21km - 01:34:53, 25km - 01:52:18, 30km - 02:14:47, 35km - 02:37:39, 40km - 03:01:07									
314	5755	BUCHALIK Arkadiusz	CZELADŹ		POL	M45	36	03:11:05	03:11:21		300
		5km - 00:21:13, 10km - 00:42:31, 15km - 01:03:42, 20km - 01:25:41, 21km - 01:30:22, 25km - 01:48:00, 30km - 02:11:15, 35km - 02:35:03, 40km - 03:00:15									
315	4936	ŚWIERCZYŃSKI Kacper	HAMBURG		POL	M30	151	03:11:07	03:11:17		301
		5km - 00:19:49, 10km - 00:40:00, 15km - 01:00:12, 20km - 01:21:01, 21km - 01:25:41, 25km - 01:43:10, 30km - 02:07:43, 35km - 02:33:36, 40km - 03:00:29									
316	5488	GOLANOWSKI Krzysztof	SZCZECIN	Go2Tri	POL	M45	37	03:11:08	03:11:38		302
		5km - 00:22:20, 10km - 00:44:00, 15km - 01:05:30, 20km - 01:27:38, 21km - 01:32:32, 25km - 01:50:03, 30km - 02:13:19, 35km - 02:36:42, 40km - 03:00:35									
317	3936	KACZMAREK Fryderyk	POZNAŃ	Dąbrowski Team / WNPiD UAM	POL	M18	44	03:11:12	03:11:16		303
		5km - 00:20:46, 10km - 00:41:33, 15km - 01:02:09, 20km - 01:23:21, 21km - 01:28:07, 25km - 01:45:48, 30km - 02:09:33, 35km - 02:34:38, 40km - 02:59:31									
318	7327	SNUSZKA Adam	KAMIENIEC	Veolia	POL	M45	38	03:11:15	03:11:49		304
		5km - 00:22:37, 10km - 00:45:29, 15km - 01:08:14, 20km - 01:30:39, 21km - 01:35:14, 25km - 01:52:19, 30km - 02:14:46, 35km - 02:38:02, 40km - 03:01:33									
319	1534	DUTKIEWICZ Maciej	WARSZAWA		POL	M30	152	03:11:16	03:11:20		305
		5km - 00:19:33, 10km - 00:39:11, 15km - 00:58:43, 20km - 01:18:26, 21km - 01:22:44, 25km - 01:39:04, 30km - 02:05:47, 35km - 02:33:27, 40km - 03:00:02									
320	7143	ŁOJSZCZYK Tomasz	WARSZAWA	tomsport.PL	POL	M45	39	03:11:16	03:11:43		305
		5km - 00:22:45, 10km - 00:45:42, 15km - 01:08:25, 20km - 01:31:31, 21km - 01:36:29, 25km - 01:54:12, 30km - 02:16:29, 35km - 02:38:29, 40km - 03:01:25									
321	4507	CZAJA Kamil	SZCZECIN		POL	M30	153	03:11:17	03:11:40		307
		5km - 00:21:00, 10km - 00:42:00, 15km - 01:03:00, 20km - 01:24:26, 21km - 01:29:01, 25km - 01:45:40, 30km - 02:07:41, 35km - 02:31:56, 40km - 02:58:37									
322	2374	KRZYWIK Tomasz	KOŚCIELNA WIEŚ		POL	M30	154	03:11:18	03:11:33		308
		5km - 00:22:01, 10km - 00:44:09, 15km - 01:06:28, 20km - 01:28:43, 21km - 01:33:30, 25km - 01:50:53, 30km - 02:13:26, 35km - 02:36:21, 40km - 03:00:39									
323	4898	TUROWSKI Tomasz	ZIELONA GÓRA	Team Draczyński	POL	M40	66	03:11:21	03:11:39		309
		5km - 00:22:28, 10km - 00:44:57, 15km - 01:07:17, 20km - 01:30:00, 21km - 01:34:45, 25km - 01:52:22, 30km - 02:15:07, 35km - 02:37:43, 40km - 03:01:16									
324	2725	MAREK Artur	ZDUNY		POL	M45	40	03:11:26	03:11:47		310
		5km - 00:22:35, 10km - 00:45:00, 15km - 01:07:20, 20km - 01:30:01, 21km - 01:34:56, 25km - 01:52:33, 30km - 02:15:32, 35km - 02:38:04, 40km - 03:01:12									
325	6904	LEWANDOWSKI Jacek	RADZIEJÓW	KS Zryw Radziejów	POL	M30	155	03:11:31	03:11:51		311
		5km - 00:21:26, 10km - 00:42:36, 15km - 01:03:43, 20km - 01:25:22, 21km - 01:29:57, 25km - 01:47:29, 30km - 02:10:21, 35km - 02:34:53, 40km - 03:00:10									
326	4815	NOWAKOWSKI Jerzy	SKÓRCZ	Aktywni Kociewiacy	POL	M45	41	03:11:31	03:11:40		311
		5km - 00:21:19, 10km - 00:42:39, 15km - 01:03:39, 20km - 01:25:02, 21km - 01:29:35, 25km - 01:46:25, 30km - 02:10:05, 35km - 02:34:24, 40km - 03:00:31									
327	564	ROSZCZYK Karol	LUBASZ		POL	M40	67	03:11:31	03:11:58		311
		5km - 00:21:46, 10km - 00:43:25, 15km - 01:04:57, 20km - 01:26:45, 21km - 01:31:27, 25km - 01:48:41, 30km - 02:12:05, 35km - 02:35:33, 40km - 03:00:17									
328	2935	SZYMANIAK Michał	LUBOŃ	MilanClubPolonia	POL	M40	68	03:11:37	03:11:54		314
		5km - 00:22:21, 10km - 00:44:35, 15km - 01:06:28, 20km - 01:28:27, 21km - 01:33:16, 25km - 01:50:44, 30km - 02:13:15, 35km - 02:36:12, 40km - 03:01:06									
329	6270	TOMASZEWSKI Mariusz	GNIEZNO		POL	M40	68	03:11:37	03:11:55		314
		5km - 00:22:20, 10km - 00:44:34, 15km - 01:06:27, 20km - 01:28:26, 21km - 01:33:15, 25km - 01:50:43, 30km - 02:13:14, 35km - 02:36:10, 40km - 03:01:05									
330	978	SOBCZAK Witold	POZNAŃ	KB Szamotuły	POL	M40	70	03:11:42	03:12:02		316
		5km - 00:21:40, 10km - 00:43:21, 15km - 01:05:35, 20km - 01:27:39, 21km - 01:32:29, 25km - 01:49:56, 30km - 02:14:28, 35km - 02:37:27, 40km - 03:01:40									
331	6938	DRZAZGOWSKI Radek	STRZELNO	Mogilno Team	POL	M45	42	03:11:43	03:12:03		317
		5km - 00:21:32, 10km - 00:42:52, 15km - 01:04:01, 20km - 01:25:53, 21km - 01:30:34, 25km - 01:47:35, 30km - 02:11:03, 35km - 02:35:23, 40km - 03:00:40									
332	5953	KUŹMIŃSKI Łukasz	STARGARD		POL	M30	156	03:11:47	03:12:04		318
		5km - 00:21:57, 10km - , 15km - 01:03:58, 20km - 01:25:00, 21km - 01:29:37, 25km - 01:46:07, 30km - 02:08:39, 35km - 02:33:55, 40km - 03:01:48									
333	5757	ŻELAZOWSKI Bartosz	GDAŃSK		POL	M30	157	03:11:50	03:12:06		319
		5km - 00:22:57, 10km - 00:45:50, 15km - 01:08:39, 20km - 01:32:20, 21km - 01:38:17, 25km - 01:55:44, 30km - 02:18:19, 35km - 02:40:32, 40km - 03:02:38									
334	3742	SKRZYPCZAK Krzysztof	GNIEZNO	ALTOM GNIEZNO	POL	M40	71	03:11:51	03:12:09		320
		5km - 00:21:36, 10km - 00:43:02, 15km - 01:04:33, 20km - 01:26:04, 21km - 01:30:39, 25km - 01:47:22, 30km - 02:09:09, 35km - 02:33:17, 40km - 03:00:32									
335	1606	JEŻÓŁKOWSKI Piotr	JÓZEFOSŁAW	OIRP Warszawa	POL	M45	43	03:11:57	03:12:02		321
		5km - 00:21:20, 10km - 00:42:38, 15km - 01:03:42, 20km - 01:25:06, 21km - 01:29:36, 25km - 01:46:10, 30km - 02:09:06, 35km - 02:34:50, 40km - 03:00:49									
336	3403	AWRYCEWICZ Roman	NOWA RUDA	UKS Ludwikowice	POL	M55	3	03:11:59	03:12:07		322
		5km - 00:21:37, 10km - 00:43:14, 15km - 01:04:44, 20km - 01:26:21, 21km - 01:30:59, 25km - 01:48:02, 30km - 02:11:02, 35km - 02:34:41, 40km - 03:00:35									
337	731	NIEDBAŁ Adam	SIEWIERZ	Silesia Nordic Team	POL	M40	72	03:12:06	03:13:09		323
		5km - 00:23:24, 10km - 00:46:38, 15km - 01:09:24, 20km - 01:32:19, 21km - 01:37:18, 25km - 01:55:06, 30km - 02:18:05, 35km - 02:40:23, 40km - 03:02:51									
338	5710	KLECHA Michał	POZNAŃ	UAM Triathlon	POL	M30	158	03:12:09	03:12:24		324
		5km - 00:21:12, 10km - 00:42:40, 15km - 01:04:00, 20km - 01:26:15, 21km - 01:31:08, 25km - 01:48:30, 30km - 02:11:58, 35km - 02:36:12, 40km - 03:01:18									
339	2411	GĄTKIEWICZ Paweł	CZĘSTOCHOWA		POL	M40	73	03:12:10	03:12:56		325
		5km - 00:22:28, 10km - 00:44:45, 15km - 01:06:57, 20km - 01:29:37, 21km - 01:34:32, 25km - 01:52:11, 30km - 02:15:18, 35km - 02:38:14, 40km - 03:01:45									
340	4996	BIENKOWSKI Rafal	KOLOBRZEG	bezklub	POL	M45	44	03:12:13	03:12:25		326
		5km - 00:21:21, 10km - 00:42:42, 15km - 01:03:43, 20km - 01:25:07, 21km - 01:29:37, 25km - 01:46:06, 30km - 02:07:32, 35km - 02:28:41, 40km - 02:57:37									
341	3358	OWCZAREK Maciej	OLEŚNICA	Biegaj pod Okiem Trenera - Rafała Krzesz	POL	M30	159	03:12:14	03:12:37		327
		5km - 00:22:22, 10km - 00:44:42, 15km - 01:06:56, 20km - 01:29:25, 21km - 01:34:11, 25km - 01:51:47, 30km - 02:14:52, 35km - 02:37:46, 40km - 03:01:41									
342	5100	Zawodnik anonimowy				M40	74	03:12:15	03:12:19		328
		5km - 00:19:50, 10km - 00:39:43, 15km - 00:59:40, 20km - 01:20:25, 21km - 01:25:12, 25km - 01:42:35, 30km - 02:05:07, 35km - 02:29:37, 40km - 03:01:19									
343	6901	URBAŃSKI Sławomir	ŁĘKA OPATOWSKA	Gepard Kępno	POL	M45	45	03:12:16	03:12:33		329
		5km - 00:21:07, 10km - 00:41:56, 15km - 01:02:53, 20km - 01:24:10, 21km - 01:28:45, 25km - 01:45:47, 30km - 02:08:54, 35km - 02:35:28, 40km - 03:01:17									
344	3355	SZPAK Michał	BIERUTÓW	Bierutowska Grupa Biegowa	POL	M40	75	03:12:17	03:12:26		330
		5km - 00:22:19, 10km - 00:44:58, 15km - 01:07:09, 20km - 01:29:53, 21km - 01:34:49, 25km - 01:52:30, 30km - 02:15:39, 35km - 02:38:53, 40km - 03:02:28									
345	2543	KILJAŃSKI Jan	POZNAŃ		POL	M18	45	03:12:19	03:12:50		331
		5km - 00:22:41, 10km - 00:45:35, 15km - 01:08:22, 20km - 01:31:25, 21km - 01:36:24, 25km - 01:54:23, 30km - 02:18:03, 35km - 02:41:01, 40km - 03:03:31									
346	4285	ZACZYK Marcin	CHORZÓW		POL	M45	46	03:12:23	03:12:45		332
		5km - 00:22:21, 10km - 00:44:43, 15km - 01:07:00, 20km - 01:29:33, 21km - 01:34:18, 25km - 01:51:55, 30km - 02:14:53, 35km - 02:37:43, 40km - 03:01:42									
347	2405	SUDZIK Mirosław	RAKONIEWICE		POL	M30	160	03:12:24	03:13:05		333
		5km - 00:23:13, 10km - 00:46:18, 15km - 01:09:21, 20km - 01:32:26, 21km - 01:37:28, 25km - 01:55:21, 30km - 02:18:35, 35km - 02:41:12, 40km - 03:03:08									
348	5475	CIEŚLAK Bartłomiej	TYCHY	RUNHOGS Tychy	POL	M30	161	03:12:25	03:12:32		334
		5km - 00:21:17, 10km - 00:42:36, 15km - 01:03:41, 20km - 01:25:04, 21km - 01:29:36, 25km - 01:46:47, 30km - 02:11:18, 35km - 02:35:06, 40km - 03:01:49									
349	2977	NAWRAT Piotr	GLIWICE		POL	M30	162	03:12:27	03:12:35		335
		5km - 00:22:23, 10km - 00:44:47, 15km - 01:06:53, 20km - 01:29:25, 21km - 01:34:16, 25km - 01:51:55, 30km - 02:15:45, 35km - 02:38:49, 40km - 03:02:24									
350	3184	KUŚNIEREK Bartosz	ŻNIN	Pałuki Running Team	POL	M30	163	03:12:28	03:12:44		336
		5km - 00:21:15, 10km - 00:42:32, 15km - 01:03:35, 20km - 01:25:01, 21km - 01:29:39, 25km - 01:46:51, 30km - 02:10:32, 35km - 02:36:54, 40km - 03:02:16									
351	404	WRONIKOWSKI Alan	LUBLIN	NOT FOUND	POL	M30	164	03:12:32	03:12:55		337
		5km - 00:22:49, 10km - 00:45:28, 15km - 01:08:05, 20km - 01:30:59, 21km - 01:35:48, 25km - 01:53:28, 30km - 02:16:36, 35km - 02:39:04, 40km - 03:02:16									
352	5982	KUMISZCZO Marcin	GŁOGÓW		POL	M30	165	03:12:35	03:13:00		338
		5km - 00:22:42, 10km - 00:45:25, 15km - 01:07:57, 20km - 01:30:50, 21km - 01:35:39, 25km - 01:53:16, 30km - 02:16:25, 35km - 02:39:01, 40km - 03:02:13									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
353	4776	DĄBROWSKI Sebastian	POZNAŃ		POL	M40	76	03:12:36	03:12:42		339
		5km - 00:22:12, 10km - 00:44:18, 15km - 01:06:44, 20km - 01:29:16, 21km - 01:34:09, 25km - 01:51:50, 30km - 02:14:56, 35km - 02:38:09, 40km - 03:02:17									
354	5093	PANASIUK Krzysztof	STARGARD	12 Brygada Zmechanizowana	POL	M30	166	03:12:37	03:12:46		340
		5km - 00:21:14, 10km - 00:42:26, 15km - 01:03:17, 20km - 01:24:26, 21km - 01:29:01, 25km - 01:45:55, 30km - 02:08:56, 35km - 02:32:33, 40km - 03:00:35									
355	5572	MAŁOLEPSZY Radosław	RADZIEJÓW	KS ZRYW RADZIEJÓW	POL	M30	167	03:12:39	03:12:59		341
		5km - 00:20:46, 10km - 00:41:31, 15km - 01:02:32, 20km - 01:23:59, 21km - 01:28:27, 25km - 01:47:29, 30km - 02:12:24, 35km - 02:37:42, 40km - 03:03:01									
356	1688	NIEDBALSKI Przemysław	ŻNIN	Pałuki Running Team	POL	M45	47	03:12:40	03:12:56		342
		5km - 00:21:15, 10km - 00:42:32, 15km - 01:03:35, 20km - 01:25:02, 21km - 01:29:39, 25km - 01:46:51, 30km - 02:10:43, 35km - 02:36:54, 40km - 03:02:16									
357	6492	WEŁNIAK Bogusław	MOGILNO	Mogilno Team	POL	M30	168	03:12:44	03:13:27		343
		5km - 00:22:32, 10km - 00:45:24, 15km - 01:08:11, 20km - 01:31:14, 21km - 01:36:12, 25km - 01:54:14, 30km - 02:17:23, 35km - 02:40:03, 40km - 03:02:53									
358	2894	WIECZOREK Zbigniew	RAKONIEWICE		POL	M40	77	03:12:44	03:13:25		343
		5km - 00:23:13, 10km - 00:46:17, 15km - 01:09:21, 20km - 01:32:26, 21km - 01:37:28, 25km - 01:55:21, 30km - 02:18:35, 35km - 02:41:13, 40km - 03:03:32									
359	5407	KOZŁOWSKI Marcin	BARANOWO	Lidl	POL	M30	169	03:12:45	03:12:52		345
		5km - 00:21:13, 10km - 00:42:14, 15km - 01:03:14, 20km - 01:24:28, 21km - 01:29:08, 25km - 01:46:06, 30km - 02:09:45, 35km - 02:34:03, 40km - 03:01:07									
360	3692	SKIBIŃSKI Marcin	CIELE		POL	M50	5	03:12:46	03:13:18		346
		5km - 00:22:40, 10km - 00:45:22, 15km - 01:07:45, 20km - 01:30:17, 21km - 01:35:09, 25km - 01:52:40, 30km - 02:15:27, 35km - 02:38:15, 40km - 03:02:04									
361	6511	RZĄDKOWSKI Mirosław	RAKONIEWICE	NIAGARA FITNES KLUB RAKONIEWICE	POL	M50	6	03:12:49	03:13:29		347
		5km - 00:23:20, 10km - 00:46:28, 15km - 01:09:24, 20km - 01:32:38, 21km - 01:37:37, 25km - 01:55:29, 30km - 02:18:40, 35km - 02:41:13, 40km - 03:03:15									
362	4956	TARSA Tomasz	WOLSZTYN	Wolsztyńska Akademia Biegowa	POL	M45	48	03:12:54	03:13:01		348
		5km - 00:22:28, 10km - 00:44:54, 15km - 01:07:20, 20km - 01:29:56, 21km - 01:34:50, 25km - 01:52:37, 30km - 02:15:21, 35km - 02:38:15, 40km - 03:01:58									
363	2623	CZAPLIŃSKI Mariusz	GNIEZNO		POL	M50	7	03:12:55	03:13:29		349
		5km - 00:22:39, 10km - 00:45:28, 15km - 01:08:18, 20km - 01:31:15, 21km - 01:36:08, 25km - 01:53:57, 30km - 02:16:52, 35km - 02:39:34, 40km - 03:02:49									
364	1818	RÓŻYCKI Marcin	TYCHY--		POL	M40	78	03:12:56	03:13:10		350
		5km - 00:21:37, 10km - 00:42:53, 15km - 01:04:02, 20km - 01:25:44, 21km - 01:30:29, 25km - 01:47:53, 30km - 02:11:44, 35km - 02:36:29, 40km - 03:02:17									
365	4809	Zawodnik anonimowy				M18	46	03:12:56	03:13:04		350
		5km - 00:21:04, 10km - 00:42:03, 15km - 01:03:11, 20km - 01:24:23, 21km - 01:28:53, 25km - 01:45:32, 30km - 02:07:45, 35km - 02:31:57, 40km - 02:58:54									
366	855	ZDANOWSKI Dawid	POZNAŃ	wkurw_team	POL	M18	47	03:12:57	03:13:06		352
		5km - 00:20:57, 10km - 00:41:40, 15km - 01:02:10, 20km - 01:23:13, 21km - 01:27:46, 25km - 01:44:08, 30km - 02:07:16, 35km - 02:32:23, 40km - 03:00:55									
367	7107	PAULENKA Yury	MINSK	Davydko Running Club	BLR	M30	170	03:12:58	03:13:21		353
		5km - 00:21:13, 10km - 00:42:33, 15km - 01:03:48, 20km - 01:25:50, 21km - 01:30:39, 25km - 01:48:23, 30km - 02:13:05, 35km - 02:37:35, 40km - 03:02:11									
368	3858	TOBIAŃSKI Tomasz	TCZEW	Biegający Tczew	POL	M45	49	03:13:00	03:13:07		354
		5km - 00:20:03, 10km - 00:40:10, 15km - 01:00:31, 20km - 01:21:35, 21km - 01:26:07, 25km - 01:43:09, 30km - 02:06:20, 35km - 02:31:05, 40km - 03:00:31									
369	5764	SUKIENNIK Łukasz	BEŁCHATÓW		POL	M18	48	03:13:02	03:13:58		355
		5km - 00:23:44, 10km - 00:47:11, 15km - 01:10:26, 20km - 01:33:17, 21km - 01:38:23, 25km - 01:56:01, 30km - 02:18:53, 35km - 02:41:21, 40km - 03:03:50									
370	5626	ŻWIRUK Karol	WARSZAWA	Szybkie Kopyto Ultra	POL	M40	79	03:13:06	03:13:06		356
		5km - , 10km - , 15km - , 20km - , 21km - , 25km - , 30km - , 35km - , 40km -									
371	4034	SAKOWICZ Kajetan	ZŁOTÓW	Złotów	POL	M40	80	03:13:11	03:14:33		357
		5km - 00:22:09, 10km - 00:44:34, 15km - 01:06:21, 20km - 01:28:23, 21km - 01:33:05, 25km - 01:50:15, 30km - 02:13:37, 35km - 02:37:28, 40km - 03:02:39									
372	4896	SZYNWELSKI Tomasz	ŚRODA WIELKOPOLSKA	For Run Team	POL	M45	50	03:13:14	03:13:35		358
		5km - 00:21:28, 10km - 00:42:31, 15km - 01:03:34, 20km - 01:24:46, 21km - 01:29:13, 25km - 01:45:59, 30km - 02:09:50, 35km - 02:35:29, 40km - 03:02:22									
373	2688	GRODZKI Łukasz	ŁAPY	3T Runners	POL	M30	171	03:13:16	03:13:33		359
		5km - 00:22:14, 10km - 00:44:30, 15km - 01:07:09, 20km - 01:30:01, 21km - 01:34:50, 25km - 01:52:21, 30km - 02:15:28, 35km - 02:39:02, 40km - 03:03:00									
374	3094	WASIAK Sławomir	POZNAŃ		POL	M18	49	03:13:16	03:13:36		359
		5km - 00:21:53, 10km - 00:45:12, 15km - 01:06:31, 20km - 01:28:44, 21km - 01:33:27, 25km - 01:51:08, 30km - 02:15:50, 35km - 02:39:21, 40km - 03:03:08									
375	3697	ZBOROWSKI Robert	OSTRZESZÓW	Aktywny Ostrzeszów	POL	M40	81	03:13:17	03:13:19		361
		5km - 00:21:17, 10km - 00:42:37, 15km - 01:03:43, 20km - 01:25:26, 21km - 01:30:09, 25km - 01:48:40, 30km - 02:13:27, 35km - 02:38:03, 40km - 03:03:15									
376	4399	KASZUBA Andrzej	JANOWICE	KASZUB TEAM	POL	M40	82	03:13:21	03:14:35		362
		5km - 00:22:25, 10km - 00:43:37, 15km - 01:05:07, 20km - 01:26:57, 21km - 01:31:54, 25km - 01:49:31, 30km - 02:12:59, 35km - 02:37:30, 40km - 03:02:24									
377	2889	WRÓBLEWSKI Marcin	LESZNO	KRAWCZYK TEAM	POL	M40	83	03:13:22	03:13:44		363
		5km - 00:21:48, 10km - 00:43:24, 15km - 01:04:59, 20km - 01:26:56, 21km - 01:31:43, 25km - 01:49:20, 30km - 02:12:57, 35km - 02:37:16, 40km - 03:02:16									
378	6338	MACIĄG Iwona	BOLEWICE		POL	K30	8	03:13:25	03:13:57	15	
		5km - 00:22:36, 10km - 00:44:56, 15km - 01:07:10, 20km - 01:29:51, 21km - 01:34:46, 25km - 01:52:24, 30km - 02:15:32, 35km - 02:38:29, 40km - 03:02:44									
379	6845	KRAKOWIAK Rafał	KROSNO	Krakowiak Team	POL	M30	172	03:13:30	03:13:48		364
		5km - 00:22:21, 10km - 00:44:47, 15km - 01:07:02, 20km - 01:29:43, 21km - 01:34:32, 25km - 01:52:44, 30km - 02:16:00, 35km - 02:39:29, 40km - 03:03:29									
380	2861	BORG Norbert	SZCZECIN	HQ MNC NE	EUA	M30	173	03:13:31	03:13:51		365
		5km - 00:21:33, 10km - 00:43:04, 15km - 01:04:33, 20km - 01:26:25, 21km - 01:31:16, 25km - 01:49:12, 30km - 02:12:59, 35km - 02:37:17, 40km - 03:02:39									
381	6532	GŁÓW Tomasz	SZAMOTUŁY		POL	M45	51	03:13:33	03:13:46		366
		5km - 00:20:37, 10km - 00:41:27, 15km - 01:02:02, 20km - 01:23:57, 21km - 01:28:47, 25km - 01:47:25, 30km - 02:12:39, 35km - 02:37:26, 40km - 03:03:07									
382	4743	NESLON Marek	GLIWICE	Night Runner Gliwice	POL	M30	174	03:13:36	03:13:58		367
		5km - 00:20:45, 10km - 00:42:19, 15km - 01:02:49, 20km - 01:24:02, 21km - 01:28:58, 25km - 01:45:33, 30km - 02:10:35, 35km - 02:36:55, 40km - 03:01:59									
383	5617	SPRYSZYŃSKI Wojciech	BYDGOSZCZ	AŚ-Bydgoszcz	POL	M30	175	03:13:37	03:13:55		368
		5km - 00:21:44, 10km - 00:43:28, 15km - 01:05:01, 20km - 01:27:01, 21km - 01:31:52, 25km - 01:49:46, 30km - 02:13:42, 35km - 02:38:19, 40km - 03:03:31									
384	5752	ŁOJEWSKI Marcin	WARSZAWA	Pentacomp Systemy Informatyczne S.A.	POL	M18	50	03:13:38	03:13:42		369
		5km - 00:20:18, 10km - 00:40:41, 15km - 01:00:38, 20km - 01:22:04, 21km - 01:26:59, 25km - 01:45:24, 30km - 02:11:57, 35km - 02:37:00, 40km - 03:02:49									
385	1316	WRÓBEL Tomasz	KOBYŁKA	Zabiegany Wołomin	POL	M45	52	03:13:39	03:14:11		370
		5km - 00:22:39, 10km - 00:45:31, 15km - 01:08:18, 20km - 01:31:21, 21km - 01:36:22, 25km - 01:54:21, 30km - 02:17:42, 35km - 02:40:35, 40km - 03:03:32									
386	6306	ZODROW Norbert	CHODZIEŻ	Pch-Run	POL	M18	51	03:13:43	03:13:55		371
		5km - 00:20:05, 10km - 00:40:11, 15km - 01:00:22, 20km - 01:21:14, 21km - 01:25:49, 25km - 01:43:29, 30km - 02:06:38, 35km - 02:30:48, 40km - 03:00:33									
387	6852	PAPUGA Krzysztof	ZELÓW	Bieging Team Zelów	POL	M30	176	03:13:44	03:14:05		372
		5km - 00:22:11, 10km - 00:44:13, 15km - 01:06:02, 20km - 01:28:04, 21km - 01:32:51, 25km - 01:50:26, 30km - 02:13:50, 35km - 02:37:32, 40km - 03:03:04									
388	6424	OBIDOWSKI Łukasz	POZNAŃ	Naramowice Biegają	POL	M30	177	03:13:47	03:14:09		373
		5km - 00:22:10, 10km - 00:44:05, 15km - 01:05:50, 20km - 01:28:12, 21km - 01:33:04, 25km - 01:51:00, 30km - 02:14:35, 35km - 02:38:13, 40km - 03:03:02									
389	2063	BUŁACH Marek	BIAŁYSTOK		POL	M40	84	03:13:48	03:14:20		374
		5km - 00:22:41, 10km - 00:45:39, 15km - 01:08:20, 20km - 01:31:24, 21km - 01:36:23, 25km - 01:54:24, 30km - 02:18:02, 35km - 02:41:12, 40km - 03:04:22									
390	3896	GORZKOWSKI Szymon	POZNAŃ		POL	M18	52	03:13:49	03:14:10		375
		5km - 00:21:55, 10km - 00:43:45, 15km - 01:06:03, 20km - 01:27:54, 21km - 01:32:49, 25km - 01:50:13, 30km - 02:13:10, 35km - 02:36:39, 40km - 03:02:03									
391	2408	NOWOSTAWSKI Mariusz	KALISZ	PonadSiebie	POL	M45	53	03:13:51	03:14:07		376
		5km - 00:21:56, 10km - 00:43:54, 15km - 01:05:49, 20km - 01:28:17, 21km - 01:33:09, 25km - 01:50:54, 30km - 02:14:56, 35km - 02:38:24, 40km - 03:03:07									
392	6537	ROSZKOWSKI Zdzisław	BORKOWO		POL	M55	4	03:13:51	03:14:02		376
		5km - 00:21:26, 10km - 00:42:57, 15km - 01:04:43, 20km - 01:27:21, 21km - 01:32:11, 25km - 01:50:13, 30km - 02:14:02, 35km - 02:37:41, 40km - 03:02:55									
393	5171	WIŚNIEWSKI Tomasz	BOLESŁAWIEC	MAKOŚ TEAM	POL	M45	54	03:13:54	03:14:12		378
		5km - 00:21:57, 10km - 00:43:43, 15km - 01:05:17, 20km - 01:27:00, 21km - 01:31:37, 25km - 01:48:47, 30km - 02:12:11, 35km - 02:37:03, 40km - 03:03:06									
394	4788	MEDIGER Kamil	POZNAŃ		POL	M18	53	03:13:55	03:14:17		379
		5km - 00:22:03, 10km - 00:44:08, 15km - 01:06:02, 20km - 01:27:39, 21km - 01:32:19, 25km - 01:49:30, 30km - 02:12:34, 35km - 02:36:39, 40km - 03:02:46									
395	3353	DEL BOSQUE Jorge	COLLADO VILLALBA		ESP	M18	54	03:13:58	03:14:35		380
		5km - 00:22:48, 10km - 00:45:32, 15km - 01:08:21, 20km - 01:31:26, 21km - 01:36:24, 25km - 01:54:26, 30km - 02:17:44, 35km - 02:40:46, 40km - 03:04:03									
396	2219	STEFAŃSKI Piotr	GNIEZNO	ALTOM GNIEZNO	POL	M55	5	03:13:58	03:14:33		380
		5km - 00:22:38, 10km - 00:45:30, 15km - 01:08:16, 20km - 01:31:14, 21km - 01:36:07, 25km - 01:53:55, 30km - 02:16:51, 35km - 02:39:56, 40km - 03:03:30									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
397	5405	SAKOWSKI Kuba	INOWROCŁAW		POL	M18	55	03:13:59	03:14:33		382
		5km - 00:22:58, 10km - 00:45:48, 15km - 01:08:35, 20km - 01:31:26, 21km - 01:36:23, 25km - 01:54:26, 30km - 02:17:32, 35km - 02:40:27, 40km - 03:03:44									
398	1532	KLIMCZAK Jacek	ŻERKÓW	FIZJOTERAPIA ,,DLA CIEBIE I RODZINY " ŻE	POL	M18	56	03:14:05	03:14:41		383
		5km - 00:22:19, 10km - 00:44:26, 15km - 01:06:26, 20km - 01:28:22, 21km - 01:33:14, 25km - 01:50:36, 30km - 02:14:40, 35km - 02:38:17, 40km - 03:03:37									
399	2165	MOTYKA Kamil	JAROSŁAW	21 Brygada Strzelców Podhalańskich	POL	M30	178	03:14:05	03:14:23		383
		5km - 00:22:12, 10km - 00:43:55, 15km - 01:05:32, 20km - 01:27:23, 21km - 01:32:11, 25km - 01:49:33, 30km - 02:13:00, 35km - 02:38:07, 40km - 03:04:04									
400	5086	WIESIEŁOWSKI Jarosław	BIELSK PODLASKI		POL	M50	8	03:14:05	03:14:13		383
		5km - 00:21:19, 10km - 00:42:40, 15km - 01:03:43, 20km - 01:25:34, 21km - 01:30:27, 25km - 01:48:57, 30km - 02:13:48, 35km - 02:39:44, 40km - 03:04:36									
401	5384	PIĘTA Marcin	WROCŁAW	Przedwojewski Mountain Team	POL	M30	179	03:14:08	03:14:55		386
		5km - 00:22:07, 10km - 00:43:48, 15km - 01:04:55, 20km - 01:26:21, 21km - 01:30:57, 25km - 01:47:59, 30km - 02:10:46, 35km - 02:34:10, 40km - 03:01:28									
402	5399	PODEMSKI Wojciech	OPALEWO		POL	M30	179	03:14:08	03:14:17		386
		5km - 00:21:15, 10km - 00:42:28, 15km - 01:03:35, 20km - 01:25:00, 21km - 01:29:31, 25km - 01:46:04, 30km - 02:07:30, 35km - 02:30:26, 40km - 03:01:24									
403	1537	CHOJNACKI Marcin	PRZANOWICE	Pietrzyk Running Team	POL	M45	55	03:14:11	03:14:38		388
		5km - 00:22:42, 10km - 00:45:30, 15km - 01:08:22, 20km - 01:31:27, 21km - 01:36:27, 25km - 01:54:29, 30km - 02:17:44, 35km - 02:40:38, 40km - 03:03:54									
404	4392	PRZYBYLSKI Michał	CZEMPIŃ		POL	M18	57	03:14:13	03:14:40		389
		5km - 00:22:50, 10km - 00:46:03, 15km - 01:08:28, 20km - 01:31:35, 21km - 01:36:38, 25km - 01:54:32, 30km - 02:18:08, 35km - 02:41:25, 40km - 03:04:38									
405	5995	MALISZEWSKI Michał	STRASZYN		POL	M40	85	03:14:14	03:14:24		390
		5km - 00:21:17, 10km - 00:42:44, 15km - 01:03:46, 20km - 01:25:17, 21km - 01:29:56, 25km - 01:47:18, 30km - 02:11:46, 35km - 02:36:37, 40km - 03:02:50									
406	1928	KRÓL Adrian	WARSZAWA		POL	M18	58	03:14:19	03:15:11		391
		5km - 00:22:37, 10km - 00:45:15, 15km - 01:08:03, 20km - 01:31:08, 21km - 01:36:05, 25km - 01:54:15, 30km - 02:17:43, 35km - 02:40:55, 40km - 03:04:32									
407	5050	DANIELAK Michał	ROŻNO-PARCELE	Orkiestra Wojskowa w Toruniu	POL	M40	86	03:14:20	03:14:43		392
		5km - 00:22:25, 10km - 00:44:57, 15km - 01:07:14, 20km - 01:29:49, 21km - 01:34:35, 25km - 01:52:18, 30km - 02:15:13, 35km - 02:37:59, 40km - 03:03:08									
408	6196	SZEWCZYK Łukasz	ŚREM	REHAU Crossactive	POL	M30	181	03:14:20	03:15:10		392
		5km - 00:22:57, 10km - 00:45:38, 15km - 01:08:11, 20km - 01:31:05, 21km - 01:36:07, 25km - 01:54:10, 30km - 02:17:17, 35km - 02:40:19, 40km - 03:04:09									
409	254	ROGÓRZ Piotr	WROCŁAW (WROCŁAW-PSIE POL		POL	M45	56	03:14:22	03:14:39		394
		5km - 00:22:18, 10km - 00:44:34, 15km - 01:06:48, 20km - 01:29:22, 21km - 01:34:16, 25km - 01:52:01, 30km - 02:15:55, 35km - 02:40:00, 40km - 03:04:07									
410	1713	KIEŁBASIŃSKI Andrzej	PSZCZYNA	Aktywna Pszczyna	POL	M30	182	03:14:23	03:15:04		395
		5km - 00:22:37, 10km - 00:45:26, 15km - 01:08:14, 20km - 01:31:14, 21km - 01:36:11, 25km - 01:54:13, 30km - 02:17:29, 35km - 02:40:45, 40km - 03:04:28									
411	215	MAŁECKI Bartłomiej	DREZDENKO		POL	M40	87	03:14:24	03:15:06		396
		5km - 00:23:02, 10km - 00:45:32, 15km - 01:08:11, 20km - 01:31:15, 21km - 01:36:14, 25km - 01:54:16, 30km - 02:17:52, 35km - 02:41:00, 40km - 03:04:31									
412	6059	ZAMBRANO Yeimer	POZNAN		COL	M30	183	03:14:24	03:15:31		396
		5km - 00:22:44, 10km - 00:45:35, 15km - 01:08:29, 20km - 01:31:44, 21km - 01:36:42, 25km - 01:54:45, 30km - 02:18:04, 35km - 02:40:47, 40km - 03:04:15									
413	2873	LEWANDOWSKI Jan	MOGILNO	MOGILNO TEAM	POL	M40	88	03:14:25	03:15:09		398
		5km - 00:22:31, 10km - 00:45:23, 15km - 01:08:10, 20km - 01:31:13, 21km - 01:36:11, 25km - 01:54:15, 30km - 02:17:22, 35km - 02:40:04, 40km - 03:03:40									
414	1516	CHRUŚCIŃSKI Kacper	SZCZECIN		POL	M18	59	03:14:27	03:15:19		399
		5km - 00:22:55, 10km - 00:45:54, 15km - 01:07:55, 20km - 01:31:47, 21km - 01:36:52, 25km - 01:55:00, 30km - 02:18:23, 35km - 02:41:46, 40km - 03:04:55									
415	4131	SZELEST Barbara	MYSŁOWICE	Zapiekato Team	POL	K40	3	03:14:27	03:14:30	16	
		5km - 00:22:41, 10km - 00:45:32, 15km - 01:08:18, 20km - 01:31:05, 21km - 01:35:58, 25km - 01:53:38, 30km - 02:16:51, 35km - 02:39:53, 40km - 03:03:57									
416	6195	TAUCHERT Dariusz	KAMIONKI	TADAR TEAM	POL	M50	9	03:14:28	03:15:02		400
		5km - 00:22:40, 10km - 00:45:30, 15km - 01:08:22, 20km - 01:31:21, 21km - 01:36:11, 25km - 01:54:18, 30km - 02:17:42, 35km - 02:40:55, 40km - 03:04:49									
417	1569	BIEL Krzysztof	JAŚKOWICE		POL	M40	89	03:14:29	03:14:54		401
		5km - 00:21:28, 10km - 00:42:49, 15km - 01:03:52, 20km - 01:25:05, 21km - 01:29:45, 25km - 01:46:19, 30km - 02:08:47, 35km - 02:32:08, 40km - 02:56:18									
418	1007	Zawodnik anonimowy				M40	90	03:14:30	03:14:44		402
		5km - 00:22:00, 10km - 00:44:36, 15km - 01:07:02, 20km - 01:30:09, 21km - 01:34:59, 25km - 01:52:53, 30km - 02:17:14, 35km - 02:40:57, 40km - 03:04:33									
419	2076	KADZISZEWSKI Maciej	ZŁOTNIKI	MK - BIEGAJ Z MARKIEM	POL	M55	6	03:14:33	03:15:03		403
		5km - 00:22:41, 10km - 00:45:33, 15km - 01:08:21, 20km - 01:31:23, 21km - 01:36:21, 25km - 01:54:26, 30km - 02:18:03, 35km - 02:41:01, 40km - 03:04:29									
420	4703	GORTAT Igor	GLINOJECK		POL	M30	184	03:14:34	03:15:16		404
		5km - 00:23:18, 10km - 00:46:21, 15km - 01:09:01, 20km - 01:31:52, 21km - 01:36:54, 25km - 01:55:01, 30km - 02:18:22, 35km - 02:41:27, 40km - 03:04:52									
421	4424	KRZANOWSKI Ireneusz	RUDZICA		POL	M18	60	03:14:36	03:15:08		405
		5km - 00:22:39, 10km - 00:45:21, 15km - 01:08:11, 20km - 01:31:19, 21km - 01:36:16, 25km - 01:54:21, 30km - 02:17:27, 35km - 02:40:34, 40km - 03:04:26									
422	3756	KRUSZELNICKI Michał	NAMYSŁÓW	ActivRun Namysłów	POL	M40	91	03:14:39	03:14:48		406
		5km - 00:22:19, 10km - 00:44:45, 15km - 01:07:08, 20km - 01:29:53, 21km - 01:34:49, 25km - 01:52:30, 30km - 02:15:47, 35km - 02:39:09, 40km - 03:04:19									
423	3539	MACUK Maciej	GNIEZNO		POL	M45	57	03:14:40	03:15:10		407
		5km - 00:22:41, 10km - 00:45:31, 15km - 01:08:22, 20km - 01:31:24, 21km - 01:36:25, 25km - 01:54:27, 30km - 02:18:04, 35km - 02:41:12, 40km - 03:04:48									
424	3996	SMOLIŃSKI Marcin	WROCŁAW	BIEGIEM PO MARZENIA TEAM	POL	M18	61	03:14:41	03:15:19		408
		5km - 00:22:36, 10km - 00:44:53, 15km - 01:07:03, 20km - 01:29:04, 21km - 01:33:46, 25km - 01:51:02, 30km - 02:13:57, 35km - 02:36:53, 40km - 03:02:44									
425	2447	FELISIAK Marcin	BEŁCHATÓW		POL	M40	92	03:14:44	03:15:18		409
		5km - 00:22:37, 10km - 00:45:31, 15km - 01:08:17, 20km - 01:31:22, 21km - 01:36:21, 25km - 01:54:25, 30km - 02:18:01, 35km - 02:41:12, 40km - 03:04:25									
426	4609	MISKA Mateusz	POZNAŃ		POL	M18	62	03:14:44	03:15:02		409
		5km - 00:22:39, 10km - 00:45:06, 15km - 01:07:24, 20km - 01:29:38, 21km - 01:34:28, 25km - 01:51:50, 30km - 02:14:04, 35km - 02:37:45, 40km - 03:03:31									
427	2079	KADZISZEWSKI Radosław	POZNAŃ	MK-BIEGAJ Z MARKIEM	POL	M30	185	03:14:46	03:15:16		411
		5km - 00:22:42, 10km - 00:45:34, 15km - 01:08:21, 20km - 01:31:23, 21km - 01:36:22, 25km - 01:54:27, 30km - 02:18:04, 35km - 02:41:14, 40km - 03:05:03									
428	4212	JAROMIN Blazej	RUDOŁTOWICE	Spot Pszczyna	POL	M40	93	03:14:47	03:15:27		412
		5km - 00:22:38, 10km - 00:45:26, 15km - 01:08:15, 20km - 01:31:16, 21km - 01:36:12, 25km - 01:54:14, 30km - 02:17:30, 35km - 02:40:45, 40km - 03:04:59									
429	672	KERNAZHYTSKI Andrei	MINSK		BLR	M30	186	03:14:52	03:15:48		413
		5km - 00:23:09, 10km - 00:46:04, 15km - 01:08:49, 20km - 01:31:54, 21km - 01:36:47, 25km - 01:53:52, 30km - 02:16:50, 35km - 02:40:03, 40km - 03:04:47									
430	7104	PAJOR Łukasz	SZCZECIN		POL	M30	186	03:14:52	03:15:10		413
		5km - 00:21:34, 10km - 00:43:07, 15km - 01:04:34, 20km - 01:26:07, 21km - 01:30:49, 25km - 01:48:11, 30km - 02:12:05, 35km - 02:36:01, 40km - 03:03:25									
431	6790	WIECZOREK Marcin	MOSINA	Mosina Biega	POL	M30	188	03:14:53	03:15:01		415
		5km - 00:19:47, 10km - 00:39:40, 15km - 00:59:35, 20km - 01:19:56, 21km - 01:24:53, 25km - 01:41:21, 30km - 02:06:46, 35km - 02:38:29, 40km - 03:05:06									
432	2352	CHODAKOWSKI Rafał	ĆMIELÓW	OstroBiec	POL	M40	94	03:14:58	03:15:21		416
		5km - 00:22:22, 10km - 00:44:43, 15km - 01:06:56, 20km - 01:29:39, 21km - 01:34:27, 25km - 01:52:23, 30km - 02:15:45, 35km - 02:40:21, 40km - 03:04:54									
433	3596	KENNEDY Colin	RUNCORN	Warrington Road Runners	GBR	M50	10	03:14:59	03:15:35		417
		5km - 00:22:39, 10km - 00:45:25, 15km - 01:07:49, 20km - 01:31:00, 21km - 01:35:58, 25km - 01:54:14, 30km - 02:17:51, 35km - 02:40:59, 40km - 03:04:46									
434	355	WCISŁO Grzegorz	KAMIENICE WROCŁAWSKI		POL	M30	189	03:15:01	03:15:04		418
		5km - 00:19:52, 10km - 00:39:54, 15km - 01:00:16, 20km - 01:22:06, 21km - 01:27:04, 25km - 01:45:08, 30km - 02:09:12, 35km - 02:33:38, 40km - 03:02:58									
435	5532	WECKWERTH Łukasz	OSTRÓW WIELKOPOLSKI	KS Maraton Ostrów Wlko	POL	M18	63	03:15:01	03:15:05		418
		5km - 00:21:18, 10km - 00:42:49, 15km - 01:03:48, 20km - 01:25:10, 21km - 01:29:59, 25km - 01:46:37, 30km - 02:08:43, 35km - 02:32:55, 40km - 03:03:21									
436	1669	KULCZYK Marcin	GDYNIA	BigYellowFoot Adventure Team	POL	M40	95	03:15:02	03:15:32		420
		5km - 00:22:40, 10km - 00:45:30, 15km - 01:08:20, 20km - 01:31:23, 21km - 01:36:24, 25km - 01:54:27, 30km - 02:18:03, 35km - 02:41:11, 40km - 03:05:10									
437	7281	ZARODKIEWICZ Dawid	WARSZAWA	TZD/Naprzód Młociny	POL	M30	190	03:15:02	03:15:32		420
		5km - 00:22:40, 10km - 00:45:30, 15km - 01:08:21, 20km - 01:31:22, 21km - 01:36:24, 25km - 01:54:26, 30km - , 35km - 02:41:10, 40km - 03:05:11									
438	4136	KOŁEK Maciej	WARSZAWA	PZU Sport Team	POL	M40	96	03:15:03	03:15:15		422
		5km - 00:21:33, 10km - 00:42:56, 15km - 01:04:05, 20km - 01:25:29, 21km - 01:30:02, 25km - 01:46:52, 30km - 02:11:00, 35km - 02:35:37, 40km - 03:03:35									
439	5143	MASŁOWSKI Wojciech	POZNAŃ	12 Dywizja Zmechanizowana	POL	M30	191	03:15:05	03:15:19		423
		5km - 00:23:04, 10km - 00:45:56, 15km - 01:08:44, 20km - 01:31:39, 21km - 01:36:29, 25km - 01:54:22, 30km - 02:17:46, 35km - 02:40:57, 40km - 03:04:42									
440	2811	BIEGUN Dariusz	SUŁKOWICE	Andrychów Running	POL	M45	58	03:15:09	03:15:32		424
		5km - 00:22:28, 10km - 00:44:40, 15km - 01:06:53, 20km - 01:29:26, 21km - 01:34:16, 25km - 01:52:02, 30km - 02:15:30, 35km - 02:39:15, 40km - 03:04:07									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
441	3283	SZWEDA Mirosława	TORUŃ	DRUŻYNA SZPIKU	POL	K30	9	03:15:13	03:15:17	17	
		5km - 00:20:45, 10km - 00:42:01, 15km - 01:03:10, 20km - 01:25:28, 21km - 01:30:09, 25km - 01:47:24, 30km - 02:10:59, 35km - 02:35:42, 40km - 03:03:34									
442	664	ARLOUSKI Pavel	BARANOVICHI		BLR	M30	192	03:15:18	03:16:14		425
		5km - 00:23:10, 10km - 00:46:00, 15km - 01:08:09, 20km - 01:30:43, 21km - 01:35:32, 25km - 01:53:05, 30km - 02:16:06, 35km - 02:39:36, 40km - 03:04:47									
443	6327	JAWORSKA Magdalena	POZNAŃ	GB Wielkopolscy Biegacze / Team KGB	POL	K40	4	03:15:22	03:15:55	18	
		5km - 00:23:20, 10km - 00:46:39, 15km - 01:09:58, 20km - 01:33:20, 21km - 01:38:16, 25km - 01:56:24, 30km - 02:19:43, 35km - 02:42:31, 40km - 03:05:30									
444	1479	FILIPIAK Adam	ŁÓDŹ	Łódź Kocha Sport	POL	M30	193	03:15:24	03:15:49		426
		5km - 00:22:44, 10km - 00:45:23, 15km - 01:07:44, 20km - 01:30:35, 21km - 01:35:28, 25km - 01:53:22, 30km - 02:17:24, 35km - 02:41:07, 40km - 03:05:12									
445	6159	KAPUSTA Tomasz	KÓRNIK	Runner's Power	POL	M30	194	03:15:26	03:15:54		427
		5km - 00:22:33, 10km - 00:44:55, 15km - 01:07:21, 20km - 01:30:03, 21km - 01:35:03, 25km - 01:52:56, 30km - 02:16:33, 35km - 02:40:21, 40km - 03:05:00									
446	885	MAJEWSKI Michał	BIERZGLINEK	Spin Force Runners	POL	M30	195	03:15:27	03:16:01		428
		5km - 00:22:37, 10km - 00:45:10, 15km - 01:07:09, 20km - 01:30:01, 21km - 01:34:49, 25km - 01:52:04, 30km - 02:15:00, 35km - 02:39:49, 40km - 03:04:51									
447	3492	TURBAK Paweł	SULĘCIN	KS TEAM BARYŁA	POL	M18	64	03:15:33	03:15:38		429
		5km - 00:21:18, 10km - 00:42:35, 15km - 01:03:40, 20km - 01:25:03, 21km - 01:29:34, 25km - 01:46:06, 30km - 02:09:35, 35km - 02:36:03, 40km - 03:04:18									
448	2353	WICHER Grzegorz	MYSŁOWICE		POL	M45	59	03:15:33	03:16:24		429
		5km - 00:23:10, 10km - 00:45:26, 15km - 01:08:04, 20km - 01:31:03, 21km - 01:36:04, 25km - 01:54:04, 30km - 02:17:23, 35km - 02:40:46, 40km - 03:05:17									
449	3494	REJMAN Krzysztof	ŁOWKOWICE	KPP Krapkowice	POL	M30	196	03:15:39	03:16:04		431
		5km - 00:21:30, 10km - 00:42:39, 15km - 01:03:42, 20km - 01:25:10, 21km - 01:29:44, 25km - 01:46:32, 30km - 02:08:54, 35km - 02:32:28, 40km - 03:01:43									
450	6707	SKALSKI Adam	DĄBRÓWKA		POL	M30	196	03:15:39	03:15:59		431
		5km - 00:21:42, 10km - 00:43:16, 15km - 01:05:06, 20km - 01:27:06, 21km - 01:31:53, 25km - 01:49:48, 30km - 02:13:52, 35km - 02:38:25, 40km - 03:04:33									
451	3348	WEGNER Beata	LĘBORK	#MT8 Active Gym	POL	K18	5	03:15:41	03:16:15	19	
		5km - 00:23:45, 10km - 00:47:11, 15km - 01:10:21, 20km - 01:33:50, 21km - 01:38:52, 25km - 01:57:04, 30km - 02:20:34, 35km - 02:43:19, 40km - 03:06:08									
452	4650	KOKOT Natalia	POZNAŃ		POL	K30	10	03:15:42	03:16:06	20	
		5km - 00:19:53, 10km - 00:40:29, 15km - 01:01:46, 20km - 01:24:04, 21km - 01:28:53, 25km - 01:47:10, 30km - 02:12:27, 35km - 02:37:55, 40km - 03:04:44									
453	241	CHABROS Karolina	POZNAŃ	#biegajzeslawkiem	POL	K30	11	03:15:46	03:16:30	21	
		5km - 00:23:32, 10km - 00:47:09, 15km - 01:10:50, 20km - 01:34:33, 21km - 01:39:28, 25km - 01:57:46, 30km - 02:21:12, 35km - 02:43:55, 40km - 03:06:34									
454	3277	DYRKA Krzysztof	POZNAŃ	Politechnika Poznańska	POL	M45	60	03:15:47	03:16:06		433
		5km - 00:22:31, 10km - 00:45:03, 15km - 01:07:31, 20km - 01:30:30, 21km - 01:35:18, 25km - 01:53:08, 30km - 02:16:44, 35km - 02:40:24, 40km - 03:05:20									
455	418	MACKOJĆ Krzysztof	KOŁOBRZEG	EL-MACKOJĆ	POL	M45	61	03:15:51	03:16:16		434
		5km - 00:22:11, 10km - 00:44:17, 15km - 01:06:29, 20km - 01:29:04, 21km - 01:33:56, 25km - 01:51:51, 30km - 02:15:44, 35km - 02:40:27, 40km - 03:05:18									
456	779	ARKADIUSZ Stec	KOMORNIKI	Grzmot Komorniki	POL	M40	97	03:15:55	03:16:25		435
		5km - 00:23:12, 10km - 00:46:13, 15km - 01:08:55, 20km - 01:31:51, 21km - 01:36:48, 25km - 01:54:51, 30km - 02:18:15, 35km - 02:41:23, 40km - 03:05:20									
457	5974	DRZYMAŁA Jakub	GOSTYŃ		POL	M18	65	03:15:56	03:16:23		436
		5km - 00:22:38, 10km - 00:44:32, 15km - 01:06:06, 20km - 01:28:07, 21km - 01:33:30, 25km - 01:50:50, 30km - 02:13:35, 35km - 02:38:32, 40km - 03:05:57									
458	3667	BARTCZAK Andrzej	KALISZ		POL	M45	62	03:15:58	03:16:31		437
		5km - 00:22:27, 10km - 00:44:44, 15km - 01:07:09, 20km - 01:29:50, 21km - 01:34:46, 25km - 01:52:24, 30km - 02:15:36, 35km - 02:39:23, 40km - 03:05:00									
459	6203	MALISZEWSKI Adam	POZNAŃ		POL	M18	66	03:16:07	03:16:22		438
		5km - 00:22:23, 10km - 00:44:49, 15km - 01:07:03, 20km - 01:29:36, 21km - 01:34:33, 25km - 01:52:28, 30km - 02:16:43, 35km - 02:41:24, 40km - 03:06:10									
460	5388	RUTKOWSKI Maciej	ZARZYŃ	Ultra Diabły Team Lubrza	POL	M18	67	03:16:08	03:16:46		439
		5km - 00:22:36, 10km - 00:44:53, 15km - 01:07:03, 20km - 01:28:56, 21km - 01:33:41, 25km - 01:51:02, 30km - 02:14:54, 35km - 02:39:32, 40km - 03:05:03									
461	4359	Zawodnik anonimowy				M30	198	03:16:08	03:16:44		439
		5km - 00:22:30, 10km - 00:44:52, 15km - 01:07:06, 20km - 01:29:17, 21km - 01:34:03, 25km - 01:51:37, 30km - 02:15:10, 35km - 02:39:23, 40km - 03:05:41									
462	7025	WOJTOWICZ Marcin	GDYNIA	BBL Bałtyk Gdynia	POL	M40	98	03:16:11	03:16:29		441
		5km - , 10km - 00:45:31, 15km - 01:07:44, 20km - , 21km - 01:35:10, 25km - 01:52:38, 30km - 02:16:22, 35km - 02:40:34, 40km -									
463	6002	KABAŁA Damian	GOSTYŃ	Kania Gostyń/SP5 Gostyń	POL	M30	199	03:16:13	03:16:33		442
		5km - 00:22:25, 10km - 00:45:09, 15km - 01:07:43, 20km - 01:30:27, 21km - 01:35:21, 25km - 01:53:09, 30km - 02:16:37, 35km - 02:40:19, 40km - 03:05:12									
464	4783	KALASHNIKOVA Veronika	KHARKIV		UKR	K18	6	03:16:13	03:16:25	22	
		5km - 00:21:20, 10km - 00:42:46, 15km - 01:04:06, 20km - 01:26:20, 21km - 01:31:09, 25km - , 30km - 02:13:19, 35km - 02:39:32, 40km - 03:05:06									
465	5478	KUNOWSKI Piotr	SOWNO	Kalmar Bike Team	POL	M30	200	03:16:20	03:16:48		443
		5km - 00:22:00, 10km - 00:43:52, 15km - 01:05:36, 20km - 01:27:57, 21km - 01:32:44, 25km - 01:50:22, 30km - 02:13:34, 35km - 02:37:33, 40km - 03:04:50									
466	5385	MATCZAK Patryk	GORZÓW WIELKOPOLSKI		POL	M18	68	03:16:22	03:16:54		444
		5km - 00:22:51, 10km - 00:45:42, 15km - 01:08:18, 20km - 01:31:08, 21km - 01:35:57, 25km - 01:53:47, 30km - 02:17:02, 35km - 02:40:43, 40km - 03:05:34									
467	1906	STARKOWSKI Piotr	POZNAŃ		POL	M30	201	03:16:25	03:16:32		445
		5km - 00:21:20, 10km - 00:42:37, 15km - 01:03:42, 20km - 01:25:07, 21km - 01:29:41, 25km - 01:46:29, 30km - 02:09:51, 35km - 02:33:57, 40km - 03:03:29									
468	3513	USOWSKI Andrzej	POZNAŃ		POL	M30	202	03:16:26	03:16:51		446
		5km - 00:21:46, 10km - 00:43:21, 15km - 01:04:53, 20km - 01:26:52, 21km - 01:31:37, 25km - 01:49:11, 30km - 02:12:38, 35km - 02:38:49, 40km - 03:05:15									
469	5839	ZALEWSKA Anna	ZDUŃSKA WOLA	BBL Zduńska Wola	POL	K40	5	03:16:26	03:16:54	23	
		5km - 00:22:42, 10km - 00:45:31, 15km - 01:08:19, 20km - 01:31:25, 21km - 01:36:24, 25km - 01:54:29, 30km - 02:18:07, 35km - 02:41:37, 40km - 03:05:52									
470	4528	STASZCZYK Dawid	ŁÓDŹ		POL	M30	203	03:16:27	03:16:37		447
		5km - 00:21:13, 10km - 00:42:29, 15km - 01:03:42, 20km - 01:25:08, 21km - 01:29:54, 25km - 01:47:47, 30km - 02:12:29, 35km - 02:38:07, 40km - 03:05:05									
471	4053	NOWAK Marcin	WIĘCBORK	TKKF Wodnik Więcbork	POL	M18	69	03:16:28	03:16:58		448
		5km - 00:23:15, 10km - 00:46:33, 15km - 01:09:25, 20km - 01:32:13, 21km - 01:37:06, 25km - 01:55:00, 30km - 02:18:04, 35km - 02:41:12, 40km - 03:05:16									
472	5686	SŁAWIŃSKI Damian	GDYNIA	LKS ZORZA GDYNIA	POL	M30	204	03:16:30	03:16:34		449
		5km - 00:19:05, 10km - 00:38:11, 15km - 00:56:58, 20km - 01:15:59, 21km - 01:20:01, 25km - 01:34:44, 30km - 01:55:00, 35km - 02:29:07, 40km - 03:04:38									
473	5067	STACHOWICZ Wiesław	BYDGOSZCZ	Brzoza Biega	POL	M45	63	03:16:31	03:16:42		450
		5km - 00:22:26, 10km - 00:44:27, 15km - 01:06:37, 20km - 01:28:47, 21km - 01:33:34, 25km - 01:50:58, 30km - 02:13:36, 35km - 02:38:34, 40km - 03:07:02									
474	3434	SKIBA Adam	KOSZĘCIN	Mafia Team Lubliniec	POL	M30	205	03:16:33	03:16:52		451
		5km - 00:22:41, 10km - 00:45:06, 15km - 01:07:40, 20km - 01:30:18, 21km - 01:35:12, 25km - 01:52:54, 30km - 02:15:43, 35km - 02:39:24, 40km - 03:06:15									
475	6044	RZESZOTARSKI Daniel	BYDGOSZCZ		POL	M30	206	03:16:34	03:16:44		452
		5km - 00:21:37, 10km - 00:43:19, 15km - 01:05:04, 20km - 01:27:04, 21km - 01:31:52, 25km - 01:49:31, 30km - 02:13:40, 35km - 02:38:22, 40km - 03:05:22									
476	108	ROSZAK Paweł	JAROCIN	Trucht Jarocin	POL	M50	11	03:16:41	03:17:14		453
		5km - 00:22:39, 10km - 00:45:44, 15km - 01:08:25, 20km - 01:32:02, 21km - 01:37:08, 25km - 01:54:57, 30km - 02:18:39, 35km - 02:42:11, 40km - 03:06:06									
477	1648	GENDZIERSKI Paweł	GODZISZEWO	GPS	POL	M30	207	03:16:42	03:16:53		454
		5km - 00:21:15, 10km - 00:42:40, 15km - 01:03:32, 20km - 01:25:03, 21km - 01:29:37, 25km - 01:46:53, 30km - 02:13:22, 35km - 02:41:11, 40km - 03:07:27									
478	1623	JARZĄBEK Bartosz	DRUŻBICE	Turbo Team	POL	M30	208	03:16:46	03:17:24		455
		5km - 00:22:34, 10km - 00:44:46, 15km - 01:06:39, 20km - 01:28:50, 21km - 01:33:36, 25km - 01:51:41, 30km - 02:15:26, 35km - 02:38:54, 40km - 03:05:46									
479	3001	JURCZYSZYN Rafał	KOŚCIERZYNA		POL	M30	209	03:16:48	03:17:00		456
		5km - 00:19:18, 10km - 00:38:51, 15km - 00:58:35, 20km - 01:19:12, 21km - 01:23:42, 25km - 01:40:34, 30km - 02:04:06, 35km - 02:31:11, 40km - 03:04:27									
480	830	WOŁOSEWICZ Kamil	WARSZAWA	parkrun	POL	M30	210	03:16:54	03:17:43		457
		5km - 00:22:45, 10km - 00:45:29, 15km - 01:08:10, 20km - 01:31:15, 21km - 01:36:21, 25km - 01:54:24, 30km - 02:18:23, 35km - 02:42:24, 40km - 03:06:55									
481	4016	SOBCZAK Tomasz	POZNAŃ		POL	M40	99	03:16:57	03:17:30		458
		5km - 00:22:41, 10km - 00:45:37, 15km - 01:08:19, 20km - 01:31:26, 21km - 01:36:22, 25km - 01:54:27, 30km - 02:18:03, 35km - 02:42:40, 40km - 03:06:44									
482	3916	OSTROWSKI Sławomir	ROKIETNICA	Free Run	POL	M30	211	03:17:01	03:17:41		459
		5km - 00:22:32, 10km - 00:45:21, 15km - 01:07:55, 20km - 01:30:45, 21km - 01:35:40, 25km - 01:53:53, 30km - 02:17:54, 35km - 02:41:21, 40km - 03:06:28									
483	2452	ZGODA Mateusz	WARSZAWA	Naprzód Młociny	POL	M18	70	03:17:03	03:17:26		460
		5km - 00:21:53, 10km - 00:43:43, 15km - 01:05:27, 20km - 01:27:18, 21km - 01:32:04, 25km - 01:50:08, 30km - 02:14:14, 35km - 02:40:38, 40km - 03:06:18									
484	1935	KSIĄŻEK Dominik	CHORZÓW		POL	M30	212	03:17:08	03:17:45		461
		5km - 00:23:00, 10km - 00:45:56, 15km - 01:08:49, 20km - 01:32:04, 21km - 01:36:54, 25km - 01:55:03, 30km - 02:18:45, 35km - 02:42:16, 40km - 03:06:38									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
485	1557	Zawodnik anonimowy				M30	212	03:17:08	03:17:31		461
		5km - 00:22:43, 10km - 00:45:11, 15km - 01:07:19, 20km - 01:30:00, 21km - 01:34:55, 25km - 01:52:32, 30km - 02:15:42, 35km - 02:39:57, 40km - 03:05:58									
486	3885	KOWALSKI Dawid	SKÓRZEWO		POL	M30	214	03:17:09	03:17:29		463
		5km - 00:21:43, 10km - 00:43:56, 15km - 01:05:56, 20km - 01:28:20, 21km - 01:33:09, 25km - 01:50:57, 30km - 02:14:54, 35km - 02:38:46, 40km - 03:05:38									
487	5019	NIECŁAWSKI Bartosz	WARSZAWA		POL	M30	215	03:17:10	03:17:54		464
		5km - 00:22:27, 10km - 00:44:58, 15km - 01:06:58, 20km - 01:29:18, 21km - 01:34:05, 25km - 01:52:07, 30km - 02:16:13, 35km - 02:40:57, 40km - 03:05:56									
488	1496	WITOMSKI Sebastian	ŚMIGIEL		POL	M30	215	03:17:10	03:17:25		464
		5km - 00:21:16, 10km - 00:42:39, 15km - 01:03:44, 20km - 01:25:03, 21km - 01:29:33, 25km - 01:46:16, 30km - 02:09:00, 35km - 02:35:38, 40km - 03:05:16									
489	5858	WRÓBEL Adrian	WROCŁAW		POL	M18	71	03:17:12	03:17:53		466
		5km - 00:22:33, 10km - 00:45:32, 15km - 01:08:10, 20km - 01:31:14, 21km - 01:36:44, 25km - 01:54:18, 30km - 02:17:53, 35km - 02:41:12, 40km - 03:06:19									
490	4151	KOPASZEWSKI Zbigniew	BORÓWIEC	Vege Runners	POL	M45	64	03:17:20	03:17:40		467
		5km - 00:21:13, 10km - 00:42:52, 15km - 01:04:53, 20km - 01:28:16, 21km - 01:33:19, 25km - 01:51:56, 30km - 02:16:52, 35km - 02:41:11, 40km - 03:06:08									
491	3679	SURMA Jakub	CHORZÓW		POL	M30	217	03:17:20	03:17:43		467
		5km - 00:20:48, 10km - 00:41:42, 15km - 01:02:25, 20km - 01:23:28, 21km - 01:28:03, 25km - 01:45:13, 30km - 02:10:00, 35km - 02:34:56, 40km - 03:04:39									
492	5692	WASIEWSKI Krzysztof	KWIDZYN	lub wybierz z listy	POL	M40	100	03:17:20	03:17:50		467
		5km - 00:22:43, 10km - 00:45:31, 15km - 01:08:24, 20km - 01:31:30, 21km - 01:36:26, 25km - 01:54:30, 30km - 02:18:05, 35km - 02:41:46, 40km - 03:06:55									
493	6622	GROCHAŁA Wojciech	GRĘBOCICE	KGHM ZG RUN	POL	M30	218	03:17:24	03:17:55		470
		5km - 00:22:43, 10km - 00:45:34, 15km - 01:08:22, 20km - 01:31:29, 21km - 01:36:27, 25km - 01:54:31, 30km - 02:18:08, 35km - 02:42:06, 40km - 03:07:15									
494	5046	LIWAK Tomasz	KRAŚNIK	hiflex kielce	POL	M40	101	03:17:26	03:17:37		471
		5km - 00:22:26, 10km - 00:44:26, 15km - 01:06:38, 20km - 01:28:47, 21km - 01:33:34, 25km - 01:50:58, 30km - 02:13:30, 35km - 02:37:54, 40km - 03:07:09									
495	6018	SKALSKI Mateusz	WROCŁAW		POL	M30	219	03:17:26	03:17:52		471
		5km - 00:22:21, 10km - 00:45:06, 15km - 01:07:44, 20km - 01:30:51, 21km - 01:35:46, 25km - 01:53:47, 30km - 02:17:54, 35km - 02:42:24, 40km - 03:06:57									
496	5075	JANUSZEWSKI Karol	OLSZTYN		POL	M30	220	03:17:30	03:17:40		473
		5km - 00:22:27, 10km - 00:44:57, 15km - 01:07:31, 20km - 01:30:06, 21km - 01:34:53, 25km - 01:52:32, 30km - 02:16:25, 35km - 02:41:01, 40km - 03:07:07									
497	6088	OKNIŃSKI Mateusz	SIEDLCE		POL	M18	72	03:17:30	03:18:35		473
		5km - 00:23:32, 10km - 00:47:04, 15km - 01:10:06, 20km - 01:33:40, 21km - 01:38:37, 25km - 01:56:55, 30km - 02:20:49, 35km - 02:44:23, 40km - 03:08:01									
498	5872	GUMIENNY Tomasz	GNIEZNO	Bridgestone	POL	M40	102	03:17:31	03:18:08		475
		5km - 00:23:06, 10km - 00:46:08, 15km - 01:08:59, 20km - 01:32:21, 21km - 01:37:20, 25km - 01:55:46, 30km - 02:19:48, 35km - 02:43:24, 40km - 03:07:26									
499	496	PARZYCH Katarzyna	RYBNIK	Rybnicka Grupa Biegowa Pędzimy Razem	POL	K40	6	03:17:35	03:18:10	24	
		5km - 00:22:37, 10km - 00:45:29, 15km - 01:08:17, 20km - 01:31:26, 21km - 01:36:23, 25km - 01:54:32, 30km - 02:19:02, 35km - 02:42:44, 40km - 03:07:23									
500	1181	WALENDOWSKI Dominik	TYCHY		POL	M30	221	03:17:35	03:17:56		476
		5km - 00:22:16, 10km - 00:44:38, 15km - 01:06:51, 20km - 01:29:14, 21km - 01:33:59, 25km - 01:51:56, 30km - 02:15:45, 35km - 02:40:51, 40km - 03:07:34									
501	5701	GRUCHALSKI Rafał	ELBLĄG	portEl.pl	POL	M40	103	03:17:38	03:18:08		477
		5km - 00:22:44, 10km - 00:45:34, 15km - 01:08:24, 20km - 01:31:21, 21km - 01:36:18, 25km - 01:54:20, 30km - 02:18:00, 35km - 02:41:42, 40km - 03:06:53									
502	6685	SZARZYŃSKI Łukasz	ŚRODA WLKP.	Polonia Środa	POL	M30	222	03:17:38	03:18:10		477
		5km - 00:22:22, 10km - 00:44:39, 15km - 01:06:47, 20km - 01:29:11, 21km - 01:33:57, 25km - 01:51:45, 30km - 02:15:09, 35km - 02:40:05, 40km - 03:06:43									
503	6869	FODROWSKI Damian	ZGORZELEC		POL	M30	223	03:17:39	03:18:43		479
		5km - 00:23:59, 10km - 00:47:31, 15km - 01:10:16, 20km - 01:33:25, 21km - 01:38:17, 25km - 01:56:32, 30km - 02:20:35, 35km - 02:44:13, 40km - 03:07:50									
504	4881	PITTNER Krzystof	POZNAŃ		POL	M30	224	03:17:40	03:18:06		480
		5km - 00:21:59, 10km - 00:44:01, 15km - 01:05:50, 20km - 01:28:12, 21km - 01:33:04, 25km - 01:51:05, 30km - 02:15:12, 35km - 02:40:03, 40km - 03:06:15									
505	4578	BIEDRZYCKI Andrzej	STARY BOREK	OSP Stary Borek	POL	M60	1	03:17:41	03:17:55		481
		5km - 00:21:19, 10km - 00:42:42, 15km - 01:03:30, 20km - 01:24:52, 21km - 01:29:26, 25km - 01:46:27, 30km - 02:11:24, 35km - 02:39:38, 40km - 03:06:49									
506	6715	PAWŁOWSKI Krystian	CHWALIBOGOWO		POL	M30	225	03:17:41	03:18:04		481
		5km - 00:22:42, 10km - 00:45:20, 15km - 01:07:54, 20km - 01:30:44, 21km - 01:35:32, 25km - 01:53:28, 30km - 02:16:53, 35km - 02:40:58, 40km - 03:06:28									
507	4488	PIETRZAK Romek	RAKOWNIA	Pietrzak Team Quadrathlon	POL	M55	7	03:17:44	03:17:54		483
		5km - 00:21:35, 10km - 00:43:33, 15km - 01:05:39, 20km - 01:28:29, 21km - 01:33:21, 25km - 01:51:40, 30km - 02:15:57, 35km - 02:40:28, 40km - 03:06:24									
508	2058	KYRCZ Mirosław	DANKOWICE	MirasTEAM	POL	M30	226	03:17:45	03:18:21		484
		5km - 00:23:50, 10km - 00:47:23, 15km - 01:10:36, 20km - 01:34:02, 21km - 01:39:01, 25km - 01:57:23, 30km - 02:21:06, 35km - 02:44:18, 40km - 03:08:01									
509	3556	PACEK Tomasz	SZCZECIN	Perfect Gloss	POL	M18	73	03:17:50	03:18:42		485
		5km - 00:23:32, 10km - 00:46:17, 15km - 01:08:47, 20km - 01:31:30, 21km - 01:36:24, 25km - 01:53:55, 30km - 02:17:25, 35km - 02:41:07, 40km - 03:07:00									
510	6955	WÓJTOWICZ Paweł	JANÓW LUBELSKI	biegajznami.pl	POL	M40	104	03:17:50	03:18:04		485
		5km - 00:23:41, 10km - 00:46:31, 15km - 01:09:00, 20km - 01:31:17, 21km - 01:36:06, 25km - 01:53:29, 30km - 02:15:51, 35km - 02:37:55, 40km - 03:05:08									
511	1937	ZYZAK Daniel	SIEMIANOWICE ŚLĄSKIE		POL	M30	227	03:17:55	03:18:07		487
		5km - 00:21:26, 10km - 00:43:00, 15km - 01:04:31, 20km - 01:26:34, 21km - 01:31:24, 25km - 01:49:21, 30km - 02:13:59, 35km - 02:39:36, 40km - 03:06:53									
512	4173	LABUDDA Wojciech	PUCK	LKS Puck	POL	M30	228	03:17:56	03:18:02		488
		5km - 00:18:59, 10km - 00:38:54, 15km - 00:58:59, 20km - 01:20:10, 21km - 01:24:54, 25km - 01:42:16, 30km - 02:06:47, 35km - 02:32:52, 40km - 03:04:47									
513	1911	STILLER Karol	KUSIĘTA	KABEX Podkowa Janów	POL	M30	228	03:17:56	03:18:41		488
		5km - 00:23:36, 10km - 00:47:27, 15km - 01:11:01, 20km - 01:34:29, 21km - 01:39:28, 25km - 01:57:33, 30km - 02:20:38, 35km - 02:43:48, 40km - 03:07:50									
514	5206	GREGOR Błażej	PIECHCIN	SPWLąd Poznań	POL	M30	230	03:17:59	03:18:19		490
		5km - 00:20:30, 10km - 00:41:15, 15km - 01:02:04, 20km - 01:24:16, 21km - 01:29:27, 25km - 01:49:37, 30km - 02:15:24, 35km - 02:41:56, 40km - 03:08:09									
515	2860	MACIEJEWSKI Rafał	CZMOŃ		POL	M30	231	03:18:00	03:19:02		491
		5km - 00:21:58, 10km - 00:43:46, 15km - 01:05:24, 20km - 01:27:17, 21km - 01:32:02, 25km - 01:49:25, 30km - 02:12:51, 35km - 02:38:32, 40km - 03:06:23									
516	4990	HASS-KALITA Joanna	KOBYŁKA		POL	K40	7	03:18:04	03:18:35	25	
		5km - 00:22:39, 10km - 00:45:32, 15km - 01:08:18, 20km - 01:31:23, 21km - 01:36:21, 25km - 01:54:22, 30km - 02:18:19, 35km - 02:42:29, 40km - 03:07:50									
517	1545	MELLER Wojciech	BYDGOSZCZ	Biegam Bo Lubię	POL	M45	65	03:18:04	03:18:18		492
		5km - 00:22:42, 10km - 00:45:13, 15km - 01:07:46, 20km - 01:30:23, 21km - 01:35:17, 25km - 01:52:59, 30km - 02:15:50, 35km - 02:39:27, 40km - 03:05:58									
518	234	WOJNAR Jacek	ŁAŃCUT	Warbud Running Team	POL	M30	232	03:18:04	03:18:49		492
		5km - 00:23:43, 10km - 00:46:57, 15km - 01:09:57, 20km - 01:33:11, 21km - 01:38:06, 25km - 01:56:28, 30km - 02:20:13, 35km - 02:43:44, 40km - 03:07:51									
519	5800	ZALEWSKI Bartłomiej	ZDUŃSKA WOLA	BBL ZDUŃSKA WOLA	POL	M40	105	03:18:04	03:18:33		492
		5km - 00:22:44, 10km - 00:45:32, 15km - 01:08:25, 20km - 01:31:32, 21km - 01:36:30, 25km - 01:54:45, 30km - 02:18:49, 35km - 02:42:43, 40km - 03:07:36									
520	7252	WALTER Piotr	TARNOWO PODGÓRNE		POL	M40	106	03:18:06	03:18:44		495
		5km - 00:23:04, 10km - 00:46:05, 15km - 01:08:44, 20km - 01:31:29, 21km - 01:36:23, 25km - 01:54:27, 30km - 02:17:58, 35km - 02:41:48, 40km - 03:07:15									
521	516	NOWAK Grzegorz Paweł	POZNAŃ	Night Runners / parkrun poznań	POL	M30	233	03:18:08	03:18:16		496
		5km - 00:23:10, 10km - 00:46:08, 15km - 01:08:47, 20km - 01:31:50, 21km - 01:36:51, 25km - 01:54:55, 30km - 02:18:49, 35km - 02:42:28, 40km - 03:07:29									
522	2474	HELSZTAJN Robert	WIKTOROWO	Pałuki Running Team	POL	M50	12	03:18:11	03:18:50		497
		5km - 00:22:36, 10km - 00:45:25, 15km - 01:08:11, 20km - 01:31:17, 21km - 01:36:17, 25km - 01:54:19, 30km - 02:17:52, 35km - 02:41:14, 40km - 03:07:03									
523	1983	PATEREK Grzegorz	TARNOBRZEG		POL	M30	234	03:18:12	03:18:40		498
		5km - 00:22:42, 10km - 00:45:28, 15km - 01:08:03, 20km - 01:30:54, 21km - 01:35:51, 25km - 01:53:41, 30km - 02:17:08, 35km - 02:41:02, 40km - 03:06:40									
524	3654	BORYS Andrzej	ŁAZY		POL	M40	107	03:18:13	03:18:32		499
		5km - 00:21:16, 10km - 00:42:30, 15km - 01:03:31, 20km - 01:24:53, 21km - 01:29:53, 25km - 01:46:27, 30km - 02:10:03, 35km - 02:38:45, 40km - 03:06:19									
525	624	KĘDRA Rafał	JANÓW LUBELSKI		POL	M40	108	03:18:15	03:18:56		500
		5km - 00:23:19, 10km - 00:46:23, 15km - 01:09:02, 20km - 01:31:54, 21km - 01:36:55, 25km - 01:55:00, 30km - 02:18:23, 35km - 02:41:34, 40km - 03:06:57									
526	4080	SUCHAN Michał	KRAKÓW	Podwawelskie KSC	POL	M30	235	03:18:17	03:19:04		501
		5km - 00:22:27, 10km - 00:45:16, 15km - 01:08:05, 20km - 01:30:23, 21km - 01:35:01, 25km - 01:52:06, 30km - 02:15:14, 35km - 02:39:32, 40km - 03:06:45									
527	7232	PAWEŁ Kostrzewa	KRAKÓW	ITMBW Kraków	POL	M45	66	03:18:18	03:18:28		502
		5km - 00:22:46, 10km - 00:45:26, 15km - 01:07:51, 20km - 01:30:47, 21km - 01:35:39, 25km - 01:53:41, 30km - 02:17:26, 35km - 02:41:53, 40km - 03:07:40									
528	4476	SURA Damian	POZNAŃ		POL	M18	74	03:18:25	03:21:06		503
		5km - 00:24:29, 10km - 00:48:24, 15km - 01:12:18, 20km - 01:35:57, 21km - 01:41:20, 25km - 01:59:45, 30km - 02:23:35, 35km - 02:46:47, 40km - 03:09:17									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
529	3010	KUBCZAK Jan	POZNAŃ		POL	M18	75	03:18:28	03:19:02		504
		5km - 00:22:41, 10km - 00:45:35, 15km - 01:08:10, 20km - 01:29:58, 21km - 01:34:57, 25km - 01:52:39, 30km - 02:16:18, 35km - 02:40:38, 40km - 03:06:39									
530	5698	RYŚ Paweł	CHORZEW		POL	M40	109	03:18:31	03:18:47		505
		5km - 00:22:24, 10km - 00:44:44, 15km - 01:06:57, 20km - 01:29:25, 21km - 01:34:10, 25km - 01:51:50, 30km - 02:16:01, 35km - 02:40:43, 40km - 03:07:07									
531	4262	BELIŃSKA Patrycja	BYDGOSZCZ	RUN BYDGOSZCZ	POL	K30	12	03:18:36	03:19:25	26	
		5km - 00:23:55, 10km - 00:47:07, 15km - 01:10:11, 20km - 01:33:35, 21km - 01:38:29, 25km - 01:56:47, 30km - 02:20:50, 35km - 02:44:28, 40km - 03:08:30									
532	2319	PIETRZAK Sławomir	PLESZEW		POL	M40	110	03:18:40	03:19:25		506
		5km - 00:23:37, 10km - 00:47:09, 15km - 01:10:30, 20km - 01:34:10, 21km - 01:39:09, 25km - 01:57:46, 30km - 02:21:35, 35km - 02:44:53, 40km - 03:08:51									
533	6519	SZAŁADZIŃSKI Sebastian	ZĄBKI	Solvitur Ambulando	POL	M40	111	03:18:47	03:19:09		507
		5km - 00:22:14, 10km - 00:44:50, 15km - 01:07:23, 20km - 01:30:28, 21km - 01:35:26, 25km - 01:53:32, 30km - 02:17:58, 35km - 02:42:44, 40km - 03:08:54									
534	5932	HAREMZA Maciej	DASZEWICE	#Biegacze	POL	M30	236	03:18:48	03:18:55		508
		5km - 00:21:17, 10km - 00:42:34, 15km - 01:03:41, 20km - 01:25:15, 21km - 01:30:02, 25km - 01:48:22, 30km - 02:13:53, 35km - 02:40:41, 40km - 03:07:31									
535	3317	WAŁĘSIAK Jakub	TYCHY	Parkrun Tychy	POL	M40	112	03:18:48	03:19:02		508
		5km - 00:21:12, 10km - 00:42:36, 15km - 01:03:31, 20km - 01:24:57, 21km - 01:29:28, 25km - 01:46:00, 30km - 02:08:46, 35km - 02:34:44, 40km - 03:01:19									
536	3942	RABSKI Ireneusz	SKOMIELNA BIAŁA		POL	M30	237	03:18:50	03:19:24		510
		5km - 00:22:42, 10km - 00:45:34, 15km - 01:08:24, 20km - 01:31:31, 21km - 01:36:34, 25km - 01:55:03, 30km - 02:19:05, 35km - 02:43:00, 40km - 03:08:08									
537	5151	TIETZ Przemysław	STARGARD		POL	M40	113	03:18:52	03:19:06		511
		5km - 00:22:10, 10km - 00:44:22, 15km - 01:06:18, 20km - 01:28:40, 21km - 01:33:30, 25km - 01:51:16, 30km - 02:15:05, 35km - 02:40:13, 40km - 03:07:23									
538	5641	TOMCZAK Tomasz	WARSZAWA		POL	M30	238	03:18:52	03:19:51		511
		5km - 00:23:56, 10km - 00:47:16, 15km - 01:10:38, 20km - 01:34:17, 21km - 01:39:26, 25km - 01:58:11, 30km - 02:22:10, 35km - 02:46:01, 40km - 03:09:29									
539	788	ZUBO Daniel	ILAVA	Jogging klub Dubnica n/V	POL	M50	13	03:18:58	03:19:27		513
		5km - 00:23:40, 10km - 00:47:14, 15km - 01:10:30, 20km - 01:34:02, 21km - 01:39:10, 25km - 01:57:25, 30km - 02:21:17, 35km - 02:44:40, 40km - 03:08:58									
540	1997	DUDEK Bartosz	LESZNO	100	POL	M30	239	03:18:59	03:19:23		514
		5km - 00:22:27, 10km - 00:44:51, 15km - 01:07:13, 20km - 01:29:47, 21km - 01:34:37, 25km - 01:52:12, 30km - 02:14:52, 35km - 02:38:41, 40km - 03:05:58									
541	1631	TOŚ Sebastian	CHRZĄSTAWA WIELKA		POL	M40	114	03:19:01	03:19:23		515
		5km - 00:22:46, 10km - 00:45:29, 15km - 01:08:05, 20km - 01:31:22, 21km - 01:36:25, 25km - 01:54:40, 30km - 02:18:58, 35km - 02:43:19, 40km - 03:08:30									
542	6151	CHENON Guillaume	MAYET (FRANCJA)	Wieczorne Bieganie w Szczecinie	FRA	M30	240	03:19:05	03:23:24		516
		5km - 00:22:55, 10km - 00:45:32, 15km - 01:08:00, 20km - 01:30:52, 21km - 01:35:47, 25km - 01:53:55, 30km - 02:17:38, 35km - 02:41:38, 40km - 03:07:43									
543	5792	KRZEMIŃSKI Łukasz	POZNAN	Oboe&Harp Team	POL	M40	115	03:19:05	03:20:00		516
		5km - 00:23:46, 10km - 00:47:17, 15km - 01:10:22, 20km - 01:33:30, 21km - 01:38:33, 25km - 01:56:46, 30km - 02:20:22, 35km - 02:43:53, 40km - 03:08:37									
544	5561	ŚLUSARSKI Przemysław	BYDGOSZCZ	RUN PASJA	POL	M30	241	03:19:07	03:19:25		518
		5km - 00:22:21, 10km - 00:44:45, 15km - 01:07:00, 20km - 01:29:29, 21km - 01:34:16, 25km - 01:51:47, 30km - 02:15:22, 35km - 02:40:41, 40km - 03:07:11									
545	6702	BZDĘGA Krzysztof	KACZKOWO 15		POL	M30	242	03:19:09	03:19:22		519
		5km - 00:21:16, 10km - 00:42:36, 15km - 01:03:42, 20km - 01:26:09, 21km - 01:31:29, 25km - 01:50:19, 30km - 02:16:11, 35km - 02:42:35, 40km - 03:08:25									
546	2836	ZAJĄCZKOWSKI Tomasz	POZNAŃ	PGB Sportowa Paczka	POL	M30	243	03:19:15	03:19:29		520
		5km - 00:22:57, 10km - 00:45:52, 15km - 01:08:37, 20km - 01:31:31, 21km - 01:36:31, 25km - 01:55:08, 30km - 02:20:10, 35km - 02:45:11, 40km - 03:09:38									
547	6455	KETTUNEN Kalle	JOENSUU	Team KaKe	FIN	M30	244	03:19:19	03:19:45		521
		5km - 00:23:12, 10km - 00:46:05, 15km - 01:08:59, 20km - 01:32:16, 21km - 01:37:05, 25km - 01:55:10, 30km - 02:18:59, 35km - 02:42:52, 40km - 03:08:40									
548	1757	KLEMKE Dawid	STEFANOWO	Stol-art	POL	M30	245	03:19:22	03:19:56		522
		5km - 00:22:36, 10km - 00:45:26, 15km - 01:08:04, 20km - 01:30:47, 21km - 01:35:40, 25km - 01:53:23, 30km - 02:17:29, 35km - 02:41:48, 40km - 03:08:09									
549	2882	KWIATKOWSKI Arkadiusz	SUCHY LAS		POL	M40	116	03:19:22	03:19:35		522
		5km - 00:22:00, 10km - 00:43:18, 15km - 01:04:30, 20km - 01:26:26, 21km - 01:31:08, 25km - 01:48:47, 30km - 02:13:29, 35km - 02:41:24, 40km - 03:08:01									
550	4288	ELIZAROV Pavel	OZERSK	AMBERMAN	RUS	M30	246	03:19:26	03:19:52		524
		5km - 00:23:31, 10km - 00:46:33, 15km - 01:09:23, 20km - 01:32:45, 21km - 01:37:39, 25km - 01:55:38, 30km - 02:18:49, 35km - 02:41:56, 40km - 03:07:53									
551	2169	LAMEK Andrzej	OSTRZESZÓW	Aktywny Ostrzeszów	POL	M45	67	03:19:28	03:19:47		525
		5km - 00:22:17, 10km - 00:44:39, 15km - 01:06:35, 20km - 01:29:20, 21km - 01:34:08, 25km - 01:52:18, 30km - 02:17:17, 35km - 02:42:01, 40km - 03:08:16									
552	6134	KOCIŃSKI Przemysław	TORUŃ		POL	M30	247	03:19:29	03:20:01		526
		5km - 00:22:39, 10km - 00:45:30, 15km - 01:08:18, 20km - 01:31:24, 21km - 01:36:22, 25km - 01:54:24, 30km - 02:18:01, 35km - 02:41:21, 40km - 03:06:40									
553	3635	PĘDZICH Waldemar	SZAPARCZYSKA	BBL Ostrołęka	POL	M55	8	03:19:35	03:20:02		527
		5km - 00:22:10, 10km - 00:44:28, 15km - 01:06:22, 20km - 01:28:44, 21km - 01:33:35, 25km - 01:51:24, 30km - 02:15:35, 35km - 02:40:33, 40km - 03:07:47									
554	5857	SZREJTER Marcin	POZNAŃ	Born to run	POL	M40	117	03:19:39	03:20:07		528
		5km - 00:22:59, 10km - 00:46:05, 15km - 01:08:47, 20km - 01:32:00, 21km - 01:36:58, 25km - 01:55:23, 30km - 02:19:21, 35km - 02:43:35, 40km - 03:08:54									
555	4026	ŻEBROWSKI Jacek	KIERŻLINY		POL	M30	248	03:19:42	03:20:11		529
		5km - 00:22:14, 10km - 00:44:26, 15km - 01:06:33, 20km - 01:29:06, 21km - 01:33:57, 25km - 01:52:06, 30km - 02:16:06, 35km - 02:41:13, 40km - 03:07:55									
556	4075	KOWALCZYK Tadeusz	POZNAŃ		POL	M50	14	03:19:44	03:20:08		530
		5km - 00:22:34, 10km - 00:45:14, 15km - 01:07:45, 20km - 01:30:49, 21km - 01:35:48, 25km - 01:53:54, 30km - 02:18:10, 35km - 02:42:53, 40km - 03:08:43									
557	6484	OLBORSKI Andrzej	JASTRZĘBIE ZDRÓJ		POL	M50	15	03:19:45	03:20:04		531
		5km - 00:21:37, 10km - 00:43:42, 15km - 01:06:08, 20km - 01:29:10, 21km - 01:34:16, 25km - 01:52:47, 30km - 02:18:09, 35km - 02:43:02, 40km - 03:08:38									
558	7045	KITA Tomek	POZNAŃ		POL	M40	118	03:19:48	03:20:21		532
		5km - 00:22:38, 10km - 00:45:03, 15km - 01:07:02, 20km - 01:29:26, 21km - 01:34:15, 25km - 01:52:09, 30km - 02:16:26, 35km - 02:41:16, 40km - 03:08:24									
559	5016	HEYKA Jarosław	LĘBORK	Morska Jednostka Rakietowa	POL	M45	68	03:19:52	03:20:14		533
		5km - 00:22:16, 10km - 00:44:35, 15km - 01:06:55, 20km - 01:29:41, 21km - 01:34:28, 25km - 01:52:11, 30km - 02:15:31, 35km - 02:39:49, 40km - 03:07:23									
560	5749	NOWAK Artur	JÓZEFÓW	Braveharts Legionowo	POL	M45	69	03:19:53	03:20:52		534
		5km - 00:23:42, 10km - 00:47:22, 15km - 01:10:44, 20km - 01:34:21, 21km - 01:39:19, 25km - 01:57:32, 30km - 02:21:22, 35km - 02:44:54, 40km - 03:09:20									
561	4196	GALOR Aaron	PRUSZOWICE	Galbud	POL	M18	76	03:19:54	03:20:20		535
		5km - 00:22:00, 10km - 00:44:07, 15km - 01:05:38, 20km - 01:27:34, 21km - 01:32:11, 25km - 01:49:17, 30km - 02:13:01, 35km - 02:41:44, 40km - 03:08:57									
562	4083	JENERALSKI Miłosz	TUCHOLA		POL	M40	119	03:19:58	03:21:07		536
		5km - 00:22:32, 10km - 00:45:01, 15km - 01:07:46, 20km - 01:30:50, 21km - 01:35:48, 25km - 01:53:52, 30km - 02:17:35, 35km - 02:41:52, 40km - 03:07:56									
563	4245	CUDAK Bartosz	LUBIN	KGHM ZG RUN	POL	M18	77	03:20:01	03:21:34		537
		5km - 00:23:54, 10km - 00:47:20, 15km - 01:10:24, 20km - 01:33:40, 21km - 01:38:41, 25km - 01:56:56, 30km - 02:20:56, 35km - 02:45:02, 40km - 03:09:41									
564	2238	MERTA Zbigniew	KŁODA	R-TEAM RYDZYNA	POL	M50	16	03:20:01	03:20:31		537
		5km - 00:21:39, 10km - 00:43:05, 15km - 01:04:29, 20km - 01:26:07, 21km - 01:30:48, 25km - 01:48:02, 30km - 02:11:26, 35km - 02:37:11, 40km - 03:08:39									
565	4868	STAVRAKAS Vasileios	LEFKADA	ACL FILANDROS	GRE	M50	16	03:20:01	03:20:09		537
		5km - 00:22:22, 10km - 00:44:45, 15km - 01:07:01, 20km - 01:29:15, 21km - 01:34:06, 25km - 01:51:42, 30km - 02:15:38, 35km - 02:40:39, 40km - 03:08:36									
566	1116	SWORSKI Roman	ŁÓDŹ	Vegan & Vege Runners / Kastyo	POL	M30	249	03:20:03	03:20:28		540
		5km - 00:22:33, 10km - 00:45:11, 15km - 01:07:57, 20km - 01:30:43, 21km - 01:35:35, 25km - 01:53:17, 30km - 02:17:08, 35km - 02:42:16, 40km - 03:08:54									
567	3802	PTAK Adam	POZNAŃ	PIĄTKOWO NA BIEGOWO	POL	M45	70	03:20:04	03:21:06		541
		5km - 00:23:21, 10km - 00:46:12, 15km - 01:08:29, 20km - 01:30:55, 21km - 01:35:55, 25km - 01:53:56, 30km - 02:17:22, 35km - 02:41:52, 40km - 03:08:00									
568	6844	SZEFER Piotr	STANISŁAWÓW DRUGI	Trinergy Team	POL	M45	70	03:20:04	03:20:17		541
		5km - 00:21:44, 10km - 00:43:19, 15km - 01:05:03, 20km - 01:26:34, 21km - 01:31:08, 25km - 01:48:02, 30km - 02:10:54, 35km - 02:36:54, 40km - 03:08:09									
569	2091	GARLIŃSKI Łukasz	WIELOWIEŚ	KB KROKUS KWIATKOWICE	POL	M18	78	03:20:05	03:20:18		543
		5km - 00:21:11, 10km - 00:42:26, 15km - 01:03:20, 20km - 01:24:40, 21km - 01:29:17, 25km - 01:46:05, 30km - 02:09:18, 35km - 02:35:19, 40km - 03:08:15									
570	454	BOGUSZ Tomasz	GDYNIA		POL	M30	250	03:20:06	03:20:12		544
		5km - 00:21:06, 10km - 00:42:01, 15km - 01:02:55, 20km - 01:24:17, 21km - 01:28:54, 25km - 01:46:19, 30km - 02:11:14, 35km - 02:38:17, 40km - 03:07:44									
571	3432	KUCZYŃSKI Kamil	KRAKÓW		POL	M45	72	03:20:06	03:20:56		544
		5km - 00:23:40, 10km - 00:47:27, 15km - 01:11:04, 20km - 01:34:54, 21km - 01:39:59, 25km - 01:58:23, 30km - 02:22:09, 35km - 02:45:27, 40km - 03:09:44									
572	236	SAJNAJ Jarosław	POZNAŃ	LUCKY LUZERS	POL	M40	120	03:20:06	03:20:24		544
		5km - 00:21:10, 10km - 00:42:19, 15km - 01:03:24, 20km - 01:25:00, 21km - 01:29:44, 25km - 01:47:58, 30km - 02:14:20, 35km - 02:43:36, 40km - 03:09:39									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
573	252	SAMEREK Dariusz	TORUŃ	Marmel Toruń	POL	M40	121	03:20:14	03:20:54		547
		5km - 00:22:04, 10km - 00:44:12, 15km - 01:06:27, 20km - 01:29:15, 21km - 01:34:25, 25km - 01:52:54, 30km - 02:18:05, 35km - 02:43:31, 40km - 03:09:32									
574	188	DUDA Marcin	POZNAN	Ofix Bike Team / 31 Baza Lotnictwa Takty	POL	M30	251	03:20:15	03:20:42		548
		5km - 00:23:29, 10km - 00:46:54, 15km - 01:10:14, 20km - 01:33:16, 21km - 01:38:12, 25km - 01:56:13, 30km - 02:19:35, 35km - 02:43:17, 40km - 03:09:04									
575	5898	ŁYSIAK Andrzej	WĄCHABNO	BKB Bakcyl	POL	M55	9	03:20:15	03:20:41		548
		5km - 00:22:28, 10km - 00:45:27, 15km - 01:07:13, 20km - 01:29:58, 21km - 01:35:06, 25km - 01:52:54, 30km - 02:16:54, 35km - 02:41:23, 40km - 03:07:23									
576	5976	ILKIEWICZ Michał	WARSZAWA	Miasteczko biegaczy	POL	M18	79	03:20:16	03:20:52		550
		5km - 00:22:37, 10km - 00:45:28, 15km - 01:08:17, 20km - 01:31:32, 21km - 01:36:32, 25km - 01:54:53, 30km - 02:19:13, 35km - 02:43:49, 40km - 03:09:20									
577	2619	SZOSTAKIEWICZ Krzysiek	POZNAŃ		POL	M18	79	03:20:16	03:21:40		550
		5km - 00:24:33, 10km - 00:48:18, 15km - 01:11:36, 20km - 01:34:59, 21km - 01:40:42, 25km - 01:59:14, 30km - 02:23:20, 35km - 02:47:35, 40km - 03:10:53									
578	613	MARTYNIAK Darek	ZBĄSZYŃ		POL	M40	122	03:20:19	03:21:23		552
		5km - 00:23:47, 10km - 00:47:15, 15km - 01:10:45, 20km - 01:34:17, 21km - 01:39:17, 25km - 01:57:45, 30km - 02:21:33, 35km - 02:45:05, 40km - 03:09:28									
579	3739	NOWAK Dawid	ŁÓDŹ		POL	M30	252	03:20:19	03:20:52		552
		5km - 00:22:41, 10km - 00:45:29, 15km - 01:08:02, 20km - 01:30:36, 21km - 01:35:26, 25km - 01:53:16, 30km - 02:16:28, 35km - 02:40:11, 40km - 03:09:25									
580	804	Zawodnik anonimowy				M30	252	03:20:19	03:20:59		552
		5km - 00:22:29, 10km - 00:45:33, 15km - 01:08:05, 20km - 01:31:02, 21km - 01:35:44, 25km - 01:54:02, 30km - 02:17:41, 35km - 02:41:57, 40km - 03:08:57									
581	7181	MICHALIK Marcin	PLEWISKA	KMP Poznań	POL	M30	254	03:20:23	03:20:32		555
		5km - 00:21:56, 10km - 00:44:03, 15km - 01:05:59, 20km - 01:28:18, 21km - 01:33:07, 25km - 01:51:10, 30km - 02:15:48, 35km - 02:41:23, 40km - 03:09:03									
582	2867	SURKÓW Adrian	SWARZĘDZ	Nie Ma Lipy Swarzędz Team	POL	M30	255	03:20:24	03:23:05		556
		5km - 00:23:20, 10km - 00:46:12, 15km - 01:09:17, 20km - 01:31:57, 21km - 01:36:55, 25km - 01:55:10, 30km - 02:19:33, 35km - 02:44:18, 40km - 03:10:06									
583	5809	BARAŃSKI Piotr	POZNAŃ	Night Runners/231GO	POL	M50	18	03:20:25	03:20:43		557
		5km - 00:21:09, 10km - 00:42:29, 15km - 01:03:28, 20km - 01:24:51, 21km - 01:29:23, 25km - 01:46:11, 30km - 02:10:32, 35km - 02:37:51, 40km - 03:08:16									
584	6770	KRZYSZTOFIK Kacper	PIOTRKÓW TRYBUNALSKI	Tri Aktywny Piotrków	POL	M40	123	03:20:25	03:20:31		557
		5km - 00:21:10, 10km - 00:42:31, 15km - 01:03:39, 20km - 01:25:04, 21km - 01:29:36, 25km - 01:46:55, 30km - 02:12:54, 35km - 02:39:45, 40km - 03:08:11									
585	2310	PAŁKA Michał	BARCIN	#slimakibarcin	POL	M40	123	03:20:25	03:21:23		557
		5km - 00:23:59, 10km - 00:47:39, 15km - 01:10:44, 20km - 01:34:15, 21km - 01:39:20, 25km - 01:57:38, 30km - 02:21:11, 35km - 02:45:09, 40km - 03:10:00									
586	4566	KOCAN Przemo	CHODZIEŻ	HANGAR	POL	M40	125	03:20:27	03:22:53		560
		5km - 00:23:20, 10km - 00:46:16, 15km - 01:09:07, 20km - 01:32:29, 21km - 01:37:35, 25km - 01:55:49, 30km - 02:20:10, 35km - 02:44:48, 40km - 03:09:59									
587	5035	SĘDEREK Krzysztof	SZCZECIN		POL	M50	19	03:20:28	03:21:15		561
		5km - 00:23:33, 10km - 00:47:27, 15km - 01:11:02, 20km - 01:34:59, 21km - 01:40:07, 25km - 01:58:49, 30km - 02:22:56, 35km - 02:46:41, 40km - 03:10:28									
588	5847	WITCZAK Mateusz	KALISZ		POL	M40	126	03:20:28	03:20:59		561
		5km - 00:23:14, 10km - 00:46:20, 15km - 01:09:41, 20km - 01:33:09, 21km - 01:38:19, 25km - 01:56:41, 30km - 02:20:33, 35km - 02:44:43, 40km - 03:09:41									
589	560	JAGIELSKI Łukasz	LESZNO / DĄBCZE	Hotel Sułkowski	POL	M30	256	03:20:29	03:21:20		563
		5km - 00:22:22, 10km - 00:45:12, 15km - 01:08:05, 20km - 01:31:06, 21km - 01:36:05, 25km - 01:54:09, 30km - 02:17:48, 35km - 02:42:46, 40km - 03:10:42									
590	2286	SWOBODA Leszek	SOLARNIA	Mafia Team Lubliniec	POL	M45	73	03:20:30	03:21:07		564
		5km - 00:22:33, 10km - 00:45:27, 15km - 01:08:12, 20km - 01:31:18, 21km - 01:36:16, 25km - 01:54:21, 30km - 02:18:35, 35km - 02:44:25, 40km - 03:09:58									
591	2579	TOMASZEWSKI Grzegorz	POZNAŃ	parkrun Poznań	POL	M40	127	03:20:30	03:21:00		564
		5km - 00:22:36, 10km - 00:44:46, 15km - 01:06:46, 20km - 01:29:09, 21km - 01:34:04, 25km - 01:52:16, 30km - 02:16:07, 35km - 02:40:52, 40km - 03:08:11									
592	4102	KUKULKA Marek	BOGUCIN		POL	M40	128	03:20:35	03:20:49		566
		5km - 00:21:12, 10km - 00:42:36, 15km - 01:03:43, 20km - 01:26:35, 21km - 01:31:49, 25km - 01:50:37, 30km - 02:15:55, 35km - 02:41:36, 40km - 03:08:43									
593	5622	PANKOWSKI Adam	JEZIORY WIELKIE	Polonia Środa	POL	M30	257	03:20:39	03:21:11		567
		5km - 00:22:22, 10km - 00:44:38, 15km - 01:06:47, 20km - 01:29:11, 21km - 01:33:57, 25km - 01:51:45, 30km - 02:15:31, 35km - 02:41:20, 40km - 03:09:01									
594	5748	KIESLICH Mariusz	POZNAŃ		POL	M55	10	03:20:40	03:21:08		568
		5km - 00:22:42, 10km - 00:45:30, 15km - 01:08:15, 20km - 01:31:18, 21km - 01:36:20, 25km - 01:54:29, 30km - 02:19:44, 35km - 02:44:30, 40km - 03:09:43									
595	394	Zawodnik anonimowy				M40	129	03:20:42	03:21:42		569
		5km - 00:23:58, 10km - 00:46:56, 15km - 01:09:40, 20km - 01:32:47, 21km - 01:37:48, 25km - 01:55:58, 30km - 02:20:00, 35km - 02:44:00, 40km - 03:09:31									
596	4655	ŚMIGAJ Bartłomiej	POZNAŃ		POL	M40	130	03:20:47	03:21:22		570
		5km - 00:23:04, 10km - 00:46:08, 15km - 01:09:31, 20km - 01:33:12, 21km - 01:38:23, 25km - 01:57:11, 30km - 02:21:51, 35km - 02:46:00, 40km - 03:10:40									
597	3860	BOLEWICZ Michał	RADZIEJÓW		POL	M18	81	03:20:48	03:21:09		571
		5km - 00:22:01, 10km - 00:44:03, 15km - 01:06:05, 20km - 01:28:21, 21km - 01:33:09, 25km - 01:51:09, 30km - 02:15:06, 35km - 02:40:34, 40km - 03:08:25									
598	2726	Zawodnik anonimowy				M30	258	03:20:48	03:21:01		571
		5km - 00:21:13, 10km - 00:42:32, 15km - 01:03:36, 20km - 01:24:59, 21km - 01:29:40, 25km - 01:47:36, 30km - 02:12:41, 35km - 02:38:31, 40km - 03:08:43									
599	3124	BUDZICZ Paweł	KRZYSZKOWO	FREE RUN	POL	M30	259	03:20:52	03:21:33		573
		5km - 00:23:27, 10km - 00:46:48, 15km - 01:10:00, 20km - 01:33:49, 21km - 01:38:50, 25km - 01:57:17, 30km - 02:21:07, 35km - 02:45:01, 40km - 03:10:59									
600	4741	KOWALCZYK Jaroslaw	CHARD		GBR	M40	131	03:20:52	03:21:32		573
		5km - 00:23:11, 10km - 00:45:56, 15km - 01:08:19, 20km - 01:31:20, 21km - 01:36:18, 25km - 01:54:32, 30km - 02:18:58, 35km - 02:44:08, 40km - 03:10:01									
601	1701	GABRUŚ Dariusz	EŁK		POL	M40	132	03:20:53	03:21:36		575
		5km - 00:23:24, 10km - 00:45:52, 15km - 01:08:29, 20km - 01:31:50, 21km - 01:37:03, 25km - 01:55:43, 30km - 02:20:53, 35km - 02:45:37, 40km - 03:10:28									
602	3084	PIWOŃSKA Julita	EŁK	Super Drużyna Ełk	POL	K40	8	03:20:53	03:21:35	27	
		5km - 00:23:25, 10km - 00:45:53, 15km - 01:08:30, 20km - 01:31:52, 21km - 01:37:04, 25km - 01:55:43, 30km - 02:20:54, 35km - 02:45:39, 40km - 03:10:28									
603	5681	MACULEWICZ Marek	NIDZICA	Urwis Biega	POL	M45	74	03:20:56	03:21:31		576
		5km - 00:23:18, 10km - 00:46:19, 15km - 01:09:22, 20km - 01:32:33, 21km - 01:37:35, 25km - 01:55:32, 30km - 02:19:07, 35km - 02:42:45, 40km - 03:09:06									
604	2572	PAPUGA Dominik	JADOWNIKI	Klub Biegowy Perła	POL	M30	260	03:20:57	03:21:25		577
		5km - 00:22:32, 10km - 00:45:02, 15km - 01:07:23, 20km - 01:30:46, 21km - 01:35:53, 25km - 01:54:13, 30km - 02:18:35, 35km - 02:43:00, 40km - 03:09:07									
605	1361	WIERZYŃSKI Damian	BYDGOSZCZ	Eximo Extreme Team	POL	M30	261	03:20:58	03:21:11		578
		5km - 00:21:14, 10km - 00:42:41, 15km - 01:03:53, 20km - 01:25:36, 21km - 01:30:21, 25km - 01:48:16, 30km - 02:13:07, 35km - 02:40:13, 40km - 03:09:36									
606	5854	ASADOUSKI Kiryl	KRAKÓW	Accenture Runner Club	POL	M30	262	03:21:00	03:21:56		579
		5km - 00:23:09, 10km - 00:46:02, 15km - 01:08:50, 20km - 01:31:55, 21km - 01:36:48, 25km - 01:54:58, 30km - 02:19:21, 35km - 02:44:13, 40km - 03:09:51									
607	5131	WROTNY Mariusz	SZCZYTNO		POL	M18	82	03:21:06	03:21:55		580
		5km - 00:22:03, 10km - 00:43:47, 15km - 01:05:35, 20km - 01:27:48, 21km - 01:32:41, 25km - 01:50:49, 30km - 02:15:27, 35km - 02:40:22, 40km - 03:09:47									
608	4753	BOIŃSKI Bartosz	DOBIEŻYN	EUROCASH	POL	M18	83	03:21:09	03:21:45		581
		5km - 00:22:47, 10km - 00:45:35, 15km - 01:08:18, 20km - 01:31:19, 21km - 01:36:13, 25km - 01:54:16, 30km - 02:17:55, 35km - 02:41:28, 40km - 03:08:42									
609	2659	KNAPEK Łukasz	SIEMIANOWICE ŚLĄSKIE	Czorne Hanysy	POL	M18	84	03:21:12	03:21:36		582
		5km - 00:22:21, 10km - 00:44:31, 15km - 01:06:46, 20km - 01:28:59, 21km - 01:33:47, 25km - 01:51:20, 30km - 02:15:34, 35km - 02:41:35, 40km - 03:09:51									
610	6156	PIESIK Dawid	BYDGOSZCZ	Arrk	POL	M18	85	03:21:15	03:21:48		583
		5km - 00:22:40, 10km - 00:45:33, 15km - 01:08:20, 20km - 01:31:17, 21km - 01:36:13, 25km - 01:54:18, 30km - 02:18:30, 35km - 02:44:16, 40km - 03:10:25									
611	214	Zawodnik anonimowy				M65	1	03:21:15	03:21:49		583
		5km - 00:23:05, 10km - 00:46:40, 15km - 01:10:18, 20km - 01:34:26, 21km - 01:39:37, 25km - 01:58:15, 30km - 02:23:00, 35km - 02:47:04, 40km - 03:11:16									
612	3405	DUDKIEWICZ Robert	POZNAŃ		POL	M50	20	03:21:17	03:21:46		585
		5km - 00:23:32, 10km - 00:46:54, 15km - 01:10:08, 20km - 01:33:57, 21km - 01:39:03, 25km - 01:57:40, 30km - 02:21:56, 35km - 02:45:58, 40km - 03:10:43									
613	3362	BRĘCZEWSKI Tomasz	CZEMPIŃ		POL	M30	263	03:21:23	03:23:20		586
		5km - 00:24:02, 10km - 00:47:24, 15km - 01:10:02, 20km - 01:32:24, 21km - 01:37:50, 25km - 01:55:34, 30km - 02:19:01, 35km - 02:42:44, 40km - 03:09:26									
614	2661	DYJACH Robert	GRUCZNO	Schumacher Team Bydgoszcz	POL	M30	264	03:21:27	03:21:37		587
		5km - 00:21:02, 10km - 00:41:41, 15km - 01:02:20, 20km - 01:23:55, 21km - 01:28:40, 25km - 01:46:18, 30km - 02:11:16, 35km - 02:38:12, 40km - 03:07:59									
615	186	SPYCHALSKI Zbigniew	BARCIN	ślimaki Barcin	POL	M55	11	03:21:29	03:21:36		588
		5km - 00:19:47, 10km - 00:39:59, 15km - 01:00:49, 20km - 01:22:28, 21km - 01:27:04, 25km - 01:44:56, 30km - 02:10:00, 35km - 02:37:29, 40km - 03:08:55									
616	2194	CZERWIŃSKA Anna	RAWICZ	Czarna Biega	POL	K30	13	03:21:32	03:21:59	28	
		5km - 00:23:20, 10km - 00:46:38, 15km - 01:09:47, 20km - 01:33:23, 21km - 01:38:28, 25km - 01:57:14, 30km - 02:22:07, 35km - 02:45:46, 40km - 03:10:52									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
617	6357	PYTLIŃSKI Rafał	JÓZEFÓW		POL	M45	75	03:21:33	03:21:52		589
		5km - 00:22:37, 10km - 00:45:09, 15km - 01:07:50, 20km - 01:31:03, 21km - 01:36:06, 25km - 01:54:34, 30km - 02:19:40, 35km - 02:45:07, 40km - 03:10:41									
618	2108	KUSKE Maciej	GNIEZNO	Night Runners Gniezno	POL	M30	265	03:21:34	03:22:00		590
		5km - 00:22:14, 10km - 00:43:58, 15km - 01:06:18, 20km - 01:28:51, 21km - 01:33:48, 25km - 01:52:01, 30km - 02:17:08, 35km - 02:42:28, 40km - 03:09:33									
619	3861	OSADNIK Wiesław	SADÓW		POL	M30	266	03:21:35	03:21:58		591
		5km - 00:22:24, 10km - 00:44:24, 15km - 01:06:04, 20km - 01:28:10, 21km - 01:32:51, 25km - 01:50:35, 30km - 02:14:12, 35km - 02:40:54, 40km - 03:10:12									
620	3499	KAPAŁA Łukasz	NOWY SĄCZ		POL	M30	267	03:21:42	03:22:24		592
		5km - 00:22:41, 10km - 00:45:23, 15km - 01:07:41, 20km - 01:30:20, 21km - 01:35:12, 25km - 01:53:24, 30km - 02:17:50, 35km - 02:42:54, 40km - 03:09:55									
621	2396	KONIECZNY Andrzej	WROCŁAW		POL	M40	133	03:21:42	03:21:49		592
		5km - 00:21:19, 10km - 00:42:41, 15km - 01:04:03, 20km - 01:26:44, 21km - 01:31:42, 25km - 01:50:21, 30km - 02:16:25, 35km - 02:43:56, 40km - 03:11:09									
622	2507	ZIELENDA Andrzej	ROSTARZEWO	Wolsztyński Klub Biegowy	POL	M55	12	03:21:43	03:22:26		594
		5km - 00:23:17, 10km - 00:46:11, 15km - 01:09:07, 20km - 01:32:30, 21km - 01:37:34, 25km - 01:55:41, 30km - 02:20:31, 35km - 02:45:43, 40km - 03:11:01									
623	2119	MINGE Roman	ZIEMIN		POL	M30	268	03:21:46	03:22:20		595
		5km - 00:22:37, 10km - 00:44:45, 15km - 01:06:43, 20km - 01:29:12, 21km - 01:33:54, 25km - 01:51:23, 30km - 02:15:27, 35km - 02:40:34, 40km - 03:09:02									
624	2188	KONRAD Artur	ZAWIERCIE	BRACIA TEAM ZAWIERCIE	POL	M40	134	03:21:47	03:22:39		596
		5km - 00:24:07, 10km - 00:48:26, 15km - 01:12:39, 20km - 01:36:44, 21km - 01:43:27, 25km - 02:02:17, 30km - 02:26:22, 35km - 02:50:02, 40km - 03:12:50									
625	535	WIATR Sylwia	ŁĘG TARNOWSKI		POL	K30	14	03:21:51	03:22:19	29	
		5km - 00:22:32, 10km - 00:45:02, 15km - 01:07:23, 20km - 01:30:48, 21km - 01:35:54, 25km - 01:54:33, 30km - 02:20:02, 35km - 02:45:11, 40km - 03:10:53									
626	5106	PRĘTNIK Dawid	RUMIA	OSNiP WP	POL	M30	269	03:21:54	03:22:26		597
		5km - 00:22:41, 10km - 00:45:32, 15km - 01:08:13, 20km - 01:31:02, 21km - 01:35:55, 25km - 01:54:02, 30km - 02:18:04, 35km - 02:42:27, 40km - 03:09:46									
627	1173	SIKORSKI Krzysztof	MIĘDZYRZECZ	SIKORKI RUN	POL	M30	270	03:21:56	03:22:08		598
		5km - 00:21:00, 10km - 00:41:57, 15km - 01:03:09, 20km - 01:25:02, 21km - 01:29:53, 25km - 01:50:18, 30km - 02:18:15, 35km - 02:44:23, 40km - 03:11:04									
628	5883	GRABICKI Sebastian	WĄGROWIEC	Bridgestone	POL	M45	76	03:21:58	03:22:30		599
		5km - 00:23:10, 10km - 00:46:16, 15km - 01:09:01, 20km - 01:32:29, 21km - 01:37:39, 25km - 01:56:17, 30km - 02:20:46, 35km - 02:44:55, 40km - 03:10:42									
629	4086	BOREK Robert	SWIECIE	The Runners Świecie	POL	M40	135	03:22:02	03:22:35		600
		5km - 00:22:40, 10km - 00:45:41, 15km - 01:08:30, 20km - 01:31:29, 21km - 01:36:29, 25km - 01:54:37, 30km - 02:19:02, 35km - 02:44:09, 40km - 03:11:03									
630	1476	KOKOT Michał	OLEŚNICA	#BESTteam	POL	M30	271	03:22:03	03:23:09		601
		5km - 00:23:37, 10km - 00:46:59, 15km - 01:10:28, 20km - 01:34:11, 21km - 01:39:22, 25km - 01:57:43, 30km - 02:21:44, 35km - 02:46:09, 40km - 03:11:08									
631	2690	Zawodnik anonimowy				M30	272	03:22:04	03:22:44		602
		5km - 00:23:26, 10km - 00:46:27, 15km - 01:09:41, 20km - 01:33:25, 21km - 01:38:24, 25km - 01:56:48, 30km - 02:20:37, 35km - 02:44:56, 40km - 03:10:59									
632	4955	HODAN Tomas	PRAGUE	Mlejn Prague	CZE	M30	273	03:22:07	03:22:24		603
		5km - 00:22:31, 10km - 00:45:25, 15km - 01:08:06, 20km - 01:31:28, 21km - 01:36:34, 25km - 01:55:00, 30km - 02:19:49, 35km - 02:45:01, 40km - 03:11:20									
633	5441	BAŃKA Mariusz	WARSZAWA		POL	M50	21	03:22:10	03:22:49		604
		5km - 00:22:37, 10km - 00:45:37, 15km - 01:08:16, 20km - 01:31:31, 21km - 01:36:29, 25km - 01:54:55, 30km - 02:19:57, 35km - 02:45:10, 40km - 03:11:04									
634	5176	MAKOWSKI Marek	WĘGORZEWO		POL	M55	13	03:22:10	03:22:12		604
		5km - 00:22:17, 10km - 00:44:42, 15km - 01:07:15, 20km - 01:29:41, 21km - 01:34:34, 25km - 01:52:35, 30km - 02:16:34, 35km - 02:42:35, 40km - 03:10:22									
635	7304	KLUF Zdzisław	BEŁCHATÓW	Amator	POL	M60	2	03:22:11	03:23:00		606
		5km - 00:23:09, 10km - 00:46:15, 15km - 01:09:18, 20km - 01:32:31, 21km - 01:37:44, 25km - 01:56:03, 30km - 02:19:58, 35km - 02:44:28, 40km - 03:10:38									
636	3822	MANDOSIK Michał	TORUŃ	TEAMOCHAL	POL	M30	274	03:22:19	03:23:15		607
		5km - 00:24:10, 10km - 00:48:23, 15km - 01:12:20, 20km - 01:36:19, 21km - 01:41:23, 25km - 02:00:07, 30km - 02:24:08, 35km - 02:48:09, 40km - 03:12:13									
637	2465	MEDEJSZO Mariusz	NOWA SÓL	Nowosolska Grupa Biegowa	POL	M40	136	03:22:21	03:22:41		608
		5km - 00:23:44, 10km - 00:47:49, 15km - 01:11:55, 20km - 01:36:09, 21km - 01:41:18, 25km - 02:00:13, 30km - 02:24:32, 35km - 02:48:41, 40km - 03:12:40									
638	5340	DRABINOWICZ Marcin	POZNAŃ		POL	M30	275	03:22:22	03:29:56		609
		5km - 00:23:27, 10km - 00:47:16, 15km - 01:10:40, 20km - 01:34:17, 21km - 01:39:23, 25km - 01:58:00, 30km - 02:22:00, 35km - 02:46:04, 40km - 03:11:28									
639	4872	MAŁYSZCZYK Tomasz	GŁOGÓW		POL	M45	77	03:22:22	03:22:59		609
		5km - 00:23:03, 10km - 00:46:12, 15km - 01:09:17, 20km - 01:32:30, 21km - 01:37:42, 25km - 01:56:13, 30km - 02:20:27, 35km - 02:45:11, 40km - 03:10:55									
640	5611	MACIEJEWSKI Łukasz	SMOLEC	Za10 Smolec	POL	M40	137	03:22:23	03:22:49		611
		5km - 00:22:40, 10km - 00:45:08, 15km - 01:07:42, 20km - 01:30:38, 21km - 01:35:30, 25km - 01:53:16, 30km - 02:16:51, 35km - 02:41:24, 40km - 03:09:16									
641	4534	CHŁOPICKI Michał	GNIEZNO	Velux Gniezno	POL	M30	276	03:22:24	03:22:48		612
		5km - 00:23:20, 10km - 00:46:47, 15km - 01:10:10, 20km - 01:34:11, 21km - 01:39:18, 25km - 01:57:46, 30km - 02:21:52, 35km - 02:45:50, 40km - 03:11:10									
642	3807	MIKITA Maciej	WARSZAWA	Resinex Polska	POL	M18	86	03:22:24	03:25:26		612
		5km - 00:24:13, 10km - 00:48:18, 15km - 01:11:48, 20km - 01:35:28, 21km - 01:40:34, 25km - 01:59:09, 30km - 02:23:22, 35km - 02:46:42, 40km - 03:11:24									
643	285	SAWICKI Eligiusz	ZŁOTÓW		POL	M55	14	03:22:25	03:23:07		614
		5km - 00:23:47, 10km - 00:47:23, 15km - 01:10:40, 20km - 01:34:15, 21km - 01:39:19, 25km - 01:57:37, 30km - 02:21:48, 35km - 02:46:01, 40km - 03:11:38									
644	2904	BIERNACKI Sławomir	LIPNIKI		POL	M30	277	03:22:26	03:24:23		615
		5km - 00:23:57, 10km - 00:47:44, 15km - 01:10:54, 20km - 01:34:25, 21km - 01:39:33, 25km - 01:58:08, 30km - 02:22:30, 35km - 02:46:40, 40km - 03:11:56									
645	4839	KUMISZCZO Artur	WSCHOWA	ENDORFINY WSCHOWA	POL	M40	138	03:22:30	03:22:54		616
		5km - 00:22:43, 10km - 00:45:25, 15km - 01:07:59, 20km - 01:31:00, 21km - 01:36:01, 25km - 01:54:10, 30km - 02:19:01, 35km - 02:44:38, 40km - 03:11:21									
646	5856	SZAŁ Tomasz	POZNAŃ	ETA UPS TEAM	POL	M40	139	03:22:32	03:22:47		617
		5km - 00:21:04, 10km - 00:42:22, 15km - 01:03:48, 20km - 01:26:24, 21km - 01:31:33, 25km - 01:50:24, 30km - 02:15:44, 35km - 02:41:28, 40km - 03:10:22									
647	2023	BOGUSZ Paweł	POZNAŃ	Cybina Team	POL	M30	278	03:22:33	03:22:38		618
		5km - 00:22:19, 10km - 00:44:46, 15km - 01:07:02, 20km - 01:29:42, 21km - 01:34:39, 25km - 01:52:39, 30km - 02:16:42, 35km - 02:42:01, 40km - 03:09:52									
648	3647	UŁANOWICZ Maciej	LUBLIN		POL	M18	87	03:22:33	03:23:25		618
		5km - 00:23:50, 10km - 00:47:30, 15km - 01:10:57, 20km - 01:34:34, 21km - 01:39:38, 25km - 01:58:09, 30km - 02:21:56, 35km - 02:46:29, 40km - 03:12:06									
649	2859	LICZNIERSKA Alina	PLEWISKA	gRUNwald Team Poznań, Owoc Team	POL	K30	15	03:22:35	03:23:20	30	
		5km - 00:24:03, 10km - 00:47:43, 15km - 01:11:22, 20km - 01:34:59, 21km - 01:40:04, 25km - 01:58:28, 30km - 02:22:28, 35km - 02:46:30, 40km - 03:11:58									
650	1931	Zawodnik anonimowy				M18	88	03:22:35	03:23:21		620
		5km - 00:24:02, 10km - 00:47:44, 15km - 01:11:21, 20km - 01:34:58, 21km - 01:40:02, 25km - 01:58:26, 30km - 02:22:27, 35km - 02:46:29, 40km - 03:11:58									
651	2388	SCHLAGNER Karol	TARNOWSKIE GÓRY		POL	M30	279	03:22:36	03:23:17		621
		5km - 00:23:54, 10km - 00:47:34, 15km - 01:11:00, 20km - 01:34:46, 21km - 01:39:39, 25km - 01:58:09, 30km - 02:22:17, 35km - 02:46:12, 40km - 03:11:32									
652	3262	CHRUŚCIEL Filip	SULECHÓW	5 Lubuski Pułk Artylerii	POL	M30	280	03:22:39	03:23:15		622
		5km - 00:23:50, 10km - 00:47:30, 15km - 01:11:03, 20km - 01:35:03, 21km - 01:39:57, 25km - 01:58:24, 30km - 02:22:15, 35km - 02:46:06, 40km - 03:11:23									
653	2849	LEMAŃSKI Grzegorz	POZNAŃ	Hernik Team /PGB Sportowa Paczka	POL	M50	22	03:22:39	03:23:41		622
		5km - 00:23:27, 10km - 00:46:43, 15km - 01:09:56, 20km - 01:33:28, 21km - 01:38:30, 25km - 01:57:06, 30km - 02:21:44, 35km - 02:46:57, 40km - 03:12:00									
654	1390	BUCZYŃSKI Arkadiusz	MIĘDZYGÓRZE		POL	M45	78	03:22:41	03:23:33		624
		5km - 00:24:07, 10km - 00:48:26, 15km - 01:12:39, 20km - 01:36:44, 21km - 01:43:27, 25km - 02:02:17, 30km - 02:26:23, 35km - 02:50:02, 40km - 03:13:04									
655	4400	SZABOŃ Tomasz	JANKOWICE	UKS Reflex Rybnik	POL	M30	281	03:22:42	03:23:25		625
		5km - 00:22:35, 10km - 00:45:25, 15km - 01:08:14, 20km - 01:31:23, 21km - 01:36:28, 25km - 01:55:09, 30km - 02:20:24, 35km - 02:45:52, 40km - 03:11:43									
656	3541	IDKOWIAK Patryk	POZNAŃ		POL	M30	282	03:22:44	03:24:12		626
		5km - 00:24:34, 10km - 00:48:29, 15km - 01:12:06, 20km - 01:35:50, 21km - 01:40:55, 25km - 01:59:19, 30km - 02:23:38, 35km - 02:47:38, 40km - 03:12:20									
657	1107	WALKOWIAK Mateusz	PRZEMET		POL	M18	89	03:22:44	03:23:15		626
		5km - 00:22:40, 10km - 00:45:28, 15km - 01:08:19, 20km - 01:30:47, 21km - 01:35:39, 25km - 01:53:21, 30km - 02:16:53, 35km - 02:41:26, 40km - 03:10:34									
658	3442	Zawodnik anonimowy				M50	23	03:22:44	03:23:46		626
		5km - 00:23:27, 10km - 00:46:43, 15km - 01:09:56, 20km - 01:33:29, 21km - 01:38:36, 25km - 01:57:06, 30km - 02:21:44, 35km - 02:46:50, 40km - 03:11:44									
659	1996	KOPANIA Grzegorz	AUGUSTÓW	ATP Augustów	POL	M40	140	03:22:48	03:22:51		629
		5km - 00:20:02, 10km - 00:41:15, 15km - 01:02:58, 20km - 01:27:11, 21km - 01:32:07, 25km - 01:50:39, 30km - 02:17:49, 35km - 02:44:10, 40km - 03:11:56									
660	1990	MATYJA Andrzej	KŁOBUCK		POL	M40	140	03:22:48	03:23:38		629
		5km - 00:23:51, 10km - 00:47:38, 15km - 01:11:23, 20km - 01:34:57, 21km - 01:40:03, 25km - 01:58:21, 30km - 02:22:16, 35km - 02:46:17, 40km - 03:11:22									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
661	7159	KOWALIK Arkadiusz	NEUMÜNSTER	SVT Neumünster	EUA	M45	79	03:22:49	03:25:29		631
		5km - 00:23:55, 10km - 00:47:36, 15km - 01:10:53, 20km - 01:34:47, 21km - 01:40:00, 25km - 01:58:24, 30km - 02:22:52, 35km - 02:47:08, 40km - 03:12:10									
662	806	SZULERECKI Mariusz	WROCŁAW		POL	M30	283	03:22:49	03:23:40		631
		5km - 00:22:02, 10km - 00:44:11, 15km - 01:06:11, 20km - 01:28:54, 21km - 01:33:55, 25km - 01:52:06, 30km - 02:17:06, 35km - 02:43:00, 40km - 03:11:07									
663	6698	BORSIAK Krzysztof	PLEWISKA		POL	M50	24	03:22:50	03:25:29		633
		5km - 00:23:57, 10km - 00:47:38, 15km - 01:10:54, 20km - 01:34:47, 21km - 01:40:01, 25km - 01:58:25, 30km - 02:22:53, 35km - 02:47:10, 40km - 03:12:10									
664	6031	NIEDZIÓŁKA Wojciech	GRABIANÓW	Centrum Szkolenia Policji w Legionowie	POL	M30	284	03:22:51	03:23:01		634
		5km - 00:21:13, 10km - 00:42:42, 15km - 01:03:50, 20km - 01:25:52, 21km - 01:30:33, 25km - 01:49:22, 30km - 02:15:36, 35km - 02:43:11, 40km - 03:12:02									
665	5472	BABINSKI Maciej	ŚWINOUJŚCIE	Marynarka Wojenna Świnoujście	POL	M40	142	03:22:53	03:23:26		635
		5km - 00:22:55, 10km - 00:45:50, 15km - 01:08:51, 20km - 01:32:25, 21km - 01:37:29, 25km - 01:56:07, 30km - 02:20:49, 35km - 02:46:11, 40km - 03:12:10									
666	6882	LISEK Andrzej	POZNAN	LISEK	POL	M30	285	03:22:54	03:23:10		636
		5km - 00:21:33, 10km - 00:42:48, 15km - 01:03:51, 20km - 01:25:17, 21km - 01:29:56, 25km - 01:47:09, 30km - 02:11:45, 35km - 02:36:48, 40km - 03:08:27									
667	3083	ZIELIŃSKI Piotr	POZNAŃ		POL	M30	286	03:22:55	03:23:53		637
		5km - 00:23:10, 10km - 00:46:03, 15km - 01:08:46, 20km - 01:31:40, 21km - 01:36:40, 25km - 01:54:45, 30km - 02:18:55, 35km - 02:44:40, 40km - 03:11:06									
668	3986	MATUSZYK Lukasz	LEGNICA		POL	M40	143	03:23:08	03:24:00		638
		5km - 00:23:47, 10km - 00:47:38, 15km - 01:11:24, 20km - 01:35:28, 21km - 01:40:37, 25km - 01:59:15, 30km - 02:23:25, 35km - 02:48:02, 40km - 03:12:49									
669	4986	KACZMAREK Tomasz	WIELICZKA	Niepołomice Biegają	POL	M30	287	03:23:09	03:23:21		639
		5km - 00:22:11, 10km - 00:44:23, 15km - 01:05:53, 20km - 01:28:12, 21km - 01:33:01, 25km - 01:50:38, 30km - 02:15:19, 35km - 02:42:21, 40km - 03:11:58									
670	3604	WYLEGAŁA Michał	CHODZIEŻ	PCH_RUN	POL	M40	144	03:23:12	03:23:58		640
		5km - 00:24:46, 10km - 00:49:31, 15km - 01:12:07, 20km - 01:35:11, 21km - 01:40:04, 25km - 01:57:50, 30km - 02:21:59, 35km - 02:46:19, 40km - 03:12:28									
671	4499	NAPIERAŁA Damian	KÓRNIK/DZIEĆMIEROWO	Dorwać Gringo	POL	M40	145	03:23:13	03:23:42		641
		5km - 00:23:14, 10km - 00:46:40, 15km - 01:09:52, 20km - 01:33:25, 21km - 01:38:26, 25km - 01:56:59, 30km - 02:21:27, 35km - 02:46:11, 40km - 03:12:24									
672	7114	STOIŃSKI Marcin	KOSTRZYN	Band of runners	POL	M30	288	03:23:13	03:23:42		641
		5km - 00:23:14, 10km - 00:46:40, 15km - 01:09:51, 20km - 01:33:25, 21km - 01:38:27, 25km - 01:56:58, 30km - 02:21:27, 35km - 02:46:08, 40km - 03:12:24									
673	2874	NOWACZYK Filip	POZNAŃ		POL	M18	90	03:23:18	03:23:52		643
		5km - 00:24:08, 10km - 00:48:10, 15km - 01:11:01, 20km - 01:33:55, 21km - 01:38:43, 25km - 01:56:24, 30km - 02:19:41, 35km - 02:43:31, 40km - 03:11:16									
674	5476	RECZYŃSKI Marcin	SERWINÓW	ŚWIDNICKA GRUPA BIEGOWA	POL	M30	289	03:23:18	03:24:27		643
		5km - 00:24:05, 10km - 00:48:07, 15km - 01:11:46, 20km - 01:35:33, 21km - 01:40:45, 25km - 01:59:07, 30km - 02:23:14, 35km - 02:47:23, 40km - 03:12:48									
675	4295	TRITT Dawid	POZNAŃ	MUAY RUNNING TEAM	POL	M30	290	03:23:19	03:23:57		645
		5km - 00:23:10, 10km - 00:46:33, 15km - 01:09:37, 20km - 01:33:11, 21km - 01:38:50, 25km - 01:57:09, 30km - 02:21:40, 35km - 02:45:46, 40km - 03:11:45									
676	1773	WNUKOWSKI Marcin	TRZEBNICA	DTR RUNNING	POL	M40	146	03:23:20	03:25:07		646
		5km - 00:24:11, 10km - 00:48:14, 15km - 01:11:49, 20km - 01:34:54, 21km - 01:39:49, 25km - 01:57:42, 30km - 02:22:31, 35km - 02:46:38, 40km - 03:12:02									
677	267	DOBOSZ Maciej	NAKŁO NAD NOTECIĄ	ZK Potulice	POL	M30	291	03:23:22	03:23:59		647
		5km - 00:23:35, 10km - 00:46:54, 15km - 01:10:03, 20km - 01:33:31, 21km - 01:38:28, 25km - 01:57:03, 30km - 02:21:51, 35km - 02:46:41, 40km - 03:12:55									
678	4233	NOWACKI Łukasz	POZNAŃ		POL	M18	91	03:23:22	03:24:00		647
		5km - 00:22:42, 10km - 00:45:33, 15km - 01:08:17, 20km - 01:31:19, 21km - 01:36:18, 25km - 01:54:24, 30km - 02:18:16, 35km - 02:43:52, 40km - 03:11:23									
679	1698	SZYMKOWIAK Paweł	MALBORK	22 BLT/Godlewski Runners	POL	M30	292	03:23:23	03:23:29		649
		5km - 00:22:08, 10km - 00:44:31, 15km - 01:06:43, 20km - 01:29:16, 21km - 01:34:06, 25km - 01:52:04, 30km - 02:16:30, 35km - 02:42:51, 40km - 03:11:13									
680	5136	POCHYLSKI Łukasz	DĘBLIN		POL	M30	293	03:23:24	03:24:33		650
		5km - 00:24:47, 10km - 00:49:20, 15km - 01:13:38, 20km - 01:38:00, 21km - 01:43:29, 25km - 02:03:16, 30km - 02:27:50, 35km - 02:51:38, 40km - 03:14:44									
681	1759	ADAMSKI Piotr	POZNAŃ		POL	M30	294	03:23:26	03:24:40		651
		5km - 00:24:13, 10km - 00:48:19, 15km - 01:12:04, 20km - 01:36:00, 21km - 01:41:09, 25km - 02:00:02, 30km - 02:24:31, 35km - 02:48:38, 40km - 03:12:45									
682	3720	JANASZAK Fabian	WĘGLINIEC	Kierowca międzynarodowy	POL	M40	147	03:23:27	03:24:58		652
		5km - 00:24:26, 10km - 00:48:42, 15km - 01:12:50, 20km - 01:36:41, 21km - 01:41:48, 25km - 02:00:15, 30km - 02:24:21, 35km - 02:47:51, 40km - 03:12:47									
683	4821	SOUSA Fernando	WARSZAWA		POL	M40	147	03:23:27	03:24:47		652
		5km - 00:25:23, 10km - 00:49:37, 15km - 01:13:33, 20km - 01:37:43, 21km - 01:42:53, 25km - 02:01:30, 30km - 02:25:46, 35km - 02:49:54, 40km - 03:13:58									
684	4840	STROIŃSKI Kamil	TYCHY	PGG KONTRA STASZIC	POL	M30	295	03:23:34	03:24:15		654
		5km - 00:22:51, 10km - 00:45:17, 15km - 01:07:32, 20km - 01:30:25, 21km - 01:35:23, 25km - 01:53:30, 30km - 02:17:52, 35km - 02:44:27, 40km - 03:11:56									
685	4967	BILIŃSKI Tomasz	OLEŚNICA		POL	M30	296	03:23:35	03:24:15		655
		5km - 00:24:01, 10km - 00:47:59, 15km - 01:11:28, 20km - 01:35:14, 21km - 01:40:17, 25km - 01:58:48, 30km - 02:23:13, 35km - 02:47:36, 40km - 03:12:46									
686	4255	RAJSKI Mirosław	WIERZCHOSŁAWICE	Ekipa z Tarnowa	POL	M30	297	03:23:36	03:23:47		656
		5km - 00:21:01, 10km - 00:41:58, 15km - 01:03:09, 20km - 01:24:24, 21km - 01:29:18, 25km - 01:46:44, 30km - 02:12:20, 35km - 02:39:30, 40km - 03:11:05									
687	2497	KACZOR Rafał	SOSNOWIEC	PKO Bank Polski	POL	M45	80	03:23:40	03:24:16		657
		5km - 00:24:00, 10km - 00:47:47, 15km - 01:11:11, 20km - 01:35:13, 21km - 01:40:15, 25km - 01:58:56, 30km - 02:23:19, 35km - 02:47:51, 40km - 03:12:43									
688	4404	KANIUK Sławomir	GRODZISK WIELKOPOLSKI	GB Wielkopolscy Biegacze	POL	M45	81	03:23:41	03:24:19		658
		5km - 00:24:31, 10km - 00:48:39, 15km - 01:12:39, 20km - 01:36:46, 21km - 01:41:51, 25km - 02:00:24, 30km - 02:24:32, 35km - 02:48:32, 40km - 03:13:02									
689	7158	PRUSAK Maciej	WROCŁAW		POL	M40	149	03:23:44	03:24:10		659
		5km - 00:24:19, 10km - 00:48:05, 15km - 01:11:57, 20km - 01:36:02, 21km - 01:41:11, 25km - 01:59:49, 30km - 02:24:33, 35km - 02:48:47, 40km - 03:13:35									
690	6647	RYBARCZYK Maciej	BYTÓW		POL	M45	82	03:23:44	03:23:50		659
		5km - 00:21:22, 10km - 00:42:47, 15km - 01:04:02, 20km - 01:26:40, 21km - 01:31:32, 25km - 01:49:27, 30km - 02:14:09, 35km - 02:40:58, 40km - 03:11:04									
691	6191	RYBUS Kamil	BOCHEŃ	OSP Bocheń	POL	M18	92	03:23:44	03:23:55		659
		5km - 00:21:17, 10km - 00:42:41, 15km - 01:03:51, 20km - 01:25:44, 21km - 01:30:25, 25km - 01:47:58, 30km - 02:14:00, 35km - 02:43:12, 40km - 03:12:34									
692	6235	MANJURA Tomasz	CHORZÓW	CSC Adventure Academy	POL	M18	93	03:23:48	03:24:33		662
		5km - 00:24:24, 10km - 00:48:57, 15km - 01:12:37, 20km - 01:36:20, 21km - 01:41:23, 25km - 01:59:52, 30km - 02:23:58, 35km - 02:47:46, 40km - 03:13:06									
693	2213	KUCHTA Kamil	BOLESŁAWIEC		POL	M18	94	03:23:49	03:24:22		663
		5km - 00:23:37, 10km - 00:47:13, 15km - 01:10:32, 20km - 01:34:09, 21km - 01:39:18, 25km - 01:58:02, 30km - 02:22:25, 35km - 02:47:04, 40km - 03:13:06									
694	1625	SEKMAN Tomasz	KRAKÓW		POL	M40	150	03:23:56	03:24:41		664
		5km - 00:23:38, 10km - 00:47:22, 15km - 01:10:56, 20km - 01:34:40, 21km - 01:39:43, 25km - 01:58:07, 30km - 02:21:59, 35km - 02:46:15, 40km - 03:12:12									
695	6186	BOGUSZ Mikołaj	POZNAŃ (POZNAŃ-WILDA)		POL	M18	95	03:23:57	03:24:03		665
		5km - 00:20:44, 10km - 00:41:04, 15km - 01:01:47, 20km - 01:24:48, 21km - 01:29:55, 25km - 01:50:03, 30km - 02:16:13, 35km - 02:43:28, 40km - 03:12:53									
696	755	KAZIMIERCZAK Tomasz	CHWALĘCICE	KB PIAST Międzyrzecz / 17WBZ	POL	M40	151	03:23:57	03:24:18		665
		5km - 00:22:52, 10km - 00:45:47, 15km - 01:08:31, 20km - 01:31:37, 21km - 01:36:39, 25km - 01:55:34, 30km - 02:20:56, 35km - 02:48:01, 40km - 03:13:36									
697	1355	BEDNAREK Sebastian	NOWA RUDA	AKTYWNA NOWA RUDA	POL	M30	298	03:23:59	03:26:48		667
		5km - 00:24:07, 10km - 00:47:22, 15km - 01:10:16, 20km - 01:34:07, 21km - 01:39:15, 25km - 01:57:59, 30km - 02:22:46, 35km - 02:47:18, 40km - 03:13:14									
698	5989	DOMAŃSKI Maciej	GOLENIÓW	Rozbiegany Goleniów	POL	M40	152	03:23:59	03:24:13		667
		5km - 00:21:17, 10km - 00:43:22, 15km - 01:05:16, 20km - 01:27:50, 21km - 01:33:06, 25km - 01:51:22, 30km - 02:17:20, 35km - 02:44:04, 40km - 03:12:46									
699	6007	BIAŁOBŁOCKI Tomasz	KIEKRZ	Warriors Team	POL	M50	25	03:24:00	03:24:20		669
		5km - 00:22:10, 10km - 00:44:26, 15km - 01:06:47, 20km - 01:29:18, 21km - 01:34:12, 25km - 01:52:11, 30km - 02:17:40, 35km - 02:45:35, 40km - 03:12:55									
700	1797	SZYSZKO Stanisław	PIŁA	BONIN RUNNERS	POL	M30	299	03:24:00	03:26:20		669
		5km - 00:23:46, 10km - 00:47:50, 15km - 01:11:44, 20km - 01:35:40, 21km - 01:40:54, 25km - 01:59:50, 30km - 02:24:21, 35km - 02:48:34, 40km - 03:13:12									
701	5394	HABIEDA Lucjan	FRYDMAN	Fundacja Frydman Triathlon	POL	M50	26	03:24:01	03:24:39		671
		5km - 00:22:34, 10km - 00:45:30, 15km - 01:08:13, 20km - 01:31:18, 21km - 01:36:13, 25km - 01:54:20, 30km - 02:17:56, 35km - 02:42:48, 40km - 03:11:35									
702	3065	PIERZGALSKA Ewa	PIŁA	4RUN TEAM PIŁA	POL	K40	9	03:24:03	03:24:34	31	
		5km - 00:22:38, 10km - 00:45:16, 15km - 01:07:55, 20km - 01:31:16, 21km - 01:36:22, 25km - 01:54:41, 30km - 02:19:29, 35km - 02:45:18, 40km - 03:13:03									
703	7307	BAJGERT Robert	KOŁOBRZEG	KB WYGAN/VOLTAIX.PL	POL	M45	83	03:24:06	03:24:31		672
		5km - 00:22:25, 10km - 00:44:52, 15km - 01:07:17, 20km - 01:30:04, 21km - 01:34:54, 25km - 01:52:53, 30km - 02:18:17, 35km - 02:44:20, 40km - 03:12:20									
704	3125	ZNAJDEK Tomasz	INOWROCŁAW	Sport4Life	POL	M30	300	03:24:07	03:25:08		673
		5km - 00:25:03, 10km - 00:49:43, 15km - 01:13:10, 20km - 01:37:16, 21km - 01:42:25, 25km - 02:01:22, 30km - 02:25:47, 35km - 02:50:06, 40km - 03:14:16									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
705	2451	BOSIŃSKI Jarosław	MARKI	NTG Polar	POL	M50	27	03:24:08	03:25:17		674
		5km - 00:23:14, 10km - 00:46:15, 15km - 01:09:31, 20km - 01:33:32, 21km - 01:38:39, 25km - 01:57:18, 30km - 02:21:49, 35km - 02:46:34, 40km - 03:12:30									
706	5068	BODO Przemysław	SKARŻYSKO-KAMIENNA		POL	M45	84	03:24:09	03:24:39		675
		5km - 00:22:22, 10km - 00:44:30, 15km - 01:06:15, 20km - 01:28:08, 21km - 01:32:55, 25km - 01:50:21, 30km - 02:14:05, 35km - 02:41:30, 40km - 03:11:42									
707	2485	KIEŁCZYŃSKI Rajmund	LUBIN		POL	M40	153	03:24:09	03:24:35		675
		5km - 00:24:29, 10km - 00:48:37, 15km - 01:12:37, 20km - 01:37:00, 21km - 01:42:11, 25km - 02:01:13, 30km - 02:25:42, 35km - 02:49:20, 40km - 03:13:46									
708	2467	FRĄTCZAK Mateusz	WARSZAWA	Adidas Runners Warsaw	POL	M30	301	03:24:10	03:24:19		677
		5km - 00:23:10, 10km - 00:46:26, 15km - 01:09:20, 20km - 01:32:39, 21km - 01:37:42, 25km - 01:56:09, 30km - 02:20:19, 35km - 02:44:25, 40km - 03:11:58									
709	4344	STACHOWIAK Grzegorz	POZNAŃ		POL	M30	301	03:24:10	03:24:22		677
		5km - 00:21:49, 10km - 00:44:07, 15km - 01:06:40, 20km - 01:29:41, 21km - 01:34:42, 25km - 01:53:04, 30km - 02:18:02, 35km - 02:44:28, 40km - 03:12:28									
710	4018	MICHALAK Michał	POZNAŃ		POL	M50	28	03:24:12	03:26:00		679
		5km - 00:24:44, 10km - 00:48:31, 15km - 01:11:24, 20km - 01:34:26, 21km - 01:39:30, 25km - 01:57:46, 30km - 02:21:59, 35km - 02:46:50, 40km - 03:12:50									
711	263	JASKUŁOWSKI Mieczysław	WARSZAWA	SW AŚ Warszawa Sluzewiec	POL	M30	303	03:24:15	03:24:20		680
		5km - 00:21:22, 10km - 00:42:45, 15km - 01:03:58, 20km - 01:26:16, 21km - 01:31:09, 25km - 01:49:28, 30km - 02:14:56, 35km - 02:42:11, 40km - 03:12:01									
712	5685	FILIPCZUK Przemysław	WARSZAWA	Accelerating Poland	POL	M30	304	03:24:16	03:24:47		681
		5km - 00:22:46, 10km - 00:45:38, 15km - 01:08:23, 20km - 01:31:28, 21km - 01:36:27, 25km - 01:54:29, 30km - 02:20:22, 35km - 02:47:38, 40km - 03:13:59									
713	5055	DEROŃ Waldemar	BYDGOSZCZ		POL	M30	305	03:24:22	03:24:34		682
		5km - 00:21:46, 10km - 00:43:19, 15km - 01:05:04, 20km - 01:26:40, 21km - 01:31:31, 25km - 01:49:47, 30km - 02:15:30, 35km - 02:42:24, 40km - 03:12:03									
714	4708	DARUL Radek	SKÓRZEWO	Skórzewo biega	POL	M45	85	03:24:27	03:24:41		683
		5km - 00:22:12, 10km - 00:46:14, 15km - 01:08:43, 20km - 01:31:46, 21km - 01:36:45, 25km - 01:54:55, 30km - 02:18:38, 35km - 02:42:48, 40km - 03:10:58									
715	2815	LATKOWSKA Anna	KIELCE		POL	K30	16	03:24:30	03:25:17	32	
		5km - 00:24:29, 10km - 00:48:56, 15km - 01:12:48, 20km - 01:37:09, 21km - 01:42:25, 25km - 02:01:32, 30km - 02:26:16, 35km - 02:50:28, 40km - 03:14:33									
716	4929	MICKIEWICZ Wojciech	MIĘDZYZDROJE	Hotel Amber Baltic	POL	M55	15	03:24:32	03:25:06		684
		5km - 00:24:00, 10km - 00:48:10, 15km - 01:11:55, 20km - 01:36:01, 21km - 01:41:11, 25km - 01:59:59, 30km - 02:24:37, 35km - 02:48:54, 40km - 03:13:45									
717	6506	SZPITER Tomasz	ZŁOTORYJA	OLAWS ZŁOTORYJA	POL	M50	29	03:24:34	03:25:22		685
		5km - 00:23:54, 10km - 00:47:01, 15km - 01:09:56, 20km - 01:32:56, 21km - 01:37:56, 25km - 01:56:16, 30km - 02:20:47, 35km - 02:46:11, 40km - 03:13:33									
718	1730	Zawodnik anonimowy				M30	306	03:24:34	03:25:31		685
		5km - 00:24:07, 10km - 00:48:20, 15km - 01:11:45, 20km - 01:35:45, 21km - 01:40:57, 25km - 01:59:37, 30km - 02:24:40, 35km - 02:49:06, 40km - 03:13:53									
719	845	NOWAKOWSKI Tomasz	PŁOCK	PTT DELTA	POL	M40	154	03:24:36	03:25:03		687
		5km - 00:22:17, 10km - 00:44:10, 15km - 01:05:58, 20km - 01:28:32, 21km - 01:33:31, 25km - 01:51:46, 30km - 02:16:34, 35km - 02:42:25, 40km - 03:11:40									
720	7266	WIELGOSZ Marcin	WARSZAWA		POL	M40	155	03:24:37	03:24:47		688
		5km - 00:22:15, 10km - 00:44:43, 15km - 01:06:46, 20km - 01:29:28, 21km - 01:34:23, 25km - 01:52:30, 30km - 02:16:20, 35km - 02:41:57, 40km - 03:12:18									
721	2878	Zawodnik anonimowy				M30	307	03:24:37	03:24:52		688
		5km - 00:21:10, 10km - 00:42:25, 15km - 01:03:31, 20km - 01:24:54, 21km - 01:29:26, 25km - 01:46:00, 30km - 02:12:29, 35km - 02:44:49, 40km - 03:13:10									
722	4659	DZITKOWSKI Witold	GOWARZEWO	Innvigo	POL	M30	308	03:24:39	03:24:59		690
		5km - 00:22:47, 10km - 00:45:11, 15km - 01:07:35, 20km - 01:30:16, 21km - 01:35:15, 25km - 01:53:14, 30km - 02:18:07, 35km - 02:44:37, 40km - 03:12:49									
723	450	BIELEŃ Bartosz	POZNAŃ	Lucky LUZers	POL	M30	309	03:24:40	03:24:57		691
		5km - 00:21:08, 10km - 00:42:28, 15km - 01:03:43, 20km - 01:26:27, 21km - 01:31:34, 25km - 01:50:32, 30km - 02:18:30, 35km - 02:44:23, 40km - 03:12:59									
724	5875	MICZYŃSKI Adam	GNIEZNO	Bridgestone	POL	M45	86	03:24:40	03:25:29		691
		5km - 00:24:14, 10km - 00:48:45, 15km - 01:13:02, 20km - 01:37:34, 21km - 01:42:46, 25km - 02:01:45, 30km - 02:26:10, 35km - 02:50:30, 40km - 03:14:59									
725	3698	ŁOPATECKI Paweł	OTWOCK		POL	M30	309	03:24:40	03:26:29		691
		5km - 00:24:45, 10km - 00:49:27, 15km - 01:14:14, 20km - 01:39:11, 21km - 01:44:34, 25km - 02:04:05, 30km - 02:28:51, 35km - 02:52:09, 40km - 03:15:45									
726	264	ETTINGER Paweł	BYDGOSZCZ		POL	M30	311	03:24:42	03:24:57		694
		5km - 00:21:49, 10km - 00:43:23, 15km - 01:05:03, 20km - 01:26:51, 21km - 01:31:36, 25km - 01:49:24, 30km - 02:14:37, 35km - 02:43:04, 40km - 03:12:02									
727	4375	GARCZAREK Tomasz	KOŚCIAN	Piękni i Młodzi	POL	M45	87	03:24:42	03:25:14		694
		5km - 00:23:27, 10km - 00:47:14, 15km - 01:10:49, 20km - 01:35:05, 21km - 01:40:10, 25km - 01:58:51, 30km - 02:23:47, 35km - 02:48:12, 40km - 03:13:49									
728	6087	JAROSZUK Kamil	GDAŃSK	AZS Centrum Galion	POL	M40	156	03:24:42	03:24:50		694
		5km - 00:21:14, 10km - 00:42:26, 15km - 01:03:34, 20km - 01:25:56, 21km - 01:31:42, 25km - 01:51:14, 30km - 02:18:28, 35km - 02:46:35, 40km - 03:13:24									
729	7194	DREAS Michał	POZNAŃ	KS STK	POL	M30	312	03:24:45	03:25:13		697
		5km - 00:22:43, 10km - 00:45:25, 15km - 01:07:53, 20km - 01:30:56, 21km - 01:35:52, 25km - 01:54:10, 30km - 02:19:46, 35km - 02:46:15, 40km - 03:13:25									
730	6214	WARDĘGA Adrian	POZNAŃ	Wardega Team	POL	M30	313	03:24:48	03:25:49		698
		5km - 00:24:07, 10km - 00:48:09, 15km - 01:12:03, 20km - 01:36:12, 21km - 01:41:25, 25km - 02:00:10, 30km - 02:24:43, 35km - 02:49:14, 40km - 03:13:34									
731	559	JERZYKOWSKI Tomasz	ZBĄSZYNEK	Zgryźliwi Tetrycy	POL	M40	157	03:24:49	03:25:25		699
		5km - 00:22:38, 10km - 00:45:22, 15km - 01:08:29, 20km - 01:31:16, 21km - 01:36:17, 25km - 01:54:19, 30km - 02:18:17, 35km - 02:43:44, 40km - 03:12:23									
732	3140	WASZKIEWICZ Dariusz	INOWROCŁAW	SPORT4LIFE	POL	M40	157	03:24:49	03:25:49		699
		5km - 00:25:04, 10km - 00:49:44, 15km - 01:13:12, 20km - 01:37:17, 21km - 01:42:27, 25km - 02:01:23, 30km - 02:25:49, 35km - 02:50:08, 40km - 03:14:33									
733	5034	WASZKIEWICZ Tomasz	SZCZECIN	DG RSZ 2 - 12DZ	POL	M30	314	03:25:00	03:25:55		701
		5km - 00:25:16, 10km - 00:49:53, 15km - 01:14:17, 20km - 01:39:03, 21km - 01:44:19, 25km - 02:03:45, 30km - 02:28:00, 35km - 02:50:46, 40km - 03:14:28									
734	282	PRZESŁAWSKA Magdalena	WĄGROWIEC	Wybite Jedynki	POL	K40	10	03:25:05	03:25:36	33	
		5km - 00:23:10, 10km - 00:46:16, 15km - 01:09:01, 20km - 01:32:31, 21km - 01:37:40, 25km - 01:56:21, 30km - 02:21:41, 35km - 02:47:28, 40km - 03:13:45									
735	1824	RATAJCZAK Marcin	KOTLIN		POL	M30	315	03:25:05	03:25:57		702
		5km - 00:23:32, 10km - 00:46:53, 15km - 01:10:10, 20km - 01:33:47, 21km - 01:38:59, 25km - 01:57:28, 30km - 02:22:11, 35km - 02:47:33, 40km - 03:14:05									
736	2948	BUGIERA Jacek	GDYNIA	PwC FCU Run Team	POL	M30	316	03:25:06	03:25:53		703
		5km - 00:22:26, 10km - 00:44:54, 15km - 01:07:18, 20km - 01:30:26, 21km - 01:35:23, 25km - 01:53:55, 30km - 02:19:08, 35km - 02:45:14, 40km - 03:13:11									
737	163	DUDA Dawid	PYSZĄCA	REHAU CROSSACTIVE	POL	M30	317	03:25:07	03:25:22		704
		5km - 00:22:03, 10km - 00:44:18, 15km - 01:06:45, 20km - 01:29:45, 21km - 01:34:39, 25km - 01:53:24, 30km - 02:19:18, 35km - 02:45:58, 40km - 03:14:14									
738	3790	MAZUREK Robert	LUBLIN	LUBELSKIE STOWARZYSZENIE BIEGOWE / LUBEL	POL	M40	159	03:25:13	03:25:35		705
		5km - 00:23:21, 10km - 00:46:49, 15km - 01:10:16, 20km - 01:34:04, 21km - 01:39:20, 25km - 01:58:08, 30km - 02:23:07, 35km - 02:48:36, 40km - 03:14:16									
739	4948	PRAŁAT Kacper	POZNAŃ	UMP Biega	POL	M18	96	03:25:13	03:25:41		705
		5km - 00:22:29, 10km - 00:44:58, 15km - 01:07:26, 20km - 01:30:09, 21km - 01:35:06, 25km - 01:53:05, 30km - 02:16:32, 35km - 02:40:06, 40km - 03:12:39									
740	4140	STOKOWSKI Mariusz	ZŁOTNICZKI	Borowo-Młyn Team	POL	M40	160	03:25:14	03:26:33		707
		5km - 00:23:40, 10km - 00:47:30, 15km - 01:11:13, 20km - 01:35:12, 21km - 01:40:24, 25km - 01:59:39, 30km - 02:23:53, 35km - 02:48:37, 40km - 03:14:11									
741	783	CZERWIŃSKI Michał	WOLA MAKOWSKA	Artom Team	POL	M30	318	03:25:15	03:26:06		708
		5km - 00:22:41, 10km - 00:45:18, 15km - 01:08:06, 20km - 01:31:12, 21km - 01:36:07, 25km - 01:54:33, 30km - 02:19:59, 35km - 02:46:22, 40km - 03:13:38									
742	4878	DROBNIK Błażej	OPALENICA	Opalenicki Klub Biegacza	POL	M30	318	03:25:15	03:26:37		708
		5km - 00:24:50, 10km - 00:49:06, 15km - 01:13:12, 20km - 01:37:54, 21km - 01:43:15, 25km - 02:02:51, 30km - 02:27:27, 35km - 02:51:38, 40km - 03:15:29									
743	970	KOWAL Paweł	TARNÓW	PTG Sokół Świat Pracy Tarnów	POL	M30	320	03:25:16	03:26:18		710
		5km - 00:24:44, 10km - 00:48:57, 15km - 01:12:47, 20km - 01:36:28, 21km - 01:42:00, 25km - 02:00:45, 30km - 02:24:55, 35km - 02:49:24, 40km - 03:14:37									
744	3612	JORNÍČEK Petr	OSTRAVA	MK Seitl Ostrava	CZE	M50	30	03:25:17	03:25:29		711
		5km - 00:22:46, 10km - 00:46:05, 15km - 01:09:00, 20km - 01:32:49, 21km - 01:38:07, 25km - 01:57:03, 30km - 02:22:08, 35km - 02:47:12, 40km - 03:13:42									
745	5891	POWAŁOWSKI Marcin	GNIEZNO		POL	M40	161	03:25:24	03:26:40		712
		5km - 00:24:42, 10km - 00:49:13, 15km - 01:13:34, 20km - 01:37:52, 21km - 01:42:59, 25km - 02:01:58, 30km - 02:26:32, 35km - 02:50:29, 40km - 03:14:51									
746	1027	LASKA Tomasz	ZAWICHOST	Zawichost Biega	POL	M55	16	03:25:26	03:25:55		713
		5km - 00:22:41, 10km - 00:45:27, 15km - 01:08:09, 20km - 01:31:24, 21km - 01:36:21, 25km - 01:54:26, 30km - 02:18:43, 35km - 02:44:08, 40km - 03:13:00									
747	1380	KUZIOMKO Krzysztof	ZIELONA GÓRA	TEAM DRACZYŃSKI	POL	M40	162	03:25:30	03:26:13		714
		5km - 00:23:43, 10km - 00:47:20, 15km - 01:10:41, 20km - 01:34:17, 21km - 01:39:18, 25km - 01:57:36, 30km - 02:21:47, 35km - 02:46:34, 40km - 03:14:05									
748	690	BOGACZ Radosław	NIDEK		POL	M30	321	03:25:31	03:26:34		715
		5km - 00:24:07, 10km - 00:47:40, 15km - 01:10:40, 20km - 01:33:59, 21km - 01:39:10, 25km - 01:57:32, 30km - 02:21:27, 35km - 02:45:27, 40km - 03:12:21									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
749	6570	PROTASIEWICZ Łukasz	OŚNO LUBUSKIE		POL	M30	322	03:25:34	03:26:31		716
		5km - 00:23:28, 10km - 00:46:17, 15km - 01:09:06, 20km - 01:32:02, 21km - 01:37:06, 25km - 01:55:19, 30km - 02:20:21, 35km - 02:47:21, 40km - 03:14:09									
750	222	GOLLNIK Adam	NOWY DWÓR MAZOWIECKI	RozbiegaMy Nowy Dwór	POL	M30	323	03:25:35	03:26:17		717
		5km - 00:22:32, 10km - 00:45:25, 15km - 01:08:14, 20km - 01:31:38, 21km - 01:36:40, 25km - 01:55:07, 30km - 02:20:20, 35km - 02:46:12, 40km - 03:12:50									
751	3412	ŚCISŁY Mateusz	ŚWIERKLANIEC	UFOKI Świerklaniec	POL	M18	97	03:25:39	03:26:57		718
		5km - 00:24:15, 10km - 00:48:18, 15km - 01:11:50, 20km - 01:35:23, 21km - 01:40:26, 25km - 01:59:18, 30km - 02:23:30, 35km - 02:47:48, 40km - 03:14:57									
752	5895	JACKOWIAK Piotr	BRZEG	GVT / SZTUKARUCHU	POL	M30	324	03:25:40	03:26:53		719
		5km - 00:24:52, 10km - 00:49:09, 15km - 01:12:52, 20km - 01:36:49, 21km - 01:42:22, 25km - 02:01:07, 30km - 02:25:31, 35km - 02:49:59, 40km - 03:14:47									
753	6945	PALACZ Marcin	BRZEG		POL	M40	163	03:25:42	03:26:45		720
		5km - 00:24:10, 10km - 00:47:56, 15km - 01:11:35, 20km - 01:35:19, 21km - 01:40:27, 25km - 01:59:04, 30km - 02:23:33, 35km - 02:47:55, 40km - 03:13:42									
754	6016	RYGIEL Krzysztof	WROCŁAW		POL	M45	88	03:25:43	03:25:55		721
		5km - 00:21:14, 10km - 00:42:32, 15km - 01:04:08, 20km - 01:27:48, 21km - 01:32:54, 25km - 01:52:11, 30km - 02:19:05, 35km - 02:47:20, 40km - 03:14:24									
755	3279	JANAS Romuald	MIĘDZYCHÓD		POL	M40	164	03:25:45	03:27:49		722
		5km - 00:24:05, 10km - 00:48:19, 15km - 01:12:14, 20km - 01:36:43, 21km - 01:41:50, 25km - 02:00:58, 30km - 02:26:05, 35km - 02:50:27, 40km - 03:15:16									
756	2228	MATECKI Maciej	MUROWANA GOŚLINA	KB GEPARD MUROWANA GOŚLINA	POL	M50	31	03:25:45	03:26:38		722
		5km - 00:24:06, 10km - 00:48:25, 15km - 01:12:23, 20km - 01:36:56, 21km - 01:42:02, 25km - 02:01:14, 30km - 02:26:14, 35km - 02:50:58, 40km - 03:15:33									
757	6556	BASIŃSKI Łukasz	POZNAŃ	Biegam Strasznie Wolno	POL	M40	165	03:25:50	03:26:40		724
		5km - 00:23:42, 10km - 00:47:04, 15km - 01:10:27, 20km - 01:34:06, 21km - 01:39:10, 25km - 01:57:58, 30km - 02:22:38, 35km - 02:48:33, 40km - 03:14:47									
758	2498	MARCZAK Krzysztof	ŚWIĘTOCHŁOWICE	PKO Bank Polski	POL	M45	89	03:25:51	03:26:26		725
		5km - 00:24:01, 10km - 00:48:01, 15km - 01:11:43, 20km - 01:35:58, 21km - 01:41:24, 25km - 02:00:18, 30km - 02:25:37, 35km - 02:50:41, 40km - 03:15:25									
759	4814	WOLSKI Jarek	MOGILNO	MOGILNO TEAM	POL	M45	89	03:25:51	03:26:35		725
		5km - 00:24:06, 10km - 00:48:11, 15km - 01:12:22, 20km - 01:36:37, 21km - 01:41:44, 25km - 02:00:36, 30km - 02:25:22, 35km - 02:50:22, 40km - 03:15:08									
760	4592	SOLARCZYK Maciej	MOGILNO	Mogilno Team	POL	M45	91	03:25:52	03:26:35		727
		5km - 00:24:08, 10km - 00:48:13, 15km - 01:12:23, 20km - 01:36:38, 21km - 01:41:45, 25km - 02:00:37, 30km - 02:25:23, 35km - 02:50:23, 40km - 03:15:11									
761	4658	DUSZYŃSKI Łukasz	NOWA WIEŚ	Team Bieganie na Śniadanie	POL	M18	98	03:25:54	03:29:09		728
		5km - 00:25:43, 10km - 00:50:34, 15km - 01:14:50, 20km - 01:38:42, 21km - 01:43:51, 25km - 02:02:49, 30km - 02:26:46, 35km - 02:50:29, 40km - 03:15:19									
762	5015	SUCHCICKI Krzysztof	WROCŁAW		POL	M45	92	03:25:55	03:27:18		729
		5km - 00:24:34, 10km - 00:48:06, 15km - 01:11:43, 20km - 01:35:44, 21km - 01:40:46, 25km - 01:59:19, 30km - 02:23:53, 35km - 02:48:45, 40km - 03:14:39									
763	4304	DOSTOŁ Dominik	ŁAZISKA	KS M.E.T.A.	POL	M30	325	03:25:56	03:27:35		730
		5km - 00:24:35, 10km - 00:48:46, 15km - 01:12:40, 20km - 01:36:34, 21km - 01:41:39, 25km - 02:00:28, 30km - 02:24:58, 35km - 02:49:18, 40km - 03:14:45									
764	1157	GRACZYK Mariusz	ZIELONA GÓRA	Rezija Sandia Liwieniec dom Prabuty	POL	M45	93	03:25:56	03:28:42		730
		5km - 00:26:30, 10km - 00:49:46, 15km - 01:13:12, 20km - 01:36:28, 21km - 01:41:40, 25km - 02:00:10, 30km - 02:24:50, 35km - 02:48:56, 40km - 03:14:40									
765	1790	BARNAŚ Krzysztof	MALBORK	Grupa Malbork	POL	M30	326	03:25:57	03:26:41		732
		5km - 00:23:52, 10km - 00:47:24, 15km - 01:10:52, 20km - 01:34:19, 21km - 01:39:24, 25km - 01:57:36, 30km - 02:21:37, 35km - 02:46:31, 40km - 03:13:53									
766	4416	KNAST Sławomir	MOGILNO	Mogilno Team	POL	M30	326	03:25:57	03:26:58		732
		5km - 00:24:55, 10km - 00:49:42, 15km - 01:14:24, 20km - 01:39:16, 21km - 01:44:36, 25km - 02:03:51, 30km - 02:28:16, 35km - 02:52:21, 40km - 03:16:12									
767	2670	GRAJ Damian	BRZEŹNO	Kama Run Czarnków	POL	M30	328	03:25:58	03:26:46		734
		5km - 00:24:21, 10km - 00:48:28, 15km - 01:12:04, 20km - 01:35:33, 21km - 01:40:41, 25km - 01:59:14, 30km - 02:23:47, 35km - 02:48:40, 40km - 03:14:33									
768	5803	KRYM Joanna	BŁOŃSKO		POL	K30	17	03:26:03	03:26:45	34	
		5km - 00:23:42, 10km - 00:47:30, 15km - 01:11:05, 20km - 01:35:06, 21km - 01:40:18, 25km - 01:59:19, 30km - 02:24:17, 35km - 02:49:04, 40km - 03:14:46									
769	6994	POSACKI Zbigniew	LUBIĄŻ	Wołów Biega	POL	M40	166	03:26:04	03:26:39		735
		5km - 00:24:27, 10km - 00:48:36, 15km - 01:12:32, 20km - 01:36:47, 21km - 01:41:56, 25km - 02:00:43, 30km - 02:25:22, 35km - 02:49:44, 40km - 03:15:16									
770	2450	ZAKRZEWSKI Robert	TRZCIANKA	SSJ Team	POL	M30	329	03:26:05	03:27:02		736
		5km - 00:23:54, 10km - 00:47:49, 15km - 01:10:35, 20km - 01:34:06, 21km - 01:39:26, 25km - 01:58:24, 30km - 02:24:30, 35km - 02:49:36, 40km - 03:15:44									
771	3527	KRIVOSHEEV Egor	??????		RUS	M30	330	03:26:09	03:26:37		737
		5km - 00:21:54, 10km - 00:42:46, 15km - 01:04:35, 20km - 01:27:58, 21km - 01:33:12, 25km - 01:52:04, 30km - 02:19:25, 35km - 02:46:36, 40km - 03:13:42									
772	3294	LIS Marek	SWARZĘDZ	Digital Fox Marek Lis	POL	M30	331	03:26:11	03:27:01		738
		5km - 00:23:40, 10km - 00:47:11, 15km - 01:10:45, 20km - 01:34:11, 21km - 01:39:14, 25km - 01:57:44, 30km - 02:21:51, 35km - 02:47:24, 40km - 03:15:08									
773	3133	WAWRZEŃ Tomasz	ŁAZISKA GÓRNE	STS Biegaton Mikołów	POL	M40	167	03:26:12	03:27:09		739
		5km - 00:24:06, 10km - 00:48:18, 15km - 01:12:06, 20km - 01:36:12, 21km - 01:41:23, 25km - 02:00:18, 30km - 02:25:08, 35km - 02:49:47, 40km - 03:15:18									
774	2857	JANOWSKI Tomaszek	CHEŁMNO	BODYCOTE POLSKA	POL	M30	332	03:26:13	03:27:26		740
		5km - 00:24:59, 10km - 00:49:53, 15km - 01:14:25, 20km - 01:39:14, 21km - 01:44:37, 25km - 02:03:55, 30km - 02:28:33, 35km - 02:52:35, 40km - 03:16:19									
775	4082	RUSAK Andrzej	ZGORZELEC	---	POL	M50	32	03:26:14	03:28:11		741
		5km - 00:24:06, 10km - 00:46:49, 15km - 01:09:54, 20km - 01:33:44, 21km - 01:38:48, 25km - 01:57:29, 30km - 02:22:41, 35km - 02:48:35, 40km - 03:15:04									
776	2825	RUSIN Adrian	WARSZAWA		POL	M18	99	03:26:16	03:27:27		742
		5km - 00:23:02, 10km - 00:45:51, 15km - 01:08:29, 20km - 01:31:42, 21km - 01:36:45, 25km - 01:55:07, 30km - 02:19:22, 35km - 02:44:34, 40km - 03:14:43									
777	6323	KURZAC Piotr	OSTRÓW WIELKOPOLSKI		POL	M30	333	03:26:17	03:27:49		743
		5km - 00:24:21, 10km - 00:48:02, 15km - 01:11:42, 20km - 01:35:24, 21km - 01:40:34, 25km - 01:59:10, 30km - 02:23:39, 35km - 02:48:35, 40km - 03:14:50									
778	6487	WIŚNIEWSKI Janusz	LUBOŃ	SM7	POL	M45	94	03:26:17	03:27:17		743
		5km - 00:24:12, 10km - 00:48:29, 15km - 01:12:27, 20km - 01:36:37, 21km - 01:41:51, 25km - 02:00:48, 30km - 02:25:53, 35km - 02:50:33, 40km - 03:15:35									
779	1411	STAPF Pawel	DOPIEWIEC		POL	M45	95	03:26:18	03:26:34		745
		5km - 00:21:36, 10km - 00:43:18, 15km - 01:05:07, 20km - 01:27:35, 21km - 01:32:32, 25km - 01:51:13, 30km - , 35km - 02:42:53, 40km - 03:12:32									
780	1413	RYBAK Rafał	GORZÓW		POL	M45	96	03:26:19	03:26:48		746
		5km - 00:22:46, 10km - 00:45:41, 15km - 01:08:26, 20km - 01:31:50, 21km - 01:36:51, 25km - 01:55:20, 30km - 02:20:49, 35km - 02:46:44, 40km - 03:14:28									
781	3583	SWORNOWSKI Krzysztof	POZNAŃ	Naramowice Biegają	POL	M40	168	03:26:19	03:27:02		746
		5km - 00:23:47, 10km - 00:47:15, 15km - 01:10:53, 20km - 01:34:54, 21km - 01:40:03, 25km - 01:58:29, 30km - 02:22:30, 35km - 02:48:11, 40km - 03:15:33									
782	1442	KUBIAK Bartłomiej	DOBRCZ	MYŚLIWY z ŻELAZA	POL	M30	334	03:26:20	03:26:44		748
		5km - 00:22:58, 10km - 00:46:16, 15km - 01:09:22, 20km - 01:33:08, 21km - 01:38:27, 25km - 01:57:24, 30km - 02:24:08, 35km - 02:49:25, 40km - 03:15:21									
783	6791	RZEPECKI Artur	DĄBRÓWKA	4Fiter	POL	M40	169	03:26:20	03:26:59		748
		5km - 00:22:32, 10km - 00:44:45, 15km - 01:06:40, 20km - 01:29:06, 21km - 01:34:39, 25km - 01:53:24, 30km - 02:20:03, 35km - 02:47:21, 40km - 03:14:11									
784	653	KMIECIK Arkadiusz	WARSZAWA	Fundacja morsy Wołomin-Kobyłka	POL	M40	170	03:26:21	03:27:18		750
		5km - 00:23:59, 10km - 00:47:50, 15km - 01:11:40, 20km - 01:35:54, 21km - 01:41:10, 25km - 02:00:16, 30km - 02:25:21, 35km - 02:50:17, 40km - 03:16:00									
785	1506	LIPIŃSKI Rafał	BRZEG	ArciszewskiTeam	POL	M18	100	03:26:21	03:27:20		750
		5km - 00:24:00, 10km - 00:48:08, 15km - 01:11:42, 20km - 01:35:31, 21km - 01:40:37, 25km - 01:59:10, 30km - 02:23:50, 35km - 02:48:48, 40km - 03:14:54									
786	5317	BĄBELEK Mariusz	MIĘDZYRZECZ	KS Kasztelanka MMS Team Triathlon	POL	M18	101	03:26:22	03:27:09		752
		5km - 00:22:47, 10km - 00:45:15, 15km - 01:08:03, 20km - 01:31:06, 21km - 01:36:09, 25km - 01:54:11, 30km - 02:17:48, 35km - 02:44:27, 40km - 03:14:11									
787	2534	KURCZEWSKI Bartosz	GRUSZCZYN	CITYZEN / KB MANIAC POZNAŃ	POL	M40	171	03:26:22	03:26:57		752
		5km - 00:23:20, 10km - 00:46:35, 15km - 01:09:20, 20km - 01:31:59, 21km - 01:37:44, 25km - 01:56:18, 30km - 02:21:18, 35km - 02:47:37, 40km - 03:14:18									
788	1571	TOMAKA Wojciech	RZESZÓW	Rzeszowskie Gazele i Gepardy	POL	M45	97	03:26:22	03:27:02		752
		5km - 00:22:57, 10km - 00:45:58, 15km - 01:09:25, 20km - 01:33:06, 21km - 01:38:10, 25km - 01:56:29, 30km - 02:21:20, 35km - 02:47:51, 40km - 03:14:53									
789	3687	KOZAK Arkadiusz	GORZÓW WLKP.		POL	M40	172	03:26:25	03:27:58		755
		5km - 00:24:51, 10km - 00:49:14, 15km - 01:13:09, 20km - 01:37:35, 21km - 01:42:39, 25km - 02:01:38, 30km - 02:25:56, 35km - 02:50:04, 40km - 03:15:16									
790	4593	POGORZELSKI Daniel	SZCZECIN		POL	M40	172	03:26:25	03:26:43		755
		5km - 00:22:36, 10km - 00:45:10, 15km - 01:07:43, 20km - 01:30:29, 21km - 01:35:27, 25km - 01:53:42, 30km - 02:19:02, 35km - 02:46:49, 40km - 03:14:40									
791	5372	WILIŃSKI Łukasz	MIŃSK MAZOWIECKI	Transition Technologies SW	POL	M30	335	03:26:27	03:27:11		757
		5km - 00:22:27, 10km - 00:45:17, 15km - 01:07:20, 20km - 01:29:47, 21km - 01:34:43, 25km - 01:52:12, 30km - 02:17:13, 35km - 02:46:34, 40km - 03:13:50									
792	4355	WARWICK Ben	EAGLESCLIFFE	Stockton Striders	GBR	M18	102	03:26:29	03:28:49		758
		5km - 00:23:52, 10km - 00:46:17, 15km - 01:08:03, 20km - 01:30:28, 21km - 01:35:17, 25km - 01:53:19, 30km - 02:18:18, 35km - 02:45:25, 40km - 03:13:45									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
793	70	DRELICH Michał	WARSZAWA	SE Group	POL	M30	336	03:26:30	03:26:58		759
		5km - 00:22:42, 10km - 00:45:32, 15km - 01:08:22, 20km - 01:31:24, 21km - 01:36:26, 25km - 01:54:30, 30km - 02:19:46, 35km - 02:47:26, 40km - 03:14:45									
794	2949	JAKUBOWSKI Marcin	POZNAŃ	gRUNwald Team Poznań	POL	M30	336	03:26:30	03:27:14		759
		5km - 00:24:02, 10km - 00:47:40, 15km - 01:11:02, 20km - 01:35:01, 21km - 01:40:05, 25km - 01:58:24, 30km - 02:23:07, 35km - 02:48:24, 40km - 03:15:12									
795	2666	ZBIERAJEWSKI Paweł	POZNAŃ		POL	M30	336	03:26:30	03:26:44		759
		5km - 00:21:36, 10km - 00:43:36, 15km - 01:05:45, 20km - 01:28:15, 21km - 01:33:15, 25km - 01:52:37, 30km - 02:18:32, 35km - 02:46:42, 40km - 03:14:48									
796	1829	SZYMCZAK Jacek	ŚMIESZKOWO	KB Gmina Czarnków	POL	M45	98	03:26:31	03:27:00		762
		5km - 00:22:43, 10km - 00:45:37, 15km - 01:08:24, 20km - 01:31:29, 21km - 01:36:28, 25km - 01:55:12, 30km - 02:21:48, 35km - 02:48:56, 40km - 03:14:52									
797	6461	KARJALAINEN Joonas	LAHTI	Team KaKe	FIN	M30	339	03:26:32	03:26:58		763
		5km - 00:23:21, 10km - 00:47:00, 15km - 01:10:35, 20km - 01:34:44, 21km - 01:39:58, 25km - 01:58:59, 30km - 02:24:28, 35km - 02:50:02, 40km - 03:15:39									
798	1782	KASZKUR Tomasz	GDAŃSK	runaroundthelake.blogspot.com	POL	M40	174	03:26:32	03:26:44		763
		5km - 00:21:12, 10km - 00:42:32, 15km - 01:03:39, 20km - 01:25:44, 21km - 01:30:36, 25km - 01:49:35, 30km - 02:16:34, 35km - 02:47:21, 40km - 03:15:26									
799	500	SZCZUPACZYŃSKI Arkadiusz	GRYFICE	Rungryf Gryfice	POL	M55	17	03:26:32	03:26:44		763
		5km - 00:21:43, 10km - 00:44:25, 15km - 01:07:52, 20km - 01:32:24, 21km - 01:37:51, 25km - 01:57:38, 30km - 02:22:31, 35km - 02:48:00, 40km - 03:14:42									
800	6499	MAZURKIEWICZ Marcin	MUROWANA GOŚLINA	KB Gepard Murowana Goślina	POL	M40	175	03:26:34	03:26:47		766
		5km - 00:22:35, 10km - 00:45:19, 15km - 01:07:58, 20km - 01:30:53, 21km - 01:35:45, 25km - 01:53:24, 30km - 02:16:41, 35km - 02:40:36, 40km - 03:08:34									
801	4923	JÓŹWICKI Jakub	ŁASKARZEW	CARINII	POL	M45	99	03:26:37	03:26:51		767
		5km - 00:21:53, 10km - 00:44:09, 15km - 01:06:36, 20km - 01:29:57, 21km - 01:34:59, 25km - 01:53:52, 30km - 02:20:25, 35km - 02:47:15, 40km - 03:15:05									
802	3989	GŁUBISZ Bartosz	POZNAŃ		POL	M30	340	03:26:43	03:26:54		768
		5km - 00:21:16, 10km - 00:42:26, 15km - 01:03:26, 20km - 01:24:59, 21km - 01:29:36, 25km - 01:47:30, 30km - 02:12:50, 35km - 02:39:39, 40km - 03:11:43									
803	3511	ROGALSKI Michał	POZNAŃ		POL	M30	340	03:26:43	03:27:16		768
		5km - 00:23:55, 10km - 00:48:08, 15km - 01:12:25, 20km - 01:36:54, 21km - 01:42:11, 25km - 02:01:15, 30km - 02:26:20, 35km - 02:50:59, 40km - 03:16:01									
804	6122	DĄBEK Kamil	KĘDZIERZYN		POL	M18	103	03:26:44	03:27:14		770
		5km - 00:23:08, 10km - 00:46:17, 15km - 01:09:28, 20km - 01:32:45, 21km - 01:37:51, 25km - 01:56:49, 30km - 02:21:55, 35km - 02:48:15, 40km - 03:15:27									
805	5911	Zawodnik anonimowy				M18	103	03:26:44	03:29:48		770
		5km - 00:24:53, 10km - 00:49:10, 15km - 01:13:27, 20km - 01:37:38, 21km - 01:42:58, 25km - 02:02:13, 30km - 02:26:57, 35km - 02:51:59, 40km - 03:16:44									
806	5040	NOCEK Paweł	SZCZECINEK		POL	M30	342	03:26:45	03:27:28		772
		5km - 00:23:54, 10km - 00:47:31, 15km - 01:10:57, 20km - 01:34:50, 21km - 01:39:58, 25km - 01:58:43, 30km - 02:23:10, 35km - 02:47:37, 40km - 03:15:08									
807	5082	PIŁAT Kamil	OLSZTYN		POL	M30	342	03:26:45	03:27:24		772
		5km - 00:23:29, 10km - 00:46:30, 15km - 01:09:54, 20km - 01:33:47, 21km - 01:38:57, 25km - 01:58:06, 30km - 02:24:02, 35km - 02:50:11, 40km - 03:16:17									
808	5948	KRÓL Krzysztof	BIELSKO-BIAŁA		POL	M45	100	03:26:46	03:27:53		774
		5km - 00:24:26, 10km - 00:48:42, 15km - 01:12:56, 20km - 01:37:30, 21km - 01:42:48, 25km - 02:02:08, 30km - 02:26:55, 35km - 02:51:21, 40km - 03:16:20									
809	6013	ZAŁUSKI Piotr	PECNA	Pecna Team	POL	M45	100	03:26:46	03:27:06		774
		5km - 00:22:03, 10km - 00:44:35, 15km - 01:07:01, 20km - 01:30:09, 21km - 01:35:12, 25km - 01:53:56, 30km - 02:19:32, 35km - 02:47:41, 40km - 03:15:33									
810	2446	WOJTAS Stefan	CZŁUCHÓW	Tripaka Przechlewo	POL	M40	176	03:26:53	03:27:18		776
		5km - 00:21:12, 10km - 00:42:28, 15km - 01:03:50, 20km - 01:25:51, 21km - 01:30:43, 25km - 01:49:22, 30km - 02:16:06, 35km - 02:44:48, 40km - 03:13:38									
811	5928	NAPARTY Zbigniew	BOGDANOWO	Kęsy Team	POL	M50	33	03:26:55	03:28:38		777
		5km - 00:24:48, 10km - 00:49:24, 15km - 01:14:03, 20km - 01:38:39, 21km - 01:44:01, 25km - 02:02:52, 30km - 02:27:30, 35km - 02:52:02, 40km - 03:16:22									
812	812	DRÓŻGA Mirosław	ŚWIĘTOCHŁOWICE		POL	M30	344	03:26:57	03:28:01		778
		5km - 00:24:39, 10km - 00:49:02, 15km - 01:13:04, 20km - 01:37:57, 21km - 01:43:07, 25km - 02:02:22, 30km - 02:27:57, 35km - 02:51:53, 40km - 03:16:21									
813	7105	BERNAT Robert	SUCHY LAS	Skis team	POL	M40	177	03:26:58	03:27:48		779
		5km - 00:23:09, 10km - 00:46:17, 15km - 01:09:11, 20km - 01:35:31, 21km - 01:40:35, 25km - 01:59:27, 30km - 02:26:20, 35km - 02:52:14, 40km - 03:16:35									
814	2843	POKRYWKA Arkadiusz	DĄBRÓWKA	PGB Sportowa Paczka	POL	M40	177	03:26:58	03:29:46		779
		5km - 00:25:04, 10km - 00:49:22, 15km - 01:13:36, 20km - 01:37:59, 21km - 01:43:14, 25km - 02:02:20, 30km - 02:26:47, 35km - 02:50:48, 40km - 03:15:51									
815	5089	ROMANOWSKI Dariusz	ŚWINOUJŚCIE	Marynarka Wojenna	POL	M40	179	03:27:02	03:29:10		781
		5km - 00:23:41, 10km - 00:47:12, 15km - 01:10:07, 20km - 01:34:00, 21km - 01:39:05, 25km - 01:57:56, 30km - 02:23:01, 35km - 02:48:44, 40km - 03:15:47									
816	5456	SIWIAK Filip	GDAŃSK		POL	M18	105	03:27:02	03:27:56		781
		5km - 00:25:31, 10km - 00:50:00, 15km - 01:14:15, 20km - 01:38:43, 21km - 01:44:05, 25km - 02:03:17, 30km - 02:28:14, 35km - 02:52:45, 40km - 03:17:17									
817	5964	BARGLIK Adam	KARCZEW		POL	M40	180	03:27:03	03:27:28		783
		5km - 00:22:15, 10km - 00:44:19, 15km - 01:06:26, 20km - 01:28:57, 21km - 01:33:50, 25km - 01:51:31, 30km - 02:14:37, 35km - 02:38:39, 40km - 03:09:25									
818	611	BIESZKE Michał	GDYNIA		POL	M30	345	03:27:03	03:28:50		783
		5km - 00:23:49, 10km - 00:46:48, 15km - 01:09:06, 20km - 01:31:56, 21km - 01:36:56, 25km - 01:56:08, 30km - 02:21:41, 35km - 02:47:49, 40km - 03:15:00									
819	1308	DAWID Karolina	TYCHY	Lake Runners	POL	K30	18	03:27:03	03:29:03	35	
		5km - 00:25:03, 10km - 00:49:54, 15km - 01:14:29, 20km - 01:39:02, 21km - 01:44:28, 25km - 02:03:50, 30km - 02:28:32, 35km - 02:52:54, 40km - 03:17:17									
820	3003	KOCLĘGA Marcin	ZAWIERCIE		POL	M30	345	03:27:03	03:28:44		783
		5km - 00:23:30, 10km - 00:46:29, 15km - 01:09:37, 20km - 01:33:00, 21km - 01:38:07, 25km - 01:56:46, 30km - 02:22:21, 35km - 02:48:33, 40km - 03:15:47									
821	2923	PIETRASZ Mariusz	POZNAŃ		POL	M30	347	03:27:05	03:27:56		786
		5km - 00:22:59, 10km - 00:45:21, 15km - 01:08:00, 20km - 01:30:38, 21km - 01:35:37, 25km - 01:54:15, 30km - 02:18:49, 35km - 02:46:36, 40km - 03:15:03									
822	4444	WAWRZYNIAK-WACKO Zofia	POZNAŃ	Kobiety biegają / Zoffee Kawiarnia	POL	K30	19	03:27:06	03:28:50	36	
		5km - 00:24:50, 10km - 00:49:29, 15km - 01:14:18, 20km - 01:39:12, 21km - 01:44:41, 25km - 02:04:10, 30km - 02:28:57, 35km - 02:53:06, 40km - 03:17:06									
823	3537	KUBIAK Rafał	DOBIEŻYN	PPRK	POL	M40	181	03:27:08	03:27:27		787
		5km - 00:22:20, 10km - 00:44:19, 15km - 01:06:08, 20km - 01:28:20, 21km - 01:33:09, 25km - 01:51:10, 30km - 02:16:38, 35km - 02:44:51, 40km - 03:15:45									
824	4008	KWAPISZ Krzysztof	WODZISŁAW ŚLĄSKI	Edyta Kwapisz Fotografia	POL	M40	181	03:27:08	03:27:51		787
		5km - 00:22:51, 10km - 00:45:58, 15km - 01:09:19, 20km - 01:32:51, 21km - 01:38:01, 25km - 01:56:36, 30km - 02:21:37, 35km - 02:47:04, 40km - 03:14:37									
825	436	STACHOWIAK Marek	ROKIETNICA	Rokietnica Biega	POL	M40	183	03:27:15	03:27:50		789
		5km - 00:22:37, 10km - 00:45:24, 15km - 01:08:14, 20km - 01:31:18, 21km - 01:36:16, 25km - 01:54:34, 30km - 02:20:53, 35km - 02:48:39, 40km - 03:16:08									
826	2724	SIENKIEWICZ Czesław	KROTOSZYN	KS Krotosz Krotoszyn	POL	M60	3	03:27:16	03:27:53		790
		5km - 00:23:49, 10km - 00:48:04, 15km - 01:12:15, 20km - 01:37:00, 21km - 01:42:21, 25km - 02:01:51, 30km - 02:27:03, 35km - 02:51:08, 40km - 03:16:04									
827	6928	KIRCHNER Andrzej	KOMORNIKI		POL	M55	18	03:27:18	03:27:55		791
		5km - 00:22:48, 10km - 00:45:35, 15km - 01:08:19, 20km - 01:31:23, 21km - 01:36:21, 25km - 01:54:38, 30km - 02:19:39, 35km - 02:49:02, 40km - 03:16:07									
828	605	SZUKAŁA Adrian	WRONKI	Wroniecki Klub Biegacza	POL	M18	106	03:27:18	03:27:54		791
		5km - 00:23:30, 10km - 00:46:39, 15km - 01:09:46, 20km - 01:33:27, 21km - 01:38:46, 25km - 01:57:39, 30km - 02:24:06, 35km - 02:50:21, 40km - 03:16:03									
829	238	RATAJCZAK Łukasz	MOSINA		POL	M30	348	03:27:19	03:28:05		793
		5km - 00:24:21, 10km - 00:48:38, 15km - 01:12:33, 20km - 01:36:47, 21km - 01:41:41, 25km - 02:00:06, 30km - 02:25:00, 35km - 02:50:13, 40km - 03:16:10									
830	1354	LEWDOROWICZ Wojciech	KADY	Sam Sobie Klubem	POL	M40	184	03:27:20	03:27:20		794
		5km - , 10km - , 15km - , 20km - , 21km - , 25km - , 30km - , 35km - , 40km -									
831	2548	PIECHOCKI Romuald	POZNAŃ	Art.team Pegaz Teatr Wielki w Poznaniu	POL	M45	102	03:27:21	03:27:46		795
		5km - 00:22:11, 10km - 00:44:19, 15km - 01:06:15, 20km - 01:28:39, 21km - 01:33:23, 25km - 01:51:11, 30km - 02:17:27, 35km - 02:45:04, 40km - 03:14:17									
832	7175	MAŁECKI Marek	ORZECHOWO	Browar Fortuna	POL	M40	185	03:27:23	03:29:30		796
		5km - 00:24:28, 10km - 00:48:44, 15km - 01:12:51, 20km - 01:37:07, 21km - 01:42:23, 25km - 02:01:35, 30km - 02:26:52, 35km - 02:51:48, 40km - 03:17:13									
833	4112	OSTROWSKI Jacek	SZCZECIN		POL	M55	19	03:27:23	03:27:52		796
		5km - 00:23:07, 10km - 00:46:24, 15km - 01:09:30, 20km - 01:33:19, 21km - 01:38:28, 25km - 01:57:22, 30km - 02:22:38, 35km - 02:48:20, 40km - 03:15:49									
834	5735	STASIKOWSKI Łukasz	GOŁKOWICE		POL	M30	349	03:27:24	03:28:12		798
		5km - 00:24:10, 10km - 00:47:45, 15km - 01:10:59, 20km - 01:34:52, 21km - 01:40:04, 25km - 01:58:46, 30km - 02:23:55, 35km - 02:48:56, 40km - 03:16:30									
835	6857	LULEWICZ Marek	BIAŁYSTOK	DREWNOFORNIR	POL	M45	103	03:27:27	03:28:22		799
		5km - 00:24:14, 10km - 00:48:10, 15km - 01:11:41, 20km - 01:35:41, 21km - 01:40:47, 25km - 01:59:27, 30km - 02:23:59, 35km - 02:49:16, 40km - 03:15:45									
836	1958	MIKOŁAJCZYK Przemysław	GNIEZNO	Słynni Kenijczycy	POL	M40	186	03:27:28	03:27:35		800
		5km - 00:21:17, 10km - 00:42:34, 15km - 01:03:42, 20km - 01:25:03, 21km - 01:29:35, 25km - 01:46:21, 30km - 02:11:14, 35km - 02:40:51, 40km - 03:12:23									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
837	7029	KANCIAŁA Łukasz	WARSZAWA		POL	M30	350	03:27:29	03:28:45		801
		5km - 00:23:53, 10km - 00:47:56, 15km - 01:11:38, 20km - 01:35:26, 21km - 01:41:03, 25km - 01:59:38, 30km - 02:24:12, 35km - 02:48:48, 40km - 03:15:20									
838	767	GROMEK Piotr	BOGUCHWAŁA		POL	M50	34	03:27:30	03:29:28		802
		5km - 00:24:40, 10km - 00:49:06, 15km - 01:13:26, 20km - 01:38:17, 21km - 01:43:40, 25km - 02:03:12, 30km - 02:28:16, 35km - 02:52:42, 40km - 03:17:18									
839	3971	SROKA Adam	KUŹNICA CZARNKOWSKA	KB Gmina Czarnków	POL	M30	351	03:27:30	03:29:32		802
		5km - 00:23:58, 10km - 00:48:10, 15km - 01:12:21, 20km - 01:36:45, 21km - 01:41:59, 25km - 02:01:07, 30km - 02:26:01, 35km - 02:50:59, 40km - 03:16:32									
840	574	NETTMANN Mateusz	SIEROSŁAW	FTI Racing Team	POL	M40	187	03:27:31	03:27:46		804
		5km - 00:21:48, 10km - 00:43:54, 15km - 01:06:28, 20km - 01:30:00, 21km - 01:35:15, 25km - 01:54:26, 30km - 02:20:58, 35km - 02:48:32, 40km - 03:15:57									
841	5697	RORAF Magdalena	CELBOWO	Team Kreft	POL	K30	20	03:27:32	03:29:20	37	
		5km - 00:24:46, 10km - 00:49:29, 15km - 01:14:09, 20km - 01:38:31, 21km - 01:43:47, 25km - 02:02:47, 30km - 02:27:27, 35km - 02:51:46, 40km - 03:16:33									
842	1697	SZWAJKOWSKA Ewa	GŁĘBOCZEK		POL	K40	11	03:27:32	03:29:19	37	
		5km - 00:24:10, 10km - 00:48:16, 15km - 01:12:10, 20km - 01:36:23, 21km - 01:41:34, 25km - 02:00:33, 30km - 02:25:20, 35km - 02:50:22, 40km - 03:16:22									
843	2722	KONIECZNY Kamil	KOBIERNO	Ks Krotosz Krotoszyn	POL	M18	107	03:27:33	03:29:53		805
		5km - 00:23:42, 10km - 00:47:37, 15km - 01:11:48, 20km - 01:35:55, 21km - 01:41:11, 25km - 02:00:09, 30km - 02:25:14, 35km - 02:50:23, 40km - 03:16:38									
844	5059	JÓŹWIAK Barbara	SIEDLCE	Dowództwo Wojsk Obrony Terytorialnej	POL	K30	21	03:27:34	03:28:07	39	
		5km - 00:24:01, 10km - 00:47:59, 15km - 01:11:55, 20km - 01:35:57, 21km - 01:41:09, 25km - 02:00:02, 30km - 02:24:35, 35km - 02:49:47, 40km - 03:16:22									
845	313	ROSZAK Marcin	BOREK WIELKOPOLSKI	KB MIŚ BOREK WLKP.	POL	M30	352	03:27:35	03:27:40		806
		5km - 00:21:19, 10km - 00:42:46, 15km - 01:03:45, 20km - 01:25:23, 21km - 01:30:00, 25km - 01:48:07, 30km - 02:13:06, 35km - 02:40:29, 40km - 03:13:31									
846	6448	BUKOWSKI Artur	ŁASKARZEW	Victus Rębków	POL	M45	104	03:27:36	03:28:35		807
		5km - 00:24:07, 10km - 00:47:57, 15km - 01:11:33, 20km - 01:35:32, 21km - 01:40:44, 25km - 01:59:30, 30km - 02:24:09, 35km - 02:48:51, 40km - 03:15:38									
847	5604	TRYT Maciej	BYDGOSZCZ		POL	M30	353	03:27:36	03:27:57		807
		5km - 00:22:58, 10km - 00:45:48, 15km - 01:08:28, 20km - 01:31:33, 21km - 01:36:33, 25km - 01:55:30, 30km - 02:22:04, 35km - 02:48:51, 40km - 03:16:21									
848	4938	JUSKOWIAK Amadeusz	DRESDEN		EUA	M18	108	03:27:38	03:28:10		809
		5km - 00:22:40, 10km - 00:44:54, 15km - 01:06:47, 20km - 01:29:09, 21km - 01:34:03, 25km - 01:52:13, 30km - 02:17:35, 35km - 02:44:13, 40km - 03:15:08									
849	4689	KACZOR Marcin	ŚWIĘCIECHOWA		POL	M40	188	03:27:38	03:28:50		809
		5km - 00:23:37, 10km - 00:47:35, 15km - 01:11:19, 20km - 01:35:31, 21km - 01:40:49, 25km - 01:59:41, 30km - 02:25:01, 35km - 02:50:37, 40km - 03:16:37									
850	255	SIENKIEWICZ Patryk	GDYNIA	Areszt Śledczy w Gdańsku/Dream Tri Team	POL	M45	105	03:27:38	03:28:20		809
		5km - 00:24:19, 10km - 00:48:40, 15km - 01:12:39, 20km - 01:36:50, 21km - 01:42:10, 25km - 02:01:12, 30km - 02:25:58, 35km - 02:51:01, 40km - 03:16:30									
851	6821	JANKOWSKI Łukasz	WROCŁAW	T12, AZS DSW GUIDE	POL	M30	354	03:27:39	03:28:08		812
		5km - 00:22:44, 10km - 00:45:40, 15km - 01:08:24, 20km - 01:31:24, 21km - 01:36:25, 25km - 01:54:46, 30km - 02:20:39, 35km - 02:47:29, 40km - 03:16:20									
852	2636	MARIN Alberto	GRANADA		ESP	M30	355	03:27:42	03:29:29		813
		5km - 00:24:48, 10km - 00:49:26, 15km - 01:14:14, 20km - 01:39:09, 21km - 01:44:34, 25km - 02:04:05, 30km - 02:28:52, 35km - 02:53:04, 40km - 03:17:04									
853	1718	RYBA Łukasz	KWIATKOWICE	KB KROKUS KWIATKOWICE	POL	M18	109	03:27:42	03:27:55		813
		5km - 00:21:11, 10km - 00:42:32, 15km - 01:03:37, 20km - 01:25:06, 21km - 01:29:51, 25km - 01:47:12, 30km - 02:11:34, 35km - 02:39:49, 40km - 03:12:05									
854	3508	Zawodnik anonimowy				M30	355	03:27:42	03:28:48		813
		5km - 00:24:33, 10km - 00:49:12, 15km - 01:13:30, 20km - 01:38:12, 21km - 01:43:35, 25km - 02:03:03, 30km - 02:27:49, 35km - 02:52:54, 40km - 03:17:18									
855	6848	LEWANDOWSKI Jacek	STARY BOREK	Stary Borek	POL	M40	189	03:27:44	03:30:08		816
		5km - 00:24:59, 10km - 00:49:17, 15km - 01:13:54, 20km - 01:38:09, 21km - 01:43:27, 25km - 02:02:49, 30km - 02:27:55, 35km - 02:52:25, 40km - 03:17:15									
856	5833	RADOŃ Adam	ŚRODA WIELKOPOLSKA		POL	M18	110	03:27:44	03:28:35		816
		5km - 00:25:17, 10km - 00:50:18, 15km - 01:15:01, 20km - 01:40:04, 21km - 01:45:31, 25km - 02:05:00, 30km - 02:29:51, 35km - 02:53:50, 40km - 03:17:55									
857	2681	GRUCHAŁA Dawid	SIEDLECZKO	QUAY POZNAŃ	POL	M40	190	03:27:45	03:28:43		818
		5km - 00:24:13, 10km - 00:48:41, 15km - 01:12:58, 20km - 01:37:39, 21km - 01:42:59, 25km - 02:02:17, 30km - 02:27:15, 35km - 02:52:02, 40km - 03:17:14									
858	4789	SOBAŃSKI Arkadiusz	MYŚLIBÓRZ	SCS Myślibórz	POL	M45	106	03:27:45	03:28:15		818
		5km - 00:24:32, 10km - 00:49:02, 15km - 01:13:30, 20km - 01:37:48, 21km - 01:43:00, 25km - 02:02:05, 30km - 02:26:24, 35km - 02:50:58, 40km - 03:16:55									
859	6677	ZALEWSKI Michał	IŁAWA	Lubawa Kocha Biegać	POL	M30	357	03:27:46	03:28:44		820
		5km - 00:23:11, 10km - 00:46:31, 15km - 01:09:28, 20km - 01:32:46, 21km - 01:37:42, 25km - 01:55:58, 30km - 02:21:00, 35km - 02:47:36, 40km - 03:16:03									
860	1709	KRAUS Damian	GRYFICE	Spartanie Dzieciom	POL	M18	111	03:27:48	03:28:43		821
		5km - 00:24:15, 10km - 00:48:44, 15km - 01:12:26, 20km - 01:36:11, 21km - 01:41:13, 25km - 01:59:43, 30km - 02:23:52, 35km - 02:48:02, 40km - 03:15:59									
861	7119	LASKOWSKI Krystian	PIŁA		POL	M18	111	03:27:48	03:28:10		821
		5km - 00:20:53, 10km - 00:41:44, 15km - 01:02:40, 20km - 01:24:32, 21km - 01:29:19, 25km - 01:46:55, 30km - 02:11:16, 35km - 02:37:13, 40km - 03:12:36									
862	4935	NIEMIR Aleksander	POZNAŃ	KB Maniac Poznań	POL	M50	35	03:27:49	03:28:28		823
		5km - 00:23:48, 10km - 00:47:54, 15km - 01:11:36, 20km - 01:35:43, 21km - 01:40:48, 25km - 01:59:42, 30km - 02:24:37, 35km - 02:49:50, 40km - 03:16:28									
863	2438	GMEREK Michał	ZALESIE	Biegacze Jarocin	POL	M30	358	03:27:50	03:28:23		824
		5km - 00:24:00, 10km - 00:47:24, 15km - 01:10:58, 20km - 01:35:02, 21km - 01:40:11, 25km - 01:58:56, 30km - 02:24:02, 35km - 02:49:42, 40km - 03:16:32									
864	4886	SZYMAŁA Marcin	KLUCZBORK		POL	M45	107	03:27:50	03:28:36		824
		5km - 00:22:29, 10km - 00:45:23, 15km - 01:08:06, 20km - 01:31:59, 21km - 01:37:15, 25km - 01:56:32, 30km - 02:22:37, 35km - 02:49:07, 40km - 03:16:48									
865	1114	Zawodnik anonimowy				M45	107	03:27:50	03:28:24		824
		5km - 00:24:09, 10km - 00:48:09, 15km - 01:12:06, 20km - 01:36:21, 21km - 01:41:40, 25km - 02:00:46, 30km - 02:25:43, 35km - 02:50:45, 40km - 03:16:43									
866	656	MUSIAŁ Artur	NAMYSŁÓW	NKB ZRYW NAMYSŁÓW	POL	M40	191	03:27:52	03:29:35		827
		5km - 00:25:15, 10km - 00:50:09, 15km - 01:14:36, 20km - 01:39:19, 21km - 01:44:27, 25km - 02:03:30, 30km - 02:28:18, 35km - 02:52:42, 40km - 03:17:07									
867	2915	ŁASKA Piotr	TRZEBIATÓW	3bz Trzebiatów/MLUKS Trzebiatów	POL	M30	359	03:27:53	03:28:43		828
		5km - 00:23:31, 10km - 00:47:23, 15km - 01:10:58, 20km - 01:34:54, 21km - 01:40:00, 25km - 01:58:36, 30km - 02:23:42, 35km - 02:49:30, 40km - 03:16:23									
868	3514	LECHOWICZ Mariusz	KRAKOW		POL	M40	192	03:27:54	03:28:34		829
		5km - 00:23:23, 10km - 00:46:32, 15km - 01:09:42, 20km - 01:33:21, 21km - 01:38:23, 25km - 01:57:17, 30km - 02:22:35, 35km - 02:48:45, 40km - 03:16:12									
869	5072	WALAT Adrian	RZESZÓW		POL	M30	360	03:27:58	03:29:01		830
		5km - 00:23:57, 10km - 00:47:34, 15km - 01:10:46, 20km - 01:34:16, 21km - 01:39:22, 25km - 01:58:01, 30km - 02:22:50, 35km - 02:49:07, 40km - 03:17:33									
870	570	WARDZYŃSKI Łukasz	WARSZAWA		POL	M30	360	03:27:58	03:28:49		830
		5km - 00:22:22, 10km - 00:45:10, 15km - 01:08:00, 20km - 01:31:06, 21km - 01:36:06, 25km - 01:54:12, 30km - 02:19:39, 35km - 02:47:38, 40km - 03:16:08									
871	641	Zawodnik anonimowy				M40	193	03:27:58	03:28:33		830
		5km - 00:23:27, 10km - 00:46:58, 15km - 01:11:04, 20km - 01:36:06, 21km - 01:42:08, 25km - 02:01:09, 30km - 02:26:10, 35km - 02:51:28, 40km - 03:17:28									
872	1930	PIŁKO Marcin	DĄBROWA GÓRNICZA	BiegajZeMna	POL	M30	362	03:28:00	03:28:35		833
		5km - 00:22:52, 10km - 00:45:57, 15km - 01:09:14, 20km - 01:33:02, 21km - 01:38:15, 25km - 01:57:52, 30km - 02:24:30, 35km - 02:50:54, 40km - 03:16:55									
873	1799	SKRZYPCZAK Tomasz	ZORY		POL	M45	109	03:28:00	03:30:32		833
		5km - 00:23:54, 10km - 00:48:27, 15km - 01:12:54, 20km - 01:37:45, 21km - 01:43:09, 25km - 02:02:44, 30km - 02:28:05, 35km - 02:52:22, 40km - 03:17:28									
874	1540	DUDEK Krzysztof	ZIELONA GÓRA		POL	M18	113	03:28:01	03:29:33		835
		5km - 00:25:04, 10km - 00:49:42, 15km - 01:14:29, 20km - 01:39:23, 21km - 01:44:43, 25km - 02:04:17, 30km - 02:29:06, 35km - 02:53:34, 40km - 03:18:08									
875	151	ŁAKOMY Michał	CZERWONAK		POL	M18	114	03:28:02	03:28:53		836
		5km - 00:24:18, 10km - 00:48:22, 15km - 01:12:25, 20km - 01:36:22, 21km - 01:41:27, 25km - 01:59:56, 30km - 02:24:06, 35km - 02:49:15, 40km - 03:16:37									
876	1936	HANTULIK Adam	TYCHY	CRIK FCA POLAND	POL	M30	363	03:28:03	03:29:59		837
		5km - 00:24:45, 10km - 00:49:36, 15km - 01:14:18, 20km - 01:39:12, 21km - 01:44:38, 25km - 02:04:12, 30km - 02:29:08, 35km - 02:53:31, 40km - 03:17:59									
877	6403	ROSIŃSKI Sławomir	SIEKIERKI WIELKIE	WICHER SIEKIERKI	POL	M30	363	03:28:03	03:28:59		837
		5km - 00:24:23, 10km - 00:48:42, 15km - 01:12:40, 20km - 01:36:59, 21km - 01:42:20, 25km - 02:01:22, 30km - 02:26:35, 35km - 02:52:09, 40km - 03:17:17									
878	4906	URBAN Łukasz	GUBIN	BBLGubin	POL	M30	363	03:28:03	03:28:37		837
		5km - 00:22:41, 10km - 00:45:36, 15km - 01:08:22, 20km - 01:31:28, 21km - 01:36:27, 25km - 01:54:38, 30km - 02:19:34, 35km - 02:47:03, 40km - 03:15:52									
879	3683	MICHALCZEWSKI Jacek	KARCZMISKA		POL	M30	366	03:28:05	03:30:10		840
		5km - 00:24:44, 10km - 00:49:21, 15km - 01:14:03, 20km - 01:38:49, 21km - 01:44:07, 25km - 02:03:23, 30km - 02:28:08, 35km - 02:52:24, 40km - 03:17:16									
880	5694	TECŁAW Wojciech	BARANOWO		POL	M18	115	03:28:05	03:29:53		840
		5km - 00:24:34, 10km - 00:49:06, 15km - 01:13:25, 20km - 01:37:26, 21km - 01:42:37, 25km - 02:01:40, 30km - 02:26:20, 35km - 02:51:18, 40km - 03:17:04									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
881	312	ROZMIAREK Paweł	KÓRNIK		POL	M40	194	03:28:07	03:30:43		842
		5km - 00:24:29, 10km - 00:48:57, 15km - 01:13:07, 20km - 01:37:44, 21km - 01:43:21, 25km - 02:02:30, 30km - 02:27:19, 35km - 02:51:52, 40km - 03:17:09									
882	1348	WĄCHAL Przemysław	BOLECHOWICE		POL	M18	116	03:28:09	03:31:47		843
		5km - 00:24:38, 10km - 00:48:36, 15km - 01:12:34, 20km - 01:37:08, 21km - 01:42:15, 25km - 02:01:05, 30km - 02:25:34, 35km - 02:49:52, 40km - 03:16:30									
883	2821	MARCINIAK Joanna	CZEMPIŃ	Helios Czempiń Team	POL	K40	12	03:28:10	03:30:40	40	
		5km - 00:24:59, 10km - 00:49:35, 15km - 01:14:00, 20km - 01:38:34, 21km - 01:43:58, 25km - 02:03:25, 30km - 02:28:12, 35km - 02:52:44, 40km - 03:17:44									
884	1868	DZIEDZIC Grzegorz	SIERADZ	sieradzbiega.pl	POL	M50	36	03:28:12	03:30:10		844
		5km - 00:25:34, 10km - 00:50:21, 15km - 01:14:56, 20km - 01:39:44, 21km - 01:45:05, 25km - 02:04:37, 30km - 02:29:42, 35km - 02:54:02, 40km - 03:18:15									
885	5525	GZYL Jakub	OBRZYCKO	#flamingoTEAM	POL	M30	367	03:28:12	03:28:46		844
		5km - 00:22:50, 10km - 00:45:43, 15km - 01:08:39, 20km - 01:31:59, 21km - 01:37:06, 25km - 01:56:01, 30km - 02:21:58, 35km - 02:48:34, 40km - 03:16:34									
886	6381	PAWLYTA Michał	ELBLĄG	KM PSP Elbląg- Black&White STYLE	POL	M30	367	03:28:12	03:29:49		844
		5km - 00:24:57, 10km - 00:49:37, 15km - 01:14:41, 20km - 01:39:15, 21km - 01:44:29, 25km - 02:03:38, 30km - 02:28:09, 35km - 02:53:08, 40km - 03:17:50									
887	1576	CZEKAŁA Krzysztof	KROWIARKI	Eko-Okna Runners	POL	M40	195	03:28:13	03:28:24		847
		5km - 00:21:40, 10km - 00:43:26, 15km - 01:04:59, 20km - 01:27:36, 21km - 01:32:32, 25km - 01:51:33, 30km - 02:17:42, 35km - 02:45:20, 40km - 03:15:32									
888	3300	HILLA Paulina	BOŻEPOLE WIELKIE		POL	K18	7	03:28:15	03:29:16	41	
		5km - 00:24:07, 10km - 00:48:09, 15km - 01:12:05, 20km - 01:36:16, 21km - 01:41:30, 25km - 02:00:46, 30km - 02:26:36, 35km - 02:52:05, 40km - 03:17:40									
889	2400	CHWALISZ Łukasz	POZNAŃ	Night Runners	POL	M18	117	03:28:16	03:30:05		848
		5km - 00:24:16, 10km - 00:48:28, 15km - 01:12:17, 20km - 01:36:30, 21km - 01:41:48, 25km - 02:00:56, 30km - 02:26:28, 35km - 02:52:07, 40km - 03:18:10									
890	5053	ROGOWSKI Andrzej	SZTUM	12 Brygada Zmechanizowana	POL	M30	369	03:28:16	03:28:55		848
		5km - 00:23:29, 10km - 00:46:46, 15km - 01:09:56, 20km - 01:33:10, 21km - 01:38:15, 25km - 01:57:17, 30km - 02:23:05, 35km - 02:49:30, 40km - 03:16:35									
891	3562	BŁASZCZYK Artur	OSTROŻNA	OSTR Team	POL	M30	370	03:28:18	03:29:45		850
		5km - 00:24:11, 10km - 00:47:53, 15km - 01:12:00, 20km - 01:36:15, 21km - 01:41:34, 25km - 02:00:42, 30km - 02:27:09, 35km - 02:52:32, 40km - 03:17:45									
892	6446	KOEBSCH Tomasz	POZNAŃ	Świat Biegacza Fehlau Run Team	POL	M40	196	03:28:22	03:28:29		851
		5km - 00:21:19, 10km - 00:42:43, 15km - 01:03:42, 20km - 01:25:06, 21km - 01:29:39, 25km - 01:47:43, 30km - 02:14:05, 35km - 02:43:51, 40km - 03:16:42									
893	5585	WRZAL Krzysztof	WROCŁAW		POL	M30	371	03:28:24	03:30:47		852
		5km - 00:25:35, 10km - 00:50:29, 15km - 01:14:55, 20km - 01:38:50, 21km - 01:44:03, 25km - 02:03:33, 30km - 02:28:15, 35km - 02:52:47, 40km - 03:17:45									
894	6754	OWCZAREK Szymon	WROCŁAW		POL	M30	372	03:28:25	03:29:50		853
		5km - 00:25:13, 10km - 00:50:18, 15km - 01:13:47, 20km - 01:37:44, 21km - 01:42:57, 25km - 02:01:49, 30km - 02:26:42, 35km - 02:51:52, 40km - 03:17:35									
895	4103	MIELCZAREK Marek	MARKI	Markowi Biegacze	POL	M45	110	03:28:27	03:29:37		854
		5km - 00:24:03, 10km - 00:47:46, 15km - 01:11:30, 20km - 01:35:41, 21km - 01:40:54, 25km - 01:59:57, 30km - 02:25:07, 35km - 02:51:25, 40km - 03:17:36									
896	3712	ŁATA Ewelina	WOŹNIKI		POL	K30	22	03:28:28	03:29:10	42	
		5km - 00:22:57, 10km - 00:46:06, 15km - 01:09:30, 20km - 01:34:09, 21km - 01:39:31, 25km - 01:58:44, 30km - 02:24:22, 35km - 02:50:24, 40km - 03:16:54									
897	6659	ŻBIKOWSKI Tomasz	POZNAŃ		POL	M40	197	03:28:29	03:30:15		855
		5km - 00:24:48, 10km - 00:49:28, 15km - 01:14:16, 20km - 01:39:11, 21km - 01:44:39, 25km - 02:04:08, 30km - 02:28:56, 35km - 02:53:23, 40km - 03:18:22									
898	6744	GODLEWSKI Tomasz	POZNAŃ		POL	M30	373	03:28:30	03:30:20		856
		5km - 00:24:16, 10km - 00:48:41, 15km - 01:13:10, 20km - 01:37:53, 21km - 01:43:22, 25km - 02:02:52, 30km - 02:28:04, 35km - 02:53:02, 40km - 03:17:36									
899	4060	MOLENDA Maciej	PIOTRKÓW TRYBUNALSKI	Borussia Dortmund	POL	M18	118	03:28:30	03:29:01		856
		5km - 00:22:29, 10km - 00:45:01, 15km - 01:07:28, 20km - 01:30:19, 21km - 01:35:16, 25km - 01:53:16, 30km - 02:17:45, 35km - 02:55:11, 40km - 03:18:24									
900	1703	PODRAŻKA Dariusz	PARMA	LKS DAR PLACENCJA	POL	M30	373	03:28:30	03:29:08		856
		5km - 00:23:11, 10km - 00:46:28, 15km - 01:09:21, 20km - 01:34:13, 21km - 01:39:16, 25km - 01:58:29, 30km - 02:24:36, 35km - 02:50:52, 40km - 03:17:30									
901	4126	RESZKIEWICZ Radosław	KĘDZIERZYN-KOŹLE		POL	M40	198	03:28:30	03:29:01		856
		5km - 00:23:02, 10km - 00:46:58, 15km - 01:10:11, 20km - 01:34:15, 21km - 01:39:43, 25km - 01:58:19, 30km - 02:22:58, 35km - 02:49:00, 40km - 03:16:38									
902	6808	UROWSKI Wojciech	CHARZYKOWY	Totalnie Biegnięci/Tri Tur Chojnice	POL	M40	199	03:28:33	03:29:43		860
		5km - 00:24:29, 10km - 00:48:31, 15km - 01:12:38, 20km - 01:37:05, 21km - 01:42:19, 25km - 02:01:19, 30km - 02:26:38, 35km - 02:52:06, 40km - 03:18:02									
903	3559	LECHNIAK Jakub	KAMIONKI		POL	M30	375	03:28:34	03:29:17		861
		5km - 00:24:53, 10km - 00:49:59, 15km - 01:14:26, 20km - 01:39:12, 21km - 01:44:35, 25km - 02:04:03, 30km - 02:29:16, 35km - 02:54:17, 40km - 03:18:54									
904	6991	SZUT Dariusz	SZCZECIN	Trigym	POL	M40	200	03:28:34	03:29:15		861
		5km - 00:22:32, 10km - 00:44:39, 15km - 01:06:39, 20km - 01:29:25, 21km - 01:34:24, 25km - 01:53:02, 30km - 02:20:13, 35km - 02:45:29, 40km - 03:15:12									
905	4903	CZUWAJ Andrzej	GROJEC		POL	M40	201	03:28:35	03:29:41		863
		5km - 00:25:04, 10km - 00:49:57, 15km - 01:14:12, 20km - 01:38:21, 21km - 01:43:40, 25km - 02:02:39, 30km - 02:27:11, 35km - 02:53:03, 40km - 03:18:03									
906	3719	KÜBLER Remigiusz	POZNAŃ	Twister Team / Aktywna Krajenka	POL	M18	119	03:28:35	03:29:19		863
		5km - 00:22:51, 10km - 00:45:34, 15km - 01:08:34, 20km - 01:32:06, 21km - 01:37:22, 25km - 01:56:30, 30km - 02:21:37, 35km - 02:47:39, 40km - 03:16:56									
907	1676	Zawodnik anonimowy				M30	376	03:28:35	03:28:55		863
		5km - 00:21:20, 10km - 00:42:43, 15km - 01:04:17, 20km - 01:29:19, 21km - 01:35:14, 25km - 01:54:41, 30km - 02:22:24, 35km - 02:49:32, 40km - 03:19:00									
908	5870	ZASTAWNY Robert	POZNAŃ	Bridgestone	POL	M30	377	03:28:38	03:30:08		866
		5km - 00:25:01, 10km - 00:49:45, 15km - 01:14:26, 20km - 01:39:22, 21km - 01:44:47, 25km - 02:04:27, 30km - 02:29:08, 35km - 02:53:23, 40km - 03:18:25									
909	6107	KMIECIAK Paweł	POZNAŃ		POL	M30	378	03:28:39	03:29:51		867
		5km - 00:22:29, 10km - 00:45:04, 15km - 01:07:08, 20km - 01:29:57, 21km - 01:34:50, 25km - 01:52:33, 30km - 02:17:51, 35km - 02:45:04, 40km - 03:15:46									
910	1381	ORCHOWSKI Damian	INOWROCLAW		POL	M40	202	03:28:40	03:29:19		868
		5km - 00:25:01, 10km - 00:49:26, 15km - 01:13:34, 20km - 01:38:00, 21km - 01:43:23, 25km - 02:02:38, 30km - 02:27:22, 35km - 02:51:45, 40km - 03:17:44									
911	5919	OLSZEWSKI Dariusz	POZNAN	Dom piwa biega	POL	M45	111	03:28:41	03:29:39		869
		5km - 00:24:49, 10km - 00:49:06, 15km - 01:13:25, 20km - 01:38:04, 21km - 01:43:23, 25km - 02:02:58, 30km - 02:28:00, 35km - 02:53:01, 40km - 03:18:14									
912	4543	LEHMANN Roman	ŁOCHOWO	ING	POL	M40	203	03:28:44	03:30:15		870
		5km - 00:24:38, 10km - 00:48:54, 15km - 01:12:54, 20km - 01:37:32, 21km - 01:42:39, 25km - 02:01:42, 30km - 02:26:42, 35km - 02:51:24, 40km - 03:17:23									
913	2010	WALCZAK Robert	POZNAŃ	Cytadela by Night TRI Team	POL	M30	379	03:28:44	03:29:01		870
		5km - 00:21:07, 10km - 00:42:24, 15km - 01:03:28, 20km - 01:24:59, 21km - 01:29:40, 25km - 01:47:34, 30km - 02:13:01, 35km - 02:40:21, 40km - 03:13:07									
914	2002	JANISKA Egidijus	VILNIUS	Top Exchange	LTU	M50	37	03:28:46	03:29:09		872
		5km - 00:22:53, 10km - 00:45:47, 15km - 01:08:27, 20km - 01:31:34, 21km - 01:36:33, 25km - 01:54:50, 30km - 02:20:34, 35km - 02:47:27, 40km - 03:16:28									
915	1021	NOWICKI Krystian	BOROWINA	Biegnący z dzikami	POL	M30	380	03:28:46	03:29:35		872
		5km - 00:24:53, 10km - 00:48:45, 15km - 01:12:29, 20km - 01:36:06, 21km - 01:41:17, 25km - 02:00:16, 30km - 02:25:09, 35km - 02:50:55, 40km - 03:18:03									
916	5346	SIENKIEWICZ Krzysztof	ŁÓDŹ	Adrian! Błagam Wolniej!	POL	M30	380	03:28:46	03:29:52		872
		5km - 00:24:52, 10km - 00:50:03, 15km - 01:14:40, 20km - 01:39:09, 21km - 01:44:29, 25km - 02:03:30, 30km - 02:28:09, 35km - 02:52:28, 40km - 03:17:15									
917	3176	GOLAŃSKI Wojciech	GŁOGÓW	Centrum Fizjoterapii Manufaktura Zdrowia	POL	M18	120	03:28:47	03:29:22		875
		5km - 00:22:10, 10km - 00:44:58, 15km - 01:07:41, 20km - 01:30:20, 21km - 01:35:12, 25km - 01:53:22, 30km - 02:18:51, 35km - 02:47:20, 40km - 03:17:00									
918	6893	MUSZYŃSKI Marek	POZNAŃ	Night runners	POL	M30	382	03:28:48	03:31:00		876
		5km - 00:25:43, 10km - 00:51:16, 15km - 01:16:18, 20km - 01:41:31, 21km - 01:46:31, 25km - 02:05:48, 30km - 02:30:42, 35km - 02:54:54, 40km - 03:18:46									
919	6718	NOWAK Marcin	SUCHY LAS	Orki z Majorki	POL	M30	382	03:28:48	03:30:36		876
		5km - 00:24:47, 10km - 00:49:22, 15km - 01:14:00, 20km - 01:38:32, 21km - 01:43:49, 25km - 02:02:43, 30km - 02:27:09, 35km - 02:51:36, 40km - 03:17:21									
920	5353	URBANIAK Piotr	ROSZKÓW	Crocodigy	POL	M18	121	03:28:50	03:30:59		878
		5km - 00:24:36, 10km - 00:49:37, 15km - 01:14:08, 20km - 01:38:57, 21km - 01:44:25, 25km - 02:03:59, 30km - 02:28:51, 35km - 02:53:39, 40km - 03:18:43									
921	1276	KOKOSZKA Wojciech	SIEDLCE	Slow Jogging Siedlce	POL	M40	204	03:28:52	03:29:58		879
		5km - 00:24:58, 10km - 00:49:43, 15km - 01:14:23, 20km - 01:39:34, 21km - 01:44:56, 25km - 02:04:15, 30km - 02:29:20, 35km - 02:53:55, 40km - 03:18:47									
922	1568	KOWALCZYK Marek	RADOMSKO	Rozbiegajmy Radomsko	POL	M40	204	03:28:52	03:30:37		879
		5km - 00:24:49, 10km - 00:49:32, 15km - 01:14:12, 20km - 01:39:08, 21km - 01:44:29, 25km - 02:03:57, 30km - 02:28:55, 35km - 02:53:23, 40km - 03:18:15									
923	1952	MAZUR Robert	MIEŚCISKO		POL	M18	122	03:28:53	03:30:45		881
		5km - 00:24:38, 10km - 00:49:14, 15km - 01:13:53, 20km - 01:38:27, 21km - 01:43:43, 25km - 02:02:42, 30km - 02:27:17, 35km - 02:51:51, 40km - 03:18:02									
924	790	MCDONALD Gary	LOWESTOFT	Lowestoft Road Runners	GBR	M30	384	03:28:54	03:29:29		882
		5km - 00:23:57, 10km - 00:48:04, 15km - 01:12:03, 20km - 01:36:37, 21km - 01:41:48, 25km - 02:00:59, 30km - 02:26:11, 35km - 02:51:05, 40km - 03:17:30									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
925	2109	SZYMAŃSKI Robert	WYSZOGRÓD	Majewski Team Wyszogród	POL	M50	38	03:28:54	03:30:39		882
		5km - 00:24:49, 10km - 00:49:29, 15km - 01:14:15, 20km - 01:39:08, 21km - 01:44:21, 25km - 02:03:56, 30km - 02:28:39, 35km - 02:53:06, 40km - 03:17:57									
926	4748	FRĄCZEK Krzysztof	KRAKÓW	EINSATZ KRAKAU	POL	M30	385	03:28:57	03:29:57		884
		5km - 00:24:06, 10km - 00:48:13, 15km - 01:12:33, 20km - 01:36:57, 21km - 01:42:15, 25km - 02:01:39, 30km - 02:26:57, 35km - 02:52:12, 40km - 03:18:05									
927	6767	GRZEMSKI Błażej	BOREK WLKP.	KB Miś Borek Wlkp.	POL	M30	386	03:28:58	03:29:07		885
		5km - 00:23:29, 10km - 00:46:59, 15km - 01:10:34, 20km - 01:34:16, 21km - 01:39:23, 25km - 01:57:59, 30km - 02:22:28, 35km - 02:49:23, 40km - 03:17:10									
928	3106	RADZIWON Marek	OSTRÓDA		POL	M18	123	03:28:59	03:30:50		886
		5km - 00:24:45, 10km - 00:49:24, 15km - 01:14:12, 20km - 01:39:10, 21km - 01:44:28, 25km - 02:04:04, 30km - 02:28:53, 35km - 02:53:29, 40km - 03:18:39									
929	4321	SAŁAMACHA Dawid	GLIWICE	Tenneco Automotive	POL	M18	123	03:28:59	03:29:22		886
		5km - 00:22:06, 10km - 00:44:11, 15km - 01:06:26, 20km - 01:29:06, 21km - 01:34:06, 25km - 01:52:25, 30km - 02:17:40, 35km - 02:46:05, 40km - 03:16:41									
930	3326	KONIARSKI Janusz	PRZYSIEK		POL	M50	39	03:29:01	03:31:32		888
		5km - 00:25:05, 10km - 00:50:00, 15km - 01:14:56, 20km - 01:39:54, 21km - 01:45:13, 25km - 02:04:44, 30km - 02:29:30, 35km - 02:53:59, 40km - 03:18:29									
931	247	BARANOWSKI Karol	BIAŁYSTOK		POL	M30	387	03:29:02	03:31:10		889
		5km - 00:24:34, 10km - 00:49:00, 15km - 01:13:08, 20km - 01:37:54, 21km - 01:43:55, 25km - 02:03:12, 30km - 02:28:32, 35km - 02:52:38, 40km - 03:18:50									
932	1723	CIECHANOWICZ Stanisław	SZCZECIN		POL	M18	125	03:29:02	03:30:46		889
		5km - 00:24:44, 10km - 00:49:31, 15km - 01:14:01, 20km - 01:38:49, 21km - 01:44:17, 25km - 02:03:41, 30km - 02:28:56, 35km - 02:53:29, 40km - 03:18:32									
933	1823	MORAWSKA Bożena	ŚWIDNICA	Wielka Sowa	POL	K50	1	03:29:02	03:29:51	43	
		5km - 00:24:35, 10km - 00:49:02, 15km - 01:13:25, 20km - 01:38:07, 21km - 01:43:24, 25km - 02:02:33, 30km - 02:27:20, 35km - 02:51:47, 40km - 03:17:45									
934	616	DZIECIĄTKOWSKI Artur	TARNOWO PODGÓRNE	Pędzące Warchlaki	POL	M30	388	03:29:03	03:31:02		891
		5km - 00:25:18, 10km - 00:49:54, 15km - 01:14:07, 20km - 01:38:46, 21km - 01:44:06, 25km - 02:03:13, 30km - 02:28:17, 35km - 02:53:19, 40km - 03:18:24									
935	832	NIŻEWSKI Paweł	CZAPURY	Krakowiak Team	POL	M30	388	03:29:03	03:30:06		891
		5km - 00:24:12, 10km - 00:48:15, 15km - 01:12:04, 20km - 01:36:23, 21km - 01:42:21, 25km - 02:01:34, 30km - 02:26:49, 35km - 02:52:09, 40km - 03:18:34									
936	3242	Zawodnik anonimowy				M55	20	03:29:03	03:29:15		891
		5km - 00:21:59, 10km - 00:44:24, 15km - 01:06:14, 20km - 01:28:57, 21km - 01:34:04, 25km - 01:51:39, 30km - 02:16:53, 35km - 02:43:41, 40km - 03:13:58									
937	4036	SMIGIELSKA Agnieszka	ORCHOWO		POL	K30	23	03:29:06	03:30:51	44	
		5km - 00:24:49, 10km - 00:49:28, 15km - 01:14:15, 20km - 01:39:11, 21km - 01:44:36, 25km - 02:04:09, 30km - 02:28:55, 35km - 02:53:24, 40km - 03:18:28									
938	5528	ŚLĄZAK Andrzej	PIOTRKÓW TRYBUNALSKI	FAN CLUB DŻEM	POL	M55	21	03:29:07	03:29:38		894
		5km - 00:24:26, 10km - 00:52:24, 15km - 01:16:43, 20km - 01:41:19, 21km - 01:46:42, 25km - 02:05:47, 30km - 02:30:30, 35km - 02:54:42, 40km - 03:18:54									
939	2787	WOJCIECHOWSKI Dariusz	KROSNO	100	POL	M40	206	03:29:07	03:30:10		894
		5km - 00:24:12, 10km - 00:48:15, 15km - 01:12:05, 20km - 01:36:23, 21km - 01:41:38, 25km - 02:01:00, 30km - 02:26:20, 35km - 02:52:10, 40km - 03:18:34									
940	2492	HEYKA Ireneuszh	LĘBORK		POL	M45	112	03:29:08	03:31:31		896
		5km - 00:24:30, 10km - 00:49:02, 15km - 01:13:43, 20km - 01:38:37, 21km - 01:44:04, 25km - 02:03:34, 30km - 02:28:23, 35km - 02:52:57, 40km - 03:18:08									
941	1194	GĄBKA Magdalena	BYCHAWA	Bychawa Runners	POL	K30	24	03:29:09	03:30:55	45	
		5km - 00:24:47, 10km - 00:49:07, 15km - 01:13:23, 20km - 01:37:57, 21km - 01:43:08, 25km - 02:02:24, 30km - 02:27:28, 35km - 02:52:34, 40km - 03:18:32									
942	592	JASKULSKI Dominik	POZNAŃ	OLB RTE	POL	M30	390	03:29:11	03:29:56		897
		5km - 00:24:04, 10km - 00:48:18, 15km - 01:12:21, 20km - 01:36:46, 21km - 01:42:01, 25km - 02:01:06, 30km - 02:26:16, 35km - 02:51:42, 40km - 03:17:59									
943	2608	SKRZYPEK Maciej	TOMASZÓW MAZOWIECKI	WNPiD UAM	POL	M18	126	03:29:13	03:29:42		898
		5km - 00:23:51, 10km - 00:47:28, 15km - 01:10:55, 20km - 01:34:55, 21km - 01:40:05, 25km - 01:59:27, 30km - 02:24:39, 35km - 02:50:42, 40km - 03:18:20									
944	1792	STANISZEWSKI Jacek	ŚWIEBODZICE		POL	M30	391	03:29:13	03:29:45		898
		5km - 00:25:11, 10km - 00:50:14, 15km - 01:14:42, 20km - 01:39:20, 21km - 01:44:41, 25km - 02:03:58, 30km - 02:28:49, 35km - 02:53:28, 40km - 03:18:27									
945	3089	MONCZYŃSKI Bartłomiej	POZNAŃ	Remmers Running Team / #OwocBiega	POL	M40	207	03:29:14	03:30:00		900
		5km - 00:24:03, 10km - 00:47:18, 15km - 01:10:44, 20km - 01:34:16, 21km - 01:39:14, 25km - 01:57:34, 30km - 02:22:04, 35km - 02:48:48, 40km - 03:17:20									
946	3935	KAŹMIERCZAK Andrzej	SZCZYTNIKI	W Tri Team	POL	M40	208	03:29:15	03:29:53		901
		5km - 00:22:44, 10km - 00:45:41, 15km - 01:08:46, 20km - 01:32:54, 21km - 01:38:14, 25km - 01:58:04, 30km - 02:24:26, 35km - 02:52:35, 40km - 03:19:00									
947	2650	POLACZEK Robert	SWARZĘDZ	KB Biura Biegłego Sądowego	POL	M45	113	03:29:16	03:30:13		902
		5km - 00:24:04, 10km - 00:48:03, 15km - 01:11:55, 20km - 01:36:08, 21km - 01:41:16, 25km - 02:00:31, 30km - 02:26:05, 35km - 02:52:21, 40km - 03:18:26									
948	5621	CIEŚLIK Sławomir	RYDZYNA	AntonTeam	POL	M30	392	03:29:17	03:30:26		903
		5km - 00:25:01, 10km - 00:49:35, 15km - 01:14:15, 20km - 01:39:00, 21km - 01:44:14, 25km - 02:03:17, 30km - 02:27:51, 35km - 02:52:33, 40km - 03:18:08									
949	5944	KEMPIŃSKI Tomasz	OLSZTYN	Trailinforest	POL	M45	114	03:29:17	03:30:21		903
		5km - 00:24:30, 10km - 00:48:34, 15km - 01:12:30, 20km - 01:36:45, 21km - 01:42:05, 25km - 02:01:28, 30km - 02:26:51, 35km - 02:52:59, 40km - 03:18:43									
950	3465	MISIAK Przemysław	SUSZ	CrossFit Susz /Rozbiegany Susz	POL	M30	392	03:29:17	03:30:44		903
		5km - 00:24:10, 10km - 00:48:17, 15km - 01:12:08, 20km - 01:36:27, 21km - 01:41:35, 25km - 02:00:41, 30km - 02:26:27, 35km - 02:51:55, 40km - 03:18:24									
951	1217	OLEJNIK Krzysztof	BYDGOSZCZ		POL	M30	392	03:29:17	03:29:32		903
		5km - 00:21:56, 10km - 00:44:03, 15km - 01:05:44, 20km - 01:29:45, 21km - 01:34:32, 25km - 01:52:41, 30km - 02:25:00, 35km - 02:51:44, 40km - 03:18:53									
952	2466	PANCYLEJKO Beata	OPOLE	RAJSPORT ACTIVE	POL	K40	13	03:29:17	03:30:16	46	
		5km - 00:24:28, 10km - 00:48:34, 15km - 01:12:20, 20km - 01:36:33, 21km - 01:41:49, 25km - 02:01:14, 30km - 02:26:51, 35km - 02:52:28, 40km - 03:18:30									
953	4463	ŻYWICKI Janusz	SZCZECIN	KB Pionier Szczecin	POL	M50	40	03:29:18	03:29:35		907
		5km - 00:21:09, 10km - 00:42:38, 15km - 01:04:32, 20km - 01:28:50, 21km - 01:34:20, 25km - 01:54:41, 30km - 02:21:47, 35km - 02:50:52, 40km - 03:18:58									
954	3867	BRELIŃSKI Robert	GNIEZNO		POL	M30	395	03:29:19	03:29:53		908
		5km - 00:22:39, 10km - 00:45:28, 15km - 01:08:18, 20km - 01:31:25, 21km - 01:37:02, 25km - 01:55:16, 30km - 02:21:34, 35km - 02:48:33, 40km - 03:17:49									
955	6929	ORGANIŚCIAK Piotr	ROGALINEK	Pomóż Tosi	POL	M55	22	03:29:19	03:30:42		908
		5km - 00:24:36, 10km - 00:49:28, 15km - 01:13:28, 20km - 01:37:55, 21km - 01:43:23, 25km - 02:02:28, 30km - 02:27:32, 35km - 02:52:57, 40km - 03:17:53									
956	4037	SZYMAŃSKI Piotr	GDAŃSK		POL	M18	127	03:29:20	03:30:47		910
		5km - 00:25:08, 10km - 00:49:55, 15km - 01:14:38, 20km - 01:38:44, 21km - 01:44:05, 25km - 02:03:02, 30km - 02:27:48, 35km - 02:52:58, 40km - 03:18:30									
957	6410	MATYSEK Grzegorz	KATOWICE	Sqoora Team	POL	M30	396	03:29:22	03:32:15		911
		5km - 00:23:50, 10km - 00:48:24, 15km - 01:13:11, 20km - 01:37:58, 21km - 01:43:18, 25km - 02:02:23, 30km - 02:26:51, 35km - 02:51:57, 40km - 03:18:04									
958	1611	RECLIK Łukasz	PSZCZYNA	Aktywna Pszczyna Runners Team	POL	M30	397	03:29:23	03:29:53		912
		5km - 00:23:07, 10km - 00:46:09, 15km - 01:09:03, 20km - 01:32:20, 21km - 01:37:22, 25km - 01:55:53, 30km - 02:20:52, 35km - 02:49:55, 40km - 03:17:48									
959	4153	BRANIA Hieronim	LENARTOWICE	Team Pleszew	POL	M50	41	03:29:28	03:29:54		913
		5km - 00:24:14, 10km - 00:48:37, 15km - 01:12:45, 20km - 01:37:18, 21km - 01:42:33, 25km - 02:01:35, 30km - 02:27:08, 35km - 02:52:13, 40km - 03:18:38									
960	1484	BOGDOŁ Marek	SIEMIANOWICE ŚLĄSKIE	Drogadotokio.pl	POL	M30	398	03:29:29	03:29:48		914
		5km - 00:22:10, 10km - 00:44:37, 15km - 01:06:58, 20km - 01:29:21, 21km - 01:34:13, 25km - 01:51:55, 30km - 02:15:39, 35km - 02:45:35, 40km - 03:17:16									
961	102	KRÓLIKOWSKI Edward	PLEWISKA	KB Maniac	POL	M45	115	03:29:29	03:31:18		914
		5km - 00:24:55, 10km - 00:49:46, 15km - 01:14:42, 20km - 01:39:22, 21km - 01:44:47, 25km - 02:04:13, 30km - 02:29:05, 35km - 02:53:24, 40km - 03:18:30									
962	4015	LINARD Piotr	TARNOW	PTG Sokół Świat Pracy	POL	M45	115	03:29:29	03:30:30		914
		5km - 00:25:04, 10km - 00:50:01, 15km - 01:14:44, 20km - 01:39:24, 21km - 01:44:41, 25km - 02:03:46, 30km - 02:28:34, 35km - 02:53:35, 40km - 03:18:43									
963	2720	GRZEMPOWSKI Piotr	KROTOSZYN	KS Krotosz Krotoszyn	POL	M30	399	03:29:32	03:29:53		917
		5km - 00:22:35, 10km - 00:45:00, 15km - 01:07:20, 20km - 01:30:02, 21km - 01:34:57, 25km - 01:52:43, 30km - 02:16:35, 35km - 02:45:28, 40km - 03:16:05									
964	5937	WACHOWIAK Michał	STRZELCE MAŁE	Marillion Solo Runner	POL	M30	399	03:29:32	03:32:17		917
		5km - 00:24:57, 10km - 00:49:36, 15km - 01:12:57, 20km - 01:37:02, 21km - 01:42:05, 25km - 02:00:54, 30km - 02:25:51, 35km - 02:50:36, 40km - 03:17:45									
965	7318	ZINKO Tomasz	PIENIĘŻNO	zajrzyj na fb-> 3maj_tempo	POL	M30	401	03:29:34	03:31:28		919
		5km - 00:24:44, 10km - 00:49:29, 15km - 01:14:10, 20km - 01:39:07, 21km - 01:44:31, 25km - 02:04:09, 30km - 02:30:13, 35km - 02:54:46, 40km - 03:19:03									
966	371	GIEZEK Marcin	POZNAŃ	Night Runners	POL	M30	402	03:29:35	03:31:18		920
		5km - 00:24:50, 10km - 00:49:30, 15km - 01:14:19, 20km - 01:39:12, 21km - 01:44:42, 25km - 02:04:09, 30km - 02:28:57, 35km - 02:53:25, 40km - 03:18:31									
967	2315	TRĘBACZKIEWICZ Maciej	GOZDOWO	Night Runners Września	POL	M30	403	03:29:36	03:30:24		921
		5km - 00:23:55, 10km - 00:47:16, 15km - 01:10:26, 20km - 01:35:20, 21km - 01:40:32, 25km - 01:59:25, 30km - 02:24:49, 35km - 02:50:43, 40km - 03:18:25									
968	1293	MARCINIAK Maciej	SZRENIAWA		POL	M45	117	03:29:38	03:30:40		922
		5km - 00:24:41, 10km - 00:49:45, 15km - 01:15:05, 20km - 01:39:59, 21km - 01:45:24, 25km - 02:04:53, 30km - 02:29:39, 35km - 02:54:10, 40km - 03:19:09									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
969	1946	FILAS Piotr	POZNAN	Bea Beleza	POL	M30	404	03:29:39	03:29:54		923
		5km - 00:24:35, 10km - 00:49:14, 15km - 01:14:02, 20km - 01:39:11, 21km - 01:44:31, 25km - 02:04:17, 30km - 02:29:19, 35km - 02:53:50, 40km - 03:19:13									
970	6629	KAMYSZEK Edward	PRZECHLEWO	Tripaka	POL	M30	404	03:29:39	03:30:34		923
		5km - 00:24:46, 10km - 00:49:32, 15km - 01:14:06, 20km - 01:38:49, 21km - 01:44:12, 25km - 02:03:30, 30km - 02:28:34, 35km - 02:53:48, 40km - 03:19:25									
971	6489	MARTIN Mateusz	DĘBNO		POL	M18	128	03:29:39	03:30:05		923
		5km - 00:22:42, 10km - 00:45:21, 15km - 01:07:58, 20km - 01:31:09, 21km - 01:36:10, 25km - 01:54:48, 30km - 02:21:23, 35km - 02:48:10, 40km - 03:18:50									
972	5365	LENCKOWSKI Lech	WARSZAWA	Biegam U KOLESI	POL	M30	406	03:29:40	03:30:53		926
		5km - 00:24:19, 10km - 00:48:36, 15km - 01:13:16, 20km - 01:37:57, 21km - 01:43:14, 25km - 02:02:41, 30km - 02:27:42, 35km - 02:52:41, 40km - 03:18:30									
973	6639	SUŁKOWSKI Maciej	JAROSŁAW	Triathlon Jarosław	POL	M40	209	03:29:40	03:29:50		926
		5km - 00:21:30, 10km - 00:42:50, 15km - 01:03:59, 20km - 01:25:33, 21km - 01:30:14, 25km - 01:47:39, 30km - 02:16:44, 35km - 02:45:33, 40km - 03:17:33									
974	5316	LIPIŃSKI Krzysztof	KOZIEGŁOWY	KB MANIAC POZNAŃ	POL	M55	23	03:29:41	03:32:28		928
		5km - 00:26:25, 10km - 00:52:04, 15km - 01:17:22, 20km - 01:42:34, 21km - 01:47:56, 25km - 02:07:12, 30km - 02:31:41, 35km - 02:55:34, 40km - 03:19:29									
975	659	PIASKOWSKI Tomek	ZIELONA GÓRA	Bractwo Biegaczy Zielona Góra	POL	M45	118	03:29:42	03:30:03		929
		5km - 00:20:54, 10km - 00:41:57, 15km - 01:03:35, 20km - 01:27:00, 21km - 01:32:01, 25km - 01:51:29, 30km - 02:18:27, 35km - 02:47:35, 40km - 03:16:54									
976	1975	BORKOWSKI Krzysztof	WROCŁAW	Volvo Polska	POL	M45	119	03:29:44	03:31:06		930
		5km - 00:24:22, 10km - 00:48:28, 15km - 01:12:12, 20km - 01:36:06, 21km - 01:41:14, 25km - 01:59:57, 30km - 02:24:48, 35km - 02:49:34, 40km - 03:17:09									
977	2404	ŚRODA Sławomir	POZNAŃ		POL	M30	407	03:29:46	03:30:54		931
		5km - 00:24:20, 10km - 00:48:35, 15km - 01:12:53, 20km - 01:37:30, 21km - 01:42:45, 25km - 02:02:05, 30km - 02:27:32, 35km - 02:53:24, 40km - 03:19:05									
978	4654	SHULIAKOV Sergei	KALININGRAD		POL	M30	408	03:29:49	03:34:13		932
		5km - 00:26:57, 10km - 00:52:32, 15km - 01:16:39, 20km - 01:40:03, 21km - 01:44:55, 25km - 02:03:03, 30km - 02:27:26, 35km - 02:52:06, 40km - 03:18:13									
979	4484	PALIWODA Sławek	BYDGOSZCZ		POL	M30	409	03:29:50	03:30:29		933
		5km - 00:22:40, 10km - 00:45:36, 15km - 01:08:40, 20km - 01:32:26, 21km - 01:37:41, 25km - 01:57:21, 30km - 02:23:58, 35km - 02:50:32, 40km - 03:18:27									
980	1369	CIERNIAK Tomasz	ORZESZE		POL	M30	410	03:29:51	03:30:16		934
		5km - 00:25:07, 10km - 00:49:37, 15km - 01:14:16, 20km - 01:38:52, 21km - 01:44:07, 25km - 02:03:17, 30km - 02:28:20, 35km - 02:53:34, 40km - 03:19:01									
981	2456	KOKOT Natalia	ROGOŹNO	BBKTS	POL	K18	8	03:29:57	03:32:40	47	
		5km - 00:25:00, 10km - 00:50:05, 15km - 01:14:09, 20km - 01:38:28, 21km - 01:43:45, 25km - 02:03:15, 30km - 02:28:09, 35km - 02:52:57, 40km - 03:19:10									
982	6796	MICHALAK Dawid	DRZYMAŁOWO	Niagara Rakoniewice	POL	M30	411	03:29:58	03:30:40		935
		5km - 00:24:14, 10km - 00:48:30, 15km - 01:11:55, 20km - 01:35:27, 21km - 01:40:29, 25km - 01:58:52, 30km - 02:23:45, 35km - 02:49:49, 40km - 03:18:22									
983	3547	WICIŃSKI Kamil	BOŻEJEWICZKI	Saperska83	POL	M30	412	03:29:59	03:30:50		936
		5km - 00:24:11, 10km - 00:48:15, 15km - 01:12:27, 20km - 01:36:51, 21km - 01:42:10, 25km - 02:01:18, 30km - 02:25:43, 35km - 02:50:33, 40km - 03:18:00									
984	4626	ORZYŁOWSKI Maciej	GDAŃSK	Specjal Team	POL	M40	210	03:30:05	03:30:47		937
		5km - 00:22:30, 10km - 00:45:18, 15km - 01:08:08, 20km - 01:31:16, 21km - 01:36:29, 25km - 01:55:05, 30km - 02:22:48, 35km - 02:52:09, 40km - 03:19:32									
985	1943	RYPIŃSKI Tomasz	POZNAŃ		POL	M30	413	03:30:06	03:30:14		938
		5km - 00:21:53, 10km - 00:43:33, 15km - 01:05:18, 20km - 01:27:33, 21km - 01:32:38, 25km - 01:53:17, 30km - 02:21:59, 35km - 02:51:49, 40km - 03:20:07									
986	2361	SKORNOWICZ Paweł	KAŹMIERZ	WUEF Tri Team - poMOCNI	POL	M45	120	03:30:06	03:31:08		938
		5km - 00:24:45, 10km - 00:49:32, 15km - 01:14:20, 20km - 01:39:11, 21km - 01:44:34, 25km - 02:04:13, 30km - 02:29:33, 35km - 02:53:57, 40km - 03:19:04									
987	1729	ŚWISTEK Lucjan	GOSTYŃ	NETBOX BIEGA	POL	M45	120	03:30:06	03:30:33		938
		5km - 00:23:27, 10km - 00:46:58, 15km - 01:10:24, 20km - 01:34:48, 21km - 01:39:59, 25km - 01:59:09, 30km - 02:24:38, 35km - 02:51:15, 40km - 03:18:44									
988	2375	WITKOWSKI Marek	WEJHEROWO	Team CHODAKI,PL	POL	M45	120	03:30:06	03:33:24		938
		5km - 00:25:23, 10km - 00:50:41, 15km - 01:15:53, 20km - 01:41:10, 21km - 01:46:25, 25km - 02:05:52, 30km - 02:31:03, 35km - 02:55:28, 40km - 03:19:55									
989	3610	MIECHOWSKI Piotr	KATOWICE		POL	M18	129	03:30:08	03:33:54		942
		5km - 00:25:49, 10km - 00:50:24, 15km - 01:14:20, 20km - 01:38:08, 21km - 01:43:27, 25km - 02:02:39, 30km - 02:27:46, 35km - 02:52:57, 40km - 03:18:59									
990	3979	KAŁUŻNY Szymon	SOMPOLNO		POL	M18	130	03:30:11	03:31:06		943
		5km - 00:24:16, 10km - 00:48:48, 15km - 01:13:09, 20km - 01:37:49, 21km - 01:43:15, 25km - 02:02:28, 30km - 02:27:23, 35km - 02:53:18, 40km - 03:19:28									
991	3855	TARASEK Sławomir	NOWA SÓL	KB WIKON NOWA SÓL	POL	M40	211	03:30:11	03:31:44		943
		5km - 00:24:33, 10km - 00:49:03, 15km - 01:13:29, 20km - 01:37:59, 21km - 01:43:15, 25km - 02:02:16, 30km - 02:26:55, 35km - 02:51:43, 40km - 03:18:28									
992	3731	LYMANIUK Aleksandr	KRAKOW		POL	M30	414	03:30:14	03:32:34		945
		5km - 00:25:25, 10km - 00:50:32, 15km - 01:15:24, 20km - 01:40:13, 21km - 01:45:36, 25km - 02:04:48, 30km - 02:29:21, 35km - 02:54:09, 40km - 03:19:25									
993	1998	MICHAŁOWSKI Jakub	POZNAŃ	Michałki Team	POL	M30	414	03:30:14	03:30:29		945
		5km - 00:24:36, 10km - 00:49:15, 15km - 01:14:03, 20km - 01:39:15, 21km - 01:44:32, 25km - 02:04:17, 30km - 02:29:19, 35km - 02:53:50, 40km - 03:19:13									
994	3603	KRUPA Sławomir	CHODZIEŻ	PCH_RUN	POL	M30	416	03:30:16	03:31:03		947
		5km - 00:24:45, 10km - 00:49:31, 15km - 01:14:13, 20km - 01:38:57, 21km - 01:44:12, 25km - 02:03:34, 30km - 02:28:29, 35km - 02:53:19, 40km - 03:19:12									
995	1281	Zawodnik anonimowy				M30	416	03:30:16	03:31:45		947
		5km - 00:24:58, 10km - 00:49:30, 15km - 01:13:55, 20km - 01:38:30, 21km - 01:43:52, 25km - 02:03:23, 30km - 02:28:34, 35km - 02:53:47, 40km - 03:19:02									
996	2668	PŁAZA Dariusz	KROSNO	KKB MOSiR Krosno	POL	M45	123	03:30:17	03:30:22		949
		5km - 00:24:22, 10km - 00:48:36, 15km - 01:12:44, 20km - 01:37:02, 21km - 01:42:12, 25km - 02:01:10, 30km - 02:25:41, 35km - 02:50:00, 40km - 03:18:03									
997	2604	KANIA Grzegorz	SUCHEDNIÓW		POL	M30	418	03:30:18	03:32:12		950
		5km - 00:24:46, 10km - 00:49:26, 15km - 01:14:15, 20km - 01:39:10, 21km - 01:44:33, 25km - 02:04:13, 30km - 02:29:07, 35km - 02:53:58, 40km - 03:19:29									
998	6631	KLUPSCH Paweł	ŚRODA WLKP.	AUTOBUS ARABÓW	POL	M18	131	03:30:18	03:31:08		950
		5km - 00:25:14, 10km - 00:50:17, 15km - 01:14:58, 20km - 01:40:05, 21km - 01:45:32, 25km - 02:05:03, 30km - 02:30:16, 35km - 02:54:35, 40km - 03:19:36									
999	7257	TOMCZAK Waldemar	KŁODZKO		POL	M45	124	03:30:18	03:32:21		950
		5km - 00:25:15, 10km - 00:50:12, 15km - 01:15:01, 20km - 01:40:02, 21km - 01:45:28, 25km - 02:05:07, 30km - 02:30:31, 35km - 02:55:28, 40km - 03:20:08									
1000	2682	DĘBOWSKI Krzysztof	WRZEŚNIA	NIGHT RUNNERS WRZEŚNIA	POL	M45	125	03:30:22	03:30:51		953
		5km - 00:24:14, 10km - 00:48:06, 15km - 01:11:42, 20km - 01:35:44, 21km - 01:40:51, 25km - 01:59:37, 30km - 02:24:11, 35km - 02:49:48, 40km - 03:18:19									
1001	3292	POLEWSKI Rafał	KĘPNO	KS GEPARD KĘPNO	POL	M30	419	03:30:22	03:31:40		953
		5km - 00:24:59, 10km - 00:49:50, 15km - 01:15:07, 20km - 01:39:36, 21km - 01:44:54, 25km - 02:04:13, 30km - 02:29:06, 35km - 02:53:30, 40km - 03:18:57									
1002	3906	ŚNIEŻEK Adam	ŻERNICA	Goggle PAE Team	POL	M30	420	03:30:23	03:30:29		955
		5km - 00:20:06, 10km - 00:40:25, 15km - 01:01:03, 20km - 01:22:50, 21km - 01:27:32, 25km - 01:45:29, 30km - 02:12:56, 35km - 02:42:43, 40km - 03:17:53									
1003	498	POKOTYCKI Denis	KOSTRZYN NAD ODRĄ	Otomo STP	POL	M18	132	03:30:26	03:30:45		956
		5km - 00:22:48, 10km - 00:45:54, 15km - 01:08:49, 20km - 01:32:34, 21km - 01:37:51, 25km - 01:57:14, 30km - 02:23:52, 35km - 02:51:54, 40km - 03:19:19									
1004	3517	ORNAL Mirosław	WEJHEROWO	Wejherowska Agakademia Biegania	POL	M55	24	03:30:28	03:31:02		957
		5km - 00:23:36, 10km - 00:47:18, 15km - 01:10:39, 20km - 01:34:36, 21km - 01:39:54, 25km - 01:58:47, 30km - 02:24:19, 35km - 02:49:53, 40km - 03:18:43									
1005	6768	KOMISAREK Piotr	MOSINA		POL	M40	212	03:30:29	03:31:03		958
		5km - 00:24:15, 10km - 00:47:59, 15km - 01:11:42, 20km - 01:35:41, 21km - 01:40:50, 25km - 01:59:46, 30km - 02:24:34, 35km - 02:52:13, 40km - 03:19:31									
1006	724	MACIEJEWSKI Marcel	POZNAŃ		POL	M30	421	03:30:30	03:31:09		959
		5km - 00:22:43, 10km - 00:45:37, 15km - 01:08:24, 20km - 01:31:56, 21km - 01:37:04, 25km - 01:55:39, 30km - 02:21:29, 35km - 02:50:42, 40km - 03:19:32									
1007	1229	WOJDA Adam	KRISTIANSUND		NOR	M45	126	03:30:33	03:31:17		960
		5km - 00:22:30, 10km - 00:45:19, 15km - 01:08:07, 20km - 01:31:18, 21km - 01:36:20, 25km - 01:54:48, 30km - 02:19:21, 35km - 02:46:00, 40km - 03:16:50									
1008	5170	SALACH Radosław	LUBSKO	34 BKPanc	POL	M45	127	03:30:37	03:31:08		961
		5km - 00:22:42, 10km - 00:45:36, 15km - 01:08:23, 20km - 01:31:30, 21km - 01:36:27, 25km - 01:54:58, 30km - 02:21:42, 35km - 02:49:12, 40km - 03:18:40									
1009	1834	RZEPA Krzysztof	POZNAŃ	31 baza lotnictwa taktycznego Poznań	POL	M40	213	03:30:38	03:31:39		962
		5km - 00:24:00, 10km - 00:47:51, 15km - 01:11:46, 20km - 01:36:10, 21km - 01:41:33, 25km - 02:01:46, 30km - 02:30:51, 35km - , 40km -									
1010	2221	REJNIAK Robert	MŁAWA		POL	M45	128	03:30:39	03:31:05		963
		5km - 00:23:07, 10km - 00:46:01, 15km - 01:09:32, 20km - 01:33:58, 21km - 01:39:13, 25km - 01:58:54, 30km - 02:25:12, 35km - 02:51:32, 40km - 03:19:03									
1011	5063	MICHALIK Edyta	NOWY TARG	11 MBOT	POL	K18	9	03:30:40	03:31:12	48	
		5km - 00:25:09, 10km - 00:49:54, 15km - 01:14:29, 20km - 01:39:12, 21km - 01:44:35, 25km - 02:03:53, 30km - 02:28:57, 35km - 02:54:11, 40km - 03:19:48									
1012	5615	JASZKIEWICZ Adrian	WOJNOWICE		POL	M30	422	03:30:42	03:33:13		964
		5km - 00:25:28, 10km - 00:50:07, 15km - 01:14:28, 20km - 01:38:46, 21km - , 25km - 02:03:21, 30km - 02:28:02, 35km - 02:52:49, 40km - 03:19:34									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1013	3218	STACHA Paweł	SIEMIANOWICE ŚLĄSKIE		POL	M45	129	03:30:42	03:32:23		964
		5km - 00:24:07, 10km - 00:48:27, 15km - 01:12:29, 20km - 01:36:54, 21km - 01:42:08, 25km - 02:01:27, 30km - 02:26:57, 35km - 02:52:33, 40km - 03:18:54									
1014	6353	ZMIEJKO Robert	WARSZAWA	PKO Bank Polski	POL	M45	130	03:30:43	03:31:02		966
		5km - 00:23:18, 10km - 00:46:37, 15km - 01:10:02, 20km - 01:33:38, 21km - 01:38:46, 25km - 01:57:37, 30km - 02:23:21, 35km - 02:50:20, 40km - 03:18:39									
1015	5791	MAZELA Bartek	POZNAŃ	www.studiawdeche.pl	POL	M45	131	03:30:48	03:31:12		967
		5km - 00:22:33, 10km - 00:44:51, 15km - 01:06:52, 20km - 01:29:17, 21km - 01:35:02, 25km - 01:53:45, 30km - 02:20:25, 35km - 02:48:47, 40km - 03:18:09									
1016	1979	PLUCIŃSKI Radosław	SWARZĘDZ	AdRunaLine Team	POL	M30	423	03:30:49	03:30:51		968
		5km - 00:21:48, 10km - 00:43:02, 15km - 01:04:10, 20km - 01:25:15, 21km - 01:29:54, 25km - 01:46:45, 30km - 02:14:09, 35km - 02:44:02, 40km - 03:19:49									
1017	1948	ZAJDLER Marcin	BEDOŃ PRZYKOŚCIELNY		POL	M40	214	03:30:49	03:33:32		968
		5km - 00:24:53, 10km - 00:49:13, 15km - 01:13:45, 20km - 01:38:24, 21km - 01:43:49, 25km - 02:03:18, 30km - 02:28:07, 35km - 02:53:04, 40km - 03:19:34									
1018	2065	ZEMBIK Grzegorz	GRYFINO	KB HERMES GRYFINO/PGE GiEK S.A. Dolna Od	POL	M50	42	03:30:49	03:33:22		968
		5km - 00:24:37, 10km - 00:49:12, 15km - 01:13:56, 20km - 01:38:50, 21km - 01:44:08, 25km - 02:03:46, 30km - 02:28:54, 35km - 02:53:53, 40km - 03:19:57									
1019	4353	BARANOWSKI Maciej	BIAŁYSTOK		POL	M18	133	03:30:55	03:33:04		971
		5km - 00:24:33, 10km - 00:49:14, 15km - 01:14:05, 20km - 01:38:38, 21km - 01:44:00, 25km - 02:03:16, 30km - 02:28:27, 35km - 02:52:46, 40km - 03:18:24									
1020	2655	KĘDZIORA Magdalena	POZNAŃ	www.strongfitwomen.pl	POL	K18	10	03:30:59	03:31:37	49	
		5km - 00:24:00, 10km - 00:48:11, 15km - 01:12:21, 20km - 01:37:00, 21km - 01:42:15, 25km - 02:01:24, 30km - 02:26:44, 35km - 02:52:39, 40km - 03:19:40									
1021	1147	ROZENBAJGER Robert	KRAKÓW		POL	M55	25	03:31:00	03:31:55		972
		5km - 00:22:11, 10km - 00:43:59, 15km - 01:05:45, 20km - 01:28:33, 21km - 01:33:40, 25km - 01:52:15, 30km - 02:18:55, 35km - 02:46:56, 40km - 03:17:10									
1022	4726	TYL Tomasz	POZNAN		POL	M40	215	03:31:00	03:31:42		972
		5km - 00:24:26, 10km - 00:49:11, 15km - 01:13:39, 20km - 01:38:18, 21km - 01:43:33, 25km - 02:02:59, 30km - 02:28:04, 35km - 02:53:24, 40km - 03:19:51									
1023	6784	KOGUT Grzegorz	PLEWISKA	AKS Gorzów Wlkp.	POL	M40	216	03:31:03	03:31:57		974
		5km - 00:24:47, 10km - 00:49:31, 15km - 01:13:56, 20km - 01:38:42, 21km - 01:44:00, 25km - 02:03:32, 30km - 02:28:49, 35km - 02:54:04, 40km - 03:19:16									
1024	4111	KRZEMIŃSKI Mariusz	LUBIN		POL	M30	424	03:31:03	03:32:36		974
		5km - 00:24:58, 10km - 00:49:46, 15km - 01:14:26, 20km - 01:39:21, 21km - 01:44:50, 25km - 02:04:19, 30km - 02:29:25, 35km - 02:54:38, 40km - 03:20:52									
1025	185	KIERZNOWSKI Andrzej	KOŁOBRZEG	KB WYGAN KOŁOBRZEG	POL	M60	4	03:31:06	03:31:50		976
		5km - 00:23:11, 10km - 00:46:28, 15km - 01:09:38, 20km - 01:33:48, 21km - 01:39:01, 25km - 01:58:11, 30km - 02:23:46, 35km - 02:52:42, 40km - 03:20:15									
1026	401	BAUMGART Mateusz	POZNAŃ	Night Runners	POL	M18	134	03:31:07	03:31:18		977
		5km - 00:21:03, 10km - 00:42:23, 15km - 01:04:05, 20km - 01:27:35, 21km - 01:32:53, 25km - 01:53:11, 30km - 02:19:43, 35km - 02:49:22, 40km - 03:19:25									
1027	2640	TALARCZAK Jacek	KROBIA	Biegaj z Krobią	POL	M50	43	03:31:08	03:32:05		978
		5km - 00:24:58, 10km - 00:50:21, 15km - 01:15:18, 20km - 01:40:09, 21km - 01:45:38, 25km - 02:05:09, 30km - 02:30:06, 35km - 02:54:48, 40km - 03:20:04									
1028	2883	JANKOWSKA Barbara	POZNAŃ		POL	K40	14	03:31:11	03:32:32	50	
		5km - 00:24:29, 10km - 00:48:30, 15km - 01:12:29, 20km - 01:37:10, 21km - 01:42:26, 25km - 02:01:48, 30km - 02:27:46, 35km - 02:53:35, 40km - 03:19:39									
1029	2911	REWERS Irek	CHODZIEZ	Wataha	POL	M40	217	03:31:12	03:33:16		979
		5km - 00:24:26, 10km - 00:49:06, 15km - 01:13:39, 20km - 01:38:12, 21km - 01:43:21, 25km - 02:02:37, 30km - 02:27:57, 35km - 02:53:21, 40km - 03:19:57									
1030	6286	SZYMCZAK Krystian	POZNAŃ	TGV Club Kościan	POL	M30	425	03:31:13	03:32:10		980
		5km - 00:24:17, 10km - 00:48:48, 15km - 01:13:01, 20km - 01:37:21, 21km - 01:42:42, 25km - 02:01:52, 30km - 02:27:05, 35km - 02:52:28, 40km -									
1031	920	NADOLNY Piotr	POZNAŃ		POL	M55	26	03:31:15	03:32:37		981
		5km - 00:24:11, 10km - 00:48:22, 15km - 01:12:12, 20km - 01:36:33, 21km - 01:41:42, 25km - 02:00:57, 30km - 02:26:29, 35km - 02:52:17, 40km - 03:19:46									
1032	4440	CZAPIGA Grzegorz	BORECZEK		POL	M30	426	03:31:16	03:33:03		982
		5km - 00:24:41, 10km - 00:49:24, 15km - 01:14:09, 20km - 01:38:57, 21km - 01:44:20, 25km - 02:04:04, 30km - 02:28:55, 35km - 02:53:32, 40km - 03:20:14									
1033	183	KLEINSZMIDT Ryszard	BYTÓW	UNIPEX BYTÓW	POL	M50	44	03:31:16	03:31:20		982
		5km - 00:21:24, 10km - 00:42:44, 15km - 01:03:51, 20km - 01:25:13, 21km - 01:29:47, 25km - 01:47:33, 30km - 02:15:53, 35km - 02:47:08, 40km - 03:18:17									
1034	4713	MRÓZ Mariusz	GDAŃSK	WINLAND	POL	M30	426	03:31:16	03:33:37		982
		5km - 00:24:43, 10km - 00:49:34, 15km - 01:13:56, 20km - 01:38:43, 21km - 01:44:12, 25km - 02:03:36, 30km - 02:28:36, 35km - 02:53:52, 40km - 03:19:26									
1035	3450	PRZYBYLSKI Paweł	PIEŃKI	ŚlęzakTeam	POL	M18	135	03:31:20	03:32:42		985
		5km - 00:25:48, 10km - 00:50:49, 15km - 01:15:27, 20km - 01:40:18, 21km - 01:45:38, 25km - 02:04:59, 30km - 02:29:32, 35km - 02:54:31, 40km - 03:20:18									
1036	792	BOROWSKA-NAJDEREK Paulina	ROKIETNICA	Free Run	POL	K30	25	03:31:22	03:33:06	51	
		5km - 00:24:50, 10km - 00:49:32, 15km - 01:14:18, 20km - 01:39:14, 21km - 01:44:41, 25km - 02:04:10, 30km - 02:29:00, 35km - 02:54:18, 40km - 03:20:29									
1037	5303	NAWOJCZYK Przemyslaw	OLSZTYN	Raben Logistics Polska	POL	M30	428	03:31:22	03:31:28		986
		5km - 00:20:58, 10km - 00:42:07, 15km - 01:03:30, 20km - 01:25:28, 21km - 01:30:14, 25km - 01:49:00, 30km - 02:14:59, 35km - 02:44:48, 40km - 03:17:28									
1038	2979	WIKA Jacek	WRONKI	BRACIA	POL	M40	218	03:31:22	03:32:00		986
		5km - 00:25:04, 10km - 00:49:50, 15km - 01:14:53, 20km - 01:40:06, 21km - 01:45:31, 25km - 02:05:14, 30km - 02:30:27, 35km - 02:55:09, 40km - 03:20:32									
1039	5709	ZALESKI Tomasz	GORZÓW WLKP.		POL	M30	428	03:31:22	03:32:06		986
		5km - 00:22:17, 10km - 00:44:18, 15km - 01:06:33, 20km - 01:29:33, 21km - 01:34:33, 25km - 01:53:16, 30km - 02:20:11, 35km - 02:48:39, 40km - 03:19:20									
1040	1497	Zawodnik anonimowy				M30	430	03:31:26	03:32:55		989
		5km - 00:25:06, 10km - 00:49:44, 15km - 01:14:28, 20km - 01:39:28, 21km - 01:44:56, 25km - 02:04:55, 30km - 02:30:17, 35km - 02:55:24, 40km - 03:20:55									
1041	2901	KURZEJA Adam	OSTRÓW WLKP.	KS Maraton Ostrów Wlkp.	POL	M40	219	03:31:27	03:32:46		990
		5km - 00:24:58, 10km - 00:49:52, 15km - 01:15:06, 20km - 01:39:35, 21km - 01:44:54, 25km - 02:04:12, 30km - 02:29:05, 35km - 02:54:04, 40km - 03:20:16									
1042	5815	JASIONOWSKI Marek	BIAŁYSTOK	3T BIAŁYSTOK	POL	M40	220	03:31:28	03:35:01		991
		5km - 00:25:06, 10km - 00:49:51, 15km - 01:14:03, 20km - 01:38:48, 21km - 01:44:04, 25km - 02:03:23, 30km - 02:28:45, 35km - 02:54:05, 40km - 03:20:15									
1043	1708	AYRES David	BIRMINGHAM		GBR	M40	221	03:31:29	03:32:44		992
		5km - 00:24:16, 10km - 00:48:50, 15km - 01:12:27, 20km - 01:36:45, 21km - 01:42:00, 25km - 02:01:14, 30km - 02:27:14, 35km - 02:53:15, 40km - 03:20:09									
1044	3744	BENEŠ Radek	PRAHA		CZE	M45	132	03:31:31	03:33:18		993
		5km - 00:24:00, 10km - 00:48:25, 15km - 01:12:27, 20km - 01:37:22, 21km - 01:42:52, 25km - 02:02:25, 30km - 02:27:51, 35km - 02:53:26, 40km - 03:19:50									
1045	3730	ŻUR Marek	ŁAKA	KAC RUNNERS	POL	M40	222	03:31:32	03:32:22		994
		5km - 00:22:48, 10km - 00:45:27, 15km - 01:08:06, 20km - 01:31:13, 21km - 01:36:11, 25km - 01:54:32, 30km - 02:20:03, 35km - 02:47:57, 40km - 03:19:22									
1046	7283	LUBOWICKI Łukasz	TYCHY	CRIK FCA POLAND	POL	M40	223	03:31:34	03:33:30		995
		5km - 00:24:44, 10km - 00:49:30, 15km - 01:14:17, 20km - 01:39:10, 21km - 01:44:39, 25km - 02:04:10, 30km - 02:29:07, 35km - 02:53:52, 40km - 03:19:43									
1047	4838	KWAŚNIEWSKI Tomasz	SULECHÓW	Zabiegany Sulechów	POL	M45	133	03:31:35	03:32:39		996
		5km - 00:25:02, 10km - 00:49:27, 15km - 01:13:57, 20km - 01:39:51, 21km - 01:45:24, 25km - 02:04:55, 30km - 02:30:20, 35km - 02:55:12, 40km - 03:20:57									
1048	3187	SOBCZAK Dominik	HOEILAART	Tecza Bruksela	BEL	M40	224	03:31:39	03:33:42		997
		5km - 00:24:39, 10km - 00:49:23, 15km - 01:14:00, 20km - 01:38:54, 21km - 01:44:11, 25km - 02:03:31, 30km - 02:28:37, 35km - 02:53:39, 40km - 03:19:55									
1049	3069	KRAJEWSKI Radoslaw	TORZYM		POL	M45	134	03:31:41	03:32:50		998
		5km - 00:22:30, 10km - 00:45:18, 15km - 01:08:17, 20km - 01:32:24, 21km - 01:37:38, 25km - 01:57:21, 30km - 02:24:10, 35km - 02:51:31, 40km - 03:20:15									
1050	6534	PIETRZYŃSKI Waldemar	KRZYŻ WIELKOPOLSKI	KB Aktywni Krzyż Wlkp.	POL	M30	431	03:31:41	03:33:26		998
		5km - 00:24:06, 10km - 00:47:41, 15km - 01:11:03, 20km - 01:35:06, 21km - 01:40:20, 25km - 01:58:59, 30km - 02:23:30, 35km - 02:50:11, 40km - 03:19:29									
1051	1712	HEBDZYŃSKI Mariusz	ZIELONA GÓRA	BOHAR Palety Runners Zielona Góra	POL	M18	136	03:31:42	03:33:15		1000
		5km - 00:25:03, 10km - 00:49:51, 15km - 01:14:37, 20km - 01:38:23, 21km - 01:43:29, 25km - 02:01:47, 30km - 02:25:52, 35km - 02:51:09, 40km - 03:17:55									
1052	2454	FRYSKA Łukasz	POZNAŃ	Finder Polska Team	POL	M30	432	03:31:46	03:32:27		1001
		5km - 00:24:27, 10km - 00:49:12, 15km - 01:13:39, 20km - 01:38:19, 21km - 01:43:33, 25km - 02:03:00, 30km - 02:28:00, 35km - 02:53:11, 40km - 03:20:28									
1053	3387	STASZAK Sławomir	GDAŃSK		POL	M30	432	03:31:46	03:31:59		1001
		5km - 00:21:14, 10km - 00:42:33, 15km - 01:03:44, 20km - 01:25:56, 21km - 01:30:57, 25km - 01:49:49, 30km - 02:15:26, 35km - 02:47:30, 40km - 03:18:48									
1054	5826	SKOWROŃSKI Adam	POZNAŃ		POL	M30	434	03:31:48	03:36:24		1003
		5km - 00:25:30, 10km - 00:50:40, 15km - 01:15:34, 20km - 01:40:03, 21km - 01:45:16, 25km - 02:04:36, 30km - 02:29:36, 35km - 02:54:48, 40km - 03:20:56									
1055	6052	JAKUBCZYK Rafał	LUBOŃ		POL	M30	435	03:31:50	03:32:31		1004
		5km - 00:24:37, 10km - 00:49:17, 15km - 01:13:47, 20km - 01:38:39, 21km - 01:44:02, 25km - 02:03:28, 30km - 02:28:49, 35km - 02:54:16, 40km - 03:20:51									
1056	3771	GŁĘBOWSKI Tomasz	CZERWONAK		POL	M45	135	03:31:52	03:32:17		1005
		5km - 00:23:06, 10km - 00:46:14, 15km - 01:09:20, 20km - 01:32:56, 21km - 01:38:03, 25km - 01:57:10, 30km - 02:23:31, 35km - 02:49:56, 40km - 03:19:30									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1057	6269	KALICKI Mateusz	KAMIONKI		POL	M18	137	03:31:56	03:33:59		1006
		5km - 00:27:04, 10km - 00:51:34, 15km - 01:14:47, 20km - 01:38:20, 21km - 01:43:41, 25km - 02:02:16, 30km - 02:27:12, 35km - 02:53:35, 40km - 03:20:33									
1058	5468	POŚPIECH Michał	KALISZ	SUPERMARATON Kalisz / ZDUN TRIATHLON TEA	POL	M40	225	03:31:56	03:34:18		1006
		5km - 00:24:17, 10km - 00:49:03, 15km - 01:13:03, 20km - 01:37:21, 21km - 01:42:46, 25km - 02:02:02, 30km - 02:27:52, 35km - 02:53:46, 40km - 03:20:41									
1059	1279	ZAJKOWSKI Marcin	POZNAŃ		POL	M40	225	03:31:56	03:34:27		1006
		5km - 00:24:57, 10km - 00:49:54, 15km - 01:14:16, 20km - 01:39:07, 21km - 01:44:37, 25km - 02:04:09, 30km - 02:29:36, 35km - 02:55:11, 40km - 03:20:55									
1060	2056	BERNAT Robert	BIAŁA NYSKA	10 Brygada Logistyczna	POL	M40	227	03:31:58	03:32:58		1009
		5km - 00:23:56, 10km - 00:47:03, 15km - 01:10:26, 20km - 01:34:11, 21km - 01:39:29, 25km - 01:58:36, 30km - 02:24:40, 35km - 02:51:11, 40km - 03:19:27									
1061	5935	AMROGOWICZ Daniel	OPOLE		POL	M40	228	03:32:03	03:32:28		1010
		5km - 00:21:41, 10km - 00:43:38, 15km - 01:06:23, 20km - 01:30:08, 21km - 01:35:18, 25km - 01:54:55, 30km - 02:21:58, 35km - 02:49:37, 40km - 03:19:48									
1062	4693	KRAUS Marcel	JASŁO		POL	M30	436	03:32:03	03:34:34		1010
		5km - 00:24:59, 10km - 00:49:52, 15km - 01:14:26, 20km - 01:39:07, 21km - 01:44:29, 25km - 02:03:53, 30km - 02:29:19, 35km - 02:54:52, 40km - 03:20:37									
1063	5309	KOSS Witold	PUCK		POL	M50	45	03:32:04	03:35:08		1012
		5km - 00:23:46, 10km - 00:48:35, 15km - 01:13:24, 20km - 01:38:10, 21km - 01:43:35, 25km - 02:03:12, 30km - 02:28:44, 35km - 02:54:32, 40km - 03:20:41									
1064	837	ŚWIĄTNICKI Grzegorz	SUCHY LAS	Bieganie Jest Przereklamowane	POL	M40	229	03:32:04	03:32:20		1012
		5km - 00:21:58, 10km - 00:44:05, 15km - 01:06:12, 20km - 01:28:23, 21km - 01:33:13, 25km - 01:50:53, 30km - 02:15:12, 35km - 02:44:13, 40km - 03:18:39									
1065	5846	Zawodnik anonimowy				M45	136	03:32:04	03:34:26		1012
		5km - 00:24:50, 10km - 00:49:12, 15km - 01:13:50, 20km - 01:38:28, 21km - 01:43:51, 25km - 02:03:13, 30km - 02:28:34, 35km - 02:54:11, 40km - 03:21:01									
1066	6911	KONIAK Dariusz	NOWA PLEWNIA		POL	M45	137	03:32:05	03:33:28		1015
		5km - 00:24:25, 10km - 00:48:35, 15km - 01:12:31, 20km - 01:36:46, 21km - 01:42:03, 25km - 02:01:30, 30km - 02:27:14, 35km - 02:53:08, 40km - 03:20:34									
1067	720	NAPIÓRKOWSKI Dariusz	PRZECHLEWO	Tripaka Przechlewo	POL	M30	437	03:32:06	03:33:01		1016
		5km - 00:24:46, 10km - 00:49:31, 15km - 01:14:06, 20km - 01:38:49, 21km - 01:44:12, 25km - 02:03:30, 30km - 02:28:33, 35km - 02:53:56, 40km - 03:20:52									
1068	6141	FILICIAK Michał	KRAKÓW	CAFFETTIERA	POL	M30	438	03:32:08	03:32:49		1017
		5km - 00:22:31, 10km - 00:45:13, 15km - 01:07:57, 20km - 01:31:26, 21km - 01:36:59, 25km - 01:57:37, 30km - 02:26:51, 35km - 02:56:43, 40km - 03:22:56									
1069	4193	BURY Andrzej	GORZÓW WLKP.		POL	M50	46	03:32:10	03:32:46		1018
		5km - 00:23:19, 10km - 00:46:34, 15km - 01:09:37, 20km - 01:33:27, 21km - 01:38:51, 25km - 01:57:41, 30km - 02:23:58, 35km - 02:52:11, 40km - 03:20:30									
1070	2264	BŁESNOWSKI Krzysztof	ŚMIGIEL		POL	M30	439	03:32:16	03:32:55		1019
		5km - 00:23:57, 10km - 00:47:48, 15km - 01:11:51, 20km - 01:36:14, 21km - 01:41:25, 25km - 02:00:47, 30km - 02:26:30, 35km - 02:53:25, 40km - 03:20:18									
1071	2134	FABER Marcin	KRAKÓW	FaBeer	POL	M30	440	03:32:18	03:33:25		1020
		5km - 00:24:16, 10km - 00:48:27, 15km - 01:12:21, 20km - 01:36:26, 21km - 01:41:47, 25km - 02:01:01, 30km - 02:26:31, 35km - 02:52:58, 40km - 03:20:25									
1072	3759	JACHIRA Patryk	POZNAŃ	Dirty Sparrows	POL	M18	138	03:32:18	03:34:02		1020
		5km - 00:25:10, 10km - 00:49:56, 15km - 01:14:42, 20km - 01:39:25, 21km - 01:44:46, 25km - 02:04:36, 30km - 02:30:02, 35km - 02:55:00, 40km - 03:21:31									
1073	773	STACHURSKI Arek	WARSZAWA		POL	M30	441	03:32:20	03:34:05		1022
		5km - 00:24:13, 10km - 00:48:13, 15km - 01:12:00, 20km - 01:36:14, 21km - 01:41:31, 25km - 02:01:07, 30km - 02:27:32, 35km - 02:53:46, 40km - 03:20:41									
1074	1947	PRZEWOŹNIAK Michał	PIŁA	OnionRunners	POL	M30	442	03:32:22	03:33:06		1023
		5km - 00:22:28, 10km - 00:45:19, 15km - 01:08:08, 20km - 01:31:09, 21km - 01:36:08, 25km - 01:53:50, 30km - 02:18:10, 35km - 02:50:23, 40km - 03:19:59									
1075	5020	HAJDUK Maciej	ŻYRARDÓW	JW 2414 IRVIN- scouts runners	POL	M40	230	03:32:25	03:33:47		1024
		5km - 00:25:06, 10km - 00:49:39, 15km - 01:14:15, 20km - 01:39:19, 21km - 01:44:41, 25km - 02:04:08, 30km - 02:29:13, 35km - 02:54:18, 40km - 03:20:59									
1076	7063	MAKSELON Anna	SZCZECINEK		POL	K30	26	03:32:25	03:34:44	52	
		5km - 00:25:08, 10km - 00:49:55, 15km - 01:14:24, 20km - 01:39:19, 21km - 01:44:33, 25km - 02:04:15, 30km - 02:30:18, 35km - 02:56:18, 40km - 03:21:40									
1077	2417	BOROWCZYK Marcin	CZMOŃ		POL	M40	231	03:32:27	03:33:41		1025
		5km - 00:24:39, 10km - 00:49:15, 15km - 01:13:48, 20km - 01:38:35, 21km - 01:43:55, 25km - 02:03:26, 30km - 02:28:46, 35km - 02:54:02, 40km - 03:20:37									
1078	490	PUK Adam	POZNAN		POL	M40	231	03:32:27	03:34:10		1025
		5km - 00:23:24, 10km - 00:47:01, 15km - 01:10:13, 20km - 01:34:10, 21km - 01:39:27, 25km - 01:58:01, 30km - 02:23:39, 35km - 02:51:03, 40km - 03:19:10									
1079	3894	OGÓRKIEWICZ Michał	ŁĘCZYCA		POL	M45	138	03:32:33	03:33:10		1027
		5km - 00:23:31, 10km - 00:47:05, 15km - 01:09:59, 20km - 01:33:37, 21km - 01:38:49, 25km - 01:57:22, 30km - 02:22:10, 35km - 02:47:04, 40km - 03:14:01									
1080	7148	GROCHOWSKI Tomasz	POZNAŃ	Husaria Race Team	POL	M30	443	03:32:34	03:33:12		1028
		5km - 00:24:38, 10km - 00:49:14, 15km - 01:13:45, 20km - 01:38:33, 21km - 01:43:56, 25km - 02:03:27, 30km - 02:29:10, 35km - 02:54:44, 40km - 03:21:11									
1081	5386	CAMACHO BALBOA Rosa Maria	SAN PEDRO GARZA GARCIA		MEX	K50	2	03:32:38	03:32:43	53	
		5km - 00:22:09, 10km - 00:44:53, 15km - 01:08:07, 20km - 01:32:39, 21km - 01:37:56, 25km - 01:57:30, 30km - 02:24:52, 35km - 02:52:15, 40km - 03:20:38									
1082	6275	DAWIDOWICZ Marcin	OŁAWA	Tri Mission	POL	M30	444	03:32:38	03:37:06		1029
		5km - 00:25:13, 10km - 00:49:42, 15km - 01:14:05, 20km - 01:38:48, 21km - 01:44:15, 25km - 02:03:38, 30km - 02:28:55, 35km - 02:54:14, 40km - 03:21:22									
1083	4452	MAJCHRZAK Marcin	SWARZĘDZ	Deloitte Adventure Team	POL	M40	233	03:32:41	03:33:23		1030
		5km - 00:24:00, 10km - 00:48:16, 15km - 01:11:55, 20km - 01:35:47, 21km - 01:41:01, 25km - 01:59:52, 30km - 02:25:01, 35km - 02:51:07, 40km - 03:20:25									
1084	2976	PLEŚNIARSKI Zbigniew	KARPACZ	Klub Sportowy Grań w Karpaczu	POL	M60	5	03:32:41	03:32:44		1030
		5km - 00:22:21, 10km - 00:45:17, 15km - 01:08:27, 20km - 01:32:46, 21km - 01:37:56, 25km - 01:57:44, 30km - 02:24:19, 35km - 02:51:28, 40km - 03:20:41									
1085	4063	ZALEWSKI Konrad	CHEŁM		POL	M30	445	03:32:42	03:33:42		1032
		5km - 00:22:56, 10km - 00:45:38, 15km - 01:08:24, 20km - 01:31:32, 21km - 01:36:29, 25km - 01:54:44, 30km - 02:20:05, 35km - 02:47:54, 40km - 03:18:44									
1086	2003	ANDRONIK Vadim	VILNIUS	Top Exchange	LTU	M45	139	03:32:43	03:33:06		1033
		5km - 00:22:53, 10km - 00:45:36, 15km - 01:08:26, 20km - 01:31:32, 21km - 01:36:32, 25km - 01:54:50, 30km - 02:20:34, 35km - 02:49:48, 40km - 03:20:54									
1087	3611	SZULC Kamila	GDYNIA		POL	K30	27	03:32:45	03:33:20	54	
		5km - 00:24:03, 10km - 00:48:22, 15km - 01:12:37, 20km - 01:37:16, 21km - 01:42:37, 25km - 02:02:11, 30km - 02:28:18, 35km - 02:54:11, 40km - 03:21:24									
1088	6312	KOWALSKI Krzysztof	KIEŹLINY	Tata Biegoista	POL	M30	446	03:32:48	03:34:48		1034
		5km - 00:24:12, 10km - 00:48:45, 15km - 01:12:59, 20km - 01:37:25, 21km - 01:42:36, 25km - 02:01:46, 30km - 02:27:04, 35km - 02:53:31, 40km - 03:20:56									
1089	226	KUBICKI Jan	LESZNO		POL	M55	27	03:32:50	03:37:28		1035
		5km - 00:25:40, 10km - 00:51:25, 15km - 01:16:29, 20km - 01:41:47, 21km - 01:47:14, 25km - 02:06:49, 30km - 02:32:07, 35km - 02:56:54, 40km - 03:21:55									
1090	2918	PIETRASZ Dagmara	POZNAŃ		POL	K30	28	03:32:50	03:33:44	55	
		5km - 00:24:48, 10km - 00:49:57, 15km - 01:14:57, 20km - 01:40:03, 21km - 01:45:30, 25km - 02:05:10, 30km - 02:30:37, 35km - 02:56:00, 40km - 03:21:40									
1091	230	RYBSKI Witold	WARSZAWA	ZDG Baza PRO	POL	M30	447	03:32:53	03:34:39		1036
		5km - 00:24:43, 10km - 00:49:06, 15km - 01:13:23, 20km - 01:38:10, 21km - 01:43:28, 25km - 02:02:50, 30km - 02:28:26, 35km - 02:53:53, 40km - 03:21:14									
1092	5592	ZARADNY Mariusz	SKIERNIEWICE		POL	M40	234	03:32:55	03:34:58		1037
		5km - 00:24:47, 10km - 00:49:50, 15km - 01:14:32, 20km - 01:39:30, 21km - 01:44:53, 25km - 02:04:49, 30km - 02:30:20, 35km - 02:56:00, 40km - 03:21:56									
1093	1025	PRĘCIKOWSKI Mateusz	GDAŃSK		POL	M18	139	03:32:56	03:34:22		1038
		5km - 00:24:26, 10km - 00:48:21, 15km - 01:11:54, 20km - 01:35:56, 21km - 01:41:10, 25km - 02:00:12, 30km - 02:25:32, 35km - 02:51:15, 40km - 03:20:34									
1094	6297	SOŁTYSIAK Karol	POZNAŃ		POL	M40	235	03:32:58	03:33:51		1039
		5km - 00:24:54, 10km - 00:49:49, 15km - 01:14:47, 20km - 01:39:53, 21km - 01:45:19, 25km - 02:05:00, 30km - 02:29:56, 35km - 02:55:33, 40km - 03:21:54									
1095	2888	SZYMANOWICZ Mariusz	POZNAŃ	KB Maniac Poznań/CHARTY CHARTOWO/Drużyna	POL	M40	235	03:32:58	03:34:01		1039
		5km - 00:26:07, 10km - 00:52:29, 15km - 01:17:11, 20km - 01:42:00, 21km - 01:47:13, 25km - 02:06:30, 30km - 02:31:26, 35km - 02:55:41, 40km - 03:21:58									
1096	1977	SZKUDLARSKI Wojciech	NOWY TOMYŚL	NKB Chyży Nowy Tomyśl	POL	M45	140	03:33:02	03:34:22		1041
		5km - 00:24:31, 10km - 00:49:30, 15km - 01:13:26, 20km - 01:38:04, 21km - 01:43:32, 25km - 02:02:50, 30km - 02:29:14, 35km - 02:55:05, 40km - 03:21:34									
1097	1637	BIAŁECKI Tomasz	JASTRZĘBIE-ZDRÓJ	Bziegacze	POL	M40	237	03:33:05	03:34:53		1042
		5km - 00:24:47, 10km - 00:49:28, 15km - 01:14:11, 20km - 01:39:00, 21km - 01:44:22, 25km - 02:03:34, 30km - 02:28:26, 35km - 02:53:17, 40km - 03:21:01									
1098	1551	KANNENBERG Maciej	SĘPÓLNO KRAJEŃSKIE	Run Team Sępólno Krajeńskie	POL	M18	140	03:33:05	03:35:27		1042
		5km - 00:24:32, 10km - 00:49:13, 15km - 01:13:53, 20km - 01:38:42, 21km - 01:44:06, 25km - 02:03:37, 30km - 02:28:21, 35km - 02:53:17, 40km - 03:21:06									
1099	875	FRITSCHE Krzysztof	ZIELONA GÓRA		POL	M30	448	03:33:06	03:37:04		1044
		5km - 00:25:34, 10km - 00:51:05, 15km - 01:16:21, 20km - 01:41:12, 21km - 01:46:31, 25km - 02:05:43, 30km - 02:30:45, 35km - 02:55:50, 40km - 03:21:29									
1100	1600	GROSKOP Grzegorz	SĘPÓLNO KRAJEŃSKIE	100	POL	M18	141	03:33:06	03:35:28		1044
		5km - 00:24:32, 10km - 00:49:16, 15km - 01:13:53, 20km - 01:38:40, 21km - 01:44:05, 25km - 02:03:38, 30km - 02:28:21, 35km - 02:53:17, 40km - 03:21:02									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1101	6828	WASZCZUK Bartłomiej	WARSZAWA		POL	M40	238	03:33:06	03:33:42		1044
		5km - 00:23:10, 10km - 00:46:44, 15km - 01:10:36, 20km - 01:35:08, 21km - 01:40:24, 25km - 02:00:27, 30km - 02:27:06, 35km - 02:54:00, 40km - 03:21:42									
1102	5414	KRZEŚNIOWSKI Marcin	SZCZECIN	Rowerowy Załom	POL	M40	239	03:33:10	03:34:57		1047
		5km - 00:24:46, 10km - 00:49:26, 15km - 01:14:13, 20km - 01:39:11, 21km - 01:44:33, 25km - 02:03:57, 30km - 02:29:25, 35km - 02:55:04, 40km - 03:21:34									
1103	2875	JAKOWIECKI Ignacy	WARSZAWA		POL	M18	142	03:33:11	03:33:37		1048
		5km - 00:24:22, 10km - 00:49:06, 15km - 01:14:15, 20km - 01:39:02, 21km - 01:44:27, 25km - 02:04:02, 30km - 02:29:40, 35km - 02:55:23, 40km - 03:21:28									
1104	3190	SOŁTOWSKI Robert	ZIELONA GÓRA	HARPAGAN ZG	POL	M30	449	03:33:11	03:35:40		1048
		5km - 00:25:05, 10km - 00:49:42, 15km - 01:13:59, 20km - 01:39:09, 21km - 01:44:30, 25km - 02:04:05, 30km - 02:29:41, 35km - 02:56:07, 40km - 03:22:22									
1105	1150	NOWAK Marcin	BOREK WLKP.	KB MIŚ BOREK WLKP.	POL	M45	141	03:33:12	03:33:18		1050
		5km - 00:22:38, 10km - 00:45:42, 15km - 01:09:07, 20km - 01:33:24, 21km - 01:39:06, 25km - 01:58:53, 30km - 02:25:39, 35km - 02:53:32, 40km - 03:21:56									
1106	5518	POPRAWA Grzegorz	OSTRÓW WIELKOPOLSKI	KS MARATON OSTRÓW WLKP	POL	M40	240	03:33:12	03:39:05		1050
		5km - 00:22:49, 10km - 00:45:51, 15km - 01:09:12, 20km - 01:33:40, 21km - 01:39:02, 25km - 01:58:17, 30km - 02:23:21, 35km - 02:50:48, 40km - 03:20:13									
1107	4002	KĘPOWICZ Marcin	ŻABIA WOLA	Pasieka Kempi	POL	M40	241	03:33:13	03:33:35		1052
		5km - 00:23:21, 10km - 00:46:51, 15km - 01:10:17, 20km - 01:34:04, 21km - 01:39:20, 25km - 01:58:09, 30km - 02:23:25, 35km - 02:50:12, 40km - 03:20:01									
1108	2941	MENCEWICZ Paweł	GOŁKOWICE	UKS Piątka Plus Rydułtowy / Forma Wodzis	POL	M45	142	03:33:16	03:33:23		1053
		5km - 00:21:20, 10km - 00:42:41, 15km - 01:03:43, 20km - 01:25:09, 21km - 01:31:14, 25km - 01:50:20, 30km - 02:16:03, 35km - 02:43:14, 40km - 03:19:19									
1109	6296	WOŹNIAK Krzysztof	LESZNO	KAT-W	POL	M30	450	03:33:16	03:34:09		1053
		5km - 00:24:11, 10km - 00:47:54, 15km - 01:11:20, 20km - 01:35:25, 21km - 01:40:42, 25km - 01:59:43, 30km - 02:25:06, 35km - 02:51:53, 40km - 03:19:44									
1110	634	KALICKI Patryk	CICHOBÓRZ		POL	M18	143	03:33:24	03:34:06		1055
		5km - 00:22:42, 10km - 00:45:29, 15km - 01:08:12, 20km - 01:31:16, 21km - 01:36:14, 25km - 01:54:20, 30km - 02:18:17, 35km - 02:44:40, 40km - 03:17:37									
1111	5017	RULEWICZ Piotr	KAMIONKI		POL	M30	451	03:33:25	03:34:07		1056
		5km - 00:24:54, 10km - 00:49:58, 15km - 01:14:28, 20km - 01:39:13, 21km - 01:44:36, 25km - 02:04:04, 30km - 02:29:18, 35km - 02:54:47, 40km - 03:21:57									
1112	1226	GAŻA Krzysztof	RADOSTOWICE		POL	M40	242	03:33:26	03:34:25		1057
		5km - 00:26:06, 10km - 00:50:48, 15km - 01:15:11, 20km - 01:39:42, 21km - 01:44:54, 25km - 02:04:12, 30km - 02:29:42, 35km - 02:55:07, 40km - 03:21:23									
1113	5693	PĘDZIŃSKI Dawid	BYDGOSZCZ		POL	M30	452	03:33:26	03:33:55		1057
		5km - 00:23:06, 10km - 00:46:14, 15km - 01:09:02, 20km - 01:32:07, 21km - 01:37:06, 25km - 01:55:08, 30km - 02:19:24, 35km - 02:46:43, 40km - 03:19:06									
1114	4197	KACZMAREK Tomasz	ZALASEWO	KLAS Szpot Swarzędz	POL	M40	243	03:33:30	03:34:05		1059
		5km - 00:22:38, 10km - 00:45:41, 15km - 01:08:30, 20km - 01:31:38, 21km - 01:36:46, 25km - 01:54:58, 30km - 02:21:11, 35km - 02:48:28, 40km - 03:19:07									
1115	2656	LIBEREK Kamil	POZNAŃ		POL	M30	453	03:33:30	03:34:14		1059
		5km - 00:25:19, 10km - 00:50:11, 15km - 01:14:18, 20km - 01:38:13, 21km - 01:43:33, 25km - 02:02:16, 30km - 02:27:23, 35km - 02:53:13, 40km - 03:21:25									
1116	6737	WOJCIECHOWSKI Andrzej	WOLSZTYN		POL	M45	143	03:33:30	03:35:58		1059
		5km - 00:25:25, 10km - 00:48:58, 15km - 01:13:21, 20km - 01:37:42, 21km - 01:42:51, 25km - 02:01:27, 30km - 02:25:55, 35km - 02:52:27, 40km - 03:20:57									
1117	2146	FILUT Łukasz	POZNAŃ	Łukasz Filut	POL	M30	454	03:33:32	03:34:17		1062
		5km - 00:23:05, 10km - 00:46:23, 15km - 01:09:16, 20km - 01:32:41, 21km - 01:37:49, 25km - 01:56:59, 30km - 02:23:32, 35km - 02:53:25, 40km - 03:21:34									
1118	5416	KOZŁOWSKI Rafał	BYDGOSZCZ		POL	M45	144	03:33:32	03:35:32		1062
		5km - 00:24:06, 10km - 00:47:41, 15km - 01:11:13, 20km - 01:34:52, 21km - 01:39:59, 25km - 01:58:35, 30km - 02:23:38, 35km - 02:51:38, 40km - 03:21:13									
1119	2903	GUZ Artur	RUMIA	LIVE LOVE RUN	POL	M45	145	03:33:33	03:35:48		1064
		5km - 00:25:34, 10km - 00:50:41, 15km - 01:15:30, 20km - 01:40:45, 21km - 01:46:08, 25km - 02:05:42, 30km - 02:31:12, 35km - 02:56:38, 40km - 03:22:32									
1120	3521	NOWAK Mariusz	RÓŻANKI	Piątkowo na Biegowo	POL	M30	455	03:33:34	03:34:25		1065
		5km - 00:25:37, 10km - 00:50:48, 15km - 01:15:25, 20km - 01:40:08, 21km - 01:45:36, 25km - 02:05:08, 30km - 02:30:08, 35km - 02:55:17, 40km - 03:21:45									
1121	3476	TASZAREK Jakub	MROWINO		POL	M40	244	03:33:34	03:35:25		1065
		5km - 00:24:16, 10km - 00:47:40, 15km - 01:10:57, 20km - 01:34:28, 21km - 01:39:41, 25km - 01:58:24, 30km - 02:24:38, 35km - 02:52:34, 40km - 03:21:41									
1122	3870	GŁOWACKI Paweł	SEROCK	CS Group Runners Team	POL	M30	456	03:33:35	03:34:27		1067
		5km - 00:24:30, 10km - 00:48:43, 15km - 01:12:56, 20km - 01:37:15, 21km - 01:42:37, 25km - 02:01:55, 30km - 02:27:28, 35km - 02:53:50, 40km - 03:21:50									
1123	1477	KASPERSKI Robert	KOŚCIAN	Kościan Team	POL	M50	47	03:33:35	03:34:07		1067
		5km - 00:23:28, 10km - 00:46:38, 15km - 01:09:33, 20km - 01:33:16, 21km - 01:38:20, 25km - 01:57:02, 30km - 02:22:58, 35km - 02:51:03, 40km - 03:21:44									
1124	968	WALENTYNOWICZ Monika	GORZÓW WIELKOPOLSKI	Parkrun Gorzów Wlkp.	POL	K30	29	03:33:35	03:34:26	56	
		5km - 00:25:37, 10km - 00:50:47, 15km - 01:15:26, 20km - 01:40:08, 21km - 01:45:37, 25km - 02:05:08, 30km - 02:30:08, 35km - 02:55:17, 40km - 03:21:46									
1125	1212	TOMCZUK Grzegorz	GŁOGÓW		POL	M40	245	03:33:36	03:34:18		1069
		5km - 00:24:26, 10km - 00:48:34, 15km - 01:12:23, 20km - 01:36:30, 21km - 01:41:52, 25km - 02:00:59, 30km - 02:26:22, 35km - 02:53:02, 40km - 03:21:07									
1126	2831	BRZOSTOWICZ Rafał	TOMASZÓW MAZ.	Wanda Panfil Team	POL	M40	246	03:33:37	03:34:34		1070
		5km - 00:25:04, 10km - 00:49:40, 15km - 01:14:24, 20km - 01:39:20, 21km - 01:44:46, 25km - 02:04:19, 30km - 02:29:53, 35km - 02:55:19, 40km - 03:22:15									
1127	3792	KOSIOR Mateusz	GORZYCE WIELKIE		POL	M30	457	03:33:40	03:34:08		1071
		5km - 00:23:06, 10km - 00:46:16, 15km - 01:09:28, 20km - 01:32:58, 21km - 01:38:00, 25km - 01:56:55, 30km - 02:22:53, 35km - 02:48:53, 40km - 03:19:59									
1128	5337	SIWEK Jarek	SZCZECIN		POL	M45	146	03:33:43	03:34:20		1072
		5km - 00:24:30, 10km - 00:48:55, 15km - 01:13:09, 20km - 01:37:44, 21km - 01:43:14, 25km - 02:02:52, 30km - 02:28:53, 35km - 02:54:53, 40km - 03:22:08									
1129	5988	ŁANIEWSKI Mariusz	PABIANICE		POL	M45	147	03:33:45	03:35:47		1073
		5km - 00:24:44, 10km - 00:50:25, 15km - 01:15:24, 20km - 01:41:15, 21km - 01:47:01, 25km - 02:06:31, 30km - 02:32:23, 35km - 02:57:44, 40km - 03:22:51									
1130	5350	BARTKOWIAK Michal	POZNAN	CityTrail Team	POL	M30	458	03:33:47	03:36:04		1074
		5km - 00:24:19, 10km - 00:49:05, 15km - 01:13:46, 20km - 01:38:34, 21km - 01:43:48, 25km - 02:02:46, 30km - 02:28:00, 35km - 02:53:01, 40km - 03:19:23									
1131	6194	STRÓŻYŃSKI Marcin	BYDGOSZCZ		POL	M45	148	03:33:47	03:36:03		1074
		5km - 00:24:42, 10km - 00:49:26, 15km - 01:14:08, 20km - 01:38:55, 21km - 01:44:22, 25km - 02:03:59, 30km - 02:29:05, 35km - 02:54:56, 40km - 03:21:31									
1132	5492	ZAŃKO Łukasz	POZNAŃ		POL	M30	458	03:33:47	03:35:44		1074
		5km - 00:24:53, 10km - 00:49:31, 15km - 01:14:17, 20km - 01:39:02, 21km - 01:44:29, 25km - 02:04:02, 30km - 02:29:03, 35km - 02:54:44, 40km - 03:22:09									
1133	2378	JAKUBOWSKI Damian	SKALMIERZYCE		POL	M30	460	03:33:49	03:34:21		1077
		5km - 00:23:39, 10km - 00:47:23, 15km - 01:11:10, 20km - 01:35:08, 21km - 01:40:17, 25km - 01:59:04, 30km - 02:24:07, 35km - 02:49:29, 40km - 03:21:31									
1134	2597	TOMCZYK Lesław	CIESZYN	Olza Cieszyn	POL	M55	28	03:33:51	03:36:28		1078
		5km - 00:26:28, 10km - 00:51:52, 15km - 01:15:30, 20km - 01:39:26, 21km - 01:44:34, 25km - 02:03:31, 30km - 02:28:26, 35km - 02:53:23, 40km - 03:21:16									
1135	5008	Zawodnik anonimowy				M30	461	03:33:51	03:35:43		1078
		5km - 00:24:47, 10km - 00:49:18, 15km - 01:13:55, 20km - 01:38:27, 21km - 01:43:37, 25km - 02:02:31, 30km - 02:27:22, 35km - 02:52:56, 40km - 03:20:19									
1136	7068	KACZMAREK Robert	KUŹNICA		POL	M40	247	03:33:52	03:35:15		1080
		5km - 00:24:25, 10km - 00:48:36, 15km - 01:12:10, 20km - 01:36:11, 21km - 01:41:36, 25km - 02:00:24, 30km - 02:25:59, 35km - 02:53:07, 40km - 03:22:08									
1137	3925	KLINKUSZ Adrian	SŁUPSK	Markos running team	POL	M40	247	03:33:52	03:34:45		1080
		5km - 00:22:50, 10km - 00:45:59, 15km - 01:08:54, 20km - 01:32:28, 21km - 01:37:31, 25km - 01:57:02, 30km - 02:25:50, 35km - 02:52:34, 40km - 03:22:27									
1138	6783	KUPCZYK Jacek	ROKIETNICA		POL	M45	149	03:33:53	03:35:38		1082
		5km - 00:24:11, 10km - 00:48:17, 15km - 01:12:16, 20km - 01:37:03, 21km - 01:42:27, 25km - 02:02:04, 30km - 02:28:22, 35km - 02:54:31, 40km - 03:22:03									
1139	1242	SITEK Dariusz	PUSZCZYKOWO	KGB Mosina	POL	M45	150	03:33:55	03:34:52		1083
		5km - 00:24:03, 10km - 00:48:01, 15km - 01:11:42, 20km - 01:35:51, 21km - 01:41:05, 25km - 02:00:21, 30km - 02:25:58, 35km - 02:53:08, 40km - 03:22:12									
1140	6056	TRĄBKA Damian	KURZA GÓRA		POL	M45	150	03:33:55	03:34:23		1083
		5km - 00:23:19, 10km - 00:46:35, 15km - 01:09:37, 20km - 01:33:17, 21km - 01:38:24, 25km - 01:57:06, 30km - 02:22:03, 35km - 02:49:44, 40km - 03:21:50									
1141	5318	FARULEWSKI Piotr	BYDGOSZCZ		POL	M30	462	03:33:56	03:34:48		1085
		5km - 00:23:26, 10km - 00:47:07, 15km - 01:10:35, 20km - 01:34:33, 21km - 01:39:46, 25km - 01:58:52, 30km - 02:24:42, 35km - 02:51:19, 40km - 03:21:30									
1142	3809	SZKUDLAREK Artur	ANDRYCHÓW	KWP KRAKÓW / KP Kęty	POL	M30	463	03:33:58	03:34:21		1086
		5km - 00:22:28, 10km - 00:44:41, 15km - 01:06:55, 20km - 01:29:47, 21km - 01:34:43, 25km - 01:54:03, 30km - 02:20:32, 35km - 02:49:06, 40km - 03:21:49									
1143	2073	KOSECKI Krzysztof	ŁOSOSINA DOLNA	SG	POL	M30	464	03:34:01	03:35:52		1087
		5km - 00:24:40, 10km - 00:49:25, 15km - 01:14:06, 20km - 01:39:05, 21km - 01:44:31, 25km - 02:04:01, 30km - 02:28:55, 35km - 02:54:01, 40km - 03:21:30									
1144	7336	NIEMCZYK Kazimierz	MILANOWEK		POL	M55	29	03:34:03	03:35:35		1088
		5km - 00:25:03, 10km - 00:49:38, 15km - 01:14:30, 20km - 01:39:24, 21km - 01:44:48, 25km - 02:04:20, 30km - 02:29:19, 35km - 02:53:54, 40km - 03:21:17									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1145	4657	BERKA Daniel	GOŁAŃCZ	TeamRun Gołańcz	POL	M40	249	03:34:04	03:35:27		1089
		5km - 00:24:49, 10km - 00:49:47, 15km - 01:14:23, 20km - 01:39:25, 21km - 01:44:43, 25km - 02:04:18, 30km - 02:29:28, 35km - 02:54:53, 40km - 03:22:02									
1146	2477	BIENIAS Konrad	PŁOCK	Active Runners Płock	POL	M18	144	03:34:11	03:36:05		1090
		5km - 00:24:38, 10km - 00:48:40, 15km - 01:12:32, 20km - 01:36:32, 21km - 01:41:44, 25km - 02:00:53, 30km - 02:26:05, 35km - 02:52:36, 40km - 03:21:38									
1147	4264	PAWLIK Filip	POZNAŃ	Getinge Infecteam	POL	M30	465	03:34:11	03:36:10		1090
		5km - 00:24:36, 10km - 00:49:20, 15km - 01:14:04, 20km - 01:38:59, 21km - 01:44:26, 25km - 02:03:57, 30km - 02:28:46, 35km - 02:54:25, 40km - 03:21:55									
1148	6623	CIERNIEWSKI Maciej	STACHOWO		POL	M30	466	03:34:13	03:35:10		1092
		5km - 00:23:59, 10km - 00:47:50, 15km - 01:11:40, 20km - 01:35:54, 21km - 01:41:10, 25km - 02:00:16, 30km - 02:26:04, 35km - 02:55:28, 40km - 03:23:44									
1149	4826	ANTONIK Damian	ZIELONA GÓRA		POL	M30	467	03:34:15	03:35:53		1093
		5km - 00:22:45, 10km - 00:45:50, 15km - 01:08:59, 20km - 01:32:46, 21km - 01:38:06, 25km - 01:57:55, 30km - 02:24:06, 35km - 02:51:46, 40km - 03:21:58									
1150	2178	KAMIŃSKA Agata	SZCZECIN	Parkrun Szczecin	POL	K30	30	03:34:15	03:35:13	57	
		5km - 00:24:52, 10km - 00:49:58, 15km - 01:14:53, 20km - 01:39:51, 21km - 01:45:15, 25km - 02:05:02, 30km - 02:30:23, 35km - 02:56:40, 40km - 03:23:11									
1151	5760	PALUSIŃSKI Piotr	SOSNOWIEC		POL	M50	48	03:34:21	03:34:45		1094
		5km - 00:24:53, 10km - 00:49:54, 15km - 01:14:43, 20km - 01:40:01, 21km - 01:45:24, 25km - 02:05:16, 30km - 02:31:08, 35km - 02:56:52, 40km - 03:23:25									
1152	3470	KOLEŃCZUK Władysław	LUBSKO		POL	M60	6	03:34:23	03:35:06		1095
		5km - 00:23:23, 10km - 00:47:14, 15km - 01:10:47, 20km - 01:35:16, 21km - 01:40:41, 25km - 01:59:52, 30km - 02:27:01, 35km - 02:54:15, 40km - 03:22:28									
1153	3831	SZKUDELSKI Łukasz	LESZNO		POL	M30	468	03:34:23	03:36:39		1095
		5km - 00:24:50, 10km - 00:49:26, 15km - 01:14:07, 20km - 01:38:52, 21km - 01:44:20, 25km - 02:04:03, 30km - 02:29:51, 35km - 02:56:13, 40km - 03:22:39									
1154	7134	URLICH Tomasz	TORUŃ		POL	M45	152	03:34:23	03:34:55		1095
		5km - 00:22:38, 10km - 00:45:30, 15km - 01:08:19, 20km - 01:31:23, 21km - 01:36:23, 25km - 01:54:45, 30km - 02:21:05, 35km - 02:49:07, 40km - 03:20:56									
1155	1801	WĘGŁOWSKI Maciej	ŚRODA WIELKOPOLSKA		POL	M45	153	03:34:24	03:35:30		1098
		5km - 00:24:03, 10km - 00:47:54, 15km - 01:11:19, 20km - 01:35:16, 21km - 01:40:36, 25km - 01:59:46, 30km - 02:26:00, 35km - 02:54:10, 40km - 03:22:57									
1156	5442	SOŁTYSIAK Jacek	KLESZCZEWO	WNPiD UAM	POL	M18	145	03:34:29	03:35:15		1099
		5km - 00:24:49, 10km - 00:49:22, 15km - 01:13:44, 20km - 01:38:36, 21km - 01:43:53, 25km - 02:03:25, 30km - 02:28:48, 35km - 02:55:04, 40km - 03:22:17									
1157	6025	DANILUK Michał	POZNAŃ		POL	M40	250	03:34:32	03:37:35		1100
		5km - 00:24:53, 10km - 00:49:32, 15km - 01:14:22, 20km - 01:38:52, 21km - 01:44:08, 25km - 02:03:23, 30km - 02:28:31, 35km - 02:54:09, 40km - 03:21:40									
1158	969	SIUDA Marek	LUBOŃ	IZMARK	POL	M50	49	03:34:32	03:34:59		1100
		5km - 00:24:30, 10km - 00:49:32, 15km - 01:14:25, 20km - 01:39:17, 21km - 01:44:40, 25km - 02:04:09, 30km - 02:29:31, 35km - 02:55:51, 40km - 03:22:58									
1159	1410	ZARĘBA Beata	PRUSZKÓW		POL	K30	31	03:34:34	03:36:43	58	
		5km - 00:24:34, 10km - 00:49:12, 15km - 01:13:55, 20km - 01:38:59, 21km - 01:44:37, 25km - 02:04:15, 30km - 02:30:19, 35km - 02:56:19, 40km - 03:23:02									
1160	3227	KACZMARCZYK Krzysztof	BOCHNIA	Żubry Bochnia	POL	M45	154	03:34:36	03:36:31		1102
		5km - 00:24:47, 10km - 00:49:29, 15km - 01:14:11, 20km - 01:38:55, 21km - 01:44:20, 25km - 02:03:47, 30km - 02:28:53, 35km - 02:55:13, 40km - 03:22:53									
1161	1089	URBAN Łukasz	ŁUBOWO 43L	Spodenki Nisko Opuszczone	POL	M30	469	03:34:37	03:36:01		1103
		5km - 00:25:29, 10km - 00:50:38, 15km - 01:15:40, 20km - 01:40:24, 21km - 01:45:36, 25km - 02:04:52, 30km - 02:29:53, 35km - 02:55:35, 40km - 03:22:47									
1162	4125	WYŻYKOWSKI Krzysztof	ŁÓDŹ	Narodowy Bank Polski	POL	M45	155	03:34:37	03:35:39		1103
		5km - 00:23:58, 10km - 00:47:40, 15km - 01:11:15, 20km - 01:35:10, 21km - 01:40:17, 25km - 01:59:17, 30km - 02:24:58, 35km - 02:52:33, 40km - 03:22:26									
1163	2823	PIASKOWSKI Łukasz	PLEWISKA	SANTANDER RUNNERS TEAM	POL	M45	156	03:34:38	03:36:00		1105
		5km - 00:24:06, 10km - 00:47:57, 15km - 01:11:32, 20km - 01:36:06, 21km - 01:41:29, 25km - 02:01:20, 30km - 02:28:12, 35km - 02:55:13, 40km - 03:22:47									
1164	1866	GORYNIA Hubert	BODZEWO		POL	M30	470	03:34:44	03:35:12		1106
		5km - 00:24:32, 10km - 00:49:05, 15km - 01:13:31, 20km - 01:38:04, 21km - 01:43:24, 25km - 02:02:39, 30km - 02:28:03, 35km - 02:54:51, 40km - 03:22:29									
1165	4183	DOLATOWSKI Marek	ŚWIEBODZIN		POL	M30	471	03:34:45	03:37:19		1107
		5km - 00:25:07, 10km - 00:49:48, 15km - 01:14:35, 20km - 01:39:20, 21km - 01:44:41, 25km - 02:04:23, 30km - 02:29:33, 35km - 02:55:05, 40km - 03:23:05									
1166	466	KOWALCZYK Paweł	KĘTY	KĘCKIE HARPAGANY	POL	M45	157	03:34:45	03:34:46		1107
		5km - 00:22:43, 10km - 00:46:10, 15km - 01:09:16, 20km - 01:32:47, 21km - 01:37:53, 25km - 01:56:54, 30km - 02:24:39, 35km - 02:53:36, 40km - 03:22:13									
1167	5115	Zawodnik anonimowy				M30	471	03:34:45	03:35:12		1107
		5km - 00:22:01, 10km - 00:44:02, 15km - 01:05:58, 20km - 01:29:00, 21km - 01:33:58, 25km - 01:52:29, 30km - 02:19:16, 35km - 02:47:19, 40km - 03:20:33									
1168	6216	SZCZYGIEŁ Bartłomiej	KRAKÓW		POL	M18	146	03:34:50	03:36:43		1110
		5km - 00:27:37, 10km - 00:53:35, 15km - 01:19:10, 20km - 01:45:17, 21km - 01:50:51, 25km - 02:09:43, 30km - 02:34:28, 35km - 02:59:24, 40km - 03:24:26									
1169	2781	WIDERA Irek	ŁAZISKA GÓRNE	STS BIEGATON MIKOŁÓW	POL	M50	50	03:34:54	03:38:05		1111
		5km - 00:24:50, 10km - 00:48:42, 15km - 01:13:45, 20km - 01:37:29, 21km - 01:42:47, 25km - 02:01:40, 30km - 02:26:09, 35km - 02:54:04, 40km - 03:22:02									
1170	4281	ZAJĄC Bartosz	POZNAŃ	Looksfera/M-Tronic	POL	M30	473	03:34:54	03:36:58		1111
		5km - 00:24:37, 10km - 00:49:21, 15km - 01:14:10, 20km - 01:38:58, 21km - 01:44:25, 25km - 02:03:53, 30km - 02:28:39, 35km - 02:53:08, 40km - 03:21:40									
1171	7276	STASIW Przemysław	ŻYRARDÓW	Run de Girard	POL	M30	474	03:35:00	03:36:56		1113
		5km - 00:24:47, 10km - 00:49:21, 15km - 01:14:07, 20km - 01:39:02, 21km - 01:44:30, 25km - 02:04:01, 30km - 02:28:54, 35km - 02:54:52, 40km - 03:23:11									
1172	3350	Zawodnik anonimowy				M45	158	03:35:01	03:36:14		1114
		5km - 00:24:47, 10km - 00:49:37, 15km - 01:13:55, 20km - 01:38:33, 21km - 01:43:59, 25km - 02:03:14, 30km - 02:28:48, 35km - 02:54:13, 40km - 03:22:27									
1173	4841	ŁOŚ Adam	MAREZA	KWIDZYN BIEGA	POL	M30	475	03:35:02	03:36:51		1115
		5km - 00:24:47, 10km - 00:49:31, 15km - 01:14:14, 20km - 01:39:10, 21km - 01:44:37, 25km - 02:04:08, 30km - 02:29:06, 35km - 02:55:09, 40km - 03:22:58									
1174	4057	KOT Krzysztof	RZESZÓW	MPK - Rzeszów	POL	M40	251	03:35:05	03:37:01		1116
		5km - 00:24:42, 10km - 00:49:21, 15km - 01:14:07, 20km - 01:39:02, 21km - 01:44:28, 25km - 02:03:59, 30km - 02:29:00, 35km - 02:55:44, 40km - 03:23:36									
1175	1145	SKROBACZ Sebastian	RAWICZ	RAWAG	POL	M30	476	03:35:06	03:37:01		1117
		5km - 00:25:14, 10km - 00:50:02, 15km - 01:14:38, 20km - 01:39:38, 21km - 01:45:07, 25km - 02:04:45, 30km - 02:30:10, 35km - 02:55:39, 40km - 03:22:55									
1176	4229	SOBCZYK Łukasz	KOŁOBRZEG	Kołobrzeg Biega Bo Lubi	POL	M40	252	03:35:06	03:36:07		1117
		5km - 00:24:21, 10km - 00:48:14, 15km - 01:12:21, 20km - 01:37:03, 21km - 01:42:28, 25km - 02:02:02, 30km - 02:28:12, 35km - 02:54:24, 40km - 03:22:36									
1177	2626	BORAWSKI Krzysztof	ZEMBRZYCE		POL	M18	147	03:35:07	03:37:30		1119
		5km - 00:24:28, 10km - 00:49:40, 15km - 01:13:52, 20km - 01:38:44, 21km - 01:44:12, 25km - 02:03:44, 30km - 02:28:41, 35km - 02:55:12, 40km - 03:23:32									
1178	534	MAJEWSKI Maciej	POZNAŃ		POL	M50	51	03:35:12	03:35:44		1120
		5km - 00:22:36, 10km - 00:45:34, 15km - 01:09:32, 20km - 01:35:06, 21km - 01:40:30, 25km - 02:00:59, 30km - 02:28:18, 35km - 02:55:14, 40km - 03:23:25									
1179	5120	CHEŁSTOWSKI Robert	SOCHACZEW		POL	M50	52	03:35:16	03:35:58		1121
		5km - 00:22:57, 10km - 00:46:08, 15km - 01:09:38, 20km - 01:34:20, 21km - 01:39:45, 25km - 01:59:40, 30km - 02:26:51, 35km - 02:53:28, 40km - 03:22:42									
1180	5118	JĘDRZEJCZYK Tomasz	DĘBNO		POL	M30	477	03:35:16	03:35:58		1121
		5km - 00:22:57, 10km - 00:46:07, 15km - 01:09:38, 20km - 01:34:20, 21km - 01:39:45, 25km - 01:59:30, 30km - 02:28:00, 35km - 02:55:49, 40km - 03:23:13									
1181	1767	GAWDZIŃSKI Łukasz	JANCZEWO	----	POL	M30	478	03:35:19	03:36:04		1123
		5km - 00:25:13, 10km - 00:50:10, 15km - 01:14:51, 20km - 01:39:51, 21km - 01:45:16, 25km - 02:04:50, 30km - 02:30:14, 35km - 02:55:58, 40km - 03:23:46									
1182	4006	KARNECKI Rafał	ŚWIECIE	The Runners Świecie	POL	M30	479	03:35:22	03:36:17		1124
		5km - 00:22:45, 10km - 00:45:19, 15km - 01:08:09, 20km - 01:32:40, 21km - 01:38:21, 25km - 01:58:46, 30km - 02:26:46, 35km - 02:55:03, 40km - 03:23:45									
1183	550	LESZCZYŃSKI Michał	KRAKÓW	Zakrzowiec Team Challenge	POL	M30	479	03:35:22	03:38:55		1124
		5km - 00:29:10, 10km - 00:54:24, 15km - 01:19:57, 20km - 01:44:45, 21km - 01:49:48, 25km - 02:09:04, 30km - 02:35:11, 35km - 03:00:33, 40km - 03:25:24									
1184	6105	NOWACKI Paweł	KRAKÓW		POL	M40	253	03:35:27	03:36:11		1126
		5km - 00:23:55, 10km - 00:47:22, 15km - 01:10:49, 20km - 01:34:57, 21km - 01:40:01, 25km - 01:58:51, 30km - 02:24:26, 35km - 02:51:40, 40km - 03:21:18									
1185	6147	STAWARSKA Elżbieta	TORUŃ	MARMEL TORUŃ	POL	K40	15	03:35:27	03:36:07	59	
		5km - 00:23:21, 10km - 00:46:43, 15km - 01:10:03, 20km - 01:34:57, 21km - 01:40:13, 25km - 01:59:51, 30km - 02:27:00, 35km - 02:55:25, 40km - 03:23:32									
1186	5367	KOSMATY Mariusz	OPOLE	antonteam	POL	M45	159	03:35:28	03:36:12		1127
		5km - 00:23:29, 10km - 00:47:11, 15km - 01:11:00, 20km - 01:34:52, 21km - 01:39:59, 25km - 01:58:29, 30km - 02:23:15, 35km - 02:52:28, 40km - 03:22:12									
1187	6561	SZEWCZAK Jacek	GRUDZIĄDZ	CSLog	POL	M30	481	03:35:29	03:36:44		1128
		5km - 00:25:44, 10km - 00:51:29, 15km - 01:16:46, 20km - 01:42:24, 21km - 01:47:56, 25km - 02:08:01, 30km - 02:33:43, 35km - 02:59:49, 40km - 03:25:17									
1188	3034	SAWICKI Piotr	DĄBRÓWKA		POL	M18	148	03:35:30	03:36:48		1129
		5km - 00:24:48, 10km - 00:49:25, 15km - 01:14:09, 20km - 01:39:14, 21km - 01:44:40, 25km - 02:04:22, 30km - 02:29:45, 35km - 02:55:23, 40km - 03:23:02									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1189	5445	KOISZEWSKI Krzysztof	LĘBORK	Klub 42,2 Lębork	POL	M45	160	03:35:31	03:37:13		1130
		5km - 00:24:50, 10km - 00:49:28, 15km - 01:14:12, 20km - 01:39:04, 21km - 01:44:22, 25km - 02:03:41, 30km - 02:28:59, 35km - 02:55:07, 40km - 03:23:03									
1190	4330	KACZMAREK Mirosław	KOŚCIAN	Kościan Team	POL	M45	161	03:35:37	03:36:41		1131
		5km - 00:24:41, 10km - 00:49:30, 15km - 01:14:12, 20km - 01:39:10, 21km - 01:44:30, 25km - 02:04:12, 30km - 02:29:54, 35km - 02:56:27, 40km - 03:24:35									
1191	6219	ŻUCHLIŃSKI Dawid	MAŁKI	SMp Runners	POL	M18	149	03:35:37	03:37:33		1131
		5km - 00:24:44, 10km - 00:49:32, 15km - 01:14:18, 20km - 01:39:11, 21km - 01:44:39, 25km - 02:04:11, 30km - 02:29:09, 35km - 02:55:18, 40km - 03:23:30									
1192	5530	ROJEK Andrzej	OLSZTYN		POL	M45	162	03:35:38	03:36:11		1133
		5km - 00:22:39, 10km - 00:45:33, 15km - 01:08:19, 20km - 01:31:28, 21km - 01:36:30, 25km - 01:55:19, 30km - 02:21:33, 35km - 02:49:31, 40km - 03:20:18									
1193	3718	WRIGHT Alex	KETTERING		GBR	M50	53	03:35:39	03:36:44		1134
		5km - 00:24:36, 10km - 00:49:21, 15km - 01:13:56, 20km - 01:38:45, 21km - 01:44:04, 25km - 02:03:30, 30km - 02:28:39, 35km - 02:54:53, 40km - 03:23:05									
1194	423	KLIMA Adam	TYCHY	RUNHOGS Tychy	POL	M18	150	03:35:40	03:36:19		1135
		5km - 00:22:10, 10km - 00:44:02, 15km - 01:06:12, 20km - 01:29:11, 21km - 01:34:21, 25km - 01:54:04, 30km - 02:23:00, 35km - 02:53:27, 40km - 03:23:42									
1195	4859	OLIINYK Andrii	KHARKIV	Fortis Run Club	UKR	M30	482	03:35:40	03:35:41		1135
		5km - 00:18:10, 10km - 00:36:24, 15km - 00:54:40, 20km - 01:13:29, 21km - 01:17:29, 25km - 01:32:16, 30km - 01:52:52, 35km - , 40km - 03:22:20									
1196	6663	MICHALAK Tomasz	KŁODAWA		POL	M30	483	03:35:41	03:36:34		1137
		5km - 00:24:05, 10km - 00:48:06, 15km - 01:11:47, 20km - 01:35:46, 21km - 01:40:53, 25km - 01:59:43, 30km - 02:25:44, 35km - 02:53:12, 40km - 03:22:26									
1197	540	WIERCIOCH Piotr	LUBOŃ	-	POL	M45	163	03:35:41	03:38:30		1137
		5km - 00:26:27, 10km - 00:53:41, 15km - 01:19:24, 20km - 01:44:54, 21km - 01:50:47, 25km - 02:10:45, 30km - 02:36:06, 35km - 03:01:02, 40km - 03:25:13									
1198	4645	ADAMCZYK-NOWAK Beata	BYTOM	Miechowicka Grupa Biegowa	POL	K45	2	03:35:43	03:38:03	60	
		5km - 00:26:05, 10km - 00:51:37, 15km - 01:16:46, 20km - 01:41:49, 21km - 01:47:12, 25km - 02:06:41, 30km - 02:31:50, 35km - 02:57:07, 40km - 03:24:19									
1199	1110	UHURA Rafał	POZNAŃ	#OwocBiega	POL	M40	254	03:35:43	03:36:29		1139
		5km - 00:24:02, 10km - 00:47:45, 15km - 01:11:21, 20km - 01:34:58, 21km - 01:40:03, 25km - 01:58:26, 30km - 02:22:34, 35km - 02:48:50, 40km - 03:22:19									
1200	6804	SZYDŁOWSKI Łukasz	POZNAŃ		POL	M40	255	03:35:44	03:36:31		1140
		5km - 00:24:05, 10km - 00:48:08, 15km - 01:12:17, 20km - 01:36:46, 21km - 01:42:04, 25km - 02:01:37, 30km - 02:27:29, 35km - 02:54:25, 40km - 03:23:53									
1201	6209	DUREK Dawid	JABŁONNA	PIAST JABŁONNA	POL	M30	484	03:35:46	03:36:25		1141
		5km - 00:24:17, 10km - 00:48:32, 15km - 01:12:38, 20km - 01:36:56, 21km - 01:42:17, 25km - 02:01:41, 30km - 02:27:31, 35km - 02:54:52, 40km - 03:23:26									
1202	2734	POCZTA Marian	KROTOSZYN	KS Krotosz Krotoszyn	POL	M50	54	03:35:47	03:36:53		1142
		5km - 00:23:56, 10km - 00:47:55, 15km - 01:11:42, 20km - 01:35:38, 21km - 01:40:55, 25km - 02:00:13, 30km - 02:26:16, 35km - 02:53:09, 40km - 03:23:01									
1203	678	ŁUCZAK Jacek	POZNAŃ	KB UE Poznań	POL	M45	164	03:35:47	03:36:38		1142
		5km - 00:23:06, 10km - 00:46:13, 15km - 01:09:30, 20km - 01:33:52, 21km - 01:39:06, 25km - 01:58:46, 30km - 02:25:37, 35km - 02:53:40, 40km - 03:23:17									
1204	3354	KOPEĆ Mirosław	KRAKÓW	MirMark	POL	M45	165	03:35:49	03:36:49		1144
		5km - 00:24:28, 10km - 00:48:15, 15km - 01:11:45, 20km - 01:35:47, 21km - 01:41:13, 25km - 02:00:45, 30km - 02:28:00, 35km - 02:55:37, 40km - 03:24:01									
1205	1004	SZYSZKA Konrad	SZCZECIN	Wieczorne Bieganie W Szczecinie	POL	M30	485	03:35:49	03:37:53		1144
		5km - 00:24:33, 10km - 00:49:16, 15km - 01:13:59, 20km - 01:38:45, 21km - 01:44:03, 25km - 02:03:24, 30km - 02:29:01, 35km - 02:55:39, 40km - 03:24:10									
1206	7066	SZOSTEK Filip	WARSZAWA	Szostki	POL	M30	486	03:35:51	03:39:34		1146
		5km - 00:24:54, 10km - 00:49:33, 15km - 01:13:49, 20km - 01:38:29, 21km - 01:43:52, 25km - 02:03:24, 30km - 02:29:51, 35km - 02:56:28, 40km - 03:24:14									
1207	3608	WOLAŃSKI Karol	POZNAŃ		POL	M30	486	03:35:51	03:37:24		1146
		5km - 00:25:03, 10km - 00:49:37, 15km - 01:14:14, 20km - 01:39:17, 21km - 01:44:54, 25km - 02:04:20, 30km - 02:30:02, 35km - 02:56:26, 40km - 03:23:53									
1208	318	BIAŁCZYK Marcin	ROŚCIMIN	Carlsberg Shared Services	POL	M30	488	03:35:52	03:36:18		1148
		5km - 00:22:37, 10km - 00:45:22, 15km - 01:07:54, 20km - 01:30:59, 21km - 01:36:04, 25km - 01:54:54, 30km - 02:23:06, 35km - 02:52:31, 40km - 03:23:20									
1209	2484	LEWANDOWSKI Grzegorz	GOLENIÓW	Goleniów	POL	M40	256	03:35:52	03:36:32		1148
		5km - 00:24:35, 10km - 00:49:03, 15km - 01:13:32, 20km - 01:38:22, 21km - 01:43:39, 25km - 02:03:17, 30km - 02:28:40, 35km - 02:54:57, 40km - 03:22:59									
1210	775	ROSZAK Zbigniew	GNIEWKOWO	Biegam dla Zdrowia	POL	M30	488	03:35:52	03:40:02		1148
		5km - 00:24:09, 10km - 00:48:52, 15km - 01:13:39, 20km - 01:38:59, 21km - , 25km - 02:04:18, 30km - 02:30:24, 35km - , 40km - 03:24:22									
1211	4850	HANARZ Jacek	ZIELONKI	DRUŻYNA SZPIKU	POL	M40	257	03:35:54	03:36:55		1151
		5km - 00:24:21, 10km - 00:48:35, 15km - 01:12:51, 20km - 01:37:29, 21km - 01:42:49, 25km - 02:02:14, 30km - 02:27:50, 35km - 02:54:44, 40km - 03:23:03									
1212	3150	UZNAŃSKI Ryszard	KOŁOBRZEG	Kołobrzeg biega	POL	M45	166	03:35:54	03:36:24		1151
		5km - 00:24:04, 10km - 00:48:39, 15km - 01:12:52, 20km - 01:37:35, 21km - 01:42:59, 25km - 02:02:34, 30km - 02:28:44, 35km - 02:55:32, 40km - 03:24:19									
1213	3700	DVORSKY Ladislav	OSTRAVA	MK Seitl Ostrava	CZE	M50	55	03:35:56	03:36:43		1153
		5km - 00:24:32, 10km - 00:49:12, 15km - 01:13:55, 20km - 01:39:30, 21km - 01:45:02, 25km - 02:04:34, 30km - 02:30:24, 35km - 02:57:23, 40km - 03:24:17									
1214	583	KACZMAREK Michał	POZNAŃ	LUVENA	POL	M30	490	03:35:56	03:37:16		1153
		5km - 00:24:49, 10km - 00:49:10, 15km - 01:13:23, 20km - 01:37:42, 21km - 01:43:17, 25km - 02:02:37, 30km - 02:29:32, 35km - 02:56:56, 40km - 03:24:03									
1215	1224	PIWOŃSKI Zbigniew	WŁOCŁAWEK		POL	M40	258	03:35:56	03:36:39		1153
		5km - 00:22:30, 10km - 00:44:49, 15km - 01:07:00, 20km - 01:29:44, 21km - 01:34:54, 25km - 01:53:28, 30km - 02:20:40, 35km - 02:50:34, 40km - 03:22:42									
1216	5460	KLUS Mariusz	ZŁOTNIKI	TriMario	POL	M40	259	03:36:00	03:36:37		1156
		5km - 00:25:11, 10km - 00:50:13, 15km - 01:15:03, 20km - 01:39:55, 21km - 01:45:18, 25km - 02:04:41, 30km - 02:29:48, 35km - 02:55:55, 40km - 03:23:50									
1217	1808	SKRZYPCZAK Łukasz	GOSTYŃ	100	POL	M30	491	03:36:00	03:36:29		1156
		5km - 00:24:31, 10km - 00:49:05, 15km - 01:13:30, 20km - 01:38:05, 21km - 01:43:23, 25km - 02:02:58, 30km - 02:29:47, 35km - 02:56:43, 40km - 03:24:33									
1218	868	BARTNIK Stanisław	OPOLE	KWP Opole	POL	M40	260	03:36:01	03:37:01		1158
		5km - 00:24:30, 10km - 00:48:52, 15km - 01:13:18, 20km - 01:37:42, 21km - 01:43:00, 25km - 02:02:34, 30km - 02:28:36, 35km - 02:55:08, 40km - 03:23:31									
1219	1461	MASIAKOWSKI Dawid	SZKOCJA		POL	M18	151	03:36:04	03:37:47		1159
		5km - 00:24:52, 10km - 00:49:32, 15km - 01:14:22, 20km - 01:39:17, 21km - 01:44:34, 25km - 02:04:10, 30km - 02:29:03, 35km - 02:54:24, 40km - 03:23:02									
1220	6299	SIWAK Ryszard	KRAKÓW	Team Ryś ski	POL	M40	261	03:36:04	03:38:47		1159
		5km - 00:26:18, 10km - 00:52:16, 15km - 01:18:10, 20km - 01:44:10, 21km - 01:49:34, 25km - 02:09:54, 30km - 02:36:02, 35km - 03:01:24, 40km - 03:26:07									
1221	6839	KLIMCZAK Robert	WRZEŚNIA	KB Kosynier Września	POL	M45	167	03:36:07	03:36:35		1161
		5km - 00:23:05, 10km - 00:45:58, 15km - 01:08:49, 20km - 01:32:27, 21km - 01:37:46, 25km - 01:57:11, 30km - 02:24:46, 35km - 02:54:32, 40km - 03:23:25									
1222	1120	MARCINKIEWICZ Filip	RAKOWO		POL	M30	492	03:36:07	03:38:33		1161
		5km - 00:24:16, 10km - 00:47:48, 15km - 01:10:54, 20km - 01:34:43, 21km - 01:39:58, 25km - 01:58:52, 30km - 02:26:48, 35km - 02:55:28, 40km - 03:24:43									
1223	6266	ZAMĘTA Sławek	OTMUCHÓW	OTM.b	POL	M45	167	03:36:07	03:37:08		1161
		5km - 00:24:16, 10km - 00:48:39, 15km - 01:12:52, 20km - 01:37:40, 21km - 01:43:01, 25km - 02:02:47, 30km - 02:29:42, 35km - 02:55:56, 40km - 03:23:54									
1224	4450	OŚRÓDEK Piotr	ZDUŃSKA WOLA	BBL Zduńska Wola	POL	M40	262	03:36:08	03:36:37		1164
		5km - 00:22:41, 10km - 00:45:30, 15km - 01:08:24, 20km - 01:31:30, 21km - 01:36:30, 25km - 01:56:31, 30km - 02:25:24, 35km - 02:54:47, 40km - 03:24:29									
1225	1865	KASPERSKI Tomasz	GOSTYŃ		POL	M30	493	03:36:12	03:36:40		1165
		5km - 00:24:33, 10km - 00:49:07, 15km - 01:13:31, 20km - 01:38:04, 21km - 01:43:24, 25km - 02:02:38, 30km - 02:27:52, 35km - 02:53:24, 40km - 03:22:56									
1226	5741	WOJCIECHOWSKI Aleksander	WRZEŚNIA	Rowery Małgośka	POL	M30	493	03:36:12	03:37:37		1165
		5km - 00:24:13, 10km - 00:48:22, 15km - 01:12:18, 20km - 01:36:31, 21km - 01:41:45, 25km - 02:00:57, 30km - 02:26:37, 35km - 02:54:04, 40km - 03:23:19									
1227	2851	SZMYT Łukasz	LESZNO		POL	M40	263	03:36:14	03:37:26		1167
		5km - 00:25:08, 10km - 00:49:46, 15km - 01:14:14, 20km - 01:39:07, 21km - 01:44:29, 25km - 02:03:55, 30km - 02:29:30, 35km - 02:56:29, 40km - 03:24:09									
1228	56	AKAI Aya	TAKASAKI		JPN	K30	32	03:36:15	03:38:00	61	
		5km - 00:23:06, 10km - 00:45:45, 15km - 01:08:31, 20km - 01:32:43, 21km - 01:38:04, 25km - 01:57:57, 30km - 02:27:37, 35km - 02:55:27, 40km - 03:24:54									
1229	4607	KOZAK Krzysztof	STRZELNO	BiegamyRazem	POL	M50	56	03:36:15	03:37:04		1168
		5km - 00:23:11, 10km - 00:46:11, 15km - 01:09:09, 20km - 01:32:54, 21km - 01:38:08, 25km - 01:57:35, 30km - 02:25:42, 35km - 02:54:07, 40km - 03:24:01									
1230	1439	WOJNARSKI Jarek	GLINNIK		POL	M40	264	03:36:16	03:38:17		1169
		5km - 00:25:10, 10km - 00:50:22, 15km - 01:15:22, 20km - 01:40:48, 21km - 01:46:19, 25km - 02:05:59, 30km - 02:31:49, 35km - 02:58:03, 40km - 03:25:04									
1231	6980	AUGUSTYNIAK Małgorzata	ŁÓDŹ		POL	K45	3	03:36:21	03:39:54	62	
		5km - 00:23:16, 10km - 00:47:15, 15km - 01:11:02, 20km - 01:35:49, 21km - 01:41:37, 25km - 02:01:09, 30km - 02:28:14, 35km - 02:56:53, 40km - 03:24:34									
1232	6922	ZACHMYC Damian	POZNAŃ		POL	M30	495	03:36:22	03:38:26		1170
		5km - 00:23:33, 10km - 00:47:35, 15km - 01:11:12, 20km - 01:35:14, 21km - 01:40:24, 25km - 01:59:05, 30km - 02:26:43, 35km - 02:54:11, 40km - 03:25:15									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1233	6670	WEGNER Adrian	POZNAN		POL	M18	152	03:36:24	03:38:36		1171
		5km - 00:22:26, 10km - 00:44:52, 15km - 01:07:16, 20km - 01:30:46, 21km - 01:35:51, 25km - 01:55:01, 30km - 02:21:45, 35km - 02:51:12, 40km - 03:23:10									
1234	1575	PIETRZAK Aleksander	POZNAŃ		POL	M18	153	03:36:25	03:38:39		1172
		5km - 00:24:36, 10km - 00:49:51, 15km - 01:14:42, 20km - 01:39:59, 21km - 01:45:29, 25km - 02:05:30, 30km - 02:31:47, 35km - 02:58:07, 40km - 03:25:24									
1235	4012	KOSTUR Marek	BRĄSWAŁD	Domiauto.pl	POL	M40	265	03:36:26	03:38:47		1173
		5km - 00:25:16, 10km - 00:49:47, 15km - 01:14:11, 20km - 01:38:54, 21km - 01:44:12, 25km - 02:03:43, 30km - 02:28:44, 35km - 02:54:26, 40km - 03:23:32									
1236	3617	HAREMZA Rafał	POZNAŃ		POL	M18	154	03:36:29	03:38:54		1174
		5km - 00:25:00, 10km - 00:49:33, 15km - 01:14:09, 20km - 01:38:47, 21km - 01:44:07, 25km - 02:03:44, 30km - 02:28:59, 35km - 02:56:08, 40km - 03:25:00									
1237	2162	JANIAK Paweł	WROCŁAW		POL	M40	266	03:36:29	03:39:10		1174
		5km - 00:25:42, 10km - 00:50:28, 15km - 01:14:57, 20km - 01:39:34, 21km - 01:44:59, 25km - 02:04:24, 30km - 02:30:29, 35km - 02:57:22, 40km - 03:24:26									
1238	3853	KUSY Rafał	MIĘDZYŚWIEĆ	Olza Cieszyn	POL	M40	267	03:36:31	03:37:36		1176
		5km - 00:24:30, 10km - 00:49:11, 15km - 01:13:32, 20km - 01:38:24, 21km - 01:43:52, 25km - 02:03:40, 30km - 02:29:53, 35km - 02:57:18, 40km - 03:24:51									
1239	4922	LANKOWSKA-KLEMT Agnieszka	OLSZTYN	AKM Olsztyn	POL	K30	33	03:36:31	03:37:10	63	
		5km - 00:25:14, 10km - 00:50:24, 15km - 01:15:25, 20km - 01:40:26, 21km - 01:45:49, 25km - 02:05:38, 30km - 02:31:14, 35km - 02:57:18, 40km - 03:24:34									
1240	2739	TANAS Bogumiła	TRZEBICKO	KS Krotosz Krotoszyn	POL	K30	34	03:36:32	03:37:41	64	
		5km - 00:25:27, 10km - 00:50:33, 15km - 01:15:19, 20km - 01:40:13, 21km - 01:45:40, 25km - 02:05:26, 30km - 02:32:03, 35km - 02:58:36, 40km - 03:25:22									
1241	811	GOWOREK Piotr	KOŁOBRZEG		POL	M45	169	03:36:33	03:37:05		1177
		5km - 00:22:39, 10km - 00:45:28, 15km - 01:08:21, 20km - 01:31:58, 21km - 01:37:10, 25km - 01:57:31, 30km - 02:25:02, 35km - 02:53:25, 40km - 03:23:46									
1242	1168	KWINTA Tomasz	KALISZ	TEKNIA TEAM	POL	M45	170	03:36:35	03:37:00		1178
		5km - 00:22:38, 10km - 00:45:08, 15km - 01:07:52, 20km - 01:31:08, 21km - 01:36:14, 25km - 01:54:58, 30km - 02:22:15, 35km - 02:50:50, 40km - 03:21:14									
1243	5110	MACHALSKI Sebastian	TOMASZÓW MAZOWIECKI	7 Dywizjon Lotniczy Nowy Glinnik	POL	M30	496	03:36:35	03:37:00		1178
		5km - 00:24:26, 10km - 00:48:54, 15km - 01:13:02, 20km - 01:37:39, 21km - 01:43:02, 25km - 02:02:29, 30km - 02:28:43, 35km - 02:56:24, 40km - 03:25:11									
1244	6714	WIŚNIEWSKI Patryk	PLEWISKA	DRUŻYNA BIEGOWA LECHA POZNAŃ	POL	M18	155	03:36:37	03:38:38		1180
		5km - 00:24:36, 10km - 00:48:44, 15km - 01:13:29, 20km - 01:38:18, 21km - 01:43:41, 25km - 02:03:17, 30km - 02:28:54, 35km - 02:56:36, 40km - 03:24:25									
1245	4133	SMOLL Mariola	KRUPSKI MŁYN		POL	K30	35	03:36:39	03:40:39	65	
		5km - 00:25:54, 10km - 00:50:58, 15km - 01:15:45, 20km - 01:40:42, 21km - 01:46:06, 25km - 02:05:44, 30km - 02:31:36, 35km - 02:58:20, 40km - 03:25:23									
1246	4686	KULWIKOWSKI Rafał	LĘBORK		POL	M30	497	03:36:42	03:37:08		1181
		5km - 00:22:40, 10km - 00:45:24, 15km - 01:08:04, 20km - 01:31:01, 21km - 01:36:05, 25km - 01:54:24, 30km - 02:22:07, 35km - 02:53:17, 40km - 03:23:55									
1247	6961	THIEL Adam	LĘBORK	Adam T Lębork	POL	M45	171	03:36:43	03:37:09		1182
		5km - 00:22:40, 10km - 00:45:24, 15km - 01:07:30, 20km - 01:31:00, 21km - 01:36:05, 25km - 01:54:24, 30km - 02:22:07, 35km - 02:53:17, 40km - 03:23:57									
1248	1841	KAMIŃSKI Radosław	ROKIETNICA	WUEF TRI TEAM POMOCNI	POL	M30	498	03:36:45	03:38:25		1183
		5km - 00:24:49, 10km - 00:49:27, 15km - 01:13:42, 20km - 01:38:32, 21km - 01:43:57, 25km - 02:03:35, 30km - 02:29:03, 35km - 02:54:45, 40km - 03:24:14									
1249	3985	KURANT Jacek	WROCŁAW		POL	M40	268	03:36:45	03:41:18		1183
		5km - 00:25:51, 10km - 00:51:37, 15km - 01:16:20, 20km - 01:41:31, 21km - 01:47:03, 25km - 02:07:00, 30km - 02:32:43, 35km - 02:58:02, 40km - 03:24:48									
1250	3226	PERZ Paweł	WIRY	Komorniki MTB Team	POL	M45	172	03:36:45	03:39:00		1183
		5km - 00:24:28, 10km - 00:49:20, 15km - 01:14:00, 20km - 01:38:48, 21km - 01:44:15, 25km - 02:03:52, 30km - 02:29:31, 35km - 02:56:02, 40km - 03:24:14									
1251	850	DRGAS Roman	PROCHY	100	POL	M30	499	03:36:47	03:37:41		1186
		5km - 00:23:29, 10km - 00:46:46, 15km - 01:09:59, 20km - 01:32:49, 21km - 01:37:38, 25km - 01:55:46, 30km - 02:19:13, 35km - 02:53:40, 40km - 03:24:38									
1252	6038	KORCZYK Michał	ŚRODA WLKP	Polonia Środa Wlkp	POL	M30	499	03:36:47	03:38:23		1186
		5km - 00:24:24, 10km - 00:48:51, 15km - 01:13:06, 20km - 01:37:53, 21km - 01:43:50, 25km - 02:03:32, 30km - 02:30:19, 35km - 02:57:01, 40km - 03:25:01									
1253	6951	WENDLAND Wojciech	POZNAŃ	KB Wygan	POL	M55	30	03:36:49	03:37:50		1188
		5km - 00:24:38, 10km - 00:49:18, 15km - 01:13:55, 20km - 01:38:41, 21km - 01:44:05, 25km - 02:03:33, 30km - 02:29:35, 35km - 02:55:50, 40km - 03:24:16									
1254	5646	KOLASZT Dariusz	STARA NIEDZIAŁKA	Dąbrowski Team	POL	M40	269	03:36:50	03:37:14		1189
		5km - 00:22:28, 10km - 00:45:04, 15km - 01:07:42, 20km - 01:31:14, 21km - 01:36:22, 25km - 01:55:28, 30km - 02:21:45, 35km - 02:49:52, 40km - 03:23:06									
1255	2061	DĘBSKA-ZEŃCZAK Agnieszka	POZNAŃ		POL	K30	36	03:36:51	03:38:21	66	
		5km - 00:25:27, 10km - 00:51:02, 15km - 01:16:21, 20km - 01:42:01, 21km - 01:47:39, 25km - 02:07:50, 30km - 02:34:02, 35km - 03:00:09, 40km - 03:25:51									
1256	2273	SAWICKI Marcin	ŚREM		POL	M30	501	03:36:51	03:41:16		1190
		5km - 00:25:30, 10km - 00:50:48, 15km - 01:15:14, 20km - 01:40:23, 21km - 01:45:47, 25km - 02:05:43, 30km - 02:31:23, 35km - 02:57:16, 40km - 03:24:55									
1257	1774	ZACHARYASZ Miłosz	POZNAŃ		POL	M18	156	03:36:51	03:38:57		1190
		5km - 00:24:32, 10km - 00:49:16, 15km - 01:13:50, 20km - 01:38:41, 21km - 01:44:08, 25km - 02:03:48, 30km - 02:29:07, 35km - 02:55:34, 40km - 03:25:07									
1258	6065	SZYNWELSKA Żaneta	ŚRODA WIELKOPOLSKA	For Run Team	POL	K40	16	03:36:54	03:40:23	67	
		5km - 00:26:41, 10km - 00:52:36, 15km - 01:18:01, 20km - 01:43:37, 21km - 01:48:55, 25km - 02:08:45, 30km - 02:34:27, 35km - 03:00:05, 40km - 03:26:10									
1259	5109	CHUDECKI Kamil	WARSZAWA		POL	M50	57	03:36:57	03:39:20		1192
		5km - 00:21:53, 10km - 00:44:08, 15km - 01:06:33, 20km - 01:29:31, 21km - 01:34:36, 25km - 01:54:13, 30km - 02:22:26, 35km - 02:53:25, 40km - 03:24:46									
1260	5007	GNYLEWICZ Michał	LIMANOWA		POL	M30	502	03:36:57	03:39:37		1192
		5km - 00:25:52, 10km - 00:51:45, 15km - 01:16:21, 20km - 01:42:02, 21km - 01:47:45, 25km - 02:08:41, 30km - 02:36:22, 35km - 03:00:33, 40km - 03:26:02									
1261	734	KOSTAŃSKI Robert	POZNAŃ		POL	M30	503	03:36:59	03:39:45		1194
		5km - 00:23:52, 10km - 00:47:57, 15km - 01:11:55, 20km - 01:36:16, 21km - 01:41:29, 25km - 02:00:28, 30km - 02:27:44, 35km - 02:56:47, 40km - 03:25:43									
1262	643	KAMIŃSKI Łukasz	WIRY		POL	M30	504	03:37:01	03:37:48		1195
		5km - 00:24:56, 10km - 00:50:04, 15km - 01:15:05, 20km - 01:40:02, 21km - 01:45:49, 25km - 02:05:27, 30km - 02:30:54, 35km - 02:56:43, 40km - 03:23:56									
1263	7224	STRYCHALSKI Dariusz	ŁAPY	Fundacja Darka Strychalskiego Zwycięsca	POL	M40	270	03:37:02	03:39:12		1196
		5km - 00:24:28, 10km - 00:49:01, 15km - 01:13:57, 20km - 01:39:26, 21km - 01:45:02, 25km - 02:05:01, 30km - 02:32:39, 35km - 02:59:27, 40km - 03:25:57									
1264	4910	OLEŚ Zenon	GRUDZIĄDZ	Zabiegany	POL	M30	505	03:37:10	03:37:18		1197
		5km - 00:21:18, 10km - 00:42:45, 15km - 01:04:10, 20km - 01:26:07, 21km - 01:30:59, 25km - 01:50:57, 30km - 02:22:00, 35km - 02:52:46, 40km - 03:25:29									
1265	5551	KOWALSKI Paweł	CZERNICA	Czernica	POL	M18	157	03:37:11	03:40:14		1198
		5km - 00:24:59, 10km - 00:49:28, 15km - 01:12:55, 20km - 01:37:03, 21km - 01:42:06, 25km - 02:02:15, 30km - 02:28:52, 35km - 02:57:37, 40km - 03:26:21									
1266	2518	STOJECKI Bartosz	GOLENIÓW	Czuby z Goleniowa	POL	M40	271	03:37:11	03:39:18		1198
		5km - 00:23:59, 10km - 00:47:14, 15km - 01:10:13, 20km - 01:33:47, 21km - 01:38:53, 25km - 01:57:25, 30km - 02:22:13, 35km - 02:52:03, 40km - 03:24:53									
1267	6789	MOULD Adam	NIEMCE		POL	M30	506	03:37:13	03:37:35		1200
		5km - 00:22:22, 10km - 00:44:46, 15km - 01:07:15, 20km - 01:29:49, 21km - 01:34:46, 25km - 01:53:34, 30km - 02:21:41, 35km - 02:53:19, 40km - 03:24:52									
1268	5920	GRZESIAK Krzysztof	MIĘDZYRZECZ	JW 5700 / 11LDKPanc	POL	M30	507	03:37:15	03:38:06		1201
		5km - 00:23:04, 10km - 00:46:09, 15km - 01:09:21, 20km - 01:33:22, 21km - 01:38:52, 25km - 01:59:07, 30km - 02:27:47, 35km - 02:55:36, 40km - 03:25:31									
1269	5941	SKOCZYŃSKI Tomasz	POZNAŃ		POL	M40	272	03:37:15	03:38:40		1201
		5km - 00:25:23, 10km - 00:50:04, 15km - 01:14:56, 20km - 01:39:34, 21km - 01:45:00, 25km - 02:04:16, 30km - 02:29:13, 35km - 02:54:50, 40km - 03:24:29									
1270	6271	SCHWEDA Justyna	TORUŃ	BRAK	POL	K45	4	03:37:16	03:39:07	68	
		5km - 00:24:04, 10km - 00:48:22, 15km - 01:12:40, 20km - 01:38:00, 21km - 01:43:33, 25km - 02:03:19, 30km - 02:29:46, 35km - 02:57:26, 40km - 03:25:46									
1271	698	MANIA Emil	ZBĄSZYNEK	Zgryźliwi Tetrycy	POL	M30	508	03:37:18	03:37:55		1203
		5km - 00:22:37, 10km - 00:45:23, 15km - 01:08:02, 20km - 01:31:20, 21km - 01:36:16, 25km - 01:54:39, 30km - 02:21:21, 35km - 02:52:09, 40km - 03:25:29									
1272	1257	FIEBIG Stefan	JANISZEWO	www.fiebig.pl	POL	M50	58	03:37:19	03:38:55		1204
		5km - 00:24:55, 10km - 00:49:20, 15km - 01:13:46, 20km - 01:38:38, 21km - 01:44:01, 25km - 02:03:40, 30km - 02:29:13, 35km - 02:55:17, 40km - 03:24:38									
1273	3991	BLISKOWSKA Anna	ZIELONA GÓRA		POL	K40	17	03:37:25	03:38:35	69	
		5km - 00:24:15, 10km - 00:48:10, 15km - 01:11:57, 20km - 01:36:49, 21km - 01:42:12, 25km - 02:02:36, 30km - 02:30:02, 35km - 02:57:20, 40km - 03:25:40									
1274	5328	NIEDZIAŁKOWSKI Patryk	BYDGOSZCZ	Bydgoskie Okonie	POL	M18	158	03:37:25	03:37:31		1205
		5km - 00:21:19, 10km - 00:42:41, 15km - 01:03:42, 20km - 01:25:29, 21km - 01:30:09, 25km - 01:48:53, 30km - 02:15:38, 35km - 02:47:06, 40km - 03:22:06									
1275	4631	KOWALSKI Adrian	KAMPINOS	KM Aktywni Sochaczew	POL	M30	509	03:37:28	03:39:40		1206
		5km - 00:24:30, 10km - 00:48:55, 15km - 01:12:50, 20km - 01:37:03, 21km - 01:43:46, 25km - 02:02:57, 30km - 02:31:01, 35km - 03:00:41, 40km - 03:26:53									
1276	4974	KRUPA Ewa	WARSZAWA	Orange Polska	POL	K40	18	03:37:28	03:40:57	70	
		5km - 00:24:50, 10km - 00:49:05, 15km - 01:12:58, 20km - 01:37:29, 21km - 01:42:44, 25km - 02:02:18, 30km - 02:28:51, 35km - 02:57:02, 40km - 03:26:39									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1277	5954	KUCZER Agata	STARGARD		POL	K30	37	03:37:32	03:39:32	71	
		5km - 00:25:38, 10km - 00:50:27, 15km - 01:15:01, 20km - 01:40:12, 21km - 01:45:43, 25km - 02:05:48, 30km - 02:32:56, 35km - 02:59:45, 40km - 03:26:35									
1278	3425	MATUSZEWSKI Łukasz	WARSZAWA	SBRT Warszawa	POL	M30	510	03:37:34	03:37:58		1207
		5km - 00:23:13, 10km - 00:46:18, 15km - 01:09:23, 20km - 01:34:02, 21km - 01:39:29, 25km - 01:59:44, 30km - 02:26:38, 35km - 02:55:39, 40km - 03:24:48									
1279	5637	NOWOSIELSKI Marek	SANOK	Biegam dla Marcinka	POL	M60	7	03:37:34	03:37:50		1207
		5km - 00:23:45, 10km - 00:47:31, 15km - 01:11:21, 20km - 01:35:44, 21km - 01:41:11, 25km - 02:01:07, 30km - 02:27:43, 35km - 02:55:25, 40km - 03:24:55									
1280	4746	WOLSKI Jerzy	CHOJNICE		POL	M45	173	03:37:37	03:39:06		1209
		5km - 00:25:26, 10km - 00:50:22, 15km - 01:15:14, 20km - 01:40:22, 21km - 01:45:41, 25km - 02:05:23, 30km - 02:30:59, 35km - 02:56:36, 40km - 03:24:46									
1281	1083	MIODUSZEWSKI Marcin	WARSZAWA		POL	M30	511	03:37:39	03:38:32		1210
		5km - 00:25:04, 10km - 00:49:51, 15km - 01:14:17, 20km - 01:38:56, 21km - 01:44:18, 25km - 02:04:05, 30km - 02:30:14, 35km - 02:58:01, 40km - 03:25:58									
1282	6654	ZERBST Jacek	NOWY TOMYŚL	NKB Chyży Nowy Tomyśl	POL	M45	174	03:37:42	03:39:02		1211
		5km - 00:24:53, 10km - 00:49:38, 15km - 01:13:58, 20km - 01:38:50, 21km - 01:44:10, 25km - 02:03:37, 30km - 02:29:33, 35km - 02:56:37, 40km - 03:25:22									
1283	5331	STACHERSKI Łukasz	PRZEDBÓRZ		POL	M30	512	03:37:44	03:38:44		1212
		5km - 00:22:56, 10km - 00:45:38, 15km - 01:08:24, 20km - 01:31:32, 21km - 01:36:27, 25km - 01:54:43, 30km - 02:21:09, 35km - 02:55:07, 40km - 03:25:03									
1284	3385	PATALAN Dariusz	NOWY DWÓR MAZOWIECKI	Rozbiegamy Nowy Dwór	POL	M40	273	03:37:45	03:39:09		1213
		5km - 00:25:10, 10km - 00:49:44, 15km - 01:14:20, 20km - 01:39:09, 21km - 01:44:37, 25km - 02:04:02, 30km - 02:29:33, 35km - 02:56:55, 40km - 03:25:48									
1285	2243	SROKA Marcin	PLEWISKA		POL	M40	273	03:37:45	03:39:07		1213
		5km - 00:24:06, 10km - 00:47:58, 15km - 01:11:31, 20km - 01:36:05, 21km - 01:41:29, 25km - 02:01:25, 30km - 02:28:12, 35km - 02:56:09, 40km - 03:25:30									
1286	5465	STOLP Marcin	KRAJENKA		POL	M18	159	03:37:46	03:38:27		1215
		5km - 00:23:48, 10km - 00:47:38, 15km - 01:11:12, 20km - 01:35:12, 21km - 01:40:28, 25km - 01:59:38, 30km - 02:26:34, 35km - 02:54:49, 40km - 03:24:57									
1287	5516	SIWEK Jacek	KRAKÓW	TriWise Triathlon Team	POL	M40	275	03:37:48	03:39:04		1216
		5km - 00:24:54, 10km - 00:49:53, 15km - 01:14:04, 20km - 01:39:05, 21km - 01:44:55, 25km - 02:04:10, 30km - 02:29:33, 35km - 02:56:29, 40km - 03:25:20									
1288	1460	JAWOREK Damian	ŚWIĘTOSZÓW		POL	M18	160	03:37:50	03:39:35		1217
		5km - 00:24:50, 10km - 00:49:30, 15km - 01:14:16, 20km - 01:39:12, 21km - 01:44:37, 25km - 02:04:10, 30km - 02:30:06, 35km - 02:57:29, 40km - 03:25:46									
1289	5178	SERWACZAK Grzegorz	GOLUB-DOBRZYŃ	CSLog	POL	M30	513	03:37:51	03:39:07		1218
		5km - 00:25:43, 10km - 00:51:30, 15km - 01:16:45, 20km - 01:42:23, 21km - 01:47:55, 25km - 02:08:00, 30km - 02:33:42, 35km - 02:59:43, 40km - 03:26:20									
1290	6644	JASŁOWSKI Michał	TARNOWO PODGÓRNE	KLUB BIEGACZY JYSK	POL	M40	276	03:37:56	03:38:21		1219
		5km - 00:22:46, 10km - 00:45:30, 15km - 01:08:15, 20km - 01:31:25, 21km - 01:36:24, 25km - 01:54:49, 30km - 02:21:33, 35km - 02:50:53, 40km - 03:23:16									
1291	6253	SZARMACH Łukasz	GDYNIA		POL	M30	514	03:37:56	03:39:58		1219
		5km - 00:24:39, 10km - 00:49:32, 15km - 01:13:25, 20km - 01:38:08, 21km - 01:43:32, 25km - 02:03:14, 30km - 02:29:10, 35km - 02:57:02, 40km - 03:26:07									
1292	2308	SUŁECKI Bartosz	RADOM	Street Run Radom	POL	M30	515	03:37:57	03:39:47		1221
		5km - 00:24:45, 10km - 00:49:26, 15km - 01:13:57, 20km - 01:38:30, 21km - 01:43:46, 25km - 02:02:44, 30km - 02:27:26, 35km - 02:53:50, 40km - 03:25:29									
1293	3244	ZAJAC Sebastian	ŚWIDNICA	BIEGOWA ŚWIDNICA	POL	M40	277	03:38:01	03:39:26		1222
		5km - 00:24:27, 10km - 00:48:02, 15km - 01:11:14, 20km - 01:35:07, 21km - 01:40:18, 25km - 01:59:01, 30km - 02:24:38, 35km - 02:50:58, 40km - 03:24:38									
1294	795	ZIMNY Tomasz	SZCZECIN		POL	M60	8	03:38:01	03:39:28		1222
		5km - 00:24:53, 10km - 00:49:27, 15km - 01:14:15, 20km - 01:39:18, 21km - 01:44:40, 25km - 02:04:04, 30km - 02:30:35, 35km - 02:58:16, 40km - 03:26:36									
1295	3481	MIKOŁAJCZAK Marek	GRYFINO		POL	M30	516	03:38:02	03:39:47		1224
		5km - 00:24:51, 10km - 00:49:39, 15km - 01:14:20, 20km - 01:39:13, 21km - 01:44:40, 25km - 02:04:11, 30km - 02:29:18, 35km - 02:55:11, 40km - 03:26:48									
1296	2924	Zawodnik anonimowy				M18	161	03:38:02	03:38:56		1224
		5km - 00:24:26, 10km - 00:48:33, 15km - 01:12:39, 20km - 01:36:51, 21km - 01:42:05, 25km - 02:01:07, 30km - 02:25:41, 35km - 02:51:23, 40km - 03:25:25									
1297	3017	STACHECKI Paweł	SWARZĘDZ	SPWL Poznań	POL	M30	517	03:38:05	03:40:46		1226
		5km - 00:25:10, 10km - 00:49:57, 15km - 01:14:42, 20km - 01:40:08, 21km - 01:45:39, 25km - 02:05:18, 30km - 02:31:10, 35km - 02:57:41, 40km - 03:26:40									
1298	3072	RATAJCZAK Hubert	ŚMIGIEL	Team Bieganie na Śniadanie	POL	M30	518	03:38:06	03:41:22		1227
		5km - 00:25:42, 10km - 00:50:34, 15km - 01:14:50, 20km - 01:39:28, 21km - 01:44:51, 25km - 02:04:07, 30km - 02:29:23, 35km - 02:55:31, 40km - 03:24:38									
1299	917	SZUBART Kazimierz	DZIERŻONIÓW	WIELKA SOWA	POL	M60	9	03:38:07	03:38:55		1228
		5km - 00:25:06, 10km - 00:50:15, 15km - 01:15:10, 20km - 01:40:12, 21km - 01:45:38, 25km - 02:05:11, 30km - 02:30:58, 35km - 02:57:35, 40km - 03:26:16									
1300	1335	Zawodnik anonimowy				M40	278	03:38:08	03:39:11		1229
		5km - 00:24:16, 10km - 00:48:22, 15km - 01:12:21, 20km - 01:37:06, 21km - 01:42:29, 25km - 02:02:24, 30km - 02:29:46, 35km - 02:58:23, 40km - 03:26:32									
1301	2629	KUKLA Maciej	CHORZÓW		POL	M30	519	03:38:09	03:39:07		1230
		5km - 00:24:57, 10km - 00:50:09, 15km - 01:14:44, 20km - 01:39:33, 21km - 01:44:54, 25km - 02:04:25, 30km - 02:29:44, 35km - 02:56:53, 40km - 03:26:39									
1302	3302	WOJCIECHOWSKI Paweł	SWARZĘDZ	PRO366	POL	M40	279	03:38:09	03:39:20		1230
		5km - 00:24:22, 10km - 00:48:34, 15km - 01:12:22, 20km - 01:36:34, 21km - 01:41:42, 25km - 02:00:39, 30km - 02:25:44, 35km - 02:52:53, 40km - 03:24:39									
1303	670	MIODOŃSKI Piotr	OŚWIĘCIM		POL	M30	520	03:38:10	03:41:59		1232
		5km - 00:25:51, 10km - 00:51:41, 15km - 01:17:34, 20km - 01:42:59, 21km - 01:48:30, 25km - 02:08:33, 30km - 02:34:31, 35km - 03:00:24, 40km - 03:26:42									
1304	4249	SIEMIĄTKOWSKA Katarzyna	POZNAŃ	Radosne Grzybki	POL	K30	38	03:38:10	03:38:41	72	
		5km - 00:23:29, 10km - 00:46:34, 15km - 01:09:35, 20km - 01:34:10, 21km - 01:39:40, 25km - 01:59:07, 30km - 02:26:24, 35km - 02:56:17, 40km - 03:26:17									
1305	4844	PAWLAK Piotr	MIĘDZYRZECZ		POL	M30	521	03:38:11	03:40:53		1233
		5km - 00:25:35, 10km - 00:49:41, 15km - 01:14:02, 20km - 01:38:19, 21km - 01:43:47, 25km - 02:03:15, 30km - 02:28:12, 35km - 02:53:28, 40km - 03:24:46									
1306	1214	PARUS Łukasz	ZAGÓRÓW		POL	M40	280	03:38:15	03:40:37		1234
		5km - 00:24:42, 10km - 00:49:39, 15km - 01:13:55, 20km - 01:38:37, 21km - 01:44:05, 25km - 02:03:44, 30km - 02:30:54, 35km - 02:58:10, 40km - 03:26:38									
1307	6166	NELE Mateusz	ZDUNY	Drużyna Zdunowskiego Kafla/ OSP ZDUNY	POL	M30	522	03:38:16	03:41:39		1235
		5km - 00:24:50, 10km - 00:49:34, 15km - 01:13:55, 20km - 01:39:11, 21km - 01:44:25, 25km - 02:04:22, 30km - 02:31:08, 35km - 02:58:40, 40km - 03:26:36									
1308	2206	PACHOWICZ Maciej	DŁUGA GOŚLINA		POL	M40	281	03:38:16	03:39:04		1235
		5km - 00:21:54, 10km - 00:43:44, 15km - 01:05:41, 20km - 01:28:39, 21km - 01:33:46, 25km - 01:53:05, 30km - 02:19:42, 35km - 02:48:30, 40km - 03:24:24									
1309	265	DOMAGAŁA Robert	KROTOSZYN	KS Krotosz Krotoszyn	POL	M45	175	03:38:19	03:38:52		1237
		5km - 00:24:25, 10km - 00:51:17, 15km - 01:15:56, 20km - 01:41:07, 21km - 01:46:30, 25km - 02:05:50, 30km - 02:32:14, 35km - 02:58:18, 40km - 03:26:12									
1310	2926	HOFMAŃSKI Rafał	KOTLIN		POL	M30	523	03:38:19	03:41:07		1237
		5km - 00:25:56, 10km - 00:51:29, 15km - 01:16:03, 20km - 01:40:53, 21km - 01:46:15, 25km - 02:05:49, 30km - 02:31:29, 35km - 02:58:22, 40km - 03:26:04									
1311	1394	KRÓL Arkadiusz	GDAŃSK	TEAM I-SPORT	POL	M40	282	03:38:19	03:39:06		1237
		5km - 00:22:42, 10km - 00:45:28, 15km - 01:08:16, 20km - 01:31:44, 21km - 01:36:41, 25km - 01:54:49, 30km - 02:22:30, 35km - 02:54:32, 40km - 03:25:44									
1312	4660	WOŹNIAK Łukasz	NIEKŁAŃ WIELKI	SMART	POL	M40	283	03:38:21	03:39:24		1240
		5km - 00:23:17, 10km - 00:46:34, 15km - 01:09:45, 20km - 01:33:41, 21km - 01:38:50, 25km - 01:58:28, 30km - 02:26:39, 35km - 02:56:23, 40km - 03:26:20									
1313	3046	POPIOŁKIEWICZ Marcin	RAKONIEWICE		POL	M30	524	03:38:22	03:40:10		1241
		5km - 00:24:52, 10km - 00:49:34, 15km - 01:14:18, 20km - 01:39:14, 21km - 01:44:41, 25km - 02:04:11, 30km - 02:29:08, 35km - 02:56:29, 40km - 03:26:24									
1314	1044	ŻEBRYK Krzysztof	MIRSK		POL	M45	176	03:38:23	03:39:05		1242
		5km - 00:22:35, 10km - 00:45:35, 15km - 01:08:11, 20km - 01:31:17, 21km - 01:36:23, 25km - 01:54:57, 30km - 02:23:09, 35km - 02:52:04, 40km - 03:25:30									
1315	3234	RUDOLF Dariusz	ZABRZE		POL	M40	284	03:38:26	03:40:50		1243
		5km - 00:25:38, 10km - 00:51:01, 15km - 01:16:00, 20km - 01:41:24, 21km - 01:46:59, 25km - 02:07:11, 30km - 02:33:51, 35km - 03:00:15, 40km - 03:27:05									
1316	4880	KULIK-STAWSKA Justyna	POZNAŃ	JFKey	POL	K30	39	03:38:27	03:41:24	73	
		5km - 00:25:04, 10km - 00:50:09, 15km - 01:15:48, 20km - 01:41:07, 21km - 01:46:44, 25km - 02:06:54, 30km - 02:33:10, 35km - 02:59:53, 40km - 03:26:58									
1317	3375	JAMRUG Tomasz	ŻNIN	Pałuki Runing Team	POL	M30	525	03:38:28	03:40:16		1244
		5km - 00:23:49, 10km - 00:47:41, 15km - 01:11:29, 20km - 01:35:34, 21km - 01:40:50, 25km - 01:59:59, 30km - 02:28:36, 35km - 02:57:01, 40km - 03:27:14									
1318	1533	KOZAK Krzysztof	KRAKÓW	Nowa Huta Team	POL	M30	525	03:38:28	03:41:41		1244
		5km - 00:24:42, 10km - 00:48:54, 15km - , 20km - 01:37:43, 21km - 01:43:06, 25km - 02:02:30, 30km - 02:28:43, 35km - 02:59:07, 40km - 03:27:05									
1319	2937	MARKOWSKI Artur	ROCZYNY		POL	M40	285	03:38:29	03:39:37		1246
		5km - 00:24:27, 10km - 00:49:06, 15km - 01:13:29, 20km - 01:38:21, 21km - 01:44:07, 25km - 02:03:37, 30km - 02:29:50, 35km - 02:57:18, 40km - 03:26:13									
1320	5914	ROSTOCKI Wojciech	STARY SĄCZ	Starosądecki Biegacz	POL	M18	162	03:38:30	03:38:51		1247
		5km - 00:24:11, 10km - 00:48:12, 15km - 01:12:06, 20km - 01:36:08, 21km - 01:41:21, 25km - 02:00:19, 30km - 02:27:07, 35km - 02:57:12, 40km - 03:28:00									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1321	2595	STAŃCZYK Krzysztof	SWARZĘDZ	Team Plutek	POL	M40	286	03:38:39	03:40:25		1248
		5km - 00:24:54, 10km - 00:49:39, 15km - 01:14:26, 20km - 01:39:10, 21km - 01:44:30, 25km - 02:04:00, 30km - 02:29:12, 35km - 02:57:18, 40km - 03:26:37									
1322	4473	BEDNARZ Paweł	MIECZEWO		POL	M45	177	03:38:41	03:41:47		1249
		5km - 00:24:46, 10km - 00:48:51, 15km - 01:13:22, 20km - 01:38:10, 21km - 01:43:38, 25km - 02:03:36, 30km - 02:30:39, 35km - 02:58:22, 40km - 03:27:39									
1323	946	ZALEWSKI Arkadiusz	SKIERNIEWICE	Trackx	POL	M30	527	03:38:42	03:40:50		1250
		5km - 00:24:34, 10km - 00:49:20, 15km - 01:14:05, 20km - 01:38:56, 21km - 01:44:25, 25km - 02:04:01, 30km - 02:28:54, 35km - 02:53:39, 40km - 03:24:59									
1324	7127	SZUBA Teofil	SZCZECIN	Matatończyk Szczecin	POL	M40	287	03:38:43	03:39:09		1251
		5km - 00:23:22, 10km - 00:46:45, 15km - 01:10:11, 20km - 01:34:31, 21km - 01:39:41, 25km - 01:59:01, 30km - 02:25:50, 35km - 02:54:42, 40km - 03:26:26									
1325	1240	WALOSZCZYK Jacek	POZNAŃ		POL	M40	288	03:38:44	03:40:51		1252
		5km - 00:23:07, 10km - 00:46:54, 15km - 01:10:07, 20km - 01:33:51, 21km - 01:39:03, 25km - 01:57:54, 30km - 02:24:29, 35km - 02:53:56, 40km - 03:26:10									
1326	333	GRUPA Andrzej	POZNAŃ	Wilda Biega	POL	M40	289	03:38:46	03:40:16		1253
		5km - 00:25:01, 10km - 00:49:41, 15km - 01:14:26, 20km - 01:39:22, 21km - 01:44:48, 25km - 02:04:28, 30km - 02:30:24, 35km - 02:57:49, 40km - 03:26:21									
1327	2103	MICHAŁOWSKI Jan	GRYFINO	Kb Hermes Gryfino	POL	M55	31	03:38:46	03:39:42		1253
		5km - 00:24:57, 10km - 00:49:45, 15km - 01:14:24, 20km - 01:39:19, 21km - 01:44:40, 25km - 02:04:06, 30km - 02:29:45, 35km - 02:55:52, 40km - 03:25:55									
1328	4902	ZAJĄC Emilian	KOŃSKIE	Biegające Zające	POL	M40	290	03:38:47	03:40:45		1255
		5km - 00:25:03, 10km - 00:50:03, 15km - 01:14:57, 20km - 01:40:14, 21km - 01:45:28, 25km - 02:05:17, 30km - 02:31:38, 35km - 02:58:32, 40km - 03:26:21									
1329	683	RUSEK Krzysztof	NOWA WIEŚ	Kęckie Harpagany	POL	M45	178	03:38:55	03:38:57		1256
		5km - 00:22:35, 10km - 00:45:40, 15km - 01:08:34, 20km - 01:32:54, 21km - 01:38:28, 25km - 01:58:05, 30km - 02:26:50, 35km - 02:56:42, 40km - 03:26:36									
1330	5485	PAPROCKI Rafał	BYDGOSZCZ	Polonia Bydgoszcz Sekcja Lekkoatletyczna	POL	M30	528	03:38:56	03:41:01		1257
		5km - 00:24:35, 10km - 00:49:28, 15km - 01:14:08, 20km - 01:39:01, 21km - 01:44:28, 25km - 02:03:59, 30km - 02:28:58, 35km - 02:57:47, 40km - 03:27:28									
1331	4642	SKAŁECKI Przemysław	GORZÓW WIELKOPOLSKI	Wierzbicki Running Project	POL	M30	528	03:38:56	03:40:09		1257
		5km - 00:24:49, 10km - 00:49:20, 15km - 01:13:39, 20km - 01:38:24, 21km - 01:43:47, 25km - 02:03:01, 30km - 02:28:12, 35km - 02:54:47, 40km - 03:25:04									
1332	1618	JAKUBAS Paweł	WARSZAWA		POL	M40	291	03:38:57	03:42:22		1259
		5km - 00:26:41, 10km - 00:53:17, 15km - 01:19:29, 20km - 01:45:47, 21km - 01:51:25, 25km - 02:12:06, 30km - 02:38:15, 35km - 03:02:45, 40km - 03:27:59									
1333	4171	ROK-SZPALA Sylwia	LUBICZ GÓRNY		POL	K30	40	03:38:59	03:40:47	74	
		5km - 00:25:13, 10km - 00:50:24, 15km - 01:15:43, 20km - 01:41:27, 21km - 01:47:04, 25km - 02:07:46, 30km - 02:34:20, 35km - 03:01:02, 40km - 03:27:57									
1334	4606	SMOLEŃ Janusz	GDAŃSK	Foxteam	GBR	M40	292	03:38:59	03:39:20		1260
		5km - 00:22:36, 10km - 00:45:28, 15km - 01:08:16, 20km - 01:31:32, 21km - 01:36:34, 25km - 01:56:56, 30km - 02:25:54, 35km - 02:54:59, 40km - 03:26:15									
1335	2991	HAŃĆKOWIAK Piotr	BOGUCIN		POL	M30	530	03:39:03	03:40:34		1261
		5km - 00:25:06, 10km - 00:49:40, 15km - 01:14:12, 20km - 01:38:56, 21km - 01:44:26, 25km - 02:04:04, 30km - 02:30:49, 35km - 02:59:45, 40km - 03:27:15									
1336	2521	LESZCZYŃSKI Tomasz	SZTUM		POL	M30	530	03:39:03	03:39:39		1261
		5km - 00:23:35, 10km - 00:47:07, 15km - 01:10:29, 20km - 01:34:17, 21km - 01:39:29, 25km - 01:58:52, 30km - 02:25:24, 35km - 02:55:03, 40km - 03:25:58									
1337	3998	OZDOBA Krzysztof	SIECHNICE	Tri Mission	POL	M45	179	03:39:03	03:43:31		1261
		5km - 00:25:12, 10km - 00:50:07, 15km - 01:15:02, 20km - 01:40:07, 21km - 01:45:34, 25km - 02:05:20, 30km - 02:31:16, 35km - 02:57:16, 40km - 03:26:05									
1338	709	PALACZ Dawid	NEKLA	Active Nekla	POL	M30	530	03:39:03	03:39:48		1261
		5km - 00:24:10, 10km - 00:48:15, 15km - 01:12:14, 20km - 01:36:24, 21km - 01:41:35, 25km - 02:00:45, 30km - 02:26:14, 35km - 02:54:52, 40km - 03:27:48									
1339	2080	DRZEWIECKI Waldemar	BARLINEK		POL	M60	10	03:39:04	03:41:01		1265
		5km - 00:24:41, 10km - 00:49:27, 15km - 01:14:08, 20km - 01:39:01, 21km - 01:44:29, 25km - 02:04:03, 30km - 02:30:00, 35km - 02:57:54, 40km - 03:26:45									
1340	1063	KALINOWSKI Juliusz	LUBICHOWO	TRI Starogard Gdański	POL	M30	533	03:39:04	03:40:34		1265
		5km - 00:25:15, 10km - 00:50:27, 15km - 01:15:06, 20km - 01:40:02, 21km - 01:45:33, 25km - 02:05:14, 30km - 02:32:06, 35km - 03:00:34, 40km - 03:28:09									
1341	6751	BUBEL Sebastian	NOWA SÓL	KB WIKON NOWA SÓL	POL	M30	534	03:39:08	03:42:11		1267
		5km - 00:23:40, 10km - 00:47:39, 15km - 01:11:12, 20km - 01:35:07, 21km - 01:40:20, 25km - 01:59:46, 30km - 02:26:33, 35km - 02:56:13, 40km - 03:27:26									
1342	480	PODAWCA Łukasz	SIANÓW	SPWLąd Poznań	POL	M30	534	03:39:08	03:40:44		1267
		5km - 00:24:56, 10km - 00:49:29, 15km - 01:13:47, 20km - 01:38:43, 21km - 01:44:19, 25km - 02:03:34, 30km - 02:29:48, 35km - 02:57:28, 40km - 03:27:10									
1343	1076	PRZYBYSZ Paweł	POZNAŃ		POL	M30	534	03:39:08	03:40:57		1267
		5km - 00:25:34, 10km - 00:50:32, 15km - 01:15:20, 20km - 01:40:25, 21km - 01:45:52, 25km - 02:05:47, 30km - 02:32:03, 35km - 02:58:41, 40km - 03:26:38									
1344	6551	OŽÓG Tomasz	PRAGUE		CZE	M30	537	03:39:09	03:40:56		1270
		5km - 00:24:47, 10km - 00:49:31, 15km - 01:14:36, 20km - 01:40:21, 21km - 01:46:01, 25km - 02:06:33, 30km - 02:34:07, 35km - 03:00:57, 40km - 03:28:01									
1345	6764	ŚWIDNIEWICZ Paweł	KRAKÓW	AKB CRACOVIA	POL	M30	537	03:39:09	03:44:20		1270
		5km - 00:27:19, 10km - 00:53:47, 15km - 01:19:20, 20km - 01:44:31, 21km - 01:49:43, 25km - 02:09:20, 30km - 02:35:31, 35km - 03:02:09, 40km - 03:28:29									
1346	1377	KIMMEL Mariusz	KOMORNIKI	KTTK Komorzanka	POL	M40	293	03:39:10	03:39:52		1272
		5km - 00:22:40, 10km - 00:45:36, 15km - 01:08:42, 20km - 01:32:49, 21km - 01:38:10, 25km - 01:58:54, 30km - 02:27:12, 35km - 02:59:14, 40km - 03:27:39									
1347	2914	ZARĘBA Adam	SZCZECINEK		POL	M30	539	03:39:10	03:41:44		1272
		5km - 00:24:53, 10km - 00:49:39, 15km - 01:14:09, 20km - 01:39:03, 21km - 01:44:19, 25km - 02:03:56, 30km - 02:29:48, 35km - 02:58:01, 40km - 03:27:18									
1348	2893	DUSZYŃSKI Mirosław	NOWA WIEŚ	Bieganie na Śniadanie	POL	M30	540	03:39:12	03:42:28		1274
		5km - 00:25:42, 10km - 00:50:33, 15km - 01:14:50, 20km - 01:39:29, 21km - 01:44:51, 25km - 02:04:11, 30km - 02:31:03, 35km - 02:58:09, 40km - 03:27:20									
1349	7062	WOCHAL Radosław	CZESZEWO		POL	M18	163	03:39:12	03:41:11		1274
		5km - 00:22:51, 10km - 00:44:52, 15km - 01:07:14, 20km - 01:29:40, 21km - 01:34:38, 25km - 01:52:58, 30km - 02:17:37, 35km - 02:46:17, 40km - 03:24:11									
1350	2965	Zawodnik anonimowy				M40	294	03:39:14	03:40:02		1276
		5km - 00:24:01, 10km - 00:47:44, 15km - 01:11:21, 20km - 01:35:29, 21km - 01:40:46, 25km - 02:00:41, 30km - 02:29:03, 35km - 02:58:21, 40km - 03:27:43									
1351	3535	LIDZBARSKI Wojciech	ŁASKARZEW		POL	M55	32	03:39:19	03:44:27		1277
		5km - 00:24:57, 10km - 00:49:34, 15km - 01:13:53, 20km - 01:38:39, 21km - 01:43:58, 25km - 02:03:29, 30km - 02:29:25, 35km - 02:55:39, 40km - 03:26:51									
1352	4930	NAJDEREK Krzysztof	KOZIEGŁOWY		POL	M30	541	03:39:19	03:41:47		1277
		5km - 00:24:38, 10km - 00:49:21, 15km - 01:14:06, 20km - 01:39:02, 21km - 01:44:21, 25km - 02:04:09, 30km - 02:29:43, 35km - 02:56:49, 40km - 03:26:31									
1353	3171	MATUSZEWSKI Krzysztof	POZNAŃ	Spławie	POL	M18	164	03:39:22	03:40:10		1279
		5km - 00:24:52, 10km - 00:49:58, 15km - 01:14:56, 20km - 01:40:10, 21km - 01:45:28, 25km - 02:05:13, 30km - 02:30:35, 35km - 02:58:03, 40km - 03:26:30									
1354	7089	NIEDZIELSKI Paweł	OBORNIKI	Extreme Team Oborniki	POL	M30	542	03:39:23	03:41:21		1280
		5km - 00:25:30, 10km - 00:51:00, 15km - 01:16:07, 20km - 01:41:47, 21km - 01:47:20, 25km - 02:07:34, 30km - 02:34:01, 35km - 03:00:19, 40km - 03:27:36									
1355	985	SOBCZAK Wojciech	CHOJNICE	Florian Chojnice	POL	M50	59	03:39:24	03:41:33		1281
		5km - 00:24:34, 10km - 00:49:21, 15km - 01:14:04, 20km - 01:39:09, 21km - 01:44:45, 25km - 02:04:45, 30km - 02:32:07, 35km - 02:59:13, 40km - 03:27:22									
1356	5609	ZIELONKA Bogusław	WRZEŚNIA	Night Runners Września	POL	M45	180	03:39:24	03:40:13		1281
		5km - 00:24:32, 10km - 00:48:54, 15km - 01:13:17, 20km - 01:37:50, 21km - 01:43:09, 25km - 02:02:29, 30km - 02:27:37, 35km - 02:53:45, 40km - 03:26:00									
1357	421	MLECZAK Artur	POZNAŃ		POL	M45	181	03:39:29	03:41:17		1283
		5km - 00:24:55, 10km - 00:49:31, 15km - 01:14:19, 20km - 01:39:09, 21km - 01:44:35, 25km - 02:04:05, 30km - 02:29:35, 35km - 02:58:14, 40km - 03:27:05									
1358	6070	SZYMAŁA Mateusz	KLUCZBORK	Kluczborska Grupa Biegowa	POL	M30	543	03:39:30	03:40:46		1284
		5km - 00:24:49, 10km - 00:49:59, 15km - 01:14:58, 20km - 01:39:45, 21km - 01:46:37, 25km - 02:06:36, 30km - 02:33:11, 35km - 03:00:03, 40km - 03:27:51									
1359	2973	GŁĘBIKOWSKI Dariusz	WARSZAWA		POL	M55	33	03:39:31	03:42:36		1285
		5km - 00:26:03, 10km - 00:51:45, 15km - 01:17:38, 20km - 01:43:40, 21km - 01:49:12, 25km - 02:09:35, 30km - 02:36:03, 35km - 03:02:33, 40km - 03:28:44									
1360	439	MOTOWIDŁO Marcin	ŻARÓW		POL	M30	544	03:39:37	03:42:20		1286
		5km - 00:26:16, 10km - 00:52:08, 15km - 01:17:46, 20km - 01:44:03, 21km - 01:49:40, 25km - 02:09:57, 30km - 02:36:25, 35km - 03:02:56, 40km - 03:29:06									
1361	6862	Zawodnik anonimowy				M30	544	03:39:37	03:41:48		1286
		5km - 00:24:30, 10km - 00:49:10, 15km - 01:14:02, 20km - 01:38:54, 21km - 01:44:20, 25km - 02:03:52, 30km - 02:28:53, 35km - 02:57:50, 40km - 03:26:59									
1362	6855	OPALIŃSKA-KLUSEK Małgorzata	OBORNIKI ŚLĄSKIE	oborygeni	POL	K30	41	03:39:38	03:41:21	75	
		5km - 00:25:01, 10km - 00:50:07, 15km - 01:15:07, 20km - 01:40:40, 21km - 01:46:10, 25km - 02:06:26, 30km - 02:33:24, 35km - 03:00:40, 40km - 03:28:08									
1363	6992	SŁOWIŃSKI Damian	POZNAŃ	NightRunners/cityzen	POL	M30	546	03:39:41	03:40:27		1288
		5km - 00:24:21, 10km - 00:48:40, 15km - 01:12:33, 20km - 01:36:51, 21km - 01:42:09, 25km - 02:01:36, 30km - 02:28:19, 35km - 02:57:10, 40km - 03:27:12									
1364	4627	WÓJTOWICZ Grzegorz	SZCZECIN		POL	M45	182	03:39:41	03:39:59		1288
		5km - 00:22:36, 10km - 00:45:11, 15km - 01:07:44, 20km - 01:31:01, 21km - 01:36:14, 25km - 01:55:05, 30km - 02:24:11, 35km - 02:53:42, 40km - 03:26:44									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1365	1275	CHOŁODOWSKI Piotr	BIALYSTOK	3T Total Tri Training	POL	M45	183	03:39:45	03:43:12		1290
		5km - 00:25:21, 10km - 00:50:39, 15km - 01:15:34, 20km - 01:40:48, 21km - 01:47:26, 25km - 02:07:20, 30km - 02:33:38, 35km - 03:00:38, 40km - 03:28:34									
1366	4237	Zawodnik anonimowy				M30	547	03:39:46	03:43:43		1291
		5km - 00:25:13, 10km - 00:51:55, 15km - 01:17:11, 20km - 01:43:20, 21km - 01:49:01, 25km - 02:09:25, 30km - 02:35:53, 35km - 03:02:31, 40km - 03:29:01									
1367	5864	BERG Dariusz	GNIEZNO	Bridgestone	POL	M40	295	03:39:49	03:40:15		1292
		5km - 00:24:28, 10km - 00:49:11, 15km - 01:13:29, 20km - 01:38:04, 21km - 01:43:16, 25km - 02:02:35, 30km - 02:28:10, 35km - 02:56:04, 40km - 03:26:21									
1368	6340	OSTROMECKA Anna	BARTOSZYCE	URWIS BIEGA	POL	K30	42	03:39:50	03:41:51	76	
		5km - 00:25:25, 10km - 00:50:21, 15km - 01:15:07, 20km - 01:39:38, 21km - 01:45:03, 25km - 02:05:23, 30km - 02:34:42, 35km - 03:01:09, 40km - 03:28:49									
1369	1219	ŚLIWA Grzegorz	KRAKÓW	AZS AWF KRAKÓW MASTERS	POL	M30	548	03:39:51	03:41:42		1293
		5km - 00:25:35, 10km - 00:50:27, 15km - 01:14:51, 20km - 01:39:39, 21km - 01:45:07, 25km - 02:05:01, 30km - 02:32:51, 35km - 03:00:39, 40km - 03:28:26									
1370	5601	STRACHOWSKI Roman	SZCZECIN		POL	M40	296	03:39:51	03:40:54		1293
		5km - 00:22:12, 10km - 00:45:11, 15km - 01:08:23, 20km - 01:33:13, 21km - 01:38:57, 25km - 01:59:54, 30km - 02:28:02, 35km - 02:56:36, 40km - 03:27:28									
1371	4696	HARKIEWICZ Wiola	POZNAŃ	oddychajswobodnie.pl	POL	K30	43	03:39:53	03:42:52	77	
		5km - 00:26:05, 10km - 00:51:36, 15km - 01:17:07, 20km - 01:42:50, 21km - 01:48:26, 25km - 02:08:28, 30km - 02:34:53, 35km - 03:01:18, 40km - 03:28:20									
1372	2511	CICHY Mateusz	POZNAŃ	Wola Poznań	POL	M18	165	03:39:54	03:41:56		1295
		5km - 00:24:45, 10km - 00:49:33, 15km - 01:14:21, 20km - 01:39:27, 21km - 01:44:42, 25km - 02:04:21, 30km - 02:30:17, 35km - 02:59:03, 40km - 03:28:17									
1373	5481	SZUKAŁA Piotr	POZNAŃ	Sii Power People	POL	M30	549	03:39:56	03:42:49		1296
		5km - 00:25:15, 10km - 00:50:05, 15km - 01:14:31, 20km - 01:39:36, 21km - 01:45:11, 25km - 02:05:26, 30km - 02:32:48, 35km - 03:00:40, 40km - 03:28:56									
1374	317	JEZIORSKI Wojciech	GOLENIÓW	Carlsberg Shared Services	POL	M18	166	03:39:57	03:42:36		1297
		5km - 00:26:04, 10km - 00:51:30, 15km - 01:16:28, 20km - 01:42:00, 21km - 01:47:37, 25km - 02:07:33, 30km - 02:34:24, 35km - 03:01:46, 40km - 03:29:23									
1375	2944	RZESZUT Jacek	POZNAŃ	Jak Po Sznurku	POL	M50	60	03:39:57	03:40:39		1297
		5km - 00:23:15, 10km - 00:46:24, 15km - 01:09:35, 20km - 01:33:11, 21km - 01:38:13, 25km - 01:57:01, 30km - 02:21:56, 35km - 02:56:27, 40km - 03:26:37									
1376	3363	MANDA Bogdan	ANDRYCHÓW		POL	M50	61	03:40:01	03:41:43		1299
		5km - 00:24:53, 10km - 00:49:29, 15km - 01:13:59, 20km - 01:39:24, 21km - 01:45:05, 25km - 02:04:57, 30km - 02:31:36, 35km - 02:59:07, 40km - 03:27:41									
1377	989	OSTROWSKI Paweł	TYCHY		POL	M30	550	03:40:01	03:41:44		1299
		5km - 00:24:52, 10km - 00:49:53, 15km - 01:14:21, 20km - 01:39:16, 21km - 01:44:44, 25km - 02:04:13, 30km - 02:29:08, 35km - 02:55:49, 40km - 03:27:54									
1378	6917	MAZLOUM Amir	OŻARÓW MAZOWIECKI	Kuźnia Triathlonu / Decathlon Team	POL	M30	551	03:40:03	03:41:59		1301
		5km - 00:24:44, 10km - 00:49:31, 15km - 01:14:17, 20km - 01:39:10, 21km - 01:44:38, 25km - 02:04:10, 30km - 02:29:08, 35km - 02:55:14, 40km - 03:26:08									
1379	1916	BIEGAŃSKI Łukasz	RYPIN		POL	M40	297	03:40:06	03:42:13		1302
		5km - 00:24:41, 10km - 00:49:34, 15km - 01:14:17, 20km - 01:39:29, 21km - 01:44:58, 25km - 02:04:45, 30km - 02:31:52, 35km - 02:59:40, 40km - 03:28:11									
1380	4412	JESKE Krzysztof	POZNAŃ		POL	M45	184	03:40:06	03:42:37		1302
		5km - 00:24:16, 10km - 00:49:08, 15km - 01:13:41, 20km - 01:38:41, 21km - 01:44:11, 25km - 02:03:58, 30km - 02:30:29, 35km - 02:58:53, 40km - 03:28:06									
1381	805	POLICZKIEWICZ Maciej	WARZYMICE	SMT Szczecin	POL	M30	552	03:40:06	03:41:21		1302
		5km - 00:24:42, 10km - 00:49:31, 15km - 01:14:02, 20km - 01:38:55, 21km - 01:44:12, 25km - 02:03:48, 30km - 02:29:21, 35km - 02:56:17, 40km - 03:27:26									
1382	1064	ZAWROTNIAK Rafał	BOLESŁAWIEC		POL	M40	298	03:40:07	03:41:35		1305
		5km - 00:25:00, 10km - 00:49:32, 15km - 01:13:55, 20km - 01:38:31, 21km - 01:43:43, 25km - 02:03:02, 30km - 02:29:05, 35km - 02:57:47, 40km - 03:27:30									
1383	4070	ZDANOWICZ Wojciech	SZCZECIN	Czarna Łąka - United	POL	M40	299	03:40:08	03:41:57		1306
		5km - 00:24:49, 10km - 00:49:29, 15km - 01:13:53, 20km - 01:38:32, 21km - 01:43:51, 25km - 02:03:15, 30km - 02:29:12, 35km - 02:57:46, 40km - 03:28:16									
1384	5119	DERC Arkadiusz	SOCHACZEW		POL	M30	553	03:40:09	03:41:54		1307
		5km - 00:24:41, 10km - 00:49:49, 15km - 01:14:17, 20km - 01:39:12, 21km - 01:44:32, 25km - 02:04:08, 30km - 02:28:54, 35km - 02:53:27, 40km - 03:26:24									
1385	2384	GOSIEWSKI Cezariusz	OSTRÓDA		POL	M40	300	03:40:12	03:42:25		1308
		5km - 00:25:54, 10km - 00:51:26, 15km - 01:16:33, 20km - 01:41:51, 21km - 01:47:19, 25km - 02:07:27, 30km - 02:33:45, 35km - 03:00:30, 40km - 03:28:48									
1386	4590	WOJTOWICZ Emil	WŁADYSŁAWÓW	PGE Obrót RUN	POL	M45	185	03:40:15	03:43:55		1309
		5km - 00:26:43, 10km - 00:53:23, 15km - 01:20:41, 20km - 01:46:44, 21km - 01:52:27, 25km - 02:12:52, 30km - 02:38:19, 35km - 03:03:51, 40km - 03:29:28									
1387	6873	CICHARZEWSKI Marcin	OSTRÓW WIELKOPOLSKI		POL	M40	301	03:40:16	03:44:39		1310
		5km - 00:26:43, 10km - 00:51:03, 15km - 01:15:32, 20km - 01:41:06, 21km - 01:46:46, 25km - 02:06:57, 30km - 02:34:25, 35km - 03:01:23, 40km - 03:28:56									
1388	5664	SOKOŁOWSKI Andrzej	KRAKÓW	AŚ Kraków	POL	M30	554	03:40:16	03:40:51		1310
		5km - 00:24:24, 10km - 00:48:39, 15km - 01:12:56, 20km - 01:37:37, 21km - 01:42:55, 25km - 02:02:24, 30km - 02:28:40, 35km - 02:57:21, 40km - 03:28:49									
1389	6859	PIETRZYŃSKI Bartosz	KALISZ	acm1899	POL	M30	555	03:40:22	03:40:38		1312
		5km - 00:21:54, 10km - 00:44:04, 15km - 01:06:41, 20km - 01:30:56, 21km - 01:36:08, 25km - 01:56:13, 30km - 02:25:36, 35km - 02:56:57, 40km - 03:28:29									
1390	1309	DAWID Michał	TYCHY	Lake Runners	POL	M30	556	03:40:24	03:42:24		1313
		5km - 00:25:03, 10km - 00:49:53, 15km - 01:14:29, 20km - 01:39:03, 21km - 01:44:28, 25km - 02:04:01, 30km - 02:31:04, 35km - 02:59:11, 40km - 03:28:49									
1391	2371	KLAUS Maciej	LUBOŃ	PROFI CENTER WIELKOPOLSKA	POL	M45	186	03:40:24	03:40:56		1313
		5km - 00:25:08, 10km - 00:50:00, 15km - 01:14:40, 20km - 01:39:28, 21km - 01:44:50, 25km - 02:04:27, 30km - 02:29:58, 35km - 02:59:18, 40km - 03:27:42									
1392	1241	BARTOSZEWSKI Grzegorz	DŁUGOŁĘKA	Litwin Triathlon Team	POL	M40	302	03:40:25	03:44:38		1315
		5km - 00:27:29, 10km - 00:52:59, 15km - 01:17:41, 20km - 01:42:46, 21km - 01:48:11, 25km - 02:08:03, 30km - 02:34:02, 35km - 03:01:08, 40km - 03:29:01									
1393	6864	DUBINSKAS Arunas	VILNIUS		LTU	M45	187	03:40:25	03:42:58		1315
		5km - 00:25:46, 10km - 00:51:25, 15km - 01:16:38, 20km - 01:42:27, 21km - 01:48:09, 25km - 02:08:23, 30km - 02:35:13, 35km - 03:02:26, 40km - 03:29:19									
1394	714	ZAREWICZ Konrad	DĄBRÓWKA		POL	M30	557	03:40:25	03:41:18		1315
		5km - 00:24:19, 10km - 00:48:55, 15km - 01:13:18, 20km - 01:38:55, 21km - 01:44:31, 25km - 02:04:32, 30km - 02:31:32, 35km - 02:59:04, 40km - 03:27:51									
1395	314	ADAMSKA Zofia	ZŁOTNIKI	Run The Event	POL	K30	44	03:40:26	03:43:31	78	
		5km - 00:26:05, 10km - 00:51:58, 15km - 01:17:32, 20km - 01:43:19, 21km - 01:48:58, 25km - 02:09:09, 30km - 02:35:48, 35km - 03:02:39, 40km - 03:29:16									
1396	3852	PIEKUTOWSKI Ireneusz	ŁÓDŹ	Decathlon CAR Łódź	POL	M18	167	03:40:26	03:41:28		1318
		5km - 00:25:50, 10km - 00:51:14, 15km - 01:16:29, 20km - 01:41:36, 21km - 01:47:06, 25km - 02:06:27, 30km - 02:32:09, 35km - 03:00:14, 40km - 03:29:43									
1397	1345	GUZERA Justyna	WROCŁAW		POL	K30	45	03:40:27	03:42:28	79	
		5km - 00:24:36, 10km - 00:49:05, 15km - 01:13:30, 20km - 01:38:30, 21km - 01:44:23, 25km - 02:04:20, 30km - 02:31:30, 35km - 03:00:13, 40km - 03:28:16									
1398	2667	KOSIOŁ Andrzej	WROCŁAW	Tri Mission	POL	M55	34	03:40:27	03:40:55		1319
		5km - 00:22:41, 10km - 00:45:25, 15km - 01:07:54, 20km - 01:31:23, 21km - 01:36:28, 25km - 01:55:14, 30km - 02:21:17, 35km - 02:48:14, 40km - 03:21:24									
1399	6098	NASKRĘT Przemysław	RACOT	Kościan Team	POL	M30	558	03:40:27	03:40:59		1319
		5km - 00:23:38, 10km - 00:47:16, 15km - 01:10:32, 20km - 01:34:30, 21km - 01:39:41, 25km - 01:58:41, 30km - 02:24:59, 35km - 02:54:39, 40km - 03:27:33									
1400	171	MATYJEWICZ Łukasz	STAWIGUDA		POL	M30	559	03:40:31	03:42:31		1321
		5km - 00:24:38, 10km - 00:49:34, 15km - 01:14:16, 20km - 01:39:06, 21km - 01:44:36, 25km - 02:04:15, 30km - 02:31:17, 35km - 02:59:59, 40km - 03:28:25									
1401	1324	SCHÄFER Jörg	DRESDEN		EUA	M50	62	03:40:31	03:41:06		1321
		5km - 00:23:03, 10km - 00:47:00, 15km - 01:11:44, 20km - 01:38:08, 21km - 01:44:08, 25km - 02:03:35, 30km - 02:30:23, 35km - 02:59:36, 40km - 03:28:24									
1402	4402	KRUCZKOWSKA-OTTO Jowita	SWARZĘDZ	Walka Kostrzyn / Za linią mety team	POL	K18	11	03:40:32	03:40:32	80	
		5km - , 10km - , 15km - , 20km - , 21km - , 25km - , 30km - , 35km - , 40km -									
1403	903	KRUPA Roman	DZIANISZ		POL	M30	560	03:40:32	03:43:10		1323
		5km - 00:26:07, 10km - 00:51:16, 15km - 01:16:29, 20km - 01:42:07, 21km - 01:47:48, 25km - 02:08:07, 30km - 02:34:37, 35km - 03:01:19, 40km - 03:28:56									
1404	3139	DZIEDZIC Krzysztof	KRAKÓW		POL	M40	303	03:40:33	03:41:04		1324
		5km - 00:25:17, 10km - 00:50:19, 15km - 01:14:50, 20km - 01:39:33, 21km - 01:44:50, 25km - 02:03:56, 30km - 02:29:05, 35km - 02:58:53, 40km - 03:28:22									
1405	1092	ŻUCZEK Patryk	TYCHY	Runhogs Tychy	POL	M30	561	03:40:33	03:43:18		1324
		5km - 00:25:18, 10km - 00:50:06, 15km - 01:14:39, 20km - 01:39:09, 21km - 01:44:22, 25km - 02:03:45, 30km - 02:31:08, 35km - 02:59:21, 40km - 03:28:15									
1406	330	LEOPOLD Miłosz	BARANOWO	Enea Team	POL	M30	562	03:40:36	03:42:47		1326
		5km - 00:25:33, 10km - 00:51:05, 15km - 01:16:12, 20km - 01:42:10, 21km - 01:47:33, 25km - 02:07:49, 30km - 02:34:12, 35km - 03:01:45, 40km - 03:29:00									
1407	5064	Zawodnik anonimowy				M45	188	03:40:38	03:40:56		1327
		5km - 00:21:43, 10km - 00:43:48, 15km - 01:07:18, 20km - 01:33:14, 21km - 01:39:17, 25km - 02:00:01, 30km - 02:28:41, 35km - 02:59:59, 40km - 03:29:19									
1408	6131	CHODKIEWICZ Tomasz	BYDGOSZCZ	GardenFlora MTB Team	POL	M40	304	03:40:39	03:42:06		1328
		5km - 00:25:00, 10km - 00:49:35, 15km - 01:14:21, 20km - 01:39:39, 21km - 01:45:09, 25km - 02:04:46, 30km - 02:31:05, 35km - 02:58:55, 40km - 03:28:18									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1409	1437	BĄK Filip	LESZNO K/ BŁONIA	MAKALU TEAM	POL	M45	189	03:40:40	03:42:05		1329
		5km - 00:24:58, 10km - 00:49:16, 15km - 01:12:51, 20km - 01:37:23, 21km - 01:42:36, 25km - 02:02:21, 30km - 02:29:10, 35km - 02:56:54, 40km - 03:28:05									
1410	5699	MIKOŚ Magdalena	KRAKÓW		POL	K30	46	03:40:46	03:45:13	81	
		5km - 00:25:28, 10km - 00:50:53, 15km - 01:16:18, 20km - 01:42:08, 21km - 01:47:41, 25km - 02:07:48, 30km - 02:34:43, 35km - 03:01:16, 40km - 03:28:59									
1411	6711	SCHNEIDER Marcin	POBIEDZISKA	Grupa OLX Team	POL	M18	168	03:40:46	03:44:14		1330
		5km - 00:24:27, 10km - 00:48:40, 15km - 01:13:02, 20km - 01:37:35, 21km - 01:42:54, 25km - 02:02:37, 30km - 02:28:30, 35km - 02:58:29, 40km - 03:27:54									
1412	3178	DAVISON Paul	COLCHESTER	Great Bentley Running Club	GBR	M45	190	03:40:48	03:43:06		1331
		5km - 00:24:18, 10km - 00:48:27, 15km - 01:12:32, 20km - 01:36:43, 21km - 01:41:51, 25km - 02:01:16, 30km - 02:29:00, 35km - 02:58:43, 40km - 03:28:27									
1413	1811	WASILEWSKI Marcin	GDAŃSK	Dudycz Run	POL	M40	305	03:40:51	03:41:55		1332
		5km - 00:24:41, 10km - 00:49:16, 15km - 01:14:03, 20km - 01:38:38, 21km - 01:44:01, 25km - 02:03:20, 30km - 02:28:27, 35km - 02:54:17, 40km - 03:27:55									
1414	2657	PUCHALSKI Tomasz	GRUSZCZYN		POL	M30	563	03:40:52	03:42:38		1333
		5km - 00:24:49, 10km - 00:49:35, 15km - 01:14:22, 20km - 01:39:28, 21km - 01:45:00, 25km - 02:04:52, 30km - 02:31:29, 35km - 02:59:11, 40km - 03:29:18									
1415	7238	KOMOROWSKI Adam	REYKJAVIK	Zabiegani Reykjavik	ISL	M40	306	03:40:53	03:42:53		1334
		5km - 00:24:35, 10km - 00:48:42, 15km - 01:12:31, 20km - 01:37:11, 21km - 01:42:38, 25km - 02:02:17, 30km - 02:28:44, 35km - 02:54:50, 40km - 03:26:52									
1416	2549	STEMPLEWSKI Sebastian	OPOLE	BASSAU POLSKA	POL	M45	191	03:40:53	03:41:50		1334
		5km - 00:24:31, 10km - 00:48:34, 15km - 01:12:22, 20km - 01:36:32, 21km - 01:41:49, 25km - 02:00:55, 30km - 02:26:41, 35km - 02:53:25, 40km - 03:28:12									
1417	6337	RZESZEWSKI Mateusz	POZNAŃ	-	POL	M45	192	03:40:56	03:43:37		1336
		5km - 00:24:51, 10km - 00:49:00, 15km - 01:13:33, 20km - 01:38:17, 21km - 01:43:51, 25km - 02:03:17, 30km - 02:29:32, 35km - 02:59:59, 40km - 03:28:07									
1418	6818	DZANGIRASVILI Irena	VILNIUS	Jonas Maratonas	LTU	K30	47	03:40:57	03:43:01	82	
		5km - 00:25:46, 10km - 00:51:43, 15km - 01:17:08, 20km - 01:42:58, 21km - 01:48:38, 25km - 02:08:52, 30km - 02:35:43, 35km - 03:02:42, 40km - 03:29:39									
1419	4636	JĘDRZEJEWSKI Jarosław	KIELCE	Granatowi	POL	M30	564	03:40:57	03:45:10		1337
		5km - 00:25:14, 10km - 00:50:11, 15km - 01:14:49, 20km - 01:39:59, 21km - 01:45:23, 25km - 02:05:00, 30km - 02:30:23, 35km - 02:57:45, 40km - 03:27:56									
1420	2015	WOŹNIAK Krzysztof	BIERUŃ	CRIK FCA POLAND	POL	M45	193	03:40:59	03:44:18		1338
		5km - 00:26:18, 10km - 00:52:35, 15km - 01:18:12, 20km - 01:44:25, 21km - 01:50:06, 25km - 02:10:29, 30km - 02:37:09, 35km - 03:03:28, 40km - 03:30:35									
1421	414	ZABISZAK Michał	POZNAŃ	Miłosław Biega	POL	M30	565	03:41:00	03:41:46		1339
		5km - 00:23:09, 10km - 00:46:15, 15km - 01:09:31, 20km - 01:33:13, 21km - 01:38:14, 25km - 01:56:58, 30km - 02:22:29, 35km - 02:50:47, 40km - 03:26:10									
1422	3360	ROESKE Tomasz	MOSINA		POL	M45	194	03:41:01	03:41:59		1340
		5km - 00:24:44, 10km - 00:49:37, 15km - 01:14:22, 20km - 01:39:57, 21km - 01:45:59, 25km - 02:06:29, 30km - 02:32:55, 35km - 02:59:18, 40km - 03:28:18									
1423	3564	MARKOWICZ Michał	ŁÓDŹ		POL	M45	195	03:41:02	03:43:43		1341
		5km - 00:26:25, 10km - 00:52:27, 15km - 01:18:10, 20km - 01:44:01, 21km - 01:49:35, 25km - 02:10:01, 30km - 02:36:27, 35km - 03:02:40, 40km - 03:29:33									
1424	3563	MARKOWICZ Pawel	HATFIELD		GBR	M40	307	03:41:02	03:43:43		1341
		5km - 00:26:25, 10km - 00:52:27, 15km - 01:18:10, 20km - 01:44:02, 21km - 01:49:35, 25km - 02:10:02, 30km - 02:36:26, 35km - 03:02:41, 40km - 03:29:34									
1425	3624	MATUSZEWSKI Adam	KRZYZ WIELKOPOLSKI	Warta Muszkieterowie Poznań	POL	M18	169	03:41:05	03:41:43		1343
		5km - 00:22:57, 10km - 00:45:36, 15km - 01:08:18, 20km - 01:31:37, 21km - 01:37:01, 25km - 01:56:52, 30km - 02:24:56, 35km - 02:56:55, 40km - 03:27:45									
1426	4180	WALCZAK Łukasz	KONIN	Byle do przoduQ	POL	M30	566	03:41:07	03:43:30		1344
		5km - 00:22:37, 10km - 00:45:25, 15km - 01:08:22, 20km - 01:32:11, 21km - 01:37:21, 25km - 01:56:54, 30km - 02:24:05, 35km - 02:53:28, 40km - 03:27:12									
1427	6428	GRELAK Adam	WOLSZTYN	Wolsztyńska Akademia Biegowa	POL	M30	567	03:41:09	03:42:10		1345
		5km - 00:25:05, 10km - 00:49:47, 15km - 01:14:24, 20km - 01:39:07, 21km - 01:44:50, 25km - 02:04:32, 30km - 02:30:57, 35km - 02:59:39, 40km - 03:29:29									
1428	5095	SKIBSKI Maciej	GRUDZIĄDZ	16.DZ	POL	M18	170	03:41:09	03:44:02		1345
		5km - 00:27:07, 10km - 00:54:03, 15km - 01:20:12, 20km - 01:46:35, 21km - 01:52:09, 25km - 02:12:37, 30km - 02:39:05, 35km - 03:05:01, 40km - 03:30:50									
1429	1769	SMARSZ Krzysztof	WROCŁAW		POL	M30	568	03:41:10	03:42:55		1347
		5km - 00:24:52, 10km - 00:49:34, 15km - 01:14:20, 20km - 01:39:13, 21km - 01:44:41, 25km - 02:04:12, 30km - 02:29:14, 35km - 02:58:34, 40km - 03:28:48									
1430	5489	JABŁONOWSKI Wojciech	LĘBORK	fm2012/klub 42,2	POL	M45	196	03:41:15	03:41:31		1348
		5km - 00:21:39, 10km - 00:43:21, 15km - 01:05:02, 20km - 01:27:30, 21km - 01:32:20, 25km - 01:50:34, 30km - 02:15:49, 35km - 02:44:32, 40km - 03:26:06									
1431	2434	KOSIŃSKI Maciej	CZŁUCHÓW	Sportowy Człuchów / Fabryka Sportu	POL	M18	171	03:41:16	03:41:41		1349
		5km - 00:24:36, 10km - 00:49:17, 15km - 01:13:43, 20km - 01:38:28, 21km - 01:43:47, 25km - 02:03:08, 30km - 02:28:29, 35km - 02:55:17, 40km - 03:28:09									
1432	6838	MANTURA Marek	OTYŃ		POL	M30	569	03:41:16	03:43:10		1349
		5km - 00:25:45, 10km - 00:51:07, 15km - 01:16:38, 20km - 01:42:22, 21km - 01:48:04, 25km - 02:08:37, 30km - 02:34:46, 35km - 03:01:24, 40km - 03:29:54									
1433	2645	SZAFRANIEC Monika	MYŚLENICE		POL	K30	48	03:41:16	03:46:45	83	
		5km - 00:26:14, 10km - 00:51:45, 15km - 01:17:00, 20km - 01:42:53, 21km - 01:48:43, 25km - 02:09:17, 30km - 02:36:19, 35km - 03:03:00, 40km - 03:29:58									
1434	884	KAŁUŻNY Paweł	NOWA SÓL	Szymanowski Team	POL	M40	308	03:41:23	03:41:32		1351
		5km - 00:22:16, 10km - 00:44:36, 15km - 01:07:10, 20km - 01:29:39, 21km - 01:34:42, 25km - 01:53:35, 30km - 02:24:18, 35km - 02:55:52, 40km - 03:28:25									
1435	4552	UZAREWICZ Robert	PLEWISKA	FinMan	POL	M40	308	03:41:23	03:42:16		1351
		5km - 00:25:40, 10km - 00:51:19, 15km - 01:16:25, 20km - 01:42:15, 21km - 01:47:31, 25km - 02:07:49, 30km - 02:35:04, 35km - 03:01:59, 40km - 03:29:48									
1436	2241	NORKOWSKA Aleksandra	WARSZAWA	Orange Polska	POL	K40	19	03:41:24	03:43:33	84	
		5km - 00:24:34, 10km - 00:49:13, 15km - 01:13:56, 20km - 01:39:20, 21km - 01:44:47, 25km - 02:05:16, 30km - 02:33:15, 35km - 03:00:34, 40km - 03:29:37									
1437	5648	CZAJKA Marcelina	POZNAŃ		POL	K18	12	03:41:27	03:43:28	85	
		5km - 00:24:44, 10km - 00:49:11, 15km - 01:13:15, 20km - 01:37:45, 21km - 01:43:06, 25km - 02:02:34, 30km - 02:30:18, 35km - 03:00:15, 40km - 03:29:37									
1438	6907	MARZEC Bogdan	SZCZECIN	MARATOŃCZYK SZCZECIN	POL	M55	35	03:41:28	03:42:35		1353
		5km - 00:24:26, 10km - 00:49:24, 15km - 01:14:15, 20km - 01:39:33, 21km - 01:44:57, 25km - 02:04:57, 30km - 02:31:25, 35km - 02:59:33, 40km - 03:28:52									
1439	6566	JEŻ Jolanta	GOSTYŃ		POL	K40	20	03:41:29	03:41:56	86	
		5km - 00:24:11, 10km - 00:48:43, 15km - 01:13:08, 20km - 01:38:13, 21km - 01:43:47, 25km - 02:03:38, 30km - 02:31:04, 35km - 02:59:21, 40km - 03:29:14									
1440	5338	PODLEŚNY Sebastian	WARSZAWA		POL	M40	310	03:41:29	03:44:57		1354
		5km - 00:24:51, 10km - 00:49:06, 15km - 01:13:00, 20km - 01:37:30, 21km - 01:42:45, 25km - 02:02:19, 30km - 02:28:52, 35km - 02:57:03, 40km - 03:28:22									
1441	2161	PUCHALSKI Maciej	POZNAŃ	oddychajswobodnie.pl	POL	M30	570	03:41:30	03:44:24		1355
		5km - 00:25:45, 10km - 00:51:26, 15km - 01:16:56, 20km - 01:42:38, 21km - 01:48:10, 25km - 02:08:29, 30km - 02:34:58, 35km - 03:01:41, 40km - 03:29:23									
1442	1218	OSIEWICZ Przemyslaw	POZNAN	KB WNPiD UAM Poznań	POL	M40	311	03:41:31	03:41:59		1356
		5km - 00:23:53, 10km - 00:47:29, 15km - 01:10:55, 20km - 01:34:56, 21km - 01:40:06, 25km - 02:00:09, 30km - 02:26:47, 35km - 02:56:09, 40km - 03:28:58									
1443	1256	FIEBIG Natalia	LESZNO	www.fiebig.pl	POL	K18	13	03:41:33	03:43:09	87	
		5km - 00:25:28, 10km - 00:50:39, 15km - 01:15:39, 20km - 01:41:04, 21km - 01:46:32, 25km - 02:06:37, 30km - 02:34:03, 35km - 03:01:02, 40km - 03:29:52									
1444	3400	FLISZKIEWICZ Artur	SWARZĘDZ		POL	M30	571	03:41:43	03:42:49		1357
		5km - 00:25:28, 10km - 00:50:06, 15km - 01:14:40, 20km - 01:39:17, 21km - 01:44:47, 25km - 02:04:45, 30km - 02:30:43, 35km - 02:59:49, 40km - 03:29:10									
1445	6643	BAJERLEIN Joanna	POZNAŃ		POL	K30	49	03:41:44	03:45:35	88	
		5km - 00:26:29, 10km - 00:53:10, 15km - 01:19:38, 20km - 01:45:58, 21km - 01:51:32, 25km - 02:11:41, 30km - 02:38:10, 35km - 03:04:32, 40km - 03:31:02									
1446	2444	PAWLICZAK Rafał	SZCZECIN	Fizjobiegacze Szczecin	POL	M45	197	03:41:48	03:43:33		1358
		5km - 00:24:50, 10km - 00:49:25, 15km - 01:13:55, 20km - 01:38:20, 21km - 01:43:27, 25km - 02:02:30, 30km - 02:27:33, 35km - 02:53:41, 40km - 03:24:56									
1447	3808	KONSTANTY Katarzyna	KRAKÓW	JackiPlacki SaltedCaramelMuffinTeam	POL	K40	21	03:41:51	03:43:23	89	
		5km - 00:26:03, 10km - 00:51:56, 15km - 01:17:41, 20km - 01:43:19, 21km - 01:48:46, 25km - 02:08:53, 30km - 02:35:06, 35km - 03:02:37, 40km - 03:31:03									
1448	6210	PRZYBYSZ Sławek	OPALENICA	Opalenicki Klub Biegacza	POL	M30	572	03:41:53	03:43:15		1359
		5km - 00:24:50, 10km - 00:49:05, 15km - 01:13:12, 20km - 01:37:54, 21km - 01:43:15, 25km - 02:02:51, 30km - 02:29:43, 35km - 02:59:29, 40km - 03:29:25									
1449	4079	DOMBROWSKI Radek	GDAŃSK		POL	M40	312	03:41:54	03:42:40		1360
		5km - 00:24:03, 10km - 00:47:48, 15km - 01:11:20, 20km - 01:34:52, 21km - 01:40:05, 25km - 01:58:51, 30km - 02:24:26, 35km - 02:52:37, 40km - 03:26:48									
1450	5018	GOLAŃSKI Grzegorz	ZALASEWO		POL	M30	573	03:41:55	03:42:38		1361
		5km - 00:24:53, 10km - 00:49:57, 15km - 01:14:26, 20km - 01:39:12, 21km - 01:44:35, 25km - 02:04:03, 30km - 02:29:21, 35km - 02:57:34, 40km - 03:30:06									
1451	5189	PAŁACHA Anna	SANDOMIERZ	Wojska Obrony Terytorialnej	POL	K40	22	03:41:55	03:42:28	90	
		5km - 00:26:46, 10km - 00:53:46, 15km - 01:20:14, 20km - 01:47:05, 21km - 01:52:50, 25km - 02:13:15, 30km - 02:39:55, 35km - 03:05:42, 40km - 03:31:27									
1452	6749	KOCHEL Paweł	KOWARY		POL	M30	574	03:41:56	03:42:23		1362
		5km - 00:22:38, 10km - 00:45:18, 15km - 01:07:52, 20km - 01:31:33, 21km - 01:37:03, 25km - 01:57:38, 30km - 02:26:33, 35km - 02:56:39, 40km - 03:28:44									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1453	2084	SOWA Michał	WARSZAWA	Decathlon	POL	M30	574	03:41:56	03:41:59		1362
		5km - 00:19:54, 10km - 00:39:47, 15km - 00:59:47, 20km - 01:22:33, 21km - 01:31:07, 25km - 01:57:15, 30km - 02:30:57, 35km - 02:57:07, 40km - 03:28:01									
1454	3265	BUDYCH-GÓRZNA Magdalena	GOWARZEWO		POL	K40	23	03:41:59	03:44:22	91	
		5km - 00:25:26, 10km - 00:50:34, 15km - 01:15:27, 20km - 01:40:31, 21km - 01:46:00, 25km - 02:06:09, 30km - 02:33:06, 35km - 03:00:50, 40km - 03:29:38									
1455	2088	JAŚKOWSKI Krzysztof	ZŁOTORYJA	OLAWS ZŁOTORYJA	POL	M55	36	03:41:59	03:43:56		1364
		5km - 00:25:43, 10km - 00:51:26, 15km - 01:17:08, 20km - 01:43:02, 21km - 01:48:31, 25km - 02:08:45, 30km - 02:35:21, 35km - 03:01:55, 40km - 03:30:00									
1456	1682	JASTRZĄBEK Agnieszka	ŁÓDŹ	EVErRUN	POL	K30	50	03:42:00	03:44:25	92	
		5km - 00:26:08, 10km - 00:52:14, 15km - 01:18:05, 20km - 01:44:14, 21km - 01:49:55, 25km - 02:10:21, 30km - 02:37:20, 35km - 03:04:03, 40km - 03:31:01									
1457	4301	LESIAK Bartosz	POZNAŃ		POL	M30	576	03:42:02	03:43:42		1365
		5km - 00:24:49, 10km - 00:49:48, 15km - 01:14:55, 20km - 01:40:03, 21km - 01:45:34, 25km - 02:05:43, 30km - 02:33:16, 35km - 03:01:29, 40km - 03:29:59									
1458	5403	SZYSZKA Adam	KICIN		POL	M50	63	03:42:02	03:44:15		1365
		5km - 00:26:03, 10km - 00:51:34, 15km - 01:17:34, 20km - 01:43:50, 21km - 01:49:32, 25km - 02:10:05, 30km - 02:38:27, 35km - 03:05:27, 40km - 03:31:54									
1459	6206	Zawodnik anonimowy				M30	577	03:42:03	03:43:09		1367
		5km - 00:25:14, 10km - 00:50:49, 15km - 01:16:22, 20km - 01:43:49, 21km - 01:49:24, 25km - 02:10:08, 30km - 02:37:03, 35km - 03:03:22, 40km - 03:30:22									
1460	6319	GLIŃSKI Marcin	POZNAŃ	Wataha-Łączy nas bieganie	POL	M18	172	03:42:04	03:42:43		1368
		5km - 00:23:04, 10km - 00:45:32, 15km - 01:08:20, 20km - 01:31:29, 21km - 01:36:36, 25km - 01:55:49, 30km - 02:23:32, 35km - 02:55:06, 40km - 03:30:01									
1461	3082	JAKUBCZAK Konrad	WARSZAWA	DEBEŚCIAK	POL	M40	313	03:42:06	03:43:51		1369
		5km - 00:24:47, 10km - 00:49:29, 15km - 01:14:17, 20km - 01:39:11, 21km - 01:44:36, 25km - 02:04:10, 30km - 02:30:20, 35km - 02:58:53, 40km - 03:29:26									
1462	5097	BIENER Tomasz	LĘBORK	1 Batalion Zmechanizowany Lębork	POL	M30	578	03:42:07	03:44:52		1370
		5km - 00:23:53, 10km - 00:48:06, 15km - 01:12:30, 20km - 01:37:34, 21km - 01:42:55, 25km - 02:02:39, 30km - 02:30:37, 35km - 02:59:47, 40km - 03:29:30									
1463	7015	OSTROWSKI Wiesław	WOŁÓW	Wołów Biega	POL	M45	198	03:42:07	03:44:14		1370
		5km - 00:25:31, 10km - 00:51:08, 15km - 01:16:20, 20km - 01:42:16, 21km - 01:47:52, 25km - 02:08:48, 30km - 02:36:14, 35km - 03:02:22, 40km - 03:30:17									
1464	907	WOŹNICKI Tomasz	BYDGOSZCZ		POL	M40	314	03:42:07	03:47:42		1370
		5km - 00:28:04, 10km - 00:53:49, 15km - 01:16:32, 20km - 01:41:22, 21km - 01:46:50, 25km - 02:06:44, 30km - 02:33:09, 35km - 03:00:15, 40km - 03:29:58									
1465	4456	MYTYCH Sławomir	KRAKÓW		POL	M18	173	03:42:08	03:44:23		1373
		5km - 00:25:51, 10km - 00:50:51, 15km - 01:15:11, 20km - 01:39:35, 21km - 01:44:56, 25km - 02:04:30, 30km - 02:30:12, 35km - 02:58:42, 40km - 03:29:04									
1466	2291	BIZUB Maciej	NOWY TARG	Biegam bez spiny	POL	M40	315	03:42:09	03:45:06		1374
		5km - 00:25:01, 10km - 00:49:43, 15km - 01:14:15, 20km - 01:38:59, 21km - 01:44:16, 25km - 02:03:44, 30km - 02:29:45, 35km - 02:59:22, 40km - 03:29:52									
1467	4932	STANKIEWICZ Grzegorz	GDAŃSK	1981	POL	M30	579	03:42:12	03:44:54		1375
		5km - 00:25:14, 10km - 00:49:47, 15km - 01:14:30, 20km - 01:39:41, 21km - 01:45:08, 25km - 02:05:27, 30km - 02:32:31, 35km - 03:01:47, 40km - 03:30:22									
1468	6146	DZIERŻAWCZYK Dawid	ŚREM		POL	M30	580	03:42:14	03:43:08		1376
		5km - 00:25:24, 10km - 00:51:14, 15km - 01:16:21, 20km - 01:41:31, 21km - 01:47:00, 25km - 02:06:48, 30km - 02:32:36, 35km - 02:59:39, 40km - 03:29:25									
1469	4860	GRUDOWSKI Konrad	SZCZECIN	śRUNdunia	POL	M30	580	03:42:14	03:44:40		1376
		5km - 00:24:03, 10km - 00:48:38, 15km - 01:13:17, 20km - 01:38:19, 21km - 01:43:41, 25km - 02:03:09, 30km - 02:29:05, 35km - 02:58:43, 40km - 03:28:31									
1470	4313	BIZIEL Michał	WROCŁAW	TMTeam	POL	M45	199	03:42:15	03:44:06		1378
		5km - 00:24:46, 10km - 00:49:26, 15km - 01:14:14, 20km - 01:39:11, 21km - 01:44:39, 25km - 02:04:26, 30km - 02:32:28, 35km - 03:00:55, 40km - 03:29:21									
1471	2752	JASIŃSKI Leszek	LUBLINIEC	Lucky Losers	POL	M40	316	03:42:15	03:44:48		1378
		5km - 00:25:44, 10km - 00:51:35, 15km - 01:16:52, 20km - 01:42:14, 21km - 01:47:53, 25km - 02:08:17, 30km - 02:35:11, 35km - 03:02:35, 40km - 03:30:09									
1472	295	ŚMIAŁEK Zbigniew	WAŁBRZYCH		POL	M40	316	03:42:15	03:43:21		1378
		5km - 00:25:45, 10km - 00:51:25, 15km - 01:16:47, 20km - 01:42:48, 21km - 01:48:24, 25km - 02:08:47, 30km - 02:35:50, 35km - 03:02:46, 40km - 03:30:24									
1473	5647	GRANAT Zbyszek	WARSZAWA	AZS AWF Warszawa	POL	M60	11	03:42:17	03:48:06		1381
		5km - 00:23:48, 10km - 00:48:34, 15km - 01:13:04, 20km - 01:38:08, 21km - 01:43:32, 25km - 02:03:35, 30km - 02:31:31, 35km - 03:01:04, 40km - 03:30:09									
1474	6635	KOCIA Łukasz	WARSZAWA		POL	M30	582	03:42:17	03:44:23		1381
		5km - 00:24:36, 10km - 00:49:09, 15km - 01:14:04, 20km - 01:38:58, 21km - 01:44:23, 25km - 02:04:01, 30km - 02:30:11, 35km - 02:59:59, 40km - 03:30:22									
1475	3414	ŁASTOWIECKI Radosław	MIŃSK MAZOWIECKI	KS Barakuda Mińsk Mazowiecki	POL	M40	318	03:42:18	03:44:08		1383
		5km - 00:24:04, 10km - 00:49:33, 15km - 01:14:15, 20km - 01:39:09, 21km - 01:44:32, 25km - 02:04:09, 30km - 02:29:43, 35km - 02:57:09, 40km - 03:28:25									
1476	5542	MARCINIAK Maciej	POZNAŃ		POL	M55	37	03:42:19	03:44:02		1384
		5km - 00:24:21, 10km - 00:48:48, 15km - 01:13:16, 20km - 01:38:03, 21km - 01:43:34, 25km - 02:03:07, 30km - 02:29:44, 35km - 02:59:47, 40km - 03:30:32									
1477	1962	NOWAK Wojciech	SZAMOCIN	Zabiegany Szamocin	POL	M30	583	03:42:22	03:45:43		1385
		5km - 00:27:22, 10km - 00:53:44, 15km - 01:20:34, 20km - 01:47:16, 21km - 01:53:06, 25km - 02:14:10, 30km - 02:41:10, 35km - 03:07:36, 40km - 03:33:05									
1478	300	OZIEMBAŁA Radosław	RADOMSKO		POL	M40	319	03:42:22	03:44:24		1385
		5km - 00:24:38, 10km - 00:49:31, 15km - 01:14:35, 20km - 01:40:48, 21km - 01:46:39, 25km - 02:06:59, 30km - 02:35:06, 35km - 03:02:50, 40km - 03:30:38									
1479	6866	RAŹNIAK Mariusz	PIŁA	LOKATOR NIERUCHOMOŚCI PIŁA	POL	M45	200	03:42:24	03:42:55		1387
		5km - 00:23:45, 10km - 00:47:47, 15km - 01:11:33, 20km - 01:35:26, 21km - 01:40:39, 25km - 01:59:37, 30km - 02:25:24, 35km - 02:54:08, 40km - 03:28:21									
1480	144	WARDYŃSKI Jarosław	PODBRZEZIE DOLNE	Świat Maratończyka Kożuchów	POL	M45	200	03:42:24	03:43:30		1387
		5km - 00:25:43, 10km - 00:51:37, 15km - 01:17:59, 20km - 01:44:03, 21km - 01:49:44, 25km - 02:10:22, 30km - 02:36:58, 35km - 03:03:54, 40km - 03:30:44									
1481	6330	PERZYNA Marcin	TARCZYN K. WARSZAWY	Tarczyński Klub Biegowy	POL	M30	584	03:42:25	03:46:09		1389
		5km - 00:26:29, 10km - 00:53:09, 15km - 01:19:44, 20km - 01:46:08, 21km - 01:51:53, 25km - 02:12:43, 30km - 02:39:28, 35km - 03:06:00, 40km - 03:32:35									
1482	1884	BOŁTUĆ Grzegorz	TORUŃ	CZAS ZDOBYĆ KORONĘ.	POL	M18	174	03:42:28	03:44:28		1390
		5km - 00:24:59, 10km - 00:50:04, 15km - 01:14:55, 20km - 01:40:15, 21km - 01:45:38, 25km - 02:05:32, 30km - 02:31:49, 35km - 02:58:47, 40km - 03:29:09									
1483	6895	DYSZAK Janusz	JAROCIN		POL	M40	320	03:42:28	03:44:34		1390
		5km - 00:24:58, 10km - 00:50:38, 15km - 01:17:32, 20km - 01:42:43, 21km - 01:48:08, 25km - 02:07:48, 30km - 02:34:18, 35km - 03:01:43, 40km - 03:30:27									
1484	5897	KOCHANOWSKI Michał	WARSZAWA		POL	M18	174	03:42:28	03:45:00		1390
		5km - 00:24:59, 10km - 00:49:18, 15km - 01:13:47, 20km - 01:38:40, 21km - 01:44:06, 25km - 02:03:48, 30km - 02:29:29, 35km - 02:57:26, 40km - 03:29:28									
1485	5723	JAŁOWSKA Magdalena	POZNAŃ		POL	K40	24	03:42:29	03:44:22	93	
		5km - 00:25:03, 10km - 00:50:03, 15km - 01:15:10, 20km - 01:40:34, 21km - 01:45:59, 25km - 02:06:56, 30km - 02:35:12, 35km - 03:01:55, 40km - 03:30:29									
1486	2191	KWIATKOWSKI Krzysztof	LUBLIN	CYKU PYKU RGB	POL	M30	585	03:42:31	03:45:35		1393
		5km - 00:25:33, 10km - 00:51:08, 15km - 01:17:07, 20km - 01:42:35, 21km - 01:48:08, 25km - 02:08:20, 30km - 02:34:07, 35km - 03:00:30, 40km - 03:30:02									
1487	2143	WASIELEWSKI Wojciech	GORZÓW WIELKOPOLSKI		POL	M45	202	03:42:31	03:45:59		1393
		5km - 00:26:49, 10km - 00:53:44, 15km - 01:20:13, 20km - 01:46:33, 21km - 01:52:11, 25km - 02:13:03, 30km - 02:39:08, 35km - 03:05:17, 40km - 03:31:21									
1488	4413	KUROWSKI Tomasz	ŁÓDŹ	FiT Forma	POL	M45	203	03:42:32	03:47:02		1395
		5km - 00:26:40, 10km - 00:52:19, 15km - 01:17:02, 20km - 01:42:49, 21km - 01:48:12, 25km - 02:08:28, 30km - 02:35:55, 35km - 03:03:36, 40km - 03:31:26									
1489	6552	DRÓŻDŻ Hubert	RADOMSKO	RUNdomsko	POL	M40	321	03:42:34	03:44:25		1396
		5km - 00:26:30, 10km - 00:52:52, 15km - 01:18:51, 20km - 01:44:54, 21km - 01:50:26, 25km - 02:10:48, 30km - 02:37:17, 35km - 03:03:47, 40km - 03:30:49									
1490	5740	BOGUSLAWSKI Ksawery	POZNAŃ		POL	M18	176	03:42:35	03:44:01		1397
		5km - 00:24:45, 10km - 00:49:27, 15km - 01:14:03, 20km - 01:38:54, 21km - 01:44:11, 25km - 02:03:39, 30km - 02:28:56, 35km - 02:57:25, 40km - 03:29:36									
1491	2742	ZIMMERMANN Błażej	ZDUNY	KS Krotosz Krotoszyn	POL	M40	322	03:42:38	03:43:44		1398
		5km - 00:24:15, 10km - 00:48:39, 15km - 01:13:32, 20km - 01:38:32, 21km - 01:43:53, 25km - 02:03:30, 30km - 02:29:48, 35km - 02:58:43, 40km - 03:30:22									
1492	629	Zawodnik anonimowy				M40	323	03:42:39	03:44:30		1399
		5km - 00:24:48, 10km - 00:49:24, 15km - 01:14:18, 20km - 01:39:14, 21km - 01:44:39, 25km - 02:04:31, 30km - 02:31:38, 35km - 03:00:49, 40km - 03:30:26									
1493	3863	MAZUR Grzegorz	PIOTRKÓW TRYBUNALSKI		POL	M55	38	03:42:40	03:44:38		1400
		5km - 00:24:46, 10km - 00:49:36, 15km - 01:14:16, 20km - 01:39:13, 21km - 01:44:39, 25km - 02:04:22, 30km - 02:30:58, 35km - 02:59:01, 40km - 03:29:26									
1494	7008	JARASZKIEWICZ Hanna	POZNAŃ	Świat Biegacza Fehlau Run Team	POL	K30	51	03:42:41	03:45:31	94	
		5km - 00:25:15, 10km - 00:50:25, 15km - 01:15:28, 20km - 01:41:14, 21km - 01:46:57, 25km - 02:07:20, 30km - 02:34:13, 35km - 03:01:02, 40km - 03:30:22									
1495	6731	MEJER Adam	RUMIA		POL	M45	204	03:42:41	03:43:48		1401
		5km - 00:26:24, 10km - 00:52:05, 15km - 01:17:43, 20km - 01:43:40, 21km - 01:49:12, 25km - 02:09:17, 30km - 02:35:26, 35km - 03:01:31, 40km - 03:30:05									
1496	3079	SULIK Krzysztof	WAŁCZ	SAM DLA SIEBIE	POL	M40	324	03:42:42	03:43:07		1402
		5km - 00:24:36, 10km - 00:49:18, 15km - 01:13:44, 20km - 01:38:28, 21km - 01:43:47, 25km - 02:03:07, 30km - 02:28:26, 35km - 02:55:30, 40km - 03:27:57									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1497	5033	ZIEMKA Łukasz	NOWY DWÓR MAZOWIECKI		POL	M30	586	03:42:44	03:44:06		1403
		5km - 00:25:06, 10km - 00:49:40, 15km - 01:14:11, 20km - 01:39:21, 21km - 01:44:41, 25km - 02:04:27, 30km - 02:30:55, 35km - 02:59:20, 40km - 03:29:14									
1498	4610	OCHNIO Ryszard	JASTROWIE	POLONIA JASTROWIE	POL	M40	325	03:42:45	03:43:00		1404
		5km - 00:25:45, 10km - 00:50:39, 15km - 01:15:20, 20km - 01:39:55, 21km - 01:45:08, 25km - 02:04:31, 30km - 02:30:44, 35km - 02:58:14, 40km - 03:29:52									
1499	2566	JASINSKI Pawel	ŁASKARZEW	VICTUS RĘBKÓW	POL	M50	64	03:42:46	03:45:21		1405
		5km - 00:24:48, 10km - 00:49:19, 15km - 01:13:44, 20km - 01:38:32, 21km - 01:43:57, 25km - 02:03:34, 30km - 02:28:55, 35km - 02:59:26, 40km - 03:29:25									
1500	5421	POŁOM Tomasz	OŁAWA	Lidl Oława	POL	M30	587	03:42:46	03:46:20		1405
		5km - 00:27:10, 10km - 00:53:45, 15km - 01:20:14, 20km - 01:46:36, 21km - 01:52:12, 25km - 02:13:03, 30km - 02:39:37, 35km - 03:06:33, 40km - 03:32:14									
1501	5635	MARCINIUK Leszek	SIEDLCE	YULO RUN TEAM SIEDLCE	POL	M40	326	03:42:47	03:45:19		1407
		5km - 00:26:04, 10km - 00:52:15, 15km - 01:18:24, 20km - 01:44:47, 21km - 01:50:32, 25km - 02:11:17, 30km - 02:37:33, 35km - 03:04:03, 40km - 03:30:59									
1502	2393	Zawodnik anonimowy				M40	327	03:42:48	03:43:50		1408
		5km - 00:24:59, 10km - 00:49:52, 15km - 01:14:23, 20km - 01:39:13, 21km - 01:44:34, 25km - 02:03:56, 30km - 02:29:51, 35km - 02:57:42, 40km - 03:29:03									
1503	1396	KACZMARCZYK Mateusz	WYSZKÓW	KB Wyszków	POL	M18	177	03:42:49	03:45:15		1409
		5km - 00:25:36, 10km - 00:50:19, 15km - 01:14:59, 20km - 01:40:05, 21km - 01:45:41, 25km - 02:05:26, 30km - 02:32:06, 35km - 02:59:34, 40km - 03:30:40									
1504	3374	SIODELSKI Marcin	GDAŃSK		POL	M30	588	03:42:49	03:45:02		1409
		5km - 00:24:31, 10km - 00:49:29, 15km - 01:14:11, 20km - 01:39:18, 21km - 01:44:54, 25km - 02:05:03, 30km - 02:32:21, 35km - 03:01:09, 40km - 03:30:54									
1505	5396	MAZUREK Paweł	BYTKOWO	Tri PM	POL	M50	65	03:42:50	03:43:20		1411
		5km - 00:24:20, 10km - 00:48:50, 15km - 01:13:14, 20km - 01:38:15, 21km - 01:43:34, 25km - 02:03:11, 30km - 02:31:44, 35km - 03:01:41, 40km - 03:30:48									
1506	6136	DEMBNY Piotr	POZNAŃ	Stürmer Maszyny Sp. z o.o.	POL	M40	328	03:42:54	03:46:33		1412
		5km - 00:26:40, 10km - 00:53:15, 15km - 01:19:49, 20km - 01:46:07, 21km - 01:51:46, 25km - 02:12:45, 30km - 02:39:15, 35km - 03:05:43, 40km - 03:32:04									
1507	3743	STRĄKOWSKI Radosław	ŁÓDŹ		POL	M40	329	03:42:57	03:43:49		1413
		5km - 00:24:30, 10km - 00:48:45, 15km - 01:12:36, 20km - 01:36:46, 21km - 01:42:02, 25km - 02:01:23, 30km - 02:30:13, 35km - 02:59:39, 40km - 03:31:14									
1508	4715	KOWNACKI Radosław	ROBAKOWO	The Lorenz Bahlsen	POL	M50	66	03:42:58	03:43:22		1414
		5km - 00:23:44, 10km - 00:48:03, 15km - 01:12:41, 20km - 01:38:22, 21km - 01:43:57, 25km - 02:03:52, 30km - 02:31:05, 35km - 02:59:53, 40km - 03:30:07									
1509	4830	D'ROZARIO Warren	OLDBURY	SANDWELL VALLEY R C	GBR	M60	12	03:43:01	03:49:24		1415
		5km - 00:27:39, 10km - 00:54:00, 15km - 01:19:52, 20km - 01:45:37, 21km - 01:51:49, 25km - 02:12:20, 30km - 02:40:46, 35km - 03:06:28, 40km - 03:32:05									
1510	747	WOJDA Bartek	DZIERŻONIÓW		POL	M40	330	03:43:01	03:46:39		1415
		5km - 00:26:38, 10km - 00:53:15, 15km - 01:19:53, 20km - 01:46:14, 21km - 01:52:00, 25km - 02:12:46, 30km - 02:39:30, 35km - 03:06:03, 40km - 03:32:12									
1511	5123	GRUSZCZYŃSKI Dawid	SOCHACZEW		POL	M30	589	03:43:02	03:43:52		1417
		5km - 00:23:11, 10km - 00:46:12, 15km - 01:08:50, 20km - 01:32:14, 21km - 01:39:50, 25km - 01:58:38, 30km - 02:28:11, 35km - 02:56:29, 40km - 03:30:04									
1512	5021	NIEDZIELA Tomek	GDYNIA		POL	M30	589	03:43:02	03:44:39		1417
		5km - 00:24:34, 10km - 00:49:05, 15km - 01:13:29, 20km - 01:38:35, 21km - 01:43:58, 25km - 02:03:51, 30km - 02:31:23, 35km - 03:00:31, 40km - 03:30:24									
1513	2599	SZOTT Adrian	ZBĄSZYŃ	OSP Zbąszyń	POL	M18	178	03:43:02	03:47:19		1417
		5km - 00:26:20, 10km - 00:52:57, 15km - 01:19:13, 20km - 01:45:31, 21km - 01:51:10, 25km - 02:11:24, 30km - 02:38:55, 35km - 03:05:26, 40km - 03:31:54									
1514	6969	LUTY Krzysztof	PLEWISKA		POL	M18	179	03:43:05	03:48:46		1420
		5km - 00:26:55, 10km - 00:53:34, 15km - 01:19:46, 20km - 01:45:50, 21km - 01:51:27, 25km - 02:11:53, 30km - 02:38:36, 35km - 03:05:05, 40km - 03:31:56									
1515	2788	PISARCZYK Grzegorz	POZNAŃ		POL	M30	591	03:43:05	03:45:40		1420
		5km - 00:23:49, 10km - 00:49:50, 15km - 01:13:55, 20km - 01:39:15, 21km - 01:44:24, 25km - 02:03:50, 30km - 02:32:19, 35km - 03:02:05, 40km - 03:31:50									
1516	4555	RYBA Piotr	DĘBICA	Maratończyk Dębica	POL	M30	592	03:43:08	03:45:18		1422
		5km - 00:24:40, 10km - 00:49:30, 15km - 01:14:18, 20km - 01:39:04, 21km - 01:44:29, 25km - 02:04:07, 30km - 02:29:38, 35km - 02:56:51, 40km - 03:29:23									
1517	5335	WITKOWSKI Radosław	GNIEZNO	PKO Bank Polski	POL	M30	593	03:43:09	03:44:03		1423
		5km - 00:23:30, 10km - 00:46:46, 15km - 01:13:04, 20km - 01:41:02, 21km - 01:46:47, 25km - 02:07:24, 30km - 02:37:20, 35km - 03:06:20, 40km - 03:30:40									
1518	6854	WOJCIECHOWSKI Marek	SKÓRZEWO	brak	POL	M40	331	03:43:10	03:45:15		1424
		5km - 00:24:35, 10km - 00:49:20, 15km - 01:14:04, 20km - 01:38:56, 21km - 01:44:23, 25km - 02:03:55, 30km - 02:29:34, 35km - 02:57:21, 40km - 03:29:18									
1519	703	LUBOWICKI Marcin	BIALYSTOK	BialystokBiegaTeam	POL	M30	594	03:43:11	03:44:57		1425
		5km - 00:24:49, 10km - 00:49:27, 15km - 01:14:16, 20km - 01:38:46, 21km - 01:43:57, 25km - 02:02:53, 30km - 02:31:00, 35km - 03:01:34, 40km - 03:31:29									
1520	4768	GROCHOLEWSKI Wlodzimierz	POZNAŃ	Motor Luboń	POL	M45	205	03:43:12	03:45:21		1426
		5km - 00:24:32, 10km - 00:49:13, 15km - 01:13:55, 20km - 01:38:40, 21km - 01:43:55, 25km - 02:03:14, 30km - 02:27:47, 35km - 02:54:07, 40km - 03:28:11									
1521	668	JURKIEWICZ Sławomir	SUSZ	Rozbiegany Susz	POL	M30	595	03:43:12	03:46:33		1426
		5km - 00:26:11, 10km - 00:51:32, 15km - 01:16:57, 20km - 01:42:24, 21km - 01:48:07, 25km - 02:08:14, 30km - 02:35:05, 35km - 03:01:50, 40km - 03:31:00									
1522	6010	ZAJĄCZKOWSKI Artur	DZIAŁDOWO	Rozbiegane Działdowo	POL	M40	332	03:43:13	03:46:49		1428
		5km - 00:26:31, 10km - 00:52:45, 15km - 01:18:10, 20km - 01:43:39, 21km - 01:49:00, 25km - 02:08:33, 30km - 02:34:33, 35km - 03:01:09, 40km - 03:31:06									
1523	5165	MIEMCZYK Arur	ŻAGAŃ		POL	M45	206	03:43:14	03:45:02		1429
		5km - 00:24:48, 10km - 00:49:37, 15km - 01:14:01, 20km - 01:38:36, 21km - 01:43:54, 25km - 02:03:29, 30km - 02:29:31, 35km - 02:58:20, 40km - 03:30:10									
1524	1690	LALIK Robert	KRAKÓW		POL	M40	333	03:43:17	03:46:04		1430
		5km - 00:24:38, 10km - 00:49:19, 15km - 01:13:34, 20km - 01:38:18, 21km - 01:43:33, 25km - 02:02:58, 30km - 02:27:55, 35km - 02:54:58, 40km - 03:30:00									
1525	4861	PIETRZAK Tomasz	KSIĄŻ WIELKOPOLSKI	Wild Trail Runner	POL	M30	596	03:43:17	03:44:03		1430
		5km - 00:23:38, 10km - 00:46:43, 15km - 01:09:45, 20km - 01:34:08, 21km - 01:39:55, 25km - 02:00:49, 30km - 02:31:02, 35km - 03:00:30, 40km - 03:31:08									
1526	836	STAROŃ Tomasz	WROCŁAW	Alien	POL	M40	334	03:43:18	03:46:18		1432
		5km - 00:24:40, 10km - 00:49:35, 15km - 01:14:54, 20km - 01:41:36, 21km - 01:47:26, 25km - 02:08:43, 30km - 02:37:22, 35km - 03:06:04, 40km - 03:33:00									
1527	924	MAJCHRZAK Bartosz	POZNAŃ	100	POL	M30	597	03:43:19	03:44:27		1433
		5km - 00:24:17, 10km - 00:48:29, 15km - 01:12:33, 20km - 01:37:38, 21km - 01:43:07, 25km - 02:02:54, 30km - 02:29:47, 35km - 02:56:18, 40km - 03:26:32									
1528	1588	GOGUŚ Gerard	POLKOWICE	KGHM ZG RUN	POL	M40	335	03:43:21	03:44:58		1434
		5km - 00:25:59, 10km - 00:51:31, 15km - 01:17:02, 20km - 01:43:09, 21km - 01:48:41, 25km - 02:08:53, 30km - 02:35:27, 35km - 03:03:02, 40km - 03:31:22									
1529	5598	SUDOŁ Oktawiusz	WĄGROWIEC		POL	M30	598	03:43:21	03:43:53		1434
		5km - 00:22:45, 10km - 00:44:56, 15km - 01:06:12, 20km - 01:28:59, 21km - 01:34:05, 25km - 01:53:41, 30km - 02:24:19, 35km - 02:55:31, 40km - 03:28:49									
1530	5797	WIŚNIEWSKI Marcin	SZCZECIN		POL	M40	336	03:43:22	03:43:40		1436
		5km - 00:25:23, 10km - 00:51:11, 15km - 01:16:07, 20km - 01:41:38, 21km - 01:47:01, 25km - 02:07:17, 30km - 02:34:30, 35km - 03:01:14, 40km - 03:29:38									
1531	4195	WITKE Arkadiusz	GDAŃSK		POL	M30	599	03:43:26	03:46:17		1437
		5km - 00:24:25, 10km - 00:48:50, 15km - 01:13:25, 20km - 01:38:19, 21km - 01:43:51, 25km - 02:04:06, 30km - 02:32:27, 35km - 03:02:08, 40km - 03:31:45									
1532	5438	BAJSON Grzegorz	GIEBUŁTÓW	Giebułtów ciśnie	POL	M40	337	03:43:27	03:47:04		1438
		5km - 00:27:28, 10km - 00:54:26, 15km - 01:21:04, 20km - 01:47:34, 21km - 01:52:59, 25km - 02:13:52, 30km - 02:39:58, 35km - 03:05:22, 40km - 03:32:26									
1533	965	BANAŚ Michał	WROCŁAW		POL	M18	180	03:43:27	03:45:31		1438
		5km - 00:24:47, 10km - 00:49:22, 15km - 01:14:02, 20km - 01:38:51, 21km - 01:44:22, 25km - 02:03:58, 30km - 02:32:33, 35km - 03:02:34, 40km - 03:31:47									
1534	1366	BAGROWSKI Piotr	ZGIERZ	Razem Trenujemy Sport	POL	M30	600	03:43:29	03:45:30		1440
		5km - 00:26:24, 10km - 00:52:44, 15km - 01:18:51, 20km - 01:45:07, 21km - 01:50:43, 25km - 02:11:22, 30km - 02:39:09, 35km - 03:06:05, 40km - 03:32:32									
1535	580	ROSSA Łukasz	POZNAŃ	Wilki z Wildy	POL	M30	601	03:43:30	03:45:16		1441
		5km - 00:25:00, 10km - , 15km - 01:14:32, 20km - 01:39:20, 21km - 01:44:43, 25km - 02:04:36, 30km - 02:31:44, 35km - 03:00:54, 40km - 03:30:44									
1536	4975	KRYSTKOWIAK Tomasz	POZNAŃ	PRESS-SERVICE Monitoring Mediów Sp. z o.	POL	M45	207	03:43:31	03:46:26		1442
		5km - 00:26:55, 10km - 00:52:56, 15km - 01:18:35, 20km - 01:44:45, 21km - 01:50:24, 25km - 02:10:48, 30km - 02:37:23, 35km - 03:03:56, 40km - 03:31:38									
1537	1789	FURMANIAK Mateusz	POZNAŃ	Husaria Race Team	POL	M30	602	03:43:33	03:45:36		1443
		5km - 00:26:25, 10km - 00:52:43, 15km - 01:18:04, 20km - 01:43:28, 21km - 01:48:59, 25km - 02:09:12, 30km - 02:36:39, 35km - 03:03:42, 40km - 03:31:44									
1538	2414	MENDYKA Łukasz	ŚRODA WIELKOPOLSKA	KB Aktywni Środa Wlkp.	POL	M30	603	03:43:34	03:44:11		1444
		5km - 00:23:38, 10km - 00:47:40, 15km - 01:11:37, 20km - 01:36:31, 21km - 01:42:01, 25km - 02:02:10, 30km - 02:29:40, 35km - 02:59:39, 40km - 03:31:11									
1539	2257	SZYMAŁKA Michał	OSTRÓW WIELKOPOLSKI		POL	M40	338	03:43:36	03:44:12		1445
		5km - 00:24:22, 10km - 00:48:55, 15km - 01:13:46, 20km - 01:38:46, 21km - 01:44:16, 25km - 02:04:05, 30km - 02:30:26, 35km - 02:59:30, 40km - 03:30:20									
1540	3787	STRÓŻYŃSKI Daniel	WOŁÓW	Wołów Biega	POL	M40	339	03:43:37	03:44:12		1446
		5km - 00:24:46, 10km - 00:49:26, 15km - 01:14:09, 20km - 01:38:58, 21km - 01:44:18, 25km - 02:04:00, 30km - 02:31:29, 35km - 03:00:42, 40km - 03:31:14									

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1541	5028	KOZAK Karol	BIELCZA	Jw2414	POL	M30	604	03:43:38	03:44:49		1447
		5km - 00:24:34, 10km - 00:48:36, 15km - 01:12:18, 20km - 01:36:13, 21km - 01:41:28, 25km - 02:00:25, 30km - 02:27:21, 35km - 02:57:25, 40km - 03:29:41									
1542	6535	SAWCZYN Tomasz	POZNAŃ		POL	M30	605	03:43:39	03:46:40		1448
		5km - 00:25:54, 10km - 00:50:52, 15km - 01:15:22, 20km - 01:41:06, 21km - 01:46:31, 25km - 02:06:35, 30km - 02:34:06, 35km - 03:02:19, 40km - 03:31:12									
1543	5775	ADAMIK-KUBALA Maria	KRAKÓW		POL	K30	52	03:43:40	03:44:44	95	
		5km - 00:24:53, 10km - 00:49:40, 15km - 01:14:02, 20km - 01:38:56, 21km - 01:44:17, 25km - 02:04:02, 30km - 02:31:37, 35km - 03:01:05, 40km - 03:31:11									
1544	6402	ŻURAWSKI Szymon	CZĘSTOCHOWA		POL	M18	181	03:43:41	03:46:25		1449
		5km - 00:24:45, 10km - 00:49:35, 15km - 01:13:49, 20km - 01:38:48, 21km - 01:44:28, 25km - 02:04:25, 30km - 02:31:21, 35km - 02:59:02, 40km - 03:31:25									
1545	631	KRAKOWSKI Edwin	PUŃSK	-	POL	M30	606	03:43:43	03:47:40		1450
		5km - 00:25:15, 10km - 00:50:57, 15km - 01:15:31, 20km - 01:41:03, 21km - 01:47:00, 25km - 02:06:59, 30km - 02:33:50, 35km - 03:01:45, 40km - 03:30:54									
1546	4530	MAJCHRZAK Jacek	PIANOWO	Kościan Team	POL	M30	607	03:43:44	03:44:47		1451
		5km - 00:25:30, 10km - 00:51:33, 15km - 01:16:51, 20km - 01:43:06, 21km - 01:48:29, 25km - 02:08:30, 30km - 02:35:07, 35km - 03:03:06, 40km - 03:31:26									
1547	5788	ULEWICZ Arnold	PŁOCK		POL	M50	67	03:43:46	03:45:10		1452
		5km - 00:24:15, 10km - 00:47:53, 15km - 01:11:27, 20km - 01:35:19, 21km - 01:40:39, 25km - 02:00:29, 30km - 02:31:49, 35km - 03:02:22, 40km - 03:32:17									
1548	6937	GRABOWSKI Mariusz	RĄBIEŃ	Amaratończycy	POL	M30	608	03:43:47	03:45:09		1453
		5km - 00:25:21, 10km - 00:50:22, 15km - 01:15:06, 20km - 01:40:10, 21km - 01:45:45, 25km - 02:05:42, 30km - 02:32:43, 35km - 03:01:17, 40km - 03:31:16									
1549	3716	OSZCZĘDA Wojciech	STRZELCE OPOLSKIE	Gmina Strzelce Opolskie	POL	M40	340	03:43:47	03:45:56		1453
		5km - 00:24:50, 10km - 00:49:26, 15km - 01:14:08, 20km - 01:38:58, 21km - 01:44:27, 25km - 02:03:59, 30km - 02:29:01, 35km - 02:57:18, 40km - 03:30:35									
1550	633	PIERZCHNIAK Bartosz	WAŁBRZYCH		POL	M45	208	03:43:47	03:46:10		1453
		5km - 00:26:09, 10km - 00:50:50, 15km - 01:15:04, 20km - 01:39:42, 21km - 01:45:02, 25km - 02:04:48, 30km - 02:33:10, 35km - 03:01:25, 40km - 03:31:37									
1551	5302	AKSAMIT-SZUŁAKIEWICZ Agnieszka	DĄBROWA TARNOWSKA	Run Team Dąbrowa Tarnowska	POL	K45	5	03:43:48	03:47:14	96	
		5km - 00:26:25, 10km - 00:52:38, 15km - 01:18:42, 20km - 01:45:28, 21km - 01:51:13, 25km - 02:12:00, 30km - 02:39:20, 35km - 03:05:57, 40km - 03:32:43									
1552	3237	MIĄDLICKI Piotr	SZCZECIN		POL	M18	182	03:43:48	03:47:38		1456
		5km - 00:26:00, 10km - 00:51:52, 15km - 01:17:14, 20km - 01:42:53, 21km - 01:48:21, 25km - 02:08:29, 30km - 02:34:57, 35km - 03:02:15, 40km - 03:31:37									
1553	4771	CHWARŚCIANEK Bolesław	CZARNKÓW	KB Gmina Czarnków	POL	M60	13	03:43:49	03:47:08		1457
		5km - 00:25:57, 10km - 00:50:41, 15km - 01:15:15, 20km - 01:40:56, 21km - 01:46:27, 25km - 02:06:51, 30km - 02:33:19, 35km - 03:00:10, 40km - 03:30:29									
1554	1923	SZYMAŃSKI Robert	TARNOWO PODGÓRNE	T3	POL	M45	209	03:43:50	03:47:18		1458
		5km - 00:26:51, 10km - 00:53:32, 15km - 01:20:19, 20km - 01:46:45, 21km - 01:52:27, 25km - 02:13:18, 30km - 02:40:45, 35km - 03:07:09, 40km - 03:33:09									
1555	382	HAŁA Marta	TARNOWO PODGÓRNE		POL	K30	53	03:43:51	03:46:26	97	
		5km - 00:26:26, 10km - 00:52:31, 15km - 01:17:47, 20km - 01:43:48, 21km - 01:49:25, 25km - 02:10:05, 30km - 02:37:30, 35km - 03:04:09, 40km - 03:32:16									
1556	316	KULBACZYŃSKI Jan	KODEŃ	Edwood	POL	M55	39	03:43:52	03:43:52		1459
		5km - 00:25:42, 10km - 00:50:26, 15km - 01:15:27, 20km - 01:41:12, 21km - 01:46:49, 25km - 02:07:14, 30km - 02:34:34, 35km - 03:02:06, 40km - 03:31:25									
1557	1974	RATAJCZAK Konrad	RUMIA	Trochę już biegam ;)	POL	M40	341	03:43:52	03:45:56		1459
		5km - 00:25:07, 10km - 00:49:19, 15km - 01:13:30, 20km - 01:38:29, 21km - 01:43:57, 25km - 02:04:16, 30km - 02:32:20, 35km - 03:01:52, 40km - 03:31:35									
1558	5321	NAWIEŚNIAK Dominika	ZAGRODNO	OLAWS ZŁOTORYJA	POL	K30	54	03:43:53	03:47:19	98	
		5km - 00:26:45, 10km - 00:53:38, 15km - 01:20:03, 20km - 01:46:30, 21km - 01:52:13, 25km - 02:13:06, 30km - 02:39:47, 35km - 03:06:21, 40km - 03:33:04									
1559	3605	KAŁACH Jerzy	ZAŹDZIERZ	kkb pap	POL	M55	40	03:43:54	03:45:21		1461
		5km - 00:23:56, 10km - 00:47:27, 15km - 01:10:47, 20km - 01:34:55, 21km - 01:40:04, 25km - 01:59:08, 30km - 02:29:47, 35km - 03:00:34, 40km - 03:31:19									
1560	223	STASICA Arkadiusz	POZNAŃ	Niezrzeszony	POL	M55	41	03:43:57	03:46:24		1462
		5km - 00:26:18, 10km - 00:53:12, 15km - 01:19:01, 20km - 01:45:14, 21km - 01:50:56, 25km - 02:11:36, 30km - 02:38:26, 35km - 03:05:03, 40km - 03:32:13									
1561	504	FUGLSETH Helge	AALESUND	?lesund FIK	NOR	M70	1	03:43:59	03:45:10		1463
		5km - 00:25:15, 10km - 00:50:26, 15km - 01:15:30, 20km - 01:41:35, 21km - 01:47:19, 25km - 02:08:11, 30km - 02:36:05, 35km - 03:03:56, 40km - 03:32:18									
1562	501	JOHANNESSEN Svein Rune	AALESUND	KONDIS	NOR	M55	42	03:43:59	03:45:10		1463
		5km - 00:25:15, 10km - 00:50:26, 15km - 01:15:27, 20km - 01:41:30, 21km - 01:47:10, 25km - 02:07:52, 30km - 02:35:58, 35km - 03:03:58, 40km - 03:32:14									
1563	4358	MUCHA Tomasz	KIELCE		POL	M40	342	03:44:00	03:46:01		1465
		5km - 00:24:45, 10km - 00:49:34, 15km - 01:14:19, 20km - 01:39:16, 21km - 01:44:38, 25km - 02:04:18, 30km - 02:30:47, 35km - 03:00:29, 40km - 03:31:25									
1564	3080	CICHOWLAS Marcin	ŚRODA WIELKOPOLSKA	Polonia Środa	POL	M40	343	03:44:06	03:47:27		1466
		5km - 00:25:50, 10km - 00:51:43, 15km - 01:17:26, 20km - 01:42:51, 21km - 01:48:15, 25km - 02:08:03, 30km - 02:33:50, 35km - 03:03:00, 40km - 03:31:37									
1565	3666	SZYCHTA Mateusz	STĘŻYCA		POL	M18	183	03:44:06	03:46:14		1466
		5km - 00:24:36, 10km - 00:49:25, 15km - 01:14:01, 20km - 01:38:52, 21km - 01:44:18, 25km - 02:03:57, 30km - 02:29:23, 35km - 03:00:43, 40km - 03:31:35									
1566	7240	NOWAK Krzysztof	KRAKÓW		POL	M30	609	03:44:07	03:47:46		1468
		5km - 00:25:46, 10km - 00:51:39, 15km - 01:17:21, 20km - 01:43:35, 21km - 01:49:09, 25km - 02:09:41, 30km - 02:37:14, 35km - 03:05:06, 40km - 03:32:46									
1567	3764	STEINKE Jacek	PIŁA		POL	M50	68	03:44:08	03:45:38		1469
		5km - 00:25:06, 10km - 00:49:59, 15km - 01:14:44, 20km - 01:39:30, 21km - 01:45:03, 25km - 02:04:34, 30km - 02:30:52, 35km - 03:00:16, 40km - 03:30:52									
1568	1161	GRZYWACZ Karol	GDYNIA		POL	M30	610	03:44:10	03:48:23		1470
		5km - 00:23:53, 10km - 00:48:14, 15km - 01:13:01, 20km - 01:37:45, 21km - 01:43:04, 25km - 02:03:17, 30km - 02:30:56, 35km - 03:00:20, 40km - 03:31:36									
1569	3333	KANIEWSKI Michał	POZNAŃ	Orange Polska	POL	M40	344	03:44:11	03:45:36		1471
		5km - 00:25:06, 10km - 00:50:00, 15km - 01:14:42, 20km - 01:39:43, 21km - 01:45:15, 25km - 02:04:59, 30km - 02:31:26, 35km - 02:59:56, 40km - 03:30:26									
1570	5473	KOSTUCH Jan	GARCZ		POL	M65	2	03:44:12	03:45:16		1472
		5km - 00:24:40, 10km - 00:49:19, 15km - 01:13:59, 20km - 01:39:36, 21km - 01:45:15, 25km - 02:05:25, 30km - 02:34:12, 35km - 03:02:02, 40km - 03:31:04									
1571	2692	KURZAJ Krzysztof	POZNAŃ		POL	M40	345	03:44:13	03:50:05		1473
		5km - 00:26:09, 10km - 00:51:31, 15km - 01:16:48, 20km - 01:42:59, 21km - 01:48:42, 25km - 02:09:33, 30km - 02:37:14, 35km - 03:04:10, 40km - 03:32:21									
1572	3196	MALENDA Maciej	BIENIEWICE	#IronZebra	POL	M30	611	03:44:13	03:45:06		1473
		5km - 00:23:30, 10km - 00:46:54, 15km - 01:10:23, 20km - 01:34:06, 21km - 01:39:16, 25km - 01:58:05, 30km - 02:23:40, 35km - 02:56:41, 40km - 03:31:37									
1573	4529	MOZOŁA Wiesław	POZNAŃ	TKKF MPK Poznań	POL	M60	14	03:44:13	03:45:01		1473
		5km - 00:24:34, 10km - 00:49:17, 15km - 01:13:48, 20km - 01:38:56, 21km - 01:44:22, 25km - 02:03:47, 30km - 02:30:20, 35km - 02:58:54, 40km - 03:29:39									
1574	6109	CIESIELSKI Patryk	KOŚCIAN		POL	M30	612	03:44:14	03:46:08		1476
		5km - 00:24:11, 10km - 00:48:12, 15km - 01:12:08, 20km - 01:36:43, 21km - 01:41:57, 25km - 02:01:38, 30km - 02:27:56, 35km - 02:55:19, 40km - 03:30:26									
1575	3530	KWIKERT Adrian	KOBYLA GÓRA		POL	M30	613	03:44:15	03:47:19		1477
		5km - 00:26:32, 10km - 00:52:01, 15km - 01:17:18, 20km - 01:43:08, 21km - 01:48:33, 25km - 02:08:40, 30km - 02:35:51, 35km - 03:03:49, 40km - 03:32:37									
1576	2957	CZUBAK Dariusz	ŁÓDŹ		POL	M50	69	03:44:19	03:46:54		1478
		5km - 00:26:17, 10km - 00:52:18, 15km - 01:17:56, 20km - 01:44:14, 21km - 01:49:55, 25km - 02:10:24, 30km - 02:36:56, 35km - 03:04:14, 40km - 03:32:24									
1577	3905	MIESZKOWSKI Przemysław	PACZKOWO	Zmęczeni już przed biegiem	POL	M55	43	03:44:19	03:45:30		1478
		5km - 00:25:13, 10km - 00:49:58, 15km - 01:14:27, 20km - 01:39:15, 21km - 01:44:32, 25km - 02:04:10, 30km - 02:32:54, 35km - 03:02:47, 40km - 03:32:02									
1578	7275	TARASEK Damian	OPOLE		POL	M40	346	03:44:19	03:45:22		1478
		5km - 00:26:18, 10km - 00:52:32, 15km - 01:18:14, 20km - 01:44:15, 21km - 01:49:57, 25km - 02:10:37, 30km - 02:37:48, 35km - 03:05:02, 40km - 03:32:16									
1579	2713	Zawodnik anonimowy				M45	210	03:44:19	03:45:06		1478
		5km - 00:24:49, 10km - 00:50:56, 15km - 01:15:58, 20km - 01:41:50, 21km - 01:47:46, 25km - 02:08:43, 30km - 02:36:35, 35km - 03:04:28, 40km - 03:32:36									
1580	7282	GEPPERT Jakub	POZNAŃ	AdRunaLine Running Team	POL	M30	614	03:44:21	03:46:05		1482
		5km - 00:24:50, 10km - 00:49:30, 15km - 01:14:15, 20km - 01:39:14, 21km - , 25km - 02:04:11, 30km - 02:32:12, 35km - 03:02:04, 40km - 03:31:57									
1581	6163	PURA Robert	GORZÓW WIELKOPOLSKI		POL	M40	347	03:44:22	03:45:13		1483
		5km - 00:23:18, 10km - 00:46:40, 15km - 01:09:51, 20km - 01:34:04, 21km - 01:39:18, 25km - 01:59:38, 30km - 02:28:32, 35km - 02:59:39, 40km - 03:31:30									
1582	597	GRUBA Marek	BRZOZA		POL	M30	615	03:44:24	03:46:54		1484
		5km - 00:26:31, 10km - 00:52:51, 15km - 01:18:48, 20km - 01:45:06, 21km - 01:50:45, 25km - 02:11:25, 30km - 02:38:44, 35km - 03:05:46, 40km - 03:33:02									
1583	177	MARET Wacław	PIŁA	Lokator Nieruchomości Piła	POL	M65	3	03:44:25	03:48:10		1485
		5km - 00:26:33, 10km - 00:52:22, 15km - 01:17:50, 20km - 01:43:40, 21km - 01:49:14, 25km - 02:09:34, 30km - 02:36:08, 35km - 03:03:17, 40km - 03:32:29									
1584	4259	PSZENNY Łukasz	LUBLIN	ENERGIZE YOUR LIFE	POL	M30	616	03:44:25	03:47:22		1485
		5km - 00:26:24, 10km - 00:53:12, 15km - 01:20:33, 20km - 01:47:05, 21km - 01:53:02, 25km - 02:13:57, 30km - 02:40:12, 35km - 03:06:56, 40km - 03:33:38									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1585	1050	STEPOWICZ Marek	WROCŁAW	Vege Runners	POL	M45	211	03:44:29	03:47:03		1487
		5km - 00:26:44, 10km - 00:53:13, 15km - 01:19:30, 20km - 01:46:04, 21km - 01:51:50, 25km - 02:12:35, 30km - 02:39:26, 35km - 03:05:59, 40km - 03:32:58									
1586	217	UGRYN Maciej	WARSZAWA	RUNISMYFUN.COM	POL	M30	617	03:44:29	03:44:43		1487
		5km - 00:23:12, 10km - 00:46:52, 15km - 01:10:25, 20km - 01:34:22, 21km - 01:39:44, 25km - 01:59:22, 30km - 02:27:15, 35km - 02:58:22, 40km - 03:30:33									
1587	3475	Zawodnik anonimowy				M30	618	03:44:30	03:46:32		1489
		5km - 00:24:38, 10km - 00:49:21, 15km - 01:14:07, 20km - 01:39:14, 21km - 01:44:43, 25km - 02:04:55, 30km - 02:32:53, 35km - 03:02:22, 40km - 03:32:00									
1588	4223	DZIEDZIC Paweł	KIEŁPINO	inProjects	POL	M18	184	03:44:31	03:46:28		1490
		5km - 00:25:43, 10km - , 15km - 01:17:09, 20km - 01:43:09, 21km - 01:48:42, 25km - 02:09:18, 30km - 02:35:52, 35km - 03:03:40, 40km - 03:31:38									
1589	5634	MEWS Marek	ŁOMIANKI		POL	M30	619	03:44:31	03:46:53		1490
		5km - 00:24:42, 10km - 00:49:31, 15km - 01:13:55, 20km - 01:38:42, 21km - 01:44:09, 25km - 02:04:12, 30km - 02:32:07, 35km - 03:00:37, 40km - 03:31:19									
1590	2529	OSSOWICZ Marcin	GORZÓW WIELKOPOLSKI	1986	POL	M30	619	03:44:31	03:45:58		1490
		5km - 00:25:11, 10km - 00:50:12, 15km - 01:15:00, 20km - 01:40:09, 21km - 01:45:38, 25km - 02:05:34, 30km - 02:32:23, 35km - 03:00:50, 40km - 03:32:26									
1591	5114	DANILEWICZ Adrian	WROCŁAW	Adrian Danilewicz Group	POL	M30	621	03:44:35	03:48:15		1493
		5km - 00:24:46, 10km - 00:49:37, 15km - 01:13:57, 20km - 01:38:30, 21km - 01:43:37, 25km - 02:02:40, 30km - 02:27:37, 35km - 02:54:28, 40km - 03:32:08									
1592	4987	TANAŚ Paweł	PŁESZEW		POL	M30	621	03:44:35	03:46:28		1493
		5km - 00:24:51, 10km - 00:49:28, 15km - 01:14:14, 20km - 01:39:12, 21km - 01:44:56, 25km - 02:04:20, 30km - 02:31:47, 35km - 03:00:57, 40km - 03:32:22									
1593	154	SUDOŁ Jacek	BYDGOSZCZ	KWP Bydgoszcz	POL	M40	348	03:44:38	03:47:13		1495
		5km - 00:25:48, 10km - 00:52:18, 15km - 01:17:50, 20km - 01:44:09, 21km - 01:49:50, 25km - 02:10:30, 30km - 02:37:52, 35km - 03:05:05, 40km - 03:32:52									
1594	2314	KASPERSKI Artur	POZNAŃ	Polonia Środa / Goggle PAE Team	POL	M40	349	03:44:40	03:46:57		1496
		5km - 00:24:39, 10km - 00:49:50, 15km - 01:14:40, 20km - 01:39:52, 21km - 01:45:19, 25km - 02:05:32, 30km - 02:32:37, 35km - 03:00:53, 40km - 03:31:45									
1595	5763	JADACH Grzegorz	WROCŁAW	I-SPORT	POL	M30	623	03:44:42	03:47:26		1497
		5km - 00:25:04, 10km - 00:50:16, 15km - 01:15:12, 20km - 01:40:46, 21km - 01:46:34, 25km - 02:06:36, 30km - 02:33:38, 35km - 03:02:54, 40km - 03:32:57									
1596	3497	KOKOTT Marcin	SMOLEC	Ewa Huryń Team	POL	M30	624	03:44:45	03:45:34		1498
		5km - 00:24:58, 10km - 00:49:43, 15km - 01:14:21, 20km - 01:39:25, 21km - 01:44:45, 25km - 02:04:21, 30km - 02:30:55, 35km - 03:01:05, 40km - 03:32:50									
1597	5759	RABIEGA Marcin	ROKIETNICA	Rokietnica Biega	POL	M40	350	03:44:45	03:46:25		1498
		5km - 00:25:50, 10km - 00:52:07, 15km - 01:17:58, 20km - 01:44:14, 21km - 01:49:56, 25km - 02:11:07, 30km - 02:39:04, 35km - 03:07:19, 40km - 03:34:30									
1598	1179	ŚWIĘCKI Dariusz	IŁAWA	SPORT A-Z TEAM IŁAWA	POL	M45	212	03:44:45	03:46:32		1498
		5km - 00:24:48, 10km - 00:49:25, 15km - 01:14:10, 20km - 01:39:00, 21km - 01:44:08, 25km - 02:03:16, 30km - 02:27:56, 35km - 02:55:00, 40km - 03:32:03									
1599	5745	ŻMIJA Liliana	ZWIERZYN	FSD RUN DREZDENKO	POL	K18	14	03:44:46	03:48:18	99	
		5km - 00:26:22, 10km - 00:52:26, 15km - 01:18:05, 20km - 01:44:39, 21km - 01:50:25, 25km - 02:11:13, 30km - 02:38:58, 35km - 03:06:26, 40km - 03:33:25									
1600	4101	GUCMAN Bartłomiej	DOBRZEŃ WIELKI	TOR DOBRZEŃ WIELKI	POL	M40	351	03:44:47	03:47:37		1501
		5km - 00:26:32, 10km - 00:53:28, 15km - 01:19:37, 20km - 01:46:13, 21km - 01:51:52, 25km - 02:12:30, 30km - 02:39:25, 35km - 03:05:50, 40km - 03:33:03									
1601	5538	PAWLAK Mateusz	BABIAK		POL	M18	185	03:44:47	03:47:00		1501
		5km - 00:27:36, 10km - 00:55:00, 15km - 01:21:47, 20km - 01:48:38, 21km - 01:54:21, 25km - 02:15:15, 30km - 02:42:01, 35km - 03:08:29, 40km - 03:34:33									
1602	5148	ROSINSKI Rafał	POZNAŃ		POL	M30	625	03:44:47	03:45:29		1501
		5km - 00:24:16, 10km - 00:48:20, 15km - 01:11:59, 20km - 01:35:50, 21km - 01:41:07, 25km - 02:00:18, 30km - 02:26:13, 35km - 02:54:05, 40km - 03:28:37									
1603	4551	SMAGOWSKI Wojtek	RĄBINO	KB Sprint Świdwin	POL	M40	351	03:44:47	03:45:13		1501
		5km - 00:22:23, 10km - 00:44:55, 15km - 01:07:29, 20km - 01:30:37, 21km - 01:35:36, 25km - 01:54:34, 30km - 02:24:43, 35km - 02:57:12, 40km - 03:30:13									
1604	5343	KRZYWIECKA Aleksandra	ZAWIDOW		POL	K30	55	03:44:48	03:45:36	100	
		5km - 00:24:55, 10km - 00:50:03, 15km - 01:15:03, 20km - 01:40:18, 21km - 01:45:59, 25km - 02:06:25, 30km - 02:34:25, 35km - 03:02:58, 40km - 03:32:49									
1605	253	GOŁĘBIEWSKI Edward	POBIEDZISKA	TKKF Płomień Pobiedziska	POL	M65	4	03:44:49	03:46:53		1505
		5km - 00:26:49, 10km - 00:53:09, 15km - 01:18:59, 20km - 01:45:19, 21km - 01:50:54, 25km - 02:11:17, 30km - 02:37:29, 35km - 03:04:05, 40km - 03:32:19									
1606	4029	KOWALCZYK Grzegorz	POZNAŃ		POL	M30	626	03:44:49	03:46:00		1505
		5km - 00:24:57, 10km - 00:49:46, 15km - 01:14:31, 20km - 01:39:46, 21km - 01:45:25, 25km - 02:05:36, 30km - 02:33:27, 35km - 03:01:26, 40km - 03:32:07									
1607	1527	STASKIEWICZ Martyna	GNIEZNO		POL	K18	15	03:44:50	03:47:34	101	
		5km - 00:26:54, 10km - 00:53:17, 15km - 01:19:16, 20km - 01:45:25, 21km - 01:51:03, 25km - 02:11:37, 30km - 02:38:29, 35km - 03:05:09, 40km - 03:32:46									
1608	5916	WĘGIER Wojciech	MĘTNO	Dużo I Dobre	POL	M18	186	03:44:50	03:49:26		1507
		5km - 00:27:31, 10km - 00:53:40, 15km - 01:19:24, 20km - 01:45:30, 21km - 01:51:33, 25km - 02:12:01, 30km - 02:40:30, 35km - 03:07:54, 40km - 03:33:54									
1609	5934	BRONISZEWSKI Jaro	MIEKOWO	Miekowo	POL	M30	627	03:44:51	03:48:17		1508
		5km - 00:26:42, 10km - 00:53:24, 15km - 01:20:11, 20km - 01:46:45, 21km - 01:52:39, 25km - 02:13:40, 30km - 02:40:44, 35km - 03:07:30, 40km - 03:33:42									
1610	2256	PIĄTKOWIAK Aleksandra	POZNAŃ	gRUNwald team Poznań	POL	K30	56	03:44:51	03:48:03	102	
		5km - 00:26:44, 10km - 00:52:54, 15km - 01:18:46, 20km - 01:45:16, 21km - 01:50:56, 25km - 02:11:36, 30km - 02:38:50, 35km - 03:05:57, 40km - 03:33:12									
1611	2729	OLEJNICZAK - KAROLCZAK Justyna	KROTOSZYN	KS KROTOSZ Krotoszyn	POL	K18	16	03:44:52	03:47:45	103	
		5km - 00:26:25, 10km - 00:52:37, 15km - 01:17:55, 20km - 01:43:25, 21km - 01:49:00, 25km - 02:09:38, 30km - 02:37:14, 35km - 03:04:57, 40km - 03:33:32									
1612	4352	CZERNIKOWSKI Paweł	GORZYCE	ĆwiCze Team	POL	M18	187	03:44:53	03:46:53		1509
		5km - 00:24:40, 10km - 00:49:27, 15km - 01:14:07, 20km - 01:38:58, 21km - 01:44:25, 25km - 02:03:55, 30km - 02:30:30, 35km - 03:01:21, 40km - 03:32:48									
1613	956	KACZMARCZYK Marta	ŚWIEBODZIN	BBL Świebodzin	POL	K40	25	03:44:54	03:48:28	104	
		5km - 00:26:45, 10km - 00:53:36, 15km - 01:20:05, 20km - 01:46:38, 21km - 01:52:22, 25km - 02:13:27, 30km - 02:40:33, 35km - 03:07:23, 40km - 03:34:02									
1614	6788	MACHULIK Marek	ORNONTOWICE		POL	M30	628	03:44:54	03:47:45		1510
		5km - 00:25:05, 10km - 00:50:05, 15km - 01:15:13, 20km - 01:41:07, 21km - 01:47:21, 25km - 02:08:07, 30km - 02:35:50, 35km - 03:04:41, 40km - 03:33:38									
1615	5746	CZEKIRDA Paweł	LEŻAJSK	Pawcius Team	POL	M40	353	03:44:55	03:46:30		1511
		5km - 00:24:52, 10km - 00:49:19, 15km - 01:13:47, 20km - 01:38:41, 21km - 01:44:03, 25km - 02:03:58, 30km - 02:31:04, 35km - 03:01:21, 40km - 03:32:01									
1616	3653	WOLWOWICZ Zbigniew	NOWA DĘBA		POL	M45	213	03:44:55	03:44:55		1511
		5km - , 10km - , 15km - , 20km - , 21km - , 25km - , 30km - , 35km - , 40km -									
1617	4989	KRAKOWIAK Grzegorz	GRANOWO		POL	M18	188	03:44:56	03:47:48		1513
		5km - 00:24:17, 10km - 00:48:44, 15km - 01:13:20, 20km - 01:38:10, 21km - 01:43:44, 25km - 02:03:28, 30km - 02:30:59, 35km - 03:00:16, 40km - 03:31:31									
1618	2044	RÓŻAŃSKI Eryk	POZNAŃ	Maratończyk Poznań	POL	M30	629	03:44:57	03:46:59		1514
		5km - 00:26:24, 10km - 00:52:33, 15km - 01:18:21, 20km - 01:44:51, 21km - 01:50:34, 25km - 02:12:19, 30km - 02:39:12, 35km - 03:05:44, 40km - 03:33:18									
1619	2637	SOKOŁOWSKI Rafał	SZCZECIN		POL	M18	189	03:44:59	03:46:19		1515
		5km - 00:25:14, 10km - 00:49:56, 15km - 01:14:43, 20km - 01:39:41, 21km - 01:45:07, 25km - 02:04:45, 30km - 02:30:17, 35km - 02:59:36, 40km - 03:32:00									
1620	376	DEMBIŃSKI Marek	POZNAŃ	Wójtowicz TRI Team / Atimex / Pacemaker	POL	M45	214	03:45:01	03:48:33		1516
		5km - 00:26:42, 10km - 00:53:20, 15km - 01:19:58, 20km - 01:46:19, 21km - 01:52:05, 25km - 02:12:58, 30km - 02:39:39, 35km - 03:06:10, 40km - 03:32:51									
1621	2805	Zawodnik anonimowy				M30	630	03:45:02	03:46:47		1517
		5km - 00:24:50, 10km - 00:49:28, 15km - 01:14:19, 20km - 01:39:14, 21km - 01:44:43, 25km - 02:04:20, 30km - 02:31:31, 35km - 03:02:03, 40km - 03:32:50									
1622	3993	KACZOR Arkadiusz	SOSNOWIEC		POL	M30	631	03:45:04	03:46:54		1518
		5km - 00:25:48, 10km - 00:51:50, 15km - 01:17:24, 20km - 01:43:23, 21km - 01:49:05, 25km - 02:09:10, 30km - 02:35:20, 35km - 03:02:23, 40km - 03:31:55									
1623	6111	SKROBAŃSKA Maja	PUSZCZYKOWO		POL	K18	17	03:45:04	03:46:36	105	
		5km - 00:25:16, 10km - 00:50:09, 15km - 01:14:44, 20km - 01:39:39, 21km - 01:45:19, 25km - 02:05:43, 30km - 02:33:48, 35km - 03:02:30, 40km - 03:33:06									
1624	5821	GRZYBOWSKI Paweł	KALINOWO		POL	M18	190	03:45:05	03:47:37		1519
		5km - 00:24:59, 10km - 00:49:18, 15km - 01:13:47, 20km - 01:38:40, 21km - 01:44:07, 25km - 02:03:48, 30km - 02:29:29, 35km - 02:56:11, 40km - 03:31:46									
1625	5660	Zawodnik anonimowy				M18	191	03:45:06	03:47:40		1520
		5km - 00:24:05, 10km - 00:47:55, 15km - 01:11:44, 20km - 01:36:03, 21km - 01:41:21, 25km - 02:00:43, 30km - 02:27:11, 35km - 02:55:33, 40km - 03:32:45									
1626	4843	DĄBROWSKI Bartosz	WAŁCZ		POL	M30	632	03:45:07	03:45:43		1521
		5km - 00:22:32, 10km - 00:44:58, 15km - 01:07:34, 20km - 01:31:07, 21km - 01:36:24, 25km - 01:55:45, 30km - 02:25:36, 35km - 02:59:05, 40km - 03:31:14									
1627	7284	TABAKA Zbigniew	SIERADZ	Sieradzbiega.pl	POL	M30	633	03:45:09	03:48:43		1522
		5km - 00:26:42, 10km - 00:53:24, 15km - 01:19:58, 20km - 01:46:26, 21km - 01:52:06, 25km - 02:13:01, 30km - 02:39:39, 35km - 03:06:58, 40km - 03:34:04									
1628	2482	ORCHOWSKI Maciej	GNIEZNO	ALTOM GNIEZNO	POL	M30	634	03:45:10	03:46:59		1523
		5km - 00:26:37, 10km - 00:53:09, 15km - 01:19:14, 20km - 01:45:28, 21km - 01:51:09, 25km - 02:11:54, 30km - 02:38:58, 35km - 03:04:55, 40km - 03:31:36									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1629	4308	POLGUJ Kinga	BRODNICA		POL	K18	18	03:45:10	03:48:35	106	
		5km - 00:26:37, 10km - 00:53:33, 15km - 01:19:58, 20km - 01:46:25, 21km - 01:52:11, 25km - 02:13:04, 30km - 02:39:46, 35km - 03:06:18, 40km - 03:33:40									
1630	5142	PRĄDZYŃSKI Paweł	POZNAŃ	CSWL Poznań	POL	M18	192	03:45:10	03:45:28		1523
		5km - 00:21:21, 10km - 00:42:56, 15km - 01:04:26, 20km - 01:26:22, 21km - 01:31:10, 25km - 01:49:37, 30km - 02:18:39, 35km - 02:55:04, 40km - 03:32:52									
1631	4525	MAS Dominik	WROCŁAW		POL	M30	635	03:45:11	03:46:55		1525
		5km - 00:24:57, 10km - 00:49:35, 15km - 01:14:08, 20km - 01:39:17, 21km - 01:44:31, 25km - 02:04:17, 30km - 02:30:05, 35km - 02:59:08, 40km - 03:32:24									
1632	3753	NOUSSI Bonaventure	ŁÓDŹ	FUJITSU RUNNING TEAM	CMR	M18	193	03:45:11	03:47:36		1525
		5km - 00:22:26, 10km - 00:44:13, 15km - 01:06:48, 20km - 01:31:44, 21km - 01:37:53, 25km - 01:58:55, 30km - 02:27:08, 35km - 02:57:24, 40km - 03:29:21									
1633	1846	WASILEWSKI Grzegorz	SOPOT	DUDYCZ run	POL	M50	70	03:45:14	03:46:18		1527
		5km - 00:24:41, 10km - 00:49:17, 15km - 01:14:04, 20km - 01:38:42, 21km - 01:44:01, 25km - 02:03:30, 30km - 02:29:57, 35km - 02:58:16, 40km - 03:31:08									
1634	6341	BIEGAŃSKI Maciej	RADWANICE		POL	M50	71	03:45:15	03:47:54		1528
		5km - 00:25:09, 10km - 00:49:56, 15km - 01:14:45, 20km - 01:39:47, 21km - 01:45:10, 25km - 02:05:00, 30km - 02:32:28, 35km - 03:01:57, 40km - 03:33:11									
1635	4038	SYDORUK Michał	KOZIEGŁOWY	Czerwonak Biega	POL	M40	354	03:45:15	03:48:43		1528
		5km - 00:26:42, 10km - 00:53:14, 15km - 01:19:36, 20km - 01:46:00, 21km - 01:51:29, 25km - 02:11:56, 30km - 02:38:42, 35km - 03:06:04, 40km - 03:33:15									
1636	2074	DAWIDOWSKI Robert	MUROWANA GOŚLINA	Czerwonak Biega	POL	M40	355	03:45:16	03:48:44		1530
		5km - 00:26:37, 10km - 00:53:18, 15km - 01:19:40, 20km - 01:46:07, 21km - 01:51:44, 25km - 02:11:56, 30km - 02:38:42, 35km - 03:06:04, 40km - 03:33:11									
1637	4100	PIWOWARCZYK Marek	WAŁBRZYCH		POL	M45	215	03:45:16	03:47:22		1530
		5km - 00:24:08, 10km - 00:48:44, 15km - 01:12:56, 20km - 01:37:39, 21km - 01:43:17, 25km - 02:03:16, 30km - 02:32:57, 35km - 03:02:27, 40km - 03:33:11									
1638	7287	STAŃCZAK Piotr	KOZIEGŁOWY	Czerwonak Biega	POL	M30	636	03:45:17	03:48:43		1532
		5km - 00:26:43, 10km - 00:53:24, 15km - 01:20:12, 20km - 01:46:47, 21km - 01:52:39, 25km - 02:13:42, 30km - 02:40:44, 35km - 03:07:30, 40km - 03:34:11									
1639	5147	LUBOŃSKA Katarzyna	PIŁA		POL	K18	19	03:45:23	03:47:14	107	
		5km - 00:24:45, 10km - 00:49:32, 15km - 01:14:15, 20km - 01:39:17, 21km - 01:44:59, 25km - 02:05:20, 30km - 02:33:21, 35km - 03:02:27, 40km - 03:32:55									
1640	5873	BŁASZCZYK Paweł	WITASZYCE	Bridgestone	POL	M30	637	03:45:24	03:46:13		1533
		5km - 00:24:14, 10km - 00:48:46, 15km - 01:13:03, 20km - 01:37:35, 21km - 01:42:46, 25km - 02:01:46, 30km - 02:29:36, 35km - 02:58:18, 40km - 03:31:01									
1641	6802	PIEKARZ Kuba	OPOLE		POL	M30	637	03:45:24	03:46:39		1533
		5km - 00:24:41, 10km - 00:49:23, 15km - 01:13:58, 20km - 01:39:08, 21km - 01:44:49, 25km - 02:05:03, 30km - 02:33:15, 35km - 03:02:03, 40km - 03:33:12									
1642	5422	WODZIŃSKA Danuta	KRAPKOWICE	Lidl Instruktor Biegania TEAM	POL	K40	26	03:45:24	03:50:03	108	
		5km - 00:27:07, 10km - 00:53:42, 15km - 01:19:38, 20km - 01:45:40, 21km - 01:51:12, 25km - 02:11:58, 30km - 02:38:47, 35km - 03:05:23, 40km - 03:33:29									
1643	6525	PRZYBYŁ Mariusz	OLEŚNICA	Bombardier TEAM Wrocław	POL	M30	639	03:45:28	03:47:56		1535
		5km - 00:27:30, 10km - 00:54:43, 15km - 01:21:34, 20km - 01:48:42, 21km - 01:54:27, 25km - 02:15:20, 30km - 02:43:03, 35km - 03:10:12, 40km - 03:34:43									
1644	5620	SZYMKÓW Michał	SULĘCIN		POL	M30	640	03:45:29	03:46:19		1536
		5km - 00:25:37, 10km - 00:51:14, 15km - 01:16:21, 20km - 01:42:14, 21km - 01:47:56, 25km - 02:08:37, 30km - 02:36:36, 35km - 03:04:50, 40km - 03:33:45									
1645	6053	HOJNY Tomasz	POZNAŃ	Wataha Łączy Nas Bieganie	POL	M40	356	03:45:31	03:47:18		1537
		5km - 00:24:50, 10km - 00:49:27, 15km - 01:14:17, 20km - 01:39:13, 21km - 01:44:36, 25km - 02:04:13, 30km - 02:32:43, 35km - 03:02:22, 40km - 03:33:57									
1646	486	WÓJCIK Michał	POZNAŃ		POL	M30	641	03:45:32	03:46:58		1538
		5km - 00:25:22, 10km - 00:50:40, 15km - 01:15:39, 20km - 01:41:44, 21km - 01:47:19, 25km - 02:07:41, 30km - 02:34:55, 35km - 03:03:00, 40km - 03:32:45									
1647	5354	LIS Rafał	WROCŁAW	Triathlon Club Wrocław	POL	M45	216	03:45:33	03:48:46		1539
		5km - 00:26:41, 10km - 00:53:19, 15km - 01:19:19, 20km - 01:45:37, 21km - 01:51:20, 25km - 02:12:07, 30km - 02:38:43, 35km - 03:05:30, 40km - 03:33:27									
1648	3728	MUSIAŁ Mirosław	WRONKI		POL	M45	216	03:45:33	03:48:28		1539
		5km - 00:24:49, 10km - 00:49:22, 15km - 01:14:08, 20km - 01:39:02, 21km - 01:44:38, 25km - 02:04:32, 30km - 02:31:52, 35km - 02:59:55, 40km - 03:31:56									
1649	3774	RANECKI Piotr	OPALENICA	Phoenix Contact Wielkopolska	POL	M40	357	03:45:34	03:45:38		1541
		5km - 00:21:44, 10km - 00:43:08, 15km - 01:04:13, 20km - 01:26:01, 21km - 01:30:56, 25km - 01:49:59, 30km - 02:19:15, 35km - 02:52:04, 40km - 03:30:03									
1650	1662	KRÓLIKOWSKA Agata	LUBLIN	Lublin Biega	POL	K30	57	03:45:35	03:49:41	109	
		5km - 00:26:18, 10km - 00:52:48, 15km - 01:19:25, 20km - 01:46:10, 21km - 01:51:57, 25km - 02:12:54, 30km - 02:40:08, 35km - 03:06:49, 40km - 03:34:27									
1651	2335	SZAJOWSKI Piotr	GORZÓW WIELKOPOLSKI		POL	M45	218	03:45:37	03:46:57		1542
		5km - 00:26:29, 10km - 00:53:06, 15km - 01:19:21, 20km - 01:45:51, 21km - , 25km - 02:12:30, 30km - 02:39:14, 35km - 03:05:50, 40km - 03:33:37									
1652	5876	BATYCKI Marek	KOMORNIKI	BRIDGESTONE	POL	M40	358	03:45:39	03:47:26		1543
		5km - 00:25:26, 10km - 00:50:25, 15km - 01:15:23, 20km - 01:40:39, 21km - 01:46:15, 25km - 02:06:11, 30km - 02:32:42, 35km - 03:01:07, 40km - 03:31:57									
1653	2819	BZURA Jarosław	BIAŁYSTOK	3T Białystok	POL	M45	219	03:45:39	03:48:43		1543
		5km - 00:25:44, 10km - 00:51:01, 15km - 01:15:57, 20km - 01:41:11, 21km - 01:46:34, 25km - 02:06:35, 30km - 02:33:20, 35km - 03:01:05, 40km - 03:32:53									
1654	7096	LIS Sławomir	OSTROŁĘKA		POL	M55	44	03:45:39	03:48:45		1543
		5km - 00:26:03, 10km - 00:52:45, 15km - 01:19:21, 20km - 01:46:00, 21km - 01:51:43, 25km - 02:12:18, 30km - 02:39:28, 35km - 03:06:15, 40km - 03:33:42									
1655	1704	KĄTOWSKI Artur	SŁAWIENKO		POL	M40	359	03:45:41	03:48:04		1546
		5km - 00:27:58, 10km - 00:54:51, 15km - 01:21:12, 20km - 01:47:29, 21km - 01:53:15, 25km - 02:14:09, 30km - 02:40:43, 35km - 03:07:21, 40km - 03:34:29									
1656	4062	BRZEZIŃSKI Grzegorz	SKIERNIEWICE	SKIERNIEWICKIE PORANKI BIEGOWE	POL	M30	642	03:45:44	03:49:38		1547
		5km - 00:26:57, 10km - 00:53:20, 15km - 01:19:39, 20km - 01:45:54, 21km - 01:51:31, 25km - 02:11:51, 30km - 02:38:47, 35km - 03:05:38, 40km - 03:33:37									
1657	563	NIEMIR Tomasz	KOZIEGŁOWY		POL	M18	194	03:45:44	03:47:12		1547
		5km - 00:26:02, 10km - 00:51:38, 15km - 01:17:48, 20km - 01:43:57, 21km - 01:49:08, 25km - 02:09:11, 30km - 02:35:07, 35km - 03:03:58, 40km - 03:34:18									
1658	4128	MAZEK Dariusz	WARSZAWA		POL	M30	643	03:45:45	03:47:27		1549
		5km - 00:24:36, 10km - 00:49:14, 15km - 01:13:53, 20km - 01:38:52, 21km - 01:44:16, 25km - 02:04:10, 30km - 02:32:55, 35km - 03:02:19, 40km - 03:32:03									
1659	3891	SIMLAT Beata	POZNAŃ	Night Runners	POL	K30	58	03:45:46	03:50:13	110	
		5km - 00:26:02, 10km - 00:52:10, 15km - 01:18:03, 20km - 01:44:23, 21km - 01:50:06, 25km - 02:10:49, 30km - 02:38:01, 35km - 03:05:49, 40km - 03:34:12									
1660	1468	DUSZYŃSKI Dariusz	KRZYKOSY		POL	M30	644	03:45:47	03:47:34		1550
		5km - 00:25:45, 10km - 00:50:52, 15km - 01:15:22, 20km - 01:40:05, 21km - 01:45:15, 25km - 02:04:43, 30km - 02:30:16, 35km - 03:00:06, 40km - 03:31:33									
1661	5624	WOJTASZEK Małgorzata	KOŁO		POL	K30	59	03:45:50	03:47:47	111	
		5km - 00:26:33, 10km - 00:53:06, 15km - 01:19:22, 20km - 01:46:26, 21km - 01:52:26, 25km - 02:13:31, 30km - 02:40:56, 35km - 03:07:45, 40km - 03:34:28									
1662	4448	KACHELSKI Adam	GDYNIA	KPW Gdynia	POL	M30	645	03:45:51	03:47:59		1551
		5km - 00:24:33, 10km - 00:49:13, 15km - 01:13:56, 20km - 01:38:42, 21km - 01:43:56, 25km - 02:03:19, 30km - 02:33:06, 35km - 03:03:29, 40km - 03:34:00									
1663	6957	STERNAL Piotr	DRUŻYNA		POL	M30	645	03:45:51	03:48:25		1551
		5km - 00:24:27, 10km - 00:48:43, 15km - 01:13:34, 20km - 01:38:23, 21km - 01:43:54, 25km - 02:03:37, 30km - 02:31:34, 35km - 03:00:55, 40km - 03:32:39									
1664	1957	GWÓŹDŹ Piotr	DOBIESZOWICE	KP PSP Tarnowskie Góry	POL	M40	360	03:45:54	03:49:05		1553
		5km - 00:26:36, 10km - 00:52:52, 15km - 01:18:53, 20km - 01:45:42, 21km - 01:51:33, 25km - 02:12:48, 30km - 02:42:53, 35km - 03:09:43, 40km - 03:35:18									
1665	1716	KOZAK Marcin	KARCZOWISKA		POL	M30	647	03:45:56	03:47:49		1554
		5km - 00:26:31, 10km - 00:52:48, 15km - 01:18:44, 20km - 01:44:47, 21km - 01:50:21, 25km - 02:10:46, 30km - 02:37:38, 35km - 03:04:58, 40km - 03:33:34									
1666	3948	LAW Daniel	CREDITON	Crediton Running Network	GBR	M18	195	03:45:57	03:49:41		1555
		5km - 00:27:14, 10km - 00:54:03, 15km - 01:20:37, 20km - 01:47:09, 21km - 01:52:51, 25km - 02:13:28, 30km - 02:39:12, 35km - 03:05:54, 40km - 03:34:16									
1667	484	SKRZYPCZAK Jędrzej	POZNAŃ		POL	M40	361	03:45:58	03:49:28		1556
		5km - 00:26:41, 10km - 00:53:35, 15km - 01:20:03, 20km - 01:46:21, 21km - 01:52:07, 25km - 02:13:01, 30km - 02:39:42, 35km - 03:06:59, 40km - 03:34:42									
1668	1822	MICHALIK Rafał	WISŁA	GOPR Grupa Beskidzka	POL	M30	648	03:46:02	03:47:02		1557
		5km - 00:24:25, 10km - 00:48:42, 15km - 01:12:29, 20km - 01:36:31, 21km - 01:41:33, 25km - 02:00:21, 30km - 02:26:21, 35km - 02:56:26, 40km - 03:32:22									
1669	4134	GLIŃSKI Jarosław	POZNAŃ	Polska Biega	POL	M50	72	03:46:04	03:47:08		1558
		5km - 00:26:01, 10km - 00:52:15, 15km - 01:18:29, 20km - 01:44:49, 21km - 01:50:31, 25km - 02:11:19, 30km - 02:38:30, 35km - 03:06:05, 40km - 03:34:25									
1670	3572	JASENSKÝ Oldřich	ZLÍN	AK Kroměříž	CZE	M30	649	03:46:04	03:46:51		1558
		5km - 00:23:43, 10km - 00:47:22, 15km - 01:10:58, 20km - 01:35:02, 21km - 01:40:15, 25km - 01:59:37, 30km - 02:25:50, 35km - 02:53:49, 40km - 03:32:12									
1671	7153	GAPIŃSKI Arek	LĘBORK	Agoga Gym Lębork	POL	M30	650	03:46:06	03:48:04		1560
		5km - 00:25:44, 10km - 00:51:20, 15km - 01:16:31, 20km - 01:42:01, 21km - 01:47:36, 25km - 02:08:07, 30km - 02:36:23, 35km - 03:02:38, 40km - 03:32:24									
1672	3553	ROSIŃSKI Sebastian	TORUŃ		POL	M40	362	03:46:06	03:47:51		1560
		5km - 00:25:43, 10km - 00:51:32, 15km - 01:17:21, 20km - 01:43:44, 21km - 01:49:27, 25km - 02:10:14, 30km - 02:38:07, 35km - 03:05:49, 40km - 03:34:33									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1673	6609	WŁODARCZYK Grzegorz	PIELGRZYMKA	BIEGUSY CZAPLE	POL	M40	362	03:46:06	03:47:43		1560
		5km - 00:26:04, 10km - 00:51:36, 15km - 01:17:07, 20km - 01:43:11, 21km - 01:49:16, 25km - 02:10:02, 30km - 02:38:11, 35km - 03:07:23, 40km - 03:34:50									
1674	3711	MAĆKIEWICZ Mateusz	CHODZIEŻ		POL	M18	196	03:46:07	03:48:11		1563
		5km - 00:24:32, 10km - 00:49:11, 15km - 01:13:52, 20km - 01:38:52, 21km - 01:44:24, 25km - 02:04:51, 30km - 02:33:35, 35km - 03:03:58, 40km - 03:34:26									
1675	6996	DZIEDZIULA Tomasz	KOŚCINO	Granica Kościno	POL	M30	651	03:46:08	03:48:30		1564
		5km - 00:24:32, 10km - 00:49:15, 15km - 01:13:55, 20km - 01:39:02, 21km - 01:44:31, 25km - 02:04:09, 30km - 02:30:18, 35km - 03:02:15, 40km - 03:34:02									
1676	1803	JAKIMCZYK Andrzej	GORUŃSKO 3	-	POL	M50	73	03:46:08	03:46:40		1564
		5km - 00:25:00, 10km - 00:49:56, 15km - 01:14:58, 20km - 01:40:27, 21km - 01:46:14, 25km - 02:06:21, 30km - 02:35:25, 35km - 03:04:50, 40km - 03:33:52									
1677	1672	FRITZKOWSKI Tomasz	SKÓRZEWO		POL	M30	652	03:46:10	03:48:39		1566
		5km - 00:24:47, 10km - 00:49:29, 15km - 01:14:02, 20km - 01:39:07, 21km - 01:44:34, 25km - 02:04:40, 30km - 02:32:05, 35km - 03:02:09, 40km - 03:33:58									
1678	5565	PALUSZKIEWICZ Rafał	LUBOŃ	SPP Team	POL	M40	364	03:46:10	03:46:58		1566
		5km - 00:24:54, 10km - 00:50:02, 15km - 01:14:56, 20km - 01:40:07, 21km - 01:45:34, 25km - 02:05:42, 30km - 02:33:43, 35km - 03:03:01, 40km - 03:33:44									
1679	4314	KASPERSKA Sylwia	CHOCIANÓW	Kasperski Team	POL	K40	27	03:46:12	03:48:49	112	
		5km - 00:26:36, 10km - 00:52:35, 15km - 01:18:24, 20km - 01:44:54, 21km - 01:50:37, 25km - 02:11:06, 30km - 02:38:33, 35km - 03:05:57, 40km - 03:34:16									
1680	1485	MIKA Józef	POZNAŃ	Politechnika Poznańska	POL	M55	45	03:46:17	03:47:51		1568
		5km - 00:25:04, 10km - 00:50:03, 15km - 01:15:12, 20km - 01:41:03, 21km - 01:46:55, 25km - 02:08:04, 30km - 02:36:52, 35km - 03:05:55, 40km - 03:34:48									
1681	4920	WACHOWIAK Karol	PNIEWY	Kibole w biegu	POL	M30	653	03:46:17	03:48:22		1568
		5km - 00:24:41, 10km - 00:49:15, 15km - 01:13:54, 20km - 01:38:45, 21km - 01:44:05, 25km - 02:03:45, 30km - 02:29:18, 35km - 02:56:12, 40km - 03:31:56									
1682	3571	MAJEWSKI Arkadiusz	DĘBICA		POL	M55	46	03:46:18	03:47:57		1570
		5km - 00:25:16, 10km - 00:50:09, 15km - 01:14:56, 20km - 01:39:59, 21km - 01:45:49, 25km - 02:05:43, 30km - 02:33:22, 35km - 03:02:08, 40km - 03:33:43									
1683	3246	WÓJTOWICZ Piotr	RZESZÓW		POL	M30	654	03:46:18	03:47:26		1570
		5km - 00:24:27, 10km - 00:48:11, 15km - 01:11:42, 20km - 01:35:45, 21km - 01:40:57, 25km - 02:00:06, 30km - 02:27:05, 35km - 02:57:35, 40km - 03:29:59									
1684	958	Zawodnik anonimowy				M30	655	03:46:19	03:47:18		1572
		5km - 00:23:35, 10km - 00:46:36, 15km - 01:09:42, 20km - 01:34:02, 21km - 01:39:57, 25km - 02:00:36, 30km - 02:28:27, 35km - 02:57:49, 40km - 03:33:02									
1685	4167	JANKOWSKA Małgorzata	GÓRA		POL	K45	6	03:46:20	03:49:42	113	
		5km - 00:26:15, 10km - 00:52:30, 15km - 01:18:25, 20km - 01:45:09, 21km - 01:50:54, 25km - 02:11:45, 30km - 02:39:15, 35km - 03:06:19, 40km - 03:34:30									
1686	6204	STAROSTA Anna	MYSŁOWICE		POL	K30	60	03:46:20	03:49:16	113	
		5km - 00:26:00, 10km - 00:51:47, 15km - 01:17:46, 20km - 01:43:48, 21km - 01:49:21, 25km - 02:09:43, 30km - 02:36:12, 35km - 03:02:40, 40km - 03:34:57									
1687	3321	ŁUBKOWSKI Marcin	BIELAWA	Stowarzyszenie Nowa Nadzieja Bielawa	POL	M40	365	03:46:21	03:48:35		1573
		5km - 00:25:34, 10km - 00:50:43, 15km - 01:15:20, 20km - 01:40:39, 21km - 01:46:10, 25km - 02:05:53, 30km - 02:32:34, 35km - 03:01:35, 40km - 03:33:20									
1688	3525	SŁUPECKA Liwia	ZAKROCZYM	Klub Bokserski Huragan	POL	K30	61	03:46:22	03:48:24	115	
		5km - 00:26:06, 10km - 00:52:16, 15km - 01:17:26, 20km - 01:44:15, 21km - 01:50:01, 25km - 02:10:37, 30km - 02:38:39, 35km - 03:06:11, 40km - 03:34:38									
1689	491	KOWALSKI Artur	WARSZAWA	TVP Sport	POL	M40	366	03:46:25	03:46:58		1574
		5km - 00:24:09, 10km - 00:48:33, 15km - 01:13:05, 20km - 01:39:05, 21km - 01:44:43, 25km - 02:06:11, 30km - 02:39:38, 35km - 03:08:52, 40km - 03:35:34									
1690	2025	Zawodnik anonimowy				M18	197	03:46:26	03:49:19		1575
		5km - 00:23:49, 10km - 00:48:52, 15km - 01:13:35, 20km - 01:38:18, 21km - 01:44:14, 25km - 02:03:45, 30km - 02:31:09, 35km - 03:01:33, 40km - 03:33:50									
1691	5655	GUZIKIEWICZ Adrianna	GOLENIÓW	Zabiegani Goleniów	POL	K40	28	03:46:27	03:48:33	116	
		5km - 00:26:34, 10km - 00:52:40, 15km - 01:18:10, 20km - 01:43:46, 21km - 01:49:21, 25km - 02:09:42, 30km - 02:36:55, 35km - 03:04:47, 40km - 03:33:49									
1692	4004	BARTCZAK Arkadiusz	GRYFINO		POL	M40	367	03:46:28	03:49:53		1576
		5km - 00:26:46, 10km - 00:53:30, 15km - 01:20:06, 20km - 01:46:27, 21km - 01:52:12, 25km - 02:13:03, 30km - 02:39:46, 35km - 03:06:19, 40km - 03:34:06									
1693	1351	POSPIESZNY Krzysztof	KOŚCIAN	Kościan Team	POL	M45	220	03:46:28	03:49:57		1576
		5km - 00:26:48, 10km - 00:53:40, 15km - 01:20:13, 20km - 01:46:32, 21km - 01:52:15, 25km - 02:13:10, 30km - 02:40:42, 35km - 03:07:03, 40km - 03:34:35									
1694	1523	RATAJ Robert	POZNAŃ		POL	M45	221	03:46:32	03:49:47		1578
		5km - 00:22:30, 10km - 00:45:40, 15km - 01:08:51, 20km - 01:32:30, 21km - 01:37:42, 25km - 01:56:57, 30km - 02:24:41, 35km - 02:56:32, 40km - 03:31:57									
1695	943	SOBOLEWSKI Dariusz	KOŻUCHÓW	BOREL Marathon team	POL	M30	656	03:46:34	03:47:39		1579
		5km - 00:25:33, 10km - 00:50:30, 15km - 01:15:22, 20km - 01:41:06, 21km - 01:46:48, 25km - 02:07:05, 30km - 02:34:59, 35km - 03:03:48, 40km - 03:34:48									
1696	6872	HOLONA Maciej	RYBNIK	Forma Wodzisław	POL	M50	74	03:46:36	03:48:37		1580
		5km - 00:25:04, 10km - 00:50:22, 15km - 01:15:18, 20km - 01:42:18, 21km - 01:48:01, 25km - 02:08:41, 30km - 02:37:03, 35km - 03:04:45, 40km - 03:33:35									
1697	4165	KIEDROWSKI Jerzy	BYDGOSZCZ		POL	M18	198	03:46:38	03:48:04		1581
		5km - 00:25:11, 10km - 00:49:56, 15km - 01:14:42, 20km - 01:38:57, 21km - 01:44:20, 25km - 02:03:51, 30km - 02:29:36, 35km - 02:59:34, 40km - 03:33:22									
1698	1802	IMBRYCZKOWSKI Borys	POZNAŃ	Świerczewo Run	POL	M40	368	03:46:39	03:47:27		1582
		5km - 00:24:54, 10km - 00:50:00, 15km - 01:14:57, 20km - 01:40:11, 21km - 01:45:35, 25km - 02:05:42, 30km - 02:33:43, 35km - 03:03:01, 40km - 03:33:43									
1699	4951	WASILEWSKA Urszula	GRABÓWKA	Egis Run Challenge	POL	K45	7	03:46:41	03:50:15	117	
		5km - 00:26:42, 10km - 00:53:27, 15km - 01:19:56, 20km - 01:46:16, 21km - 01:51:56, 25km - 02:12:28, 30km - 02:39:39, 35km - 03:07:11, 40km - 03:34:50									
1700	3073	WOREK Dawid	OTMUCHÓW	OTM.b	POL	M40	369	03:46:41	03:47:41		1583
		5km - 00:24:17, 10km - 00:48:39, 15km - 01:12:52, 20km - 01:37:40, 21km - 01:43:02, 25km - 02:02:48, 30km - 02:29:44, 35km - 03:01:35, 40km - 03:33:45									
1701	4794	OSUCH Marek	KOSTRZYN WLKP	QuszczyńskieQuny	POL	M40	370	03:46:43	03:51:46		1584
		5km - 00:25:42, 10km - 00:50:57, 15km - 01:15:44, 20km - 01:41:15, 21km - 01:46:56, 25km - 02:07:35, 30km - 02:35:58, 35km - 03:04:51, 40km - 03:34:13									
1702	5902	MATUSZEWSKI Mariusz	BŁOŃSKO		POL	M45	222	03:46:44	03:50:10		1585
		5km - 00:26:13, 10km - 00:51:43, 15km - 01:16:42, 20km - 01:42:11, 21km - 01:48:03, 25km - 02:08:28, 30km - 02:36:04, 35km - 03:05:05, 40km - 03:34:08									
1703	4078	BIERNACKI Aleksander	MILANÓWEK		POL	M40	371	03:46:45	03:49:18		1586
		5km - 00:26:34, 10km - 00:52:46, 15km - 01:18:35, 20km - 01:45:18, 21km - 01:51:06, 25km - 02:12:08, 30km - 02:40:14, 35km - 03:07:35, 40km - 03:34:54									
1704	3458	Zawodnik anonimowy				M45	223	03:46:45	03:47:32		1586
		5km - 00:24:45, 10km - 00:49:46, 15km - 01:14:56, 20km - 01:40:11, 21km - 01:46:00, 25km - 02:06:16, 30km - 02:34:13, 35km - 03:04:10, 40km - 03:33:51									
1705	407	MIELOSZYK Wojtek	POZNAN		POL	M30	657	03:46:46	03:50:12		1588
		5km - 00:26:47, 10km - 00:53:48, 15km - 01:20:02, 20km - 01:46:32, 21km - 01:52:14, 25km - 02:13:01, 30km - 02:40:44, 35km - 03:08:04, 40km - 03:35:26									
1706	1017	STRYKOWSKI Jarosław	POZNAŃ		POL	M50	75	03:46:46	03:47:22		1588
		5km - 00:23:12, 10km - 00:46:47, 15km - 01:10:59, 20km - 01:36:06, 21km - 01:41:39, 25km - 02:02:02, 30km - 02:30:46, 35km - 03:01:44, 40km - 03:33:31									
1707	6364	SZEWCZYK Paweł	KLECKO	No Excuses Team	POL	M45	224	03:46:47	03:48:10		1590
		5km - 00:25:51, 10km - 00:51:30, 15km - 01:16:42, 20km - 01:42:22, 21km - 01:48:01, 25km - 02:08:33, 30km - 02:36:26, 35km - 03:04:19, 40km - 03:34:01									
1708	2934	WOŹNIAK Stanisław	POZNAŃ	gRUNwald team Poznań	POL	M18	199	03:46:47	03:47:32		1590
		5km - 00:24:04, 10km - 00:47:54, 15km - 01:11:44, 20km - 01:36:34, 21km - 01:42:13, 25km - 02:03:27, 30km - 02:33:09, 35km - 03:04:20, 40km - 03:35:27									
1709	6176	LECKI Seweryn	SZCZECINEK	Team Biegowy Szczecinek	POL	M30	658	03:46:49	03:51:01		1592
		5km - 00:26:53, 10km - 00:53:17, 15km - 01:19:36, 20km - 01:46:17, 21km - 01:52:06, 25km - 02:12:58, 30km - 02:39:30, 35km - 03:06:05, 40km - 03:34:24									
1710	1227	LOREK Jarosław	MOGILNO		POL	M50	76	03:46:49	03:48:03		1592
		5km - 00:25:28, 10km - 00:51:09, 15km - 01:16:38, 20km - 01:42:24, 21km - 01:47:56, 25km - 02:08:06, 30km - 02:35:12, 35km - 03:03:02, 40km - 03:32:51									
1711	3892	MROCZKOWSKI Piotr	POZNAŃ	Maszeruj_albo_giń	POL	M18	200	03:46:49	03:48:44		1592
		5km - 00:24:43, 10km - 00:49:29, 15km - 01:14:15, 20km - 01:39:06, 21km - 01:44:34, 25km - 02:04:23, 30km - 02:31:22, 35km - 03:00:32, 40km - 03:33:33									
1712	3828	WYZINSKI Zbigniew	POZNAŃ	Latajacy Szkot	POL	M40	372	03:46:49	03:49:50		1592
		5km - 00:24:58, 10km - 00:49:30, 15km - 01:13:51, 20km - 01:39:12, 21km - 01:44:54, 25km - 02:04:51, 30km - 02:33:08, 35km - 03:01:17, 40km - 03:33:32									
1713	2576	GRZECH Grzegorz	PIONKI		POL	M55	47	03:46:50	03:49:15		1596
		5km - 00:25:55, 10km - 00:51:04, 15km - 01:15:47, 20km - 01:41:09, 21km - 01:46:46, 25km - 02:06:56, 30km - 02:34:38, 35km - 03:03:33, 40km - 03:33:33									
1714	3866	NAUJOKAITIS Kęstutis	VILNIUS	Tamsta	LTU	M60	15	03:46:51	03:49:04		1597
		5km - 00:25:37, 10km - 00:51:10, 15km - 01:16:09, 20km - 01:41:23, 21km - 01:47:02, 25km - 02:06:56, 30km - 02:34:06, 35km - 03:02:45, 40km - 03:34:01									
1715	4604	FRĄCKOWIAK Norbert	KOSCIAN		POL	M45	225	03:46:52	03:50:22		1598
		5km - 00:26:26, 10km - 00:52:44, 15km - 01:19:03, 20km - 01:45:37, 21km - 01:51:28, 25km - 02:12:13, 30km - 02:39:32, 35km - 03:06:37, 40km - 03:35:15									
1716	3626	GROBELNY Piotr	KROTOSZYN	krotoworiorrs	POL	M30	659	03:46:52	03:48:45		1598
		5km - 00:25:05, 10km - 00:50:20, 15km - 01:15:39, 20km - 01:41:23, 21km - 01:47:00, 25km - 02:08:06, 30km - 02:37:17, 35km - 03:05:54, 40km - 03:34:29									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1717	2651	LENARD Magdalena	POZNAŃ		POL	K30	62	03:46:53	03:48:10	118	
		5km - 00:25:51, 10km - 00:51:38, 15km - 01:17:33, 20km - 01:44:20, 21km - 01:50:14, 25km - 02:11:14, 30km - 02:39:22, 35km - 03:07:19, 40km - 03:35:15									
1718	6155	Zawodnik anonimowy				M18	201	03:46:54	03:47:54		1600
		5km - 00:26:01, 10km - 00:51:44, 15km - 01:17:31, 20km - 01:43:49, 21km - 01:49:35, 25km - 02:10:42, 30km - 02:38:29, 35km - 03:05:46, 40km - 03:34:24									
1719	5092	NOWAKOWSKI Wojciech	MALBORK	Grupa Malbork	POL	M40	373	03:46:55	03:47:38		1601
		5km - 00:23:44, 10km - 00:47:24, 15km - 01:10:54, 20km - 01:34:39, 21km - 01:39:52, 25km - 01:59:14, 30km - 02:28:18, 35km - 03:00:47, 40km - 03:34:25									
1720	3981	LOREK Adam	LESZNO	Biegam dla siebie	POL	M40	374	03:46:59	03:50:08		1602
		5km - 00:25:31, 10km - 00:50:12, 15km - 01:14:25, 20km - 01:38:39, 21km - 01:43:53, 25km - 02:03:04, 30km - 02:28:51, 35km - 02:59:20, 40km - 03:33:31									
1721	3130	GLAZER Anna	CZARNKÓW	KAMA Run Czarnków	POL	K50	3	03:47:00	03:50:43	119	
		5km - 00:26:41, 10km - 00:53:16, 15km - 01:19:49, 20km - 01:46:21, 21km - 01:52:01, 25km - 02:12:54, 30km - 02:39:42, 35km - 03:06:35, 40km - 03:34:45									
1722	6222	STAFIEJ Wojciech	BYDGOSZCZ	ARRK	POL	M45	226	03:47:00	03:48:07		1603
		5km - 00:24:49, 10km - 00:49:49, 15km - 01:14:46, 20km - 01:39:51, 21km - 01:45:20, 25km - 02:05:21, 30km - 02:34:00, 35km - 03:03:30, 40km - 03:34:06									
1723	1225	DRĄŻKIEWICZ Jacek	KAMIONKI		POL	M45	227	03:47:02	03:51:41		1604
		5km - 00:26:10, 10km - 00:52:24, 15km - 01:19:02, 20km - 01:45:21, 21km - 01:51:19, 25km - 02:12:08, 30km - 02:40:14, 35km - 03:07:51, 40km - 03:35:48									
1724	5905	KAROLCZAK Michał	POZNAŃ	MKD TEAM	POL	M40	375	03:47:02	03:49:26		1604
		5km - 00:25:00, 10km - 00:49:24, 15km - 01:13:46, 20km - 01:38:37, 21km - 01:44:08, 25km - 02:04:13, 30km - 02:32:51, 35km - 03:02:37, 40km - 03:33:45									
1725	209	GARBAREK Wiesław	JAROCIN	TKKF Trucht Jarocin	POL	M65	5	03:47:03	03:47:39		1606
		5km - 00:25:05, 10km - 00:50:34, 15km - 01:15:51, 20km - 01:40:59, 21km - 01:46:30, 25km - 02:06:11, 30km - 02:33:04, 35km - 03:01:14, 40km - 03:33:15									
1726	6974	GILEWICZ-RACHOWSKA Jagoda	POZNAŃ	DGR Kancelaria Radców Prawnych	POL	K30	63	03:47:03	03:49:26	120	
		5km - 00:25:20, 10km - 00:50:52, 15km - 01:16:15, 20km - 01:42:32, 21km - 01:48:21, 25km - 02:09:18, 30km - 02:37:35, 35km - 03:06:17, 40km - 03:34:52									
1727	1964	JAKUBOWSKI Jakub	POZNAŃ	Poznań	POL	M40	376	03:47:03	03:48:36		1606
		5km - 00:25:04, 10km - 00:49:43, 15km - 01:14:34, 20km - 01:40:19, 21km - 01:46:05, 25km - 02:08:02, 30km - 02:37:32, 35km - 03:06:19, 40km - 03:34:47									
1728	6229	MONDRY Waldemar	BYDGOSZCZ		POL	M50	77	03:47:03	03:50:36		1606
		5km - 00:26:39, 10km - 00:53:15, 15km - 01:19:43, 20km - 01:46:18, 21km - 01:52:03, 25km - 02:12:56, 30km - 02:39:37, 35km - 03:06:55, 40km - 03:35:08									
1729	2986	ZAWIERTA Jarosław	OSTRZESZÓW	Aktywny Ostrzeszów	POL	M30	660	03:47:05	03:50:50		1609
		5km - 00:26:52, 10km - 00:53:35, 15km - 01:20:11, 20km - 01:47:01, 21km - 01:52:43, 25km - 02:13:53, 30km - 02:41:16, 35km - 03:09:06, 40km - 03:36:01									
1730	166	MAJŁOWSKI Aleksander	GORZÓW WLKP.		POL	M65	6	03:47:06	03:50:42		1610
		5km - 00:25:57, 10km - 00:51:33, 15km - 01:16:52, 20km - 01:42:23, 21km - 01:47:52, 25km - 02:07:57, 30km - 02:35:07, 35km - 03:03:05, 40km - 03:33:16									
1731	1430	GÓRECKA-SMOTER Małgorzata	WAŁCZ	2 Brygada Zmechanizowana	POL	K30	64	03:47:09	03:51:17	121	
		5km - 00:26:27, 10km - 00:53:00, 15km - 01:19:30, 20km - 01:45:53, 21km - 01:51:33, 25km - 02:12:22, 30km - 02:39:35, 35km - 03:07:22, 40km - 03:35:56									
1732	395	LICHOSIK Jerzy	JELENIA GÓRA		POL	M65	7	03:47:11	03:49:00		1611
		5km - 00:24:53, 10km - 00:49:39, 15km - 01:14:32, 20km - 01:39:51, 21km - 01:45:24, 25km - 02:06:01, 30km - 02:34:47, 35km - 03:03:29, 40km - 03:34:06									
1733	3668	SZYMIKOWSKI Jarosław	SZCZECINEK	KPP Szczecinek	POL	M30	661	03:47:12	03:50:47		1612
		5km - 00:26:45, 10km - 00:53:30, 15km - 01:20:12, 20km - 01:46:43, 21km - 01:52:31, 25km - 02:13:35, 30km - 02:40:37, 35km - 03:07:46, 40km - 03:35:28									
1734	6905	WASIL Grzegorz	UGNIEWO	Ostrów Biega	POL	M40	377	03:47:12	03:50:54		1612
		5km - 00:26:31, 10km - 00:52:45, 15km - 01:18:19, 20km - 01:44:14, 21km - 01:49:58, 25km - 02:10:26, 30km - 02:38:43, 35km - 03:06:08, 40km - 03:35:07									
1735	1123	GIEROSZKA Robert	KATOWICE	ADS Masna	POL	M40	378	03:47:13	03:52:56		1614
		5km - 00:26:54, 10km - 00:53:20, 15km - 01:19:17, 20km - 01:45:31, 21km - 01:51:07, 25km - 02:11:28, 30km - 02:38:26, 35km - 03:05:12, 40km - 03:34:17									
1736	6508	POŻOGA Artur	PSARY MAŁE		POL	M30	662	03:47:14	03:53:04		1615
		5km - 00:27:34, 10km - 00:53:44, 15km - 01:18:37, 20km - 01:44:11, 21km - 01:49:49, 25km - 02:10:42, 30km - 02:37:23, 35km - 03:04:42, 40km - 03:34:33									
1737	6665	NIEDZIAŁKOWSKI Jan	POZNAŃ	HLS.net.pl	POL	M30	663	03:47:15	03:52:32		1616
		5km - 00:28:11, 10km - 00:56:00, 15km - 01:23:25, 20km - 01:51:23, 21km - 01:57:34, 25km - 02:19:26, 30km - 02:47:06, 35km - 03:14:44, 40km - 03:38:30									
1738	722	SOBASZEK Marcin	LEGNICA		POL	M30	664	03:47:17	03:49:53		1617
		5km - 00:24:07, 10km - 00:48:57, 15km - 01:14:03, 20km - 01:39:54, 21km - 01:45:23, 25km - 02:06:29, 30km - 02:35:02, 35km - 03:03:53, 40km - 03:34:15									
1739	2037	BAJER Grzegorz	SOSNOWIEC	Gluten Sruten	POL	M40	379	03:47:19	03:49:03		1618
		5km - 00:24:19, 10km - 00:49:01, 15km - 01:13:38, 20km - 01:38:52, 21km - 01:44:21, 25km - 02:04:36, 30km - 02:33:26, 35km - 03:03:29, 40km - 03:34:15									
1740	5822	LISEWSKI Piotr	BYDGOSZCZ	Niezrzeszony	POL	M55	48	03:47:19	03:47:53		1618
		5km - 00:24:58, 10km - 00:50:07, 15km - 01:14:49, 20km - 01:40:08, 21km - 01:45:35, 25km - 02:05:43, 30km - 02:34:48, 35km - 03:04:45, 40km - 03:34:37									
1741	1207	GOSIENIECKI Łukasz	PUSZCZYKOWO		POL	M30	665	03:47:20	03:47:53		1620
		5km - 00:24:33, 10km - 00:49:33, 15km - 01:14:32, 20km - 01:39:59, 21km - 01:45:24, 25km - 02:05:29, 30km - 02:32:24, 35km - 03:01:53, 40km - 03:33:53									
1742	1945	SROKA Wojciech	KRAKÓW	Wiolinka i Bemol	POL	M45	228	03:47:21	03:49:23		1621
		5km - 00:24:42, 10km - 00:49:26, 15km - 01:14:20, 20km - 01:39:08, 21km - 01:44:33, 25km - 02:04:12, 30km - 02:30:52, 35km - 03:00:40, 40km - 03:33:44									
1743	6738	WOSZCZEK Patryk	POZNAŃ		POL	M18	202	03:47:21	03:48:46		1621
		5km - 00:24:29, 10km - 00:49:09, 15km - 01:13:59, 20km - 01:39:28, 21km - 01:45:02, 25km - 02:05:22, 30km - 02:33:35, 35km - 03:03:25, 40km - 03:34:39									
1744	1722	TYLICKI Mikołaj	WRZEŚNIA		POL	M18	203	03:47:24	03:51:12		1623
		5km - 00:26:31, 10km - 00:53:17, 15km - 01:19:43, 20km - 01:46:13, 21km - 01:52:24, 25km - 02:12:57, 30km - 02:40:09, 35km - 03:07:45, 40km - 03:36:00									
1745	168	BŁASZYK Arkadiusz	LESZNO		POL	M18	204	03:47:26	03:48:30		1624
		5km - 00:25:29, 10km - 00:50:36, 15km - 01:15:31, 20km - 01:40:37, 21km - 01:46:11, 25km - 02:06:12, 30km - 02:33:57, 35km - 03:03:15, 40km - 03:34:20									
1746	4765	JARZĄB Radosław	ŻURAWINIEC		POL	M40	380	03:47:28	03:49:49		1625
		5km - 00:27:17, 10km - 00:54:39, 15km - 01:21:40, 20km - 01:48:30, 21km - 01:54:19, 25km - 02:15:35, 30km - 02:43:03, 35km - 03:10:23, 40km - 03:37:17									
1747	4010	PATROŃSKI Adam	NYSA	MAdas Team	POL	M18	205	03:47:28	03:49:54		1625
		5km - 00:25:57, 10km - 00:51:26, 15km - 01:17:07, 20km - 01:43:05, 21km - 01:48:42, 25km - 02:09:18, 30km - 02:36:23, 35km - 03:04:30, 40km - 03:34:29									
1748	7286	FLISIKOWSKI Szymon	GDYNIA	AUTOPAY / SPORTEVO	POL	M30	666	03:47:29	03:51:09		1627
		5km - 00:26:35, 10km - 00:53:27, 15km - 01:19:53, 20km - 01:46:23, 21km - 01:52:15, 25km - 02:12:57, 30km - 02:40:15, 35km - 03:07:43, 40km - 03:35:36									
1749	6119	MUMOT Dariusz	RADZYMIN	Radzymin Run Team	POL	M45	229	03:47:29	03:51:03		1627
		5km - 00:26:39, 10km - 00:53:19, 15km - 01:19:53, 20km - 01:46:12, 21km - 01:51:54, 25km - 02:12:48, 30km - 02:39:18, 35km - 03:05:41, 40km - 03:34:44									
1750	2423	RATAJCZAK Jacek	DEDDINGTON	Bytkowiak Bytkowo	GBR	M45	230	03:47:32	03:54:15		1629
		5km - 00:27:19, 10km - 00:54:15, 15km - 01:20:44, 20km - 01:47:29, 21km - 01:53:15, 25km - 02:14:15, 30km - 02:41:37, 35km - 03:08:21, 40km - 03:35:57									
1751	7140	GŁOWACKA Renata	PIOTRKÓW TRYBUNALSKI		POL	K45	8	03:47:36	03:49:38	122	
		5km - 00:24:38, 10km - 00:49:24, 15km - 01:14:09, 20km - 01:39:02, 21km - 01:44:32, 25km - 02:04:27, 30km - 02:31:36, 35km - 03:02:18, 40km - 03:33:58									
1752	460	JAZIKOWSKI Paweł	POZNAŃ		POL	M45	231	03:47:36	03:48:08		1630
		5km - 00:25:55, 10km - 00:51:36, 15km - 01:16:58, 20km - 01:42:40, 21km - 01:48:06, 25km - 02:08:16, 30km - 02:37:29, 35km - 03:06:57, 40km - 03:35:46									
1753	3361	RĘBOWSKI Andrzej	DZIAŁDOWO		POL	M40	381	03:47:36	03:51:12		1630
		5km - 00:26:42, 10km - 00:53:24, 15km - 01:19:58, 20km - 01:46:29, 21km - 01:52:07, 25km - 02:13:03, 30km - 02:39:57, 35km - 03:07:44, 40km - 03:36:22									
1754	3207	KOSMAN Piotr	WIERZCHOSŁAWICE		POL	M40	382	03:47:37	03:49:23		1632
		5km - 00:24:50, 10km - 00:50:19, 15km - 01:14:27, 20km - 01:39:14, 21km - 01:44:47, 25km - 02:04:28, 30km - 02:31:04, 35km - 03:00:56, 40km - 03:34:01									
1755	3074	SZWARC Konrad	NOWA WIEŚ	Team Bieganie na Śniadanie	POL	M30	667	03:47:37	03:50:53		1632
		5km - 00:25:43, 10km - 00:50:34, 15km - 01:14:50, 20km - 01:39:29, 21km - 01:44:51, 25km - 02:04:11, 30km - 02:30:44, 35km - 03:02:07, 40km - 03:35:23									
1756	445	ROSZAK-SURKÓW Sylwia	SWARZĘDZ	parkrun Jezioro Swarzędzkie	POL	K40	29	03:47:39	03:51:17	123	
		5km - 00:26:35, 10km - 00:53:18, 15km - 01:19:51, 20km - 01:46:14, 21km - 01:51:59, 25km - 02:12:52, 30km - 02:40:49, 35km - 03:09:08, 40km - 03:36:23									
1757	6600	AUGUŚCIK Marcin	SZCZECIN	OPP Szczecin	POL	M18	206	03:47:41	03:49:33		1634
		5km - 00:24:45, 10km - 00:49:30, 15km - 01:14:13, 20km - 01:39:08, 21km - 01:44:36, 25km - 02:04:16, 30km - 02:30:06, 35km - 03:01:39, 40km - 03:34:24									
1758	5495	PAŁEJKO Mateusz	OLSZTYN	#WIPASZ Aktywni w Biegu	POL	M30	668	03:47:41	03:51:15		1634
		5km - 00:27:10, 10km - 00:53:44, 15km - 01:20:14, 20km - 01:46:34, 21km - 01:52:12, 25km - 02:13:02, 30km - 02:39:37, 35km - 03:06:32, 40km - 03:35:01									
1759	1710	PRZEWOŹNIAK Barbara	PIŁA		POL	K30	65	03:47:45	03:49:13	124	
		5km - 00:24:48, 10km - 00:49:36, 15km - 01:14:17, 20km - 01:39:23, 21km - 01:44:50, 25km - 02:05:09, 30km - 02:33:43, 35km - 03:03:06, 40km - 03:34:09									
1760	6033	SMOLIK Łukasz	LESZNA GÓRNA	Olza Cieszyn/Seiloc	POL	M18	207	03:47:48	03:48:43		1636
		5km - 00:24:46, 10km - 00:49:20, 15km - 01:13:43, 20km - 01:38:13, 21km - 01:43:29, 25km - 02:02:49, 30km - 02:29:13, 35km - 02:56:59, 40km - 03:31:59									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1761	3310	BAJEROWSKI Michał	BYDGOSZCZ		POL	M30	669	03:47:56	03:51:57		1637
		5km - 00:27:53, 10km - 00:54:18, 15km - 01:20:33, 20km - 01:46:51, 21km - 01:52:31, 25km - 02:13:25, 30km - 02:40:22, 35km - 03:07:40, 40km - 03:35:46									
1762	4045	PROCHWICZ Michał	WARSZAWA		POL	M30	670	03:47:57	03:49:14		1638
		5km - 00:25:20, 10km - 00:50:01, 15km - 01:14:49, 20km - 01:39:11, 21km - 01:47:34, 25km - 02:07:21, 30km - 02:34:44, 35km - 03:05:25, 40km - 03:35:18									
1763	4500	KOZIRÓG Dagmara	PABIANICE		POL	K45	9	03:47:58	03:51:23	125	
		5km - 00:26:34, 10km - 00:52:57, 15km - 01:18:53, 20km - 01:45:16, 21km - 01:50:55, 25km - 02:11:27, 30km - 02:39:05, 35km - 03:06:28, 40km - 03:35:58									
1764	4158	WENCKA Maciej	POZNAŃ		POL	M18	208	03:47:58	03:48:58		1639
		5km - 00:22:13, 10km - 00:44:37, 15km - 01:06:35, 20km - 01:29:00, 21km - 01:33:46, 25km - 01:51:18, 30km - 02:14:31, 35km - 02:39:34, 40km - 03:27:08									
1765	5776	WITKOWSKI Jarosław	MARKOWICE	Run Investment life	POL	M40	383	03:48:00	03:51:37		1640
		5km - 00:26:05, 10km - 00:51:36, 15km - 01:17:11, 20km - 01:43:11, 21km - 01:48:54, 25km - 02:09:47, 30km - 02:37:11, 35km - 03:05:07, 40km - 03:34:37									
1766	1422	JANICA Paweł	RUDZICA		POL	M18	209	03:48:02	03:52:28		1641
		5km - 00:25:58, 10km - 00:52:45, 15km - 01:19:06, 20km - 01:45:27, 21km - 01:51:12, 25km - 02:12:34, 30km - 02:39:21, 35km - 03:06:48, 40km - 03:35:11									
1767	3312	WIŚNIEWSKI Jacek	NOWA RUDA	NOWA RUDA BIEGA	POL	M40	384	03:48:02	03:50:49		1641
		5km - 00:25:38, 10km - 00:50:57, 15km - 01:15:53, 20km - 01:41:08, 21km - 01:46:47, 25km - 02:06:47, 30km - 02:34:11, 35km - 03:03:13, 40km - 03:35:15									
1768	6190	BULTROWICZ Marcin	POZNAŃ		POL	M40	385	03:48:03	03:50:10		1643
		5km - 00:24:40, 10km - 00:49:32, 15km - 01:14:18, 20km - 01:39:28, 21km - 01:44:58, 25km - 02:05:17, 30km - 02:32:56, 35km - 03:02:13, 40km - 03:34:49									
1769	4963	NOWAK Katarzyna	ŚMIGIEL	Bieganie na śniadanie	POL	K30	66	03:48:03	03:51:20	126	
		5km - 00:26:58, 10km - 00:53:29, 15km - 01:19:28, 20km - 01:45:53, 21km - 01:52:14, 25km - 02:12:51, 30km - 02:40:01, 35km - 03:07:45, 40km - 03:35:39									
1770	6187	OLEJNIK Adam	NOWA WIEŚ UL. LEŚNA 1A	Bieganie na śniadanie	POL	M40	385	03:48:03	03:51:20		1643
		5km - 00:26:58, 10km - 00:53:30, 15km - 01:19:28, 20km - 01:45:53, 21km - 01:52:14, 25km - 02:12:51, 30km - 02:40:01, 35km - 03:07:44, 40km - 03:35:39									
1771	1367	GŁADKOWSKI Paweł	BEZRZECZE		POL	M30	671	03:48:04	03:51:32		1645
		5km - 00:26:50, 10km - 00:53:43, 15km - 01:20:10, 20km - 01:46:37, 21km - 01:52:36, 25km - 02:13:25, 30km - 02:40:44, 35km - 03:08:08, 40km - 03:36:24									
1772	4596	KRZESZOWSKI Maciej	POZNAŃ		POL	M40	387	03:48:04	03:50:29		1645
		5km - 00:24:36, 10km - 00:49:06, 15km - 01:13:42, 20km - 01:38:30, 21km - 01:43:51, 25km - 02:03:30, 30km - 02:32:17, 35km - 03:02:58, 40km - 03:34:20									
1773	6130	WAWRZYNIAK Damian	WARSZAWA		POL	M18	210	03:48:05	03:50:27		1647
		5km - 00:26:36, 10km - 00:51:40, 15km - 01:16:14, 20km - 01:40:59, 21km - 01:46:23, 25km - 02:06:29, 30km - 02:33:07, 35km - 03:00:53, 40km - 03:35:13									
1774	5893	TADEUSZ Krzysztof	WOLSZTYN		POL	M18	211	03:48:06	03:50:00		1648
		5km - 00:25:52, 10km - 00:51:38, 15km - 01:16:56, 20km - 01:42:59, 21km - 01:48:34, 25km - 02:09:19, 30km - 02:37:12, 35km - 03:05:23, 40km - 03:34:53									
1775	2299	SKIBA Włodzimierz	POZNAŃ	Stowarzyszenie Triathlonowe U64 Poznań	POL	M55	49	03:48:07	03:48:52		1649
		5km - 00:25:01, 10km - 00:50:32, 15km - 01:16:00, 20km - 01:43:13, 21km - 01:49:29, 25km - 02:10:41, 30km - 02:39:12, 35km - 03:07:39, 40km - 03:36:16									
1776	6086	RYBACKI Dariusz	SIERADZ	nauczyciel	POL	M40	388	03:48:08	03:49:02		1650
		5km - 00:24:44, 10km - 00:49:34, 15km - 01:14:29, 20km - 01:39:45, 21km - 01:45:13, 25km - 02:05:27, 30km - 02:34:18, 35km - 03:05:19, 40km - 03:35:29									
1777	6274	GRAMALA Maciej	POZNAŃ		POL	M30	672	03:48:11	03:51:21		1651
		5km - 00:26:41, 10km - 00:53:23, 15km - 01:19:27, 20km - 01:45:45, 21km - 01:51:27, 25km - 02:12:30, 30km - 02:40:07, 35km - 03:07:31, 40km - 03:36:04									
1778	2856	WODECKA Dominika	GORZYCZKI		POL	K30	67	03:48:11	03:51:16	127	
		5km - 00:26:01, 10km - 00:51:28, 15km - 01:17:09, 20km - 01:43:25, 21km - 01:49:07, 25km - 02:09:49, 30km - 02:37:45, 35km - 03:07:01, 40km - 03:36:20									
1779	4829	PUŚLECKA Katarzyna	GOSTYŃ		POL	K18	20	03:48:12	03:53:39	128	
		5km - 00:25:11, 10km - 00:49:46, 15km - 01:14:34, 20km - 01:40:44, 21km - 01:46:32, 25km - 02:07:38, 30km - 02:36:13, 35km - 03:05:32, 40km - 03:36:27									
1780	5675	SIGER Małgorzata	ŁÓDŹ	Beauty Sport Team Łódź	POL	K50	4	03:48:13	03:53:49	129	
		5km - 00:28:05, 10km - 00:53:37, 15km - 01:18:12, 20km - 01:43:45, 21km - 01:49:21, 25km - 02:10:09, 30km - 02:38:01, 35km - 03:06:41, 40km - 03:36:21									
1781	774	Zawodnik anonimowy				M30	673	03:48:13	03:49:41		1652
		5km - 00:26:11, 10km - 00:52:26, 15km - 01:18:31, 20km - 01:44:18, 21km - 01:50:03, 25km - 02:10:21, 30km - 02:37:42, 35km - 03:05:50, 40km - 03:35:44									
1782	6625	SOCHA Andrzej	RZECZYCA	LUKS WILK RZECZYCA	POL	M40	389	03:48:14	03:52:29		1653
		5km - 00:26:19, 10km - 00:53:04, 15km - 01:19:27, 20km - 01:46:02, 21km - 01:51:52, 25km - 02:12:52, 30km - 02:39:58, 35km - 03:07:58, 40km - 03:36:15									
1783	6009	BANASZAK Grzegorz	KOSTRZYN	Walka Kostrzyn	POL	M40	390	03:48:15	03:50:59		1654
		5km - 00:25:17, 10km - 00:50:25, 15km - 01:15:02, 20km - 01:40:25, 21km - 01:45:55, 25km - 02:05:48, 30km - 02:32:19, 35km - 03:01:17, 40km - 03:35:28									
1784	5108	SCHMIDT Jacek	SZCZECIN		POL	M50	78	03:48:17	03:49:15		1655
		5km - 00:24:39, 10km - 00:49:33, 15km - 01:14:25, 20km - 01:40:41, 21km - 01:47:08, 25km - 02:08:18, 30km - 02:36:14, 35km - 03:05:11, 40km - 03:35:48									
1785	4905	TRZASKOWSKI Paweł	ŁASKARZEW	Victus Rębków	POL	M30	674	03:48:18	03:50:53		1656
		5km - 00:25:16, 10km - 00:50:12, 15km - 01:14:44, 20km - 01:40:09, 21km - 01:45:27, 25km - 02:05:38, 30km - 02:33:34, 35km - 03:03:58, 40km - 03:36:22									
1786	6061	MUSIELAK Damian	KAMIONKI		POL	M40	391	03:48:19	03:49:27		1657
		5km - 00:24:36, 10km - 00:49:29, 15km - 01:14:03, 20km - 01:39:05, 21km - 01:44:35, 25km - 02:04:58, 30km - 02:32:59, 35km - 03:02:55, 40km - 03:35:09									
1787	4787	KRATA Tomasz	CZĘSTOCHOWA	KRATA Nieruchomości	POL	M30	675	03:48:22	03:49:19		1658
		5km - 00:24:12, 10km - 00:48:13, 15km - 01:12:10, 20km - 01:37:21, 21km - 01:43:07, 25km - 02:04:18, 30km - 02:32:42, 35km - 03:02:51, 40km - 03:35:37									
1788	4959	NIERADKO Adam	GRAJEWO	BEAD TEAM	POL	M40	392	03:48:22	03:49:48		1658
		5km - 00:24:51, 10km - 00:49:33, 15km - 01:14:48, 20km - 01:39:36, 21km - 01:44:59, 25km - 02:04:31, 30km - 02:29:51, 35km - 02:58:37, 40km - 03:35:53									
1789	2212	STOMSKI Krzysztof	SOLEC KUJAWSKI	SOLECCY BIEGACZE	POL	M50	79	03:48:22	03:49:46		1658
		5km - 00:25:12, 10km - 00:49:52, 15km - 01:14:39, 20km - 01:39:35, 21km - 01:45:01, 25km - 02:04:35, 30km - 02:31:40, 35km - 03:02:01, 40km - 03:35:26									
1790	1562	WASILEWSKI Adam	WROCŁAW		POL	M50	79	03:48:22	03:49:35		1658
		5km - 00:26:25, 10km - 00:53:18, 15km - 01:19:32, 20km - 01:46:24, 21km - 01:52:11, 25km - 02:13:26, 30km - 02:41:17, 35km - 03:08:33, 40km - 03:36:16									
1791	5030	GÓRALSKI Jan	SZCZECIN		POL	M40	393	03:48:23	03:49:18		1662
		5km - 00:25:16, 10km - 00:49:52, 15km - 01:14:17, 20km - 01:39:02, 21km - 01:44:20, 25km - 02:03:45, 30km - 02:29:25, 35km - 03:04:55, 40km - 03:37:02									
1792	6466	PAŃCZAK Grzegorz	PIĘCZKOWO	KP PSP ŚRODA WLKP.	POL	M40	393	03:48:23	03:50:35		1662
		5km - 00:26:21, 10km - 00:53:01, 15km - 01:18:34, 20km - 01:44:16, 21km - 01:50:09, 25km - 02:10:40, 30km - 02:37:52, 35km - 03:06:19, 40km - 03:35:39									
1793	3009	SOBCZYŃSKA Magdalena	POZNAŃ		POL	K18	21	03:48:23	03:51:22	130	
		5km - 00:26:05, 10km - 00:51:37, 15km - 01:17:08, 20km - 01:42:54, 21km - 01:48:26, 25km - 02:09:09, 30km - 02:39:01, 35km - 03:08:22, 40km - 03:37:08									
1794	4397	KWIETNIEWSKI Piotr	PRZECHLEWO	Tripaka Przechlewo	POL	M30	676	03:48:28	03:49:23		1664
		5km - 00:24:46, 10km - 00:49:31, 15km - 01:14:06, 20km - 01:38:47, 21km - 01:44:11, 25km - 02:03:30, 30km - 02:28:36, 35km - 03:00:08, 40km - 03:36:22									
1795	6496	WILIŃSKI Mariusz	ZALASEWO	MISIO	POL	M30	677	03:48:30	03:52:07		1665
		5km - 00:26:03, 10km - 00:52:32, 15km - 01:18:35, 20km - 01:45:09, 21km - 01:51:04, 25km - 02:12:04, 30km - 02:39:18, 35km - 03:06:29, 40km - 03:35:43									
1796	2081	GOS Piotr	POZNAŃ	Naramowice Biegają	POL	M40	395	03:48:31	03:49:01		1666
		5km - 00:24:55, 10km - 00:49:50, 15km - 01:14:49, 20km - 01:39:56, 21km - 01:45:30, 25km - 02:05:24, 30km - 02:37:27, 35km - 03:07:05, 40km - 03:36:02									
1797	4376	DENNIS Dictus	BERLIN	Laufklub Berlin e.V.	EUA	M30	678	03:48:32	03:52:18		1667
		5km - 00:25:27, 10km - 00:51:25, 15km - 01:17:01, 20km - 01:43:05, 21km - 01:48:47, 25km - 02:09:51, 30km - 02:39:46, 35km - 03:08:07, 40km - 03:37:15									
1798	6956	PASTUREK Sebastian	MALA NIESZAWKA		POL	M45	232	03:48:33	03:52:32		1668
		5km - 00:28:01, 10km - 00:56:09, 15km - 01:23:25, 20km - 01:51:23, 21km - 01:57:19, 25km - 02:18:42, 30km - 02:45:22, 35km - 03:11:13, 40km - 03:37:18									
1799	555	GADZIŃSKI Karol	GNIEZNO		POL	M30	679	03:48:34	03:50:23		1669
		5km - 00:26:36, 10km - 00:53:10, 15km - 01:19:14, 20km - 01:45:28, 21km - 01:51:09, 25km - 02:11:55, 30km - 02:39:02, 35km - 03:06:30, 40km - 03:36:02									
1800	3152	YOKOKURA Iwona	KOZIEGŁOWY		POL	K45	10	03:48:34	03:53:01	131	
		5km - 00:27:13, 10km - 00:54:20, 15km - 01:20:18, 20km - 01:46:56, 21km - 01:52:28, 25km - 02:13:05, 30km - 02:40:26, 35km - 03:08:18, 40km - 03:36:48									
1801	5533	BARANOWSKA Angelika	WROCŁAW	@szymiteam	POL	K18	22	03:48:38	03:50:55	132	
		5km - 00:26:16, 10km - 00:52:28, 15km - 01:18:41, 20km - 01:45:07, 21km - 01:50:46, 25km - 02:11:36, 30km - 02:38:49, 35km - 03:06:45, 40km - 03:36:14									
1802	7094	KOSMALA Grzmot Grzegorz	KIELCE	BIEGNĘ ŻEBY BARTEK MÓGŁ BIEGAĆ	POL	M40	396	03:48:39	03:48:55		1670
		5km - 00:22:37, 10km - 00:44:49, 15km - 01:06:58, 20km - 01:31:07, 21km - 01:36:34, 25km - 01:56:52, 30km - 02:25:59, 35km - 02:57:37, 40km - 03:36:21									
1803	686	SMALEC Maksymilian	ZABKOWICE ŚLĄSKIE		POL	M30	680	03:48:40	03:51:03		1671
		5km - 00:25:07, 10km - 00:49:48, 15km - 01:14:12, 20km - 01:39:01, 21km - 01:44:25, 25km - 02:04:16, 30km - 02:31:15, 35km - 03:01:06, 40km - 03:34:35									
1804	1838	Zawodnik anonimowy				M30	680	03:48:40	03:49:23		1671
		5km - 00:24:14, 10km - 00:48:27, 15km - 01:12:32, 20km - 01:36:56, 21km - 01:42:18, 25km - 02:02:48, 30km - 02:31:10, 35km - 03:01:33, 40km - 03:37:10									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1805	1230	BIELEC Michał	WĄBRZEŹNO	Reflex-Biega	POL	M45	233	03:48:41	03:51:29		1673
		5km - 00:24:36, 10km - 00:48:42, 15km - 01:13:20, 20km - 01:37:53, 21km - 01:43:06, 25km - 02:02:41, 30km - 02:28:02, 35km - 02:57:25, 40km - 03:33:18									
1806	526	CZARNECKI Dariusz	JARNATÓW		POL	M45	233	03:48:41	03:49:51		1673
		5km - 00:24:55, 10km - 00:50:02, 15km - 01:15:03, 20km - 01:40:20, 21km - 01:45:57, 25km - 02:06:19, 30km - 02:34:20, 35km - 03:04:29, 40km - 03:35:20									
1807	2373	PRZYBYTKOWSKI Piotr	POZNAŃ	HONEY STINGER RUNNERS	POL	M40	397	03:48:41	03:52:34		1673
		5km - 00:27:25, 10km - 00:54:42, 15km - 01:21:53, 20km - 01:49:02, 21km - 01:54:57, 25km - 02:16:06, 30km - 02:43:13, 35km - 03:09:49, 40km - 03:36:41									
1808	3874	HERZBERG Marek	JELENIA GÓRA	decathlon jelenia góra	POL	M50	81	03:48:42	03:49:33		1676
		5km - 00:25:42, 10km - 00:51:51, 15km - 01:17:49, 20km - 01:44:10, 21km - 01:49:55, 25km - 02:10:50, 30km - 02:38:34, 35km - 03:06:44, 40km - 03:35:30									
1809	3306	CHICIŃSKA Monika	SZCZEPANOW		POL	K45	11	03:48:43	03:52:59	133	
		5km - 00:27:43, 10km - 00:54:58, 15km - 01:21:37, 20km - 01:48:52, 21km - 01:54:35, 25km - 02:15:27, 30km - 02:42:31, 35km - 03:09:07, 40km - 03:37:19									
1810	1813	SULIMA Magdalena	WARSZAWA		POL	K30	68	03:48:44	03:52:25	134	
		5km - 00:26:17, 10km - 00:51:39, 15km - 01:16:48, 20km - 01:42:39, 21km - 01:49:06, 25km - 02:11:17, 30km - 02:40:47, 35km - 03:10:32, 40km - 03:38:02									
1811	6384	ŚLEBIODA Andrzej	KLECZEW	Sokół Kleczew	POL	M40	398	03:48:45	03:49:45		1677
		5km - 00:26:09, 10km - 00:52:11, 15km - 01:17:43, 20km - 01:43:18, 21km - 01:48:49, 25km - 02:08:46, 30km - 02:34:52, 35km - 03:03:47, 40km - 03:35:38									
1812	143	BORDYCH Andrzej	KOŻUCHÓW	BOREL Marathon Team	POL	M45	235	03:48:48	03:49:53		1678
		5km - 00:25:43, 10km - 00:51:38, 15km - 01:18:00, 20km - 01:44:04, 21km - 01:49:45, 25km - 02:10:23, 30km - 02:38:05, 35km - 03:07:43, 40km - 03:36:54									
1813	3488	SZYMANEK Marcin	KRAKÓW		POL	M18	212	03:48:50	03:52:48		1679
		5km - 00:27:03, 10km - 00:53:48, 15km - 01:20:16, 20km - 01:46:50, 21km - 01:52:35, 25km - 02:13:23, 30km - 02:40:33, 35km - 03:07:47, 40km - 03:36:30									
1814	3473	Zawodnik anonimowy				K30	69	03:48:52	03:50:33	135	
		5km - 00:27:20, 10km - 00:54:41, 15km - 01:21:38, 20km - 01:48:46, 21km - 01:54:36, 25km - 02:15:43, 30km - 02:43:42, 35km - 03:11:02, 40km - 03:37:50									
1815	3623	STRAUCHOLD Anna	KAMIENIEC WROCŁAWSKI	Pro-Run Wrocław	POL	K45	12	03:48:58	03:52:42	136	
		5km - 00:26:43, 10km - 00:53:32, 15km - 01:19:58, 20km - 01:46:38, 21km - 01:52:22, 25km - 02:13:11, 30km - 02:40:56, 35km - 03:08:55, 40km - 03:37:17									
1816	3042	WÓDKOWSKI Łukasz	POZNAŃ		POL	M30	682	03:48:58	03:49:29		1680
		5km - 00:23:04, 10km - 00:46:54, 15km - 01:11:12, 20km - 01:36:57, 21km - 01:42:29, 25km - 02:03:33, 30km - 02:32:19, 35km - 03:03:43, 40km - 03:35:47									
1817	3820	KRZYSZTOF Włoch	PRASZKA	Neapco Praszka	POL	M45	236	03:49:00	03:49:58		1681
		5km - 00:24:45, 10km - 00:49:25, 15km - 01:14:00, 20km - 01:38:48, 21km - 01:44:32, 25km - 02:04:42, 30km - 02:32:41, 35km - 03:03:52, 40km - 03:35:30									
1818	1745	SZOFER Filip	POZNAŃ	Za Liną Mety Team	POL	M18	213	03:49:01	03:49:31		1682
		5km - 00:24:18, 10km - 00:48:39, 15km - 01:12:49, 20km - 01:37:23, 21km - 01:44:04, 25km - 02:03:45, 30km - 02:31:51, 35km - 03:04:09, 40km - 03:36:24									
1819	2336	DAWISKIBA Krzysztof	DREZDENKO	FSD RUN	POL	M30	683	03:49:08	03:49:44		1683
		5km - 00:24:07, 10km - 00:48:13, 15km - 01:12:19, 20km - 01:36:55, 21km - 01:42:38, 25km - 02:03:07, 30km - 02:33:17, 35km - 03:04:26, 40km - 03:36:22									
1820	2800	MARCINIAK Waldemar	RAKONIEWICE	Marciniak Team	POL	M55	50	03:49:08	03:51:30		1683
		5km - 00:25:52, 10km - 00:51:37, 15km - 01:16:49, 20km - 01:42:06, 21km - 01:47:35, 25km - 02:07:48, 30km - 02:34:49, 35km - 03:02:13, 40km - 03:35:18									
1821	5553	PODGRODZKI Grzegorz	ZDUŃSKA WOLA	BBL Zduńska Wola	POL	M45	237	03:49:08	03:52:18		1683
		5km - 00:25:46, 10km - 00:51:18, 15km - 01:16:50, 20km - 01:43:00, 21km - 01:48:46, 25km - 02:09:21, 30km - 02:36:24, 35km - 03:04:26, 40km - 03:35:46									
1822	2266	BAIER - JASTRZĄBEK Marta	ROŻNOWO	Obornicki Klub Lekkoatletyczny	POL	K40	30	03:49:09	03:50:51	137	
		5km - 00:26:37, 10km - 00:53:10, 15km - 01:19:43, 20km - 01:46:41, 21km - 01:52:30, 25km - 02:13:46, 30km - 02:41:21, 35km - 03:08:39, 40km - 03:37:05									
1823	2502	SYNORADZKI Maciej	ŁĘCZYCA	Drużyna Szpiku	POL	M40	399	03:49:09	03:50:26		1686
		5km - 00:25:38, 10km - 00:50:21, 15km - 01:15:15, 20km - 01:40:39, 21km - 01:46:25, 25km - 02:06:48, 30km - 02:35:11, 35km - 03:05:51, 40km - 03:35:57									
1824	6620	KACZMAREK Przemysław	SIERAKÓW	SIERAKOWSKI KLUB BIEGACZA	POL	M30	684	03:49:10	03:51:34		1687
		5km - 00:26:42, 10km - 00:54:02, 15km - 01:20:53, 20km - 01:47:52, 21km - 01:54:02, 25km - 02:15:05, 30km - 02:42:28, 35km - 03:10:03, 40km - 03:37:38									
1825	4535	MARCINIAK Przemysław	PLESZEW	Team Pleszew	POL	M40	400	03:49:13	03:50:08		1688
		5km - 00:26:09, 10km - 00:54:11, 15km - 01:21:27, 20km - 01:48:53, 21km - 01:54:40, 25km - 02:15:36, 30km - 02:42:16, 35km - 03:08:50, 40km - 03:38:18									
1826	5359	STEFANIAK Grzegorz	RAWA MAZOWIECKA	K.S. Triathlon rawa	POL	M40	401	03:49:14	03:50:42		1689
		5km - 00:25:11, 10km - 00:50:13, 15km - 01:14:38, 20km - 01:39:31, 21km - 01:45:07, 25km - 02:04:40, 30km - 02:33:17, 35km - 03:03:05, 40km - 03:33:59									
1827	5377	BESTRZYŃSKA Joanna	ROBAKOWO		POL	K45	13	03:49:15	03:50:59	138	
		5km - 00:24:53, 10km - 00:50:01, 15km - 01:14:58, 20km - 01:40:40, 21km - 01:47:11, 25km - 02:08:17, 30km - 02:38:35, 35km - 03:08:28, 40km - 03:37:25									
1828	4168	JANKOWSKI Piotr	GÓRA		POL	M45	238	03:49:16	03:52:39		1690
		5km - 00:26:14, 10km - 00:52:32, 15km - 01:18:25, 20km - 01:45:09, 21km - 01:50:53, 25km - 02:11:44, 30km - 02:39:09, 35km - 03:06:47, 40km - 03:36:26									
1829	4876	BIENIARA Przemysław	PLEWISKA		POL	M40	402	03:49:17	03:53:33		1691
		5km - 00:26:17, 10km - 00:52:41, 15km - 01:18:30, 20km - 01:44:35, 21km - 01:50:16, 25km - 02:10:51, 30km - 02:38:27, 35km - 03:06:25, 40km - 03:36:36									
1830	4522	DZIUBA Sławomir	CHOJNICZKI		POL	M40	403	03:49:18	03:51:32		1692
		5km - 00:26:35, 10km - 00:53:21, 15km - 01:19:49, 20km - 01:46:56, 21km - 01:52:45, 25km - 02:13:39, 30km - 02:40:59, 35km - 03:08:31, 40km - 03:37:09									
1831	5810	DOBRZYŃSKI Piotr	INOWROCŁAW		POL	M18	214	03:49:20	03:51:23		1693
		5km - 00:24:35, 10km - 00:48:19, 15km - 01:12:16, 20km - 01:36:25, 21km - 01:41:46, 25km - 02:01:11, 30km - 02:29:07, 35km - 03:00:12, 40km - 03:36:01									
1832	4232	KRUSZYŃSKI Krzysztof	ŚWIECIE		POL	M55	51	03:49:20	03:52:43		1693
		5km - 00:26:03, 10km - 00:51:10, 15km - 01:16:11, 20km - 01:42:29, 21km - 01:48:16, 25km - 02:09:36, 30km - 02:38:38, 35km - 03:07:21, 40km - 03:37:09									
1833	1613	DASZKO Tomasz	KOSZALIN		POL	M30	685	03:49:21	03:49:58		1695
		5km - 00:25:28, 10km - 00:50:56, 15km - 01:15:54, 20km - 01:41:28, 21km - 01:47:08, 25km - 02:08:00, 30km - 02:35:58, 35km - 03:04:57, 40km - 03:35:56									
1834	1608	KANIEWSKA Agnieszka	POZNAŃ	Drużyna Szpiku	POL	K40	31	03:49:22	03:53:13	139	
		5km - 00:26:21, 10km - 00:52:23, 15km - 01:18:07, 20km - 01:44:19, 21km - 01:50:12, 25km - 02:11:28, 30km - 02:39:43, 35km - 03:08:01, 40km - 03:37:15									
1835	620	KOWALSKI Paweł	TORUŃ	Kowale Team	POL	M40	404	03:49:22	03:52:50		1696
		5km - 00:26:43, 10km - 00:53:20, 15km - 01:19:24, 20km - 01:45:44, 21km - 01:51:28, 25km - 02:12:03, 30km - 02:39:46, 35km - 03:07:29, 40km - 03:37:03									
1836	6516	SOIŃSKI Przemysław	POZNAŃ	KB Maniac Poznań	POL	M40	404	03:49:22	03:53:13		1696
		5km - 00:26:21, 10km - 00:52:21, 15km - 01:18:07, 20km - 01:44:19, 21km - 01:50:12, 25km - 02:11:28, 30km - 02:39:43, 35km - 03:08:02, 40km - 03:37:21									
1837	770	GRZESIAK Mikołaj	POZNAŃ		POL	M30	686	03:49:23	03:56:14		1698
		5km - 00:25:13, 10km - 00:49:48, 15km - 01:14:38, 20km - 01:39:45, 21km - 01:45:35, 25km - 02:05:35, 30km - 02:33:08, 35km - 03:01:56, 40km - 03:36:21									
1838	4778	KAZANECKI Adam	POZNAŃ		POL	M40	406	03:49:23	03:54:02		1698
		5km - 00:27:00, 10km - 00:55:05, 15km - 01:22:15, 20km - 01:49:38, 21km - 01:55:34, 25km - 02:16:42, 30km - 02:43:55, 35km - 03:11:16, 40km - 03:38:23									
1839	2942	KAŹMIERCZAK-MOLIK Anna	SIERAKÓW	MMA DEVIL MIĘDZYCHÓD/ wkurw_team	POL	K30	70	03:49:27	03:51:51	140	
		5km - 00:26:42, 10km - 00:54:02, 15km - 01:20:52, 20km - 01:47:52, 21km - 01:54:02, 25km - 02:15:04, 30km - 02:42:28, 35km - 03:10:02, 40km - 03:37:38									
1840	5130	PIASECKI Piotr	POZNAŃ		POL	M30	687	03:49:27	03:50:38		1700
		5km - , 10km - , 15km - 01:13:37, 20km - 01:37:58, 21km - , 25km - 02:04:17, 30km - 02:34:32, 35km - 03:05:34, 40km - 03:36:57									
1841	6941	CANDER Piotr	POZNAŃ		POL	M30	688	03:49:29	03:53:20		1701
		5km - 00:26:22, 10km - 00:53:20, 15km - 01:18:35, 20km - 01:44:19, 21km - 01:50:11, 25km - 02:11:28, 30km - 02:39:43, 35km - 03:07:56, 40km - 03:37:16									
1842	4634	MICHALIK Rafał	KRAKÓW	Lacho Team	POL	M18	215	03:49:29	03:49:31		1701
		5km - 00:22:22, 10km - 00:44:45, 15km - 01:06:53, 20km - 01:29:48, 21km - 01:34:32, 25km - 01:54:03, 30km - 02:26:14, 35km - 02:59:52, 40km - 03:37:02									
1843	2123	AGACIAK Roman	MIĘDZYCHÓD		POL	M55	52	03:49:31	03:52:40		1703
		5km - 00:26:15, 10km - 00:52:54, 15km - 01:19:08, 20km - 01:45:56, 21km - 01:51:48, 25km - 02:12:54, 30km - 02:41:11, 35km - 03:09:35, 40km - 03:37:38									
1844	615	MONTERIAL Jacek	OBRZYCKO		POL	M30	689	03:49:31	03:51:11		1703
		5km - 00:23:22, 10km - 00:47:17, 15km - 01:10:48, 20km - 01:35:11, 21km - 01:40:32, 25km - 02:00:27, 30km - 02:30:20, 35km - 03:02:04, 40km - 03:35:51									
1845	3949	FOWLER Charlotte	CREDITON	Crediton	GBR	K18	23	03:49:32	03:53:16	141	
		5km - 00:27:14, 10km - 00:54:03, 15km - 01:20:37, 20km - 01:47:09, 21km - 01:52:51, 25km - 02:13:28, 30km - 02:39:40, 35km - 03:06:01, 40km - 03:36:37									
1846	2672	JANIAK Przemysław	WARSZAWA		POL	M30	690	03:49:33	03:53:22		1705
		5km - 00:26:50, 10km - 00:53:31, 15km - 01:20:17, 20km - 01:46:58, 21km - 01:52:46, 25km - 02:13:42, 30km - 02:41:55, 35km - 03:10:00, 40km - 03:38:13									
1847	6447	KRUPOWIES Michał	GDAŃSK	SBRT Warszawa	POL	M18	216	03:49:33	03:52:00		1705
		5km - 00:26:18, 10km - 00:52:27, 15km - 01:18:33, 20km - 01:45:03, 21km - 01:50:45, 25km - 02:11:34, 30km - 02:39:42, 35km - 03:07:17, 40km - 03:36:15									
1848	2669	CEDRZYŃSKA Anita	WARSZAWA		POL	K18	24	03:49:34	03:53:23	142	
		5km - 00:26:50, 10km - 00:53:31, 15km - 01:20:18, 20km - 01:46:59, 21km - 01:52:46, 25km - 02:13:58, 30km - 02:41:56, 35km - 03:10:00, 40km - 03:38:12									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1849	6479	SZYMCZAK Piotr	RZGÓW		POL	M40	407	03:49:34	03:52:58		1707
		5km - 00:25:55, 10km - 00:51:47, 15km - 01:17:39, 20km - 01:44:00, 21km - 01:50:06, 25km - 02:10:22, 30km - 02:37:42, 35km - 03:06:08, 40km - 03:36:27									
1850	4553	IDZIOREK Marcin	PUSZCZYKOWO		POL	M40	408	03:49:35	03:52:36		1708
		5km - 00:27:06, 10km - 00:54:08, 15km - 01:20:47, 20km - 01:47:04, 21km - 01:52:47, 25km - 02:13:44, 30km - 02:40:37, 35km - 03:08:19, 40km - 03:37:29									
1851	1172	MISZTA Barbara	ZĄBKI	KS Staszewscy Biegam bo lubię Zabki Team	POL	K40	32	03:49:37	03:52:22	143	
		5km - 00:26:30, 10km - 00:53:23, 15km - 01:19:52, 20km - 01:46:52, 21km - 01:52:40, 25km - 02:13:57, 30km - 02:43:41, 35km - 03:11:24, 40km - 03:38:41									
1852	5483	TCHÓRZ Łukasz	POZNAŃ	Sii Running Team	POL	M30	691	03:49:37	03:52:30		1709
		5km - 00:25:15, 10km - 00:50:02, 15km - 01:14:31, 20km - 01:39:36, 21km - 01:45:25, 25km - 02:06:05, 30km - 02:35:19, 35km - 03:05:14, 40km - 03:36:26									
1853	2225	ŻURAWIK Piotr	KĘPICE		POL	M45	239	03:49:38	03:52:24		1710
		5km - 00:24:23, 10km - 00:48:54, 15km - 01:13:42, 20km - 01:38:39, 21km - 01:43:58, 25km - 02:03:43, 30km - 02:30:52, 35km - 03:01:47, 40km - 03:35:17									
1854	2879	ANGIEL Radosław	WOLSZTYN		POL	M45	240	03:49:40	03:52:38		1711
		5km - 00:27:28, 10km - 00:54:38, 15km - 01:21:17, 20km - 01:47:51, 21km - 01:53:32, 25km - 02:14:29, 30km - 02:41:41, 35km - 03:08:35, 40km - 03:37:11									
1855	4178	PAKUŁA Bogumił	POZNAŃ		POL	M18	217	03:49:41	03:51:14		1712
		5km - 00:25:03, 10km - 00:49:33, 15km - 01:14:20, 20km - 01:39:22, 21km - 01:44:57, 25km - 02:04:35, 30km - 02:33:02, 35km - 03:05:55, 40km - 03:36:56									
1856	3272	ŚMIGIEL Łukasz	PRĄDY	100	POL	M30	692	03:49:42	03:50:42		1713
		5km - 00:24:30, 10km - 00:48:52, 15km - 01:13:17, 20km - 01:37:42, 21km - 01:43:00, 25km - 02:02:38, 30km - 02:29:33, 35km - 02:59:56, 40km - 03:35:55									
1857	6425	MOTYL Michał	POZNAŃ		POL	M18	218	03:49:43	03:54:59		1714
		5km - 00:28:12, 10km - 00:56:01, 15km - 01:23:26, 20km - 01:51:24, 21km - 01:57:35, 25km - 02:19:27, 30km - 02:47:07, 35km - 03:14:45, 40km - 03:39:51									
1858	1248	APOLINARSKI Adrian	POZNAŃ		POL	M30	693	03:49:44	03:51:23		1715
		5km - 00:25:53, 10km - 00:51:56, 15km - 01:17:36, 20km - 01:43:59, 21km - 01:49:48, 25km - 02:10:56, 30km - 02:38:52, 35km - 03:07:40, 40km - 03:37:25									
1859	6042	ORZEŁ Wojciech	WARSZAWA		POL	M40	409	03:49:44	03:53:34		1715
		5km - 00:26:30, 10km - 00:53:19, 15km - 01:19:45, 20km - 01:46:10, 21km - 01:52:02, 25km - 02:12:45, 30km - 02:39:32, 35km - 03:06:56, 40km - 03:37:29									
1860	3746	KWIATKOWSKA Renata	OŻARÓW MAZOWIECKI	KB Ożarów Mazowiecki Biega	POL	K50	5	03:49:45	03:53:29	144	
		5km - 00:27:15, 10km - 00:53:50, 15km - 01:20:28, 20km - 01:47:22, 21km - 01:52:53, 25km - 02:13:51, 30km - 02:41:37, 35km - 03:09:30, 40km - 03:37:48									
1861	1184	VENSLAUSKAS Dominika	TYCHY	ProsiekoTeam	POL	K30	71	03:49:45	03:52:43	144	
		5km - 00:26:57, 10km - 00:52:43, 15km - 01:18:28, 20km - 01:45:10, 21km - 01:51:02, 25km - 02:12:12, 30km - 02:40:17, 35km - 03:08:45, 40km - 03:37:35									
1862	1280	KOWALSKI Olaf	POZNAN	HUGO TEAM	POL	M30	694	03:49:46	03:50:58		1717
		5km - 00:25:28, 10km - 00:50:20, 15km - 01:15:06, 20km - 01:40:19, 21km - 01:46:01, 25km - 02:06:17, 30km - 02:36:03, 35km - 03:05:31, 40km - 03:37:07									
1863	4442	DYDYMSKI Krzysztof	RUMIA		POL	M45	241	03:49:49	03:51:58		1718
		5km - 00:25:33, 10km - 00:51:07, 15km - 01:16:42, 20km - 01:42:44, 21km - 01:48:30, 25km - 02:09:34, 30km - 02:39:25, 35km - 03:08:04, 40km - 03:37:06									
1864	2746	KOCHAN Przemysław	ZAKRZEWO	CAMsolution TRI Team	POL	M30	695	03:49:49	03:53:58		1718
		5km - 00:25:26, 10km - 00:51:13, 15km - 01:16:38, 20km - 01:42:42, 21km - 01:48:20, 25km - 02:08:58, 30km - 02:36:49, 35km - 03:05:47, 40km - 03:37:29									
1865	2610	NOWACKA Małgorzata	POZNAŃ		POL	K30	72	03:49:49	03:51:01	146	
		5km - 00:26:15, 10km - 00:52:27, 15km - 01:18:21, 20km - 01:44:41, 21km - 01:50:23, 25km - 02:11:13, 30km - 02:39:24, 35km - 03:07:35, 40km - 03:37:23									
1866	2473	GARDYŚ Grzegorz	KICIN	Czerwonak Biega	POL	M40	410	03:49:50	03:53:16		1720
		5km - 00:26:44, 10km - 00:53:22, 15km - 01:20:22, 20km - 01:46:08, 21km - 01:51:46, 25km - 02:12:41, 30km - 02:39:30, 35km - 03:06:12, 40km - 03:35:09									
1867	6611	STRABEL Jacek	KOMORNIKI	KB INTREX Poznań	POL	M30	696	03:49:50	03:53:36		1720
		5km - 00:27:13, 10km - 00:54:00, 15km - 01:20:31, 20km - 01:47:38, 21km - 01:53:24, 25km - 02:14:34, 30km - 02:42:28, 35km - 03:10:06, 40km - 03:38:27									
1868	321	KANARKOWSKI Patryk	LUBOŃ	Zakręceni Biegacze	POL	M30	697	03:49:51	03:52:23		1722
		5km - 00:26:38, 10km - 00:53:17, 15km - 01:19:43, 20km - 01:46:22, 21km - 01:52:17, 25km - 02:13:03, 30km - 02:40:59, 35km - 03:08:30, 40km - 03:37:37									
1869	6093	MADOŃ Rafał	POZNAŃ		POL	M30	697	03:49:51	03:50:36		1722
		5km - 00:23:05, 10km - 00:46:22, 15km - 01:09:15, 20km - 01:32:34, 21km - 01:37:30, 25km - 01:56:09, 30km - 02:23:32, 35km - 02:57:15, 40km - 03:35:17									
1870	6691	ZAMCZYK Piotr	ZŁOTÓW	Zakręceni biegacze	POL	M30	697	03:49:51	03:52:23		1722
		5km - 00:26:38, 10km - 00:53:17, 15km - 01:19:43, 20km - 01:46:23, 21km - 01:52:17, 25km - 02:13:04, 30km - 02:40:59, 35km - 03:08:31, 40km - 03:37:38									
1871	1268	REAY Robert	ULVERSTON		GBR	M30	700	03:49:52	03:53:52		1725
		5km - 00:26:06, 10km - 00:52:00, 15km - 01:17:49, 20km - 01:43:54, 21km - 01:49:31, 25km - 02:10:02, 30km - 02:37:36, 35km - 03:06:52, 40km - 03:37:16									
1872	1469	ŚMICHURSKI Krzysztof	ROKIETNICA	Fizjoterapia Biegacza / Pro366	POL	M30	700	03:49:52	03:50:37		1725
		5km - 00:23:06, 10km - 00:46:23, 15km - 01:09:15, 20km - 01:32:34, 21km - 01:37:30, 25km - 01:56:10, 30km - 02:23:32, 35km - 02:57:15, 40km - 03:35:16									
1873	2462	ŁANDWIJT Marcin	KONSTANTYNÓW ŁÓDZKI	EVErRUN	POL	M45	242	03:49:52	03:52:17		1725
		5km - 00:26:08, 10km - 00:52:13, 15km - 01:18:05, 20km - 01:44:14, 21km - 01:49:55, 25km - 02:10:21, 30km - 02:37:20, 35km - 03:07:00, 40km - 03:38:21									
1874	204	KULECZKA Daniel	TARNOWO PODGÓRNE	Drużyna Szpiku	POL	M40	411	03:49:53	03:54:18		1728
		5km - 00:26:09, 10km - 00:53:29, 15km - 01:19:19, 20km - 01:45:39, 21km - 01:51:48, 25km - 02:12:11, 30km - 02:38:55, 35km - 03:10:52, 40km - 03:38:12									
1875	5121	POCHEĆ Marek	SOCHACZEW		POL	M40	412	03:49:57	03:53:43		1729
		5km - 00:27:16, 10km - 00:54:10, 15km - 01:20:30, 20km - 01:47:08, 21km - 01:53:10, 25km - 02:14:01, 30km - 02:42:19, 35km - 03:10:31, 40km - 03:38:17									
1876	1462	CZARNY Agnieszka	KATOWICE	PwC SDC Runners Team	POL	K30	73	03:49:58	03:51:17	147	
		5km - 00:26:13, 10km - 00:52:29, 15km - 01:18:41, 20km - 01:45:29, 21km - 01:51:08, 25km - 02:12:09, 30km - 02:40:17, 35km - 03:08:44, 40km - 03:37:59									
1877	3392	SĘKOWSKI Marcin	CHOROSZCZ	DrewnoFornir	POL	M50	82	03:49:59	03:55:39		1730
		5km - 00:26:54, 10km - 00:52:33, 15km - 01:17:45, 20km - 01:43:21, 21km - 01:49:29, 25km - 02:09:38, 30km - 02:36:55, 35km - 03:04:14, 40km - 03:34:15									
1878	3749	HUDZIK Robert	GROJEC	#AdamCzerwińskiTeam	POL	M40	413	03:50:00	03:53:41		1731
		5km - 00:26:31, 10km - 00:53:13, 15km - 01:19:46, 20km - 01:46:11, 21km - 01:51:56, 25km - 02:12:48, 30km - 02:39:31, 35km - 03:06:50, 40km - 03:36:40									
1879	4621	WASZCZYKOWSKA Magdalena	PRUDNIK		POL	K40	33	03:50:01	03:52:34	148	
		5km - 00:25:28, 10km - 00:50:41, 15km - 01:16:05, 20km - 01:43:05, 21km - 01:49:01, 25km - 02:10:01, 30km - 02:38:48, 35km - 03:07:29, 40km - 03:37:20									
1880	1874	KRUPA Piotr	BYDGOSZCZ	Woodrunners	POL	M30	702	03:50:02	03:51:09		1732
		5km - 00:24:23, 10km - 00:48:39, 15km - 01:12:46, 20km - 01:37:26, 21km - 01:42:42, 25km - 02:02:21, 30km - 02:29:47, 35km - 03:01:44, 40km - 03:35:24									
1881	3856	Zawodnik anonimowy				M30	702	03:50:02	03:53:40		1732
		5km - 00:26:12, 10km - 00:52:29, 15km - 01:18:53, 20km - 01:45:59, 21km - 01:51:52, 25km - 02:12:58, 30km - 02:40:03, 35km - 03:07:51, 40km - 03:37:48									
1882	4123	NOWAK Krzysztof	POZNAŃ		POL	M18	219	03:50:05	03:52:06		1734
		5km - 00:24:40, 10km - 00:49:21, 15km - 01:14:03, 20km - 01:38:53, 21km - 01:44:12, 25km - 02:03:45, 30km - 02:30:17, 35km - 02:59:59, 40km - 03:36:00									
1883	1885	KOZŁOWSKI Rafał	PŁOCK	TKKF Brwilno	POL	M40	414	03:50:07	03:53:19		1735
		5km - 00:25:52, 10km - 00:51:29, 15km - 01:17:11, 20km - 01:43:40, 21km - 01:49:27, 25km - 02:10:27, 30km - 02:39:50, 35km - 03:09:21, 40km - 03:38:09									
1884	6374	BIERŁA Tomasz	ŚRODA WIELKOPOLSKA		POL	M30	704	03:50:08	03:53:49		1736
		5km - 00:26:45, 10km - 00:53:40, 15km - 01:20:08, 20km - 01:47:01, 21km - 01:52:52, 25km - 02:13:57, 30km - 02:41:46, 35km - 03:09:44, 40km - 03:38:10									
1885	847	WOLNA Elżbiega	STRYKOWO	100	POL	K45	14	03:50:08	03:53:57	149	
		5km - 00:27:20, 10km - 00:54:46, 15km - 01:21:41, 20km - 01:49:27, 21km - 01:55:22, 25km - 02:16:43, 30km - 02:44:44, 35km - 03:12:13, 40km - 03:39:03									
1886	2289	TCHOROWSKI Jarosław	ZIELONA GÓRA	NZG	POL	M45	243	03:50:10	03:53:39		1737
		5km - 00:26:51, 10km - 00:53:48, 15km - 01:20:14, 20km - 01:46:52, 21km - 01:52:39, 25km - 02:13:42, 30km - 02:41:06, 35km - 03:09:06, 40km - 03:37:35									
1887	6682	PRZYBYSZ Artur	POZNAŃ	@biegaj.po.endorfiny	POL	M18	220	03:50:12	03:51:49		1738
		5km - 00:23:39, 10km - 00:47:03, 15km - 01:10:12, 20km - 01:34:15, 21km - 01:39:30, 25km - 01:59:22, 30km - 02:27:55, 35km - 03:00:39, 40km - 03:36:50									
1888	6813	VASILJEVIENE Loreta	VILNIUS		LTU	K40	34	03:50:12	03:52:16	150	
		5km - 00:24:37, 10km - 00:49:25, 15km - 01:14:10, 20km - 01:39:30, 21km - 01:45:15, 25km - 02:05:39, 30km - 02:39:03, 35km - 03:10:51, 40km - 03:38:34									
1889	1220	SCHIEWE Andrzej	ŚWIDNICA		POL	M50	83	03:50:14	03:53:32		1739
		5km - 00:25:41, 10km - 00:53:14, 15km - 01:18:25, 20km - 01:44:20, 21km - 01:50:06, 25km - 02:10:35, 30km - 02:39:06, 35km - 03:08:44, 40km - 03:37:50									
1890	2270	PAWLICKI Tomasz	WARSZAWA	vegerunners	POL	M30	705	03:50:15	03:53:49		1740
		5km - 00:26:43, 10km - 00:53:32, 15km - 01:20:07, 20km - 01:46:28, 21km - 01:52:10, 25km - 02:13:00, 30km - 02:39:57, 35km - 03:07:12, 40km - 03:37:40									
1891	6515	BRAUN Tomasz	STRYKOWO	Biegający WojArtTEAM	POL	M40	415	03:50:16	03:53:54		1741
		5km - 00:26:41, 10km - 00:53:35, 15km - 01:20:00, 20km - 01:46:32, 21km - 01:52:24, 25km - 02:13:19, 30km - 02:40:32, 35km - 03:08:39, 40km - 03:38:09									
1892	4242	KAŃDUŁA Mariusz	NOWY TOMYŚL		POL	M40	415	03:50:16	03:56:30		1741
		5km - 00:27:33, 10km - 00:55:17, 15km - 01:22:30, 20km - 01:49:50, 21km - 01:55:34, 25km - 02:16:35, 30km - 02:44:04, 35km - 03:11:03, 40km - 03:39:06									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1893	3865	CHROSTEK Adam	POZNAŃ		POL	M45	244	03:50:18	03:52:25		1743
		5km - 00:25:17, 10km - 00:50:12, 15km - 01:15:01, 20km - 01:40:53, 21km - 01:47:14, 25km - 02:08:35, 30km - 02:37:10, 35km - 03:06:46, 40km - 03:37:18									
1894	5838	OKOŃ Szymon	WARSZAWA	SSW Sport Team	POL	M30	706	03:50:24	03:53:03		1744
		5km - 00:26:05, 10km - 00:53:08, 15km - 01:19:04, 20km - 01:46:19, 21km - 01:52:15, 25km - 02:13:11, 30km - 02:40:31, 35km - 03:08:51, 40km - 03:38:18									
1895	6628	BUJAK Marcin	RYBNIK		POL	M40	417	03:50:26	03:51:14		1745
		5km - 00:24:09, 10km - 00:47:45, 15km - 01:10:59, 20km - 01:34:57, 21km - 01:40:16, 25km - 02:01:14, 30km - 02:31:13, 35km - 03:03:31, 40km - 03:37:05									
1896	6548	WALCZYK Roman	KRAKÓW	water knights	POL	M50	84	03:50:26	03:52:32		1745
		5km - 00:24:34, 10km - 00:49:38, 15km - 01:14:40, 20km - 01:40:49, 21km - 01:46:33, 25km - 02:07:53, 30km - 02:36:32, 35km - 03:05:53, 40km - 03:36:55									
1897	6671	PIECHOWIAK Jacek	ZAMOSC		POL	M45	245	03:50:30	03:54:58		1747
		5km - 00:26:09, 10km - 00:52:40, 15km - 01:19:06, 20km - 01:45:45, 21km - 01:51:39, 25km - 02:12:42, 30km - 02:39:57, 35km - 03:08:34, 40km - 03:38:03									
1898	3797	Zawodnik anonimowy				M40	418	03:50:30	03:52:26		1747
		5km - 00:26:12, 10km - 00:52:31, 15km - 01:17:45, 20km - 01:43:51, 21km - 01:49:42, 25km - 02:10:09, 30km - 02:37:00, 35km - 03:05:44, 40km - 03:36:30									
1899	2298	LEWICKA Magdalena	OBORNIKI	OBORNICKI KLUB LEKKOATLETYCZNY	POL	K30	74	03:50:31	03:52:13	151	
		5km - 00:26:36, 10km - 00:53:08, 15km - 01:19:43, 20km - 01:46:40, 21km - 01:52:30, 25km - 02:13:46, 30km - 02:41:21, 35km - 03:08:42, 40km - 03:38:02									
1900	3918	ŚWIDERSKA Katarzyna	GDAŃSK		POL	K30	74	03:50:31	03:55:44	151	
		5km - 00:27:11, 10km - 00:53:43, 15km - 01:20:05, 20km - 01:47:26, 21km - 01:53:21, 25km - 02:15:14, 30km - 02:43:52, 35km - 03:11:21, 40km - 03:39:19									
1901	3430	TACIAK Magdalena	ZANIEMYŚL		POL	K18	25	03:50:31	03:52:57	151	
		5km - 00:27:07, 10km - 00:54:15, 15km - 01:21:22, 20km - 01:48:16, 21km - 01:54:06, 25km - 02:15:21, 30km - 02:43:08, 35km - 03:10:49, 40km - 03:38:41									
1902	4640	JAKUS Sylwia	POZNAŃ		POL	K30	76	03:50:32	03:52:00	154	
		5km - 00:24:25, 10km - 00:49:11, 15km - 01:14:24, 20km - 01:41:29, 21km - 01:47:24, 25km - 02:09:11, 30km - 02:39:19, 35km - 03:08:43, 40km - 03:38:19									
1903	6320	GOCLIK Marcin	WRZEŚNIA		POL	M45	246	03:50:33	03:53:57		1749
		5km - 00:26:11, 10km - 00:53:13, 15km - 01:18:45, 20km - 01:45:15, 21km - 01:50:48, 25km - 02:11:25, 30km - 02:38:44, 35km - 03:06:37, 40km - 03:37:15									
1904	2307	BIERNACKI Rafał	KOSCIAN		POL	M40	419	03:50:34	03:51:38		1750
		5km - 00:24:41, 10km - 00:49:30, 15km - 01:14:11, 20km - 01:39:10, 21km - 01:44:31, 25km - 02:04:12, 30km - 02:30:34, 35km - 03:00:08, 40km - 03:34:01									
1905	1201	MASARCZYK Szymon	GLIWICE		POL	M18	221	03:50:35	03:50:56		1751
		5km - 00:21:35, 10km - 00:43:24, 15km - 01:05:36, 20km - 01:29:30, 21km - 01:35:27, 25km - 01:55:54, 30km - 02:26:05, 35km - 02:58:13, 40km - 03:35:04									
1906	6806	RATAJCZAK Joanna	POZNAŃ	Piątkowo Na Biegowo	POL	K40	35	03:50:37	03:53:59	155	
		5km - 00:26:08, 10km - 00:52:18, 15km - 01:18:16, 20km - 01:45:01, 21km - 01:50:51, 25km - 02:12:13, 30km - 02:41:22, 35km - 03:10:11, 40km - 03:38:46									
1907	5159	SZPIGUN Ewelina	NOWA SÓL		POL	K30	77	03:50:38	03:56:50	156	
		5km - 00:29:27, 10km - 00:57:43, 15km - 01:25:22, 20km - 01:53:04, 21km - 01:59:00, 25km - 02:20:30, 30km - 02:47:53, 35km - 03:14:07, 40km - 03:40:10									
1908	5806	KOZBER Ireneusz	WRONKI		POL	M45	247	03:50:39	03:55:32		1752
		5km - 00:27:30, 10km - 00:54:44, 15km - 01:21:58, 20km - 01:48:23, 21km - 01:54:05, 25km - 02:14:39, 30km - 02:41:24, 35km - 03:08:38, 40km - 03:38:14									
1909	2563	ZYLA David	SCHWARZACH		EUA	M40	420	03:50:41	03:56:51		1753
		5km - 00:26:28, 10km - 00:52:34, 15km - 01:19:10, 20km - 01:45:42, 21km - 01:51:35, 25km - 02:12:54, 30km - 02:41:03, 35km - 03:09:04, 40km - 03:38:06									
1910	3230	HERNER Tomasz	TRZEBNICA	ELTOM TRZEBNICA	POL	M40	421	03:50:42	03:51:33		1754
		5km - 00:22:35, 10km - 00:45:52, 15km - 01:10:11, 20km - 01:36:15, 21km - 01:42:03, 25km - 02:03:57, 30km - 02:33:41, 35km - 03:07:10, 40km - 03:38:24									
1911	3307	KAMIŃSKI Daniel	OZORKÓW		POL	M30	707	03:50:42	03:52:47		1754
		5km - 00:24:38, 10km - 00:49:37, 15km - 01:14:17, 20km - 01:39:49, 21km - 01:45:32, 25km - 02:06:27, 30km - 02:35:48, 35km - 03:06:40, 40km - 03:37:53									
1912	1667	SIBA Marek	JAWORZNO	TEAM ABM	POL	M40	422	03:50:44	03:52:08		1756
		5km - 00:25:35, 10km - 00:50:32, 15km - 01:15:08, 20km - 01:40:30, 21km - 01:46:32, 25km - 02:07:25, 30km - 02:37:18, 35km - 03:07:18, 40km - 03:37:57									
1913	5659	ABRAMCZYK Adrian	KRASNOSIELC		POL	M30	708	03:50:46	03:53:15		1757
		5km - 00:25:08, 10km - 00:49:36, 15km - 01:14:09, 20km - 01:39:25, 21km - 01:44:58, 25km - 02:05:40, 30km - 02:34:07, 35km - 03:04:39, 40km - 03:37:48									
1914	5785	KOCIK Kamil	LASOCIN	LZS Lasocin	POL	M18	222	03:50:46	03:52:20		1757
		5km - 00:26:13, 10km - 00:52:32, 15km - 01:18:28, 20km - 01:44:46, 21km - 01:50:30, 25km - 02:11:08, 30km - 02:38:38, 35km - 03:07:43, 40km - 03:37:59									
1915	6794	MICHALAK Hubert	RAKONIEWICE	Niagara Fitness Klub	POL	M18	222	03:50:46	03:53:43		1757
		5km - 00:27:06, 10km - 00:54:22, 15km - 01:21:05, 20km - 01:47:55, 21km - 01:53:43, 25km - 02:14:10, 30km - 02:41:05, 35km - 03:08:44, 40km - 03:39:26									
1916	4309	SZCZEPANIAK Paweł	`LUBOŃ	SUHAR	POL	M30	709	03:50:48	03:52:25		1760
		5km - 00:24:28, 10km - 00:49:12, 15km - 01:13:26, 20km - 01:38:20, 21km - 01:43:39, 25km - 02:03:36, 30km - 02:32:11, 35km - 03:03:34, 40km - 03:37:50									
1917	3620	GŁADZISZEWSKI Krzysztof	STARY TOMYŚL		POL	M40	423	03:50:50	03:54:22		1761
		5km - 00:26:46, 10km - 00:53:35, 15km - 01:19:58, 20km - 01:46:21, 21km - 01:52:21, 25km - 02:13:06, 30km - 02:40:34, 35km - 03:08:26, 40km - 03:37:53									
1918	1401	LEWANDOWSKI Wojtek	MIRKÓW		POL	M40	423	03:50:50	03:54:24		1761
		5km - 00:26:41, 10km - 00:53:20, 15km - 01:19:53, 20km - 01:46:14, 21km - 01:52:03, 25km - 02:12:56, 30km - 02:39:37, 35km - 03:07:06, 40km - 03:38:05									
1919	6701	WIECZOREK Lech	MROWINO	Drużyna Szpiku	POL	M30	710	03:50:50	03:51:14		1761
		5km - 00:22:26, 10km - 00:45:15, 15km - 01:07:48, 20km - 01:31:34, 21km - 01:37:03, 25km - 01:57:11, 30km - 02:26:59, 35km - 02:59:54, 40km - 03:35:32									
1920	6167	KLUJ Przemysław	BARANOWO		POL	M40	425	03:50:51	03:52:57		1764
		5km - 00:24:33, 10km - 00:49:08, 15km - 01:13:38, 20km - 01:38:32, 21km - 01:43:58, 25km - 02:04:05, 30km - 02:33:04, 35km - 03:04:26, 40km - 03:37:10									
1921	4110	LATAŁA Eryk	SKOROSZYCE		POL	M45	248	03:50:51	03:55:29		1764
		5km - 00:27:13, 10km - 00:54:01, 15km - 01:20:08, 20km - 01:46:56, 21km - 01:53:22, 25km - 02:14:23, 30km - 02:41:51, 35km - 03:10:20, 40km - 03:39:28									
1922	7241	JANUSZEWSKI Piotr	ŚWINOUJŚCIE	MKS Roboty Drogowe	POL	M40	426	03:50:52	03:51:48		1766
		5km - 00:24:24, 10km - 00:48:39, 15km - 01:12:55, 20km - 01:37:46, 21km - 01:42:59, 25km - 02:03:24, 30km - 02:31:55, 35km - 03:02:35, 40km - 03:35:29									
1923	1602	Zawodnik anonimowy				M45	249	03:50:52	03:53:48		1766
		5km - 00:24:41, 10km - 00:49:18, 15km - 01:13:16, 20km - 01:37:57, 21km - 01:43:18, 25km - 02:02:46, 30km - 02:28:27, 35km - 02:57:15, 40km - 03:34:19									
1924	6254	KAŹMIERCZAK Krzysztof	WILKOWICE		POL	M30	711	03:50:54	03:51:56		1768
		5km - 00:24:31, 10km - 00:48:29, 15km - 01:12:17, 20km - 01:37:29, 21km - 01:43:34, 25km - 02:05:16, 30km - 02:36:46, 35km - 03:07:34, 40km - 03:37:31									
1925	649	SZARANIEC Sebastian	WARSZAWA	T-Mobile Sport Team	POL	M40	427	03:50:55	03:54:21		1769
		5km - 00:26:42, 10km - 00:53:26, 15km - 01:20:12, 20km - 01:46:46, 21km - 01:52:38, 25km - 02:13:42, 30km - 02:40:43, 35km - 03:07:30, 40km - 03:36:37									
1926	7097	KRUCZYŃSKI Janusz	OSTROŁĘKA		POL	M60	16	03:50:56	03:53:26		1770
		5km - 00:24:50, 10km - 00:49:24, 15km - 01:14:00, 20km - 01:39:07, 21km - 01:45:36, 25km - 02:05:46, 30km - 02:34:14, 35km - 03:05:33, 40km - 03:37:44									
1927	1010	FABISIAK Tomasz	KROSINKO	PKO BANK POLSKI	POL	M45	250	03:50:58	03:53:57		1771
		5km - 00:26:24, 10km - 00:52:27, 15km - 01:17:45, 20km - 01:43:58, 21km - 01:49:45, 25km - 02:10:29, 30km - 02:38:50, 35km - 03:07:53, 40km - 03:38:06									
1928	2235	ŚLĘCZKOWSKI Krzysztof	CZEMPIŃ	Helios Czempiń Team	POL	M30	712	03:50:58	03:53:27		1771
		5km - 00:25:46, 10km - 00:51:29, 15km - 01:16:41, 20km - 01:41:59, 21km - 01:47:29, 25km - 02:07:37, 30km - 02:34:13, 35km - 03:02:55, 40km - 03:37:14									
1929	6642	STARCZEWSKI Jarosław	WARSZAWA	Runforrest	POL	M40	428	03:50:58	03:53:28		1771
		5km - 00:25:27, 10km - 00:50:43, 15km - 01:15:54, 20km - 01:41:48, 21km - 01:47:19, 25km - 02:08:10, 30km - 02:36:12, 35km - 03:05:25, 40km - 03:37:44									
1930	4873	ROSZAK Bartosz	WRONKI	Wroniecki Klub Biegacza	POL	M30	713	03:50:59	03:52:33		1774
		5km - 00:24:42, 10km - 00:49:20, 15km - 01:14:00, 20km - 01:38:57, 21km - 01:44:34, 25km - 02:06:05, 30km - 02:38:33, 35km - 03:08:35, 40km - 03:38:59									
1931	2837	Zawodnik anonimowy				M30	713	03:50:59	03:56:15		1774
		5km - 00:27:30, 10km - 00:55:02, 15km - 01:21:55, 20km - 01:48:49, 21km - 01:54:35, 25km - 02:15:21, 30km - 02:42:12, 35km - 03:10:07, 40km - 03:38:34									
1932	2172	KRAWCZYK Krzysztof	RAKONIEWICE	Niagara Fitness Klub Rakoniewice	POL	M50	85	03:51:00	03:53:21		1776
		5km - 00:24:28, 10km - 00:49:21, 15km - 01:13:57, 20km - 01:38:49, 21km - 01:44:10, 25km - 02:03:47, 30km - 02:30:24, 35km - 03:03:10, 40km - 03:37:24									
1933	5025	MUSIK Jakub	GDAŃSK	Orkiestra Reprezentacyjna MW	POL	M18	224	03:51:02	03:52:39		1777
		5km - 00:24:34, 10km - 00:49:05, 15km - 01:13:29, 20km - 01:38:35, 21km - 01:43:59, 25km - 02:03:33, 30km - 02:30:06, 35km - 03:02:19, 40km - 03:36:29									
1934	2897	BRONISZ Norbert	ZAKRZEWO		POL	M30	715	03:51:03	03:54:27		1778
		5km - 00:26:49, 10km - 00:53:30, 15km - 01:19:58, 20km - 01:46:27, 21km - 01:52:13, 25km - 02:13:07, 30km - 02:39:45, 35km - 03:06:20, 40km - 03:35:17									
1935	5696	OKRASKA Zbigniew	SKIERNIEWICE		POL	M45	251	03:51:04	03:52:48		1779
		5km - 00:25:27, 10km - 00:50:03, 15km - 01:14:44, 20km - 01:39:53, 21km - 01:46:03, 25km - 02:06:20, 30km - 02:32:43, 35km - 03:02:18, 40km - 03:35:27									
1936	337	DUBEL Andrzej	SKIERNIEWICE	T12	POL	M40	429	03:51:05	03:52:49		1780
		5km - 00:25:27, 10km - 00:50:03, 15km - 01:14:44, 20km - 01:39:27, 21km - 01:46:03, 25km - 02:06:20, 30km - 02:32:43, 35km - 03:02:18, 40km - 03:35:28									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1937	5174	KALETA Tomasz	KRAKÓW		POL	M30	716	03:51:07	03:57:19		1781
		5km - 00:29:28, 10km - 00:57:43, 15km - 01:25:22, 20km - 01:53:03, 21km - 01:59:00, 25km - 02:20:29, 30km - 02:47:53, 35km - 03:14:10, 40km - 03:40:51									
1938	2617	GARGASIEWICZ Kacper	NOWA SÓL	Ratownicza Liga Biegowa	POL	M18	225	03:51:08	03:52:16		1782
		5km - 00:26:15, 10km - 00:52:37, 15km - 01:18:40, 20km - 01:45:09, 21km - 01:50:47, 25km - 02:11:23, 30km - 02:39:28, 35km - 03:09:00, 40km - 03:39:13									
1939	2250	KORCZ Mateusz	ŚRÓDKA 25 B KREROWO 63-00		POL	M30	717	03:51:09	03:56:59		1783
		5km - 00:27:33, 10km - 00:53:43, 15km - 01:18:37, 20km - 01:44:11, 21km - 01:49:48, 25km - 02:10:35, 30km - 02:37:10, 35km - 03:06:40, 40km - 03:39:03									
1940	2326	BARANEK Grzegorz	OSTRÓW WIELKOPOLSKI		POL	M40	430	03:51:10	03:51:45		1784
		5km - 00:27:02, 10km - 00:53:35, 15km - 01:19:46, 20km - 01:46:12, 21km - 01:51:52, 25km - 02:12:44, 30km - 02:40:18, 35km - 03:09:12, 40km - 03:38:13									
1941	6798	SZARSZEWSKI Michał	LIPNO	Jerzyk Team	POL	M40	430	03:51:10	03:54:13		1784
		5km - 00:26:01, 10km - 00:51:42, 15km - 01:17:14, 20km - 01:42:49, 21km - 01:48:24, 25km - 02:08:45, 30km - 02:35:58, 35km - 03:05:07, 40km - 03:37:49									
1942	7026	OSIŃSKI Wojciech	SŁUPSK	TeamZabieganeDni	POL	M30	718	03:51:11	03:51:58		1786
		5km - 00:22:11, 10km - 00:44:38, 15km - 01:07:12, 20km - 01:30:28, 21km - 01:35:55, 25km - 01:54:48, 30km - 02:22:38, 35km - 02:56:26, 40km - 03:34:22									
1943	5726	CHĘTNIK Andrzej	PRZYTOCZNA	Zjednoczeni Przytoczna	POL	M45	252	03:51:12	03:53:11		1787
		5km - 00:24:33, 10km - 00:49:05, 15km - 01:14:12, 20km - 01:38:58, 21km - 01:44:19, 25km - 02:04:53, 30km - 02:33:00, 35km - 03:02:35, 40km - 03:36:47									
1944	3342	DOMIN Andrzej	WARSZAWA	STRABAG	POL	M40	432	03:51:16	03:53:18		1788
		5km - 00:24:58, 10km - 00:49:35, 15km - 01:14:14, 20km - 01:39:19, 21km - 01:44:43, 25km - 02:04:33, 30km - 02:32:41, 35km - 03:04:51, 40km - 03:39:04									
1945	2601	OSMÓLSKI Robert	KÓRNIK	RZI Wrocław	POL	M50	86	03:51:17	03:53:40		1789
		5km - 00:27:15, 10km - 00:54:29, 15km - 01:21:15, 20km - 01:47:50, 21km - 01:53:42, 25km - 02:14:45, 30km - 02:41:47, 35km - 03:08:50, 40km - 03:38:26									
1946	6970	ŁECH Damian	BUDZYŃ	Nyrolrun	POL	M40	433	03:51:17	03:54:05		1789
		5km - 00:26:21, 10km - 00:52:24, 15km - 01:18:28, 20km - 01:45:15, 21km - 01:50:56, 25km - 02:11:53, 30km - 02:39:42, 35km - 03:08:38, 40km - 03:38:46									
1947	2978	PIECHOTA Bartek	RAKONIEWICE		POL	M18	226	03:51:18	03:55:01		1791
		5km - 00:26:31, 10km - 00:53:24, 15km - 01:19:57, 20km - 01:46:31, 21km - 01:52:24, 25km - 02:13:31, 30km - 02:41:09, 35km - 03:08:59, 40km - 03:38:46									
1948	4871	SKORUPA Tomasz	ŁÓDŹ	AGB Torfy	POL	M45	253	03:51:18	03:54:57		1791
		5km - 00:26:37, 10km - 00:53:21, 15km - 01:20:02, 20km - 01:46:35, 21km - 01:52:21, 25km - 02:13:33, 30km - 02:40:54, 35km - 03:09:24, 40km - 03:39:54									
1949	689	KORZYCKI Tadeusz	SOSNÓWKA		POL	M60	17	03:51:20	03:55:32		1793
		5km - 00:26:55, 10km - 00:53:32, 15km - 01:20:08, 20km - 01:46:45, 21km - 01:52:25, 25km - 02:13:31, 30km - 02:41:11, 35km - 03:08:41, 40km - 03:37:53									
1950	5334	TERESZKIEWICZ Joanna	WARSZAWA	PKO BP	POL	K30	78	03:51:20	03:55:59	157	
		5km - 00:26:44, 10km - 00:52:58, 15km - 01:19:41, 20km - 01:46:57, 21km - 01:52:35, 25km - 02:13:22, 30km - 02:41:01, 35km - 03:08:39, 40km - 03:38:15									
1951	743	GÓRECZNY Rafał	CHWASZCZYNO		POL	M45	254	03:51:21	03:53:05		1794
		5km - 00:23:46, 10km - 00:48:13, 15km - 01:12:32, 20km - 01:38:07, 21km - 01:43:33, 25km - 02:05:04, 30km - 02:35:21, 35km - 03:07:21, 40km - 03:38:03									
1952	6594	NOWACZYK Jakub	BYDGOSZCZ		POL	M30	719	03:51:21	03:54:02		1794
		5km - 00:26:40, 10km - 00:53:21, 15km - 01:19:51, 20km - 01:46:35, 21km - 01:52:28, 25km - 02:13:22, 30km - 02:40:19, 35km - 03:07:44, 40km - 03:38:15									
1953	4335	GORZKA Piotr	PACOLTOWO		POL	M40	434	03:51:22	03:52:08		1796
		5km - 00:26:01, 10km - 00:52:03, 15km - 01:17:28, 20km - 01:43:29, 21km - 01:49:05, 25km - 02:10:01, 30km - 02:37:50, 35km - 03:08:30, 40km - 03:39:39									
1954	2394	NUSBAUM Piotr	POZNAŃ		POL	M40	435	03:51:24	03:55:12		1797
		5km - 00:26:57, 10km - 00:53:14, 15km - 01:18:35, 20km - 01:44:09, 21km - 01:49:51, 25km - 02:10:42, 30km - 02:38:33, 35km - 03:07:03, 40km - 03:38:12									
1955	3167	JURKOWSKI Radek	PLEWISKA		POL	M30	720	03:51:26	03:52:01		1798
		5km - 00:23:13, 10km - 00:46:29, 15km - 01:09:43, 20km - 01:33:21, 21km - 01:38:33, 25km - 01:57:40, 30km - 02:24:24, 35km - 02:56:06, 40km - 03:37:10									
1956	3452	ROBACZEWSKI Marcin	SZEMBEKOWO	PKO BP SA	POL	M40	436	03:51:26	03:54:59		1798
		5km - 00:26:37, 10km - 00:53:22, 15km - 01:20:06, 20km - 01:46:41, 21km - 01:52:33, 25km - 02:13:36, 30km - 02:41:01, 35km - 03:09:10, 40km - 03:38:38									
1957	194	GAŁAN Leszek	ZŁOCIENIEC		POL	M55	53	03:51:27	03:52:25		1800
		5km - 00:24:35, 10km - 00:49:27, 15km - 01:14:46, 20km - 01:40:43, 21km - 01:46:24, 25km - 02:07:26, 30km - 02:36:21, 35km - 03:06:29, 40km - 03:37:59									
1958	758	KOTULA Joachim	OZIMEK		POL	M50	87	03:51:27	03:54:31		1800
		5km - 00:26:22, 10km - 00:53:12, 15km - 01:19:56, 20km - 01:46:48, 21km - 01:52:34, 25km - 02:13:29, 30km - 02:40:28, 35km - 03:08:20, 40km - 03:38:13									
1959	6376	NOWACKI Arkadiusz	KROTOSZYN		POL	M18	227	03:51:30	03:55:43		1802
		5km - 00:28:27, 10km - 00:56:27, 15km - 01:24:01, 20km - 01:51:52, 21km - 01:57:55, 25km - 02:19:35, 30km - 02:47:28, 35km - 03:14:32, 40km - 03:41:00									
1960	5636	JERCZYŃSKI Radosław	ŁĘKA OPATOWSKA		POL	M30	721	03:51:31	03:53:50		1803
		5km - 00:25:50, 10km - 00:52:20, 15km - 01:18:00, 20km - 01:45:02, 21km - 01:50:48, 25km - 02:11:08, 30km - 02:39:10, 35km - 03:08:05, 40km - 03:39:13									
1961	1681	SUSZYNA Tomasz	WARSZAWA		POL	M30	722	03:51:33	03:55:15		1804
		5km - 00:27:25, 10km - 00:54:47, 15km - 01:21:50, 20km - 01:49:06, 21km - 01:54:54, 25km - 02:16:11, 30km - 02:43:44, 35km - 03:11:30, 40km - 03:40:02									
1962	508	GŁOWACKI Mariusz	KRAKÓW	Active Jura	POL	M45	255	03:51:37	03:55:24		1805
		5km - 00:26:32, 10km - 00:53:08, 15km - 01:19:31, 20km - 01:46:01, 21km - 01:51:44, 25km - 02:12:37, 30km - 02:40:40, 35km - 03:09:21, 40km - 03:39:16									
1963	6490	SKORLIŃSKI Marcin	KOSTRZYN	Echo Ziemi Kostrzyńskiej	POL	M45	256	03:51:38	03:53:12		1806
		5km - 00:25:48, 10km - 00:51:41, 15km - 01:17:37, 20km - 01:44:06, 21km - 01:50:12, 25km - 02:11:55, 30km - 02:40:53, 35km - 03:10:21, 40km - 03:39:41									
1964	7195	ORLIŃSKI Krzysztof	WARSZAWA		POL	M30	723	03:51:41	03:55:08		1807
		5km - 00:26:45, 10km - 00:53:30, 15km - 01:20:12, 20km - 01:46:47, 21km - 01:52:39, 25km - 02:13:42, 30km - 02:40:44, 35km - 03:08:30, 40km - 03:38:48									
1965	2759	SKÓRNICKI Leszek	POZNAŃ	Night Runners	POL	M45	257	03:51:41	03:53:25		1807
		5km - 00:24:50, 10km - 00:49:32, 15km - 01:14:16, 20km - 01:39:12, 21km - 01:44:36, 25km - 02:04:10, 30km - 02:30:55, 35km - 03:01:48, 40km - 03:36:56									
1966	288	STREMEL Bartosz	KWIDZYN	Traktor Team Gmina Kwidzyn	POL	M30	723	03:51:41	03:54:19		1807
		5km - 00:25:22, 10km - 00:50:56, 15km - 01:16:12, 20km - 01:42:04, 21km - 01:47:38, 25km - 02:07:52, 30km - 02:34:43, 35km - 03:02:41, 40km - 03:35:37									
1967	2320	WITKOWSKI Krzysztof	POZNAŃ	Drużyna Szpiku	POL	M30	723	03:51:41	03:55:17		1807
		5km - 00:26:26, 10km - 00:52:49, 15km - 01:18:21, 20km - 01:44:03, 21km - 01:49:50, 25km - 02:10:14, 30km - 02:37:37, 35km - 03:06:13, 40km - 03:39:01									
1968	237	KUCZYŃSKI Piotr	POZNAŃ	NKB Chyży Nowy Tomyśl	POL	M60	18	03:51:42	03:53:45		1811
		5km - 00:25:27, 10km - 00:51:38, 15km - 01:17:40, 20km - 01:44:34, 21km - 01:50:23, 25km - 02:11:42, 30km - 02:39:37, 35km - 03:07:57, 40km - 03:37:54									
1969	5695	PIWKO Hubert	ZIELONA GÓRA		POL	M40	437	03:51:43	03:57:16		1812
		5km - 00:26:37, 10km - 00:53:26, 15km - 01:19:50, 20km - 01:46:31, 21km - 01:52:20, 25km - 02:13:43, 30km - 02:41:34, 35km - 03:09:53, 40km - 03:39:03									
1970	3721	TIM Engels	ANTWERP		BEL	M40	437	03:51:43	03:54:05		1812
		5km - 00:23:30, 10km - 00:46:19, 15km - 01:09:09, 20km - 01:33:23, 21km - 01:39:14, 25km - 01:58:26, 30km - 02:26:04, 35km - 02:56:04, 40km - 03:35:53									
1971	6075	PUCHALSKI Piotr	POZNAN		POL	M30	726	03:51:44	03:55:41		1814
		5km - 00:27:07, 10km - 00:53:51, 15km - 01:20:21, 20km - 01:46:56, 21km - 01:52:44, 25km - 02:13:49, 30km - 02:41:33, 35km - 03:10:11, 40km - 03:39:25									
1972	923	ROZYNEK Dariusz	POZNAŃ		POL	M40	439	03:51:44	03:52:53		1814
		5km - 00:24:15, 10km - 00:48:27, 15km - 01:12:33, 20km - 01:37:41, 21km - 01:43:24, 25km - 02:04:58, 30km - 02:34:47, 35km - 03:06:00, 40km - 03:37:47									
1973	2195	SARNA Sławomir	KOWALEW	Team pleszew	POL	M55	54	03:51:44	03:53:13		1814
		5km - 00:26:24, 10km - 00:52:11, 15km - 01:17:34, 20km - 01:43:39, 21km - 01:49:37, 25km - 02:10:33, 30km - 02:38:57, 35km - 03:08:17, 40km - 03:39:32									
1974	4056	BEDNARCZYK Jakub	POZNAŃ	BV	POL	M45	258	03:51:45	03:52:47		1817
		5km - 00:24:00, 10km - 00:47:42, 15km - 01:11:25, 20km - 01:34:53, 21km - 01:39:54, 25km - 01:58:33, 30km - 02:26:23, 35km - 03:00:00, 40km - 03:37:03									
1975	4845	CIESIELCZYK Marek	POZNAŃ	TKKF MPK Poznań	POL	M50	88	03:51:45	03:53:16		1817
		5km - 00:25:09, 10km - 00:50:17, 15km - 01:15:13, 20km - 01:41:32, 21km - 01:47:18, 25km - 02:08:31, 30km - 02:37:45, 35km - 03:08:04, 40km - 03:38:14									
1976	627	MIKOŁAJCZAK Tomasz	BYDGOSZCZ	Dzik sQad	POL	M30	727	03:51:45	03:55:30		1817
		5km - 00:26:37, 10km - 00:53:26, 15km - 01:20:00, 20km - 01:46:31, 21km - 01:52:12, 25km - 02:13:06, 30km - 02:40:09, 35km - 03:08:28, 40km - 03:39:11									
1977	1505	WALIGÓRSKI Tomasz	GDYNIA		POL	M45	259	03:51:47	03:55:55		1820
		5km - 00:26:50, 10km - 00:54:37, 15km - 01:20:44, 20km - 01:47:38, 21km - 01:53:44, 25km - 02:14:44, 30km - 02:43:01, 35km - 03:11:14, 40km - 03:39:21									
1978	2133	KAMIŃSKI Jerzy	OBORNIKI	Magdalena	POL	M45	260	03:51:48	03:53:34		1821
		5km - 00:24:57, 10km - 00:50:05, 15km - 01:14:20, 20km - 01:39:12, 21km - 01:44:42, 25km - 02:04:40, 30km - 02:34:33, 35km - 03:06:17, 40km - 03:37:19									
1979	4731	NIEWIEDZIAŁ Tomasz	POZNAŃ	TNT Tri	POL	M50	89	03:51:50	03:54:16		1822
		5km - 00:26:31, 10km - 00:52:37, 15km - 01:18:42, 20km - 01:45:37, 21km - 01:51:28, 25km - 02:12:29, 30km - 02:40:49, 35km - 03:09:31, 40km - 03:39:36									
1980	603	SZYMAŃSKI Krzysztof	POZNAŃ	TKKF MPK POZNAŃ	POL	M30	728	03:51:52	03:54:07		1823
		5km - 00:27:22, 10km - 00:54:49, 15km - 01:22:01, 20km - 01:49:19, 21km - 01:55:17, 25km - 02:16:30, 30km - 02:43:50, 35km - 03:10:57, 40km - 03:39:04									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
1981	5890	POWAŁOWSKA Danka	GNIEZNO		POL	K40	36	03:51:54	03:52:42	158	
		5km - 00:27:26, 10km - 00:54:36, 15km - 01:21:38, 20km - 01:49:01, 21km - 01:54:54, 25km - 02:16:35, 30km - 02:44:47, 35km - 03:12:26, 40km - 03:40:19									
1982	7073	GRODZKI Michał	WARSZAWA		POL	M30	729	03:51:55	03:57:22		1824
		5km - 00:27:06, 10km - 00:54:16, 15km - 01:20:33, 20km - 01:47:45, 21km - 01:53:43, 25km - 02:15:05, 30km - 02:43:22, 35km - 03:12:15, 40km - 03:40:33									
1983	4777	LECH Marek	BYDGOSZCZ	Whm Polska	POL	M30	729	03:51:55	03:52:55		1824
		5km - 00:24:40, 10km - 00:50:00, 15km - 01:15:12, 20km - 01:40:45, 21km - 01:46:31, 25km - 02:07:21, 30km - 02:36:39, 35km - 03:08:04, 40km - 03:39:16									
1984	974	MILACHOWSKI Sebastian	NOWINY		POL	M30	729	03:51:55	03:55:38		1824
		5km - 00:26:41, 10km - 00:53:22, 15km - 01:20:01, 20km - 01:46:40, 21km - 01:52:36, 25km - 02:13:39, 30km - 02:40:59, 35km - 03:08:32, 40km - 03:39:07									
1985	3963	PRUSINOWSKI Waldemar	POZNAŃ		POL	M40	440	03:51:56	03:55:46		1827
		5km - 00:27:58, 10km - 00:55:37, 15km - 01:22:58, 20km - 01:50:59, 21km - 01:56:42, 25km - 02:18:02, 30km - 02:45:58, 35km - 03:13:28, 40km - 03:40:59									
1986	4882	KACPERCZAK Jerzy	NOWA SÓL	KB WIKON Nowa Sól	POL	M60	19	03:51:58	03:53:19		1828
		5km - 00:27:05, 10km - 00:54:18, 15km - 01:20:29, 20km - 01:47:12, 21km - 01:52:57, 25km - 02:13:22, 30km - 02:40:41, 35km - 03:09:11, 40km - 03:38:59									
1987	2557	LANGE Szymon	ŚREM	Runner's Power	POL	M40	441	03:51:58	03:54:12		1828
		5km - 00:26:49, 10km - 00:53:07, 15km - 01:19:31, 20km - 01:46:02, 21km - 01:51:47, 25km - 02:12:17, 30km - 02:39:13, 35km - 03:06:30, 40km - 03:38:19									
1988	569	BAGROWSKI Marek	JANOWO /K/ DĄBROWY CHEŁMI	UMK COLLEGIUM MEDICUM RATOWNICTWO-MEDYCZ	POL	M55	55	03:51:59	03:55:32		1830
		5km - 00:26:18, 10km - 00:52:25, 15km - 01:18:03, 20km - 01:44:38, 21km - 01:50:24, 25km - 02:11:11, 30km - 02:40:02, 35km - 03:10:42, 40km - 03:39:31									
1989	2127	KARWIK Marcin	KROTOSZYN	Drużyna Szpiku	POL	M30	732	03:51:59	03:56:22		1830
		5km - 00:27:52, 10km - 00:55:32, 15km - 01:22:44, 20km - 01:50:18, 21km - 01:56:13, 25km - 02:17:52, 30km - 02:45:58, 35km - 03:13:20, 40km - 03:40:53									
1990	4395	ROK Krzysztof	POZNAŃ		POL	M45	261	03:51:59	03:54:14		1830
		5km - 00:26:27, 10km - 00:52:37, 15km - 01:18:55, 20km - 01:45:03, 21km - 01:50:49, 25km - 02:11:39, 30km - 02:39:16, 35km - 03:08:35, 40km - 03:38:39									
1991	3052	ANTKOWIAK Michał	MUROWANA GOŚLINA	Dzikie małże	POL	M30	733	03:52:00	03:54:08		1833
		5km - 00:27:08, 10km - 00:54:18, 15km - 01:21:18, 20km - 01:48:21, 21km - 01:54:05, 25km - 02:15:31, 30km - 02:44:16, 35km - 03:13:24, 40km - 03:40:33									
1992	4567	CICHOCKI Robert	PSARSKIE	BOSCH SERWIS OLSZEWSKI	POL	M45	262	03:52:04	03:53:19		1834
		5km - 00:25:22, 10km - 00:50:35, 15km - 01:15:40, 20km - 01:41:30, 21km - 01:47:13, 25km - 02:08:05, 30km - 02:36:04, 35km - 03:05:35, 40km - 03:38:30									
1993	5451	KUKLASINSKI Tomek	POZNAŃ		POL	M60	20	03:52:04	03:54:48		1834
		5km - 00:27:15, 10km - 00:53:26, 15km - 01:19:00, 20km - 01:45:31, 21km - 01:51:23, 25km - 02:12:33, 30km - 02:40:51, 35km - 03:09:57, 40km - 03:39:35									
1994	1178	Zawodnik anonimowy				M45	263	03:52:05	03:52:57		1836
		5km - 00:24:13, 10km - 00:48:28, 15km - 01:12:43, 20km - 01:37:45, 21km - 01:44:00, 25km - 02:05:25, 30km - 02:36:04, 35km - 03:09:01, 40km - 03:40:12									
1995	7207	REMBECKI Piotr	DZIAŁDOWO	Rozbiegane Działdowo	POL	M40	442	03:52:06	03:55:42		1837
		5km - 00:26:31, 10km - 00:53:07, 15km - 01:19:06, 20km - 01:45:53, 21km - 01:51:38, 25km - 02:12:38, 30km - 02:39:36, 35km - 03:06:59, 40km - 03:39:03									
1996	4387	CIEPIELA Patryk	KRAKÓW	NOWA HUTA TEAM	POL	M30	734	03:52:09	03:54:18		1838
		5km - 00:26:33, 10km - 00:52:49, 15km - 01:18:23, 20km - 01:44:27, 21km - 01:50:08, 25km - 02:11:22, 30km - 02:40:41, 35km - 03:10:47, 40km - 03:40:04									
1997	3429	PARRY Rebecca	LEICESTER	Wigston Phoenix	GBR	K45	15	03:52:11	03:53:15	159	
		5km - 00:25:34, 10km - 00:51:48, 15km - 01:18:14, 20km - 01:45:03, 21km - 01:51:04, 25km - 02:12:24, 30km - 02:40:56, 35km - 03:10:20, 40km - 03:39:17									
1998	6618	BUCZKOWSKI Wojciech	PIERSKO	LZS PIERSKO	POL	M45	264	03:52:12	03:55:52		1839
		5km - 00:26:41, 10km - 00:53:30, 15km - 01:20:03, 20km - 01:46:35, 21km - 01:52:26, 25km - 02:13:37, 30km - 02:42:11, 35km - 03:11:12, 40km - 03:39:59									
1999	5804	DYLEWSKI Michał	KONIN		POL	M18	228	03:52:12	03:57:19		1839
		5km - 00:28:05, 10km - 00:54:53, 15km - 01:20:55, 20km - 01:47:14, 21km - 01:53:14, 25km - 02:13:43, 30km - 02:40:55, 35km - 03:11:07, 40km - 03:40:10									
2000	4558	SAMULSKI Krystian	BIEDRZYCHOWA		POL	M30	735	03:52:14	03:55:42		1841
		5km - 00:26:42, 10km - 00:53:33, 15km - 01:20:11, 20km - 01:46:47, 21km - 01:52:39, 25km - 02:13:41, 30km - 02:40:42, 35km - 03:08:25, 40km - 03:38:30									
2001	533	WIŚNIEWSKI Arkadiusz	POZNAŃ		POL	M45	265	03:52:14	03:52:44		1841
		5km - 00:25:57, 10km - 00:51:40, 15km - 01:17:00, 20km - 01:42:42, 21km - 01:48:03, 25km - 02:07:48, 30km - 02:33:47, 35km - 03:01:41, 40km - 03:35:31									
2002	2052	FISZER Sebastian	OPOROWO	amf-moskitiery.pl	POL	M30	736	03:52:15	03:55:10		1843
		5km - 00:27:29, 10km - 00:55:27, 15km - 01:23:05, 20km - 01:51:19, 21km - 01:57:27, 25km - 02:18:55, 30km - 02:47:01, 35km - 03:14:43, 40km - 03:41:39									
2003	6106	LAUTENBACH Piotr	RUMIA		POL	M18	229	03:52:17	03:55:49		1844
		5km - 00:26:43, 10km - 00:53:36, 15km - 01:20:01, 20km - 01:46:33, 21km - 01:52:17, 25km - 02:13:12, 30km - 02:40:35, 35km - 03:09:20, 40km - 03:39:30									
2004	1014	MICHALAK Andrzej	POZNAŃ	PKO Bank Polski	POL	M40	443	03:52:17	03:55:46		1844
		5km - 00:26:23, 10km - 00:52:40, 15km - 01:18:33, 20km - 01:44:42, 21km - 01:50:18, 25km - 02:10:49, 30km - 02:38:42, 35km - 03:05:34, 40km - 03:38:13									
2005	5070	PANASIUK Adrian	RUMIA	3 flotylla okrętów	POL	M18	230	03:52:18	03:53:32		1846
		5km - 00:24:41, 10km - 00:49:38, 15km - 01:14:22, 20km - 01:39:37, 21km - 01:45:18, 25km - 02:05:05, 30km - 02:33:31, 35km - 03:04:25, 40km - 03:37:18									
2006	1197	PUZICKI Tomasz	DOMINOWO	Polonia Środa Wlkp.	POL	M40	444	03:52:19	03:55:38		1847
		5km - 00:25:51, 10km - 00:51:45, 15km - 01:17:27, 20km - 01:43:09, 21km - 01:49:02, 25km - 02:09:33, 30km - 02:36:45, 35km - 03:06:22, 40km - 03:38:47									
2007	6501	WIECZOREK Jarosław	POZNAŃ	ROMAG	POL	M50	90	03:52:19	03:54:18		1847
		5km - 00:25:52, 10km - 00:52:20, 15km - 01:18:22, 20km - 01:44:46, 21km - 01:50:36, 25km - 02:11:29, 30km - 02:39:58, 35km - 03:08:53, 40km - 03:39:24									
2008	157	Zawodnik anonimowy				M30	737	03:52:21	03:55:29		1849
		5km - 00:26:39, 10km - 00:53:33, 15km - 01:20:24, 20km - 01:46:53, 21km - 01:52:35, 25km - 02:14:24, 30km - 02:44:35, 35km - 03:12:55, 40km - 03:41:53									
2009	4489	SMIRNOV Maksym	NIKOPOL		UKR	M40	445	03:52:24	03:56:33		1850
		5km - 00:26:15, 10km - , 15km - 01:19:40, 20km - 01:46:27, 21km - 01:52:12, 25km - 02:13:33, 30km - 02:41:28, 35km - 03:10:00, 40km - 03:39:15									
2010	455	GRZEGORZEWSKI Konrad	DĄBRÓWKA	4Fiter	POL	M40	446	03:52:25	03:55:12		1851
		5km - 00:27:05, 10km - 00:54:24, 15km - 01:21:07, 20km - 01:48:07, 21km - 01:53:52, 25km - 02:15:14, 30km - 02:42:57, 35km - 03:11:45, 40km - 03:40:32									
2011	5009	JAGUŚ Łukasz	POGÓRZE	Marynarka Wojenna - Dywizjon Okrętów Pod	POL	M30	738	03:52:25	03:54:37		1851
		5km - 00:25:42, 10km - 00:51:36, 15km - 01:17:09, 20km - 01:43:25, 21km - 01:49:14, 25km - 02:10:00, 30km - 02:38:43, 35km - 03:08:26, 40km - 03:39:22									
2012	2796	MISIORNY Radosław	POZNAŃ		POL	M45	266	03:52:25	03:55:59		1851
		5km - 00:25:47, 10km - 00:51:28, 15km - 01:16:30, 20km - 01:41:56, 21km - 01:47:27, 25km - 02:07:52, 30km - 02:36:11, 35km - 03:06:07, 40km - 03:38:18									
2013	3693	MODRZEJEWSKI Tomasz	MUROWANA GOŚLINA	Woodrunners	POL	M40	447	03:52:26	03:54:40		1854
		5km - 00:24:34, 10km - 00:49:06, 15km - 01:13:34, 20km - 01:38:15, 21km - 01:43:41, 25km - 02:03:13, 30km - 02:28:29, 35km - 02:56:27, 40km - 03:37:25									
2014	7236	STANKE Łukasz	DĄBRÓWKA	4Fiter	POL	M40	447	03:52:26	03:55:14		1854
		5km - 00:27:05, 10km - 00:54:15, 15km - 01:21:06, 20km - 01:48:07, 21km - 01:53:51, 25km - 02:15:13, 30km - 02:42:57, 35km - 03:11:44, 40km - 03:40:34									
2015	6399	KLUKOWSKI Maciej	DOBIEGNIEW	Zmęczeni na starcie Dobiegniew	POL	M18	231	03:52:28	03:56:17		1856
		5km - 00:27:22, 10km - 00:54:36, 15km - 01:21:06, 20km - 01:47:58, 21km - 01:53:40, 25km - 02:14:33, 30km - 02:42:41, 35km - 03:11:08, 40km - 03:40:25									
2016	2966	SZMANIA Jakub	SWARZĘDZ	HKT Azymut	POL	M30	739	03:52:28	03:55:24		1856
		5km - 00:26:48, 10km - 00:53:19, 15km - 01:19:20, 20km - 01:45:47, 21km - 01:51:37, 25km - 02:12:36, 30km - 02:40:57, 35km - 03:10:40, 40km - 03:40:17									
2017	514	ROGACKI Hubert	MAKSYMILIANOWO	Mavericks	POL	M18	232	03:52:29	03:54:59		1858
		5km - 00:25:45, 10km - 00:51:28, 15km - 01:16:41, 20km - 01:41:57, 21km - 01:47:28, 25km - 02:07:36, 30km - 02:34:13, 35km - 03:02:54, 40km - 03:37:13									
2018	4329	HURAS Monika	KRAKÓW	Bubak BHP Running Team	POL	K18	26	03:52:31	03:56:48	160	
		5km - 00:28:06, 10km - 00:56:28, 15km - 01:23:49, 20km - 01:51:04, 21km - 01:57:05, 25km - 02:18:18, 30km - 02:46:20, 35km - 03:13:35, 40km - 03:41:16									
2019	2960	MICHAŁOWSKA Anna	POZNAŃ	gRUNwald Team Poznań	POL	K30	79	03:52:32	03:56:28	161	
		5km - 00:26:15, 10km - 00:52:40, 15km - 01:19:01, 20km - 01:46:15, 21km - 01:52:15, 25km - 02:13:58, 30km - 02:42:46, 35km - 03:12:21, 40km - 03:40:58									
2020	3652	GAWARKIEWICZ Tomasz	GDYNIA		POL	M45	267	03:52:33	03:54:36		1859
		5km - 00:25:01, 10km - 00:49:52, 15km - 01:14:39, 20km - 01:40:45, 21km - 01:46:26, 25km - 02:07:52, 30km - 02:36:52, 35km - 03:06:29, 40km - 03:38:59									
2021	2536	SIKORA Władysław	GRANOWO		POL	M50	91	03:52:34	03:54:10		1860
		5km - 00:24:53, 10km - 00:49:46, 15km - 01:14:39, 20km - 01:40:56, 21km - 01:47:15, 25km - 02:08:30, 30km - 02:38:32, 35km - 03:09:44, 40km - 03:40:15									
2022	3151	JABŁOŃSKI Tomasz	SŁAWNO	KB SPOKO Sławno	POL	M40	449	03:52:35	03:54:19		1861
		5km - 00:24:50, 10km - 00:49:29, 15km - 01:14:20, 20km - 01:39:14, 21km - 01:44:42, 25km - 02:05:10, 30km - 02:35:43, 35km - 03:05:14, 40km - 03:38:32									
2023	7130	ZABOREK Piotr	WARSZAWA		POL	M40	449	03:52:35	03:56:13		1861
		5km - 00:26:37, 10km - 00:53:34, 15km - 01:20:03, 20km - 01:46:27, 21km - 01:52:27, 25km - 02:13:30, 30km - 02:41:03, 35km - 03:10:04, 40km - 03:40:17									
2024	1944	GRUSZKA Marta	BIEDRUSKO		POL	K18	27	03:52:38	03:55:31	162	
		5km - 00:27:26, 10km - 00:54:11, 15km - 01:20:59, 20km - 01:47:56, 21km - 01:53:42, 25km - 02:14:57, 30km - 02:43:12, 35km - 03:11:33, 40km - 03:40:37									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
2025	2996	WILCZEK Bogusława	MIKOŁÓW	STS BIEGATON MIKOŁÓW	POL	K50	6	03:52:38	03:55:06	162	
		5km - 00:25:33, 10km - 00:50:42, 15km - 01:16:19, 20km - 01:43:17, 21km - 01:49:02, 25km - 02:10:34, 30km - 02:40:03, 35km - 03:09:46, 40km - 03:39:31									
2026	6335	LELITO Piotr	MODLNICZKA		POL	M30	740	03:52:39	03:56:13		1863
		5km - 00:27:41, 10km - 00:55:03, 15km - 01:22:01, 20km - 01:49:44, 21km - 01:55:39, 25km - 02:17:09, 30km - 02:44:52, 35km - 03:11:43, 40km - 03:40:05									
2027	292	ZIELINSKA Magda	KWIDZYN	Traktor Team Gmina Kwidzyn	POL	K18	28	03:52:39	03:57:16	164	
		5km - 00:27:30, 10km - 00:55:44, 15km - 01:23:15, 20km - 01:50:04, 21km - 01:55:46, 25km - 02:15:56, 30km - 02:42:29, 35km - 03:11:10, 40km - 03:40:49									
2028	6574	KUBICKI Piotr	KIELCE		POL	M30	741	03:52:40	03:56:41		1864
		5km - 00:27:24, 10km - 00:54:16, 15km - 01:20:58, 20km - 01:48:01, 21km - 01:54:02, 25km - 02:15:24, 30km - 02:43:10, 35km - 03:10:53, 40km - 03:39:56									
2029	7092	KORNAGA Andrzej	KATOWICE		POL	M60	21	03:52:44	03:53:43		1865
		5km - 00:25:30, 10km - 00:50:54, 15km - 01:16:24, 20km - 01:42:59, 21km - 01:48:34, 25km - 02:09:51, 30km - 02:39:25, 35km - 03:09:37, 40km - 03:40:07									
2030	2131	CZAPLICKI Tomasz	POZNAŃ	VW Poznań Solidarność	POL	M50	92	03:52:45	03:55:52		1866
		5km - 00:26:03, 10km - 00:52:02, 15km - 01:17:42, 20km - 01:43:37, 21km - 01:49:18, 25km - 02:09:49, 30km - 02:37:51, 35km - 03:07:27, 40km - 03:38:53									
2031	2769	POŁOŃSKI Andrzej	RADOM	BIEGIEM RADOM!	POL	M50	92	03:52:45	03:54:32		1866
		5km - 00:27:21, 10km - 00:55:09, 15km - 01:21:23, 20km - 01:48:00, 21km - 01:53:58, 25km - 02:15:45, 30km - 02:44:44, 35km - 03:13:52, 40km - 03:41:44									
2032	2898	KACZYŃSKA Monika	ŁÓDŹ	Razem Trenujemy Sport	POL	K30	80	03:52:46	03:54:02	165	
		5km - 00:26:34, 10km - 00:53:36, 15km - 01:20:06, 20km - 01:47:07, 21km - 01:52:55, 25km - 02:14:36, 30km - 02:42:21, 35km - 03:10:27, 40km - 03:39:47									
2033	3978	KLAUZE Waldemar	SZAMOTUŁY		POL	M30	742	03:52:46	03:57:13		1868
		5km - 00:27:17, 10km - 00:54:07, 15km - 01:20:25, 20km - 01:48:34, 21km - 01:54:32, 25km - 02:15:34, 30km - 02:43:00, 35km - 03:11:38, 40km - 03:40:27									
2034	6765	SKIBA Paweł	POZNAŃ		POL	M30	743	03:52:47	03:56:40		1869
		5km - 00:26:44, 10km - 00:53:24, 15km - 01:19:57, 20km - 01:46:34, 21km - 01:52:19, 25km - 02:13:32, 30km - 02:41:28, 35km - 03:09:54, 40km - 03:39:50									
2035	3681	WOLAK Izabela	JAWOR	JKS SALAMANDRA	POL	K18	29	03:52:47	03:55:47	166	
		5km - 00:26:24, 10km - 00:52:44, 15km - 01:18:42, 20km - 01:45:06, 21km - 01:51:03, 25km - 02:11:46, 30km - 02:39:06, 35km - 03:07:04, 40km - 03:38:42									
2036	5306	BONIECKI Maciej	WARSZAWA	GET RUN	POL	M30	744	03:52:49	03:55:40		1870
		5km - 00:25:36, 10km - 00:51:13, 15km - 01:16:26, 20km - 01:42:16, 21km - 01:48:20, 25km - 02:08:51, 30km - 02:38:51, 35km - 03:13:00, 40km - 03:41:20									
2037	4221	WALKOWIAK Robert	ŚREM		POL	M18	233	03:52:49	03:53:51		1870
		5km - 00:24:39, 10km - 00:49:56, 15km - 01:14:39, 20km - 01:39:20, 21km - 01:44:55, 25km - 02:05:03, 30km - 02:31:44, 35km - 03:01:46, 40km - 03:39:05									
2038	3558	ŁATA Tomasz	KRAKÓW	ABB BS RUNNING TEAM	POL	M45	268	03:52:50	03:56:22		1872
		5km - 00:26:47, 10km - 00:53:27, 15km - 01:20:10, 20km - 01:46:27, 21km - 01:52:06, 25km - 02:13:00, 30km - 02:39:38, 35km - 03:09:48, 40km - 03:40:56									
2039	7093	LATKA Marek	LUBLINIEC	13ŚBOT-KLOG/WKB META LUBLINIEC	POL	M18	234	03:52:51	03:57:10		1873
		5km - 00:26:28, 10km - 00:53:26, 15km - 01:19:25, 20km - 01:45:53, 21km - 01:51:48, 25km - 02:13:01, 30km - 02:41:06, 35km - 03:10:00, 40km - 03:41:02									
2040	1563	SZLESZYŃSKI Andrzej	OLSZTYN	RCI Olsztyn	POL	M50	94	03:52:51	03:55:24		1873
		5km - 00:27:17, 10km - 00:53:56, 15km - 01:19:58, 20km - 01:46:35, 21km - 01:52:19, 25km - 02:13:31, 30km - 02:41:04, 35km - 03:09:07, 40km - 03:40:18									
2041	5614	SZELĄG Marcin	SANDOMIERZ		POL	M40	451	03:52:52	03:53:47		1875
		5km - 00:24:27, 10km - 00:48:26, 15km - 01:12:24, 20km - 01:37:12, 21km - 01:42:38, 25km - 02:03:02, 30km - 02:32:52, 35km - 03:05:29, 40km - 03:39:27									
2042	6999	KRÓL Zbigniew	POŁCZYN- ZDRÓJ	Połczyn-Zdrój Biega	POL	M45	269	03:52:54	03:53:21		1876
		5km - 00:24:22, 10km - 00:49:33, 15km - 01:13:38, 20km - 01:38:19, 21km - 01:44:26, 25km - 02:05:47, 30km - 02:36:35, 35km - 03:09:03, 40km - 03:40:07									
2043	1119	STRZELECKI Zbigniew	KORZYBIE	KORZYBSKIE REKINY	POL	M60	22	03:52:54	03:56:42		1876
		5km - 00:25:28, 10km - 00:50:54, 15km - 01:16:15, 20km - 01:42:07, 21km - 01:47:43, 25km - 02:08:47, 30km - 02:37:38, 35km - 03:07:28, 40km - 03:39:10									
2044	4369	GOLISZEWSKI Mateusz	WĘGIERKI		POL	M30	745	03:52:55	04:01:23		1878
		5km - 00:29:09, 10km - 00:56:58, 15km - 01:23:31, 20km - 01:49:46, 21km - 01:55:59, 25km - 02:17:19, 30km - 02:44:48, 35km - 03:13:09, 40km - 03:41:01									
2045	1066	PALACZ Tomasz	SZCZECIN	Wieczorne Bieganie w Szczecinie	POL	M40	452	03:52:55	03:57:19		1878
		5km - 00:24:47, 10km - 00:49:40, 15km - 01:14:27, 20km - 01:40:13, 21km - 01:45:45, 25km - 02:06:49, 30km - 02:35:55, 35km - 03:06:42, 40km - 03:39:12									
2046	3155	DYLEWSKI Michał	DOBROSOŁOWO	Sprinterzy Sigmeo	POL	M18	235	03:52:57	03:55:38		1880
		5km - 00:26:47, 10km - 00:53:59, 15km - 01:21:16, 20km - 01:48:23, 21km - 01:54:20, 25km - 02:15:47, 30km - 02:43:55, 35km - 03:12:13, 40km - 03:40:42									
2047	5418	SZAŁATA Marcin	POZNAŃ	KS Czipsy i Batony	POL	M18	235	03:52:57	03:56:59		1880
		5km - 00:24:55, 10km - 00:49:29, 15km - 01:14:02, 20km - 01:39:16, 21km - 01:44:52, 25km - 02:04:50, 30km - 02:31:59, 35km - 03:02:16, 40km - 03:37:52									
2048	4365	KOWALSKI Jerzy	ZIELONAGÓRA		POL	M18	237	03:52:58	03:55:40		1882
		5km - 00:26:16, 10km - 00:52:03, 15km - 01:17:51, 20km - 01:44:40, 21km - 01:50:26, 25km - 02:11:25, 30km - 02:41:03, 35km - 03:10:53, 40km - 03:40:38									
2049	7049	TOJZA Tomasz	DOBRZYCA		POL	M45	270	03:52:58	03:54:14		1882
		5km - 00:23:37, 10km - 00:47:15, 15km - 01:11:00, 20km - 01:35:22, 21km - 01:40:39, 25km - 02:01:00, 30km - 02:31:50, 35km - 03:04:43, 40km - 03:40:08									
2050	3634	Zawodnik anonimowy				M40	453	03:52:59	03:56:35		1884
		5km - 00:25:53, 10km - 00:51:34, 15km - 01:16:23, 20km - 01:41:58, 21km - 01:47:29, 25km - 02:07:39, 30km - 02:35:16, 35km - 03:03:52, 40km - 03:37:07									
2051	3181	DAVISON Sarah	COLCHESTER	Great Bentley Running Club	GBR	K45	16	03:53:00	03:55:19	167	
		5km - 00:27:34, 10km - 00:54:33, 15km - 01:21:28, 20km - 01:48:48, 21km - 01:54:48, 25km - 02:15:47, 30km - 02:43:39, 35km - 03:11:42, 40km - 03:40:43									
2052	469	GRZELEC Adam	KIELCE	Ekstremalni DecaRun / UPC RUNNING Makers	POL	M45	271	03:53:00	03:57:02		1885
		5km - 00:26:10, 10km - 00:52:50, 15km - 01:18:29, 20km - 01:45:01, 21km - 01:50:42, 25km - 02:11:13, 30km - 02:38:26, 35km - 03:07:07, 40km - 03:38:54									
2053	3158	KAMIŃSKI Marek	WROCŁAW	180 minut	POL	M45	271	03:53:00	03:56:03		1885
		5km - 00:26:46, 10km - 00:53:27, 15km - 01:19:36, 20km - 01:46:15, 21km - 01:52:02, 25km - 02:13:07, 30km - 02:41:08, 35km - 03:10:13, 40km - 03:40:25									
2054	6113	NIEWOLSKI Marcin	ŻNIN		POL	M30	746	03:53:01	03:57:01		1887
		5km - 00:26:18, 10km - 00:53:01, 15km - 01:19:40, 20km - 01:46:01, 21km - 01:52:00, 25km - 02:12:46, 30km - 02:40:02, 35km - 03:08:42, 40km - 03:40:13									
2055	5859	KUCIŃSKI Artur	DOBRCZ		POL	M40	454	03:53:02	03:56:33		1888
		5km - 00:26:25, 10km - 00:52:25, 15km - 01:17:28, 20km - 01:43:13, 21km - 01:48:49, 25km - 02:08:53, 30km - 02:36:46, 35km - 03:07:47, 40km - 03:39:52									
2056	5610	COOK Ben	BERLIN		EUA	M30	747	03:53:05	03:53:16		1889
		5km - 00:22:51, 10km - 00:45:30, 15km - 01:08:26, 20km - 01:33:53, 21km - 01:39:15, 25km - 01:59:04, 30km - 02:30:26, 35km - 03:03:44, 40km - 03:38:23									
2057	5567	ROSOLSKI Piotr	RAKONIEWICE	Rakoniewice	POL	M30	748	03:53:09	03:55:20		1890
		5km - 00:25:12, 10km - 00:49:53, 15km - 01:14:47, 20km - 01:39:46, 21km - 01:45:21, 25km - 02:05:31, 30km - 02:33:04, 35km - 03:05:24, 40km - 03:39:54									
2058	1670	WOŹNIAK Arkadiusz	ŁÓDŹ	FilipAro Team	POL	M18	238	03:53:09	03:56:06		1890
		5km - 00:27:20, 10km - 00:53:47, 15km - 01:19:13, 20km - 01:45:02, 21km - 01:50:38, 25km - 02:11:20, 30km - 02:39:25, 35km - 03:07:11, 40km - 03:36:38									
2059	7058	POLINOWSKI Marcin	OGRODNICA		POL	M30	749	03:53:10	03:54:57		1892
		5km - 00:24:49, 10km - 00:49:28, 15km - 01:14:15, 20km - 01:39:12, 21km - 01:44:37, 25km - 02:04:08, 30km - 02:29:33, 35km - 03:02:19, 40km - 03:38:03									
2060	5060	BURCHARDT Sławomir	POZNAŃ	CSWLąd Poznań	POL	M50	95	03:53:11	03:54:50		1893
		5km - 00:25:33, 10km - 00:51:07, 15km - 01:16:31, 20km - 01:42:31, 21km - 01:48:10, 25km - 02:08:44, 30km - 02:37:35, 35km - 03:07:29, 40km - 03:39:38									
2061	3284	KACZMAREK Mirosław	ŚREM	Runner's Power	POL	M18	239	03:53:11	03:54:11		1893
		5km - 00:22:41, 10km - 00:45:21, 15km - 01:08:18, 20km - 01:31:37, 21km - 01:37:59, 25km - 01:58:04, 30km - 02:31:06, 35km - 03:05:15, 40km - 03:39:12									
2062	2872	MALCZYK Janusz	WISŁA	GB GOPR	POL	M45	273	03:53:11	03:56:59		1893
		5km - 00:26:40, 10km - 00:53:21, 15km - 01:19:58, 20km - 01:46:34, 21km - 01:52:26, 25km - 02:13:25, 30km - 02:40:45, 35km - 03:09:11, 40km - 03:39:54									
2063	858	BECHTA Damian	BIAŁA PODLASKA	Adidas Runners Warsaw	POL	M18	240	03:53:12	03:56:47		1896
		5km - 00:26:31, 10km - 00:51:45, 15km - 01:16:19, 20km - 01:40:52, 21km - 01:47:25, 25km - 02:07:53, 30km - 02:38:07, 35km - 03:10:15, 40km - 03:41:24									
2064	4509	DOMAGAŁA Karol	DĄBROWA		POL	M40	455	03:53:12	03:56:42		1896
		5km - 00:26:43, 10km - 00:53:23, 15km - 01:20:09, 20km - 01:46:46, 21km - 01:52:37, 25km - 02:13:39, 30km - 02:41:05, 35km - 03:10:24, 40km - 03:40:30									
2065	165	Zawodnik anonimowy				M40	456	03:53:14	03:55:11		1898
		5km - 00:24:32, 10km - 00:48:57, 15km - 01:13:27, 20km - 01:38:27, 21km - 01:44:02, 25km - 02:04:10, 30km - 02:35:15, 35km - 03:08:05, 40km - 03:40:16									
2066	2138	Zawodnik anonimowy				M30	750	03:53:15	03:54:36		1899
		5km - 00:26:39, 10km - 00:53:30, 15km - 01:20:00, 20km - 01:46:59, 21km - 01:52:58, 25km - 02:14:03, 30km - 02:41:56, 35km - 03:10:15, 40km - 03:40:01									
2067	7113	TACIAK Karol	ŚREM	Best Team Śrem	POL	M30	751	03:53:18	03:56:33		1900
		5km - 00:26:34, 10km - 00:53:35, 15km - 01:20:37, 20km - 01:47:32, 21km - 01:53:24, 25km - 02:14:52, 30km - 02:43:24, 35km - 03:11:59, 40km - 03:41:20									
2068	4454	WOŹNIACKA Joanna	KRAKÓW		POL	K30	81	03:53:20	03:56:50	168	
		5km - 00:26:27, 10km - 00:53:11, 15km - 01:19:42, 20km - 01:46:32, 21km - 01:52:24, 25km - 02:13:38, 30km - 02:42:03, 35km - 03:10:41, 40km - 03:40:27									

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
2069	1320	BUDA Krzysztof	WROCŁAW		POL	M50	96	03:53:21	03:56:44		1901
		5km - 00:27:39, 10km - 00:55:31, 15km - 01:22:56, 20km - 01:50:29, 21km - 01:56:39, 25km - 02:18:21, 30km - 02:46:21, 35km - 03:13:53, 40km - 03:42:01									
2070	7155	RUTKOWSKI Tomasz	ZABRZE		POL	M45	274	03:53:21	03:57:41		1901
		5km - 00:26:35, 10km - 00:52:56, 15km - 01:19:10, 20km - 01:45:41, 21km - 01:51:28, 25km - 02:12:38, 30km - 02:40:19, 35km - 03:09:26, 40km - 03:40:26									
2071	2583	SZYMANIK Paweł	WARSZAWA		POL	M45	274	03:53:21	03:57:37		1901
		5km - 00:27:37, 10km - 00:55:16, 15km - 01:22:07, 20km - 01:49:34, 21km - 01:55:31, 25km - 02:16:33, 30km - 02:44:28, 35km - 03:12:44, 40km - 03:41:20									
2072	1845	BRYWCZYŃSKA Justyna	PIECHCIN	#slimakibarcin	POL	K40	37	03:53:23	03:58:55	169	
		5km - 00:28:01, 10km - 00:56:09, 15km - 01:23:25, 20km - 01:50:47, 21km - 01:56:48, 25km - 02:18:17, 30km - 02:46:08, 35km - 03:13:37, 40km - 03:41:36									
2073	6434	GRUSZKA Ewa	MIKOŁÓW	STS Biegaton Miklołow	POL	K40	37	03:53:23	03:58:01	169	
		5km - 00:26:22, 10km - 00:52:46, 15km - 01:19:23, 20km - 01:46:47, 21km - 01:52:43, 25km - 02:14:19, 30km - 02:43:09, 35km - 03:11:53, 40km - 03:41:20									
2074	1466	MENCNER Maciej	GOCZAŁKOWICE-ZDRÓJ	AGH Kraków	POL	M18	241	03:53:23	03:53:50		1904
		5km - 00:25:14, 10km - 00:51:08, 15km - 01:17:08, 20km - 01:43:36, 21km - 01:49:21, 25km - 02:10:26, 30km - 02:38:51, 35km - 03:09:04, 40km - 03:41:25									
2075	5517	BEŁDZIKOWSKI Kamil	SWARZĘDZ	Polonez team swarzędz	POL	M18	242	03:53:24	03:55:14		1905
		5km - 00:24:39, 10km - 00:49:19, 15km - 01:13:58, 20km - 01:38:41, 21km - 01:43:57, 25km - 02:04:05, 30km - 02:31:59, 35km - 03:02:59, 40km - 03:38:56									
2076	729	DEMBY Michał	POZNAŃ	Mud Goats	POL	M30	752	03:53:24	03:54:20		1905
		5km - 00:24:15, 10km - 00:48:27, 15km - 01:12:30, 20km - 01:37:47, 21km - 01:43:31, 25km - 02:03:44, 30km - 02:33:13, 35km - 03:04:52, 40km - 03:39:03									
2077	4833	MACIEJEWSKI Piotr	TRZEMESZNO		POL	M30	752	03:53:24	03:53:53		1905
		5km - 00:24:27, 10km - 00:49:33, 15km - 01:14:57, 20km - 01:41:11, 21km - 01:47:00, 25km - 02:08:10, 30km - 02:37:34, 35km - 03:08:05, 40km - 03:40:19									
2078	6686	ZAJĄC Leszek	WŁOSZAKOWICE	L.o.t.a.Z	POL	M40	457	03:53:24	03:54:20		1905
		5km - 00:24:07, 10km - 00:48:12, 15km - 01:12:21, 20km - 01:37:02, 21km - 01:42:36, 25km - 02:06:35, 30km - 02:37:29, 35km - 03:10:12, 40km - 03:41:38									
2079	4137	ŻUBEREK Janusz	SKÓRZEWO	HD Skórzewo	POL	M45	276	03:53:25	03:54:22		1909
		5km - 00:24:50, 10km - 00:49:09, 15km - 01:13:26, 20km - 01:38:05, 21km - 01:43:24, 25km - 02:03:15, 30km - 02:32:13, 35km - 03:05:24, 40km - 03:38:30									
2080	3339	KONIECZNY Piotr	INOWROCLAW	USB Ustka	POL	M45	277	03:53:26	03:57:05		1910
		5km - 00:26:37, 10km - 00:53:27, 15km - 01:19:53, 20km - 01:46:22, 21km - 01:52:02, 25km - 02:12:56, 30km - 02:39:54, 35km - 03:08:12, 40km - 03:38:32									
2081	4391	OLESZCZYK Rafał	GOLENIÓW		POL	M40	458	03:53:26	03:57:51		1910
		5km - 00:27:14, 10km - 00:54:45, 15km - 01:21:55, 20km - 01:49:56, 21km - 01:55:59, 25km - 02:17:39, 30km - 02:46:04, 35km - 03:13:26, 40km - 03:41:39									
2082	5540	ŚWIERCZYŃSKI Dariusz	JERZYKOWO		POL	M55	56	03:53:26	03:55:42		1910
		5km - 00:25:56, 10km - 00:52:02, 15km - 01:17:56, 20km - 01:44:47, 21km - 01:50:33, 25km - 02:11:54, 30km - 02:40:49, 35km - 03:10:34, 40km - 03:40:59									
2083	5782	FALBA Wioletta	DZIAŁDOWO	Rozbiegane Działdowo	POL	K45	17	03:53:27	03:57:03	171	
		5km - 00:26:40, 10km - 00:53:21, 15km - 01:19:55, 20km - 01:46:23, 21km - 01:52:05, 25km - 02:12:58, 30km - 02:39:57, 35km - 03:09:14, 40km - 03:40:08									
2084	3482	MARCINIAK Mikołaj	ŚMIGIEL	ŚTC	POL	M45	278	03:53:29	03:56:00		1913
		5km - 00:27:49, 10km - 00:54:26, 15km - 01:20:02, 20km - 01:46:18, 21km - 01:51:58, 25km - 02:12:57, 30km - 02:40:43, 35km - 03:10:08, 40km - 03:39:53									
2085	4226	WEBER Paweł	PSARSKIE	REHAU Crossactive	POL	M45	278	03:53:29	03:55:09		1913
		5km - 00:24:57, 10km - 00:49:46, 15km - 01:14:33, 20km - 01:39:48, 21km - 01:45:17, 25km - 02:05:35, 30km - 02:33:33, 35km - 03:05:08, 40km - 03:39:46									
2086	2173	ANDRZEJEWSKI Przemysław	POZNAŃ	WK Poznań	POL	M30	754	03:53:30	03:54:32		1915
		5km - 00:25:13, 10km - 00:50:11, 15km - 01:15:52, 20km - 01:41:09, 21km - 01:46:21, 25km - 02:06:59, 30km - 02:36:13, 35km - 03:07:52, 40km - 03:39:26									
2087	5603	BĄKOWSKI Jacek	KONIN	Geberit Team	POL	M45	280	03:53:30	03:57:08		1915
		5km - 00:26:39, 10km - 00:53:29, 15km - 01:20:01, 20km - 01:46:36, 21km - 01:52:28, 25km - 02:13:30, 30km - 02:40:27, 35km - 03:10:47, 40km - 03:40:28									
2088	6125	CIEŚLA Zuzanna	WOLSZTYN	Wolsztyńska Akademia Biegows	POL	K30	82	03:53:31	03:54:55	172	
		5km - 00:26:18, 10km - 00:52:47, 15km - 01:18:59, 20km - 01:46:15, 21km - 01:52:03, 25km - 02:13:32, 30km - 02:41:59, 35km - 03:11:12, 40km - 03:41:01									
2089	465	LANGNER Basia	PLEWISKA	Mamy-biegamy	POL	K30	82	03:53:31	03:58:54	172	
		5km - 00:27:53, 10km - 00:55:47, 15km - 01:23:09, 20km - 01:50:54, 21km - 01:56:51, 25km - 02:18:34, 30km - 02:46:42, 35km - 03:14:36, 40km - 03:42:04									
2090	3110	WOJAKOWSKA Katarzyna	ZABRZE	K&K RUN	POL	K40	39	03:53:31	03:56:53	172	
		5km - 00:25:24, 10km - 00:50:51, 15km - 01:16:44, 20km - 01:43:45, 21km - 01:49:32, 25km - 02:10:51, 30km - 02:41:33, 35km - 03:11:16, 40km - 03:41:23									
2091	4924	SKIBA Tomasz	SULECHÓW	Zbrojownia Sulechów	POL	M40	459	03:53:32	03:57:16		1917
		5km - 00:26:37, 10km - 00:53:34, 15km - 01:20:03, 20km - 01:46:33, 21km - 01:52:26, 25km - 02:13:30, 30km - 02:41:40, 35km - 03:10:26, 40km - 03:40:27									
2092	3100	WOJAKOWSKI Krzysztof	ZABRZE	K&K RUN	POL	M45	281	03:53:32	03:56:53		1917
		5km - 00:25:25, 10km - 00:50:43, 15km - 01:15:23, 20km - 01:41:40, 21km - 01:47:08, 25km - 02:07:12, 30km - 02:36:44, 35km - 03:11:15, 40km - 03:41:22									
2093	4972	CYBULSKI Robert	MIASTKO	MTS Hamer Miastko	POL	M45	282	03:53:34	03:55:39		1919
		5km - 00:25:09, 10km - 00:49:23, 15km - 01:13:46, 20km - 01:38:29, 21km - 01:43:54, 25km - 02:03:36, 30km - 02:32:10, 35km - 03:03:57, 40km - 03:38:24									
2094	5996	FAJOK Mariusz	OBORNIKI	KęsyTeam	POL	M50	97	03:53:36	03:56:03		1920
		5km - 00:26:14, 10km - 00:52:29, 15km - 01:18:18, 20km - 01:44:50, 21km - 01:50:35, 25km - 02:11:27, 30km - 02:38:53, 35km - 03:07:20, 40km - 03:39:43									
2095	4007	GRZEGOREK Piotr	ŚLIWNIKI		POL	M40	460	03:53:36	03:55:28		1920
		5km - 00:25:08, 10km - 00:50:18, 15km - 01:15:34, 20km - 01:41:27, 21km - 01:47:36, 25km - 02:08:28, 30km - 02:37:15, 35km - 03:07:30, 40km - 03:40:01									
2096	1358	NADOLNY Piotr	GRABNO	USB Ustka	POL	M45	283	03:53:37	03:57:15		1922
		5km - 00:26:38, 10km - 00:53:21, 15km - 01:19:54, 20km - 01:46:23, 21km - 01:52:03, 25km - 02:12:58, 30km - 02:41:18, 35km - 03:12:36, 40km - 03:41:35									
2097	4504	ZIELIŃSKI Nicolas	BYDGOSZCZ	OLIMPIASPORT.PL	POL	M18	243	03:53:38	03:53:52		1923
		5km - 00:21:12, 10km - 00:42:29, 15km - 01:03:35, 20km - 01:25:27, 21km - 01:30:17, 25km - 01:48:49, 30km - 02:16:28, 35km - 02:59:37, 40km - 03:39:25									
2098	1859	WĄCHAŁA Grzegorz	SKAWINA	Sprintex Team	POL	M45	284	03:53:43	03:59:42		1924
		5km - 00:28:57, 10km - 00:55:52, 15km - 01:22:28, 20km - 01:49:48, 21km - 01:56:14, 25km - 02:17:20, 30km - 02:45:26, 35km - 03:13:44, 40km - 03:42:13									
2099	3735	STEFAŃSKI Marcin	POZNAŃ		POL	M40	461	03:53:44	03:55:21		1925
		5km - 00:26:59, 10km - 00:54:55, 15km - 01:22:25, 20km - 01:50:08, 21km - 01:56:20, 25km - 02:18:34, 30km - 02:47:52, 35km - 03:14:54, 40km - 03:42:41									
2100	4202	WŁODEK Przemysław	BYDGOSZCZ		POL	M30	755	03:53:48	03:56:29		1926
		5km - 00:26:23, 10km - 00:54:08, 15km - 01:21:32, 20km - 01:48:58, 21km - 01:54:50, 25km - 02:16:23, 30km - 02:44:12, 35km - 03:12:18, 40km - 03:40:46									
2101	4066	Zawodnik anonimowy				M45	285	03:53:48	03:55:12		1926
		5km - 00:24:43, 10km - 00:49:18, 15km - 01:14:02, 20km - 01:39:24, 21km - 01:44:54, 25km - 02:05:26, 30km - 02:34:26, 35km - 03:05:58, 40km - 03:39:41									
2102	6080	KARCZEWSKI Tomasz	POZNAŃ		POL	M30	756	03:53:49	03:54:55		1928
		5km - 00:26:12, 10km - 00:52:28, 15km - 01:18:39, 20km - 01:45:11, 21km - 01:51:05, 25km - 02:12:42, 30km - 02:40:58, 35km - 03:10:11, 40km - 03:40:47									
2103	5023	CHARKOT Sławomir	KRASNYSTAW		POL	M40	462	03:53:51	03:59:34		1929
		5km - 00:26:54, 10km - 00:54:16, 15km - 01:21:34, 20km - 01:49:04, 21km - 01:55:08, 25km - 02:16:57, 30km - 02:45:37, 35km - 03:14:01, 40km - 03:42:25									
2104	2917	ZARĘBA Anna	SZCZECINEK		POL	K30	84	03:53:52	03:56:42	175	
		5km - 00:27:19, 10km - 00:54:45, 15km - 01:21:49, 20km - 01:49:12, 21km - 01:55:07, 25km - 02:16:32, 30km - 02:44:24, 35km - 03:13:06, 40km - 03:42:02									
2105	1820	CHWAŁEK Aleksander	PRUSZKÓW	Jungheinrich Team	POL	M30	757	03:53:53	03:55:56		1930
		5km - 00:26:23, 10km - 00:52:28, 15km - 01:18:09, 20km - 01:45:41, 21km - 01:51:30, 25km - 02:12:09, 30km - 02:40:48, 35km - 03:10:16, 40km - 03:41:38									
2106	1842	JOB Małgorzata	NYSA		POL	K45	18	03:53:54	03:57:08	176	
		5km - 00:26:18, 10km - 00:52:17, 15km - 01:18:18, 20km - 01:44:59, 21km - 01:51:05, 25km - 02:12:05, 30km - 02:40:55, 35km - 03:11:01, 40km - 03:40:38									
2107	1843	JOB Marek	NYSA		POL	M45	286	03:53:55	03:57:09		1931
		5km - 00:26:18, 10km - 00:52:17, 15km - 01:18:18, 20km - 01:44:59, 21km - 01:51:05, 25km - 02:12:04, 30km - 02:40:55, 35km - 03:11:01, 40km - 03:40:38									
2108	402	SKRZYPCZAK Tobiasz	POZNAŃ		POL	M30	758	03:53:57	03:54:08		1932
		5km - 00:21:14, 10km - 00:45:37, 15km - 01:09:48, 20km - 01:35:55, 21km - 01:41:35, 25km - 02:03:12, 30km - 02:33:59, 35km - 03:07:44, 40km - 03:41:47									
2109	7031	DOROSZUK Cezary	WARSZAWA	Napędzany Kebabem/ MORT!	POL	M30	759	03:53:58	03:54:38		1933
		5km - 00:24:18, 10km - 00:48:01, 15km - 01:11:33, 20km - 01:36:04, 21km - 01:41:38, 25km - 02:02:56, 30km - 02:35:29, 35km - 03:07:36, 40km - 03:40:47									
2110	2410	KMIECIK Radosław	RAKONIEWICE		POL	M30	760	03:54:00	03:57:46		1934
		5km - 00:27:00, 10km - 00:53:47, 15km - 01:20:34, 20km - 01:47:16, 21km - 01:53:02, 25km - 02:14:01, 30km - 02:41:47, 35km - 03:11:15, 40km - 03:41:33									
2111	6017	NOWAK Bartosz	DĄBROWA GÓRNICZA		POL	M40	463	03:54:00	03:55:24		1934
		5km - 00:26:20, 10km - 00:52:00, 15km - 01:17:21, 20km - 01:43:27, 21km - 01:49:13, 25km - 02:10:16, 30km - 02:40:00, 35km - 03:10:19, 40km - 03:41:25									
2112	6366	ROZWALKA Dominika	ŚMIGIEL	Team Bieganie na Śniadanie	POL	K40	40	03:54:00	03:57:17	177	
		5km - 00:27:03, 10km - 00:54:04, 15km - 01:20:42, 20km - 01:47:10, 21km - 01:52:56, 25km - 02:14:05, 30km - 02:41:49, 35km - 03:10:17, 40km - 03:40:14									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
2113	2510	GORCZYŃSKI Filip	WROCŁAW	WKURW_TEAM	POL	M45	287	03:54:01	03:59:04		1936
		5km - 00:27:46, 10km - 00:55:32, 15km - 01:22:23, 20km - 01:49:32, 21km - 01:55:21, 25km - 02:16:30, 30km - 02:44:04, 35km - 03:11:26, 40km - 03:41:09									
2114	5921	KALISZEWSKI Adam	POZNAŃ	MPK Poznań	POL	M55	57	03:54:01	03:54:49		1936
		5km - 00:24:56, 10km - 00:50:53, 15km - 01:16:32, 20km - 01:42:32, 21km - 01:48:34, 25km - 02:09:18, 30km - 02:36:44, 35km - 03:06:55, 40km - 03:42:15									
2115	5344	MOLENDA Adam	GORZYCA		POL	M40	464	03:54:01	03:54:14		1936
		5km - 00:22:51, 10km - 00:45:32, 15km - 01:08:02, 20km - 01:30:57, 21km - 01:35:57, 25km - 01:54:19, 30km - 02:29:58, 35km - 03:07:59, 40km - 03:39:21									
2116	4675	SIEJA Zbyszek	PIEKARY ŚL	Lecymy Durś	POL	M50	98	03:54:01	03:58:22		1936
		5km - 00:26:29, 10km - 00:53:50, 15km - 01:20:30, 20km - 01:47:49, 21km - 01:53:45, 25km - 02:15:09, 30km - 02:43:55, 35km - 03:12:24, 40km - 03:41:56									
2117	3910	PIECHOTA Piotr	OPALENICA	Kulasy	POL	M30	761	03:54:02	03:56:51		1940
		5km - 00:25:27, 10km - 00:50:13, 15km - 01:14:59, 20km - 01:40:06, 21km - 01:45:45, 25km - 02:06:12, 30km - 02:34:32, 35km - 03:06:45, 40km - 03:37:50									
2118	1732	ŻARNOWSKI Dawid	POZNAŃ		POL	M40	465	03:54:02	03:59:10		1940
		5km - 00:27:37, 10km - 00:55:03, 15km - 01:22:04, 20km - 01:49:22, 21km - 01:55:25, 25km - 02:16:46, 30km - 02:44:40, 35km - 03:13:01, 40km - 03:42:19									
2119	2738	SOJKA Rafal	GORZUPIA	KS Krotosz Krotoszyn	POL	M45	288	03:54:03	03:56:56		1942
		5km - 00:26:25, 10km - 00:52:49, 15km - 01:19:03, 20km - 01:45:46, 21km - 01:51:41, 25km - 02:12:38, 30km - 02:40:51, 35km - 03:10:18, 40km - 03:41:17									
2120	2006	WILK Sylwester	NOWY PRAŻMÓW	1981	POL	M30	762	03:54:03	04:00:19		1942
		5km - 00:29:51, 10km - 00:58:27, 15km - 01:25:41, 20km - 01:51:41, 21km - 01:57:21, 25km - 02:17:45, 30km - 02:44:21, 35km - 03:12:28, 40km - 03:41:55									
2121	2359	LIKOWSKI Michał	POZNAŃ		POL	M45	289	03:54:09	03:56:27		1944
		5km - 00:26:04, 10km - 00:52:21, 15km - 01:18:34, 20km - 01:45:33, 21km - 01:51:26, 25km - 02:12:42, 30km - 02:40:53, 35km - 03:10:17, 40km - 03:40:57									
2122	6773	Zawodnik anonimowy				M30	763	03:54:10	03:57:37		1945
		5km - 00:26:44, 10km - 00:53:37, 15km - 01:20:00, 20km - 01:46:32, 21km - 01:52:26, 25km - 02:13:22, 30km - 02:42:32, 35km - 03:11:18, 40km - 03:41:24									
2123	1970	SZYMANOWSKI Roman	ŚRODA WIELKOPOLSKA	Polonia Środa Wielkopolska	POL	M45	290	03:54:11	03:56:44		1946
		5km - 00:26:03, 10km - 00:52:12, 15km - 01:18:01, 20km - 01:44:21, 21km - 01:50:08, 25km - 02:10:41, 30km - 02:38:55, 35km - 03:10:04, 40km - 03:41:12									
2124	676	Zawodnik anonimowy				M30	764	03:54:11	03:56:11		1946
		5km - 00:24:46, 10km - 00:49:55, 15km - 01:14:43, 20km - 01:40:41, 21km - 01:46:36, 25km - 02:06:54, 30km - 02:38:07, 35km - 03:09:42, 40km - 03:41:16									
2125	6669	JASIŃSKI Remigiusz	WROCŁAW	WROCLAW MARATHON TEAM	POL	M45	291	03:54:12	03:58:05		1948
		5km - 00:26:47, 10km - 00:53:37, 15km - 01:20:05, 20km - 01:46:57, 21km - 01:52:35, 25km - 02:13:38, 30km - 02:41:34, 35km - 03:10:19, 40km - 03:41:32									
2126	6071	OLEJNIK Janusz	ŚMIGIEL	Team Bieganie na Śniadanie	POL	M40	466	03:54:13	03:57:29		1949
		5km - 00:26:59, 10km - 00:53:31, 15km - 01:19:30, 20km - 01:45:55, 21km - 01:52:16, 25km - 02:12:53, 30km - 02:40:03, 35km - 03:09:32, 40km - 03:40:16									
2127	3444	ZALECH Sławomir	SOLEC-KUJAWSKI		POL	M40	467	03:54:14	03:56:55		1950
		5km - 00:26:23, 10km - 00:52:27, 15km - 01:18:21, 20km - 01:44:37, 21km - 01:50:22, 25km - 02:11:43, 30km - 02:39:40, 35km - 03:07:04, 40km - 03:40:25									
2128	2801	KOT Magdalena	PIŁA	4 Run Team	POL	K40	41	03:54:15	03:56:37	178	
		5km - 00:26:50, 10km - 00:53:25, 15km - 01:19:44, 20km - 01:46:52, 21km - 01:52:51, 25km - 02:14:09, 30km - 02:42:29, 35km - 03:11:16, 40km - 03:41:50									
2129	3702	KRZYŻANOWSKI Marcin	POZNAŃ	Świat Maratończyka	POL	M30	765	03:54:15	03:58:45		1951
		5km - 00:27:28, 10km - 00:54:58, 15km - 01:22:35, 20km - 01:50:18, 21km - 01:56:12, 25km - 02:17:59, 30km - 02:45:56, 35km - 03:13:19, 40km - 03:41:48									
2130	2785	LISTOSZ Piotr	PIŁA	4 RUN Piła	POL	M45	292	03:54:15	03:56:37		1951
		5km - 00:26:50, 10km - 00:53:25, 15km - 01:19:44, 20km - 01:46:51, 21km - 01:52:50, 25km - 02:14:10, 30km - 02:42:29, 35km - 03:11:23, 40km - 03:41:45									
2131	5900	SZKUDLAREK Marcin	STRZELNO	Piekuś	POL	M30	765	03:54:15	04:01:50		1951
		5km - 00:27:55, 10km - 00:55:04, 15km - 01:21:54, 20km - 01:48:40, 21km - 01:54:36, 25km - 02:15:52, 30km - 02:43:41, 35km - 03:14:04, 40km - 03:42:19									
2132	1871	MOLICKI Daniel	KĘBŁOWO	BOCZNIAKARNIA.PL	POL	M40	468	03:54:17	03:56:47		1954
		5km - 00:25:22, 10km - 00:50:27, 15km - 01:14:56, 20km - 01:40:32, 21km - 01:46:14, 25km - 02:06:22, 30km - 02:33:13, 35km - 03:01:51, 40km - 03:37:01									
2133	347	WRÓBEL Małgorzata	OBORNIKI ŚLĄSKIE	Oborygeni	POL	K30	85	03:54:18	03:56:01	179	
		5km - 00:24:54, 10km - 00:49:50, 15km - 01:15:12, 20km - 01:45:43, 21km - 01:52:56, 25km - 02:16:56, 30km - 02:46:29, 35km - 03:14:56, 40km - 03:42:47									
2134	1486	GOLUBSKI Robert	MAŁA NIESZAWKA		POL	M40	469	03:54:21	03:59:44		1955
		5km - 00:26:27, 10km - 00:51:47, 15km - 01:17:47, 20km - 01:44:13, 21km - 01:49:53, 25km - 02:12:30, 30km - 02:40:10, 35km - 03:09:49, 40km - 03:42:29									
2135	536	Zawodnik anonimowy				M40	469	03:54:21	03:54:52		1955
		5km - 00:25:07, 10km - 00:50:19, 15km - 01:15:40, 20km - 01:41:45, 21km - 01:47:33, 25km - 02:09:18, 30km - 02:39:17, 35km - 03:09:50, 40km - 03:41:14									
2136	2798	WOJCIK Bartlomiej	SZCZECIN	TEAM Cukiernia NOVA	POL	M40	471	03:54:24	03:56:57		1957
		5km - 00:26:40, 10km - 00:53:02, 15km - 01:18:56, 20km - 01:45:04, 21km - 01:50:41, 25km - 02:11:22, 30km - 02:39:24, 35km - 03:09:15, 40km - 03:41:35									
2137	2406	PROROK Dariusz	KURZNIE	Kotwica Brzeg	POL	M50	99	03:54:25	03:55:48		1958
		5km - 00:26:37, 10km - 00:53:21, 15km - 01:19:50, 20km - 01:48:05, 21km - 01:54:04, 25km - 02:15:10, 30km - 02:43:15, 35km - 03:11:50, 40km - 03:42:13									
2138	3201	PIETRZAK Rafał	BYDGOSZCZ		POL	M40	472	03:54:27	03:55:21		1959
		5km - 00:24:01, 10km - 00:48:13, 15km - 01:11:49, 20km - 01:36:28, 21km - 01:41:45, 25km - 02:01:50, 30km - 02:29:23, 35km - 03:01:38, 40km - 03:39:49									
2139	2581	DUDZIAK Grzegorz	ŚMIGIEL	Bieganie Na śniadanie Śmigiel	POL	M30	767	03:54:28	03:57:45		1960
		5km - 00:27:04, 10km - 00:54:04, 15km - 01:20:42, 20km - 01:47:09, 21km - 01:52:56, 25km - 02:14:05, 30km - 02:41:50, 35km - 03:10:17, 40km - 03:40:21									
2140	6352	FIJOŁEK Krzysztof	WARSZAWA		POL	M40	473	03:54:28	03:55:28		1960
		5km - 00:25:46, 10km - 00:51:24, 15km - 01:16:08, 20km - 01:41:19, 21km - 01:46:44, 25km - 02:06:44, 30km - 02:33:35, 35km - 03:06:15, 40km - 03:39:54									
2141	4121	KARPIŃSKA Anna	POZNAŃ		POL	K30	86	03:54:28	03:55:53	180	
		5km - 00:28:09, 10km - 00:55:23, 15km - 01:22:01, 20km - 01:48:27, 21km - 01:54:13, 25km - 02:15:09, 30km - 02:42:45, 35km - 03:11:27, 40km - 03:41:22									
2142	5537	KRYSZTOFOWICZ Tomasz	POZNAŃ		POL	M30	767	03:54:28	03:56:24		1960
		5km - 00:24:42, 10km - 00:49:27, 15km - 01:14:10, 20km - 01:39:17, 21km - 01:44:43, 25km - 02:05:21, 30km - 02:34:17, 35km - 03:05:35, 40km - 03:40:32									
2143	1994	MIKOŁAJCZYK Katarzyna	WARSZAWA		POL	K30	87	03:54:29	03:59:04	181	
		5km - 00:27:35, 10km - 00:55:06, 15km - 01:22:05, 20km - 01:49:34, 21km - 01:55:34, 25km - 02:17:11, 30km - 02:45:09, 35km - 03:13:34, 40km - 03:42:21									
2144	6213	PLUCIŃSKI Tomasz	POZNAŃ		POL	M30	769	03:54:30	03:55:52		1963
		5km - 00:24:26, 10km - 00:48:52, 15km - 01:13:56, 20km - 01:40:19, 21km - 01:46:43, 25km - 02:08:14, 30km - 02:38:32, 35km - 03:09:49, 40km - 03:41:20									
2145	3122	WILCZYŃSKI Marcin	ZABRZE	Zabrzańskie Parkowe Bieganie	POL	M40	474	03:54:30	03:58:35		1963
		5km - 00:27:10, 10km - 00:53:51, 15km - 01:20:32, 20km - 01:47:42, 21km - 01:53:38, 25km - 02:15:00, 30km - 02:43:05, 35km - 03:12:53, 40km - 03:42:21									
2146	75	CHUDY Jacek	BLACHOWNIA		POL	M40	475	03:54:31	03:55:42		1965
		5km - 00:26:20, 10km - 00:52:53, 15km - 01:19:17, 20km - 01:46:37, 21km - 01:52:31, 25km - 02:13:58, 30km - 02:42:28, 35km - 03:11:18, 40km - 03:41:05									
2147	6595	KOLIŃSKI Krzysztof	LIPUSZ		POL	M30	770	03:54:31	03:58:42		1965
		5km - 00:26:44, 10km - 00:53:14, 15km - 01:19:25, 20km - 01:45:57, 21km - 01:51:39, 25km - 02:12:28, 30km - 02:39:11, 35km - 03:06:49, 40km - 03:40:09									
2148	5048	WIKTOROWICZ Sławomir	KOSZALIN		POL	M40	476	03:54:32	03:55:03		1967
		5km - 00:22:28, 10km - 00:45:18, 15km - 01:09:16, 20km - 01:35:32, 21km - 01:41:18, 25km - 02:04:20, 30km - 02:33:07, 35km - 03:06:24, 40km - 03:40:44									
2149	528	ZIELIŃSKA Dominika	WYBRANOWO		POL	K18	30	03:54:32	03:55:43	182	
		5km - 00:25:49, 10km - 00:51:01, 15km - 01:15:46, 20km - 01:41:12, 21km - 01:46:58, 25km - 02:07:58, 30km - 02:36:40, 35km - 03:07:23, 40km - 03:41:12									
2150	6339	GORLA Konrad	MIECHOWICE MAŁE		POL	M18	244	03:54:34	03:56:56		1968
		5km - 00:25:04, 10km - 00:49:34, 15km - 01:14:08, 20km - 01:39:09, 21km - 01:44:32, 25km - 02:04:41, 30km - 02:33:32, 35km - 03:05:11, 40km - 03:38:47									
2151	6148	JĘDRZEJCZAK Łukasz	POZNAŃ		POL	M30	771	03:54:34	03:58:09		1968
		5km - 00:26:42, 10km - 00:53:01, 15km - 01:18:59, 20km - 01:45:06, 21km - 01:50:46, 25km - 02:11:10, 30km - 02:38:38, 35km - 03:10:39, 40km - 03:41:10									
2152	4701	CHUTKOWSKA Agnieszka	KOLNO		POL	K40	42	03:54:35	03:55:36	183	
		5km - 00:24:54, 10km - 00:50:02, 15km - 01:15:24, 20km - 01:42:10, 21km - 01:48:05, 25km - 02:09:50, 30km - 02:40:06, 35km - 03:10:57, 40km - 03:42:19									
2153	4487	HEJNA Beata	KLODAWA		POL	K18	31	03:54:36	03:58:11	184	
		5km - 00:28:14, 10km - 00:56:02, 15km - 01:23:36, 20km - 01:51:28, 21km - 01:57:26, 25km - 02:19:22, 30km - 02:47:42, 35km - 03:15:33, 40km - 03:43:15									
2154	1359	SCHOK Łukasz	GDYNIA		POL	M18	245	03:54:36	03:58:03		1970
		5km - 00:26:44, 10km - 00:53:25, 15km - 01:20:12, 20km - 01:46:46, 21km - 01:52:39, 25km - 02:13:42, 30km - 02:40:43, 35km - 03:08:16, 40km - 03:40:10									
2155	5881	BIELECKI Sławomir	POZNAŃ	Bridgestone	POL	M30	772	03:54:38	03:56:24		1971
		5km - 00:24:44, 10km - 00:49:20, 15km - 01:14:09, 20km - 01:39:17, 21km - 01:44:53, 25km - 02:05:03, 30km - 02:36:26, 35km - 03:08:39, 40km - 03:40:49									
2156	4615	LITKOWSKI Marek	NIEMCZ	DMK Lee Marunek	POL	M50	100	03:54:38	03:56:38		1971
		5km - 00:26:06, 10km - 00:52:28, 15km - 01:18:44, 20km - 01:45:02, 21km - 01:50:54, 25km - 02:11:46, 30km - 02:41:05, 35km - 03:10:58, 40km - 03:41:54									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
2157	638	PIWISZKIS Barbara	JASTRZĘBIE-ZDRÓJ	Kobiety Na 5 +	POL	K30	88	03:54:38	03:56:41	185	
		5km - 00:24:04, 10km - 00:49:03, 15km - 01:14:10, 20km - 01:42:15, 21km - 01:48:22, 25km - 02:10:20, 30km - 02:40:34, 35km - 03:10:55, 40km - 03:42:37									
2158	2848	Zawodnik anonimowy				M45	293	03:54:38	03:58:13		1971
		5km - 00:26:35, 10km - 00:53:22, 15km - 01:19:31, 20km - 01:45:57, 21km - 01:51:35, 25km - 02:12:19, 30km - 02:39:31, 35km - 03:07:02, 40km - 03:42:42									
2159	344	KOŁODZIEJ Marcin	NOWE SMARCHOWICE		POL	M30	773	03:54:39	03:55:03		1974
		5km - 00:26:31, 10km - 00:53:10, 15km - 01:19:41, 20km - 01:46:24, 21km - 01:52:19, 25km - 02:13:19, 30km - 02:41:49, 35km - 03:10:37, 40km - 03:41:44									
2160	131	TRUSKOLAS Michal	LODZ		POL	M40	477	03:54:39	03:58:14		1974
		5km - 00:26:34, 10km - 00:53:22, 15km - 01:19:31, 20km - 01:45:58, 21km - 01:51:35, 25km - 02:12:19, 30km - 02:39:31, 35km - 03:07:02, 40km - 03:42:41									
2161	5661	WODEJKO Artur	SOLEC KUJAWSKI	TBKM WILK SOLEC KUJAWSKI	POL	M40	477	03:54:39	03:55:47		1974
		5km - 00:25:50, 10km - 00:51:15, 15km - 01:16:47, 20km - 01:42:48, 21km - 01:48:34, 25km - 02:10:45, 30km - 02:40:14, 35km - 03:09:48, 40km - 03:41:39									
2162	6944	PRAWDA Sebastian	SZCZECIN	Wieczorne Bieganie w Szczecinie	POL	M40	479	03:54:40	04:00:02		1977
		5km - 00:27:32, 10km - 00:53:14, 15km - 01:19:10, 20km - 01:45:05, 21km - 01:50:55, 25km - 02:12:22, 30km - 02:41:41, 35km - 03:11:58, 40km - 03:42:10									
2163	1595	KASPRZAK Michał	MYSŁOWICE		POL	M18	246	03:54:42	03:57:07		1978
		5km - 00:24:57, 10km - 00:49:29, 15km - 01:13:48, 20km - 01:38:30, 21km - 01:44:18, 25km - 02:04:59, 30km - 02:34:18, 35km - 03:04:16, 40km - 03:40:18									
2164	2828	MIŚNIK Wojciech	POZNAŃ		POL	M40	480	03:54:42	03:57:58		1978
		5km - 00:26:45, 10km - 00:53:05, 15km - 01:18:46, 20km - 01:44:48, 21km - 01:50:25, 25km - 02:11:16, 30km - 02:39:56, 35km - 03:09:06, 40km - 03:42:34									
2165	3903	WESOŁOWSKI Roman	POZNAŃ		POL	M30	774	03:54:42	03:56:53		1978
		5km - 00:26:59, 10km - 00:54:06, 15km - 01:20:48, 20km - 01:47:53, 21km - 01:53:57, 25km - 02:15:13, 30km - 02:42:22, 35km - 03:10:18, 40km - 03:41:55									
2166	3976	WOLFF Marcin	OLSZTYN	M-runners	POL	M50	101	03:54:42	03:58:14		1978
		5km - 00:25:59, 10km - 00:51:46, 15km - 01:17:03, 20km - 01:42:31, 21km - 01:48:02, 25km - 02:07:58, 30km - 02:35:01, 35km - 03:07:24, 40km - 03:42:09									
2167	1927	WOŹNIAK Łukasz	POZNAŃ		POL	M30	774	03:54:42	03:56:21		1978
		5km - 00:24:55, 10km - 00:49:55, 15km - 01:15:00, 20km - 01:41:02, 21km - 01:46:48, 25km - 02:07:48, 30km - 02:37:06, 35km - 03:08:38, 40km - 03:41:15									
2168	4192	WARCHALOWSKI Arkadiusz	BUK		POL	M40	481	03:54:43	03:59:12		1983
		5km - 00:27:11, 10km - 00:54:07, 15km - 01:20:09, 20km - 01:46:51, 21km - 01:52:35, 25km - 02:13:33, 30km - 02:41:13, 35km - 03:11:03, 40km - 03:41:33									
2169	462	GOŁDYSIAK Ewelina	POZNAŃ	100	POL	K30	89	03:54:45	03:58:24	186	
		5km - 00:27:18, 10km - 00:54:22, 15km - 01:20:29, 20km - 01:47:35, 21km - 01:53:27, 25km - 02:15:22, 30km - 02:44:19, 35km - 03:13:10, 40km - 03:42:32									
2170	3188	KONIECZNY Zbigniew	POZNAŃ		POL	M18	247	03:54:45	04:00:09		1984
		5km - 00:28:14, 10km - 00:56:09, 15km - 01:23:51, 20km - 01:52:03, 21km - 01:57:54, 25km - 02:19:53, 30km - 02:47:29, 35km - 03:14:51, 40km - 03:43:02									
2171	6832	BARAN Krzysztof	KOŹMIN WLKP.	KOŹMIN BIEGA	POL	M30	776	03:54:46	03:57:21		1985
		5km - 00:24:01, 10km - 00:48:43, 15km - 01:13:30, 20km - 01:38:28, 21km - 01:44:00, 25km - 02:04:31, 30km - 02:35:41, 35km - 03:06:41, 40km - 03:41:15									
2172	1138	KAŹMIERCZAK Michał	DOPIEWIEC		POL	M40	482	03:54:46	03:56:28		1985
		5km - 00:26:54, 10km - 00:53:55, 15km - 01:20:48, 20km - 01:47:52, 21km - 01:53:44, 25km - 02:15:14, 30km - 02:43:37, 35km - 03:12:24, 40km - 03:42:17									
2173	6591	SIKORA Jacek	POZNAŃ		POL	M40	482	03:54:46	03:57:38		1985
		5km - 00:26:20, 10km - 00:52:46, 15km - 01:18:43, 20km - 01:44:52, 21km - 01:50:37, 25km - 02:11:56, 30km - 02:41:07, 35km - 03:12:26, 40km - 03:41:49									
2174	6583	KOŚLA Tomasz	BRZEG	Jimi Hendrix	POL	M50	102	03:54:48	03:55:06		1988
		5km - 00:21:55, 10km - 00:45:10, 15km - 01:09:15, 20km - 01:35:11, 21km - 01:40:58, 25km - 02:02:33, 30km - 02:33:23, 35km - 03:08:44, 40km - 03:41:30									
2175	2180	WIELEC Tomasz	SKIERNIEWICE		POL	M18	248	03:54:48	03:56:51		1988
		5km - 00:24:44, 10km - 00:49:43, 15km - 01:14:31, 20km - 01:41:18, 21km - 01:47:07, 25km - 02:08:35, 30km - 02:38:07, 35km - 03:10:13, 40km - 03:42:06									
2176	1096	GRZONKA Andrzej	JASTRZEBIE-ZDROJ	GB.Galopujace Slimaki	POL	M40	484	03:54:49	03:56:57		1990
		5km - 00:25:00, 10km - 00:48:50, 15km - 01:13:11, 20km - 01:37:25, 21km - 01:42:50, 25km - 02:02:26, 30km - 02:31:20, 35km - 03:02:55, 40km - 03:38:47									
2177	6952	WALCZAK Marcin	KSIĄŻ WIELKOPOLSKI		POL	M40	484	03:54:49	03:56:39		1990
		5km - 00:24:45, 10km - 00:49:28, 15km - 01:14:16, 20km - 01:39:13, 21km - 01:44:47, 25km - 02:04:29, 30km - 02:34:33, 35km - 03:07:05, 40km - 03:39:46									
2178	1019	SUPKOWSKI Michał	BIELANY WROCŁAWSKIE		POL	M30	777	03:54:50	03:57:46		1992
		5km - 00:25:08, 10km - 00:50:08, 15km - 01:15:36, 20km - 01:41:20, 21km - 01:47:03, 25km - 02:07:56, 30km - 02:36:59, 35km - 03:08:21, 40km - 03:41:08									
2179	2168	MISZEWSKI Michał M.	WARSZAWA	Night Runners	POL	M40	486	03:54:52	03:59:27		1993
		5km - 00:27:35, 10km - 00:55:05, 15km - 01:22:05, 20km - 01:49:34, 21km - 01:55:34, 25km - 02:17:11, 30km - 02:45:09, 35km - 03:13:34, 40km - 03:42:20									
2180	1915	TOMASZEWSKI Paweł	KLESZCZEWO		POL	M30	778	03:54:52	03:59:36		1993
		5km - 00:27:34, 10km - 00:55:59, 15km - 01:23:48, 20km - 01:52:00, 21km - 01:58:00, 25km - 02:20:01, 30km - 02:47:25, 35km - 03:14:48, 40km - 03:43:04									
2181	6039	MAĆKOWIAK Grzegorz	CZERNIEJEWO	Czerniejewo Biega	POL	M55	58	03:54:53	03:58:30		1995
		5km - 00:25:34, 10km - 00:51:05, 15km - 01:16:43, 20km - 01:42:52, 21km - 01:48:29, 25km - 02:09:12, 30km - 02:37:26, 35km - 03:09:36, 40km - 03:42:51									
2182	746	KRYŃSKI Adam	WARSZAWA		POL	M40	487	03:54:54	03:59:26		1996
		5km - 00:27:45, 10km - 00:54:57, 15km - 01:21:58, 20km - 01:49:13, 21km - 01:55:05, 25km - 02:16:32, 30km - 02:44:23, 35km - 03:13:13, 40km - 03:42:43									
2183	2047	STACHOWIAK Maciej	POZNAŃ	Pakieciarze Team	POL	M40	488	03:54:55	03:58:11		1997
		5km - 00:26:55, 10km - 00:53:53, 15km - 01:20:16, 20km - 01:46:40, 21km - 01:52:23, 25km - 02:13:19, 30km - 02:40:53, 35km - 03:11:31, 40km - 03:41:55									
2184	4481	TADUS Marcin	PLESZEW	PLESZEW	POL	M30	779	03:54:57	03:56:16		1998
		5km - 00:26:37, 10km - 00:53:08, 15km - 01:19:43, 20km - 01:46:58, 21km - 01:52:55, 25km - 02:14:32, 30km - 02:42:10, 35km - 03:10:43, 40km - 03:41:46									
2185	3924	GAWĘCKI Maciej	POZNAŃ		POL	M45	294	03:54:58	03:56:04		1999
		5km - 00:26:35, 10km - 00:52:50, 15km - 01:19:14, 20km - 01:45:35, 21km - 01:51:14, 25km - 02:12:00, 30km - 02:39:39, 35km - 03:10:09, 40km - 03:41:20									
2186	1854	PISARSKI Robert	TYCHY	CRIK FCA POLAND	POL	M45	294	03:54:58	03:57:15		1999
		5km - 00:27:15, 10km - 00:54:41, 15km - 01:21:56, 20km - 01:49:42, 21km - 01:55:41, 25km - 02:17:19, 30km - 02:45:53, 35km - 03:14:38, 40km - 03:43:15									
2187	7246	KONDRACKI Maciej	PLESZEW		POL	M30	780	03:54:59	03:56:18		2001
		5km - 00:27:05, 10km - 00:53:30, 15km - 01:19:43, 20km - 01:46:58, 21km - 01:52:55, 25km - 02:14:32, 30km - 02:42:10, 35km - 03:10:43, 40km - 03:41:46									
2188	334	BADOWSKI Krzysztof	BYDGOSZCZ	T12	POL	M55	59	03:55:01	03:55:45		2002
		5km - 00:25:29, 10km - 00:50:46, 15km - 01:15:56, 20km - 01:42:10, 21km - 01:47:46, 25km - 02:09:09, 30km - 02:38:47, 35km - 03:09:08, 40km - 03:41:28									
2189	3341	NOLBRZYK Adrian	OSIECZNA	GreatGratulaGarage	POL	M40	489	03:55:02	04:01:51		2003
		5km - 00:28:44, 10km - 00:57:33, 15km - 01:24:47, 20km - 01:53:04, 21km - 01:59:02, 25km - 02:20:20, 30km - 02:47:55, 35km - 03:15:44, 40km - 03:43:37									
2190	519	FRANKOWSKI Łukasz	CZAPURY		POL	M30	781	03:55:03	03:58:27		2004
		5km - 00:27:53, 10km - 00:55:46, 15km - 01:23:15, 20km - 01:51:04, 21km - 01:57:00, 25km - 02:18:31, 30km - 02:46:03, 35km - 03:13:45, 40km - 03:42:43									
2191	2234	MOLENDA Adam	KRUSZWICA	NEW HORIZONS	POL	M50	103	03:55:04	03:59:07		2005
		5km - 00:26:58, 10km - 00:53:25, 15km - 01:19:50, 20km - 01:46:26, 21km - 01:52:15, 25km - 02:13:41, 30km - 02:42:07, 35km - 03:12:12, 40km - 03:42:28									
2192	4279	NOWAK-KABZIŃSKA Joanna	JAROSTY		POL	K30	90	03:55:05	03:57:24	187	
		5km - 00:26:55, 10km - 00:54:16, 15km - 01:21:22, 20km - 01:48:41, 21km - 01:54:41, 25km - 02:16:01, 30km - 02:44:47, 35km - 03:13:42, 40km - 03:43:08									
2193	4184	BRODOWSKI Piotr	ŚLESIN		POL	M30	782	03:55:06	03:57:51		2006
		5km - 00:26:05, 10km - 00:51:58, 15km - 01:18:22, 20km - 01:44:46, 21km - 01:50:28, 25km - 02:11:00, 30km - 02:38:03, 35km - 03:07:43, 40km - 03:41:21									
2194	4213	JAKUBOWSKI Piotr	RACULA		POL	M40	490	03:55:09	03:57:25		2007
		5km - 00:25:37, 10km - 00:52:07, 15km - 01:18:09, 20km - 01:44:48, 21km - 01:50:24, 25km - 02:11:09, 30km - 02:39:31, 35km - 03:09:02, 40km - 03:42:03									
2195	4705	KACZMAREK Michał	CHYBY		POL	M30	783	03:55:09	03:56:21		2007
		5km - 00:26:45, 10km - 00:53:24, 15km - 01:18:53, 20km - 01:44:39, 21km - 01:50:46, 25km - 02:11:45, 30km - 02:40:27, 35km - 03:10:57, 40km - 03:41:59									
2196	666	PARUCKI Michał	POZNAŃ	Vege Runners / Drużyna Lecha Poznań	POL	M40	490	03:55:09	03:57:39		2007
		5km - 00:24:35, 10km - 00:50:14, 15km - 01:15:33, 20km - 01:42:31, 21km - 01:48:34, 25km - 02:10:15, 30km - 02:39:37, 35km - 03:10:40, 40km - 03:42:03									
2197	7258	ADAMCZAK Artur	POZNAŃ		POL	M45	296	03:55:11	03:58:53		2010
		5km - 00:26:36, 10km - 00:53:19, 15km - 01:19:31, 20km - 01:46:09, 21km - 01:51:56, 25km - 02:12:49, 30km - 02:40:22, 35km - 03:09:30, 40km - 03:41:33									
2198	6510	CHARĘZA Marcin	SZCZECIN	Zawadzkiego Szczecin	POL	M30	784	03:55:11	03:57:58		2010
		5km - 00:25:15, 10km - 00:50:03, 15km - 01:14:36, 20km - 01:39:56, 21km - 01:45:36, 25km - 02:05:46, 30km - 02:36:02, 35km - , 40km - 03:41:15									
2199	1154	DERWICH Karol	KRAKOW		POL	M40	492	03:55:11	04:00:42		2010
		5km - 00:28:06, 10km - 00:55:47, 15km - 01:23:05, 20km - 01:51:03, 21km - 01:57:01, 25km - 02:18:53, 30km - 02:47:09, 35km - 03:15:01, 40km - 03:43:31									
2200	3529	GALICA Bartosz	POZNAŃ	eBenefity dla Twoich pracowników	POL	M45	297	03:55:12	03:56:18		2013
		5km - 00:26:13, 10km - 00:52:51, 15km - 01:18:52, 20km - 01:44:53, 21km - 01:50:47, 25km - 02:11:29, 30km - 02:39:08, 35km - 03:08:40, 40km - 03:41:27									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
2201	999	STOKOWSKI Dariusz	GORZKIE POLE	Borowo Młyn team	POL	M40	493	03:55:12	03:56:31		2013
		5km - 00:24:52, 10km - 00:49:08, 15km - 01:13:01, 20km - 01:37:37, 21km - 01:43:29, 25km - 02:04:28, 30km - 02:36:12, 35km - 03:07:02, 40km - 03:41:40									
2202	529	SIKORA Dawid	DĘBORZYCE	Deborzymianie	POL	M40	494	03:55:13	03:56:33		2015
		5km - 00:26:39, 10km - 00:53:28, 15km - 01:19:49, 20km - 01:46:46, 21km - 01:52:34, 25km - 02:13:39, 30km - 02:41:51, 35km - 03:10:41, 40km - 03:42:07									
2203	5512	KĘDZIELEWSKI Łukasz	SZCZECIN	Wieczorne Bieganie w Szczecinie	POL	M30	785	03:55:14	03:58:00		2016
		5km - 00:25:11, 10km - 00:50:04, 15km - 01:14:38, 20km - 01:39:58, 21km - 01:45:38, 25km - 02:05:47, 30km - 02:36:03, 35km - 03:09:58, 40km - 03:41:31									
2204	5961	LEONIUK Paweł	BIAŁYSTOK	Nadaktywni	POL	M30	785	03:55:14	03:56:54		2016
		5km - 00:24:46, 10km - 00:49:13, 15km - 01:13:32, 20km - 01:38:34, 21km - 01:43:54, 25km - 02:03:50, 30km - 02:36:09, 35km - 03:11:04, 40km - 03:42:17									
2205	7100	SPRINGER Marcin	ZŁOCIENIEC		POL	M40	495	03:55:14	03:58:37		2016
		5km - 00:25:38, 10km - 00:50:32, 15km - 01:15:07, 20km - 01:40:32, 21km - 01:46:39, 25km - 02:07:06, 30km - 02:35:45, 35km - 03:08:28, 40km - 03:42:16									
2206	6188	NOCHOWSKI Michał	GOSTYŃ	Kd7w	POL	M30	787	03:55:15	04:00:27		2019
		5km - 00:27:43, 10km - 00:55:28, 15km - 01:23:04, 20km - 01:51:06, 21km - 01:57:06, 25km - 02:18:56, 30km - 02:47:19, 35km - 03:15:25, 40km - 03:43:40									
2207	2620	ROMANOWSKI Paweł	GDAŃSK	ST RUNNERS	POL	M30	787	03:55:15	03:59:32		2019
		5km - 00:27:24, 10km - 00:54:32, 15km - 01:21:33, 20km - 01:48:52, 21km - 01:54:50, 25km - 02:16:15, 30km - 02:43:15, 35km - 03:10:56, 40km - 03:42:33									
2208	3864	SZCZEPANIAK Maciej	PSARSKIE	TOPFARM	POL	M45	298	03:55:17	03:58:44		2021
		5km - 00:26:44, 10km - 00:53:17, 15km - 01:19:17, 20km - 01:46:05, 21km - 01:52:05, 25km - 02:13:07, 30km - 02:42:40, 35km - 03:13:32, 40km - 03:43:37									
2209	257	DĄBROWSKI Ireneusz	OPOLE	OISW Opole	POL	M45	299	03:55:18	03:56:26		2022
		5km - 00:26:00, 10km - 00:52:29, 15km - 01:17:43, 20km - 01:44:07, 21km - 01:50:43, 25km - 02:12:10, 30km - 02:42:04, 35km - 03:12:34, 40km - 03:42:26									
2210	4315	PIEKARSKI Łukasz	LUSÓWKO		POL	M30	789	03:55:18	03:56:51		2022
		5km - 00:24:42, 10km - 00:49:06, 15km - 01:13:51, 20km - 01:39:20, 21km - 01:45:03, 25km - 02:06:42, 30km - 02:38:14, 35km - 03:10:08, 40km - 03:42:39									
2211	4733	LEWANDOWSKI Marek	ZBĄSZYŃ	Tkkf "Łabędź"Zbąszyń,Koleje Wielkopolski	POL	M45	300	03:55:19	03:56:47		2024
		5km - 00:25:19, 10km - 00:51:29, 15km - 01:18:00, 20km - 01:46:29, 21km - 01:52:24, 25km - 02:14:45, 30km - 02:44:15, 35km - 03:13:26, 40km - 03:42:48									
2212	5138	MARCINIAK Łukasz	JAROCIN		POL	M30	790	03:55:19	03:57:13		2024
		5km - 00:24:49, 10km - 00:49:40, 15km - 01:14:16, 20km - 01:39:11, 21km - 01:44:39, 25km - 02:06:38, 30km - 02:38:00, 35km - 03:09:49, 40km - 03:43:06									
2213	2835	JAKÓBCZYK Krzysztof	GRUDZIĄDZ	PGB Sportowa Paczka	POL	M50	104	03:55:20	03:57:44		2026
		5km - 00:26:56, 10km - 00:54:19, 15km - 01:20:53, 20km - 01:47:50, 21km - 01:53:44, 25km - 02:15:10, 30km - 02:43:17, 35km - 03:12:24, 40km - 03:43:04									
2214	6128	JAKÓBCZYK Martyna	WARSZAWA		POL	K18	32	03:55:20	03:57:44	188	
		5km - 00:26:56, 10km - 00:54:19, 15km - 01:20:53, 20km - 01:47:50, 21km - 01:53:44, 25km - 02:15:10, 30km - 02:43:17, 35km - 03:12:24, 40km - 03:43:04									
2215	3026	STOLECKI Piotr	KURNOS DRUGI	Drużyna Szpiku	POL	M40	496	03:55:20	03:59:52		2026
		5km - 00:26:46, 10km - 00:52:52, 15km - 01:19:22, 20km - 01:45:30, 21km - 01:51:14, 25km - 02:11:57, 30km - 02:39:24, 35km - 03:10:50, 40km - 03:43:09									
2216	2716	WRÓBEL Marcin	ZBASZYŃ	Elmax Team	POL	M30	791	03:55:20	03:55:56		2026
		5km - 00:22:37, 10km - 00:45:55, 15km - 01:08:16, 20km - 01:30:57, 21km - 01:35:52, 25km - 01:53:44, 30km - 02:19:04, 35km - 02:50:16, 40km - 03:32:29									
2217	3439	KARWAN Zbigniew	LUBLIN		POL	M55	60	03:55:21	04:00:11		2029
		5km - 00:28:01, 10km - 00:55:38, 15km - 01:22:01, 20km - 01:48:44, 21km - 01:54:30, 25km - 02:15:10, 30km - 02:42:57, 35km - 03:11:05, 40km - 03:41:30									
2218	5874	KOŹMA Michał	POZNAŃ	Bridgestone	POL	M30	792	03:55:24	03:56:00		2030
		5km - 00:27:25, 10km - 00:56:05, 15km - 01:23:29, 20km - 01:51:35, 21km - 01:57:36, 25km - 02:19:36, 30km - 02:47:33, 35km - 03:15:21, 40km - 03:43:20									
2219	6886	PAWLAK Radek	BARANOWO		POL	M45	301	03:55:25	03:56:04		2031
		5km - 00:24:46, 10km - 00:49:24, 15km - 01:13:56, 20km - 01:39:02, 21km - 01:44:34, 25km - 02:06:46, 30km - 02:36:15, 35km - 03:08:14, 40km - 03:40:42									
2220	4541	TYLIŃSKI Arkadiusz	LESZNO	Amator	POL	M50	105	03:55:25	03:58:25		2031
		5km - 00:25:56, 10km - 00:51:03, 15km - 01:15:40, 20km - 01:40:57, 21km - 01:46:41, 25km - 02:07:29, 30km - 02:37:43, 35km - 03:11:41, 40km - 03:42:57									
2221	2032	PYRZAK Paweł	WARSZAWA	Fort Jaksmanice	POL	M30	793	03:55:26	03:56:12		2033
		5km - 00:24:16, 10km - 00:48:52, 15km - 01:12:58, 20km - 01:38:04, 21km - 01:43:51, 25km - 02:05:31, 30km - 02:35:47, 35km - 03:09:09, 40km - 03:42:15									
2222	245	WILCZKOWIAK Jan	WOJNOWICE	Amator	POL	M30	793	03:55:26	03:58:26		2033
		5km - 00:25:56, 10km - 00:51:06, 15km - 01:15:40, 20km - 01:40:56, 21km - 01:46:43, 25km - 02:07:28, 30km - 02:37:40, 35km - 03:11:41, 40km - 03:42:53									
2223	3544	KUDREWICZ Mirek	GDAŃSK		POL	M55	61	03:55:27	03:58:27		2035
		5km - 00:25:10, 10km - 00:50:31, 15km - 01:15:59, 20km - 01:41:41, 21km - 01:47:17, 25km - 02:08:03, 30km - 02:36:08, 35km - 03:05:52, 40km - 03:38:45									
2224	5452	MALKA Marcin	MIŃSK MAZOWIECKI		POL	M40	497	03:55:27	03:59:02		2035
		5km - 00:26:17, 10km - 00:52:25, 15km - 01:18:15, 20km - 01:44:35, 21km - 01:50:20, 25km - 02:11:02, 30km - 02:39:29, 35km - 03:09:02, 40km - 03:41:55									
2225	2925	NAWROCKI Piotr	LESZNO		POL	M40	498	03:55:28	03:56:58		2037
		5km - 00:25:07, 10km - 00:49:50, 15km - 01:14:38, 20km - 01:39:34, 21km - 01:45:07, 25km - 02:05:13, 30km - 02:33:17, 35km - 03:04:25, 40km - 03:40:21									
2226	1350	KUCZYŃSKI Daniel	FALENTY DUŻE	Prężne Vacky	POL	M40	499	03:55:30	03:57:08		2038
		5km - 00:26:37, 10km - 00:52:55, 15km - 01:19:16, 20km - 01:45:53, 21km - 01:51:37, 25km - 02:12:19, 30km - 02:40:13, 35km - 03:09:10, 40km - 03:42:29									
2227	7223	SOKÓLSKI Michał	KROSINKO		POL	M45	302	03:55:30	03:59:50		2038
		5km - 00:27:17, 10km - 00:54:33, 15km - 01:21:16, 20km - 01:48:41, 21km - 01:54:38, 25km - 02:15:48, 30km - 02:43:35, 35km - 03:12:27, 40km - 03:42:26									
2228	6861	MAŁEK Piotr	TUREK	KB Maraton Turek	POL	M40	500	03:55:31	03:57:40		2040
		5km - 00:27:02, 10km - 00:55:34, 15km - 01:22:41, 20km - 01:50:14, 21km - 01:56:05, 25km - 02:17:36, 30km - 02:45:39, 35km - 03:14:09, 40km - 03:43:47									
2229	1463	NAPIERAŁA Mikołaj	NIEMCZ	SBRT Bydgoszcz	POL	M18	249	03:55:34	03:57:18		2041
		5km - 00:24:52, 10km - 00:49:30, 15km - 01:14:23, 20km - 01:39:10, 21km - 01:44:44, 25km - 02:05:07, 30km - 02:33:58, 35km - 03:09:40, 40km - 03:43:00									
2230	2441	RUTKOWSKI Adam	GRODZISK WIELKOPOLSKI		POL	M30	795	03:55:34	04:00:38		2041
		5km - 00:28:15, 10km - 00:55:54, 15km - 01:23:27, 20km - 01:51:05, 21km - 01:57:05, 25km - 02:18:57, 30km - 02:47:09, 35km - 03:15:04, 40km - 03:43:16									
2231	4323	GORYNIA Marian	SUCHY LAS	KB UE POZNAŃ	POL	M60	23	03:55:35	03:56:25		2043
		5km - 00:24:32, 10km - 00:49:07, 15km - 01:13:52, 20km - 01:39:46, 21km - 01:45:19, 25km - 02:06:14, 30km - 02:36:08, 35km - 03:06:40, 40km - 03:40:27									
2232	2468	JUST Wojciech	MROWINO	Rokietnica Biega	POL	M45	303	03:55:37	03:58:44		2044
		5km - 00:26:09, 10km - 00:51:57, 15km - 01:17:25, 20km - 01:43:14, 21km - 01:48:52, 25km - 02:09:40, 30km - 02:39:10, 35km - 03:10:08, 40km - 03:42:04									
2233	2605	KRASNODĘBSKI Konrad	NOWE WARPNO	BBL POLICE	POL	M40	501	03:55:37	03:56:48		2044
		5km - 00:25:21, 10km - 00:50:21, 15km - 01:15:00, 20km - 01:40:32, 21km - 01:46:26, 25km - 02:07:35, 30km - 02:37:47, 35km - 03:12:18, 40km - 03:43:27									
2234	6906	CISZAK Karol	POZNAŃ	Deloitte Adventure Team	POL	M30	796	03:55:40	03:58:51		2046
		5km - 00:26:27, 10km - 00:52:20, 15km - 01:18:07, 20km - 01:45:12, 21km - 01:51:00, 25km - 02:12:03, 30km - 02:40:28, 35km - 03:09:27, 40km - 03:43:05									
2235	6029	HEIKKINEN Sanna	VANTAA, FINLAND		FIN	K18	33	03:55:40	04:00:17	189	
		5km - 00:27:31, 10km - 00:54:49, 15km - 01:21:58, 20km - 01:49:40, 21km - 01:55:48, 25km - 02:17:28, 30km - 02:45:45, 35km - 03:14:07, 40km - 03:43:01									
2236	2554	MIELCZAREK Daniel	RADOMSKO		POL	M40	502	03:55:40	03:58:23		2046
		5km - 00:27:19, 10km - 00:53:47, 15km - 01:19:38, 20km - 01:45:38, 21km - 01:51:10, 25km - 02:12:04, 30km - 02:40:34, 35km - 03:10:52, 40km - 03:42:27									
2237	4639	PISAREK Maciej	POZNAŃ		POL	M40	502	03:55:40	03:57:08		2046
		5km - 00:24:26, 10km - 00:49:11, 15km - 01:13:53, 20km - 01:39:32, 21km - 01:47:22, 25km - 02:07:48, 30km - 02:39:19, 35km - 03:11:04, 40km - 03:41:28									
2238	7091	ROKITOWSKI Tomasz	POZNAŃ	OSWRiS	POL	M30	797	03:55:42	03:58:34		2049
		5km - 00:27:26, 10km - 00:54:33, 15km - 01:21:30, 20km - 01:49:08, 21km - 01:55:09, 25km - 02:17:07, 30km - 02:46:26, 35km - 03:16:04, 40km - 03:44:58									
2239	2443	ZAPOTOCZNY Krzysztof	NOWOGRÓD BOBRZAŃSKI	Nowogrodzka Grupa Biegowa Fiber	POL	M30	797	03:55:42	03:59:21		2049
		5km - 00:26:42, 10km - 00:53:29, 15km - 01:20:06, 20km - 01:46:41, 21km - 01:52:30, 25km - 02:13:31, 30km - 02:41:17, 35km - 03:11:16, 40km - 03:42:30									
2240	3710	ŻYCHLIŃSKI Miłosz	ŁÓDŹ	HTF Ludwik Sikorski	POL	M45	304	03:55:42	03:56:39		2049
		5km - 00:24:49, 10km - 00:51:03, 15km - 01:17:09, 20km - 01:43:36, 21km - 01:49:27, 25km - 02:10:38, 30km - 02:41:51, 35km - 03:14:46, 40km - 03:43:32									
2241	4271	BANASIAK Anna	ZGIERZ		POL	K30	91	03:55:43	04:01:18	190	
		5km - 00:28:04, 10km - 00:56:02, 15km - 01:23:24, 20km - 01:51:37, 21km - 01:57:40, 25km - 02:19:24, 30km - 02:47:36, 35km - 03:16:06, 40km - 03:43:48									
2242	4945	RADYS Paulina	MIĘDZYRZECZ	Kasztelanka Międzyrzecz	POL	K18	34	03:55:43	04:00:49	190	
		5km - 00:27:44, 10km - 00:55:20, 15km - 01:22:31, 20km - 01:50:01, 21km - 01:55:59, 25km - 02:17:33, 30km - 02:45:26, 35km - 03:14:29, 40km - 03:43:46									
2243	6387	SPUŁTOWSKA Joanna	ŁÓDŹ	VEOLIA	POL	K45	19	03:55:43	03:59:21	190	
		5km - 00:26:47, 10km - 00:53:35, 15km - 01:20:05, 20km - 01:46:39, 21km - 01:52:31, 25km - 02:13:35, 30km - 02:42:39, 35km - 03:11:25, 40km - 03:42:51									
2244	1273	WOŹNIAK Łukasz	KRAKÓW	Poranny Patrol	POL	M30	799	03:55:43	03:58:49		2052
		5km - 00:27:13, 10km - 00:55:05, 15km - 01:20:59, 20km - 01:48:17, 21km - 01:54:13, 25km - 02:15:29, 30km - 02:44:05, 35km - 03:12:42, 40km - 03:40:57									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
2245	6562	BARTOŚ Marcin	WYSOCKO MAŁE	Rajsport Active	POL	M30	800	03:55:44	03:57:49		2053
		5km - 00:25:18, 10km - 00:51:22, 15km - 01:17:32, 20km - 01:43:39, 21km - 01:49:28, 25km - 02:10:15, 30km - 02:39:45, 35km - 03:10:44, 40km - 03:43:24									
2246	4028	SZYMANKIEWICZ Marek	SKULSK		POL	M30	800	03:55:44	04:01:18		2053
		5km - 00:27:12, 10km - 00:54:29, 15km - 01:21:26, 20km - 01:48:42, 21km - 01:54:42, 25km - 02:16:09, 30km - 02:44:53, 35km - 03:13:44, 40km - 03:43:05									
2247	5133	GARAS Eliza	POZNAŃ		POL	K30	92	03:55:46	04:01:53	193	
		5km - 00:28:36, 10km - 00:56:43, 15km - 01:24:24, 20km - 01:52:10, 21km - 01:58:15, 25km - 02:20:02, 30km - 02:47:31, 35km - 03:15:40, 40km - 03:43:59									
2248	5301	KUCHARZYK Grzegorz	LUBLIN		POL	M40	504	03:55:46	03:59:15		2055
		5km - 00:26:21, 10km - 00:51:58, 15km - 01:17:25, 20km - 01:43:52, 21km - 01:49:22, 25km - 02:10:15, 30km - 02:38:28, 35km - 03:08:22, 40km - 03:42:29									
2249	2397	JĘDRZEJCZAK Leszek	POZNAŃ		POL	M60	24	03:55:47	04:01:21		2056
		5km - 00:27:41, 10km - 00:53:47, 15km - 01:19:40, 20km - 01:45:43, 21km - 01:51:26, 25km - 02:12:10, 30km - 02:41:25, 35km - 03:11:33, 40km - 03:42:08									
2250	4251	MAJDZIŃSKI Mariusz	ŻORY		POL	M30	802	03:55:47	04:01:45		2056
		5km - 00:28:19, 10km - 00:55:49, 15km - 01:22:30, 20km - 01:49:04, 21km - 01:54:41, 25km - 02:15:18, 30km - 02:41:33, 35km - 03:11:35, 40km - 03:43:25									
2251	4317	PRZYGOCKI Wojciech	POZNAŃ		POL	M30	802	03:55:47	04:00:29		2056
		5km - 00:27:54, 10km - 00:55:59, 15km - 01:23:35, 20km - 01:51:20, 21km - 01:57:20, 25km - 02:18:35, 30km - 02:46:44, 35km - 03:15:10, 40km - 03:43:38									
2252	4647	CHMURZYŃSKI Józef	KROBIA	T.S .Opatrunki Toruń	POL	M50	106	03:55:51	03:57:37		2059
		5km - 00:24:40, 10km - 00:49:00, 15km - 01:13:16, 20km - 01:38:05, 21km - 01:43:24, 25km - 02:02:58, 30km - 02:29:47, 35km - 03:10:08, 40km - 03:42:24									
2253	1603	MELLER Paweł	KOSZLIN		POL	M55	62	03:55:51	03:59:20		2059
		5km - 00:28:00, 10km - 00:55:31, 15km - 01:22:03, 20km - 01:49:33, 21km - 01:55:18, 25km - 02:16:59, 30km - 02:45:42, 35km - 03:14:23, 40km - 03:44:03									
2254	1443	GAWEŁ Sylwester	ZIELONA GÓRA	HARPAGAN ZG	POL	M40	505	03:55:52	03:57:43		2061
		5km - 00:25:31, 10km - 00:51:08, 15km - 01:16:46, 20km - 01:43:34, 21km - 01:49:13, 25km - 02:10:23, 30km - 02:39:24, 35km - 03:10:39, 40km - 03:43:17									
2255	3839	GAWRYCH Artur	POBIEDZISKA	Pobiedziska Running Team	POL	M30	804	03:55:52	04:00:38		2061
		5km - 00:27:42, 10km - 00:55:26, 15km - 01:22:48, 20km - 01:51:06, 21km - 01:57:20, 25km - 02:19:10, 30km - 02:48:14, 35km - 03:16:14, 40km - 03:44:14									
2256	1023	JANIAK Monika	LESZNO		POL	K40	43	03:55:52	03:57:04	194	
		5km - 00:25:26, 10km - 00:51:27, 15km - 01:17:23, 20km - 01:44:08, 21km - 01:50:24, 25km - 02:12:23, 30km - 02:42:14, 35km - 03:12:45, 40km - 03:43:04									
2257	6493	OKOŃSKI Maciej	TORUŃ		POL	M40	506	03:55:53	04:00:39		2063
		5km - 00:28:04, 10km - 00:55:26, 15km - 01:22:19, 20km - 01:49:28, 21km - 01:55:17, 25km - 02:16:33, 30km - 02:44:47, 35km - 03:12:18, 40km - 03:42:25									
2258	2007	MICHALCZENIA Kacper	SZPROTAWA	Drużyna Chrobrego	POL	M18	250	03:55:54	03:58:13		2064
		5km - 00:27:38, 10km - 00:54:51, 15km - 01:22:00, 20km - 01:49:39, 21km - 01:55:36, 25km - 02:17:18, 30km - 02:45:25, 35km - 03:13:38, 40km - 03:43:40									
2259	2416	WEWIÓR Krzysztof	POZNAŃ	Drużyna szpiku	POL	M40	507	03:55:55	03:59:38		2065
		5km - 00:27:27, 10km - 00:54:45, 15km - 01:21:41, 20km - 01:48:21, 21km - 01:54:20, 25km - 02:15:55, 30km - 02:44:52, 35km - 03:14:42, 40km - 03:44:00									
2260	4088	ZAWADA Edward	UCIECHÓW		POL	M50	107	03:55:55	03:57:50		2065
		5km - 00:26:24, 10km - 00:53:29, 15km - 01:19:36, 20km - 01:46:42, 21km - 01:52:44, 25km - 02:14:31, 30km - 02:43:40, 35km - 03:13:12, 40km - 03:43:41									
2261	4268	GAPSKA Anna	GDAŃSK	Grupa biegowa 65	POL	K18	35	03:55:57	03:59:32	195	
		5km - 00:26:34, 10km - 00:53:16, 15km - 01:19:40, 20km - 01:46:17, 21km - 01:52:01, 25km - 02:12:55, 30km - 02:40:22, 35km - 03:10:17, 40km - 03:42:56									
2262	1607	PATYNA Ewa	KRAŚNIK	Kraśnik biega	POL	K50	7	03:55:58	03:58:41	196	
		5km - 00:26:16, 10km - 00:52:12, 15km - 01:17:48, 20km - 01:44:10, 21km - 01:49:51, 25km - 02:10:35, 30km - 02:39:57, 35km - 03:11:37, 40km - 03:43:06									
2263	7338	WYPYCH Radosław	WARSZAWA	Maratończyk.pl	POL	M50	108	03:55:58	03:56:18		2067
		5km - 00:27:16, 10km - 00:55:49, 15km - 01:24:32, 20km - 01:53:13, 21km - 01:59:21, 25km - 02:20:32, 30km - 02:48:57, 35km - 03:16:51, 40km - 03:43:51									
2264	3160	KOKOT Krzysztof	POZNAŃ	Wilda Biega	POL	M45	305	03:55:59	03:59:42		2068
		5km - 00:26:34, 10km - 00:53:07, 15km - 01:19:47, 20km - 01:46:11, 21km - 01:51:57, 25km - 02:12:51, 30km - 02:41:20, 35km - 03:12:06, 40km - 03:43:54									
2265	5907	GMYREK Maciej	TWARDOGÓRA	HYBRYD16	POL	M40	508	03:56:00	04:00:31		2069
		5km - 00:27:31, 10km - 00:57:10, 15km - 01:23:15, 20km - 01:50:22, 21km - 01:56:21, 25km - 02:18:04, 30km - 02:45:55, 35km - 03:14:19, 40km - 03:43:48									
2266	1926	KRÓLCZYK Krzysztof	PLEWISKA		POL	M30	805	03:56:00	03:59:58		2069
		5km - 00:26:15, 10km - 00:52:44, 15km - 01:18:45, 20km - 01:45:46, 21km - 01:51:20, 25km - 02:12:14, 30km - 02:40:31, 35km - 03:10:40, 40km - 03:42:12									
2267	3161	Zawodnik anonimowy				M40	508	03:56:00	04:04:04		2069
		5km - 00:27:23, 10km - 00:54:48, 15km - 01:23:32, 20km - 01:52:29, 21km - 01:58:34, 25km - 02:20:45, 30km - 02:48:44, 35km - 03:16:34, 40km - 03:44:30									
2268	4512	MIECZKOWSKI Marcin	NOBLINY	Nadleśnictwo Czarnobór	POL	M45	306	03:56:03	04:00:37		2072
		5km - 00:26:20, 10km - 00:52:34, 15km - 01:19:03, 20km - 01:45:25, 21km - 01:51:11, 25km - 02:12:10, 30km - 02:40:13, 35km - 03:10:42, 40km - 03:42:51									
2269	5877	KNIE Mariusz	ŻERKÓW	Bridgestone	POL	M40	510	03:56:05	03:58:05		2073
		5km - 00:26:06, 10km - 00:52:23, 15km - 01:18:51, 20km - 01:45:43, 21km - 01:51:22, 25km - 02:12:08, 30km - 02:39:44, 35km - 03:08:22, 40km - 03:40:40									
2270	6528	LEWICKI Łukasz	JELCZ-LASKOWICE		POL	M40	510	03:56:05	03:58:34		2073
		5km - 00:26:53, 10km - 00:54:13, 15km - 01:21:07, 20km - 01:48:03, 21km - 01:53:51, 25km - 02:15:00, 30km - 02:43:13, 35km - 03:13:43, 40km - 03:43:30									
2271	6064	BUDAKIEWICZ Patryk	OŁAWA	TriMission	POL	M18	251	03:56:07	04:00:35		2075
		5km - 00:25:12, 10km - 00:49:43, 15km - 01:14:05, 20km - 01:38:49, 21km - 01:44:14, 25km - 02:03:50, 30km - 02:34:40, 35km - 03:11:09, 40km - 03:43:08									
2272	1819	GRZYWACZ-PIOTROWSKA Anna	GDAŃSK		POL	K30	93	03:56:08	03:59:43	197	
		5km - 00:26:42, 10km - 00:53:30, 15km - 01:19:57, 20km - 01:46:26, 21km - 01:52:06, 25km - 02:13:01, 30km - 02:42:00, 35km - 03:12:21, 40km - 03:43:03									
2273	5819	WYSOCKI Piotr	SYCÓW	KP Syców	POL	M30	806	03:56:08	03:59:17		2076
		5km - 00:26:53, 10km - 00:53:36, 15km - 01:19:56, 20km - 01:46:37, 21km - 01:52:18, 25km - 02:13:15, 30km - 02:39:57, 35km - 03:07:54, 40km - 03:41:59									
2274	3351	REJER Robert	SZCZECIN		POL	M40	512	03:56:09	03:58:08		2077
		5km - 00:24:41, 10km - 00:49:41, 15km - 01:14:15, 20km - 01:39:56, 21km - 01:45:42, 25km - 02:06:35, 30km - 02:36:12, 35km - 03:08:51, 40km - 03:42:15									
2275	5849	GUPTA Ganesh	SWARZĘDZ	GCC 3D CAFE	IND	M40	513	03:56:10	04:01:20		2078
		5km - 00:28:07, 10km - 00:55:05, 15km - 01:22:24, 20km - 01:49:39, 21km - 01:55:37, 25km - 02:17:07, 30km - 02:45:28, 35km - 03:14:41, 40km - 03:43:39									
2276	4808	MIRKIEWICZ Andrzej	PRUSZKÓW		POL	M60	25	03:56:10	04:01:45		2078
		5km - 00:27:34, 10km - 00:55:29, 15km - 01:23:13, 20km - 01:51:16, 21km - 01:57:13, 25km - 02:18:53, 30km - 02:47:35, 35km - 03:16:11, 40km - 03:45:02									
2277	5375	MLECZAK Jacek	GORAJ	FAVORY	POL	M45	307	03:56:10	04:01:24		2078
		5km - 00:26:22, 10km - 00:53:22, 15km - 01:20:17, 20km - 01:47:57, 21km - 01:53:51, 25km - 02:15:31, 30km - 02:44:13, 35km - 03:13:31, 40km - 03:43:50									
2278	6578	PAWLAK Eliasz	ŚREM		POL	M18	252	03:56:10	04:00:05		2078
		5km - 00:27:13, 10km - 00:54:32, 15km - 01:21:33, 20km - 01:48:57, 21km - 01:54:47, 25km - 02:16:13, 30km - 02:43:50, 35km - 03:11:20, 40km - 03:42:54									
2279	3830	GRYGIEL Robert	STRZELNO		POL	M40	514	03:56:11	04:01:17		2082
		5km - 00:27:43, 10km - 00:55:30, 15km - 01:23:26, 20km - 01:51:12, 21km - 01:57:11, 25km - 02:19:01, 30km - 02:47:25, 35km - 03:15:34, 40km - 03:44:12									
2280	2392	JANOCHA Maciej	ŚWIERZOWA POLSKA	MJE TEAM	POL	M40	514	03:56:11	03:58:10		2082
		5km - 00:25:20, 10km - 00:49:53, 15km - 01:14:22, 20km - 01:39:13, 21km - 01:44:52, 25km - 02:06:25, 30km - 02:37:43, 35km - 03:11:15, 40km - 03:43:22									
2281	5506	OSTROWSKI Jakub	WRONCZYNEK		POL	M40	516	03:56:13	03:59:09		2084
		5km - 00:26:48, 10km - 00:54:14, 15km - 01:21:45, 20km - 01:48:36, 21km - 01:54:10, 25km - 02:15:27, 30km - 02:43:00, 35km - 03:11:24, 40km - 03:41:40									
2282	4382	KAZIMIERSKA Żaneta	WOLIN		POL	K45	20	03:56:14	03:59:41	198	
		5km - 00:26:55, 10km - 00:53:35, 15km - 01:20:22, 20km - 01:47:24, 21km - 01:53:15, 25km - 02:14:57, 30km - 02:43:53, 35km - 03:12:43, 40km - 03:43:12									
2283	2493	STRZEMECKI Paweł	SWARZĘDZ		POL	M40	517	03:56:14	03:57:34		2085
		5km - 00:26:34, 10km - 00:53:14, 15km - 01:19:41, 20km - 01:47:17, 21km - 01:53:55, 25km - 02:15:13, 30km - 02:44:33, 35km - 03:14:20, 40km - 03:44:00									
2284	6900	WYGRALAK Piotr	POZNAŃ	Drużyna Szpiku	POL	M30	807	03:56:14	03:57:11		2085
		5km - 00:24:46, 10km - 00:49:25, 15km - 01:14:11, 20km - 01:39:35, 21km - 01:45:09, 25km - 02:06:05, 30km - 02:36:35, 35km - 03:09:12, 40km - 03:42:27									
2285	679	Zawodnik anonimowy				M30	807	03:56:14	03:59:53		2085
		5km - 00:25:43, 10km - 00:51:32, 15km - 01:17:00, 20km - 01:42:59, 21km - 01:48:53, 25km - 02:10:32, 30km - 02:40:39, 35km - 03:11:12, 40km - 03:43:20									
2286	1060	PIETRZAK Monika	WILCZYN LEŚNY		POL	K18	36	03:56:19	03:57:10	199	
		5km - 00:24:46, 10km - 00:49:50, 15km - 01:15:02, 20km - 01:41:39, 21km - 01:47:50, 25km - 02:09:29, 30km - 02:40:16, 35km - 03:11:36, 40km - 03:43:19									
2287	272	SZYMONIAK Marcin	POZNAŃ	MOL RUNNERS	POL	M40	518	03:56:20	03:58:09		2088
		5km - 00:24:49, 10km - 00:49:31, 15km - 01:14:21, 20km - 01:39:16, 21km - 01:44:55, 25km - 02:04:55, 30km - 02:32:11, 35km - 03:06:19, 40km - 03:43:05									
2288	824	OGORZELEC Paweł	ZGŁOBICE	Jaszczur & Przyjaciele	POL	M18	253	03:56:22	03:59:04		2089
		5km - 00:27:29, 10km - 00:54:10, 15km - 01:20:16, 20km - 01:46:39, 21km - 01:52:32, 25km - 02:13:34, 30km - 02:42:24, 35km - 03:12:15, 40km - 03:43:05									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
2289	598	HAŁAS Marek	WROCŁAW	PRO-RUN WROCŁAW	POL	M50	109	03:56:23	04:00:56		2090
		5km - 00:26:07, 10km - 00:51:28, 15km - 01:16:29, 20km - 01:43:29, 21km - 01:49:44, 25km - 02:11:42, 30km - 02:41:44, 35km - 03:15:27, 40km - 03:44:12									
2290	4092	SADOWSKI Marek	GÓRA	MUKS SZOK BOJANOWO	POL	M50	109	03:56:23	03:59:47		2090
		5km - 00:26:13, 10km - 00:52:02, 15km - 01:17:32, 20km - 01:43:37, 21km - 01:49:15, 25km - 02:10:36, 30km - 02:39:18, 35km - 03:09:05, 40km - 03:42:09									
2291	1850	Zawodnik anonimowy				M30	809	03:56:24	03:58:37		2092
		5km - 00:27:03, 10km - 00:54:52, 15km - 01:22:00, 20km - 01:49:46, 21km - 01:55:46, 25km - 02:17:24, 30km - 02:45:57, 35km - 03:14:44, 40km - 03:43:57									
2292	721	LEŚNICZAK Daniel	POZNAŃ		POL	M45	308	03:56:27	04:02:12		2093
		5km - 00:27:32, 10km - 00:54:25, 15km - 01:21:04, 20km - 01:47:56, 21km - 01:54:16, 25km - 02:15:13, 30km - 02:44:20, 35km - 03:14:06, 40km - 03:43:37									
2293	6542	SANTAREK Wojciech	WARSZAWA		POL	M40	519	03:56:27	04:00:10		2093
		5km - 00:26:40, 10km - 00:53:40, 15km - 01:20:40, 20km - 01:48:16, 21km - 01:54:19, 25km - 02:14:47, 30km - 02:42:46, 35km - 03:12:21, 40km - 03:43:15									
2294	740	LEŚNIEWSKI Mariusz	GDAŃSK		POL	M45	309	03:56:28	03:58:45		2095
		5km - 00:26:27, 10km - 00:52:38, 15km - 01:18:29, 20km - 01:44:52, 21km - 01:50:40, 25km - 02:11:43, 30km - 02:41:09, 35km - 03:11:26, 40km - 03:43:09									
2295	2112	Zawodnik anonimowy				M55	63	03:56:28	04:00:45		2095
		5km - 00:27:40, 10km - 00:55:17, 15km - 01:22:19, 20km - 01:49:49, 21km - 01:55:27, 25km - 02:16:59, 30km - 02:45:45, 35km - 03:15:20, 40km - 03:44:56									
2296	4449	SZYMKÓW Krzysztof	TYCHY	PKO BANK POLSKI	POL	M40	520	03:56:29	04:00:11		2097
		5km - 00:27:01, 10km - 00:54:01, 15km - 01:21:08, 20km - 01:48:40, 21km - 01:54:40, 25km - 02:16:20, 30km - 02:44:31, 35km - 03:13:44, 40km - 03:43:33									
2297	3313	ZAJAC-SOBCZAK Marta	TRZEBNICA	DTR Biega	POL	K30	94	03:56:29	03:58:14	200	
		5km - 00:24:50, 10km - 00:49:38, 15km - 01:14:32, 20km - 01:41:44, 21km - 01:47:38, 25km - 02:09:56, 30km - 02:42:45, 35km - 03:16:37, 40km - 03:44:57									
2298	1656	CYMBORSKA Jolanta	WARSZAWA	Warsaw Run Club	POL	K30	95	03:56:30	04:00:45	201	
		5km - 00:27:42, 10km - 00:55:19, 15km - 01:22:08, 20km - 01:49:35, 21km - 01:55:35, 25km - 02:17:00, 30km - 02:45:47, 35km - 03:15:22, 40km - 03:44:50									
2299	4652	ZIOBRO Artur	TYCHY		POL	M40	521	03:56:30	03:59:58		2098
		5km - 00:26:46, 10km - 00:53:40, 15km - 01:20:05, 20km - 01:46:47, 21km - 01:52:47, 25km - 02:14:12, 30km - 02:44:01, 35km - 03:14:01, 40km - 03:44:29									
2300	4707	DOMHAN Tobias	BERLIN		EUA	M30	810	03:56:31	03:58:33		2099
		5km - 00:27:36, 10km - 00:55:04, 15km - 01:22:19, 20km - 01:49:36, 21km - 01:55:26, 25km - 02:16:33, 30km - 02:44:26, 35km - 03:13:26, 40km - 03:43:07									
2301	2710	PYSZCZAK Bartosz	POZNAŃ	Grunwald Team Poznań	POL	M30	810	03:56:31	03:57:17		2099
		5km - 00:23:45, 10km - 00:47:30, 15km - 01:11:28, 20km - 01:36:11, 21km - 01:41:49, 25km - 02:02:45, 30km - 02:34:16, 35km - 03:06:19, 40km - 03:40:52									
2302	1449	SIERŻANT Paweł	PLESZEW	Przedsiębiorstwo Komunalne Pleszew	POL	M30	810	03:56:31	04:01:46		2099
		5km - 00:28:21, 10km - 00:56:11, 15km - 01:24:12, 20km - 01:52:21, 21km - 01:58:36, 25km - 02:20:54, 30km - 02:49:23, 35km - 03:16:53, 40km - 03:44:39									
2303	5575	ZGRAJEK Ignacy	POZNAŃ	FIT KUREK TEAM	POL	M18	254	03:56:31	03:59:39		2099
		5km - 00:24:02, 10km - 00:48:52, 15km - 01:13:32, 20km - 01:38:34, 21km - 01:44:16, 25km - 02:04:55, 30km - 02:34:06, 35km - 03:07:37, 40km - 03:43:29									
2304	2205	SYPNIEWSKI Krystian	POZNAŃ		POL	M40	522	03:56:32	03:58:08		2103
		5km - 00:27:00, 10km - 00:53:42, 15km - 01:19:55, 20km - 01:46:48, 21km - 01:52:41, 25km - 02:13:45, 30km - 02:41:32, 35km - 03:11:13, 40km - 03:42:32									
2305	5358	ZDANIUKIEWICZ Grzegorz	KAWCZE	MTS Hamer Miastko	POL	M30	813	03:56:32	03:57:50		2103
		5km - 00:24:51, 10km - 00:49:23, 15km - 01:13:53, 20km - 01:38:52, 21km - 01:44:15, 25km - 02:04:04, 30km - 02:31:11, 35km - 03:06:11, 40km - 03:41:22									
2306	447	FIJAŁKOWSKI Waldemar	TRZEBNICA	Ślęzak team	POL	M40	523	03:56:33	04:00:05		2105
		5km - 00:26:38, 10km - 00:53:27, 15km - 01:19:57, 20km - 01:46:25, 21km - 01:52:43, 25km - 02:15:45, 30km - 02:45:37, 35km - 03:16:40, 40km - 03:44:27									
2307	2051	MARCINIAK Roman	CZERWONAK		POL	M40	523	03:56:33	04:00:14		2105
		5km - 00:27:49, 10km - 00:55:33, 15km - 01:23:06, 20km - 01:51:18, 21km - 01:57:18, 25km - 02:19:20, 30km - 02:48:29, 35km - 03:16:39, 40km - 03:44:36									
2308	6734	POTASZ Andrzej	WARSZAWA		POL	M30	814	03:56:34	03:59:44		2107
		5km - 00:26:16, 10km - 00:52:12, 15km - 01:17:58, 20km - 01:44:15, 21km - 01:49:53, 25km - 02:10:34, 30km - 02:38:01, 35km - 03:07:13, 40km - 03:41:12									
2309	2166	ZAKĘS Marcin	ELBLĄG		POL	M40	525	03:56:34	04:01:44		2107
		5km - 00:28:09, 10km - 00:55:57, 15km - 01:23:15, 20km - 01:50:51, 21km - 01:56:52, 25km - 02:18:47, 30km - 02:48:04, 35km - 03:18:18, 40km - 03:45:22									
2310	5625	KASPRZAK Jacek	KROTOSZYN		POL	M30	815	03:56:35	04:01:36		2109
		5km - 00:27:47, 10km - 00:56:06, 15km - 01:23:30, 20km - 01:51:16, 21km - 01:57:18, 25km - 02:19:06, 30km - 02:47:29, 35km - 03:15:39, 40km - 03:44:21									
2311	2718	BŁAŻUTYCZ Paweł	CIESZKÓW	KS KROTOSZ KROTOSZYN	POL	M45	310	03:56:36	04:01:36		2110
		5km - 00:27:48, 10km - 00:55:34, 15km - 01:23:30, 20km - 01:51:17, 21km - 01:57:19, 25km - 02:19:06, 30km - 02:47:30, 35km - 03:15:39, 40km - 03:44:21									
2312	5986	PYSZ Rafał	POZNAŃ		POL	M30	816	03:56:36	04:01:10		2110
		5km - 00:27:35, 10km - 00:54:45, 15km - 01:21:55, 20km - 01:49:23, 21km - 01:55:20, 25km - 02:17:09, 30km - 02:46:04, 35km - 03:14:59, 40km - 03:44:18									
2313	4346	ZIELIŃSKI Łukasz	POZNAŃ	Biegam, żeby móc pić dobre piwo!	POL	M30	817	03:56:37	03:59:24		2112
		5km - 00:24:31, 10km - 00:48:45, 15km - 01:13:25, 20km - 01:38:15, 21km - 01:43:44, 25km - 02:03:50, 30km - 02:33:20, 35km - 03:06:49, 40km - 03:42:40									
2314	4816	JARMOŁOWICZ Małgorzata	BIAŁYSTOK	100	POL	K50	8	03:56:39	04:01:16	202	
		5km - 00:28:05, 10km - 00:56:00, 15km - 01:23:35, 20km - 01:51:22, 21km - 01:57:22, 25km - 02:19:11, 30km - 02:47:20, 35km - 03:15:28, 40km - 03:44:07									
2315	2686	SAWICKI Bartosz	GORZÓW WIELKOPOLSKI	100	POL	M18	255	03:56:40	04:01:03		2113
		5km - 00:26:31, 10km - 00:53:17, 15km - 01:19:02, 20km - 01:44:57, 21km - 01:50:40, 25km - 02:11:40, 30km - 02:40:38, 35km - 03:13:14, 40km - 03:45:02									
2316	7157	MICHALICKA Frantisek	ŽILINA	SKP Zilina	SVK	M55	64	03:56:41	03:56:47		2114
		5km - 00:29:20, 10km - 00:58:36, 15km - 01:26:58, 20km - 01:55:18, 21km - 02:01:20, 25km - 02:23:18, 30km - 02:52:05, 35km - 03:18:44, 40km - 03:45:21									
2317	2459	NOWACZYK Hanna	POZNAŃ		POL	K18	37	03:56:41	03:57:30	203	
		5km - 00:26:32, 10km - 00:53:09, 15km - 01:19:37, 20km - 01:47:04, 21km - 01:52:52, 25km - 02:14:34, 30km - 02:43:47, 35km - 03:13:29, 40km - 03:44:04									
2318	4250	SZOPLIK Jarosław	SZCZECIN		POL	M40	526	03:56:41	04:01:11		2114
		5km - 00:27:10, 10km - 00:53:47, 15km - 01:20:07, 20km - 01:47:09, 21km - 01:52:57, 25km - 02:14:03, 30km - 02:42:34, 35km - 03:12:28, 40km - 03:43:10									
2319	3119	PIETRZAK Piotr	POZNAŃ	Trenejro	POL	M40	527	03:56:42	03:57:44		2116
		5km - 00:25:42, 10km - 00:51:23, 15km - 01:16:53, 20km - 01:42:47, 21km - 01:48:25, 25km - 02:08:50, 30km - 02:36:56, 35km - 03:10:20, 40km - 03:43:35									
2320	6057	ZAWADA Maciej Marcin	KLUCZBORK	KGB	POL	M45	311	03:56:43	03:57:59		2117
		5km - 00:24:50, 10km - 00:50:02, 15km - 01:15:07, 20km - 01:41:09, 21km - 01:47:00, 25km - 02:08:22, 30km - 02:40:17, 35km - 03:11:53, 40km - 03:44:01									
2321	1918	JĘDRZEJEWSKI Daniel	NOWA WIEŚ RZECZNA	TRI Starogard Gdański	POL	M40	528	03:56:44	04:00:15		2118
		5km - 00:26:42, 10km - 00:53:41, 15km - 01:19:59, 20km - 01:46:30, 21km - 01:52:12, 25km - 02:13:11, 30km - 02:40:34, 35km - 03:10:25, 40km - 03:43:09									
2322	3103	ZIELIŃSKI Mateusz	POGORZELA		POL	M18	256	03:56:44	04:02:44		2118
		5km - 00:27:59, 10km - 00:55:35, 15km - 01:23:29, 20km - 01:51:31, 21km - 01:57:36, 25km - 02:19:52, 30km - 02:48:52, 35km - 03:17:30, 40km - 03:45:45									
2323	3427	KASZEWSKI Igor	KATOWICE	Night Runners	POL	M30	818	03:56:45	04:02:36		2120
		5km - 00:27:47, 10km - 00:55:42, 15km - 01:23:35, 20km - 01:51:43, 21km - 01:57:51, 25km - 02:20:06, 30km - 02:48:53, 35km - 03:17:25, 40km - 03:45:22									
2324	4892	OLEJNICZAK Mariusz	POZNAŃ		POL	M50	111	03:56:45	04:01:22		2120
		5km - 00:28:15, 10km - 00:56:29, 15km - 01:22:59, 20km - 01:50:09, 21km - 01:56:07, 25km - 02:17:46, 30km - 02:46:08, 35km - 03:15:10, 40km - 03:44:46									
2325	6285	PYTEL Leszek	BEŁCHATÓW		POL	M30	818	03:56:45	03:58:44		2120
		5km - 00:27:07, 10km - 00:54:21, 15km - 01:21:24, 20km - 01:48:10, 21km - 01:54:10, 25km - 02:15:31, 30km - 02:44:43, 35km - 03:14:42, 40km - 03:44:19									
2326	2008	JANKOWSKI Jakub	BRWINÓW		POL	M18	257	03:56:46	04:02:05		2123
		5km - 00:25:38, 10km - 00:51:14, 15km - 01:16:20, 20km - 01:41:39, 21km - 01:47:12, 25km - 02:08:30, 30km - 02:38:37, 35km - 03:10:24, 40km - 03:43:38									
2327	7116	MARCINIAK Michał	ŁOCHOWO	Harpagany z Kujaw	POL	M40	529	03:56:49	03:59:55		2124
		5km - 00:27:51, 10km - 00:56:12, 15km - 01:23:28, 20km - 01:51:30, 21km - 01:57:22, 25km - 02:18:58, 30km - 02:47:35, 35km - 03:16:35, 40km - 03:44:49									
2328	5482	SZULC Adrian	ROKIETNICA	Sii Running Team	POL	M30	820	03:56:53	04:00:14		2125
		5km - 00:26:43, 10km - 00:53:37, 15km - 01:20:07, 20km - 01:46:39, 21km - 01:52:35, 25km - 02:14:11, 30km - 02:43:06, 35km - 03:13:31, 40km - 03:43:46									
2329	1761	WILKOWSKI Krzysztof	KOSZALIN	FOR-REST-RUN KOSZALIN	POL	M40	530	03:56:53	04:02:21		2125
		5km - 00:27:58, 10km - 00:55:42, 15km - 01:22:51, 20km - 01:50:31, 21km - 01:56:21, 25km - 02:17:58, 30km - 02:46:13, 35km - 03:14:22, 40km - 03:44:02									
2330	5464	MITUTA Jacek	POŁAJEWO	KAMA RUN Czarnków	POL	M40	531	03:56:54	03:59:30		2127
		5km - 00:26:21, 10km - 00:52:20, 15km - 01:18:14, 20km - 01:44:31, 21km - 01:50:03, 25km - 02:10:53, 30km - 02:39:01, 35km - 03:10:21, 40km - 03:43:52									
2331	6963	RYCZKOWSKI Robert	ZĄBKI		POL	M45	312	03:56:55	04:02:31		2128
		5km - 00:28:01, 10km - 00:55:32, 15km - 01:22:41, 20km - 01:50:20, 21km - 01:56:20, 25km - 02:17:50, 30km - 02:46:43, 35km - 03:15:04, 40km - 03:44:12									
2332	2533	SOBOTA Artur	WARSZAWA	decoarty.pl	POL	M40	532	03:56:56	03:59:22		2129
		5km - 00:25:03, 10km - 00:50:02, 15km - 01:15:10, 20km - 01:41:22, 21km - 01:47:14, 25km - 02:08:53, 30km - 02:38:57, 35km - 03:11:04, 40km - 03:43:17									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
2333	5671	STĘPIEŃ Ireneusz	ZIELONA GÓRA		POL	M50	112	03:56:56	04:00:25		2129
		5km - 00:26:51, 10km - 00:53:38, 15km - 01:20:14, 20km - 01:46:59, 21km - 01:52:39, 25km - 02:13:50, 30km - 02:42:51, 35km - 03:12:52, 40km - 03:43:59									
2334	2281	MIECZNIK Robert	TULCE		POL	M45	313	03:56:57	04:02:11		2131
		5km - 00:28:23, 10km - 00:56:10, 15km - 01:23:47, 20km - 01:52:03, 21km - 01:58:08, 25km - 02:20:25, 30km - 02:49:09, 35km - 03:17:21, 40km - 03:45:58									
2335	4968	PIETRZYK Paweł	CHORZÓW		POL	M40	533	03:56:58	04:00:06		2132
		5km - 00:26:00, 10km - 00:51:54, 15km - 01:18:10, 20km - 01:45:32, 21km - 01:52:01, 25km - 02:13:02, 30km - 02:43:20, 35km - 03:15:08, 40km - 03:43:40									
2336	6034	TOMCZAK Katarzyna	SULECHÓW	Zabiegany Sulechow	POL	K30	96	03:56:59	04:01:57	204	
		5km - 00:27:57, 10km - 00:55:55, 15km - 01:23:23, 20km - 01:52:56, 21km - 01:59:07, 25km - 02:21:27, 30km - 02:50:11, 35km - 03:18:54, 40km - 03:45:38									
2337	3099	PIEJKO Monika	KOŹMIN WIELKOPOLSKI	KOŹMIN BIEGA	POL	K30	97	03:57:00	04:03:32	205	
		5km - 00:29:05, 10km - 00:56:59, 15km - 01:24:28, 20km - 01:52:46, 21km - 01:58:58, 25km - 02:21:12, 30km - 02:50:16, 35km - 03:18:16, 40km - 03:45:57									
2338	1705	ROGALA Mariusz	REJKIAVIK		ISL	M30	821	03:57:00	04:01:41		2133
		5km - 00:28:28, 10km - 00:56:15, 15km - 01:23:26, 20km - 01:51:06, 21km - 01:57:08, 25km - 02:19:29, 30km - 02:49:00, 35km - 03:17:37, 40km - 03:45:21									
2339	4928	KUJAWA Tomasz	OBORNIKI		POL	M50	113	03:57:01	03:58:15		2134
		5km - 00:25:45, 10km - 00:51:18, 15km - 01:16:22, 20km - 01:42:25, 21km - 01:48:00, 25km - 02:08:45, 30km - 02:37:08, 35km - 03:06:45, 40km - 03:41:55									
2340	3448	Zawodnik anonimowy				M30	822	03:57:02	03:58:43		2135
		5km - 00:27:22, 10km - 00:54:45, 15km - 01:22:05, 20km - 01:49:42, 21km - 01:55:42, 25km - 02:17:05, 30km - 02:44:37, 35km - 03:12:41, 40km - 03:44:06									
2341	3378	Zawodnik anonimowy				M40	534	03:57:02	04:03:52		2135
		5km - 00:28:43, 10km - 00:57:32, 15km - 01:24:45, 20km - 01:53:04, 21km - 01:59:00, 25km - 02:20:19, 30km - 02:47:53, 35km - 03:15:43, 40km - 03:44:55									
2342	6815	CHARUSTA Mariusz	ŁÓDŹ	TomTom	POL	M30	823	03:57:03	04:01:23		2137
		5km - 00:27:55, 10km - 00:56:05, 15km - 01:23:41, 20km - 01:51:28, 21km - 01:57:21, 25km - 02:19:09, 30km - 02:47:42, 35km - 03:15:49, 40km - 03:44:42									
2343	6139	BELT Kacper	LIŃSK	Biegające Śliwice	POL	M18	258	03:57:05	03:59:02		2138
		5km - 00:26:09, 10km - 00:51:56, 15km - 01:17:30, 20km - 01:43:01, 21km - 01:48:33, 25km - 02:09:03, 30km - 02:35:38, 35km - 03:03:32, 40km - 03:42:20									
2344	4305	GOŚCINIAK Łukasz	ZBASZYŃ		POL	M30	824	03:57:05	03:57:28		2138
		5km - 00:22:33, 10km - 00:44:54, 15km - 01:07:24, 20km - 01:30:07, 21km - 01:35:08, 25km - 01:53:31, 30km - 02:23:03, 35km - 03:00:27, 40km - 03:39:49									
2345	523	JĘDRZEJCZAK Marcin	POZNAŃ	EKA Z FYRTLA	POL	M40	535	03:57:05	04:00:30		2138
		5km - 00:26:47, 10km - 00:53:48, 15km - 01:20:05, 20km - 01:46:33, 21km - 01:52:15, 25km - 02:12:58, 30km - 02:40:59, 35km - 03:10:52, 40km - 03:43:24									
2346	6138	KUDŁA Tomasz	KĄTY WROCŁAWSKIE	Crazy Runners Kąty Wrocławskie	POL	M30	824	03:57:05	04:02:13		2138
		5km - 00:26:51, 10km - 00:53:42, 15km - 01:19:37, 20km - 01:46:37, 21km - 01:52:28, 25km - 02:13:52, 30km - 02:43:16, 35km - 03:14:01, 40km - 03:44:29									
2347	2087	MOLASY Dorota	MALBORK		POL	K30	98	03:57:05	03:59:18	206	
		5km - 00:27:03, 10km - 00:54:44, 15km - 01:21:20, 20km - 01:47:55, 21km - 01:53:59, 25km - 02:17:06, 30km - 02:45:57, 35km - 03:14:46, 40km - 03:44:26									
2348	2263	SZKUDLAREK Łukasz	POZNAŃ		POL	M30	824	03:57:05	03:59:56		2138
		5km - 00:26:17, 10km - 00:52:13, 15km - 01:18:04, 20km - 01:44:35, 21km - 01:50:19, 25km - 02:11:36, 30km - 02:40:41, 35km - 03:11:12, 40km - 03:43:24									
2349	305	BYKOWSKI Jacek	POZNAŃ	mbexpert.pl /Quay Poznań	POL	M40	536	03:57:06	03:58:32		2143
		5km - 00:25:03, 10km - 00:49:46, 15km - 01:14:19, 20km - 01:39:37, 21km - 01:45:08, 25km - 02:04:38, 30km - 02:31:50, 35km - 03:03:50, 40km - 03:41:14									
2350	6377	SZPANOWSKI Marek	WARSZAWA		POL	M50	114	03:57:06	04:04:13		2143
		5km - 00:27:25, 10km - 00:54:52, 15km - 01:22:37, 20km - 01:50:23, 21km - 01:56:15, 25km - 02:18:17, 30km - 02:47:09, 35km - 03:16:04, 40km - 03:45:09									
2351	608	GOSK Maciej	POZNAŃ	fit-expert	POL	M45	314	03:57:07	04:00:47		2145
		5km - 00:26:56, 10km - 00:54:06, 15km - 01:21:25, 20km - 01:48:40, 21km - 01:54:35, 25km - 02:16:08, 30km - 02:47:24, 35km - 03:16:48, 40km - 03:44:43									
2352	5688	GROSZAK Krzysztof	BIEDRUSKO		POL	M30	827	03:57:08	04:01:49		2146
		5km - 00:27:32, 10km - 00:54:54, 15km - 01:21:53, 20km - 01:48:46, 21km - 01:54:39, 25km - 02:15:45, 30km - 02:43:10, 35km - 03:11:54, 40km - 03:44:20									
2353	4556	TROFIMOVA Victoria	CHISINAU	Running Red Squirrel	MDA	K30	99	03:57:09	03:59:15	207	
		5km - 00:25:35, 10km - 00:51:35, 15km - 01:17:32, 20km - 01:44:51, 21km - 01:50:58, 25km - 02:13:07, 30km - 02:42:31, 35km - 03:13:18, 40km - 03:44:32									
2354	5584	NALEWAJKO Tomasz	RUMIA	Goffice.pl	POL	M40	537	03:57:12	03:57:51		2147
		5km - 00:24:25, 10km - 00:48:42, 15km - 01:12:57, 20km - 01:37:54, 21km - 01:43:47, 25km - 02:04:57, 30km - 02:38:30, 35km - 03:13:04, 40km - 03:43:31									
2355	3990	RATAJCZAK Grzegorz	PUSZCZYKOWO	RS Logistics	POL	M60	26	03:57:13	03:57:48		2148
		5km - 00:27:08, 10km - 00:54:00, 15km - 01:20:35, 20km - 01:48:12, 21km - 01:55:10, 25km - 02:16:58, 30km - 02:45:56, 35km - 03:15:29, 40km - 03:44:44									
2356	1900	CZERWIŃSKI Sebastian	ŚWIDNIK		POL	M45	315	03:57:14	03:58:38		2149
		5km - 00:23:59, 10km - 00:48:20, 15km - 01:12:44, 20km - 01:39:28, 21km - 01:45:22, 25km - 02:07:38, 30km - 02:38:05, 35km - 03:09:27, 40km - 03:42:58									
2357	908	DRWĘSKA-MICHALSKA Julia	KOZIEGŁOWY	Biegacze Juniora - Runners Team	POL	K30	100	03:57:14	03:59:19	208	
		5km - 00:27:26, 10km - 00:54:56, 15km - 01:22:11, 20km - 01:49:52, 21km - 01:55:54, 25km - 02:17:32, 30km - 02:45:53, 35km - 03:14:53, 40km - 03:44:31									
2358	5104	KUCZYŃSKI Mirosław	MIĘDZYRZECZ	17WBZ	POL	M40	538	03:57:14	03:58:46		2149
		5km - 00:26:23, 10km - 00:52:38, 15km - 01:18:38, 20km - 01:45:14, 21km - 01:51:02, 25km - 02:12:12, 30km - 02:39:49, 35km - 03:08:03, 40km - 03:43:11									
2359	6429	STACHOWIAK Tomasz	WOLSZTYN		POL	M40	538	03:57:14	03:58:16		2149
		5km - 00:25:38, 10km - 00:51:13, 15km - 01:16:39, 20km - 01:42:36, 21km - 01:48:14, 25km - 02:08:53, 30km - 02:37:10, 35km - 03:09:19, 40km - 03:42:50									
2360	707	WOJTYNIAK Krzysztof	POZNAŃ	EKA Z FYRTLA	POL	M30	828	03:57:14	04:00:39		2149
		5km - 00:26:47, 10km - 00:53:38, 15km - 01:20:06, 20km - 01:46:33, 21km - 01:52:15, 25km - 02:13:14, 30km - 02:40:59, 35km - 03:10:57, 40km - 03:43:35									
2361	5884	GRABOWICZ Paweł	SIEKIERKI WIELKIE	BRIDGESTONE	POL	M45	316	03:57:15	03:58:38		2153
		5km - 00:25:50, 10km - 00:51:15, 15km - 01:16:17, 20km - 01:42:32, 21km - 01:50:10, 25km - 02:11:32, 30km - 02:41:10, 35km - 03:12:46, 40km - 03:44:29									
2362	726	SKOWRONEK Grzegorz	CZĘSTOCHOWA		POL	M45	316	03:57:15	04:00:02		2153
		5km - 00:25:14, 10km - 00:50:29, 15km - 01:15:45, 20km - 01:43:05, 21km - 01:48:38, 25km - 02:09:01, 30km - 02:37:56, 35km - 03:08:10, 40km - 03:43:40									
2363	7080	GAJOR Norbert	KOSTRZYN	Sportowy Team Żabki	POL	M40	540	03:57:17	04:00:52		2155
		5km - 00:26:38, 10km - 00:53:23, 15km - 01:19:58, 20km - 01:46:28, 21km - 01:52:07, 25km - 02:13:10, 30km - 02:41:03, 35km - 03:11:27, 40km - 03:45:16									
2364	6746	NOWAK Maciej	POZNAŃ		POL	M45	318	03:57:17	04:00:44		2155
		5km - 00:26:37, 10km - 00:53:09, 15km - 01:19:24, 20km - 01:46:00, 21km - 01:51:48, 25km - 02:12:51, 30km - 02:43:03, 35km - 03:14:47, 40km - 03:44:32									
2365	6494	JERZYŃSKI Damian	ŚRODA WLKP	Polonia środa	POL	M45	319	03:57:18	03:59:51		2157
		5km - 00:27:52, 10km - 00:55:53, 15km - 01:23:47, 20km - 01:51:56, 21km - 01:57:58, 25km - 02:19:56, 30km - 02:48:11, 35km - 03:16:23, 40km - 03:45:07									
2366	1327	JUSZCZAK Włodzimierz	OSTRZESZÓW	SKS SZCZĘŚCIE	POL	M55	65	03:57:18	04:02:08		2157
		5km - 00:27:31, 10km - 00:54:58, 15km - 01:22:09, 20km - 01:50:00, 21km - 01:55:48, 25km - 02:17:35, 30km - 02:46:30, 35km - 03:15:06, 40km - 03:44:42									
2367	2891	KASPEREK Kamila	OBORNIKI	RUUKKII	POL	K30	101	03:57:18	03:58:55	209	
		5km - 00:24:21, 10km - 00:49:22, 15km - 01:14:44, 20km - 01:42:26, 21km - 01:48:19, 25km - 02:10:19, 30km - 02:40:56, 35km - 03:12:08, 40km - 03:43:43									
2368	3096	Zawodnik anonimowy				M30	829	03:57:18	04:00:49		2157
		5km - 00:26:48, 10km - 00:53:33, 15km - 01:20:09, 20km - 01:46:13, 21km - 01:51:46, 25km - 02:12:16, 30km - 02:40:09, 35km - 03:11:53, 40km - 03:44:22									
2369	4491	DOBOSZ Michał	GDYNIA	CompleXsports Triathlon TEAM	POL	M40	541	03:57:19	04:00:55		2160
		5km - 00:26:27, 10km - 00:52:43, 15km - 01:18:11, 20km - 01:43:39, 21km - 01:49:01, 25km - 02:12:15, 30km - 02:41:05, 35km - 03:12:57, 40km - 03:44:40									
2370	7330	KOŁTYSZ Roman	MYSZKOWO		POL	M30	830	03:57:19	04:03:28		2160
		5km - 00:26:22, 10km - 00:52:16, 15km - 01:17:31, 20km - 01:43:45, 21km - 01:50:04, 25km - 02:10:32, 30km - 02:39:18, 35km - 03:11:36, 40km - 03:45:19									
2371	5507	ADAMSKA Agnieszka	WROCLAW	AKTYWNY OSTRZESZÓW; KS Staszewscy	POL	K40	44	03:57:20	04:02:09	210	
		5km - 00:27:32, 10km - 00:54:58, 15km - 01:22:10, 20km - 01:50:02, 21km - 01:55:50, 25km - 02:17:37, 30km - 02:46:31, 35km - 03:15:10, 40km - 03:44:42									
2372	3501	MAKOWSKI Mariusz	OPOLE	MAFIA TEAM LUBLINIEC	POL	M40	542	03:57:20	04:00:22		2162
		5km - 00:26:59, 10km - 00:54:24, 15km - 01:22:42, 20km - 01:50:32, 21km - 01:57:06, 25km - 02:18:48, 30km - 02:47:58, 35km - 03:17:49, 40km - 03:45:57									
2373	2648	SZAFERSKI Maciej	ZBĄSZYŃ	CHŁODNA TEAM Zbąszyń	POL	M30	831	03:57:20	04:02:39		2162
		5km - 00:28:06, 10km - 00:55:59, 15km - 01:23:36, 20km - 01:52:00, 21km - 01:58:10, 25km - 02:20:23, 30km - 02:48:47, 35km - 03:17:18, 40km - 03:45:28									
2374	1933	GRYZ Bartosz	ZAWIERCIE		POL	M30	832	03:57:21	04:01:50		2164
		5km - 00:28:25, 10km - 00:56:03, 15km - 01:23:28, 20km - 01:50:53, 21km - 01:56:46, 25km - 02:18:22, 30km - 02:46:47, 35km - 03:15:46, 40km - 03:45:14									
2375	5851	FIRLEJ Piotr	NOWA SÓL	Team Ovopol	POL	M45	320	03:57:25	03:59:31		2165
		5km - 00:26:39, 10km - 00:52:56, 15km - 01:18:40, 20km - 01:44:37, 21km - 01:50:23, 25km - 02:11:21, 30km - 02:41:32, 35km - 03:13:21, 40km - 03:44:21									
2376	3191	PAVLYUK Maria	LVIV		UKR	K30	102	03:57:25	03:59:58	211	
		5km - 00:27:56, 10km - 00:55:19, 15km - 01:22:10, 20km - 01:49:23, 21km - 01:55:16, 25km - 02:17:06, 30km - 02:46:06, 35km - 03:15:17, 40km - 03:45:19									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
2377	4620	KUCHARCZYK Grzegorz	MUROWANA GOŚLINA		POL	M55	66	03:57:26	04:00:21		2166
		5km - 00:27:51, 10km - 00:55:24, 15km - 01:22:42, 20km - 01:50:34, 21km - 01:56:37, 25km - 02:18:29, 30km - 02:46:48, 35km - 03:16:11, 40km - 03:44:50									
2378	4081	ROSZYK Magdalena	POZNAŃ		POL	K30	103	03:57:26	03:59:38	212	
		5km - 00:26:43, 10km - 00:53:48, 15km - 01:20:38, 20km - 01:48:21, 21km - 01:55:18, 25km - 02:17:07, 30km - 02:46:28, 35km - 03:16:13, 40km - 03:45:30									
2379	4758	Zawodnik anonimowy				M30	833	03:57:26	03:58:26		2166
		5km - 00:25:26, 10km - 00:50:04, 15km - 01:14:27, 20km - 01:39:57, 21km - 01:45:24, 25km - 02:06:15, 30km - 02:37:22, 35km - 03:09:14, 40km - 03:44:02									
2380	2486	WÓJCIK Janusz	GNIEZNO	PowerRun by Decathlon Gniezno	POL	M45	321	03:57:27	04:00:13		2168
		5km - 00:27:23, 10km - 00:54:43, 15km - 01:22:05, 20km - 01:49:29, 21km - 01:55:25, 25km - 02:17:17, 30km - 02:45:20, 35km - 03:14:14, 40km - 03:44:10									
2381	3033	JAKUSZEK Krzysztof	PIASKI		POL	M40	543	03:57:28	03:58:36		2169
		5km - 00:26:03, 10km - 00:52:43, 15km - 01:18:41, 20km - 01:45:53, 21km - 01:51:58, 25km - 02:13:28, 30km - 02:43:16, 35km - 03:13:57, 40km - 03:44:27									
2382	2723	KULAS Rafał	KROTOSZYN	KS KROTOSZ KROTOSZYN	POL	M45	322	03:57:29	04:01:21		2170
		5km - 00:27:33, 10km - 00:55:07, 15km - 01:22:13, 20km - 01:49:48, 21km - 01:55:44, 25km - 02:17:10, 30km - 02:45:51, 35km - 03:14:56, 40km - 03:44:47									
2383	1547	BOROWCZYK Sonia	ZALASEWO		POL	K18	38	03:57:30	04:01:05	213	
		5km - 00:27:06, 10km - 00:54:35, 15km - 01:21:44, 20km - 01:48:49, 21km - 01:54:40, 25km - 02:16:35, 30km - 02:45:22, 35km - 03:14:25, 40km - 03:44:50									
2384	2145	KOZŁOWSKI Grzegorz	WRZEŚNIA	Night Runners Września	POL	M30	834	03:57:30	03:58:28		2171
		5km - 00:24:44, 10km - 00:49:35, 15km - 01:14:22, 20km - 01:39:58, 21km - 01:46:57, 25km - 02:09:00, 30km - 02:42:17, 35km - 03:15:07, 40km - 03:45:36									
2385	2546	RUDOLF Agnieszka	WARSZAWA		POL	K40	45	03:57:30	04:00:58	213	
		5km - 00:26:51, 10km - 00:53:44, 15km - 01:20:36, 20km - 01:48:16, 21km - 01:54:24, 25km - 02:16:28, 30km - 02:46:03, 35km - 03:15:41, 40km - 03:45:48									
2386	3345	LISIK Wojciech	ŁÓDŹ		POL	M30	835	03:57:31	04:03:09		2172
		5km - 00:27:04, 10km - 00:53:37, 15km - 01:20:01, 20km - 01:46:30, 21km - 01:52:19, 25km - 02:13:04, 30km - 02:41:47, 35km - 03:13:04, 40km - 03:44:34									
2387	4563	ORDON Zbigniew	ŁUBIANKA	KM Truchcik Łubianka	POL	M45	323	03:57:31	03:59:30		2172
		5km - 00:27:35, 10km - 00:55:10, 15km - 01:22:19, 20km - 01:49:48, 21km - 01:55:38, 25km - 02:17:20, 30km - 02:45:13, 35km - 03:14:52, 40km - 03:44:50									
2388	2535	RÓŻYCKI Jarosław	OBORNIKI	OBORNICKI KLUB LEKKOATLETYCZNY	POL	M45	324	03:57:35	04:00:48		2174
		5km - 00:26:22, 10km - 00:52:30, 15km - 01:18:29, 20km - 01:45:05, 21km - 01:50:47, 25km - 02:12:02, 30km - 02:41:26, 35km - 03:11:56, 40km - 03:43:39									
2389	5329	POKŁADOWSKI Włodzimierz	BOCHNIA	Żubry Bochnia	POL	M45	325	03:57:37	03:59:12		2175
		5km - 00:23:53, 10km - 00:47:36, 15km - 01:11:15, 20km - 01:36:10, 21km - 01:41:44, 25km - 02:02:38, 30km - 02:31:35, 35km - 03:04:12, 40km - 03:41:04									
2390	4885	ROSZAK Michał	POZNAŃ		POL	M18	259	03:57:37	03:59:30		2175
		5km - 00:27:40, 10km - 00:55:35, 15km - 01:22:31, 20km - 01:49:57, 21km - 01:56:02, 25km - 02:17:53, 30km - 02:47:46, 35km - 03:17:24, 40km - 03:45:28									
2391	706	GAŁEK Grzegorz	SZCZECIN		POL	M40	544	03:57:38	03:58:52		2177
		5km - 00:25:59, 10km - 00:51:35, 15km - 01:16:53, 20km - 01:43:47, 21km - 01:49:53, 25km - 02:11:44, 30km - 02:42:04, 35km - 03:12:38, 40km - 03:44:37									
2392	1093	KIRSOPP Brian	READING	Reading Roadrunners	GBR	M55	67	03:57:38	03:57:55		2177
		5km - 00:21:08, 10km - 00:42:16, 15km - 01:02:59, 20km - 01:24:08, 21km - 01:28:38, 25km - 01:45:26, 30km - 02:17:16, 35km - 02:54:50, 40km - 03:40:18									
2393	867	SOBSTYL Roman	BOLECHÓWKO	sobstyl team	POL	M40	544	03:57:38	03:59:14		2177
		5km - 00:27:19, 10km - 00:54:54, 15km - 01:22:25, 20km - 01:49:59, 21km - 01:55:54, 25km - 02:17:18, 30km - 02:45:27, 35km - 03:14:21, 40km - 03:44:27									
2394	5049	GRZESIUK Rafał	SZCZECIN		POL	M45	326	03:57:39	04:03:27		2180
		5km - 00:28:19, 10km - 00:56:32, 15km - 01:24:00, 20km - 01:52:15, 21km - 01:58:32, 25km - 02:20:56, 30km - 02:49:58, 35km - 03:19:04, 40km - 03:47:14									
2395	6919	SOBKOWIAK Tomasz	POZNAŃ	Apollogic	POL	M30	836	03:57:39	04:01:30		2180
		5km - 00:27:27, 10km - 00:54:43, 15km - 01:21:49, 20km - 01:49:15, 21km - 01:55:02, 25km - 02:16:51, 30km - 02:45:41, 35km - 03:15:13, 40km - 03:45:11									
2396	1892	JUSZCZAK Robert	TYCHY	CRIK FCA POLAND	POL	M45	327	03:57:41	03:59:55		2182
		5km - 00:27:01, 10km - 00:55:09, 15km - 01:20:58, 20km - 01:47:29, 21km - 01:53:29, 25km - 02:14:36, 30km - 02:43:16, 35km - 03:14:04, 40km - 03:45:22									
2397	2523	MŁYNARSKI Mariusz	BLACHOWNIA	Chce Ci się?	POL	M45	328	03:57:42	04:01:39		2183
		5km - 00:26:25, 10km - 00:53:17, 15km - 01:19:48, 20km - 01:46:32, 21km - 01:52:31, 25km - 02:13:45, 30km - 02:42:15, 35km - 03:11:56, 40km - 03:44:55									
2398	7306	WANIO Krzysztof	OLESIN		POL	M50	115	03:57:42	03:57:42		2183
		5km - , 10km - , 15km - , 20km - , 21km - , 25km - , 30km - , 35km - , 40km -									
2399	3799	GUZEK Mariusz	KUTNO	Kutno Biega	POL	M40	546	03:57:43	04:03:01		2185
		5km - 00:29:09, 10km - 00:57:33, 15km - 01:25:41, 20km - 01:53:20, 21km - 01:59:16, 25km - 02:21:08, 30km - 02:49:51, 35km - 03:17:31, 40km - 03:45:28									
2400	1895	WASZAK Norbert	BYDGOSZCZ		POL	M40	547	03:57:45	03:59:00		2186
		5km - 00:25:33, 10km - 00:50:48, 15km - 01:16:18, 20km - 01:42:08, 21km - 01:47:43, 25km - 02:08:17, 30km - 02:34:46, 35km - 03:04:02, 40km - 03:41:52									
2401	3163	SZAJEK Arkadiusz	POZNAŃ		POL	M30	837	03:57:46	04:01:31		2187
		5km - 00:26:35, 10km - 00:53:13, 15km - 01:19:48, 20km - 01:46:28, 21km - 01:52:22, 25km - 02:13:51, 30km - 02:42:59, 35km - 03:15:06, 40km - 03:46:19									
2402	2927	GOŁEMBECKI Jakub	CHODZIEŻ		POL	M45	329	03:57:47	04:00:16		2188
		5km - 00:28:01, 10km - 00:56:05, 15km - 01:23:46, 20km - 01:51:32, 21km - 01:57:34, 25km - 02:19:24, 30km - 02:47:36, 35km - 03:16:06, 40km - 03:45:04									
2403	346	KAŁACZYŃSKI Ryszard	WĘCBORK	366 Witunia	POL	M55	68	03:57:47	03:59:03		2188
		5km - 00:25:43, 10km - 00:51:44, 15km - 01:17:34, 20km - 01:44:20, 21km - 01:50:14, 25km - 02:10:33, 30km - 02:39:36, 35km - 03:11:41, 40km - 03:44:32									
2404	5917	KORBANEK Zbigniew	BORUJA KOŚCIELNA 69 H		POL	M45	329	03:57:47	04:03:23		2188
		5km - 00:28:04, 10km - 00:56:27, 15km - 01:23:50, 20km - 01:52:15, 21km - 01:58:31, 25km - 02:20:55, 30km - 02:49:59, 35km - 03:18:22, 40km - 03:46:23									
2405	7197	HALCZOK Dariusz	BYTOM	Finanse z ludzką twarzą	POL	M30	838	03:57:49	04:02:56		2191
		5km - 00:27:56, 10km - 00:55:28, 15km - 01:22:29, 20km - 01:49:33, 21km - 01:55:21, 25km - 02:16:30, 30km - 02:44:20, 35km - 03:13:46, 40km - 03:43:57									
2406	6178	IZIENICKI Roman	SOBCZYCE	Kotlactive	POL	M50	116	03:57:49	04:03:06		2191
		5km - 00:27:14, 10km - 00:54:06, 15km - 01:20:18, 20km - 01:47:16, 21km - 01:53:07, 25km - 02:14:53, 30km - 02:43:20, 35km - 03:12:05, 40km - 03:43:31									
2407	1254	ROMANIAK Konrad	LUBIŃ		POL	M50	116	03:57:49	04:03:43		2191
		5km - 00:27:54, 10km - 00:55:54, 15km - 01:23:37, 20km - 01:51:33, 21km - 01:58:27, 25km - 02:20:13, 30km - 02:48:55, 35km - 03:17:11, 40km - 03:45:57									
2408	911	KRYSIAK Tomasz	SZCZECIN	Wieczorne bieganie w Szczecinie	POL	M30	839	03:57:50	04:03:10		2194
		5km - 00:28:00, 10km - 00:55:06, 15km - 01:22:10, 20km - 01:49:28, 21km - 01:55:27, 25km - 02:16:33, 30km - 02:46:10, 35km - 03:16:10, 40km - 03:45:45									
2409	1305	FILA Antoni	SZTUM	ZANTYR Sztum	POL	M65	8	03:57:51	04:03:58		2195
		5km - 00:28:22, 10km - 00:56:50, 15km - 01:25:03, 20km - 01:53:12, 21km - 01:59:07, 25km - 02:20:26, 30km - 02:48:53, 35km - 03:16:36, 40km - 03:45:28									
2410	1331	SOWA Marcin	BIELAWA		POL	M40	548	03:57:51	03:59:50		2195
		5km - 00:25:26, 10km - 00:51:02, 15km - 01:16:13, 20km - 01:42:35, 21km - 01:48:45, 25km - 02:10:11, 30km - 02:40:48, 35km - 03:12:13, 40km - 03:44:34									
2411	727	Zawodnik anonimowy				M40	548	03:57:51	03:59:51		2195
		5km - 00:26:03, 10km - 00:52:46, 15km - 01:18:53, 20km - 01:45:06, 21km - 01:50:47, 25km - 02:11:30, 30km - 02:41:18, 35km - 03:12:38, 40km - 03:45:41									
2412	3656	KARCZMARCZYK Jakub	OSTROŁĘKA	Reebok run Crew Ostrołęka	POL	M30	840	03:57:52	04:03:13		2198
		5km - 00:28:05, 10km - 00:55:54, 15km - 01:23:16, 20km - 01:51:01, 21km - 01:56:57, 25km - 02:18:46, 30km - 02:47:10, 35km - 03:15:29, 40km - 03:46:13									
2413	5868	MIELCAREK Damian	POZNAŃ	Bridgestone	POL	M40	550	03:57:52	04:03:09		2198
		5km - 00:28:19, 10km - 00:56:14, 15km - 01:24:07, 20km - 01:52:18, 21km - 01:58:27, 25km - 02:20:44, 30km - 02:48:57, 35km - 03:17:01, 40km - 03:45:54									
2414	7333	RICHARDS Paul	BIRMINGHAM		GBR	M50	118	03:57:52	04:01:12		2198
		5km - 00:26:33, 10km - 00:53:36, 15km - 01:20:44, 20km - 01:48:13, 21km - 01:54:07, 25km - 02:15:23, 30km - 02:44:07, 35km - 03:13:42, 40km - 03:45:03									
2415	4077	FRANKOWSKI Marcin	NAPACHANIE	#RunFranekRun	POL	M30	841	03:57:54	03:59:36		2201
		5km - 00:24:20, 10km - 00:49:27, 15km - 01:14:30, 20km - 01:39:48, 21km - 01:45:38, 25km - 02:07:26, 30km - 02:39:22, 35km - 03:11:03, 40km - 03:44:40									
2416	841	MORAWSKI Konrad	OLESZYCE	100	POL	M30	842	03:57:55	03:59:51		2202
		5km - 00:25:56, 10km - 00:51:17, 15km - 01:16:11, 20km - 01:41:22, 21km - 01:47:31, 25km - 02:07:34, 30km - 02:37:11, 35km - 03:09:07, 40km - 03:42:02									
2417	164	MUCHA Beata	POZNAŃ		POL	K45	21	03:57:55	03:59:03	215	
		5km - 00:25:26, 10km - 00:50:19, 15km - 01:14:46, 20km - 01:40:22, 21km - 01:46:11, 25km - 02:07:56, 30km - 02:40:19, 35km - 03:12:41, 40km - 03:44:21									
2418	2066	MROCZKOWSKI Łukasz	MIŃSK MAZOWIECKI		POL	M30	843	03:57:56	04:03:59		2203
		5km - 00:26:59, 10km - 00:51:27, 15km - 01:17:03, 20km - 01:42:31, 21km - 01:48:09, 25km - 02:09:03, 30km - 02:38:17, 35km - 03:12:30, 40km - 03:45:38									
2419	2764	NOSAL Przemysław	POZNAŃ	Grunwald Team Poznań	POL	M30	843	03:57:56	04:03:10		2203
		5km - 00:28:18, 10km - 00:56:15, 15km - 01:24:11, 20km - 01:52:24, 21km - 01:58:38, 25km - 02:20:56, 30km - 02:49:49, 35km - 03:18:18, 40km - 03:46:37									
2420	4545	KOWALCZYK Paweł	ZALASEWO		POL	M40	551	03:57:57	04:03:46		2205
		5km - 00:28:07, 10km - 00:55:51, 15km - 01:23:32, 20km - 01:50:57, 21km - 01:56:59, 25km - 02:18:32, 30km - 02:46:48, 35km - 03:15:57, 40km - 03:45:38									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
2421	2338	RATAJEWSKI Marek	GNIEZNO	Night Runners Gniezno	POL	M50	119	03:57:57	04:03:39		2205
		5km - 00:28:12, 10km - 00:56:11, 15km - 01:24:05, 20km - 01:52:14, 21km - 01:58:17, 25km - 02:20:32, 30km - 02:49:12, 35km - 03:17:33, 40km - 03:45:53									
2422	549	BECHERT Maciej	GNIEZNO	Night Runners Gniezno	POL	M50	120	03:57:58	04:03:40		2207
		5km - 00:28:12, 10km - 00:56:11, 15km - 01:24:05, 20km - 01:52:14, 21km - 01:58:17, 25km - 02:20:32, 30km - 02:49:12, 35km - 03:17:33, 40km - 03:45:53									
2423	4727	JAKRZEWSKI Mikołaj	GOLA	Jaraczewo	POL	M30	845	03:57:58	04:03:41		2207
		5km - 00:27:45, 10km - 00:55:48, 15km - 01:23:31, 20km - 01:51:46, 21km - 01:58:06, 25km - 02:20:20, 30km - 02:49:16, 35km - 03:17:43, 40km - 03:46:01									
2424	5865	GÓRNY Robert	IMIELNO	Bridgestone	POL	M30	846	03:57:59	04:01:30		2209
		5km - 00:26:39, 10km - 00:53:20, 15km - 01:19:56, 20km - 01:46:20, 21km - 01:52:07, 25km - 02:12:59, 30km - 02:41:20, 35km - 03:12:42, 40km - 03:44:42									
2425	6608	HERMAN Jacek	WEJHEROWO		POL	M40	552	03:57:59	03:58:55		2209
		5km - 00:24:33, 10km - 00:49:52, 15km - 01:15:13, 20km - 01:41:39, 21km - 01:47:34, 25km - 02:09:44, 30km - 02:40:48, 35km - 03:12:44, 40km - 03:44:58									
2426	6728	KRZEPKOWSKI Radosław	WARSZAWA	Adidas Runners Warsaw	POL	M40	552	03:57:59	04:02:44		2209
		5km - 00:26:58, 10km - 00:52:47, 15km - 01:19:00, 20km - 01:45:07, 21km - 01:50:54, 25km - 02:11:53, 30km - 02:40:18, 35km - 03:11:19, 40km - 03:44:41									
2427	5936	KRZYSZTOFIK Jaromir	ŻARY	WIKING	POL	M50	121	03:57:59	03:58:33		2209
		5km - 00:24:51, 10km - 00:50:35, 15km - 01:16:01, 20km - 01:42:44, 21km - 01:48:52, 25km - 02:11:01, 30km - 02:41:58, 35km - 03:10:16, 40km - 03:44:41									
2428	7001	PAJOR Konrad	POZNAŃ		POL	M18	260	03:57:59	03:58:36		2209
		5km - 00:24:09, 10km - 00:48:25, 15km - 01:12:28, 20km - 01:37:54, 21km - 01:43:50, 25km - 02:05:02, 30km - 02:36:29, 35km - 03:08:32, 40km - 03:44:14									
2429	5589	GRENDA Artur	DOBRZANY	Dobrzany	POL	M40	554	03:58:00	03:58:54		2214
		5km - 00:24:45, 10km - 00:49:18, 15km - 01:13:59, 20km - 01:39:06, 21km - 01:44:32, 25km - 02:05:16, 30km - 02:35:20, 35km - 03:08:22, 40km - 03:43:36									
2430	1095	KULIG Krzysztof	DOŁGIE	MODLITWA BIEGANIA GRYFINO	POL	M40	554	03:58:00	04:01:30		2214
		5km - 00:26:49, 10km - 00:53:36, 15km - 01:20:20, 20km - 01:47:20, 21km - 01:53:07, 25km - 02:14:24, 30km - 02:42:55, 35km - 03:12:04, 40km - 03:44:36									
2431	4953	LORENC Rafał	WARSZAWA		POL	M40	554	03:58:00	03:59:57		2214
		5km - 00:26:21, 10km - 00:51:51, 15km - 01:16:51, 20km - 01:42:20, 21km - 01:47:50, 25km - 02:08:36, 30km - 02:38:28, 35km - 03:11:43, 40km - 03:43:56									
2432	3850	RASZKE Łukasz	RAKONIEWICE	REAL TEAM	POL	M30	847	03:58:01	03:59:10		2217
		5km - 00:25:01, 10km - 00:49:35, 15km - 01:14:16, 20km - 01:39:05, 21km - 01:44:35, 25km - 02:04:51, 30km - 02:34:00, 35km - 03:06:48, 40km - 03:42:08									
2433	556	BRELA Jakub	JEDLICZE	MUKS Podkarpacie Jedlicze	POL	M30	848	03:58:02	04:00:44		2218
		5km - 00:27:28, 10km - 00:53:25, 15km - 01:18:48, 20km - 01:44:21, 21km - 01:49:55, 25km - 02:10:08, 30km - 02:37:06, 35km - 03:15:27, 40km - 03:46:08									
2434	2638	PRZEWOREK Andrzej	BIAŁE BŁOTA	AMATOR	POL	M50	122	03:58:03	04:01:41		2219
		5km - 00:26:43, 10km - 00:53:30, 15km - 01:20:08, 20km - 01:47:02, 21km - 01:52:45, 25km - 02:14:15, 30km - 02:43:30, 35km - 03:13:23, 40km - 03:44:30									
2435	2171	ROSA Agnieszka	SKIERNIEWICE	PARKRUN SKIERNIEWICE	POL	K45	22	03:58:03	04:00:53	216	
		5km - 00:27:24, 10km - 00:54:48, 15km - 01:21:52, 20km - 01:49:37, 21km - 01:55:45, 25km - 02:17:32, 30km - 02:46:57, 35km - 03:16:50, 40km - 03:45:47									
2436	6823	KAJDANIAK Robert	GNIEZNO		POL	M45	331	03:58:05	04:01:04		2220
		5km - 00:26:05, 10km - 00:52:12, 15km - 01:18:01, 20km - 01:44:30, 21km - 01:50:18, 25km - 02:12:22, 30km - 02:42:05, 35km - 03:13:20, 40km - 03:45:18									
2437	2652	SERAFIŃSKI Mirosław	POZNAŃ		POL	M40	557	03:58:06	04:03:53		2221
		5km - 00:28:19, 10km - 00:55:44, 15km - 01:23:06, 20km - 01:50:26, 21km - 01:56:21, 25km - 02:17:30, 30km - 02:45:39, 35km - 03:14:36, 40km - 03:44:44									
2438	4138	SOCHA Tomasz	CHOJNÓW		POL	M30	849	03:58:06	04:01:40		2221
		5km - 00:25:03, 10km - 00:50:28, 15km - 01:15:19, 20km - 01:41:30, 21km - 01:47:18, 25km - 02:08:19, 30km - 02:38:39, 35km - 03:08:34, 40km - 03:45:08									
2439	905	GRZEŚKO Tomasz	SULECHÓW	TSPS TRZEBIECHÓW	POL	M55	69	03:58:10	04:01:17		2223
		5km - 00:25:51, 10km - 00:52:04, 15km - 01:18:16, 20km - 01:45:07, 21km - 01:50:58, 25km - 02:12:19, 30km - 02:40:55, 35km - 03:11:02, 40km - 03:44:30									
2440	2207	ŚWIEJKOWSKI Rafał	PLEWISKA		POL	M40	558	03:58:10	04:03:14		2223
		5km - 00:28:32, 10km - 00:56:25, 15km - 01:24:06, 20km - 01:52:25, 21km - 01:58:33, 25km - 02:20:26, 30km - 02:48:36, 35km - 03:17:07, 40km - 03:46:15									
2441	2129	KAMIŃSKI Jacek	GORZOW WLKP	NIKE RUN TEAM GORZOW	POL	M40	559	03:58:11	03:59:48		2225
		5km - 00:26:06, 10km - 00:52:25, 15km - 01:17:44, 20km - 01:44:17, 21km - 01:50:05, 25km - 02:11:24, 30km - 02:41:57, 35km - 03:13:49, 40km - 03:45:56									
2442	5663	SUŁKOWSKI Rafał	LAMKI		POL	M40	559	03:58:11	04:03:54		2225
		5km - 00:28:00, 10km - 00:55:59, 15km - 01:23:48, 20km - 01:52:01, 21km - 01:58:12, 25km - 02:20:26, 30km - 02:49:18, 35km - 03:17:44, 40km - 03:46:00									
2443	6771	KORPALSKI Daniel	SZPETAL GÓRNY		POL	M40	561	03:58:12	04:03:41		2227
		5km - 00:25:32, 10km - 00:50:31, 15km - 01:15:31, 20km - 01:41:43, 21km - 01:47:26, 25km - 02:08:41, 30km - 02:38:00, 35km - 03:10:13, 40km - 03:44:15									
2444	6524	JĘDRZEJUK Marek	WROCŁAW	Bombardier TEAM Wrocław	POL	M30	850	03:58:13	04:00:41		2228
		5km - 00:27:40, 10km - 00:55:35, 15km - 01:23:02, 20km - 01:51:13, 21km - 01:57:27, 25km - 02:19:09, 30km - 02:48:04, 35km - 03:17:33, 40km - 03:45:53									
2445	1653	BIK Andrzej	ZABRZE		POL	M45	332	03:58:14	04:01:42		2229
		5km - 00:26:42, 10km - 00:53:23, 15km - 01:20:01, 20km - 01:46:28, 21km - 01:52:13, 25km - 02:13:12, 30km - 02:44:06, 35km - 03:15:21, 40km - 03:45:40									
2446	1127	CICHOWLAS Sylwester	POZNAŃ	WRD KMP Poznań/Jeżyce Biegają	POL	M40	562	03:58:14	04:01:30		2229
		5km - 00:28:38, 10km - 00:58:04, 15km - 01:24:59, 20km - 01:53:08, 21km - 01:59:01, 25km - 02:20:37, 30km - 02:48:30, 35km - 03:16:28, 40km - 03:45:47									
2447	543	FIDECKI Wiesław	POZNAŃ	niezrzeszony	POL	M75	1	03:58:14	04:03:24		2229
		5km - 00:28:14, 10km - 00:56:02, 15km - 01:23:48, 20km - 01:52:15, 21km - 01:58:31, 25km - 02:20:43, 30km - 02:49:43, 35km - 03:18:16, 40km - 03:46:29									
2448	6238	GÓRECKI Rafał	GDAŃSK		POL	M40	562	03:58:14	04:00:42		2229
		5km - 00:27:40, 10km - 00:55:39, 15km - 01:23:01, 20km - 01:51:14, 21km - 01:57:27, 25km - 02:19:08, 30km - 02:48:05, 35km - 03:17:35, 40km - 03:45:56									
2449	4058	JAWORSKI Paweł	WARSZAWA		POL	M30	851	03:58:14	04:02:32		2229
		5km - 00:26:44, 10km - 00:54:15, 15km - 01:21:29, 20km - 01:49:08, 21km - 01:55:12, 25km - 02:16:43, 30km - 02:46:45, 35km - 03:17:17, 40km - 03:46:42									
2450	5140	MIERZEJEWSKI Robert	SKÓRZEWO		POL	M45	333	03:58:15	04:03:51		2234
		5km - 00:28:07, 10km - 00:56:12, 15km - 01:23:26, 20km - 01:51:31, 21km - 01:57:51, 25km - 02:20:39, 30km - 02:50:11, 35km - 03:17:18, 40km - 03:46:03									
2451	503	PIOTROWSKI Przemek	POZNAŃ		POL	M45	333	03:58:15	04:01:42		2234
		5km - 00:26:14, 10km - 00:53:00, 15km - 01:19:12, 20km - 01:46:02, 21km - 01:51:58, 25km - 02:13:06, 30km - 02:41:21, 35km - 03:12:34, 40km - 03:45:29									
2452	3153	RENC Patryk	BYDGOSZCZ	Serce Tybetu	POL	M30	852	03:58:15	04:02:49		2234
		5km - 00:27:53, 10km - 00:55:33, 15km - 01:23:11, 20km - 01:51:05, 21km - 01:57:00, 25km - 02:18:56, 30km - 02:47:36, 35km - 03:16:57, 40km - 03:45:55									
2453	1221	SANDRYK Adam	OŁAWA		POL	M45	333	03:58:15	03:59:17		2234
		5km - 00:25:48, 10km - 00:51:40, 15km - 01:17:29, 20km - 01:43:47, 21km - 01:49:34, 25km - 02:10:40, 30km - 02:39:30, 35km - 03:11:29, 40km - 03:44:22									
2454	227	HOMZIUK Stanislaw	ZĄBKI		POL	M30	853	03:58:16	04:01:24		2238
		5km - 00:25:57, 10km - 00:51:21, 15km - 01:16:30, 20km - 01:42:24, 21km - 01:48:03, 25km - 02:08:22, 30km - 02:38:05, 35km - 03:11:34, 40km - 03:45:59									
2455	5679	STASZCZAK Małgorzata	LUBAŃ	TRI Team Lubań	POL	K30	104	03:58:18	04:01:47	217	
		5km - 00:26:40, 10km - 00:53:22, 15km - 01:20:09, 20km - 01:46:44, 21km - 01:52:36, 25km - 02:13:39, 30km - 02:43:08, 35km - 03:14:32, 40km - 03:46:22									
2456	2090	KAŹMIERCZAK Marcin	POZNAŃ		POL	M40	564	03:58:19	03:58:36		2239
		5km - 00:24:41, 10km - 00:49:28, 15km - 01:14:05, 20km - 01:39:29, 21km - 01:44:54, 25km - 02:05:03, 30km - 02:32:44, 35km - 03:05:39, 40km - 03:41:04									
2457	3815	KAŹMIERSKI Hubert	WRZEŚNIA		POL	M18	261	03:58:20	04:03:30		2240
		5km - 00:28:23, 10km - 00:56:23, 15km - 01:24:20, 20km - 01:52:31, 21km - 01:58:44, 25km - 02:21:03, 30km - 02:49:51, 35km - 03:18:16, 40km - 03:46:30									
2458	2517	Zawodnik anonimowy				M50	123	03:58:21	04:02:38		2241
		5km - 00:28:01, 10km - 00:55:47, 15km - 01:23:29, 20km - 01:51:26, 21km - 01:57:32, 25km - 02:19:39, 30km - 02:49:49, 35km - 03:18:41, 40km - 03:46:38									
2459	2401	MAJEWSKI Sebastian	SZAMOTUŁY	KB Szamotuły/ Za linią mety team	POL	M30	854	03:58:24	03:58:51		2242
		5km - 00:23:10, 10km - 00:46:20, 15km - 01:09:30, 20km - 01:33:44, 21km - 01:39:13, 25km - 02:02:04, 30km - 02:32:13, 35km - 03:01:18, 40km - 03:41:19									
2460	7268	STEFANIAK Mateusz	WRONKI	Wroniecki Klub Biegacza	POL	M18	262	03:58:24	03:58:51		2242
		5km - 00:22:45, 10km - 00:45:38, 15km - 01:08:26, 20km - 01:31:29, 21km - 01:36:29, 25km - 01:54:41, 30km - 02:20:41, 35km - 02:57:00, 40km - 03:41:19									
2461	2306	KLABIS Iwona	LUBLINIEC	Lentex Team	POL	K30	105	03:58:26	03:59:19	218	
		5km - 00:27:22, 10km - 00:55:24, 15km - 01:22:53, 20km - 01:50:40, 21km - 01:56:45, 25km - 02:18:45, 30km - 02:47:56, 35km - 03:17:10, 40km - 03:46:31									
2462	6667	SKURCZAK Robert	ŁÓDŹ		POL	M45	336	03:58:26	04:04:16		2244
		5km - 00:27:28, 10km - 00:54:37, 15km - 01:21:21, 20km - 01:48:37, 21km - 01:54:29, 25km - 02:16:00, 30km - 02:44:53, 35km - 03:14:34, 40km - 03:45:19									
2463	2592	ŚWISTEK Ola	LASKOWO		POL	K18	39	03:58:26	04:03:40	218	
		5km - 00:28:21, 10km - 00:56:08, 15km - 01:24:12, 20km - 01:52:20, 21km - 01:58:35, 25km - 02:20:55, 30km - 02:49:44, 35km - 03:18:11, 40km - 03:46:32									
2464	1605	CIEŚLIK Paweł	POZNAŃ	Chateau Chalin	POL	M45	337	03:58:27	04:02:56		2245
		5km - 00:27:55, 10km - 00:55:38, 15km - 01:23:27, 20km - 01:51:25, 21km - 01:57:29, 25km - 02:19:42, 30km - 02:49:17, 35km - 03:18:40, 40km - 03:46:40									

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
2465	5667	KUBICA Bartosz	ZAWADZKIE		POL	M18	263	03:58:27	04:03:46		2245
		5km - 00:28:05, 10km - 00:55:15, 15km - 01:22:34, 20km - 01:50:34, 21km - 01:56:35, 25km - 02:18:11, 30km - 02:47:03, 35km - 03:15:48, 40km - 03:46:32									
2466	2322	SZYRNER Szymon	ZDUNY	KS KROTOSZ KROTOSZYN	POL	M45	337	03:58:27	04:03:28		2245
		5km - 00:27:48, 10km - 00:55:44, 15km - 01:23:30, 20km - 01:51:16, 21km - 01:57:18, 25km - 02:19:02, 30km - 02:47:14, 35km - 03:15:53, 40km - 03:45:24									
2467	1614	KRYLLE Krzysztof	KOŚCIAN	KOŚCIAN TEAM	POL	M40	565	03:58:28	03:59:36		2248
		5km - 00:25:26, 10km - 00:51:11, 15km - 01:16:45, 20km - 01:43:08, 21km - 01:48:55, 25km - 02:11:15, 30km - 02:43:36, 35km - 03:15:42, 40km - 03:46:30									
2468	1753	DUDZIAK Bartosz	STARE OBORZYSKA	Kościan TEAM	POL	M30	855	03:58:29	03:59:36		2249
		5km - 00:25:27, 10km - 00:51:11, 15km - 01:16:45, 20km - 01:43:08, 21km - 01:48:54, 25km - 02:11:15, 30km - 02:43:37, 35km - 03:15:44, 40km - 03:46:23									
2469	6775	GOLUSIŃSKA Alicja	POZNAŃ	Demiurg	POL	K30	106	03:58:29	04:03:44	220	
		5km - 00:25:56, 10km - 00:51:58, 15km - 01:17:51, 20km - 01:44:40, 21km - 01:50:31, 25km - 02:12:14, 30km - 02:41:54, 35km - 03:12:51, 40km - 03:45:13									
2470	6302	MIKULSKA Edyta	POZNAŃ	Pro366	POL	K30	106	03:58:29	04:03:50	220	
		5km - 00:29:07, 10km - 00:58:19, 15km - 01:26:54, 20km - 01:55:19, 21km - 02:01:19, 25km - 02:23:11, 30km - 02:51:25, 35km - 03:19:06, 40km - 03:47:02									
2471	4418	OWSIŃSKI Piotr	ZIELONA GÓRA	ZKS Triathlon Drzonków	POL	M40	566	03:58:29	04:03:22		2249
		5km - 00:27:46, 10km - 00:56:10, 15km - 01:22:53, 20km - 01:50:20, 21km - 01:56:20, 25km - 02:17:44, 30km - 02:46:12, 35km - 03:14:57, 40km - 03:45:25									
2472	1771	PODLECKA Agnieszka	PIŁA		POL	K30	106	03:58:29	03:59:54	220	
		5km - 00:26:13, 10km - 00:53:04, 15km - 01:19:16, 20km - 01:45:56, 21km - 01:51:44, 25km - 02:14:02, 30km - 02:47:56, 35km - 03:15:58, 40km - 03:45:52									
2473	2271	SAWICKI Jan	ZIELONA GÓRA - ŁĘŻYCA		POL	M60	27	03:58:32	04:02:13		2251
		5km - 00:27:11, 10km - 00:54:16, 15km - 01:20:43, 20km - 01:47:59, 21km - 01:54:22, 25km - 02:15:45, 30km - 02:45:29, 35km - 03:14:31, 40km - 03:44:51									
2474	1472	BŁASZCZYK Mariusz	WARSZAWA		POL	M40	567	03:58:33	04:03:37		2252
		5km - 00:28:32, 10km - 00:56:24, 15km - 01:24:06, 20km - 01:52:25, 21km - 01:58:33, 25km - 02:20:26, 30km - 02:48:38, 35km - 03:17:12, 40km - 03:46:25									
2475	5945	CHMIELEWSKI Dariusz	GDAŃSK		POL	M55	70	03:58:33	04:00:57		2252
		5km - 00:27:14, 10km - 00:54:21, 15km - 01:21:14, 20km - 01:48:32, 21km - 01:54:21, 25km - 02:15:51, 30km - 02:44:01, 35km - 03:13:42, 40km - 03:45:14									
2476	4019	MIESZKOWSKI Andrzej	POZNAŃ	Zmęczeni już przed biegiem	POL	M45	339	03:58:33	04:01:13		2252
		5km - 00:24:19, 10km - 00:48:50, 15km - 01:12:25, 20km - 01:36:56, 21km - 01:42:29, 25km - 02:01:53, 30km - 02:32:30, 35km - 03:08:51, 40km - 03:44:06									
2477	1775	RADZIMIRSKA Justyna	JAJKOWICE		POL	K18	40	03:58:33	04:02:58	223	
		5km - 00:26:44, 10km - 00:52:43, 15km - 01:19:02, 20km - 01:45:47, 21km - 01:52:13, 25km - 02:13:42, 30km - 02:44:27, 35km - 03:15:45, 40km - 03:45:52									
2478	1283	GAJEWSKI Michał	RADOMSKO		POL	M18	264	03:58:34	04:03:05		2255
		5km - 00:28:20, 10km - 00:56:09, 15km - 01:23:37, 20km - 01:51:12, 21km - 01:57:12, 25km - 02:18:47, 30km - 02:46:34, 35km - 03:14:23, 40km - 03:46:20									
2479	4204	JUNG Szymon	ŚRODA WIELKOPOLSKA	For Run Team	POL	M18	265	03:58:35	03:59:57		2256
		5km - 00:26:39, 10km - 00:53:33, 15km - 01:20:19, 20km - 01:47:18, 21km - 01:53:07, 25km - 02:14:07, 30km - 02:41:59, 35km - 03:11:43, 40km - 03:45:03									
2480	1008	PIDANTY Grzegorz	STRZEGOM	Strzegom ZHR	POL	M45	340	03:58:35	03:59:59		2256
		5km - 00:27:30, 10km - 00:54:49, 15km - 01:21:38, 20km - 01:48:53, 21km - 01:55:01, 25km - 02:16:20, 30km - 02:45:35, 35km - 03:16:04, 40km - 03:46:58									
2481	4961	WIŚNIEWSKI Zbigniew	OLIMPIN	Brzoza Biega	POL	M50	124	03:58:35	04:03:36		2256
		5km - 00:28:05, 10km - 00:56:33, 15km - 01:23:35, 20km - 01:50:42, 21km - 01:56:45, 25km - 02:18:30, 30km - 02:47:35, 35km - 03:16:50, 40km - 03:46:33									
2482	276	KABATTEK Bartłomiej	LIPKA	Fundacja Złotowianka	POL	M40	568	03:58:36	04:03:36		2259
		5km - 00:33:06, 10km - 01:00:48, 15km - 01:28:36, 20km - 01:55:42, 21km - 02:01:46, 25km - 02:23:31, 30km - 02:52:35, 35km - 03:21:39, 40km - 03:51:31									
2483	6799	BISZCZUK Mariola	PUŁAWY		POL	K30	109	03:58:38	04:03:56	224	
		5km - 00:28:16, 10km - 00:55:56, 15km - 01:23:21, 20km - 01:51:16, 21km - 01:57:11, 25km - 02:18:45, 30km - 02:47:50, 35km - 03:16:48, 40km - 03:46:18									
2484	6393	KOŁATEK Paulina	BEŁCHATÓW		POL	K18	41	03:58:39	04:00:38	225	
		5km - 00:27:07, 10km - 00:54:21, 15km - 01:21:24, 20km - 01:48:10, 21km - 01:54:10, 25km - 02:15:31, 30km - 02:44:43, 35km - 03:14:44, 40km - 03:45:44									
2485	1295	BRYKCZYŃSKI Błażej	SZCZECIN	Fizjobiegacze Szczecin	POL	M40	569	03:58:40	04:01:01		2260
		5km - 00:25:49, 10km - 00:51:40, 15km - 01:17:12, 20km - 01:43:35, 21km - 01:49:32, 25km - 02:10:09, 30km - 02:42:39, 35km - 03:13:42, 40km - 03:45:42									
2486	6049	FRĘŚKO Mirosław	POZNAŃ		POL	M40	570	03:58:41	04:02:26		2261
		5km - 00:26:29, 10km - 00:53:27, 15km - 01:20:09, 20km - 01:46:41, 21km - 01:52:28, 25km - 02:13:35, 30km - 02:41:53, 35km - 03:13:20, 40km - 03:45:44									
2487	2834	MUSIELAK Piotr	POZNAŃ	PGB-SPORTOWA PACZKA	POL	M45	341	03:58:41	04:00:54		2261
		5km - 00:27:32, 10km - 00:54:13, 15km - 01:20:30, 20km - 01:47:18, 21km - 01:53:17, 25km - 02:14:30, 30km - 02:44:22, 35km - 03:15:23, 40km - 03:45:49									
2488	286	REITER Eugeniusz	POZNAŃ		POL	M70	2	03:58:41	04:02:53		2261
		5km - 00:24:50, 10km - 00:49:51, 15km - 01:14:52, 20km - 01:41:00, 21km - 01:46:48, 25km - 02:08:25, 30km - 02:39:04, 35km - 03:11:12, 40km - 03:45:09									
2489	3138	KAROLEWSKI Maciej	KROTOSZYN	Krotoszyńska Grupa Biegowa	POL	M30	856	03:58:42	04:03:58		2264
		5km - 00:27:33, 10km - 00:55:03, 15km - 01:21:56, 20km - 01:48:50, 21km - 01:54:35, 25km - 02:15:22, 30km - 02:42:27, 35km - 03:12:13, 40km - 03:44:08									
2490	2704	BIAŁORUCKI Bogdan	SĘDZISZÓW MAŁOPOLSKI	WATAHA	POL	M50	125	03:58:43	04:01:25		2265
		5km - 00:26:32, 10km - 00:53:53, 15km - 01:20:57, 20km - 01:48:35, 21km - 01:54:39, 25km - 02:17:09, 30km - 02:46:47, 35km - 03:16:55, 40km - 03:46:35									
2491	2919	KOMOROWSKA Magdalena	COLCHESTER	Great Bentley Running Club	GBR	K40	46	03:58:43	04:02:08	226	
		5km - 00:26:51, 10km - 00:53:25, 15km - 01:19:46, 20km - 01:46:53, 21km - 01:52:54, 25km - 02:15:18, 30km - 02:45:56, 35km - 03:16:22, 40km - 03:46:33									
2492	4146	MIKOŁAJUK Aneta	BEZRZECZE		POL	K45	23	03:58:43	04:03:39	226	
		5km - 00:28:38, 10km - 00:57:14, 15km - 01:26:07, 20km - 01:54:40, 21km - 02:00:51, 25km - 02:22:35, 30km - 02:50:03, 35km - 03:18:03, 40km - 03:46:42									
2493	3784	SCHLEGEL Anna	POZNAŃ		POL	K30	110	03:58:44	04:00:58	228	
		5km - 00:26:14, 10km - 00:52:34, 15km - 01:18:55, 20km - 01:46:08, 21km - 01:52:07, 25km - 02:14:49, 30km - 02:45:20, 35km - 03:16:12, 40km - 03:46:19									
2494	1292	GAŁĘSKA Katarzyna	MUROWANA GOŚLINA	Dzikie Małże	POL	K30	111	03:58:45	04:00:52	229	
		5km - 00:25:44, 10km - 00:50:49, 15km - 01:16:28, 20km - 01:42:30, 21km - 01:48:17, 25km - 02:10:26, 30km - 02:42:37, 35km - 03:13:28, 40km - 03:46:12									
2495	5778	HAJ Tomasz	BUK		POL	M45	342	03:58:46	04:02:40		2266
		5km - 00:26:06, 10km - 00:51:37, 15km - 01:16:58, 20km - 01:43:04, 21km - 01:48:43, 25km - 02:09:34, 30km - 02:41:39, 35km - 03:13:43, 40km - 03:46:01									
2496	6539	KUBIAK Marcin	POZNAŃ	Joy Division	POL	M45	342	03:58:46	03:58:52		2266
		5km - 00:26:16, 10km - 00:52:55, 15km - 01:19:40, 20km - 01:46:55, 21km - 01:52:54, 25km - 02:15:17, 30km - 02:44:58, 35km - 03:15:29, 40km - 03:45:59									
2497	4109	NARLOCH Łukasz	GDYNIA	MaxyMilian Gdynia	POL	M30	857	03:58:46	04:03:58		2266
		5km - 00:28:12, 10km - 00:56:01, 15km - 01:23:40, 20km - 01:52:01, 21km - 01:58:13, 25km - 02:20:29, 30km - 02:49:32, 35km - 03:18:09, 40km - 03:46:38									
2498	115	SPENCER Richard	GNIEZNO	EnglishRunning	POL	M45	342	03:58:46	04:00:01		2266
		5km - 00:25:33, 10km - 00:50:47, 15km - 01:15:53, 20km - 01:41:32, 21km - 01:47:10, 25km - 02:08:07, 30km - 02:41:57, 35km - 03:18:45, 40km - 03:47:24									
2499	1904	ŚRUBAS Paweł	RADZIEJÓW	Urząd Miasta Radziejów / KS ZRYW Radziej	POL	M40	571	03:58:46	04:03:05		2266
		5km - 00:28:06, 10km - 00:56:35, 15km - 01:24:19, 20km - 01:52:20, 21km - 01:59:04, 25km - 02:21:09, 30km - 02:49:55, 35km - 03:18:43, 40km - 03:46:58									
2500	1694	DOROBA Bartłomiej	ALEKSANDRÓW ŁÓDZKI		POL	M18	266	03:58:47	04:01:19		2271
		5km - 00:25:01, 10km - 00:49:34, 15km - 01:13:43, 20km - 01:38:30, 21km - 01:44:01, 25km - 02:03:52, 30km - 02:31:57, 35km - 03:06:25, 40km - 03:41:45									
2501	5150	MUCHAJER Dawid	POZNAŃ		POL	M40	572	03:58:48	04:03:29		2272
		5km - 00:27:31, 10km - 00:55:02, 15km - 01:21:41, 20km - 01:48:58, 21km - 01:54:53, 25km - 02:16:37, 30km - 02:49:10, 35km - 03:17:42, 40km - 03:47:01									
2502	3881	JANKOWSKI Rafał	WAŁBRZYCH	Predators Wałbrzych	POL	M30	858	03:58:51	04:02:19		2273
		5km - 00:26:53, 10km - 00:53:29, 15km - 01:20:05, 20km - 01:46:34, 21km - 01:52:13, 25km - 02:13:10, 30km - 02:41:17, 35km - 03:11:28, 40km - 03:44:51									
2503	5742	LEWANDOWSKI Paweł	LUBOŃ		POL	M30	858	03:58:51	04:02:46		2273
		5km - 00:26:30, 10km - 00:53:13, 15km - 01:19:48, 20km - 01:46:17, 21km - 01:52:15, 25km - 02:13:26, 30km - 02:42:33, 35km - 03:14:52, 40km - 03:46:33									
2504	4217	ZABIELSKI Grzegorz	LUBLIN	UMCS Biega	POL	M40	573	03:58:51	04:02:58		2273
		5km - 00:27:44, 10km - 00:55:26, 15km - 01:22:35, 20km - 01:50:32, 21km - 01:56:45, 25km - 02:19:01, 30km - 02:48:10, 35km - 03:17:49, 40km - 03:46:39									
2505	3561	APOLINARSKI Szymon	BUKÓWIEC GÓRNY		POL	M18	267	03:58:52	04:00:31		2276
		5km - 00:25:53, 10km - 00:51:56, 15km - 01:17:36, 20km - 01:43:58, 21km - 01:49:48, 25km - 02:10:56, 30km - 02:40:37, 35km - 03:11:47, 40km - 03:45:35									
2506	2928	Zawodnik anonimowy				M45	345	03:58:53	04:01:52		2277
		5km - 00:27:55, 10km - 00:55:28, 15km - 01:22:40, 20km - 01:49:19, 21km - 01:55:09, 25km - 02:16:23, 30km - 02:43:55, 35km - 03:13:28, 40km - 03:45:14									
2507	3223	DZIEŻA Robert	BOCHNIA	Żubry Bochnia	POL	M40	574	03:58:55	04:00:30		2278
		5km - 00:27:23, 10km - 00:55:03, 15km - 01:22:02, 20km - 01:49:20, 21km - 01:55:18, 25km - 02:16:50, 30km - 02:45:23, 35km - 03:15:27, 40km - 03:45:58									
2508	3220	HEŁMECKI Rafał	STARY WIŚNICZ	ŻUBRY BOCHNIA	POL	M40	574	03:58:55	04:00:30		2278
		5km - 00:27:23, 10km - 00:55:04, 15km - 01:22:24, 20km - 01:49:21, 21km - 01:55:18, 25km - 02:16:52, 30km - 02:45:25, 35km - 03:15:27, 40km - 03:46:01									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
2509	4946	JACKOWSKI Daniel	MIĘDZYRZECZ	Kasztelanka Międzyrzecz	POL	M30	860	03:58:57	04:04:04		2280
		5km - 00:27:44, 10km - 00:55:21, 15km - 01:22:30, 20km - 01:50:00, 21km - 01:55:58, 25km - 02:17:32, 30km - 02:46:39, 35km - 03:16:44, 40km - 03:46:36									
2510	2214	JARCZYŃSKI Sławomir	ROKIETNICA		POL	M50	126	03:58:57	04:01:30		2280
		5km - 00:26:39, 10km - 00:54:00, 15km - 01:20:36, 20km - 01:47:19, 21km - 01:53:04, 25km - 02:14:11, 30km - 02:43:52, 35km - 03:15:07, 40km - 03:46:13									
2511	4324	NOWICKI Paweł	KOSTRZYN		POL	M40	576	03:58:57	04:02:11		2280
		5km - 00:25:38, 10km - 00:51:35, 15km - 01:17:38, 20km - 01:44:02, 21km - 01:50:06, 25km - 02:10:45, 30km - 02:38:08, 35km - 03:08:56, 40km - 03:45:02									
2512	5761	SZUKAŁA Wiesław	ZALASEWO	PIWNA STOPA	POL	M50	126	03:58:57	04:00:03		2280
		5km - 00:26:26, 10km - 00:53:01, 15km - 01:19:55, 20km - 01:47:24, 21km - 01:53:22, 25km - 02:15:11, 30km - 02:44:14, 35km - 03:13:57, 40km - 03:45:29									
2513	7131	TOBOŁA Dariusz	GNIEZNO	ALTOM GNIEZNO	POL	M45	346	03:58:58	04:02:03		2284
		5km - 00:26:29, 10km - 00:52:36, 15km - 01:18:07, 20km - 01:44:43, 21km - 01:50:36, 25km - 02:11:13, 30km - 02:40:07, 35km - 03:12:45, 40km - 03:44:17									
2514	5122	IGNACZYNSKI Dariusz	SOCHACZEW		POL	M30	861	03:59:00	04:03:33		2285
		5km - 00:26:39, 10km - 00:53:16, 15km - 01:19:51, 20km - 01:46:49, 21km - 01:52:45, 25km - 02:14:23, 30km - 02:44:30, 35km - 03:14:32, 40km - 03:46:36									
2515	2334	SIONKIEWICZ Tomasz	WROCŁAW	PRO-RUN Wrocław	POL	M40	577	03:59:00	04:02:44		2285
		5km - 00:25:42, 10km - 00:51:14, 15km - 01:16:17, 20km - 01:42:15, 21km - 01:47:45, 25km - 02:08:07, 30km - 02:37:27, 35km - 03:10:47, 40km - 03:44:32									
2516	5924	KUBIAK Patryk	POZNAŃ		POL	M30	862	03:59:01	04:03:09		2287
		5km - 00:28:22, 10km - 00:56:12, 15km - 01:24:14, 20km - 01:52:32, 21km - 01:58:29, 25km - 02:20:21, 30km - 02:48:50, 35km - 03:17:07, 40km - 03:47:02									
2517	4098	PIETZ Mikołaj	POZNAŃ	Cytadela by Night	POL	M40	578	03:59:01	04:03:50		2287
		5km - 00:28:28, 10km - 00:56:37, 15km - 01:24:11, 20km - 01:52:42, 21km - 01:58:51, 25km - 02:21:05, 30km - 02:49:51, 35km - 03:18:36, 40km - 03:46:56									
2518	3523	SOROKA Paweł	DĄBRÓWKA	Pan tu nie stał	POL	M40	578	03:59:01	04:03:56		2287
		5km - 00:28:30, 10km - 00:56:20, 15km - 01:23:59, 20km - 01:52:29, 21km - 01:58:37, 25km - 02:20:52, 30km - 02:50:06, 35km - 03:18:30, 40km - 03:46:48									
2519	173	FOJCIK-PUSTELNIK Karolina	RYDUŁTOWY	Hónym do mety	POL	K40	47	03:59:02	04:04:09	230	
		5km - 00:28:05, 10km - 00:56:01, 15km - 01:23:49, 20km - 01:51:33, 21km - 01:57:45, 25km - 02:20:12, 30km - 02:49:36, 35km - 03:18:28, 40km - 03:47:10									
2520	5654	GUZIKIEWICZ Marcin	GOLENIÓW	Rozbiegany Goleniów	POL	M40	580	03:59:02	04:01:08		2290
		5km - 00:24:37, 10km - 00:49:25, 15km - 01:14:14, 20km - 01:39:25, 21km - 01:44:42, 25km - 02:04:33, 30km - 02:34:18, 35km - 03:07:31, 40km - 03:43:56									
2521	6847	PIKIEWICZ Bartłomiej	KATOWICE	Snails of Doom	POL	M30	863	03:59:03	04:04:21		2291
		5km - 00:28:49, 10km - 00:57:35, 15km - 01:26:16, 20km - 01:55:14, 21km - 02:01:19, 25km - 02:23:30, 30km - 02:51:29, 35km - 03:19:17, 40km - 03:47:02									
2522	4451	SZARSZEWSKA Natalia	GDAŃSK		POL	K18	42	03:59:04	04:04:23	231	
		5km - 00:28:48, 10km - 00:57:38, 15km - 01:26:15, 20km - 01:55:12, 21km - 02:01:18, 25km - 02:23:28, 30km - 02:51:28, 35km - 03:19:17, 40km - 03:47:11									
2523	1583	WOŹNIAK Patryk	POZNAŃ		POL	M18	268	03:59:04	04:07:15		2292
		5km - 00:28:48, 10km - 00:56:52, 15km - 01:24:25, 20km - 01:52:31, 21km - 01:58:40, 25km - 02:20:44, 30km - 02:49:54, 35km - 03:18:13, 40km - 03:47:34									
2524	1175	SPICZAK-BRZEZINSKI Michał	JASIN		POL	M30	864	03:59:05	04:02:12		2293
		5km - 00:26:41, 10km - 00:53:27, 15km - 01:20:12, 20km - 01:46:53, 21km - 01:52:40, 25km - 02:14:16, 30km - 02:43:04, 35km - 03:13:30, 40km - 03:45:08									
2525	6776	CHABOWSKA Karolina	KOŁOBRZEG	KB Wygan	POL	K30	112	03:59:06	04:01:23	232	
		5km - 00:27:11, 10km - 00:54:27, 15km - 01:21:43, 20km - 01:49:09, 21km - 01:55:07, 25km - 02:17:20, 30km - 02:46:51, 35km - 03:16:41, 40km - 03:46:33									
2526	3636	MYRCIK Bernard	TARNOWSKIE GÓRY	1971	POL	M45	347	03:59:06	04:03:12		2294
		5km - 00:26:42, 10km - 00:53:50, 15km - 01:20:19, 20km - 01:47:24, 21km - 01:53:22, 25km - 02:15:09, 30km - 02:44:45, 35km - 03:16:13, 40km - 03:46:13									
2527	6593	TOMCZAK Krystian	POZNAŃ		POL	M18	269	03:59:06	04:07:16		2294
		5km - 00:28:48, 10km - 00:56:52, 15km - 01:24:26, 20km - 01:52:32, 21km - 01:58:59, 25km - 02:20:45, 30km - 02:49:55, 35km - 03:18:13, 40km - 03:47:32									
2528	76	FRAŃSKI Łukasz	NOWY TOMYŚL	NKB Chyży Nowy Tomyśl	POL	M40	581	03:59:07	04:01:08		2296
		5km - 00:26:12, 10km - 00:52:22, 15km - 01:18:12, 20km - 01:45:40, 21km - 01:52:07, 25km - 02:14:35, 30km - 02:46:08, 35km - 03:16:24, 40km - 03:46:58									
2529	3197	JASKOT Mariusz	LEGNICA		POL	M18	270	03:59:08	04:03:34		2297
		5km - 00:25:39, 10km - 00:50:50, 15km - 01:14:42, 20km - 01:39:21, 21km - 01:44:54, 25km - 02:05:05, 30km - 02:32:41, 35km - 03:05:28, 40km - 03:43:32									
2530	4807	GRZEGORCZYK Daniel	POZNAN	Bieniasz Rowerownia Team	POL	M30	865	03:59:09	04:04:22		2298
		5km - 00:28:21, 10km - 00:56:24, 15km - 01:24:13, 20km - 01:52:24, 21km - 01:58:40, 25km - 02:20:59, 30km - 02:49:55, 35km - 03:18:34, 40km - 03:47:20									
2531	3980	JANIK Sergiusz	ZAWIERCIE		POL	M30	865	03:59:09	04:01:56		2298
		5km - 00:28:09, 10km - 00:56:18, 15km - 01:24:22, 20km - 01:52:30, 21km - 01:58:37, 25km - 02:20:36, 30km - 02:48:54, 35km - 03:17:18, 40km - 03:46:17									
2532	4921	FISZER Rafał	IŁOWA	Szalony Wąż	POL	M18	271	03:59:10	04:03:02		2300
		5km - 00:26:56, 10km - 00:54:18, 15km - 01:21:24, 20km - 01:48:38, 21km - 01:54:28, 25km - 02:16:10, 30km - 02:44:48, 35km - 03:15:20, 40km - 03:47:33									
2533	6722	KACZOROWSKI Marcin	LEGNICA		POL	M45	348	03:59:11	03:59:55		2301
		5km - 00:22:58, 10km - 00:46:05, 15km - 01:09:14, 20km - 01:35:39, 21km - 01:43:51, 25km - 02:05:52, 30km - 02:39:42, 35km - 03:15:21, 40km - 03:47:28									
2534	1158	RACZYŃSKI Marcin	TRZEBNICA	Race Challenge	POL	M45	349	03:59:12	04:00:33		2302
		5km - 00:26:55, 10km - 00:53:34, 15km - 01:20:08, 20km - 01:47:09, 21km - 01:53:09, 25km - 02:15:02, 30km - 02:44:26, 35km - 03:15:49, 40km - 03:46:43									
2535	4623	SOBIERAJ Michal	POZNAN	Team Biegunka	POL	M30	867	03:59:12	04:04:21		2302
		5km - 00:28:20, 10km - 00:56:12, 15km - 01:23:52, 20km - 01:52:18, 21km - 01:58:28, 25km - 02:20:48, 30km - 02:49:09, 35km - 03:17:48, 40km - 03:46:41									
2536	3062	MIADZIELEC Artur	KRAKÓW		POL	M30	868	03:59:13	04:02:44		2304
		5km - 00:27:34, 10km - 00:55:33, 15km - 01:23:31, 20km - 01:51:22, 21km - 01:57:28, 25km - 02:19:45, 30km - 02:49:00, 35km - 03:17:23, 40km - 03:47:31									
2537	6063	TUREK Magdalena	CZEMPIŃ	ChampionMan Team	POL	K30	113	03:59:13	04:00:48	233	
		5km - 00:27:12, 10km - 00:54:59, 15km - 01:22:28, 20km - 01:50:13, 21km - 01:56:23, 25km - 02:18:21, 30km - 02:46:59, 35km - 03:16:11, 40km - 03:46:34									
2538	1599	CHEBOTOV Evgeny	KALININGRAD	No	RUS	M30	869	03:59:14	04:02:46		2305
		5km - 00:26:46, 10km - 00:53:45, 15km - 01:20:03, 20km - 01:46:16, 21km - 01:51:58, 25km - 02:12:37, 30km - 02:39:29, 35km - 03:07:21, 40km - 03:40:10									
2539	6868	WÓJCICKI Kamil	LISIĘCICE		POL	M18	272	03:59:14	04:04:27		2305
		5km - 00:28:18, 10km - 00:56:00, 15km - 01:23:42, 20km - 01:52:06, 21km - 01:58:18, 25km - 02:20:34, 30km - 02:49:39, 35km - 03:18:19, 40km - 03:47:21									
2540	5985	WASIŃSKI Artur	SULECHÓW		POL	M40	582	03:59:16	04:02:16		2307
		5km - 00:25:16, 10km - 00:50:00, 15km - 01:14:25, 20km - 01:39:31, 21km - 01:45:29, 25km - 02:06:09, 30km - 02:36:31, 35km - 03:10:09, 40km - 03:45:05									
2541	926	OKORSKA-BOMBIŃSKA Basia	RADOM	PKO Bank Polski	POL	K30	114	03:59:18	04:01:07	234	
		5km - 00:27:16, 10km - 00:54:46, 15km - 01:21:40, 20km - 01:49:44, 21km - 01:56:12, 25km - 02:18:41, 30km - 02:48:51, 35km - 03:19:03, 40km - 03:47:43									
2542	6599	ŁUKASZCZYK-NOWAKOWSKA Izabela	KRAKÓW	Klub Biegacza AZS UEK	POL	K45	24	03:59:18	04:01:19	234	
		5km - 00:28:54, 10km - 00:58:07, 15km - 01:25:46, 20km - 01:54:14, 21km - 02:00:17, 25km - 02:22:03, 30km - 02:50:30, 35km - 03:18:41, 40km - 03:47:44									
2543	3727	SLOTALA Dariusz	ZAKRZEWO	KLUB 366	POL	M55	71	03:59:19	04:02:27		2308
		5km - 00:27:14, 10km - 00:54:02, 15km - 01:20:45, 20km - 01:47:38, 21km - 01:53:29, 25km - 02:15:19, 30km - 02:45:34, 35km - 03:15:02, 40km - 03:45:44									
2544	6475	WYSOCKI Andrzej	POZNAŃ		POL	M40	583	03:59:20	04:00:04		2309
		5km - 00:25:19, 10km - 00:50:11, 15km - 01:14:47, 20km - 01:40:05, 21km - 01:45:50, 25km - 02:06:53, 30km - 02:40:11, 35km - 03:13:55, 40km - 03:47:13									
2545	2993	BEDNARKIEWICZ Patryk	POZNAŃ		POL	M18	273	03:59:22	04:04:58		2310
		5km - 00:27:37, 10km - 00:54:57, 15km - 01:22:11, 20km - 01:50:32, 21km - 01:56:27, 25km - 02:17:38, 30km - 02:45:26, 35km - 03:15:04, 40km - 03:47:28									
2546	6407	DYMARSKA Irmina	TULISZKÓW	Krotoszyńska Grupa Biegowa	POL	K30	115	03:59:23	04:01:28	236	
		5km - 00:26:52, 10km - 00:54:12, 15km - 01:21:38, 20km - 01:49:14, 21km - 01:55:20, 25km - 02:17:14, 30km - 02:46:01, 35km - 03:15:31, 40km - 03:46:30									
2547	1210	WACHOWIAK Rafał	KOŚCIAN	Kościan Team	POL	M45	350	03:59:23	04:02:21		2311
		5km - 00:24:50, 10km - 00:49:43, 15km - 01:15:13, 20km - 01:41:55, 21km - 01:48:24, 25km - 02:10:15, 30km - 02:42:55, 35km - 03:16:13, 40km - 03:46:17									
2548	922	BYCZYK Jacek	POZNAŃ		POL	M55	72	03:59:24	04:00:35		2312
		5km - 00:25:19, 10km - 00:51:51, 15km - 01:17:30, 20km - 01:44:05, 21km - 01:50:35, 25km - 02:11:53, 30km - 02:43:28, 35km - 03:13:30, 40km - 03:45:36									
2549	6607	DRABARZ Michał	SZCZECIN	Zawadzkiego Szczecin	POL	M40	584	03:59:24	04:03:12		2312
		5km - 00:28:56, 10km - 00:57:48, 15km - 01:26:08, 20km - 01:54:07, 21km - 02:00:13, 25km - 02:22:27, 30km - 02:51:00, 35km - 03:19:40, 40km - 03:47:45									
2550	2847	LEMAN Maciej	POZNAŃ	PGB Sportowa Paczka / Drużyna Szpiku	POL	M45	351	03:59:24	04:03:44		2312
		5km - 00:26:45, 10km - 00:53:14, 15km - 01:20:02, 20km - 01:47:19, 21km - 01:56:07, 25km - 02:15:42, 30km - 02:43:21, 35km - 03:14:42, 40km - 03:47:19									
2551	4464	LUBAS Rafał	GRYFINO	PGE Dolna Odra	POL	M40	584	03:59:24	04:04:16		2312
		5km - 00:28:41, 10km - 00:57:25, 15km - 01:25:21, 20km - 01:53:45, 21km - 01:59:48, 25km - 02:21:42, 30km - 02:50:43, 35km - 03:18:52, 40km - 03:47:36									
2552	6837	FLASIŃSKI Tomasz	CHRZANÓW	ParkRun Chrzanów	POL	M30	870	03:59:25	04:04:58		2316
		5km - 00:28:08, 10km - 00:56:16, 15km - 01:24:13, 20km - 01:52:25, 21km - 01:58:29, 25km - 02:20:54, 30km - 02:48:42, 35km - 03:17:15, 40km - 03:46:46									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
2553	7230	MAIK Dorota	DOPIEWO		POL	K40	48	03:59:26	04:04:44	237	
		5km - 00:28:48, 10km - 00:57:22, 15km - 01:25:58, 20km - 01:54:46, 21km - 02:01:04, 25km - 02:23:12, 30km - 02:51:29, 35km - 03:19:43, 40km - 03:48:06									
2554	6440	MULARSKI Aleksander	ZAKRZEWO		POL	M30	871	03:59:26	04:02:24		2317
		5km - 00:28:39, 10km - 00:57:03, 15km - 01:24:39, 20km - 01:52:24, 21km - 01:58:12, 25km - 02:20:07, 30km - 02:48:19, 35km - 03:16:28, 40km - 03:47:23									
2555	582	GRABOWSKA Karolina	WARSZAWA	Gazella Team	POL	K45	25	03:59:27	04:04:40	238	
		5km - 00:28:07, 10km - 00:55:52, 15km - 01:23:16, 20km - 01:51:04, 21km - 01:57:00, 25km - 02:18:53, 30km - 02:47:58, 35km - 03:17:40, 40km - 03:47:13									
2556	6603	PIETRUSZEWSKI Piotr	POZNAŃ	Zeniton Team	POL	M30	872	03:59:27	04:00:47		2318
		5km - 00:25:18, 10km - 00:50:29, 15km - 01:15:20, 20km - 01:40:58, 21km - 01:46:51, 25km - 02:08:45, 30km - 02:38:43, 35km - 03:13:19, 40km - 03:46:41									
2557	5191	KLOCEK Jerzy	KRAKÓW		POL	M45	352	03:59:28	04:01:27		2319
		5km - 00:26:58, 10km - 00:53:34, 15km - 01:19:32, 20km - 01:46:19, 21km - 01:52:13, 25km - 02:13:24, 30km - 02:42:17, 35km - 03:13:13, 40km - 03:45:35									
2558	1501	MAŁKOWSKI Piotr	KOŚCIAN		POL	M65	9	03:59:28	04:03:37		2319
		5km - 00:27:21, 10km - 00:55:10, 15km - 01:22:46, 20km - 01:51:06, 21km - 01:57:08, 25km - 02:19:01, 30km - 02:48:19, 35km - 03:17:40, 40km - 03:47:07									
2559	1500	MAŁKOWSKI Andrzej	ZALESIE GÓRNE		POL	M30	873	03:59:29	04:03:38		2321
		5km - 00:27:21, 10km - 00:55:09, 15km - 01:22:47, 20km - 01:50:56, 21km - 01:57:39, 25km - 02:19:03, 30km - 02:48:20, 35km - 03:17:18, 40km - 03:47:00									
2560	170	Zawodnik anonimowy				M40	586	03:59:29	04:03:38		2321
		5km - 00:27:22, 10km - 00:55:10, 15km - 01:22:47, 20km - 01:51:06, 21km - 01:57:09, 25km - 02:19:03, 30km - 02:48:20, 35km - 03:17:40, 40km - 03:47:07									
2561	5672	HAUSER-GIERS Monika	NOWY LUBOSZ	Kościan Team	POL	K30	116	03:59:30	04:03:48	239	
		5km - 00:27:21, 10km - 00:54:52, 15km - 01:22:04, 20km - 01:49:16, 21km - 01:55:12, 25km - 02:16:30, 30km - 02:45:07, 35km - 03:15:24, 40km - 03:47:09									
2562	4284	WIECZOREK Krzysztof	POZNAN		POL	M40	587	03:59:30	04:05:39		2323
		5km - 00:28:46, 10km - 00:57:14, 15km - 01:25:20, 20km - 01:53:59, 21km - 02:00:03, 25km - 02:22:14, 30km - 02:50:42, 35km - 03:18:38, 40km - 03:47:12									
2563	1247	WESOŁOWSKI Marcin	SADLNO		POL	M30	874	03:59:32	04:02:24		2324
		5km - 00:24:39, 10km - 00:51:21, 15km - 01:15:39, 20km - 01:40:31, 21km - 01:45:54, 25km - 02:05:25, 30km - 02:31:33, 35km - 03:02:50, 40km -									
2564	6142	Zawodnik anonimowy				M50	128	03:59:32	04:03:03		2324
		5km - 00:27:20, 10km - 00:54:53, 15km - 01:22:03, 20km - 01:51:16, 21km - 01:57:21, 25km - 02:19:23, 30km - 02:48:42, 35km - 03:18:04, 40km - 03:47:27									
2565	4135	BOROWIECKI Piotr	KRAKÓW	APIWAST KRAKÓW	POL	M55	73	03:59:33	04:03:18		2326
		5km - 00:26:52, 10km - 00:54:00, 15km - 01:20:59, 20km - 01:48:45, 21km - 01:54:49, 25km - 02:17:02, 30km - 02:47:01, 35km - 03:16:36, 40km - 03:46:40									
2566	4897	NIEDZIELAK Łukasz	TRZEBUŃ	BHT Petra Płock	POL	M18	274	03:59:34	04:04:10		2327
		5km - 00:27:32, 10km - 00:54:25, 15km - 01:21:19, 20km - 01:48:50, 21km - 01:55:05, 25km - 02:16:31, 30km - 02:45:19, 35km - 03:17:04, 40km - 03:47:21									
2567	6502	PINIARSKI Paweł	MOGILNO	Mogilno Team	POL	M30	875	03:59:34	04:00:36		2327
		5km - 00:24:55, 10km - 00:49:56, 15km - 01:14:24, 20km - 01:39:32, 21km - 01:44:54, 25km - 02:04:36, 30km - 02:31:28, 35km - 03:09:13, 40km - 03:44:35									
2568	6336	LESZCZAK Grzegorz	DĄBROWA GÓRNICZA		POL	M45	353	03:59:35	04:03:06		2329
		5km - 00:26:52, 10km - 00:53:39, 15km - 01:20:13, 20km - 01:46:53, 21km - 01:52:41, 25km - 02:13:49, 30km - 02:42:55, 35km - 03:15:35, 40km - 03:48:14									
2569	5426	MAĆKOWIAK Renata	POZNAŃ	Lidl Polska	POL	K30	117	03:59:35	04:03:57	240	
		5km - 00:26:54, 10km - 00:53:45, 15km - 01:20:11, 20km - 01:48:41, 21km - 01:54:49, 25km - 02:16:56, 30km - 02:45:50, 35km - 03:16:47, 40km - 03:47:28									
2570	4822	PAWŁOWSKI Ariel	PIŁA	RKM Siekiera Piła	POL	M18	275	03:59:35	04:03:18		2329
		5km - 00:26:36, 10km - 00:53:09, 15km - 01:18:46, 20km - 01:45:03, 21km - 01:50:49, 25km - 02:12:32, 30km - 02:43:20, 35km - 03:17:18, 40km - 03:47:55									
2571	5908	RUDNICKI Paweł	KROTOSZYN		POL	M45	353	03:59:35	04:01:40		2329
		5km - 00:26:49, 10km - 00:53:56, 15km - 01:21:38, 20km - 01:49:40, 21km - 01:55:41, 25km - 02:17:34, 30km - 02:46:45, 35km - 03:16:39, 40km - 03:46:30									
2572	3997	WOŹNICA Andrzej	WILCZYCE	PRO RUN WROCŁAW	POL	M45	353	03:59:35	04:01:54		2329
		5km - 00:26:11, 10km - 00:51:43, 15km - 01:17:13, 20km - 01:43:42, 21km - 01:49:33, 25km - 02:10:58, 30km - 02:41:01, 35km - 03:13:19, 40km - 03:45:30									
2573	4909	GLESZCZYŃSKI Michał	GDAŃSK		POL	M30	876	03:59:37	04:01:29		2333
		5km - 00:26:06, 10km - 00:51:44, 15km - 01:17:12, 20km - 01:43:13, 21km - 01:49:04, 25km - 02:10:05, 30km - 02:40:19, 35km - 03:14:15, 40km - 03:48:04									
2574	81	HYRNIK Wojciech	TYCHY		POL	M30	876	03:59:37	04:01:02		2333
		5km - 00:25:14, 10km - 00:50:34, 15km - 01:15:34, 20km - 01:41:35, 21km - 01:47:27, 25km - 02:08:47, 30km - 02:38:34, 35km - 03:11:59, 40km - 03:47:52									
2575	372	NAWROCKI Przemek	KATOWICE	Silesia Marathon Team	POL	M40	588	03:59:38	04:04:55		2335
		5km - 00:28:50, 10km - 00:57:34, 15km - 01:26:18, 20km - 01:55:14, 21km - 02:01:20, 25km - 02:23:30, 30km - 02:51:30, 35km - 03:19:19, 40km - 03:47:12									
2576	7290	IŁOWIECKI Dominik	POZNAŃ	NBR Team	POL	M40	589	03:59:39	04:04:52		2336
		5km - 00:28:22, 10km - 00:56:07, 15km - 01:24:13, 20km - 01:52:23, 21km - 01:58:38, 25km - 02:20:55, 30km - 02:49:48, 35km - 03:18:13, 40km - 03:46:25									
2577	6505	KRZYŻANOWSKI Łukasz	WARSZAWA	Accenture	POL	M30	878	03:59:39	04:03:13		2336
		5km - 00:26:37, 10km - 00:53:10, 15km - 01:19:31, 20km - 01:46:00, 21km - 01:51:38, 25km - 02:12:23, 30km - 02:40:00, 35km - 03:12:14, 40km - 03:46:54									
2578	2850	LESIUK Katarzyna	LUBOŃ		POL	K30	118	03:59:39	04:04:11	241	
		5km - 00:27:48, 10km - 00:55:16, 15km - 01:22:35, 20km - 01:50:08, 21km - 01:56:07, 25km - 02:17:56, 30km - 02:46:40, 35km - 03:16:09, 40km - 03:47:22									
2579	5855	CZOSNYKA Adrian	TARNÓW	Ekipa z Tarnowa	POL	M40	590	03:59:44	04:03:10		2338
		5km - 00:26:41, 10km - 00:53:33, 15km - 01:20:16, 20km - 01:46:53, 21km - 01:52:30, 25km - 02:13:14, 30km - 02:40:00, 35km - 03:09:52, 40km - 03:43:06									
2580	7204	KUBISZYN Paweł	WAŁBRZYCH	Pomidorowa Alternatywa	POL	M30	879	03:59:44	04:03:14		2338
		5km - 00:27:28, 10km - 00:55:43, 15km - 01:22:39, 20km - 01:50:48, 21km - 01:58:12, 25km - 02:19:29, 30km - 02:48:46, 35km - 03:18:07, 40km - 03:47:53									
2581	2840	JAKUSZEK Paweł	PIASKI	PGB Sportowa Paczka	POL	M40	591	03:59:45	04:00:53		2340
		5km - 00:26:03, 10km - 00:52:44, 15km - 01:18:41, 20km - 01:45:53, 21km - 01:51:58, 25km - 02:13:28, 30km - 02:43:17, 35km - 03:15:37, 40km - 03:47:14									
2582	4253	KOZŁOWSKI Tomasz	LESZNO	LeszNo Limits Runners	POL	M45	356	03:59:45	04:02:42		2340
		5km - 00:26:01, 10km - 00:52:06, 15km - 01:17:40, 20km - 01:43:55, 21km - 01:49:45, 25km - 02:10:51, 30km - 02:40:57, 35km - 03:13:03, 40km - 03:46:33									
2583	955	PAJĄK Marcin	ROKIETNICA		POL	M40	591	03:59:45	04:03:10		2340
		5km - 00:26:46, 10km - 00:53:32, 15km - 01:20:18, 20km - 01:46:47, 21km - 01:52:40, 25km - 02:14:02, 30km - 02:43:27, 35km - 03:13:19, 40km - 03:46:43									
2584	1085	ANTKOWIAK Monika	MUROWANA GOŚLINA	Muay running team	POL	K30	119	03:59:46	04:01:54	242	
		5km - 00:27:08, 10km - 00:54:18, 15km - 01:21:18, 20km - 01:48:21, 21km - 01:54:05, 25km - 02:15:31, 30km - 02:44:17, 35km - 03:15:30, 40km - 03:47:11									
2585	4277	GRZYWACZ Rafał	POZNAŃ		POL	M30	880	03:59:46	04:04:59		2343
		5km - 00:28:22, 10km - 00:56:15, 15km - 01:24:03, 20km - 01:52:15, 21km - 01:58:15, 25km - 02:20:30, 30km - 02:49:21, 35km - 03:18:15, 40km - 03:47:37									
2586	5978	NAKONOWSKI Marcin	ZAKRZEWO	Zakrzewo	POL	M40	593	03:59:46	04:02:12		2343
		5km - 00:27:03, 10km - 00:53:40, 15km - 01:19:37, 20km - 01:46:16, 21km - 01:52:50, 25km - 02:14:07, 30km - 02:43:03, 35km - 03:14:53, 40km - 03:47:26									
2587	5973	GOLAŃSKI Michał	SWARZĘDZ		POL	M30	881	03:59:47	04:02:56		2345
		5km - 00:25:10, 10km - 00:50:36, 15km - 01:15:24, 20km - 01:41:49, 21km - 01:48:35, 25km - 02:10:52, 30km - 02:42:38, 35km - 03:16:09, 40km - 03:47:36									
2588	3670	HEJNAR Jerzy	GIEBUŁTÓW	PGE RUN OBRÓT	POL	M50	129	03:59:47	04:03:28		2345
		5km - 00:26:42, 10km - 00:53:21, 15km - 01:20:40, 20km - 01:46:45, 21km - 01:52:32, 25km - 02:14:08, 30km - 02:43:52, 35km - 03:15:54, 40km - 03:47:41									
2589	2761	ŁAZOWSKI Adrian	OBORNIKI	SKS Oborniki	POL	M18	276	03:59:47	04:00:38		2345
		5km - 00:24:46, 10km - 00:49:19, 15km - 01:13:42, 20km - 01:38:52, 21km - 01:44:48, 25km - 02:05:21, 30km - 02:36:52, 35km - 03:10:31, 40km - 03:45:33									
2590	4132	CHWIEJDA Barbara	BIELSKO-BIAŁA		POL	K30	120	03:59:48	04:05:37	243	
		5km - 00:29:48, 10km - 00:59:57, 15km - 01:28:59, 20km - 01:57:28, 21km - 02:03:34, 25km - 02:24:46, 30km - 02:52:17, 35km - 03:19:44, 40km - 03:48:11									
2591	5657	KŁOPOCKI Tomasz	KROTOSZYN		POL	M30	882	03:59:48	04:01:53		2348
		5km - 00:26:54, 10km - 00:54:01, 15km - 01:20:46, 20km - 01:47:49, 21km - 01:53:49, 25km - 02:14:54, 30km - 02:45:10, 35km - 03:16:22, 40km - 03:47:35									
2592	4186	MIODOŃSKI Jan	WARSZAWA		POL	M18	277	03:59:48	04:03:37		2348
		5km - 00:26:21, 10km - 00:52:34, 15km - 01:18:53, 20km - 01:45:24, 21km - 01:51:25, 25km - 02:13:08, 30km - 02:42:40, 35km - 03:13:27, 40km - 03:46:38									
2593	7291	ŁOJKO Michał Esteban	DRZONKÓW	Rajtarowianka Drzonków	POL	M30	882	03:59:48	04:05:20		2348
		5km - 00:27:57, 10km - 00:55:49, 15km - 01:24:11, 20km - 01:52:23, 21km - 01:58:36, 25km - 02:20:52, 30km - 02:49:55, 35km - 03:18:46, 40km - 03:47:11									
2594	7292	ADAMOWYCZ Bogusław	BOJADŁA	Bojadelska Brać Biegowa	POL	M55	74	03:59:51	04:04:58		2351
		5km - 00:28:22, 10km - 00:56:24, 15km - 01:24:36, 20km - 01:52:48, 21km - 01:58:58, 25km - 02:21:17, 30km - 02:50:14, 35km - 03:18:52, 40km - 03:47:14									
2595	6252	CHRUSZCZ Maciej	POZAN	AM STUDIO	POL	M50	130	03:59:51	04:00:37		2351
		5km - 00:25:12, 10km - 00:50:45, 15km - 01:16:40, 20km - 01:43:38, 21km - 01:49:34, 25km - 02:11:43, 30km - 02:41:39, 35km - 03:12:18, 40km - 03:45:39									
2596	5435	ROSIŃSKI Patryk	BARANOWO	Ostoya Team	POL	M18	278	03:59:51	04:03:41		2351
		5km - 00:27:02, 10km - 00:54:18, 15km - 01:20:52, 20km - 01:48:05, 21km - 01:54:12, 25km - 02:15:50, 30km - 02:45:40, 35km - 03:15:44, 40km - 03:46:30									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
2597	2777	TWARDOWSKI Przemysław	KOZIEGŁOWY		POL	M40	594	03:59:52	04:05:40		2354
		5km - 00:28:21, 10km - 00:56:44, 15km - 01:25:06, 20km - 01:53:31, 21km - 01:59:40, 25km - 02:21:59, 30km - 02:50:42, 35km - 03:19:29, 40km - 03:48:00									
2598	7147	WOŹNIAK Ryszard	BORZYCHY	Politechnika Warszawska	POL	M45	357	03:59:52	04:05:14		2354
		5km - 00:27:36, 10km - 00:55:19, 15km - 01:22:26, 20km - 01:50:13, 21km - 01:56:15, 25km - 02:17:54, 30km - 02:48:10, 35km - 03:19:02, 40km - 03:48:03									
2599	4526	BUCHALSKI Rafał	LĄDEK	Rebellion of Free Runners	POL	M18	279	03:59:54	04:01:01		2356
		5km - 00:24:54, 10km - 00:49:37, 15km - 01:14:24, 20km - 01:39:59, 21km - 01:46:06, 25km - 02:08:02, 30km - 02:38:32, 35km - 03:12:48, 40km - 03:47:26									
2600	1963	SOWA Mateusz	SZCZECIN	Drużyna Szpiku / JW4531	POL	M30	884	03:59:54	04:01:57		2356
		5km - 00:26:14, 10km - 00:52:19, 15km - 01:18:10, 20km - 01:44:56, 21km - 01:50:50, 25km - 02:12:13, 30km - 02:41:23, 35km - 03:14:07, 40km - 03:47:10									
2601	3895	PIETRASZAK Maciej	SŁUPCA		POL	M45	358	03:59:55	04:05:43		2358
		5km - 00:27:50, 10km - 00:55:49, 15km - 01:23:32, 20km - 01:51:51, 21km - 01:58:07, 25km - 02:20:25, 30km - 02:49:16, 35km - 03:18:10, 40km - 03:47:51									
2602	3798	KURZACZ Orfeusz	PIŁA	4 Run Team Piła	POL	M45	359	03:59:57	04:00:51		2359
		5km - 00:24:49, 10km - 00:50:10, 15km - 01:14:57, 20km - 01:40:20, 21km - 01:46:10, 25km - 02:08:03, 30km - 02:37:40, 35km - 03:10:15, 40km - 03:46:45									
2603	4521	ORTON David	WARSZAWA		POL	M40	595	04:00:01	04:00:50		2360
		5km - 00:25:05, 10km - 00:50:49, 15km - 01:16:27, 20km - 01:42:51, 21km - 01:48:34, 25km - 02:10:00, 30km - 02:42:54, 35km - 03:16:01, 40km - 03:47:29									
2604	7293	PACHLA Jacek	SZAMOTUŁY	KB Szamotuły	POL	M45	360	04:00:02	04:05:23		2361
		5km - 00:29:07, 10km - 00:58:29, 15km - 01:27:05, 20km - 01:55:38, 21km - 02:01:48, 25km - 02:23:53, 30km - 02:51:52, 35km - 03:19:42, 40km - 03:47:39									
2605	820	PIERAŃSKI Adam	WARSZAWA	Vege Runners	POL	M55	75	04:00:02	04:01:25		2361
		5km - 00:26:33, 10km - 00:53:01, 15km - 01:19:10, 20km - 01:47:04, 21km - 01:53:09, 25km - 02:14:56, 30km - 02:44:28, 35km - 03:14:49, 40km - 03:47:01									
2606	6727	KRYGOWSKI Maciej	ZALASEWO		POL	M45	361	04:00:04	04:02:25		2363
		5km - 00:28:16, 10km - 00:56:03, 15km - 01:23:00, 20km - 01:51:20, 21km - 01:57:29, 25km - 02:19:41, 30km - 02:49:49, 35km - 03:20:43, 40km - 03:48:36									
2607	3977	RUCIŃSKI Marek	GDYNIA	VEL-DĄBRÓWNO	POL	M50	131	04:00:04	04:00:47		2363
		5km - 00:22:20, 10km - 00:44:26, 15km - 01:06:31, 20km - 01:29:29, 21km - 01:34:50, 25km - 01:54:36, 30km - 02:25:47, 35km - 03:03:42, 40km - 03:44:04									
2608	3347	KIEŁBOWICZ Aneta	GNIEZNO	Słynni Kenijczycy	POL	K30	121	04:00:05	04:04:30	244	
		5km - 00:27:30, 10km - 00:54:57, 15km - 01:22:15, 20km - 01:49:59, 21km - 01:56:05, 25km - 02:18:03, 30km - 02:47:33, 35km - 03:18:01, 40km - 03:48:05									
2609	3048	KRZYSZTOŃ Maciej	MUROWANA GOŚLINA	KB Gepard Murowana Goślina	POL	M40	596	04:00:05	04:00:32		2365
		5km - 00:24:24, 10km - 00:48:50, 15km - 01:12:48, 20km - 01:37:23, 21km - 01:42:28, 25km - 02:01:39, 30km - 02:26:40, 35km - 02:51:42, 40km - 03:17:00									
2610	1258	MILCZAREK Dominik	NOWA SUCHA		POL	M40	596	04:00:05	04:05:19		2365
		5km - 00:28:17, 10km - 00:56:12, 15km - 01:24:18, 20km - 01:52:22, 21km - 01:58:38, 25km - 02:20:57, 30km - 02:49:45, 35km - 03:18:25, 40km - 03:48:05									
2611	120	GOMOL Tomasz	ROKIETNICA		POL	M30	885	04:00:07	04:04:14		2367
		5km - 00:26:59, 10km - 00:53:43, 15km - 01:20:08, 20km - 01:46:42, 21km - 01:52:22, 25km - 02:13:33, 30km - 02:41:30, 35km - 03:11:33, 40km - 03:47:46									
2612	6766	SZYMIK Michał	RYBNIK		POL	M40	598	04:00:08	04:01:56		2368
		5km - 00:25:24, 10km - 00:50:59, 15km - 01:17:19, 20km - 01:44:44, 21km - 01:50:54, 25km - 02:13:21, 30km - 02:43:02, 35km - 03:14:20, 40km - 03:47:12									
2613	3295	CHOJECKA Weronika	BŁASZKI	Sieradzbiega	POL	K30	122	04:00:09	04:04:30	245	
		5km - 00:27:50, 10km - 00:55:09, 15km - 01:22:09, 20km - 01:49:44, 21km - 01:55:41, 25km - 02:17:18, 30km - 02:46:47, 35km - 03:16:45, 40km - 03:47:21									
2614	2766	JANAS Dobrochna	POZNAŃ		POL	K40	49	04:00:10	04:04:59	246	
		5km - 00:28:29, 10km - 00:56:41, 15km - 01:24:38, 20km - 01:52:47, 21km - 01:58:56, 25km - 02:21:13, 30km - 02:50:08, 35km - 03:18:37, 40km - 03:47:41									
2615	658	JEDRZEJEK Lukasz	POZNAN	DFDS Polska Running Team	POL	M30	886	04:00:10	04:03:55		2369
		5km - 00:26:44, 10km - 00:53:28, 15km - 01:20:11, 20km - 01:46:13, 21km - 01:51:57, 25km - 02:13:26, 30km - 02:42:59, 35km - 03:13:32, 40km - 03:46:37									
2616	2323	CHMIELEWSKA-BORUCH Milena	MRĄGOWO		POL	K30	123	04:00:11	04:07:17	247	
		5km - 00:28:43, 10km - 00:56:32, 15km - 01:24:19, 20km - 01:52:15, 21km - 01:58:17, 25km - 02:20:07, 30km - 02:48:07, 35km - 03:16:32, 40km - 03:47:07									
2617	6563	ROGALA Adam	STALOWA WOLA		POL	M55	76	04:00:11	04:01:30		2370
		5km - 00:26:21, 10km - 00:53:08, 15km - 01:19:31, 20km - 01:46:27, 21km - 01:52:24, 25km - 02:13:41, 30km - 02:42:02, 35km - 03:13:54, 40km - 03:47:47									
2618	4514	RULKA Kamil	WARSZAWA	JMDiF hebe	POL	M30	887	04:00:13	04:04:37		2371
		5km - 00:27:31, 10km - 00:54:51, 15km - 01:21:43, 20km - 01:49:28, 21km - 01:55:21, 25km - 02:18:00, 30km - 02:48:00, 35km - 03:17:58, 40km - 03:47:44									
2619	1470	KAMIŃSKI Andrzej Robert	OSTROŁĘKA	Starglass Team Ostrołęka	POL	M50	132	04:00:15	04:05:35		2372
		5km - 00:28:06, 10km - 00:55:55, 15km - 01:23:17, 20km - 01:51:01, 21km - 01:56:59, 25km - 02:18:47, 30km - 02:47:11, 35km - 03:15:26, 40km - 03:47:24									
2620	2680	KACZMAREK Grzegorz	MUROWANA GOŚLINA	Ticon	POL	M45	362	04:00:16	04:02:17		2373
		5km - 00:26:46, 10km - 00:52:42, 15km - 01:18:32, 20km - 01:44:18, 21km - 01:49:45, 25km - 02:10:33, 30km - 02:39:53, 35km - 03:14:26, 40km - 03:47:03									
2621	787	WIŚNIEWSKI Mariusz	DĄBROWA		POL	M40	599	04:00:17	04:01:42		2374
		5km - 00:27:07, 10km - 00:54:36, 15km - 01:21:45, 20km - 01:49:10, 21km - 01:55:02, 25km - 02:16:50, 30km - 02:45:46, 35km - 03:16:22, 40km - 03:48:01									
2622	306	MAŃKOWSKI Dariusz	JASTROWIE	100 MCP Jastrowie	POL	M50	133	04:00:18	04:04:27		2375
		5km - 00:26:14, 10km - 00:53:14, 15km - 01:20:14, 20km - 01:47:50, 21km - 01:53:51, 25km - 02:15:43, 30km - 02:45:23, 35km - 03:16:47, 40km - 03:47:40									
2623	3878	BARCZAK Tomasz	BYDGOSZCZ		POL	M45	363	04:00:20	04:04:43		2376
		5km - 00:28:37, 10km - 00:57:28, 15km - 01:26:40, 20km - 01:56:48, 21km - 02:03:18, 25km - 02:25:16, 30km - 02:53:44, 35km - 03:21:10, 40km - 03:49:08									
2624	5404	FICEK Paweł	PACZYNA		POL	M40	600	04:00:20	04:03:47		2376
		5km - 00:26:54, 10km - 00:53:46, 15km - 01:20:34, 20km - 01:47:25, 21km - 01:53:18, 25km - 02:14:15, 30km - 02:42:22, 35km - 03:13:05, 40km - 03:47:35									
2625	5356	MICHALAK Marcin	POZNAŃ		POL	M30	888	04:00:20	04:04:46		2376
		5km - 00:26:23, 10km - 00:52:31, 15km - 01:18:37, 20km - 01:45:44, 21km - 01:51:36, 25km - 02:13:12, 30km - 02:43:41, 35km - 03:15:12, 40km - 03:47:08									
2626	3568	SOBCZAK Mateusz	POZNAN		POL	M30	888	04:00:20	04:03:20		2376
		5km - 00:25:59, 10km - 00:51:47, 15km - 01:17:22, 20km - 01:43:12, 21km - 01:48:49, 25km - 02:09:09, 30km - 02:36:48, 35km - 03:08:48, 40km - 03:44:48									
2627	7237	BAKUN Monika	EŁK		POL	K18	43	04:00:22	04:06:34	248	
		5km - 00:28:52, 10km - 00:57:29, 15km - 01:26:07, 20km - 01:54:38, 21km - 02:00:47, 25km - 02:23:05, 30km - 02:51:35, 35km - 03:19:59, 40km - 03:48:18									
2628	1344	KAZAK Dzmitry	?????	DAR	BLR	M40	601	04:00:22	04:01:37		2380
		5km - 00:25:46, 10km - 00:51:35, 15km - 01:16:26, 20km - 01:42:57, 21km - 01:49:35, 25km - 02:11:16, 30km - 02:44:33, 35km - 03:16:48, 40km - 03:48:18									
2629	7035	KRYSTIAN Paweł	RADOM	10 WPsam	POL	M30	890	04:00:24	04:04:06		2381
		5km - 00:24:54, 10km - 00:49:35, 15km - 01:14:18, 20km - 01:39:28, 21km - 01:45:12, 25km - 02:06:34, 30km - 02:37:16, 35km - 03:11:50, 40km - 03:46:24									
2630	6173	ŁESYK Paweł	SZCZECIN		POL	M40	602	04:00:25	04:04:40		2382
		5km - 00:27:35, 10km - 00:55:14, 15km - 01:21:55, 20km - 01:49:25, 21km - 01:55:24, 25km - 02:17:20, 30km - 02:46:49, 35km - 03:17:04, 40km - 03:47:33									
2631	3707	BIENIEK Paweł	BOCHNIA	Żubry Bochnia	POL	M45	364	04:00:26	04:02:01		2383
		5km - 00:27:22, 10km - 00:55:04, 15km - 01:22:02, 20km - 01:49:21, 21km - 01:55:18, 25km - 02:16:51, 30km - 02:45:25, 35km - 03:16:30, 40km - 03:48:07									
2632	6527	MŁYNARCZUK Marcin	ŻARÓW	Bombardier TEAM Wrocław	POL	M30	891	04:00:26	04:02:55		2383
		5km - 00:27:40, 10km - 00:55:39, 15km - 01:23:01, 20km - 01:51:13, 21km - 01:57:27, 25km - 02:19:08, 30km - 02:48:06, 35km - 03:18:37, 40km - 03:48:26									
2633	6406	KOŁKOWSKI Krzysztof	MALBORK	Beztlenowi Malbork	POL	M30	892	04:00:28	04:02:30		2385
		5km - 00:25:04, 10km - 00:49:46, 15km - 01:14:27, 20km - 01:40:03, 21km - 01:45:56, 25km - 02:07:44, 30km - 02:39:06, 35km - 03:13:13, 40km - 03:47:50									
2634	3301	WIERZBICKI Karol	KATOWICE		POL	M40	603	04:00:28	04:02:10		2385
		5km - 00:26:36, 10km - 00:53:04, 15km - 01:19:11, 20km - 01:45:25, 21km - 01:51:10, 25km - 02:12:12, 30km - 02:40:48, 35km - 03:12:21, 40km - 03:47:36									
2635	3418	MORITZ Rafał	BARCIN	Ślimaki Barcin	POL	M40	604	04:00:29	04:06:06		2387
		5km - 00:28:02, 10km - 00:56:04, 15km - 01:23:20, 20km - 01:50:43, 21km - 01:56:44, 25km - 02:18:13, 30km - 02:46:03, 35km - 03:15:26, 40km - 03:47:35									
2636	1423	KWOLIK Daniel	PONIKWA		POL	M40	605	04:00:32	04:00:53		2388
		5km - 00:23:01, 10km - 00:46:54, 15km - 01:11:14, 20km - 01:37:59, 21km - 01:44:05, 25km - 02:07:38, 30km - 02:41:47, 35km - 03:15:18, 40km - 03:46:35									
2637	1124	Zawodnik anonimowy				M50	134	04:00:32	04:02:49		2388
		5km - 00:26:24, 10km - 00:52:09, 15km - 01:17:58, 20km - 01:44:34, 21km - 01:50:19, 25km - 02:12:25, 30km - 02:45:41, 35km - 03:17:12, 40km - 03:47:54									
2638	1650	BUKOWSKI Jacek	DĄBRÓWKA		POL	M30	893	04:00:33	04:05:55		2390
		5km - 00:29:07, 10km - 00:58:26, 15km - 01:26:41, 20km - 01:55:05, 21km - 02:01:16, 25km - 02:23:29, 30km - 02:52:37, 35km - 03:22:01, 40km - 03:50:04									
2639	6351	Zawodnik anonimowy				M40	606	04:00:35	04:03:18		2391
		5km - 00:24:09, 10km - 00:49:16, 15km - 01:14:25, 20km - 01:40:02, 21km - 01:45:48, 25km - 02:06:18, 30km - 02:35:19, 35km - 03:07:42, 40km - 03:45:07									
2640	4398	LIEBRECHT Grzegorz	KIELCE		POL	M55	77	04:00:37	04:05:43		2392
		5km - 00:27:24, 10km - 00:54:13, 15km - 01:20:42, 20km - 01:47:54, 21km - 01:53:48, 25km - 02:15:01, 30km - 02:43:45, 35km - 03:14:11, 40km - 03:46:24									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
2641	3684	KRZYŻAŃSKI Remigiusz	KOŚCIAN	Kościan Team	POL	M55	78	04:00:39	04:04:57		2393
		5km - 00:27:21, 10km - 00:54:53, 15km - 01:22:11, 20km - 01:50:33, 21km - 01:56:38, 25km - 02:18:55, 30km - 02:48:25, 35km - 03:18:14, 40km - 03:48:18									
2642	2938	CHORĄŻYCZEWSKI Michał	OBORNIKI	Obornicki Klub Lekkoatletyczny	POL	M30	894	04:00:40	04:02:23		2394
		5km - 00:26:35, 10km - 00:51:48, 15km - 01:16:38, 20km - 01:41:39, 21km - 01:47:14, 25km - 02:08:05, 30km - 02:36:52, 35km - 03:08:42, 40km - 03:45:42									
2643	5808	KRYM Radosław	BŁOŃSKO		POL	M30	894	04:00:40	04:01:21		2394
		5km - 00:26:57, 10km - 00:53:55, 15km - 01:20:40, 20km - 01:48:13, 21km - 01:54:17, 25km - 02:15:49, 30km - 02:44:18, 35km - 03:14:34, 40km - 03:47:50									
2644	5816	IWANIAK Marcin	WARSZAWA		POL	M40	607	04:00:41	04:06:11		2396
		5km - 00:27:42, 10km - 00:55:15, 15km - 01:22:27, 20km - 01:49:50, 21km - 01:55:47, 25km - 02:17:11, 30km - 02:46:24, 35km - 03:16:53, 40km - 03:47:58									
2645	916	MATYSIAK Krzysztof	SREM		POL	M40	608	04:00:42	04:03:24		2397
		5km - 00:26:08, 10km - 00:51:48, 15km - 01:17:14, 20km - 01:43:14, 21km - 01:48:54, 25km - 02:09:54, 30km - 02:39:17, 35km - 03:10:33, 40km - 03:47:18									
2646	3303	MIKOŁAJCZYK Agnieszka	ŁÓDŹ		POL	K30	124	04:00:42	04:04:13	249	
		5km - 00:28:43, 10km - 00:57:30, 15km - 01:25:27, 20km - 01:53:47, 21km - 01:59:54, 25km - 02:22:06, 30km - 02:51:16, 35km - 03:20:23, 40km - 03:49:06									
2647	3293	KUKAWKA Maciej	GRUDZIĄDZ		POL	M40	609	04:00:43	04:02:04		2398
		5km - 00:25:48, 10km - 00:52:44, 15km - 01:17:57, 20km - 01:43:25, 21km - 01:51:48, 25km - 02:12:42, 30km - 02:43:20, 35km - 03:15:46, 40km - 03:48:09									
2648	4676	BŁASZCZAK Janusz	SZCZECIN	Błękitna Brygada Szczecin	POL	M50	135	04:00:45	04:04:15		2399
		5km - 00:26:46, 10km - 00:53:37, 15km - 01:20:12, 20km - 01:46:49, 21km - 01:52:39, 25km - 02:13:57, 30km - 02:42:22, 35km - 03:15:05, 40km - 03:47:49									
2649	4712	KRUK Marek	WITKOWO		POL	M40	610	04:00:45	04:07:36		2399
		5km - 00:26:54, 10km - 00:54:37, 15km - 01:20:34, 20km - 01:46:55, 21km - 01:52:38, 25km - 02:13:15, 30km - 02:42:30, 35km - 03:13:02, 40km - 03:46:22									
2650	3224	OLSZEWSKI Mateusz	BYDGOSZCZ		POL	M18	280	04:00:47	04:05:18		2401
		5km - 00:26:52, 10km - 00:54:08, 15km - 01:20:53, 20km - 01:48:32, 21km - 01:55:36, 25km - 02:17:23, 30km - 02:47:51, 35km - 03:18:32, 40km - 03:48:12									
2651	3595	PIRÓG Konrad	DĄBROWA GÓRNICZA		POL	M30	896	04:00:47	04:03:32		2401
		5km - 00:27:58, 10km - 00:56:33, 15km - 01:25:18, 20km - 01:53:52, 21km - 02:00:26, 25km - 02:22:57, 30km - 02:52:47, 35km - 03:22:54, 40km - 03:49:59									
2652	6908	LIK Marek	CHEŁM	Chełm biega	POL	M50	136	04:00:49	04:02:44		2403
		5km - 00:25:25, 10km - 00:50:30, 15km - 01:15:38, 20km - 01:42:04, 21km - 01:47:53, 25km - 02:09:28, 30km - 02:38:50, 35km - 03:11:29, 40km - 03:47:00									
2653	6761	MAKSELON Maciej	SZCZECINEK	Torpedo Szczecinek	POL	M30	897	04:00:49	04:05:02		2403
		5km - 00:26:52, 10km - 00:53:16, 15km - 01:19:36, 20km - 01:46:17, 21km - 01:52:05, 25km - 02:13:11, 30km - 02:43:38, 35km - 03:16:55, 40km - 03:47:49									
2654	3141	LECKI Mateusz	SZCZECINEK	Team Biegowy Szczecinek	POL	M30	898	04:00:51	04:05:03		2405
		5km - 00:26:53, 10km - 00:53:17, 15km - 01:19:37, 20km - 01:46:18, 21km - 01:52:06, 25km - 02:13:12, 30km - 02:43:40, 35km - 03:16:56, 40km - 03:47:49									
2655	3459	PETRUSEK Lukas	PRAGUE	Runczech	CZE	M18	281	04:00:53	04:03:31		2406
		5km - 00:28:15, 10km - 00:56:00, 15km - 01:24:02, 20km - 01:52:23, 21km - 01:58:35, 25km - 02:21:03, 30km - 02:50:20, 35km - 03:20:00, 40km - 03:48:58									
2656	4478	MŁYNARCZYK Jan	WARSZAWA	AKS Polonia Warszawa	POL	M30	899	04:00:54	04:03:52		2407
		5km - 00:28:19, 10km - 00:56:45, 15km - 01:24:15, 20km - 01:53:07, 21km - 01:59:13, 25km - 02:21:21, 30km - 02:50:43, 35km - 03:21:19, 40km - 03:50:09									
2657	3826	WOZBANOWICZ Jacek	STRASZYN	STRASZYN BIEGA	POL	M40	611	04:00:55	04:05:30		2408
		5km - 00:27:21, 10km - 00:54:49, 15km - 01:21:53, 20km - 01:49:19, 21km - 01:55:20, 25km - 02:16:44, 30km - 02:45:19, 35km - 03:15:36, 40km - 03:47:36									
2658	6896	ŚWITAJ Karol	TUCZNO		POL	M18	282	04:00:57	04:02:32		2409
		5km - 00:26:08, 10km - 00:52:19, 15km - 01:18:43, 20km - 01:45:34, 21km - 01:51:30, 25km - 02:13:09, 30km - 02:43:38, 35km - 03:17:29, 40km - 03:50:00									
2659	6358	WALIGÓRA Michalina	KROTOSZYN		POL	K18	44	04:00:58	04:03:03	250	
		5km - 00:26:49, 10km - 00:53:56, 15km - 01:21:37, 20km - 01:49:40, 21km - 01:55:41, 25km - 02:17:34, 30km - 02:46:45, 35km - 03:16:40, 40km - 03:48:24									
2660	3173	HOLZ Oskar	GDYNIA	ST RUNNERS	POL	M18	283	04:00:59	04:01:38		2410
		5km - 00:24:29, 10km - 00:48:55, 15km - 01:13:27, 20km - 01:38:12, 21km - 01:43:33, 25km - 02:03:41, 30km - 02:33:42, 35km - 03:05:49, 40km - 03:44:03									
2661	5487	AUGUSTYNOWICZ Andrzej	KUNICE	Grupa Techniczna	POL	M40	612	04:01:00	04:06:58		2411
		5km - 00:27:44, 10km - 00:55:25, 15km - 01:22:59, 20km - 01:51:27, 21km - 01:57:35, 25km - 02:19:51, 30km - 02:48:55, 35km - 03:18:04, 40km - 03:48:41									
2662	7009	WŁODARCZYK Mariusz	ŁÓDŹ		POL	M30	900	04:01:00	04:03:11		2411
		5km - 00:26:59, 10km - 00:54:58, 15km - 01:22:42, 20km - 01:51:46, 21km - 01:58:31, 25km - 02:20:31, 30km - 02:49:32, 35km - 03:19:37, 40km - 03:48:37									
2663	1365	PUDELKO Artur	ŻYDOWO		POL	M40	613	04:01:02	04:01:19		2413
		5km - 00:25:07, 10km - 00:51:34, 15km - 01:18:14, 20km - 01:45:37, 21km - 01:51:40, 25km - 02:13:23, 30km - 02:42:37, 35km - 03:14:08, 40km - 03:47:32									
2664	891	ŚCIECHOWICZ Adam	GDYNIA	Centrum Operacji Morskich	POL	M45	365	04:01:04	04:07:19		2414
		5km - 00:25:44, 10km - 00:52:13, 15km - 01:18:15, 20km - 01:45:01, 21km - 01:50:47, 25km - 02:12:01, 30km - 02:42:07, 35km - 03:15:56, 40km - 03:48:05									
2665	4035	WOŹNY Sławomir	PERKOWO	OSP Perkowo	POL	M30	901	04:01:04	04:01:47		2414
		5km - 00:24:13, 10km - 00:48:25, 15km - 01:12:35, 20km - 01:36:50, 21km - 01:42:13, 25km - 02:01:35, 30km - 02:27:52, 35km - 03:05:20, 40km - 03:44:23									
2666	3075	BIŃKOWSKI Artur	GAŁKÓW MAŁY	Exim-Bike Łódź	POL	M18	284	04:01:06	04:03:15		2416
		5km - 00:24:58, 10km - 00:49:56, 15km - 01:14:55, 20km - 01:40:50, 21km - 01:46:39, 25km - 02:08:58, 30km - 02:40:20, 35km - 03:13:10, 40km - 03:48:34									
2667	453	STOLARSKI Piotr	POZNAŃ	KB UEP	POL	M30	902	04:01:06	04:04:42		2416
		5km - 00:26:40, 10km - 00:53:25, 15km - 01:19:56, 20km - 01:46:25, 21km - 01:52:35, 25km - 02:14:23, 30km - 02:45:28, 35km - 03:18:07, 40km - 03:48:46									
2668	6102	NAWROT Artur	TRZEBNICA	DTR BIEGA	POL	M30	903	04:01:07	04:02:53		2418
		5km - 00:24:49, 10km - 00:49:34, 15km - 01:14:18, 20km - 01:39:12, 21km - 01:44:43, 25km - 02:09:55, 30km - 02:42:44, 35km - 03:16:37, 40km - 03:49:06									
2669	2687	DZWONIARKIEWICZ Krzysztof	ŚRODA WIELKOPOLSKA	Polonia Środa	POL	M30	904	04:01:08	04:04:27		2419
		5km - 00:25:52, 10km - 00:51:45, 15km - 01:17:30, 20km - 01:43:45, 21km - 01:49:22, 25km - 02:09:59, 30km - 02:40:33, 35km - 03:14:18, 40km - 03:47:08									
2670	4576	KASPRZAK Mariusz	ŁÓDŹ	Running Tetis	POL	M45	366	04:01:08	04:02:42		2419
		5km - 00:26:21, 10km - 00:52:19, 15km - 01:18:32, 20km - 01:44:09, 21km - 01:49:33, 25km - 02:10:10, 30km - 02:39:34, 35km - 03:13:19, 40km - 03:47:40									
2671	505	KRYSZEWSKI Maciej	POZNAŃ	Night Runners	POL	M40	614	04:01:08	04:02:54		2419
		5km - 00:24:50, 10km - 00:49:28, 15km - 01:14:21, 20km - 01:39:42, 21km - 01:45:29, 25km - 02:07:01, 30km - 02:38:55, 35km - 03:13:42, 40km - 03:47:42									
2672	1271	OLESZCZAK Piotr	POZNAŃ	Biegam Bo Są Tacy Co Nie Mogą	POL	M45	366	04:01:08	04:01:53		2419
		5km - 00:24:27, 10km - 00:49:24, 15km - 01:14:15, 20km - 01:39:59, 21km - 01:45:42, 25km - 02:07:05, 30km - 02:37:20, 35km - 03:09:41, 40km - 03:46:44									
2673	207	PRĄDZYŃSKI Dariusz	WARSZAWA		POL	M65	10	04:01:09	04:06:03		2423
		5km - 00:28:37, 10km - 00:57:20, 15km - 01:25:27, 20km - 01:53:57, 21km - 01:59:55, 25km - 02:21:45, 30km - 02:49:50, 35km - 03:17:54, 40km - 03:47:25									
2674	1555	JÓŚK Joanna	SŁUPNO	Biegam Bo Lubię Ząbki Team	POL	K30	125	04:01:13	04:03:58	251	
		5km - 00:27:05, 10km - 00:54:13, 15km - 01:20:55, 20km - 01:48:05, 21km - 01:54:16, 25km - 02:15:51, 30km - 02:46:58, 35km - 03:18:43, 40km - 03:48:39									
2675	3144	KACZMAREK Dominik	PRZYGODZICE		POL	M18	285	04:01:16	04:02:34		2424
		5km - 00:27:38, 10km - 00:54:38, 15km - 01:21:02, 20km - 01:47:49, 21km - 01:54:22, 25km - 02:15:55, 30km - 02:44:51, 35km - 03:15:21, 40km - 03:47:45									
2676	3147	WALOTKA Katarzyna	PRZYGODZICE		POL	K18	45	04:01:16	04:02:34	252	
		5km - 00:27:38, 10km - 00:54:40, 15km - 01:21:02, 20km - 01:47:50, 21km - 01:54:23, 25km - 02:15:55, 30km - 02:44:50, 35km - 03:15:21, 40km - 03:47:42									
2677	1939	MIŚ Mateusz	SŁAWA	SŁAWA	POL	M30	905	04:01:22	04:05:12		2425
		5km - 00:27:11, 10km - 00:54:34, 15km - 01:21:32, 20km - 01:49:35, 21km - 01:56:13, 25km - 02:18:13, 30km - 02:48:20, 35km - 03:18:49, 40km - 03:48:48									
2678	5796	MAJER Dariusz	INOWROCŁAW		POL	M30	906	04:01:27	04:04:38		2426
		5km - 00:27:00, 10km - 00:53:42, 15km - 01:20:10, 20km - 01:46:45, 21km - 01:52:33, 25km - 02:14:15, 30km - 02:44:30, 35km - 03:15:28, 40km - 03:48:38									
2679	5817	MAKOWSKA Karolina	POZNAN		POL	K30	126	04:01:27	04:05:58	253	
		5km - 00:26:43, 10km - 00:53:13, 15km - 01:19:40, 20km - 01:46:20, 21km - 01:52:32, 25km - 02:13:55, 30km - 02:43:08, 35km - 03:15:54, 40km - 03:47:42									
2680	2992	BIAŁOSKÓRSKI Jakub	MIELNO		POL	M18	286	04:01:29	04:05:16		2427
		5km - 00:28:44, 10km - 00:58:25, 15km - 01:25:50, 20km - 01:54:12, 21km - , 25km - 02:22:17, 30km - 02:51:07, 35km - 03:21:10, 40km - 03:49:48									
2681	7219	GÓRALSKI Michał	SKÓRZEWO		POL	M30	907	04:01:30	04:04:19		2428
		5km - 00:25:21, 10km - 00:49:21, 15km - 01:13:40, 20km - 01:39:07, 21km - 01:44:46, 25km - 02:05:36, 30km - 02:37:14, 35km - 03:12:23, 40km - 03:47:11									
2682	892	BARANOWSKI Marek	KOSAKOWO	COM-DKM	POL	M50	137	04:01:32	04:06:49		2429
		5km - 00:28:16, 10km - 00:56:18, 15km - 01:24:11, 20km - 01:52:20, 21km - 01:58:34, 25km - 02:20:52, 30km - 02:50:01, 35km - 03:19:27, 40km - 03:49:31									
2683	5417	BOCIAŃSKA Iwona	POZNAŃ		POL	K18	46	04:01:32	04:09:34	254	
		5km - 00:27:45, 10km - 00:54:51, 15km - 01:21:41, 20km - 01:49:40, 21km - 01:55:46, 25km - 02:17:57, 30km - 02:47:34, 35km - 03:17:21, 40km - 03:48:51									
2684	4804	DŻUSAJEW Katarzyna	WROCŁAW	Ślęzak Team	POL	K45	26	04:01:32	04:02:25	254	
		5km - 00:28:27, 10km - 00:56:12, 15km - 01:23:57, 20km - 01:51:45, 21km - 01:57:46, 25km - 02:19:31, 30km - 02:48:16, 35km - 03:17:47, 40km - 03:48:17									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
2685	502	ŹÓŁTKIEWICZ Natalia	POZNAŃ	KB Maniac Poznań	POL	K18	46	04:01:32	04:06:54	254	
		5km - 00:28:18, 10km - 00:56:23, 15km - 01:24:17, 20km - 01:52:31, 21km - 01:58:34, 25km - 02:21:10, 30km - 02:50:37, 35km - 03:19:04, 40km - 03:48:53									
2686	3340	BOGUSZEWSKI Sławomir	GDYNIA		POL	M30	908	04:01:33	04:05:16		2430
		5km - 00:26:31, 10km - 00:53:23, 15km - 01:19:58, 20km - 01:46:44, 21km - 01:52:43, 25km - 02:13:51, 30km - 02:42:45, 35km - 03:13:47, 40km - 03:48:05									
2687	708	KAPTUR Wojciech	CZEMPIŃ	ChampionMan Team	POL	M55	79	04:01:33	04:07:23		2430
		5km - 00:27:48, 10km - 00:55:34, 15km - 01:22:52, 20km - 01:50:25, 21km - 01:57:08, 25km - 02:19:04, 30km - 02:47:38, 35km - 03:16:21, 40km - 03:48:06									
2688	687	KUBICA Anna	POZNAŃ		POL	K30	127	04:01:33	04:05:09	257	
		5km - 00:26:39, 10km - 00:53:15, 15km - 01:19:52, 20km - 01:46:26, 21km - 01:52:06, 25km - 02:13:36, 30km - 02:44:40, 35km - 03:16:54, 40km - 03:48:42									
2689	1762	WOŹNIAK Andrzej	TORZYM		POL	M45	368	04:01:34	04:02:46		2432
		5km - 00:26:51, 10km - 00:54:28, 15km - 01:22:02, 20km - 01:49:50, 21km - 01:55:54, 25km - 02:17:48, 30km - 02:47:03, 35km - 03:17:20, 40km - 03:48:19									
2690	2262	FEDAN Łukasz	LASZKI		POL	M30	909	04:01:36	04:02:49		2433
		5km - 00:24:39, 10km - 00:49:43, 15km - 01:14:42, 20km - 01:41:11, 21km - 01:47:26, 25km - 02:08:48, 30km - 02:40:11, 35km - 03:14:11, 40km - 03:47:02									
2691	3428	KASPRZAK Maciej	NOWE MIASTO NAD WARTĄ	Polonia Środa	POL	M30	910	04:01:37	04:04:18		2434
		5km - 00:26:30, 10km - 00:52:25, 15km - 01:18:05, 20km - 01:44:27, 21km - 01:50:11, 25km - 02:11:02, 30km - 02:39:30, 35km - 03:12:49, 40km - 03:49:06									
2692	1522	ŁOBOS Mariusz	WAŁBRZYCH		POL	M45	369	04:01:38	04:02:36		2435
		5km - 00:24:59, 10km - 00:50:54, 15km - 01:17:18, 20km - 01:44:32, 21km - 01:50:38, 25km - 02:12:41, 30km - 02:43:02, 35km - 03:15:46, 40km - 03:48:12									
2693	1691	CADER Arkadiusz	ZIELONA GÓRA	Harpagan ZG	POL	M45	370	04:01:42	04:07:31		2436
		5km - 00:28:22, 10km - 00:55:58, 15km - 01:23:33, 20km - 01:51:02, 21km - 01:56:59, 25km - 02:18:27, 30km - 02:46:27, 35km - 03:15:19, 40km - 03:48:18									
2694	1639	GÓRA Roman	KOSZALIN	Koszalin biega	POL	M55	80	04:01:43	04:05:12		2437
		5km - 00:28:01, 10km - 00:55:37, 15km - 01:22:42, 20km - 01:50:42, 21km - 01:56:53, 25km - 02:19:16, 30km - 02:49:03, 35km - 03:18:08, 40km - 03:48:36									
2695	106	KORDZIŃSKI Kazimierz	LUBLINIEC	Mafia Team Lubliniec	POL	M60	28	04:01:44	04:04:45		2438
		5km - 00:27:01, 10km - 00:58:37, 15km - 01:24:58, 20km - 01:52:15, 21km - 01:58:05, 25km - 02:19:20, 30km - 02:49:13, 35km - 03:21:01, 40km - 03:49:40									
2696	208	FAJER Markus	DOBRA SZCZECINSKA	RAZ Szczecin	POL	M70	3	04:01:46	04:04:13		2439
		5km - 00:27:51, 10km - 00:56:05, 15km - 01:23:49, 20km - 01:52:15, 21km - 01:58:14, 25km - 02:20:15, 30km - 02:48:47, 35km - 03:18:00, 40km - 03:48:13									
2697	1211	DASZEWSKI Filip	DĘBNO		POL	M18	287	04:01:48	04:02:33		2440
		5km - 00:25:51, 10km - 00:51:16, 15km - 01:17:06, 20km - 01:42:56, 21km - 01:48:36, 25km - 02:09:16, 30km - , 35km - 03:14:48, 40km - 03:49:35									
2698	6935	MIKORENDA Piotr	ZGIERZ	MORENA CZOŁOWA	POL	M45	371	04:01:49	04:07:27		2441
		5km - 00:25:41, 10km - 00:51:37, 15km - 01:18:06, 20km - 01:44:35, 21km - 01:50:13, 25km - 02:11:29, 30km - 02:40:54, 35km - 03:12:39, 40km - 03:47:38									
2699	1839	KOZIEŁ Sylwester	TYCHY	CRIK FCA POLAND	POL	M45	372	04:01:51	04:04:04		2442
		5km - 00:27:02, 10km - 00:54:31, 15km - 01:21:00, 20km - 01:47:31, 21km - 01:53:30, 25km - 02:14:37, 30km - 02:43:17, 35km - 03:14:43, 40km - 03:48:05									
2700	3816	STAROMŁYŃSKI Marcin	KĄTY WROCŁAWSKIE	Thetrooper	POL	M30	911	04:01:53	04:04:51		2443
		5km - 00:26:08, 10km - 00:51:55, 15km - 01:17:47, 20km - 01:43:37, 21km - 01:49:08, 25km - 02:09:17, 30km - 02:35:37, 35km - 03:11:06, 40km - 03:47:42									
2701	4227	SZAFULSKI Krystian	KOŁOBRZEG	Elitarna Grupa Biegowo Rowerowa	POL	M30	911	04:01:53	04:04:10		2443
		5km - 00:24:35, 10km - 00:48:59, 15km - 01:13:24, 20km - 01:38:36, 21km - 01:44:18, 25km - 02:04:30, 30km - 02:37:02, 35km - 03:11:59, 40km - 03:47:18									
2702	3869	SZYMAŃSKI Maciej	PUSZCZYKOWO		POL	M30	911	04:01:53	04:06:28		2443
		5km - 00:27:36, 10km - 00:55:08, 15km - 01:20:57, 20km - 01:48:42, 21km - 01:55:07, 25km - 02:16:37, 30km - 02:45:45, 35km - 03:18:05, 40km - 03:48:58									
2703	3902	TRYBULSKI Łukasz	WARSZAWA	100	POL	M30	911	04:01:53	04:03:43		2443
		5km - 00:27:44, 10km - 00:55:23, 15km - 01:22:43, 20km - 01:50:13, 21km - 01:56:13, 25km - 02:17:43, 30km - 02:46:12, 35km - 03:17:42, 40km - 03:50:01									
2704	4714	MARSZAŁ Michał	POZNAŃ	AKG Halny	POL	M18	288	04:01:54	04:07:09		2447
		5km - 00:28:05, 10km - 00:55:54, 15km - 01:23:47, 20km - 01:52:02, 21km - 01:58:20, 25km - 02:20:31, 30km - 02:49:11, 35km - 03:18:05, 40km - 03:48:48									
2705	3575	SIKORA Milena	POZNAŃ		POL	K30	128	04:01:54	04:07:09	258	
		5km - 00:28:05, 10km - 00:55:54, 15km - 01:23:48, 20km - 01:52:11, 21km - 01:58:21, 25km - 02:20:33, 30km - 02:49:12, 35km - 03:18:06, 40km - 03:48:48									
2706	7043	KARBOWIAK Vojciech	WRZEŚNIA		POL	M18	289	04:01:55	04:03:15		2448
		5km - 00:23:49, 10km - 00:47:41, 15km - 01:11:33, 20km - 01:36:06, 21km - 01:41:42, 25km - 02:03:03, 30km - 02:34:55, 35km - 03:11:50, 40km - 03:49:07									
2707	4371	WALIGÓRSKI Ryszard	KARPICKO ŚWIERKOWA 16	Wolsztyński Klub Biegowqy	POL	M60	29	04:01:56	04:02:39		2449
		5km - 00:23:41, 10km - 00:47:35, 15km - 01:11:28, 20km - 01:36:41, 21km - 01:42:13, 25km - 02:02:52, 30km - 02:34:27, 35km - 03:08:21, 40km - 03:46:08									
2708	271	KOŁODZIEJCZUK Wojciech	ŁUBOWO	Zakład Karny Gębarzewo	POL	M30	915	04:01:58	04:06:07		2450
		5km - 00:29:18, 10km - 00:56:50, 15km - 01:24:19, 20km - 01:51:46, 21km - 01:57:44, 25km - 02:19:32, 30km - 02:49:08, 35km - 03:19:35, 40km - 03:49:49									
2709	406	SOBIECH Karol	POBIEDZISKA	Night Runners	POL	M30	915	04:01:58	04:05:49		2450
		5km - 00:27:49, 10km - 00:55:14, 15km - 01:21:56, 20km - 01:49:08, 21km - 01:55:02, 25km - 02:16:40, 30km - 02:47:09, 35km - 03:18:31, 40km - 03:49:40									
2710	3782	CHUDY Jarosław	WOŹNIKI	INTERGEN Grupa Biegowa	POL	M40	615	04:01:59	04:06:08		2452
		5km - 00:29:17, 10km - 00:56:50, 15km - 01:24:18, 20km - 01:51:45, 21km - 01:57:44, 25km - 02:19:32, 30km - 02:49:06, 35km - 03:19:35, 40km - 03:49:47									
2711	1627	MICHALAK Sławek	ROGALINEK	TEAM Michalak ROGALINEK	POL	M40	615	04:01:59	04:05:03		2452
		5km - 00:26:05, 10km - 00:51:27, 15km - 01:17:05, 20km - 01:43:23, 21km - 01:49:04, 25km - 02:10:45, 30km - 02:42:04, 35km - 03:16:42, 40km - 03:48:58									
2712	5519	AP ROBERT Magdalena	GLOGOW	Port Talbot Harriers	POL	K30	129	04:02:01	04:06:20	259	
		5km - 00:27:41, 10km - 00:55:43, 15km - 01:23:16, 20km - 01:51:10, 21km - 01:57:05, 25km - 02:18:58, 30km - 02:47:54, 35km - 03:17:36, 40km - 03:48:31									
2713	2806	DRAPAŁA Marcin	KOŚCIAN	Kościan Team	POL	M40	617	04:02:03	04:04:24		2454
		5km - 00:27:38, 10km - 00:55:52, 15km - 01:23:47, 20km - 01:52:15, 21km - 01:58:17, 25km - 02:20:26, 30km - 02:49:34, 35km - 03:19:30, 40km - 03:49:38									
2714	1565	IZAK Krzysztof	STARGRAD	Team Cukiernia Nova	POL	M50	138	04:02:06	04:04:39		2455
		5km - 00:26:40, 10km - 00:53:03, 15km - 01:18:55, 20km - 01:45:00, 21km - 01:50:41, 25km - 02:11:14, 30km - 02:39:54, 35km - 03:11:54, 40km - 03:46:47									
2715	3179	ZYZAŃSKI Andrzej	WROCŁAW	Four Runners Group	POL	M40	618	04:02:07	04:06:46		2456
		5km - 00:28:07, 10km - 00:56:00, 15km - 01:23:38, 20km - 01:51:49, 21km - 01:57:47, 25km - 02:19:45, 30km - 02:48:52, 35km - 03:18:17, 40km - 03:49:35									
2716	4728	DORYWALSKI Marek	OŚWIĘCIM	UKP Unia	POL	M60	30	04:02:08	04:04:59		2457
		5km - 00:26:32, 10km - 00:52:55, 15km - 01:19:13, 20km - 01:45:29, 21km - 01:51:08, 25km - 02:11:51, 30km - 02:40:01, 35km - 03:09:35, 40km - 03:47:40									
2717	3165	FERFET Wiesław	WRONKI	WRONIECKI KLUB BIEGACZA	POL	M45	373	04:02:08	04:04:52		2457
		5km - 00:26:08, 10km - 00:51:57, 15km - 01:17:58, 20km - 01:44:22, 21km - 01:50:07, 25km - 02:11:15, 30km - 02:40:02, 35km - 03:13:00, 40km - 03:47:32									
2718	1980	GOŁDYN Sebastian	OSTRZESZÓW	Aktywny Ostrzeszów	POL	M30	917	04:02:08	04:02:28		2457
		5km - 00:23:04, 10km - 00:46:30, 15km - 01:10:41, 20km - 01:35:30, 21km - 01:40:44, 25km - 02:01:07, 30km - 02:28:57, 35km - 03:04:41, 40km - 03:50:19									
2719	6028	KWARCIŃSKI Wojciech	POZNAŃ		POL	M45	374	04:02:12	04:02:47		2460
		5km - 00:25:53, 10km - 00:52:04, 15km - 01:17:45, 20km - 01:45:26, 21km - 01:51:22, 25km - 02:19:20, 30km - 02:51:26, 35km - 03:23:01, 40km - 03:50:21									
2720	4244	BARTOSZEK Paweł	ZALASEWO		POL	M40	619	04:02:13	04:06:56		2461
		5km - 00:27:53, 10km - 00:55:59, 15km - 01:23:49, 20km - 01:51:59, 21km - 01:58:05, 25km - 02:20:10, 30km - 02:49:16, 35km - 03:18:57, 40km - 03:49:22									
2721	1673	OWCZARZAK Borys	POZNAŃ	wachowiakisyn.pl	POL	M30	918	04:02:13	04:08:50		2461
		5km - 00:29:27, 10km - 00:58:46, 15km - 01:27:29, 20km - 01:55:56, 21km - 02:01:59, 25km - 02:23:24, 30km - 02:51:29, 35km - 03:20:28, 40km - 03:50:05									
2722	190	ŚCIGOCKI Michał	POZNAŃ	Luboński Klub Biegacza	POL	M30	918	04:02:13	04:08:26		2461
		5km - 00:27:08, 10km - 00:54:38, 15km - 01:20:58, 20km - 01:48:08, 21km - 01:54:22, 25km - 02:15:37, 30km - 02:45:56, 35km - 03:17:13, 40km - 03:48:06									
2723	4145	WOŹNCZKO Tomasz	KIELCE	Biegnę, żeby Bartek mógł biegać	POL	M30	918	04:02:13	04:06:12		2461
		5km - 00:26:14, 10km - 00:52:30, 15km - 01:18:29, 20km - 01:45:04, 21km - 01:51:05, 25km - 02:13:28, 30km - 02:46:09, 35km - 03:19:09, 40km - 03:49:54									
2724	925	WINCZAKIEWICZ Michał	KATOWICE	PKO BANK POLSKI	POL	M30	921	04:02:15	04:07:58		2465
		5km - 00:26:55, 10km - 00:53:20, 15km - 01:19:17, 20km - 01:45:31, 21km - 01:51:07, 25km - 02:11:28, 30km - 02:38:43, 35km - 03:09:12, 40km - 03:48:08									
2725	7054	SKRZYPCZAK Grzegorz	WROCŁAW		POL	M30	922	04:02:16	04:04:34		2466
		5km - 00:24:11, 10km - 00:48:20, 15km - 01:12:47, 20km - 01:38:44, 21km - 01:44:47, 25km - 02:06:21, 30km - 02:38:51, 35km - 03:12:18, 40km - 03:47:43									
2726	2300	BAJAS Mateusz	ŁÓDŹ		POL	M18	290	04:02:18	04:07:03		2467
		5km - 00:27:54, 10km - 00:55:46, 15km - 01:23:31, 20km - 01:51:31, 21km - 01:57:44, 25km - 02:19:39, 30km - 02:49:39, 35km - 03:19:55, 40km - 03:50:08									
2727	1456	KOZINOGA Gabriela	ZIELONA GÓRA	HARPAGAN ZIELONA GÓRA	POL	K40	50	04:02:21	04:08:05	260	
		5km - 00:28:44, 10km - 00:57:51, 15km - 01:25:51, 20km - 01:54:17, 21km - 02:00:29, 25km - 02:22:51, 30km - 02:51:30, 35km - 03:20:40, 40km - 03:50:28									
2728	5002	MILATA Tomasz	POGÓRZE		POL	M30	923	04:02:21	04:03:35		2468
		5km - 00:24:41, 10km - 00:49:32, 15km - 01:14:22, 20km - 01:39:38, 21km - 01:45:18, 25km - 02:05:55, 30km - 02:37:23, 35km - 03:12:18, 40km - 03:47:19									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
2729	225	NAPIERAŁA Tadeusz	GŁOGÓW	teges	POL	M55	81	04:02:23	04:05:04		2469
		5km - 00:26:50, 10km - 00:53:09, 15km - 01:19:30, 20km - 01:46:45, 21km - 01:52:34, 25km - 02:13:56, 30km - 02:43:45, 35km - 03:15:52, 40km - 03:49:34									
2730	705	PAWLUCZEK Piotr	BYDGOSZCZ	Zawisza-Fans	POL	M40	620	04:02:23	04:04:25		2469
		5km - 00:26:56, 10km - 00:54:54, 15km - 01:22:34, 20km - 01:50:15, 21km - 01:56:20, 25km - 02:18:09, 30km - 02:46:49, 35km - 03:17:58, 40km - 03:49:44									
2731	2140	JANISZEWSKI Karol	PLEWISKA		POL	M30	924	04:02:24	04:05:27		2471
		5km - 00:26:21, 10km - 00:52:54, 15km - 01:19:01, 20km - 01:46:11, 21km - 01:52:21, 25km - 02:14:29, 30km - 02:45:34, 35km - 03:16:45, 40km - 03:49:11									
2732	2027	SOWISZ Cezary	SZCZECIN	SOWISZ TEAM	POL	M50	139	04:02:28	04:06:15		2472
		5km - 00:26:26, 10km - 00:53:21, 15km - 01:19:48, 20km - 01:46:28, 21km - 01:52:22, 25km - 02:13:31, 30km - 02:43:02, 35km - 03:15:55, 40km - 03:49:28									
2733	3810	WARACZEWSKI Nikolaos	GDYNIA		POL	M45	375	04:02:30	04:03:56		2473
		5km - 00:25:02, 10km - 00:50:01, 15km - 01:15:01, 20km - 01:40:48, 21km - 01:46:46, 25km - 02:08:19, 30km - 02:37:50, 35km - 03:08:10, 40km - 03:46:20									
2734	6520	KURZAWSKI Piotr	POZNAŃ		POL	M30	925	04:02:31	04:02:53		2474
		5km - 00:21:37, 10km - 00:43:58, 15km - 01:06:33, 20km - 01:30:41, 21km - 01:35:53, 25km - 01:56:12, 30km - 02:24:54, 35km - 02:56:56, 40km - 03:45:57									
2735	6529	DOMAGAŁA Marcin	TRZEBNICA	Bombardier TEAM Wrocław	POL	M40	621	04:02:35	04:05:04		2475
		5km - 00:27:28, 10km - 00:54:35, 15km - 01:21:33, 20km - 01:48:41, 21km - 01:54:26, 25km - 02:15:19, 30km - 02:43:02, 35km - 03:13:27, 40km - 03:48:47									
2736	2433	FRANASZCZYK Marcin	SIERAKÓW	Bucharzewo Team	POL	M40	622	04:02:36	04:04:59		2476
		5km - 00:26:32, 10km - 00:52:51, 15km - 01:18:08, 20km - 01:45:13, 21km - 01:52:30, 25km - 02:14:04, 30km - 02:44:54, 35km - 03:17:56, 40km - 03:49:27									
2737	6368	KARECINSKA Katarzyna	KUNOWICE		POL	K30	130	04:02:37	04:07:21	261	
		5km - 00:28:03, 10km - 00:55:45, 15km - 01:23:31, 20km - 01:51:40, 21km - 01:58:04, 25km - 02:20:27, 30km - 02:50:06, 35km - 03:19:07, 40km - 03:49:08									
2738	4047	WODNICKA Ewa	GRYFICE	RunGryf Gryfice	POL	K50	9	04:02:39	04:07:19	262	
		5km - 00:27:49, 10km - 00:55:33, 15km - 01:23:21, 20km - 01:51:39, 21km - 01:57:56, 25km - 02:20:24, 30km - 02:49:55, 35km - 03:19:21, 40km - 03:49:51									
2739	440	KOMAN Jacek	WARSZAWA		POL	M45	376	04:02:42	04:05:32		2477
		5km - 00:26:56, 10km - 00:53:28, 15km - 01:19:33, 20km - 01:46:11, 21km - 01:52:18, 25km - 02:12:17, 30km - 02:41:28, 35km - 03:13:28, 40km - 03:48:01									
2740	1061	TRZEBIATOWSKI Paweł	POZNAŃ	BIEGACZE GORSZEGO SORTU	POL	M40	623	04:02:43	04:08:29		2478
		5km - 00:26:57, 10km - 00:54:12, 15km - 01:21:07, 20km - 01:48:23, 21km - 01:54:30, 25km - 02:15:55, 30km - 02:44:43, 35km - 03:15:09, 40km - 03:47:39									
2741	118	JARCZYŃSKI Mateusz	ROKIETNICA		POL	M18	291	04:02:44	04:12:23		2479
		5km - 00:24:33, 10km - 00:51:13, 15km - 01:18:24, 20km - 01:46:07, 21km - 01:52:32, 25km - 02:14:39, 30km - 02:45:17, 35km - 03:14:24, 40km - 03:49:25									
2742	5613	CZUBAK Wawrzyniec	POZNAŃ		POL	M45	377	04:02:46	04:03:09		2480
		5km - 00:23:37, 10km - 00:48:33, 15km - 01:13:14, 20km - 01:39:27, 21km - 01:45:31, 25km - 02:08:27, 30km - 02:41:18, 35km - 03:14:45, 40km - 03:48:45									
2743	4065	SKIBA Grzegorz	POZNAŃ		POL	M30	926	04:02:46	04:06:10		2480
		5km - 00:26:50, 10km - 00:53:36, 15km - 01:19:58, 20km - 01:46:29, 21km - 01:52:14, 25km - 02:13:44, 30km - 02:43:20, 35km - 03:15:43, 40km - 03:49:55									
2744	3983	WOLSKI Sławomir	MYSŁOWICE		POL	M40	624	04:02:47	04:03:56		2482
		5km - 00:24:32, 10km - 00:49:22, 15km - 01:13:53, 20km - 01:38:38, 21km - 01:44:02, 25km - 02:05:07, 30km - 02:38:53, 35km - 03:14:02, 40km - 03:47:54									
2745	6752	GAWĘDA Joanna	PROSZÓWKI	Żubry Bochnia	POL	K18	48	04:02:48	04:04:23	263	
		5km - 00:27:23, 10km - 00:55:04, 15km - 01:22:03, 20km - 01:49:21, 21km - 01:55:19, 25km - 02:16:52, 30km - 02:45:26, 35km - 03:16:32, 40km - 03:48:17									
2746	2737	SOBKOWIAK Monika	KROTOSZYN	KS Krotosz Krotoszyn	POL	K30	131	04:02:48	04:07:49	263	
		5km - 00:27:47, 10km - 00:55:36, 15km - 01:23:30, 20km - 01:51:16, 21km - 01:57:16, 25km - 02:19:05, 30km - 02:47:29, 35km - 03:15:46, 40km - 03:48:57									
2747	6334	RUTA Bartłomiej	POZNAŃ		POL	M18	292	04:02:49	04:07:57		2483
		5km - 00:28:20, 10km - 00:56:25, 15km - 01:24:20, 20km - 01:52:33, 21km - 01:58:43, 25km - 02:21:06, 30km - 02:50:03, 35km - 03:19:43, 40km - 03:51:00									
2748	3390	ZIELIŃSKI Adam	POZNAŃ	architekt-poznan.com	POL	M30	927	04:02:52	04:03:49		2484
		5km - 00:27:33, 10km - 00:55:32, 15km - 01:23:57, 20km - 01:52:12, 21km - 01:58:22, 25km - 02:21:05, 30km - 02:51:18, 35km - 03:21:19, 40km - 03:51:01									
2749	6101	GURZĘDA Bartosz	CZARNKÓW		POL	M30	928	04:02:53	04:07:20		2485
		5km - 00:27:17, 10km - 00:54:07, 15km - 01:20:24, 20km - 01:48:33, 21km - 01:54:32, 25km - 02:15:57, 30km - 02:44:28, 35km - 03:16:44, 40km - 03:50:17									
2750	3278	LIU Graham	LIVERPOOL	Southport Waterloo AC	GBR	M55	82	04:02:53	04:03:41		2485
		5km - 00:25:46, 10km - 00:52:23, 15km - 01:20:02, 20km - 01:47:36, 21km - 01:54:16, 25km - 02:15:25, 30km - 02:46:39, 35km - 03:18:18, 40km - 03:50:10									
2751	2945	BROWARSKI Mariusz	POZNAŃ	RUNMAN	POL	M45	378	04:02:54	04:03:24		2487
		5km - 00:24:24, 10km - 00:52:07, 15km - 01:19:00, 20km - 01:47:42, 21km - 01:54:03, 25km - 02:17:19, 30km - 02:51:42, 35km - 03:21:34, 40km - 03:51:07									
2752	6676	JEZIAK Waldemar	SKORZEWO		POL	M45	379	04:02:56	04:07:15		2488
		5km - 00:26:39, 10km - 00:53:29, 15km - 01:20:23, 20km - 01:48:10, 21km - 01:54:18, 25km - 02:16:10, 30km - 02:45:37, 35km - 03:17:10, 40km - 03:48:58									
2753	5658	PIETRZAK Karolina	GOWARZEWO	AnieliTeam	POL	K45	27	04:02:56	04:05:05	265	
		5km - 00:28:06, 10km - 00:56:03, 15km - 01:24:01, 20km - 01:52:26, 21km - 01:58:37, 25km - 02:21:04, 30km - 02:50:25, 35km - 03:19:47, 40km - 03:50:15									
2754	6645	KOŁTOWSKI Piotr	SKÓRZEWO		POL	M40	625	04:03:00	04:07:34		2489
		5km - 00:27:07, 10km - 00:53:37, 15km - 01:19:32, 20km - 01:45:47, 21km - 01:51:36, 25km - 02:13:02, 30km - 02:44:42, 35km - 03:17:55, 40km - 03:50:40									
2755	1619	KOWALSKI Janusz	BOLKÓW	Bolków Team	POL	M50	140	04:03:01	04:06:35		2490
		5km - 00:26:40, 10km - 00:53:17, 15km - 01:19:56, 20km - 01:46:17, 21km - 01:52:03, 25km - 02:13:05, 30km - 02:43:14, 35km - 03:17:51, 40km - 03:50:22									
2756	2755	BRAUNREUTHER Christoph	COBURG		EUA	M30	929	04:03:06	04:09:12		2491
		5km - 00:27:57, 10km - 00:55:47, 15km - 01:23:30, 20km - 01:51:39, 21km - 01:57:52, 25km - 02:19:56, 30km - 02:48:39, 35km - 03:19:35, 40km - 03:50:46									
2757	392	LISA Braunreuther	COBURG	Pro Liberis Silesiae	EUA	K30	132	04:03:06	04:09:12	266	
		5km - 00:27:59, 10km - 00:55:53, 15km - 01:23:30, 20km - 01:51:39, 21km - 01:57:56, 25km - 02:19:55, 30km - 02:48:42, 35km - 03:19:37, 40km - 03:50:45									
2758	712	STROJNOWSKI Jerzy	OSTROWO 188		POL	M60	31	04:03:06	04:05:42		2491
		5km - 00:26:30, 10km - 00:53:27, 15km - 01:20:05, 20km - 01:47:16, 21km - 01:53:08, 25km - 02:14:49, 30km - 02:45:24, 35km - 03:18:13, 40km - 03:49:24									
2759	3285	KALISZUK Janusz	BIAŁA PODLASKA		POL	M40	626	04:03:07	04:03:50		2493
		5km - 00:23:40, 10km - 00:46:45, 15km - 01:09:49, 20km - 01:33:25, 21km - 01:38:34, 25km - 01:57:45, 30km - 02:27:24, 35km - 03:18:18, 40km - 03:49:09									
2760	4021	MURYN Bartłomiej	KRAKÓW	SBG Podbieg	POL	M45	380	04:03:07	04:06:43		2493
		5km - 00:26:21, 10km - 00:52:46, 15km - 01:19:02, 20km - 01:45:15, 21km - 01:50:56, 25km - 02:11:22, 30km - 02:39:54, 35km - 03:15:44, 40km - 03:49:59									
2761	761	IGNACZAK Marek	ŁÓDŹ	1on1 Team	POL	M30	930	04:03:09	04:09:33		2495
		5km - 00:27:11, 10km - 00:53:53, 15km - 01:20:44, 20km - 01:48:04, 21km - 01:54:16, 25km - 02:16:20, 30km - 02:46:38, 35km - 03:18:24, 40km - 03:50:40									
2762	4912	SZAPROWSKI Tomasz	BIELICE	Mogilno Team	POL	M18	293	04:03:11	04:05:21		2496
		5km - 00:25:29, 10km - 00:50:15, 15km - 01:15:09, 20km - 01:40:30, 21km - 01:46:07, 25km - 02:07:00, 30km - 02:36:17, 35km - 03:09:11, 40km - 03:47:15									
2763	4200	KACZMAREK Bartosz	OBRZYCKO	JSPA	POL	M30	931	04:03:12	04:04:53		2497
		5km - 00:24:18, 10km - 00:48:40, 15km - 01:12:32, 20km - 01:37:06, 21km - 01:43:03, 25km - 02:02:52, 30km - 02:31:17, 35km - 03:04:43, 40km - 03:45:09									
2764	3643	MEJZIŃSKI Michał	SWARZĘDZ		POL	M30	932	04:03:13	04:05:51		2498
		5km - 00:26:25, 10km - 00:52:59, 15km - 01:18:36, 20km - 01:45:26, 21km - 01:51:26, 25km - 02:12:46, 30km - 02:42:06, 35km - 03:14:07, 40km - 03:48:55									
2765	6582	MICHALAK Jacek	SZCZECIN		POL	M55	83	04:03:13	04:07:16		2498
		5km - 00:26:29, 10km - 00:54:49, 15km - 01:21:29, 20km - 01:50:10, 21km - 01:56:26, 25km - 02:18:58, 30km - 02:49:09, 35km - 03:19:54, 40km - 03:50:06									
2766	1314	SAMCIK Grzegorz	GDAŃSK		POL	M30	932	04:03:13	04:06:47		2498
		5km - 00:26:45, 10km - 00:53:29, 15km - 01:20:07, 20km - 01:46:59, 21km - 01:53:07, 25km - 02:15:03, 30km - 02:46:28, 35km - 03:17:52, 40km - 03:49:53									
2767	3648	KONIECZNY Robert	NAKŁO NAD NOTECIĄ	Start Luks Nakło	POL	M45	381	04:03:15	04:07:55		2501
		5km - 00:26:28, 10km - 00:52:37, 15km - 01:19:12, 20km - 01:45:53, 21km - 01:52:27, 25km - 02:13:50, 30km - 02:43:36, 35km - 03:16:46, 40km - 03:49:29									
2768	2038	JABŁONOWSKI Paweł	MŁAWA	Fighting Dreamers	POL	M30	934	04:03:16	04:06:51		2502
		5km - 00:26:33, 10km - 00:52:29, 15km - 01:17:34, 20km - 01:43:10, 21km - 01:48:41, 25km - 02:09:26, 30km - 02:38:51, 35km - 03:11:28, 40km - 03:48:43									
2769	1554	KUBIS Dominik	KRAKÓW		POL	M18	294	04:03:16	04:06:52		2502
		5km - 00:26:43, 10km - 00:53:20, 15km - 01:20:04, 20km - 01:46:26, 21km - 01:52:09, 25km - 02:13:08, 30km - 02:41:17, 35km - 03:12:31, 40km - 03:48:51									
2770	1873	SEREDA Michał	WRZEŚNIA		POL	M45	382	04:03:16	04:06:40		2502
		5km - 00:25:57, 10km - 00:52:10, 15km - 01:17:55, 20km - 01:44:19, 21km - 01:49:51, 25km - 02:10:50, 30km - 02:40:01, 35km - 03:12:43, 40km - 03:49:03									
2771	4319	BUTOWSKI Krzysztof	TORUŃ	Studio Nieruchomości Toruń	POL	M30	935	04:03:17	04:04:26		2505
		5km - 00:24:30, 10km - 00:48:48, 15km - 01:12:54, 20km - 01:37:30, 21km - 01:42:55, 25km - 02:02:59, 30km - 02:32:22, 35km - 03:10:32, 40km - 03:48:24									
2772	1409	ŻERKO Klaudia	POZNAŃ		POL	K18	49	04:03:17	04:07:44	267	
		5km - 00:27:49, 10km - 00:55:49, 15km - 01:23:20, 20km - 01:51:24, 21km - 01:57:34, 25km - 02:19:37, 30km - 02:49:23, 35km - 03:19:20, 40km - 03:51:15									

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
2773	1942	MAJERSKI Łukasz	BYDGOSZCZ		POL	M30	936	04:03:21	04:08:53		2506
		5km - 00:28:33, 10km - 00:56:53, 15km - 01:25:12, 20km - 01:53:36, 21km - 01:59:46, 25km - 02:21:52, 30km - 02:51:03, 35km - 03:20:14, 40km - 03:50:28									
2774	6409	STRYJAKOWSKA Marta	POZNAŃ	BULA TEAM	POL	K30	133	04:03:25	04:07:45	268	
		5km - 00:28:18, 10km - 00:57:25, 15km - 01:26:12, 20km - 01:55:27, 21km - 02:01:50, 25km - 02:24:29, 30km - 02:53:54, 35km - 03:23:06, 40km - 03:51:53									
2775	1474	WACHOWSKI Karol	WARSZAWA		POL	M40	627	04:03:25	04:08:29		2507
		5km - 00:28:31, 10km - 00:56:23, 15km - 01:24:06, 20km - 01:52:25, 21km - 01:58:33, 25km - 02:20:26, 30km - 02:48:37, 35km - 03:17:19, 40km - 03:50:24									
2776	2634	GNYSIŃSKI Jacek	SIERADZ	sieradzbiega.pl	POL	M55	84	04:03:28	04:07:50		2508
		5km - 00:27:49, 10km - 00:55:08, 15km - 01:22:08, 20km - 01:49:42, 21km - 01:55:40, 25km - 02:17:16, 30km - 02:46:53, 35km - 03:16:43, 40km - 03:49:35									
2777	951	GRZYWACZYK Artur	SUCHY LAS	#BIEGACZE	POL	M55	84	04:03:28	04:05:30		2508
		5km - 00:27:56, 10km - 00:56:37, 15km - 01:23:14, 20km - 01:51:27, 21km - 01:57:43, 25km - 02:20:00, 30km - 02:50:06, 35km - 03:19:19, 40km - 03:51:36									
2778	7280	JAKUBCZYK Łukasz	WARSZAWA	Brak	POL	M30	937	04:03:28	04:11:58		2508
		5km - 00:29:19, 10km - 00:56:54, 15km - 01:24:09, 20km - 01:51:44, 21km - 01:57:45, 25km - 02:19:28, 30km - 02:49:01, 35km - 03:21:01, 40km - 03:52:00									
2779	4711	PIKUŁA Jacek	BIERUŃ	100	POL	M30	938	04:03:29	04:13:24		2511
		5km - 00:27:09, 10km - 00:53:39, 15km - 01:19:56, 20km - 01:47:38, 21km - 01:53:45, 25km - 02:15:53, 30km - 02:46:02, 35km - 03:16:35, 40km - 03:49:37									
2780	132	TKACZ Tomasz	LESZNO		POL	M30	938	04:03:29	04:04:41		2511
		5km - 00:24:30, 10km - 00:48:28, 15km - 01:12:24, 20km - 01:36:59, 21km - 01:42:29, 25km - 02:04:20, 30km - 02:37:13, 35km - 03:12:10, 40km - 03:49:03									
2781	1548	STANKIEWICZ Piotr	RADZYMIN		POL	M30	940	04:03:30	04:08:42		2513
		5km - 00:28:12, 10km - 00:55:55, 15km - 01:23:42, 20km - 01:52:03, 21km - 01:58:24, 25km - 02:20:36, 30km - 02:49:50, 35km - 03:18:25, 40km - 03:48:28									
2782	6521	JASKUŁA Paweł	WARSZAWA	runforrest	POL	M40	628	04:03:36	04:06:07		2514
		5km - 00:28:27, 10km - 00:56:40, 15km - 01:24:49, 20km - 01:53:36, 21km - 01:59:45, 25km - 02:22:22, 30km - 02:51:54, 35km - 03:21:18, 40km - 03:50:46									
2783	1848	MĄDEREK Bogusz	POZNAŃ	Bajek	POL	M18	295	04:03:36	04:06:00		2514
		5km - 00:24:43, 10km - 00:49:16, 15km - 01:14:20, 20km - 01:40:24, 21km - 01:46:22, 25km - 02:08:20, 30km - 02:38:42, 35km - 03:13:49, 40km - 03:50:29									
2784	769	PLEBAŃSKI Jarosław	ŚREM		POL	M30	941	04:03:38	04:07:25		2516
		5km - 00:27:03, 10km - 00:53:51, 15km - 01:20:27, 20km - 01:47:41, 21km - 01:53:40, 25km - 02:15:48, 30km - 02:45:21, 35km - 03:15:36, 40km - 03:48:19									
2785	7112	LAPS Jarosław	OKUNIEW		POL	M30	942	04:03:40	04:06:18		2517
		5km - 00:26:30, 10km - 00:52:57, 15km - 01:19:07, 20km - 01:46:25, 21km - 01:52:33, 25km - 02:14:09, 30km - 02:44:10, 35km - 03:16:35, 40km - 03:50:34									
2786	2192	ROBIŃSKI Krzysztof	CZERWONAK		POL	M18	296	04:03:41	04:05:55		2518
		5km - 00:24:28, 10km - 00:50:46, 15km - 01:15:51, 20km - 01:42:53, 21km - 01:49:05, 25km - 02:10:49, 30km - 02:41:50, 35km - 03:19:40, 40km - 03:49:33									
2787	6803	JANISZ Krzysztof	JUSZKOWO	DUDYCZ	POL	M45	383	04:03:42	04:05:30		2519
		5km - 00:24:50, 10km - 00:50:04, 15km - 01:14:48, 20km - 01:40:07, 21km - 01:45:39, 25km - 02:06:35, 30km - 02:38:50, 35km - 03:13:43, 40km - 03:49:20									
2788	2248	DRABER Piotr	POZNAŃ	Biegacze Celebryci	POL	M18	297	04:03:43	04:04:24		2520
		5km - 00:26:13, 10km - 00:52:28, 15km - 01:18:24, 20km - 01:44:28, 21km - 01:50:02, 25km - 02:10:27, 30km - 02:37:12, 35km - 03:08:59, 40km - 03:50:00									
2789	6112	JÓZEFOWICZ Andrzej	KALISZ	Pleszew	POL	M40	629	04:03:48	04:07:18		2521
		5km - 00:26:55, 10km - 00:53:42, 15km - 01:20:28, 20km - 01:47:46, 21km - 01:53:41, 25km - 02:15:16, 30km - 02:46:32, 35km - 03:20:24, 40km - 03:51:11									
2790	1263	ŁUKASIAK Michał	WIADERNO		POL	M40	630	04:03:49	04:07:26		2522
		5km - 00:26:41, 10km - 00:53:27, 15km - 01:19:57, 20km - 01:46:39, 21km - 01:52:30, 25km - 02:13:44, 30km - 02:42:23, 35km - 03:14:47, 40km - 03:50:14									
2791	4144	SIUDAK Anna	TULCE		POL	K30	134	04:03:51	04:10:20	269	
		5km - 00:29:03, 10km - 00:57:44, 15km - 01:25:48, 20km - 01:54:21, 21km - 02:00:26, 25km - 02:22:25, 30km - 02:51:20, 35km - 03:20:22, 40km - 03:50:54									
2792	2748	Zawodnik anonimowy				M30	943	04:03:51	04:08:12		2523
		5km - 00:27:37, 10km - 00:55:21, 15km - 01:23:02, 20km - 01:51:26, 21km - 01:57:55, 25km - 02:19:48, 30km - 02:48:00, 35km - 03:15:55, 40km - 03:50:01									
2793	3115	GORZELAK Zbigniew	JASTRZĘBIE-ZDROJ		POL	M40	631	04:03:52	04:05:10		2524
		5km - 00:27:19, 10km - 00:56:42, 15km - 01:23:22, 20km - 01:50:52, 21km - 01:57:30, 25km - 02:19:12, 30km - 02:49:49, 35km - 03:20:20, 40km - 03:50:45									
2794	3159	LESIAK Paweł	OPOCZNO	WANDA PANFIL TEAM	POL	M40	631	04:03:52	04:09:10		2524
		5km - 00:28:49, 10km - 00:57:34, 15km - 01:26:16, 20km - 01:55:14, 21km - 02:01:20, 25km - 02:23:30, 30km - 02:51:30, 35km - 03:19:18, 40km - 03:48:49									
2795	3546	KRUCZYNSKI Wojtek	NEUDÖRFL	UTTB	AUT	M60	32	04:03:54	04:05:26		2526
		5km - 00:26:18, 10km - 00:52:23, 15km - 01:19:11, 20km - 01:46:23, 21km - 01:52:18, 25km - 02:13:58, 30km - 02:44:09, 35km - 03:16:15, 40km - 03:49:20									
2796	7188	ZBIERSKI Radosław	GNIEZNO	Taki Tam	POL	M45	384	04:03:56	04:08:48		2527
		5km - 00:28:06, 10km - 00:55:38, 15km - 01:23:17, 20km - 01:51:27, 21km - 01:57:30, 25km - 02:19:21, 30km - 02:47:59, 35km - 03:18:38, 40km - 03:49:42									
2797	5630	MIŚ Piotr	NAMYSŁÓW	Diehl Controls Runing Team	POL	M18	298	04:03:57	04:08:03		2528
		5km - 00:28:11, 10km - 00:56:12, 15km - 01:23:35, 20km - 01:51:03, 21km - 01:57:01, 25km - 02:18:51, 30km - 02:47:22, 35km - 03:16:47, 40km - 03:49:29									
2798	6439	REDWANZ Tomasz	GDAŃSK		POL	M18	298	04:03:57	04:06:24		2528
		5km - 00:26:18, 10km - 00:52:27, 15km - 01:18:32, 20km - 01:45:03, 21km - 01:50:45, 25km - 02:11:34, 30km - 02:39:46, 35km - 03:12:57, 40km - 03:49:25									
2799	6298	KRANZ Grzegorz	CZAPURY		POL	M45	385	04:03:58	04:08:15		2530
		5km - 00:26:17, 10km - 00:53:12, 15km - 01:19:58, 20km - 01:47:37, 21km - 01:53:43, 25km - 02:16:17, 30km - 02:47:21, 35km - 03:19:16, 40km - 03:50:41									
2800	4055	SUSZ Artur	KRAKÓW, POW. KRAKÓW	Poranny Parol	POL	M40	633	04:03:59	04:05:31		2531
		5km - 00:26:03, 10km - 00:51:32, 15km - 01:16:44, 20km - 01:43:20, 21km - 01:50:11, 25km - 02:13:32, 30km - 02:45:21, 35km - 03:17:37, 40km - 03:50:15									
2801	3768	GRZYBOWSKI Krzysztof	MŁAWA		POL	M50	141	04:04:00	04:05:22		2532
		5km - 00:26:15, 10km - 00:52:15, 15km - 01:17:47, 20km - 01:43:54, 21km - 01:49:34, 25km - 02:10:30, 30km - 02:40:37, 35km - 03:12:21, 40km - 03:48:48									
2802	2139	SAWICKI Jakub	POZNAŃ		POL	M30	944	04:04:00	04:06:07		2532
		5km - 00:27:53, 10km - 00:55:08, 15km - 01:22:07, 20km - 01:49:07, 21km - 01:54:57, 25km - 02:16:28, 30km - 02:45:37, 35km - 03:16:44, 40km - 03:50:19									
2803	6674	LATANOWICZ Bernard	POZNAŃ		POL	M30	945	04:04:01	04:08:52		2534
		5km - 00:27:54, 10km - 00:55:27, 15km - 01:22:24, 20km - 01:50:38, 21km - 01:56:41, 25km - 02:18:16, 30km - 02:48:33, 35km - 03:18:13, 40km - 03:48:56									
2804	2413	DROZD Kajetan	GLIWICE	KAJETANDROZD.PL	POL	M30	946	04:04:02	04:08:02		2535
		5km - 00:27:48, 10km - 00:55:27, 15km - 01:22:50, 20km - 01:50:43, 21km - 01:56:32, 25km - 02:17:56, 30km - 02:45:37, 35km - 03:14:59, 40km - 03:49:43									
2805	4169	BRZEWIŃSKI Jacek	TRZEMESZNO	BOLT TRZEMESZNO	POL	M45	386	04:04:04	04:08:23		2536
		5km - 00:26:27, 10km - 00:52:51, 15km - 01:19:39, 20km - 01:47:12, 21km - 01:54:18, 25km - 02:16:44, 30km - 02:49:22, 35km - 03:20:55, 40km - 03:51:38									
2806	1453	CZARNKOWSKA Anna	ROBAKOWO		POL	K30	135	04:04:06	04:10:08	270	
		5km - 00:27:36, 10km - 00:55:28, 15km - 01:23:02, 20km - 01:51:04, 21km - 01:57:06, 25km - 02:19:08, 30km - 02:48:28, 35km - 03:18:32, 40km - 03:51:02									
2807	4588	CZERWIŃSKI Dominik	KOMORNIKI	Alvo Medical	POL	M30	947	04:04:08	04:08:27		2537
		5km - 00:26:50, 10km - 00:53:56, 15km - 01:20:47, 20km - 01:49:05, 21km - 01:54:58, 25km - 02:16:25, 30km - 02:45:34, 35km - 03:17:53, 40km - 03:50:44									
2808	3298	GÓRSKI Grzegorz	SUCHY LAS	My Sweet Event Świat Biegacza	POL	M40	634	04:04:10	04:07:43		2538
		5km - 00:26:43, 10km - 00:53:29, 15km - 01:19:56, 20km - 01:46:37, 21km - 01:52:12, 25km - 02:13:26, 30km - 02:44:15, 35km - 03:15:42, 40km - 03:50:40									
2809	6943	BORUCKA Dorota	WRONKI	Wroniecki Klub Biegacza	POL	K30	136	04:04:11	04:07:51	271	
		5km - 00:28:00, 10km - 00:56:08, 15km - 01:23:22, 20km - 01:51:23, 21km - 01:57:42, 25km - 02:20:06, 30km - 02:50:20, 35km - 03:20:39, 40km - 03:52:10									
2810	5320	ŚWIERZKO Artur	GORZÓW WIELKOPOLSKI		POL	M40	635	04:04:13	04:07:42		2539
		5km - 00:26:48, 10km - 00:53:58, 15km - 01:20:30, 20km - 01:47:30, 21km - 01:53:21, 25km - 02:15:02, 30km - 02:44:50, 35km - 03:15:15, 40km - 03:50:07									
2811	521	PRZYBYLSKI Tomasz	POZNAŃ	TRI TOMAJ	POL	M40	636	04:04:14	04:07:45		2540
		5km - 00:26:03, 10km - 00:52:21, 15km - 01:17:31, 20km - 01:43:45, 21km - 01:49:31, 25km - 02:10:52, 30km - 02:42:40, 35km - 03:18:29, 40km - 03:51:08									
2812	323	KWAPISZEWSKI Marcin	GNIEZNO		POL	M30	948	04:04:17	04:09:50		2541
		5km - 00:28:07, 10km - 00:56:01, 15km - 01:23:54, 20km - 01:51:58, 21km - 01:58:06, 25km - 02:20:17, 30km - 02:48:36, 35km - 03:17:45, 40km - 03:50:32									
2813	1630	MOTTRAM Carl	KOŁOBRZEG	The English Sporting Club, Kołobrzeg	POL	M45	387	04:04:23	04:06:31		2542
		5km - 00:25:26, 10km - 00:50:42, 15km - 01:15:57, 20km - 01:41:53, 21km - 01:47:31, 25km - 02:08:52, 30km - 02:37:38, 35km - 03:11:12, 40km - 03:48:17									
2814	343	SZOTA Wojciech	WARSZAWA	MARATOŃCZYK.PL	POL	M45	388	04:04:26	04:04:46		2543
		5km - 00:27:16, 10km - 00:55:42, 15km - 01:24:32, 20km - 01:53:13, 21km - 01:59:21, 25km - 02:20:59, 30km - 02:49:03, 35km - 03:17:59, 40km - 03:52:19									
2815	4964	JANCZAK-GOLAŃSKA Anna	GŁOGÓW	Centrum Fizjoterapii Manufaktura Zdrowia	POL	K18	50	04:04:27	04:06:05	272	
		5km - 00:26:57, 10km - 00:53:41, 15km - 01:19:59, 20km - 01:47:48, 21km - 01:53:50, 25km - 02:15:59, 30km - 02:47:05, 35km - 03:18:01, 40km - 03:51:04									
2816	7324	O'SULLIVAN Conor	BROMLEY		GBR	M18	300	04:04:27	04:08:20		2544
		5km - 00:26:25, 10km - 00:56:03, 15km - 01:21:31, 20km - 01:48:12, 21km - 01:53:56, 25km - 02:15:51, 30km - 02:45:49, 35km - 03:16:36, 40km - 03:50:26									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
2817	6452	CHOJNACKI Maciej	BISKUPICE	Night Runners/Pobiedziska Running Team	POL	M40	637	04:04:29	04:05:18		2545
		5km - 00:24:39, 10km - 00:49:48, 15km - 01:15:38, 20km - 01:42:09, 21km - 01:48:02, 25km - 02:09:19, 30km - 02:38:31, 35km - 03:12:59, 40km - 03:49:07									
2818	6899	MARCINKOWSKI Mikołaj	DOPIEWIEC	Zgrupka Team	POL	M40	638	04:04:32	04:06:59		2546
		5km - 00:27:16, 10km - 00:55:48, 15km - 01:22:36, 20km - 01:50:33, 21km - 01:56:40, 25km - 02:18:30, 30km - 02:47:47, 35km - 03:19:34, 40km - 03:51:22									
2819	3396	COTELO Victor	A CORU?A		ESP	M30	949	04:04:33	04:05:58		2547
		5km - 00:25:30, 10km - 00:50:54, 15km - 01:16:17, 20km - 01:42:50, 21km - 01:48:30, 25km - 02:09:53, 30km - 02:38:42, 35km - 03:13:20, 40km - 03:49:52									
2820	7233	HENDRICH Rafał	SIERAKOWICE		POL	M30	950	04:04:35	04:05:48		2548
		5km - 00:23:20, 10km - 00:46:23, 15km - 01:09:21, 20km - 01:33:23, 21km - 01:38:37, 25km - 01:58:06, 30km - 02:26:24, 35km - 02:58:51, 40km - 03:47:57									
2821	6292	KAPCIŃSKA Małgorzata	LUSÓWKO	Zgrupka Team	POL	K45	28	04:04:35	04:07:02	273	
		5km - 00:27:16, 10km - 00:54:56, 15km - 01:22:37, 20km - 01:50:34, 21km - 01:56:40, 25km - 02:18:31, 30km - 02:47:48, 35km - 03:19:35, 40km - 03:51:21									
2822	1860	ZABOROWSKA Paulina	GDYNIA	idacprzedsiebie.pl	POL	K18	51	04:04:36	04:08:28	274	
		5km - 00:26:31, 10km - 00:53:42, 15km - 01:21:09, 20km - 01:49:37, 21km - 01:56:00, 25km - 02:18:37, 30km - 02:49:44, 35km - 03:20:34, 40km - 03:51:41									
2823	353	MACHAJEWSKI Marcin	BYDGOSZCZ	Fenix	POL	M30	951	04:04:37	04:08:40		2549
		5km - 00:28:09, 10km - 00:56:52, 15km - 01:24:11, 20km - 01:52:28, 21km - 01:58:54, 25km - 02:20:36, 30km - 02:49:59, 35km - 03:19:36, 40km - 03:49:13									
2824	3327	ROKSELA Wojciech	OSTRÓW WIELKOPOLSKI		POL	M60	33	04:04:37	04:07:54		2549
		5km - 00:27:07, 10km - 00:54:10, 15km - 01:21:08, 20km - 01:49:11, 21km - 01:55:29, 25km - 02:17:22, 30km - 02:47:40, 35km - 03:19:28, 40km - 03:50:51									
2825	3682	SEKUŁA Paweł	LUBIN	Biegająca Kasta Miedziowego Miasta	POL	M30	951	04:04:37	04:09:48		2549
		5km - 00:27:40, 10km - 00:53:53, 15km - 01:19:50, 20km - 01:46:18, 21km - 01:52:39, 25km - 02:15:30, 30km - 02:46:57, 35km - 03:19:06, 40km - 03:51:50									
2826	2910	CHWAŁEK Piotr	KIELCE		POL	M50	142	04:04:38	04:05:56		2552
		5km - 00:27:28, 10km - 00:55:15, 15km - 01:23:00, 20km - 01:51:31, 21km - 01:57:34, 25km - 02:20:08, 30km - 02:50:03, 35km - 03:20:36, 40km - 03:52:09									
2827	1856	WASZAK Adrian	LUBASZ		POL	M18	301	04:04:38	04:08:12		2552
		5km - 00:25:35, 10km - 00:49:26, 15km - 01:12:54, 20km - 01:37:31, 21km - 01:43:00, 25km - 02:03:10, 30km - 02:36:05, 35km - 03:11:18, 40km - 03:50:50									
2828	3243	KUBLER Anna	KRAKÓW		POL	K45	29	04:04:39	04:09:49	275	
		5km - 00:27:38, 10km - 00:55:28, 15km - 01:23:06, 20km - 01:51:10, 21km - 01:57:09, 25km - 02:19:08, 30km - 02:49:01, 35km - 03:18:56, 40km - 03:51:25									
2829	5939	MIELCAREK Łukasz	KROTOSZYN	Lutogniew	POL	M30	953	04:04:39	04:09:40		2554
		5km - 00:27:47, 10km - 00:55:36, 15km - 01:23:29, 20km - 01:51:15, 21km - 01:57:16, 25km - 02:19:05, 30km - 02:47:30, 35km - 03:17:25, 40km - 03:50:44									
2830	6350	PAWLAK Bartosz	POZNAŃ	Biegiem na kebaba	POL	M18	302	04:04:39	04:08:36		2554
		5km - 00:25:03, 10km - 00:50:06, 15km - 01:15:12, 20km - 01:40:40, 21km - 01:46:13, 25km - 02:07:04, 30km - 02:36:17, 35km - 03:07:37, 40km - 03:47:29									
2831	3379	TASAREK Bartosz	POZNAŃ		POL	M18	302	04:04:39	04:05:19		2554
		5km - 00:24:32, 10km - 00:48:53, 15km - 01:13:14, 20km - 01:40:19, 21km - 01:46:41, 25km - 02:10:40, 30km - 02:43:18, 35km - 03:18:48, 40km - 03:52:24									
2832	57	OTANI Noriko	TAKASAKI		JPN	K45	30	04:04:41	04:06:31	276	
		5km - 00:24:53, 10km - 00:49:57, 15km - 01:14:56, 20km - 01:42:07, 21km - 01:47:56, 25km - 02:09:27, 30km - 02:39:59, 35km - 03:10:37, 40km - 03:50:09									
2833	2906	ŚWIERSZCZ Adam	PISZ		POL	M30	954	04:04:41	04:06:31		2557
		5km - 00:27:15, 10km - 00:54:44, 15km - 01:21:39, 20km - 01:49:43, 21km - 01:56:11, 25km - 02:18:40, 30km - 02:48:50, 35km - 03:19:02, 40km - 03:50:46									
2834	2513	Zawodnik anonimowy				K40	51	04:04:41	04:08:58	276	
		5km - 00:28:07, 10km - 00:56:11, 15km - 01:23:48, 20km - 01:52:09, 21km - 01:58:17, 25km - 02:20:53, 30km - 02:49:51, 35km - 03:19:31, 40km - 03:51:35									
2835	4256	SKOCZYŃSKI Tomasz	INOWROCŁAW	Sam Radę Dam	POL	M45	389	04:04:42	04:08:23		2558
		5km - 00:26:33, 10km - 00:53:23, 15km - 01:19:54, 20km - 01:46:27, 21km - 01:52:07, 25km - 02:13:05, 30km - 02:40:36, 35km - 03:15:46, 40km - 03:50:39									
2836	4573	NIENARTOWICZ Łukasz	ROKIETNICA	Britenet	POL	M30	955	04:04:43	04:05:53		2559
		5km - 00:24:00, 10km - 00:48:06, 15km - 01:12:40, 20km - 01:38:07, 21km - 01:44:03, 25km - 02:04:59, 30km - 02:37:26, 35km - 03:12:53, 40km - 03:49:02									
2837	7016	KWIATKOWSKI Michał	WEJHEROWO		POL	M30	956	04:04:44	04:06:03		2560
		5km - 00:24:13, 10km - 00:50:16, 15km - 01:15:03, 20km - 01:42:36, 21km - 01:49:08, 25km - 02:11:10, 30km - 02:41:39, 35km - 03:15:50, 40km - 03:51:46									
2838	3020	PINIARSKI Michał	MOGILNO	Mogilno Team	POL	M30	957	04:04:47	04:05:49		2561
		5km - 00:24:54, 10km - 00:49:41, 15km - 01:14:24, 20km - 01:39:43, 21km - 01:45:18, 25km - 02:07:05, 30km - 02:39:34, 35km - 03:14:33, 40km - 03:52:05									
2839	4818	GAJEWSKI Mariusz	ŚWINOUJŚCIE		POL	M40	639	04:04:49	04:11:10		2562
		5km - 00:25:26, 10km - 00:50:26, 15km - 01:15:37, 20km - 01:42:11, 21km - 01:48:11, 25km - 02:09:40, 30km - 02:41:38, 35km - 03:15:51, 40km - 03:51:58									
2840	2745	HALINIAK Marek	NOWY TOMYŚL	NKB Chyży Nowy Tomyśl	POL	M40	639	04:04:49	04:07:03		2562
		5km - 00:26:11, 10km - 00:51:35, 15km - 01:17:04, 20km - 01:43:03, 21km - 01:48:45, 25km - 02:11:08, 30km - 02:43:37, 35km - 03:20:16, 40km - 03:50:58									
2841	1055	JAROS Marcin	CZELADŹ	Oddział Prewencji Policji w Katowicach	POL	M30	958	04:04:49	04:08:56		2562
		5km - 00:28:40, 10km - 00:56:44, 15km - 01:24:33, 20km - 01:52:28, 21km - 01:58:23, 25km - 02:20:15, 30km - 02:48:58, 35km - 03:19:13, 40km - 03:50:25									
2842	4093	SOŁTYSIAK Adam	KLESZCZEWO		POL	M40	641	04:04:50	04:08:58		2565
		5km - 00:28:16, 10km - 00:56:47, 15km - 01:24:48, 20km - 01:53:22, 21km - 01:59:31, 25km - 02:21:58, 30km - 02:51:58, 35km - 03:21:53, 40km - 03:52:59									
2843	5774	Zawodnik anonimowy				K40	52	04:04:50	04:10:06	278	
		5km - 00:28:08, 10km - 00:56:01, 15km - 01:23:36, 20km - 01:51:58, 21km - 01:58:10, 25km - 02:20:26, 30km - 02:49:47, 35km - 03:19:32, 40km - 03:52:35									
2844	1610	KUCHARSKI Sebastian	BONIKOWO	Kościan Team	POL	M45	390	04:04:51	04:05:56		2566
		5km - 00:25:28, 10km - 00:51:13, 15km - 01:16:48, 20km - 01:43:10, 21km - 01:48:56, 25km - 02:10:44, 30km - 02:41:23, 35km - 03:16:09, 40km - 03:51:10									
2845	54	KOBAYASHI Itaru	TAKASAKI		JPN	M55	86	04:04:55	04:07:38		2567
		5km - 00:27:17, 10km - 00:54:43, 15km - 01:22:09, 20km - 01:49:54, 21km - 01:56:08, 25km - 02:17:49, 30km - 02:46:26, 35km - 03:16:06, 40km - 03:49:14									
2846	6282	MARSZAŁKOWSKA Magdalena	PIOTROWICE	Pasjonaci Słupca / KMP Konin	POL	K40	53	04:04:56	04:09:09	279	
		5km - 00:26:58, 10km - 00:54:12, 15km - 01:21:20, 20km - 01:49:12, 21km - 01:55:23, 25km - 02:17:04, 30km - 02:49:39, 35km - 03:19:56, 40km - 03:51:06									
2847	5145	MARASZAŁKOWSKI Mirosław	POZNAŃ		POL	M40	642	04:04:57	04:09:10		2568
		5km - 00:27:00, 10km - 00:54:17, 15km - 01:21:20, 20km - 01:49:12, 21km - 01:55:22, 25km - 02:17:05, 30km - 02:49:38, 35km - 03:19:56, 40km - 03:51:08									
2848	6314	RAŚNIEWSKA Angelika	BABIN	Pasjonaci Słupca	POL	K30	137	04:04:57	04:09:10	280	
		5km - 00:26:58, 10km - 00:54:12, 15km - 01:21:20, 20km - 01:49:12, 21km - 01:55:22, 25km - 02:17:05, 30km - 02:49:39, 35km - 03:19:57, 40km - 03:51:29									
2849	5668	PRZYBYLSKA Agnieszka	ZIELĄTKOWO		POL	K40	54	04:04:58	04:06:54	281	
		5km - 00:27:00, 10km - 00:54:07, 15km - 01:21:09, 20km - 01:48:57, 21km - 01:55:16, 25km - 02:17:30, 30km - 02:47:47, 35km - 03:18:48, 40km - 03:51:13									
2850	7206	SZEWCZYK Grzegorz	OPOLE		POL	M55	87	04:04:58	04:09:08		2569
		5km - 00:26:11, 10km - , 15km - 01:19:25, 20km - 01:45:54, 21km - 01:51:33, 25km - 02:12:56, 30km - 02:45:03, 35km - 03:16:03, 40km - 03:51:06									
2851	1981	SKOCZYLAS Marta	POZNAŃ		POL	K40	55	04:04:59	04:09:31	282	
		5km - 00:28:11, 10km - 00:56:06, 15km - 01:23:46, 20km - 01:51:55, 21km - 01:58:00, 25km - 02:20:33, 30km - 02:50:20, 35km - 03:20:18, 40km - 03:51:49									
2852	2142	ZAWORA Łukasz	PUSTKÓW		POL	M30	959	04:04:59	04:05:58		2570
		5km - 00:24:46, 10km - 00:49:49, 15km - 01:15:03, 20km - 01:40:51, 21km - 01:46:33, 25km - 02:08:17, 30km - 02:41:18, 35km - 03:15:55, 40km - 03:49:35									
2853	6811	SZYNDLAREWICZ Tomasz	DOBRZYKOWICE	Volvo Polska	POL	M40	643	04:05:00	04:07:23		2571
		5km - 00:25:48, 10km - 00:51:32, 15km - 01:17:12, 20km - 01:43:14, 21km - 01:48:55, 25km - 02:09:32, 30km - 02:38:54, 35km - 03:13:28, 40km - 03:49:47									
2854	4322	TOMIAK Dominik	KOMORNIKI	Grzmot Komorniki	POL	M30	960	04:05:03	04:05:53		2572
		5km - 00:22:23, 10km - 00:45:14, 15km - 01:08:04, 20km - 01:31:12, 21km - 01:36:19, 25km - 01:55:21, 30km - 02:23:24, 35km - 02:58:50, 40km - 03:44:08									
2855	542	BIKOWSKI Daniel	ŁOMŻA		POL	M40	644	04:05:04	04:09:16		2573
		5km - 00:26:02, 10km - 00:51:33, 15km - 01:16:47, 20km - 01:43:07, 21km - 01:49:41, 25km - 02:11:42, 30km - 02:43:46, 35km - 03:18:12, 40km - 03:52:05									
2856	6553	SŁODKOWSKI Marek	STANISZCZE WIELKIE	Mafia Team Lubliniec	POL	M40	644	04:05:04	04:09:47		2573
		5km - 00:27:38, 10km - 00:55:42, 15km - 01:23:10, 20km - 01:51:10, 21km - 01:57:11, 25km - 02:18:47, 30km - 02:47:38, 35km - 03:18:24, 40km - 03:52:02									
2857	4437	MICHALSKI Dariusz	KOZIEGŁOWY	Biegacze Juniora - Runners Team	POL	M30	961	04:05:06	04:07:11		2575
		5km - 00:24:43, 10km - 00:49:26, 15km - 01:14:19, 20km - 01:40:16, 21km - 01:46:19, 25km - 02:11:12, 30km - 02:43:52, 35km - 03:18:34, 40km - 03:51:24									
2858	6984	NOWAK Paweł	RADOMSKO		POL	M40	646	04:05:06	04:08:49		2575
		5km - 00:26:34, 10km - 00:53:17, 15km - 01:19:46, 20km - 01:46:07, 21km - 01:51:55, 25km - 02:12:48, 30km - 02:45:03, 35km - 03:18:30, 40km - 03:50:04									
2859	2202	ZJEŻDŻAŁKA Artur	PĘPOWO	KRZEKOTOWICE - GMINA PĘPOWO	POL	M40	646	04:05:06	04:07:54		2575
		5km - 00:27:18, 10km - 00:53:00, 15km - 01:19:32, 20km - 01:46:34, 21km - 01:53:14, 25km - 02:14:53, 30km - 02:46:48, 35km - 03:19:32, 40km - 03:51:20									
2860	3245	SAMOTYJAK Tomasz	LUBLEWO GDAŃSKIE		POL	M40	648	04:05:09	04:09:43		2578
		5km - 00:27:28, 10km - 00:54:41, 15km - 01:21:09, 20km - 01:48:37, 21km - 01:54:33, 25km - 02:16:24, 30km - 02:46:33, 35km - 03:17:43, 40km - 03:51:00									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
2861	4042	FILIPKOWSKI Mateusz	LONDON	Team Pikel	GBR	M40	649	04:05:11	04:09:58		2579
		5km - 00:24:30, 10km - 00:49:17, 15km - 01:14:07, 20km - 01:40:17, 21km - 01:45:59, 25km - 02:07:05, 30km - 02:38:18, 35km - 03:11:55, 40km - 03:48:31									
2862	2754	STUDENT Arkadiusz	LUBLINIEC	Lucky Losers	POL	M40	650	04:05:12	04:07:46		2580
		5km - 00:27:24, 10km - 00:54:43, 15km - 01:21:30, 20km - 01:49:20, 21km - 01:55:54, 25km - 02:17:50, 30km - 02:48:35, 35km - 03:19:27, 40km - 03:50:44									
2863	1159	ĆWIRKO Łukasz	KOSZALIN		POL	M30	962	04:05:14	04:08:50		2581
		5km - 00:26:22, 10km - 00:52:46, 15km - 01:18:20, 20km - 01:45:39, 21km - 01:51:56, 25km - 02:14:57, 30km - 02:45:55, 35km - 03:18:55, 40km - 03:52:02									
2864	5439	MILEWSKI Arkadiusz	ROBAKOWO	PSS Pozytywnie Zakreceni	POL	M40	651	04:05:14	04:10:22		2581
		5km - 00:28:22, 10km - 00:56:26, 15km - 01:24:26, 20km - 01:52:55, 21km - 01:59:10, 25km - 02:21:31, 30km - 02:51:07, 35km - 03:21:28, 40km - 03:52:35									
2865	2201	PLESINSKI Sebastian	SOSNOWIEC		POL	M40	651	04:05:14	04:08:35		2581
		5km - 00:25:51, 10km - 00:51:47, 15km - 01:17:30, 20km - 01:43:47, 21km - 01:49:22, 25km - 02:10:44, 30km - 02:41:14, 35km - 03:15:41, 40km - 03:51:25									
2866	3849	BISHOP Kathy	COLCHESTER	Great Bentley	GBR	K50	10	04:05:15	04:07:34	283	
		5km - 00:27:20, 10km - 00:54:26, 15km - 01:21:28, 20km - 01:49:12, 21km - 01:55:23, 25km - 02:17:13, 30km - 02:47:20, 35km - 03:20:42, 40km - 03:52:41									
2867	2783	BUZDEREWICZ Daniel	BIELSKO-BIAŁA		POL	M40	653	04:05:24	04:08:24		2584
		5km - 00:27:00, 10km - 00:54:06, 15km - 01:21:00, 20km - 01:48:09, 21km - 01:54:18, 25km - 02:15:45, 30km - 02:44:55, 35km - 03:17:51, 40km - 03:51:51									
2868	3975	JELAK Krystian	POTARZYCA		POL	M18	304	04:05:26	04:08:03		2585
		5km - 00:26:11, 10km - 00:51:52, 15km - 01:17:02, 20km - 01:46:06, 21km - 01:52:35, 25km - 02:16:08, 30km - 02:47:24, 35km - 03:20:15, 40km - 03:51:39									
2869	6005	SŁUSZNIAK Sławomir	GLIWICE	Sumitomo SHI FW	POL	M50	143	04:05:27	04:09:00		2586
		5km - 00:26:53, 10km - 00:53:49, 15km - 01:20:19, 20km - 01:47:36, 21km - 01:53:49, 25km - 02:15:29, 30km - 02:46:20, 35km - 03:19:58, 40km - 03:52:24									
2870	5355	WOJCIECHOWSKI Marcin	SZCZECIN	Wieczorne Bieganie w Szczecinie	POL	M40	654	04:05:28	04:10:04		2587
		5km - 00:27:36, 10km - 00:54:29, 15km - 01:21:11, 20km - 01:48:43, 21km - 01:54:44, 25km - 02:16:42, 30km - 02:46:19, 35km - 03:17:16, 40km - 03:50:41									
2871	4666	KIEŁTYKA Piotr	KRAKÓW	Wisła Socios	POL	M30	963	04:05:29	04:08:44		2588
		5km - 00:25:59, 10km - 00:51:56, 15km - 01:18:05, 20km - 01:44:43, 21km - 01:50:36, 25km - 02:12:14, 30km - 02:41:42, 35km - 03:12:30, 40km - 03:50:40									
2872	5361	RASCHINSKIY Aleksandr	MINSK	Mikkeller Running Club Minsk	BLR	M18	305	04:05:29	04:07:59		2588
		5km - 00:31:17, 10km - 00:59:57, 15km - 01:29:04, 20km - 02:01:22, 21km - 02:08:29, 25km - 02:32:26, 30km - 02:58:19, 35km - 03:25:07, 40km - 03:53:16									
2873	1054	ROSIEK Robert	KRAKÓW		POL	M40	655	04:05:29	04:10:04		2588
		5km - 00:28:15, 10km - 00:55:54, 15km - 01:23:03, 20km - 01:50:33, 21km - 01:56:28, 25km - 02:18:25, 30km - 02:47:39, 35km - 03:17:38, 40km - 03:51:29									
2874	632	GRZESIK Paweł	DĄBROWA GÓRNICZA	Huta Bankowa	POL	M40	656	04:05:30	04:06:07		2591
		5km - 00:24:58, 10km - 00:50:40, 15km - 01:16:54, 20km - 01:45:10, 21km - 01:51:33, 25km - 02:14:37, 30km - 02:45:52, 35km - 03:19:24, 40km - 03:51:56									
2875	1880	KRZYMIŃSKI Maciej	POZNAŃ		POL	M40	656	04:05:30	04:11:03		2591
		5km - 00:28:04, 10km - 00:56:09, 15km - , 20km - 01:51:34, 21km - 01:57:34, 25km - 02:19:33, 30km - 02:48:21, 35km - 03:17:56, 40km - 03:50:34									
2876	2676	KULWICKI Łukasz	STARY TORUŃ		POL	M30	964	04:05:30	04:09:24		2591
		5km - 00:28:11, 10km - 00:56:33, 15km - 01:24:31, 20km - 01:53:35, 21km - 01:59:40, 25km - 02:21:57, 30km - 02:50:47, 35km - 03:20:21, 40km - 03:52:05									
2877	3365	SROKA Krystian	WROCŁAW		POL	M45	391	04:05:30	04:09:46		2591
		5km - 00:28:23, 10km - 00:55:50, 15km - 01:22:20, 20km - 01:49:54, 21km - 01:57:05, 25km - 02:18:41, 30km - 02:48:14, 35km - 03:18:54, 40km - 03:49:38									
2878	902	KOZIOŁ Paweł	DĄBROWA GÓRNICZA		POL	M30	965	04:05:35	04:10:46		2595
		5km - 00:28:29, 10km - 00:56:32, 15km - 01:24:24, 20km - 01:52:39, 21km - 01:58:53, 25km - 02:21:14, 30km - 02:51:08, 35km - 03:20:20, 40km - 03:51:59									
2879	7133	WACHOWIAK Rafał	KOBYLIN	Da-Ko	POL	M40	658	04:05:36	04:10:39		2596
		5km - 00:28:27, 10km - 00:56:45, 15km - 01:24:25, 20km - 01:52:33, 21km - 01:58:48, 25km - 02:21:07, 30km - 02:49:59, 35km - 03:19:12, 40km - 03:50:41									
2880	5497	BESZCZYŃSKI Kornel	TORUŃ	parkrun Toruń GP Team	POL	M40	659	04:05:37	04:08:13		2597
		5km - 00:26:32, 10km - 00:53:11, 15km - 01:19:06, 20km - 01:46:22, 21km - 01:52:20, 25km - 02:13:46, 30km - 02:44:01, 35km - 03:16:25, 40km - 03:50:48									
2881	823	KOZAKIEWICZ Tomasz	SANDOMIERZ	TSA Sandomierz	POL	M50	144	04:05:39	04:16:08		2598
		5km - 00:26:05, 10km - 00:53:22, 15km - 01:20:02, 20km - 01:47:26, 21km - 01:53:26, 25km - 02:15:11, 30km - 02:44:31, 35km - 03:16:51, 40km - 03:51:37									
2882	2407	WASILEWSKI Michał	ZALASEWO		POL	M40	660	04:05:39	04:06:20		2598
		5km - 00:24:27, 10km - 00:49:12, 15km - 01:13:40, 20km - 01:38:56, 21km - 01:44:27, 25km - 02:06:31, 30km - 02:39:15, 35km - 03:12:44, 40km - 03:50:58									
2883	4432	KANDULSKI Jakub	OPALENICA	kuce z bronksu	POL	M30	966	04:05:41	04:07:17		2600
		5km - 00:26:59, 10km - 00:54:55, 15km - 01:22:21, 20km - 01:50:09, 21km - 01:56:14, 25km - 02:18:34, 30km - 02:47:55, 35km - 03:20:31, 40km - 03:53:04									
2884	3560	MICHALKIEWICZ Adam	POZNAŃ		POL	M30	966	04:05:41	04:09:54		2600
		5km - 00:28:10, 10km - 00:56:41, 15km - 01:24:43, 20km - 01:53:17, 21km - 01:59:26, 25km - 02:21:53, 30km - 02:51:52, 35km - 03:22:25, 40km - 03:52:59									
2885	4164	DYDYNA Krzysztof	KĄTY RYBACKIE	RCI Gdynia	POL	M50	145	04:05:43	04:08:10		2602
		5km - 00:25:16, 10km - 00:49:44, 15km - 01:14:18, 20km - 01:40:55, 21km - 01:47:22, 25km - 02:10:00, 30km - 02:41:33, 35km - 03:15:25, 40km - 03:53:25									
2886	3462	PACZKOWSKI Witold	POZNAN	Wataha	POL	M40	661	04:05:46	04:06:26		2603
		5km - 00:25:15, 10km - 00:51:10, 15km - 01:16:59, 20km - 01:43:39, 21km - 01:49:33, 25km - 02:12:39, 30km - 02:43:50, 35km - 03:16:31, 40km - 03:52:12									
2887	417	WIECZOREK Łukasz	GĄSAWA	OSP Gąsawa	POL	M30	968	04:05:48	04:09:00		2604
		5km - 00:27:45, 10km - 00:54:54, 15km - 01:21:48, 20km - 01:49:23, 21km - 01:55:46, 25km - 02:17:01, 30km - 02:46:30, 35km - 03:17:21, 40km - 03:49:54									
2888	3717	WRIGHT Catherine	KETTERING	Kettering Town Harriers	GBR	K65	1	04:05:52	04:09:20	284	
		5km - 00:26:42, 10km - 00:53:48, 15km - 01:20:05, 20km - 01:47:08, 21km - 01:52:47, 25km - 02:14:41, 30km - 02:46:00, 35km - 03:17:16, 40km - 03:52:11									
2889	5574	ZWOLIŃSKI Robert	POZNAŃ		POL	M30	969	04:05:54	04:07:34		2605
		5km - 00:27:29, 10km - 00:55:16, 15km - 01:22:40, 20km - 01:50:31, 21km - 01:56:33, 25km - 02:18:53, 30km - 02:49:24, 35km - 03:20:47, 40km - 03:52:37									
2890	3474	PHILLIPS Kate	LONDON	Miss	GBR	K30	138	04:05:55	04:11:15	285	
		5km - 00:28:08, 10km - 00:55:40, 15km - 01:23:02, 20km - 01:51:01, 21km - 01:57:32, 25km - 02:19:35, 30km - 02:49:27, 35km - 03:20:49, 40km - 03:53:14									
2891	1836	DĘBOWSKI Waldemar	KAŹMIERZ		POL	M30	970	04:05:59	04:12:47		2606
		5km - 00:29:22, 10km - 00:57:40, 15km - 01:25:41, 20km - 01:54:29, 21km - 02:01:06, 25km - 02:23:20, 30km - 02:52:56, 35km - 03:23:35, 40km - 03:53:28									
2892	6279	KOZŁOWSKI Piotr	MECHLIN		POL	M40	662	04:05:59	04:11:37		2606
		5km - 00:29:09, 10km - 00:58:24, 15km - 01:27:05, 20km - 01:56:08, 21km - 02:03:07, 25km - 02:25:40, 30km - 02:56:51, 35km - 03:25:31, 40km - 03:54:23									
2893	1538	CZARNECKI Krzysztof	USTROŃ		POL	M40	663	04:06:00	04:11:13		2608
		5km - 00:28:11, 10km - 00:56:50, 15km - 01:23:42, 20km - 01:52:12, 21km - 01:58:19, 25km - 02:20:36, 30km - 02:49:50, 35km - 03:18:16, 40km - 03:50:48									
2894	4702	WESOŁOWSKI Maciej	GRODZISK MAZOWIECKI	WKSB	POL	M40	664	04:06:02	04:06:58		2609
		5km - 00:26:43, 10km - 00:53:07, 15km - 01:19:20, 20km - 01:45:55, 21km - 01:51:38, 25km - 02:12:35, 30km - 02:42:21, 35km - 03:15:27, 40km - 03:51:28									
2895	1249	KUROWSKI Aleksander	WAŁBRZYCH	Predators Wałbrzych	POL	M40	665	04:06:04	04:09:32		2610
		5km - 00:26:53, 10km - 00:53:29, 15km - 01:20:05, 20km - 01:46:35, 21km - 01:52:13, 25km - 02:13:12, 30km - 02:42:07, 35km - 03:15:21, 40km - 03:50:56									
2896	1604	WOJNICKI Grzegorz	ROZPRZA	PASSION LIFE JOY, PKB ENDORFINA	POL	M45	392	04:06:04	04:08:22		2610
		5km - 00:26:43, 10km - 00:53:31, 15km - 01:20:35, 20km - 01:47:35, 21km - 01:53:40, 25km - 02:15:10, 30km - 02:43:41, 35km - 03:15:08, 40km - 03:53:11									
2897	5514	GIBAS Michał	SŁAWNO		POL	M18	306	04:06:06	04:11:11		2612
		5km - 00:27:40, 10km - 00:55:13, 15km - 01:22:11, 20km - 01:50:25, 21km - 01:56:28, 25km - 02:18:10, 30km - 02:48:35, 35km - 03:20:08, 40km - 03:52:11									
2898	2276	WIECHA Sebastian	CHUDOBA		POL	M30	971	04:06:07	04:09:07		2613
		5km - 00:27:22, 10km - 00:54:30, 15km - 01:21:35, 20km - 01:49:19, 21km - 01:55:14, 25km - 02:17:03, 30km - 02:47:22, 35km - 03:19:05, 40km - 03:52:48									
2899	3834	GUMULA Paulina	POZNAŃ	Branżowa Szkoła I stopnia nr 42 Poznań	POL	K30	139	04:06:08	04:12:30	286	
		5km - 00:29:18, 10km - 00:58:33, 15km - 01:27:55, 20km - 01:57:55, 21km - 02:04:20, 25km - 02:27:58, 30km - 02:57:41, 35km - 03:26:02, 40km - 03:54:40									
2900	5807	NOWAK Artur	GDYNIA	A@G Carp Team	POL	M45	393	04:06:08	04:09:44		2614
		5km - 00:26:52, 10km - 00:53:31, 15km - 01:19:44, 20km - 01:46:19, 21km - 01:52:05, 25km - 02:13:12, 30km - 02:43:12, 35km - 03:16:31, 40km - 03:50:50									
2901	1407	KONECKI Damian	MORYŃ	You'll Never Walk Alone	POL	M18	307	04:06:09	04:09:29		2615
		5km - 00:27:26, 10km - 00:54:27, 15km - 01:21:04, 20km - 01:47:43, 21km - 01:54:05, 25km - 02:15:15, 30km - 02:45:10, 35km - 03:17:17, 40km - 03:53:34									
2902	2301	TOMASZEWSKI Dawid	KOMORNIKI	LódDziki Komorniki	POL	M40	666	04:06:10	04:10:06		2616
		5km - 00:27:05, 10km - 00:54:12, 15km - 01:20:52, 20km - 01:48:24, 21km - 01:54:28, 25km - 02:16:21, 30km - 02:46:43, 35km - 03:19:13, 40km - 03:52:44									
2903	2807	ŻAK Sławomir	GNIEZNO	Night runners Gniezno	POL	M30	972	04:06:14	04:08:48		2617
		5km - 00:26:26, 10km - 00:52:24, 15km - 01:18:21, 20km - 01:45:06, 21km - 01:50:50, 25km - 02:12:05, 30km - 02:40:59, 35km - 03:14:14, 40km - 03:51:31									
2904	5834	GADEK Pawel	DALKEITH		POL	M30	973	04:06:16	04:09:02		2618
		5km - 00:27:29, 10km - 00:54:32, 15km - 01:21:43, 20km - 01:50:05, 21km - 01:56:31, 25km - 02:19:03, 30km - 02:50:16, 35km - 03:21:27, 40km - 03:53:30									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
2905	4154	PELA Hanna	WODNICA	USB ustka	POL	K40	56	04:06:16	04:10:14	287	
		5km - 00:28:11, 10km - 00:56:18, 15km - 01:24:20, 20km - 01:52:31, 21km - 01:58:51, 25km - 02:21:13, 30km - 02:51:28, 35km - 03:22:56, 40km - 03:53:16									
2906	7332	TOPOLSKI Marcin	ŻAGAŃ		POL	M30	973	04:06:16	04:09:02		2618
		5km - 00:27:29, 10km - 00:54:32, 15km - 01:21:43, 20km - 01:50:05, 21km - 01:56:30, 25km - 02:19:03, 30km - 02:50:15, 35km - 03:21:26, 40km - 03:53:25									
2907	3555	MARCINIAK Jacek	KONIN		POL	M40	667	04:06:17	04:11:50		2620
		5km - 00:29:36, 10km - 00:58:59, 15km - 01:27:27, 20km - 01:56:08, 21km - 02:02:32, 25km - 02:25:07, 30km - 02:55:03, 35km - 03:25:04, 40km - 03:54:38									
2908	4099	WOJCZYŃSKI Jarosław	PIASKOWO	Hansa-Flex	POL	M40	668	04:06:18	04:11:52		2621
		5km - 00:25:40, 10km - 00:51:44, 15km - 01:18:14, 20km - 01:45:02, 21km - 01:51:35, 25km - 02:12:59, 30km - 02:44:03, 35km - 03:17:44, 40km - 03:52:00									
2909	506	WRÓBEL-GŁOWACKA Honorata	KRAKÓW	Active Jura	POL	K40	57	04:06:19	04:10:07	288	
		5km - 00:27:57, 10km - 00:56:01, 15km - 01:23:28, 20km - 01:52:28, 21km - 01:58:37, 25km - 02:20:55, 30km - 02:51:12, 35km - 03:21:04, 40km - 03:53:07									
2910	6953	PETERS Michel	BERLIN		EUA	M18	308	04:06:20	04:07:52		2622
		5km - 00:24:35, 10km - 00:49:36, 15km - 01:14:13, 20km - 01:39:31, 21km - 01:45:18, 25km - 02:06:20, 30km - 02:36:52, 35km - 03:12:34, 40km - 03:50:29									
2911	2559	SAK Joanna	INOWROCŁAW	DRUŻYNA SZPIKU	POL	K30	140	04:06:20	04:09:56	289	
		5km - 00:26:55, 10km - 00:53:58, 15km - 01:20:39, 20km - 01:48:34, 21km - 01:54:29, 25km - 02:16:47, 30km - 02:47:13, 35km - 03:18:55, 40km - 03:52:49									
2912	2845	KARCZEWSKI Krzysztof	TRZEBIATÓW	PGB Sportowa Paczka	POL	M55	88	04:06:26	04:11:05		2623
		5km - 00:27:12, 10km - 00:54:29, 15km - 01:21:11, 20km - 01:48:35, 21km - 01:54:31, 25km - 02:16:11, 30km - 02:45:07, 35km - 03:16:50, 40km - 03:51:41									
2913	3657	DĄBROWSKI Jarosław	POZNAŃ	dzikie kuny	POL	M30	975	04:06:30	04:09:00		2624
		5km - 00:27:38, 10km - 00:55:33, 15km - 01:23:00, 20km - 01:51:12, 21km - 01:57:25, 25km - 02:19:07, 30km - 02:48:03, 35km - 03:17:35, 40km - 03:51:41									
2914	4332	LIBERKOWSKA Joanna	RUCHOCINEK	MOLEX TEAM	POL	K30	141	04:06:30	04:10:06	290	
		5km - 00:26:41, 10km - 00:53:36, 15km - 01:20:24, 20km - 01:48:33, 21km - 01:54:35, 25km - 02:17:02, 30km - 02:47:51, 35km - 03:19:37, 40km - 03:52:52									
2915	6543	STANISŁAWSKA-KUBIAK Maia	POZNAŃ	Joy Division	POL	K45	31	04:06:30	04:11:39	290	
		5km - 00:28:16, 10km - 00:56:17, 15km - 01:24:18, 20km - 01:52:29, 21km - 01:58:43, 25km - 02:21:06, 30km - 02:52:06, 35km - 03:22:57, 40km - 03:53:54									
2916	1493	WIATR Dariusz	WRZEŚNIA	Night Runners Września	POL	M45	394	04:06:30	04:06:54		2624
		5km - 00:22:45, 10km - 00:45:58, 15km - 01:09:05, 20km - 01:34:07, 21km - 01:40:06, 25km - 02:06:06, 30km - 02:41:24, 35km - 03:16:23, 40km - 03:52:02									
2917	419	Zawodnik anonimowy				K18	52	04:06:30	04:10:17	290	
		5km - 00:26:26, 10km - 00:53:19, 15km - 01:19:48, 20km - 01:47:44, 21km - 01:53:41, 25km - 02:15:59, 30km - 02:45:55, 35km - 03:18:17, 40km - 03:51:16									
2918	1910	PRZYBYLSKI Leszek	LUBOŃ	Leszek Tatry	POL	M45	395	04:06:31	04:08:22		2626
		5km - 00:25:44, 10km - 00:51:36, 15km - 01:17:35, 20km - 01:44:26, 21km - 01:50:24, 25km - 02:12:15, 30km - 02:42:41, 35km - 03:16:14, 40km - 03:52:35									
2919	4129	ZAKRZEWSKI Adam	WIRY		POL	M45	396	04:06:32	04:09:40		2627
		5km - 00:26:16, 10km - 00:52:15, 15km - 01:17:53, 20km - 01:43:36, 21km - 01:49:31, 25km - 02:10:23, 30km - 02:40:46, 35km - 03:16:58, 40km - 03:53:12									
2920	3819	OCHOCKI Krzysztof	KIEKRZ		POL	M40	669	04:06:34	04:07:22		2628
		5km - 00:27:10, 10km - 00:53:47, 15km - 01:19:58, 20km - 01:46:54, 21km - 01:52:37, 25km - 02:13:58, 30km - 02:43:01, 35km - 03:17:17, 40km - 03:52:01									
2921	100	GUSS Bartosz	POZNAŃ		POL	M40	670	04:06:38	04:08:15		2629
		5km - 00:26:41, 10km - 00:53:11, 15km - 01:19:22, 20km - 01:45:50, 21km - 01:51:36, 25km - 02:12:26, 30km - 02:41:27, 35km - 03:14:34, 40km - 03:51:43									
2922	2616	PĄGOWSKI Andrzej	WROCŁAW		POL	M45	397	04:06:39	04:07:44		2630
		5km - 00:24:22, 10km - 00:48:36, 15km - 01:13:05, 20km - 01:39:42, 21km - 01:45:48, 25km - 02:09:08, 30km - 02:42:48, 35km - 03:17:15, 40km - 03:52:52									
2923	6597	CZARNASIAK Mateusz	JAROCIN	PPT PKS Gdańsk-Oliwa SA Sport Team	POL	M30	976	04:06:42	04:07:27		2631
		5km - 00:23:00, 10km - 00:45:45, 15km - 01:08:36, 20km - 01:33:07, 21km - 01:38:17, 25km - 01:58:42, 30km - 02:29:10, 35km - 03:00:36, 40km - 03:50:27									
2924	1073	ZMOREK-PACAK Katarzyna	KRAKOW		POL	K30	142	04:06:44	04:11:24	293	
		5km - 00:27:46, 10km - 00:55:00, 15km - 01:22:27, 20km - 01:50:09, 21km - 01:56:22, 25km - 02:18:32, 30km - 02:49:18, 35km - 03:21:38, 40km - 03:53:11									
2925	3059	ZIĄBKA Andrzej	ALEKSANDROW LODZKI		POL	M45	398	04:06:45	04:15:00		2632
		5km - 00:27:06, 10km - 00:53:40, 15km - 01:21:15, 20km - 01:49:17, 21km - 01:55:33, 25km - 02:17:54, 30km - 02:47:20, 35km - 03:19:15, 40km - 03:52:40									
2926	913	Zawodnik anonimowy				M30	977	04:06:47	04:12:54		2633
		5km - 00:27:26, 10km - 00:54:56, 15km - 01:21:53, 20km - 01:49:07, 21km - 01:54:55, 25km - 02:16:43, 30km - 02:46:13, 35km - 03:19:24, 40km - 03:53:31									
2927	4978	CIERESZKO Beata	BIAŁYSTOK	Białystok Biega Team	POL	K30	143	04:06:51	04:11:43	294	
		5km - 00:26:51, 10km - 00:53:44, 15km - 01:20:51, 20km - 01:48:52, 21km - 01:55:10, 25km - 02:17:49, 30km - 02:48:37, 35km - 03:21:02, 40km - 03:53:56									
2928	2678	KRZYŻANIAK Marcin	POZNAŃ		POL	M30	978	04:06:51	04:12:12		2634
		5km - 00:28:18, 10km - 00:56:04, 15km - 01:23:57, 20km - 01:52:10, 21km - 01:58:14, 25km - 02:20:34, 30km - 02:49:47, 35km - 03:20:11, 40km - 03:53:10									
2929	887	MAY Wiktor	POZNAŃ	DzW2	POL	M60	34	04:06:52	04:12:33		2635
		5km - 00:28:12, 10km - 00:56:09, 15km - 01:24:02, 20km - 01:52:32, 21km - 01:58:34, 25km - 02:20:52, 30km - 02:49:04, 35km - 03:17:47, 40km - 03:51:35									
2930	1968	JERZYK Robert	KANICZKI	TRAKTOR TEAM GMINA KWIDZYN	POL	M40	671	04:06:53	04:09:32		2636
		5km - 00:26:24, 10km - 00:53:11, 15km - 01:19:08, 20km - 01:45:41, 21km - 01:51:25, 25km - 02:12:13, 30km - 02:40:01, 35km - 03:11:08, 40km - 03:41:39									
2931	3505	PRZEBINDA Renata	WOŁOWICE		POL	K45	32	04:06:53	04:10:54	295	
		5km - 00:26:21, 10km - 00:53:09, 15km - 01:19:38, 20km - 01:47:14, 21km - 01:53:43, 25km - 02:15:42, 30km - 02:47:44, 35km - 03:20:16, 40km - 03:52:49									
2932	1494	DE ALMEIDA Monika	ATHLONE	AIT AC ATHLONE	IRL	K30	144	04:06:55	04:13:37	296	
		5km - 00:28:39, 10km - 00:56:15, 15km - 01:23:17, 20km - 01:50:46, 21km - 01:56:41, 25km - 02:18:23, 30km - 02:47:40, 35km - 03:18:43, 40km - 03:53:28									
2933	5577	KOPCZYŃSKI Krzysztof	POZNAŃ		POL	M40	672	04:06:57	04:11:17		2637
		5km - 00:27:35, 10km - 00:54:53, 15km - 01:22:26, 20km - 01:50:54, 21km - 01:57:40, 25km - 02:19:56, 30km - 02:50:53, 35km - 03:22:54, 40km - 03:54:09									
2934	1357	GIERŁOWSKI Krzysztof	POZNAŃ		POL	M40	673	04:06:59	04:09:50		2638
		5km - 00:27:10, 10km - 00:54:04, 15km - 01:20:40, 20km - 01:47:02, 21km - 01:52:49, 25km - 02:14:08, 30km - 02:44:44, 35km - 03:18:07, 40km - 03:52:17									
2935	6968	OLEK Maciej	KONIN	Aluminium Konin	POL	M30	979	04:07:00	04:09:53		2639
		5km - 00:23:51, 10km - 00:48:06, 15km - 01:12:15, 20km - 01:37:22, 21km - 01:42:58, 25km - 02:03:57, 30km - 02:34:03, 35km - 03:07:42, 40km - 03:48:43									
2936	1894	WASZAK Magdalena	BYDGOSZCZ		POL	K30	145	04:07:01	04:12:01	297	
		5km - 00:27:47, 10km - , 15km - 01:23:30, 20km - 01:51:22, 21km - 01:57:46, 25km - 02:19:27, 30km - 02:49:55, 35km - 03:20:26, 40km - 03:54:40									
2937	5076	WOJCIECHOWSKA Urszula	SZCZYTNO		POL	K30	145	04:07:01	04:12:41	297	
		5km - 00:28:51, 10km - 00:57:02, 15km - 01:25:11, 20km - 01:53:22, 21km - 01:59:22, 25km - 02:21:20, 30km - 02:51:43, 35km - 03:22:42, 40km - 03:54:14									
2938	4562	KOŚMIŃSKI Sławomir	BIELANY WROCŁAWSKIE		POL	M40	674	04:07:02	04:11:01		2640
		5km - 00:27:13, 10km - 00:54:11, 15km - 01:21:30, 20km - 01:49:00, 21km - 01:54:57, 25km - 02:16:30, 30km - 02:44:41, 35km - 03:15:52, 40km - 03:53:20									
2939	6414	CABANEK Ziemowit	POZNAŃ		POL	M30	980	04:07:08	04:09:05		2641
		5km - 00:26:49, 10km - 00:53:19, 15km - 01:19:34, 20km - 01:45:41, 21km - 01:51:24, 25km - 02:11:49, 30km - 02:42:48, 35km - 03:17:31, 40km - 03:50:21									
2940	2382	RAJMANN Przemysław	POZNAŃ		POL	M30	980	04:07:08	04:12:40		2641
		5km - 00:28:02, 10km - 00:54:50, 15km - 01:21:43, 20km - 01:49:23, 21km - 01:55:21, 25km - 02:17:02, 30km - 02:46:21, 35km - 03:16:53, 40km - 03:51:34									
2941	5493	TRÓJNARA Maciej	ŚRODA WIELKOPOLSKA		POL	M40	675	04:07:10	04:10:29		2643
		5km - 00:25:52, 10km - 00:51:45, 15km - 01:17:31, 20km - 01:43:44, 21km - 01:49:22, 25km - 02:10:12, 30km - 02:40:32, 35km - 03:14:21, 40km - 03:51:24									
2942	1370	JÓZEFOWSKI Tomasz	ŚWIEBODZIN		POL	M45	399	04:07:11	04:12:37		2644
		5km - 00:29:03, 10km - 00:58:33, 15km - 01:27:01, 20km - 01:55:34, 21km - 02:01:44, 25km - 02:23:50, 30km - 02:51:49, 35km - 03:19:59, 40km - 03:52:40									
2943	4459	STAŃCZAK Józef	SKIERNIEWICE	JRG PSP Skierniewice	POL	M45	400	04:07:12	04:10:20		2645
		5km - 00:26:55, 10km - 00:53:37, 15km - 01:19:54, 20km - 01:47:38, 21km - 01:53:52, 25km - 02:16:28, 30km - 02:47:52, 35km - 03:22:02, 40km - 03:54:38									
2944	6020	SZYDŁOWSKI Bartłomiej	ZIELONA GÓRA		POL	M40	676	04:07:12	04:12:00		2645
		5km - 00:27:52, 10km - 00:55:47, 15km - 01:23:18, 20km - 01:51:22, 21km - 01:57:22, 25km - 02:19:19, 30km - 02:48:53, 35km - 03:19:55, 40km - 03:52:41									
2945	7161	ANDRYCHIEWICZ Jarosław	MIĘKOWO	BIEGOLUBY. PL	POL	M55	89	04:07:13	04:08:45		2647
		5km - 00:27:00, 10km - 00:54:06, 15km - 01:20:38, 20km - 01:47:39, 21km - 01:53:27, 25km - 02:14:15, 30km - 02:42:02, 35km - 03:10:24, 40km - 03:48:06									
2946	1679	MROCZKOWSKI Jakub	POBIEDZISKA	AT Computers	POL	M30	982	04:07:13	04:10:39		2647
		5km - 00:26:43, 10km - 00:53:28, 15km - 01:20:00, 20km - 01:46:25, 21km - 01:52:10, 25km - 02:13:04, 30km - 02:42:46, 35km - 03:16:49, 40km - 03:52:42									
2947	6380	OLESZEK Marcin	ZIELONA GÓRA	BOHAR PALETY RUNNERS	POL	M40	677	04:07:13	04:12:01		2647
		5km - 00:27:52, 10km - 00:55:46, 15km - 01:23:18, 20km - 01:51:22, 21km - 01:57:22, 25km - 02:19:19, 30km - 02:48:53, 35km - 03:19:54, 40km - 03:52:39									
2948	4742	KRZYŻYK Agnieszka	ZIELONA GÓRA	TRIO FORTIS	POL	K30	147	04:07:15	04:09:37	299	
		5km - 00:28:20, 10km - 00:56:32, 15km - 01:24:21, 20km - 01:52:42, 21km - 01:58:52, 25km - 02:21:11, 30km - 02:50:06, 35km - 03:19:33, 40km - 03:53:26									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
2949	4531	SZWANKE Beata	POZNAŃ		POL	K45	33	04:07:15	04:09:25	299	
		5km - 00:26:50, 10km - 00:54:17, 15km - 01:21:34, 20km - 01:50:16, 21km - 01:56:38, 25km - 02:19:14, 30km - 02:49:29, 35km - 03:21:25, 40km - 03:53:59									
2950	4680	POGORZELEC Wojciech	CHEŁM		POL	M18	309	04:07:16	04:10:34		2650
		5km - 00:28:12, 10km - 00:57:02, 15km - 01:24:02, 20km - 01:51:08, 21km - 01:57:10, 25km - 02:18:58, 30km - 02:48:22, 35km - 03:20:13, 40km - 03:53:45									
2951	5557	PANCYLEJKO Bogdan	DOBRZEŃ WIELKI	TEAM OF RUNNERS DOBRZEŃ WIELKI	POL	M45	401	04:07:18	04:13:18		2651
		5km - 00:28:04, 10km - 00:55:26, 15km - 01:22:32, 20km - 01:49:57, 21km - 01:56:25, 25km - 02:18:15, 30km - 02:47:56, 35km - 03:20:34, 40km - 03:54:52									
2952	7033	MERCIK Mateusz	KRAKÓW	Night Runners	POL	M30	983	04:07:19	04:10:52		2652
		5km - 00:29:10, 10km - 00:57:44, 15km - 01:26:35, 20km - 01:57:06, 21km - 02:04:04, 25km - 02:26:36, 30km - 02:56:36, 35km - 03:25:28, 40km - 03:55:24									
2953	5631	STASZCZYSZYN Robert	NAMYSŁÓW	Diehl Controls Running Team	POL	M30	984	04:07:21	04:11:27		2653
		5km - 00:28:11, 10km - 00:56:12, 15km - 01:24:10, 20km - 01:53:02, 21km - 01:59:27, 25km - 02:21:30, 30km - 02:50:43, 35km - 03:20:48, 40km - 03:53:31									
2954	1425	DUBINO Tomasz	MIEDZYRZECZ		POL	M45	402	04:07:22	04:10:18		2654
		5km - 00:27:29, 10km - 00:54:34, 15km - 01:21:39, 20km - 01:49:08, 21km - 01:55:10, 25km - 02:16:40, 30km - 02:46:29, 35km - 03:20:05, 40km - 03:53:55									
2955	5662	KONIOR Michał	SZCZECIN		POL	M30	985	04:07:22	04:09:39		2654
		5km - 00:26:51, 10km - 00:53:36, 15km - 01:19:23, 20km - 01:46:13, 21km - 01:52:05, 25km - 02:14:03, 30km - 02:43:33, 35km - 03:15:39, 40km - 03:53:06									
2956	1009	NIEMCZYK Violetta	JANIKOWO	Janikowo na sportowo	POL	K40	58	04:07:23	04:11:45	301	
		5km - 00:27:50, 10km - 00:55:27, 15km - 01:23:08, 20km - 01:54:15, 21km - 02:00:42, 25km - 02:24:18, 30km - 02:52:52, 35km - 03:21:02, 40km - 03:53:06									
2957	1579	KÓZKA Mariusz	BIELSKO-BIAŁA	rozBBiegane Komorowice	POL	M18	310	04:07:27	04:11:58		2656
		5km - 00:27:44, 10km - 00:54:43, 15km - 01:21:35, 20km - 01:48:45, 21km - 01:54:32, 25km - 02:15:40, 30km - 02:44:22, 35km - 03:17:27, 40km - 03:54:17									
2958	6085	BIZAN Łukasz	SWARZĘDZ	Bizon`s Crew	POL	M40	678	04:07:28	04:11:55		2657
		5km - 00:28:01, 10km - 00:55:46, 15km - 01:23:20, 20km - 01:51:04, 21km - 01:57:09, 25km - 02:19:00, 30km - 02:49:04, 35km - 03:20:26, 40km - 03:53:54									
2959	3927	WAŃSKI Przemysław	POZNAŃ	Mocni w Gębie	POL	M30	986	04:07:30	04:09:06		2658
		5km - 00:27:11, 10km - 00:54:57, 15km - 01:22:27, 20km - 01:50:12, 21km - 01:56:22, 25km - 02:18:20, 30km - 02:47:26, 35km - 03:20:00, 40km - 03:54:00									
2960	1195	KONIECZNY Cyprian	LESZNO		POL	M18	311	04:07:31	04:15:13		2659
		5km - 00:28:37, 10km - 00:57:19, 15km - 01:25:36, 20km - 01:54:31, 21km - 02:00:39, 25km - 02:23:25, 30km - 02:53:09, 35km - 03:23:37, 40km - 03:54:26									
2961	2892	ŚLEBIODA Rafał	ADAMÓW	KB WARTKO	POL	M30	987	04:07:31	04:13:36		2659
		5km - 00:29:11, 10km - 00:58:51, 15km - 01:27:58, 20km - 01:57:56, 21km - 02:04:23, 25km - 02:28:00, 30km - 02:58:13, 35km - 03:28:44, 40km - 03:56:52									
2962	4189	SMICHURSKI Kacper	ZALASEWO	Cybina Team	POL	M18	311	04:07:31	04:08:42		2659
		5km - 00:25:52, 10km - 00:51:38, 15km - 01:17:25, 20km - 01:43:27, 21km - 01:49:04, 25km - 02:10:10, 30km - 02:38:45, 35km - 03:10:33, 40km - 03:51:34									
2963	6026	GŁADYS Jacek	BEŁCHÓW/POLESIE		POL	M40	679	04:07:32	04:10:56		2662
		5km - 00:26:02, 10km - 00:51:08, 15km - 01:16:01, 20km - 01:42:05, 21km - 01:48:03, 25km - 02:09:32, 30km - 02:42:37, 35km - 03:17:33, 40km - 03:54:09									
2964	3136	RETKIEWICZ Robert	KLESZCZÓW		POL	M30	988	04:07:32	04:08:53		2662
		5km - 00:24:50, 10km - 00:49:30, 15km - 01:14:26, 20km - 01:40:51, 21km - 01:46:59, 25km - 02:09:45, 30km - 02:42:23, 35km - 03:17:01, 40km - 03:52:05									
2965	2075	KŁOCZKO Marcin	POZNAŃ		POL	M30	989	04:07:33	04:12:00		2664
		5km - 00:27:49, 10km - 00:55:04, 15km - 01:22:22, 20km - 01:49:52, 21km - 01:55:50, 25km - 02:17:41, 30km - 02:47:53, 35km - 03:20:48, 40km - 03:54:15									
2966	7024	OWCZARCZAK Monika	POZNAŃ	night runners poznań	POL	K30	148	04:07:33	04:11:42	302	
		5km - 00:27:40, 10km - 00:55:08, 15km - 01:22:32, 20km - 01:50:21, 21km - 01:56:25, 25km - 02:18:24, 30km - 02:50:05, 35km - 03:20:44, 40km - 03:54:32									
2967	3783	BUCZKOWSKI Marcin	BRODNICA		POL	M40	680	04:07:35	04:14:12		2665
		5km - 00:27:31, 10km - 00:55:02, 15km - 01:21:52, 20km - 01:49:48, 21km - 01:56:11, 25km - 02:18:12, 30km - 02:47:32, 35km - 03:19:30, 40km - 03:53:02									
2968	4299	DZWONEK Ryszard	WROCŁAW	Bells Brothers FF	POL	M40	681	04:07:36	04:10:05		2666
		5km - 00:29:02, 10km - 00:58:05, 15km - 01:26:34, 20km - 01:55:30, 21km - 02:01:42, 25km - 02:24:23, 30km - 02:54:14, 35km - 03:24:10, 40km - 03:54:50									
2969	5673	STĘPIEŃ Alicja	ZIELONA GÓRA		POL	K45	34	04:07:36	04:12:29	303	
		5km - 00:27:46, 10km - 00:55:45, 15km - 01:23:31, 20km - 01:52:00, 21km - 01:58:14, 25km - 02:20:56, 30km - 02:52:15, 35km - 03:23:36, 40km - 03:54:26									
2970	4493	PRZYBYLAK Mariusz	POZNAŃ		POL	M30	990	04:07:40	04:11:53		2667
		5km - 00:25:36, 10km - 00:51:35, 15km - 01:17:20, 20km - 01:43:29, 21km - 01:49:25, 25km - 02:11:13, 30km - 02:43:19, 35km - 03:18:07, 40km - 03:54:07									
2971	6324	STACHOWIAK Sławomir	NIEMCZYN	Team Run Gołańcz	POL	M40	682	04:07:41	04:11:04		2668
		5km - 00:28:46, 10km - 00:57:16, 15km - 01:25:29, 20km - 01:54:03, 21km - 02:00:10, 25km - 02:22:27, 30km - 02:51:27, 35km - 03:21:01, 40km - 03:53:21									
2972	5564	KWAŚNA Marzena	LUBOŃ	SPP Team	POL	K45	35	04:07:43	04:11:41	304	
		5km - 00:28:58, 10km - 00:57:27, 15km - 01:25:44, 20km - 01:54:04, 21km - 02:00:26, 25km - 02:23:22, 30km - 02:54:19, 35km - 03:24:28, 40km - 03:55:08									
2973	871	SZYMCZYSZYN Jerzy	OPOLE		POL	M50	146	04:07:49	04:12:09		2669
		5km - 00:26:46, 10km - 00:54:05, 15km - 01:21:01, 20km - 01:48:07, 21km - 01:54:22, 25km - 02:16:06, 30km - 02:45:43, 35km - 03:19:33, 40km - 03:52:16									
2974	4175	MOLIK Tomasz	MIĘDZYCHÓD		POL	M40	683	04:07:52	04:10:02		2670
		5km - 00:27:05, 10km - 00:54:29, 15km - 01:21:50, 20km - 01:49:38, 21km - 01:55:57, 25km - 02:18:17, 30km - 02:49:36, 35km - 03:22:04, 40km - 03:54:06									
2975	5424	ROGOCZ Tobiasz	KALETY		POL	M30	991	04:07:52	04:14:53		2670
		5km - 00:30:10, 10km - 00:59:21, 15km - 01:28:15, 20km - 01:57:43, 21km - 02:04:06, 25km - 02:27:19, 30km - 02:56:37, 35km - 03:26:02, 40km - 03:56:14									
2976	4980	OLSZEWSKI Daniel	ŁOMIANKI	Łomiankowska Grupa Biegowa	POL	M40	684	04:07:53	04:10:38		2672
		5km - 00:26:10, 10km - 00:53:21, 15km - 01:19:56, 20km - 01:47:09, 21km - 01:53:23, 25km - 02:14:40, 30km - 02:44:10, 35km - 03:17:32, 40km - 03:53:18									
2977	4542	HOJAN Jarosław	POZNAŃ		POL	M55	90	04:07:54	04:10:01		2673
		5km - 00:26:08, 10km - 00:52:15, 15km - 01:18:03, 20km - 01:45:08, 21km - 01:51:16, 25km - 02:12:51, 30km - 02:42:27, 35km - 03:15:54, 40km - 03:52:44									
2978	1617	WOS Andrzej	TOMASZÓW LUBELSKI	TGB, WKURW_TEAM	POL	M30	992	04:07:54	04:13:33		2673
		5km - 00:27:59, 10km - 00:55:53, 15km - 01:23:49, 20km - 01:51:57, 21km - 01:58:06, 25km - 02:20:29, 30km - 02:49:08, 35km - 03:18:26, 40km - 03:54:42									
2979	1862	NAWROT Piotr	POZNAŃ	gRUNwald Team Poznań	POL	M40	685	04:07:56	04:13:17		2675
		5km - 00:25:00, 10km - 00:50:38, 15km - 01:16:11, 20km - 01:46:37, 21km - 01:52:38, 25km - 02:14:34, 30km - 02:44:51, 35km - 03:20:49, 40km - 03:54:32									
2980	6345	REZLEWICZ Karol	POZNAŃ	SERCE	POL	M30	993	04:07:56	04:12:14		2675
		5km - 00:29:07, 10km - 00:57:48, 15km - 01:26:00, 20km - 01:54:34, 21km - , 25km - 02:22:16, 30km - 02:50:59, 35km - 03:20:10, 40km - 03:48:22									
2981	1982	Zawodnik anonimowy				M30	994	04:07:57	04:11:18		2677
		5km - 00:27:21, 10km - 00:53:45, 15km - 01:20:34, 20km - 01:47:16, 21km - 01:53:05, 25km - 02:14:10, 30km - 02:43:19, 35km - 03:17:01, 40km - 03:53:20									
2982	2018	KUR Adrian	WARSZAWA	100	POL	M18	313	04:07:58	04:09:45		2678
		5km - 00:24:52, 10km - 00:49:44, 15km - 01:14:39, 20km - 01:40:40, 21km - 01:46:35, 25km - 02:09:20, 30km - 02:42:32, 35km - 03:21:08, 40km - 03:54:45									
2983	1387	STRZELCZYK Marlena	KOSTRZYN		POL	K30	149	04:07:59	04:12:34	305	
		5km - 00:28:11, 10km - 00:55:42, 15km - 01:22:55, 20km - 01:50:24, 21km - 01:56:30, 25km - 02:19:01, 30km - 02:49:56, 35km - 03:21:24, 40km - 03:54:36									
2984	5886	WRONA Klaudiusz	GNIEZNO	Bridgestone	POL	M40	686	04:08:01	04:11:48		2679
		5km - 00:26:31, 10km - 00:53:11, 15km - 01:19:15, 20km - 01:46:54, 21km - 01:53:15, 25km - 02:17:23, 30km - 02:49:37, 35km - 03:22:22, 40km - 03:55:09									
2985	6263	URBAŃSKI Paweł	WITANKOWO	OSP Witankowo	POL	M18	314	04:08:02	04:11:29		2680
		5km - 00:26:48, 10km - 00:53:45, 15km - 01:20:11, 20km - 01:46:48, 21km - 01:52:41, 25km - 02:13:43, 30km - 02:41:13, 35km - 03:16:12, 40km - 03:54:41									
2986	2932	ŁĄCKI Jarosław	TOMASZÓW MAZ.	WANDA PANFIL TEAM	POL	M40	687	04:08:02	04:09:10		2680
		5km - 00:26:00, 10km - 00:52:22, 15km - 01:18:58, 20km - 01:46:48, 21km - 01:52:58, 25km - 02:15:13, 30km - 02:45:53, 35km - 03:18:35, 40km - 03:52:54									
2987	833	WOŹNIAK Andrzej	BRZEG DOLNY		POL	M50	147	04:08:03	04:11:37		2682
		5km - 00:26:40, 10km - 00:53:18, 15km - 01:19:56, 20km - 01:46:40, 21km - 01:52:30, 25km - 02:14:06, 30km - 02:43:53, 35km - 03:17:25, 40km - 03:53:17									
2988	3077	PAWŁOWSKI Sebasian	ŚREM	Z Julitą po zdrowie	POL	M40	688	04:08:04	04:10:19		2683
		5km - 00:25:49, 10km - 00:51:42, 15km - 01:17:27, 20km - 01:43:35, 21km - 01:49:14, 25km - 02:10:08, 30km - 02:40:11, 35km - 03:13:08, 40km - 03:51:53									
2989	3566	SZAŁKOWSKI Tomasz	POZNAŃ	Night runners	POL	M30	995	04:08:04	04:10:11		2683
		5km - 00:26:49, 10km - 00:53:38, 15km - 01:19:59, 20km - 01:47:21, 21km - 01:53:23, 25km - 02:15:13, 30km - 02:47:20, 35km - 03:20:14, 40km - 03:55:41									
2990	1644	GRZEŚKO Filip	POZNAŃ		POL	M18	315	04:08:05	04:12:05		2685
		5km - 00:29:23, 10km - 00:58:05, 15km - 01:25:40, 20km - 01:53:57, 21km - 02:00:08, 25km - 02:22:28, 30km - 02:52:06, 35km - 03:23:22, 40km - 03:55:18									
2991	2774	NOGA Robert	ZAWADA		POL	M55	91	04:08:06	04:12:18		2686
		5km - 00:28:20, 10km - 00:56:16, 15km - 01:23:43, 20km - 01:51:17, 21km - 01:57:15, 25km - 02:19:19, 30km - 02:49:12, 35km - 03:20:35, 40km - 03:54:35									
2992	6321	BARSKI Bartosz	POZNAŃ		POL	M40	689	04:08:09	04:14:36		2687
		5km - 00:27:35, 10km - 00:54:54, 15km - 01:21:25, 20km - 01:48:24, 21km - 01:55:42, 25km - 02:17:48, 30km - 02:48:58, 35km - 03:20:14, 40km - 03:55:28									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
2993	5380	BĘBEN Artur	KLINISKA WIELKIE	ProGDar Marathon Team	POL	M40	689	04:08:09	04:11:29		2687
		5km - 00:27:26, 10km - 00:54:28, 15km - 01:21:20, 20km - 01:49:20, 21km - 01:55:35, 25km - 02:18:11, 30km - 02:49:11, 35km - 03:21:16, 40km - 03:54:03									
2994	1510	WĄSIK Krzysztof	MALBORK		POL	M45	403	04:08:10	04:11:37		2689
		5km - 00:26:42, 10km - 00:53:17, 15km - 01:19:43, 20km - 01:46:32, 21km - 01:52:38, 25km - 02:13:41, 30km - 02:45:05, 35km - 03:18:08, 40km - 03:54:06									
2995	3203	ADAMCZYK Dawid	ZGORZELEC		POL	M18	316	04:08:11	04:14:23		2690
		5km - 00:30:25, 10km - 00:59:45, 15km - 01:28:55, 20km - 01:58:20, 21km - 02:04:37, 25km - 02:27:04, 30km - 02:55:42, 35km - 03:25:09, 40km - 03:55:01									
2996	3987	CLARKE Siobhan	GRAYS	Thurrock Nomads	GBR	K40	59	04:08:11	04:14:38	306	
		5km - 00:27:35, 10km - 00:54:53, 15km - 01:21:25, 20km - 01:48:24, 21km - 01:55:41, 25km - 02:17:48, 30km - 02:48:57, 35km - 03:20:13, 40km - 03:55:24									
2997	6378	AUGUSTYNIAK Michał	POZNAŃ		POL	M45	404	04:08:12	04:12:14		2691
		5km - 00:26:46, 10km - 00:53:37, 15km - 01:20:14, 20km - 01:47:22, 21km - 01:53:12, 25km - 02:15:17, 30km - 02:46:42, 35km - 03:20:31, 40km - 03:53:43									
2998	2440	JARCZEWSKI Dominik	KALISZ		POL	M30	996	04:08:12	04:12:05		2691
		5km - 00:27:50, 10km - 00:56:15, 15km - 01:23:34, 20km - 01:51:26, 21km - 01:57:33, 25km - 02:19:32, 30km - 02:48:40, 35km - 03:19:34, 40km - 03:54:17									
2999	2895	KOŁODZIEJSKA Anita	SZCZECIN		POL	K30	150	04:08:12	04:11:25	307	
		5km - 00:27:15, 10km - 00:54:09, 15km - 01:20:49, 20km - 01:48:01, 21km - 01:54:03, 25km - 02:17:03, 30km - 02:48:54, 35km - 03:22:26, 40km - 03:55:15									
3000	494	DUDEK Dawid	KOŚCIERZYN MAŁY	Dziki KS Paśnik	POL	M30	997	04:08:13	04:13:21		2693
		5km - 00:28:15, 10km - 00:56:08, 15km - 01:23:20, 20km - 01:50:58, 21km - 01:56:56, 25km - 02:18:50, 30km - 02:47:57, 35km - 03:19:24, 40km - 03:54:08									
3001	1564	CIEŚLIK Zdzisław	GOŁAŃCZ	TEAM RUN GOŁAŃCZ	POL	M60	35	04:08:16	04:13:50		2694
		5km - 00:27:57, 10km - 00:55:55, 15km - 01:23:29, 20km - 01:51:50, 21km - 01:57:51, 25km - 02:20:12, 30km - 02:50:11, 35km - 03:21:46, 40km - 03:54:56									
3002	3483	WISIŃSKI Piotr	BRODNICA	STOWARZYSZENIE BRODNICA BIEGA	POL	M55	92	04:08:17	04:12:01		2695
		5km - 00:27:41, 10km - 00:55:20, 15km - 01:22:11, 20km - 01:49:58, 21km - 01:56:32, 25km - 02:18:27, 30km - 02:48:14, 35km - 03:19:27, 40km - 03:53:48									
3003	3726	CAPUTA Jarosław	KRAKÓW		POL	M30	998	04:08:18	04:09:52		2696
		5km - 00:27:33, 10km - 00:55:43, 15km - 01:23:22, 20km - 01:52:05, 21km - 01:58:15, 25km - 02:20:22, 30km - 02:50:13, 35km - 03:22:16, 40km - 03:55:13									
3004	4368	WARMUŁA Piotr	PEŁCZYCE	TMTeam	POL	M45	405	04:08:18	04:13:20		2696
		5km - 00:27:50, 10km - 00:55:39, 15km - 01:22:57, 20km - 01:50:25, 21km - 01:56:22, 25km - 02:18:24, 30km - 02:49:13, 35km - 03:21:36, 40km - 03:54:38									
3005	1163	SOWA Robert	ZALASEWO	RED BOX	POL	M40	691	04:08:20	04:10:41		2698
		5km - 00:28:16, 10km - 00:56:03, 15km - 01:23:00, 20km - 01:51:20, 21km - 01:57:29, 25km - 02:19:41, 30km - 02:49:49, 35km - 03:22:30, 40km - 03:55:00									
3006	2060	PERTEK Damian	KOMORNIKI	Volkswagen Samochody Użytkowe MTB Team	POL	M40	692	04:08:21	04:13:47		2699
		5km - 00:28:20, 10km - 00:56:30, 15km - 01:24:27, 20km - 01:52:33, 21km - 01:58:42, 25km - 02:21:04, 30km - 02:50:02, 35km - 03:20:26, 40km - 03:54:12									
3007	2226	APANOWICZ Angelika	WARSZAWA		POL	K40	60	04:08:22	04:12:39	308	
		5km - 00:28:08, 10km - 00:56:41, 15km - 01:24:32, 20km - 01:53:27, 21km - 01:59:47, 25km - 02:21:57, 30km - 02:53:18, 35km - 03:23:50, 40km - 03:54:37									
3008	2962	BAZYLI Michał	RYBOJEDZKO		POL	M30	999	04:08:22	04:13:42		2700
		5km - 00:28:11, 10km - 00:55:59, 15km - 01:23:46, 20km - 01:51:45, 21km - 01:57:51, 25km - 02:19:59, 30km - 02:49:25, 35km - 03:19:28, 40km - 03:54:48									
3009	3676	BĘBEN Sandra	WARSZAWA		POL	K30	151	04:08:22	04:10:48	308	
		5km - 00:28:24, 10km - 00:56:08, 15km - 01:23:46, 20km - 01:52:02, 21km - 01:58:47, 25km - 02:21:07, 30km - 02:51:23, 35km - 03:23:36, 40km - 03:55:55									
3010	4958	SKIBIŃSKI Przemysław	WRZEŚNIA		POL	M45	406	04:08:23	04:13:31		2701
		5km - 00:28:16, 10km - 00:56:06, 15km - 01:23:47, 20km - 01:52:16, 21km - 01:58:24, 25km - 02:20:41, 30km - 02:49:57, 35km - 03:20:37, 40km - 03:54:17									
3011	5494	NAPIERAŁA Marcin	KOZIEGŁOWY	Piątkowo na Biegowo	POL	M30	1000	04:08:24	04:10:25		2702
		5km - 00:24:36, 10km - 00:49:13, 15km - 01:14:02, 20km - 01:40:43, 21km - 01:46:33, 25km - 02:11:06, 30km - 02:45:27, 35km - 03:20:56, 40km - 03:55:16									
3012	2922	KOMOROWSKI Tomasz	COLCHESTER	Great Bentley Running Club	GBR	M30	1001	04:08:25	04:11:50		2703
		5km - 00:26:50, 10km - 00:53:24, 15km - 01:19:44, 20km - 01:46:50, 21km - 01:52:54, 25km - 02:15:18, 30km - 02:46:08, 35km - 03:19:34, 40km - 03:54:05									
3013	6346	GRUCHALSKI Marek	POZNAŃ		POL	M30	1002	04:08:27	04:14:34		2704
		5km - 00:28:07, 10km - 00:55:03, 15km - 01:21:54, 20km - 01:49:10, 21km - 01:55:03, 25km - 02:17:13, 30km - 02:48:55, 35km - 03:22:26, 40km - 03:55:08									
3014	6613	STRZYŻEWSKI Mateusz	POZNAŃ		POL	M18	317	04:08:27	04:12:27		2704
		5km - 00:29:23, 10km - 00:58:04, 15km - 01:25:41, 20km - 01:53:58, 21km - 02:00:09, 25km - 02:22:29, 30km - 02:52:06, 35km - 03:23:22, 40km - 03:55:20									
3015	1558	Zawodnik anonimowy				K30	152	04:08:29	04:13:42	310	
		5km - 00:28:17, 10km - 00:56:02, 15km - 01:24:07, 20km - 01:52:16, 21km - 01:58:25, 25km - 02:20:51, 30km - 02:49:37, 35km - 03:21:06, 40km - 03:55:46									
3016	380	ZIELIŃSKA Justyna	LUBOŃ	Luboński Klub Biegacza	POL	K40	61	04:08:29	04:12:27	310	
		5km - 00:28:58, 10km - 00:57:27, 15km - 01:25:44, 20km - 01:54:05, 21km - 02:00:26, 25km - 02:23:22, 30km - 02:54:18, 35km - 03:24:27, 40km - 03:55:29									
3017	7150	SCHLUETER Andre	BERLIN	viarundo	EUA	M40	693	04:08:30	04:14:20		2706
		5km - 00:29:16, 10km - 00:58:41, 15km - 01:28:03, 20km - 01:57:25, 21km - 02:03:43, 25km - 02:26:36, 30km - 02:56:24, 35km - 03:26:18, 40km - 03:56:04									
3018	3729	NOWAK Tomasz	JANOWIEC WIELKOPOLSKI	Rodzinapl	POL	M30	1003	04:08:31	04:15:19		2707
		5km - 00:28:21, 10km - 00:56:23, 15km - 01:24:13, 20km - 01:52:41, 21km - 01:59:21, 25km - 02:20:27, 30km - 02:51:30, 35km - 03:23:49, 40km - 03:56:07									
3019	6257	JELEŃ Marcin	WROCŁAW		POL	M45	407	04:08:32	04:11:14		2708
		5km - 00:26:18, 10km - 00:52:43, 15km - 01:18:47, 20km - 01:45:57, 21km - 01:52:28, 25km - 02:15:20, 30km - 02:47:06, 35km - 03:20:43, 40km - 03:53:06									
3020	3589	JÓŹKÓW Wojciech	SOBÓTKA		POL	M45	408	04:08:33	04:13:22		2709
		5km - 00:27:53, 10km - 00:55:50, 15km - 01:23:47, 20km - 01:52:03, 21km - 01:58:19, 25km - 02:20:38, 30km - 02:50:14, 35km - 03:21:08, 40km - 03:55:12									
3021	6024	KRAWCZYK Michał	DĄBROWA GÓRNICZA		POL	M40	694	04:08:33	04:11:30		2709
		5km - 00:27:39, 10km - 00:54:50, 15km - 01:21:57, 20km - 01:49:06, 21km - 01:55:08, 25km - 02:16:43, 30km - 02:46:50, 35km - 03:20:55, 40km - 03:53:23									
3022	430	KŁONICKI Augustyn	CHMIELNIK	Biegnę,żeby Bartek mógł biegać	POL	M30	1004	04:08:33	04:14:46		2709
		5km - 00:29:02, 10km - 00:57:50, 15km - 01:26:27, 20km - 01:55:36, 21km - 02:01:53, 25km - 02:24:47, 30km - 02:55:05, 35km - 03:25:45, 40km - 03:56:31									
3023	3669	KOZACZYŃSKA Agnieszka	JANIKOWO	Janikowo na sportowo	POL	K40	62	04:08:34	04:12:56	312	
		5km - 00:28:00, 10km - 00:56:15, 15km - 01:24:04, 20km - 01:52:19, 21km - 01:58:33, 25km - 02:21:11, 30km - 02:52:14, 35km - 03:23:00, 40km - 03:55:09									
3024	3732	SALIŃSKI Bartosz	KATOWICE	Wkurw_Team	POL	M30	1005	04:08:35	04:18:52		2712
		5km - 00:30:04, 10km - 00:59:49, 15km - 01:27:44, 20km - 01:56:49, 21km - 02:03:04, 25km - 02:25:19, 30km - 02:54:42, 35km - 03:24:40, 40km - 03:55:15									
3025	2175	AVETYSIAN Karen	KYIV	UP Club	UKR	M18	318	04:08:36	04:08:38		2713
		5km - 00:21:08, 10km - 00:43:20, 15km - 01:06:46, 20km - 01:31:32, 21km - 01:37:12, 25km - 01:59:35, 30km - 02:33:25, 35km - 03:12:52, 40km - 03:55:10									
3026	2096	BALCEWICZ Mariusz	LEGNICA	BBL Legnica	POL	M50	148	04:08:36	04:13:05		2713
		5km - 00:28:22, 10km - 00:56:20, 15km - 01:24:06, 20km - 01:52:24, 21km - 01:58:25, 25km - 02:20:49, 30km - 02:51:22, 35km - 03:22:19, 40km - 03:54:53									
3027	473	ORWAT Arek	POZNAŃ	Biuro Rachunkowe OR-VAT	POL	M40	695	04:08:36	04:14:02		2713
		5km - 00:27:33, 10km - 00:54:50, 15km - 01:21:39, 20km - 01:48:18, 21km - 01:54:12, 25km - 02:15:28, 30km - 02:48:15, 35km - 03:21:55, 40km - 03:55:26									
3028	6062	PIĘCEK Daniel	ŁÓDŹ		POL	M30	1006	04:08:36	04:13:53		2713
		5km - 00:28:03, 10km - 00:55:11, 15km - 01:22:03, 20km - 01:48:56, 21km - 01:54:57, 25km - 02:16:31, 30km - 02:45:41, 35km - 03:18:07, 40km - 03:53:51									
3029	4124	HERBEĆ-LABOCHA Magdalena	KĘDZIERZYN-KOŹLE		POL	K40	63	04:08:37	04:14:01	313	
		5km - 00:29:06, 10km - 00:58:16, 15km - 01:26:40, 20km - 01:55:18, 21km - 02:01:17, 25km - 02:23:27, 30km - 02:53:01, 35km - 03:23:45, 40km - 03:55:14									
3030	4480	KANDZIOR Arkadiusz	KRAKÓW		POL	M40	696	04:08:38	04:12:49		2717
		5km - 00:27:26, 10km - 00:54:58, 15km - 01:22:18, 20km - 01:50:04, 21km - 01:56:08, 25km - 02:17:53, 30km - 02:47:05, 35km - 03:18:06, 40km - 03:53:01									
3031	3673	STĘPIEŃ Janusz	KRAKOW		POL	M45	409	04:08:38	04:11:04		2717
		5km - 00:28:24, 10km - 00:56:08, 15km - 01:23:46, 20km - 01:52:02, 21km - 01:58:47, 25km - 02:21:07, 30km - 02:51:23, 35km - 03:23:36, 40km - 03:56:14									
3032	2316	KONIECZNY Remigiusz	POZNAŃ		POL	M40	697	04:08:40	04:11:10		2719
		5km - 00:25:30, 10km - 00:51:38, 15km - 01:17:51, 20km - 01:44:25, 21km - 01:50:21, 25km - 02:12:02, 30km - 02:42:53, 35km - 03:16:51, 40km - 03:53:55									
3033	5843	KUCYPERA Wojciech	WROCŁAW		POL	M30	1007	04:08:40	04:14:15		2719
		5km - 00:27:17, 10km - 00:54:21, 15km - 01:20:57, 20km - 01:48:36, 21km - 01:55:16, 25km - 02:17:17, 30km - 02:49:08, 35km - 03:23:36, 40km - 03:55:53									
3034	6988	LALA Katarzyna	MOSINA		POL	K40	64	04:08:42	04:10:18	314	
		5km - 00:25:04, 10km - 00:50:10, 15km - 01:15:52, 20km - 01:45:06, 21km - 01:51:25, 25km - 02:14:42, 30km - 02:49:25, 35km - 03:21:41, 40km - 03:55:30									
3035	2144	BEMBNISTA Marcin	NAKŁO NAD NOTECIĄ	ZK Potulice	POL	M30	1008	04:08:45	04:12:56		2721
		5km - 00:28:16, 10km - 00:56:21, 15km - 01:24:09, 20km - 01:52:23, 21km - 01:58:37, 25km - 02:20:55, 30km - 02:49:58, 35km - 03:20:45, 40km - 03:54:31									
3036	2189	Zawodnik anonimowy				M55	93	04:08:45	04:10:59		2721
		5km - 00:25:48, 10km - 00:54:21, 15km - 01:19:50, 20km - 01:47:07, 21km - 01:55:28, 25km - 02:16:30, 30km - 02:49:53, 35km - 03:22:27, 40km - 03:55:00									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
3037	2564	KĘDZIORA Tomasz	ROKIETNICA		POL	M30	1009	04:08:48	04:16:59		2723
		5km - 00:28:08, 10km - 00:55:48, 15km - 01:23:02, 20km - 01:50:45, 21km - 01:56:47, 25km - 02:18:37, 30km - 02:48:37, 35km - 03:20:36, 40km - 03:54:54									
3038	6168	OKULICKI Marcin	LECZYCA		POL	M30	1010	04:08:51	04:12:26		2724
		5km - 00:26:23, 10km - 00:52:50, 15km - 01:18:22, 20km - 01:44:21, 21km - 01:52:03, 25km - 02:13:41, 30km - 02:44:42, 35km - 03:18:22, 40km - 03:54:33									
3039	3791	CIUKAJ Paweł	ROKIETNICA		POL	M30	1011	04:08:52	04:12:47		2725
		5km - 00:27:36, 10km - 00:55:07, 15km - 01:22:27, 20km - 01:50:27, 21km - 01:56:31, 25km - 02:18:45, 30km - 02:47:59, 35km - 03:18:17, 40km - 03:53:03									
3040	780	KĘPA Wiesław	BIELAWA	Wielka Sowa	POL	M60	36	04:08:52	04:10:20		2725
		5km - 00:24:33, 10km - 00:49:32, 15km - 01:15:14, 20km - 01:44:27, 21km - 01:51:07, 25km - 02:14:18, 30km - 02:47:47, 35km - 03:24:49, 40km - 03:54:57									
3041	6705	UJMA Michał	GLIWICE		POL	M30	1011	04:08:52	04:12:16		2725
		5km - 00:25:59, 10km - 00:52:20, 15km - 01:18:16, 20km - 01:44:53, 21km - 01:50:56, 25km - 02:12:34, 30km - 02:43:29, 35km - 03:16:54, 40km - 03:53:31									
3042	2950	CYGANEK Marek	SIERADZ		POL	M55	94	04:08:53	04:14:31		2728
		5km - 00:28:00, 10km - 00:55:54, 15km - 01:23:51, 20km - 01:52:25, 21km - 01:59:00, 25km - 02:22:37, 30km - 02:53:55, 35km - 03:24:33, 40km - 03:55:47									
3043	994	MASZCZYŃSKI Krzysztof	PRUSZKÓW	Biegnę, żeby Bartek mógł biegać.	POL	M30	1013	04:08:54	04:15:10		2729
		5km - 00:30:20, 10km - 01:00:45, 15km - 01:30:49, 20km - 02:00:57, 21km - 02:07:55, 25km - 02:31:07, 30km - 03:00:44, 35km - 03:29:25, 40km - 03:57:55									
3044	2453	WYDRA Marta	POZNAŃ		POL	K18	53	04:08:56	04:13:55	315	
		5km - 00:28:14, 10km - 00:56:09, 15km - 01:23:49, 20km - 01:51:45, 21km - 01:57:43, 25km - 02:19:49, 30km - 02:50:56, 35km - 03:25:28, 40km - 03:56:52									
3045	4108	WOJCIECHOWSKA Anna	CZĘSTOCHOWA		POL	K40	65	04:08:57	04:14:48	316	
		5km - 00:29:50, 10km - 00:59:36, 15km - 01:28:44, 20km - 01:58:11, 21km - 02:04:35, 25km - 02:27:27, 30km - 02:57:23, 35km - 03:26:20, 40km - 03:56:27									
3046	4819	CIOŁKIEWICZ Maciej	POZNAŃ		POL	M40	698	04:09:01	04:12:43		2730
		5km - 00:27:18, 10km - 00:54:56, 15km - 01:22:12, 20km - 01:49:59, 21km - 01:56:04, 25km - 02:18:13, 30km - 02:48:11, 35km - 03:20:39, 40km - 03:54:33									
3047	517	MOSKAL Izabella	POZNAŃ		POL	K45	36	04:09:01	04:15:48	317	
		5km - 00:28:03, 10km - 00:55:31, 15km - 01:22:44, 20km - 01:50:55, 21km - 01:57:59, 25km - 02:20:31, 30km - 02:52:17, 35km - 03:24:43, 40km - 03:56:04									
3048	5739	ŁABĘDZKI Konrad	WARSZAWA	Adidas Runners Warsaw	POL	M30	1014	04:09:01	04:09:05		2730
		5km - 00:19:50, 10km - 00:39:45, 15km - 01:00:00, 20km - 01:21:56, 21km - 02:21:31, 25km - 02:40:01, 30km - 03:04:40, 35km - 03:29:56, 40km - 03:56:53									
3049	840	WODNICKI Grzegorz	GRYFICE	RUNGryf Gryfice	POL	M18	319	04:09:02	04:10:17		2732
		5km - 00:25:54, 10km - 00:52:30, 15km - 01:19:10, 20km - 01:46:06, 21km - 01:52:01, 25km - 02:13:20, 30km - 02:47:18, 35km - 03:21:11, 40km - 03:54:34									
3050	2539	SZYMAŃSKI Dariusz	POZNAŃ		POL	M45	410	04:09:04	04:10:51		2733
		5km - 00:24:41, 10km - 00:49:47, 15km - 01:14:38, 20km - 01:42:06, 21km - 01:48:02, 25km - 02:12:16, 30km - 02:45:18, 35km - 03:19:46, 40km - 03:54:25									
3051	1299	HERLICZKA Tomasz	GLIWICE	AML-FLY TEAM	POL	M40	699	04:09:05	04:14:44		2734
		5km - 00:28:56, 10km - 00:58:06, 15km - 01:26:10, 20km - 01:54:56, 21km - 02:01:01, 25km - 02:23:11, 30km - 02:52:19, 35km - 03:22:24, 40km - 03:55:32									
3052	4651	KLEIBER Piotr	LUSÓWKO	WUEF Tri TEAM	POL	M40	700	04:09:09	04:12:52		2735
		5km - 00:27:15, 10km - 00:54:59, 15km - 01:21:28, 20km - 01:48:53, 21km - 01:54:47, 25km - 02:16:20, 30km - 02:45:50, 35km - 03:17:09, 40km - 03:53:22									
3053	3931	MALISZEWSKI Piotr	ŁÓDŹ		POL	M45	411	04:09:12	04:11:10		2736
		5km - 00:24:43, 10km - 00:49:27, 15km - 01:15:07, 20km - 01:42:16, 21km - 01:50:06, 25km - 02:14:08, 30km - 02:51:38, 35km - 03:26:44, 40km - 03:56:15									
3054	1995	Zawodnik anonimowy				M30	1015	04:09:12	04:13:34		2736
		5km - 00:27:36, 10km - 00:55:20, 15km - 01:23:01, 20km - 01:51:29, 21km - 01:57:55, 25km - 02:20:43, 30km - 02:51:43, 35km - 03:24:37, 40km - 03:56:45									
3055	2501	KUBIACZYK Ireneusz	MOSTY	Drużyna Szpiku	POL	M40	701	04:09:14	04:15:35		2738
		5km - 00:28:31, 10km - 00:57:03, 15km - 01:25:13, 20km - 01:54:08, 21km - 02:00:11, 25km - 02:22:24, 30km - 02:51:37, 35km - 03:21:50, 40km - 03:54:48									
3056	3004	KOCHAN Patrycja	POZNAŃ	Speed Szuracz	POL	K40	66	04:09:16	04:15:45	318	
		5km - 00:28:47, 10km - 00:57:32, 15km - 01:25:57, 20km - 01:55:09, 21km - 02:01:30, 25km - 02:24:29, 30km - 02:54:50, 35km - 03:25:40, 40km - 03:56:45									
3057	3114	KALWACZYŃSKI Filip	POZNAŃ	WWF Polska	POL	M30	1016	04:09:17	04:11:02		2739
		5km - 00:24:53, 10km - 00:49:32, 15km - 01:14:23, 20km - 01:39:31, 21km - 01:45:25, 25km - 02:05:40, 30km - 02:34:57, 35km - 03:08:09, 40km - 03:51:51									
3058	3694	KAŹMIEROWSKI Norbert	POZNAŃ		POL	M40	702	04:09:17	04:10:29		2739
		5km - 00:27:59, 10km - 00:55:49, 15km - 01:22:36, 20km - 01:49:16, 21km - 01:55:49, 25km - 02:17:18, 30km - 02:46:32, 35km - 03:17:02, 40km - 03:53:46									
3059	1735	KIEŁEK Cezary	DOBRA	Wolny strzelec.	POL	M50	149	04:09:19	04:11:55		2741
		5km - 00:27:34, 10km - 00:55:55, 15km - 01:23:16, 20km - 01:52:11, 21km - 01:58:25, 25km - 02:21:42, 30km - 02:53:50, 35km - 03:24:39, 40km - 03:56:48									
3060	2955	Zawodnik anonimowy				M18	320	04:09:21	04:13:12		2742
		5km - 00:27:16, 10km - 00:54:26, 15km - 01:21:39, 20km - 01:49:28, 21km - 01:55:27, 25km - 02:17:39, 30km - 02:48:36, 35km - 03:21:15, 40km - 03:56:54									
3061	3877	DWORNICKI Miroslaw	PIŁA		POL	M50	150	04:09:22	04:16:14		2743
		5km - 00:30:15, 10km - 01:00:43, 15km - 01:30:00, 20km - 01:59:30, 21km - 02:05:51, 25km - 02:28:32, 30km - 02:57:51, 35km - 03:26:51, 40km - 03:57:11									
3062	7129	Zawodnik anonimowy				K40	67	04:09:24	04:13:15	319	
		5km - 00:28:51, 10km - 00:57:48, 15km - 01:26:01, 20km - 01:54:06, 21km - 02:00:01, 25km - 02:21:54, 30km - 02:52:04, 35km - 03:24:46, 40km - 03:56:34									
3063	5467	SZCZECH Wojciech	OSTRÓDA	Ostróda Runners	POL	M40	703	04:09:25	04:14:29		2744
		5km - 00:28:30, 10km - 00:56:28, 15km - 01:24:25, 20km - 01:52:34, 21km - 01:58:51, 25km - 02:21:21, 30km - 02:53:44, 35km - 03:23:37, 40km - 03:56:30									
3064	5134	CHELIŃSKA Magdalena	WROCŁAW		POL	K30	153	04:09:27	04:15:29	320	
		5km - 00:26:58, 10km - 00:54:04, 15km - 01:21:00, 20km - 01:48:50, 21km - 01:55:07, 25km - 02:17:59, 30km - 02:50:50, 35km - 03:22:21, 40km - 03:55:22									
3065	2570	RADTKE Robert	NOWINY		POL	M50	151	04:09:27	04:13:10		2745
		5km - 00:26:36, 10km - 00:53:34, 15km - 01:19:59, 20km - 01:46:58, 21km - 01:52:53, 25km - 02:14:09, 30km - 02:43:24, 35km - 03:18:45, 40km - 03:55:47									
3066	5702	WENCEL-BĄK Monika	ŚWIEBODZIN		POL	K30	154	04:09:29	04:15:44	321	
		5km - 00:29:23, 10km - 00:58:41, 15km - 01:28:06, 20km - 01:57:29, 21km - 02:03:52, 25km - 02:26:54, 30km - 02:56:42, 35km - 03:26:26, 40km - 03:56:55									
3067	3775	ECHAUST Maciej	LUSÓWKO	CFP	POL	M45	412	04:09:30	04:12:52		2746
		5km - 00:25:55, 10km - 00:51:56, 15km - 01:17:26, 20km - 01:43:44, 21km - 01:49:23, 25km - 02:10:10, 30km - 02:40:46, 35km - 03:16:11, 40km - 03:53:48									
3068	1741	FRĄCZEK Barbara	TRZEBINIA		POL	K30	155	04:09:31	04:15:14	322	
		5km - 00:30:07, 10km - 00:59:19, 15km - 01:27:50, 20km - 01:56:45, 21km - 02:02:59, 25km - 02:25:30, 30km - 02:55:29, 35km - 03:25:40, 40km - 03:56:27									
3069	6050	KOSMOWSKI Paweł	BYDGOSZCZ		POL	M50	152	04:09:34	04:10:17		2747
		5km - 00:25:17, 10km - 00:50:25, 15km - 01:15:38, 20km - 01:41:04, 21km - 01:48:12, 25km - 02:09:07, 30km - 02:42:37, 35km - 03:20:53, 40km - 03:54:44									
3070	3409	SZCZERBAL Agnieszka	POZNAŃ	TKKF MPK Poznań	POL	K40	68	04:09:34	04:13:23	323	
		5km - 00:27:31, 10km - 00:54:59, 15km - 01:22:43, 20km - 01:51:52, 21km - 01:58:22, 25km - 02:21:52, 30km - 02:54:06, 35km - 03:25:58, 40km - 03:56:50									
3071	1508	URBAŃSKI Kamil	ŁÓDŹ	Łódź Kocha Sport	POL	M18	321	04:09:34	04:14:50		2747
		5km - 00:27:46, 10km - 00:54:48, 15km - 01:21:08, 20km - 01:48:57, 21km - 01:54:48, 25km - 02:16:12, 30km - 02:45:05, 35km - 03:14:51, 40km - 03:51:27									
3072	2791	ZIELONACKI Tomasz	POZNAŃ	KB MANIAC POZNAŃ	POL	M50	153	04:09:35	04:11:51		2749
		5km - 00:25:57, 10km - 00:52:01, 15km - 01:17:55, 20km - 01:44:45, 21km - 01:50:33, 25km - 02:11:54, 30km - 02:40:45, 35km - 03:11:48, 40km - 03:52:07									
3073	358	MARZYŃSKA Barbara	GNIEZNO		POL	K55	1	04:09:36	04:11:45	324	
		5km - 00:26:56, 10km - 00:54:09, 15km - 01:21:36, 20km - 01:50:54, 21km - 01:57:18, 25km - 02:20:22, 30km - 02:51:35, 35km - 03:23:17, 40km - 03:56:03									
3074	5700	BĄK Przemysław	ŚWIEBODZIN		POL	M30	1017	04:09:38	04:15:54		2750
		5km - 00:29:22, 10km - 00:58:43, 15km - 01:28:05, 20km - 01:57:27, 21km - 02:03:52, 25km - 02:26:53, 30km - 02:56:41, 35km - 03:26:25, 40km - 03:56:54									
3075	939	KAMIŃSKI Krzysztof	KOLIN		POL	M30	1017	04:09:38	04:15:37		2750
		5km - 00:27:59, 10km - 00:57:18, 15km - 01:25:14, 20km - 01:54:50, 21km - 02:04:18, 25km - 02:26:38, 30km - 02:56:35, 35km - 03:27:53, 40km - 03:57:58									
3076	4646	Zawodnik anonimowy				M30	1017	04:09:38	04:14:41		2750
		5km - 00:27:34, 10km - 00:55:37, 15km - 01:23:17, 20km - 01:51:43, 21km - 01:58:26, 25km - 02:20:54, 30km - 02:52:29, 35km - 03:24:22, 40km - 03:56:27									
3077	2701	SMARSZ Łukasz	GÓRKA		POL	M18	322	04:09:43	04:12:11		2753
		5km - 00:26:11, 10km - 00:52:33, 15km - 01:18:34, 20km - 01:45:15, 21km - 01:51:18, 25km - 02:13:16, 30km - 02:42:41, 35km - 03:17:12, 40km - 03:53:42									
3078	1406	JANIAK Marek	SZCZECIN		POL	M60	37	04:09:45	04:15:00		2754
		5km - 00:28:15, 10km - , 15km - 01:24:06, 20km - 01:52:21, 21km - 01:58:37, 25km - 02:20:53, 30km - 02:50:05, 35km - 03:23:37, 40km - 03:56:22									
3079	6244	KRUSZONA Zbigniew	KOSTRZYN	Echo Ziemi Kostrzyńskiej	POL	M40	704	04:09:45	04:14:56		2754
		5km - 00:26:43, 10km - 00:54:08, 15km - 01:21:30, 20km - 01:49:12, 21km - 01:55:24, 25km - 02:17:04, 30km - 02:48:32, 35km - 03:22:52, 40km - 03:55:57									
3080	3397	JAROSZ Michał	ŁÓDŹ		POL	M40	705	04:09:47	04:13:07		2756
		5km - 00:26:37, 10km - 00:52:26, 15km - 01:18:13, 20km - 01:44:48, 21km - 01:51:31, 25km - 02:15:50, 30km - 02:50:06, 35km - 03:23:38, 40km - 03:57:07									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
3081	5993	KUBICIUS Piotr	KACZYCE	Olza Cieszyn	POL	M30	1020	04:09:48	04:14:39		2757
		5km - 00:28:19, 10km - 00:56:24, 15km - 01:24:21, 20km - 01:52:40, 21km - 01:58:47, 25km - 02:21:05, 30km - 02:49:53, 35km - 03:20:25, 40km - 03:57:00									
3082	1022	SZABŁOWSKI Przemysław	WARSZAWA	Brawo My!	POL	M30	1021	04:09:50	04:13:56		2758
		5km - 00:26:18, 10km - 00:52:33, 15km - 01:17:14, 20km - 01:42:37, 21km - 01:50:22, 25km - 02:11:14, 30km - 02:43:36, 35km - 03:18:56, 40km - 03:53:25									
3083	2222	KAMIŃSKI Bartosz	LUBOŃ	Solum	POL	M30	1022	04:09:52	04:15:12		2759
		5km - 00:28:22, 10km - 00:56:31, 15km - 01:24:34, 20km - 01:52:56, 21km - 01:59:00, 25km - 02:21:21, 30km - 02:51:04, 35km - 03:22:51, 40km - 03:56:01									
3084	2211	ROSIAK Jacek	SŁUPSK		POL	M45	413	04:09:52	04:12:54		2759
		5km - 00:27:32, 10km - 00:54:40, 15km - 01:21:58, 20km - 01:49:29, 21km - 01:56:51, 25km - 02:20:57, 30km - 02:51:45, 35km - 03:20:20, 40km - 03:54:32									
3085	1170	KRZAK Zbigniew	TRZEBNICA	Sanko Run	POL	M40	706	04:09:53	04:13:28		2761
		5km - 00:26:39, 10km - 00:53:37, 15km - 01:19:54, 20km - 01:46:22, 21km - 01:52:07, 25km - 02:13:32, 30km - 02:46:54, 35km - 03:20:43, 40km - 03:56:32									
3086	7263	KUCHARSKA Angelika	CZĘSTOCHOWA		POL	K30	156	04:09:53	04:11:06	325	
		5km - 00:28:01, 10km - 00:57:09, 15km - 01:25:14, 20km - 01:53:56, 21km - 02:00:30, 25km - 02:22:52, 30km - 02:52:52, 35km - 03:24:23, 40km - 03:57:50									
3087	2580	MACEWICZ Rafał	NOWE DĄBIE		POL	M40	706	04:09:53	04:11:31		2761
		5km - 00:26:55, 10km - 00:54:02, 15km - 01:20:46, 20km - 01:48:17, 21km - 01:54:27, 25km - 02:15:58, 30km - 02:46:31, 35km - 03:20:44, 40km - 03:55:25									
3088	2697	PIEKIEŁKO Tomasz	BRZEZINKA	CRIK FCA POLAND	POL	M40	706	04:09:53	04:12:09		2761
		5km - 00:27:16, 10km - 00:54:41, 15km - 01:21:57, 20km - 01:49:43, 21km - 01:55:42, 25km - 02:17:42, 30km - 02:49:49, 35km - 03:23:16, 40km - 03:55:54									
3089	7289	RAJCZAK Maciej	KRYNICA-ZDRÓJ	Rajczak	POL	M45	414	04:09:53	04:15:05		2761
		5km - 00:28:12, 10km - 00:56:06, 15km - 01:23:43, 20km - 01:52:10, 21km - 01:58:20, 25km - 02:20:36, 30km - 02:50:39, 35km - 03:23:14, 40km - 03:56:36									
3090	5818	STABROWSKI-HUZAR Marek	LIPCE		POL	M50	154	04:09:53	04:14:29		2761
		5km - 00:26:43, 10km - 00:53:20, 15km - 01:19:22, 20km - 01:45:19, 21km - 01:51:09, 25km - 02:12:48, 30km - 02:44:55, 35km - 03:16:44, 40km - 03:53:44									
3091	2532	ZDUNIEWICZ Marcin	OBORNIKI		POL	M40	706	04:09:53	04:14:13		2761
		5km - 00:27:09, 10km - 00:54:20, 15km - 01:21:14, 20km - 01:48:37, 21km - 01:54:31, 25km - 02:16:29, 30km - 02:46:21, 35km - 03:21:01, 40km - 03:56:37									
3092	4546	RAJCZAK Urszula	KRYNICA	Rajczak	POL	K45	37	04:09:54	04:15:05	326	
		5km - 00:28:13, 10km - 00:56:00, 15km - 01:23:43, 20km - 01:52:15, 21km - 01:58:21, 25km - 02:20:39, 30km - 02:50:41, 35km - 03:23:15, 40km - 03:56:36									
3093	7264	SZEFFS Tomasz	CZĘSTOCHOWA		POL	M40	710	04:09:55	04:11:08		2767
		5km - 00:28:01, 10km - 00:57:09, 15km - 01:25:13, 20km - 01:53:55, 21km - 02:00:29, 25km - 02:22:52, 30km - 02:52:52, 35km - 03:24:26, 40km - 03:57:49									
3094	3672	GÓRNY Tomasz	ŚWIĘCIECHOWA	Drużyna Szpiku	POL	M30	1023	04:09:56	04:11:51		2768
		5km - 00:27:04, 10km - 00:53:21, 15km - 01:19:05, 20km - 01:46:13, 21km - 01:52:26, 25km - 02:15:02, 30km - 02:45:56, 35km - 03:18:31, 40km - 03:56:12									
3095	3944	GRABOWSKI Damian	POZNAŃ	Miasto Poznań Szkoła Podstawowa Nr 45 im	POL	M30	1024	04:09:57	04:11:26		2769
		5km - 00:26:11, 10km - 00:52:19, 15km - 01:18:27, 20km - 01:44:46, 21km - 01:50:32, 25km - 02:12:24, 30km - 02:44:59, 35km - 03:20:50, 40km - 03:56:48									
3096	990	TOMCZAK Jarosław	OSTRÓW WLKP.		POL	M18	323	04:09:57	04:16:08		2769
		5km - 00:29:15, 10km - 00:59:17, 15km - 01:27:39, 20km - 01:56:58, 21km - 02:04:03, 25km - 02:28:02, 30km - 02:58:36, 35km - 03:29:00, 40km - 03:58:42									
3097	3745	PIOTROWSKI Jarosław	GUŁTOWY	gułtowybiegają	POL	M45	415	04:09:58	04:11:05		2771
		5km - 00:28:31, 10km - 00:58:50, 15km - 01:26:03, 20km - 01:54:19, 21km - 02:00:37, 25km - 02:22:56, 30km - 02:53:39, 35km - 03:26:16, 40km - 03:58:19									
3098	4236	RUDZENKA-NOWAK Galina	POZNAN		POL	K30	157	04:09:58	04:14:41	327	
		5km - 00:27:52, 10km - 00:55:39, 15km - 01:23:00, 20km - 01:51:01, 21km - 01:57:01, 25km - 02:19:19, 30km - 02:49:14, 35km - 03:21:39, 40km - 03:56:37									
3099	3946	LITWINIUK Robert	SZCZECIN		POL	M40	711	04:10:01	04:15:32		2772
		5km - 00:28:10, 10km - 00:55:56, 15km - 01:24:00, 20km - 01:52:12, 21km - 01:58:23, 25km - 02:20:46, 30km - 02:50:22, 35km - 03:22:44, 40km - 03:56:20									
3100	4041	STASIAK Grzegorz	DĄBRÓWKA		POL	M30	1025	04:10:01	04:14:45		2772
		5km - 00:27:27, 10km - 00:54:56, 15km - 01:22:12, 20km - 01:49:43, 21km - 01:55:47, 25km - 02:17:52, 30km - 02:47:28, 35km - 03:22:06, 40km - 03:57:04									
3101	3725	KOZERA Mariusz	KACZORY	Grupa Biegowa Energy Kaczory	POL	M40	712	04:10:04	04:14:43		2774
		5km - 00:28:12, 10km - 00:56:33, 15km - 01:24:24, 20km - 01:52:53, 21km - 01:59:16, 25km - 02:21:43, 30km - 02:51:52, 35km - 03:23:39, 40km - 03:56:27									
3102	3206	Zawodnik anonimowy				M45	416	04:10:04	04:11:14		2774
		5km - 00:26:45, 10km - 00:54:48, 15km - 01:21:59, 20km - 01:50:22, 21km - 01:56:44, 25km - 02:19:04, 30km - 02:50:55, 35km - 03:22:28, 40km - 03:56:10									
3103	2496	BIAŁOBRZESKI Piotr	POZNAŃ		POL	M18	324	04:10:05	04:10:38		2776
		5km - 00:23:57, 10km - 00:49:37, 15km - 01:16:26, 20km - 01:45:51, 21km - 01:51:57, 25km - 02:15:32, 30km - 02:48:03, 35km - 03:22:16, 40km - 03:56:42									
3104	1971	ZIAJA Agnieszka	KOSZĘCIN	KWP Katowice	POL	K30	158	04:10:05	04:13:16	328	
		5km - 00:26:36, 10km - 00:52:56, 15km - 01:18:53, 20km - 01:45:42, 21km - 01:51:33, 25km - 02:12:51, 30km - 02:42:53, 35km - 03:15:59, 40km - 03:54:15									
3105	2457	WALKOWIAK Maciej	POZNAŃ	Lema biega	POL	M45	417	04:10:06	04:14:49		2777
		5km - 00:27:28, 10km - 00:56:18, 15km - 01:22:41, 20km - 01:50:16, 21km - 01:56:21, 25km - 02:18:49, 30km - 02:49:25, 35km - 03:21:22, 40km - 03:55:14									
3106	5056	GÓRECKI Mirosław	KOSZALIN		POL	M45	418	04:10:07	04:13:53		2778
		5km - 00:28:05, 10km - 00:55:45, 15km - 01:23:09, 20km - 01:50:40, 21km - 01:56:52, 25km - 02:19:07, 30km - 02:49:22, 35km - 03:22:10, 40km - 03:56:19									
3107	5024	POJNAR Karol	BESKO		POL	M18	325	04:10:07	04:15:51		2778
		5km - 00:26:46, 10km - 00:53:51, 15km - 01:20:33, 20km - 01:48:14, 21km - 01:54:15, 25km - 02:15:56, 30km - 02:45:26, 35km - 03:19:10, 40km - 03:55:34									
3108	7005	JĄDRZYK Piotr	MOSINA		POL	M40	713	04:10:09	04:16:26		2780
		5km - 00:28:41, 10km - 00:58:02, 15km - 01:26:22, 20km - 01:55:09, 21km - 02:01:28, 25km - 02:23:55, 30km - 02:53:16, 35km - 03:23:24, 40km - 03:56:26									
3109	4674	MARKOWICZ Robert	RAWA MAZOWIECKA		POL	M40	714	04:10:10	04:14:08		2781
		5km - 00:26:41, 10km - 00:53:54, 15km - 01:20:56, 20km - 01:48:34, 21km - 01:55:11, 25km - 02:17:35, 30km - 02:48:35, 35km - 03:21:34, 40km - 03:56:25									
3110	1550	PUCZYNSKA Renata	SANDOMIERZ		POL	K40	69	04:10:10	04:16:02	329	
		5km - 00:29:22, 10km - 00:58:21, 15km - 01:26:46, 20km - 01:55:50, 21km - 02:02:15, 25km - 02:25:07, 30km - 02:55:34, 35km - 03:26:35, 40km - 03:57:10									
3111	2321	PISOCKIJ Stanislav	VISAGINAS	Vegan	LTU	M30	1026	04:10:11	04:14:18		2782
		5km - 00:28:42, 10km - 00:56:56, 15km - 01:25:02, 20km - 01:53:23, 21km - 01:59:47, 25km - 02:22:30, 30km - 02:53:57, 35km - 03:25:31, 40km - 03:56:56									
3112	520	FRANKOWSKI Andrzej	POZNAŃ		POL	M60	38	04:10:12	04:13:37		2783
		5km - 00:27:15, 10km - 00:53:41, 15km - 01:20:04, 20km - 01:46:38, 21km - 01:52:32, 25km - 02:13:50, 30km - 02:45:21, 35km - 03:19:42, 40km - 03:55:35									
3113	622	JACIUK Dagmara	ZALASEWO		POL	K30	159	04:10:12	04:13:51	330	
		5km - 00:27:18, 10km - 00:54:25, 15km - 01:21:16, 20km - 01:49:17, 21km - 01:55:27, 25km - 02:19:31, 30km - 02:51:13, 35km - 03:24:12, 40km - 03:57:04									
3114	2293	VEIKSA Albert	VISAGINAS		LTU	M55	95	04:10:12	04:14:19		2783
		5km - 00:28:42, 10km - 00:56:57, 15km - 01:25:01, 20km - 01:53:23, 21km - 01:59:47, 25km - 02:22:30, 30km - 02:53:57, 35km - 03:25:27, 40km - 03:56:59									
3115	408	BIRLET Paweł	KROSNO		POL	M30	1027	04:10:13	04:13:52		2785
		5km - 00:27:18, 10km - 00:54:25, 15km - 01:21:16, 20km - 01:49:08, 21km - 01:55:24, 25km - 02:18:15, 30km - 02:51:12, 35km - 03:24:12, 40km - 03:57:04									
3116	3531	MICHAŁEK Marian	POZNAŃ		POL	M45	419	04:10:13	04:16:47		2785
		5km - 00:31:46, 10km - 00:57:20, 15km - 01:23:37, 20km - 01:50:38, 21km - 01:56:38, 25km - 02:18:26, 30km - 02:50:47, 35km - 03:23:48, 40km - 03:55:58									
3117	814	ZDZIEBŁO Adam	ŻORY		POL	M45	419	04:10:13	04:13:32		2785
		5km - 00:27:38, 10km - 00:55:15, 15km - 01:22:49, 20km - 01:50:27, 21km - 01:56:27, 25km - 02:18:13, 30km - 02:47:58, 35km - 03:21:21, 40km - 03:56:11									
3118	6822	KUNINIEC Michał	WARSZAWA	??	UKR	M45	421	04:10:16	04:14:34		2788
		5km - 00:25:43, 10km - 00:52:27, 15km - 01:18:18, 20km - 01:45:17, 21km - 01:51:17, 25km - 02:13:14, 30km - 02:47:27, 35km - 03:20:07, 40km - 03:55:54									
3119	4561	CICHOCKI Waclaw	ZARY		POL	M40	715	04:10:18	04:13:01		2789
		5km - 00:27:39, 10km - 00:55:24, 15km - 01:23:11, 20km - 01:51:55, 21km - 01:58:08, 25km - 02:20:31, 30km - 02:49:49, 35km - 03:22:27, 40km - 03:57:16									
3120	2931	CYGAN Tomasz	CHORZÓW		POL	M18	326	04:10:18	04:10:18		2789
		5km - , 10km - , 15km - , 20km - , 21km - , 25km - , 30km - , 35km - , 40km -									
3121	3873	KEMPISTY Mieczysław	UGNIEWO		POL	M50	155	04:10:18	04:14:00		2789
		5km - 00:26:46, 10km - 00:53:24, 15km - 01:20:13, 20km - 01:46:16, 21km - 01:52:15, 25km - 02:13:30, 30km - 02:46:19, 35km - 03:20:25, 40km - 03:56:18									
3122	1343	BIELAK Kamil	WARSZAWA	Rembertów Team	POL	M30	1028	04:10:20	04:14:05		2792
		5km - 00:26:39, 10km - 00:53:16, 15km - 01:19:48, 20km - 01:45:45, 21km - 01:51:27, 25km - 02:11:56, 30km - 02:41:23, 35km - 03:21:06, 40km - 03:56:51									
3123	1727	WOŹNIAK Rafał	POZNAŃ		POL	M40	716	04:10:20	04:16:13		2792
		5km - 00:28:39, 10km - 00:56:57, 15km - 01:25:05, 20km - 01:53:27, 21km - 01:59:49, 25km - 02:22:55, 30km - 02:52:17, 35km - 03:22:04, 40km - 03:56:20									
3124	7174	JAKUBOWSKI Tomasz	TARNOWO PODGORNE	Browar Fortuna	POL	M40	717	04:10:21	04:15:20		2794
		5km - 00:28:01, 10km - 00:56:17, 15km - 01:24:02, 20km - 01:52:27, 21km - 01:58:49, 25km - 02:20:54, 30km - 02:50:03, 35km - 03:20:27, 40km - 03:54:55									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
3125	3888	WOLNY Maciej	KATOWICE	HURAGAN Ligota	POL	M40	718	04:10:22	04:15:41		2795
		5km - 00:28:45, 10km - 00:57:07, 15km - 01:24:31, 20km - 01:52:00, 21km - 01:58:19, 25km - 02:20:40, 30km - 02:50:19, 35km - 03:21:45, 40km - 03:56:54									
3126	2794	WOSZTYL Alicja	KOSZALIN		POL	K30	160	04:10:23	04:11:59	331	
		5km - 00:24:56, 10km - 00:49:29, 15km - 01:13:47, 20km - 01:38:44, 21km - 01:44:21, 25km - 02:06:25, 30km - 02:36:53, 35km - 03:17:17, 40km - 03:55:42									
3127	568	GALAS Grzegorz	CHYBIE	SCI Górscy Entuzjaści	POL	M40	719	04:10:24	04:13:42		2796
		5km - 00:26:12, 10km - 00:52:47, 15km - 01:19:10, 20km - 01:46:29, 21km - 01:52:24, 25km - 02:14:11, 30km - 02:45:25, 35km - 03:21:04, 40km - 03:57:42									
3128	2043	RATAJCZAK Michał	KLESZCZEWO	Promień Krzywiń	POL	M18	327	04:10:25	04:14:28		2797
		5km - 00:27:41, 10km - 00:55:19, 15km - 01:22:24, 20km - 01:50:38, 21km - 01:56:40, 25km - 02:18:58, 30km - 02:48:56, 35km - 03:20:15, 40km - 03:55:55									
3129	1261	PASTUSZAK Ewa	ŁĘCZNA	Łęczna Biega	POL	K30	161	04:10:26	04:16:17	332	
		5km - 00:29:05, 10km - 00:57:20, 15km - 01:25:43, 20km - 01:55:17, 21km - 02:01:49, 25km - 02:25:23, 30km - 02:57:05, 35km - 03:27:30, 40km - 03:57:41									
3130	6840	KAJDAS-CIUPEK Dominika	JAWORZNO		POL	K30	162	04:10:28	04:17:22	333	
		5km - 00:28:13, 10km - 00:56:17, 15km - 01:24:12, 20km - 01:51:59, 21km - 01:57:59, 25km - 02:21:27, 30km - 02:55:42, 35km - 03:28:43, 40km - 03:58:26									
3131	1909	ROSZYK Tomasz	POZNAŃ	DRUŻYNA SZPIKU	POL	M40	720	04:10:28	04:12:40		2798
		5km - 00:28:00, 10km - 00:56:15, 15km - 01:23:49, 20km - 01:52:01, 21km - 01:58:11, 25km - 02:20:14, 30km - 02:50:59, 35km - 03:22:42, 40km - 03:57:11									
3132	2770	STEFANIAK Marcin	WAŁBRZYCH	1975	POL	M40	721	04:10:29	04:17:34		2799
		5km - 00:27:30, 10km - 00:54:22, 15km - 01:22:25, 20km - 01:50:30, 21km - 01:56:42, 25km - 02:19:18, 30km - 02:51:12, 35km - 03:23:45, 40km - 03:56:58									
3133	5409	ŁOZA Jerzy	POZNAŃ	Lidl	POL	M40	721	04:10:29	04:13:36		2799
		5km - 00:26:02, 10km - 00:51:31, 15km - 01:16:42, 20km - 01:42:53, 21km - 01:49:08, 25km - 02:11:18, 30km - 02:41:43, 35km - 03:13:32, 40km - 03:55:36									
3134	121	POLCYN Czesław	GAJEWO	Gwda Piła	POL	M40	723	04:10:30	04:10:35		2801
		5km - 00:24:05, 10km - 00:48:56, 15km - 01:14:10, 20km - 01:43:49, 21km - 01:49:38, 25km - 02:12:18, 30km - 02:45:54, 35km - 03:20:30, 40km - 03:56:37									
3135	3890	PYSZORA Michał	GDAŃSK		POL	M18	328	04:10:30	04:15:00		2801
		5km - 00:28:10, 10km - 00:55:40, 15km - 01:23:00, 20km - 01:50:39, 21km - 01:56:43, 25km - 02:19:00, 30km - 02:48:55, 35km - 03:21:15, 40km - 03:56:57									
3136	1758	SZYMAŃSKI Marian	BUK	Bukowski Klub Biegacza	POL	M50	156	04:10:30	04:12:16		2801
		5km - 00:25:12, 10km - 00:50:26, 15km - 01:15:45, 20km - 01:41:29, 21km - 01:47:07, 25km - 02:08:14, 30km - 02:39:30, 35km - 03:12:29, 40km - 03:52:52									
3137	4043	GORDON Andrzej	BYDGOSZCZ		POL	M55	96	04:10:33	04:11:49		2804
		5km - 00:25:09, 10km - 00:50:10, 15km - 01:15:11, 20km - 01:41:42, 21km - 01:47:49, 25km - 02:09:00, 30km - 02:41:10, 35km - 03:15:25, 40km - 03:52:38									
3138	1628	MACIĄŻEK Jarosław	KOŁOBRZEG		POL	M40	724	04:10:33	04:16:29		2804
		5km - 00:28:33, 10km - 00:57:30, 15km - 01:24:50, 20km - 01:53:28, 21km - 01:59:52, 25km - 02:22:43, 30km - 02:53:36, 35km - 03:26:41, 40km - 03:57:57									
3139	3105	MACHOWICZ Jolanta	GOSTYŃ		POL	K40	70	04:10:34	04:16:39	334	
		5km - 00:28:27, 10km - 00:56:53, 15km - 01:25:15, 20km - 01:54:02, 21km - 02:00:15, 25km - 02:22:48, 30km - 02:54:30, 35km - 03:25:38, 40km - 03:57:31									
3140	6514	CEMPURA Małgorzata	POZNAŃ		POL	K45	38	04:10:36	04:15:54	335	
		5km - 00:28:17, 10km - 00:56:10, 15km - 01:24:09, 20km - 01:52:23, 21km - 01:58:33, 25km - 02:21:39, 30km - 02:53:09, 35km - 03:24:34, 40km - 03:57:12									
3141	3322	MAKUCH Tomasz	BIELAWA	STOWARZYSZENIE NOWA NADZIEJA	POL	M50	157	04:10:36	04:12:49		2806
		5km - 00:25:35, 10km - 00:50:34, 15km - 01:15:08, 20km - 01:40:33, 21km - 01:46:14, 25km - 02:07:14, 30km - 02:41:20, 35km - 03:17:48, 40km - 03:56:20									
3142	2772	MUCHA Wojciech	RUDAWA	#yoloteamkrk	POL	M40	725	04:10:36	04:15:54		2806
		5km - 00:28:17, 10km - 00:56:10, 15km - 01:24:09, 20km - 01:52:22, 21km - 01:58:33, 25km - 02:21:38, 30km - 02:53:09, 35km - 03:25:01, 40km - 03:57:13									
3143	3319	WOJTKOWIAK Renata	POZNAŃ	Piątkowo na Biegowo	POL	K45	38	04:10:36	04:15:54	335	
		5km - 00:28:16, 10km - 00:56:09, 15km - 01:24:08, 20km - 01:52:19, 21km - 01:58:32, 25km - 02:21:38, 30km - 02:53:08, 35km - 03:24:33, 40km - 03:57:10									
3144	1924	RYŃSKI Piotr	SZCZUCIN		POL	M30	1029	04:10:37	04:16:21		2808
		5km - 00:27:41, 10km - 00:55:15, 15km - 01:22:53, 20km - 01:51:00, 21km - 01:57:08, 25km - 02:19:11, 30km - 02:49:20, 35km - 03:21:35, 40km - 03:55:56									
3145	5509	CEGLARZ Grzegorz	PRUDNIK		POL	M30	1030	04:10:39	04:11:49		2809
		5km - 00:27:10, 10km - 00:54:44, 15km - 01:22:49, 20km - 01:51:19, 21km - 01:57:16, 25km - 02:19:43, 30km - 02:51:23, 35km - 03:23:33, 40km - 03:58:18									
3146	5141	SZUKAŁA Piotr	POZNAŃ		POL	M45	422	04:10:41	04:17:44		2810
		5km - 00:30:00, 10km - 00:59:52, 15km - 01:29:10, 20km - 01:58:41, 21km - 02:05:19, 25km - 02:28:09, 30km - 02:57:55, 35km - 03:28:07, 40km - 03:58:26									
3147	4515	KUSTRA Piotr	RZESZÓW		POL	M50	158	04:10:42	04:13:41		2811
		5km - 00:27:42, 10km - 00:55:32, 15km - 01:22:41, 20km - 01:50:12, 21km - 01:56:39, 25km - 02:18:27, 30km - 02:48:25, 35km - 03:21:38, 40km - 03:55:23									
3148	5981	SKALEC Grzegorz	PRZEZCHLEBIE		POL	M18	329	04:10:42	04:16:13		2811
		5km - 00:28:06, 10km - 00:56:08, 15km - 01:23:53, 20km - 01:52:05, 21km - 01:58:21, 25km - 02:20:39, 30km - 02:49:40, 35km - 03:23:16, 40km - 03:57:27									
3149	6757	WÓJCIK Michał	SZCZECIN		POL	M30	1031	04:10:42	04:16:03		2811
		5km - 00:28:22, 10km - 00:56:04, 15km - 01:23:36, 20km - 01:51:15, 21km - 01:57:23, 25km - 02:19:58, 30km - 02:50:37, 35km - 03:23:53, 40km - 03:56:40									
3150	4738	SKOKOWSKI Jacek	SZCZECIN	śRUNdunia Szczecin	POL	M55	97	04:10:44	04:15:52		2814
		5km - 00:28:22, 10km - 00:56:27, 15km - 01:24:07, 20km - 01:52:30, 21km - 01:58:46, 25km - 02:21:29, 30km - 02:52:34, 35km - 03:24:47, 40km - 03:57:19									
3151	4828	HELLWING Wojciech	WARSZAWA	KWW Warszawa	POL	M30	1032	04:10:45	04:15:37		2815
		5km - 00:28:02, 10km - 00:56:08, 15km - 01:24:03, 20km - 01:52:48, 21km - 01:59:03, 25km - 02:21:27, 30km - 02:52:15, 35km - 03:23:27, 40km - 03:57:02									
3152	2040	GÓRAK Sławomir	WIELICZKA	#AdamCzerwińskiTeam	POL	M45	423	04:10:47	04:17:21		2816
		5km - 00:28:41, 10km - 00:57:28, 15km - 01:25:48, 20km - 01:54:15, 21km - 02:00:18, 25km - 02:22:19, 30km - 02:50:49, 35km - 03:22:57, 40km - 03:56:30									
3153	7210	SIEMIŃSKI Jerzy	GDAŃSK	ARCON	POL	M60	39	04:10:47	04:16:44		2816
		5km - 00:26:20, 10km - 00:53:12, 15km - 01:19:51, 20km - 01:47:49, 21km - 01:54:19, 25km - 02:16:34, 30km - 02:48:39, 35km - 03:21:40, 40km - 03:56:44									
3154	1164	TABIŚ-HUBKA Rafał	ZABRZE	Zabrzańskiej Parkowe Bieganie	POL	M40	726	04:10:47	04:15:59		2816
		5km - 00:28:29, 10km - 00:56:37, 15km - 01:24:37, 20km - 01:52:47, 21km - 01:59:07, 25km - 02:21:30, 30km - 02:52:53, 35km - 03:26:16, 40km - 03:57:56									
3155	6390	SCHLAGNER Henryk	TARNOWSKIE GÓRY	Veolia	POL	M65	11	04:10:49	04:15:05		2819
		5km - 00:27:50, 10km - 00:56:10, 15km - 01:23:16, 20km - 01:51:43, 21km - 01:58:04, 25km - 02:20:37, 30km - 02:51:16, 35km - 03:22:25, 40km - 03:56:18									
3156	1635	BISAGA Bogdan	MAKÓW PODHALAŃSKI		POL	M30	1033	04:10:52	04:13:27		2820
		5km - 00:25:51, 10km - 00:51:31, 15km - 01:17:35, 20km - 01:44:35, 21km - 01:50:33, 25km - 02:12:23, 30km - 02:43:41, 35km - 03:18:24, 40km - 03:56:15									
3157	2956	BŁASZCZUK Karol	WOLA		POL	M30	1034	04:10:53	04:13:25		2821
		5km - 00:27:40, 10km - 00:54:33, 15km - 01:21:11, 20km - 01:47:55, 21km - 01:53:48, 25km - 02:16:00, 30km - 02:47:06, 35km - 03:22:37, 40km - 03:57:43									
3158	4625	STĘPNIEWSKI Wiktor	GDAŃSK	Specjal Team	POL	M30	1034	04:10:53	04:17:06		2821
		5km - 00:29:15, 10km - 00:58:50, 15km - 01:28:04, 20km - 01:57:27, 21km - 02:03:56, 25km - 02:26:48, 30km - 02:57:22, 35km - 03:27:43, 40km - 03:57:43									
3159	138	SKURZYŃSKI Krzysztof	BYDGOSZCZ		POL	M60	40	04:10:54	04:14:57		2823
		5km - 00:27:20, 10km - 00:54:21, 15km - 01:21:13, 20km - 01:48:58, 21km - 01:55:03, 25km - 02:16:57, 30km - 02:46:59, 35km - 03:21:26, 40km - 03:57:04									
3160	433	TOKARSKI Karol	POZNAŃ		POL	M40	727	04:10:55	04:15:25		2824
		5km - 00:27:38, 10km - 00:55:37, 15km - 01:22:25, 20km - 01:49:41, 21km - 01:55:39, 25km - 02:16:57, 30km - 02:46:17, 35km - 03:16:37, 40km - 03:55:54									
3161	7262	FRANCZYK Szymon	KATOWICE		POL	M18	330	04:10:56	04:20:02		2825
		5km - 00:28:03, 10km - 00:54:31, 15km - 01:20:46, 20km - 01:48:37, 21km - 01:54:40, 25km - 02:15:39, 30km - 02:45:40, 35km - 03:19:28, 40km - 03:56:42									
3162	5844	KACZMAREK Michał	SWORZYCE	Oby do mety	POL	M30	1036	04:10:56	04:12:00		2825
		5km - 00:24:19, 10km - 00:48:04, 15km - 01:11:22, 20km - 01:35:14, 21km - 01:40:24, 25km - 02:00:32, 30km - 02:35:38, 35km - 03:16:56, 40km - 03:59:16									
3163	2838	ŁAWNICZAK Tomasz	POZNAŃ	PGB Sportowa Paczka	POL	M30	1037	04:10:57	04:11:47		2827
		5km - 00:27:06, 10km - 00:54:03, 15km - 01:20:51, 20km - 01:48:50, 21km - 01:54:49, 25km - 02:16:15, 30km - 02:43:36, 35km - 03:11:10, 40km - 03:50:05									
3164	1889	MARCINIAK Joanna	POZNAŃ		POL	K30	163	04:10:58	04:13:14	337	
		5km - 00:27:16, 10km - 00:55:13, 15km - 01:22:52, 20km - 01:51:10, 21km - 01:57:42, 25km - 02:20:18, 30km - 02:51:31, 35km - 03:24:16, 40km - 03:57:21									
3165	3016	BEDNARSKA Anna	POZNAŃ		POL	K30	164	04:11:00	04:16:52	338	
		5km - 00:28:38, 10km - 00:56:36, 15km - 01:24:33, 20km - 01:53:27, 21km - 01:59:44, 25km - 02:22:22, 30km - 02:52:04, 35km - 03:24:28, 40km - 03:58:09									
3166	6162	KRZAK Szymon	KRAKÓW	BIS AGH	POL	M18	331	04:11:00	04:15:39		2828
		5km - 00:28:45, 10km - 00:57:59, 15km - 01:26:20, 20km - 01:54:50, 21km - 02:01:08, 25km - 02:23:30, 30km - 02:53:03, 35km - 03:24:15, 40km - 03:57:13									
3167	2260	POWCHOWICZ Marcin	ZBĄSZYŃ		POL	M18	331	04:11:00	04:16:15		2828
		5km - 00:27:46, 10km - 00:55:03, 15km - 01:21:51, 20km - 01:49:13, 21km - 01:55:13, 25km - 02:16:33, 30km - 02:46:04, 35km - 03:20:09, 40km - 03:58:11									
3168	2574	POTOCZNY Łukasz	GÓRA	Euforiabiegaczateam	POL	M30	1038	04:11:06	04:15:39		2830
		5km - 00:27:36, 10km - 00:55:11, 15km - 01:22:27, 20km - 01:49:49, 21km - 01:56:07, 25km - 02:18:00, 30km - 02:49:42, 35km - 03:20:09, 40km - 03:55:50									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
3169	2890	TOMAKA Agnieszka	NOWA WIEŚ		POL	K40	71	04:11:09	04:13:12	339	
		5km - 00:27:11, 10km - 00:54:48, 15km - 01:22:12, 20km - 01:50:59, 21km - 01:57:22, 25km - 02:19:52, 30km - 02:51:17, 35km - 03:23:51, 40km - 03:57:24									
3170	6207	SŁOWIKOWSKI Dariusz	WARSZAWA	Bemowo Biega	POL	M30	1039	04:11:11	04:16:01		2831
		5km - 00:27:57, 10km - 00:55:09, 15km - 01:21:58, 20km - 01:48:54, 21km - 01:54:40, 25km - 02:15:39, 30km - 02:46:04, 35km - 03:19:21, 40km - 03:57:03									
3171	4438	ZABOROWSKA Nina	RADOM		POL	K30	165	04:11:12	04:15:20	340	
		5km - 00:28:02, 10km - 00:56:08, 15km - 01:24:08, 20km - 01:52:45, 21km - 01:58:55, 25km - 02:21:26, 30km - 02:50:41, 35km - 03:20:04, 40km - 03:56:23									
3172	5061	ZAMORA-REMBIASZ Katarzyna	LASKOWA	11MBOT	POL	K30	165	04:11:12	04:13:46	340	
		5km - 00:26:27, 10km - 00:53:09, 15km - 01:19:43, 20km - 01:47:09, 21km - 01:53:04, 25km - 02:15:15, 30km - 02:48:40, 35km - 03:23:19, 40km - 03:57:45									
3173	1908	DENIS Przemysław	SIEMIANOWICE ŚLĄSKIE	Denis Family Team	POL	M40	728	04:11:20	04:12:43		2832
		5km - 00:25:32, 10km - 00:51:02, 15km - 01:16:54, 20km - 01:42:57, 21km - 01:48:55, 25km - 02:11:21, 30km - 02:45:32, 35km - 03:19:54, 40km - 03:57:17									
3174	251	KALITA Marcin	KOŚCIELISKO		POL	M30	1040	04:11:20	04:12:34		2832
		5km - 00:26:57, 10km - 00:53:53, 15km - 01:21:34, 20km - 01:51:47, 21km - 01:58:18, 25km - 02:21:56, 30km - 02:52:50, 35km - 03:24:23, 40km - 03:57:38									
3175	5744	OBUCHOWICZ Darek	POZNAŃ	For Run Team	POL	M45	424	04:11:20	04:14:48		2832
		5km - 00:26:42, 10km - 00:53:35, 15km - 01:20:09, 20km - 01:46:46, 21km - 01:52:36, 25km - 02:14:04, 30km - 02:47:15, 35km - 03:20:17, 40km - 03:57:26									
3176	6067	PIOTROWSKI Tomasz	PŁOCK	Wataha Łączy Nas Bieganie	POL	M30	1040	04:11:20	04:16:34		2832
		5km - 00:28:26, 10km - 00:56:20, 15km - 01:24:31, 20km - 01:53:29, 21km - 02:03:42, 25km - 02:25:59, 30km - 02:56:34, 35km - 03:27:33, 40km - 03:58:35									
3177	1671	MRZYGŁÓD Jurek	LUBYCZA KRÓLEWSKA		POL	M30	1042	04:11:21	04:13:45		2836
		5km - 00:28:18, 10km - 00:57:04, 15km - 01:25:03, 20km - 01:52:58, 21km - 01:59:04, 25km - 02:21:31, 30km - 02:51:53, 35km - 03:25:21, 40km - 03:58:02									
3178	6933	KOWALEWSKI Grzegorz	KRZEPTÓW		POL	M50	159	04:11:22	04:15:01		2837
		5km - 00:27:53, 10km - 00:55:38, 15km - 01:22:44, 20km - 01:50:35, 21km - 01:56:36, 25km - 02:19:13, 30km - 02:49:59, 35km - 03:24:47, 40km - 03:58:43									
3179	2763	KAROŃ Piotr	WARSZAWA		POL	M30	1043	04:11:23	04:16:36		2838
		5km - 00:27:51, 10km - 00:55:44, 15km - 01:23:18, 20km - 01:51:02, 21km - 01:56:58, 25km - 02:18:31, 30km - 02:47:12, 35km - 03:17:58, 40km - 03:55:30									
3180	2253	TOMCZAK Zbigniew	GNIEZNO	Altom Gniezno	POL	M65	12	04:11:23	04:17:10		2838
		5km - 00:27:44, 10km - 00:55:48, 15km - 01:21:38, 20km - 01:48:17, 21km - 01:54:10, 25km - 02:15:50, 30km - 02:44:12, 35km - 03:14:20, 40km - 03:57:59									
3181	6047	SAMBOR Waldemar	SZCZECIN	Dużo i dobre	POL	M18	333	04:11:24	04:15:59		2840
		5km - 00:27:36, 10km - 00:53:42, 15km - 01:19:26, 20km - 01:45:38, 21km - 01:51:45, 25km - 02:12:04, 30km - 02:43:09, 35km - 03:16:28, 40km - 03:55:14									
3182	3222	PAJĄK Adam	LACHOWICE		POL	M55	98	04:11:30	04:16:52		2841
		5km - 00:28:09, 10km - 00:55:53, 15km - 01:23:28, 20km - 01:51:40, 21km - 01:57:42, 25km - 02:20:12, 30km - 02:49:44, 35km - 03:21:36, 40km - 03:56:34									
3183	4298	OLSZEWSKI Zbigniew	LIDZBARK WARMIŃSKI		POL	M45	425	04:11:31	04:19:27		2842
		5km - 00:30:56, 10km - 01:01:17, 15km - 01:30:04, 20km - 02:00:24, 21km - 02:06:35, 25km - 02:29:35, 30km - 02:59:43, 35km - 03:28:59, 40km - 03:58:58									
3184	2586	WÓJCIK Izabela	KIELCE	Biegnę,żeby Bartek mógł biegać	POL	K40	72	04:11:31	04:12:49	342	
		5km - 00:28:51, 10km - 00:57:47, 15km - 01:26:23, 20km - 01:55:44, 21km - 02:02:11, 25km - 02:24:50, 30km - 02:56:10, 35km - 03:26:54, 40km - 03:58:25									
3185	3872	Zawodnik anonimowy				M40	729	04:11:31	04:21:11		2842
		5km - 00:29:45, 10km - 00:58:56, 15km - 01:27:05, 20km - 01:55:40, 21km - 02:01:39, 25km - 02:24:19, 30km - 02:53:47, 35km - 03:24:54, 40km - 03:57:13									
3186	7245	Zawodnik anonimowy				M40	729	04:11:31	04:21:11		2842
		5km - 00:29:45, 10km - 00:58:56, 15km - 01:27:05, 20km - 01:55:40, 21km - 02:01:40, 25km - 02:24:19, 30km - 02:53:47, 35km - 03:24:54, 40km - 03:57:13									
3187	4185	GRESIK Daniel	GDANSK		POL	M40	731	04:11:33	04:16:33		2845
		5km - 00:27:48, 10km - 00:55:38, 15km - 01:23:31, 20km - 01:51:18, 21km - 01:57:18, 25km - 02:19:07, 30km - 02:47:34, 35km - 03:17:36, 40km - 03:55:59									
3188	3921	RATAJCZAK Dorota	ZIELONA GÓRA	TRIO FORTIS	POL	K40	73	04:11:33	04:13:58	343	
		5km - 00:28:22, 10km - 00:56:46, 15km - 01:24:43, 20km - 01:53:15, 21km - 01:59:17, 25km - 02:21:44, 30km - 02:53:14, 35km - 03:25:05, 40km - 03:57:59									
3189	7317	PAWŁOWSKI Andrzej	PLEWISKA		POL	M60	41	04:11:34	04:14:13		2846
		5km - 00:26:05, 10km - 00:52:42, 15km - 01:19:05, 20km - 01:46:45, 21km - 01:53:09, 25km - 02:15:53, 30km - 02:47:19, 35km - 03:21:36, 40km - 03:56:53									
3190	3699	ŚWIERCZYŃSKI Marek	BIEDRUSKO		POL	M40	732	04:11:34	04:15:28		2846
		5km - 00:28:04, 10km - 00:55:58, 15km - 01:23:05, 20km - 01:50:37, 21km - 01:56:33, 25km - 02:18:28, 30km - 02:49:44, 35km - 03:23:40, 40km - 03:57:53									
3191	7115	GĄSIOROWSKI Szymon	DĄBRÓWKA		POL	M40	733	04:11:36	04:13:55		2848
		5km - 00:26:53, 10km - 00:54:22, 15km - 01:21:55, 20km - 01:50:00, 21km - 01:56:04, 25km - 02:19:24, 30km - 02:50:57, 35km - 03:23:52, 40km - 03:57:02									
3192	1042	WALICHNIEWICZ Krzysztof	INOWROCŁAW	Piekuś Team	POL	M55	99	04:11:37	04:15:40		2849
		5km - 00:26:56, 10km - 00:53:14, 15km - 01:19:40, 20km - 01:46:47, 21km - 01:53:27, 25km - 02:18:40, 30km - 02:51:00, 35km - 03:24:44, 40km - 03:58:09									
3193	4970	BAK Michał	LUTUTÓW		POL	M30	1044	04:11:38	04:16:45		2850
		5km - 00:28:18, 10km - 00:56:05, 15km - 01:23:46, 20km - 01:52:08, 21km - 01:58:23, 25km - 02:20:42, 30km - 02:49:57, 35km - 03:27:22, 40km - 03:58:53									
3194	2547	CIEŚLA Grzegorz	WAŁBRZYCH		POL	M18	334	04:11:41	04:14:11		2851
		5km - 00:29:22, 10km - 00:59:35, 15km - 01:29:52, 20km - 01:58:20, 21km - 02:04:17, 25km - 02:26:04, 30km - 02:55:24, 35km - 03:26:42, 40km - 03:59:15									
3195	269	DRELA Sebastian	GNIEZNO	ZK Gębarzewo	POL	M40	734	04:11:42	04:15:34		2852
		5km - 00:27:54, 10km - 00:55:52, 15km - 01:23:08, 20km - 01:51:12, 21km - 01:57:27, 25km - 02:19:48, 30km - 02:51:07, 35km - 03:24:47, 40km - 03:57:47									
3196	3386	LENARD Daniel	OLSZTYN	Ostr?da Runners	POL	M30	1045	04:11:42	04:17:03		2852
		5km - 00:27:58, 10km - 00:54:56, 15km - 01:21:29, 20km - 01:48:21, 21km - 01:54:11, 25km - 02:15:54, 30km - 02:46:31, 35km - 03:21:32, 40km - 03:56:54									
3197	5065	GARDYAS Monika	LUBLIN		POL	K30	167	04:11:43	04:12:16	344	
		5km - 00:26:49, 10km - 00:53:46, 15km - 01:20:30, 20km - 01:49:03, 21km - 01:55:21, 25km - 02:17:08, 30km - 02:49:24, 35km - 03:22:16, 40km - 03:58:15									
3198	829	KARWIŃSKI Marcin	KRAKÓW	Klub Biegacza AZS UEK	POL	M40	735	04:11:43	04:16:08		2854
		5km - 00:27:38, 10km - 00:55:26, 15km - 01:22:34, 20km - 01:49:50, 21km - 01:55:41, 25km - 02:17:14, 30km - 02:49:55, 35km - 03:23:44, 40km - 03:57:26									
3199	1649	TUSZYŃSKA-STACHOWIAK Ilona	POZNAŃ	KS Warta Poznań	POL	K40	74	04:11:43	04:16:27	344	
		5km - 00:27:54, 10km - 00:55:51, 15km - 01:23:37, 20km - 01:52:11, 21km - 01:58:32, 25km - 02:21:19, 30km - 02:52:44, 35km - 03:24:53, 40km - 03:57:33									
3200	5968	MALITOWSKI Rafał	JELCZ-LASKOWICE	KB Harcownik Jelcz-Laskowice	POL	M30	1046	04:11:46	04:17:21		2855
		5km - 00:27:17, 10km - 00:54:29, 15km - 01:20:55, 20km - 01:47:59, 21km - 01:55:08, 25km - , 30km - 02:49:31, 35km - 03:23:40, 40km - 03:57:39									
3201	3324	SOBKOWIAK Marcin	POZNAŃ		POL	M30	1046	04:11:46	04:19:59		2855
		5km - 00:26:11, 10km - 00:52:35, 15km - 01:19:02, 20km - 01:45:51, 21km - 01:51:47, 25km - 02:13:16, 30km - 02:44:12, 35km - 03:17:35, 40km - 03:57:18									
3202	3334	KOLMER Artur	KŁECKO	Lechita Kłecko	POL	M30	1048	04:11:47	04:12:14		2857
		5km - 00:24:36, 10km - 00:48:33, 15km - 01:11:59, 20km - 01:36:01, 21km - 01:41:21, 25km - 02:00:43, 30km - 02:27:21, 35km - 03:07:00, 40km - 03:52:40									
3203	5828	CIECIERSKI Przemek	POZNAN	KB Piatnica	POL	M40	736	04:11:48	04:17:41		2858
		5km - 00:28:53, 10km - 00:57:38, 15km - 01:25:56, 20km - 01:54:30, 21km - 02:00:38, 25km - 02:22:43, 30km - 02:51:38, 35km - 03:25:38, 40km - 03:59:28									
3204	2082	ŁATKOWSKA Monika	CHOTOMÓW	Grupa Biegowa CHTMO	POL	K40	75	04:11:49	04:18:28	346	
		5km - 00:29:32, 10km - 00:58:22, 15km - 01:27:24, 20km - 01:56:21, 21km - 02:02:40, 25km - 02:24:49, 30km - 02:54:46, 35km - 03:26:56, 40km - 03:58:51									
3205	4591	TARNOWSKI Marcin	SADY		POL	M40	737	04:11:50	04:15:04		2859
		5km - 00:27:13, 10km - 00:54:20, 15km - 01:21:24, 20km - 01:49:05, 21km - 01:55:09, 25km - 02:17:02, 30km - 02:46:17, 35km - 03:17:51, 40km - 03:55:04									
3206	2418	KUJAWA Roger	BARCIN	#slimakibarcin	POL	M45	426	04:11:51	04:17:35		2860
		5km - 00:29:15, 10km - 00:58:27, 15km - 01:27:00, 20km - 01:56:04, 21km - 02:02:10, 25km - 02:24:29, 30km - 02:55:51, 35km - 03:28:07, 40km - 03:59:13									
3207	5784	FLORCZAK Mirosław	KĘPNO	KS LENIWIEC	POL	M45	427	04:11:52	04:15:52		2861
		5km - 00:26:51, 10km - 00:54:32, 15km - 01:20:48, 20km - 01:47:30, 21km - 01:53:15, 25km - 02:14:09, 30km - 02:42:02, 35km - 03:13:03, 40km - 03:53:34									
3208	2560	ZIEMBLA Wojciech	GDYNIA	ziemblaki.pl	POL	M40	738	04:11:54	04:13:52		2862
		5km - 00:24:59, 10km - 00:50:00, 15km - 01:15:19, 20km - 01:42:30, 21km - 01:48:25, 25km - 02:10:44, 30km - 02:42:37, 35km - 03:16:36, 40km - 03:55:29									
3209	5786	FOLTYNOWICZ Waldemar	KOSTRZYN		POL	M30	1049	04:11:55	04:15:29		2863
		5km - 00:26:38, 10km - 00:53:20, 15km - 01:19:56, 20km - 01:46:26, 21km - 01:52:08, 25km - 02:13:20, 30km - 02:43:08, 35km - 03:18:59, 40km - 03:57:25									
3210	1526	HAŁUPKA Magdalena	POZNAŃ	Mamy Biegamy	POL	K30	168	04:11:55	04:13:19	347	
		5km - 00:26:05, 10km - 00:53:11, 15km - 01:20:18, 20km - 01:49:14, 21km - 01:55:55, 25km - 02:19:20, 30km - 02:52:49, 35km - 03:26:09, 40km - 03:58:49									
3211	88	SADOWSKI Paweł	SŁUPSK	Stopa Słupsk	POL	M40	739	04:11:55	04:13:28		2863
		5km - 00:28:09, 10km - 00:56:33, 15km - 01:24:26, 20km - 01:52:51, 21km - 01:59:02, 25km - 02:21:13, 30km - 02:50:33, 35km - 03:22:47, 40km - 03:57:39									
3212	3883	TOMASIK Jarosław	RYDUŁTOWY		POL	M45	428	04:11:56	04:12:19		2865
		5km - 00:24:17, 10km - 00:49:51, 15km - 01:15:28, 20km - 01:42:55, 21km - 01:49:16, 25km - 02:12:44, 30km - 02:45:59, 35km - 03:23:12, 40km - 03:57:33									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
3213	2671	JARZYŃSKI Jan	POZNAŃ	Kancelaria Prawna J&N Team	POL	M30	1050	04:11:58	04:14:16		2866
		5km - 00:28:23, 10km - 00:56:39, 15km - 01:24:40, 20km - 01:52:55, 21km - 01:58:54, 25km - 02:21:09, 30km - 02:50:41, 35km - 03:21:57, 40km - 03:55:54									
3214	6169	BURGCHARDT Krzysztof	GŁOGÓW		POL	M30	1051	04:11:59	04:17:33		2867
		5km - 00:30:08, 10km - 01:00:00, 15km - 01:27:29, 20km - 01:55:58, 21km - 02:01:55, 25km - 02:24:05, 30km - 02:54:19, 35km - 03:26:01, 40km - 03:57:55									
3215	260	MATYSIAK Agnieszka	LUBAŃ	Zk Zaręba	POL	K30	169	04:11:59	04:15:59	348	
		5km - 00:26:53, 10km - 00:54:00, 15km - 01:20:57, 20km - 01:48:04, 21km - 01:53:59, 25km - 02:15:16, 30km - 02:45:42, 35km - 03:19:42, 40km - 03:55:51									
3216	1482	TABOR Roman	PUSTKÓW	Sprint Radomyśl WIelki	POL	M40	740	04:11:59	04:17:10		2867
		5km - 00:28:05, 10km - 00:56:33, 15km - 01:23:47, 20km - 01:51:18, 21km - 01:57:38, 25km - 02:19:00, 30km - 02:48:40, 35km - 03:21:00, 40km - 03:56:51									
3217	259	TRZCIŃSKI Paweł	LUBAŃ	Zk Zaręba	POL	M30	1051	04:11:59	04:15:59		2867
		5km - 00:26:54, 10km - 00:54:57, 15km - 01:20:57, 20km - 01:48:03, 21km - 01:53:59, 25km - 02:15:14, 30km - 02:45:42, 35km - 03:19:43, 40km - 03:56:35									
3218	219	KOLANOWSKI Jacek	POZNAN		POL	M30	1053	04:12:01	04:17:07		2870
		5km - 00:26:50, 10km - 00:54:14, 15km - 01:20:36, 20km - 01:48:44, 21km - , 25km - 02:17:54, 30km - 02:50:03, 35km - 03:25:09, 40km - 03:59:52									
3219	4208	MICHALAK Dariusz	BEŁCHATÓW		POL	M50	160	04:12:01	04:16:45		2870
		5km - 00:27:33, 10km - 00:54:56, 15km - 01:22:22, 20km - 01:50:21, 21km - 01:56:31, 25km - 02:18:31, 30km - 02:47:37, 35km - 03:19:34, 40km - 03:56:29									
3220	2512	Zawodnik anonimowy				M40	741	04:12:02	04:18:10		2872
		5km - 00:29:15, 10km - 00:58:47, 15km - 01:27:44, 20km - 01:57:19, 21km - 02:04:14, 25km - 02:28:08, 30km - 02:58:36, 35km - 03:29:04, 40km - 03:59:54									
3221	4172	RONERT Lidia	DREZDENKO	FSD RUN DREZDENKO	POL	K45	40	04:12:03	04:16:56	349	
		5km - 00:28:43, 10km - 00:57:59, 15km - 01:26:58, 20km - 01:56:42, 21km - 02:03:17, 25km - 02:26:30, 30km - 02:57:13, 35km - 03:28:45, 40km - 03:59:49									
3222	2727	MACIEJEWSKI Krzysztof	KROTOSZYN	KS KROTOSZ KROTOSZYN	POL	M30	1054	04:12:05	04:17:06		2873
		5km - 00:27:47, 10km - 00:55:45, 15km - 01:23:29, 20km - 01:51:16, 21km - 01:57:18, 25km - 02:19:06, 30km - 02:48:11, 35km - 03:21:01, 40km - 03:57:23									
3223	2478	CAŁUS Jolanta	BIELSKO-BIAŁA	Nutrend Biega	POL	K45	41	04:12:07	04:15:04	350	
		5km - 00:27:28, 10km - 00:54:44, 15km - 01:21:43, 20km - 01:49:53, 21km - 01:56:08, 25km - 02:18:56, 30km - 02:51:01, 35km - 03:25:53, 40km - 03:59:30									
3224	2674	RATAJCZAK Rajmund	POZNAŃ		POL	M55	100	04:12:07	04:14:05		2874
		5km - 00:26:12, 10km - 00:52:46, 15km - 01:19:40, 20km - 01:47:24, 21km - 01:53:24, 25km - 02:15:53, 30km - 02:46:46, 35km - 03:19:27, 40km - 03:55:57									
3225	1815	TABOREK Janusz	POZNAŃ		POL	M45	429	04:12:07	04:18:19		2874
		5km - 00:30:33, 10km - 01:00:44, 15km - 01:29:15, 20km - 01:58:55, 21km - 02:05:11, 25km - 02:27:41, 30km - 02:57:52, 35km - 03:28:56, 40km - 03:59:08									
3226	6360	KARASIEWICZ Przemysław	KISZKOWO	Wełnianka Kiszkowo	POL	M30	1055	04:12:08	04:18:24		2876
		5km - 00:28:04, 10km - 00:56:28, 15km - 01:23:21, 20km - 01:50:46, 21km - 01:56:56, 25km - 02:19:05, 30km - 02:56:53, 35km - 03:27:45, 40km - 03:58:28									
3227	735	MĄCZYŃSKI Dominik	POZNAŃ		POL	M40	742	04:12:08	04:15:54		2876
		5km - 00:27:36, 10km - 00:55:33, 15km - 01:23:48, 20km - 01:52:06, 21km - 01:58:33, 25km - 02:21:25, 30km - 02:52:18, 35km - 03:25:21, 40km - 03:58:32									
3228	2150	FLOREK Jacek	KRAKÓW		POL	M30	1056	04:12:09	04:17:20		2878
		5km - 00:28:22, 10km - 00:56:04, 15km - 01:23:43, 20km - 01:52:06, 21km - 01:58:18, 25km - 02:20:37, 30km - 02:51:19, 35km - 03:25:39, 40km - 03:59:22									
3229	1034	SOBOCIŃSKI Grzegorz	POZNAŃ	META	POL	M40	743	04:12:09	04:15:36		2878
		5km - 00:26:52, 10km - 00:53:33, 15km - 01:20:21, 20km - 01:46:51, 21km - 01:52:45, 25km - 02:15:02, 30km - 02:45:39, 35km - 03:18:54, 40km - 03:55:39									
3230	963	DYNIA Krystian	JASTRZĘBIE ZDRÓJ		POL	M30	1057	04:12:12	04:18:38		2880
		5km - 00:30:11, 10km - 01:00:36, 15km - 01:27:38, 20km - 01:56:34, 21km - 02:02:53, 25km - 02:25:02, 30km - 02:54:59, 35km - 03:27:09, 40km - 03:59:05									
3231	1416	MAREK Rafał	GOCZAŁKOWICE-ZDRÓJ	KAC RUNNERS	POL	M45	430	04:12:12	04:14:39		2880
		5km - 00:26:30, 10km - 00:53:26, 15km - 01:20:07, 20km - 01:47:37, 21km - 01:53:49, 25km - 02:15:59, 30km - 02:47:39, 35km - 03:22:29, 40km - 03:58:38									
3232	4336	WITKOWSKI Marcin	POZNAŃ	Czarne stopy	POL	M40	744	04:12:12	04:18:29		2880
		5km - 00:29:11, 10km - 00:58:49, 15km - 01:28:02, 20km - 01:57:55, 21km - 02:04:28, 25km - 02:28:05, 30km - 02:58:31, 35km - 03:29:04, 40km - 03:59:59									
3233	3515	SIEŃKO Grzegorz	BIAŁYSTOK		POL	M45	431	04:12:13	04:18:12		2883
		5km - 00:27:44, 10km - 00:55:56, 15km - 01:23:32, 20km - 01:51:36, 21km - 01:58:14, 25km - 02:20:33, 30km - 02:51:37, 35km - 03:24:08, 40km - 03:59:07									
3234	1049	SKAŁECKI Robert	ŚWIDWIN	KB SPRINT ŚWIDWIN	POL	M50	161	04:12:14	04:18:09		2884
		5km - 00:29:29, 10km - 00:58:58, 15km - 01:27:24, 20km - 01:56:47, 21km - 02:02:59, 25km - 02:25:24, 30km - 02:55:48, 35km - 03:26:47, 40km - 03:59:09									
3235	359	BIENIAS Joanna	MIĘDZYRZECZ		POL	K40	76	04:12:15	04:18:51	351	
		5km - 00:28:11, 10km - 00:56:13, 15km - 01:23:56, 20km - 01:52:16, 21km - 01:58:19, 25km - 02:20:34, 30km - 02:51:22, 35km - 03:25:26, 40km - 03:59:12									
3236	459	SOBIECH Natalia	POBIEDZISKA	NIGHT RUNNERS	POL	K30	170	04:12:15	04:17:42	351	
		5km - 00:29:23, 10km - 00:58:59, 15km - 01:27:44, 20km - 01:57:24, 21km - 02:03:56, 25km - 02:27:27, 30km - 02:59:02, 35km - 03:30:14, 40km - 03:59:48									
3237	1204	KURLEJ Mariusz	GRYFINO	KB HERMES GRYFINO	POL	M50	162	04:12:17	04:16:37		2885
		5km - 00:28:15, 10km - 00:58:23, 15km - 01:27:48, 20km - 01:58:05, 21km - 02:04:49, 25km - 02:27:09, 30km - 02:56:49, 35km - 03:26:40, 40km - 03:58:31									
3238	7090	ŚLIZEWSKI Kamil	STAROGARD GDAŃSKI		POL	M18	335	04:12:17	04:18:39		2885
		5km - 00:29:10, 10km - 00:58:33, 15km - 01:26:32, 20km - 01:56:12, 21km - 02:03:04, 25km - 02:26:46, 30km - 02:58:20, 35km - 03:28:47, 40km - 03:59:24									
3239	3664	ROEMER Kacper	PLEWISKA		POL	M18	336	04:12:19	04:18:12		2887
		5km - 00:27:31, 10km - 00:55:29, 15km - 01:22:56, 20km - 01:50:40, 21km - 01:58:58, 25km - 02:21:01, 30km - 02:54:32, 35km - 03:29:37, 40km - 04:00:19									
3240	3451	SZEWS Andrzej	JASIN	PKO Bank Polski	POL	M45	432	04:12:20	04:16:18		2888
		5km - 00:27:34, 10km - 00:55:26, 15km - 01:23:06, 20km - 01:51:08, 21km - 01:57:22, 25km - 02:19:46, 30km - 02:51:41, 35km - 03:24:53, 40km - 03:58:32									
3241	87	DYSARZ Jan	ROKIETNICA	Browar Fortuna	POL	M30	1058	04:12:21	04:17:20		2889
		5km - 00:28:01, 10km - 00:56:17, 15km - 01:24:00, 20km - 01:52:27, 21km - 01:58:48, 25km - 02:20:53, 30km - 02:49:58, 35km - 03:22:55, 40km - 03:59:22									
3242	2573	PIETROWSKI Dariusz	KAMIONKI		POL	M55	101	04:12:27	04:13:05		2890
		5km - 00:25:07, 10km - 00:50:19, 15km - 01:16:24, 20km - 01:44:43, 21km - 01:50:53, 25km - 02:16:41, 30km - 02:50:46, 35km - 03:23:21, 40km - 04:00:55									
3243	4430	CIEPAK Adam	PORĘBA	GIT EKIPA	POL	M45	433	04:12:30	04:18:38		2891
		5km - 00:27:31, 10km - 00:53:59, 15km - 01:19:57, 20km - 01:46:26, 21km - 01:52:25, 25km - 02:14:08, 30km - 02:44:39, 35km - 03:17:14, 40km - 03:57:14									
3244	4577	Zawodnik anonimowy				M55	102	04:12:30	04:15:01		2891
		5km - 00:26:46, 10km - 00:54:23, 15km - 01:22:07, 20km - 01:50:42, 21km - 01:57:02, 25km - 02:19:36, 30km - 02:50:08, 35km - 03:22:59, 40km - 03:58:43									
3245	5933	WYWIAŁ Łukasz	WOJKOWICE	Saint-Gobain SQUAD	POL	M30	1059	04:12:31	04:17:48		2893
		5km - 00:27:04, 10km - 00:54:29, 15km - 01:21:34, 20km - 01:49:27, 21km - 01:55:41, 25km - 02:17:26, 30km - 02:47:15, 35km - 03:20:50, 40km - 03:58:13									
3246	452	BETLEJ Hubert	KRAKÓW	Eskadra Kraków	POL	M30	1060	04:12:32	04:17:19		2894
		5km - 00:28:58, 10km - 00:57:38, 15km - 01:26:21, 20km - 01:55:13, 21km - 02:01:37, 25km - 02:24:12, 30km - 02:54:43, 35km - 03:26:39, 40km - 03:59:30									
3247	5632	NESTERUK Bartosz	KRAKÓW	Eskadra Kraków	POL	M30	1060	04:12:32	04:17:19		2894
		5km - 00:28:14, 10km - 00:55:58, 15km - 01:23:35, 20km - 01:51:25, 21km - 01:57:33, 25km - 02:19:18, 30km - 02:49:05, 35km - 03:21:06, 40km - 03:58:48									
3248	6224	SAFARYN Dariusz	ZALASEWO		POL	M18	337	04:12:37	04:14:03		2896
		5km - 00:26:48, 10km - 00:53:59, 15km - 01:20:56, 20km - 01:48:25, 21km - 01:54:20, 25km - 02:16:36, 30km - 02:48:54, 35km - 03:22:20, 40km - 03:57:50									
3249	3691	KAPUŚCIŃSKA Katarzyna	ŚRODA WIELKOPOLSKA		POL	K30	171	04:12:38	04:18:40	353	
		5km - 00:30:26, 10km - 01:01:30, 15km - 01:31:03, 20km - 02:00:54, 21km - 02:07:07, 25km - 02:30:04, 30km - 03:00:21, 35km - 03:30:23, 40km - 04:00:35									
3250	5004	STACHOWSKI Mirosław	ŻARY	11 DKPanc	POL	M55	103	04:12:39	04:18:48		2897
		5km - 00:27:43, 10km - 00:54:38, 15km - 01:21:09, 20km - 01:47:42, 21km - 01:53:29, 25km - 02:14:31, 30km - 02:49:12, 35km - 03:21:59, 40km - 03:59:23									
3251	1001	PLATA Małgorzata	WRZEŚNIA	Grupa Biegowa Energy Kaczory	POL	K50	11	04:12:40	04:18:01	354	
		5km - 00:28:23, 10km - 00:56:59, 15km - 01:25:11, 20km - 01:54:43, 21km - 02:01:17, 25km - 02:24:50, 30km - 02:56:35, 35km - 03:28:05, 40km - 03:59:29									
3252	4668	TUDYKA Marek	KĘPNO		POL	M55	104	04:12:41	04:17:52		2898
		5km - 00:28:20, 10km - 00:56:24, 15km - 01:24:19, 20km - 01:52:53, 21km - 01:59:23, 25km - 02:21:59, 30km - 02:52:32, 35km - 03:24:38, 40km - 03:59:18									
3253	2432	DŻUMAK Krystian	LUBIN		POL	M40	745	04:12:44	04:17:08		2899
		5km - 00:27:15, 10km - 00:54:37, 15km - 01:21:07, 20km - 01:48:08, 21km - 01:54:18, 25km - 02:16:10, 30km - 02:46:37, 35km - 03:20:37, 40km - 03:59:06									
3254	4685	KONIECZNY Piotr	POZNAŃ	Stowarzyszenie Odwach	POL	M30	1062	04:12:44	04:18:04		2899
		5km - 00:28:16, 10km - 00:56:05, 15km - 01:24:09, 20km - 01:52:14, 21km - 01:58:25, 25km - 02:20:48, 30km - 02:49:31, 35km - 03:20:46, 40km - 03:57:01									
3255	1277	Zawodnik anonimowy				M45	434	04:12:44	04:16:03		2899
		5km - 00:26:01, 10km - 00:51:55, 15km - 01:17:39, 20km - 01:44:20, 21km - 01:50:11, 25km - 02:11:58, 30km - 02:42:37, 35km - 03:19:05, 40km - 03:57:50									
3256	2673	ZAPOROWSKI Krzysztof	POZNAŃ	Kancelaria Prawna J&N Team	POL	M40	746	04:12:45	04:15:03		2902
		5km - 00:28:23, 10km - 00:56:39, 15km - 01:24:40, 20km - 01:52:55, 21km - 01:58:54, 25km - 02:21:09, 30km - 02:51:10, 35km - 03:24:48, 40km - 03:59:22									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
3257	2709	SKRABANIA Remigiusz	POZNAŃ		POL	M40	747	04:12:46	04:18:12		2903
		5km - 00:28:20, 10km - 00:56:30, 15km - 01:24:27, 20km - 01:52:34, 21km - 01:58:41, 25km - 02:21:05, 30km - 02:49:44, 35km - 03:20:48, 40km - 03:59:26									
3258	2419	LEŚNIEWSKI Grzegorz	KOŁO		POL	M50	163	04:12:47	04:18:15		2904
		5km - 00:27:51, 10km - 00:55:27, 15km - 01:23:06, 20km - 01:50:40, 21km - 01:56:42, 25km - 02:18:46, 30km - 02:49:32, 35km - 03:24:42, 40km - 04:00:10									
3259	6881	ORLIKOWSKI Robert	POŁCZYN ZDRÓJ	Połczyn Biega	POL	M30	1063	04:12:47	04:18:18		2904
		5km - 00:27:22, 10km - 00:54:18, 15km - 01:20:42, 20km - 01:47:54, 21km - 01:54:06, 25km - 02:16:55, 30km - 02:48:45, 35km - 03:21:11, 40km - 03:56:45									
3260	315	ŁUKASZEWICZ Józef	RUMIA		POL	M60	42	04:12:48	04:14:36		2906
		5km - 00:25:24, 10km - 00:50:33, 15km - 01:16:38, 20km - 01:45:24, 21km - 01:52:08, 25km - 02:14:48, 30km - 02:48:11, 35km - 03:22:54, 40km - 03:58:15									
3261	1525	NIEWIECZERZAŁ Tomasz	BEŁCHATÓW		POL	M30	1064	04:12:49	04:18:47		2907
		5km - 00:29:32, 10km - 00:58:59, 15km - 01:28:19, 20km - 01:58:09, 21km - 02:04:31, 25km - 02:27:55, 30km - 02:58:37, 35km - 03:30:03, 40km - 04:00:31									
3262	7250	TONDER Filip	POZNAŃ		POL	M30	1064	04:12:49	04:16:53		2907
		5km - 00:27:09, 10km - 00:54:31, 15km - 01:21:41, 20km - 01:49:41, 21km - 01:55:55, 25km - 02:18:35, 30km - 02:50:11, 35km - 03:24:36, 40km - 03:59:22									
3263	1903	BARAŃSKI Janusz	SZCZECIN		POL	M50	164	04:12:50	04:17:14		2909
		5km - 00:25:49, 10km - 00:51:57, 15km - 01:18:08, 20km - 01:45:33, 21km - 01:51:45, 25km - 02:13:55, 30km - 02:45:19, 35km - 03:19:01, 40km - 03:56:05									
3264	6503	DEBINSKA Dominika	MUROWANA GOSLINA	Egnyte Sparks Team	POL	K30	172	04:12:50	04:18:06	355	
		5km - 00:28:12, 10km - 00:56:10, 15km - 01:25:15, 20km - 01:56:42, 21km - 02:04:17, 25km - 02:28:43, 30km - 03:00:33, 35km - 03:30:54, 40km - 04:00:45									
3265	6432	KURZEJA Kamil	POZNAŃ		POL	M18	338	04:12:51	04:17:18		2910
		5km - 00:26:02, 10km - 00:52:11, 15km - 01:18:03, 20km - 01:44:23, 21km - 01:50:07, 25km - 02:11:33, 30km - 02:44:44, 35km - 03:19:08, 40km - 03:57:05									
3266	7117	TKACZUK Krystian	PIASTOW		POL	M60	43	04:12:51	04:18:00		2910
		5km - 00:28:17, 10km - 00:56:03, 15km - 01:23:48, 20km - 01:52:17, 21km - 01:58:24, 25km - 02:20:43, 30km - 02:49:51, 35km - 03:21:13, 40km - 03:58:03									
3267	5650	CELEJ Monika	WARSZAWA		POL	K40	77	04:12:52	04:15:57	356	
		5km - 00:26:41, 10km - 00:53:45, 15km - 01:21:14, 20km - 01:49:57, 21km - 01:56:37, 25km - 02:20:49, 30km - 02:54:25, 35km - 03:28:33, 40km - 04:00:20									
3268	3304	MARKIEWICZ Maciej	ZGLINIEC		POL	M40	748	04:12:52	04:17:03		2912
		5km - 00:28:16, 10km - 00:56:22, 15km - 01:24:09, 20km - 01:52:23, 21km - 01:58:36, 25km - 02:20:55, 30km - 02:50:28, 35km - 03:25:04, 40km - 03:59:25									
3269	152	OLBRYŚ Stanisław Adam	NASIELSK	KB Legionowo	POL	M50	165	04:12:52	04:13:46		2912
		5km - 00:26:13, 10km - 00:53:56, 15km - 01:22:15, 20km - 01:52:00, 21km - 01:59:03, 25km - 02:23:22, 30km - 02:55:32, 35km - 03:28:14, 40km - 04:01:01									
3270	4913	ŁYSKANOWSKI Sławomir	SZCZECIN		POL	M18	339	04:12:52	04:18:27		2912
		5km - 00:29:32, 10km - 00:59:25, 15km - 01:28:42, 20km - 01:57:53, 21km - 02:04:22, 25km - 02:27:09, 30km - 02:57:45, 35km - 03:28:34, 40km - 04:00:03									
3271	4246	CHUDAŃSKI Maciej	WROCŁAW		POL	M30	1066	04:12:53	04:19:13		2915
		5km - 00:27:37, 10km - 00:55:30, 15km - 01:23:28, 20km - 01:51:36, 21km - 01:57:53, 25km - 02:20:26, 30km - 02:50:36, 35km - 03:23:55, 40km - 03:58:32									
3272	2282	JAGIELSKA Magdalena	KALISZ		POL	K30	173	04:12:53	04:19:12	357	
		5km - 00:28:46, 10km - 00:57:50, 15km - 01:26:39, 20km - 01:56:23, 21km - 02:03:11, 25km - 02:26:55, 30km - 02:56:55, 35km - 03:26:05, 40km - 03:57:15									
3273	1447	MEISSNER Bogusław	ŚWIDWIN		POL	M55	105	04:12:53	04:18:47		2915
		5km - 00:29:30, 10km - 00:59:02, 15km - 01:28:24, 20km - 01:58:13, 21km - 02:04:48, 25km - 02:28:26, 30km - 02:58:48, 35km - 03:29:18, 40km - 03:59:57									
3274	1391	BUKOWSKI Ireneusz	SZCZECIN		POL	M30	1067	04:12:54	04:13:11		2917
		5km - 00:23:06, 10km - 00:46:42, 15km - 01:10:18, 20km - 01:35:32, 21km - 01:41:09, 25km - 02:02:50, 30km - 02:34:48, 35km - 03:11:33, 40km - 03:54:00									
3275	416	MAJCHRZAK Wanda	MUROWANA GOŚLINA	KB Katorżnik Murowana Goślina	POL	K40	78	04:12:54	04:18:11	358	
		5km - 00:29:41, 10km - 00:59:02, 15km - 01:28:06, 20km - 01:57:44, 21km - 02:04:14, 25km - 02:27:39, 30km - 02:58:09, 35km - 03:29:01, 40km - 04:00:15									
3276	3049	DONAJ Łukasz	KOŚCIAN		POL	M30	1068	04:12:55	04:16:07		2918
		5km - 00:26:52, 10km - 00:56:17, 15km - 01:23:25, 20km - 01:51:21, 21km - 01:58:06, 25km - 02:20:36, 30km - 02:52:03, 35km - 03:26:02, 40km - 03:58:33									
3277	2343	LIPIŃSKI Witold	POZNAŃ		POL	M40	749	04:12:57	04:18:27		2919
		5km - 00:28:08, 10km - 00:57:26, 15km - 01:24:02, 20km - 01:52:10, 21km - 01:58:24, 25km - 02:20:50, 30km - 02:50:55, 35km - 03:23:58, 40km - 03:58:58									
3278	2224	DOLNY Krzysztof	KOMORNIKI		POL	M45	435	04:12:58	04:16:17		2920
		5km - 00:26:52, 10km - 00:53:45, 15km - 01:20:37, 20km - 01:48:00, 21km - 01:54:03, 25km - 02:16:42, 30km - 02:49:15, 35km - 03:23:11, 40km - 03:58:30									
3279	7071	JANKOWIAK Miłosz	DĄBRÓWKA		POL	M30	1069	04:12:58	04:18:27		2920
		5km - 00:28:10, 10km - 00:56:58, 15km - 01:24:04, 20km - 01:52:11, 21km - 01:58:28, 25km - 02:20:53, 30km - 02:50:57, 35km - 03:23:47, 40km - 03:58:49									
3280	541	RZESZÓTKO Tomasz	PORĘBA ŻEGOTY	Water Team	POL	M30	1069	04:12:58	04:17:36		2920
		5km - 00:27:26, 10km - 00:55:15, 15km - 01:21:46, 20km - 01:49:05, 21km - 01:55:41, 25km - 02:17:57, 30km - 02:52:38, 35km - 03:27:09, 40km - 03:59:20									
3281	6199	SZKOPEK Jarosław	WIÓREK		POL	M45	435	04:12:58	04:19:08		2920
		5km - 00:29:07, 10km - 00:58:34, 15km - 01:26:49, 20km - 01:55:39, 21km - 02:01:57, 25km - 02:24:08, 30km - 02:53:46, 35km - 03:26:13, 40km - 03:59:42									
3282	5950	MAZURKIEWICZ Barbara	OPOLE		POL	K45	42	04:12:59	04:19:00	359	
		5km - 00:29:12, 10km - 00:58:09, 15km - 01:27:02, 20km - 01:56:01, 21km - 02:02:18, 25km - 02:25:15, 30km - 02:56:03, 35km - 03:28:30, 40km - 03:59:53									
3283	937	POTERALSKI Dariusz	WARSZAWA	PKO BANK POLSKI SA	POL	M45	437	04:12:59	04:18:25		2924
		5km - 00:28:09, 10km - 00:55:55, 15km - 01:23:30, 20km - 01:52:03, 21km - 01:58:08, 25km - 02:20:25, 30km - 02:49:51, 35km - 03:24:17, 40km - 03:59:43									
3284	4944	RYCYK Grzegorz	KRASNYSTAW	Krasnystaw Biega	POL	M40	750	04:13:00	04:16:10		2925
		5km - 00:27:57, 10km - 00:56:17, 15km - 01:23:23, 20km - 01:52:07, 21km - 01:59:03, 25km - 02:20:52, 30km - 02:51:36, 35km - 03:24:51, 40km - 03:58:08									
3285	6247	PORZELSKI Piotr	OSTRÓDA		POL	M50	166	04:13:01	04:18:46		2926
		5km - 00:28:07, 10km - 00:56:44, 15km - 01:24:47, 20km - 01:53:43, 21km - 02:00:04, 25km - 02:23:04, 30km - 02:53:50, 35km - 03:25:49, 40km - 03:58:56									
3286	3769	WŁADCZYK Jarosław	POZNAŃ	Wody Polskie	POL	M40	751	04:13:01	04:14:21		2926
		5km - 00:27:13, 10km - 00:56:11, 15km - 01:24:12, 20km - 01:52:29, 21km - 01:58:44, 25km - 02:20:54, 30km - 02:50:44, 35km - 03:22:10, 40km - 03:59:18									
3287	5712	ADAMCZYK Piotr	TOPOROWICE		POL	M45	438	04:13:02	04:18:56		2928
		5km - 00:28:52, 10km - 00:57:36, 15km - 01:25:55, 20km - 01:54:29, 21km - 02:00:37, 25km - 02:22:43, 30km - 02:50:59, 35km - 03:23:57, 40km - 03:58:38									
3288	448	Zawodnik anonimowy				M30	1071	04:13:02	04:19:41		2928
		5km - 00:30:27, 10km - 01:00:33, 15km - 01:30:25, 20km - 02:00:36, 21km - 02:07:12, 25km - 02:30:47, 30km - 03:01:00, 35km - 03:30:47, 40km - 04:00:21									
3289	7168	KONKOLEWSKI Maciek	NIEZDROWICE	BROWAR FORTUNA	POL	M40	752	04:13:03	04:14:24		2930
		5km - 00:27:28, 10km - 00:55:20, 15km - 01:22:05, 20km - 01:49:35, 21km - 01:55:59, 25km - 02:18:36, 30km - 02:50:07, 35km - 03:22:53, 40km - 03:57:25									
3290	6495	KOZERA Jakub	ZIELONA GÓRA	FUNFIT Boxing Team	POL	M30	1072	04:13:03	04:18:18		2930
		5km - 00:27:55, 10km - 00:55:13, 15km - 01:21:47, 20km - 01:49:59, 21km - 01:56:16, 25km - 02:19:07, 30km - 02:51:18, 35km - 03:28:20, 40km - 04:00:29									
3291	6294	LEWANDOWSKI Bartłomiej	SZCZECIN	Mmuu	POL	M30	1072	04:13:03	04:16:32		2930
		5km - 00:26:49, 10km - 00:53:38, 15km - 01:20:03, 20km - 01:46:33, 21km - 01:52:37, 25km - 02:14:40, 30km - 02:48:40, 35km - 03:25:54, 40km - 03:59:47									
3292	6258	PÓŁKOŚNIK Fabian	WARSZAWA		POL	M18	340	04:13:05	04:17:30		2933
		5km - 00:25:56, 10km - 00:52:19, 15km - 01:18:08, 20km - 01:44:22, 21km - 01:50:02, 25km - 02:10:58, 30km - 02:41:03, 35km - 03:16:49, 40km - 03:57:56									
3293	3200	FREIHOEFER Michał	KATOWICE	W Pogoni Za Duchem	POL	M18	341	04:13:06	04:18:43		2934
		5km - 00:27:38, 10km - 00:54:24, 15km - 01:20:25, 20km - 01:46:31, 21km - 01:52:22, 25km - 02:15:56, 30km - 02:45:44, 35km - 03:18:43, 40km - 03:57:08									
3294	1578	PACHOLSKI Łukasz	WROCŁAW		POL	M30	1074	04:13:08	04:17:50		2935
		5km - 00:27:52, 10km - 00:55:25, 15km - 01:22:09, 20km - 01:49:57, 21km - 01:56:12, 25km - 02:19:01, 30km - 02:51:45, 35km - 03:25:58, 40km - 04:00:29									
3295	964	LEJA Jacek	KRAKÓW		POL	M40	753	04:13:09	04:14:22		2936
		5km - 00:25:26, 10km - 00:50:59, 15km - 01:17:20, 20km - 01:44:54, 21km - 01:51:15, 25km - 02:14:40, 30km - 02:47:43, 35km - 03:22:36, 40km - 03:59:35									
3296	1788	MICHALSKI Piotr	USTROŃ		POL	M30	1075	04:13:09	04:18:47		2936
		5km - 00:28:39, 10km - 00:56:12, 15km - 01:23:18, 20km - 01:51:47, 21km - 01:57:55, 25km - 02:20:12, 30km - 02:50:03, 35km - 03:26:00, 40km - 04:00:42									
3297	3585	JAZY Jacek	LUBIN		POL	M45	439	04:13:11	04:18:58		2938
		5km - 00:28:51, 10km - 00:57:19, 15km - 01:24:55, 20km - 01:53:30, 21km - 01:59:37, 25km - 02:21:48, 30km - 02:52:09, 35km - 03:24:59, 40km - 03:59:47									
3298	6743	KOWALCZYK Marcin	WROCŁAW		POL	M30	1076	04:13:11	04:15:54		2938
		5km - 00:26:55, 10km - 00:53:22, 15km - 01:19:17, 20km - 01:45:27, 21km - 01:51:03, 25km - 02:11:43, 30km - 02:43:32, 35km - 03:18:56, 40km - 03:57:51									
3299	6739	WRÓBLEWSKI Łukasz	TORUŃ		POL	M30	1077	04:13:13	04:18:49		2940
		5km - 00:29:21, 10km - 00:58:38, 15km - 01:27:23, 20km - 01:56:29, 21km - 02:02:55, 25km - 02:25:39, 30km - 02:56:15, 35km - 03:28:18, 40km - 03:59:50									
3300	244	DETKO Artur	LEGIONOWO		POL	M70	4	04:13:14	04:19:22		2941
		5km - 00:30:03, 10km - 01:00:02, 15km - 01:29:51, 20km - 02:00:07, 21km - 02:06:50, 25km - 02:30:24, 30km - 03:01:05, 35km - 03:30:56, 40km - 04:00:45									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
3301	5639	WITCZAK Jolanta	LUSOWO	Tarnowo Podgórne - Poziom Bliężej	POL	K50	12	04:13:14	04:17:22	360	
		5km - 00:26:13, 10km - 00:53:13, 15km - 01:20:09, 20km - 01:49:36, 21km - 01:56:16, 25km - 02:20:59, 30km - 02:54:35, 35km - 03:28:26, 40km - 04:00:34									
3302	1169	KAMIŃSKI Paweł	OLEŚNICA	Cala Oleśnica Biega	POL	M40	754	04:13:15	04:15:21		2942
		5km - 00:25:15, 10km - 00:50:29, 15km - 01:15:47, 20km - 01:42:14, 21km - 01:47:59, 25km - 02:09:36, 30km - 02:41:47, 35km - 03:17:39, 40km - 03:57:22									
3303	1582	SZKLANNY-RECLIK Elzbieta	PSZCZYNA	Aktywna Pszczyna	POL	K30	174	04:13:15	04:18:53	361	
		5km - 00:29:51, 10km - 00:59:27, 15km - 01:28:41, 20km - 01:58:33, 21km - 02:05:05, 25km - 02:28:46, 30km - 02:59:06, 35km - 03:29:37, 40km - 04:00:18									
3304	3549	BUŁECZKA Paweł	ZDUŃSKA WOLA	RAJSPORT ACTIVE	POL	M30	1078	04:13:16	04:15:29		2943
		5km - 00:26:03, 10km - 00:51:34, 15km - 01:17:24, 20km - 01:43:31, 21km - 01:49:21, 25km - 02:10:05, 30km - 02:42:41, 35km - 03:18:29, 40km - 03:57:01									
3305	6590	JAŻDŻEWSKI Dawid	BYDGOSZCZ	Desperaci Bydgoszcz	POL	M30	1078	04:13:16	04:17:32		2943
		5km - 00:28:07, 10km - 00:54:51, 15km - 01:21:26, 20km - 01:48:47, 21km - 01:55:00, 25km - 02:17:15, 30km - 02:48:57, 35km - 03:21:58, 40km - 03:58:15									
3306	4302	ZAGÓRSKI Krzysztof	ŁÓDŹ		POL	M30	1078	04:13:16	04:18:54		2943
		5km - 00:28:05, 10km - 00:56:35, 15km - 01:23:19, 20km - 01:50:20, 21km - 01:56:10, 25km - 02:17:33, 30km - 02:47:33, 35km - 03:23:13, 40km - 03:59:53									
3307	3941	KOŚNIEWSKI Wojciech	GRUSZCZYN		POL	M50	167	04:13:17	04:15:59		2946
		5km - 00:27:25, 10km - 00:54:26, 15km - 01:20:57, 20km - 01:47:33, 21km - 01:53:24, 25km - 02:15:09, 30km - 02:46:34, 35km - 03:21:06, 40km - 03:58:52									
3308	1893	Zawodnik anonimowy				M45	440	04:13:18	04:19:42		2947
		5km - 00:28:55, 10km - 00:57:35, 15km - 01:25:29, 20km - 01:53:53, 21km - 01:59:54, 25km - 02:22:09, 30km - 02:53:15, 35km - 03:26:29, 40km - 04:00:02									
3309	4587	MEISNEROWSKI Łukasz	SZAMOTUŁY		POL	M30	1081	04:13:19	04:18:31		2948
		5km - 00:28:48, 10km - 00:57:01, 15km - 01:24:42, 20km - 01:53:55, 21km - 02:00:30, 25km - 02:23:18, 30km - 02:55:44, 35km - 03:30:09, 40km - 04:00:42									
3310	2426	TYCZYŃSKI Bartosz	POZNAŃ	BartSystem	POL	M40	755	04:13:19	04:19:23		2948
		5km - 00:28:22, 10km - 00:56:40, 15km - 01:24:30, 20km - 01:52:51, 21km - 01:59:34, 25km - 02:22:09, 30km - 02:52:48, 35km - 03:26:19, 40km - 03:59:41									
3311	6003	MADAJCZAK Kacper	CIBÓRZ		POL	M18	342	04:13:21	04:16:24		2950
		5km - 00:26:03, 10km - 00:51:01, 15km - 01:16:03, 20km - 01:42:05, 21km - 01:47:54, 25km - 02:09:56, 30km - 02:43:06, 35km - 03:19:59, 40km - 03:58:45									
3312	5453	PROTASEWICZ Andrzej	SŁAWNO	KB SPOKO Sławno	POL	M40	756	04:13:21	04:17:22		2950
		5km - 00:27:01, 10km - 00:54:03, 15km - 01:20:24, 20km - 01:47:46, 21km - 01:53:55, 25km - 02:15:49, 30km - 02:47:28, 35km - 03:22:11, 40km - 03:57:49									
3313	6538	URBANEK Cezary	KUTNO		POL	M18	342	04:13:21	04:18:43		2950
		5km - 00:28:15, 10km - 00:56:09, 15km - 01:24:11, 20km - 01:52:22, 21km - 01:58:33, 25km - 02:21:15, 30km - 02:52:15, 35km - 03:27:16, 40km - 04:00:36									
3314	1012	RAK Waldemar	BYDGOSZCZ	100	POL	M40	757	04:13:22	04:18:07		2953
		5km - 00:28:06, 10km - 00:55:58, 15km - 01:23:58, 20km - 01:51:52, 21km - 01:58:04, 25km - 02:20:09, 30km - 02:50:13, 35km - 03:26:02, 40km - 03:59:02									
3315	470	RAKOWSKI Bartosz	POZNAŃ	Hernik Team	POL	M40	757	04:13:22	04:18:04		2953
		5km - 00:29:28, 10km - 00:59:46, 15km - 01:26:47, 20km - 01:55:07, 21km - 02:01:50, 25km - 02:24:15, 30km - 02:56:25, 35km - 03:30:36, 40km - 04:00:32									
3316	4275	KRASUCKI Roman	GOSTYŃ		POL	M50	168	04:13:23	04:17:25		2955
		5km - 00:26:21, 10km - 00:53:08, 15km - 01:19:39, 20km - 01:46:52, 21km - 01:52:57, 25km - 02:14:30, 30km - 02:47:26, 35km - 03:22:00, 40km - 03:58:00									
3317	1640	ŚLUSARCZYK Tomasz	CZAPLE	Biegusy Czaple	POL	M40	759	04:13:24	04:15:01		2956
		5km - 00:26:04, 10km - 00:51:37, 15km - 01:17:07, 20km - 01:43:12, 21km - 01:49:16, 25km - 02:10:03, 30km - 02:41:31, 35km - 03:13:38, 40km - 04:00:16									
3318	4934	CZARNOTA Michał	KRAKÓW		POL	M30	1082	04:13:25	04:17:54		2957
		5km - 00:26:27, 10km - 00:51:07, 15km - 01:15:54, 20km - 01:41:36, 21km - 01:47:42, 25km - 02:08:40, 30km - 02:41:36, 35km - 03:14:59, 40km - 03:56:23									
3319	6228	DOROSZ Marek	TULCE		POL	M50	169	04:13:25	04:20:04		2957
		5km - 00:30:22, 10km - 01:00:25, 15km - 01:29:28, 20km - 01:59:14, 21km - 02:05:45, 25km - 02:29:22, 30km - 03:00:52, 35km - 03:30:40, 40km - 04:00:50									
3320	6909	LESZCZYŃSKI Paweł	POZNAŃ		POL	M30	1082	04:13:25	04:19:15		2957
		5km - 00:29:40, 10km - 00:59:16, 15km - 01:28:30, 20km - 01:58:11, 21km - 02:04:25, 25km - 02:27:02, 30km - 02:57:25, 35km - 03:28:40, 40km - 03:59:56									
3321	111	WOJTYŚ Piotr	POZNAŃ	KB Maniac Poznań	POL	M45	441	04:13:25	04:20:05		2957
		5km - 00:30:21, 10km - 01:00:24, 15km - 01:29:27, 20km - 01:59:13, 21km - 02:05:43, 25km - 02:29:22, 30km - 03:00:51, 35km - 03:30:33, 40km - 04:00:46									
3322	809	LAPMAN Anna	RYDUŁTOWY		POL	K40	79	04:13:27	04:18:34	362	
		5km - 00:28:06, 10km - 00:56:01, 15km - 01:23:24, 20km - 01:51:43, 21km - 01:58:00, 25km - 02:20:42, 30km - 02:52:38, 35km - 03:25:46, 40km - 03:59:47									
3323	5454	SEKIETA Michał	PABIANICE	AZS PŁ	POL	M18	344	04:13:28	04:19:23		2961
		5km - 00:28:38, 10km - 00:57:46, 15km - 01:25:59, 20km - 01:54:57, 21km - 02:01:16, 25km - 02:23:44, 30km - 02:54:09, 35km - 03:27:10, 40km - 04:00:22									
3324	5649	GROTT Tomasz	GDAŃSK	Ex Siedlce Gdańsk	POL	M40	760	04:13:31	04:15:35		2962
		5km - 00:26:56, 10km - 00:54:09, 15km - 01:20:57, 20km - 01:48:37, 21km - 01:54:52, 25km - 02:18:08, 30km - 02:50:59, 35km - 03:25:21, 40km - 03:59:16									
3325	4425	FECHNER Ireneusz	BORÓWIEC		POL	M65	13	04:13:32	04:17:24		2963
		5km - 00:27:25, 10km - 00:55:21, 15km - 01:23:17, 20km - 01:51:17, 21km - 01:57:21, 25km - 02:19:20, 30km - 02:48:19, 35km - 03:19:48, 40km - 03:57:12									
3326	1612	SITEK Piotr	GORZÓW WLKP.		POL	M40	761	04:13:33	04:19:01		2964
		5km - 00:28:02, 10km - 00:55:49, 15km - 01:23:27, 20km - 01:51:49, 21km - 01:57:51, 25km - 02:20:13, 30km - 02:49:49, 35km - 03:23:44, 40km - 03:58:48									
3327	5503	GUZOWSKI Paweł	IŁAWA	Biegacze Gorszego Sortu	POL	M30	1084	04:13:36	04:20:03		2965
		5km - 00:30:22, 10km - 00:59:35, 15km - 01:28:37, 20km - 01:58:52, 21km - 02:05:29, 25km - 02:29:59, 30km - 02:59:22, 35km - 03:28:31, 40km - 04:00:58									
3328	5313	KACPERSKI Sławomir	SZCZECIN		POL	M60	44	04:13:36	04:13:47		2965
		5km - 00:26:23, 10km - 00:53:49, 15km - 01:21:20, 20km - 01:50:39, 21km - 01:56:54, 25km - 02:21:27, 30km - 02:53:14, 35km - 03:25:28, 40km - 03:59:32									
3329	6889	KWIATKOWSKI Przemysław	GNIEZNO	PWSD	POL	M40	762	04:13:36	04:17:35		2965
		5km - 00:27:01, 10km - 00:54:03, 15km - 01:20:53, 20km - 01:48:24, 21km - 01:54:33, 25km - 02:17:25, 30km - 02:51:00, 35km - 03:24:59, 40km - 04:00:12									
3330	1455	SŁAPCZYŃSKA Marta	KALISZ POMORSKI	2 Brygada Zmechanizowana w Złocieńcu	POL	K18	54	04:13:36	04:17:48	363	
		5km - 00:27:18, 10km - 00:55:01, 15km - 01:22:37, 20km - 01:51:06, 21km - 01:57:34, 25km - 02:20:26, 30km - 02:52:12, 35km - 03:26:40, 40km - 04:00:27									
3331	6589	MIELCAREK Rafał	POZNAŃ		POL	M45	442	04:13:37	04:14:08		2968
		5km - 00:25:56, 10km - 00:51:40, 15km - 01:17:00, 20km - 01:42:47, 21km - 01:48:04, 25km - 02:07:47, 30km - 02:34:08, 35km - 03:07:35, 40km - 03:58:34									
3332	3913	URBANIAK Anna	TRZCIANKA	-	POL	K30	175	04:13:37	04:18:21	364	
		5km - 00:29:58, 10km - 00:59:24, 15km - 01:28:52, 20km - 01:58:39, 21km - 02:05:10, 25km - 02:28:38, 30km - 02:59:05, 35km - 03:29:31, 40km - 04:00:40									
3333	762	HASLETT Jeremy	NORWICH	Reepham Runners, Norfolk	GBR	M60	45	04:13:40	04:18:30		2969
		5km - 00:27:11, 10km - 00:54:14, 15km - 01:21:16, 20km - 01:49:26, 21km - 01:55:38, 25km - 02:18:48, 30km - 02:52:15, 35km - 03:27:01, 40km - 03:59:48									
3334	3209	RADZIWON Czesław	TORZYM	Campo - Torzym	POL	M50	170	04:13:40	04:14:52		2969
		5km - 00:25:20, 10km - 00:50:53, 15km - 01:16:25, 20km - 01:42:54, 21km - 01:50:30, 25km - 02:11:31, 30km - 02:45:09, 35km - 03:23:02, 40km - 03:57:33									
3335	4796	POMIN Paweł	POZNAŃ	addicted2fun	POL	M18	345	04:13:44	04:21:13		2971
		5km - 00:30:13, 10km - 01:00:16, 15km - 01:29:42, 20km - 01:59:45, 21km - 02:06:21, 25km - 02:29:53, 30km - 03:00:08, 35km - 03:30:57, 40km - 04:01:18									
3336	661	Zawodnik anonimowy				M18	345	04:13:44	04:15:44		2971
		5km - 00:24:46, 10km - 00:49:55, 15km - 01:14:42, 20km - 01:42:52, 21km - 01:49:26, 25km - 02:12:00, 30km - 02:47:17, 35km - 03:22:36, 40km - 03:59:46									
3337	5351	STRUZIK Adrian	SZCZECIN		POL	M40	763	04:13:48	04:19:01		2973
		5km - 00:29:15, 10km - 00:59:09, 15km - 01:27:13, 20km - 01:55:46, 21km - 02:01:57, 25km - 02:24:01, 30km - 02:52:00, 35km - 03:23:17, 40km - 03:59:33									
3338	4538	KASPRZAK Pawel	POZNAŃ		POL	M30	1085	04:13:49	04:16:42		2974
		5km - 00:27:37, 10km - 00:55:23, 15km - 01:22:42, 20km - 01:51:02, 21km - 01:57:17, 25km - 02:19:32, 30km - 02:50:13, 35km - 03:23:09, 40km - 03:59:02									
3339	2009	ROLA Marek	BIERUŃ	CRIK FCA POLAND	POL	M50	171	04:13:49	04:16:49		2974
		5km - 00:27:35, 10km - 00:55:21, 15km - 01:23:28, 20km - 01:52:51, 21km - 01:59:16, 25km - 02:22:42, 30km - 02:54:20, 35km - 03:26:30, 40km - 03:59:38									
3340	5831	KAŹMIERCZAK Marcin	POZNAŃ	Oldschool Hooligans w biegu	POL	M40	764	04:13:51	04:18:14		2976
		5km - 00:28:21, 10km - 00:56:22, 15km - 01:24:23, 20km - 01:53:05, 21km - 01:59:08, 25km - 02:21:49, 30km - 02:53:39, 35km - 03:25:44, 40km - 03:59:10									
3341	6422	CICHOWSKI Mieczysław	PILZNO	KRÓLEWSKIE PILZNO	POL	M55	106	04:13:54	04:16:45		2977
		5km - 00:27:58, 10km - 00:55:50, 15km - 01:22:33, 20km - 01:50:08, 21km - 01:55:55, 25km - 02:17:57, 30km - 02:50:05, 35km - 03:25:30, 40km - 04:00:17									
3342	7082	KALKA Michał	POZNAŃ	Sportowy Team Żabki	POL	M30	1086	04:13:55	04:15:23		2978
		5km - 00:27:39, 10km - 00:55:48, 15km - 01:23:24, 20km - 01:51:01, 21km - 01:56:54, 25km - 02:19:05, 30km - 02:49:57, 35km - 03:22:51, 40km - 03:59:19									
3343	4345	ZIENKIEWICZ Jan	ŚWINOUJŚCIE	Biegacze Świnoujścia	POL	M40	765	04:13:55	04:14:35		2978
		5km - 00:24:32, 10km - 00:48:55, 15km - 01:13:26, 20km - 01:40:39, 21km - 01:47:20, 25km - 02:14:27, 30km - 02:46:03, 35km - 03:24:00, 40km - 04:01:10									
3344	3308	PAWŁOWSKI Krzysztof	NĄDNIA		POL	M40	766	04:13:56	04:18:07		2980
		5km - 00:29:27, 10km - 00:58:36, 15km - 01:27:08, 20km - 01:55:52, 21km - 02:02:17, 25km - 02:24:54, 30km - 02:54:49, 35km - 03:26:20, 40km - 04:00:22									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
3345	1959	BARTKOWIAK Marek	ŚREM	BEST TEAM ŚREM	POL	M30	1087	04:14:01	04:20:34		2981
		5km - 00:28:52, 10km - 00:57:23, 15km - 01:25:39, 20km - 01:54:19, 21km - 02:00:38, 25km - 02:23:29, 30km - 02:54:04, 35km - 03:26:36, 40km - 03:59:57									
3346	6011	KOZŁOWSKI Rafał	KONIN		POL	M40	767	04:14:01	04:17:38		2981
		5km - 00:26:40, 10km - 00:53:35, 15km - 01:20:03, 20km - 01:46:24, 21km - 01:52:54, 25km - 02:15:28, 30km - 02:47:07, 35km - 03:24:08, 40km - 04:01:08									
3347	4786	KĘDZIERSKI Jacek	GDAŃSK		POL	M50	172	04:14:03	04:19:13		2983
		5km - 00:28:21, 10km - 00:56:54, 15km - 01:24:18, 20km - 01:52:19, 21km - 01:58:29, 25km - 02:20:41, 30km - 02:54:22, 35km - 03:28:15, 40km - 04:01:32									
3348	1259	ZJAWIŃSKI Tomek	POZNAŃ		POL	M45	443	04:14:03	04:18:49		2983
		5km - 00:28:32, 10km - 00:56:32, 15km - 01:23:22, 20km - 01:51:29, 21km - 01:57:27, 25km - 02:20:02, 30km - 02:50:33, 35km - 03:27:15, 40km - 04:00:41									
3349	6512	FIBNER Krzysztof	JAROSŁAWIEC	Metzink TRI	POL	M18	347	04:14:04	04:15:26		2985
		5km - 00:26:39, 10km - 00:53:33, 15km - 01:20:20, 20km - 01:47:35, 21km - 01:53:49, 25km - 02:15:54, 30km - 02:48:39, 35km - 03:23:01, 40km - 03:59:21									
3350	4374	ZIELIŃSKA Kinga	OBORZYSKA STARE	SEKCJA BIEGACZA PRZY OŚRODKU KULTURY FIZ	POL	K45	43	04:14:04	04:20:05	365	
		5km - 00:29:09, 10km - 00:57:58, 15km - 01:26:44, 20km - 01:56:45, 21km - 02:03:18, 25km - 02:27:07, 30km - 02:59:10, 35km - 03:30:08, 40km - 04:01:20									
3351	5502	DYBOWSKI Tomasz	LUBLIN	parkrun Lublin	POL	M40	768	04:14:05	04:16:41		2986
		5km - 00:25:07, 10km - 00:51:52, 15km - 01:17:40, 20km - 01:45:53, 21km - 01:52:16, 25km - 02:14:45, 30km - 02:46:38, 35km - 03:21:18, 40km - 03:59:43									
3352	5629	MIELNIK Krzysztof	NAMYSŁÓW	Diehl Running Team	POL	M30	1088	04:14:05	04:18:11		2986
		5km - 00:28:12, 10km - 00:56:12, 15km - 01:24:10, 20km - 01:53:02, 21km - 01:59:26, 25km - 02:21:30, 30km - 02:51:03, 35km - 03:24:03, 40km - 03:58:51									
3353	3960	KSIĘŻYK Szymon	POZNAŃ		POL	M18	348	04:14:09	04:16:46		2988
		5km - 00:27:51, 10km - 00:54:38, 15km - 01:21:26, 20km - 01:48:17, 21km - 01:54:28, 25km - 02:16:20, 30km - 02:47:02, 35km - 03:20:42, 40km - 03:59:30									
3354	2149	SOŁTYSIAK Sylwia	ŻERKÓW	JMBS TEAM	POL	K40	80	04:14:09	04:18:54	366	
		5km - 00:27:49, 10km - 00:55:57, 15km - 01:23:30, 20km - 01:51:57, 21km - 01:58:23, 25km - 02:21:21, 30km - 02:53:10, 35km - 03:27:09, 40km - 04:01:03									
3355	3078	GAŁWIACZEK Dariusz	ŁÓDŹ		POL	M40	769	04:14:11	04:18:18		2989
		5km - 00:27:56, 10km - 00:55:16, 15km - 01:21:31, 20km - 01:49:21, 21km - 01:55:28, 25km - 02:17:08, 30km - 02:48:13, 35km - 03:20:58, 40km - 03:57:59									
3356	986	PAWLIK Paweł	OLEŚNICA	Cała Oleśnica Biega	POL	M45	444	04:14:11	04:16:50		2989
		5km - 00:27:13, 10km - 00:54:11, 15km - 01:21:10, 20km - 01:49:23, 21km - 01:55:36, 25km - 02:19:11, 30km - 02:52:38, 35km - 03:27:29, 40km - 04:00:44									
3357	3484	?KESSON Susanna	KÄVLINGE		SWE	K30	176	04:14:17	04:21:08	367	
		5km - 00:30:40, 10km - 01:00:24, 15km - 01:29:38, 20km - 01:59:32, 21km - 02:06:12, 25km - 02:29:40, 30km - 03:00:19, 35km - 03:30:37, 40km - 04:01:24									
3358	3485	?KESSON Martin	KÄVLINGE		SWE	M30	1089	04:14:18	04:21:09		2991
		5km - 00:30:40, 10km - 01:00:26, 15km - 01:29:38, 20km - 01:59:33, 21km - 02:06:12, 25km - 02:29:40, 30km - 03:00:20, 35km - 03:30:38, 40km - 04:01:23									
3359	1383	CZAPEK Karol	DONAGHMORE		IRL	M18	349	04:14:19	04:21:04		2992
		5km - 00:30:25, 10km - 00:59:36, 15km - 01:28:09, 20km - 01:57:18, 21km - 02:03:32, 25km - 02:26:41, 30km - 02:57:45, 35km - 03:28:58, 40km - 04:00:58									
3360	4812	WOJCIECHOWICZ Bartosz	POZNAŃ		POL	M30	1090	04:14:19	04:17:59		2992
		5km - 00:26:40, 10km - 00:53:34, 15km - 01:20:00, 20km - 01:46:38, 21km - 01:52:30, 25km - 02:14:46, 30km - 02:47:30, 35km - 03:22:14, 40km - 04:00:12									
3361	4995	JĘDRUSIK Patryk	RADOM	Street Run Radom	POL	M30	1091	04:14:20	04:18:42		2994
		5km - 00:27:49, 10km - 00:55:49, 15km - 01:23:32, 20km - 01:51:55, 21km - 01:58:26, 25km - 02:21:03, 30km - 02:51:40, 35km - 03:25:57, 40km - 04:00:39									
3362	2907	SMUGA Łukasz	WARSZAWA	CSWLąd Poznań	POL	M30	1091	04:14:20	04:17:00		2994
		5km - 00:26:43, 10km - 00:53:28, 15km - 01:19:51, 20km - 01:46:31, 21km - 01:52:22, 25km - 02:13:23, 30km - 02:45:15, 35km - 03:21:56, 40km - 04:00:53									
3363	1629	Zawodnik anonimowy				M30	1093	04:14:21	04:18:36		2996
		5km - 00:28:40, 10km - 00:56:53, 15km - 01:25:07, 20km - 01:54:28, 21km - 02:01:02, 25km - 02:24:54, 30km - 02:56:35, 35km - 03:28:25, 40km - 04:00:46									
3364	1495	RAK Michał	ZABRZE		POL	M40	770	04:14:23	04:18:58		2997
		5km - 00:28:47, 10km - 00:58:03, 15km - 01:25:23, 20km - 01:53:50, 21km - 02:00:11, 25km - 02:22:49, 30km - 02:53:49, 35km - 03:27:36, 40km - 04:01:05									
3365	4248	ZIÓŁEK Rafał	POZNAŃ		POL	M30	1094	04:14:23	04:18:05		2997
		5km - 00:26:56, 10km - 00:53:42, 15km - 01:20:22, 20km - 01:47:34, 21km - 01:53:27, 25km - 02:16:24, 30km - 02:49:55, 35km - 03:24:28, 40km - 04:00:01									
3366	1768	CZUB Łukasz	KOMORNIKI		POL	M40	771	04:14:26	04:18:50		2999
		5km - 00:26:56, 10km - 00:53:56, 15km - 01:20:43, 20km - 01:48:10, 21km - 01:54:09, 25km - 02:16:05, 30km - 02:45:40, 35km - 03:19:27, 40km - 03:58:42									
3367	1206	POGORZELSKI Paweł	GDYNIA		POL	M18	350	04:14:26	04:16:26		2999
		5km - 00:24:35, 10km - 00:49:11, 15km - 01:14:05, 20km - 01:41:20, 21km - 01:47:19, 25km - 02:11:41, 30km - 02:44:47, 35km - 03:24:10, 40km - 04:00:01									
3368	2137	ZARADNY Marek	DĘBSKO	Sabinkowy Klub Sportowy:)	POL	M40	771	04:14:26	04:19:14		2999
		5km - 00:29:12, 10km - 00:58:11, 15km - 01:26:38, 20km - 01:56:04, 21km - 02:02:23, 25km - 02:25:12, 30km - 02:56:22, 35km - 03:28:28, 40km - 04:00:38									
3369	5463	KOŁACZKOWSKI Krzysztof	KOSTRZYN	Gdzie Ta Meta	POL	M18	351	04:14:27	04:20:15		3002
		5km - 00:27:42, 10km - 00:55:08, 15km - 01:22:33, 20km - 01:50:11, 21km - 01:55:54, 25km - 02:17:08, 30km - 02:46:16, 35km - 03:18:52, 40km - 03:58:28									
3370	2325	RZEPKA Łukasz	KRAKÓW	AZS AGH	POL	M30	1095	04:14:27	04:15:33		3002
		5km - 00:25:29, 10km - 00:50:52, 15km - 01:15:58, 20km - 01:42:58, 21km - 01:49:18, 25km - 02:10:37, 30km - 02:42:00, 35km - 03:19:14, 40km - 03:58:43									
3371	7297	SZYMCZYK Michał	SZPROTAWA	DRUŻYNA CHROBREGO - PACEMAKER 4:15	POL	M45	445	04:14:27	04:20:25		3002
		5km - 00:29:20, 10km - 00:58:49, 15km - 01:28:17, 20km - 01:58:08, 21km - 02:04:42, 25km - 02:28:22, 30km - 02:58:44, 35km - 03:29:12, 40km - 03:59:53									
3372	7296	Zawodnik anonimowy				M18	351	04:14:27	04:20:25		3002
		5km - 00:29:21, 10km - 00:58:49, 15km - 01:28:17, 20km - 01:58:08, 21km - 02:04:42, 25km - 02:28:21, 30km - 02:58:44, 35km - 03:29:11, 40km - 03:59:51									
3373	6887	PARTYKA Wojciech	JELCZ-LASKOWICE	Autoliv	POL	M40	773	04:14:28	04:18:49		3006
		5km - 00:28:09, 10km - 00:56:03, 15km - 01:22:59, 20km - 01:50:47, 21km - 01:56:48, 25km - 02:19:02, 30km - 02:51:13, 35km - 03:26:07, 40km - 04:01:07									
3374	3142	KONARZEWSKI Jacek	RUMIA	Rumia biega	POL	M45	446	04:14:29	04:17:49		3007
		5km - 00:26:38, 10km - 00:53:55, 15km - 01:21:15, 20km - 01:50:02, 21km - 01:56:28, 25km - 02:20:03, 30km - 02:52:51, 35km - 03:26:50, 40km - 04:00:26									
3375	3811	KOTZ Krzysztof	MOŚCIENICA	Nubijscy Wojownicy	POL	M30	1096	04:14:30	04:20:18		3008
		5km - 00:28:21, 10km - 00:56:42, 15km - 01:25:06, 20km - 01:53:31, 21km - 01:59:39, 25km - 02:21:59, 30km - 02:50:42, 35km - 03:23:22, 40km - 03:59:40									
3376	1642	KSIĄŻEK Tomasz	RUDA ŚLĄSKA		POL	M40	774	04:14:31	04:19:32		3009
		5km - 00:27:59, 10km - 00:55:49, 15km - 01:23:32, 20km - 01:50:59, 21km - 01:56:57, 25km - 02:18:27, 30km - 02:46:45, 35km - 03:18:28, 40km - 03:56:37									
3377	6311	OLESZAK Jacek	ŚRODA WIELKOPOLSKA		POL	M30	1097	04:14:31	04:19:44		3009
		5km - 00:28:22, 10km - 00:56:06, 15km - 01:24:03, 20km - 01:52:25, 21km - 01:58:30, 25km - 02:20:58, 30km - 02:52:49, 35km - 03:26:35, 40km - 04:00:48									
3378	511	KAŁWIŃSKI Adam	KRAPKOWICE	RUN HARDSYSTEM TEAM	POL	M40	775	04:14:32	04:18:12		3011
		5km - 00:26:36, 10km - 00:53:08, 15km - 01:18:48, 20km - 01:44:56, 21km - 01:50:42, 25km - 02:11:31, 30km - 02:43:34, 35km - 03:19:57, 40km - 03:58:28									
3379	2913	MAJCHER Damian	TARNOBRZEG		POL	M30	1098	04:14:32	04:18:14		3011
		5km - 00:27:29, 10km - 00:55:11, 15km - 01:22:09, 20km - 01:49:43, 21km - 01:55:47, 25km - 02:17:47, 30km - 02:48:48, 35km - 03:22:28, 40km - 04:01:16									
3380	5862	BUKALSKI Zbigniew	LUBOŃ	Bridgestone	POL	M45	447	04:14:35	04:15:02		3013
		5km - 00:24:49, 10km - 00:49:51, 15km - 01:14:41, 20km - 01:41:27, 21km - 01:47:50, 25km - 02:11:10, 30km - 02:44:10, 35km - 03:19:00, 40km - 04:00:24									
3381	6145	FRĘŚKO Karina	POZNAŃ		POL	K45	44	04:14:35	04:20:02	368	
		5km - 00:29:02, 10km - 00:57:30, 15km - 01:25:51, 20km - 01:54:55, 21km - 02:01:08, 25km - 02:24:12, 30km - 02:55:35, 35km - 03:28:20, 40km - 04:01:05									
3382	2963	KRZESIŃSKA Renata	WYŚMIERZYCE	Rene biega	POL	K30	177	04:14:36	04:18:51	369	
		5km - 00:27:42, 10km - 00:55:31, 15km - 01:23:19, 20km - 01:52:10, 21km - 01:59:56, 25km - 02:23:33, 30km - 02:56:20, 35km - 03:29:31, 40km - 04:01:51									
3383	2596	FOGIEL Aleksandra	KOSOW	Pekaes Team	POL	K40	81	04:14:37	04:16:57	370	
		5km - 00:29:00, 10km - 00:58:14, 15km - 01:27:16, 20km - 01:56:55, 21km - 02:03:40, 25km - 02:26:59, 30km - 02:58:37, 35km - 03:30:16, 40km - 04:01:25									
3384	5446	PAŚ Michał	GNIEZNO	Charty Szelejewo	POL	M40	776	04:14:37	04:15:38		3014
		5km - 00:27:27, 10km - 00:54:15, 15km - 01:20:41, 20km - 01:48:04, 21km - 01:54:28, 25km - 02:15:47, 30km - 02:46:49, 35km - 03:20:21, 40km - 03:59:19									
3385	284	WIŚNIEWSKI Marek	POZNAŃ		POL	M45	448	04:14:38	04:20:02		3015
		5km - 00:28:38, 10km - 00:57:39, 15km - 01:26:02, 20km - 01:55:10, 21km - 02:02:32, 25km - 02:25:44, 30km - 02:58:21, 35km - 03:29:45, 40km - 04:01:50									
3386	3854	LIS Daniel	GÓRA		POL	M40	777	04:14:39	04:19:03		3016
		5km - 00:27:45, 10km - 00:54:55, 15km - 01:22:09, 20km - 01:49:41, 21km - 01:55:39, 25km - 02:17:45, 30km - 02:49:15, 35km - 03:22:49, 40km - 04:00:08									
3387	6716	SZKUP Przemysław	LUBOŃ		POL	M30	1099	04:14:40	04:19:01		3017
		5km - 00:28:09, 10km - 00:56:22, 15km - 01:24:31, 20km - 01:52:40, 21km - 01:58:46, 25km - 02:21:04, 30km - 02:49:54, 35km - 03:22:03, 40km - 03:59:32									
3388	1513	LEWINSKI Lukasz	ZGIERZ		POL	M40	778	04:14:42	04:20:16		3018
		5km - 00:28:05, 10km - 00:55:55, 15km - 01:23:56, 20km - 01:51:57, 21km - 01:58:18, 25km - 02:20:37, 30km - 02:49:42, 35km - 03:24:15, 40km - 03:58:50									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
3389	5129	TŁOCZKOWSKI Adam	SZCZYTNO		POL	M45	449	04:14:45	04:18:08		3019
		5km - 00:26:41, 10km - 00:52:47, 15km - 01:19:16, 20km - 01:46:41, 21km - 01:52:53, 25km - 02:16:05, 30km - 02:51:43, 35km - 03:27:12, 40km - 04:01:55									
3390	2514	WIĘCŁAW Artur	GOLESZÓW		POL	M40	779	04:14:46	04:18:18		3020
		5km - 00:27:17, 10km - 00:54:39, 15km - 01:21:11, 20km - 01:48:06, 21km - 01:55:07, 25km - 02:16:01, 30km - 02:51:39, 35km - 03:26:56, 40km - 04:01:28									
3391	1553	DOBRZYŃSKI Krzysztof	CHOCIANÓW		POL	M40	780	04:14:49	04:21:33		3021
		5km - 00:30:25, 10km - 01:00:39, 15km - 01:30:23, 20km - 02:00:34, 21km - 02:07:10, 25km - 02:30:43, 30km - 03:00:55, 35km - 03:31:46, 40km - 04:02:12									
3392	2721	KNAPIK Tomasz	KROTOSZYN	KS Krotosz Krotoszyn	POL	M30	1100	04:14:49	04:18:29		3021
		5km - 00:27:36, 10km - 00:55:15, 15km - 01:22:54, 20km - 01:50:36, 21km - 01:56:50, 25km - 02:19:20, 30km - 02:50:10, 35km - 03:25:39, 40km - 04:01:15									
3393	6123	SIEJEK Natalia	ROKIETNICA	POWIAT POZNAŃSKI/KOBIETY BIEGAJĄ	POL	K30	178	04:14:50	04:20:23	371	
		5km - 00:28:31, 10km - 00:57:30, 15km - 01:25:59, 20km - 01:55:19, 21km - 02:01:39, 25km - 02:24:53, 30km - 02:56:27, 35km - 03:29:04, 40km - 04:01:14									
3394	4003	SZYMKIEWICZ Krzysztof	KRAKÓW		POL	M18	353	04:14:50	04:21:32		3023
		5km - 00:29:52, 10km - 00:58:50, 15km - 01:27:38, 20km - 01:57:10, 21km - 02:03:40, 25km - 02:26:27, 30km - 02:57:02, 35km - 03:29:04, 40km - 04:01:46									
3395	3169	KRÓLAK-DUBLAGA Dorota	POZNAŃ	#teambiegiwlkp	POL	K18	55	04:14:51	04:19:09	372	
		5km - 00:26:52, 10km - 00:54:05, 15km - 01:21:13, 20km - 01:49:55, 21km - 01:56:06, 25km - 02:20:32, 30km - 02:52:44, 35km - 03:27:54, 40km - 04:01:17									
3396	6243	JĘDRZEJCZYK Agnieszka	WARSZAWA		POL	K45	45	04:14:53	04:20:08	373	
		5km - 00:28:19, 10km - 00:56:05, 15km - 01:24:05, 20km - 01:52:21, 21km - 01:58:27, 25km - 02:21:06, 30km - 02:53:49, 35km - 03:28:32, 40km - 04:01:49									
3397	7229	SKATULSKI Damian	ŁÓDŹ	RAZEM TRENUJEMY SPORT	POL	M30	1101	04:14:53	04:16:10		3024
		5km - 00:26:33, 10km - 00:53:39, 15km - 01:20:05, 20km - 01:47:06, 21km - 01:52:54, 25km - 02:14:38, 30km - 02:48:26, 35km - 03:25:01, 40km - 04:01:42									
3398	7298	ZIELIŃSKI Krzysztof	POZNAŃ	Night Runners	POL	M30	1102	04:14:54	04:21:30		3025
		5km - 00:30:30, 10km - 01:00:35, 15km - 01:30:28, 20km - 02:00:39, 21km - 02:07:15, 25km - 02:30:26, 30km - 03:01:02, 35km - 03:31:50, 40km - 04:02:09									
3399	483	KOSIÓR Marcin	RĄBCZYN	Zabiegani PTTK Wągrowiec	POL	M30	1103	04:14:55	04:18:27		3026
		5km - 00:26:42, 10km - 00:53:23, 15km - 01:19:56, 20km - 01:46:19, 21km - 01:52:06, 25km - 02:13:04, 30km - 02:45:35, 35km - 03:24:46, 40km - 04:01:04									
3400	374	WIRA Mirosław	WROCŁAW		POL	M60	46	04:14:55	04:21:31		3026
		5km - 00:30:30, 10km - 01:00:33, 15km - 01:30:28, 20km - 02:00:40, 21km - 02:07:16, 25km - 02:30:28, 30km - 03:01:04, 35km - 03:32:15, 40km - 04:02:09									
3401	1079	WOJTKO Rafał	WROCŁAW	wkurw_team	POL	M30	1103	04:14:55	04:20:33		3026
		5km - 00:27:54, 10km - 00:55:41, 15km - 01:23:11, 20km - 01:51:35, 21km - 01:58:15, 25km - 02:20:37, 30km - 02:52:13, 35km - 03:26:58, 40km - 04:00:44									
3402	180	NOWAK Krzysztof	OBORNIKI		POL	M30	1105	04:14:56	04:18:33		3029
		5km - 00:26:44, 10km - 00:53:27, 15km - 01:20:00, 20km - 01:46:44, 21km - 01:52:31, 25km - 02:14:04, 30km - 02:43:03, 35km - 03:19:05, 40km - 03:58:08									
3403	1002	STARŻYK Piotr	NADOLICE WIELKIE	RUNSTARS	POL	M50	173	04:14:56	04:18:37		3029
		5km - 00:28:11, 10km - 00:57:02, 15km - 01:24:48, 20km - 01:53:17, 21km - 01:59:24, 25km - 02:20:54, 30km - 02:50:26, 35km - 03:22:03, 40km - 04:01:43									
3404	776	WALNIK Rafal	KRAKÓW		POL	M45	450	04:14:56	04:18:07		3029
		5km - 00:26:29, 10km - 00:53:37, 15km - 01:20:40, 20km - 01:49:53, 21km - 01:56:26, 25km - 02:19:27, 30km - 02:53:16, 35km - 03:29:14, 40km - 04:02:13									
3405	3862	PYTLIŃSKI Krzysztof	ELBLĄG		POL	M45	451	04:14:57	04:20:08		3032
		5km - 00:28:08, 10km - 00:56:04, 15km - 01:23:14, 20km - 01:50:50, 21km - 01:56:50, 25km - 02:18:46, 30km - 02:48:06, 35km - 03:23:50, 40km - 04:00:22									
3406	3641	WOLSKI Adam	CZĘSTOCHOWA		POL	M45	451	04:14:57	04:21:00		3032
		5km - 00:28:13, 10km - 00:56:33, 15km - 01:24:29, 20km - 01:52:47, 21km - 01:58:49, 25km - 02:20:44, 30km - 02:50:22, 35km - 03:22:24, 40km - 04:00:04									
3407	4585	CICHOWSKA Anna	PILZNO	Klub Biegacza IGNAtianum	POL	K18	56	04:14:58	04:17:47	374	
		5km - 00:27:42, 10km - 00:56:13, 15km - 01:24:21, 20km - 01:53:03, 21km - 01:59:51, 25km - 02:22:27, 30km - 02:54:33, 35km - 03:28:24, 40km - 04:02:44									
3408	3898	SĘK Grzegorz	WARSZAWA		POL	M40	781	04:14:58	04:18:38		3034
		5km - 00:27:03, 10km - 00:55:10, 15km - 01:23:35, 20km - 01:52:46, 21km - 02:01:01, 25km - 02:24:11, 30km - 02:57:00, 35km - 03:31:00, 40km - 04:02:13									
3409	1215	WALKOWIAK Ryszard	POZNAŃ		POL	M18	354	04:14:58	04:17:24		3034
		5km - 00:27:08, 10km - 00:53:33, 15km - 01:19:41, 20km - 01:48:24, 21km - 01:54:37, 25km - 02:18:25, 30km - 02:57:43, 35km - 03:28:59, 40km - 04:01:08									
3410	232	SKRZYPCZAK Andrzej	MOCZYDLO		POL	M45	453	04:15:01	04:19:54		3036
		5km - 00:27:30, 10km - 00:54:41, 15km - 01:22:03, 20km - 01:50:20, 21km - 01:56:21, 25km - 02:18:26, 30km - 02:49:22, 35km - 03:20:25, 40km - 03:56:48									
3411	3271	WAWRZYNIAK Piotr	WYSOCKO MAŁE		POL	M30	1106	04:15:02	04:19:11		3037
		5km - 00:27:04, 10km - 00:53:37, 15km - 01:20:04, 20km - 01:47:33, 21km - 01:53:36, 25km - 02:16:58, 30km - 02:50:06, 35km - 03:24:05, 40km - 04:00:59									
3412	174	BIELICKI Krzysztof	BRODNICA	Brodnica Biega	POL	M55	107	04:15:03	04:15:35		3038
		5km - 00:23:36, 10km - 00:47:35, 15km - 01:11:04, 20km - 01:35:19, 21km - 01:41:15, 25km - 02:03:00, 30km - 02:35:05, 35km - 03:14:16, 40km - 03:56:26									
3413	6457	KOSMACZEWSKI Irek	POBIEDZISKA		POL	M40	782	04:15:04	04:20:54		3039
		5km - 00:27:54, 10km - 00:55:52, 15km - 01:23:40, 20km - 01:51:47, 21km - 01:57:57, 25km - 02:20:18, 30km - 02:49:11, 35km - 03:20:45, 40km - 04:00:14									
3414	6154	SIKORA Robert	WRONKI	Wroniecki Klub Biegacza	POL	M45	454	04:15:05	04:18:39		3040
		5km - 00:27:04, 10km - 00:54:26, 15km - 01:21:34, 20km - 01:49:18, 21km - 01:55:24, 25km - 02:17:28, 30km - 02:48:58, 35km - 03:23:10, 40km - 03:59:15									
3415	5548	KRÓL Artur	SŁUPCA		POL	M30	1107	04:15:07	04:20:55		3041
		5km - 00:27:50, 10km - 00:55:49, 15km - 01:23:32, 20km - 01:51:51, 21km - 01:58:07, 25km - 02:20:25, 30km - 02:49:16, 35km - 03:23:19, 40km - 04:01:18									
3416	1951	ZAJĄCZKOWSKI Piotr	GORZÓW WLKP	Syberian Husky team	POL	M45	455	04:15:09	04:20:27		3042
		5km - 00:27:28, 10km - 00:54:51, 15km - 01:21:46, 20km - 01:49:15, 21km - 01:55:06, 25km - 02:16:38, 30km - 02:46:15, 35km - 03:19:28, 40km - 03:57:07									
3417	5823	KOPANIECKI Mariusz	POLICE	BBL POLICE	POL	M30	1108	04:15:11	04:21:27		3043
		5km - 00:29:23, 10km - 00:59:49, 15km - 01:29:11, 20km - 01:59:38, 21km - 02:06:25, 25km - 02:30:12, 30km - 03:01:21, 35km - 03:32:14, 40km - 04:02:53									
3418	3211	ŁEBZUCH Marzena	NAMYSLOW	ActivRunNamysłów	POL	K30	179	04:15:13	04:15:32	375	
		5km - 00:27:38, 10km - 00:55:23, 15km - 01:22:55, 20km - 01:51:47, 21km - 01:58:24, 25km - 02:21:54, 30km - 02:53:03, 35km - 03:26:23, 40km - 04:01:47									
3419	4637	CISEK Ewaryst	POZNAŃ	E.K.G. - Elitarny Klub Geriatryczny	POL	M50	174	04:15:14	04:20:44		3044
		5km - 00:28:41, 10km - 00:57:22, 15km - 01:25:36, 20km - 01:53:38, 21km - 01:59:40, 25km - 02:22:04, 30km - 02:53:40, 35km - 03:26:50, 40km - 04:01:26									
3420	7254	GWÓŹDŹ Maciej	KRACZKOWA		POL	M30	1109	04:15:15	04:21:09		3045
		5km - 00:29:41, 10km - 00:59:10, 15km - 01:28:25, 20km - 01:58:06, 21km - 02:04:30, 25km - 02:27:20, 30km - 02:58:16, 35km - 03:29:51, 40km - 04:03:02									
3421	3829	PASTUSZAK Tomasz	ŁĘCZNA	Łęczna Biega	POL	M45	456	04:15:16	04:21:07		3046
		5km - 00:29:31, 10km - 00:58:35, 15km - 01:27:07, 20km - 01:56:17, 21km - 02:02:43, 25km - 02:25:16, 30km - 02:55:35, 35km - 03:29:02, 40km - 04:02:18									
3422	4977	PERSSON Ann-Kristin	ANDERSLÖV	Umana	SWE	K55	2	04:15:16	04:21:31	376	
		5km - 00:29:09, 10km - 00:58:23, 15km - 01:27:05, 20km - 01:56:29, 21km - 02:03:09, 25km - 02:26:09, 30km - 02:57:31, 35km - 03:28:58, 40km - 04:01:23									
3423	6777	BOROWCZYK Marcin	KOŹMIN WIELKOPOLSKI	Koźmin Biega	POL	M40	783	04:15:17	04:21:49		3047
		5km - 00:29:05, 10km - 00:56:57, 15km - 01:24:28, 20km - 01:52:46, 21km - 01:58:58, 25km - 02:21:12, 30km - 02:53:32, 35km - 03:27:06, 40km - 04:01:46									
3424	6602	STEFANIAK Marcin	DĄBRÓWKA	STR Poznań	POL	M30	1110	04:15:17	04:18:06		3047
		5km - 00:26:59, 10km - 00:54:00, 15km - 01:20:23, 20km - 01:47:20, 21km - 01:53:22, 25km - 02:15:27, 30km - 02:49:31, 35km - 03:25:53, 40km - 04:00:50									
3425	7101	GERASZEK Magdalena	GDYNIA		POL	K40	82	04:15:18	04:20:55	377	
		5km - 00:28:06, 10km - 00:56:13, 15km - 01:24:02, 20km - 01:52:18, 21km - 01:58:37, 25km - 02:21:34, 30km - 02:54:24, 35km - 03:27:39, 40km - 04:00:57									
3426	2958	SADOWSKA Jagoda	KRAKÓW	#YoloTeamKrk	POL	K18	57	04:15:18	04:18:50	377	
		5km - 00:27:45, 10km - 00:56:08, 15km - 01:23:38, 20km - 01:51:29, 21km - 01:58:19, 25km - 02:20:30, 30km - 02:53:07, 35km - 03:28:49, 40km - 04:02:16									
3427	6526	JACHYM Sławomir	BUKOWICE	Bombardier Team Wrocław	POL	M45	457	04:15:19	04:17:47		3049
		5km - 00:27:40, 10km - 00:55:38, 15km - 01:23:02, 20km - 01:51:12, 21km - 01:57:27, 25km - 02:19:10, 30km - 02:48:06, 35km - 03:19:18, 40km - 03:59:46									
3428	3174	PIASTA-SERAFIN Natalia	JABŁONNA	Wieliszew Heron Team	POL	K40	83	04:15:19	04:20:28	379	
		5km - 00:28:20, 10km - 00:56:20, 15km - 01:24:19, 20km - 01:52:31, 21km - 01:58:45, 25km - 02:21:25, 30km - 02:56:11, 35km - 03:30:03, 40km - 04:02:46									
3429	3315	ŚWIĄTNICKI Sajmon	SŁUPCA	Pasjonaci Słupca	POL	M18	355	04:15:19	04:17:37		3049
		5km - 00:24:23, 10km - 00:49:12, 15km - 01:13:58, 20km - 01:40:15, 21km - 01:46:33, 25km - 02:10:59, 30km - 02:47:28, 35km - 03:25:52, 40km - 04:02:03									
3430	6660	WARACZEWSKI Krzysztof	POZNAŃ		POL	M30	1111	04:15:21	04:20:23		3051
		5km - 00:27:55, 10km - 00:55:54, 15km - 01:23:34, 20km - 01:51:32, 21km - 01:57:25, 25km - 02:19:47, 30km - 02:49:58, 35km - 03:25:32, 40km - 04:01:02									
3431	3098	KUMOSZ Mirosław	BOLESŁAWIEC		POL	M40	784	04:15:22	04:17:43		3052
		5km - 00:28:53, 10km - 00:58:29, 15km - 01:27:40, 20km - 01:57:07, 21km - 02:03:28, 25km - 02:26:14, 30km - 02:56:28, 35km - 03:28:42, 40km - 04:01:24									
3432	3708	KWAŚNIEWSKI Marcin	POLICE	Wieczorne Bieganie w Szczecinie	POL	M40	784	04:15:22	04:20:48		3052
		5km - 00:29:38, 10km - 00:57:00, 15km - 01:24:02, 20km - 01:52:07, 21km - 01:58:26, 25km - 02:20:57, 30km - 02:50:38, 35km - 03:27:56, 40km - 04:01:36									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
3433	571	LEDZIŃSKA Katarzyna	KRAKÓW		POL	K18	58	04:15:22	04:20:35	380	
		5km - 00:28:12, 10km - 00:55:56, 15km - 01:23:03, 20km - 01:50:45, 21km - 01:56:56, 25km - 02:18:57, 30km - 02:50:06, 35km - 03:24:11, 40km - 04:00:34									
3434	2793	CIEZAK Magdalena	JAWORZNO	KB Mckis Jaworzno	POL	K30	180	04:15:23	04:18:19	381	
		5km - 00:27:03, 10km - 00:54:13, 15km - 01:21:45, 20km - 01:51:18, 21km - 01:58:04, 25km - 02:22:13, 30km - 02:55:15, 35km - 03:29:05, 40km - 04:01:57									
3435	2105	WOJCIECHOWSKA Svetlana	POZNAŃ	TeamGunOff	POL	K18	59	04:15:23	04:17:26	381	
		5km - 00:27:00, 10km - 00:55:43, 15km - 01:23:57, 20km - 01:54:04, 21km - 02:01:03, 25km - 02:25:45, 30km - 03:01:51, 35km - 03:36:10, 40km - 04:04:18									
3436	4282	MORAWIEC Marek	CIESZYN	Szakal Team	POL	M30	1112	04:15:25	04:16:50		3054
		5km - 00:24:22, 10km - 00:49:01, 15km - 01:13:37, 20km - 01:41:57, 21km - 01:49:02, 25km - 02:14:21, 30km - 02:48:39, 35km - 03:23:47, 40km - 04:00:45									
3437	6035	BOJEK Beata	RYDZYNA	R-Team	POL	K40	84	04:15:27	04:21:36	383	
		5km - 00:28:35, 10km - 00:57:19, 15km - 01:25:26, 20km - 01:55:10, 21km - 02:01:59, 25km - 02:25:11, 30km - 02:56:37, 35km - 03:28:23, 40km - 04:01:48									
3438	6037	JAKUBOWSKI Rafał	GOSTYŃ	R-Team	POL	M40	786	04:15:27	04:21:36		3055
		5km - 00:28:36, 10km - 00:57:19, 15km - 01:25:26, 20km - 01:55:10, 21km - 02:01:59, 25km - 02:25:11, 30km - 02:56:36, 35km - 03:28:24, 40km - 04:01:48									
3439	3063	NALEWALSKA Justyna	BYDGOSZCZ	Serce Tybetu, wkurw_team	POL	K30	181	04:15:27	04:21:28	383	
		5km - 00:27:43, 10km - 00:56:11, 15km - 01:24:16, 20km - 01:53:38, 21km - 02:00:15, 25km - 02:23:35, 30km - 02:56:14, 35km - 03:28:56, 40km - 04:02:13									
3440	1421	ZACHARUK Marcin	GDAŃSK	Grupa Biegowa 65	POL	M45	458	04:15:27	04:22:27		3055
		5km - 00:30:29, 10km - 01:00:24, 15km - 01:29:51, 20km - 01:59:40, 21km - 02:06:55, 25km - 02:30:09, 30km - 03:00:46, 35km - 03:32:22, 40km - 04:02:58									
3441	1678	BEREDA Krzysztof	WARSZAWA		POL	M45	459	04:15:28	04:18:17		3057
		5km - 00:27:34, 10km - 00:55:20, 15km - 01:21:38, 20km - 01:49:13, 21km - 01:55:22, 25km - 02:17:46, 30km - 02:51:39, 35km - 03:27:29, 40km - 04:01:08									
3442	5732	FAJFER Magdalena	BYDGOSZCZ	5R Team	POL	K30	182	04:15:28	04:21:13	385	
		5km - 00:28:04, 10km - 00:56:14, 15km - 01:24:10, 20km - 01:52:38, 21km - 01:59:03, 25km - 02:22:01, 30km - 02:55:35, 35km - 03:28:45, 40km - 04:01:55									
3443	5731	FAJFER Robert	BYDGOSZCZ	5R Team support	POL	M40	787	04:15:28	04:21:13		3057
		5km - 00:28:04, 10km - 00:56:14, 15km - 01:24:10, 20km - 01:52:38, 21km - 01:59:03, 25km - 02:22:01, 30km - 02:55:35, 35km - 03:28:45, 40km - 04:02:07									
3444	3092	JAŚKIEWICZ Paweł	KALISZ	Lena shoes Kalisz	POL	M45	459	04:15:28	04:20:45		3057
		5km - 00:28:13, 10km - 00:56:18, 15km - 01:24:12, 20km - 01:52:17, 21km - 01:58:31, 25km - 02:20:52, 30km - 02:51:34, 35km - 03:25:56, 40km - 04:00:57									
3445	3006	SNITKO Sviatlana	BRZEŚĆ	AMATA\IRUN	BLR	K30	182	04:15:28	04:16:53	385	
		5km - 00:25:16, 10km - 00:52:34, 15km - 01:20:19, 20km - 01:50:44, 21km - 01:57:13, 25km - 02:21:05, 30km - 02:54:46, 35km - 03:30:35, 40km - 04:03:01									
3446	5733	KUCHARCZYK Kamil	POZNAŃ	Tri Not To Die	POL	M30	1113	04:15:29	04:18:21		3060
		5km - 00:28:58, 10km - 00:58:21, 15km - 01:26:10, 20km - 01:55:04, 21km - 02:01:25, 25km - 02:24:25, 30km - 02:57:13, 35km - 03:31:37, 40km - 04:02:58									
3447	1938	ZIELIŃSKI Bogumił	MIEROSZÓW	1963	POL	M55	108	04:15:29	04:23:40		3060
		5km - 00:29:34, 10km - 00:59:01, 15km - 01:27:35, 20km - 01:56:55, 21km - 02:03:25, 25km - 02:26:41, 30km - 02:57:52, 35km - 03:30:24, 40km - 04:02:07									
3448	2736	ZBOROWSKI Norbert	POZNAŃ	gRUNwald Team Poznań	POL	M18	356	04:15:31	04:19:50		3062
		5km - 00:26:01, 10km - 00:52:44, 15km - 01:19:08, 20km - 01:45:35, 21km - 01:51:35, 25km - 02:14:01, 30km - 02:47:05, 35km - 03:22:17, 40km - 04:02:07									
3449	5943	MELNICZAK Jarosław	ZIELONA GÓRA		POL	M45	461	04:15:32	04:20:48		3063
		5km - 00:27:33, 10km - 00:54:55, 15km - 01:21:37, 20km - 01:48:55, 21km - 01:55:02, 25km - 02:17:38, 30km - 02:49:43, 35km - 03:25:35, 40km - 04:00:52									
3450	1030	SZYSZŁOWSKI Waldemar	POZNAŃ		POL	M30	1114	04:15:33	04:20:49		3064
		5km - 00:27:33, 10km - 00:54:59, 15km - 01:21:37, 20km - 01:48:55, 21km - 01:55:02, 25km - 02:17:38, 30km - 02:49:45, 35km - 03:25:50, 40km - 04:01:00									
3451	5484	RZĄSA Michał	POZNAŃ	GLS Poland	POL	M40	788	04:15:34	04:21:34		3065
		5km - 00:28:58, 10km - 00:58:04, 15km - 01:27:21, 20km - 01:57:22, 21km - 02:04:00, 25km - 02:26:40, 30km - 02:57:10, 35km - 03:29:39, 40km - 04:02:31									
3452	692	CAP Tomasz	SUSZ	Rozbiegany Susz	POL	M45	462	04:15:36	04:18:58		3066
		5km - 00:27:24, 10km - 00:54:54, 15km - 01:21:58, 20km - 01:49:51, 21km - 01:55:59, 25km - 02:17:52, 30km - 02:49:11, 35km - 03:21:37, 40km - 04:02:22									
3453	6276	KNARA Ada	OŁAWA	Tri Mission	POL	K30	184	04:15:36	04:21:32	387	
		5km - 00:28:10, 10km - 00:56:17, 15km - 01:24:24, 20km - 01:53:50, 21km - 02:00:33, 25km - 02:24:11, 30km - 02:57:02, 35km - 03:30:58, 40km - 04:02:39									
3454	5307	NOWAK Daniel	POMIECHÓWEK	RozbiegaMY Nowy Dwór Mazowiecki	POL	M30	1115	04:15:37	04:17:01		3067
		5km - 00:25:19, 10km - 00:50:57, 15km - 01:16:43, 20km - 01:45:29, 21km - 01:51:54, 25km - 02:16:50, 30km - 02:52:38, 35km - 03:29:48, 40km - 04:03:36									
3455	176	KONOPKA Andrzej	ZABAWKA 17	OSM Piątnica	POL	M50	175	04:15:39	04:17:41		3068
		5km - 00:27:00, 10km - 00:53:13, 15km - 01:19:31, 20km - 01:46:43, 21km - 01:52:58, 25km - 02:15:09, 30km - 02:48:14, 35km - 03:24:58, 40km - 04:02:12									
3456	1531	FALISZEWSKI Sylweriusz	RADOSZOWY		POL	M50	176	04:15:40	04:22:11		3069
		5km - 00:30:49, 10km - 01:00:48, 15km - 01:30:39, 20km - 02:00:46, 21km - 02:07:13, 25km - 02:30:27, 30km - 03:00:16, 35km - 03:31:34, 40km - 04:02:19									
3457	4865	FEDYSZYN Anna	SZCZECIN	śRUNdunia	POL	K30	185	04:15:42	04:21:26	388	
		5km - 00:28:03, 10km - 00:55:29, 15km - 01:22:38, 20km - 01:51:37, 21km - 01:58:37, 25km - 02:21:41, 30km - 02:57:34, 35km - 03:30:24, 40km - 04:03:02									
3458	3519	BOCHAN Lidia	PIŁA		POL	K40	85	04:15:43	04:17:49	389	
		5km - 00:28:11, 10km - 00:57:35, 15km - 01:26:54, 20km - 01:57:01, 21km - 02:03:46, 25km - 02:27:26, 30km - 02:58:43, 35km - 03:30:03, 40km - 04:02:09									
3459	5979	GROENWALD-NAKONOWSKA Barbara	ZAKRZEWO	Zakrzewo	POL	K30	186	04:15:43	04:18:09	389	
		5km - 00:27:03, 10km - 00:54:28, 15km - 01:21:53, 20km - 01:51:04, 21km - 01:57:38, 25km - 02:20:58, 30km - 02:53:29, 35km - 03:27:27, 40km - 04:02:59									
3460	7247	SMARIK Milan	ŽILINA	SKP Zilina	SVK	M55	109	04:15:43	04:16:16		3070
		5km - 00:24:59, 10km - 00:50:18, 15km - 01:15:35, 20km - 01:42:20, 21km - 01:48:18, 25km - 02:10:36, 30km - 02:50:36, 35km - 03:31:16, 40km - 04:03:33									
3461	5718	TECŁAW Jakub	POZNAŃ		POL	M18	357	04:15:43	04:18:49		3070
		5km - 00:30:15, 10km - 00:59:23, 15km - 01:28:15, 20km - 01:58:12, 21km - 02:05:03, 25km - 02:28:46, 30km - 03:02:00, 35km - 03:32:36, 40km - 04:01:24									
3462	3880	CIUPA Katarzyna	POZNAŃ		POL	K18	60	04:15:44	04:21:47	391	
		5km - 00:28:01, 10km - 00:57:18, 15km - 01:25:26, 20km - 01:54:46, 21km - 02:03:32, 25km - 02:27:09, 30km - 02:58:34, 35km - 03:30:11, 40km - 04:02:24									
3463	1384	PNIEWSKI Tomek	DREZDENKO	FSD RUN Drezdenko	POL	M45	463	04:15:44	04:20:37		3072
		5km - 00:29:40, 10km - 00:58:23, 15km - 01:26:58, 20km - 01:56:42, 21km - 02:03:17, 25km - 02:26:30, 30km - 02:57:13, 35km - 03:28:45, 40km - 04:01:20									
3464	636	FALEŃCZYK Fabian	BYDGOSZCZ	Run-Pasja Bydgoszcz	POL	M45	464	04:15:45	04:17:55		3073
		5km - 00:27:10, 10km - 00:54:36, 15km - 01:21:34, 20km - 01:48:40, 21km - 01:54:45, 25km - 02:18:26, 30km - 02:50:19, 35km - 03:24:59, 40km - 04:01:40									
3465	754	GWÓŹDŹ Grzegorz	ŻARÓW		POL	M30	1116	04:15:47	04:24:24		3074
		5km - 00:29:14, 10km - 00:57:22, 15km - 01:25:04, 20km - 01:53:56, 21km - 02:00:30, 25km - 02:23:53, 30km - 02:55:34, 35km - 03:28:36, 40km - 04:02:47									
3466	5379	ZAWORSKI Jacek	POZNAŃ		POL	M50	177	04:15:47	04:17:23		3074
		5km - 00:26:36, 10km - 00:53:10, 15km - 01:20:00, 20km - 01:48:16, 21km - 01:54:28, 25km - 02:17:25, 30km - 02:50:53, 35km - 03:26:31, 40km - 04:03:01									
3467	6099	KASPRZAK Adam	PUDLISZKI	Biegam z pasją	POL	M18	358	04:15:51	04:22:09		3076
		5km - 00:30:23, 10km - 01:00:06, 15km - 01:29:07, 20km - 01:58:31, 21km - 02:05:01, 25km - 02:27:57, 30km - 02:58:13, 35km - 03:29:46, 40km - 04:02:05									
3468	525	TRUSZCZYŃSKI Bartłomiej	WAŁBRZYCH		POL	M40	789	04:15:51	04:21:47		3076
		5km - 00:27:32, 10km - 00:55:24, 15km - 01:22:56, 20km - 01:51:12, 21km - 01:57:22, 25km - 02:19:27, 30km - 02:49:59, 35km - 03:23:24, 40km - 04:03:32									
3469	4772	BURA Krystian	LESZNO	#bbkts	POL	M30	1117	04:15:52	04:22:10		3078
		5km - 00:30:23, 10km - 01:00:05, 15km - 01:29:07, 20km - 01:58:32, 21km - 02:05:01, 25km - 02:27:58, 30km - 02:58:13, 35km - 03:29:50, 40km - 04:02:16									
3470	4917	STĘPIEŃ Krzysztof	POZNAŃ		POL	M45	465	04:15:54	04:21:32		3079
		5km - 00:29:00, 10km - 00:57:59, 15km - 01:26:13, 20km - 01:55:12, 21km - 02:01:34, 25km - 02:24:30, 30km - 02:56:07, 35km - 03:28:55, 40km - 04:02:03									
3471	5994	KRELL Marcin	WITASZYCE		POL	M30	1118	04:15:55	04:18:39		3080
		5km - 00:29:25, 10km - 00:59:33, 15km - 01:29:15, 20km - 01:59:23, 21km - 02:05:42, 25km - 02:28:53, 30km - 02:59:04, 35km - 03:31:15, 40km - 04:03:15									
3472	604	PIETRZAK Mateusz	OLEŚNICA		POL	M30	1118	04:15:55	04:17:54		3080
		5km - 00:25:38, 10km - 00:54:50, 15km - 01:21:35, 20km - 01:48:39, 21km - 01:55:25, 25km - 02:19:56, 30km - 02:52:07, 35km - 03:28:11, 40km - 04:03:36									
3473	4231	BOROWIK Wiktor	POZNAŃ		POL	M18	359	04:15:58	04:17:18		3082
		5km - 00:24:57, 10km - 00:50:22, 15km - 01:15:51, 20km - 01:43:24, 21km - 01:50:14, 25km - 02:14:39, 30km - 02:50:09, 35km - 03:27:28, 40km - 04:02:06									
3474	4234	GAŃSKI Marek	ŚWINOUJŚCIE	Biegacze Świnoujście	POL	M40	790	04:15:58	04:21:48		3082
		5km - 00:27:54, 10km - 00:56:08, 15km - 01:23:56, 20km - 01:53:22, 21km - 01:59:33, 25km - 02:22:12, 30km - 02:53:25, 35km - 03:27:09, 40km - 04:01:56									
3475	1929	IGNASZEWSKI Michał	POZNAŃ	DRUŻYNA SZPIKU	POL	M30	1120	04:16:01	04:18:13		3084
		5km - 00:26:43, 10km - 00:53:48, 15km - 01:20:38, 20km - 01:47:39, 21km - 01:53:25, 25km - 02:14:32, 30km - 02:48:20, 35km - 03:25:06, 40km - 04:01:38									
3476	4506	Zawodnik anonimowy				M30	1120	04:16:01	04:18:13		3084
		5km - 00:26:55, 10km - 00:54:03, 15km - 01:20:50, 20km - 01:48:07, 21km - 01:54:25, 25km - 02:17:22, 30km - 02:50:43, 35km - 03:24:36, 40km - 04:01:31									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
3477	3674	OLEKSA Agnieszka	WROCŁAW		POL	K18	61	04:16:03	04:22:19	392	
		5km - 00:29:58, 10km - 01:00:02, 15km - 01:29:32, 20km - 02:00:27, 21km - 02:07:12, 25km - 02:31:11, 30km - 03:02:35, 35km - 03:33:09, 40km - 04:03:27									
3478	1232	TOMYS Robert	WRZEŚNIA	Night Runners Września	POL	M45	466	04:16:05	04:19:10		3086
		5km - 00:27:14, 10km - 00:54:33, 15km - 01:22:00, 20km - 01:50:09, 21km - 01:56:06, 25km - 02:18:47, 30km - 02:50:48, 35km - 03:26:51, 40km - 04:02:45									
3479	1255	PRUŚ Mieczysław	SULECHÓW		POL	M30	1122	04:16:07	04:22:48		3087
		5km - 00:30:26, 10km - 01:00:32, 15km - 01:30:10, 20km - 01:59:55, 21km - 02:07:52, 25km - 02:30:18, 30km - 03:00:57, 35km - 03:32:14, 40km - 04:03:38									
3480	7309	KRAWCZYŃSKA Marzena	DZIERŻĄŻNO		POL	K30	187	04:16:10	04:19:03	393	
		5km - 00:28:00, 10km - 00:56:10, 15km - 01:24:42, 20km - 01:54:11, 21km - 02:00:44, 25km - 02:24:01, 30km - 02:55:55, 35km - 03:29:20, 40km - 04:02:58									
3481	7312	STANISŁAWSKI Cezary	DĄBROWA		POL	M30	1123	04:16:10	04:18:50		3088
		5km - 00:28:41, 10km - 00:58:19, 15km - 01:27:22, 20km - 01:56:39, 21km - 02:03:18, 25km - 02:26:58, 30km - 02:58:54, 35km - 03:31:40, 40km - 04:03:15									
3482	2504	MIERNIK Marzena	MYŚLENICE		POL	K45	46	04:16:11	04:21:11	394	
		5km - 00:27:44, 10km - 00:55:38, 15km - 01:23:34, 20km - 01:53:02, 21km - 01:59:40, 25km - 02:23:43, 30km - 02:55:53, 35km - 03:28:44, 40km - 04:02:18									
3483	6104	NOWACZYK Robert	POZNAŃ	Autoklinika	POL	M30	1124	04:16:15	04:18:54		3089
		5km - 00:28:04, 10km - 00:56:05, 15km - 01:22:57, 20km - 01:51:41, 21km - 01:58:24, 25km - 02:20:26, 30km - 02:52:31, 35km - 03:25:37, 40km - 04:01:53									
3484	1687	GACKOWSKI Michał	BYDGOSZCZ		POL	M40	791	04:16:17	04:22:15		3090
		5km - 00:29:19, 10km - 00:58:30, 15km - 01:27:36, 20km - 01:57:55, 21km - 02:04:41, 25km - 02:28:20, 30km - 02:58:41, 35km - 03:29:57, 40km - 04:02:31									
3485	4419	ZARĘBA Kasia	KRAKÓW		POL	K30	188	04:16:17	04:21:26	395	
		5km - 00:28:19, 10km - 00:56:17, 15km - 01:24:19, 20km - 01:52:48, 21km - 01:59:03, 25km - 02:21:54, 30km - 02:53:22, 35km - 03:27:13, 40km - 04:02:10									
3486	3468	RYBICKA Dominika	POZNAŃ	Drużyna Szpiku	POL	K18	62	04:16:18	04:19:24	396	
		5km - 00:28:07, 10km - 00:55:27, 15km - 01:23:02, 20km - 01:51:34, 21km - 01:58:13, 25km - 02:22:11, 30km - 02:56:06, 35km - 03:29:39, 40km - 04:03:00									
3487	2997	CZERWONKA Patryk	PSARSKIE	DZIKI ŚREM	POL	M30	1125	04:16:19	04:22:41		3091
		5km - 00:27:55, 10km - 00:55:40, 15km - 01:23:13, 20km - 01:51:19, 21km - 01:57:31, 25km - 02:19:51, 30km - 02:49:39, 35km - 03:27:01, 40km - 04:02:40									
3488	5999	SZUBIŃSKA Jolanta	POZNAŃ		POL	K50	13	04:16:23	04:19:16	397	
		5km - 00:28:00, 10km - 00:55:16, 15km - 01:22:29, 20km - 01:50:43, 21km - 01:57:12, 25km - 02:19:57, 30km - 02:52:05, 35km - 03:26:05, 40km - 04:01:59									
3489	567	WALAC Jacek	GRODZISK MAZOWIECKI	DOGOŃ GRODZISK MAZOWIECKI	POL	M30	1126	04:16:23	04:19:57		3092
		5km - 00:27:22, 10km - 00:55:04, 15km - 01:23:07, 20km - 01:52:09, 21km - 01:58:33, 25km - 02:22:04, 30km - 02:54:32, 35km - 03:28:30, 40km - 04:02:26									
3490	2550	GOLIŃSKI Krzysztof	SZCZECIN	K.B. SPRINT ŚWIDWIN	POL	M30	1127	04:16:24	04:20:50		3093
		5km - 00:27:17, 10km - 00:53:37, 15km - 01:20:15, 20km - 01:47:21, 21km - 01:53:24, 25km - 02:15:00, 30km - 02:46:14, 35km - 03:22:05, 40km - 04:00:28									
3491	1546	WOŹNY Krzysztof	KAŹMIERZ	SPORTOWY KAŹMIERZ	POL	M30	1128	04:16:25	04:21:34		3094
		5km - 00:28:15, 10km - 00:56:01, 15km - 01:23:33, 20km - 01:51:12, 21km - 01:57:00, 25km - 02:18:25, 30km - 02:46:44, 35km - 03:20:36, 40km - 03:58:52									
3492	113	BIJAS Piotr	SWARZĘDZ	KB MANIAC POZNAŃ	POL	M40	792	04:16:26	04:20:04		3095
		5km - 00:26:37, 10km - 00:53:27, 15km - 01:20:36, 20km - 01:48:09, 21km - 01:54:24, 25km - 02:18:53, 30km - 02:53:23, 35km - 03:30:06, 40km - 04:03:42									
3493	4879	BUSZKOWSKI Filip	GAJ WIELKI	Gaj Jest Wielki	POL	M45	467	04:16:27	04:21:58		3096
		5km - 00:29:03, 10km - 00:58:09, 15km - 01:26:46, 20km - 01:55:38, 21km - 02:01:52, 25km - 02:24:39, 30km - 02:55:49, 35km - 03:29:28, 40km - 04:03:13									
3494	2818	SZAMBORSKI Mateusz	POZNAŃ		POL	M30	1129	04:16:27	04:22:04		3096
		5km - 00:29:40, 10km - 00:59:04, 15km - 01:27:35, 20km - 01:56:30, 21km - 02:02:39, 25km - 02:25:31, 30km - 02:54:54, 35km - 03:26:00, 40km - 04:00:42									
3495	650	DOMBROWA Robert	NOWY ŚWIAT	Nowy Świat Biega	POL	M50	178	04:16:29	04:16:29		3098
		5km - , 10km - , 15km - , 20km - , 21km - , 25km - , 30km - , 35km - , 40km -									
3496	5458	PIEKARSKI Wojciech	BYDGOSZCZ		POL	M40	793	04:16:29	04:22:14		3098
		5km - 00:29:04, 10km - 00:58:28, 15km - 01:26:43, 20km - 01:55:15, 21km - 02:01:27, 25km - 02:23:48, 30km - 02:54:13, 35km - 03:25:23, 40km - 04:02:35									
3497	818	KAŁAMUCKI Grzegorz	TYCHY		POL	M45	468	04:16:31	04:18:52		3100
		5km - 00:27:35, 10km - 00:55:05, 15km - 01:22:33, 20km - 01:51:10, 21km - 01:57:22, 25km - 02:19:32, 30km - 02:51:28, 35km - 03:28:31, 40km - 04:03:01									
3498	3091	ZIELIŃSKA MIKOŁAJCZYK Elżbieta	GDAŃSK		POL	K50	14	04:16:32	04:23:19	398	
		5km - 00:30:20, 10km - 01:00:20, 15km - 01:29:48, 20km - 02:00:10, 21km - 02:06:50, 25km - 02:30:32, 30km - 03:00:54, 35km - 03:31:38, 40km - 04:02:51									
3499	1624	MAŚLANKA Joanna	DRUŻBICE	Turbo Team	POL	K30	189	04:16:33	04:22:37	399	
		5km - 00:29:48, 10km - 00:59:25, 15km - 01:28:48, 20km - 01:58:32, 21km - 02:05:07, 25km - 02:28:26, 30km - 02:59:41, 35km - 03:32:05, 40km - 04:03:22									
3500	6816	OCHMAN Sebastian	WROCŁAW		POL	M18	360	04:16:34	04:17:44		3101
		5km - 00:24:12, 10km - 00:48:20, 15km - 01:27:33, 20km - 01:59:39, 21km - 02:10:29, 25km - 02:30:02, 30km - 02:57:01, 35km - 03:27:21, 40km - 04:05:16									
3501	6423	PRZYBOROWSKI Mieczysław	POZNAŃ	REMET TEAM	POL	M60	47	04:16:36	04:22:25		3102
		5km - 00:27:52, 10km - 00:55:55, 15km - 01:23:46, 20km - 01:51:57, 21km - 01:58:12, 25km - 02:20:34, 30km - 02:51:01, 35km - 03:26:55, 40km - 04:02:06									
3502	4874	LASKOWSKA Gabriela	POZNAŃ	Akademia Wychowania Fizycznego im. Eugen	POL	K18	63	04:16:37	04:20:11	400	
		5km - 00:25:43, 10km - 00:51:27, 15km - 01:18:30, 20km - 01:47:45, 21km - 01:54:30, 25km - 02:19:23, 30km - 02:55:25, 35km - 03:29:18, 40km - 04:02:45									
3503	733	POPEK Maciej	WŁOCŁAWEK	ANETA TEAM	POL	M40	794	04:16:37	04:22:07		3103
		5km - 00:28:07, 10km - 00:56:02, 15km - 01:24:05, 20km - 01:52:28, 21km - 01:58:46, 25km - 02:21:18, 30km - 02:51:33, 35km - 03:27:57, 40km - 04:02:29									
3504	5390	GIEŁWANOWSKA Paulina	MŚCISZEWO		POL	K40	86	04:16:39	04:22:26	401	
		5km - 00:27:59, 10km - 00:55:56, 15km - 01:23:58, 20km - 01:52:36, 21km - 01:59:22, 25km - 02:22:36, 30km - 02:53:43, 35km - 03:29:32, 40km - 04:02:39									
3505	5391	GIEŁWANOWSKI Igor	MŚCISZEWO		POL	M45	469	04:16:39	04:22:26		3104
		5km - 00:27:59, 10km - 00:55:56, 15km - 01:23:58, 20km - 01:52:36, 21km - 01:59:21, 25km - 02:22:35, 30km - 02:53:43, 35km - 03:29:32, 40km - 04:02:34									
3506	6825	POŁCZYŃSKI Paweł	POZNAŃ	Stalowa Łyda	POL	M30	1130	04:16:39	04:18:37		3104
		5km - 00:28:20, 10km - 00:57:50, 15km - 01:26:02, 20km - 01:56:49, 21km - 02:02:51, 25km - 02:24:19, 30km - 02:53:11, 35km - 03:24:58, 40km - 04:02:16									
3507	3767	CHORĄŻYK Adam	NOWA SÓL	Nowosolska Grupa Biegowa	POL	M55	110	04:16:40	04:22:00		3106
		5km - 00:28:19, 10km - 00:56:04, 15km - 01:24:08, 20km - 01:52:18, 21km - 01:58:31, 25km - 02:20:48, 30km - 02:50:55, 35km - 03:24:21, 40km - 04:01:12									
3508	6361	KOZYSA Wojciech	WARSZAWA	Accenture	POL	M40	795	04:16:40	04:21:17		3106
		5km - 00:27:09, 10km - 00:54:09, 15km - 01:21:09, 20km - 01:49:42, 21km - 01:56:16, 25km - 02:18:48, 30km - 02:50:38, 35km - 03:28:36, 40km - 04:02:59									
3509	3917	MAJEWSKI Wiesław Stefan	KOMORNIKI	Komornicka Grupa Biegowa	POL	M45	470	04:16:41	04:22:44		3108
		5km - 00:28:26, 10km - 00:57:16, 15km - 01:25:33, 20km - 01:54:04, 21km - 02:00:14, 25km - 02:22:57, 30km - 02:55:22, 35km - 03:28:52, 40km - 04:03:16									
3510	5523	OLEJNIK Michał	KOMORNIKI	Nowak Run	POL	M40	796	04:16:42	04:18:08		3109
		5km - 00:27:53, 10km - 00:55:41, 15km - 01:23:27, 20km - 01:51:43, 21km - , 25km - 02:20:23, 30km - 02:50:48, 35km - 03:24:45, 40km - 04:01:20									
3511	2575	ANDRZEJCZAK Anna	NOWY TOMYŚL	NKB Chyży Nowy Tomyśl	POL	K30	190	04:16:43	04:22:50	402	
		5km - 00:29:13, 10km - 00:58:47, 15km - 01:27:50, 20km - 01:57:37, 21km - 02:04:08, 25km - 02:27:36, 30km - 02:58:56, 35km - 03:30:21, 40km - 04:03:33									
3512	1633	SARLEJ Robert	SUCHA BESKIDZKA		POL	M45	471	04:16:43	04:19:06		3110
		5km - 00:25:05, 10km - 00:50:04, 15km - 01:15:16, 20km - 01:42:44, 21km - 01:48:51, 25km - 02:12:07, 30km - 02:48:01, 35km - 03:24:59, 40km - 04:03:29									
3513	1609	GRODOMIŃSKI Hubert	KŁODAWA	Kłodawa Biega	POL	M40	797	04:16:44	04:18:43		3111
		5km - 00:27:01, 10km - 00:54:55, 15km - 01:22:52, 20km - 01:52:15, 21km - 01:59:02, 25km - 02:23:10, 30km - 02:53:56, 35km - 03:28:46, 40km - 04:02:36									
3514	2908	KASPRZAK Artur	LESZNO		POL	M45	472	04:16:50	04:21:25		3112
		5km - 00:27:35, 10km - 00:55:18, 15km - 01:23:04, 20km - 01:51:07, 21km - 01:57:09, 25km - 02:19:26, 30km - 02:50:10, 35km - 03:24:57, 40km - 04:01:24									
3515	6617	KROGULECKI Jacek	BININO		POL	M18	361	04:16:50	04:22:56		3112
		5km - 00:27:34, 10km - 00:55:17, 15km - 01:22:49, 20km - 01:50:31, 21km - 01:56:39, 25km - 02:19:06, 30km - 02:51:57, 35km - 03:28:54, 40km - 04:02:07									
3516	1368	PŁACHYTKA Jan	NOWA RUDA	AKTYWNA NOWA RUDA	POL	M40	798	04:16:52	04:19:39		3114
		5km - 00:28:32, 10km - 00:57:21, 15km - 01:26:10, 20km - 01:55:46, 21km - 02:02:15, 25km - 02:25:28, 30km - 02:56:23, 35km - 03:27:29, 40km - 04:01:24									
3517	1098	ROJKOWSKI Marcin	ŁÓDŹ	ReebokRunCrew LDZ	POL	M40	799	04:16:56	04:20:41		3115
		5km - 00:27:10, 10km - 00:54:15, 15km - 01:20:45, 20km - 01:47:56, 21km - 01:53:52, 25km - 02:15:57, 30km - 02:52:18, 35km - 03:28:43, 40km - 04:02:40									
3518	949	SOWIŃSKI Jarosław	TULCE	Teraz Tulce My Biegamy	POL	M55	111	04:16:56	04:23:25		3115
		5km - 00:29:03, 10km - 00:57:45, 15km - 01:25:48, 20km - 01:54:21, 21km - 02:00:25, 25km - 02:22:25, 30km - 02:54:30, 35km - 03:30:29, 40km - 04:03:28									
3519	6419	PALOWSKA Joanna	OLSZTYN	Są Wolniejsi	POL	K18	64	04:16:57	04:23:08	403	
		5km - 00:29:35, 10km - 00:58:57, 15km - 01:28:14, 20km - 01:57:56, 21km - 02:04:30, 25km - 02:28:10, 30km - 02:58:43, 35km - 03:30:58, 40km - 04:04:00									
3520	1393	SROKA Tymoteusz	WRZEŚNIA		POL	M18	362	04:16:57	04:25:07		3117
		5km - 00:29:49, 10km - 00:59:19, 15km - 01:27:33, 20km - 01:56:24, 21km - 02:02:39, 25km - 02:25:03, 30km - 02:55:05, 35km - 03:27:01, 40km - 04:02:28									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
3521	4479	PACZKOWSKI Paweł	ŁÓDŹ	Diabeciali	POL	M45	473	04:16:59	04:21:19		3118
		5km - 00:26:32, 10km - 00:53:02, 15km - 01:19:39, 20km - 01:47:15, 21km - 01:53:06, 25km - 02:15:29, 30km - 02:47:44, 35km - 03:24:37, 40km - 04:01:48									
3522	1328	STANOWSKI Patryk	KATOWICE	Górnik loto	POL	M30	1131	04:17:01	04:22:44		3119
		5km - 00:27:53, 10km - 00:55:44, 15km - 01:23:22, 20km - 01:50:50, 21km - 01:56:39, 25km - 02:18:06, 30km - 02:48:23, 35km - 03:23:37, 40km - 04:01:59									
3523	1165	WITKOWSKI Mateusz	SILNA		POL	M18	363	04:17:02	04:21:29		3120
		5km - 00:27:02, 10km - 00:53:51, 15km - 01:20:22, 20km - 01:47:46, 21km - 01:53:53, 25km - 02:19:20, 30km - 02:53:34, 35km - 03:28:07, 40km - 04:03:41									
3524	6894	NOWICKI Mateusz	POZNAŃ		POL	M18	364	04:17:03	04:20:56		3121
		5km - 00:28:36, 10km - 00:57:03, 15km - 01:25:16, 20km - 01:53:40, 21km - 01:59:52, 25km - 02:22:17, 30km - 02:51:15, 35km - 03:22:48, 40km - 04:02:13									
3525	1658	ORECKI Radosław	SZCZECIN		POL	M30	1132	04:17:04	04:22:27		3122
		5km - 00:28:13, 10km - 00:56:16, 15km - 01:24:07, 20km - 01:52:18, 21km - 01:58:34, 25km - 02:20:59, 30km - 02:52:02, 35km - 03:27:40, 40km - 04:02:52									
3526	3590	OLSZOWSKI Marcin	CIESZYN	Olza Cieszyn	POL	M40	800	04:17:05	04:19:11		3123
		5km - 00:25:26, 10km - 00:51:18, 15km - 01:17:02, 20km - 01:43:24, 21km - 01:49:23, 25km - 02:12:12, 30km - 02:44:48, 35km - 03:20:42, 40km - 04:02:05									
3527	7014	MIRKA Rafał	POZNAŃ		POL	M40	801	04:17:06	04:19:29		3124
		5km - 00:26:42, 10km - 00:52:42, 15km - 01:19:02, 20km - 01:46:45, 21km - 01:52:40, 25km - 02:16:42, 30km - 02:50:49, 35km - 03:24:48, 40km - 04:02:27									
3528	4494	GRABOWSKI Jakub	POZNAŃ		POL	M18	365	04:17:08	04:21:45		3125
		5km - 00:28:29, 10km - 00:57:32, 15km - 01:25:21, 20km - 01:55:05, 21km - 02:02:02, 25km - 02:25:44, 30km - 02:57:17, 35km - 03:30:59, 40km - 04:04:28									
3529	2813	WOGA Dawid	POZNAŃ	Drużyna Szpiku	POL	M18	366	04:17:10	04:25:00		3126
		5km - 00:29:52, 10km - 00:59:25, 15km - 01:27:39, 20km - 01:56:39, 21km - 02:03:20, 25km - 02:26:43, 30km - 02:58:07, 35km - 03:30:12, 40km - 04:03:02									
3530	5348	LENIEC Michał	POZNAŃ	Ślęzak Team	POL	M40	802	04:17:12	04:21:40		3127
		5km - 00:27:34, 10km - 00:54:42, 15km - 01:21:25, 20km - 01:48:58, 21km - 01:54:51, 25km - 02:16:18, 30km - 02:46:24, 35km - 03:22:24, 40km - 04:02:46									
3531	667	KRAWCZYK Kamil	TYCHY		POL	M30	1133	04:17:13	04:20:37		3128
		5km - 00:26:45, 10km - 00:53:05, 15km - 01:19:14, 20km - 01:47:22, 21km - 01:54:07, 25km - 02:16:39, 30km - 02:51:22, 35km - 03:31:48, 40km - 04:03:48									
3532	3760	MOL Rafał	KACZORY	Grupa Biegowa Energy Kaczory	POL	M40	803	04:17:13	04:21:52		3128
		5km - 00:28:12, 10km - 00:56:33, 15km - 01:24:23, 20km - 01:52:53, 21km - 01:59:16, 25km - 02:21:43, 30km - 02:53:09, 35km - 03:28:06, 40km - 04:03:14									
3533	3639	PRZYBYTKOWSKI Krzysztof	POZNAŃ	Drużyna Jezusa	POL	M45	474	04:17:16	04:23:42		3130
		5km - 00:29:45, 10km - 01:00:00, 15km - 01:30:02, 20km - 02:01:06, 21km - 02:08:45, 25km - 02:32:21, 30km - 03:03:19, 35km - 03:32:15, 40km - 04:03:14									
3534	1445	WINKEL Łukasz	KOSZALIN		POL	M40	804	04:17:17	04:22:09		3131
		5km - 00:27:57, 10km - 00:56:00, 15km - 01:23:39, 20km - 01:51:32, 21km - 01:57:30, 25km - 02:19:16, 30km - 02:50:15, 35km - 03:26:08, 40km - 04:03:47									
3535	3633	Zawodnik anonimowy				M30	1134	04:17:17	04:25:39		3131
		5km - 00:31:37, 10km - 01:02:41, 15km - 01:34:35, 20km - 02:06:02, 21km - 02:16:05, 25km - 02:39:35, 30km - 03:10:06, 35km - 03:37:30, 40km - 04:06:40									
3536	3984	MIELCAREK Jędrzej	POZNAŃ		POL	M18	367	04:17:19	04:20:55		3133
		5km - 00:27:19, 10km - 00:54:36, 15km - 01:21:45, 20km - 01:49:22, 21km - 01:55:38, 25km - 02:17:55, 30km - 02:49:20, 35km - 03:25:14, 40km - 04:02:24									
3537	4560	SIERA Robert	PRZEMYŚL	Biegam dla zdrowia	POL	M45	475	04:17:20	04:20:38		3134
		5km - 00:26:12, 10km - 00:52:48, 15km - 01:18:31, 20km - 01:46:16, 21km - 01:54:39, 25km - 02:17:09, 30km - 02:51:45, 35km - 03:27:55, 40km - 04:02:21									
3538	5593	OSIENICKI Bartłomiej	NOWY DWÓR MAZOWIECKI		POL	M30	1135	04:17:22	04:24:06		3135
		5km - 00:28:00, 10km - 00:55:07, 15km - 01:22:48, 20km - 01:49:54, 21km - 01:55:45, 25km - 02:17:24, 30km - 02:46:42, 35km - 03:19:42, 40km - 04:01:17									
3539	2340	MICHALSKI Tomasz	GOSTYŃ	Dworczak Team	POL	M30	1136	04:17:23	04:25:27		3136
		5km - 00:30:20, 10km - 01:02:04, 15km - 01:30:17, 20km - 01:59:22, 21km - 02:06:09, 25km - 02:29:31, 30km - 03:00:57, 35km - 03:32:49, 40km - 04:04:26									
3540	2284	Zawodnik anonimowy				M30	1136	04:17:23	04:25:47		3136
		5km - 00:30:14, 10km - 00:59:42, 15km - 01:27:00, 20km - 01:55:27, 21km - 02:01:47, 25km - 02:24:26, 30km - 02:55:16, 35km - 03:28:53, 40km - 04:03:28									
3541	5006	BABIŃSKI Maciej	GDYNIA		POL	M30	1138	04:17:24	04:20:04		3138
		5km - 00:25:52, 10km - 00:51:28, 15km - 01:16:21, 20km - 01:42:02, 21km - 01:47:45, 25km - 02:08:42, 30km - 02:39:09, 35km - 03:14:42, 40km - 03:57:11									
3542	1641	HAŁAS Marcin	CZECHOWICE-DZIEDZICE		POL	M30	1138	04:17:24	04:27:30		3138
		5km - 00:31:39, 10km - 01:08:26, 15km - 01:45:07, 20km - 02:19:54, 21km - 02:25:46, 25km - 02:47:34, 30km - 03:16:07, 35km - 03:43:26, 40km - 04:07:51									
3543	853	MIESZKOWSKI Paweł	POZNAŃ	Zmęczeni już przed biegiem	POL	M50	179	04:17:24	04:23:30		3138
		5km - 00:26:59, 10km - 00:53:23, 15km - 01:19:32, 20km - 01:46:35, 21km - 01:54:24, 25km - 02:16:15, 30km - 02:47:37, 35km - 03:23:07, 40km - 03:59:30									
3544	1853	GAŁUSZEWSKA Katarzyna	WARSZAWA		POL	K30	191	04:17:25	04:18:08	404	
		5km - 00:24:13, 10km - 00:48:42, 15km - 01:14:38, 20km - 01:44:25, 21km - 01:51:02, 25km - 02:15:25, 30km - 02:51:24, 35km - 03:31:04, 40km - 04:05:07									
3545	1038	STEINKE Agata	POZNAŃ		POL	K40	87	04:17:26	04:19:00	405	
		5km - 00:27:21, 10km - 00:55:21, 15km - 01:23:00, 20km - 01:52:00, 21km - 01:58:53, 25km - 02:23:29, 30km - 02:58:25, 35km - 03:31:26, 40km - 04:03:49									
3546	4247	MAJEWSKI Radosław	POZNAŃ	Night Runners	POL	M40	805	04:17:28	04:20:54		3141
		5km - 00:25:51, 10km - 00:51:04, 15km - 01:16:35, 20km - 01:45:22, 21km - 01:51:46, 25km - 02:17:49, 30km - 02:53:46, 35km - 03:31:37, 40km - 04:04:58									
3547	3751	SIODŁA Maciej	CZERWONAK		POL	M40	805	04:17:28	04:26:13		3141
		5km - 00:29:30, 10km - 01:00:04, 15km - 01:29:33, 20km - 01:59:36, 21km - 02:06:34, 25km - 02:30:02, 30km - 03:02:49, 35km - 03:35:35, 40km - 04:05:26									
3548	5929	CZYŻ Jacek	CIESZYN	Olza Cieszyn	POL	M45	476	04:17:30	04:19:36		3143
		5km - 00:27:02, 10km - 00:54:57, 15km - 01:21:38, 20km - 01:49:39, 21km - 01:55:56, 25km - 02:18:58, 30km - 02:51:17, 35km - 03:26:09, 40km - 03:59:53									
3549	5444	BRZYKCY Zbigniew	MIEDZYRZECZ		POL	M60	48	04:17:32	04:23:37		3144
		5km - 00:28:31, 10km - 00:56:37, 15km - 01:24:30, 20km - 01:52:55, 21km - 01:59:12, 25km - 02:21:59, 30km - 02:53:11, 35km - 03:27:20, 40km - 04:03:25									
3550	1986	CHROBOT Krzysztof	WROCŁAW	Ślęzak Team	POL	M55	112	04:17:32	04:18:25		3144
		5km - 00:28:28, 10km - 00:56:14, 15km - 01:23:57, 20km - 01:51:49, 21km - 01:57:46, 25km - 02:20:30, 30km - 02:55:16, 35km - 03:30:10, 40km - 04:05:04									
3551	1071	KĄDYS Marcin	SZCZECIN	Drink Team Majowe	POL	M40	807	04:17:36	04:24:13		3146
		5km - 00:30:09, 10km - 01:00:42, 15km - 01:30:28, 20km - 01:59:59, 21km - 02:06:52, 25km - 02:30:23, 30km - 03:00:58, 35km - 03:31:23, 40km - 04:03:32									
3552	3706	WIECZOREK Tomasz	BIAŁA PODLASKA		POL	M45	477	04:17:37	04:21:51		3147
		5km - 00:27:56, 10km - 00:55:46, 15km - 01:23:14, 20km - 01:51:20, 21km - 01:57:22, 25km - 02:19:52, 30km - 02:51:21, 35km - 03:26:13, 40km - 04:02:06									
3553	4325	LACH Krzysztof	WRZEŚNIA	Night Runners Września	POL	M45	478	04:17:38	04:18:39		3148
		5km - 00:27:51, 10km - 00:55:54, 15km - 01:23:13, 20km - 01:50:19, 21km - 01:56:18, 25km - 02:17:40, 30km - 02:47:40, 35km - 03:22:00, 40km - 04:00:56									
3554	7203	WRONSKA Agnieszka	WARSZAWA		POL	K40	88	04:17:38	04:23:16	406	
		5km - 00:29:04, 10km - 00:58:31, 15km - 01:27:34, 20km - 01:57:29, 21km - 02:03:57, 25km - 02:27:37, 30km - 02:58:51, 35km - 03:29:54, 40km - 04:03:21									
3555	1700	ZARĘBA Andrzej	STALOWA WOLA		POL	M55	113	04:17:38	04:20:47		3148
		5km - 00:26:39, 10km - 00:53:00, 15km - 01:19:16, 20km - 01:46:41, 21km - 01:52:28, 25km - 02:17:22, 30km - 02:49:18, 35km - 03:24:23, 40km - 04:01:45									
3556	128	SOBKOWIAK Ewa	POZNAŃ		POL	K55	3	04:17:41	04:23:46	407	
		5km - 00:29:21, 10km - 00:59:20, 15km - 01:28:11, 20km - 01:58:32, 21km - 02:05:05, 25km - 02:28:59, 30km - 03:00:59, 35km - 03:32:54, 40km - 04:04:55									
3557	6995	ŻYCIŃSKI Jacek	WARSZAWA		POL	M65	14	04:17:43	04:19:36		3150
		5km - 00:30:31, 10km - 01:00:42, 15km - 01:30:31, 20km - 02:00:47, 21km - 02:07:16, 25km - 02:30:30, 30km - 03:01:09, 35km - 03:33:13, 40km - 04:04:21									
3558	3937	PIWOSZ Piotr	GRODZISK WLKP.		POL	M30	1140	04:17:44	04:21:47		3151
		5km - 00:26:15, 10km - 00:52:28, 15km - 01:18:41, 20km - 01:45:27, 21km - 01:51:27, 25km - 02:14:50, 30km - 02:50:50, 35km - 03:27:56, 40km - 04:04:05									
3559	4785	ALEKSEY Bushmakin	KALININGRAD		RUS	M30	1141	04:17:46	04:22:10		3152
		5km - 00:28:57, 10km - 00:57:20, 15km - 01:25:02, 20km - 01:53:21, 21km - 01:59:45, 25km - 02:22:00, 30km - 02:50:56, 35km - 03:25:01, 40km - 04:02:08									
3560	789	BEDNARCZYK Gerard	KRAKÓW		POL	M30	1141	04:17:46	04:19:43		3152
		5km - 00:24:44, 10km - 00:49:32, 15km - 01:14:53, 20km - 01:42:42, 21km - 01:49:06, 25km - 02:12:10, 30km - 02:48:27, 35km - 03:28:00, 40km - 04:03:36									
3561	4904	CZAPCZYK Adrian	POZNAŃ		POL	M30	1141	04:17:46	04:19:32		3152
		5km - 00:24:58, 10km - 00:51:18, 15km - 01:17:46, 20km - 01:47:06, 21km - 01:53:37, 25km - 02:17:55, 30km - 02:50:57, 35km - 03:26:13, 40km - 04:03:25									
3562	1810	MARCISZ Sławomir	POZNAŃ		POL	M50	180	04:17:46	04:18:09		3152
		5km - 00:23:34, 10km - 00:47:37, 15km - 01:13:16, 20km - 01:41:48, 21km - 01:49:08, 25km - 02:13:41, 30km - 02:51:19, 35km - 03:30:15, 40km - 04:05:28									
3563	2390	BURZYŃSKI Łukasz	BOGUCIN	BGC Runners	POL	M30	1144	04:17:47	04:22:59		3156
		5km - 00:28:01, 10km - 00:56:09, 15km - 01:23:47, 20km - 01:51:50, 21km - 01:58:09, 25km - 02:20:10, 30km - 02:49:51, 35km - 03:24:50, 40km - 04:02:44									
3564	1286	BRZOZOWSKI Szymon	POZNAŃ	Zawsze Do Mety	POL	M45	479	04:17:49	04:22:55		3157
		5km - 00:27:46, 10km - 00:55:50, 15km - 01:23:31, 20km - 01:51:37, 21km - 01:57:38, 25km - 02:19:51, 30km - 02:51:32, 35km - 03:27:02, 40km - 04:02:33									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
3565	5448	KOISZEWSKA Izabela	LĘBORK	Klub 42,2 Lębork	POL	K40	89	04:17:49	04:23:59	408	
		5km - 00:29:10, 10km - 00:58:43, 15km - 01:27:51, 20km - 01:58:11, 21km - 02:04:55, 25km - 02:28:49, 30km - 03:01:29, 35km - 03:32:26, 40km - 04:04:18									
3566	4294	TRZYMKOWSKI Sławomir	ŁUBIANKA	UKS PIGŻA	POL	M45	479	04:17:49	04:19:48		3157
		5km - 00:27:06, 10km - 00:54:05, 15km - 01:20:37, 20km - 01:47:59, 21km - 01:53:56, 25km - 02:16:18, 30km - 02:49:03, 35km - 03:24:22, 40km - 04:02:55									
3567	6910	PAWELEC Kamil	SOCHACZEW	T12, PZU Sport Team	POL	M30	1145	04:17:50	04:21:07		3159
		5km - 00:26:53, 10km - 00:53:33, 15km - 01:20:05, 20km - 01:46:34, 21km - 01:52:23, 25km - 02:14:32, 30km - 02:50:17, 35km - 03:30:03, 40km - 04:04:45									
3568	6316	SIPIŃSKI Marcin	CZAPURY		POL	M30	1146	04:17:52	04:25:54		3160
		5km - 00:30:37, 10km - 01:01:59, 15km - 01:31:02, 20km - 02:00:19, 21km - 02:07:05, 25km - 02:29:59, 30km - 03:01:07, 35km - 03:33:24, 40km - 04:04:02									
3569	6993	KACZKIEWICZ Damian	GLIWICE	Night Runners Gliwice	POL	M45	481	04:17:56	04:23:21		3161
		5km - 00:28:16, 10km - 00:56:11, 15km - 01:24:09, 20km - 01:52:07, 21km - 01:58:29, 25km - 02:20:25, 30km - 02:53:44, 35km - 03:28:46, 40km - 04:04:31									
3570	5780	BLOK Karol	CHARZYKOWY	ortopeda-blok.pl	POL	M30	1147	04:17:57	04:21:14		3162
		5km - 00:27:03, 10km - 00:53:55, 15km - 01:20:51, 20km - 01:47:49, 21km - 01:53:41, 25km - 02:14:46, 30km - 02:43:03, 35km - 03:18:15, 40km - 03:59:59									
3571	1130	KOSAKOWSKI Marian	SZCZECIN	Strabag	POL	M60	49	04:17:57	04:18:00		3162
		5km - 00:25:27, 10km - 00:51:27, 15km - 01:17:30, 20km - 01:44:05, 21km - 01:49:49, 25km - 02:11:13, 30km - 02:44:49, 35km - 03:23:05, 40km - 04:01:55									
3572	719	RATAJCZAK Tomasz	POZNAŃ	paletam	POL	M30	1147	04:17:57	04:23:05		3162
		5km - 00:28:20, 10km - 00:55:48, 15km - 01:23:15, 20km - 01:51:13, 21km - 01:57:10, 25km - 02:19:25, 30km - 02:53:38, 35km - 03:28:27, 40km - 04:04:25									
3573	1352	BURYTA Roman	WIEN		POL	M40	808	04:17:59	04:24:57		3165
		5km - 00:29:35, 10km - 00:58:38, 15km - 01:26:21, 20km - 01:55:10, 21km - 02:01:19, 25km - 02:23:25, 30km - 02:53:57, 35km - 03:27:52, 40km - 04:03:08									
3574	5126	KABATA Jacek	SOCHACZEW		POL	M45	482	04:17:59	04:25:50		3165
		5km - 00:29:44, 10km - 00:59:06, 15km - 01:28:21, 20km - 01:58:46, 21km - 02:07:22, 25km - 02:30:36, 30km - 03:01:19, 35km - 03:33:05, 40km - 04:04:08									
3575	1041	BORUCH Adam	ZGIERZ	AGB Torfy	POL	M45	483	04:18:02	04:21:41		3167
		5km - 00:26:38, 10km - 00:53:23, 15km - 01:20:02, 20km - 01:46:35, 21km - 01:52:28, 25km - 02:13:49, 30km - 02:43:31, 35km - 03:18:01, 40km - 04:00:50									
3576	3812	BOSACKA Paulina	POZNAŃ		POL	K30	192	04:18:02	04:22:15	409	
		5km - 00:27:38, 10km - 00:54:57, 15km - 01:21:59, 20km - 01:52:36, 21km - 01:59:17, 25km - 02:23:33, 30km - 02:57:57, 35km - 03:32:07, 40km - 04:04:30									
3577	5848	KWITEK Damian	SANDOMIERZ		POL	M30	1149	04:18:02	04:21:21		3167
		5km - 00:27:28, 10km - 00:55:07, 15km - 01:21:35, 20km - 01:50:13, 21km - 01:56:37, 25km - 02:19:49, 30km - 02:53:33, 35km - 03:28:59, 40km - 04:03:35									
3578	599	RUDYK Adam	WAŁBRZYCH	#wawrzynteam	POL	M45	484	04:18:03	04:23:59		3169
		5km - 00:28:38, 10km - 00:56:49, 15km - 01:24:49, 20km - 01:52:52, 21km - 01:59:05, 25km - 02:21:05, 30km - 02:50:42, 35km - 03:24:15, 40km - 04:01:40									
3579	4381	BAŁAMĄCEK Tomasz	RURZYCA	Progdar marathon team	POL	M45	485	04:18:04	04:21:49		3170
		5km - 00:28:07, 10km - 00:56:24, 15km - 01:24:13, 20km - 01:53:13, 21km - 01:59:39, 25km - 02:22:19, 30km - 02:53:40, 35km - 03:27:45, 40km - 04:03:21									
3580	438	NOWAK Mikołaj	CZĘSTOCHOWA	AWF POZNAŃ	POL	M18	368	04:18:05	04:21:53		3171
		5km - 00:29:45, 10km - 00:59:03, 15km - 01:28:03, 20km - 01:57:52, 21km - 02:04:33, 25km - 02:27:55, 30km - 02:58:55, 35km - 03:31:29, 40km - 04:04:45									
3581	4218	JANKOWSKA Agata	ŁÓDŹ		POL	K30	193	04:18:06	04:23:18	410	
		5km - 00:28:04, 10km - 00:56:04, 15km - 01:23:31, 20km - 01:52:16, 21km - 01:58:24, 25km - 02:23:22, 30km - 02:54:48, 35km - 03:30:43, 40km - 04:04:22									
3582	2706	TARKA Alex	OBORNIKI	IKANO Industry	POL	M30	1150	04:18:06	04:23:59		3172
		5km - 00:28:38, 10km - 00:56:26, 15km - 01:23:38, 20km - 01:51:30, 21km - 01:57:41, 25km - 02:19:58, 30km - 02:53:07, 35km - 03:30:49, 40km - 04:04:50									
3583	6272	MARCINIAK Krzysztof	ZIELONA GÓRA	Niebiescy	POL	M40	809	04:18:07	04:21:46		3173
		5km - 00:26:42, 10km - 00:53:26, 15km - 01:20:09, 20km - 01:46:56, 21km - 01:52:45, 25km - 02:15:32, 30km - 02:49:28, 35km - 03:24:05, 40km - 04:02:42									
3584	58	INOUE Masaki	TAKASAKI		JPN	M45	486	04:18:08	04:23:30		3174
		5km - 00:28:18, 10km - 00:56:15, 15km - 01:23:02, 20km - 01:49:43, 21km - 01:55:41, 25km - 02:17:05, 30km - 02:46:10, 35km - 03:16:05, 40km - 03:54:38									
3585	7132	KOLACZYNSKI Dariusz	KOBYLIN	Da-Ko	POL	M40	810	04:18:09	04:23:12		3175
		5km - 00:28:27, 10km - 00:56:19, 15km - 01:23:53, 20km - 01:52:20, 21km - 01:58:29, 25km - 02:20:48, 30km - 02:50:53, 35km - 03:29:38, 40km - 04:03:33									
3586	6150	JANKOWSKI Jacek	GRUSZCZYN		POL	M30	1151	04:18:10	04:24:38		3176
		5km - 00:29:05, 10km - 00:57:55, 15km - 01:26:24, 20km - 01:55:11, 21km - 02:01:22, 25km - 02:24:15, 30km - 02:55:29, 35km - 03:29:40, 40km - 04:03:57									
3587	1067	OLESZEK Norbert	ŚWIEBODZIN	Browar Świebodzin	POL	M30	1152	04:18:12	04:23:51		3177
		5km - 00:28:46, 10km - 00:57:23, 15km - 01:25:41, 20km - 01:53:59, 21km - 02:00:04, 25km - 02:21:45, 30km - 02:49:48, 35km - 03:25:37, 40km - 04:03:07									
3588	4532	SZYMAŃSKI Roman	BUK	BUKOWSKI KLUB BIEGACZA	POL	M50	181	04:18:12	04:23:21		3177
		5km - 00:28:21, 10km - 00:56:21, 15km - 01:23:58, 20km - 01:52:18, 21km - 01:58:24, 25km - 02:20:38, 30km - 02:49:57, 35km - 03:24:07, 40km - 04:00:20									
3589	356	PRASK-WIECH Żaneta	WROCŁAW		POL	K40	90	04:18:14	04:23:20	411	
		5km - 00:28:45, 10km - 00:58:27, 15km - 01:28:02, 20km - 01:59:11, 21km - 02:06:03, 25km - 02:29:44, 30km - 03:01:24, 35km - 03:33:27, 40km - 04:04:41									
3590	1490	SZCZUPAL Mariusz	ECHIROLLES		FRA	M50	182	04:18:14	04:19:18		3179
		5km - 00:25:18, 10km - 00:50:40, 15km - 01:16:09, 20km - 01:43:30, 21km - 01:49:45, 25km - 02:12:38, 30km - 02:45:18, 35km - 03:23:29, 40km - 04:02:54									
3591	522	Zawodnik anonimowy				M65	15	04:18:14	04:20:43		3179
		5km - 00:27:22, 10km - 00:55:35, 15km - 01:23:23, 20km - 01:52:30, 21km - 01:59:51, 25km - 02:23:21, 30km - 02:57:06, 35km - 03:30:25, 40km - 04:04:41									
3592	2508	KUCHARCZYK Arkadiusz	WARSZAWA		POL	M30	1153	04:18:15	04:23:24		3181
		5km - 00:28:28, 10km - 00:56:14, 15km - 01:24:16, 20km - 01:52:48, 21km - 01:58:58, 25km - 02:21:24, 30km - 02:52:31, 35km - 03:27:31, 40km - 04:05:23									
3593	3814	PANIĄCZYK Andrzej	POZNAŃ		POL	M55	114	04:18:18	04:21:55		3182
		5km - 00:27:04, 10km - 00:53:53, 15km - 01:20:33, 20km - 01:48:29, 21km - 01:54:33, 25km - 02:16:24, 30km - 02:49:32, 35km - 03:25:02, 40km - 04:02:41									
3594	1953	GRUSZKA Anna	PLEWISKA	Świat Biegacza Fehlau Run Team	POL	K45	47	04:18:21	04:20:01	412	
		5km - 00:30:04, 10km - 01:01:52, 15km - 01:32:32, 20km - 02:02:22, 21km - 02:08:36, 25km - 02:31:08, 30km - 02:59:03, 35km - 03:33:59, 40km - 04:05:09									
3595	1954	HAWRYLISZYN Jan	ŁOZINA		POL	M30	1154	04:18:21	04:20:01		3183
		5km - 00:30:04, 10km - 01:01:52, 15km - 01:32:30, 20km - 02:02:22, 21km - 02:08:36, 25km - 02:31:02, 30km - 02:59:04, 35km - 03:34:12, 40km - 04:05:18									
3596	1886	HOLEC Witek	BYDGOSZCZ		POL	M30	1155	04:18:22	04:22:08		3184
		5km - 00:26:35, 10km - 00:53:13, 15km - 01:19:59, 20km - 01:46:30, 21km - 01:52:20, 25km - 02:13:23, 30km - 02:43:42, 35km - 03:18:39, 40km - 04:01:37									
3597	2095	OSAK Hubert	POBIEDZISKA	Pobiedziska Running Team	POL	M30	1156	04:18:26	04:23:13		3185
		5km - 00:27:41, 10km - 00:55:12, 15km - 01:22:47, 20km - 01:50:58, 21km - 01:56:57, 25km - 02:21:54, 30km - 02:56:34, 35km - 03:30:34, 40km - 04:04:34									
3598	3364	SZYMANOWSKI Paweł	OSTRÓW WIELKOPOLSKI		POL	M30	1157	04:18:27	04:22:22		3186
		5km - 00:27:52, 10km - 00:56:41, 15km - 01:25:03, 20km - 01:53:38, 21km - 02:00:06, 25km - 02:22:47, 30km - 02:53:41, 35km - 03:27:19, 40km - 04:03:55									
3599	1737	GAJEWSKI Dariusz	PIEKARY ŚLĄSKIE		POL	M40	811	04:18:28	04:24:08		3187
		5km - 00:28:11, 10km - 00:56:17, 15km - 01:24:11, 20km - 01:52:38, 21km - 01:59:03, 25km - 02:21:43, 30km - 02:52:21, 35km - 03:24:49, 40km - 04:04:14									
3600	3512	MARTINEK Maciej	POZNAŃ	Maltańska Grupa Biegowa	POL	M40	811	04:18:28	04:22:31		3187
		5km - 00:27:47, 10km - 00:55:25, 15km - 01:22:56, 20km - 01:51:08, 21km - 01:57:32, 25km - 02:20:14, 30km - 02:53:07, 35km - 03:29:02, 40km - 04:03:17									
3601	5526	KOŁODZIEJCZYK Krzysztof	WARSZAWA		POL	M45	487	04:18:32	04:21:58		3189
		5km - 00:26:46, 10km - 00:53:37, 15km - 01:20:18, 20km - 01:47:21, 21km - 01:53:33, 25km - 02:17:03, 30km - 02:51:08, 35km - 03:28:35, 40km - 04:04:37									
3602	1581	JANOWSKA Katarzyna	WARSZAWA	FizjoZDROWIE	POL	K30	194	04:18:34	04:24:46	413	
		5km - 00:29:02, 10km - 00:58:11, 15km - 01:26:12, 20km - 01:54:48, 21km - 02:00:57, 25km - 02:23:02, 30km - 02:54:02, 35km - 03:29:42, 40km - 04:04:05									
3603	6091	FIGURA Marcin	CZUBROWICE	42 Do Szczęścia	POL	M18	369	04:18:36	04:24:57		3190
		5km - 00:29:18, 10km - 00:58:36, 15km - 01:27:22, 20km - 01:56:16, 21km - 02:02:33, 25km - 02:25:45, 30km - 02:55:46, 35km - 03:28:19, 40km - 04:03:55									
3604	589	KUBIAK Tomasz	POZNAŃ		POL	M30	1158	04:18:37	04:24:23		3191
		5km - 00:27:53, 10km - 00:55:50, 15km - 01:23:47, 20km - 01:51:51, 21km - 01:58:14, 25km - 02:20:33, 30km - 02:51:26, 35km - 03:25:43, 40km - 04:03:18									
3605	5938	BARANOWSKI Filip	POZNAŃ		POL	M40	813	04:18:39	04:19:56		3192
		5km - 00:26:23, 10km - 00:53:03, 15km - 01:19:33, 20km - 01:47:11, 21km - 01:53:13, 25km - 02:15:18, 30km - 02:46:31, 35km - 03:23:43, 40km - 04:06:13									
3606	4803	KRZYŻANIAK Agnieszka	KAMIONKI	night runners	POL	K30	195	04:18:39	04:22:48	414	
		5km - 00:27:40, 10km - 00:55:04, 15km - 01:22:32, 20km - 01:50:20, 21km - 01:56:24, 25km - 02:18:25, 30km - 02:50:25, 35km - 03:26:17, 40km - 04:03:39									
3607	6651	ANDRZEJAK Robert	POZNAŃ	DRONE AND MORE	POL	M40	814	04:18:40	04:22:15		3193
		5km - 00:26:37, 10km - 00:53:19, 15km - 01:19:49, 20km - 01:46:14, 21km - 01:51:56, 25km - 02:12:52, 30km - 02:41:08, 35km - 03:17:46, 40km - 04:03:44									
3608	4614	KACZMAREK Artur	POZNAŃ		POL	M30	1159	04:18:41	04:19:58		3194
		5km - 00:26:23, 10km - 00:54:49, 15km - 01:19:33, 20km - 01:47:11, 21km - 01:53:14, 25km - 02:15:18, 30km - 02:46:30, 35km - 03:23:42, 40km - 04:06:12									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
3609	1517	TOMASZEWSKI Bartosz	POZNAN	Best Team Śrem	POL	M30	1160	04:18:43	04:26:28		3195
		5km - 00:30:52, 10km - 01:01:49, 15km - 01:31:08, 20km - 02:03:12, 21km - 02:10:16, 25km - 02:32:25, 30km - 03:01:07, 35km - 03:30:39, 40km - 04:05:02									
3610	7227	GOLONKO Dariusz	BIAŁYSTOK	MKS Juvenia Białystok	POL	M40	815	04:18:46	04:24:24		3196
		5km - 00:27:58, 10km - 00:55:53, 15km - 01:23:50, 20km - 01:52:00, 21km - 01:58:14, 25km - 02:20:33, 30km - 02:49:23, 35km - 03:23:12, 40km - 04:05:24									
3611	3686	KAAK Henryk	RACIĄŻ	P@biegany	POL	M55	115	04:18:46	04:22:32		3196
		5km - 00:26:40, 10km - 00:53:24, 15km - 01:20:19, 20km - 01:48:07, 21km - 01:54:12, 25km - 02:17:06, 30km - 02:48:55, 35km - 03:27:04, 40km - 04:05:06									
3612	1499	Zawodnik anonimowy				M50	183	04:18:47	04:22:48		3198
		5km - 00:27:26, 10km - 00:54:42, 15km - 01:21:42, 20km - 01:50:13, 21km - 01:56:32, 25km - 02:19:27, 30km - 02:52:53, 35km - 03:28:03, 40km - 04:04:13									
3613	2078	MIKOŁAJCZAK Konrad	RACOT	Speed Feet'16	POL	M30	1161	04:18:48	04:22:36		3199
		5km - 00:29:31, 10km - 00:59:28, 15km - 01:29:05, 20km - 01:59:41, 21km - 02:06:09, 25km - 02:29:43, 30km - 03:01:00, 35km - 03:32:33, 40km - 04:05:10									
3614	2004	SKÓRZYŃSKI Arkadiusz	LEWKÓW		POL	M45	488	04:18:48	04:19:57		3199
		5km - 00:23:55, 10km - 00:47:19, 15km - 01:10:13, 20km - 01:33:32, 21km - 01:38:30, 25km - 01:57:01, 30km - 02:34:46, 35km - 03:15:42, 40km - 04:03:08									
3615	1048	STEFANIAK Dariusz	RACOT		POL	M30	1161	04:18:48	04:22:35		3199
		5km - 00:29:32, 10km - 00:59:27, 15km - 01:29:06, 20km - 01:59:42, 21km - 02:06:09, 25km - 02:29:44, 30km - 03:01:00, 35km - 03:32:30, 40km - 04:05:08									
3616	1036	JANKOWSKI Michał	GNIEZNO		POL	M30	1163	04:18:49	04:21:26		3202
		5km - 00:29:06, 10km - 00:58:20, 15km - 01:26:35, 20km - 01:55:19, 21km - 02:01:36, 25km - 02:24:24, 30km - 02:55:05, 35km - 03:29:48, 40km - 04:04:47									
3617	2756	SOLECKI Tomasz	BIERUŃ	Gomola Trans Airco	POL	M40	816	04:18:50	04:25:31		3203
		5km - 00:30:25, 10km - 01:00:28, 15km - 01:30:20, 20km - 02:00:31, 21km - 02:07:29, 25km - 02:30:42, 30km - 03:01:28, 35km - 03:33:24, 40km - 04:05:15									
3618	4790	WOJTASZCZYK Paweł	KATOWICE		POL	M30	1164	04:18:50	04:25:31		3203
		5km - 00:30:17, 10km - 01:00:12, 15km - 01:29:59, 20km - 02:00:07, 21km - 02:07:06, 25km - 02:30:42, 30km - 03:01:34, 35km - 03:33:31, 40km - 04:05:19									
3619	745	DIDUCH Grzegorz	KLUCZBORK		POL	M30	1165	04:18:52	04:21:30		3205
		5km - 00:26:36, 10km - 00:53:43, 15km - 01:19:31, 20km - 01:47:16, 21km - 01:54:11, 25km - 02:16:47, 30km - 02:52:19, 35km - 03:31:38, 40km - 04:04:38									
3620	5820	LICZKOWSKI Mikołaj	PŁOCK	KS Wilki Słupno	POL	M30	1166	04:18:53	04:19:36		3206
		5km - 00:25:12, 10km - 00:50:22, 15km - 01:15:19, 20km - 01:41:19, 21km - 01:47:56, 25km - 02:13:47, 30km - 02:49:03, 35km - 03:25:06, 40km - 04:01:19									
3621	945	KURKOWSKI Jarek	NOWY DWOR MAZOWIECKI	RunneRB	POL	M40	817	04:18:54	04:24:21		3207
		5km - 00:27:33, 10km - 00:55:35, 15km - 01:23:06, 20km - 01:52:01, 21km - 01:58:34, 25km - 02:21:43, 30km - 02:54:54, 35km - 03:28:54, 40km - 04:03:30									
3622	4119	WROTEK Artur	TORUŃ		POL	M50	184	04:18:54	04:21:34		3207
		5km - 00:27:21, 10km - 00:54:35, 15km - 01:21:32, 20km - 01:48:47, 21km - 01:54:45, 25km - 02:16:10, 30km - 02:47:22, 35km - 03:23:45, 40km - 04:02:40									
3623	2984	KOLIŃSKI Grzegorz	POBIEDZISKA	1972	POL	M45	489	04:18:55	04:21:30		3209
		5km - 00:29:02, 10km - 00:57:11, 15km - 01:25:18, 20km - 01:53:53, 21km - 02:00:09, 25km - 02:22:56, 30km - 02:53:27, 35km - 03:26:04, 40km - 04:04:31									
3624	1389	KACZMAREK Katarzyna	ZIELONA GÓRA	Team Draczyński	POL	K30	196	04:18:57	04:19:51	415	
		5km - 00:24:41, 10km - 00:49:45, 15km - 01:15:20, 20km - 01:41:59, 21km - 01:48:44, 25km - 02:13:47, 30km - 02:48:46, 35km - 03:24:37, 40km - 04:02:15									
3625	3649	KOTLIŃSKI Tomasz	OBRZYCKO		POL	M50	185	04:18:57	04:25:22		3210
		5km - 00:30:30, 10km - 01:01:28, 15km - 01:30:55, 20km - 02:01:32, 21km - 02:08:04, 25km - 02:32:10, 30km - 03:03:56, 35km - 03:35:04, 40km - 04:07:28									
3626	1397	STARKOWSKI Szymon	POZNAŃ	Zielonka Sznup Team	POL	M40	818	04:18:57	04:22:41		3210
		5km - 00:26:36, 10km - 00:54:02, 15km - 01:19:50, 20km - 01:46:18, 21km - 01:52:27, 25km - 02:13:49, 30km - 02:46:49, 35km - 03:18:37, 40km - 04:04:38									
3627	557	KORALEWSKI Jakub	POZNAŃ		POL	M30	1167	04:19:01	04:19:20		3212
		5km - 00:23:04, 10km - 00:46:21, 15km - 01:09:51, 20km - 01:34:34, 21km - 01:40:02, 25km - 02:00:43, 30km - 02:44:47, 35km - 03:24:26, 40km - 04:03:51									
3628	110	OSKIERKO Roman	LUBSKO	Niezrzeszony	POL	M55	116	04:19:03	04:20:21		3213
		5km - 00:28:19, 10km - 00:57:20, 15km - 01:26:46, 20km - 01:57:01, 21km - 02:03:36, 25km - 02:28:04, 30km - 03:01:01, 35km - 03:33:43, 40km - 04:05:43									
3629	5554	LEŚNIAK Dariusz	SZCZECIN		POL	M50	186	04:19:06	04:22:35		3214
		5km - 00:27:12, 10km - 00:54:54, 15km - 01:22:56, 20km - 01:51:49, 21km - 01:58:16, 25km - 02:21:21, 30km - 02:54:00, 35km - 03:30:11, 40km - 04:05:50									
3630	5545	MARUCHA Adam	KALISZ		POL	M18	370	04:19:06	04:25:06		3214
		5km - 00:29:18, 10km - 00:59:26, 15km - 01:28:52, 20km - 01:58:07, 21km - 02:04:41, 25km - 02:28:21, 30km - 02:58:44, 35km - 03:31:12, 40km - 04:06:51									
3631	3953	WIECZOREK Paweł	POZNAŃ	#tribrothers	POL	M30	1168	04:19:06	04:24:11		3214
		5km - 00:28:10, 10km - 00:56:35, 15km - 01:24:34, 20km - 01:52:34, 21km - 01:58:46, 25km - 02:21:07, 30km - 02:52:56, 35km - 03:29:25, 40km - 04:05:53									
3632	6121	MIKOŁAJEWSKI Dawid	KALISZ		POL	M18	371	04:19:08	04:19:15		3217
		5km - 00:21:34, 10km - 00:43:41, 15km - 01:05:53, 20km - 01:28:13, 21km - 01:35:50, 25km - 01:54:10, 30km - 02:24:46, 35km - 03:20:16, 40km - 04:05:46									
3633	4811	LOREK Karol	PIŁA	100	POL	M50	187	04:19:09	04:25:40		3218
		5km - 00:29:21, 10km - 00:58:18, 15km - 01:27:02, 20km - 01:56:54, 21km - 02:03:21, 25km - 02:26:58, 30km - 02:58:00, 35km - 03:30:18, 40km - 04:05:07									
3634	5951	WCISŁEK Piotr	KALISZ		POL	M18	372	04:19:09	04:25:09		3218
		5km - 00:29:20, 10km - 00:58:49, 15km - 01:28:13, 20km - 01:58:07, 21km - 02:04:41, 25km - 02:28:19, 30km - 02:58:42, 35km - 03:29:27, 40km - 04:06:54									
3635	5627	RAK Dariusz	DOŁUJE		POL	M40	819	04:19:10	04:24:37		3220
		5km - 00:28:06, 10km - 00:56:00, 15km - 01:23:46, 20km - 01:52:09, 21km - 01:58:26, 25km - 02:20:59, 30km - 02:52:18, 35km - 03:28:55, 40km - 04:05:40									
3636	2920	WOŹNIAK Piotr	WROCLAW		POL	M55	117	04:19:10	04:25:48		3220
		5km - 00:30:54, 10km - 01:01:10, 15km - 01:30:40, 20km - 02:01:00, 21km - 02:07:23, 25km - 02:31:22, 30km - 03:02:44, 35km - 03:34:42, 40km - 04:06:44									
3637	3631	KRÓL Marcin	SŁUPCA		POL	M30	1169	04:19:13	04:24:42		3222
		5km - 00:28:16, 10km - 00:56:25, 15km - 01:24:25, 20km - 01:53:01, 21km - 01:59:06, 25km - 02:21:09, 30km - 02:51:58, 35km - 03:24:47, 40km - 04:01:45									
3638	5772	KORKOSZ Angelika	JAROSŁAW		POL	K18	65	04:19:15	04:25:57	416	
		5km - 00:30:26, 10km - 01:00:46, 15km - 01:30:09, 20km - 02:00:37, 21km - 02:07:14, 25km - 02:30:54, 30km - 03:02:36, 35km - 03:34:11, 40km - 04:06:49									
3639	6181	KALIŃSKI Rafał	GDAŃSK		POL	M30	1170	04:19:18	04:23:51		3223
		5km - 00:27:43, 10km - 00:55:38, 15km - 01:23:04, 20km - 01:51:35, 21km - 01:57:42, 25km - 02:19:33, 30km - 02:50:17, 35km - 03:24:49, 40km - 04:04:03									
3640	1356	SOBCZYK Paweł	SARNÓW		POL	M55	118	04:19:18	04:25:29		3223
		5km - 00:29:15, 10km - 00:59:43, 15km - 01:28:06, 20km - 01:57:59, 21km - 02:04:32, 25km - 02:28:10, 30km - 02:58:32, 35km - 03:29:51, 40km - 04:04:57									
3641	4152	`SIEMKO Jolanta	WROCŁAW	bells brothers ff	POL	K45	48	04:19:22	04:25:58	417	
		5km - 00:30:50, 10km - 01:01:14, 15km - 01:31:38, 20km - 02:01:48, 21km - 02:08:14, 25km - 02:31:38, 30km - 03:02:14, 35km - 03:33:03, 40km - 04:05:09									
3642	4150	SIEMKO Piotr	WROCŁAW	bells brothers ff	POL	M50	188	04:19:24	04:25:59		3225
		5km - 00:30:52, 10km - 01:01:16, 15km - 01:31:39, 20km - 02:01:49, 21km - 02:08:16, 25km - 02:31:40, 30km - 03:02:15, 35km - 03:33:04, 40km - 04:05:15									
3643	3255	NOWAKOWSKI Tomasz	KATOWICE		POL	M45	490	04:19:25	04:26:21		3226
		5km - 00:30:25, 10km - 01:01:03, 15km - 01:30:55, 20km - 02:01:16, 21km - 02:08:02, 25km - 02:31:23, 30km - 03:03:10, 35km - 03:34:34, 40km - 04:06:36									
3644	53	ISHIKAWA Tomoharu	TAKASAKI		JPN	M45	491	04:19:26	04:24:49		3227
		5km - 00:28:14, 10km - 00:56:21, 15km - 01:24:09, 20km - 01:52:23, 21km - 01:58:33, 25km - 02:21:07, 30km - 02:52:45, 35km - 03:28:11, 40km - 04:04:29									
3645	4020	SZUBERT Wojciech	WROCŁAW	trenujznami.pl	POL	M40	820	04:19:26	04:21:56		3227
		5km - 00:27:01, 10km - 00:54:11, 15km - 01:21:07, 20km - 01:48:44, 21km - 01:54:47, 25km - 02:17:45, 30km - 02:52:14, 35km - 03:29:46, 40km - 04:05:53									
3646	432	TOMASZEWSKA Ania	STĘSZEW	777	POL	K30	197	04:19:27	04:23:33	418	
		5km - 00:28:45, 10km - 00:57:18, 15km - 01:25:26, 20km - 01:54:15, 21km - 02:01:19, 25km - 02:24:54, 30km - 02:57:11, 35km - 03:31:20, 40km - 04:04:09									
3647	6175	Zawodnik anonimowy				K30	197	04:19:27	04:26:11	418	
		5km - 00:30:30, 10km - 01:00:29, 15km - 01:30:22, 20km - 02:00:31, 21km - 02:07:07, 25km - 02:30:41, 30km - 03:00:56, 35km - 03:32:16, 40km - 04:05:36									
3648	7087	WYSTĘPSKI Janusz	GNIEZNO	# DRUŻYNA SZPIKU	POL	M45	492	04:19:28	04:25:19		3229
		5km - 00:29:01, 10km - 00:58:15, 15km - 01:26:52, 20km - 01:55:24, 21km - 02:01:25, 25km - 02:24:03, 30km - 02:54:51, 35km - 03:28:56, 40km - 04:05:00									
3649	2760	FELKEL Ewa	POZNAŃ	Piatkowo na Biegowo	POL	K45	49	04:19:29	04:25:03	420	
		5km - 00:28:30, 10km - 00:57:28, 15km - 01:26:37, 20km - 01:56:37, 21km - 02:03:11, 25km - 02:27:00, 30km - 02:58:43, 35km - 03:32:15, 40km - 04:06:06									
3650	1448	GONTARZ Igor	SOBOTA		POL	M18	373	04:19:29	04:25:33		3230
		5km - 00:29:58, 10km - 00:59:50, 15km - 01:29:41, 20km - 01:59:46, 21km - 02:06:31, 25km - 02:30:19, 30km - 03:01:34, 35km - 03:32:42, 40km - 04:04:33									
3651	6652	GONTARZ Jerzy	SOBOTA	Sportowa Sobota	POL	M50	189	04:19:29	04:25:33		3230
		5km - 00:29:59, 10km - 01:00:37, 15km - 01:29:41, 20km - 01:59:46, 21km - 02:06:31, 25km - 02:30:19, 30km - 03:01:34, 35km - 03:32:43, 40km - 04:04:36									
3652	785	WÓJCIAK Artur	KĄTY WROCŁAWSKIE	wojciakteam	POL	M45	493	04:19:29	04:21:12		3230
		5km - 00:27:33, 10km - 00:55:51, 15km - 01:23:16, 20km - 01:52:03, 21km - 01:58:14, 25km - 02:20:30, 30km - 02:52:59, 35km - 03:28:35, 40km - 04:05:02									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
3653	4278	GEDOWSKI Pawel	POZNAN	GSK FIT PIORUNY	POL	M18	374	04:19:31	04:25:14		3233
		5km - 00:27:53, 10km - 00:55:43, 15km - 01:23:44, 20km - 01:51:52, 21km - 01:58:07, 25km - 02:20:24, 30km - 02:49:42, 35km - 03:26:10, 40km - 04:04:11									
3654	6133	KAGANEK Jakub	DASZEWICE		POL	M30	1171	04:19:31	04:26:08		3233
		5km - 00:30:33, 10km - 01:00:12, 15km - 01:29:39, 20km - 01:59:17, 21km - 02:06:03, 25km - 02:29:56, 30km - 03:00:01, 35km - 03:31:27, 40km - 04:03:53									
3655	2495	MAĆKOWSKI Piotr	GDAŃSK		POL	M30	1172	04:19:32	04:25:21		3235
		5km - 00:27:44, 10km - 00:55:39, 15km - 01:23:26, 20km - 01:51:46, 21km - 01:58:12, 25km - 02:20:55, 30km - 02:53:22, 35km - 03:28:38, 40km - 04:04:35									
3656	4729	KHRAMAU Anton	SABOLANY	Mikkeller Running Club Minsk	BLR	M18	375	04:19:34	04:22:04		3236
		5km - 00:32:28, 10km - 01:04:06, 15km - 01:35:09, 20km - 02:06:34, 21km - 02:14:17, 25km - 02:38:10, 30km - 03:08:39, 35km - 03:38:02, 40km - 04:06:39									
3657	5077	FILIPIAK Magdalena	TARGOWO		POL	K40	91	04:19:35	04:25:15	421	
		5km - 00:29:35, 10km - 00:58:50, 15km - 01:27:37, 20km - 01:57:45, 21km - 02:04:22, 25km - 02:28:18, 30km - 03:00:37, 35km - 03:32:55, 40km - 04:05:48									
3658	4107	DAMSKI Łukasz	TRYSZCZYN	GardenFlora MTB Team	POL	M30	1173	04:19:36	04:23:06		3237
		5km - 00:26:41, 10km - 00:53:24, 15km - 01:20:00, 20km - 01:46:30, 21km - 01:52:17, 25km - 02:14:28, 30km - 02:46:06, 35km - 03:22:43, 40km - 04:01:30									
3659	178	CZEKALSKA Marta	POZNAŃ		POL	K30	199	04:19:38	04:21:30	422	
		5km - 00:28:44, 10km - 00:58:36, 15km - 01:28:51, 20km - 01:59:21, 21km - 02:05:52, 25km - 02:29:35, 30km - 03:00:37, 35km - 03:32:28, 40km - 04:05:58									
3660	6090	WRÓBLEWSKI Tomasz	ELBLĄG		POL	M30	1174	04:19:43	04:25:16		3238
		5km - 00:27:53, 10km - 00:55:49, 15km - 01:23:25, 20km - 01:51:51, 21km - 01:58:02, 25km - 02:21:10, 30km - 02:53:58, 35km - 03:29:35, 40km - 04:05:36									
3661	3457	STARZAK Tomasz	SŁUBICE		POL	M40	821	04:19:47	04:24:31		3239
		5km - 00:27:39, 10km - 00:54:58, 15km - 01:22:15, 20km - 01:49:51, 21km - 01:56:03, 25km - 02:18:58, 30km - 02:52:09, 35km - 03:26:57, 40km - 04:04:17									
3662	6498	BARTOSZEK Stanisław	REYKJAVIK		ISL	M60	50	04:19:49	04:23:22		3240
		5km - 00:27:15, 10km - 00:54:56, 15km - 01:22:10, 20km - 01:50:27, 21km - 01:56:53, 25km - 02:19:26, 30km - 02:51:29, 35km - 03:27:18, 40km - 04:04:12									
3663	4554	KORALEWSKI Dominik	TORUŃ		POL	M30	1175	04:19:49	04:25:40		3240
		5km - 00:29:06, 10km - 00:58:54, 15km - 01:27:08, 20km - 01:56:52, 21km - 02:04:10, 25km - 02:27:51, 30km - 03:00:49, 35km - 03:33:37, 40km - 04:06:50									
3664	609	NOWAKOWSKI Robert	LEGNICA	STAW	POL	M50	190	04:19:49	04:22:28		3240
		5km - 00:27:22, 10km - 00:55:19, 15km - 01:23:05, 20km - 01:52:12, 21km - 01:58:48, 25km - 02:22:34, 30km - 02:57:51, 35km - 03:33:14, 40km - 04:06:09									
3665	4942	RYBAK Robert	POZNAN	FISH	POL	M50	191	04:19:50	04:29:04		3243
		5km - 00:30:13, 10km - 00:59:42, 15km - 01:28:34, 20km - 01:58:56, 21km - 02:06:04, 25km - 02:28:55, 30km - 03:00:20, 35km - 03:34:31, 40km - 04:05:39									
3666	7074	WÓJCIK Waldemar	ZIĘBICE		POL	M45	494	04:19:50	04:24:19		3243
		5km - 00:28:14, 10km - 00:56:28, 15km - 01:24:32, 20km - 01:53:08, 21km - 01:59:21, 25km - 02:21:52, 30km - 02:54:20, 35km - 03:30:04, 40km - 04:05:25									
3667	1660	BORYCKA-ŚWIERZY Bogusława	KATOWICE		POL	K45	50	04:19:52	04:26:43	423	
		5km - 00:30:21, 10km - 01:00:30, 15km - 01:29:14, 20km - 01:58:53, 21km - 02:05:30, 25km - 02:29:35, 30km - 03:01:02, 35km - 03:33:19, 40km - 04:05:57									
3668	1896	TALAR Zenon	DĄBRÓWKA LEŚNA	Kęsy Team	POL	M65	16	04:19:52	04:27:21		3245
		5km - 00:30:56, 10km - 01:01:56, 15km - 01:32:18, 20km - 02:02:07, 21km - 02:08:30, 25km - 02:31:26, 30km - 03:01:33, 35km - 03:34:32, 40km - 04:06:02									
3669	573	VILCANE Kristine	BALDONE		LAT	K40	92	04:19:52	04:22:49	423	
		5km - 00:24:53, 10km - 00:50:28, 15km - 01:16:38, 20km - 01:46:13, 21km - 01:52:30, 25km - 02:18:01, 30km - 02:52:13, 35km - 03:29:12, 40km - 04:06:32									
3670	4684	KHAMITSEVICH Andrei	MINSK	Mikkeller running club Minsk	BLR	M30	1176	04:19:53	04:22:22		3246
		5km - 00:32:28, 10km - 01:04:07, 15km - 01:35:10, 20km - 02:06:35, 21km - 02:14:18, 25km - 02:38:10, 30km - 03:08:40, 35km - 03:38:03, 40km - 04:06:45									
3671	3239	GROCHOLEWSKI Jarosław	TULCE		POL	M40	822	04:19:56	04:25:14		3247
		5km - 00:28:47, 10km - 00:57:33, 15km - 01:26:01, 20km - 01:54:57, 21km - 02:01:13, 25km - 02:23:30, 30km - 02:54:43, 35km - 03:30:01, 40km - 04:05:05									
3672	2826	PŁACHTA Tadeusz	JURKÓW		POL	M50	192	04:19:56	04:23:38		3247
		5km - 00:26:45, 10km - 00:53:28, 15km - 01:20:05, 20km - 01:47:21, 21km - 01:53:18, 25km - 02:15:50, 30km - 02:47:35, 35km - 03:25:36, 40km - 04:02:29									
3673	3536	DOMAŃSKI Patryk	POZNAŃ	Moldy unicorns	POL	M18	376	04:19:58	04:26:34		3249
		5km - 00:30:40, 10km - 01:00:53, 15km - 01:30:39, 20km - 02:00:53, 21km - 02:07:28, 25km - 02:31:09, 30km - 03:02:34, 35km - 03:34:28, 40km - 04:06:35									
3674	2030	KAPELA Barbara	POZNAŃ	Moldy Unicorns	POL	K30	200	04:19:58	04:26:34	425	
		5km - 00:30:40, 10km - 01:00:53, 15km - 01:30:39, 20km - 02:00:53, 21km - 02:07:28, 25km - 02:31:09, 30km - 03:02:34, 35km - 03:34:28, 40km - 04:06:35									
3675	6232	BOROWICZ Marcin	POZNAŃ	Quay Poznań	POL	M40	823	04:20:00	04:26:39		3250
		5km - 00:29:36, 10km - 00:59:04, 15km - 01:29:02, 20km - 01:58:58, 21km - 02:05:14, 25km - 02:28:17, 30km - 02:58:36, 35km - 03:30:46, 40km - 04:06:02									
3676	4661	ROGALSKI Marcin	POZNAŃ	szukam żony :P	POL	M30	1177	04:20:01	04:25:14		3251
		5km - 00:28:06, 10km - 00:55:28, 15km - 01:22:57, 20km - 01:51:28, 21km - 01:57:46, 25km - 02:20:48, 30km - 02:53:57, 35km - 03:30:46, 40km - 04:04:53									
3677	6354	JURGELEVICIUS Arvydas	VISAGINAS		LTU	M45	495	04:20:03	04:24:10		3252
		5km - 00:28:41, 10km - 00:57:30, 15km - 01:25:17, 20km - 01:55:03, 21km - 02:02:14, 25km - 02:24:12, 30km - 02:57:31, 35km - 03:33:02, 40km - 04:06:26									
3678	1187	HELIOSZ Joanna	CHORZÓW		POL	K40	93	04:20:04	04:24:03	426	
		5km - 00:29:36, 10km - 00:58:57, 15km - 01:27:55, 20km - 01:57:55, 21km - 02:04:43, 25km - 02:28:07, 30km - 03:00:19, 35km - 03:32:53, 40km - 04:06:33									
3679	4414	MAJEWSKI Jan	MRĄGOWO		POL	M70	5	04:20:04	04:23:03		3253
		5km - 00:27:45, 10km - 00:55:44, 15km - 01:23:24, 20km - 01:52:54, 21km - 01:59:25, 25km - 02:23:41, 30km - 02:57:15, 35km - 03:31:22, 40km - 04:06:29									
3680	2869	BISKUPSKA Ewa	POZNAŃ		POL	K40	94	04:20:05	04:23:34	427	
		5km - 00:27:47, 10km - 00:55:24, 15km - 01:22:46, 20km - 01:51:16, 21km - 01:57:37, 25km - 02:21:01, 30km - 02:53:24, 35km - 03:28:54, 40km - 04:04:43									
3681	4439	KUJALOWICZ Michal	GDAŃSK		POL	M30	1178	04:20:05	04:24:46		3254
		5km - 00:28:38, 10km - 00:56:35, 15km - 01:24:13, 20km - 01:52:41, 21km - 01:58:46, 25km - 02:21:08, 30km - 02:51:53, 35km - 03:27:22, 40km - 04:05:20									
3682	5889	KONIECZNA Angelina	GNIEZNO		POL	K30	201	04:20:09	04:26:50	428	
		5km - 00:30:25, 10km - 01:00:31, 15km - 01:30:22, 20km - 02:00:34, 21km - 02:07:10, 25km - 02:30:44, 30km - 03:00:57, 35km - 03:31:56, 40km - 04:06:04									
3683	4586	KRASOWSKI Marcin	PIŁA		POL	M40	824	04:20:12	04:25:39		3255
		5km - 00:28:09, 10km - 00:56:05, 15km - 01:24:03, 20km - 01:52:10, 21km - 01:58:26, 25km - 02:20:45, 30km - 02:50:27, 35km - 03:26:52, 40km - 04:05:14									
3684	6792	JAGUSIAK Łukasz	ŁÓDŹ		POL	M30	1179	04:20:14	04:24:16		3256
		5km - 00:27:36, 10km - 00:55:23, 15km - 01:23:29, 20km - 01:51:50, 21km - 01:57:55, 25km - 02:20:27, 30km - 02:54:00, 35km - 03:27:06, 40km - 04:04:17									
3685	451	SIERZANT Adrian	POZNAN		POL	M30	1179	04:20:14	04:23:56		3256
		5km - 00:29:34, 10km - 00:58:36, 15km - 01:27:06, 20km - 01:55:58, 21km - 02:02:20, 25km - 02:25:26, 30km - 02:56:35, 35km - 03:30:12, 40km - 04:05:53									
3686	6326	WĘCLEWSKI Robert	ŚREM	BEST TEAM ŚREM	POL	M40	825	04:20:14	04:21:34		3256
		5km - 00:27:38, 10km - 00:55:22, 15km - 01:22:41, 20km - 01:50:54, 21km - 01:57:07, 25km - 02:19:56, 30km - 02:51:56, 35km - 03:27:58, 40km - 04:05:32									
3687	5437	KUJAWSKI Jarosław	GDAŃSK	Ex Siedlce Gdańsk	POL	M50	193	04:20:15	04:24:09		3259
		5km - 00:28:10, 10km - 00:57:01, 15km - 01:25:15, 20km - 01:55:43, 21km - 02:01:50, 25km - 02:23:36, 30km - 02:52:34, 35km - 03:22:55, 40km - 04:01:23									
3688	4773	MACHOWIAK Adam	KATOWICE		POL	M30	1181	04:20:15	04:21:23		3259
		5km - 00:29:58, 10km - 01:00:01, 15km - 01:27:46, 20km - 01:55:20, 21km - 02:01:04, 25km - 02:23:18, 30km - 02:54:52, 35km - 03:31:02, 40km - 04:06:34									
3689	139	BOROWSKI Dariusz	PRZECHLEWO	Florian Chojnice	POL	M50	194	04:20:17	04:26:30		3261
		5km - 00:28:59, 10km - 00:57:42, 15km - 01:26:03, 20km - 01:54:53, 21km - 02:01:12, 25km - 02:24:19, 30km - 02:59:03, 35km - 03:31:16, 40km - 04:05:25									
3690	2421	KRZYSZKOWIAK Janusz	POZNAŃ		POL	M50	194	04:20:17	04:24:26		3261
		5km - 00:27:46, 10km - 00:56:27, 15km - 01:24:41, 20km - 01:53:39, 21km - 01:59:58, 25km - 02:22:57, 30km - 02:55:25, 35km - 03:31:06, 40km - 04:05:54									
3691	6522	MAZUREK Monika	KRAKÓW	Nowa Huta Team	POL	K45	51	04:20:17	04:27:11	429	
		5km - 00:29:41, 10km - 01:00:31, 15km - 01:29:43, 20km - 02:00:19, 21km - 02:07:08, 25km - 02:30:41, 30km - 03:02:48, 35km - 03:36:19, 40km - 04:07:34									
3692	4312	PORĘBSKA Dorota	KRAKÓW	Nowa Huta Team	POL	K40	95	04:20:17	04:27:12	429	
		5km - 00:29:41, 10km - 01:00:30, 15km - 01:29:42, 20km - 02:00:18, 21km - 02:07:08, 25km - 02:30:41, 30km - 03:02:47, 35km - 03:36:18, 40km - 04:07:32									
3693	7039	ŻUROWSKA Ania	MOSINA		POL	K30	202	04:20:22	04:26:29	431	
		5km - 00:30:46, 10km - 01:01:38, 15km - 01:31:03, 20km - 02:01:07, 21km - 02:07:46, 25km - 02:31:09, 30km - 03:02:18, 35km - 03:34:11, 40km - 04:06:47									
3694	2982	BUDZISZEWSKI Sławek	LUBOŃ		POL	M45	496	04:20:25	04:22:07		3263
		5km - 00:27:24, 10km - 00:54:31, 15km - 01:21:32, 20km - 01:48:56, 21km - 01:55:46, 25km - 02:18:14, 30km - 02:50:08, 35km - 03:25:28, 40km - 04:04:15									
3695	4433	KAMIŃSKI Łukasz	MAŁE RUDY		POL	M30	1182	04:20:29	04:23:24		3264
		5km - 00:27:20, 10km - 00:54:05, 15km - 01:21:03, 20km - 01:49:36, 21km - 01:55:50, 25km - 02:19:31, 30km - 02:52:03, 35km - 03:28:04, 40km - 04:05:21									
3696	1876	MISZCZUK Andrzej	POZNAŃ	1980	POL	M30	1183	04:20:30	04:23:05		3265
		5km - 00:28:23, 10km - 00:56:39, 15km - 01:25:08, 20km - 01:53:18, 21km - 02:00:15, 25km - 02:23:15, 30km - 02:54:33, 35km - 03:29:35, 40km - 04:05:24									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
3697	6830	PAGIEŁA Małgorzata	PISARZOWICE		POL	K30	203	04:20:30	04:22:01	432	
		5km - 00:30:10, 10km - 01:00:02, 15km - 01:29:57, 20km - 02:00:16, 21km - 02:06:46, 25km - 02:30:47, 30km - 03:02:26, 35km - 03:34:37, 40km - 04:07:08									
3698	6833	WĄSOWICZ Szymon	PISARZOWICE		POL	M30	1183	04:20:30	04:22:01		3265
		5km - 00:30:10, 10km - 01:00:02, 15km - 01:29:58, 20km - 02:00:16, 21km - 02:06:46, 25km - 02:30:45, 30km - 03:02:26, 35km - 03:34:37, 40km - 04:07:08									
3699	4698	KELLNER Radosław	OSTRÓW WIELKOPOLSKI		POL	M40	826	04:20:31	04:27:08		3267
		5km - 00:30:29, 10km - 01:00:40, 15km - 01:30:23, 20km - 02:00:39, 21km - 02:07:16, 25km - 02:30:51, 30km - 03:01:51, 35km - 03:33:56, 40km - 04:07:08									
3700	2461	GRANICZNY Krzysztof	DASZEWICE		POL	M30	1185	04:20:33	04:23:49		3268
		5km - 00:28:38, 10km - 00:57:05, 15km - 01:24:59, 20km - 01:53:46, 21km - 01:59:48, 25km - 02:22:37, 30km - 02:54:03, 35km - 03:30:10, 40km - 04:06:34									
3701	6250	KAUTZ Michał	GDYNIA		POL	M40	827	04:20:35	04:25:42		3269
		5km - 00:28:28, 10km - 00:56:25, 15km - 01:24:23, 20km - 01:52:31, 21km - 01:58:45, 25km - 02:22:11, 30km - 02:54:38, 35km - 03:30:23, 40km - 04:06:34									
3702	7285	PUCH Tomasz	RADOM		POL	M40	827	04:20:35	04:22:42		3269
		5km - 00:24:37, 10km - 00:49:17, 15km - 01:16:14, 20km - 01:46:51, 21km - 01:53:31, 25km - 02:18:30, 30km - 02:54:13, 35km - 03:32:15, 40km - 04:08:02									
3703	5459	WACHOWIAK Marcin	MIĘDZYCHÓD		POL	M45	497	04:20:36	04:23:08		3271
		5km - 00:27:37, 10km - 00:54:29, 15km - 01:21:03, 20km - 01:48:41, 21km - 01:55:21, 25km - 02:18:09, 30km - 02:50:51, 35km - 03:25:45, 40km - 04:04:16									
3704	6684	WIŚNIEWSKI Leszek	BRZOZA	Brzoza Brzoza	POL	M50	196	04:20:36	04:22:57		3271
		5km - 00:25:29, 10km - 00:51:01, 15km - 01:17:09, 20km - 01:44:06, 21km - 01:49:54, 25km - 02:11:57, 30km - 02:43:46, 35km - 03:18:59, 40km - 04:07:04									
3705	4401	BUGAJSKA Agnieszka	LONDON		GBR	K30	204	04:20:38	04:26:14	433	
		5km - 00:27:58, 10km - 00:55:48, 15km - 01:23:36, 20km - 01:52:30, 21km - 01:58:49, 25km - 02:22:42, 30km - 02:56:48, 35km - 03:31:00, 40km - 04:06:48									
3706	326	REMIASZ Krzysztof	KOMORNIKI		POL	M30	1186	04:20:40	04:25:54		3273
		5km - 00:28:11, 10km - 00:56:05, 15km - 01:23:40, 20km - 01:52:02, 21km - 01:58:15, 25km - 02:21:15, 30km - 02:53:23, 35km - 03:29:31, 40km - 04:05:36									
3707	134	MIKOŁAJCZYK Piotr	BĘDZIN	TKKF Czeladz	POL	M75	2	04:20:41	04:27:27		3274
		5km - 00:30:26, 10km - 00:59:58, 15km - 01:29:14, 20km - 01:59:25, 21km - 02:06:05, 25km - 02:29:41, 30km - 03:01:22, 35km - 03:33:04, 40km - 04:06:10									
3708	403	OLDENBURG Tim	CZAPURY	Team Zoot Europe	POL	M30	1187	04:20:43	04:22:09		3275
		5km - 00:27:23, 10km - 00:54:32, 15km - 01:20:52, 20km - 01:48:14, 21km - 01:54:14, 25km - 02:15:46, 30km - 02:50:20, 35km - 03:28:10, 40km - 04:06:53									
3709	865	BOROWIEC Dariusz	POLKOWICE	KGHM-ZG Run O/ZG-RUDNA	POL	M50	197	04:20:44	04:21:56		3276
		5km - 00:26:01, 10km - 00:52:34, 15km - 01:19:12, 20km - 01:47:53, 21km - 01:54:44, 25km - 02:19:34, 30km - 02:56:31, 35km - 03:34:19, 40km - 04:08:23									
3710	7186	LITYŃSKA Małgorzata	WARSZAWA	Team ZabieganeDni	POL	K30	205	04:20:45	04:28:53	434	
		5km - 00:31:43, 10km - 01:02:25, 15km - 01:32:23, 20km - 02:02:38, 21km - 02:09:41, 25km - 02:33:04, 30km - 03:04:05, 35km - 03:34:57, 40km - 04:07:57									
3711	1882	JANOWSKI Andrzej	PLEWISKA	ST RUNNERS	POL	M30	1188	04:20:47	04:25:05		3277
		5km - 00:27:23, 10km - 00:54:31, 15km - 01:21:32, 20km - 01:48:53, 21km - 01:54:53, 25km - 02:18:18, 30km - 02:54:47, 35km - 03:31:32, 40km - 04:06:20									
3712	1434	KRUCZKOWSKA Malwina	GRYFINO	Familia Kruczkowskich	POL	K18	66	04:20:47	04:26:25	435	
		5km - 00:29:35, 10km - 01:00:11, 15km - 01:29:37, 20km - 01:59:17, 21km - 02:05:48, 25km - 02:29:30, 30km - 03:01:39, 35km - 03:34:12, 40km - 04:07:51									
3713	5599	KWOLEK Jarosław	BOLESŁAWIEC		POL	M55	119	04:20:47	04:26:06		3277
		5km - 00:28:21, 10km - 00:56:20, 15km - 01:24:16, 20km - 01:52:35, 21km - 01:59:01, 25km - 02:22:38, 30km - 02:55:48, 35km - 03:31:02, 40km - 04:06:17									
3714	6497	LUDWICZAK Krzysztof	KOŚCIAN	Kościan Team	POL	M40	829	04:20:47	04:26:39		3277
		5km - 00:29:02, 10km - 00:58:15, 15km - 01:27:04, 20km - 01:56:00, 21km - 02:02:43, 25km - 02:25:32, 30km - 02:57:48, 35km - 03:31:54, 40km - 04:06:26									
3715	3455	Zawodnik anonimowy				K40	96	04:20:47	04:25:05	435	
		5km - 00:27:23, 10km - 00:54:43, 15km - 01:22:21, 20km - 01:52:00, 21km - 01:58:46, 25km - 02:23:01, 30km - 02:57:53, 35km - 03:34:20, 40km - 04:07:40									
3716	1433	KRUCZKOWSKI Maciej	GRYFINO	Familia Kruczkowskich	POL	M50	198	04:20:48	04:26:25		3280
		5km - 00:29:36, 10km - 01:00:12, 15km - 01:29:37, 20km - 01:59:18, 21km - 02:05:49, 25km - 02:29:31, 30km - 03:01:40, 35km - 03:34:16, 40km - 04:07:53									
3717	2552	LECHOWICZ Łukasz	KRAKÓW	Benon Team	POL	M30	1189	04:20:48	04:28:03		3280
		5km - 00:30:08, 10km - 01:01:22, 15km - 01:31:04, 20km - 02:00:24, 21km - 02:07:02, 25km - 02:30:25, 30km - 03:01:00, 35km - 03:34:48, 40km - 04:07:39									
3718	2154	PTASZKIEWICZ Michał	POZNAŃ	Hernik Team	POL	M30	1189	04:20:48	04:29:12		3280
		5km - 00:29:43, 10km - 00:59:36, 15km - 01:29:19, 20km - 01:59:22, 21km - 02:05:38, 25km - 02:29:01, 30km - 02:59:14, 35km - 03:30:16, 40km - 04:06:19									
3719	2391	Zawodnik anonimowy				K30	206	04:20:48	04:26:25	437	
		5km - 00:28:39, 10km - 00:58:45, 15km - 01:28:12, 20km - 01:58:51, 21km - 02:05:33, 25km - 02:29:44, 30km - 03:01:58, 35km - 03:34:29, 40km - 04:06:56									
3720	2346	Zawodnik anonimowy				K30	207	04:20:49	04:26:26	438	
		5km - 00:28:39, 10km - 00:58:45, 15km - 01:28:12, 20km - 01:58:51, 21km - 02:05:32, 25km - 02:29:44, 30km - 03:01:58, 35km - 03:34:29, 40km - 04:07:03									
3721	4380	PINCZEWSKI Patrik	ŁUSZCZANÓW		POL	M45	498	04:20:55	04:26:24		3283
		5km - 00:28:25, 10km - 00:56:36, 15km - 01:24:41, 20km - 01:52:46, 21km - 01:59:06, 25km - 02:21:24, 30km - 02:54:09, 35km - 03:29:52, 40km - 04:05:20									
3722	4550	KAJZEREK Arkadiusz	RZESZOTARY		POL	M40	830	04:20:56	04:24:33		3284
		5km - 00:27:38, 10km - 00:55:00, 15km - 01:21:58, 20km - 01:49:41, 21km - 01:55:36, 25km - 02:17:07, 30km - 02:47:07, 35km - 03:27:44, 40km - 04:05:20									
3723	1530	SZCZĘSNY Paweł	GORZÓW WLKP.	Bleki	POL	M30	1191	04:20:56	04:31:21		3284
		5km - 00:28:53, 10km - 00:58:29, 15km - 01:27:15, 20km - 01:56:54, 21km - 02:03:20, 25km - 02:26:21, 30km - 02:58:12, 35km - 03:33:11, 40km - 04:06:36									
3724	1778	WORONOWICZ Karol	SZCZECIN		POL	M18	377	04:20:56	04:26:53		3284
		5km - 00:29:42, 10km - 00:59:28, 15km - 01:28:48, 20km - 01:58:35, 21km - 02:05:05, 25km - 02:28:49, 30km - 03:00:03, 35km - 03:33:20, 40km - 04:06:44									
3725	5628	KOZAK Marta	DRAWSKO POMORSKIE	ZDRun EXTREME	POL	K30	208	04:20:58	04:27:05	439	
		5km - 00:29:20, 10km - 00:58:55, 15km - 01:28:18, 20km - 01:58:20, 21km - 02:04:56, 25km - 02:28:21, 30km - 03:01:18, 35km - 03:32:23, 40km - 04:06:58									
3726	3404	Zawodnik anonimowy				M40	831	04:21:01	04:26:04		3287
		5km - 00:28:38, 10km - 00:56:35, 15km - 01:24:00, 20km - 01:52:14, 21km - 01:58:54, 25km - 02:21:35, 30km - 02:52:06, 35km - 03:27:11, 40km - 04:05:07									
3727	1059	ZEMLEDUCH Tomasz	ZIELONA GÓRA	Zemleduchy	POL	M30	1192	04:21:02	04:23:52		3288
		5km - 00:27:19, 10km - 00:54:43, 15km - 01:21:50, 20km - 01:49:13, 21km - 01:56:25, 25km - 02:19:55, 30km - 02:55:17, 35km - 03:32:08, 40km - 04:06:39									
3728	3269	GRAMATYKA Paweł	KRAKÓW	Mostostal Zabrze United	POL	M40	832	04:21:03	04:23:50		3289
		5km - 00:28:09, 10km - 00:56:19, 15km - 01:24:22, 20km - 01:52:31, 21km - 01:58:38, 25km - 02:21:11, 30km - 02:56:32, 35km - 03:32:22, 40km - 04:07:15									
3729	2430	PIWOWARCZYK Piotr	LINIEWO	Liniewo Biega, Rajsklep.pl	POL	M45	499	04:21:03	04:26:50		3289
		5km - 00:27:55, 10km - 00:55:55, 15km - 01:23:50, 20km - 01:52:07, 21km - 01:58:13, 25km - 02:20:39, 30km - 02:54:49, 35km - 03:30:33, 40km - 04:06:39									
3730	600	SZYMAŃSKI Janusz	POZNAŃ	Parkun Poznań	POL	M65	17	04:21:03	04:22:03		3289
		5km - 00:24:58, 10km - 00:49:50, 15km - 01:14:39, 20km - 01:41:11, 21km - 01:47:54, 25km - 02:11:00, 30km - 02:45:54, 35km - 03:21:29, 40km - 04:02:04									
3731	3629	BUDZYŃSKI Mateusz	WROCŁAW		POL	M45	500	04:21:05	04:23:34		3292
		5km - 00:27:59, 10km - 00:56:41, 15km - 01:24:55, 20km - 01:54:59, 21km - 02:01:34, 25km - 02:24:26, 30km - 02:56:21, 35km - 03:31:08, 40km - 04:06:58									
3732	6234	PETERS Przemysław	MUROWANA GOŚLINA		POL	M45	501	04:21:06	04:26:20		3293
		5km - 00:28:16, 10km - 00:56:11, 15km - 01:24:15, 20km - 01:52:27, 21km - 01:58:41, 25km - 02:21:25, 30km - 02:55:18, 35km - 03:30:06, 40km - 04:05:47									
3733	2183	WILKIN Mirosław	ŻARY	TMTeam	POL	M45	501	04:21:06	04:24:50		3293
		5km - 00:27:10, 10km - 00:54:59, 15km - 01:22:17, 20km - 01:51:27, 21km - 01:57:46, 25km - 02:20:59, 30km - 02:54:30, 35km - 03:30:18, 40km - 04:06:34									
3734	3793	PERLIŃSKI Arkadiusz	PRZYJMA		POL	M18	378	04:21:07	04:27:12		3295
		5km - 00:27:37, 10km - 00:56:23, 15km - 01:23:28, 20km - 01:51:30, 21km - 02:02:51, 25km - 02:25:18, 30km - 02:57:02, 35km - 03:31:04, 40km - 04:08:19									
3735	4209	ZARZYCKI Michal	LUBLIN		POL	M40	833	04:21:07	04:22:23		3295
		5km - 00:24:29, 10km - 00:48:39, 15km - 01:13:13, 20km - 01:39:23, 21km - 01:45:32, 25km - 02:07:40, 30km - 02:41:23, 35km - 03:20:36, 40km - 04:03:31									
3736	4046	MAZUREK Ryszard	SŁUPSK		POL	M65	18	04:21:08	04:24:13		3297
		5km - 00:27:25, 10km - 00:54:28, 15km - 01:21:02, 20km - 01:48:33, 21km - 01:54:30, 25km - 02:16:20, 30km - 02:45:34, 35km - 03:17:57, 40km - 04:05:51									
3737	6601	WYSZYŃSKI Michał	WARSZAWA		POL	M30	1193	04:21:09	04:26:32		3298
		5km - 00:28:13, 10km - 00:56:01, 15km - 01:24:08, 20km - 01:52:16, 21km - 01:58:29, 25km - 02:20:50, 30km - 02:51:06, 35km - 03:26:19, 40km - 04:03:16									
3738	3621	Zawodnik anonimowy				M30	1194	04:21:10	04:25:53		3299
		5km - 00:28:40, 10km - 00:56:41, 15km - 01:24:39, 20km - 01:52:50, 21km - 01:58:58, 25km - 02:21:17, 30km - 02:49:59, 35km - 03:18:44, 40km - 03:55:49									
3739	7295	WASNER Grzegorz	SZCZECIN	PACEMAKER:)	POL	M30	1195	04:21:14	04:27:49		3300
		5km - 00:30:22, 10km - 01:00:37, 15km - 01:30:08, 20km - 01:59:57, 21km - 02:06:29, 25km - 02:30:17, 30km - 03:01:02, 35km - 03:34:49, 40km - 04:08:21									
3740	6874	Zawodnik anonimowy				M30	1196	04:21:15	04:27:11		3301
		5km - 00:27:47, 10km - 00:55:27, 15km - 01:23:00, 20km - 01:50:55, 21km - 01:57:04, 25km - 02:19:28, 30km - 02:54:10, 35km - 03:29:06, 40km - 04:05:37									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
3741	2428	RYPIŃSKI Włodzimierz	POZNAŃ		POL	M65	19	04:21:16	04:28:02		3302
		5km - 00:30:26, 10km - 01:00:32, 15km - 01:30:20, 20km - 02:00:29, 21km - 02:07:06, 25km - 02:30:37, 30km - 03:00:45, 35km - 03:31:33, 40km - 04:05:33									
3742	6443	JANAS Rafał	BIELSKO-BIAŁĄ	biegam bo jem, jem bo biegam	POL	M40	834	04:21:18	04:25:38		3303
		5km - 00:27:48, 10km - 00:55:26, 15km - 01:23:09, 20km - 01:51:17, 21km - 01:57:38, 25km - 02:20:02, 30km - 02:52:44, 35km - 03:28:54, 40km - 04:05:53									
3743	2223	DOŁĘGA Anna	BIAŁYSTOK	Fundacja Białystok Biega/Morsy Białystok	POL	K40	97	04:21:19	04:25:44	440	
		5km - 00:29:07, 10km - 00:58:43, 15km - 01:28:05, 20km - 01:59:09, 21km - 02:05:52, 25km - 02:29:29, 30km - 03:01:33, 35km - 03:34:12, 40km - 04:08:06									
3744	5332	JANISZEWSKI Marcin	KRAKÓW	Kamil Kubuś Tata	POL	M40	835	04:21:19	04:23:16		3304
		5km - 00:24:43, 10km - 00:49:26, 15km - 01:14:15, 20km - 01:39:32, 21km - 01:45:35, 25km - 02:09:11, 30km - 02:43:02, 35km - 03:27:08, 40km - 04:06:34									
3745	3108	GORZELAK Joanna	JASTRZĘBIE-ZDROJ	Kobiety na 5+	POL	K30	209	04:21:20	04:22:38	441	
		5km - 00:27:31, 10km - 00:56:58, 15km - 01:26:03, 20km - 01:56:28, 21km - 02:03:10, 25km - 02:27:46, 30km - 03:01:03, 35km - 03:34:12, 40km - 04:07:17									
3746	5529	ROSINSKI Piotr	MILICZ		POL	M40	836	04:21:20	04:23:49		3305
		5km - 00:28:29, 10km - 00:55:40, 15km - 01:22:23, 20km - 01:49:38, 21km - 01:55:57, 25km - 02:18:42, 30km - 02:55:00, 35km - 03:30:44, 40km - 04:06:57									
3747	4483	BAGROWSKI Andrzej	POZNAŃ	Charty Chartowo	POL	M30	1197	04:21:24	04:27:22		3306
		5km - 00:28:34, 10km - 00:57:49, 15km - 01:26:28, 20km - 01:56:57, 21km - 02:04:28, 25km - 02:28:10, 30km - 03:00:24, 35km - 03:34:11, 40km - 04:07:53									
3748	4378	GAWRYŚ Maciej	WARSZAWA	Run and Fun	POL	M40	837	04:21:24	04:31:27		3306
		5km - 00:32:05, 10km - 01:03:22, 15km - 01:33:09, 20km - 02:03:21, 21km - 02:09:56, 25km - 02:33:20, 30km - 03:04:50, 35km - 03:35:53, 40km - 04:07:59									
3749	4364	MACIOSZEK Natalia	POZNAŃ		POL	K30	210	04:21:24	04:26:32	442	
		5km - 00:28:28, 10km - 00:56:58, 15km - 01:25:45, 20km - 01:55:46, 21km - 02:02:25, 25km - 02:26:34, 30km - 02:59:02, 35km - 03:32:12, 40km - 04:06:13									
3750	3591	UPSHALL Ken	HULL		GBR	M60	51	04:21:24	04:27:25		3306
		5km - 00:29:21, 10km - 00:59:00, 15km - 01:28:18, 20km - 01:58:07, 21km - 02:04:42, 25km - 02:28:21, 30km - 02:59:10, 35km - 03:32:41, 40km - 04:07:33									
3751	935	NOWICKI Jacek	POZNAŃ	PKO Bank Polski	POL	M55	120	04:21:25	04:24:08		3309
		5km - 00:26:47, 10km - 00:54:00, 15km - 01:21:22, 20km - 01:49:19, 21km - 01:55:26, 25km - 02:17:36, 30km - 02:47:11, 35km - 03:22:08, 40km - 04:04:28									
3752	4517	POPRAWSKI Bartosz	PONIEC	GRANATOWI_ ZK Rawicz	POL	M30	1198	04:21:25	04:26:45		3309
		5km - 00:28:06, 10km - 00:56:12, 15km - 01:23:41, 20km - 01:52:11, 21km - 01:58:33, 25km - 02:21:04, 30km - 02:50:40, 35km - 03:24:21, 40km - 04:05:01									
3753	1408	PRZYSIUDA Marcin	WRZEŚNIA	Night Runners Września	POL	M30	1198	04:21:25	04:24:19		3309
		5km - 00:28:43, 10km - 00:57:17, 15km - 01:25:52, 20km - 01:54:48, 21km - 02:01:09, 25km - 02:23:46, 30km - 02:57:06, 35km - 03:32:52, 40km - 04:08:12									
3754	1675	SZYKOWNY Przemysław	WRZEŚNIA	Night Runners Września	POL	M30	1198	04:21:25	04:24:19		3309
		5km - 00:28:43, 10km - 00:57:17, 15km - 01:25:52, 20km - 01:54:40, 21km - 02:01:08, 25km - 02:23:46, 30km - 02:57:06, 35km - 03:32:51, 40km - 04:08:10									
3755	4343	TKACZ Rafał	SZCZECIN	Hasaj To!	POL	M30	1198	04:21:25	04:23:06		3309
		5km - 00:27:20, 10km - 00:54:39, 15km - 01:21:39, 20km - 01:50:11, 21km - 01:56:09, 25km - 02:17:28, 30km - 02:48:21, 35km - 03:25:22, 40km - 04:05:36									
3756	2852	RĄCZKA Jarosław	ŻYWIEC	PGB Sportowa Paczka	POL	M45	503	04:21:30	04:25:31		3314
		5km - 00:27:37, 10km - 00:55:28, 15km - 01:23:02, 20km - 01:51:27, 21km - 01:57:34, 25km - 02:20:19, 30km - 02:51:28, 35km - 03:28:27, 40km - 04:06:43									
3757	3415	KORAL Jakub	WARSZAWA		POL	M18	379	04:21:32	04:26:07		3315
		5km - 00:28:46, 10km - 00:57:46, 15km - 01:26:12, 20km - 01:55:44, 21km - 02:02:05, 25km - 02:26:03, 30km - 02:59:40, 35km - 03:34:14, 40km - 04:09:46									
3758	135	JABŁOŃSKI Kamil	POZNAŃ		POL	M40	838	04:21:33	04:26:52		3316
		5km - 00:27:24, 10km - 00:55:13, 15km - 01:22:45, 20km - 01:51:36, 21km - 01:58:31, 25km - 02:20:54, 30km - 02:54:55, 35km - 03:30:17, 40km - 04:06:35									
3759	2744	BRZOSKA Joanna	KWILCZ		POL	K30	211	04:21:36	04:22:30	443	
		5km - 00:26:03, 10km - 00:53:32, 15km - 01:21:36, 20km - 01:50:50, 21km - 01:57:29, 25km - 02:23:06, 30km - 02:59:50, 35km - 03:33:03, 40km - 04:07:21									
3760	4203	GRABOWICZ Mirosław	SOKÓŁKA	Sokólska Grupa Biegowa	POL	M55	121	04:21:36	04:24:06		3317
		5km - 00:27:49, 10km - 00:55:42, 15km - 01:22:44, 20km - 01:51:40, 21km - 01:58:13, 25km - 02:22:46, 30km - 02:56:38, 35km - 03:31:36, 40km - 04:07:10									
3761	1202	FALKOWSKI Igor	SULEJÓWEK		POL	M40	839	04:21:37	04:21:37		3318
		5km - , 10km - , 15km - , 20km - , 21km - , 25km - , 30km - , 35km - , 40km -									
3762	4667	PŁÓCIENNIK Gośka	LUBOŃ	LIBRA TEAM	POL	K40	98	04:21:38	04:23:31	444	
		5km - 00:29:59, 10km - 01:00:59, 15km - 01:30:32, 20km - 02:01:15, 21km - 02:08:00, 25km - 02:32:22, 30km - 03:04:29, 35km - 03:36:36, 40km - 04:08:29									
3763	3576	Zawodnik anonimowy				M18	380	04:21:38	04:29:49		3319
		5km - 00:31:51, 10km - 01:03:39, 15km - 01:34:58, 20km - 02:07:05, 21km - 02:13:51, 25km - 02:37:27, 30km - 03:07:21, 35km - 03:38:22, 40km - 04:08:50									
3764	2328	NOWACZYK Marek	GNIEZNO	Słynni Kenijczycy	POL	M40	840	04:21:46	04:29:54		3320
		5km - 00:32:24, 10km - 01:05:48, 15km - 01:38:12, 20km - 02:11:09, 21km - 02:18:04, 25km - 02:40:33, 30km - 03:09:08, 35km - 03:38:08, 40km - 04:08:35									
3765	499	KRÓL Robert	KIELCE	Stowarzyszenie Skrzydlaci Dzieciom	POL	M45	504	04:21:48	04:25:50		3321
		5km - 00:29:33, 10km - 00:58:46, 15km - 01:26:57, 20km - 01:55:11, 21km - 02:01:20, 25km - 02:23:33, 30km - 02:53:31, 35km - 03:26:26, 40km - 04:03:29									
3766	2824	EFINOWICZ Tomasz	KALISZ	UKS	POL	M40	841	04:21:49	04:23:08		3322
		5km - 00:26:26, 10km - 00:52:49, 15km - 01:19:12, 20km - 01:47:31, 21km - 01:54:09, 25km - 02:16:24, 30km - 02:49:52, 35km - 03:26:39, 40km - 04:06:59									
3767	2204	MELNYK Dominik	POZNAŃ		POL	M30	1202	04:21:49	04:24:56		3322
		5km - 00:27:50, 10km - 00:56:03, 15km - 01:23:47, 20km - 01:52:11, 21km - 01:58:49, 25km - 02:21:50, 30km - 02:56:09, 35km - 03:32:21, 40km - 04:06:45									
3768	6976	ODROBIŃSKI Robert	JERZMANOWICE		POL	M45	505	04:21:50	04:27:26		3324
		5km - 00:27:34, 10km - 00:55:30, 15km - 01:23:42, 20km - 01:51:51, 21km - 01:58:07, 25km - 02:21:44, 30km - 02:58:14, 35km - 03:34:04, 40km - 04:10:16									
3769	4962	SALA Adrian	NOWA SÓL	SS.Bodak 1889	POL	M18	381	04:21:50	04:23:44		3324
		5km - 00:27:12, 10km - 00:54:59, 15km - 01:22:16, 20km - 01:50:09, 21km - 01:56:27, 25km - 02:18:50, 30km - 02:50:07, 35km - 03:27:47, 40km - 04:05:39									
3770	860	HUNKIEWICZ Wojciech	MARKI	Markowi Biegacze	POL	M45	506	04:21:51	04:24:48		3326
		5km - 00:25:50, 10km - 00:51:01, 15km - 01:16:17, 20km - 01:42:34, 21km - 01:48:38, 25km - 02:12:34, 30km - 02:49:54, 35km - 03:28:18, 40km - 04:05:25									
3771	3616	DZIERLA Marcin	SIERSZEW	HARDCORE RUNNER	POL	M30	1203	04:21:52	04:24:26		3327
		5km - 00:25:50, 10km - 00:52:15, 15km - 01:18:28, 20km - 01:45:30, 21km - 01:51:12, 25km - 02:12:37, 30km - 02:43:26, 35km - 03:23:16, 40km - 04:05:02									
3772	426	PUCHALSKA Paulina	POZNAŃ		POL	K30	212	04:21:52	04:28:26	445	
		5km - 00:28:58, 10km - 00:58:20, 15km - 01:27:47, 20km - 01:58:12, 21km - 02:05:03, 25km - 02:28:44, 30km - 03:01:03, 35km - 03:34:23, 40km - 04:07:35									
3773	4470	ADAMCZYK Andrzej	WIELUŃ	Looksus Wieluń	POL	M30	1204	04:21:55	04:25:59		3328
		5km - 00:27:25, 10km - 00:55:08, 15km - 01:22:05, 20km - 01:50:44, 21km - 01:57:21, 25km - 02:21:58, 30km - 02:58:34, 35km - 03:32:23, 40km - 04:07:07									
3774	3051	BRUSS Krzysztof	ZALASEWO	Drużyna Szpiku	POL	M45	507	04:21:55	04:28:22		3328
		5km - 00:28:54, 10km - 00:58:26, 15km - 01:27:42, 20km - 01:57:25, 21km - 02:03:43, 25km - 02:27:05, 30km - 02:58:16, 35km - 03:30:32, 40km - 04:07:49									
3775	6998	MYRCIK Dariusz	SADÓW	Mafia Team Lubliniec	POL	M50	199	04:21:55	04:24:57		3328
		5km - 00:28:11, 10km - 00:56:43, 15km - 01:25:03, 20km - 01:53:31, 21km - 02:00:54, 25km - 02:23:41, 30km - 02:57:04, 35km - 03:31:27, 40km - 04:07:12									
3776	3567	MYSIO Lech	PAPROĆ	Lech Mysio	POL	M60	52	04:21:55	04:28:22		3328
		5km - 00:28:32, 10km - 00:56:43, 15km - 01:25:08, 20km - 01:54:42, 21km - 02:01:23, 25km - 02:25:11, 30km - 02:58:05, 35km - 03:30:41, 40km - 04:06:54									
3777	3281	RUDEK Łukasz	LUBLINIEC	Mafia Team Lubliniec	POL	M30	1204	04:21:55	04:24:56		3328
		5km - 00:28:28, 10km - 00:56:44, 15km - 01:25:04, 20km - 01:53:32, 21km - 01:59:49, 25km - 02:22:12, 30km - 02:54:29, 35km - 03:31:29, 40km - 04:07:12									
3778	6460	SMIERZCHAŁA Adam	MOSINA	Mosina Bike Challegne	POL	M45	507	04:21:55	04:24:48		3328
		5km - 00:28:46, 10km - 00:57:29, 15km - 01:25:37, 20km - 01:55:11, 21km - 02:01:49, 25km - 02:26:20, 30km - 02:59:01, 35km - 03:33:36, 40km - 04:08:35									
3779	389	MARCINIAK Janusz	KOSTRZYN WLKP.		POL	M65	20	04:21:57	04:24:19		3334
		5km - 00:26:44, 10km - 00:53:43, 15km - 01:20:22, 20km - 01:47:54, 21km - 01:53:50, 25km - 02:15:29, 30km - 02:48:08, 35km - 03:27:48, 40km - 04:06:29									
3780	456	MIRR Marcin	POZNAŃ	Drużyna Szpiku	POL	M40	842	04:21:58	04:27:32		3335
		5km - 00:27:51, 10km - 00:55:37, 15km - 01:22:28, 20km - 01:50:24, 21km - 01:56:34, 25km - 02:18:29, 30km - 02:50:27, 35km - 03:29:12, 40km - 04:06:46									
3781	6948	CHUDAŚ Roman	TRZEMESZNO	Klub HDK PCK Kropelka	POL	M40	843	04:22:00	04:28:37		3336
		5km - 00:29:19, 10km - 00:58:54, 15km - 01:27:51, 20km - 01:57:51, 21km - 02:04:45, 25km - 02:29:10, 30km - 03:01:15, 35km - 03:33:40, 40km - 04:07:33									
3782	2625	SILKIN Piotr	KŁAJPEDA		LTU	M75	3	04:22:00	04:28:21		3336
		5km - 00:31:43, 10km - 01:02:54, 15km - 01:33:28, 20km - 02:04:50, 21km - 02:11:32, 25km - 02:35:20, 30km - 03:06:57, 35km - 03:38:10, 40km - 04:09:10									
3783	5942	GRABOWSKA Anita	GNIEZNO	Night Runners Gniezno	POL	K40	99	04:22:01	04:29:33	446	
		5km - 00:30:14, 10km - 01:00:05, 15km - 01:29:45, 20km - 02:00:21, 21km - 02:06:59, 25km - 02:30:46, 30km - 03:02:33, 35km - 03:34:32, 40km - 04:07:55									
3784	2089	JAŚKOWSKI Bogdan	LUBIN	Bogdan biega	POL	M55	122	04:22:02	04:23:55		3338
		5km - 00:27:07, 10km - 00:54:21, 15km - 01:21:21, 20km - 01:49:43, 21km - 01:56:13, 25km - 02:19:37, 30km - 02:52:58, 35km - 03:29:12, 40km - 04:07:18									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
3785	1156	SULKOWSKI Arkadiusz	KNURÓW		POL	M40	844	04:22:04	04:26:36		3339
		5km - 00:27:58, 10km - 00:54:37, 15km - 01:21:01, 20km - 01:52:00, 21km - 01:58:43, 25km - 02:24:49, 30km - 02:59:19, 35km - 03:35:04, 40km - 04:09:47									
3786	6485	RUNOWSKI Krzysztof	CZARNKÓW	Drużyna Szpiku	POL	M30	1206	04:22:06	04:28:06		3340
		5km - 00:29:20, 10km - 00:59:10, 15km - 01:28:18, 20km - 01:58:07, 21km - 02:04:39, 25km - 02:28:19, 30km - 02:59:46, 35km - 03:34:11, 40km - 04:08:18									
3787	6483	FILODA Marta	POZNAŃ		POL	K30	213	04:22:07	04:28:06	447	
		5km - 00:29:21, 10km - 00:58:53, 15km - 01:28:17, 20km - 01:58:08, 21km - 02:04:41, 25km - 02:28:21, 30km - 02:59:49, 35km - 03:34:12, 40km - 04:08:19									
3788	5789	WIELIŃSKI Jacek	POZNAŃ	Night Runners Poznań	POL	M45	509	04:22:07	04:28:13		3341
		5km - 00:29:04, 10km - 00:57:54, 15km - 01:26:22, 20km - 01:55:08, 21km - 02:01:32, 25km - 02:25:01, 30km - 02:58:22, 35km - 03:32:36, 40km - 04:07:45									
3789	1956	LEŚNIEROWSKI Andrzej	PIEKARZEW		POL	M50	200	04:22:08	04:24:07		3342
		5km - 00:27:51, 10km - 00:55:56, 15km - 01:22:40, 20km - 01:49:57, 21km - 01:55:51, 25km - 02:17:44, 30km - 02:53:40, 35km - 03:32:17, 40km - 04:06:54									
3790	3382	Zawodnik anonimowy				M30	1207	04:22:09	04:30:53		3343
		5km - 00:29:36, 10km - 01:02:56, 15km - 01:33:20, 20km - 02:03:55, 21km - 02:10:32, 25km - 02:34:30, 30km - 03:05:58, 35km - 03:37:44, 40km - 04:09:07									
3791	4800	MAJ Grzegorz	OSTROWIEC ŚWIĘTOKRZYSKI	OstroBiec	POL	M40	845	04:22:12	04:27:57		3344
		5km - 00:27:08, 10km - 00:55:19, 15km - 01:22:03, 20km - 01:48:47, 21km - 01:54:54, 25km - 02:16:07, 30km - 02:44:27, 35km - 03:19:10, 40km - 04:06:07									
3792	7103	KUBINOWSKI Maciej	LUBLIN	Uuuusers	POL	M30	1208	04:22:13	04:23:49		3345
		5km - 00:27:46, 10km - 00:55:44, 15km - 01:24:07, 20km - 01:52:36, 21km - 01:58:54, 25km - 02:21:52, 30km - 02:53:38, 35km - 03:30:29, 40km - 04:08:06									
3793	2370	IGNASZEWSKA Marta	POZNAŃ	DRUŻYNA SZPIKU	POL	K30	214	04:22:15	04:30:04	448	
		5km - 00:30:00, 10km - 01:00:06, 15km - 01:29:34, 20km - 01:59:58, 21km - 02:06:15, 25km - 02:29:42, 30km - 03:01:07, 35km - 03:33:50, 40km - 04:07:42									
3794	660	BAŁAZIŃSKI Sebastian	MIECHÓW		POL	M40	846	04:22:17	04:27:49		3346
		5km - 00:29:40, 10km - 01:00:42, 15km - 01:30:28, 20km - 02:01:24, 21km - 02:09:47, 25km - 02:31:43, 30km - 03:02:37, 35km - 03:37:14, 40km - 04:08:51									
3795	2627	KUBIAK Dominik	POZNAŃ		POL	M30	1209	04:22:17	04:26:11		3346
		5km - 00:27:16, 10km - 00:54:54, 15km - 01:22:08, 20km - 01:50:56, 21km - 01:57:14, 25km - 02:19:30, 30km - 02:50:02, 35km - 03:24:12, 40km - 04:05:48									
3796	2203	MOSKWA Magdalena	LUBSKO		POL	K30	215	04:22:17	04:28:21	449	
		5km - 00:30:15, 10km - 01:00:51, 15km - 01:30:25, 20km - 02:00:39, 21km - 02:07:18, 25km - 02:30:49, 30km - 03:02:47, 35km - 03:35:38, 40km - 04:08:18									
3797	6043	MACIEJEWSKI Grzegorz	GIŻYCKO	BBL Giżycko	POL	M60	53	04:22:18	04:28:23		3348
		5km - 00:28:56, 10km - 00:58:24, 15km - 01:27:21, 20km - 01:57:20, 21km - 02:03:42, 25km - 02:27:33, 30km - 02:58:39, 35km - 03:31:58, 40km - 04:07:18									
3798	2409	HAWRYLAK Marcin	SZCZECIN	SOSW Nr 1 dla Dzieci Niepełnosprawnych R	POL	M50	201	04:22:19	04:27:13		3349
		5km - 00:27:45, 10km - 00:55:23, 15km - 01:22:29, 20km - 01:50:53, 21km - 01:57:21, 25km - 02:19:42, 30km - 02:51:59, 35km - 03:28:01, 40km - 04:06:32									
3799	6713	WRÓBEL Maciej	POZNAŃ	DrużynaLechaPoznań / VegeRunners	POL	M30	1210	04:22:21	04:24:56		3350
		5km - 00:26:58, 10km - 00:53:56, 15km - 01:21:11, 20km - 01:48:46, 21km - 01:55:07, 25km - 02:19:08, 30km - 02:52:47, 35km - 03:29:50, 40km - 04:06:19									
3800	2445	LINNERT Marek	BIELSKO-BIAŁA		POL	M45	510	04:22:22	04:26:06		3351
		5km - 00:26:40, 10km - , 15km - 01:20:01, 20km - 01:47:45, 21km - 01:54:49, 25km - 02:20:35, 30km - 02:55:39, 35km - 03:34:15, 40km - 04:08:14									
3801	6468	BUKOWSKI Damian	WITASZYCE		POL	M40	847	04:22:24	04:28:02		3352
		5km - 00:27:24, 10km - 00:54:45, 15km - 01:21:28, 20km - 01:48:31, 21km - 01:54:31, 25km - 02:15:58, 30km - 02:44:57, 35km - 03:20:17, 40km - 04:05:43									
3802	1435	CICHOWLAS Paweł	OPALENICA	Opalenicki Klub Biegacza	POL	M30	1211	04:22:27	04:26:55		3353
		5km - 00:28:55, 10km - 00:57:22, 15km - 01:25:19, 20km - 01:53:19, 21km - 01:59:26, 25km - 02:21:30, 30km - 02:49:17, 35km - 03:21:09, 40km - 04:06:26									
3803	7032	HOROWSKI Bartosz	CHYBY	KJF Running	POL	M40	848	04:22:27	04:28:30		3353
		5km - 00:27:50, 10km - 00:56:01, 15km - 01:23:25, 20km - 01:51:43, 21km - 01:58:00, 25km - 02:21:25, 30km - 02:55:40, 35km - 03:33:42, 40km - 04:08:12									
3804	6898	LECHOWSKI Jan	JELCZ-LASKOWICE	KB HARCOWNIK JELCZ-LASKOWICE	POL	M60	54	04:22:29	04:28:29		3355
		5km - 00:29:20, 10km - 00:58:58, 15km - 01:28:13, 20km - 01:58:07, 21km - 02:04:41, 25km - 02:28:22, 30km - 02:58:42, 35km - 03:30:24, 40km - 04:06:58									
3805	4754	Zawodnik anonimowy				M30	1212	04:22:34	04:26:11		3356
		5km - 00:26:40, 10km - 00:53:26, 15km - 01:19:56, 20km - 01:46:23, 21km - 01:52:04, 25km - 02:13:17, 30km - 02:45:17, 35km - 03:22:38, 40km - 04:06:07									
3806	993	KAWIK Dawid	ORZESZE	Feltank	POL	M30	1213	04:22:35	04:28:29		3357
		5km - 00:28:22, 10km - 00:56:27, 15km - 01:24:14, 20km - 01:52:39, 21km - 01:59:11, 25km - 02:21:12, 30km - 02:53:17, 35km - 03:27:30, 40km - 04:06:21									
3807	6883	TASZAREK Ewa	MROWINO		POL	K40	100	04:22:35	04:30:08	450	
		5km - 00:29:58, 10km - 01:00:13, 15km - 01:29:50, 20km - 02:00:07, 21km - 02:06:54, 25km - 02:31:36, 30km - 03:02:49, 35km - 03:34:32, 40km - 04:09:22									
3808	6491	SOBKOWIAK Sławomir Poznańczyk	WRONKI	WRONIECKI KLUB BIEGACZA	POL	M45	511	04:22:36	04:29:06		3358
		5km - 00:29:15, 10km - 00:57:57, 15km - 01:26:26, 20km - 01:55:34, 21km - 02:02:03, 25km - 02:25:00, 30km - 02:59:35, 35km - 03:35:29, 40km - 04:09:52									
3809	6655	BYRTEK Marcin	BYDGOSZCZ		POL	M40	849	04:22:37	04:28:59		3359
		5km - 00:30:30, 10km - 01:00:51, 15km - 01:31:30, 20km - 02:04:49, 21km - 02:11:41, 25km - 02:33:00, 30km - 03:00:52, 35km - 03:30:48, 40km - 04:07:04									
3810	5569	WYSZYNSKI Mirek	WIŚNIEWO		POL	M45	512	04:22:37	04:26:44		3359
		5km - 00:29:07, 10km - 00:57:23, 15km - 01:24:51, 20km - 01:52:55, 21km - 01:59:14, 25km - 02:21:16, 30km - 02:53:03, 35km - 03:28:11, 40km - 04:05:47									
3811	4678	KONIECZNA Aleksandra	OPALENICA		POL	K30	216	04:22:39	04:28:57	451	
		5km - 00:29:29, 10km - 00:59:10, 15km - 01:28:24, 20km - 01:58:15, 21km - 02:04:46, 25km - 02:28:26, 30km - 03:01:18, 35km - 03:34:53, 40km - 04:09:56									
3812	4901	FERENC Adrian	PISZ		POL	M18	382	04:22:41	04:24:30		3361
		5km - 00:27:16, 10km - 00:54:47, 15km - 01:21:39, 20km - 01:48:30, 21km - 01:54:59, 25km - 02:17:11, 30km - 02:48:50, 35km - 03:25:17, 40km - 04:06:36									
3813	5669	KARAŚ Radosław	SŁUPSK		POL	M30	1214	04:22:41	04:28:18		3361
		5km - 00:27:28, 10km - 00:54:57, 15km - 01:22:07, 20km - 01:49:56, 21km - 01:56:00, 25km - 02:18:01, 30km - 02:50:53, 35km - 03:24:15, 40km - 04:06:23									
3814	424	KYRCZ Barbara	DANKOWICE		POL	K30	217	04:22:42	04:29:16	452	
		5km - 00:31:18, 10km - 01:02:14, 15km - 01:32:59, 20km - 02:04:09, 21km - 02:10:52, 25km - 02:35:19, 30km - 03:06:26, 35km - 03:37:32, 40km - 04:08:57									
3815	898	Zawodnik anonimowy				M40	850	04:22:42	04:28:56		3363
		5km - 00:29:06, 10km - 00:57:52, 15km - 01:26:40, 20km - 01:56:13, 21km - 02:02:54, 25km - 02:26:43, 30km - 02:58:17, 35km - 03:34:21, 40km - 04:09:04									
3816	1877	KONDERA Zbigniew	PIŁA	KRÓLICZKI W PLECAKU	POL	M40	851	04:22:45	04:26:23		3364
		5km - 00:25:44, 10km - 00:51:28, 15km - 01:17:02, 20km - 01:43:12, 21km - 01:49:32, 25km - 02:15:02, 30km - 02:52:04, 35km - 03:29:15, 40km - 04:06:37									
3817	7189	JARNOT Wojciech	KRAKÓW		POL	M40	852	04:22:46	04:27:24		3365
		5km - 00:27:53, 10km - 00:55:47, 15km - 01:23:06, 20km - 01:51:40, 21km - 01:58:02, 25km - 02:20:51, 30km - 02:52:45, 35km - 03:27:55, 40km - 04:05:08									
3818	7065	PILIPAVIČIUS Kęstutis	VILNIUS		LTU	M18	383	04:22:47	04:24:42		3366
		5km - 00:26:46, 10km - 00:52:55, 15km - 01:18:58, 20km - 01:46:15, 21km - 01:53:14, 25km - 02:15:12, 30km - 02:50:05, 35km - 03:27:23, 40km - 04:06:56									
3819	2102	POPIELA Michał	BOLEMIN	KS Dragon	POL	M18	383	04:22:47	04:27:59		3366
		5km - 00:28:12, 10km - 00:56:30, 15km - 01:23:39, 20km - 01:51:47, 21km - 01:57:48, 25km - 02:21:12, 30km - 02:54:12, 35km - 03:31:43, 40km - 04:07:27									
3820	6474	SZAŁ Monika	POBIEDZISKA	Walka Kostrzyn	POL	K50	15	04:22:48	04:27:29	453	
		5km - 00:30:23, 10km - 01:01:28, 15km - 01:31:05, 20km - 02:01:29, 21km - 02:08:20, 25km - 02:32:20, 30km - 03:05:12, 35km - 03:37:43, 40km - 04:10:15									
3821	6699	SZMAGIEREWSKI Wojciech	WROCŁAW	trenujznami.pl	POL	M50	202	04:22:48	04:26:10		3368
		5km - 00:27:41, 10km - 00:55:32, 15km - 01:23:36, 20km - 01:52:44, 21km - 01:59:17, 25km - 02:22:39, 30km - 02:55:42, 35km - 03:31:17, 40km - 04:08:09									
3822	7221	KUKLA Janusz	BOCHNIA	CREATIVE BOCHNIA BIEGA TEAM	POL	M30	1215	04:22:49	04:29:09		3369
		5km - 00:29:05, 10km - 00:57:40, 15km - 01:26:18, 20km - 01:56:34, 21km - 02:03:23, 25km - 02:26:34, 30km - 02:58:51, 35km - 03:33:01, 40km - 04:08:54									
3823	7249	PARZYCH Wojciech	RYBNIK	Rybnicka Grupa Biegowa Pedzimy Razem	POL	M40	853	04:22:49	04:31:05		3369
		5km - 00:29:30, 10km - 00:59:01, 15km - 01:28:47, 20km - 01:58:56, 21km - 02:05:20, 25km - 02:29:04, 30km - 03:01:36, 35km - 03:35:16, 40km - 04:08:24									
3824	684	KARWOT Maciej	JANKOWICE	Decathlon Rybnik @ Przyjaciele	POL	M40	854	04:22:51	04:28:34		3371
		5km - 00:29:20, 10km - 00:58:30, 15km - 01:26:58, 20km - 01:56:23, 21km - 02:02:46, 25km - 02:25:39, 30km - 02:58:11, 35km - 03:30:26, 40km - 04:07:56									
3825	6373	REMBALSKA Romana	KAMIONKI	Tadar Team	POL	K40	101	04:22:51	04:28:26	454	
		5km - 00:28:04, 10km - 00:55:45, 15km - 01:23:32, 20km - 01:53:19, 21km - 01:59:51, 25km - 02:24:29, 30km - 02:58:40, 35km - 03:34:11, 40km - 04:08:32									
3826	2261	KIDOŃ Paweł	SZAMOCIN	ZABIEGANY SZAMOCIN	POL	M30	1216	04:22:52	04:26:12		3372
		5km - 00:28:45, 10km - 00:58:18, 15km - 01:26:28, 20km - 01:54:47, 21km - 02:00:48, 25km - 02:23:52, 30km - 02:55:58, 35km - 03:31:18, 40km - 04:08:26									
3827	4598	NIKLAUS Krzysztof	POZNAŃ		POL	M40	855	04:22:52	04:29:02		3372
		5km - 00:28:23, 10km - 00:56:58, 15km - 01:25:26, 20km - 01:54:35, 21km - 02:00:37, 25km - 02:23:41, 30km - 02:56:10, 35km - 03:31:33, 40km - 04:07:02									
3828	1992	Zawodnik anonimowy				M40	855	04:22:52	04:24:00		3372
		5km - 00:24:36, 10km - 00:49:29, 15km - 01:14:03, 20km - 01:39:05, 21km - 01:44:35, 25km - 02:05:14, 30km - 02:40:40, 35km - 03:18:41, 40km - 04:02:10									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
3829	116	LASOTA Irena	WAŁCZ		POL	K65	2	04:22:54	04:28:31	455	
		5km - 00:28:42, 10km - 00:57:13, 15km - 01:25:56, 20km - 01:56:18, 21km - 02:03:01, 25km - 02:27:13, 30km - 03:00:56, 35km - 03:34:34, 40km - 04:08:51									
3830	607	LASOTA Mirosław	WAŁCZ		POL	M65	21	04:22:54	04:28:31		3375
		5km - 00:28:53, 10km - 00:57:12, 15km - 01:25:56, 20km - 01:55:52, 21km - 02:03:01, 25km - 02:26:11, 30km - 03:00:43, 35km - 03:34:53, 40km - 04:08:52									
3831	674	CIERACH Leszek	WAWRÓW	PARKRUN GORZÓW WLKP.	POL	M30	1217	04:22:55	04:27:06		3376
		5km - 00:28:53, 10km - 00:58:01, 15km - 01:26:14, 20km - 01:55:33, 21km - 02:04:09, 25km - 02:27:16, 30km - 02:59:54, 35km - 03:33:37, 40km - 04:08:02									
3832	3202	SZULC Joanna	BYDGOSZCZ	Flow SHiUZ Runners	POL	K40	102	04:22:55	04:28:37	456	
		5km - 00:28:48, 10km - 00:58:20, 15km - 01:27:30, 20km - 01:58:44, 21km - 02:05:45, 25km - 02:31:18, 30km - 03:05:02, 35km - 03:36:19, 40km - 04:09:32									
3833	4496	GÓRECKA Anna	KAZIMIERZ DOLNY	MultiFit	POL	K18	67	04:22:58	04:26:01	457	
		5km - 00:27:32, 10km - 00:54:42, 15km - 01:21:55, 20km - 01:50:21, 21km - 01:56:33, 25km - 02:20:58, 30km - 02:54:01, 35km - 03:30:14, 40km - 04:08:35									
3834	1878	KRASOŃ Zbigniew	ZŁOCIENIEC		POL	M50	203	04:22:59	04:28:48		3377
		5km - 00:28:18, 10km - 00:56:50, 15km - 01:24:53, 20km - 01:53:33, 21km - 01:59:42, 25km - 02:23:04, 30km - 02:57:06, 35km - 03:33:08, 40km - 04:08:20									
3835	2151	MATERNA Daria	KARPICKO		POL	K18	68	04:23:01	04:29:02	458	
		5km - 00:28:37, 10km - 00:58:06, 15km - 01:26:50, 20km - 01:58:09, 21km - 02:04:59, 25km - 02:29:21, 30km - 03:02:28, 35km - 03:36:28, 40km - 04:09:16									
3836	4887	PIOTROWSKI Michał	KRAKÓW		POL	M30	1218	04:23:01	04:27:01		3378
		5km - 00:27:31, 10km - 00:55:21, 15km - 01:23:04, 20km - 01:51:44, 21km - 01:58:07, 25km - 02:21:30, 30km - 02:55:30, 35km - 03:31:57, 40km - 04:09:13									
3837	299	JAKUBCZYK Adrian	BOGUCHWAŁOWICE		POL	M30	1219	04:23:02	04:28:03		3379
		5km - 00:29:30, 10km - 00:57:41, 15km - 01:26:09, 20km - 01:55:02, 21km - 02:01:33, 25km - 02:23:47, 30km - 02:53:55, 35km - 03:30:07, 40km - 04:06:20									
3838	1567	OWCZAREK Jacek	PIĄTKOWISKO	O co biega Pabianice	POL	M45	513	04:23:03	04:29:16		3380
		5km - 00:29:08, 10km - 00:58:35, 15km - 01:28:02, 20km - 01:57:52, 21km - 02:04:27, 25km - 02:28:01, 30km - 02:58:29, 35km - 03:30:05, 40km - 04:06:45									
3839	1478	AMANOWICZ Dawid	TRZEBNICA		POL	M18	385	04:23:04	04:31:47		3381
		5km - 00:33:38, 10km - 01:04:51, 15km - 01:34:08, 20km - 02:03:05, 21km - 02:10:23, 25km - 02:32:28, 30km - 03:04:01, 35km - 03:37:50, 40km - 04:07:28									
3840	575	OTKIŃSKA Anna	MRĄGOWO		POL	K30	218	04:23:04	04:30:10	459	
		5km - 00:28:43, 10km - 00:56:33, 15km - 01:25:51, 20km - 01:57:11, 21km - 02:03:57, 25km - 02:28:11, 30km - 03:03:11, 35km - 03:36:47, 40km - 04:09:41									
3841	4520	PIOTROWSKA Ewa	KACZORY	Grupa Biegowa Energy Kaczory	POL	K30	218	04:23:04	04:28:23	459	
		5km - 00:28:42, 10km - 00:57:41, 15km - 01:26:27, 20km - 01:56:07, 21km - 02:04:33, 25km - 02:28:09, 30km - 03:00:29, 35km - 03:35:00, 40km - 04:07:25									
3842	5949	Zawodnik anonimowy				K30	218	04:23:04	04:28:23	459	
		5km - 00:28:42, 10km - 00:57:41, 15km - 01:26:27, 20km - 01:56:07, 21km - 02:04:34, 25km - 02:28:09, 30km - 03:00:29, 35km - 03:34:58, 40km - 04:07:25									
3843	5683	ZIELIŃSKI Krzysztof	WRONKI	Wroniecki Klub Biegacza	POL	M55	123	04:23:04	04:26:36		3381
		5km - 00:27:47, 10km - 00:55:27, 15km - 01:22:42, 20km - 01:50:38, 21km - 01:57:03, 25km - 02:19:12, 30km - 02:54:14, 35km - 03:29:14, 40km - 04:07:28									
3844	137	SIKORSKI Grzegorz	OSTRÓW	Sikorki Run	POL	M30	1220	04:23:07	04:28:14		3383
		5km - 00:27:44, 10km - 00:55:19, 15km - 01:22:30, 20km - 01:50:00, 21km - 01:55:58, 25km - 02:18:23, 30km - 02:54:32, 35km - 03:29:29, 40km - 04:10:02									
3845	6189	ŻUREK Krzysztof	WARZYMICE	Wieczorne Bieganie w Szczecinie	POL	M30	1220	04:23:07	04:27:40		3383
		5km - 00:31:28, 10km - 01:01:16, 15km - 01:30:41, 20km - 02:00:11, 21km - 02:06:40, 25km - 02:29:49, 30km - 02:59:55, 35km - 03:34:12, 40km - 04:09:23									
3846	52	NOWACZYK Joanna	POZNAŃ		POL	K30	221	04:23:08	04:29:37	462	
		5km - 00:31:14, 10km - 01:03:50, 15km - 01:33:33, 20km - 02:02:51, 21km - 02:09:22, 25km - 02:33:21, 30km - 03:05:56, 35km - 03:37:52, 40km - 04:10:03									
3847	2055	SZCZUCIŃSKI Witold	POZNAŃ		POL	M40	857	04:23:08	04:26:41		3385
		5km - 00:26:21, 10km - 00:53:00, 15km - 01:19:33, 20km - 01:46:25, 21km - 01:52:33, 25km - 02:15:19, 30km - 02:50:38, 35km - 03:28:35, 40km - 04:07:42									
3848	3384	BARTOSIK Wojciech	BARLINEK	HRMax BARLINEK	POL	M30	1222	04:23:11	04:26:52		3386
		5km - 00:28:23, 10km - 00:56:41, 15km - 01:24:25, 20km - 01:52:26, 21km - 01:58:19, 25km - 02:20:21, 30km - 02:48:52, 35km - 03:28:18, 40km - 04:08:12									
3849	590	BAZYLEWICZ Hubert	WARSZAWA		POL	M30	1223	04:23:12	04:29:10		3387
		5km - 00:29:21, 10km - 00:58:50, 15km - 01:28:06, 20km - 01:58:04, 21km - 02:04:43, 25km - 02:28:20, 30km - 03:01:56, 35km - 03:36:21, 40km - 04:10:00									
3850	2152	ABROMAITYTE SMAIZE Lina	VILNIUS		LTU	K40	103	04:23:14	04:26:00	463	
		5km - 00:30:38, 10km - 01:00:44, 15km - 01:29:14, 20km - 01:58:47, 21km - 02:05:38, 25km - 02:30:22, 30km - 03:02:22, 35km - 03:35:07, 40km - 04:09:41									
3851	2147	SMAIZYS Valdas	VILNIUS	Maratomanija	LTU	M45	514	04:23:14	04:26:00		3388
		5km - 00:26:39, 10km - 00:55:36, 15km - 01:27:53, 20km - 01:58:45, 21km - 02:05:41, 25km - 02:30:15, 30km - 03:02:22, 35km - 03:35:06, 40km - 04:07:24									
3852	4059	GÓŹDŹ Ireneusz	LUBARTÓW		POL	M45	515	04:23:16	04:26:45		3389
		5km - 00:27:31, 10km - 00:55:00, 15km - 01:22:15, 20km - 01:51:03, 21km - 01:57:23, 25km - 02:20:36, 30km - 02:54:08, 35km - 03:30:20, 40km - 04:07:36									
3853	1436	LIWOCZ Dominik	RZESZÓW		POL	M40	858	04:23:17	04:28:23		3390
		5km - 00:27:44, 10km - 00:55:43, 15km - 01:23:40, 20km - 01:52:36, 21km - 01:58:54, 25km - 02:22:09, 30km - 02:56:53, 35km - 03:31:14, 40km - 04:08:58									
3854	5052	BLICHARSKA Marta	SZCZECIN	12 Brygada Zmechanizowana	POL	K30	222	04:23:19	04:26:05	464	
		5km - 00:26:09, 10km - 00:52:39, 15km - 01:18:48, 20km - 01:46:14, 21km - 01:52:50, 25km - 02:15:57, 30km - 02:51:58, 35km - 03:30:36, 40km - 04:09:23									
3855	3344	LACROIX Wiesław	ZIELONA GÓRA	ZGUltra	POL	M30	1224	04:23:21	04:28:23		3391
		5km - 00:28:31, 10km - 00:57:06, 15km - 01:25:16, 20km - 01:53:59, 21km - 02:00:17, 25km - 02:22:18, 30km - 02:55:58, 35km - 03:31:38, 40km -									
3856	655	SOKOŁOWSKI Grzegorz	ZIELONA GÓRA	#triathlonowelove	POL	M30	1224	04:23:21	04:28:23		3391
		5km - 00:28:31, 10km - 00:57:07, 15km - 01:25:17, 20km - 01:53:59, 21km - 02:00:18, 25km - 02:23:39, 30km - 02:55:58, 35km - 03:31:34, 40km - 04:08:20									
3857	2005	LITWIN Barbara	SŁUPSK	STOPA Słupsk/ Night Runners Słupsk	POL	K30	223	04:23:22	04:28:47	465	
		5km - 00:29:03, 10km - 00:57:37, 15km - 01:26:05, 20km - 01:55:00, 21km - 02:01:15, 25km - 02:23:44, 30km - 02:55:18, 35km - 03:31:22, 40km - 04:08:27									
3858	6267	KOSMATKA Romualda	PIŁA	PUSS Piła	POL	K50	16	04:23:23	04:30:29	466	
		5km - 00:30:54, 10km - 01:02:40, 15km - 01:32:59, 20km - 02:03:58, 21km - 02:10:33, 25km - 02:34:28, 30km - 03:05:52, 35km - 03:37:19, 40km - 04:10:06									
3859	1972	LIPCZYŃSKI Olaf	LUBLIN	#runFORsmile	POL	M40	859	04:23:24	04:27:30		3393
		5km - 00:27:44, 10km - 00:55:29, 15km - 01:22:36, 20km - 01:50:33, 21km - 01:57:36, 25km - 02:20:02, 30km - 02:56:00, 35km - 03:33:37, 40km - 04:09:29									
3860	596	LEWANDOWSKA Małgorzata	LIPIE	T. G. SOKÓŁ GNIEWKOWO	POL	K50	17	04:23:25	04:28:19	467	
		5km - 00:28:30, 10km - 00:56:06, 15km - 01:23:15, 20km - 01:54:11, 21km - 02:00:50, 25km - 02:24:28, 30km - 02:59:45, 35km - 03:34:48, 40km - 04:09:30									
3861	3495	WITKOWSKI Mikołaj	POZNAŃ	GK Elektro	POL	M18	386	04:23:25	04:27:41		3394
		5km - 00:27:06, 10km - 00:54:59, 15km - 01:21:35, 20km - 01:49:29, 21km - 01:55:37, 25km - 02:18:25, 30km - 02:51:47, 35km - 03:29:09, 40km - 04:07:07									
3862	3970	MAŃKOWSKI Andrzej	POBIEDZISKA		POL	M50	204	04:23:26	04:26:53		3395
		5km - 00:26:43, 10km - 00:53:40, 15km - 01:20:02, 20km - 01:46:36, 21km - 01:52:12, 25km - 02:14:09, 30km - 02:46:04, 35km - 03:23:17, 40km - 04:06:04									
3863	3145	CEBULA Agata	GRODZISK WIELKOPOLSKI		POL	K50	18	04:23:27	04:30:18	468	
		5km - 00:30:48, 10km - 01:02:09, 15km - 01:33:03, 20km - 02:04:35, 21km - 02:12:09, 25km - 02:37:38, 30km - 03:09:05, 35km - 03:39:42, 40km - 04:11:10									
3864	1203	WALCZAK Krystian	PIŁA	Biegające Walczaki	POL	M30	1226	04:23:27	04:30:02		3396
		5km - 00:29:04, 10km - 00:58:21, 15km - 01:27:37, 20km - 01:56:40, 21km - 02:02:59, 25km - 02:25:45, 30km - 02:57:20, 35km - 03:28:43, 40km - 04:07:37									
3865	6921	SZEFER Krzysztof	POZNAŃ		POL	M30	1227	04:23:28	04:29:04		3397
		5km - 00:28:03, 10km - 00:55:29, 15km - 01:22:58, 20km - 01:51:02, 21km - 01:57:20, 25km - 02:19:56, 30km - 02:53:16, 35km - 03:30:36, 40km - 04:09:11									
3866	3800	MEISSNER Jakub	NOCHOWO	PGO Biega	POL	M18	387	04:23:31	04:29:31		3398
		5km - 00:28:23, 10km - 00:57:26, 15km - 01:26:03, 20km - 01:56:10, 21km - 02:02:36, 25km - 02:25:25, 30km - 02:58:06, 35km - 03:30:14, 40km - 04:07:50									
3867	988	STARŻYK Andrzej	WROCŁAW		POL	M40	860	04:23:31	04:27:12		3398
		5km - 00:28:11, 10km - 00:56:35, 15km - 01:24:48, 20km - 01:53:17, 21km - 01:59:24, 25km - 02:21:46, 30km - 02:54:48, 35km - 03:31:50, 40km - 04:09:39									
3868	6841	UNOLT Tomasz	POZNAŃ	Jerozolima	POL	M60	55	04:23:31	04:28:49		3398
		5km - 00:29:58, 10km - 00:59:25, 15km - 01:28:59, 20km - 01:58:24, 21km - 02:04:42, 25km - 02:28:02, 30km - 02:59:03, 35km - 03:33:55, 40km - 04:08:57									
3869	4931	LEWANDOWSKI Patryk	WARSZAWA	Piony ze Wsi	POL	M18	388	04:23:32	04:29:31		3401
		5km - 00:29:03, 10km - 00:57:21, 15km - 01:26:04, 20km - 01:56:11, 21km - 02:02:37, 25km - 02:25:26, 30km - 02:58:07, 35km - 03:30:15, 40km - 04:07:52									
3870	6486	ĆWIKLIŃSKA Anna	BYDGOSZCZ	AMS	POL	K40	104	04:23:34	04:30:26	469	
		5km - 00:30:27, 10km - 01:00:47, 15km - 01:30:48, 20km - 02:01:37, 21km - 02:08:24, 25km - 02:32:52, 30km - 03:05:57, 35km - 03:38:50, 40km - 04:10:42									
3871	4141	PIĘDEL Paweł	JEŻOWE		POL	M18	389	04:23:34	04:28:20		3402
		5km - 00:28:16, 10km - 00:55:40, 15km - 01:22:08, 20km - 01:48:41, 21km - 01:54:51, 25km - 02:16:44, 30km - 02:51:15, 35km - 03:30:28, 40km - 04:08:37									
3872	4518	WROCHNA Przemysław	POZNAŃ		POL	M30	1228	04:23:36	04:28:44		3403
		5km - 00:28:22, 10km - 00:56:14, 15km - 01:23:54, 20km - 01:52:15, 21km - 01:58:25, 25km - 02:21:12, 30km - 02:57:08, 35km - 03:33:49, 40km - 04:09:01									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
3873	3543	BRACICHOWICZ Anna	ŁÓDŹ		POL	K40	105	04:23:40	04:30:38	470	
		5km - 00:30:12, 10km - 01:00:41, 15km - 01:30:09, 20km - 02:01:28, 21km - 02:08:26, 25km - 02:31:48, 30km - 03:03:32, 35km - 03:37:15, 40km - 04:10:02									
3874	5656	GUJDA Janusz	PRZEWORSK		POL	M45	516	04:23:41	04:28:30		3404
		5km - 00:28:03, 10km - , 15km - 01:24:43, 20km - 01:53:31, 21km - 02:00:11, 25km - 02:23:48, 30km - 02:58:29, 35km - 03:35:32, 40km - 04:10:07									
3875	1104	BŁASZAK "Robin" Robert	KOZIEGŁOWY	R.G.R. BEZ SPINY	POL	M45	517	04:23:42	04:29:11		3405
		5km - 00:29:01, 10km - 00:56:12, 15km - 01:23:19, 20km - 01:50:53, 21km - 01:57:02, 25km - 02:20:02, 30km - 02:53:21, 35km - 03:29:45, 40km - 04:09:34									
3876	6884	PRZEPIÓRA Grzegorz	ZALASEWO		POL	M40	861	04:23:43	04:30:02		3406
		5km - 00:29:12, 10km - 00:58:40, 15km - 01:27:59, 20km - 01:57:53, 21km - 02:04:23, 25km - 02:28:07, 30km - 03:01:01, 35km - 03:35:13, 40km - 04:09:58									
3877	4090	WYRWAS-ZYGARŁOWSKA Izabela	POZNAŃ	Kobiety biegają	POL	K30	224	04:23:43	04:26:58	471	
		5km - 00:28:09, 10km - 00:55:59, 15km - 01:23:45, 20km - 01:52:27, 21km - 01:58:58, 25km - 02:23:34, 30km - 02:58:57, 35km - 03:36:08, 40km - 04:10:15									
3878	4261	WIECZOREK Justyna	INOWROCŁAW	100	POL	K40	106	04:23:44	04:31:30	472	
		5km - 00:29:44, 10km - 01:00:01, 15km - 01:29:54, 20km - 01:59:46, 21km - 02:06:32, 25km - 02:29:58, 30km - 03:02:05, 35km - 03:36:17, 40km - 04:09:51									
3879	1692	FEDORCZUK Marek	KUNICE	Matner Running Team/ Fitness Piekary Leg	POL	M50	205	04:23:45	04:29:26		3407
		5km - 00:28:17, 10km - 00:56:17, 15km - 01:24:01, 20km - 01:52:11, 21km - 01:58:12, 25km - 02:20:23, 30km - 02:53:21, 35km - 03:31:27, 40km - 04:09:02									
3880	4106	ĆWIEK Tomasz	ŚREM		POL	M30	1229	04:23:47	04:31:32		3408
		5km - 00:30:57, 10km - 01:03:02, 15km - 01:34:45, 20km - 02:06:18, 21km - 02:13:07, 25km - 02:36:52, 30km - 03:08:59, 35km - 03:39:19, 40km - 04:10:21									
3881	310	SIKORSKI Tomasz	KIELNO		POL	M30	1230	04:23:50	04:29:08		3409
		5km - 00:28:27, 10km - 00:56:37, 15km - 01:24:20, 20km - 01:52:38, 21km - 01:58:47, 25km - 02:21:20, 30km - 02:52:43, 35km - 03:30:20, 40km - 04:07:51									
3882	736	SAWALA Eryk	POZNAŃ	Trance Only	POL	M18	390	04:23:51	04:32:30		3410
		5km - 00:29:57, 10km - 00:59:30, 15km - 01:28:29, 20km - 01:58:08, 21km - 02:04:29, 25km - 02:28:00, 30km - 03:00:33, 35km - 03:34:55, 40km - 04:09:22									
3883	728	SAWALA Sławomir	POZNAŃ	Trance only	POL	M45	518	04:23:51	04:32:30		3410
		5km - 00:29:57, 10km - 00:59:30, 15km - 01:28:29, 20km - 01:58:08, 21km - 02:04:29, 25km - 02:28:00, 30km - 03:00:34, 35km - 03:34:58, 40km - 04:09:21									
3884	5549	SIKORSKI Grzegorz	BOJANO	Dragon Bojano	POL	M30	1231	04:23:51	04:29:09		3410
		5km - 00:28:27, 10km - 00:56:37, 15km - 01:24:20, 20km - 01:52:38, 21km - 01:58:48, 25km - 02:21:20, 30km - 02:52:44, 35km - 03:30:24, 40km - 04:08:13									
3885	5535	CHODKIEWICZ Wiesław	ŚWIEBODZIN		POL	M55	124	04:23:53	04:26:10		3413
		5km - 00:27:36, 10km - 00:55:53, 15km - 01:24:25, 20km - 01:53:52, 21km - 02:00:13, 25km - 02:23:59, 30km - 02:57:14, 35km - 03:32:54, 40km - 04:08:58									
3886	184	WYDRA Mikołaj	POZNAŃ		POL	M30	1232	04:23:54	04:28:53		3414
		5km - 00:28:15, 10km - 00:56:08, 15km - 01:23:49, 20km - 01:51:45, 21km - 01:57:42, 25km - 02:19:50, 30km - 02:50:57, 35km - 03:25:29, 40km - 04:05:07									
3887	7190	WILINSKI Ryszard	KOBYLIN		POL	M45	519	04:23:55	04:29:01		3415
		5km - 00:29:51, 10km - 00:59:08, 15km - 01:27:53, 20km - 01:57:00, 21km - 02:03:25, 25km - 02:26:09, 30km - 02:57:37, 35km - 03:32:03, 40km - 04:07:54									
3888	1717	PELECK Mariusz	USTROŃ		POL	M45	520	04:23:56	04:29:36		3416
		5km - 00:28:38, 10km - 00:56:52, 15km - 01:25:35, 20km - 01:55:23, 21km - 02:02:03, 25km - 02:25:42, 30km - 02:58:11, 35km - 03:32:45, 40km - 04:09:24									
3889	4114	SZYBIAK Sebastian	POZNAŃ		POL	M18	391	04:23:56	04:28:28		3416
		5km - 00:27:41, 10km - 00:55:20, 15km - 01:22:28, 20km - 01:50:24, 21km - 01:56:23, 25km - 02:18:52, 30km - 02:48:49, 35km - 03:27:23, 40km - 04:06:31									
3890	2693	FILIPIAK Michał	POZNAŃ	Wielkopolski Klub Taternictwa Jaskiniowe	POL	M40	862	04:23:58	04:30:38		3418
		5km - 00:30:28, 10km - 01:00:28, 15km - 01:29:31, 20km - 01:59:13, 21km - 02:05:45, 25km - 02:29:23, 30km - 03:00:59, 35km - 03:33:13, 40km - 04:08:44									
3891	713	WIKA Tomasz	GNIEZNO	Bunge Runners Team	POL	M50	206	04:23:59	04:29:59		3419
		5km - 00:29:20, 10km - 00:59:15, 15km - 01:28:17, 20km - 01:58:07, 21km - 02:04:37, 25km - 02:28:03, 30km - 02:58:19, 35km - 03:30:56, 40km - 04:08:26									
3892	6865	KRYGIER Przemysław	BOJANOWO		POL	M30	1233	04:24:00	04:30:45		3420
		5km - 00:30:23, 10km - 01:00:29, 15km - 01:30:22, 20km - 02:00:33, 21km - 02:07:09, 25km - 02:30:41, 30km - 03:01:03, 35km - 03:33:45, 40km - 04:09:05									
3893	2332	KOSIŃSKI Tomasz	POZNAŃ		POL	M30	1234	04:24:01	04:29:29		3421
		5km - 00:28:16, 10km - 00:56:19, 15km - 01:24:28, 20km - 01:52:59, 21km - 01:58:58, 25km - 02:21:24, 30km - 02:51:09, 35km - 03:23:00, 40km - 04:08:17									
3894	4289	KULIGA Michał	RACIBÓRZ	EasyRun Racibórz	POL	M30	1234	04:24:01	04:31:00		3421
		5km - 00:30:15, 10km - 01:00:58, 15km - 01:31:16, 20km - 02:02:20, 21km - 02:09:09, 25km - 02:33:19, 30km - 03:06:15, 35km - 03:38:01, 40km - 04:10:15									
3895	1459	BOCIAN Paweł	KOMORNIKI		POL	M40	863	04:24:02	04:27:31		3423
		5km - 00:27:27, 10km - 00:55:42, 15km - 01:23:07, 20km - 01:51:41, 21km - 01:59:16, 25km - 02:24:10, 30km - 02:58:18, 35km - 03:34:09, 40km - 04:10:11									
3896	429	KASPROWICZ Paweł	POZNAŃ		POL	M40	864	04:24:03	04:30:34		3424
		5km - 00:26:02, 10km - 00:52:16, 15km - 01:18:23, 20km - 01:45:18, 21km - 01:51:09, 25km - 02:13:41, 30km - 02:47:03, 35km - 03:26:20, 40km - 04:06:50									
3897	5619	KICZINSKA Izabela	MSZANO	Drużyna Szpiku	POL	K30	225	04:24:05	04:25:08	473	
		5km - 00:27:24, 10km - 00:55:07, 15km - 01:23:24, 20km - 01:53:12, 21km - 02:00:09, 25km - 02:26:50, 30km - 03:01:58, 35km - 03:37:17, 40km - 04:11:08									
3898	3335	STĘPIEŃ Mateusz	BYSTRZYCA		POL	M18	392	04:24:06	04:30:25		3425
		5km - 00:29:21, 10km - 00:58:38, 15km - 01:27:24, 20km - 01:56:18, 21km - 02:02:35, 25km - 02:25:34, 30km - 02:55:49, 35km - 03:28:20, 40km - 04:04:51									
3899	1097	SZYMSKI Marian	IMIELIN		POL	M65	22	04:24:06	04:30:04		3425
		5km - 00:29:22, 10km - 00:58:53, 15km - 01:28:15, 20km - 01:57:33, 21km - 02:03:56, 25km - 02:27:02, 30km - 02:57:16, 35km - 03:30:13, 40km - 04:10:42									
3900	3297	TWAROWSKI Arkadiusz	TORUŃ		POL	M40	865	04:24:07	04:27:39		3427
		5km - 00:26:38, 10km - 00:53:20, 15km - 01:19:44, 20km - 01:47:31, 21km - 01:54:21, 25km - 02:20:40, 30km - 02:56:49, 35km - 03:33:39, 40km - 04:09:14									
3901	140	JANISZEWSKI Mieczysław	SZCZECIN	BULK CARGO PORT SZCZECIN	POL	M55	125	04:24:11	04:31:35		3428
		5km - 00:30:27, 10km - 01:00:38, 15km - 01:29:21, 20km - 01:58:33, 21km - 02:05:45, 25km - 02:29:05, 30km - 03:03:21, 35km - 03:36:53, 40km - 04:10:57									
3902	7331	ASAYEVICH Raman	MYSZKÓW		BLR	M55	126	04:24:14	04:30:17		3429
		5km - 00:26:45, 10km - 00:55:42, 15km - 01:23:28, 20km - 01:52:31, 21km - 01:59:27, 25km - 02:23:48, 30km - 02:59:56, 35km - 03:36:35, 40km - 04:10:17									
3903	7231	OTREBSKI Tomasz	ZABORZE	BOROWIEC39	POL	M40	866	04:24:14	04:29:24		3429
		5km - 00:28:29, 10km - 00:56:16, 15km - 01:24:23, 20km - 01:52:44, 21km - 01:59:05, 25km - 02:22:53, 30km - 02:56:45, 35km - 03:31:32, 40km - 04:08:52									
3904	1580	ŚLOT Michał	TORUŃ	POLKRYS TEAM	POL	M45	521	04:24:14	04:32:42		3429
		5km - 00:31:52, 10km - 01:01:42, 15km - 01:30:47, 20km - 02:00:29, 21km - 02:07:01, 25km - 02:30:18, 30km - 03:01:23, 35km - 03:33:30, 40km - 04:07:48									
3905	2122	BOGDZIEWICZ Błażej	POZNAŃ		POL	M40	867	04:24:17	04:25:52		3432
		5km - 00:27:25, 10km - 00:55:21, 15km - 01:23:00, 20km - 01:52:25, 21km - 01:58:58, 25km - 02:22:12, 30km - 02:56:25, 35km - 03:32:50, 40km - 04:09:04									
3906	5027	KLIBER Marcin	GDYNIA	Orkiestra reprezentacyjna mw	POL	M30	1236	04:24:17	04:30:47		3432
		5km - 00:30:47, 10km - 01:04:05, 15km - 01:32:36, 20km - 02:02:28, 21km - 02:10:00, 25km - 02:33:26, 30km - 03:04:58, 35km - 03:37:28, 40km - 04:11:02									
3907	1339	MARCINKOWSKA Dominika	BOREK WIELKOPOLSKI		POL	K18	69	04:24:17	04:31:13	474	
		5km - 00:30:11, 10km - 01:00:07, 15km - 01:30:15, 20km - 02:00:59, 21km - 02:07:44, 25km - 02:31:39, 30km - 03:03:42, 35km - 03:37:22, 40km - 04:10:09									
3908	807	BARAN Dariusz	DĄBROWA GÓRNICZA	Ruszamy Dąbrowę	POL	M40	868	04:24:19	04:29:03		3434
		5km - 00:28:18, 10km - 00:56:36, 15km - 01:23:53, 20km - 01:52:17, 21km - 02:02:37, 25km - 02:24:29, 30km - 02:56:52, 35km - 03:34:37, 40km - 04:10:11									
3909	2364	SZYMANSKI Mariusz	TUREK		POL	M30	1237	04:24:19	04:28:44		3434
		5km - 00:28:18, 10km - 00:57:07, 15km - 01:26:01, 20km - 01:56:00, 21km - 02:02:29, 25km - 02:26:58, 30km - 02:59:17, 35km - 03:32:18, 40km - 04:08:57									
3910	694	TOMALA Szymon	ROKIETNICA		POL	M30	1237	04:24:19	04:30:55		3434
		5km - 00:29:24, 10km - 00:58:38, 15km - 01:27:52, 20km - 01:57:51, 21km - 02:04:17, 25km - 02:27:59, 30km - 03:00:11, 35km - 03:36:01, 40km - 04:11:17									
3911	4162	GRUCHAŁA-FURMANIUK Aldona	POZNAŃ	SPEED FREAKS	POL	K30	226	04:24:22	04:31:17	475	
		5km - 00:30:58, 10km - 01:02:22, 15km - 01:33:42, 20km - 02:05:51, 21km - 02:14:12, 25km - 02:38:39, 30km - 03:11:04, 35km - 03:42:41, 40km - 04:12:01									
3912	6291	FURTAK Krzysztof	LUBIN	KTOŚ MUSI BYĆ OSTATNI	POL	M55	127	04:24:23	04:30:19		3437
		5km - 00:27:44, 10km - 00:55:57, 15km - 01:24:11, 20km - 01:55:26, 21km - 02:01:52, 25km - 02:26:24, 30km - 02:59:11, 35km - 03:33:48, 40km - 04:10:02									
3913	5980	ZAPOTOCZNY Jacek	ZAKOPANE		POL	M45	522	04:24:23	04:28:27		3437
		5km - 00:29:00, 10km - 00:58:13, 15km - 01:27:21, 20km - 01:57:00, 21km - 02:03:37, 25km - 02:27:17, 30km - 02:59:45, 35km - 03:33:33, 40km - 04:08:59									
3914	6246	PASTUSIAK Rafał	KOSTRZYN	Echo Ziemi Kostrzyńskiej	POL	M45	523	04:24:24	04:29:51		3439
		5km - 00:28:10, 10km - 00:56:09, 15km - 01:24:04, 20km - 01:52:15, 21km - 01:58:29, 25km - 02:21:18, 30km - 02:55:57, 35km - 03:33:00, 40km - 04:09:34									
3915	3011	KUJAWA Krzysztof	POBIEDZISKA	Pobiedziska Running Team	POL	M30	1239	04:24:25	04:29:12		3440
		5km - 00:27:41, 10km - 00:55:13, 15km - 01:22:48, 20km - 01:50:59, 21km - 01:56:57, 25km - 02:19:16, 30km - 02:49:09, 35km - 03:25:23, 40km - 04:06:40									
3916	4513	WIĘCKOWSKI Arkadiusz	ZGIERZ	Ślęzak Team	POL	M45	524	04:24:28	04:31:09		3441
		5km - 00:30:46, 10km - 01:01:07, 15km - 01:31:31, 20km - 02:01:46, 21km - 02:08:52, 25km - 02:32:22, 30km - 03:03:30, 35km - 03:36:01, 40km - 04:10:19									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
3917	3129	JEREMY Ruffenach	KRAKOW		POL	M30	1240	04:24:29	04:33:34		3442
		5km - 00:31:11, 10km - 01:01:29, 15km - 01:31:14, 20km - 02:00:08, 21km - 02:06:33, 25km - 02:28:33, 30km - 02:59:48, 35km - 03:33:30, 40km - 04:09:19									
3918	2460	ZIEMBA Daria	LAMKI		POL	K30	227	04:24:30	04:25:57	476	
		5km - 00:27:57, 10km - 00:56:40, 15km - 01:25:32, 20km - 01:55:58, 21km - 02:02:48, 25km - 02:26:54, 30km - 03:00:31, 35km - 03:35:19, 40km - 04:11:00									
3919	3225	Zawodnik anonimowy				M18	393	04:24:31	04:30:45		3443
		5km - 00:28:19, 10km - 00:56:09, 15km - 01:23:34, 20km - 01:51:18, 21km - 01:57:16, 25km - 02:19:19, 30km - 02:48:54, 35km - 03:27:04, 40km - 04:09:58									
3920	7334	ZGIERSKI Karol	SIERAKÓW		POL	M30	1241	04:24:32	04:29:14		3444
		5km - 00:28:02, 10km - 00:55:35, 15km - 01:22:23, 20km - 01:49:57, 21km - 01:56:18, 25km - 02:19:47, 30km - 02:54:56, 35km - 03:31:06, 40km - 04:09:57									
3921	4982	ZGLIŃSKI Sławomir	DOBRZYCA		POL	M50	207	04:24:33	04:31:39		3445
		5km - 00:30:53, 10km - 01:02:46, 15km - 01:33:01, 20km - 02:03:59, 21km - 02:10:34, 25km - 02:34:28, 30km - 03:05:53, 35km - 03:37:19, 40km - 04:10:38									
3922	4224	FELIKSIAK Sławomir	POZNAŃ		POL	M50	208	04:24:35	04:26:35		3446
		5km - 00:28:06, 10km - 00:55:17, 15km - 01:22:20, 20km - 01:49:39, 21km - 01:56:01, 25km - 02:18:04, 30km - 02:51:51, 35km - 03:29:34, 40km - 04:09:53									
3923	644	PAJĄK Andrzej	SKÓRZEWO	ENEA TEAM	POL	M30	1242	04:24:35	04:31:11		3446
		5km - 00:30:31, 10km - 01:00:35, 15km - 01:30:28, 20km - 02:00:40, 21km - 02:07:16, 25km - 02:30:50, 30km - 03:01:04, 35km - 03:32:04, 40km - 04:09:28									
3924	2365	SCHMIDT Jacek	POZNAŃ	Puff and Run	POL	M50	208	04:24:35	04:29:11		3446
		5km - 00:27:33, 10km - 00:55:27, 15km - 01:23:24, 20km - 01:52:17, 21km - 01:58:35, 25km - 02:22:01, 30km - 02:55:57, 35km - 03:32:13, 40km - 04:09:04									
3925	3795	SKOMOROWSKI Michał	USTKA	Ustka	POL	M30	1242	04:24:35	04:25:39		3446
		5km - 00:27:57, 10km - 00:56:45, 15km - 01:25:01, 20km - 01:54:03, 21km - 02:00:12, 25km - 02:23:08, 30km - 02:56:01, 35km - 03:33:04, 40km - 04:09:47									
3926	6554	KAFARSKI Robert	ZAWADZKIE	Malapana Team Zawadzkie	POL	M50	210	04:24:37	04:31:11		3450
		5km - 00:29:22, 10km - 00:58:42, 15km - 01:27:52, 20km - 01:58:16, 21km - 02:04:54, 25km - 02:28:37, 30km - 03:00:23, 35km - 03:32:18, 40km - 04:09:01									
3927	6923	LEWANDOWSKI Krzysztof	WROCŁAW		POL	M45	525	04:24:38	04:31:54		3451
		5km - 00:30:34, 10km - 01:01:13, 15km - 01:30:53, 20km - 02:01:14, 21km - 02:08:03, 25km - 02:31:38, 30km - 03:03:52, 35km - 03:36:21, 40km - 04:10:05									
3928	4447	BRAUZE Damian	POZNAŃ		POL	M60	56	04:24:39	04:28:47		3452
		5km - 00:27:24, 10km - 00:56:04, 15km - 01:23:13, 20km - 01:51:50, 21km - 01:58:13, 25km - 02:21:37, 30km - 02:54:20, 35km - 03:30:10, 40km - 04:07:19									
3929	1638	SZYMIK Krzysztof	JASTRZĘBIE-ZDRÓJ	Bziegacze (Samotny Wilk)	POL	M50	211	04:24:39	04:30:10		3452
		5km - 00:29:16, 10km - 00:58:33, 15km - 01:27:19, 20km - 01:56:27, 21km - 02:02:58, 25km - 02:26:47, 30km - 03:00:07, 35km - 03:34:58, 40km - 04:10:55									
3930	6332	GROCHOWCZAK Marcin	LESZNO		POL	M18	394	04:24:40	04:26:49		3454
		5km - 00:25:14, 10km - 00:50:05, 15km - 01:14:37, 20km - 01:39:30, 21km - 01:45:04, 25km - 02:04:50, 30km - 02:34:10, 35km - 03:20:15, 40km - 04:05:51									
3931	6103	NOWAK Piotr	WARSZAWA		POL	M18	394	04:24:40	04:31:22		3454
		5km - 00:30:26, 10km - 01:00:47, 15km - 01:30:03, 20km - 01:59:48, 21km - 02:06:39, 25km - 02:30:24, 30km - 03:01:16, 35km - 03:36:09, 40km - 04:10:40									
3932	1153	SADEK Jarosław	PIŁA	KB Maniac Poznań	POL	M50	212	04:24:40	04:29:10		3454
		5km - 00:28:59, 10km - 00:59:50, 15km - 01:30:23, 20km - 02:01:29, 21km - 02:08:38, 25km - 02:32:59, 30km - 03:07:05, 35km - 03:39:52, 40km - 04:11:30									
3933	6465	CHUDY Krzysztof	WROCŁAW	AkademiaTestera.pl	POL	M18	396	04:24:41	04:31:00		3457
		5km - 00:29:45, 10km - 00:58:55, 15km - 01:28:21, 20km - 01:58:30, 21km - 02:05:02, 25km - 02:28:40, 30km - 03:01:04, 35km - 03:33:38, 40km - 04:10:20									
3934	914	GADZIŃSKI Bartosz	ŁUBOWO		POL	M40	869	04:24:44	04:31:38		3458
		5km - 00:29:44, 10km - 00:59:30, 15km - 01:28:29, 20km - 01:58:36, 21km - 02:05:33, 25km - 02:29:11, 30km - 03:01:06, 35km - 03:35:48, 40km - 04:10:51									
3935	5852	CYWIŃSKA Agnieszka	MIASTKO	Mts Hamer Miastko	POL	K30	228	04:24:45	04:30:53	477	
		5km - 00:29:13, 10km - 00:58:23, 15km - 01:27:39, 20km - 01:57:22, 21km - 02:04:38, 25km - 02:28:19, 30km - 03:01:47, 35km - 03:36:34, 40km - 04:10:45									
3936	2054	PACHOWICZ Grzegorz	POZNAŃ		POL	M30	1244	04:24:46	04:26:18		3459
		5km - 00:25:53, 10km - 00:52:17, 15km - 01:18:40, 20km - 01:46:26, 21km - 01:52:36, 25km - 02:15:13, 30km - 02:48:03, 35km - 03:31:20, 40km - 04:09:13									
3937	1905	STASZCZAK Paweł	KISZKOWO	1992	POL	M18	397	04:24:46	04:31:02		3459
		5km - 00:29:17, 10km - 00:59:01, 15km - 01:28:06, 20km - 01:58:05, 21km - 02:05:07, 25km - 02:28:33, 30km - 03:00:03, 35km - 03:34:11, 40km - 04:09:46									
3938	5926	KRZYWONOS Maciej	ROZDRAŻEW		POL	M40	870	04:24:50	04:26:55		3461
		5km - 00:28:22, 10km - 00:57:16, 15km - 01:25:39, 20km - 01:55:29, 21km - 02:02:24, 25km - 02:26:57, 30km - 02:59:32, 35km - 03:35:26, 40km - 04:10:38									
3939	7199	MATYSIAK Karol	POZNAŃ	OSH w biegu	POL	M45	526	04:24:51	04:29:13		3462
		5km - 00:28:23, 10km - 00:56:24, 15km - 01:24:25, 20km - 01:53:07, 21km - 01:59:08, 25km - 02:21:50, 30km - 02:53:40, 35km - 03:28:02, 40km - 04:07:06									
3940	6662	SEMICZEK Adam	WROCŁAW	Powstańcy z kanapy	POL	M40	871	04:24:53	04:29:31		3463
		5km - 00:28:16, 10km - 00:56:23, 15km - 01:24:28, 20km - 01:53:19, 21km - 01:59:44, 25km - 02:22:20, 30km - 02:57:56, 35km - 03:35:28, 40km - 04:11:01									
3941	1182	KARKOWSKA Wiesława	BARANOWO		POL	K55	4	04:24:55	04:30:56	478	
		5km - 00:28:23, 10km - 00:56:30, 15km - 01:24:38, 20km - 01:54:42, 21km - 02:01:44, 25km - 02:26:46, 30km - 03:00:59, 35km - 03:36:25, 40km - 04:11:13									
3942	4220	SKARUPA Jakub	POZNAŃ		POL	M18	398	04:24:56	04:30:52		3464
		5km - 00:27:39, 10km - 00:55:42, 15km - 01:23:36, 20km - 01:51:49, 21km - 01:58:07, 25km - 02:20:48, 30km - 02:53:46, 35km - 03:29:48, 40km - 04:07:46									
3943	4799	PALUSZAK Anna	BUK	HUSAR CROSS GYM	POL	K18	70	04:24:57	04:31:09	479	
		5km - 00:30:36, 10km - 01:01:19, 15km - 01:31:28, 20km - 02:02:14, 21km - 02:08:55, 25km - 02:32:57, 30km - 03:04:30, 35km - 03:37:13, 40km - 04:10:44									
3944	4166	WIECZOREK Krzysztof	WIADERNO		POL	M45	527	04:24:57	04:28:28		3465
		5km - 00:27:07, 10km - 00:53:52, 15km - 01:20:49, 20km - 01:49:01, 21km - 01:55:30, 25km - 02:20:14, 30km - 02:56:37, 35km - 03:33:23, 40km - 04:09:58									
3945	3154	SZCZECIŃSKI Mariusz	PIŁA	Króliczki w Plecaku	POL	M45	528	04:24:58	04:26:24		3466
		5km - 00:26:12, 10km - 00:53:06, 15km - 01:19:15, 20km - 01:45:55, 21km - 01:51:43, 25km - 02:14:01, 30km - 02:47:55, 35km - 03:25:20, 40km - 04:08:13									
3946	3804	SZAFRAN Katarzyna	JANOWIEC WIELKOPOLSKI		POL	K45	52	04:25:04	04:31:04	480	
		5km - 00:29:19, 10km - 00:59:00, 15km - 01:28:15, 20km - 01:58:06, 21km - 02:04:40, 25km - 02:28:20, 30km - 03:00:37, 35km - 03:37:04, 40km - 04:10:58									
3947	122	RADTKE Jarosław	CZERWONAK		POL	M55	128	04:25:05	04:29:20		3467
		5km - 00:28:51, 10km - 00:57:58, 15km - 01:27:17, 20km - 01:57:19, 21km - 02:06:28, 25km - 02:30:24, 30km - 03:02:23, 35km - 03:35:07, 40km - 04:09:11									
3948	3933	CHOJA Sławomir	PONIATÓW	TOM FIT CENTER	POL	M50	213	04:25:07	04:27:12		3468
		5km - 00:27:20, 10km - 00:53:41, 15km - 01:19:41, 20km - 01:47:47, 21km - 01:54:07, 25km - 02:17:43, 30km - 02:55:02, 35km - 03:34:23, 40km - 04:09:53									
3949	476	NOWAK Antoni	SŁUBICE		POL	M18	399	04:25:08	04:27:24		3469
		5km - 00:24:27, 10km - 00:49:00, 15km - 01:13:56, 20km - 01:38:48, 21km - 01:44:24, 25km - 02:04:23, 30km - 02:41:31, 35km - 03:22:39, 40km - 04:09:46									
3950	1375	TOKARZ Agnieszka	TYCHY	TEAM PAPRY	POL	K30	229	04:25:08	04:31:45	481	
		5km - 00:30:20, 10km - 01:00:05, 15km - 01:29:34, 20km - 01:59:55, 21km - 02:06:11, 25km - 02:29:22, 30km - 02:59:41, 35km - 03:31:43, 40km - 04:09:52									
3951	4724	SAVASH Hanna	POZNAŃ		POL	K18	71	04:25:09	04:31:28	482	
		5km - 00:29:26, 10km - 00:58:31, 15km - 01:28:02, 20km - 01:57:55, 21km - 02:04:43, 25km - 02:28:26, 30km - 03:00:31, 35km - 03:35:16, 40km - 04:11:47									
3952	2197	KLUCZYŃSKI Mirosław	ŚWIEBODZICE		POL	M55	129	04:25:10	04:29:05		3470
		5km - 00:26:28, 10km - 00:53:57, 15km - 01:21:29, 20km - 01:50:17, 21km - 01:56:44, 25km - 02:20:22, 30km - 02:55:08, 35km - 03:31:38, 40km - 04:09:43									
3953	5139	OLEJNICZAK Marcin	POZNAŃ		POL	M30	1245	04:25:10	04:30:46		3470
		5km - 00:28:06, 10km - 00:56:12, 15km - 01:23:26, 20km - 01:51:31, 21km - 01:57:51, 25km - 02:20:39, 30km - 02:53:01, 35km - 03:29:53, 40km - 04:09:14									
3954	6967	BACZEWSKI Mariusz	ŁOMŻA		POL	M18	400	04:25:11	04:30:12		3472
		5km - 00:28:41, 10km - 00:57:34, 15km - 01:25:45, 20km - 01:54:29, 21km - 02:01:25, 25km - 02:23:26, 30km - 02:59:51, 35km - 03:36:44, 40km - 04:12:10									
3955	1887	SIBILA Krzysztof	JERZYKOWO		POL	M40	872	04:25:12	04:28:25		3473
		5km - 00:28:28, 10km - 00:56:30, 15km - 01:23:46, 20km - 01:51:37, 21km - 01:58:09, 25km - 02:21:12, 30km - 02:54:45, 35km - 03:30:53, 40km - 04:09:53									
3956	1031	Zawodnik anonimowy				M30	1246	04:25:12	04:28:33		3473
		5km - 00:29:32, 10km - 01:00:49, 15km - 01:29:42, 20km - 01:59:48, 21km - 02:06:19, 25km - 02:29:29, 30km - 03:03:37, 35km - 03:36:40, 40km - 04:10:05									
3957	2946	PAWŁOWSKI Grzegorz	POZNAŃ		POL	M30	1247	04:25:17	04:31:20		3475
		5km - 00:29:20, 10km - 00:58:36, 15km - 01:26:51, 20km - 01:56:19, 21km - 02:02:42, 25km - 02:25:44, 30km - 02:57:42, 35km - 03:31:07, 40km - 04:07:38									
3958	5606	SEMASZCZUK Stanisław	KOSTRZYN NAD ODRĄ	DECORA SA	POL	M45	529	04:25:20	04:26:54		3476
		5km - 00:25:55, 10km - 00:52:20, 15km - 01:18:26, 20km - 01:45:46, 21km - 01:52:07, 25km - 02:15:19, 30km - 02:48:25, 35km - 03:27:28, 40km - 04:07:45									
3959	7042	SEREMET Piotr	TARNÓW		POL	M40	873	04:25:21	04:27:25		3477
		5km - 00:28:51, 10km - 00:57:34, 15km - 01:25:36, 20km - 01:54:46, 21km - 02:01:21, 25km - 02:24:46, 30km - 02:57:06, 35km - 03:34:57, 40km - 04:10:09									
3960	928	PASTERNAK Michał	WRZĄCA	100	POL	M40	874	04:25:24	04:31:34		3478
		5km - 00:29:10, 10km - 00:57:49, 15km - 01:26:15, 20km - 01:55:59, 21km - 02:03:37, 25km - 02:27:11, 30km - 03:01:54, 35km - 03:37:04, 40km - 04:11:26									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
3961	2442	SIKORSKI Ryszard	NOWOGRÓD BOBRZAŃSKI	Nowogrodzka Grupa Biegowa Fiber	POL	M55	130	04:25:25	04:29:04		3479
		5km - 00:26:41, 10km - 00:53:21, 15km - 01:20:05, 20km - 01:46:40, 21km - 01:52:30, 25km - 02:14:48, 30km - 02:48:34, 35km - 03:30:02, 40km - 04:12:15									
3962	3650	RADKE Adam	POZNAŃ		POL	M30	1248	04:25:26	04:30:38		3480
		5km - 00:27:28, 10km - 00:54:35, 15km - 01:22:04, 20km - 01:51:45, 21km - 01:58:02, 25km - 02:22:21, 30km - 02:58:39, 35km - 03:36:20, 40km - 04:10:50									
3963	3236	KRÓL Jarosław	KŁOBUCK	Niezależna Grupa Biegowa NGB Kłobuck	POL	M40	875	04:25:28	04:31:34		3481
		5km - 00:29:12, 10km - 00:58:16, 15km - 01:26:50, 20km - 01:56:04, 21km - 02:02:35, 25km - 02:26:06, 30km - 03:00:50, 35km - 03:35:52, 40km - 04:10:46									
3964	2741	SPYCHAŁA Marek	LUSÓWKO		POL	M45	530	04:25:28	04:29:05		3481
		5km - 00:27:20, 10km - 00:54:18, 15km - 01:21:19, 20km - 01:49:25, 21km - 01:55:52, 25km - 02:19:41, 30km - 02:55:09, 35km - 03:33:33, 40km - 04:10:39									
3965	1659	SZUMIŁOWSKI Przemysław	LUBOŃ		POL	M40	876	04:25:33	04:30:59		3483
		5km - 00:29:24, 10km - 00:58:59, 15km - 01:27:44, 20km - 01:57:25, 21km - 02:03:57, 25km - 02:27:29, 30km - 02:59:03, 35km - 03:31:51, 40km - 04:08:31									
3966	7149	BARANIAK Jarosław	POZNAŃ	MOTIV HOME TEAM	POL	M30	1249	04:25:34	04:28:20		3484
		5km - 00:26:49, 10km - 00:53:57, 15km - 01:21:31, 20km - 01:49:09, 21km - 01:55:35, 25km - 02:18:19, 30km - 02:52:45, 35km - 03:30:26, 40km - 04:10:11									
3967	192	CAPIŃSKA Anna	STANISLAWICE	Night runners	POL	K30	230	04:25:34	04:31:55	483	
		5km - 00:29:42, 10km - 00:59:06, 15km - 01:28:12, 20km - 01:58:17, 21km - 02:05:31, 25km - 02:29:36, 30km - 03:02:48, 35km - 03:37:34, 40km - 04:11:21									
3968	2255	JANUSZ Krzysztof	GNIEZNO		POL	M40	877	04:25:34	04:26:23		3484
		5km - 00:24:12, 10km - 00:49:11, 15km - 01:14:53, 20km - 01:43:49, 21km - 01:50:44, 25km - 02:15:44, 30km - 02:50:50, 35km - 03:28:03, 40km - 04:10:59									
3969	3085	PRZYBYLSKA-BAK Katarzyna	TYCHY		POL	K40	107	04:25:34	04:31:51	483	
		5km - 00:29:07, 10km - 00:57:51, 15km - 01:26:38, 20km - 01:56:32, 21km - 02:03:07, 25km - 02:27:19, 30km - 03:02:28, 35km - 03:37:12, 40km - 04:11:24									
3970	6533	JANKOWSKI Paweł	POZNAŃ		POL	M45	531	04:25:37	04:32:23		3486
		5km - 00:30:32, 10km - 01:00:55, 15km - 01:30:25, 20km - 02:00:37, 21km - 02:07:24, 25km - 02:31:02, 30km - 03:03:34, 35km - 03:38:03, 40km - 04:11:49									
3971	3260	KRÓLIK Maciej	ODOLANÓW	Odolanowska Drużyna Biegowa	POL	M40	878	04:25:38	04:30:21		3487
		5km - 00:27:47, 10km - 00:54:50, 15km - 01:21:44, 20km - 01:49:25, 21km - 01:55:46, 25km - 02:18:16, 30km - 02:57:32, 35km - 03:34:38, 40km - 04:11:35									
3972	2797	KRYSIŃSKI Witold	GNIEZNO	1978	POL	M40	878	04:25:38	04:31:30		3487
		5km - 00:28:06, 10km - 00:57:10, 15km - 01:25:23, 20km - 01:54:37, 21km - 02:03:12, 25km - 02:26:04, 30km - 03:00:09, 35km - 03:38:27, 40km - 04:10:40									
3973	5461	SOBALA Wojciech	POZNAŃ		POL	M50	214	04:25:38	04:32:24		3487
		5km - 00:30:32, 10km - 01:00:50, 15km - 01:30:25, 20km - 02:00:37, 21km - 02:07:25, 25km - 02:31:02, 30km - 03:03:34, 35km - 03:38:03, 40km - 04:11:51									
3974	6619	DUDA Jadwiga	SZAMOTUŁY		POL	K60	1	04:25:39	04:31:44	485	
		5km - 00:29:56, 10km - 01:00:04, 15km - 01:29:20, 20km - 01:59:37, 21km - 02:06:29, 25km - 02:30:43, 30km - 03:03:22, 35km - 03:37:07, 40km - 04:11:41									
3975	5392	MAY Marcelina	POZNAŃ	HERNIK TEAM	POL	K30	231	04:25:41	04:31:21	486	
		5km - 00:31:09, 10km - 01:04:10, 15km - 01:34:44, 20km - 02:06:08, 21km - 02:12:50, 25km - 02:37:18, 30km - 03:09:51, 35km - 03:41:05, 40km - 04:12:40									
3976	4159	BIENIECKA Anna	GĄSAWY		POL	K30	232	04:25:42	04:31:46	487	
		5km - 00:29:58, 10km - 01:00:00, 15km - 01:29:21, 20km - 01:59:38, 21km - 02:06:30, 25km - 02:30:44, 30km - 03:03:22, 35km - 03:37:19, 40km - 04:11:40									
3977	7200	KUBICKI Marcin	POZNAŃ		POL	M18	401	04:25:42	04:30:17		3490
		5km - 00:27:36, 10km - 00:55:08, 15km - 01:20:57, 20km - 01:48:42, 21km - 01:55:07, 25km - 02:17:16, 30km - 02:50:36, 35km - 03:26:52, 40km - 04:08:45									
3978	2967	SCHMIDT Mariola	BYTOM		POL	K45	53	04:25:43	04:28:28	488	
		5km - 00:29:16, 10km - 00:58:59, 15km - 01:28:26, 20km - 01:59:12, 21km - 02:05:50, 25km - 02:30:12, 30km - 03:03:46, 35km - 03:37:49, 40km - 04:11:36									
3979	3778	Zawodnik anonimowy				M55	131	04:25:45	04:33:30		3491
		5km - 00:29:49, 10km - 00:59:14, 15km - 01:28:41, 20km - 01:59:06, 21km - 02:05:51, 25km - 02:29:39, 30km - 03:01:36, 35km - 03:34:39, 40km - 04:10:57									
3980	3175	BUGALSKA Anna	SZAMOTULY		POL	K30	233	04:25:47	04:31:51	489	
		5km - 00:29:57, 10km - 01:00:00, 15km - 01:29:21, 20km - 01:59:37, 21km - 02:06:30, 25km - 02:30:43, 30km - 03:03:22, 35km - 03:37:20, 40km - 04:11:43									
3981	3394	GASZTOLD Urszula	BIAŁYSTOK	Drewno Fornir	POL	K40	108	04:25:47	04:31:27	489	
		5km - 00:31:54, 10km - 01:04:39, 15km - 01:35:03, 20km - 02:05:51, 21km - 02:13:25, 25km - 02:37:19, 30km - 03:08:44, 35km - 03:41:51, 40km - 04:12:43									
3982	7239	PAKUŁA Grzegorz	WROCŁAW		POL	M55	132	04:25:47	04:35:00		3492
		5km - 00:29:41, 10km - 00:58:48, 15km - 01:27:40, 20km - 01:56:50, 21km - 02:03:15, 25km - 02:26:42, 30km - 02:58:40, 35km - 03:33:42, 40km - 04:10:07									
3983	7141	BESSARABA Jagoda	WARSZAWA		POL	K18	72	04:25:48	04:32:29	491	
		5km - 00:30:51, 10km - 01:01:34, 15km - 01:31:51, 20km - 02:02:40, 21km - 02:09:22, 25km - 02:33:25, 30km - 03:06:27, 35km - 03:39:01, 40km - 04:12:21									
3984	4863	SŁOMIAK Marian	GRUDZIĄDZ		POL	M55	133	04:25:50	04:30:50		3493
		5km - 00:28:48, 10km - 00:58:36, 15km - 01:26:48, 20km - 01:56:23, 21km - 02:03:07, 25km - 02:27:59, 30km - 03:02:02, 35km - 03:37:21, 40km - 04:12:12									
3985	7319	CZAPIEWSKI Paweł	CHOSZCZNO		POL	M40	880	04:25:52	04:36:09		3494
		5km - 00:31:45, 10km - 01:01:32, 15km - 01:29:48, 20km - 01:58:34, 21km - 02:04:52, 25km - 02:26:47, 30km - 02:55:42, 35km - 03:28:35, 40km - 04:12:51									
3986	3479	WAWRZYNIAK Leszek	RÓŻANKI		POL	M55	134	04:25:52	04:27:18		3494
		5km - 00:28:34, 10km - 00:57:34, 15km - 01:25:44, 20km - 01:54:38, 21km - 02:00:46, 25km - 02:23:46, 30km - 02:55:50, 35km - 03:32:43, 40km - 04:09:48									
3987	6079	ŚLUGAJ Tomasz	KORONOWO		POL	M30	1250	04:25:53	04:31:12		3496
		5km - 00:28:18, 10km - 00:56:06, 15km - 01:24:08, 20km - 01:52:30, 21km - 01:59:01, 25km - 02:23:21, 30km - 02:58:29, 35km - 03:32:57, 40km - 04:11:19									
3988	1804	JAKIMCZYK Martyna	GORUŃSKO 3	-	POL	K18	73	04:25:54	04:31:27	492	
		5km - 00:28:09, 10km - 00:56:43, 15km - 01:25:36, 20km - 01:55:52, 21km - 02:02:25, 25km - 02:26:39, 30km - 02:59:38, 35km - 03:34:28, 40km - 04:12:10									
3989	4471	MENDEL Bartosz	ROKIETNICA		POL	M45	532	04:25:54	04:30:36		3497
		5km - 00:27:30, 10km - 00:54:39, 15km - 01:21:38, 20km - 01:49:18, 21km - 01:55:32, 25km - 02:17:24, 30km - 02:51:06, 35km - 03:31:40, 40km - 04:09:43									
3990	4846	MACIEJEWSKI Bogusław	KWIDZYN		POL	M60	57	04:25:58	04:33:18		3498
		5km - 00:29:00, 10km - 00:56:58, 15km - 01:25:26, 20km - 01:56:02, 21km - 02:02:40, 25km - 02:26:57, 30km - 03:01:41, 35km - 03:36:57, 40km - 04:11:56									
3991	478	SUCHORSKI Hubert	GNIEZNO	MAH Gniezno	POL	M30	1251	04:26:00	04:31:23		3499
		5km - 00:29:05, 10km - 00:58:03, 15km - 01:26:18, 20km - 01:55:06, 21km - 02:01:16, 25km - 02:23:48, 30km - 02:58:39, 35km - 03:35:18, 40km - 04:10:47									
3992	4039	WIŚNIEWSKI Krzysztof	WAŁBRZYCH		POL	M40	881	04:26:00	04:29:08		3499
		5km - 00:26:24, 10km - 00:53:20, 15km - 01:19:35, 20km - 01:46:30, 21km - 01:52:20, 25km - 02:13:36, 30km - 02:44:06, 35km - 03:20:23, 40km - 04:04:23									
3993	1794	PRECZ Piotr	OSTRÓW WIELKOPOLSKI		POL	M30	1252	04:26:03	04:31:57		3501
		5km - 00:28:18, 10km - 00:56:19, 15km - 01:24:11, 20km - 01:52:55, 21km - 01:58:54, 25km - 02:22:36, 30km - 02:56:09, 35km - 03:31:45, 40km - 04:09:35									
3994	1511	SZCZERBA Grzegorz	PORĘBA		POL	M45	533	04:26:07	04:31:13		3502
		5km - 00:27:47, 10km - 00:55:34, 15km - 01:23:20, 20km - 01:51:28, 21km - 01:57:55, 25km - 02:20:19, 30km - 02:52:47, 35km - 03:28:43, 40km - 04:06:08									
3995	6831	ŻERA Mariusz	POZNAŃ	Feniks-Nico-consulting	POL	M40	882	04:26:08	04:26:19		3503
		5km - 00:23:41, 10km - 00:49:00, 15km - 01:14:29, 20km - 01:42:32, 21km - 01:48:32, 25km - 02:11:25, 30km - 02:48:26, 35km - 03:28:33, 40km - 04:11:09									
3996	4510	WOJTKOWIAK Maciej	POZNAŃ	Hydroprojekt Poznań	POL	M40	883	04:26:14	04:31:24		3504
		5km - 00:28:01, 10km - 00:55:41, 15km - 01:23:07, 20km - 01:51:05, 21km - 01:57:34, 25km - 02:22:41, 30km - 02:58:18, 35km - 03:36:38, 40km - 04:12:38									
3997	6473	BARTKOWIAK Sylwia	ŚREM	BEST TEAM ŚREM	POL	K30	234	04:26:15	04:32:48	493	
		5km - 00:31:39, 10km - 01:03:15, 15km - 01:34:26, 20km - 02:05:55, 21km - 02:12:50, 25km - 02:37:26, 30km - 03:10:08, 35km - 03:42:51, 40km - 04:13:32									
3998	1520	BOROWIEC Mariusz	STARE OLESZYCE	Run Run Oleszyce	POL	M40	884	04:26:15	04:33:19		3505
		5km - 00:29:48, 10km - 00:58:57, 15km - 01:27:49, 20km - 01:56:56, 21km - 02:03:08, 25km - 02:25:54, 30km - 02:59:35, 35km - 03:38:00, 40km - 04:11:37									
3999	1125	KRZEKOTOWSKI Zdzisław	BIERUTÓW	Bierutowska Grupa Biegowa	POL	M60	58	04:26:16	04:32:51		3506
		5km - 00:29:28, 10km - 00:58:32, 15km - 01:27:45, 20km - 01:57:11, 21km - 02:03:46, 25km - 02:27:00, 30km - 03:00:39, 35km - 03:35:04, 40km - 04:11:33									
4000	3057	RATAJCZAK Dariusz	DOLSK	HERNIK TEAM	POL	M45	534	04:26:16	04:33:07		3506
		5km - 00:30:19, 10km - 01:00:43, 15km - 01:30:16, 20km - 02:00:23, 21km - 02:07:13, 25km - 02:30:31, 30km - 03:04:03, 35km - 03:38:48, 40km - 04:13:04									
4001	6641	GMAJ Robert	MOGILNO		POL	M50	215	04:26:19	04:28:54		3508
		5km - 00:27:07, 10km - 00:54:15, 15km - 01:21:22, 20km - 01:48:18, 21km - 01:54:22, 25km - 02:17:36, 30km - 02:52:41, 35km - 03:29:45, 40km - 04:10:39									
4002	124	KOPYTEK Grzegorz	MUROWANA GOŚLINA	Dzikie Małże	POL	M40	885	04:26:20	04:28:29		3509
		5km - 00:30:54, 10km - 01:02:25, 15km - 01:31:42, 20km - 02:03:20, 21km - 02:11:46, 25km - 02:36:22, 30km - 03:09:02, 35km - 03:42:57, 40km - 04:14:20									
4003	5801	LUBOJAŃSKI Szymon	POZNAŃ		POL	M30	1253	04:26:21	04:33:38		3510
		5km - 00:30:31, 10km - 01:00:28, 15km - 01:30:24, 20km - 01:59:22, 21km - 02:06:14, 25km - 02:30:05, 30km - 03:01:07, 35km - 03:38:18, 40km - 04:13:48									
4004	7170	KONKOLEWSKA Agnieszka	NIEZDROWICE	BROWAR FORTUNA	POL	K30	235	04:26:22	04:28:40	494	
		5km - 00:27:57, 10km - 00:55:54, 15km - 01:23:52, 20km - 01:52:17, 21km - 01:58:28, 25km - 02:20:55, 30km - 02:50:57, 35km - 03:30:13, 40km - 04:11:45									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
4005	896	TOMCZYK Cezary	CZAPURY		POL	M30	1254	04:26:22	04:33:05		3511
		5km - 00:30:28, 10km - 01:00:37, 15km - 01:30:22, 20km - 02:00:36, 21km - 02:07:11, 25km - 02:30:44, 30km - 03:01:31, 35km - 03:35:39, 40km - 04:11:00									
4006	6949	KUREK Agata	KATOWICE		POL	K18	74	04:26:23	04:34:08	495	
		5km - 00:30:55, 10km - 01:03:16, 15km - 01:35:13, 20km - 02:07:31, 21km - 02:14:33, 25km - 02:39:33, 30km - 03:11:30, 35km - 03:43:21, 40km - 04:14:53									
4007	5779	MARKIEWICZ Agata	ŚRODA WIELKOPOLSKA		POL	K30	236	04:26:24	04:30:27	496	
		5km - 00:28:34, 10km - 00:56:46, 15km - 01:24:49, 20km - 01:54:42, 21km - 02:02:38, 25km - 02:30:15, 30km - 03:04:38, 35km - 03:39:22, 40km - 04:12:58									
4008	2751	CZORNIK Jarosław	LISÓW	Lucky Losers	POL	M30	1255	04:26:26	04:29:33		3512
		5km - 00:29:47, 10km - 01:00:20, 15km - 01:29:55, 20km - 02:01:28, 21km - 02:08:26, 25km - 02:32:04, 30km - 03:06:22, 35km - 03:38:56, 40km - 04:12:49									
4009	2753	SKUBAŁA Janusz	CHWOSTEK	Lucky Losers	POL	M30	1255	04:26:26	04:29:33		3512
		5km - 00:29:47, 10km - 01:00:20, 15km - 01:29:56, 20km - 02:01:28, 21km - 02:08:26, 25km - 02:32:04, 30km - 03:06:22, 35km - 03:39:19, 40km - 04:12:53									
4010	546	RATAJCZAK Piotr	CZERWONAK	Czerwonak biega	POL	M55	135	04:26:27	04:28:19		3514
		5km - 00:27:10, 10km - 00:54:33, 15km - 01:22:20, 20km - 01:51:16, 21km - 01:58:58, 25km - 02:22:15, 30km - 02:55:45, 35km - 03:33:45, 40km - 04:12:06									
4011	2422	RATAJCZYK Anna	ZALASEWO	KLAS Szpot Swarzędz	POL	K30	237	04:26:27	04:33:30	497	
		5km - 00:31:55, 10km - 01:03:19, 15km - 01:34:37, 20km - 02:06:04, 21km - 02:12:48, 25km - 02:36:57, 30km - 03:09:04, 35km - 03:40:58, 40km - 04:12:48									
4012	5840	CERAŃSKA-BEDNAREK Anna	POZNAŃ	Night Runners Poznań	POL	K50	19	04:26:28	04:32:52	498	
		5km - 00:30:14, 10km - 01:00:14, 15km - 01:28:39, 20km - 01:59:07, 21km - 02:05:59, 25km - 02:29:32, 30km - 03:03:01, 35km - 03:38:37, 40km - 04:12:24									
4013	4453	KUPIEC Krystyna	STEINBILD		EUA	K30	238	04:26:28	04:30:09	498	
		5km - 00:26:45, 10km - 00:54:24, 15km - 01:22:18, 20km - 01:51:41, 21km - 01:58:02, 25km - 02:22:49, 30km - 02:57:43, 35km - 03:33:22, 40km - 04:12:23									
4014	7216	WALCZAK Piotr	POZNAŃ	Zakład Karny Gębarzewo	POL	M40	886	04:26:29	04:33:03		3515
		5km - 00:30:32, 10km - 01:00:39, 15km - 01:30:26, 20km - 02:00:43, 21km - 02:07:17, 25km - 02:30:52, 30km - 03:01:07, 35km - 03:34:11, 40km - 04:13:41									
4015	5560	DOLATA Andrzej	POZNAŃ	KTB Kuny	POL	M40	887	04:26:31	04:31:03		3516
		5km - 00:28:29, 10km - 00:56:42, 15km - 01:24:16, 20km - 01:52:46, 21km - 02:00:30, 25km - 02:25:23, 30km - 03:00:30, 35km - 03:36:19, 40km - 04:12:28									
4016	7178	ZAKRZEWICZ Marcin	KICIN	KTB Kuny	POL	M40	888	04:26:32	04:31:03		3517
		5km - 00:28:30, 10km - 00:56:29, 15km - 01:24:18, 20km - 01:53:53, 21km - 02:00:31, 25km - 02:25:25, 30km - 03:00:31, 35km - 03:36:20, 40km - 04:12:29									
4017	2522	CZOSZYK-KAWALA Olga	POZNAŃ	Świerczewo Run	POL	K30	239	04:26:33	04:32:31	500	
		5km - 00:30:38, 10km - 01:01:34, 15km - 01:31:53, 20km - 02:03:16, 21km - 02:10:11, 25km - 02:34:56, 30km - 03:08:43, 35km - 03:41:19, 40km - 04:13:40									
4018	4770	POLIŃSKI Dariusz	RADOSTOWO	KS Neonet	POL	M50	216	04:26:34	04:32:45		3518
		5km - 00:29:20, 10km - 00:58:49, 15km - 01:28:12, 20km - 01:58:07, 21km - 02:07:42, 25km - 02:31:18, 30km - 03:05:01, 35km - 03:39:33, 40km - 04:12:53									
4019	7135	SUŁKOWSKI Marek	SZCZECIN	RAZ Szczecin	POL	M45	535	04:26:36	04:32:51		3519
		5km - 00:29:16, 10km - 00:58:51, 15km - 01:28:09, 20km - 01:58:18, 21km - 02:04:43, 25km - 02:28:43, 30km - 03:02:39, 35km - 03:36:47, 40km - 04:13:04									
4020	4802	SMOLIŃSKI Krzysztof	GŁOBINO	Smolińscy TEAM	POL	M40	889	04:26:37	04:29:39		3520
		5km - 00:27:32, 10km - 00:54:39, 15km - 01:21:58, 20km - 01:49:30, 21km - 01:56:51, 25km - 02:20:57, 30km - 02:57:12, 35km - 03:33:43, 40km - 04:11:28									
4021	1332	ŁOŻNA Karolina	WROCŁAW (WROCŁAW-ŚRÓDMIEŚ		POL	K30	240	04:26:37	04:33:28	501	
		5km - 00:30:19, 10km - 01:00:10, 15km - 01:29:43, 20km - 01:59:45, 21km - 02:06:30, 25km - 02:30:35, 30km - 03:03:30, 35km - 03:37:45, 40km - 04:12:13									
4022	1940	KAJDAS Gosia	SŁAWA	SŁAWA	POL	K30	241	04:26:38	04:34:11	502	
		5km - 00:31:01, 10km - 01:03:18, 15km - 01:35:22, 20km - 02:07:37, 21km - 02:14:41, 25km - 02:39:40, 30km - 03:11:33, 35km - 03:41:49, 40km - 04:14:19									
4023	7027	ŁATKA Marcin	BYDGOSZCZ		POL	M40	890	04:26:39	04:32:56		3521
		5km - 00:28:58, 10km - 00:57:36, 15km - 01:26:03, 20km - 01:55:31, 21km - 02:02:02, 25km - 02:25:52, 30km - 02:59:16, 35km - 03:36:21, 40km - 04:12:37									
4024	1333	WALKOWIAK Jakub	ZIELONA GÓRA	Vege Runners	POL	M18	402	04:26:42	04:29:23		3522
		5km - 00:26:54, 10km - 00:53:17, 15km - 01:21:09, 20km - 01:48:31, 21km - 01:55:19, 25km - 02:18:05, 30km - 02:49:14, 35km - 03:26:07, 40km - 04:09:25									
4025	457	JARZĄBEK Robert	STRZAŁKOWO	Strzałkowska Grupa Biegowa SOKÓŁ	POL	M45	536	04:26:43	04:33:34		3523
		5km - 00:30:28, 10km - 01:01:09, 15km - 01:30:19, 20km - 02:00:47, 21km - 02:09:39, 25km - 02:32:39, 30km - 03:05:07, 35km - 03:38:50, 40km - 04:12:55									
4026	250	KLAUSA Filip	WROCŁAW		POL	M40	891	04:26:43	04:33:07		3523
		5km - 00:29:43, 10km - 00:59:28, 15km - 01:28:34, 20km - 01:58:12, 21km - 02:05:04, 25km - 02:28:39, 30km - 03:01:12, 35km - 03:37:23, 40km - 04:11:40									
4027	2135	MIERNIK Paweł	SIERAKÓW	JMBS team	POL	M45	537	04:26:45	04:31:30		3525
		5km - 00:27:50, 10km - 00:56:01, 15km - 01:23:31, 20km - 01:51:57, 21km - 01:58:23, 25km - 02:21:22, 30km - 02:54:45, 35km - 03:32:02, 40km - 04:11:01									
4028	2635	ŚMISTEK Paweł	STAROGARD GDAŃSKI		POL	M30	1257	04:26:46	04:32:03		3526
		5km - 00:28:12, 10km - 00:56:20, 15km - 01:24:08, 20km - 01:52:38, 21km - 01:58:50, 25km - 02:22:51, 30km - 02:58:05, 35km - 03:35:49, 40km - 04:12:21									
4029	5373	PAUKSZTA Aleksandra	POZNAŃ		POL	K18	75	04:26:47	04:31:47	503	
		5km - 00:30:23, 10km - 01:00:33, 15km - 01:30:36, 20km - 02:01:39, 21km - 02:08:28, 25km - 02:33:06, 30km - 03:05:37, 35km - 03:39:55, 40km - 04:13:00									
4030	6892	SZYMCZAK Ewelina	SZCZECIN		POL	K40	109	04:26:48	04:32:49	504	
		5km - 00:27:44, 10km - 00:55:56, 15km - 01:23:47, 20km - 01:55:05, 21km - 02:01:51, 25km - 02:25:20, 30km - 03:02:37, 35km - 03:36:22, 40km - 04:11:07									
4031	6004	MISZTAL Marcin	POZNAN		POL	M40	892	04:26:50	04:32:48		3527
		5km - 00:25:26, 10km - 00:51:47, 15km - 01:18:09, 20km - 01:44:59, 21km - 01:51:05, 25km - 02:12:57, 30km - 02:46:48, 35km - 03:23:50, 40km - 04:10:35									
4032	2624	SZCZEPKOWSKI Tomasz	SZABDA	Brodnica Biega	POL	M45	538	04:26:51	04:33:38		3528
		5km - 00:30:24, 10km - 00:58:29, 15km - 01:26:10, 20km - 01:55:13, 21km - 02:02:55, 25km - 02:25:24, 30km - 02:58:10, 35km - 03:35:10, 40km - 04:12:50									
4033	7069	MILLER Tomek	LUBIN	KGHM ZG RUN	POL	M40	893	04:26:52	04:35:24		3529
		5km - 00:28:25, 10km - 00:58:15, 15km - 01:28:05, 20km - 01:58:48, 21km - 02:05:26, 25km - 02:32:21, 30km - 03:06:34, 35km - 03:41:56, 40km - 04:13:50									
4034	1427	BAJUR Barbara	KRAKÓW		POL	K30	242	04:26:54	04:31:54	505	
		5km - 00:27:48, 10km - 00:55:41, 15km - 01:23:31, 20km - 01:52:53, 21km - 01:59:47, 25km - 02:25:10, 30km - 02:59:32, 35km - 03:35:08, 40km - 04:12:09									
4035	7145	DONER Grzegorz	WARSZAWA		POL	M40	894	04:26:55	04:33:12		3530
		5km - 00:29:27, 10km - 00:59:15, 15km - 01:28:27, 20km - 01:58:57, 21km - 02:05:40, 25km - 02:29:48, 30km - 03:03:30, 35km - 03:36:10, 40km - 04:10:40									
4036	1151	PODRAZA Stanisław	DĘBICA		POL	M45	539	04:26:55	04:34:27		3530
		5km - 00:31:04, 10km - 01:00:43, 15km - 01:29:35, 20km - 01:59:06, 21km - 02:05:34, 25km - 02:29:03, 30km - 03:00:23, 35km - 03:33:59, 40km - 04:11:11									
4037	2778	NALEWAJKO Jacek	LESZNO		POL	M40	895	04:26:56	04:30:26		3532
		5km - 00:26:49, 10km - 00:53:29, 15km - 01:20:10, 20km - 01:49:27, 21km - 01:55:19, 25km - 02:22:53, 30km - 02:57:12, 35km - 03:35:01, 40km - 04:12:12									
4038	1450	PYREK Iwona	WAŁCZ		POL	K30	243	04:26:56	04:31:31	506	
		5km - 00:28:52, 10km - 00:58:03, 15km - 01:27:13, 20km - 01:57:55, 21km - 02:05:21, 25km - 02:29:33, 30km - 03:03:23, 35km - 03:38:07, 40km - 04:14:17									
4039	1451	PYREK Krzysztof	WAŁCZ	1 RBLog	POL	M30	1258	04:26:56	04:31:31		3532
		5km - 00:28:52, 10km - 00:58:02, 15km - 01:27:13, 20km - 01:57:55, 21km - 02:05:21, 25km - 02:29:33, 30km - 03:03:23, 35km - 03:38:07, 40km - 04:14:20									
4040	2246	ŚRODA Sylwia	POZNAŃ	gRUNwald team Poznań	POL	K30	243	04:26:56	04:32:16	506	
		5km - 00:27:55, 10km - 00:56:31, 15km - 01:25:30, 20km - 01:56:49, 21km - 02:03:53, 25km - 02:27:48, 30km - 03:03:05, 35km - 03:38:01, 40km - 04:12:55									
4041	4238	GUTKOWSKI Norbert	POMORZE		POL	M18	403	04:27:01	04:32:20		3534
		5km - 00:27:14, 10km - 00:54:03, 15km - 01:20:35, 20km - 01:49:31, 21km - 01:55:42, 25km - 02:18:22, 30km - 02:52:39, 35km - 03:29:59, 40km - 04:09:39									
4042	6066	KWASIUK Wojciech	POZNAŃ		POL	M30	1259	04:27:01	04:30:56		3534
		5km - 00:27:13, 10km - 00:54:35, 15km - 01:21:32, 20km - 01:50:16, 21km - 01:57:16, 25km - 02:21:23, 30km - 02:55:42, 35km - 03:31:15, 40km - 04:10:43									
4043	1626	KWIATKOWSKA Iska	LUBLIN	Lublin Biega	POL	K30	245	04:27:01	04:31:08	508	
		5km - 00:29:20, 10km - 00:58:45, 15km - 01:27:28, 20km - 01:58:11, 21km - 02:05:22, 25km - 02:30:05, 30km - 03:05:55, 35km - 03:40:12, 40km - 04:13:28									
4044	3210	TROSZCZYŃSKI Jakub	BIELSKO-BIAŁA	Świerczewo Run	POL	M30	1260	04:27:02	04:27:50		3536
		5km - 00:25:42, 10km - 00:51:43, 15km - 01:18:01, 20km - 01:46:03, 21km - 01:52:24, 25km - 02:15:29, 30km - 02:49:42, 35km - 03:28:56, 40km - 04:10:58									
4045	6089	BUJAK Krzysztof	OPOLE		POL	M30	1261	04:27:03	04:33:14		3537
		5km - 00:31:03, 10km - 01:03:21, 15km - 01:34:07, 20km - 02:05:48, 21km - 02:12:31, 25km - 02:36:58, 30km - 03:09:31, 35km - 03:41:14, 40km - 04:13:06									
4046	1216	JONASZ Kasia	GORZÓW WLKP.		POL	K18	76	04:27:03	04:30:03	509	
		5km - 00:26:35, 10km - 00:53:44, 15km - 01:21:40, 20km - 01:52:42, 21km - 01:59:03, 25km - 02:25:15, 30km - 02:59:57, 35km - 03:38:37, 40km - 04:14:15									
4047	3599	Zawodnik anonimowy				M60	59	04:27:03	04:35:15		3537
		5km - 00:31:50, 10km - 01:03:36, 15km - 01:34:58, 20km - 02:07:04, 21km - 02:13:53, 25km - 02:38:21, 30km - 03:10:27, 35km - 03:42:19, 40km - 04:14:04									
4048	51	ŁAPAWA Urszula	POZNAŃ	Mocni w Gębie	POL	K30	246	04:27:04	04:32:58	510	
		5km - 00:29:26, 10km - 00:58:54, 15km - 01:28:22, 20km - 01:58:35, 21km - 02:05:01, 25km - 02:29:51, 30km - 03:04:34, 35km - 03:38:46, 40km - 04:13:31									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
4049	3433	LUDWIG-CHŁĄD Aneta	OPOLE	Eurovent Athletics Opole	POL	K40	110	04:27:05	04:32:48	511	
		5km - 00:28:27, 10km - 00:56:41, 15km - 01:24:34, 20km - 01:53:15, 21km - 01:59:34, 25km - 02:22:52, 30km - 02:56:53, 35km - 03:32:43, 40km - 04:11:26									
4050	5998	SZUBIŃSKI Andrzej	POZNAŃ		POL	M60	60	04:27:06	04:33:55		3539
		5km - 00:30:38, 10km - 01:00:29, 15km - 01:30:22, 20km - 02:00:11, 21km - 02:06:51, 25km - 02:30:34, 30km - 03:03:21, 35km - 03:37:49, 40km - 04:12:30									
4051	3276	CZARNECKI Mirosław	ZŁOTÓW	1968	POL	M55	136	04:27:07	04:32:57		3540
		5km - 00:29:07, 10km - 00:58:39, 15km - 01:28:57, 20km - 01:59:05, 21km - 02:05:36, 25km - 02:28:58, 30km - 03:00:53, 35km - 03:35:50, 40km - 04:10:45									
4052	6915	KOWALCZYK Karol	JAROCIN		POL	M30	1262	04:27:11	04:32:34		3541
		5km - 00:29:19, 10km - 00:58:09, 15km - 01:26:27, 20km - 01:57:58, 21km - 02:05:05, 25km - 02:29:02, 30km - 03:01:20, 35km - 03:36:03, 40km - 04:12:01									
4053	4992	WIŚNIEWSKI Michał	ŻORY		POL	M40	896	04:27:13	04:32:49		3542
		5km - 00:28:02, 10km - 00:56:16, 15km - 01:24:04, 20km - 01:52:25, 21km - 01:59:43, 25km - 02:22:00, 30km - 02:58:29, 35km - 03:35:16, 40km - 04:13:58									
4054	2001	ANDRZEJCZAK Aneta	POZNAN		POL	K30	247	04:27:14	04:35:57	512	
		5km - 00:30:38, 10km - 01:02:08, 15km - 01:33:21, 20km - 02:05:51, 21km - 02:12:45, 25km - 02:37:44, 30km - 03:10:21, 35km - 03:42:22, 40km - 04:13:53									
4055	1117	BUKAŁA Janusz	OTMUCHÓW	Ślęzak Team, OTM.b	POL	M40	897	04:27:14	04:28:18		3543
		5km - 00:26:32, 10km - 00:53:31, 15km - 01:20:37, 20km - 01:48:49, 21km - 01:55:47, 25km - 02:20:24, 30km - 02:56:19, 35km - 03:34:44, 40km - 04:11:05									
4056	2530	WEGNER Dorota	LEGNICA	AKADEMIA TOMIRON	POL	K40	111	04:27:14	04:33:24	512	
		5km - 00:29:10, 10km - 00:57:49, 15km - 01:26:15, 20km - 01:57:00, 21km - 02:03:39, 25km - 02:28:14, 30km - 03:02:50, 35km - 03:38:46, 40km - 04:13:06									
4057	1831	MYSZYŃSKI Paweł	GOŚCINO		POL	M30	1263	04:27:17	04:35:49		3544
		5km - 00:31:05, 10km - 01:01:26, 15km - 01:30:56, 20km - 02:01:34, 21km - 02:08:37, 25km - 02:32:34, 30km - 03:05:32, 35km - 03:42:37, 40km - 04:13:56									
4058	4855	HUBICKI Bartosz	WARSZAWA		POL	M30	1264	04:27:20	04:34:10		3545
		5km - 00:30:19, 10km - 01:00:29, 15km - 01:29:53, 20km - 02:00:24, 21km - 02:07:11, 25km - 02:30:38, 30km - 03:01:55, 35km - 03:37:04, 40km - 04:11:49									
4059	2398	WOJCIECHOWSKI Jakub	PRZEŹMIEROWO	St runners	POL	M30	1264	04:27:20	04:31:38		3545
		5km - 00:27:24, 10km - 00:54:40, 15km - 01:22:21, 20km - 01:52:00, 21km - 01:58:46, 25km - 02:23:01, 30km - 02:58:01, 35km - 03:33:59, 40km - 04:11:20									
4060	1634	DUDZIK Marcin	WROCŁAW		POL	M45	540	04:27:22	04:33:03		3547
		5km - 00:28:09, 10km - 00:56:16, 15km - 01:24:46, 20km - 01:54:11, 21km - 02:00:35, 25km - 02:23:57, 30km - 02:57:50, 35km - 03:35:57, 40km - 04:12:35									
4061	400	KUBISIAK Szymon	WRZEŚNIA		POL	M40	898	04:27:24	04:34:09		3548
		5km - 00:29:24, 10km - 00:58:17, 15km - 01:27:12, 20km - 01:56:52, 21km - 02:03:07, 25km - 02:26:22, 30km - 02:57:53, 35km - 03:34:38, 40km - 04:12:18									
4062	4780	MRÓZ Dariusz	GRYFINO	PGE GiEK SA / Modlitwa Biegania Gryfino	POL	M40	899	04:27:25	04:33:38		3549
		5km - 00:30:58, 10km - 01:01:19, 15km - 01:32:00, 20km - 02:02:53, 21km - 02:09:27, 25km - 02:33:21, 30km - 03:04:36, 35km - 03:36:32, 40km - 04:12:17									
4063	352	KONOPIŃSKI Tomasz	BYDGOSZCZ	Fenix	POL	M50	217	04:27:26	04:31:58		3550
		5km - 00:27:40, 10km - 00:56:23, 15km - 01:23:42, 20km - 01:51:59, 21km - 01:58:51, 25km - 02:21:22, 30km - 02:52:34, 35km - 03:30:22, 40km - 04:10:55									
4064	7279	MIARA Tomasz	SOKOLNIKI		POL	M45	541	04:27:26	04:34:11		3550
		5km - 00:29:24, 10km - 00:58:16, 15km - 01:27:33, 20km - 01:56:51, 21km - 02:03:07, 25km - 02:26:22, 30km - 02:57:53, 35km - 03:34:32, 40km - 04:12:09									
4065	4297	SZUMLEWICZ Sebastian	SUCHY LAS		POL	M45	541	04:27:26	04:32:10		3550
		5km - 00:28:03, 10km - 00:56:09, 15km - 01:24:07, 20km - 01:52:20, 21km - 01:58:40, 25km - 02:21:00, 30km - 02:54:59, 35km - 03:34:12, 40km - 04:11:58									
4066	2483	LASKOWSKI Paweł	POZNAŃ		POL	M45	543	04:27:28	04:32:11		3553
		5km - 00:28:04, 10km - 00:56:09, 15km - 01:24:10, 20km - 01:52:22, 21km - 01:58:41, 25km - 02:21:02, 30km - 02:55:00, 35km - 03:34:20, 40km - 04:12:02									
4067	2383	ZARANEK Barbara	KOWANÓWKO	Kęsy Team	POL	K45	54	04:27:28	04:34:37	514	
		5km - 00:30:00, 10km - 00:59:52, 15km - 01:29:21, 20km - 01:59:26, 21km - 02:06:43, 25km - 02:30:12, 30km - 03:03:10, 35km - 03:39:04, 40km - 04:12:41									
4068	3859	JURKIEWICZ Aldona	SUSZ	Rozbiegany Susz	POL	K30	248	04:27:30	04:35:20	515	
		5km - 00:29:43, 10km - 00:59:09, 15km - 01:28:37, 20km - 01:58:48, 21km - 02:05:45, 25km - 02:29:55, 30km - 03:04:48, 35km - 03:39:15, 40km - 04:14:21									
4069	6391	NOWAK Michał	POZNAŃ	Veolia	POL	M30	1266	04:27:34	04:33:36		3554
		5km - 00:29:25, 10km - 00:58:49, 15km - 01:28:05, 20km - 01:57:21, 21km - 02:03:30, 25km - 02:26:29, 30km - 02:57:55, 35km - 03:34:08, 40km - 04:13:20									
4070	1193	ZOWCZAK Dorota	POZNAN	Rawa Team	POL	K30	249	04:27:34	04:33:32	516	
		5km - 00:29:07, 10km - 00:57:40, 15km - 01:26:17, 20km - 01:57:23, 21km - 02:04:30, 25km - 02:28:53, 30km - 03:02:39, 35km - 03:38:07, 40km - 04:13:35									
4071	7320	POSIŁA Marcin	CHOSZCZNO		POL	M40	900	04:27:35	04:29:02		3555
		5km - 00:26:17, 10km - 00:52:57, 15km - 01:19:11, 20km - 01:46:41, 21km - 01:53:08, 25km - 02:14:56, 30km - 02:47:06, 35km - 03:29:18, 40km - 04:12:37									
4072	5722	KRZYSZTOSZEK Marcin	DUSZNIKI	Hernik Team	POL	M40	901	04:27:36	04:32:44		3556
		5km - 00:27:45, 10km - 00:55:16, 15km - 01:22:22, 20km - 01:50:44, 21km - 01:57:12, 25km - 02:21:57, 30km - 02:54:50, 35km - 03:32:39, 40km - 04:12:18									
4073	2614	Zawodnik anonimowy				M30	1267	04:27:37	04:28:59		3557
		5km - 00:23:38, 10km - 00:47:19, 15km - 01:11:26, 20km - 01:37:34, 21km - 01:44:26, 25km - 02:07:53, 30km - 02:51:28, 35km - 03:30:53, 40km - 04:12:50									
4074	932	ROMAŃSKI Adam	POLKOWICE	PKO Bank Polski	POL	M40	902	04:27:39	04:34:34		3558
		5km - 00:30:31, 10km - 01:00:44, 15km - 01:30:21, 20km - 02:01:25, 21km - 02:08:28, 25km - 02:32:14, 30km - 03:06:36, 35km - 03:41:23, 40km - 04:14:36									
4075	1907	OWCZAREK Michał	POZNAŃ		POL	M18	404	04:27:40	04:32:17		3559
		5km - 00:31:10, 10km - 01:02:20, 15km - 01:33:03, 20km - 02:04:26, 21km - 02:11:09, 25km - 02:35:27, 30km - 03:07:23, 35km - 03:41:21, 40km - 04:15:04									
4076	6927	POPCZYK Ewelina	SOSNOWIEC	ProfiAutoTeam	POL	K40	112	04:27:42	04:34:24	517	
		5km - 00:29:33, 10km - 00:57:59, 15km - 01:26:42, 20km - 01:58:54, 21km - 02:06:22, 25km - 02:31:41, 30km - 03:06:17, 35km - 03:40:40, 40km - 04:14:14									
4077	688	BEDNARZ Sławomir	CHODZIEŻ		POL	M30	1268	04:27:43	04:28:56		3560
		5km - 00:23:36, 10km - 00:48:06, 15km - 01:12:47, 20km - 01:39:06, 21km - 01:45:14, 25km - 02:08:04, 30km - 02:47:24, 35km - 03:29:18, 40km - 04:11:04									
4078	2342	ROGACKA Agnieszka	SULECHÓW		POL	K40	113	04:27:44	04:32:48	518	
		5km - 00:31:39, 10km - 01:03:02, 15km - 01:33:58, 20km - 02:05:43, 21km - 02:12:50, 25km - 02:37:01, 30km - 03:09:04, 35km - 03:41:16, 40km - 04:13:53									
4079	2571	SZCZEPUŁA Stanisława	SULECHÓW		POL	K40	113	04:27:44	04:32:48	518	
		5km - 00:31:39, 10km - 01:03:02, 15km - 01:33:58, 20km - 02:05:43, 21km - 02:12:50, 25km - 02:37:01, 30km - 03:09:04, 35km - 03:41:15, 40km - 04:13:52									
4080	3192	CZARNECKI Robert	RADOM		POL	M50	218	04:27:45	04:35:42		3561
		5km - 00:30:39, 10km - 01:01:25, 15km - 01:31:37, 20km - 02:01:57, 21km - 02:09:40, 25km - 02:33:00, 30km - 03:04:57, 35km - 03:40:39, 40km - 04:14:24									
4081	5308	SERBIN Krzysztof	KŁECKO	Kłecko	POL	M40	903	04:27:46	04:28:09		3562
		5km - 00:26:43, 10km - 00:55:02, 15km - 01:22:42, 20km - 01:50:42, 21km - 01:56:57, 25km - 02:19:22, 30km - 02:49:46, 35km - 03:24:57, 40km - 04:08:02									
4082	934	KUSIBAB Jakub	RZESZÓW	PKO BANK POLSKI	POL	M30	1269	04:27:47	04:34:13		3563
		5km - 00:30:30, 10km - 01:00:47, 15km - 01:30:43, 20km - 02:00:59, 21km - 02:07:48, 25km - 02:31:07, 30km - 03:02:11, 35km - 03:34:14, 40km - 04:10:32									
4083	1236	ŁYSEK Tomasz	PRASZKA	10 Brygada Logistyczna	POL	M30	1269	04:27:47	04:36:05		3563
		5km - 00:24:58, 10km - 00:51:29, 15km - 01:18:20, 20km - 01:49:35, 21km - 01:56:39, 25km - 02:22:08, 30km - 02:59:47, 35km - 03:36:40, 40km - 04:13:41									
4084	3282	Zawodnik anonimowy				K40	115	04:27:48	04:33:46	520	
		5km - 00:29:20, 10km - 00:58:50, 15km - 01:28:02, 20km - 01:58:04, 21km - 02:04:32, 25km - 02:28:21, 30km - 02:59:18, 35km - 03:35:03, 40km - 04:13:37									
4085	7012	NIKOŁAJUK Robert	OLSZTYN		POL	M30	1271	04:27:49	04:37:59		3565
		5km - 00:32:28, 10km - 01:04:56, 15km - 01:34:39, 20km - 02:04:09, 21km - 02:10:20, 25km - 02:33:28, 30km - 03:05:04, 35km - 03:36:50, 40km - 04:11:15									
4086	6398	Zawodnik anonimowy				M30	1271	04:27:49	04:31:54		3565
		5km - 00:26:44, 10km - 00:53:34, 15km - 01:20:31, 20km - 01:50:10, 21km - 01:57:01, 25km - 02:21:08, 30km - 02:55:57, 35km - 03:33:31, 40km - 04:12:20									
4087	3467	PERKA Tomek	PRÓSZKÓW	RAJSPORT ACTIVE	POL	M50	219	04:27:51	04:33:53		3567
		5km - 00:29:11, 10km - 00:58:04, 15km - 01:26:51, 20km - 01:55:54, 21km - 02:02:17, 25km - 02:25:11, 30km - 02:56:02, 35km - 03:30:51, 40km - 04:10:57									
4088	5909	Zawodnik anonimowy				K40	116	04:27:52	04:34:59	521	
		5km - 00:30:06, 10km - 01:01:58, 15km - 01:33:56, 20km - 02:04:02, 21km - 02:11:39, 25km - 02:35:53, 30km - 03:09:37, 35km - 03:42:46, 40km - 04:14:44									
4089	5336	LECHAŃSKI Łukasz	ŁÓDŹ		POL	M30	1273	04:27:53	04:35:27		3568
		5km - 00:30:59, 10km - 01:03:20, 15km - 01:35:22, 20km - 02:07:39, 21km - 02:14:39, 25km - 02:39:39, 30km - 03:11:42, 35km - 03:43:32, 40km - 04:14:59									
4090	2490	WIKŁACZ Aneta	KOMORÓW	ACTIVA24	POL	K40	117	04:27:54	04:29:57	522	
		5km - 00:30:52, 10km - 01:01:35, 15km - 01:31:13, 20km - 02:01:39, 21km - 02:08:18, 25km - 02:32:43, 30km - 03:04:53, 35km - 03:38:37, 40km - 04:13:44									
4091	2489	WIKŁACZ Roman	KOMORÓW	ACTIVA24	POL	M45	544	04:27:54	04:29:57		3569
		5km - 00:30:52, 10km - 01:01:35, 15km - 01:31:14, 20km - 02:01:39, 21km - 02:08:18, 25km - 02:32:43, 30km - 03:04:54, 35km - 03:38:38, 40km - 04:13:45									
4092	4465	LISOWSKA Magdalena	WARSZAWA		POL	K30	250	04:27:56	04:30:11	523	
		5km - 00:27:32, 10km - 00:55:23, 15km - 01:23:14, 20km - 01:53:52, 21km - 02:00:59, 25km - 02:27:21, 30km - 03:06:28, 35km - 03:41:57, 40km - 04:14:28									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
4093	6605	KLIMOROWSKI Mateusz	LUBOŃ		POL	M30	1274	04:27:57	04:35:14		3570
		5km - 00:30:18, 10km - 01:00:31, 15km - 01:29:32, 20km - 01:59:21, 21km - 02:06:00, 25km - 02:29:34, 30km - 03:00:14, 35km - 03:37:41, 40km - 04:13:16									
4094	4222	SAWICZ Kinga	POZNAŃ	Kobiety biegają	POL	K30	251	04:27:57	04:33:29	524	
		5km - 00:28:03, 10km - 00:56:13, 15km - 01:24:00, 20km - 01:54:48, 21km - 02:01:45, 25km - 02:27:19, 30km - 03:02:29, 35km - 03:37:12, 40km - 04:12:49									
4095	888	STĘPIEŃ Bartłomiej	KRAKÓW		POL	M30	1275	04:27:58	04:36:14		3571
		5km - 00:29:51, 10km - 00:59:39, 15km - 01:29:26, 20km - 01:59:42, 21km - 02:06:08, 25km - 02:30:09, 30km - 03:02:49, 35km - 03:36:09, 40km - 04:12:24									
4096	6418	WRZASKOWSKI Kamil	KONIN	100	POL	M18	405	04:27:58	04:30:00		3571
		5km - 00:27:06, 10km - 00:54:17, 15km - 01:21:58, 20km - 01:50:01, 21km - 01:56:39, 25km - 02:18:56, 30km - 02:51:19, 35km - 03:29:31, 40km - 04:12:25									
4097	6708	Zawodnik anonimowy				K18	77	04:27:58	04:36:50	525	
		5km - 00:31:36, 10km - 01:05:02, 15km - 01:33:36, 20km - 02:03:13, 21km - 02:09:45, 25km - 02:34:05, 30km - 03:07:27, 35km - 03:44:22, 40km - 04:15:23									
4098	2817	BIECHOŃSKI Jarosław	POZNAŃ		POL	M40	904	04:28:00	04:33:36		3573
		5km - 00:28:07, 10km - 00:56:21, 15km - 01:24:00, 20km - 01:52:05, 21km - 01:58:51, 25km - 02:20:56, 30km - 02:55:11, 35km - 03:34:56, 40km - 04:13:15									
4099	4498	KUROWSKI Sebastian	GRYFICE	JW 3937 Mrzeżyno	POL	M30	1276	04:28:00	04:31:06		3573
		5km - 00:25:27, 10km - 00:50:45, 15km - 01:16:01, 20km - 01:43:33, 21km - 01:49:37, 25km - 02:13:17, 30km - 02:47:43, 35km - 03:24:57, 40km - 04:08:52									
4100	1336	CIECIERSKI Wojciech	GDAŃSK	Ateńczycy	POL	M40	905	04:28:01	04:36:05		3575
		5km - 00:30:32, 10km - 01:02:47, 15km - 01:34:54, 20km - 02:06:57, 21km - 02:13:53, 25km - 02:38:55, 30km - 03:11:12, 35km - 03:43:02, 40km - 04:14:32									
4101	6367	MAŁKIEWICZ Jarosław	LUBLIN		POL	M40	905	04:28:01	04:35:47		3575
		5km - 00:31:56, 10km - 01:03:45, 15km - 01:35:29, 20km - 02:07:32, 21km - 02:14:38, 25km - 02:39:43, 30km - 03:11:38, 35km - 03:42:58, 40km - 04:14:43									
4102	5644	NOWAK Michał	KALISZ	Tu Się Piecze - domowa piekarnia	POL	M30	1277	04:28:02	04:33:40		3577
		5km - 00:28:04, 10km - 00:55:55, 15km - 01:23:55, 20km - 01:52:05, 21km - 01:58:11, 25km - 02:20:32, 30km - 02:49:37, 35km - 03:23:59, 40km - 04:11:29									
4103	2479	SIP Mirosław	NIEDŹWIADY MAŁE		POL	M55	137	04:28:02	04:34:15		3577
		5km - 00:29:07, 10km - 00:58:39, 15km - 01:27:51, 20km - 01:57:46, 21km - 02:04:12, 25km - 02:28:02, 30km - 02:59:59, 35km - 03:36:38, 40km - 04:12:58									
4104	5793	ZIMNY Jakub	KRZYSZKOWO		POL	M30	1277	04:28:02	04:34:12		3577
		5km - 00:28:52, 10km - 00:57:23, 15km - 01:25:43, 20km - 01:54:13, 21km - 02:00:28, 25km - 02:23:24, 30km - 02:59:35, 35km - 03:37:56, 40km - 04:14:08									
4105	3833	FABIAN Radosław	NOWY TOMYŚL		POL	M40	907	04:28:03	04:34:32		3580
		5km - 00:30:57, 10km - 01:01:00, 15km - 01:30:43, 20km - 02:00:56, 21km - 02:07:34, 25km - 02:31:02, 30km - 03:02:06, 35km - 03:35:58, 40km - 04:13:26									
4106	1740	STRZELCZYK Katarzyna	MUROWANA GOŚLINA	KB Gepard Murowana Goślina	POL	K30	252	04:28:03	04:36:40	526	
		5km - 00:32:07, 10km - 01:04:11, 15km - 01:35:23, 20km - 02:07:09, 21km - 02:14:00, 25km - 02:38:56, 30km - 03:12:31, 35km - 03:43:31, 40km - 04:14:58									
4107	2355	GRZYWACZEWSKI Andrzej	POZNAŃ		POL	M50	220	04:28:05	04:36:07		3581
		5km - 00:30:34, 10km - 01:03:23, 15km - 01:35:02, 20km - 02:07:13, 21km - 02:14:27, 25km - 02:39:13, 30km - 03:11:17, 35km - 03:43:21, 40km - 04:14:23									
4108	2380	GŁOWACKI Waldemar	ODOLANÓW	1974	POL	M45	545	04:28:08	04:34:51		3582
		5km - 00:30:05, 10km - 00:59:32, 15km - 01:29:01, 20km - 02:00:01, 21km - 02:06:43, 25km - 02:30:22, 30km - 03:03:06, 35km - 03:37:58, 40km - 04:13:29									
4109	4979	WOJCIESZEK Joanna	KOSTRZYN	Biegam Bo Nie Lubię	POL	K30	253	04:28:10	04:31:31	527	
		5km - 00:29:51, 10km - 00:59:40, 15km - 01:29:35, 20km - 02:00:17, 21km - 02:07:36, 25km - 02:34:06, 30km - 03:08:07, 35km - 03:42:38, 40km - 04:15:14									
4110	870	KASPRZAK Tomasz	POZNAŃ		POL	M18	406	04:28:11	04:32:59		3583
		5km - 00:28:01, 10km - , 15km - 01:23:43, 20km - 01:51:46, 21km - 01:58:08, 25km - 02:21:33, 30km - 02:59:26, 35km - 03:37:05, 40km - 04:13:41									
4111	5971	MICHALIK Tomasz	OTWOCK		POL	M45	546	04:28:11	04:30:01		3583
		5km - 00:27:16, 10km - 00:55:01, 15km - 01:22:17, 20km - 01:49:25, 21km - 01:55:57, 25km - 02:17:25, 30km - 02:47:48, 35km - 03:21:15, 40km - 04:09:54									
4112	4360	KACZMAREK Maciej	NOWY TOMYŚL	TEAM BEROTU	POL	M18	407	04:28:12	04:32:45		3585
		5km - 00:27:34, 10km - 00:55:23, 15km - 01:23:06, 20km - 01:51:50, 21km - 01:58:03, 25km - 02:24:15, 30km - 03:00:14, 35km - 03:37:54, 40km - 04:14:52									
4113	1142	WOŹNIAK Grzegorz	POBIEDZISKA		POL	M45	547	04:28:13	04:35:47		3586
		5km - 00:30:59, 10km - 01:03:15, 15km - 01:35:03, 20km - 02:07:31, 21km - 02:14:19, 25km - 02:39:21, 30km - 03:11:38, 35km - 03:43:33, 40km - 04:14:47									
4114	7326	DACHTERA - JANIUK Dobrawa	POZNAŃ	Drużyna Szpiku	POL	K30	254	04:28:14	04:36:27	528	
		5km - 00:27:08, 10km - 00:55:50, 15km - 01:24:52, 20km - 01:56:28, 21km - 02:03:39, 25km - 02:29:17, 30km - 03:03:55, 35km - 03:37:56, 40km - 04:11:36									
4115	5360	ZLOTOWSKI Piotr	GDANSK	sportevo	POL	M65	23	04:28:15	04:34:45		3587
		5km - 00:28:50, 10km - 00:58:19, 15km - 01:27:34, 20km - 01:57:38, 21km - 02:04:19, 25km - 02:27:52, 30km - 03:01:26, 35km - 03:37:12, 40km - 04:12:57									
4116	3050	SKÓRA Sebastian	DĘBLIN	Dison Dęblin	POL	M40	908	04:28:16	04:34:33		3588
		5km - 00:29:43, 10km - 00:59:12, 15km - 01:28:10, 20km - 01:58:03, 21km - 02:05:02, 25km - 02:29:11, 30km - 03:01:44, 35km - 03:37:52, 40km - 04:13:16									
4117	3037	ŚWIĘCH SKÓRA Monika	DĘBLIN	DSS Orlęta Dęblin	POL	K40	118	04:28:16	04:34:33	529	
		5km - 00:29:43, 10km - 00:59:12, 15km - 01:28:10, 20km - 01:58:04, 21km - 02:05:02, 25km - 02:29:11, 30km - 03:01:43, 35km - 03:37:51, 40km - 04:13:14									
4118	6604	KONIDARI Aikaterini	PETROUPOLI		GRE	K40	119	04:28:17	04:28:59	530	
		5km - 00:27:28, 10km - 00:55:30, 15km - 01:22:58, 20km - 01:51:05, 21km - 01:58:05, 25km - 02:20:37, 30km - 02:53:58, 35km - 03:34:13, 40km - 04:13:01									
4119	5597	KOŁTUŃCZYK Tomasz	POZNAŃ		POL	M45	548	04:28:18	04:36:00		3589
		5km - 00:31:14, 10km - 01:03:01, 15km - 01:33:25, 20km - 02:04:54, 21km - 02:11:38, 25km - 02:35:54, 30km - 03:08:49, 35km - 03:41:13, 40km - 04:14:20									
4120	657	ZIENKOWICZ Marcin	POZNAŃ		POL	M30	1279	04:28:18	04:33:54		3589
		5km - 00:31:13, 10km - 01:02:32, 15km - 01:33:10, 20km - 02:04:22, 21km - 02:11:06, 25km - 02:35:35, 30km - 03:08:34, 35km - 03:40:15, 40km - 04:14:44									
4121	3066	GÓRALCZYK Andrzej	KOZIEGŁOWY	parkrun Poznań	POL	M55	138	04:28:20	04:33:29		3591
		5km - 00:28:08, 10km - 00:56:10, 15km - 01:24:13, 20km - 01:52:33, 21km - 01:59:13, 25km - 02:24:33, 30km - 03:01:06, 35km - 03:35:52, 40km - 04:11:53									
4122	1298	HERLICZKA Renata	GLIWICE	AML-FLY TEAM	POL	K30	255	04:28:21	04:34:00	531	
		5km - 00:28:56, 10km - 00:58:06, 15km - 01:26:28, 20km - 01:57:32, 21km - 02:04:04, 25km - 02:28:26, 30km - 03:02:56, 35km - 03:40:04, 40km - 04:14:29									
4123	6127	KOLSKI Jacek	POZNAŃ	Night Runners	POL	M40	909	04:28:23	04:34:47		3592
		5km - 00:30:28, 10km - 01:00:37, 15km - 01:30:01, 20km - 02:00:17, 21km - 02:06:55, 25km - 02:31:01, 30km - 03:02:45, 35km - 03:36:59, 40km - 04:13:11									
4124	801	SMITH Daniel	HALSTEAD	100 Marathon Club	GBR	M30	1280	04:28:23	04:32:04		3592
		5km - 00:29:23, 10km - 00:58:58, 15km - 01:28:27, 20km - 01:57:58, 21km - 02:04:31, 25km - 02:27:37, 30km - 03:00:59, 35km - 03:37:35, 40km - 04:13:51									
4125	756	KRYSTKIEWICZ Daniel	OLSZTYN		POL	M30	1281	04:28:24	04:34:47		3594
		5km - 00:29:41, 10km - 00:59:08, 15km - 01:28:47, 20km - 01:58:48, 21km - 02:05:21, 25km - 02:29:17, 30km - 03:02:07, 35km - 03:38:06, 40km - 04:14:25									
4126	3504	PRZEBINDA Bogdan	WOŁOWICE		POL	M50	221	04:28:25	04:32:28		3595
		5km - 00:26:59, 10km - 00:53:50, 15km - 01:21:01, 20km - 01:49:02, 21km - 01:55:55, 25km - 02:18:46, 30km - 02:52:07, 35km - 03:33:02, 40km - 04:12:21									
4127	1559	SIUDYMAK Adam	KRAKÓW	Krwawe Suty RUN@BIKE	POL	M30	1282	04:28:25	04:36:05		3595
		5km - 00:30:10, 10km - 00:59:46, 15km - 01:29:00, 20km - 01:58:11, 21km - 02:04:42, 25km - 02:28:13, 30km - 03:00:11, 35km - 03:35:11, 40km - 04:13:08									
4128	7164	KOWALSKI Wojciech	KLECZEW	Mogilno Team	POL	M30	1283	04:28:26	04:33:53		3597
		5km - 00:28:15, 10km - 00:56:09, 15km - 01:23:30, 20km - 01:52:49, 21km - 01:59:25, 25km - 02:25:39, 30km - 02:58:59, 35km - 03:34:46, 40km - 04:12:23									
4129	4825	MAKOWSKI Wiktor	POZNAŃ		POL	M18	408	04:28:26	04:33:48		3597
		5km - 00:29:07, 10km - 00:58:27, 15km - 01:27:05, 20km - 01:55:37, 21km - 02:01:45, 25km - 02:23:53, 30km - 02:54:18, 35km - 03:32:48, 40km - 04:10:58									
4130	6778	OLACZEK Łukasz	MROZÓW	Tata startuje // i-sport.pl	POL	M40	910	04:28:26	04:31:34		3597
		5km - 00:27:55, 10km - 00:55:49, 15km - 01:23:37, 20km - 01:51:45, 21km - 01:57:54, 25km - 02:20:07, 30km - 02:54:25, 35km - 03:36:16, 40km - 04:14:34									
4131	4597	LIBERA Adrian	POZNAŃ	Dla Ani. Drużyna Szpiku	POL	M18	409	04:28:27	04:31:21		3600
		5km - 00:28:55, 10km - 00:58:52, 15km - 01:29:35, 20km - 02:00:34, 21km - 02:08:12, 25km - 02:34:07, 30km - 03:06:34, 35km - 03:39:48, 40km - 04:12:34									
4132	3331	STRUGAŁA Ewa	KOZIEGŁOWY	Wataha - Łączy nas bieganie	POL	K30	256	04:28:27	04:36:09	532	
		5km - 00:30:50, 10km - 01:03:08, 15km - 01:35:12, 20km - 02:07:28, 21km - 02:14:31, 25km - 02:39:30, 30km - 03:11:33, 35km - 03:43:25, 40km - 04:14:50									
4133	211	POLIWODZIŃSKI Michał	BYDGOSZCZ	KS Wisełka Bydgoszcz-Fordon	POL	M40	911	04:28:29	04:34:39		3601
		5km - 00:29:34, 10km - 00:59:12, 15km - 01:28:44, 20km - 01:59:03, 21km - 02:05:36, 25km - 02:30:00, 30km - 03:03:24, 35km - 03:41:06, 40km - 04:13:17									
4134	4316	SZAFRAN Łukasz	NIEZDÓW	Energize Your Life	POL	M30	1284	04:28:30	04:31:28		3602
		5km - 00:27:47, 10km - 00:56:51, 15km - 01:25:22, 20km - 01:54:47, 21km - 02:01:20, 25km - 02:24:59, 30km - 02:57:59, 35km - 03:33:30, 40km - 04:11:17									
4135	2324	JEŻOWSKI Tomasz	SIANÓW		POL	M45	549	04:28:31	04:36:06		3603
		5km - 00:30:59, 10km - 01:03:34, 15km - 01:35:10, 20km - 02:07:31, 21km - 02:14:27, 25km - 02:39:32, 30km - 03:11:34, 35km - 03:43:50, 40km - 04:15:33									
4136	7337	WIŚNIEWSKA Agnieszka	WARSZAWA		POL	K30	257	04:28:31	04:34:26	533	
		5km - 00:27:49, 10km - 00:56:08, 15km - 01:23:42, 20km - 01:53:03, 21km - 02:01:44, 25km - 02:25:20, 30km - 03:01:28, 35km - 03:33:53, 40km - 04:09:54									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
4137	7059	ROGOLIŃSKA Agnieszka	STARY GÓZD		POL	K45	55	04:28:32	04:34:27	534	
		5km - 00:27:49, 10km - 00:56:08, 15km - 01:23:43, 20km - 01:53:04, 21km - 02:01:44, 25km - 02:25:21, 30km - 03:01:30, 35km - 03:35:48, 40km - 04:10:35									
4138	6787	NOWAK Tomasz	GNIEZNO		POL	M30	1285	04:28:33	04:32:28		3604
		5km - 00:27:33, 10km - 00:55:38, 15km - 01:23:17, 20km - 01:51:13, 21km - 01:57:28, 25km - 02:19:21, 30km - 02:51:53, 35km - 03:33:08, 40km - 04:12:28									
4139	1879	CZUCZ Michał	CHRZANÓW	Parkrun Chrzanów	POL	M30	1286	04:28:34	04:30:43		3605
		5km - 00:26:56, 10km - 00:53:51, 15km - 01:20:27, 20km - 01:47:45, 21km - 01:53:41, 25km - 02:16:41, 30km - 02:52:51, 35km - 03:32:33, 40km - 04:12:11									
4140	3582	KOŚCIELSKI Sławomir	MNICHOWO	Altom Gniezno	POL	M55	139	04:28:34	04:34:50		3605
		5km - 00:29:05, 10km - 00:58:38, 15km - 01:27:02, 20km - 01:55:50, 21km - 02:02:09, 25km - 02:27:12, 30km - 03:00:51, 35km - 03:37:58, 40km - 04:14:39									
4141	6624	ŻUK Halina	ZIELONKA	Rembertów Team	POL	K50	20	04:28:34	04:37:28	535	
		5km - 00:32:00, 10km - 01:04:12, 15km - 01:36:38, 20km - 02:08:16, 21km - 02:15:11, 25km - 02:39:41, 30km - 03:11:46, 35km - 03:43:18, 40km - 04:15:22									
4142	6344	BRATEK Magdalena	ZGIERZ		POL	K30	258	04:28:35	04:34:11	536	
		5km - 00:28:03, 10km - 00:56:02, 15km - 01:23:29, 20km - 01:52:34, 21km - 01:59:09, 25km - 02:22:33, 30km - 02:57:14, 35km - 03:34:56, 40km - 04:13:01									
4143	4827	MAGALSKI Dariusz	POZNAŃ	Forcom	POL	M30	1287	04:28:35	04:34:21		3607
		5km - 00:28:15, 10km - 00:57:16, 15km - 01:25:37, 20km - 01:55:34, 21km - 02:02:17, 25km - 02:26:38, 30km - 03:01:11, 35km - 03:38:16, 40km - 04:13:54									
4144	6568	WYRWA-KRZYŻAŃSKA Joanna	PIŁA	Króliczki w plecaku	POL	K50	21	04:28:35	04:36:10	536	
		5km - 00:30:59, 10km - 01:03:17, 15km - 01:35:19, 20km - 02:07:35, 21km - 02:14:38, 25km - 02:39:37, 30km - 03:11:41, 35km - 03:43:52, 40km - 04:15:07									
4145	6596	UTRACKI Michał	GRUDZIĄDZ		POL	M50	222	04:28:37	04:34:14		3608
		5km - 00:28:54, 10km - 00:57:54, 15km - 01:26:29, 20km - 01:55:57, 21km - 02:02:35, 25km - 02:27:26, 30km - 03:01:19, 35km - 03:37:26, 40km - 04:13:53									
4146	2631	DZIEKAŃSKA Marta	BĘDZIN	W pogoni za duchem	POL	K40	120	04:28:38	04:36:22	538	
		5km - 00:30:52, 10km - 01:01:43, 15km - 01:32:21, 20km - 02:04:20, 21km - 02:11:09, 25km - 02:35:10, 30km - 03:08:38, 35km - 03:41:09, 40km - 04:14:40									
4147	3532	MĄDROWSKA Renata	GOLENIÓW	Rozbiegany Goleniów	POL	K45	56	04:28:40	04:35:00	539	
		5km - 00:31:08, 10km - 01:02:55, 15km - 01:32:58, 20km - 02:03:53, 21km - 02:11:01, 25km - 02:35:32, 30km - 03:08:29, 35km - 03:42:30, 40km - 04:14:23									
4148	5434	HAN Waldemar	JELENIA GÓRA		POL	M50	223	04:28:41	04:34:27		3609
		5km - 00:28:09, 10km - 00:56:52, 15km - 01:25:43, 20km - 01:56:02, 21km - 02:03:07, 25km - 02:27:44, 30km - 03:01:28, 35km - 03:37:10, 40km - 04:13:46									
4149	6936	WOJTASZAK Lidia	JAROMIERZ	Ruraaa_team	POL	K18	78	04:28:41	04:35:35	540	
		5km - 00:31:45, 10km - 01:04:04, 15km - 01:35:57, 20km - 02:07:58, 21km - 02:14:43, 25km - 02:39:22, 30km - 03:11:53, 35km - 03:43:52, 40km - 04:15:26									
4150	4122	Zawodnik anonimowy				M40	912	04:28:42	04:32:58		3610
		5km - 00:28:11, 10km - 00:56:42, 15km - 01:24:45, 20km - 01:54:20, 21km - 02:01:04, 25km - 02:25:47, 30km - 03:00:54, 35km - 03:38:21, 40km - 04:14:33									
4151	6732	MRÓWCZYŃSKI Rafał	POBIEDZISKA		POL	M40	913	04:28:43	04:36:51		3611
		5km - 00:28:17, 10km - 00:56:57, 15km - 01:25:12, 20km - 01:54:34, 21km - 02:01:22, 25km - 02:25:22, 30km - 03:00:15, 35km - 03:37:19, 40km - 04:14:24									
4152	1099	WASZYK Anita	ZALASEWO	MUAY RUNNING TEAM	POL	K30	259	04:28:43	04:34:15	541	
		5km - 00:31:05, 10km - 01:01:29, 15km - 01:30:53, 20km - 02:01:17, 21km - 02:07:58, 25km - 02:32:00, 30km - 03:06:57, 35km - 03:41:24, 40km - 04:14:26									
4153	877	KOZIOŁEK Marcin	WOLSZTYN	PKO Bank POlski	POL	M40	914	04:28:45	04:32:34		3612
		5km - 00:27:20, 10km - 00:54:48, 15km - 01:21:42, 20km - 01:49:27, 21km - 01:55:27, 25km - 02:16:52, 30km - 02:50:25, 35km - 03:34:43, 40km - 04:12:53									
4154	446	URBANIAK Adam	KALISZ	100	POL	M30	1288	04:28:46	04:33:58		3613
		5km - 00:28:18, 10km - 00:56:15, 15km - 01:24:04, 20km - 01:52:22, 21km - 01:58:31, 25km - 02:20:48, 30km - 02:50:13, 35km - 03:34:15, 40km - 04:14:45									
4155	5393	KUCHYNSKAYA Katsiaryna	GRODNO		BLR	K18	79	04:28:51	04:34:18	542	
		5km - 00:28:20, 10km - 00:57:00, 15km - 01:26:07, 20km - 01:58:25, 21km - 02:05:32, 25km - 02:30:52, 30km - 03:05:42, 35km - 03:39:00, 40km - 04:16:15									
4156	6265	DUBYNA Mariia	KRAKOW	MiA	POL	K30	260	04:28:52	04:36:29	543	
		5km - 00:31:09, 10km - 01:03:05, 15km - 01:34:29, 20km - 02:05:51, 21km - 02:12:49, 25km - 02:37:33, 30km - 03:09:47, 35km - 03:42:51, 40km - 04:15:47									
4157	364	NAWROCKI Jacek	SZCZECIN		POL	M50	224	04:28:53	04:34:23		3614
		5km - 00:28:11, 10km - 00:56:06, 15km - 01:24:01, 20km - 01:52:15, 21km - 01:58:34, 25km - 02:22:58, 30km - 02:59:17, 35km - 03:35:45, 40km - 04:13:49									
4158	6012	ŚWIĄTKOWSKI Grzegorz	TARNÓW		POL	M30	1289	04:28:53	04:34:47		3614
		5km - 00:29:28, 10km - 00:59:02, 15km - 01:28:23, 20km - 01:58:13, 21km - 02:04:47, 25km - 02:28:27, 30km - 02:59:12, 35km - 03:35:43, 40km - 04:13:58									
4159	5904	KIETLIŃSKI Marcin	PLEWISKA	ENEA Serwis Departament Projektowania	POL	M40	915	04:28:54	04:31:48		3616
		5km - 00:26:47, 10km - , 15km - 01:21:29, 20km - 01:49:37, 21km - 01:55:52, 25km - 02:19:24, 30km - 02:56:41, 35km - 03:36:46, 40km - 04:14:01									
4160	2602	RĄBALSKI Marcin	WARSZAWA	ADIDAS RUNNERS WARSAW	POL	M30	1290	04:28:59	04:32:19		3617
		5km - 00:26:23, 10km - 00:52:51, 15km - 01:18:48, 20km - 01:46:35, 21km - 01:53:02, 25km - 02:17:45, 30km - 02:56:34, 35km - 03:35:25, 40km - 04:15:27									
4161	2830	PLASZCZAK Jarosław	TULCE	100	POL	M45	550	04:29:03	04:31:48		3618
		5km - 00:26:33, 10km - 00:53:38, 15km - 01:20:12, 20km - 01:47:38, 21km - 01:53:59, 25km - 02:17:10, 30km - 02:54:42, 35km - 03:34:33, 40km - 04:12:33									
4162	3569	PRZYBYLSKI Łukasz	ZALASEWO	Finder Polska Team	POL	M30	1291	04:29:06	04:30:50		3619
		5km - 00:27:58, 10km - 00:56:43, 15km - 01:25:23, 20km - 01:54:18, 21km - 02:00:57, 25km - 02:24:02, 30km - 02:57:11, 35km - 03:35:22, 40km - 04:14:37									
4163	5382	WALICKI Jakub	CZARTAJEW		POL	M18	410	04:29:06	04:36:44		3619
		5km - 00:30:57, 10km - 01:03:17, 15km - 01:34:20, 20km - 02:06:52, 21km - 02:14:15, 25km - 02:39:30, 30km - 03:13:11, 35km - 03:43:48, 40km - 04:15:53									
4164	5466	LIEBNER Marcin	CZMOŃ	Wójtowicz Tri Team	POL	M40	916	04:29:07	04:33:28		3621
		5km - 00:29:08, 10km - 00:58:09, 15km - 01:26:24, 20km - 01:55:59, 21km - 02:03:44, 25km - 02:28:25, 30km - 03:03:46, 35km - 03:38:57, 40km - 04:14:35									
4165	5783	STAWECKI Paweł	KIELCE		POL	M40	916	04:29:07	04:33:47		3621
		5km - 00:30:17, 10km - 01:02:08, 15km - 01:31:43, 20km - 02:01:53, 21km - 02:08:33, 25km - 02:32:45, 30km - 03:05:41, 35km - 03:39:32, 40km - 04:14:06									
4166	6903	JANOWSKA-ŚCIBISZ Izabela	POZNAN	Night runners	POL	K40	121	04:29:09	04:35:48	544	
		5km - 00:30:22, 10km - 01:00:25, 15km - 01:29:29, 20km - 01:59:14, 21km - 02:05:44, 25km - 02:29:24, 30km - 03:03:53, 35km - 03:41:47, 40km - 04:16:42									
4167	6081	JAZY Szymon	POZNAŃ		POL	M30	1292	04:29:09	04:34:56		3623
		5km - 00:28:51, 10km - 00:57:20, 15km - 01:24:56, 20km - 01:53:58, 21km - 02:00:49, 25km - 02:24:37, 30km - 02:58:13, 35km - 03:34:47, 40km - 04:13:21									
4168	3407	RYBSKI Marek	OBRZYCKO	T.P.Z.O Obrzycko	POL	M60	61	04:29:10	04:36:06		3624
		5km - 00:30:22, 10km - 01:00:35, 15km - 01:30:17, 20km - 02:01:02, 21km - 02:08:08, 25km - 02:32:32, 30km - 03:06:36, 35km - 03:41:02, 40km - 04:14:50									
4169	2420	BAJER Tomasz	CZEMPIŃ	ChampionMan Team/Helios Team	POL	M40	918	04:29:14	04:35:32		3625
		5km - 00:31:22, 10km - 01:02:57, 15km - 01:33:19, 20km - 02:04:54, 21km - 02:11:58, 25km - 02:37:10, 30km - 03:09:42, 35km - 03:42:29, 40km - 04:16:15									
4170	2972	KAMELSKI Piotr	SŁAWNO	KB Spoko Sławno	POL	M45	551	04:29:15	04:34:58		3626
		5km - 00:31:45, 10km - 01:02:29, 15km - 01:33:17, 20km - 02:05:04, 21km - 02:12:03, 25km - 02:36:25, 30km - 03:09:27, 35km - 03:44:52, 40km - 04:16:52									
4171	5491	KLIMEK Andrzej	ZDUŃSKA WOLA	BBL Zduńska Wola	POL	M45	552	04:29:16	04:37:00		3627
		5km - 00:27:03, 10km - 00:54:57, 15km - 01:21:32, 20km - 01:48:56, 21km - 01:55:12, 25km - 02:18:24, 30km - 02:53:32, 35km - 03:32:08, 40km - 04:11:52									
4172	4117	OWCZARZAK Katarzyna	BIEDRUSKO		POL	K30	261	04:29:16	04:36:22	545	
		5km - 00:33:16, 10km - 01:05:57, 15km - 01:38:32, 20km - 02:11:29, 21km - 02:18:34, 25km - 02:44:05, 30km - 03:16:20, 35km - 03:47:38, 40km - 04:17:44									
4173	910	RYCHTER Maciej	KOŚCIAN	MAXIM	POL	M30	1293	04:29:17	04:35:57		3628
		5km - 00:30:05, 10km - 00:59:46, 15km - 01:29:08, 20km - 01:58:54, 21km - 02:05:30, 25km - 02:30:23, 30km - 03:04:00, 35km - 03:41:19, 40km - 04:16:31									
4174	1668	KULCZYK Ewa	GDYNIA	100	POL	K30	262	04:29:19	04:36:47	546	
		5km - 00:31:04, 10km - 01:03:22, 15km - 01:35:26, 20km - 02:07:41, 21km - 02:14:44, 25km - 02:39:44, 30km - 03:11:47, 35km - 03:43:34, 40km - 04:15:02									
4175	3659	PIASKOWSKI Mateusz	LUBOŃ	KLUB MARATOŃCZYKA V LO W POZNANIU	POL	M18	411	04:29:20	04:33:15		3629
		5km - 00:27:26, 10km - 00:54:40, 15km - 01:21:26, 20km - 01:48:44, 21km - 01:54:52, 25km - 02:16:56, 30km - 02:51:25, 35km - 03:30:14, 40km - 04:12:57									
4176	3056	RETKIEWICZ Dorota	BEŁCHATOW		POL	K40	122	04:29:20	04:33:54	547	
		5km - 00:27:51, 10km - 00:55:54, 15km - 01:22:54, 20km - 01:52:53, 21km - 01:59:32, 25km - 02:24:44, 30km - 03:00:24, 35km - 03:39:13, 40km - 04:15:22									
4177	179	BIESIADA Hanna	POZNAŃ		POL	K18	80	04:29:21	04:35:24	548	
		5km - 00:28:29, 10km - 00:56:47, 15km - 01:24:42, 20km - 01:54:00, 21km - 02:01:08, 25km - 02:25:33, 30km - 02:59:04, 35km - 03:33:57, 40km - 04:13:28									
4178	3772	ARENTOWICZ Janusz	ŁÓDŹ		POL	M40	919	04:29:22	04:32:14		3630
		5km - 00:27:25, 10km - 00:54:19, 15km - 01:20:57, 20km - 01:47:54, 21km - 01:54:02, 25km - 02:18:25, 30km - 02:53:20, 35km - 03:35:16, 40km - 04:14:22									
4179	4462	MICHNIEWSKI Piotr	ZAWIERCIE	GiT Ekipa	POL	M30	1294	04:29:24	04:35:32		3631
		5km - 00:28:41, 10km - 00:57:34, 15km - 01:25:58, 20km - 01:54:55, 21km - 02:01:04, 25km - 02:25:01, 30km - 02:59:22, 35km - 03:35:31, 40km - 04:13:45									
4180	1205	Zawodnik anonimowy				M30	1294	04:29:24	04:32:51		3631
		5km - 00:26:52, 10km - 00:53:45, 15km - 01:20:52, 20km - 01:52:17, 21km - 01:59:20, 25km - 02:26:37, 30km - 03:03:30, 35km - 03:40:00, 40km - 04:14:22									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
4181	6305	BIAŁOWĄS Dariusz	BYDGOSZCZ		POL	M45	553	04:29:25	04:35:06		3633
		5km - 00:27:50, 10km - 00:55:54, 15km - 01:23:48, 20km - 01:53:14, 21km - 01:59:51, 25km - 02:25:18, 30km - 03:00:14, 35km - 03:38:02, 40km - 04:14:50									
4182	3007	NAWRAT Joanna	GLIWICE		POL	K40	123	04:29:25	04:35:06	549	
		5km - 00:27:58, 10km - 00:55:53, 15km - 01:23:53, 20km - 01:54:02, 21km - 02:02:47, 25km - 02:29:01, 30km - 03:05:01, 35km - 03:41:33, 40km - 04:15:21									
4183	5480	STEFANIAK Wojciech	TULCE		POL	M18	412	04:29:26	04:34:48		3634
		5km - 00:29:07, 10km - 00:58:27, 15km - 01:27:04, 20km - 01:55:37, 21km - 02:01:44, 25km - 02:23:50, 30km - 02:58:33, 35km - 03:35:05, 40km - 04:13:44									
4184	4584	ZACHCIAŁ Anna	STUDZIENIEC		POL	K30	263	04:29:26	04:35:38	550	
		5km - 00:31:37, 10km - 01:03:50, 15km - 01:35:04, 20km - 02:07:21, 21km - 02:14:29, 25km - 02:39:43, 30km - 03:11:45, 35km - 03:43:53, 40km - 04:16:00									
4185	3736	BACZYŃSKI Andrzej	JANOWIEC WIELKOPOLSKI	RodzinaPL	POL	M30	1296	04:29:27	04:36:15		3635
		5km - 00:28:21, 10km - 00:56:23, 15km - 01:24:14, 20km - 01:52:49, 21km - 01:59:22, 25km - 02:23:45, 30km - 03:01:09, 35km - 03:38:44, 40km - 04:14:39									
4186	5413	GŁOWACKI Radosław	POZNAŃ		POL	M18	413	04:29:27	04:32:00		3635
		5km - 00:24:04, 10km - 00:48:54, 15km - 01:14:43, 20km - 01:44:15, 21km - 01:53:49, 25km - 02:21:40, 30km - 03:00:56, 35km - 03:41:19, 40km - 04:16:46									
4187	1921	SIERADZKA Agnieszka	GLIWICE		POL	K30	264	04:29:27	04:36:07	551	
		5km - 00:30:31, 10km - 01:00:33, 15km - 01:30:24, 20km - 02:01:31, 21km - 02:08:36, 25km - 02:34:07, 30km - 03:08:53, 35km - 03:43:34, 40km - 04:16:28									
4188	1542	MALINOWSKI Mariusz	WARSZAWA		POL	M30	1297	04:29:29	04:37:52		3637
		5km - 00:31:05, 10km - 01:02:03, 15km - 01:32:20, 20km - 02:03:17, 21km - 02:10:11, 25km - 02:34:27, 30km - 03:06:29, 35km - 03:39:52, 40km - 04:15:01									
4189	1800	SUMIEC Krystyna	MIELEC	Zabiegani Mielec	POL	K50	22	04:29:29	04:35:16	552	
		5km - 00:29:43, 10km - 01:00:53, 15km - 01:30:08, 20km - 02:01:04, 21km - 02:08:38, 25km - 02:33:33, 30km - 03:07:33, 35km - 03:42:12, 40km - 04:16:06									
4190	6703	RUPIK Piotr	WARSZAWA		POL	M45	554	04:29:30	04:32:43		3638
		5km - 00:28:47, 10km - 00:57:18, 15km - 01:25:24, 20km - 01:55:40, 21km - 02:02:37, 25km - 02:28:38, 30km - 03:03:31, 35km - 03:38:40, 40km - 04:14:46									
4191	2961	ŁAKOMY Piotr	SOSNOWIEC	kiwi włochate zimnioki	POL	M30	1298	04:29:30	04:33:30		3638
		5km - 00:31:38, 10km - 01:02:34, 15km - 01:32:54, 20km - 02:04:58, 21km - 02:12:19, 25km - 02:38:32, 30km - 03:16:22, 35km - 03:50:21, 40km - 04:17:47									
4192	640	GRALAK Michał	INOWROCŁAW		POL	M30	1299	04:29:31	04:39:36		3640
		5km - 00:31:50, 10km - 01:03:49, 15km - 01:35:15, 20km - 02:06:44, 21km - 02:13:42, 25km - 02:37:41, 30km - 03:10:16, 35km - 03:44:59, 40km - 04:16:12									
4193	4000	MYŚKOW Elżbieta	SIECHNICE	TRI MISSION	POL	K40	124	04:29:31	04:36:09	553	
		5km - 00:30:35, 10km - 01:01:39, 15km - 01:31:54, 20km - 02:03:09, 21km - 02:09:56, 25km - 02:34:24, 30km - 03:07:28, 35km - 03:40:48, 40km - 04:15:00									
4194	3915	STANIEWSKI Piotr	SWARZĘDZ	4 WMBOT	POL	M18	414	04:29:31	04:33:58		3640
		5km - 00:27:05, 10km - 00:53:43, 15km - 01:20:31, 20km - 01:48:44, 21km - 01:55:06, 25km - 02:17:24, 30km - 02:49:03, 35km - 03:27:52, 40km - 04:13:44									
4195	2827	SZNURA Tobiasz	PLEWISKA		POL	M40	920	04:29:36	04:35:43		3642
		5km - 00:29:12, 10km - 00:58:25, 15km - 01:27:16, 20km - 01:56:45, 21km - 02:03:01, 25km - 02:28:08, 30km - 03:03:13, 35km - 03:39:04, 40km - 04:15:20									
4196	1772	SIKORSKI Mariusz	GDAŃSK	Technicy Magicy	POL	M30	1300	04:29:38	04:35:27		3643
		5km - 00:28:13, 10km - 00:56:09, 15km - 01:24:04, 20km - 01:52:20, 21km - 01:58:30, 25km - 02:21:14, 30km - 02:57:28, 35km - 03:36:24, 40km - 04:14:32									
4197	6849	CZAJKA Joanna	ŻNIN		POL	K40	125	04:29:40	04:33:44	554	
		5km - 00:28:07, 10km - 00:56:30, 15km - 01:24:57, 20km - 01:55:23, 21km - 02:02:29, 25km - 02:28:03, 30km - 03:03:12, 35km - 03:38:58, 40km - 04:15:03									
4198	3135	DUCZEMIŃSKI Dariusz	WROCŁAW	Noa	POL	M40	921	04:29:40	04:37:57		3644
		5km - 00:32:04, 10km - 01:04:02, 15km - 01:35:56, 20km - 02:08:50, 21km - 02:15:44, 25km - 02:39:45, 30km - 03:11:25, 35km - 03:43:42, 40km - 04:16:47									
4199	7139	MINOWICZ Łukasz	GOSTYŃ	Łuki	POL	M30	1301	04:29:40	04:31:49		3644
		5km - 00:24:46, 10km - 00:49:36, 15km - 01:15:21, 20km - 01:48:19, 21km - 01:54:57, 25km - 02:23:33, 30km - 03:03:00, 35km - 03:43:43, 40km - 04:16:44									
4200	2662	STANKOWIAK Przemysław	WRZEŚNIA		POL	M30	1301	04:29:40	04:37:16		3644
		5km - 00:30:37, 10km - 01:02:56, 15km - 01:34:26, 20km - 02:06:38, 21km - 02:14:03, 25km - 02:39:17, 30km - 03:11:32, 35km - 03:43:37, 40km - 04:14:58									
4201	3031	DUDZIAK Adam	LESZNO	Dobiconnect	POL	M40	922	04:29:41	04:37:18		3647
		5km - 00:29:36, 10km - 01:00:34, 15km - 01:29:31, 20km - 01:59:48, 21km - 02:08:51, 25km - 02:32:25, 30km - 03:07:07, 35km - 03:42:29, 40km - 04:15:23									
4202	979	GIDASZEWSKA Jolanta	LESZNO	Nessi Kolorowa Drużyna	POL	K40	126	04:29:41	04:37:18	555	
		5km - 00:29:35, 10km - 01:00:18, 15km - 01:29:31, 20km - 01:59:48, 21km - 02:08:51, 25km - 02:32:25, 30km - 03:07:07, 35km - 03:42:30, 40km - 04:15:26									
4203	980	STRZELCZYK Paulina	ŚMIGIEL	Nessi Kolorowa Drużyna	POL	K30	265	04:29:41	04:37:18	555	
		5km - 00:29:36, 10km - 01:00:19, 15km - 01:29:31, 20km - 01:59:48, 21km - 02:08:51, 25km - 02:32:24, 30km - 03:07:07, 35km - 03:42:30, 40km - 04:15:26									
4204	2463	PRZYBYLSKI Katarzyna	MOGILNO		POL	K30	266	04:29:42	04:33:59	557	
		5km - 00:28:07, 10km - 00:56:11, 15km - 01:23:48, 20km - 01:52:09, 21km - 01:58:17, 25km - 02:20:53, 30km - 02:55:46, 35km - 03:35:10, 40km - 04:15:41									
4205	5423	CHMIELEWSKA Karolina	LUBOŃ	Luboński Klub Biegacza	POL	K40	127	04:29:43	04:37:12	558	
		5km - 00:31:13, 10km - 01:03:24, 15km - 01:35:28, 20km - 02:07:44, 21km - 02:14:53, 25km - 02:39:40, 30km - 03:11:57, 35km - 03:44:17, 40km - 04:16:43									
4206	561	KOSIOREK Leszek	PRZEMKÓW	Aby Do Mety - Przemków	POL	M30	1303	04:29:44	04:35:46		3648
		5km - 00:30:46, 10km - 01:03:01, 15km - 01:32:35, 20km - 02:03:27, 21km - 02:10:18, 25km - 02:34:47, 30km - 03:07:26, 35km - 03:40:53, 40km - 04:15:43									
4207	6074	ŚWIGŁO Henryk	RAKÓW		POL	M55	140	04:29:45	04:36:30		3649
		5km - 00:30:21, 10km - 01:00:05, 15km - 01:28:48, 20km - 01:58:35, 21km - 02:05:05, 25km - 02:28:21, 30km - 03:00:54, 35km - 03:37:04, 40km - 04:15:02									
4208	4704	WECLAWIAK Joanna	WARSZAWA		POL	K40	128	04:29:46	04:37:48	559	
		5km - 00:30:12, 10km - 01:00:30, 15km - 01:31:03, 20km - 02:02:32, 21km - 02:09:22, 25km - 02:34:16, 30km - 03:07:25, 35km - 03:41:55, 40km - 04:15:16									
4209	6745	SZAJ Jarosław	KOBYLNIKI		POL	M45	555	04:29:51	04:32:02		3650
		5km - 00:29:32, 10km - 00:59:10, 15km - 01:28:37, 20km - 01:58:44, 21km - 02:05:11, 25km - 02:29:15, 30km - 03:02:58, 35km - 03:40:20, 40km - 04:15:17									
4210	2487	MAJTYKA Tomasz	KRAKÓW	LOS TREPOS COMPANIEROS	POL	M45	556	04:29:54	04:37:55		3651
		5km - 00:29:13, 10km - 00:58:53, 15km - 01:28:06, 20km - 01:57:57, 21km - 02:04:34, 25km - 02:28:59, 30km - 03:02:54, 35km - 03:41:15, 40km - 04:15:57									
4211	1680	SZMIDT Filip	ŁÓDŹ	FilipAro Team	POL	M18	415	04:29:54	04:32:51		3651
		5km - 00:27:41, 10km - 00:55:11, 15km - 01:22:23, 20km - 01:50:46, 21km - 01:57:11, 25km - 02:19:49, 30km - 02:51:55, 35km - 03:32:28, 40km - 04:13:06									
4212	6634	KRAWIEC Agnieszka	OLSZTYN	URWIS Biega	POL	K40	129	04:29:56	04:37:06	560	
		5km - 00:30:00, 10km - 01:00:18, 15km - 01:29:58, 20km - 02:00:23, 21km - 02:07:00, 25km - 02:31:32, 30km - 03:05:13, 35km - 03:39:34, 40km - 04:14:59									
4213	3316	BESSARABA Sławomir	WARSZAWA		POL	M45	557	04:29:58	04:36:38		3653
		5km - 00:30:28, 10km - 01:00:32, 15km - 01:30:22, 20km - 02:00:37, 21km - 02:07:02, 25km - 02:30:48, 30km - 03:03:17, 35km - 03:40:01, 40km - 04:16:06									
4214	2107	PASIEKA Agnieszka	ŚWIDWIN	UKS FENIKS ŚWIDWIN/ 21.BLT	POL	K30	267	04:29:58	04:35:52	561	
		5km - 00:29:57, 10km - 00:59:37, 15km - 01:28:33, 20km - 01:58:27, 21km - 02:05:25, 25km - 02:29:34, 30km - 03:03:16, 35km - 03:38:15, 40km - 04:13:54									
4215	5443	GUTOWSKI Sebastian	ŚWIDWIN	Klub Biegacza SPRINT Świdwin	POL	M40	923	04:29:59	04:35:52		3654
		5km - 00:29:58, 10km - 00:59:38, 15km - 01:28:34, 20km - 01:58:27, 21km - 02:05:26, 25km - 02:29:34, 30km - 03:03:16, 35km - 03:38:16, 40km - 04:13:53									
4216	3299	ABRAMCZUK Paweł	KRAKÓW		POL	M45	558	04:30:00	04:38:12		3655
		5km - 00:30:39, 10km - 01:02:56, 15km - 01:34:49, 20km - 02:07:12, 21km - 02:14:08, 25km - 02:39:15, 30km - 03:11:21, 35km - 03:42:55, 40km - 04:15:31									
4217	4589	MAŁUCKA Ewa	GŁOGÓW		POL	K50	23	04:30:00	04:36:16	562	
		5km - 00:29:05, 10km - 00:58:08, 15km - 01:27:05, 20km - 01:57:16, 21km - 02:04:01, 25km - 02:27:58, 30km - 03:02:30, 35km - 03:39:00, 40km - 04:15:20									
4218	7255	ORZECHOWSKA Milena	WILKÓW POLSKI		POL	K18	81	04:30:00	04:35:57	562	
		5km - 00:29:33, 10km - 00:58:36, 15km - 01:27:02, 20km - 01:56:43, 21km - 02:03:40, 25km - 02:27:19, 30km - 03:00:41, 35km - 03:36:58, 40km - 04:14:54									
4219	4182	JAKUBCZAK Tomasz	ŚREM		POL	M40	924	04:30:01	04:37:40		3656
		5km - 00:30:45, 10km - 01:02:19, 15km - 01:32:53, 20km - 02:03:16, 21km - 02:09:51, 25km - 02:33:50, 30km - 03:06:22, 35km - 03:39:26, 40km - 04:15:12									
4220	6982	KLIMASZYK Szymon	BARANOWO		POL	M50	225	04:30:02	04:35:25		3657
		5km - 00:28:13, 10km - 00:55:57, 15km - 01:23:32, 20km - 01:51:19, 21km - 01:57:20, 25km - 02:19:19, 30km - 02:49:19, 35km - 03:27:41, 40km - 04:10:54									
4221	3212	STUDZIŹBA Paweł	PROSZÓWKI	creative bochnia biega team	POL	M45	559	04:30:02	04:36:21		3657
		5km - 00:29:06, 10km - 00:57:41, 15km - 01:26:19, 20km - 01:56:35, 21km - 02:03:35, 25km - 02:27:26, 30km - 03:01:16, 35km - 03:38:17, 40km - 04:15:14									
4222	2125	GACZKOWSKA Iwona	SIEKIERKI WIELKIE		POL	K45	57	04:30:03	04:32:54	564	
		5km - 00:28:13, 10km - 00:57:00, 15km - 01:26:20, 20km - 01:58:34, 21km - 02:05:45, 25km - 02:31:55, 30km - 03:06:50, 35km - 03:41:40, 40km - 04:15:36									
4223	4214	KOPAŃSKA-CHOMIK Wioletta	POZNAŃ	Gumisiowy Team	POL	K40	130	04:30:03	04:35:49	564	
		5km - 00:29:32, 10km - 00:59:14, 15km - 01:28:34, 20km - 01:59:22, 21km - 02:06:13, 25km - 02:30:52, 30km - 03:03:57, 35km - 03:38:54, 40km - 04:15:14									
4224	6723	KRÓLCZYŃSKI Maciej	WARSZAWA	KS Wolni	POL	M30	1304	04:30:03	04:34:00		3659
		5km - 00:27:02, 10km - 00:54:13, 15km - 01:21:32, 20km - 01:49:43, 21km - 01:56:11, 25km - 02:19:20, 30km - 02:54:51, 35km - 03:34:38, 40km - 04:13:23									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
4225	4644	BAKALARSKA Mariola	WARSZAWA	Warsaw Run Club	POL	K50	24	04:30:04	04:37:02	566	
		5km - 00:30:28, 10km - 01:00:49, 15km - 01:30:55, 20km - 02:02:08, 21km - 02:08:58, 25km - 02:33:11, 30km - 03:06:14, 35km - 03:41:44, 40km - 04:15:46									
4226	1245	DUROK Wojciech	JANKOWICE	KAC RUNNERS	POL	M40	925	04:30:04	04:32:31		3660
		5km - 00:26:30, 10km - 00:53:26, 15km - 01:20:07, 20km - 01:47:37, 21km - 01:54:10, 25km - 02:17:05, 30km - 02:53:31, 35km - 03:34:08, 40km - 04:13:57									
4227	4461	KOZŁOWSKI Dariusz	LUBOŃ		POL	M50	226	04:30:04	04:31:36		3660
		5km - 00:31:15, 10km - 01:03:12, 15km - 01:34:31, 20km - 02:06:29, 21km - 02:13:17, 25km - 02:37:51, 30km - 03:10:02, 35km - 03:42:10, 40km - 04:15:56									
4228	2285	JASIŃSKI Marcin	ROGOŹNO	Rogoziński Klub Biegacza	POL	M40	926	04:30:06	04:33:49		3662
		5km - 00:27:33, 10km - 00:55:50, 15km - 01:23:22, 20km - 01:51:56, 21km - 01:58:27, 25km - 02:21:51, 30km - 03:00:07, 35km - 03:36:56, 40km - 04:14:57									
4229	3642	PIĄTKOWSKI Andrzej	RĘDZINY		POL	M40	927	04:30:07	04:36:10		3663
		5km - 00:28:13, 10km - 00:56:33, 15km - 01:24:29, 20km - 01:52:50, 21km - 01:58:53, 25km - 02:21:44, 30km - 02:55:22, 35km - 03:32:15, 40km - 04:13:36									
4230	4160	PYTEL Jarosław	JAWORZNO	ParkRun Chrzanów	POL	M30	1305	04:30:09	04:33:05		3664
		5km - 00:27:15, 10km - 00:55:08, 15km - 01:23:17, 20km - 01:52:52, 21km - 01:59:57, 25km - 02:24:27, 30km - 03:01:28, 35km - 03:38:20, 40km - 04:15:46									
4231	4719	ŻUK Andrzej	ZIELONKA	Rembertów Team	POL	M50	227	04:30:12	04:36:56		3665
		5km - 00:30:48, 10km - 01:01:23, 15km - 01:31:05, 20km - 02:02:13, 21km - 02:09:06, 25km - 02:33:54, 30km - 03:07:10, 35km - 03:42:09, 40km - 04:15:48									
4232	1362	ZARZECKI Maciej	DŁUGIE	KB WIKON NOWA SÓL	POL	M30	1306	04:30:14	04:36:15		3666
		5km - 00:31:02, 10km - 01:02:50, 15km - 01:32:56, 20km - 02:04:12, 21km - 02:11:56, 25km - 02:37:43, 30km - 03:11:12, 35km - 03:43:41, 40km - 04:17:03									
4233	4118	SZMYT Sławomir	POZNAŃ		POL	M45	560	04:30:18	04:34:54		3667
		5km - 00:28:21, 10km - 00:56:13, 15km - 01:23:42, 20km - 01:52:14, 21km - 01:59:01, 25km - 02:23:12, 30km - 02:57:24, 35km - 03:36:07, 40km - 04:14:24									
4234	2767	JĘDRZEJCZAK Renata	RAKONIEWICE		POL	K30	268	04:30:19	04:34:49	567	
		5km - 00:29:43, 10km - 01:00:25, 15km - 01:30:21, 20km - 02:01:54, 21km - 02:09:21, 25km - 02:33:47, 30km - 03:08:12, 35km - 03:41:46, 40km - 04:15:34									
4235	350	DUDEK Rafał	CZAPURY	POLSKA	POL	M45	561	04:30:21	04:33:21		3668
		5km - 00:28:40, 10km - 00:57:35, 15km - 01:26:29, 20km - 01:56:33, 21km - 02:03:24, 25km - 02:28:54, 30km - 03:03:57, 35km - 03:39:29, 40km - 04:15:50									
4236	7208	Zawodnik anonimowy				M40	928	04:30:22	04:35:59		3669
		5km - 00:29:34, 10km - 00:59:05, 15km - 01:28:17, 20km - 01:58:37, 21km - 02:05:19, 25km - 02:29:40, 30km - 03:04:32, 35km - 03:40:55, 40km - 04:16:21									
4237	1657	PRZYWARTY Jakub	POZNAŃ		POL	M30	1307	04:30:23	04:34:17		3670
		5km - 00:28:43, 10km - 00:57:10, 15km - 01:25:25, 20km - 01:54:25, 21km - 02:00:57, 25km - 02:25:31, 30km - 03:00:14, 35km - 03:36:40, 40km - 04:16:09									
4238	5305	MADEKSZA Maciej	OLSZTYN		POL	M40	929	04:30:24	04:31:39		3671
		5km - 00:31:52, 10km - 01:02:57, 15km - 01:31:54, 20km - 02:01:51, 21km - 02:08:48, 25km - 02:32:59, 30km - 03:04:05, 35km - 03:39:21, 40km - 04:16:24									
4239	7335	OBCOWSKI Maciej	WARSZAWA		POL	M40	930	04:30:28	04:38:49		3672
		5km - 00:29:23, 10km - 00:59:03, 15km - 01:28:35, 20km - 01:58:55, 21km - 02:05:35, 25km - 02:30:13, 30km - 03:05:01, 35km - 03:41:15, 40km - 04:16:02									
4240	63	GROBELNY Ryszard	POZNAŃ	drużyna szpiku /cityzen	POL	M55	141	04:30:29	04:35:20		3673
		5km - 00:27:42, 10km - 00:55:42, 15km - 01:23:15, 20km - 01:51:32, 21km - 01:57:53, 25km - 02:20:28, 30km - 02:54:43, 35km - 03:33:33, 40km - 04:13:54									
4241	7023	NOS Łukasz	SIEMIANOWICE ŚLĄSKIE	Rotunda Rozwoju	POL	M30	1308	04:30:29	04:34:23		3673
		5km - 00:27:55, 10km - 00:55:49, 15km - 01:23:30, 20km - 01:51:19, 21km - 01:57:16, 25km - 02:20:11, 30km - 02:56:03, 35km - 03:36:33, 40km - 04:17:47									
4242	6573	MUSIELAK Sebastian	POZNAŃ		POL	M18	416	04:30:30	04:36:12		3675
		5km - 00:28:01, 10km - 00:56:01, 15km - 01:24:01, 20km - 01:54:49, 21km - 02:02:05, 25km - 02:29:16, 30km - 03:06:40, 35km - 03:42:21, 40km - 04:16:48									
4243	4147	DOBRYNIEWSKI Stanisław	LUBIN	Autorekin	POL	M40	931	04:30:31	04:30:56		3676
		5km - 00:22:43, 10km - 00:45:30, 15km - 01:07:58, 20km - 01:30:53, 21km - 01:35:46, 25km - 01:53:39, 30km - 02:17:32, 35km - 02:41:38, 40km - 03:10:42									
4244	665	LIBERACKA-KOPYTEK Ewa	MUROWANA GOŚLINA	Dzikie Małże	POL	K30	269	04:30:32	04:32:40	568	
		5km - 00:30:55, 10km - 01:02:26, 15km - 01:31:43, 20km - 02:03:21, 21km - 02:11:47, 25km - 02:36:23, 30km - 03:09:03, 35km - 03:42:56, 40km - 04:16:21									
4245	1715	STRAWSKI Marcin	WARSZAWA	ObiegUWka	POL	M40	932	04:30:33	04:38:03		3677
		5km - 00:30:24, 10km - 01:01:01, 15km - 01:30:12, 20km - 02:00:13, 21km - 02:06:36, 25km - 02:30:19, 30km - 03:01:24, 35km - 03:33:31, 40km - 04:14:16									
4246	1742	MALIS Andrzej	SWARZĘDZ	Drużyna Szpiku	POL	M45	562	04:30:34	04:38:14		3678
		5km - 00:30:56, 10km - 01:01:12, 15km - 01:31:07, 20km - 02:01:44, 21km - 02:08:15, 25km - 02:32:59, 30km - 03:05:21, 35km - 03:38:29, 40km - 04:15:20									
4247	1783	MICHALAK Sławek	ŚREM	NIGHT RUNNERS	POL	M50	228	04:30:39	04:36:45		3679
		5km - 00:29:14, 10km - 00:58:17, 15km - 01:26:13, 20km - 01:55:08, 21km - 02:02:05, 25km - 02:27:21, 30km - 03:02:13, 35km - 03:38:29, 40km - 04:15:55									
4248	834	PIEKARSKI Piotr	WROCŁAW		POL	M40	933	04:30:40	04:37:21		3680
		5km - 00:28:24, 10km - 00:57:00, 15km - 01:25:35, 20km - 01:54:57, 21km - 02:01:25, 25km - 02:24:43, 30km - 02:57:14, 35km - 03:34:38, 40km - 04:14:24									
4249	5795	URBAN Karol	RUDA ŚLĄSKA		POL	M30	1309	04:30:41	04:38:43		3681
		5km - 00:31:32, 10km - 01:02:58, 15km - 01:34:07, 20km - 02:06:41, 21km - 02:13:32, 25km - 02:38:50, 30km - 03:10:44, 35km - 03:43:02, 40km - 04:18:17									
4250	6304	PADOŁ Krzysztof	OWIŃSKA		POL	M40	934	04:30:44	04:34:27		3682
		5km - 00:26:39, 10km - 00:53:30, 15km - 01:20:05, 20km - 01:47:25, 21km - 01:53:46, 25km - 02:18:48, 30km - 02:56:04, 35km - 03:36:47, 40km - 04:16:58									
4251	1311	BARTOSZEK Marcin	WIERZEJEWICE		POL	M18	417	04:30:45	04:36:04		3683
		5km - 00:28:19, 10km - 00:56:29, 15km - 01:24:21, 20km - 01:52:26, 21km - 01:59:00, 25km - 02:22:39, 30km - 02:57:37, 35km - 03:35:17, 40km - 04:15:20									
4252	3503	SZTEJMIEC Jerzy	PUŁAWY	NOxy TKKF Puławy	POL	M55	142	04:30:45	04:38:15		3683
		5km - 00:30:43, 10km - 01:02:41, 15km - 01:33:53, 20km - 02:04:12, 21km - 02:10:53, 25km - 02:34:45, 30km - 03:06:33, 35km - 03:41:11, 40km - 04:15:54									
4253	1683	GÓŹDŹ Tomasz	BYDGOSZCZ	Jaś biega	POL	M40	935	04:30:47	04:40:38		3685
		5km - 00:29:31, 10km - 00:58:32, 15km - 01:26:41, 20km - 01:55:45, 21km - 02:02:16, 25km - 02:25:40, 30km - 02:58:43, 35km - 03:36:00, 40km - 04:15:16									
4254	2068	KUC Małgorzata	RZESZOTARY		POL	K45	58	04:30:47	04:35:47	569	
		5km - 00:27:53, 10km - 00:55:51, 15km - 01:23:39, 20km - 01:51:38, 21km - 02:01:39, 25km - 02:30:43, 30km - 03:05:53, 35km - 03:41:17, 40km - 04:14:32									
4255	2999	SZYDŁOWSKI Wiesław	ŻARÓW	Żarów Biega	POL	M50	229	04:30:47	04:38:00		3685
		5km - 00:30:31, 10km - 01:01:37, 15km - 01:31:30, 20km - 02:02:37, 21km - 02:09:05, 25km - 02:33:40, 30km - 03:06:19, 35km - 03:39:42, 40km - 04:15:27									
4256	2516	WOLNIAK Małgorzata	POZNAŃ		POL	K30	270	04:30:48	04:38:58	570	
		5km - 00:31:50, 10km - 01:03:05, 15km - 01:34:53, 20km - 02:07:04, 21km - 02:14:08, 25km - 02:39:11, 30km - 03:11:07, 35km - 03:43:13, 40km - 04:17:30									
4257	4089	GALASIŃSKI Andrzej	LUBOŃ	GRUPA SIGMEO	POL	M55	143	04:30:51	04:34:07		3687
		5km - 00:28:08, 10km - 00:56:02, 15km - 01:23:44, 20km - 01:52:30, 21km - 01:58:58, 25km - 02:23:40, 30km - 02:58:57, 35km - 03:36:08, 40km - 04:14:44									
4258	791	PĘTLAK Grzegorz	SOCHACZEW		POL	M30	1310	04:30:55	04:37:22		3688
		5km - 00:29:15, 10km - 00:58:23, 15km - 01:27:50, 20km - 01:57:42, 21km - 02:04:18, 25km - 02:28:31, 30km - 03:03:23, 35km - 03:41:15, 40km - 04:16:45									
4259	3460	DIDENKOW Sławomir	KOLECZKOWO	OsteoSport Team	POL	M50	230	04:30:56	04:37:21		3689
		5km - 00:29:33, 10km - 00:58:39, 15km - 01:27:55, 20km - 01:57:44, 21km - 02:04:19, 25km - 02:27:58, 30km - 03:03:25, 35km - 03:40:06, 40km - 04:16:26									
4260	2354	SZYMKOWSKI Aleksander	POZNAŃ	1979	POL	M40	936	04:30:56	04:36:53		3689
		5km - 00:29:40, 10km - 00:59:37, 15km - 01:29:16, 20km - 01:59:39, 21km - 02:06:05, 25km - 02:30:02, 30km - 03:03:38, 35km - 03:39:37, 40km - 04:15:35									
4261	2537	CZYKINOWSKI Adam	MACIEJOWICE	Wrocławskie Morsy	POL	M40	937	04:30:58	04:31:15		3691
		5km - 00:23:50, 10km - 00:48:57, 15km - 01:14:59, 20km - 01:44:39, 21km - 01:51:21, 25km - 02:15:42, 30km - 02:52:54, 35km - 03:33:01, 40km - 04:14:28									
4262	2121	SOLIWODA Iwona	SZCZYTNO	Klub Biegacza Jurund Szczytno	POL	K30	271	04:30:59	04:35:28	571	
		5km - 00:28:15, 10km - 00:56:37, 15km - 01:26:05, 20km - 01:59:37, 21km - 02:06:15, 25km - 02:32:36, 30km - 03:10:26, 35km - 03:44:55, 40km - 04:17:35									
4263	2104	LEWANDOWSKI Mirosław	GOLENIÓW	Goleniów	POL	M55	144	04:31:00	04:37:21		3692
		5km - 00:31:07, 10km - 01:02:55, 15km - 01:32:57, 20km - 02:03:52, 21km - 02:11:00, 25km - 02:35:31, 30km - 03:08:28, 35km - 03:42:32, 40km - 04:15:57									
4264	341	ZACHEJA Mariusz	KRUCZE	T11	POL	M40	938	04:31:04	04:31:53		3693
		5km - 00:28:12, 10km - 00:56:16, 15km - 01:24:03, 20km - 01:53:12, 21km - 02:00:01, 25km - 02:23:59, 30km - 02:57:15, 35km - 03:39:14, 40km - 04:14:48									
4265	5558	LISOWSKI Dariusz	GOSTYNIEC		POL	M45	563	04:31:07	04:39:47		3694
		5km - 00:32:15, 10km - 01:04:55, 15km - 01:37:16, 20km - 02:10:06, 21km - 02:17:04, 25km - 02:42:08, 30km - 03:15:04, 35km - 03:46:26, 40km - 04:17:59									
4266	2254	DZIERLA Michał	GOSTYŃ	GOSTYŃ	POL	M18	418	04:31:12	04:34:26		3695
		5km - 00:27:11, 10km - 00:53:59, 15km - 01:20:19, 20km - 01:47:24, 21km - 01:53:34, 25km - 02:17:49, 30km - 02:55:27, 35km - 03:39:29, 40km - 04:18:39									
4267	4326	KOCH Jan	KRAKÓW	Vege Runners	POL	M30	1311	04:31:14	04:35:54		3696
		5km - 00:27:58, 10km - 00:56:23, 15km - 01:25:15, 20km - 01:54:46, 21km - 02:01:05, 25km - 02:24:39, 30km - 02:57:57, 35km - 03:39:47, 40km - 04:17:25									
4268	4774	PRUCHNIEWSKA Agnieszka	ROKIETNICA	Rokietnica Biega	POL	K40	131	04:31:15	04:35:56	572	
		5km - 00:27:32, 10km - 00:56:16, 15km - 01:25:20, 20km - 01:57:20, 21km - 02:05:02, 25km - 02:30:24, 30km - 03:06:53, 35km - 03:42:51, 40km - 04:17:14									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
4269	4354	MAKOWSKI Mikołaj	KOMORNIKI		POL	M45	564	04:31:17	04:38:48		3697
		5km - 00:30:05, 10km - 01:01:13, 15km - 01:30:42, 20km - 02:00:47, 21km - 02:07:41, 25km - 02:31:17, 30km - 03:03:46, 35km - 03:40:44, 40km - 04:16:15									
4270	3637	RAWSKA - ŚMIECIUCH Anna	LUBACZÓW	Biegomania Lubaczów	POL	K50	25	04:31:18	04:36:07	573	
		5km - 00:29:09, 10km - 00:58:47, 15km - 01:28:22, 20km - 01:59:26, 21km - 02:06:16, 25km - 02:31:59, 30km - 03:05:57, 35km - 03:40:59, 40km - 04:16:37									
4271	2399	MULARCZYK Marta	POZNAŃ	wkurw_team	POL	K18	82	04:31:21	04:38:54	574	
		5km - 00:31:01, 10km - 01:02:07, 15km - 01:33:02, 20km - 02:04:57, 21km - 02:11:44, 25km - 02:36:35, 30km - 03:09:47, 35km - 03:43:10, 40km - 04:18:43									
4272	6606	SIWCZAK Agnieszka	WARSZAWA	wkurw_team	POL	K30	272	04:31:21	04:38:54	574	
		5km - 00:31:01, 10km - 01:02:07, 15km - 01:33:02, 20km - 02:04:57, 21km - 02:11:44, 25km - 02:36:35, 30km - 03:09:46, 35km - 03:43:09, 40km - 04:18:43									
4273	481	PRAŁAT Dawid	ZELÓW	PZU Sport Team	POL	M40	939	04:31:23	04:34:21		3698
		5km - 00:27:11, 10km - 00:54:19, 15km - 01:21:32, 20km - 01:50:25, 21km - 01:56:45, 25km - 02:21:16, 30km - 02:57:26, 35km - 03:36:26, 40km - 04:15:11									
4274	5866	BANASZAK Sławomir	CZERWONAK	Bridgestone	POL	M30	1312	04:31:24	04:35:42		3699
		5km - 00:27:01, 10km - 00:54:20, 15km - 01:21:13, 20km - 01:51:59, 21km - 01:58:43, 25km - 02:26:13, 30km - 03:07:09, 35km - 03:42:27, 40km - 04:18:04									
4275	1288	MACEŁAJTIS Szymon	POZNAŃ	Zawsze Do Mety	POL	M30	1312	04:31:24	04:34:53		3699
		5km - 00:26:43, 10km - 00:53:40, 15km - 01:20:07, 20km - 01:46:43, 21km - 01:53:09, 25km - 02:19:23, 30km - 02:54:16, 35km - 03:32:30, 40km - 04:14:41									
4276	268	KLUCZYK Mikołaj	BYDGOSZCZ	ARESZT ŚLEDCZY W BYDGOSZCZY	POL	M30	1314	04:31:27	04:37:13		3701
		5km - 00:27:55, 10km - 00:56:08, 15km - 01:24:07, 20km - 01:53:21, 21km - 02:00:01, 25km - 02:24:12, 30km - 02:58:50, 35km - 03:35:28, 40km - 04:13:59									
4277	1574	WOLNY Przemo	GRODZISZCZKO		POL	M30	1314	04:31:27	04:37:47		3701
		5km - 00:27:14, 10km - 00:54:18, 15km - 01:21:13, 20km - 01:49:08, 21km - 01:55:43, 25km - 02:23:23, 30km - 02:57:57, 35km - 03:36:06, 40km - 04:16:12									
4278	7019	Zawodnik anonimowy				M30	1314	04:31:27	04:34:06		3701
		5km - 00:27:58, 10km - 00:55:54, 15km - 01:23:26, 20km - 01:51:52, 21km - 01:58:13, 25km - 02:21:59, 30km - 02:58:21, 35km - 03:39:58, 40km - 04:18:39									
4279	2053	JÓZEFOWICZ Edyta	KOŚCIAN	Kościan Team	POL	K45	59	04:31:28	04:37:29	576	
		5km - 00:29:20, 10km - 00:59:14, 15km - 01:28:30, 20km - 02:00:22, 21km - 02:07:51, 25km - 02:32:10, 30km - 03:07:31, 35km - 03:42:19, 40km - 04:17:05									
4280	4527	MOLINUS Jakub	GOSTYŃ	evolutio CWR	POL	M40	940	04:31:28	04:33:02		3704
		5km - 00:27:21, 10km - 00:55:23, 15km - 01:23:00, 20km - 01:52:00, 21km - 01:58:52, 25km - 02:22:25, 30km - 02:58:00, 35km - 03:35:01, 40km - 04:14:52									
4281	1091	ŚWIĘCKI Przemysław	IŁAWA	SPORT A-Z TEAM IŁAWA	POL	M30	1317	04:31:29	04:36:46		3705
		5km - 00:28:08, 10km - 00:56:08, 15km - 01:23:38, 20km - 01:52:05, 21km - 01:58:17, 25km - 02:21:42, 30km - 03:01:27, 35km - 03:41:03, 40km - 04:17:16									
4282	6876	CICHOWLAS Przemysław	MIEJSKA GÓRKA	Acitve Lifestyle	POL	M18	419	04:31:30	04:41:20		3706
		5km - 00:34:38, 10km - 01:12:37, 15km - 01:46:18, 20km - 02:16:56, 21km - 02:23:30, 25km - 02:46:40, 30km - 03:17:38, 35km - 03:48:26, 40km - 04:19:03									
4283	6658	DOMAŃSKI Henryk	CHOSZCZNO	Adidas Runners Warsaw	POL	M55	145	04:31:31	04:39:02		3707
		5km - 00:30:39, 10km - 01:00:39, 15km - 01:30:10, 20km - 02:00:13, 21km - 02:07:10, 25km - 02:32:16, 30km - 03:06:39, 35km - 03:41:32, 40km - 04:18:46									
4284	6135	ZAWADZKI Waldek	POZNAŃ	Poznań	POL	M40	941	04:31:31	04:35:45		3707
		5km - 00:28:46, 10km - 00:57:37, 15km - 01:25:53, 20km - 01:55:26, 21km - 02:01:55, 25km - 02:27:32, 30km - 03:03:24, 35km - 03:41:37, 40km - 04:18:04									
4285	3221	MIKŁA Kamila	POZNAŃ	31 Baza Lotnictwa Taktycznego/Tiger F-16	POL	K30	273	04:31:33	04:37:00	577	
		5km - 00:28:39, 10km - 00:57:55, 15km - 01:27:11, 20km - 01:59:12, 21km - 02:07:12, 25km - 02:32:37, 30km - 03:08:42, 35km - 03:45:24, 40km - 04:19:12									
4286	1167	PLEWA Natalia	OBORNIKI		POL	K30	274	04:31:36	04:37:54	578	
		5km - 00:30:47, 10km - 01:01:54, 15km - 01:32:22, 20km - 02:03:58, 21km - 02:11:11, 25km - 02:36:29, 30km - 03:11:14, 35km - 03:44:56, 40km - 04:17:59									
4287	5721	MAREK Przemysław	KLECZEW		POL	M40	942	04:31:38	04:37:22		3709
		5km - 00:28:44, 10km - 00:58:06, 15km - 01:26:42, 20km - 01:55:16, 21km - 02:01:26, 25km - 02:23:30, 30km - 03:00:04, 35km - 03:37:23, 40km - 04:16:20									
4288	786	BARANIECKI Zbigniew	POZNAŃ	100Marathon Club Poland	POL	M60	62	04:31:39	04:34:59		3710
		5km - 00:27:52, 10km - 00:57:28, 15km - 01:25:17, 20km - 01:56:14, 21km - 02:03:14, 25km - 02:28:04, 30km - 03:02:48, 35km - 03:39:55, 40km - 04:16:42									
4289	3127	CHRZANOWSKI Mariusz	KOŁOBRZEG	Kołobrzeg Biega	POL	M50	231	04:31:41	04:33:46		3711
		5km - 00:24:38, 10km - 00:49:25, 15km - 01:14:06, 20km - 01:38:57, 21km - 01:44:26, 25km - 02:04:04, 30km - 02:29:00, 35km - 02:54:19, 40km - 04:16:25									
4290	133	KOZAKIEWICZ Przemysław	SANDOMIERZ	TSA Sandomierz	POL	M30	1318	04:31:42	04:34:58		3712
		5km - 00:27:31, 10km - 00:55:40, 15km - 01:23:35, 20km - 01:54:20, 21km - 02:01:09, 25km - 02:27:44, 30km - 03:07:32, 35km - 03:42:28, 40km - 04:18:50									
4291	3522	SOROKA Ewa	DĄBRÓWKA	Pan tu nie stał	POL	K30	275	04:31:43	04:36:38	579	
		5km - 00:29:30, 10km - 00:59:21, 15km - 01:28:53, 20km - 01:59:37, 21km - 02:06:16, 25km - 02:31:13, 30km - 03:05:50, 35km - 03:42:28, 40km - 04:17:16									
4292	4445	WALOSZCZYK Łukasz	POZNAŃ	Fred & Waloy	POL	M40	943	04:31:43	04:36:19		3713
		5km - 00:28:14, 10km - 00:57:04, 15km - 01:24:32, 20km - 01:53:08, 21km - 01:59:34, 25km - 02:22:10, 30km - 02:55:33, 35km - 03:31:55, 40km - 04:15:06									
4293	6560	Zawodnik anonimowy				M50	232	04:31:44	04:36:07		3714
		5km - 00:28:16, 10km - 00:57:06, 15km - 01:25:40, 20km - 01:56:04, 21km - 02:02:33, 25km - 02:27:29, 30km - 03:01:52, 35km - 03:39:42, 40km - 04:17:50									
4294	1570	LENARTOWICZ Ryszard	BARLINEK	Moczydło Exclusive Running Team	POL	M30	1319	04:31:46	04:32:59		3715
		5km - 00:27:24, 10km - 00:54:38, 15km - 01:21:54, 20km - 01:50:23, 21km - 01:56:30, 25km - 02:19:28, 30km - 02:55:38, 35km - 03:36:36, 40km - 04:17:27									
4295	7138	GUMOWSKA Anna	ŁAPY	Zwycięzca Fundacja Darka Strychalskiego	POL	K50	26	04:31:47	04:36:52	580	
		5km - 00:28:57, 10km - 00:58:31, 15km - 01:28:11, 20km - 01:59:07, 21km - 02:06:07, 25km - 02:31:35, 30km - 03:06:18, 35km - 03:41:54, 40km - 04:17:32									
4296	3388	SURDACKI Piotr	SZCZECIN		POL	M40	944	04:31:49	04:35:09		3716
		5km - 00:26:36, 10km - 00:53:31, 15km - 01:21:21, 20km - 01:52:41, 21km - 01:59:31, 25km - 02:27:56, 30km - 03:05:57, 35km - 03:42:40, 40km - 04:18:06									
4297	2584	CZARNYSZKA Michał	POZNAŃ		POL	M30	1320	04:31:53	04:33:03		3717
		5km - 00:26:11, 10km - 00:53:22, 15km - 01:22:13, 20km - 01:50:56, 21km - 01:58:04, 25km - 02:20:10, 30km - 02:50:39, 35km - 03:28:47, 40km - 04:14:12									
4298	4428	KACZMAREK Tymon	ZAKRZEWO	Parkrun Dąbrówka	POL	M30	1320	04:31:53	04:33:29		3717
		5km - 00:27:00, 10km - 00:54:57, 15km - 01:22:22, 20km - 01:50:09, 21km - 01:56:15, 25km - 02:18:35, 30km - 02:47:56, 35km - 03:20:33, 40km - 04:05:54									
4299	6193	MĄDROWSKI Jakub	ŁOWYŃ		POL	M18	420	04:31:53	04:37:58		3717
		5km - 00:27:36, 10km - 00:55:29, 15km - 01:23:30, 20km - 01:51:39, 21km - 01:57:50, 25km - 02:20:36, 30km - 02:51:07, 35km - 03:30:50, 40km - 04:14:10									
4300	1706	ZACHEJA Jacek	LESZNO		POL	M40	945	04:31:54	04:38:02		3720
		5km - 00:28:28, 10km - 00:55:34, 15km - 01:23:11, 20km - 01:53:28, 21km - 02:00:30, 25km - 02:26:26, 30km - 03:01:52, 35km - 03:38:51, 40km - 04:16:27									
4301	2609	KLUPŚ Mieczysław	SUCHY LAS		POL	M60	63	04:31:55	04:33:09		3721
		5km - 00:29:19, 10km - 00:59:43, 15km - 01:29:58, 20km - 02:00:48, 21km - 02:08:00, 25km - 02:32:22, 30km - 03:05:49, 35km - 03:40:22, 40km - 04:16:16									
4302	3907	MACHOWIAK Dominik	KÓRNIK	Machowiak Team	POL	M30	1322	04:31:56	04:38:19		3722
		5km - 00:31:38, 10km - 01:02:57, 15km - 01:34:53, 20km - 02:06:59, 21km - 02:14:04, 25km - 02:39:30, 30km - 03:12:07, 35km - 03:45:07, 40km - 04:18:09									
4303	3884	MACHOWIAK Mariusz	BIERNATKI		POL	M30	1322	04:31:56	04:38:19		3722
		5km - 00:31:37, 10km - 01:02:57, 15km - 01:34:53, 20km - 02:06:59, 21km - 02:14:04, 25km - 02:39:30, 30km - 03:12:07, 35km - 03:45:07, 40km - 04:18:11									
4304	5160	WOJDAK Zbigniew	ŻAGAŃ	11 DKPanc	POL	M55	146	04:31:58	04:37:22		3724
		5km - 00:27:52, 10km - 00:56:10, 15km - 01:24:22, 20km - 01:54:37, 21km - 02:01:04, 25km - 02:25:44, 30km - 03:01:23, 35km - 03:38:31, 40km - 04:14:55									
4305	4199	SZAŁKIEWICZ Wojtek	POZNAŃ		POL	M18	421	04:31:59	04:39:37		3725
		5km - 00:29:20, 10km - 00:58:44, 15km - 01:27:52, 20km - 01:57:44, 21km - 02:04:19, 25km - 02:28:46, 30km - 03:03:35, 35km - 03:41:20, 40km - 04:17:13									
4306	273	GRABOWSKI Konrad	KŁECKO	Witkowo Biega	POL	M30	1324	04:32:01	04:38:58		3726
		5km - 00:30:15, 10km - 00:59:59, 15km - 01:29:30, 20km - 01:59:02, 21km - 02:05:36, 25km - 02:29:18, 30km - 03:03:51, 35km - 03:43:30, 40km - 04:18:17									
4307	1029	MERCIK Wioleta	KRAKÓW	#YOLOTEAMKRK / Night Runners	POL	K30	276	04:32:01	04:35:34	581	
		5km - 00:29:10, 10km - 00:57:44, 15km - 01:26:36, 20km - 01:57:26, 21km - 02:04:07, 25km - 02:29:18, 30km - 03:04:12, 35km - 03:41:04, 40km - 04:17:43									
4308	3410	OSUCHOWKI Marek	GARBY	GARBARZYŃCY TEAM	POL	M40	946	04:32:01	04:39:00		3726
		5km - 00:31:46, 10km - 01:03:41, 15km - 01:34:19, 20km - 02:05:44, 21km - 02:13:47, 25km - 02:38:37, 30km - 03:12:08, 35km - 03:45:57, 40km - 04:19:06									
4309	3740	LEMAŃSKI Marcin	POZNAŃ		POL	M18	422	04:32:05	04:34:47		3728
		5km - 00:29:02, 10km - 00:57:30, 15km - 01:25:24, 20km - 01:53:41, 21km - 02:00:03, 25km - 02:23:08, 30km - 02:59:20, 35km - 03:37:32, 40km - 04:16:56									
4310	1016	KAFLIŃSKI Adam	NOWY SĄCZ	100	POL	M18	423	04:32:06	04:39:52		3729
		5km - 00:31:12, 10km - 01:02:59, 15km - 01:33:34, 20km - 02:04:54, 21km - 02:11:34, 25km - 02:36:17, 30km - 03:10:40, 35km - 03:44:50, 40km - 04:18:53									
4311	2402	ULICZKA Dariusz	BYTOM		POL	M40	947	04:32:08	04:37:03		3730
		5km - 00:27:46, 10km - 00:55:11, 15km - 01:21:34, 20km - 01:49:33, 21km - 01:55:58, 25km - 02:19:06, 30km - 02:53:23, 35km - 03:35:18, 40km - 04:14:17									
4312	2280	JAGIELSKI Bartłomiej	KALISZ		POL	M30	1325	04:32:14	04:38:33		3731
		5km - 00:28:46, 10km - 00:57:50, 15km - 01:26:49, 20km - 01:56:24, 21km - 02:03:12, 25km - 02:26:55, 30km - 03:02:20, 35km - 03:40:31, 40km - 04:17:37									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
4313	4831	BOJARSKI Filip	POZNAŃ		POL	M18	424	04:32:18	04:37:09		3732
		5km - 00:28:28, 10km - 00:57:04, 15km - 01:24:58, 20km - 01:53:35, 21km - 02:00:03, 25km - 02:23:14, 30km - 02:55:39, 35km - 03:35:11, 40km - 04:17:04									
4314	3857	FEDORCZUK Jarosław	BORÓWIEC	JFDesign	POL	M30	1326	04:32:18	04:34:54		3732
		5km - 00:27:53, 10km - 00:56:30, 15km - 01:24:51, 20km - 01:55:10, 21km - 02:01:48, 25km - 02:28:50, 30km - 03:04:02, 35km - 03:41:08, 40km - 04:19:13									
4315	566	CZAJKA Roman	POZNAŃ	HERNIK TEAM	POL	M60	64	04:32:19	04:39:28		3734
		5km - 00:30:23, 10km - 01:00:19, 15km - 01:29:58, 20km - 02:00:23, 21km - 02:08:08, 25km - 02:31:45, 30km - 03:05:48, 35km - 03:42:52, 40km - 04:18:46									
4316	4333	JAGIEŁO Sylwia	INOWROCŁAW	100	POL	K40	132	04:32:19	04:39:21	582	
		5km - 00:30:01, 10km - 00:59:01, 15km - 01:27:49, 20km - 01:57:50, 21km - 02:05:40, 25km - 02:30:29, 30km - 03:07:30, 35km - 03:43:16, 40km - 04:18:22									
4317	5501	KWIATKOWSKA Zuzanna	POZNAŃ	Ciastki.pz	POL	K18	83	04:32:19	04:39:50	582	
		5km - 00:31:06, 10km - 01:03:14, 15km - 01:35:02, 20km - 02:07:13, 21km - 02:14:11, 25km - 02:39:26, 30km - 03:12:44, 35km - 03:45:59, 40km - 04:18:54									
4318	7137	ŚWIEĆ Piotr	LUBLIN	MediStom Team	POL	M45	565	04:32:25	04:35:19		3735
		5km - 00:27:58, 10km - 00:57:10, 15km - 01:26:04, 20km - 01:58:24, 21km - 02:06:03, 25km - 02:31:47, 30km - 03:06:57, 35km - 03:42:45, 40km - 04:17:17									
4319	1300	Zawodnik anonimowy				M45	565	04:32:25	04:39:03		3735
		5km - 00:31:07, 10km - 01:03:29, 15km - 01:34:22, 20km - 02:05:38, 21km - 02:13:20, 25km - 02:37:49, 30km - 03:11:37, 35km - 03:45:39, 40km - 04:19:43									
4320	6233	BLICHAR Sebastian	WROCŁAW		POL	M40	948	04:32:26	04:40:26		3737
		5km - 00:29:20, 10km - 00:59:34, 15km - 01:27:02, 20km - 01:56:11, 21km - 02:02:52, 25km - 02:27:26, 30km - 03:02:38, 35km - 03:39:00, 40km - 04:16:55									
4321	899	HEBANOWSKI Łukasz	GDYNIA		POL	M40	949	04:32:30	04:40:34		3738
		5km - 00:30:36, 10km - 01:01:16, 15km - 01:30:01, 20km - 01:59:19, 21km - 02:06:26, 25km - 02:29:47, 30km - 03:04:18, 35km - 03:40:27, 40km - 04:18:26									
4322	1891	CHOJNACKI Arkadiusz	BYDGOSZCZ	Night Runners	POL	M18	425	04:32:34	04:38:14		3739
		5km - 00:29:03, 10km - 00:58:56, 15km - 01:27:41, 20km - 01:57:55, 21km - 02:04:49, 25km - 02:28:29, 30km - 03:01:52, 35km - 03:39:20, 40km - 04:17:06									
4323	5888	MIKŁASZ-ZAKRZEWSKA Aleksandra	POZNAŃ	Biegiem do kuchni	POL	K18	84	04:32:39	04:41:19	584	
		5km - 00:31:11, 10km - 01:02:42, 15km - 01:34:16, 20km - 02:06:34, 21km - 02:13:36, 25km - 02:38:35, 30km - 03:10:58, 35km - 03:44:25, 40km - 04:18:29									
4324	3028	WEILAND Emila	UNISŁAW	Drużyna Szpiku	POL	K40	133	04:32:40	04:38:31	585	
		5km - 00:29:01, 10km - 00:58:15, 15km - 01:26:52, 20km - 01:57:07, 21km - 02:03:56, 25km - 02:30:34, 30km - 03:07:58, 35km - 03:43:25, 40km - 04:18:03									
4325	4574	GAWIN Andrzej	MIASTKO	MTS HAMER IMIASTKO	POL	M30	1327	04:32:42	04:34:00		3740
		5km - 00:25:10, 10km - 00:50:15, 15km - 01:15:36, 20km - 01:41:58, 21km - 01:48:07, 25km - 02:12:54, 30km - 02:46:21, 35km - 03:28:23, 40km - 04:16:23									
4326	5642	KEMPA Piotr	KALISZ		POL	M45	567	04:32:42	04:37:12		3740
		5km - 00:27:44, 10km - 00:55:42, 15km - 01:23:22, 20km - 01:51:49, 21km - 01:58:31, 25km - 02:22:36, 30km - 02:57:16, 35km - 03:36:40, 40km - 04:16:14									
4327	3248	KUPIS Marta	OLSZTYN	Biegam bo lubię	POL	K40	134	04:32:44	04:35:05	586	
		5km - 00:31:18, 10km - 01:03:50, 15km - 01:35:31, 20km - 02:08:18, 21km - 02:15:02, 25km - 02:39:34, 30km - 03:12:29, 35km - 03:45:30, 40km - 04:19:09									
4328	1108	PAWŁOWSKA Aneta	WAŁCZ		POL	K40	134	04:32:44	04:36:56	586	
		5km - 00:28:35, 10km - 00:57:36, 15km - 01:26:50, 20km - 01:57:48, 21km - 02:05:02, 25km - 02:30:18, 30km - 03:06:05, 35km - 03:42:22, 40km - 04:17:23									
4329	1109	PAWŁOWSKI Rafał	WAŁCZ		POL	M45	568	04:32:44	04:36:56		3742
		5km - 00:28:35, 10km - 00:57:36, 15km - 01:26:50, 20km - 01:57:47, 21km - 02:05:02, 25km - 02:30:18, 30km - 03:06:05, 35km - 03:42:22, 40km - 04:17:23									
4330	2607	WALKOWIAK Bartosz	BORÓWIEC		POL	M30	1328	04:32:44	04:37:53		3742
		5km - 00:28:28, 10km - 00:56:40, 15km - 01:24:24, 20km - 01:52:36, 21km - 01:59:02, 25km - 02:23:02, 30km - 02:58:35, 35km - 03:38:33, 40km - 04:15:51									
4331	1353	GLAPA Krzysztof	GOŁUSKI		POL	M40	950	04:32:46	04:32:46		3744
		5km - , 10km - 01:21:59, 15km - 01:47:43, 20km - 02:15:04, 21km - 02:21:02, 25km - 02:42:51, 30km - 03:13:24, 35km - 03:47:07, 40km - 04:19:49									
4332	4105	DURZYŃSKI Marcin	KOŚCIAN	Bejot Team	POL	M30	1329	04:32:48	04:40:27		3745
		5km - 00:30:45, 10km - 01:01:32, 15km - 01:31:44, 20km - 02:01:37, 21km - 02:08:03, 25km - 02:31:30, 30km - 03:03:49, 35km - 03:40:26, 40km - 04:18:02									
4333	5794	KĘDZIA Grzegorz	TRZEBNICA		POL	M45	569	04:32:50	04:34:11		3746
		5km - 00:25:47, 10km - 00:51:53, 15km - 01:18:28, 20km - 01:46:36, 21km - 01:52:39, 25km - 02:15:00, 30km - 02:46:40, 35km - 03:26:01, 40km - 04:12:24									
4334	3156	UZNAŃSKA Agata	KOŁOBRZEG	Kołobrzeg biega	POL	K55	5	04:32:50	04:38:29	588	
		5km - 00:32:20, 10km - 01:05:41, 15km - 01:37:32, 20km - 02:10:06, 21km - 02:18:14, 25km - 02:43:22, 30km - 03:15:54, 35km - 03:47:55, 40km - 04:19:46									
4335	243	NIESTRAWSKA-KAŹMIERCZAK Małgorzata	JAROCIN		POL	K40	136	04:32:51	04:36:03	589	
		5km - 00:28:42, 10km - 00:57:29, 15km - 01:26:49, 20km - 01:56:29, 21km - 02:04:46, 25km - 02:28:54, 30km - 03:04:39, 35km - 03:40:19, 40km - 04:19:25									
4336	4296	BARAN Jędrzej	SZCZECIN	Hasaj to!	POL	M30	1330	04:32:53	04:34:33		3747
		5km - 00:27:22, 10km - 00:54:48, 15km - 01:22:06, 20km - 01:49:45, 21km - 01:55:49, 25km - 02:19:46, 30km - 02:55:32, 35km - 03:34:41, 40km - 04:15:24									
4337	2312	MARCINKIEWICZ Jan	ALEKSANDRÓW KUJAWSKI	Rodzinka Na Medal	POL	M60	65	04:32:53	04:37:03		3747
		5km - 00:27:58, 10km - 00:57:19, 15km - 01:25:33, 20km - 01:55:09, 21km - 02:02:08, 25km - 02:25:13, 30km - 02:59:11, 35km - 03:39:20, 40km - 04:19:18									
4338	1561	ZIELONKA Mariusz	POZNAŃ	PKB Enforfina Piotrków/ Poznań	POL	M45	570	04:32:54	04:39:56		3749
		5km - 00:30:05, 10km - 00:59:27, 15km - 01:28:15, 20km - 01:58:36, 21km - 02:07:35, 25km - 02:36:20, 30km - 03:10:14, 35km - 03:46:53, 40km - 04:19:42									
4339	3868	ŁUCZAK Tomasz	POZNAŃ	StruśKardio	POL	M45	571	04:32:55	04:39:38		3750
		5km - 00:30:04, 10km - 00:59:52, 15km - 01:29:08, 20km - 01:58:48, 21km - 02:05:17, 25km - 02:29:11, 30km - 03:03:10, 35km - 03:40:38, 40km - 04:18:02									
4340	6966	KOCIEMBA Darek	POZNAN		POL	M40	951	04:32:56	04:38:45		3751
		5km - 00:29:41, 10km - 00:59:17, 15km - 01:28:30, 20km - 01:58:12, 21km - 02:04:24, 25km - 02:27:00, 30km - 02:58:06, 35km - 03:35:11, 40km - 04:17:59									
4341	2929	CHROBOK Gerard	CIESZYN	Olza Cieszyn	POL	M55	147	04:32:59	04:35:52		3752
		5km - 00:28:08, 10km - 00:56:31, 15km - 01:25:03, 20km - 01:54:30, 21km - 02:01:19, 25km - 02:25:19, 30km - 03:00:25, 35km - 03:38:52, 40km - 04:17:33									
4342	6115	SOBEŁ Łukasz	UJAZD	B&B Team	POL	M30	1331	04:32:59	04:37:26		3752
		5km - 00:27:30, 10km - 00:54:59, 15km - 01:22:16, 20km - 01:50:13, 21km - 01:56:40, 25km - 02:19:02, 30km - 02:54:23, 35km - 03:31:33, 40km - 04:14:34									
4343	2930	CHROBOK Józefa	CIESZYN	Olza Cieszyn	POL	K45	60	04:33:00	04:35:52	590	
		5km - 00:28:09, 10km - 00:56:55, 15km - 01:26:09, 20km - 01:58:48, 21km - 02:06:00, 25km - 02:30:58, 30km - 03:06:00, 35km - 03:40:29, 40km - 04:17:34									
4344	3644	SUSKI Patryk	OSTRÓW WIELKOPOLSKI	KS Maraton Ostrów Wlkp.	POL	M30	1332	04:33:01	04:36:45		3754
		5km - 00:28:46, 10km - 00:57:42, 15km - 01:26:53, 20km - 01:56:48, 21km - 02:03:43, 25km - 02:28:23, 30km - 03:04:42, 35km - 03:44:20, 40km - 04:18:44									
4345	5975	RĘBIELEWSKI Marcin	WROCŁAW		POL	M30	1333	04:33:02	04:40:13		3755
		5km - 00:27:22, 10km - 00:54:54, 15km - 01:22:47, 20km - 01:54:09, 21km - 02:01:20, 25km - 02:27:38, 30km - 03:03:45, 35km - 03:39:36, 40km - 04:16:12									
4346	1920	DĄBEK Arkadiusz	GNIEZNO		POL	M50	233	04:33:04	04:36:16		3756
		5km - 00:26:48, 10km - 00:55:54, 15km - 01:24:28, 20km - 01:53:54, 21km - 02:00:51, 25km - 02:27:50, 30km - 03:03:21, 35km - 03:41:52, 40km - 04:19:50									
4347	4362	WITKIEWICZ Pawel	POZNAN		POL	M40	952	04:33:04	04:38:33		3756
		5km - 00:28:14, 10km - 00:56:09, 15km - 01:24:01, 20km - 01:52:25, 21km - 01:58:49, 25km - 02:21:33, 30km - 02:54:30, 35km - 03:30:17, 40km - 04:12:29									
4348	983	PLAZINSKA-WYKURZ Agnieszka	POBIEDZISKA		POL	K30	277	04:33:05	04:39:27	591	
		5km - 00:30:39, 10km - 01:01:03, 15km - 01:30:51, 20km - 02:01:31, 21km - 02:08:13, 25km - 02:32:51, 30km - 03:06:04, 35km - 03:41:39, 40km - 04:19:00									
4349	984	WRÓBLEWSKA Aleksandra	SWARZĘDZ		POL	K18	85	04:33:05	04:39:27	591	
		5km - 00:30:40, 10km - 01:01:03, 15km - 01:30:52, 20km - 02:01:31, 21km - 02:08:13, 25km - 02:32:52, 30km - 03:06:05, 35km - 03:41:39, 40km - 04:18:58									
4350	6530	GOŹDZIEWICZ Filip	POZNAŃ	FifiPaulaEmi	POL	M18	426	04:33:09	04:39:52		3758
		5km - 00:30:04, 10km - 00:59:52, 15km - 01:29:08, 20km - 01:58:48, 21km - 02:05:18, 25km - 02:29:11, 30km - 03:03:10, 35km - 03:40:39, 40km - 04:18:03									
4351	7205	DANECKI Jacek	POZNAŃ	Hill Inn	POL	M50	234	04:33:10	04:39:27		3759
		5km - 00:28:46, 10km - 00:58:16, 15km - 01:27:25, 20km - 01:57:59, 21km - 02:05:13, 25km - 02:29:27, 30km - 03:04:22, 35km - 03:40:33, 40km - 04:18:15									
4352	6362	JASIŃSKA Lidia	POZNAŃ		POL	K45	61	04:33:11	04:40:35	593	
		5km - 00:30:29, 10km - 01:02:25, 15km - 01:34:10, 20km - 02:07:16, 21km - 02:14:11, 25km - 02:39:02, 30km - 03:12:01, 35km - 03:45:43, 40km - 04:19:15									
4353	5341	MELCER Karol	KOŚCIAN	Sana Kościan	POL	M30	1334	04:33:11	04:39:29		3760
		5km - 00:29:09, 10km - 00:58:34, 15km - 01:28:05, 20km - 01:57:54, 21km - 02:04:29, 25km - 02:28:19, 30km - 03:01:11, 35km - 03:40:25, 40km - 04:19:52									
4354	7000	BUREK Andrzej	SZCZECIN	K,S,P im,Św,Rodziny-Szczecin	POL	M65	24	04:33:17	04:36:40		3761
		5km - 00:29:13, 10km - 00:57:33, 15km - 01:25:39, 20km - 01:55:29, 21km - 02:02:06, 25km - 02:26:19, 30km - 03:00:35, 35km - 03:38:12, 40km - 04:16:11									
4355	4393	ANDRZEJEWSKI Waldemar	POZNAN		POL	M55	148	04:33:19	04:39:00		3762
		5km - 00:27:26, 10km - 00:55:01, 15km - 01:22:50, 20km - 01:52:06, 21km - 01:59:30, 25km - 02:24:13, 30km - 03:00:05, 35km - 03:40:20, 40km - 04:17:48									
4356	3551	STEFAŃCZYK Teresa	ALEKSANDRÓW ŁÓDZKI	AGB TORFY	POL	K50	27	04:33:19	04:39:02	594	
		5km - 00:29:11, 10km - 00:59:38, 15km - 01:28:39, 20km - 01:58:54, 21km - 02:05:45, 25km - 02:29:21, 30km - 03:03:54, 35km - 03:41:55, 40km - 04:18:15									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
4357	1388	VLADYMYROV Dmytro	SZCZECIN	Wataha	UKR	M30	1335	04:33:20	04:33:20		3763
		5km - , 10km - , 15km - , 20km - , 21km - , 25km - 02:16:25, 30km - 02:51:37, 35km - 03:33:35, 40km - 04:15:49									
4358	4575	GÓRSKA Tatiana	ALEKSANDRÓW ŁÓDZKI	Running Tetis	POL	K50	28	04:33:21	04:39:02	595	
		5km - 00:29:12, 10km - 00:59:40, 15km - 01:28:41, 20km - 01:59:01, 21km - 02:05:47, 25km - 02:29:26, 30km - 03:03:58, 35km - 03:41:57, 40km - 04:18:18									
4359	5963	PIELAK Przemysław	NOWE MIASTO LUBAWSKIE		POL	M18	427	04:33:21	04:40:02		3764
		5km - 00:30:04, 10km - 00:59:40, 15km - 01:28:36, 20km - 01:58:39, 21km - 02:06:19, 25km - 02:30:10, 30km - 03:04:01, 35km - 03:41:39, 40km - 04:18:05									
4360	723	WRONA Tymoteusz	KRAKÓW	#AdamCzerwińskiTeam	POL	M45	572	04:33:21	04:40:04		3764
		5km - 00:30:25, 10km - 01:00:41, 15km - 01:30:16, 20km - 02:00:27, 21km - 02:07:17, 25km - 02:31:22, 30km - 03:04:41, 35km - 03:40:54, 40km - 04:17:55									
4361	4823	SMITH Philip	LONDON	UK Athletics	GBR	M30	1336	04:33:22	04:38:36		3766
		5km - 00:31:54, 10km - 01:02:42, 15km - 01:33:11, 20km - 02:03:13, 21km - 02:10:18, 25km - 02:33:45, 30km - 03:05:52, 35km - 03:40:18, 40km - 04:17:20									
4362	2528	FRYDRYCH Szymon	BOLESŁAWIEC		POL	M18	428	04:33:23	04:41:05		3767
		5km - 00:30:56, 10km - 01:03:26, 15km - 01:35:19, 20km - 02:07:38, 21km - 02:14:45, 25km - 02:39:52, 30km - 03:12:26, 35km - 03:45:06, 40km - 04:19:11									
4363	5515	SELEMAN Dariusz	GDAŃSK	DUDYCZ run	POL	M50	235	04:33:24	04:36:58		3768
		5km - 00:26:54, 10km - 00:53:33, 15km - 01:20:12, 20km - 01:46:46, 21km - 01:52:33, 25km - 02:13:44, 30km - 02:43:13, 35km - 03:19:40, 40km - 04:15:07									
4364	6170	ROSZAK Waldemar	WARSZAWA	Biegam na Zielonej Białołęce	POL	M50	236	04:33:27	04:34:43		3769
		5km - 00:28:14, 10km - 00:56:19, 15km - 01:23:49, 20km - 01:52:07, 21km - 01:58:06, 25km - 02:20:21, 30km - 02:50:43, 35km - 03:26:00, 40km - 04:13:48									
4365	6227	NADOLNY Daniel	PAWŁOWICE	Od Poniedziałku	POL	M30	1337	04:33:28	04:39:49		3770
		5km - 00:30:22, 10km - 01:00:37, 15km - 01:30:47, 20km - 02:01:12, 21km - 02:08:35, 25km - 02:32:26, 30km - 03:07:45, 35km - 03:43:45, 40km - 04:18:35									
4366	6630	ADAMCZAK Jolanta	PAWŁOWICE	od poniedziałku	POL	K45	62	04:33:29	04:39:50	596	
		5km - 00:30:21, 10km - 01:00:37, 15km - 01:30:47, 20km - 02:01:12, 21km - 02:08:35, 25km - 02:32:26, 30km - 03:07:44, 35km - 03:43:46, 40km - 04:18:41									
4367	6277	KASPRZAK Maciej	KRZEMIENIEWO	,,OD PONIEDZIAŁKU'' Krzemieniewo	POL	M30	1338	04:33:29	04:39:50		3771
		5km - 00:30:21, 10km - 01:00:37, 15km - 01:30:47, 20km - 02:01:12, 21km - 02:08:35, 25km - 02:32:25, 30km - 03:07:43, 35km - 03:43:43, 40km - 04:18:32									
4368	4272	KLICH Izabela	MYSŁOWICE	Truchtacz Mysłowice	POL	K30	278	04:33:31	04:41:06	597	
		5km - 00:30:55, 10km - 01:03:12, 15km - 01:34:57, 20km - 02:06:58, 21km - 02:13:58, 25km - 02:38:50, 30km - 03:11:26, 35km - 03:44:04, 40km - 04:19:14									
4369	2448	ŁYSIAK Piotr	ZIELONA GÓRA		POL	M45	573	04:33:32	04:43:07		3772
		5km - 00:31:39, 10km - 01:07:03, 15km - 01:37:23, 20km - 02:09:31, 21km - 02:16:28, 25km - 02:41:47, 30km - 03:14:09, 35km - 03:46:47, 40km - 04:20:12									
4370	3005	RYBAK Wojciech	SUCHY BÓR	Fast Foot Opole	POL	M45	574	04:33:33	04:39:17		3773
		5km - 00:28:26, 10km - 00:56:44, 15km - 01:24:33, 20km - 01:53:14, 21km - 01:59:31, 25km - 02:21:57, 30km - 02:57:02, 35km - 03:34:59, 40km - 04:16:35									
4371	1252	ŁAGANOWSKA Karolina	BRONIEWICE		POL	K45	63	04:33:33	04:37:55	598	
		5km - 00:28:29, 10km - 00:57:00, 15km - 01:25:45, 20km - 01:56:08, 21km - 02:02:47, 25km - 02:27:32, 30km - 03:01:57, 35km - 03:38:36, 40km - 04:17:39									
4372	819	BILIŃSKI Rafał	SZPROTAWA	Rafalbil76	POL	M40	953	04:33:43	04:35:59		3774
		5km - 00:27:57, 10km - 00:57:21, 15km - 01:26:50, 20km - 01:59:08, 21km - 02:07:14, 25km - 02:31:52, 30km - 03:07:38, 35km - 03:42:34, 40km - 04:18:46									
4373	3817	NAZIM Tadeusz	SKAWINA	Skawina Biega	POL	M70	6	04:33:45	04:38:01		3775
		5km - 00:28:17, 10km - 00:57:35, 15km - 01:25:19, 20km - 01:55:35, 21km - 02:02:17, 25km - 02:27:27, 30km - 03:03:19, 35km - 03:40:22, 40km - 04:18:26									
4374	5550	GÓRA Michał	POZNAŃ		POL	M30	1339	04:33:48	04:39:44		3776
		5km - 00:31:49, 10km - 01:03:01, 15km - 01:34:05, 20km - 02:05:20, 21km - 02:12:07, 25km - 02:35:59, 30km - 03:06:43, 35km - 03:41:19, 40km - 04:18:42									
4375	3837	SZCZEPANIAK Łukasz	POBIEDZISKA	Pobiedziska Running Team	POL	M30	1339	04:33:48	04:38:34		3776
		5km - 00:27:42, 10km - 00:55:20, 15km - 01:22:48, 20km - 01:51:06, 21km - 01:57:22, 25km - 02:20:10, 30km - 02:54:53, 35km - 03:37:11, 40km - 04:17:49									
4376	5366	MISZKOWICZ Marcin	POZNAŃ		POL	M45	575	04:33:53	04:38:47		3778
		5km - 00:27:26, 10km - 00:55:06, 15km - 01:22:36, 20km - 01:51:29, 21km - 01:58:00, 25km - 02:21:12, 30km - 02:55:10, 35km - 03:32:11, 40km - 04:17:01									
4377	1739	ZBORALSKI Łukasz	POZNAŃ		POL	M40	954	04:33:53	04:40:16		3778
		5km - 00:29:15, 10km - 00:58:46, 15km - 01:28:00, 20km - 01:57:59, 21km - 02:04:59, 25km - 02:28:53, 30km - 03:02:41, 35km - 03:38:59, 40km - 04:16:56									
4378	3587	MICHALSKI Łukasz	PLEWISKA	Woodrun	POL	M30	1341	04:33:55	04:41:33		3780
		5km - 00:31:18, 10km - 01:02:18, 15km - 01:32:46, 20km - 02:04:03, 21km - 02:10:40, 25km - 02:35:04, 30km - 03:08:50, 35km - 03:45:17, 40km - 04:20:10									
4379	2987	KARPINSKI Paweł	JACEWO	OpenTeam	POL	M40	955	04:34:03	04:38:10		3781
		5km - 00:26:52, 10km - 00:53:27, 15km - 01:20:14, 20km - 01:47:22, 21km - 01:53:57, 25km - 02:15:48, 30km - 02:49:09, 35km - 03:31:38, 40km - 04:14:43									
4380	4477	ŁUKOWIAK Rafał	POZNAŃ		POL	M50	237	04:34:03	04:41:18		3781
		5km - 00:28:48, 10km - 00:58:07, 15km - 01:27:09, 20km - 01:56:24, 21km - 02:02:51, 25km - 02:26:00, 30km - 02:57:57, 35km - 03:37:31, 40km - 04:18:27									
4381	6370	WASIL Adam	UGNIEWO	Ostrów Biega	POL	M45	576	04:34:05	04:37:48		3783
		5km - 00:27:09, 10km - 00:55:53, 15km - 01:24:53, 20km - 01:54:10, 21km - 02:01:09, 25km - 02:26:24, 30km - 03:02:04, 35km - 03:41:22, 40km - 04:19:01									
4382	5665	KASPRZAK Tomasz	TULCE	Teraz Tulce	POL	M30	1342	04:34:11	04:42:00		3784
		5km - 00:29:19, 10km - 00:57:57, 15km - 01:26:29, 20km - 01:55:59, 21km - 02:02:33, 25km - 02:26:10, 30km - 03:00:59, 35km - 03:39:25, 40km - 04:19:36									
4383	5811	BÓRKOWSKI Mikołaj	POZNAŃ	można na rowerze?	POL	M30	1343	04:34:12	04:41:47		3785
		5km - 00:30:57, 10km - 01:02:55, 15km - 01:32:41, 20km - 02:03:08, 21km - 02:09:51, 25km - 02:34:08, 30km - 03:07:02, 35km - 03:42:13, 40km - 04:17:55									
4384	7192	PIWNICKI Mateusz	WARKA	KS START PUŁASKI WARKA	POL	M18	429	04:34:17	04:39:31		3786
		5km - 00:28:22, 10km - 00:56:10, 15km - 01:24:14, 20km - 01:53:34, 21km - 02:00:15, 25km - 02:26:41, 30km - 03:08:18, 35km - 03:45:24, 40km - 04:22:01									
4385	2097	LEŚNIEWSKI Marek	SWARZĘDZ	Nie Ma Lipy Swarzędz Team	POL	M40	956	04:34:19	04:37:57		3787
		5km - 00:27:18, 10km - 00:56:39, 15km - 01:23:59, 20km - 01:52:43, 21km - 01:59:12, 25km - 02:22:59, 30km - 03:00:15, 35km - 03:38:35, 40km - 04:17:54									
4386	6375	MAJKA Wojciech	ZIELONKI		POL	M18	430	04:34:19	04:42:57		3787
		5km - 00:31:42, 10km - 01:01:44, 15km - 01:31:20, 20km - 02:01:33, 21km - 02:08:17, 25km - 02:33:28, 30km - 03:07:56, 35km - 03:45:02, 40km - 04:20:59									
4387	6633	FRONTCZAK Marek	KALISZ	Supermaratończyk Kalisz	POL	M65	25	04:34:20	04:42:53		3789
		5km - 00:31:52, 10km - 01:05:16, 15km - 01:36:31, 20km - 02:07:58, 21km - 02:15:10, 25km - 02:38:40, 30km - 03:11:21, 35km - 03:45:47, 40km - 04:19:55									
4388	2611	MAŁKIŃSKI Józef	BYDGOSZCZ	RWT BYDGOSZCZ	POL	M60	66	04:34:20	04:36:31		3789
		5km - 00:27:39, 10km - 00:55:18, 15km - 01:22:43, 20km - 01:51:44, 21km - 01:58:19, 25km - 02:22:00, 30km - 03:02:14, 35km - 03:40:28, 40km - 04:18:24									
4389	4570	KORYCZAN Stefan	LIBIĄŻ		POL	M55	149	04:34:21	04:40:56		3791
		5km - 00:30:12, 10km - 00:59:17, 15km - 01:27:41, 20km - 01:57:21, 21km - 02:04:07, 25km - 02:27:47, 30km - 03:03:51, 35km - 03:41:28, 40km - 04:19:09									
4390	3661	ŚWIDER Paweł	WRÓBLOWICE	Voestalpine	POL	M30	1344	04:34:21	04:38:03		3791
		5km - 00:26:36, 10km - 00:53:17, 15km - 01:20:02, 20km - 01:47:17, 21km - 01:53:46, 25km - 02:21:12, 30km - 03:02:42, 35km - 03:39:05, 40km - 04:18:25									
4391	863	STANISŁAWEK Tomasz	ZIELONA GÓRA	Bohar Palety Runners	POL	M40	957	04:34:26	04:40:19		3793
		5km - 00:26:33, 10km - 00:52:19, 15km - 01:18:03, 20km - 01:45:39, 21km - 01:52:15, 25km - 02:16:44, 30km - 02:53:49, 35km - 03:36:32, 40km - 04:18:26									
4392	6348	DARUL Artur	STARGARD	Oddział Żandarmerii Wojskowej Szczecin	POL	M45	577	04:34:27	04:36:10		3794
		5km - 00:25:59, 10km - 00:53:44, 15km - 01:22:45, 20km - 01:53:19, 21km - 01:59:58, 25km - 02:26:20, 30km - 03:03:23, 35km - 03:41:04, 40km - 04:19:46									
4393	4072	GAJEWSKI Andrzej	OLSZTYN GAJÓWKA	Gajówka	POL	M55	150	04:34:27	04:42:48		3794
		5km - 00:32:41, 10km - 01:06:44, 15km - 01:37:04, 20km - 02:08:19, 21km - 02:15:21, 25km - 02:39:05, 30km - 03:12:34, 35km - 03:45:57, 40km - 04:19:55									
4394	2542	SZYMCZAK Anna	BEŁCHATÓW	KB Spartakus Bełchatów	POL	K30	279	04:34:29	04:37:02	599	
		5km - 00:29:11, 10km - 00:59:08, 15km - 01:28:31, 20km - 01:59:05, 21km - 02:06:04, 25km - 02:29:46, 30km - 03:04:16, 35km - 03:42:27, 40km - 04:19:37									
4395	4001	MYŚKOW Leszek	SIECHNICE	TRI Mission	POL	M40	958	04:34:32	04:39:01		3796
		5km - 00:26:29, 10km - 00:53:09, 15km - 01:19:47, 20km - 01:47:32, 21km - 01:54:23, 25km - 02:17:34, 30km - 02:56:21, 35km - 03:37:32, 40km - 04:18:49									
4396	3464	MISIAK Marta	SUSZ	CrossFit Susz /Rozbiegany Susz	POL	K40	137	04:34:40	04:41:30	600	
		5km - 00:27:22, 10km - 00:55:10, 15km - 01:23:01, 20km - 01:52:34, 21km - 01:59:38, 25km - 02:23:43, 30km - 03:04:05, 35km - 03:42:50, 40km - 04:19:47									
4397	4351	PODGÓRNA Agnieszka	POZNAŃ		POL	K30	280	04:34:40	04:36:43	600	
		5km - 00:27:59, 10km - 00:57:00, 15km - 01:26:39, 20km - 01:59:16, 21km - 02:06:05, 25km - 02:32:10, 30km - 03:08:13, 35km - 03:44:28, 40km - 04:20:05									
4398	3180	BARTOSIK Daniel	LESZNO	DRUŻYNA SZPIKU	POL	M30	1345	04:34:41	04:37:48		3797
		5km - 00:27:17, 10km - 00:55:01, 15km - 01:22:35, 20km - 01:50:55, 21km - 01:56:44, 25km - 02:18:55, 30km - 02:54:53, 35km - 03:35:57, 40km - 04:16:52									
4399	3516	KONIECZNY Waldemar	JEZIORY WIELKIE	Polonia Środa	POL	M55	151	04:34:44	04:37:39		3798
		5km - 00:25:36, 10km - 00:53:00, 15km - 01:19:53, 20km - 01:48:36, 21km - 01:55:36, 25km - 02:20:26, 30km - 02:55:57, 35km - 03:35:35, 40km - 04:16:56									
4400	798	STĘCLIK Przemysław	POZNAŃ	Pakieciarze Team	POL	M40	959	04:34:48	04:38:04		3799
		5km - 00:26:56, 10km - 00:53:52, 15km - 01:20:17, 20km - 01:46:40, 21km - 01:52:23, 25km - 02:13:42, 30km - 02:47:00, 35km - 03:27:07, 40km - 04:15:53									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
4401	2403	NOWICKA Katarzyna	MAREZA	TRAKTOR TEAM GMINA KWIDZYN	POL	K40	138	04:34:50	04:42:27	602	
		5km - 00:31:02, 10km - 01:03:39, 15km - 01:35:20, 20km - 02:07:36, 21km - 02:14:38, 25km - 02:39:37, 30km - 03:13:03, 35km - 03:46:21, 40km - 04:20:34									
4402	1171	BANASIK Paweł	RADOM	enduhub.com	POL	M55	152	04:34:51	04:41:26		3800
		5km - 00:30:23, 10km - 01:00:26, 15km - 01:30:23, 20km - 02:01:22, 21km - 02:08:15, 25km - 02:33:18, 30km - 03:07:40, 35km - 03:42:27, 40km - 04:19:32									
4403	5536	ORŁOWSKI Marcin	POZNAŃ	wedrownicy.org	POL	M30	1346	04:34:56	04:41:32		3801
		5km - 00:30:30, 10km - 01:00:32, 15km - 01:30:08, 20km - 02:00:02, 21km - 02:06:38, 25km - 02:30:38, 30km - 03:05:00, 35km - 03:42:54, 40km - 04:20:01									
4404	2035	PIOSIK Robert	POZNAN	dominikanie21	POL	M18	431	04:34:56	04:39:45		3801
		5km - 00:29:20, 10km - 00:58:07, 15km - 01:26:34, 20km - 01:55:17, 21km - 02:01:45, 25km - 02:24:55, 30km - 03:01:31, 35km - 03:40:04, 40km - 04:18:37									
4405	3132	FRĄSZCZAK Marek	KOŚCIAN		POL	M40	960	04:34:57	04:43:15		3803
		5km - 00:29:26, 10km - 00:59:52, 15km - 01:28:56, 20km - 01:58:19, 21km - 02:05:09, 25km - 02:29:10, 30km - 03:04:00, 35km - 03:43:50, 40km - 04:20:49									
4406	977	KUCIŃSKI Hubert	WARSZAWA	ONSLOW Sekcja Dziadków	POL	M40	960	04:34:57	04:38:38		3803
		5km - 00:29:16, 10km - 00:58:06, 15km - 01:26:40, 20km - 01:55:30, 21km - 02:01:56, 25km - 02:25:28, 30km - 03:03:39, 35km - 03:41:44, 40km - 04:20:13									
4407	1223	PAROL Marta	BERLIN	Adidas Runners Berlin	EUA	K30	281	04:34:58	04:41:00	603	
		5km - 00:29:20, 10km - 00:58:55, 15km - 01:28:11, 20km - 01:58:38, 21km - 02:05:49, 25km - 02:31:03, 30km - 03:05:46, 35km - 03:42:22, 40km - 04:19:42									
4408	4441	OLSZAŃSKI Kamil	WSCHOWA		POL	M30	1347	04:34:59	04:40:09		3805
		5km - 00:28:23, 10km - 00:56:08, 15km - 01:23:43, 20km - 01:50:40, 21km - 01:56:47, 25km - 02:18:24, 30km - 02:48:15, 35km - 03:20:23, 40km - 04:20:25									
4409	488	WOLNA Monika	POZNAŃ	night runners	POL	K40	139	04:34:59	04:40:36	604	
		5km - 00:30:05, 10km - 01:01:36, 15km - 01:32:16, 20km - 02:04:43, 21km - 02:12:01, 25km - 02:37:51, 30km - 03:12:15, 35km - 03:46:16, 40km - 04:21:02									
4410	1593	KORCZYKOWSKI Artur	WARSZAWA		POL	M50	238	04:35:00	04:43:19		3806
		5km - 00:29:44, 10km - 01:01:34, 15km - 01:30:01, 20km - 02:01:41, 21km - 02:08:14, 25km - 02:31:35, 30km - 03:06:05, 35km - 03:43:06, 40km - 04:17:20									
4411	1560	GRUBEK Robert	KOMORÓW	WATAHA	POL	M45	578	04:35:05	04:41:20		3807
		5km - 00:30:33, 10km - 01:01:14, 15km - 01:31:14, 20km - 02:02:11, 21km - 02:08:57, 25km - 02:33:19, 30km - 03:08:10, 35km - 03:44:51, 40km - 04:20:54									
4412	2249	KASPROWICZ Marta	POZNAŃ	Biegacze Celebryci	POL	K18	86	04:35:05	04:35:49	605	
		5km - 00:29:14, 10km - 00:58:42, 15km - 01:27:22, 20km - 01:57:10, 21km - 02:05:45, 25km - 02:32:44, 30km - 03:09:35, 35km - 03:46:08, 40km - 04:21:35									
4413	5469	ROMANOWSKI Mateusz	POZNAŃ		POL	M30	1348	04:35:05	04:42:22		3807
		5km - 00:30:18, 10km - 01:00:32, 15km - 01:29:33, 20km - 01:59:21, 21km - 02:06:00, 25km - 02:29:34, 30km - 03:05:27, 35km - 03:43:02, 40km - 04:19:31									
4414	1664	KOZŁOWSKI Rafał	PIŁA	KPP Piła	POL	M40	962	04:35:08	04:40:26		3809
		5km - 00:28:15, 10km - 00:56:07, 15km - 01:24:09, 20km - 01:52:56, 21km - 01:59:15, 25km - 02:23:43, 30km - 02:59:57, 35km - 03:39:44, 40km - 04:19:38									
4415	5734	SUŁKOWSKI Tomasz	WARSZAWA		POL	M30	1349	04:35:08	04:43:41		3809
		5km - 00:32:28, 10km - 01:05:41, 15km - 01:38:06, 20km - 02:11:32, 21km - 02:18:49, 25km - 02:44:25, 30km - 03:18:02, 35km - 03:50:48, 40km - 04:21:27									
4416	5691	BROMBEREK Mirosława	MUROWANA GOŚLINA		POL	K55	6	04:35:09	04:42:52	606	
		5km - 00:31:03, 10km - 01:03:14, 15km - 01:35:15, 20km - 02:06:42, 21km - 02:13:30, 25km - 02:38:14, 30km - 03:11:32, 35km - 03:44:29, 40km - 04:20:04									
4417	1056	KALBARCZYK Henryk	KOZIENICE		POL	M60	67	04:35:11	04:44:23		3811
		5km - 00:30:24, 10km - 01:01:07, 15km - 01:31:23, 20km - 02:03:10, 21km - 02:10:35, 25km - 02:35:49, 30km - 03:10:06, 35km - 03:45:08, 40km - 04:20:47									
4418	5323	TABISZ Marlena	WROCŁAW		POL	K40	140	04:35:12	04:41:07	607	
		5km - 00:29:43, 10km - 00:59:57, 15km - 01:29:47, 20km - 02:01:09, 21km - 02:09:00, 25km - 02:34:08, 30km - 03:06:45, 35km - 03:43:23, 40km - 04:19:34									
4419	5315	WEISBROT Paweł	ŚWIECIE	KP PSP Świecie	POL	M30	1350	04:35:13	04:41:03		3812
		5km - 00:29:32, 10km - 00:59:03, 15km - 01:28:26, 20km - 01:58:17, 21km - 02:04:50, 25km - 02:28:31, 30km - 03:01:32, 35km - 03:39:48, 40km - 04:19:33									
4420	5957	CISZEK Aneta	WROCŁAW		POL	K40	141	04:35:16	04:41:10	608	
		5km - 00:29:33, 10km - 00:59:12, 15km - 01:28:51, 20km - 01:59:25, 21km - 02:06:12, 25km - 02:31:05, 30km - 03:06:18, 35km - 03:41:58, 40km - 04:19:23									
4421	6343	DRZYCIMSKI Marcin	KLINY	Me myself and I	POL	M40	963	04:35:17	04:41:24		3813
		5km - 00:29:16, 10km - 00:59:18, 15km - 01:27:45, 20km - 01:57:20, 21km - 02:04:15, 25km - 02:28:09, 30km - 03:02:23, 35km - 03:40:49, 40km - 04:20:26									
4422	5716	SOCHA Marcin	BYTOM		POL	M30	1351	04:35:17	04:43:09		3813
		5km - 00:33:20, 10km - 01:06:17, 15km - 01:35:03, 20km - 02:04:53, 21km - 02:11:57, 25km - 02:36:43, 30km - 03:11:34, 35km - 03:46:41, 40km - 04:21:11									
4423	6152	WĄTROBA Marek	LĘBORK	KLUB 42,2 LĘBORK	POL	M30	1351	04:35:17	04:40:23		3813
		5km - 00:28:23, 10km - 00:56:17, 15km - 01:24:30, 20km - 01:54:39, 21km - 02:02:58, 25km - 02:29:49, 30km - 03:07:03, 35km - 03:44:47, 40km - 04:20:33									
4424	3889	KRAKOWSKI Tomasz	POZNAŃ		POL	M40	964	04:35:18	04:41:32		3816
		5km - 00:30:00, 10km - 01:00:04, 15km - 01:29:34, 20km - 02:00:29, 21km - 02:07:14, 25km - 02:31:13, 30km - 03:05:04, 35km - 03:42:22, 40km - 04:19:46									
4425	6918	STASZYŃSKA Karolina	TULCE	Wataha- łączy nas bieganie	POL	K40	142	04:35:19	04:42:00	609	
		5km - 00:30:28, 10km - 00:59:56, 15km - 01:28:59, 20km - 01:59:11, 21km - 02:07:11, 25km - 02:32:58, 30km - 03:08:15, 35km - 03:45:23, 40km - 04:21:18									
4426	1285	Zawodnik anonimowy				M30	1353	04:35:19	04:39:58		3817
		5km - 00:28:56, 10km - 00:58:29, 15km - 01:27:57, 20km - 01:59:02, 21km - 02:06:02, 25km - 02:31:51, 30km - 03:07:53, 35km - 03:44:37, 40km - 04:21:18									
4427	2425	SZCZUREK Artur	POZNAŃ		POL	M45	579	04:35:23	04:38:13		3818
		5km - 00:26:50, 10km - 00:53:50, 15km - 01:20:57, 20km - 01:48:56, 21km - 01:55:45, 25km - 02:22:01, 30km - 02:58:59, 35km - 03:38:10, 40km - 04:18:53									
4428	6672	CIASTO Sebastian	PRZEZCHLEBIE		POL	M30	1354	04:35:24	04:37:26		3819
		5km - 00:25:40, 10km - 00:51:47, 15km - 01:18:47, 20km - 01:47:06, 21km - 01:53:21, 25km - 02:16:22, 30km - 02:53:24, 35km - 03:33:57, 40km - 04:16:59									
4429	2110	WASIELEWSKI Hubert	WILKOWYJA	Lechita Kłecko	POL	M40	965	04:35:24	04:41:19		3819
		5km - 00:29:56, 10km - 00:56:02, 15km - 01:22:58, 20km - 01:50:48, 21km - 01:56:59, 25km - 02:20:03, 30km - 02:54:16, 35km - 03:32:24, 40km - 04:14:33									
4430	4866	ADAMCZYK Maciej	POZNAŃ	PKO Bank Polski	POL	M30	1355	04:35:26	04:42:11		3821
		5km - 00:32:34, 10km - 01:06:31, 15km - 01:38:27, 20km - 02:10:07, 21km - 02:16:54, 25km - 02:40:46, 30km - 03:13:14, 35km - 03:46:38, 40km - 04:20:32									
4431	2520	WOŹNICZKA Karolina	WROCŁAW		POL	K18	87	04:35:30	04:43:13	610	
		5km - 00:30:55, 10km - 01:03:25, 15km - 01:35:18, 20km - 02:07:37, 21km - 02:14:43, 25km - 02:39:51, 30km - 03:12:26, 35km - 03:47:23, 40km - 04:21:28									
4432	594	FLENS Tadeusz	MIĘDZYCHÓD	KB Wojtuś	POL	M60	68	04:35:31	04:39:23		3822
		5km - 00:27:02, 10km - 00:53:29, 15km - 01:20:10, 20km - 01:48:12, 21km - 01:54:27, 25km - 02:18:39, 30km - 02:55:35, 35km - 03:37:31, 40km - 04:17:58									
4433	6284	BERLIŃSKI Andrzej	DREZDENKO	FSD RUN DREZDENKO	POL	M30	1356	04:35:32	04:40:24		3823
		5km - 00:27:45, 10km - 00:55:19, 15km - 01:23:14, 20km - 01:53:26, 21km - 02:00:54, 25km - 02:27:07, 30km - 03:05:08, 35km - 03:42:59, 40km - 04:21:16									
4434	2515	BRYCHCY-RATAJCZAK Julita	ŚRODA WIELKOPOLSKA		POL	K40	143	04:35:32	04:43:03	611	
		5km - 00:31:06, 10km - 01:03:08, 15km - 01:34:46, 20km - 02:07:23, 21km - 02:14:33, 25km - 02:39:37, 30km - 03:11:45, 35km - 03:45:37, 40km - 04:20:09									
4435	5132	MARCZEWSKA Małgorzata	WROCŁAW		POL	K40	143	04:35:32	04:41:39	611	
		5km - 00:29:31, 10km - 00:59:51, 15km - 01:30:21, 20km - 02:02:38, 21km - 02:10:13, 25km - 02:35:19, 30km - 03:10:27, 35km - 03:46:07, 40km - 04:21:15									
4436	5666	OPPENKOWSKI Benedykt	NIKIELKOWO		POL	M50	239	04:35:32	04:37:39		3823
		5km - 00:25:13, 10km - 00:50:02, 15km - 01:15:02, 20km - 01:40:11, 21km - 01:46:59, 25km - 02:08:21, 30km - 02:42:11, 35km - 03:23:28, 40km - 04:14:48									
4437	5596	WOŹNIAK Bartosz	POZNAŃ		POL	M30	1356	04:35:32	04:41:37		3823
		5km - 00:29:14, 10km - 00:58:40, 15km - 01:27:57, 20km - 01:57:56, 21km - 02:04:22, 25km - 02:28:13, 30km - 03:02:08, 35km - 03:42:24, 40km - 04:20:17									
4438	4073	BELTER Barbara	PIŁA		POL	K30	282	04:35:34	04:41:51	613	
		5km - 00:31:00, 10km - 01:02:41, 15km - 01:33:28, 20km - 02:06:14, 21km - 02:13:42, 25km - 02:38:42, 30km - 03:13:02, 35km - 03:47:18, 40km - 04:21:40									
4439	6281	FIGAS Joanna	WAŁBRZYCH	Predators Wałbrzych	POL	K30	283	04:35:35	04:39:03	614	
		5km - 00:29:54, 10km - 01:00:05, 15km - 01:30:28, 20km - 02:02:50, 21km - 02:10:06, 25km - 02:35:58, 30km - 03:11:32, 35km - 03:46:37, 40km - 04:21:35									
4440	4307	SIERZPUTOWSKI Marek	POZNAŃ	Volkswagen Group Polska running team	POL	M30	1358	04:35:35	04:40:13		3826
		5km - 00:28:58, 10km - 00:59:01, 15km - 01:28:05, 20km - 01:59:14, 21km - 02:06:06, 25km - 02:30:56, 30km - 03:07:02, 35km - 03:44:42, 40km - 04:21:23									
4441	509	DUTKIEWICZ Agata	POZNAŃ		POL	K18	88	04:35:38	04:41:41	615	
		5km - 00:29:36, 10km - 00:59:08, 15km - 01:28:22, 20km - 01:58:10, 21km - 02:04:57, 25km - 02:29:39, 30km - 03:05:29, 35km - 03:43:16, 40km - 04:21:28									
4442	5960	URBAN Sylwia	WARSZAWA	Night Runners	POL	K30	284	04:35:38	04:41:45	615	
		5km - 00:29:14, 10km - 00:58:40, 15km - 01:28:02, 20km - 01:58:20, 21km - 02:05:25, 25km - 02:31:33, 30km - 03:06:50, 35km - 03:44:07, 40km - 04:21:05									
4443	431	PĘCZAK Sebastian	POZNAŃ		POL	M45	580	04:35:41	04:40:05		3827
		5km - 00:26:52, 10km - 00:54:36, 15km - 01:22:29, 20km - 01:52:28, 21km - 01:59:10, 25km - 02:23:05, 30km - 03:00:23, 35km - 03:39:52, 40km - 04:18:46									
4444	3149	PABIAN Elzbieta	NIEDOMICE	Ekipa z Tarnowa	POL	K50	29	04:35:42	04:38:18	617	
		5km - 00:28:59, 10km - 00:58:47, 15km - 01:28:50, 20km - 02:01:50, 21km - 02:08:59, 25km - 02:35:28, 30km - 03:11:02, 35km - 03:45:49, 40km - 04:21:32									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
4445	4682	KOZIŃSKI Remigiusz	POZNAŃ	Fundacja Otwieramy Kulturę i Sztukę	POL	M50	240	04:35:44	04:39:24		3828
		5km - 00:27:20, 10km - 00:54:46, 15km - 01:22:09, 20km - 01:52:37, 21km - 01:59:48, 25km - 02:23:33, 30km - 02:59:37, 35km - 03:38:12, 40km - 04:19:10									
4446	258	ZARZYCKI Dariusz	USTKA	W.P.K Słoń Team Ustka	POL	M40	966	04:35:45	04:43:56		3829
		5km - 00:28:43, 10km - 00:57:43, 15km - 01:26:21, 20km - 01:55:57, 21km - 02:02:16, 25km - 02:25:48, 30km - 02:58:11, 35km - 03:39:54, 40km - 04:21:31									
4447	6627	JÓZEFIAK Beata	PLEWISKA		POL	K30	285	04:35:46	04:41:38	618	
		5km - 00:29:27, 10km - 00:59:03, 15km - 01:28:19, 20km - 01:58:45, 21km - 02:05:37, 25km - 02:30:30, 30km - 03:05:00, 35km - 03:42:05, 40km - 04:19:56									
4448	6626	JOZEFIAK Damian	PLEWISKA		POL	M30	1359	04:35:47	04:41:39		3830
		5km - 00:29:27, 10km - 00:59:00, 15km - 01:28:19, 20km - 01:58:44, 21km - 02:05:36, 25km - 02:30:30, 30km - 03:05:00, 35km - 03:42:05, 40km - 04:19:55									
4449	3018	KLIŚ Patrycja	BIELSKO-BIAŁA		POL	K40	145	04:35:49	04:42:53	619	
		5km - 00:32:48, 10km - 01:05:57, 15km - 01:38:31, 20km - 02:11:29, 21km - 02:18:41, 25km - 02:44:33, 30km - 03:18:25, 35km - 03:50:40, 40km - 04:23:03									
4450	7011	Zawodnik anonimowy				M40	967	04:35:50	04:42:11		3831
		5km - 00:29:11, 10km - 00:58:23, 15km - 01:26:33, 20km - 01:56:14, 21km - 02:03:06, 25km - 02:26:48, 30km - 03:01:31, 35km - 03:38:51, 40km - 04:20:01									
4451	2363	WOJNOWSKI Leonard	POZNAŃ	METALSTUDIO	POL	M55	153	04:35:54	04:42:16		3832
		5km - 00:29:18, 10km - 00:58:46, 15km - 01:28:23, 20km - 01:59:09, 21km - 02:05:57, 25km - 02:30:06, 30km - 03:04:10, 35km - 03:42:41, 40km - 04:21:06									
4452	4618	KOZAKIEWICZ Elzbieta	KRAKOW		POL	K30	286	04:35:56	04:42:06	620	
		5km - 00:31:38, 10km - 01:02:54, 15km - 01:33:33, 20km - 02:05:27, 21km - 02:12:28, 25km - 02:37:57, 30km - 03:11:51, 35km - 03:45:58, 40km - 04:21:25									
4453	5587	KURKIEWICZ Tomasz	WROCŁAW		POL	M30	1360	04:35:56	04:42:06		3833
		5km - 00:31:38, 10km - 01:02:52, 15km - 01:33:33, 20km - 02:05:28, 21km - 02:12:28, 25km - 02:37:57, 30km - 03:11:52, 35km - 03:45:58, 40km - 04:21:25									
4454	1418	CHYTRZYNSKA Marta	KRAKÓW	Kromeczek Team	POL	K40	146	04:35:58	04:40:43	621	
		5km - 00:30:54, 10km - 01:03:11, 15km - 01:34:09, 20km - 02:06:25, 21km - 02:13:31, 25km - 02:38:51, 30km - 03:12:52, 35km - 03:48:39, 40km - 04:22:05									
4455	1386	GAŁKA Renata	KRAKÓW	Kromeczek Team	POL	K50	30	04:35:58	04:40:43	621	
		5km - 00:30:54, 10km - 01:03:10, 15km - 01:34:09, 20km - 02:06:24, 21km - 02:13:31, 25km - 02:38:52, 30km - 03:12:52, 35km - 03:48:39, 40km - 04:22:05									
4456	4405	KOGUT Grzegorz	POZNAŃ	HSO SANDOMIERZ	POL	M18	432	04:35:58	04:41:37		3834
		5km - 00:29:44, 10km - 00:59:21, 15km - 01:28:33, 20km - 01:58:21, 21km - 02:05:03, 25km - 02:28:41, 30km - 02:59:29, 35km - 03:31:29, 40km - 04:15:43									
4457	6856	LEWNA Filip	POZNAŃ	#RURAAA_TEAM	POL	M18	432	04:35:58	04:42:52		3834
		5km - 00:31:45, 10km - 01:04:04, 15km - 01:35:57, 20km - 02:07:58, 21km - 02:14:43, 25km - 02:39:21, 30km - 03:11:52, 35km - 03:44:01, 40km - 04:21:54									
4458	4683	RUPNICKI Krzysztof	KALISZ	Colian na Start	POL	M30	1361	04:35:59	04:40:08		3836
		5km - 00:27:30, 10km - 00:55:19, 15km - 01:24:20, 20km - 01:56:06, 21km - 02:03:42, 25km - 02:29:55, 30km - 03:06:36, 35km - 03:44:17, 40km - 04:20:19									
4459	2296	DŹWIKOWSKI Damian	POZNAŃ		POL	M30	1362	04:36:03	04:42:20		3837
		5km - 00:30:09, 10km - 01:00:43, 15km - 01:31:24, 20km - 02:03:26, 21km - 02:10:21, 25km - 02:35:34, 30km - 03:08:53, 35km - 03:42:20, 40km - 04:20:09									
4460	4632	Zawodnik anonimowy				M40	968	04:36:08	04:46:51		3838
		5km - 00:29:17, 10km - 01:00:56, 15km - 01:30:20, 20km - 02:01:21, 21km - 02:09:05, 25km - 02:33:03, 30km - 03:06:59, 35km - 03:41:32, 40km - 04:18:18									
4461	7060	GŁOWACKI Paweł	POZNAŃ		POL	M50	241	04:36:10	04:41:56		3839
		5km - 00:28:39, 10km - 00:57:47, 15km - 01:27:15, 20km - 01:58:46, 21km - 02:05:41, 25km - 02:31:16, 30km - 03:06:21, 35km - 03:43:48, 40km - 04:21:06									
4462	991	RUDOL Sebastian	PRĄDOCIN	RunPasja	POL	M40	969	04:36:12	04:41:27		3840
		5km - 00:28:26, 10km - 00:56:56, 15km - 01:25:49, 20km - 01:58:09, 21km - 02:06:19, 25km - 02:33:38, 30km - 03:11:34, 35km - 03:49:50, 40km - 04:23:21									
4463	751	ŁUCIÓW Iwona	WROCŁAW		POL	K18	89	04:36:12	04:45:24	623	
		5km - 00:29:42, 10km - 00:59:45, 15km - 01:29:09, 20km - 02:00:12, 21km - 02:07:25, 25km - 02:32:19, 30km - 03:07:13, 35km - 03:43:10, 40km - 04:20:05									
4464	3534	DINOS Katarzyna	POZNAŃ		POL	K40	147	04:36:13	04:44:56	624	
		5km - 00:28:41, 10km - 00:58:41, 15km - 01:27:09, 20km - 01:58:18, 21km - 02:05:36, 25km - 02:29:59, 30km - 03:07:08, 35km - 03:43:03, 40km - 04:21:07									
4465	992	RUDOL Magdalena	PRĄDOCIN	RunPasja	POL	K40	148	04:36:15	04:41:27	625	
		5km - 00:28:29, 10km - 00:57:00, 15km - 01:25:48, 20km - 01:57:57, 21km - 02:06:16, 25km - 02:33:30, 30km - 03:11:33, 35km - 03:49:53, 40km - 04:23:24									
4466	3471	KRYNICKI Andrzej	PRZEŹMIEROWO		POL	M45	581	04:36:17	04:42:41		3841
		5km - 00:30:19, 10km - 01:00:30, 15km - 01:29:29, 20km - 01:59:51, 21km - 02:06:25, 25km - 02:30:27, 30km - 03:01:14, 35km - 03:37:07, 40km - 04:19:10									
4467	1621	ŻURALSKI Mateusz	KORNIK		POL	M30	1363	04:36:17	04:38:52		3841
		5km - 00:26:26, 10km - 00:52:51, 15km - 01:19:10, 20km - 01:46:52, 21km - 01:53:01, 25km - 02:16:09, 30km - 02:51:49, 35km - 03:34:17, 40km - 04:19:04									
4468	213	OLTMANN Paweł	POZNAŃ	Szkoła Branżowa 1 stopnia nr 42 w Poznan	POL	M18	434	04:36:20	04:42:42		3843
		5km - 00:29:18, 10km - 00:58:33, 15km - 01:27:50, 20km - 01:57:56, 21km - 02:04:21, 25km - 02:27:58, 30km - 03:00:26, 35km - 03:38:25, 40km - 04:17:48									
4469	5747	LIZUREJ Sławomir	KRAKÓW	Lizaki Team	POL	M40	970	04:36:24	04:38:58		3844
		5km - 00:28:29, 10km - 00:57:21, 15km - 01:26:06, 20km - 01:55:19, 21km - 02:01:32, 25km - 02:25:41, 30km - 03:01:38, 35km - 03:38:40, 40km - 04:18:25									
4470	1719	MIROWSKI Zbigniew	NIEMODLIN		POL	M55	154	04:36:25	04:39:53		3845
		5km - 00:28:08, 10km - 00:56:25, 15km - 01:24:20, 20km - 01:52:57, 21km - 01:59:23, 25km - 02:22:52, 30km - 02:58:36, 35km - 03:39:33, 40km - 04:21:32									
4471	1003	WAWRZYNIAK Filip	GORZÓW WIELKOPOLSKI		POL	M18	435	04:36:25	04:44:20		3845
		5km - 00:32:52, 10km - 01:05:05, 15km - 01:37:34, 20km - 02:10:01, 21km - 02:16:46, 25km - 02:42:05, 30km - 03:15:35, 35km - 03:48:41, 40km - 04:23:05									
4472	2553	BLIŹNIEWSKA Katarzyna	GŁOWNO	ks głowno w biegu	POL	K40	149	04:36:26	04:42:38	626	
		5km - 00:29:10, 10km - 00:58:47, 15km - 01:28:04, 20km - 01:58:23, 21km - 02:05:02, 25km - 02:31:29, 30km - 03:08:48, 35km - 03:46:41, 40km - 04:21:35									
4473	6201	NOWOWIEJSKI Jakub	POZNAŃ		POL	M18	436	04:36:26	04:41:01		3847
		5km - 00:27:51, 10km - 00:55:53, 15km - 01:23:44, 20km - 01:52:21, 21km - 01:59:02, 25km - 02:22:41, 30km - 02:58:29, 35km - 03:38:42, 40km - 04:20:09									
4474	1458	TOMIAK Przemysław	PIASKI	Biegaj z Bullem	POL	M45	582	04:36:28	04:40:23		3848
		5km - 00:29:34, 10km - 00:59:12, 15km - 01:28:14, 20km - 01:58:15, 21km - 02:05:07, 25km - 02:29:22, 30km - 03:05:39, 35km - 03:43:41, 40km - 04:22:18									
4475	4327	ZAWISNA-WOJCIECHOWSKA Justyna	SWARZĘDZ	między dyżurami	POL	K40	150	04:36:29	04:44:33	627	
		5km - 00:31:40, 10km - 01:03:28, 15km - 01:34:55, 20km - 02:06:48, 21km - 02:13:48, 25km - 02:38:55, 30km - 03:12:25, 35km - 03:46:08, 40km - 04:21:18									
4476	6769	Zawodnik anonimowy				M40	971	04:36:29	04:42:43		3849
		5km - 00:29:14, 10km - 00:58:49, 15km - 01:28:02, 20km - 01:57:46, 21km - 02:04:27, 25km - 02:28:05, 30km - 03:03:44, 35km - 03:42:53, 40km - 04:21:42									
4477	6513	WAWRZYNIAK Przemysław	POZNAŃ		POL	M50	242	04:36:32	04:38:46		3850
		5km - 00:27:56, 10km - 00:55:11, 15km - 01:22:28, 20km - 01:53:24, 21km - 02:00:29, 25km - 02:24:59, 30km - 03:02:28, 35km - 03:41:03, 40km - 04:20:02									
4478	4394	CHALIŃSKI Witold	BARANOWO		POL	M45	583	04:36:35	04:42:40		3851
		5km - 00:27:37, 10km - 00:55:19, 15km - 01:22:59, 20km - 01:51:38, 21km - 01:59:01, 25km - 02:24:48, 30km - 03:01:42, 35km - 03:39:50, 40km - 04:20:20									
4479	6183	MUSIAŁKIEWICZ Jan	LUBOŃ		POL	M18	437	04:36:35	04:42:40		3851
		5km - 00:27:37, 10km - 00:55:19, 15km - 01:22:59, 20km - 01:51:34, 21km - 01:59:01, 25km - 02:24:48, 30km - 03:01:42, 35km - 03:39:50, 40km - 04:20:19									
4480	6471	ŁYSIAK Kasia	DĄBRÓWKA		POL	K30	287	04:36:35	04:45:02	628	
		5km - 00:31:31, 10km - 01:02:39, 15km - 01:33:09, 20km - 02:04:31, 21km - 02:11:25, 25km - 02:35:58, 30km - 03:09:42, 35km - 03:46:53, 40km - 04:21:47									
4481	4628	PIĄTEK Patryk	RASZKÓW		POL	M30	1364	04:36:36	04:45:03		3853
		5km - 00:31:31, 10km - 01:02:40, 15km - 01:33:10, 20km - 02:04:35, 21km - 02:11:26, 25km - 02:36:01, 30km - 03:09:52, 35km - 03:46:53, 40km - 04:22:06									
4482	5915	STEC Iwona	WILKOWICE		POL	K18	90	04:36:36	04:45:03	629	
		5km - 00:31:31, 10km - 01:02:31, 15km - 01:33:09, 20km - 02:04:31, 21km - 02:11:25, 25km - 02:35:59, 30km - 03:09:42, 35km - 03:46:53, 40km - 04:21:47									
4483	6458	ŁAJKOWSKI Marek	BARTOSZYCE		POL	M30	1364	04:36:36	04:41:00		3853
		5km - 00:29:08, 10km - 00:57:51, 15km - 01:26:34, 20km - 01:57:03, 21km - 02:04:28, 25km - 02:29:29, 30km - 03:06:49, 35km - 03:43:01, 40km - 04:22:53									
4484	7106	FARAŚ Henryk	KRAKÓW	Profexim Team	POL	M65	26	04:36:38	04:39:49		3855
		5km - 00:27:06, 10km - 00:54:42, 15km - 01:22:32, 20km - 01:53:45, 21km - 02:01:12, 25km - 02:28:24, 30km - 03:04:58, 35km - 03:42:04, 40km - 04:21:33									
4485	2970	MACKIEWICZ Magdalena	SZCZECIN	Długobieganie	POL	K40	151	04:36:38	04:41:34	630	
		5km - 00:28:36, 10km - 00:57:13, 15km - 01:26:09, 20km - 02:01:21, 21km - 02:11:36, 25km - 02:36:39, 30km - 03:14:15, 35km - 03:48:23, 40km - 04:23:36									
4486	4536	BOROWICZ Filip	OSTRÓW WLKP	KS.Maraton Ostrów wlkp	POL	M40	972	04:36:42	04:41:52		3856
		5km - 00:28:14, 10km - 00:56:05, 15km - 01:23:42, 20km - 01:52:13, 21km - 01:58:22, 25km - 02:24:09, 30km - 03:01:38, 35km - 03:39:52, 40km - 04:20:21									
4487	652	JAQUET Maud	ILLKIRCH		FRA	K40	152	04:36:43	04:42:56	631	
		5km - 00:29:01, 10km - 00:58:57, 15km - 01:28:12, 20km - 01:59:12, 21km - 02:06:23, 25km - 02:32:39, 30km - 03:09:22, 35km - 03:45:01, 40km - 04:22:03									
4488	6834	RATAJCZAK Tomasz	POZNAŃ	Rataj Killaz Boss	POL	M30	1366	04:36:44	04:42:26		3857
		5km - 00:28:05, 10km - 00:56:48, 15km - 01:25:04, 20km - 01:54:44, 21km - 02:01:49, 25km - 02:25:51, 30km - 03:01:52, 35km - 03:41:40, 40km - 04:20:13									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
4489	1112	ZIOJŁA Zbigniew	SZCZECINEK	Biegam Bo Lubię:)	POL	M50	243	04:36:44	04:43:45		3857
		5km - 00:31:15, 10km - 01:02:48, 15km - 01:33:47, 20km - 02:05:21, 21km - 02:12:14, 25km - 02:36:57, 30km - 03:09:02, 35km - 03:43:06, 40km - 04:20:57									
4490	3770	BÓL Rafał	POZNAŃ	KB DęBIEC	POL	M45	584	04:36:45	04:44:13		3859
		5km - 00:31:06, 10km - 01:03:23, 15km - 01:35:27, 20km - 02:07:42, 21km - 02:14:45, 25km - 02:39:45, 30km - 03:11:47, 35km - 03:44:13, 40km - 04:21:04									
4491	553	ZIOJŁA David	POZNAŃ	Biegam Bo Lubię :-)	POL	M18	438	04:36:45	04:43:46		3859
		5km - 00:31:15, 10km - 01:02:46, 15km - 01:33:46, 20km - 02:05:21, 21km - 02:12:14, 25km - 02:36:56, 30km - 03:09:02, 35km - 03:43:06, 40km - 04:20:53									
4492	4501	KLIKS Jakub	POZNAŃ	Zmęczeni już przed biegiem	POL	M18	439	04:36:47	04:45:59		3861
		5km - 00:30:59, 10km - 01:02:14, 15km - 01:33:46, 20km - 02:06:01, 21km - 02:13:07, 25km - 02:38:05, 30km - 03:11:01, 35km - 03:45:55, 40km - 04:22:42									
4493	5556	LEŚNIOWSKI Andrzej	POZNAŃ	For Run Team	POL	M30	1367	04:36:48	04:38:25		3862
		5km - 00:25:44, 10km - 00:50:35, 15km - 01:15:13, 20km - 01:41:25, 21km - 01:47:48, 25km - 02:10:14, 30km - 02:42:35, 35km - 03:19:54, 40km - 04:14:28									
4494	5758	SZYMAŃSKA Anna	KOSTRZYN		POL	K40	153	04:36:50	04:43:06	632	
		5km - 00:29:24, 10km - 00:59:39, 15km - 01:29:32, 20km - 02:01:13, 21km - 02:08:33, 25km - 02:33:22, 30km - 03:09:12, 35km - 03:45:01, 40km - 04:22:39									
4495	3291	PTAK Krzysztof	POZNAŃ	PGB Sportowa Paczka	POL	M45	585	04:36:51	04:41:50		3863
		5km - 00:31:18, 10km - 01:03:19, 15km - 01:33:58, 20km - 02:05:42, 21km - 02:12:23, 25km - 02:36:59, 30km - 03:10:47, 35km - 03:47:06, 40km - 04:22:13									
4496	1720	MUSIAŁ Krzysztof	WARSZAWA	Lotams Team	POL	M18	440	04:36:56	04:40:59		3864
		5km - 00:26:50, 10km - 00:54:48, 15km - 01:21:58, 20km - 01:49:45, 21km - 01:56:50, 25km - 02:20:34, 30km - 02:53:52, 35km - 03:35:23, 40km - 04:20:56									
4497	3053	HAJDA Marek	PTAKOWICE	Socjos Silesia	POL	M50	244	04:36:58	04:41:10		3865
		5km - 00:27:53, 10km - 00:56:25, 15km - 01:24:49, 20km - 01:56:29, 21km - 02:03:57, 25km - 02:29:42, 30km - 03:06:27, 35km - 03:43:01, 40km - 04:22:01									
4498	3625	SADOWNICZYK Paweł	SKIERNIEWICE	FERROXCUBE	POL	M40	973	04:36:58	04:39:48		3865
		5km - 00:27:25, 10km - 00:54:53, 15km - 01:22:15, 20km - 01:53:32, 21km - 02:01:36, 25km - 02:26:27, 30km - 03:04:03, 35km - 03:44:25, 40km - 04:21:51									
4499	1552	SUŁEK Iwona	SKIERNIEWICE	Reebok Run Crew	POL	K30	288	04:36:58	04:39:48	633	
		5km - 00:27:26, 10km - 00:54:52, 15km - 01:22:15, 20km - 01:53:32, 21km - 02:01:36, 25km - 02:26:28, 30km - 03:04:03, 35km - 03:44:28, 40km - 04:21:53									
4500	6694	KLUZA Tomasz	MOGILNO	Night Runners	POL	M30	1368	04:37:02	04:44:22		3867
		5km - 00:31:16, 10km - 01:03:35, 15km - 01:35:33, 20km - 02:07:24, 21km - 02:14:21, 25km - 02:39:06, 30km - 03:11:21, 35km - 03:44:12, 40km - 04:21:20									
4501	1857	WALKOWIAK Paweł	WRZOSÓW	Aktywne Borki	POL	M18	441	04:37:02	04:42:19		3867
		5km - 00:28:19, 10km - 00:56:22, 15km - 01:24:31, 20km - 01:52:38, 21km - 01:59:46, 25km - 02:24:00, 30km - 03:00:07, 35km - 03:40:56, 40km - 04:20:56									
4502	6636	GRZELCZAK Damian	POZNAŃ	LECH POZNAŃ	POL	M30	1369	04:37:03	04:45:20		3869
		5km - 00:28:21, 10km - 00:55:27, 15km - 01:22:23, 20km - 01:52:57, 21km - 01:59:50, 25km - 02:25:30, 30km - 03:03:18, 35km - 03:43:44, 40km - 04:22:36									
4503	2247	KŁAK Joanna	WRZEŚNIA		POL	K30	289	04:37:03	04:43:07	634	
		5km - 00:29:22, 10km - 00:59:00, 15km - 01:28:21, 20km - 01:58:51, 21km - 02:05:49, 25km - 02:31:17, 30km - 03:07:25, 35km - 03:44:46, 40km - 04:21:48									
4504	651	MACIOSZEK Natalia	MIELESZYN, GNIEŹNIEŃSKI,	RodzinaPL	POL	K30	289	04:37:03	04:42:33	634	
		5km - 00:30:06, 10km - 01:01:14, 15km - 01:31:37, 20km - 02:02:35, 21km - 02:11:48, 25km - 02:35:54, 30km - 03:09:37, 35km - 03:44:05, 40km - 04:21:24									
4505	6329	SKORUPINSKI Jarosław	WOLSZTYN		POL	M50	245	04:37:07	04:44:20		3870
		5km - 00:31:23, 10km - 01:04:27, 15km - 01:35:43, 20km - 02:08:10, 21km - 02:15:05, 25km - 02:40:28, 30km - 03:14:35, 35km - 03:48:44, 40km - 04:23:48									
4506	6008	DYDYMSKI Jacek	PSARSKIE	Wiocha biega	POL	M45	586	04:37:10	04:44:52		3871
		5km - 00:31:49, 10km - 01:03:37, 15km - 01:34:49, 20km - 02:06:56, 21km - 02:14:09, 25km - 02:39:02, 30km - 03:11:50, 35km - 03:46:52, 40km - 04:22:03									
4507	2808	PRACUK Krzysztof	GORZÓW WLKP.	BBL Gorzów Wlkp.	POL	M45	586	04:37:10	04:41:42		3871
		5km - 00:28:03, 10km - 00:56:04, 15km - 01:23:28, 20km - 01:52:04, 21km - 01:58:26, 25km - 02:21:51, 30km - 02:58:39, 35km - 03:39:58, 40km - 04:20:52									
4508	6971	DROBCZYŃSKI Sebastian	POZNAŃ	Team SDC	POL	M40	974	04:37:14	04:44:58		3873
		5km - 00:30:31, 10km - 00:59:25, 15km - 01:27:24, 20km - 01:55:47, 21km - 02:02:17, 25km - 02:25:16, 30km - 03:00:31, 35km - 03:40:43, 40km - 04:20:45									
4509	112	PROZOROWSKI Wiesław	LESZNO	Maraton Leszno	POL	M50	246	04:37:15	04:37:54		3874
		5km - 00:27:17, 10km - 00:55:53, 15km - 01:23:11, 20km - 01:56:01, 21km - 02:03:16, 25km - 02:30:25, 30km - 03:08:12, 35km - 03:46:12, 40km - 04:23:36									
4510	2663	ROSIŃSKI Przemysław	POZNAŃ	Parkrun Poznań	POL	M40	975	04:37:16	04:47:21		3875
		5km - 00:32:00, 10km - 01:03:31, 15km - 01:34:52, 20km - 02:06:58, 21km - 02:13:46, 25km - 02:38:29, 30km - 03:10:49, 35km - 03:44:30, 40km - 04:22:49									
4511	4720	BONK Bartosz	OLSZTYN	Pszczółkowski Team	POL	M30	1370	04:37:17	04:41:29		3876
		5km - 00:27:41, 10km - 00:55:26, 15km - 01:22:50, 20km - 01:50:36, 21km - 01:56:46, 25km - 02:19:11, 30km - 02:52:19, 35km - 03:32:46, 40km - 04:16:57									
4512	5563	PRELLA Przemysław	OSTRÓDA	Ostróda Runners	POL	M30	1370	04:37:17	04:43:03		3876
		5km - 00:27:57, 10km - 00:55:45, 15km - 01:23:47, 20km - 01:52:05, 21km - 01:58:11, 25km - 02:20:48, 30km - 02:53:57, 35km - 03:42:10, 40km - 04:22:51									
4513	1985	SŁAPEK Maria	POZNAŃ	Luboński klub biegacza	POL	K40	154	04:37:18	04:45:59	636	
		5km - 00:32:10, 10km - 01:03:32, 15km - 01:34:08, 20km - 02:05:40, 21km - 02:12:52, 25km - 02:37:20, 30km - 03:10:45, 35km - 03:45:32, 40km - 04:22:50									
4514	6198	WLOSZCZYNA Julita	POZNAŃ		POL	K30	291	04:37:19	04:43:18	637	
		5km - 00:29:20, 10km - 00:58:57, 15km - 01:28:15, 20km - 01:58:43, 21km - 02:06:04, 25km - 02:32:19, 30km - 03:06:59, 35km - 03:44:16, 40km - 04:19:58									
4515	2971	ŁUCZKA Jacek	ROKIETNICA		POL	M45	588	04:37:20	04:46:08		3878
		5km - 00:30:27, 10km - 01:00:41, 15km - 01:30:29, 20km - 02:00:42, 21km - 02:07:21, 25km - 02:31:23, 30km - 03:05:55, 35km - 03:42:40, 40km - 04:21:28									
4516	2092	WOJCIESZAK Adam	WĄGROWIEC	do odciecia	POL	M30	1372	04:37:24	04:37:45		3879
		5km - 00:22:52, 10km - 00:45:46, 15km - 01:08:26, 20km - 01:32:16, 21km - 01:38:14, 25km - 02:04:48, 30km - 02:44:22, 35km - 03:32:42, 40km - 04:19:39									
4517	5607	Zawodnik anonimowy				M65	27	04:37:25	04:46:09		3880
		5km - 00:36:14, 10km - 01:11:26, 15km - 01:44:26, 20km - 02:17:25, 21km - 02:24:36, 25km - 02:49:37, 30km - 03:21:47, 35km - 03:55:31, 40km - 04:25:05									
4518	1731	DOMINIAK Konrad	LUBOŃ		POL	M30	1373	04:37:29	04:47:13		3881
		5km - 00:32:49, 10km - 01:05:16, 15km - 01:35:57, 20km - 02:08:12, 21km - 02:16:23, 25km - 02:40:58, 30km - 03:15:18, 35km - 03:49:18, 40km - 04:22:42									
4519	6094	GOMUŁA Grzegorz	RADOM	biegiem radom!	POL	M55	155	04:37:31	04:42:45		3882
		5km - 00:29:44, 10km - 00:59:26, 15km - 01:28:42, 20km - 01:58:52, 21km - 02:05:26, 25km - 02:29:06, 30km - 03:04:53, 35km - 03:46:07, 40km - 04:22:00									
4520	7044	GORZYCZKA Marcin	WRONKI	Drużyna Mistrzów	POL	M18	442	04:37:31	04:38:59		3882
		5km - 00:27:17, 10km - 00:56:05, 15km - 01:24:02, 20km - 01:53:36, 21km - 02:00:12, 25km - 02:25:04, 30km - 03:01:23, 35km - 03:42:40, 40km - 04:22:24									
4521	5750	SADŁO Adrian	KOBYLANKA		POL	M30	1374	04:37:33	04:46:00		3884
		5km - 00:31:50, 10km - 01:03:30, 15km - 01:34:40, 20km - 02:06:19, 21km - 02:12:59, 25km - 02:37:57, 30km - 03:10:50, 35km - 03:45:05, 40km - 04:22:37									
4522	365	CZAJKA Justyna	PARZNIEW		POL	K40	155	04:37:36	04:45:57	638	
		5km - 00:28:48, 10km - 00:59:20, 15km - 01:28:40, 20km - 01:59:38, 21km - 02:08:00, 25km - 02:34:04, 30km - 03:11:10, 35km - 03:49:14, 40km - 04:24:23									
4523	1925	MATULKA Piotr	SZCZECIN	Wieczorne Bieganie w Szczecinie	POL	M30	1375	04:37:38	04:43:30		3885
		5km - 00:27:34, 10km - 00:55:20, 15km - 01:23:07, 20km - 01:51:56, 21km - 01:58:32, 25km - 02:24:13, 30km - 03:00:49, 35km - 03:42:09, 40km - 04:22:09									
4524	3413	DEIGSLER Przemyslaw	POZNAŃ		POL	M45	589	04:37:40	04:42:21		3886
		5km - 00:27:31, 10km - 00:55:49, 15km - 01:24:15, 20km - 01:55:48, 21km - 02:02:48, 25km - 02:29:21, 30km - 03:06:58, 35km - 03:45:20, 40km - 04:22:53									
4525	5436	GRYMA Rafał	BOLKOW		POL	M30	1376	04:37:43	04:45:13		3887
		5km - 00:30:42, 10km - 01:00:46, 15km - 01:30:35, 20km - 02:02:01, 21km - 02:08:54, 25km - 02:32:53, 30km - 03:08:12, 35km - 03:46:17, 40km - 04:23:12									
4526	6325	GRAJ Marianna	POZNAŃ	Strzeszyn	POL	K30	292	04:37:44	04:45:10	639	
		5km - 00:30:27, 10km - 01:02:23, 15km - 01:34:08, 20km - 02:07:14, 21km - 02:14:10, 25km - 02:39:00, 30km - 03:11:59, 35km - 03:46:28, 40km - 04:21:44									
4527	2098	OLEJNICZAK Katarzyna	GNIEZNO	Mamy-Biegamy	POL	K30	292	04:37:44	04:43:26	639	
		5km - 00:28:55, 10km - 00:57:58, 15km - 01:26:56, 20km - 01:58:25, 21km - 02:06:31, 25km - 02:35:23, 30km - 03:12:01, 35km - 03:47:43, 40km - 04:23:57									
4528	3524	JABŁOŃSKI Michał	BYDGOSZCZ	PKO Bank Polski	POL	M30	1377	04:37:45	04:43:00		3888
		5km - 00:28:17, 10km - 00:56:05, 15km - 01:23:43, 20km - 01:51:58, 21km - 01:58:02, 25km - 02:22:28, 30km - 02:58:10, 35km - 03:37:43, 40km - 04:21:03									
4529	2621	TYSZKIEWICZ Leonard	NOWY DUNINÓW		POL	M30	1378	04:37:46	04:43:06		3889
		5km - 00:28:16, 10km - 00:56:14, 15km - 01:24:32, 20km - 01:54:50, 21km - 02:02:29, 25km - 02:29:55, 30km - 03:07:46, 35km - 03:44:51, 40km - 04:22:43									
4530	2179	TORŁOP Przemysław	GDAŃSK	Grupa Trójmiasto	POL	M50	247	04:37:47	04:45:56		3890
		5km - 00:32:01, 10km - 01:03:54, 15km - 01:34:42, 20km - 02:05:33, 21km - 02:13:10, 25km - 02:36:39, 30km - 03:13:44, 35km - 03:50:28, 40km - 04:25:39									
4531	2327	BOŻKIEWICZ Patrycja	MUROWANA GOŚLINA	Hernik Team	POL	K30	294	04:37:48	04:43:27	641	
		5km - 00:28:32, 10km - 00:57:06, 15km - 01:25:04, 20km - 01:55:07, 21km - 02:02:27, 25km - 02:26:56, 30km - 03:00:18, 35km - 03:37:36, 40km - 04:20:43									
4532	6027	WESOŁOWSKI Paweł	ŚREM	Siła i Czosnek	POL	M30	1379	04:37:48	04:45:34		3891
		5km - 00:30:51, 10km - 01:01:49, 15km - 01:31:07, 20km - 02:03:11, 21km - 02:10:15, 25km - 02:34:09, 30km - 03:10:50, 35km - 03:50:55, 40km - 04:23:32									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
4533	4257	STRÓŻNIAK Mikołaj	POZNAŃ		POL	M30	1380	04:37:49	04:44:45		3892
		5km - 00:31:38, 10km - 01:04:06, 15km - 01:35:59, 20km - 02:08:16, 21km - 02:15:14, 25km - 02:40:16, 30km - 03:12:21, 35km - 03:48:40, 40km - 04:23:55									
4534	4014	STACHNIK Ryszard	DĘBICA		POL	M45	590	04:37:58	04:39:44		3893
		5km - 00:25:44, 10km - 00:54:11, 15km - 01:22:28, 20km - 01:54:06, 21km - 02:01:34, 25km - 02:27:04, 30km - 03:04:21, 35km - 03:43:37, 40km - 04:22:45									
4535	6477	BĘBEN Wioleta	KOZUCHOW	KB WIKON NOWA SÓL	POL	K45	64	04:37:59	04:43:29	642	
		5km - 00:28:59, 10km - 00:58:24, 15km - 01:27:20, 20km - 01:58:36, 21km - 02:05:28, 25km - 02:30:05, 30km - 03:05:00, 35km - 03:42:10, 40km - 04:22:35									
4536	4691	BILSKA Łucja	NIEPOŁOMICE		POL	K30	295	04:37:59	04:44:44	642	
		5km - 00:30:24, 10km - 01:00:15, 15km - 01:29:30, 20km - 02:02:11, 21km - 02:09:20, 25km - 02:34:47, 30km - 03:11:11, 35km - 03:48:42, 40km - 04:23:29									
4537	2057	SZCZEPANIAK Piotr	POZNAŃ		POL	M40	976	04:37:59	04:44:06		3894
		5km - 00:30:08, 10km - 01:00:38, 15km - 01:30:29, 20km - 02:01:03, 21km - 02:07:43, 25km - 02:32:01, 30km - 03:06:43, 35km - 03:43:46, 40km - 04:22:27									
4538	4096	KARLIKOWSKA-ANTOSIAK Małgorzata	ŁĘCZYCA		POL	K40	156	04:38:00	04:45:29	644	
		5km - 00:31:03, 10km - 01:03:22, 15km - 01:35:25, 20km - 02:07:41, 21km - 02:14:44, 25km - 02:39:45, 30km - 03:13:09, 35km - 03:48:42, 40km - 04:23:31									
4539	2304	NOWAKOWSKI Tomasz	ROKIETNICA		POL	M40	977	04:38:01	04:45:28		3895
		5km - 00:30:03, 10km - 01:00:33, 15km - 01:29:58, 20km - 02:00:09, 21km - 02:07:03, 25km - 02:30:31, 30km - 03:02:26, 35km - 03:36:23, 40km - 04:21:51									
4540	4950	KACZOR Dawid	MASZEWO	Gwiezdna Flota Maszewo	POL	M40	978	04:38:04	04:43:09		3896
		5km - 00:27:41, 10km - 00:55:43, 15km - 01:23:16, 20km - 01:52:13, 21km - 01:59:11, 25km - 02:25:37, 30km - 03:03:15, 35km - 03:42:26, 40km - 04:22:50									
4541	3939	ŁACNY Dariusz	ŁAZISKA GÓRNE		POL	M40	979	04:38:07	04:44:16		3897
		5km - 00:27:27, 10km - 00:55:09, 15km - 01:23:04, 20km - 01:54:55, 21km - 02:02:09, 25km - 02:30:32, 30km - 03:08:53, 35km - 03:46:12, 40km - 04:23:55									
4542	2768	GRABOWSKA-SAFANDOWSKA Elżbieta	OSTRÓW MAZOWIECKA		POL	K40	157	04:38:08	04:46:27	645	
		5km - 00:29:51, 10km - 00:59:45, 15km - 01:29:22, 20km - 02:00:44, 21km - 02:07:48, 25km - 02:32:28, 30km - 03:07:50, 35km - 03:45:03, 40km - 04:21:47									
4543	2776	SAFANDOWSKI Tomasz	OSTRÓW MAZOWIECKA		POL	M40	980	04:38:09	04:46:28		3898
		5km - 00:29:51, 10km - 00:59:45, 15km - 01:29:22, 20km - 02:00:45, 21km - 02:07:49, 25km - 02:32:29, 30km - 03:07:51, 35km - 03:45:03, 40km - 04:21:46									
4544	4960	NIERADKO Beata	GRAJEWO	BEAD TEAM	POL	K40	158	04:38:10	04:44:53	646	
		5km - 00:29:58, 10km - 00:59:25, 15km - 01:28:20, 20km - 01:59:10, 21km - 02:06:17, 25km - 02:31:08, 30km - 03:07:08, 35km - 03:44:17, 40km - 04:22:31									
4545	3436	BIEDALAK Krzysztof	SWARZĘDZ		POL	M30	1381	04:38:12	04:44:17		3899
		5km - 00:31:17, 10km - 01:07:05, 15km - 01:38:15, 20km - 02:11:07, 21km - 02:18:57, 25km - 02:44:32, 30km - 03:18:23, 35km - 03:52:34, 40km - 04:26:21									
4546	3118	JANOWICZ Honorata	OPALENICA	Opalenicki Klub Biegacza / Matner Runnin	POL	K18	91	04:38:15	04:42:43	647	
		5km - 00:28:55, 10km - 00:57:22, 15km - 01:25:19, 20km - 01:53:19, 21km - 01:59:26, 25km - 02:21:42, 30km - 03:02:07, 35km - 03:42:08, 40km - 04:23:39									
4547	3274	KULIGA Ewa	KRAKÓW	EASYRUN RACIBÓRZ	POL	K40	159	04:38:15	04:45:14	647	
		5km - 00:30:14, 10km - 01:00:38, 15km - 01:30:39, 20km - 02:02:19, 21km - 02:09:09, 25km - 02:33:29, 30km - 03:09:42, 35km - 03:46:01, 40km - 04:23:19									
4548	435	KOSIOREK Darek	POZNAN		POL	M50	248	04:38:17	04:40:56		3900
		5km - 00:27:03, 10km - 00:54:28, 15km - 01:21:27, 20km - 01:49:39, 21km - 01:58:13, 25km - 02:23:26, 30km - 03:01:25, 35km - 03:43:35, 40km - 04:23:30									
4549	3487	SZOSTAK Kuba	POZNAŃ (POZNAŃ- STARE MIA	Piątkowo na Biegowo	POL	M40	981	04:38:17	04:43:30		3900
		5km - 00:28:37, 10km - 00:57:03, 15km - 01:25:13, 20km - 01:55:13, 21km - 02:02:08, 25km - 02:28:03, 30km - 03:05:41, 35km - 03:44:26, 40km - 04:23:26									
4550	320	ZYCH Lesław	SAMBORZEC	LKB Rudnik	POL	M65	28	04:38:20	04:41:22		3902
		5km - 00:29:08, 10km - 00:59:00, 15km - 01:28:25, 20km - 02:00:38, 21km - 02:07:57, 25km - 02:34:36, 30km - 03:11:16, 35km - 03:48:29, 40km - 04:24:22									
4551	716	DRYMEL Sylwia	BORGOWO		POL	K45	65	04:38:21	04:44:39	649	
		5km - 00:29:09, 10km - 00:58:52, 15km - 01:28:03, 20km - 01:59:03, 21km - 02:06:09, 25km - 02:31:45, 30km - 03:06:49, 35km - 03:45:19, 40km - 04:22:46									
4552	6762	HUDZIK Dominika	GROJEC		POL	K40	160	04:38:21	04:45:52	649	
		5km - 00:30:18, 10km - 01:00:51, 15km - 01:31:27, 20km - 02:02:43, 21km - 02:09:32, 25km - 02:34:17, 30km - 03:08:44, 35km - 03:43:49, 40km - 04:21:53									
4553	4635	POHREBNIAK Oleksandr	KROPYWNYCKI		UKR	M18	443	04:38:24	04:41:14		3903
		5km - 00:27:25, 10km - 00:55:02, 15km - 01:22:18, 20km - 01:51:02, 21km - 01:57:32, 25km - 02:22:38, 30km - 03:02:09, 35km - 03:43:46, 40km - 04:23:02									
4554	3510	CHMIELEWSKI Leszek	POZNAŃ	2013	POL	M30	1382	04:38:30	04:41:49		3904
		5km - 00:28:12, 10km - 00:56:51, 15km - 01:25:24, 20km - 01:56:15, 21km - 02:03:08, 25km - 02:29:29, 30km - 03:05:37, 35km - 03:44:35, 40km - 04:22:22									
4555	3290	MUSIELAK Adam	POZNAŃ	PGB Sportowa Paczka	POL	M30	1383	04:38:32	04:40:45		3905
		5km - 00:27:47, 10km - 00:57:37, 15km - 01:27:02, 20km - 01:59:42, 21km - 02:08:03, 25km - 02:33:05, 30km - 03:09:00, 35km - 03:45:43, 40km - 04:22:21									
4556	5430	KANIA Tomasz	BIELSKO-BIAŁA		POL	M40	982	04:38:33	04:45:20		3906
		5km - 00:30:33, 10km - 01:01:11, 15km - 01:30:27, 20km - 02:01:22, 21km - 02:08:48, 25km - 02:33:18, 30km - 03:08:26, 35km - 03:46:21, 40km - 04:23:04									
4557	2936	KUJAWA Ewelina	NOWOGARD		POL	K40	161	04:38:33	04:42:58	651	
		5km - 00:30:37, 10km - 01:01:54, 15km - 01:32:12, 20km - 02:04:29, 21km - 02:15:58, 25km - 02:40:39, 30km - 03:14:42, 35km - 03:49:57, 40km - 04:24:08									
4558	4572	SZCZEPAŃSKI Tomasz	POZNAŃ		POL	M30	1384	04:38:33	04:42:15		3906
		5km - 00:26:44, 10km - 00:54:28, 15km - 01:22:41, 20km - 01:55:53, 21km - 02:02:45, 25km - 02:29:17, 30km - 03:08:01, 35km - 03:45:24, 40km - 04:25:07									
4559	3938	NOSEK Maciej	POZNAŃ	Stalowa Łyda	POL	M18	444	04:38:34	04:43:50		3908
		5km - 00:28:26, 10km - 00:56:38, 15km - 01:24:43, 20km - 01:53:47, 21km - 02:00:15, 25km - 02:25:15, 30km - 03:03:51, 35km - 03:43:32, 40km - 04:23:47									
4560	3640	WOJCIECHOWSKI Marek	GNIEZNO	Night Runners	POL	M55	156	04:38:36	04:46:07		3909
		5km - 00:30:15, 10km - 01:00:06, 15km - 01:29:46, 20km - 02:00:22, 21km - 02:07:00, 25km - 02:33:24, 30km - 03:09:26, 35km - 03:46:32, 40km - 04:24:32									
4561	2612	JACEWICZ Ryszard	OLSZTYN	KS NEONET	POL	M55	157	04:38:37	04:44:48		3910
		5km - 00:29:11, 10km - 00:58:30, 15km - 01:27:59, 20km - 01:57:46, 21km - 02:04:26, 25km - 02:27:59, 30km - 03:00:28, 35km - 03:41:13, 40km - 04:21:46									
4562	3198	KARCZYŃSKA Justyna	OPOLE	Wieczorne Bieganie w Opolu	POL	K30	296	04:38:38	04:44:40	652	
		5km - 00:31:05, 10km - 01:02:22, 15km - 01:34:07, 20km - 02:06:28, 21km - 02:13:33, 25km - 02:39:00, 30km - 03:14:16, 35km - 03:50:42, 40km - 04:24:29									
4563	1078	MACHNIK Agnieszka	WYRZYSK		POL	K40	162	04:38:40	04:44:49	653	
		5km - 00:29:21, 10km - 00:58:53, 15km - 01:28:20, 20km - 01:58:40, 21km - 02:05:41, 25km - 02:30:03, 30km - 03:06:19, 35km - 03:46:26, 40km - 04:24:41									
4564	944	SOKOŁOWSKI Sławomir	KĘTY		POL	M40	983	04:38:41	04:46:43		3911
		5km - 00:30:39, 10km - 01:03:17, 15km - 01:34:56, 20km - 02:07:20, 21km - 02:14:26, 25km - 02:39:40, 30km - 03:13:59, 35km - 03:48:12, 40km - 04:23:47									
4565	4883	BALCEREK Jacek	ZŁOTNIKI		POL	M45	591	04:38:42	04:47:18		3912
		5km - 00:32:28, 10km - 01:05:25, 15km - 01:38:30, 20km - 02:12:07, 21km - 02:18:59, 25km - 02:44:36, 30km - 03:18:29, 35km - 03:52:32, 40km - 04:25:29									
4566	7041	WITEK Stanisław	SIENICA		POL	M60	69	04:38:42	04:43:00		3912
		5km - 00:28:35, 10km - 00:56:32, 15km - 01:24:44, 20km - 01:54:49, 21km - 02:02:02, 25km - 02:26:22, 30km - 03:01:52, 35km - 03:40:57, 40km - 04:22:11									
4567	3408	ZALECH Barbara	SOLEC-KUJAWSKI		POL	K40	163	04:38:44	04:45:56	654	
		5km - 00:30:04, 10km - 01:00:04, 15km - 01:30:34, 20km - 02:02:57, 21km - 02:10:10, 25km - 02:36:07, 30km - 03:12:03, 35km - 03:47:04, 40km - 04:23:54									
4568	3785	LUTYŃSKI Mateusz	POZNAŃ	SantanderRunningTeam	POL	M18	445	04:38:45	04:43:21		3914
		5km - 00:27:03, 10km - 00:54:06, 15km - 01:21:00, 20km - 01:48:48, 21km - 01:55:44, 25km - 02:21:59, 30km - 02:58:29, 35km - 03:42:13, 40km - 04:20:44									
4569	7108	PILARCZYK Bartosz	ROKIETNICA		POL	M30	1385	04:38:49	04:46:25		3915
		5km - 00:31:15, 10km - 01:03:28, 15km - 01:35:29, 20km - 02:07:59, 21km - 02:14:45, 25km - 02:40:03, 30km - 03:12:42, 35km - 03:46:50, 40km - 04:23:32									
4570	1473	RACINIEWSKI Adam	JÓZEFÓW		POL	M40	984	04:38:49	04:46:33		3915
		5km - 00:30:54, 10km - 01:03:43, 15km - 01:35:17, 20km - 02:07:30, 21km - 02:14:33, 25km - 02:39:31, 30km - 03:11:31, 35km - 03:44:10, 40km - 04:22:55									
4571	6172	OSTROWICKI Piotr	POZNAŃ		POL	M45	592	04:38:53	04:45:45		3917
		5km - 00:27:41, 10km - 00:55:25, 15km - 01:23:08, 20km - 01:51:54, 21km - 01:58:10, 25km - 02:21:05, 30km - 02:52:04, 35km - 03:35:44, 40km - 04:21:14									
4572	6853	POCHYLSKI Ziemowit	ŚREM		POL	M30	1386	04:38:53	04:45:46		3917
		5km - 00:31:48, 10km - 01:03:59, 15km - 01:34:03, 20km - 02:04:45, 21km - 02:11:42, 25km - 02:35:01, 30km - , 35km - 03:43:36, 40km - 04:14:11									
4573	554	GÓRKA Filip	POZNAŃ		POL	M40	985	04:38:54	04:47:09		3919
		5km - 00:32:48, 10km - 01:06:40, 15km - 01:37:40, 20km - 02:10:02, 21km - 02:17:02, 25km - 02:42:00, 30km - 03:14:25, 35km - 03:49:07, 40km - 04:24:44									
4574	6814	TWARDOWSKA Iwona	ŚREM		POL	K30	297	04:38:54	04:45:46	655	
		5km - 00:31:48, 10km - 01:04:00, 15km - 01:34:04, 20km - 02:04:56, 21km - 02:11:43, 25km - 02:36:40, 30km - 03:11:31, 35km - 03:47:17, 40km - 04:24:09									
4575	3422	ŻELECHOWSKI Dawid	ROGOŹNO	Monar Rożnowice 34	POL	M18	446	04:38:54	04:48:42		3919
		5km - 00:30:49, 10km - 01:02:04, 15km - 01:32:54, 20km - 02:03:21, 21km - 02:10:51, 25km - 02:34:23, 30km - 03:08:40, 35km - 03:44:47, 40km - 04:23:24									
4576	602	KRYSZKIEWICZ Tomasz	DZIAŁDOWO		POL	M45	593	04:38:56	04:44:43		3921
		5km - 00:29:16, 10km - 00:58:43, 15km - 01:27:57, 20km - 01:57:41, 21km - 02:04:20, 25km - 02:28:14, 30km - 03:03:33, 35km - 03:44:04, 40km - 04:23:22									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
4577	6932	MOLIŃSKI Wojciech	PUSZCZYKOWO	Klub Biegacza KP	POL	M50	249	04:38:58	04:44:48		3922
		5km - 00:28:13, 10km - 00:57:07, 15km - 01:25:45, 20km - 01:55:47, 21km - 02:02:39, 25km - 02:28:34, 30km - 03:04:33, 35km - 03:42:59, 40km - 04:22:02									
4578	393	BILSKI Piotr	ROSTARZEWO		POL	M18	447	04:39:02	04:45:59		3923
		5km - 00:30:11, 10km - 01:00:29, 15km - 01:30:13, 20km - 02:01:04, 21km - 02:07:55, 25km - 02:32:32, 30km - 03:05:57, 35km - 03:43:59, 40km - 04:23:08									
4579	6675	EJNARSSON Sylwia	VELLINGIE	Friskis&Svettis Vellingie	SWE	K30	298	04:39:02	04:45:06	656	
		5km - 00:29:08, 10km - 00:58:25, 15km - 01:27:27, 20km - 01:57:05, 21km - 02:03:47, 25km - 02:27:01, 30km - 03:01:55, 35km - 03:43:05, 40km - 04:23:46									
4580	4263	WILHELMI Marcin	POZNAŃ		POL	M40	986	04:39:02	04:43:31		3923
		5km - 00:29:58, 10km - 01:00:25, 15km - 01:29:03, 20km - 01:59:09, 21km - 02:05:46, 25km - 02:29:50, 30km - 03:04:29, 35km - 03:42:44, 40km - 04:21:46									
4581	6782	GRZEGRZÓŁKA Mariusz	LUBAŃ		POL	M30	1387	04:39:03	04:45:29		3925
		5km - 00:29:59, 10km - 00:59:47, 15km - 01:29:28, 20km - 01:59:55, 21km - 02:06:49, 25km - 02:31:35, 30km - 03:06:05, 35km - 03:45:14, 40km - 04:24:23									
4582	427	TUREK Mariusz	GOSZCZ	Cała Oleśnica Biega / Trenujznami.pl	POL	M30	1388	04:39:04	04:42:53		3926
		5km - 00:28:27, 10km - 00:58:47, 15km - 01:27:28, 20km - 01:57:31, 21km - 02:04:21, 25km - 02:28:47, 30km - 03:03:39, 35km - 03:42:15, 40km - 04:23:15									
4583	2094	KIN Rafał	ODRZYKOŃ	AZS PWSZ KROSNO	POL	M30	1389	04:39:08	04:44:19		3927
		5km - 00:28:19, 10km - 00:56:27, 15km - 01:24:34, 20km - 01:53:55, 21km - 02:00:37, 25km - 02:24:41, 30km - 02:58:27, 35km - 03:39:10, 40km - 04:23:33									
4584	2427	GAJĘCKA Marta	RADOM	Street Run Radaom	POL	K18	92	04:39:10	04:43:18	657	
		5km - 00:28:02, 10km - , 15km - 01:24:08, 20km - 01:52:46, 21km - 01:58:55, 25km - 02:21:26, 30km - 02:56:03, 35km - 03:38:53, 40km - 04:22:43									
4585	1135	Zawodnik anonimowy				M40	987	04:39:10	04:47:28		3928
		5km - 00:30:08, 10km - 00:59:17, 15km - 01:28:35, 20km - 01:57:25, 21km - 02:03:57, 25km - 02:27:25, 30km - 03:02:45, 35km - 03:42:47, 40km - 04:23:19									
4586	2174	Zawodnik anonimowy				M60	70	04:39:10	04:43:09		3928
		5km - 00:28:30, 10km - 00:57:44, 15km - 01:26:41, 20km - 01:58:22, 21km - 02:06:08, 25km - 02:34:36, 30km - 03:14:55, 35km - 03:52:36, 40km - 04:26:41									
4587	4806	PRZYBYŁA Katarzyna	TULISZKÓW		POL	K18	93	04:39:12	04:47:07	658	
		5km - 00:30:40, 10km - 01:01:09, 15km - 01:31:51, 20km - 02:03:20, 21km - 02:10:50, 25km - 02:36:00, 30km - 03:10:03, 35km - 03:46:52, 40km - 04:24:07									
4588	3411	AUGUSTYNIAK Piotr	BYDGOSZCZ	FLOW RUNNERS SHIUZ Bydgoszcz	POL	M40	988	04:39:13	04:44:56		3930
		5km - 00:28:48, 10km - 00:58:19, 15km - 01:27:29, 20km - 01:58:45, 21km - 02:05:46, 25km - 02:31:28, 30km - 03:07:54, 35km - 03:44:53, 40km - 04:22:52									
4589	2287	MICHALAK Mariusz	SUCHY LAS		POL	M50	250	04:39:13	04:46:52		3930
		5km - 00:33:23, 10km - 01:06:26, 15km - 01:39:29, 20km - 02:13:05, 21km - 02:20:40, 25km - 02:47:00, 30km - 03:21:09, 35km - 03:54:37, 40km - 04:25:42									
4590	3027	PIWKO Mateusz	SZCZECIN		POL	M30	1390	04:39:15	04:46:59		3932
		5km - 00:31:31, 10km - 01:03:26, 15km - 01:34:55, 20km - 02:07:02, 21km - 02:13:51, 25km - 02:38:58, 30km - 03:11:36, 35km - 03:45:30, 40km - 04:22:52									
4591	495	STEPIEN David	WILHELMSHAVEN	TSR Olympia Wilhelmshaven	EUA	M18	448	04:39:15	04:40:32		3932
		5km - 00:24:41, 10km - 00:48:46, 15km - 01:12:50, 20km - 01:39:30, 21km - 01:48:24, 25km - 02:14:34, 30km - 02:56:18, 35km - 03:41:14, 40km - 04:24:48									
4592	4170	BRZEWIŃSKA Marzena	TRZEMESZNO	BOLT TRZEMESZNO	POL	K45	66	04:39:16	04:45:19	659	
		5km - 00:29:15, 10km - 00:58:47, 15km - 01:27:38, 20km - 01:57:57, 21km - 02:04:39, 25km - 02:29:39, 30km - 03:07:04, 35km - 03:45:50, 40km - 04:24:12									
4593	3685	GOLEC Daniel	POZNAŃ	PKO Bank Polski	POL	M40	989	04:39:17	04:43:31		3934
		5km - 00:28:37, 10km - , 15km - 01:26:53, 20km - 01:58:20, 21km - 02:05:26, 25km - 02:31:00, 30km - 03:06:12, 35km - 03:44:34, 40km - 04:22:50									
4594	2812	MIKOŁAJCZYK Dawid	POZNAŃ		POL	M30	1391	04:39:17	04:43:17		3934
		5km - 00:27:20, 10km - 00:55:15, 15km - 01:22:30, 20km - 01:50:56, 21km - 01:57:24, 25km - 02:21:40, 30km - 02:57:50, 35km - 03:39:19, 40km - 04:23:40									
4595	2386	WŁUDZIK Paweł	MIECHÓW		POL	M30	1391	04:39:17	04:44:48		3934
		5km - 00:29:41, 10km - 01:00:28, 15km - 01:30:30, 20km - 02:01:25, 21km - 02:08:25, 25km - 02:34:53, 30km - 03:13:08, 35km - 03:47:52, 40km - 04:23:39									
4596	1428	ADAMSKA Karolina	MOGILNO	Mogilno Team	POL	K40	164	04:39:18	04:44:45	660	
		5km - 00:30:00, 10km - 00:59:43, 15km - 01:29:21, 20km - 02:00:48, 21km - 02:08:14, 25km - 02:34:19, 30km - 03:10:57, 35km - 03:48:10, 40km - 04:24:55									
4597	2362	ROSÓŁ Roman	POZNAŃ	HERNIK TEAM	POL	M45	594	04:39:18	04:43:27		3937
		5km - 00:27:09, 10km - 00:54:49, 15km - 01:22:38, 20km - 01:51:32, 21km - 01:57:52, 25km - 02:21:44, 30km - 02:58:29, 35km - 03:39:16, 40km - 04:22:21									
4598	2771	WALKOWIAK Jacek	ZIELONA GÓRA	BOHAR PALETY Runners	POL	M45	595	04:39:24	04:45:17		3938
		5km - 00:25:32, 10km - 00:50:55, 15km - 01:16:06, 20km - 01:41:26, 21km - 01:46:57, 25km - 02:07:46, 30km - 02:46:46, 35km - 03:30:58, 40km - 04:22:26									
4599	3827	RÓŻYCKA Joanna	WROCŁAW		POL	K40	165	04:39:25	04:45:49	661	
		5km - 00:30:13, 10km - 01:00:44, 15km - 01:30:19, 20km - 02:01:53, 21km - 02:09:08, 25km - 02:34:34, 30km - 03:09:53, 35km - 03:46:34, 40km - 04:23:54									
4600	2333	SZAJOWSKA Małgorzata	GORZÓW WIELKOPOLSKI		POL	K40	165	04:39:25	04:40:45	661	
		5km - 00:28:49, 10km - 00:58:24, 15km - 01:28:33, 20km - 02:00:50, 21km - 02:07:57, 25km - 02:34:50, 30km - 03:10:55, 35km - 03:47:35, 40km - 04:24:36									
4601	1141	PTASZYŃSKI Łukasz	POZNAŃ		POL	M40	990	04:39:26	04:46:58		3939
		5km - 00:31:01, 10km - 01:03:38, 15km - 01:35:26, 20km - 02:07:40, 21km - 02:14:44, 25km - 02:39:42, 30km - 03:11:46, 35km - 03:45:36, 40km - 04:21:55									
4602	4801	RÓŻYCKI Łukasz	OŁAWA		POL	M40	990	04:39:26	04:45:49		3939
		5km - 00:30:14, 10km - 01:00:45, 15km - 01:30:20, 20km - 02:01:54, 21km - 02:09:09, 25km - 02:34:35, 30km - 03:09:54, 35km - 03:46:35, 40km - 04:23:53									
4603	6015	JAGIEŁŁO Albert	GOLINA	Decathlon Team Swadzim	POL	M18	449	04:39:27	04:43:23		3941
		5km - 00:27:12, 10km - 00:54:38, 15km - 01:21:38, 20km - 01:50:59, 21km - 01:59:14, 25km - 02:24:03, 30km - 03:00:18, 35km - 03:42:32, 40km - 04:22:04									
4604	3120	SOBAŃSKA Karolina	WIRY	Jak po Sznurku	POL	K40	167	04:39:28	04:45:53	663	
		5km - 00:29:18, 10km - 01:00:04, 15km - 01:29:55, 20km - 02:02:29, 21km - 02:09:56, 25km - 02:36:36, 30km - 03:12:26, 35km - 03:48:49, 40km - 04:24:51									
4605	1777	WAWRZYNIAK Krzysztof	POZNAŃ		POL	M50	251	04:39:28	04:45:34		3942
		5km - 00:30:06, 10km - 01:00:26, 15km - 01:30:34, 20km - 02:02:53, 21km - 02:10:14, 25km - 02:36:10, 30km - 03:11:36, 35km - 03:47:21, 40km - 04:24:23									
4606	2157	BIEŃ Grzegorz	SKOKI		POL	M50	252	04:39:30	04:43:00		3943
		5km - 00:26:47, 10km - 00:53:42, 15km - 01:21:25, 20km - 01:51:32, 21km - 01:58:02, 25km - 02:25:28, 30km - 03:06:37, 35km - 03:47:42, 40km - 04:23:40									
4607	2975	NOWACKI Michał	POZNAŃ		POL	M30	1393	04:39:30	04:44:45		3943
		5km - 00:27:48, 10km - 00:55:24, 15km - 01:22:47, 20km - 01:52:07, 21km - 01:58:50, 25km - 02:23:28, 30km - 02:59:20, 35km - 03:40:36, 40km - 04:22:53									
4608	6637	SKIBINSKI Adrian	KOŁO	Geberit Team	POL	M30	1394	04:39:31	04:45:17		3945
		5km - 00:28:59, 10km - 00:57:39, 15km - 01:26:12, 20km - 01:56:01, 21km - 02:03:00, 25km - 02:28:33, 30km - 03:08:28, 35km - 03:45:50, 40km - 04:24:26									
4609	2067	KOROŃSKI Tadeusz	POZNAŃ	parkrun Poznań	POL	M45	596	04:39:32	04:46:31		3946
		5km - 00:28:00, 10km - 00:56:40, 15km - 01:24:26, 20km - 01:53:35, 21km - 02:00:10, 25km - 02:24:14, 30km - 03:02:31, 35km - 03:43:29, 40km - 04:24:07									
4610	2527	KOPACZEWSKI Piotr	ZIELONA GÓRA		POL	M55	158	04:39:35	04:43:51		3947
		5km - 00:27:46, 10km - 00:55:33, 15km - 01:22:50, 20km - 01:51:50, 21km - 01:58:28, 25km - 02:23:38, 30km - 03:01:51, 35km - 03:42:02, 40km - 04:21:12									
4611	4211	GRACZYK Anna	KALISZ	SUPERMARATON KALISZ	POL	K30	299	04:39:36	04:44:15	664	
		5km - 00:31:16, 10km - 01:02:21, 15km - 01:33:22, 20km - 02:05:22, 21km - 02:12:57, 25km - 02:38:45, 30km - 03:13:44, 35km - 03:49:59, 40km - 04:25:01									
4612	6441	KRZYKOWSKI Michał	BEŁCHATÓW	KB SPARTAKUS BEŁCHATÓW	POL	M30	1395	04:39:38	04:42:11		3948
		5km - 00:26:51, 10km - 00:53:56, 15km - 01:20:27, 20km - 01:47:46, 21km - 01:53:44, 25km - 02:15:49, 30km - 02:49:42, 35km - 03:30:29, 40km - 04:19:38									
4613	1763	TATERKA Michał	RADZIONKÓW	Fracht FWO Running Club	POL	M18	450	04:39:39	04:42:32		3949
		5km - 00:27:20, 10km - 00:54:20, 15km - 01:21:23, 20km - 01:49:05, 21km - 01:55:48, 25km - 02:18:47, 30km - 02:57:54, 35km - 03:41:30, 40km - 04:23:00									
4614	7124	ZIELIŃSKA Marta	SZUBIN	Mama&Syn	POL	K30	300	04:39:40	04:47:35	665	
		5km - 00:31:03, 10km - 01:03:38, 15km - 01:35:50, 20km - 02:08:21, 21km - 02:16:00, 25km - 02:41:52, 30km - 03:16:53, 35km - 03:49:31, 40km - 04:25:07									
4615	2545	CIEŚLA Jarosław	WAŁBRZYCH		POL	M50	253	04:39:42	04:42:12		3950
		5km - 00:29:22, 10km - 00:59:35, 15km - 01:29:52, 20km - 02:01:15, 21km - 02:08:31, 25km - 02:34:55, 30km - 03:12:03, 35km - 03:49:30, 40km - 04:26:17									
4616	3185	BETKA Magdalena	ODOLANÓW		POL	K30	301	04:39:46	04:48:31	666	
		5km - 00:30:14, 10km - 01:00:53, 15km - 01:31:15, 20km - 02:03:20, 21km - 02:10:22, 25km - 02:36:49, 30km - 03:13:12, 35km - 03:49:11, 40km - 04:24:51									
4617	4599	LATOS Janusz	ŚRODA WLKP		POL	M55	159	04:39:47	04:46:37		3951
		5km - 00:30:16, 10km - 01:00:14, 15km - 01:29:18, 20km - 01:59:03, 21km - 02:05:34, 25km - 02:29:12, 30km - 03:03:00, 35km - 03:42:15, 40km - 04:24:49									
4618	4084	MACIEJAK Marcin	ŻYRARDÓW	Run de Girard	POL	M45	597	04:39:47	04:46:43		3951
		5km - 00:29:48, 10km - 00:59:36, 15km - 01:29:16, 20km - 02:00:06, 21km - 02:07:02, 25km - 02:31:47, 30km - 03:07:18, 35km - 03:45:20, 40km - 04:25:07									
4619	6774	WLEKLIŃSKA Agnieszka	SZCZECIN	100	POL	K40	168	04:39:47	04:46:30	667	
		5km - 00:30:45, 10km - 01:03:03, 15km - 01:33:24, 20km - 02:05:29, 21km - 02:12:22, 25km - 02:37:52, 30km - 03:13:26, 35km - 03:48:46, 40km - 04:25:17									
4620	6772	WOJCIECHOWSKI Łukasz	POZNAŃ		POL	M30	1396	04:39:48	04:44:58		3953
		5km - 00:29:28, 10km - 00:59:03, 15km - 01:28:06, 20km - 01:58:15, 21km - 02:04:48, 25km - 02:29:17, 30km - 03:03:20, 35km - 03:41:46, 40km - 04:22:21									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
4621	1589	ZŁOTY Tomasz	PSZCZYNA	Ledovo	POL	M30	1396	04:39:48	04:42:16		3953
		5km - 00:27:30, 10km - 00:54:35, 15km - 01:21:53, 20km - 01:50:28, 21km - 01:56:51, 25km - 02:21:05, 30km - 02:58:28, 35km - 03:39:24, 40km - 04:21:55									
4622	3258	KALITA Jakub	OSTROWIEC ŚWIĘTOKRZYSKI	OstroBiec	POL	M30	1398	04:39:53	04:45:45		3955
		5km - 00:29:12, 10km - 00:58:26, 15km - 01:27:48, 20km - 01:58:36, 21km - 02:06:26, 25km - 02:32:06, 30km - 03:08:38, 35km - 03:45:54, 40km - 04:25:16									
4623	4612	KUBIAK Danka	KISZKOWO		POL	K45	67	04:39:53	04:40:26	668	
		5km - 00:27:05, 10km - 00:55:51, 15km - 01:25:03, 20km - 01:56:59, 21km - 02:03:53, 25km - 02:31:00, 30km - 03:08:07, 35km - 03:46:03, 40km - 04:24:36									
4624	2341	ROCHOWIAK Grzegorz	GNIEZNO	Altom Gniezno	POL	M30	1399	04:39:54	04:46:23		3956
		5km - 00:30:16, 10km - 01:00:16, 15km - 01:30:07, 20km - 02:00:52, 21km - 02:07:50, 25km - 02:31:46, 30km - 03:07:14, 35km - 03:45:17, 40km - 04:24:06									
4625	5768	JAROSZ Michał	NOWY TOMYŚL		POL	M30	1400	04:39:55	04:46:34		3957
		5km - 00:30:16, 10km - 00:59:39, 15km - 01:28:33, 20km - 01:58:58, 21km - 02:05:56, 25km - 02:30:39, 30km - 03:06:04, 35km - 03:43:51, 40km - 04:24:04									
4626	3477	WOJTYNEK Przemysław	POZNAŃ	MOGŁO BYĆ GORZEJ	POL	M50	254	04:39:57	04:45:45		3958
		5km - 00:30:11, 10km - 01:01:23, 15km - 01:32:15, 20km - 02:03:18, 21km - 02:10:27, 25km - 02:35:11, 30km - 03:08:29, 35km - 03:45:24, 40km - 04:25:21									
4627	2711	BANACH Paweł	MIĘDZYCHÓD		POL	M40	992	04:39:59	04:40:53		3959
		5km - 00:26:04, 10km - 00:53:32, 15km - 01:21:36, 20km - 01:50:50, 21km - 01:57:28, 25km - 02:23:06, 30km - 02:59:51, 35km - 03:38:27, 40km - 04:23:24									
4628	4091	DACHTERA-WALĘDZIAK Izabela	TARNOWO PODGÓRNE		POL	K40	169	04:40:00	04:46:25	669	
		5km - 00:31:00, 10km - 01:04:13, 15km - 01:35:38, 20km - 02:08:05, 21km - 02:15:16, 25km - 02:40:39, 30km - 03:14:54, 35km - 03:50:24, 40km - 04:26:07									
4629	2765	KORTA Olga	DRESDEN		EUA	K30	302	04:40:00	04:46:13	669	
		5km - 00:30:15, 10km - 00:59:43, 15km - 01:28:57, 20km - 02:00:44, 21km - 02:08:02, 25km - 02:33:19, 30km - 03:08:45, 35km - 03:46:00, 40km - 04:24:03									
4630	4024	ROZYNEK Małgorzata	POZNAŃ	Cytadela by Night	POL	K40	169	04:40:00	04:46:25	669	
		5km - 00:31:00, 10km - 01:04:13, 15km - 01:35:39, 20km - 02:08:04, 21km - 02:15:16, 25km - 02:40:38, 30km - 03:14:54, 35km - 03:50:24, 40km - 04:26:01									
4631	586	KURPISZ Monika	POZNAŃ	Drużyna Szpiku	POL	K45	68	04:40:01	04:48:26	672	
		5km - 00:31:55, 10km - 01:04:04, 15km - 01:35:37, 20km - 02:07:48, 21km - 02:15:01, 25km - 02:40:49, 30km - 03:15:06, 35km - 03:50:51, 40km - 04:25:30									
4632	6640	STEMPIN Łukasz	RAKONIEWICE		POL	M40	993	04:40:03	04:44:33		3960
		5km - 00:29:44, 10km - 01:00:25, 15km - 01:30:21, 20km - 02:01:54, 21km - 02:09:23, 25km - 02:34:12, 30km - 03:11:10, 35km - 03:48:26, 40km - 04:23:27									
4633	5984	WOS Lukasz	RAKONIEWICE		POL	M40	993	04:40:03	04:44:34		3960
		5km - 00:29:42, 10km - 01:00:24, 15km - 01:30:20, 20km - 02:01:52, 21km - 02:09:19, 25km - 02:34:10, 30km - 03:11:09, 35km - 03:48:16, 40km - 04:23:19									
4634	2164	KMIECIK Mirosław	RAKONIEWICE		POL	M40	995	04:40:04	04:44:34		3962
		5km - 00:29:44, 10km - 01:00:26, 15km - 01:30:22, 20km - 02:01:53, 21km - 02:09:22, 25km - 02:34:13, 30km - 03:11:10, 35km - 03:48:27, 40km - 04:23:36									
4635	6632	STEMPIN Danuta	RAKONIEWICE		POL	K30	303	04:40:04	04:44:34	673	
		5km - 00:29:43, 10km - 01:00:25, 15km - 01:30:20, 20km - 02:01:53, 21km - 02:09:21, 25km - 02:34:08, 30km - 03:11:07, 35km - 03:48:24, 40km - 04:23:20									
4636	4492	KOWALCZYK Wojciech	ZAWADZKIE	Team Mała Panew Zawadzkie	POL	M40	996	04:40:07	04:46:40		3963
		5km - 00:29:24, 10km - 00:58:43, 15km - 01:27:47, 20km - 01:58:17, 21km - 02:04:55, 25km - 02:31:20, 30km - 03:08:23, 35km - 03:48:59, 40km - 04:25:14									
4637	2792	KARCZMARSKA Joanna	POZNAŃ	Vege Runners	POL	K18	94	04:40:08	04:45:24	674	
		5km - 00:29:29, 10km - 00:59:25, 15km - 01:30:02, 20km - 02:02:47, 21km - 02:09:57, 25km - 02:37:24, 30km - 03:14:26, 35km - 03:49:32, 40km - 04:25:49									
4638	425	ŻEBROWSKA Beata	OSTROŁĘKA	Morsy Ostrołęka	POL	K45	69	04:40:08	04:45:48	674	
		5km - 00:30:19, 10km - 01:01:06, 15km - 01:31:34, 20km - 02:04:28, 21km - 02:12:31, 25km - 02:37:43, 30km - 03:12:44, 35km - 03:49:16, 40km - 04:26:10									
4639	3041	SOBASZKIEWICZ Rafał	INOWROCLAW	BBL Inowrocław	POL	M45	598	04:40:10	04:47:40		3964
		5km - 00:31:02, 10km - 01:03:26, 15km - 01:35:26, 20km - 02:07:41, 21km - 02:14:45, 25km - 02:39:43, 30km - 03:11:48, 35km - 03:46:11, 40km - 04:24:58									
4640	2714	STASZEWSKI Tomasz	WARSZAWA	HOPR ZHR	POL	M30	1401	04:40:11	04:46:46		3965
		5km - 00:27:59, 10km - 00:55:22, 15km - 01:23:11, 20km - 01:54:57, 21km - 02:04:40, 25km - 02:30:55, 30km - 03:08:37, 35km - 03:45:48, 40km - 04:24:57									
4641	950	WOŹNIAK Waldemar	WROCŁAW	ebiegi.pl	POL	M30	1402	04:40:15	04:42:52		3966
		5km - 00:27:47, 10km - 00:55:51, 15km - 01:23:47, 20km - 01:54:10, 21km - 02:01:13, 25km - 02:26:43, 30km - 03:02:58, 35km - 03:42:04, 40km - 04:23:26									
4642	5431	PERLIŃSKA Dominika	PLESZEW		POL	K30	304	04:40:17	04:48:45	676	
		5km - 00:32:16, 10km - 01:04:20, 15km - 01:35:33, 20km - 02:07:18, 21km - 02:14:10, 25km - 02:39:05, 30km - 03:12:40, 35km - 03:47:25, 40km - 04:23:58									
4643	6256	DUBINA Damian	POZNAŃ		POL	M30	1403	04:40:18	04:44:51		3967
		5km - 00:28:31, 10km - 00:57:02, 15km - 01:25:30, 20km - 01:55:09, 21km - 02:01:34, 25km - 02:25:57, 30km - 03:02:18, 35km - 03:43:24, 40km - 04:25:55									
4644	861	HUNKIEWICZ Ewelina	MARKI	Markowi Biegacze	POL	K40	171	04:40:18	04:47:23	677	
		5km - 00:31:29, 10km - 01:03:43, 15km - 01:35:35, 20km - 02:08:01, 21km - 02:17:47, 25km - 02:43:07, 30km - 03:20:44, 35km - 03:55:07, 40km - 04:26:32									
4645	390	DELIK Jan	PRZEŹMIEROWO		POL	M55	160	04:40:19	04:42:54		3968
		5km - 00:29:29, 10km - 00:58:59, 15km - 01:27:17, 20km - 01:57:34, 21km - 02:04:31, 25km - 02:30:10, 30km - 03:05:37, 35km - 03:46:19, 40km - 04:24:46									
4646	4670	STANKIEWICZ Damian	ZIELONA GÓRA		POL	M30	1404	04:40:20	04:44:07		3969
		5km - 00:27:18, 10km - 00:54:40, 15km - 01:21:37, 20km - 01:49:56, 21km - 01:57:06, 25km - 02:22:55, 30km - 03:05:41, 35km - 03:47:26, 40km - 04:25:40									
4647	4769	KLECZA Jarosław	NYSA	Nysa Biega	POL	M50	255	04:40:22	04:43:25		3970
		5km - 00:27:56, 10km - 00:56:38, 15km - 01:25:19, 20km - 01:56:10, 21km - 02:03:19, 25km - 02:28:09, 30km - 03:05:13, 35km - 03:44:41, 40km - 04:24:57									
4648	4858	NIEDZIELAK Jacek	PŁOCK	BHT Petra Płock	POL	M40	997	04:40:23	04:44:59		3971
		5km - 00:27:33, 10km - 00:54:26, 15km - 01:21:19, 20km - 01:48:51, 21km - 01:55:05, 25km - 02:20:19, 30km - 02:57:56, 35km - 03:38:41, 40km - 04:24:37									
4649	3886	ANTONIEWICZ Zbigniew	MIĘDZYCHÓD		POL	M45	599	04:40:24	04:41:38		3972
		5km - 00:27:16, 10km - 00:54:46, 15km - 01:22:17, 20km - 01:51:53, 21km - 02:00:20, 25km - 02:25:53, 30km - 03:04:37, 35km - 03:43:37, 40km - 04:23:26									
4650	4824	MALICKI Tomasz	INOWROCLAW		POL	M45	599	04:40:24	04:45:38		3972
		5km - 00:28:31, 10km - 00:57:16, 15km - 01:26:05, 20km - 01:56:13, 21km - 02:03:30, 25km - 02:27:46, 30km - 03:01:42, 35km - 03:40:32, 40km - 04:25:49									
4651	6048	WIECZOREK Piotr	POZNAŃ	12WBOT / TriBrothers	POL	M30	1405	04:40:24	04:45:29		3972
		5km - 00:28:10, 10km - 00:56:37, 15km - 01:25:07, 20km - 01:57:21, 21km - 02:05:05, 25km - 02:32:57, 30km - 03:10:02, 35km - 03:48:46, 40km - 04:26:03									
4652	2185	ZATAJ Igor	POZNAŃ	KB Maniac/Charty Chartowo	POL	M30	1405	04:40:24	04:46:17		3972
		5km - 00:28:38, 10km - 00:56:57, 15km - 01:25:05, 20km - 01:53:27, 21km - 01:59:49, 25km - 02:22:57, 30km - 02:57:50, 35km - 03:40:27, 40km - 04:23:55									
4653	3019	KACZMAREK Tomasz	POZNAŃ		POL	M30	1407	04:40:25	04:45:32		3976
		5km - 00:28:24, 10km - 00:56:35, 15km - 01:24:42, 20km - 01:53:52, 21km - 02:00:30, 25km - 02:25:45, 30km - 03:05:34, 35km - 03:44:04, 40km - 04:24:28									
4654	621	KOWALSKA Agnieszka	TORUŃ	Kowale Team	POL	K30	305	04:40:27	04:46:12	678	
		5km - 00:30:18, 10km - 01:01:00, 15km - 01:31:41, 20km - 02:05:06, 21km - 02:12:09, 25km - 02:40:21, 30km - 03:16:34, 35km - 03:51:24, 40km - 04:26:08									
4655	4721	KUBALSKA Dorota	MŁAWA	Kowale Team	POL	K30	305	04:40:27	04:46:12	678	
		5km - 00:30:50, 10km - 01:02:09, 15km - 01:32:53, 20km - 02:06:00, 21km - 02:13:50, 25km - 02:39:34, 30km - 03:15:16, 35km - 03:51:24, 40km - 04:26:08									
4656	2381	LEŚNIEWSKI Dawid	POZNAŃ	TKKF MPK POZNAŃ	POL	M40	998	04:40:27	04:47:14		3977
		5km - 00:27:43, 10km - 00:54:54, 15km - 01:22:02, 20km - 01:49:34, 21km - 01:55:44, 25km - 02:18:53, 30km - 02:53:11, 35km - 03:35:15, 40km - 04:24:02									
4657	5326	SOBCZYK Ryszard	BEŁCHATÓW	KB Spartakus	POL	M55	161	04:40:31	04:45:02		3978
		5km - 00:30:01, 10km - 01:00:07, 15km - 01:29:23, 20km - 02:01:02, 21km - 02:08:12, 25km - 02:33:37, 30km - 03:11:07, 35km - 03:47:28, 40km - 04:26:42									
4658	6981	DUDEK Witold	OLESNICA	cala olesnica biega	POL	M45	601	04:40:32	04:45:10		3979
		5km - 00:27:53, 10km - 00:55:22, 15km - 01:22:22, 20km - 01:51:06, 21km - 01:57:21, 25km - 02:21:52, 30km - 02:59:13, 35km - 03:43:10, 40km - 04:23:52									
4659	3117	MAJEWSKA Guzel	PYSKOWICE		POL	K50	31	04:40:32	04:47:26	680	
		5km - 00:31:45, 10km - 01:02:42, 15km - 01:32:57, 20km - 02:04:15, 21km - 02:11:55, 25km - 02:36:56, 30km - 03:11:37, 35km - 03:49:00, 40km - 04:25:40									
4660	2158	PAWŁOWSKI Łukasz	KOZIEGŁOWY	FITBROTHERS.PL	POL	M30	1408	04:40:32	04:42:56		3979
		5km - 00:29:09, 10km - 00:59:21, 15km - 01:28:52, 20km - 02:00:11, 21km - 02:07:21, 25km - 02:34:09, 30km - 03:11:07, 35km - 03:50:25, 40km - 04:27:06									
4661	3453	STRÓŻ Andrzej	NOWA DĘBA		POL	M30	1408	04:40:32	04:47:09		3979
		5km - 00:30:39, 10km - 01:01:11, 15km - 01:31:50, 20km - 02:04:18, 21km - 02:11:38, 25km - 02:37:00, 30km - 03:12:23, 35km - 03:48:04, 40km - 04:26:00									
4662	5312	Zawodnik anonimowy				K40	172	04:40:33	04:42:18	681	
		5km - 00:32:04, 10km - 01:04:55, 15km - 01:36:51, 20km - 02:10:24, 21km - 02:17:38, 25km - 02:43:07, 30km - 03:17:11, 35km - 03:50:02, 40km - 04:25:26									
4663	512	SYROKA Jan	LEGIONOWO		POL	M55	162	04:40:36	04:47:29		3982
		5km - 00:30:18, 10km - 01:00:21, 15km - 01:30:11, 20km - 02:00:24, 21km - 02:06:59, 25km - 02:30:35, 30km - 03:03:14, 35km - 03:43:00, 40km - 04:25:03									
4664	191	PIETRASIAK Małgorzata	POZNAŃ	BE3_CITYZEN	POL	K60	2	04:40:41	04:46:21	682	
		5km - 00:28:50, 10km - 00:57:53, 15km - 01:26:18, 20km - 01:55:55, 21km - 02:03:19, 25km - 02:28:23, 30km - 03:03:14, 35km - 03:42:56, 40km - 04:24:41									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
4665	5910	RUTA Bartłomiej	GOSTYŃ		POL	M30	1410	04:40:43	04:48:35		3983
		5km - 00:31:12, 10km - 01:03:46, 15km - 01:34:54, 20km - 02:06:42, 21km - 02:13:46, 25km - 02:38:44, 30km - 03:11:26, 35km - 03:47:30, 40km - 04:24:56									
4666	4864	CZAPIEWSKA-SIEKIERKA Ewa	SĘPÓLNO KRAJEŃSKIE		POL	K40	173	04:40:50	04:46:50	683	
		5km - 00:29:20, 10km - 00:58:51, 15km - 01:28:15, 20km - 01:58:08, 21km - 02:04:42, 25km - 02:28:53, 30km - 03:08:26, 35km - 03:46:27, 40km - 04:24:45									
4667	3377	BARDO Joanna	KRAKÓW		POL	K30	307	04:40:53	04:42:24	684	
		5km - 00:27:23, 10km - 00:55:50, 15km - 01:23:37, 20km - 01:52:12, 21km - 01:58:42, 25km - 02:21:13, 30km - 02:52:16, 35km - 03:34:55, 40km - 04:22:58									
4668	6383	CHAŁUPA Damian	KRAKÓW		POL	M40	999	04:40:54	04:42:25		3984
		5km - 00:27:22, 10km - 00:55:50, 15km - 01:23:36, 20km - 01:52:12, 21km - 01:58:43, 25km - 02:21:13, 30km - 02:52:15, 35km - 03:34:55, 40km - 04:22:58									
4669	1402	KASPRZYK Rafał	CHLEWISKA	Sportowy Kaźmierz	POL	M45	602	04:40:55	04:47:17		3985
		5km - 00:29:11, 10km - 00:59:03, 15km - 01:28:40, 20km - 01:59:32, 21km - 02:07:12, 25km - 02:32:04, 30km - 03:06:44, 35km - 03:44:08, 40km - 04:25:06									
4670	3606	WYLEGAŁA Izabela	CHODZIEŻ	PCH_RUN	POL	K30	308	04:40:56	04:46:38	685	
		5km - 00:32:05, 10km - 01:04:49, 15km - 01:36:29, 20km - 02:09:17, 21km - 02:16:32, 25km - 02:41:42, 30km - 03:16:31, 35km - 03:52:36, 40km - 04:26:45									
4671	7146	SIUDAK Dadiusz	GDYNIA		POL	M30	1411	04:40:58	04:47:23		3986
		5km - 00:28:59, 10km - 00:57:20, 15km - 01:24:45, 20km - 01:52:59, 21km - 01:59:10, 25km - 02:21:04, 30km - 02:55:28, 35km - 03:37:34, 40km - 04:22:42									
4672	4071	REIMAN Agnieszka	POZNAŃ		POL	K30	309	04:41:00	04:48:45	686	
		5km - 00:31:05, 10km - 01:03:06, 15km - 01:34:09, 20km - 02:05:21, 21km - 02:12:48, 25km - 02:37:28, 30km - 03:12:58, 35km - 03:49:01, 40km - 04:25:41									
4673	5310	NATER Magdalena	POZNAN	Wiecznie Słabi	POL	K45	70	04:41:02	04:45:07	687	
		5km - 00:27:47, 10km - 00:55:52, 15km - 01:24:11, 20km - 01:54:41, 21km - 02:01:51, 25km - 02:30:11, 30km - 03:08:10, 35km - 03:47:28, 40km - 04:26:42									
4674	3189	WARELIŚ Sławomir	CHOSZCZNO	ChKK	POL	M45	603	04:41:04	04:46:43		3987
		5km - 00:30:26, 10km - 01:00:52, 15km - 01:31:10, 20km - 02:02:16, 21km - 02:09:14, 25km - 02:33:52, 30km - 03:07:58, 35km - 03:47:49, 40km - 04:26:12									
4675	2905	BURLIGA Marzena	KNURÓW		POL	K45	71	04:41:06	04:47:53	688	
		5km - 00:31:35, 10km - 01:03:48, 15km - 01:35:19, 20km - 02:08:16, 21km - 02:15:56, 25km - 02:41:47, 30km - 03:17:38, 35km - 03:53:45, 40km - 04:27:13									
4676	5579	DYKIERT Ryszard	SZAFRANKI	Stowarzyszenie "Aktywni znad Rospudy"	POL	M65	29	04:41:07	04:47:52		3988
		5km - 00:30:24, 10km - 01:00:37, 15km - 01:29:56, 20km - 01:59:48, 21km - 02:06:18, 25km - 02:30:26, 30km - 03:07:05, 35km - 03:45:45, 40km - 04:24:52									
4677	289	STREMEL Kasia	KWIDZYN	Traktor Team Gmina Kwidzyn	POL	K30	310	04:41:10	04:48:47	689	
		5km - 00:31:02, 10km - 01:03:39, 15km - 01:35:20, 20km - 02:07:36, 21km - 02:14:38, 25km - 02:39:37, 30km - 03:14:40, 35km - 03:51:57, 40km - 04:27:32									
4678	2236	WIERCIOCH Bartosz	POZNAŃ		POL	M40	1000	04:41:11	04:49:52		3989
		5km - 00:32:05, 10km - 01:04:52, 15km - 01:36:06, 20km - 02:08:36, 21km - 02:15:27, 25km - 02:40:42, 30km - 03:14:28, 35km - 03:48:29, 40km - 04:25:11									
4679	5580	ŁABENDA Piotr	BYDGOSZCZ	Terenowa Masakra Team	POL	M45	604	04:41:13	04:49:34		3990
		5km - 00:30:24, 10km - 01:00:43, 15km - 01:30:20, 20km - 02:01:48, 21km - 02:09:51, 25km - 02:36:46, 30km - 03:13:34, 35km - 03:51:11, 40km - 04:26:22									
4680	1849	PIĘTA Michał	POZNAŃ		POL	M18	451	04:41:15	04:46:17		3991
		5km - 00:28:59, 10km - 00:57:15, 15km - 01:25:31, 20km - 01:54:29, 21km - 02:01:20, 25km - 02:24:23, 30km - 02:59:47, 35km - 03:40:05, 40km - 04:24:39									
4681	846	ŁUKOMSKI Michał	GUŁTOWY	Kozi Team	POL	M30	1412	04:41:17	04:49:24		3992
		5km - 00:30:28, 10km - 01:00:30, 15km - 01:30:00, 20km - 02:00:06, 21km - 02:06:53, 25km - 02:30:53, 30km - 03:07:30, 35km - 03:45:55, 40km - 04:25:15									
4682	5547	FABICH Marzena	GARZYN		POL	K40	174	04:41:18	04:46:42	690	
		5km - 00:33:05, 10km - 01:05:08, 15km - 01:36:33, 20km - 02:07:14, 21km - 02:14:07, 25km - 02:38:29, 30km - 03:12:09, 35km - 03:47:36, 40km - 04:25:31									
4683	2675	NAWROCKA Aleksandra	ZIELONA GÓRA	Trio Fortis	POL	K30	311	04:41:18	04:47:17	690	
		5km - 00:29:20, 10km - 00:58:50, 15km - 01:28:15, 20km - 01:59:33, 21km - 02:06:40, 25km - 02:33:03, 30km - 03:11:12, 35km - 03:48:42, 40km - 04:26:28									
4684	6231	PRZYBYLSKI Wojciech	POZNAŃ	QUAY POZNAŃ	POL	M45	605	04:41:18	04:48:27		3993
		5km - 00:30:37, 10km - 01:01:54, 15km - 01:32:15, 20km - 02:03:45, 21km - 02:10:34, 25km - 02:35:53, 30km - 03:10:16, 35km - 03:47:52, 40km - 04:25:12									
4685	4181	WIŚNIEWSKA Daniela	LUBICZ GÓRNY		POL	K30	311	04:41:18	04:48:46	690	
		5km - 00:30:38, 10km - 01:02:24, 15km - 01:34:17, 20km - 02:07:09, 21km - 02:14:12, 25km - 02:39:43, 30km - 03:14:33, 35km - 03:50:40, 40km - 04:26:03									
4686	5670	MATUSIK Agnieszka	ZĄBKI	Medicover Runners	POL	K40	175	04:41:20	04:47:33	693	
		5km - 00:30:58, 10km - 01:01:08, 15km - 01:30:59, 20km - 02:03:06, 21km - 02:10:18, 25km - 02:37:18, 30km - 03:14:06, 35km - 03:49:56, 40km - 04:26:33									
4687	4240	JASIŃSKI Rafał	OSTROŻNA		POL	M30	1413	04:41:22	04:46:03		3994
		5km - 00:28:46, 10km - 00:57:21, 15km - 01:25:15, 20km - 01:54:24, 21km - 02:01:30, 25km - 02:26:19, 30km - 03:02:55, 35km - 03:45:39, 40km - 04:27:04									
4688	4717	KRÓL Marek	KALISZ	Parkrun Kalisz	POL	M30	1413	04:41:22	04:46:57		3994
		5km - 00:29:40, 10km - 00:59:33, 15km - 01:29:17, 20km - 01:59:32, 21km - 02:06:07, 25km - 02:29:40, 30km - 03:03:33, 35km - 03:43:13, 40km - 04:26:04									
4689	619	ZAGOROWSKI Robert	SZCZECINEK		POL	M50	256	04:41:22	04:48:18		3994
		5km - 00:31:42, 10km - 01:05:24, 15km - 01:36:32, 20km - 02:08:38, 21km - 02:15:41, 25km - 02:40:23, 30km - 03:13:30, 35km - 03:49:23, 40km - 04:26:17									
4690	5997	BIEDRZYCKI Marcin	MILANÓWEK		POL	M45	606	04:41:23	04:46:55		3997
		5km - 00:31:14, 10km - 01:02:23, 15km - 01:33:01, 20km - 02:04:51, 21km - 02:11:52, 25km - 02:36:18, 30km - 03:10:10, 35km - 03:48:21, 40km - 04:25:16									
4691	2833	PIETROWSKI Karol	POZNAŃ	PGB Poczta Polska	POL	M30	1415	04:41:23	04:48:24		3997
		5km - 00:30:21, 10km - 01:00:08, 15km - 01:28:20, 20km - 01:58:20, 21km - 02:05:23, 25km - 02:29:57, 30km - 03:06:34, 35km - 03:49:34, 40km - 04:27:20									
4692	4820	KLIMEK Beata	KRAKÓW		POL	K40	176	04:41:26	04:48:40	694	
		5km - 00:31:27, 10km - 01:04:50, 15km - 01:35:45, 20km - 02:08:05, 21km - 02:15:19, 25km - 02:40:59, 30km - 03:15:28, 35km - 03:50:40, 40km - 04:26:51									
4693	6779	ARENT-STEFAŃSKA Jolanta	WARSZAWA		POL	K40	177	04:41:27	04:50:01	695	
		5km - 00:32:18, 10km - 01:05:20, 15km - 01:38:10, 20km - 02:11:40, 21km - 02:19:12, 25km - 02:45:17, 30km - 03:19:55, 35km - 03:53:56, 40km - 04:27:40									
4694	1239	JELEŃ-KOTLAREK Agnieszka	BYDGOSZCZ	Vege Runners	POL	K30	313	04:41:30	04:47:31	696	
		5km - 00:29:12, 10km - 00:58:26, 15km - 01:27:57, 20km - 01:59:46, 21km - 02:07:14, 25km - 02:33:04, 30km - 03:10:12, 35km - 03:47:26, 40km - 04:25:51									
4695	2034	KACZMAREK Mariusz	POZNAŃ	CTS	POL	M55	163	04:41:30	04:49:01		3999
		5km - 00:31:31, 10km - 01:03:30, 15km - 01:35:29, 20km - 02:07:41, 21km - 02:14:43, 25km - 02:40:04, 30km - 03:15:52, 35km - 03:51:22, 40km - 04:26:33									
4696	1452	BERK Tomasz	MALBORK	Beztlenowi Malbork	POL	M30	1416	04:41:33	04:47:22		4000
		5km - 00:31:45, 10km - 01:04:16, 15km - 01:34:54, 20km - 02:05:42, 21km - 02:13:16, 25km - 02:37:10, 30km - 03:08:35, 35km - 03:41:46, 40km - 04:27:13									
4697	2803	ROGOCZ Marta	WARSZAWA		POL	K18	95	04:41:33	04:48:14	697	
		5km - 00:32:16, 10km - 01:05:06, 15km - 01:36:42, 20km - 02:09:06, 21km - 02:16:05, 25km - 02:41:39, 30km - 03:17:06, 35km - 03:51:57, 40km - 04:26:51									
4698	2804	SCHWENK Igor	ZAKOPANE		POL	M18	452	04:41:33	04:48:14		4000
		5km - 00:32:15, 10km - 01:05:06, 15km - 01:36:42, 20km - 02:09:06, 21km - 02:16:05, 25km - 02:41:39, 30km - 03:17:06, 35km - 03:51:58, 40km - 04:26:52									
4699	2395	KASPRZYK Piotr	POZNAŃ	Kibole w biegu	POL	M30	1417	04:41:35	04:46:01		4002
		5km - 00:27:34, 10km - 00:55:41, 15km - 01:23:36, 20km - 01:53:15, 21km - 02:00:17, 25km - 02:27:47, 30km - 03:06:47, 35km - 03:47:03, 40km - 04:25:46									
4700	3030	GŁOWACKI Stanisław	WOLA MOSZCZENICKA	GARDA	POL	M45	607	04:41:36	04:43:55		4003
		5km - 00:29:01, 10km - 00:58:14, 15km - 01:27:16, 20km - 01:59:40, 21km - 02:07:21, 25km - 02:37:09, 30km - 03:13:56, 35km - 03:51:23, 40km - 04:27:36									
4701	7220	PAŹDZIOR Łukasz	WARSZAWA	Mukainada Running Team	POL	M40	1001	04:41:38	04:47:47		4004
		5km - 00:30:47, 10km - 01:02:05, 15km - 01:33:35, 20km - 02:06:15, 21km - 02:13:22, 25km - 02:39:18, 30km - 03:13:13, 35km - 03:48:56, 40km - 04:25:19									
4702	2357	PREFICZ Robert	RADZIONKÓW		POL	M45	608	04:41:38	04:49:11		4004
		5km - 00:30:57, 10km - 01:03:19, 15km - 01:35:17, 20km - 02:07:26, 21km - 02:14:33, 25km - 02:38:43, 30km - 03:11:32, 35km - 03:49:41, 40km - 04:27:11									
4703	6719	DĄBROWSKI Jarosław	IŁAWA		POL	M30	1418	04:41:40	04:47:50		4006
		5km - 00:30:40, 10km - 00:59:53, 15km - 01:28:54, 20km - 01:59:09, 21km - 02:05:47, 25km - 02:30:35, 30km - 03:05:50, 35km - 03:43:15, 40km - 04:24:14									
4704	5543	GAJDA-LIPIŃSKA Milena	STARGARD		POL	K30	314	04:41:45	04:49:16	698	
		5km - 00:27:50, 10km - 00:55:10, 15km - 01:23:01, 20km - 01:53:16, 21km - 02:01:02, 25km - 02:25:27, 30km - 03:01:52, 35km - 03:47:07, 40km - 04:26:38									
4705	966	RATAJCZAK Agnieszka	BYDGOSZCZ		POL	K18	96	04:41:50	04:49:48	699	
		5km - 00:29:46, 10km - 01:01:27, 15km - 01:30:59, 20km - 02:01:16, 21km - 02:09:41, 25km - 02:33:34, 30km - 03:08:27, 35km - 03:48:47, 40km - 04:26:39									
4706	4915	POPIOŁEK Adrian	CHODZIEŻ	PCH_RUN	POL	M30	1419	04:41:51	04:47:12		4007
		5km - 00:29:41, 10km - 00:59:25, 15km - 01:29:41, 20km - 02:00:41, 21km - 02:07:31, 25km - 02:32:23, 30km - 03:10:02, 35km - 03:48:39, 40km - 04:26:36									
4707	654	WASZKIEWICZ Joanna	POZNAŃ	Night Runners	POL	K30	315	04:41:51	04:49:20	700	
		5km - 00:31:03, 10km - 01:03:21, 15km - 01:35:25, 20km - 02:08:20, 21km - 02:15:48, 25km - 02:41:27, 30km - 03:15:55, 35km - 03:51:29, 40km - 04:26:29									
4708	6962	MICHALECKI Łukasz	KATOWICE		POL	M30	1420	04:41:55	04:46:15		4008
		5km - 00:27:39, 10km - 00:56:03, 15km - 01:24:44, 20km - 01:55:16, 21km - 02:02:29, 25km - 02:28:42, 30km - 03:08:37, 35km - 03:47:03, 40km - 04:26:15									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
4709	7299	KRZAK Andrzej	WARSZAWA		POL	M50	257	04:41:56	04:49:24		4009
		5km - 00:31:04, 10km - 01:03:22, 15km - 01:35:26, 20km - 02:07:41, 21km - 02:14:45, 25km - 02:39:44, 30km - 03:11:47, 35km - 03:43:35, 40km - 04:26:07									
4710	6759	GIL Zuzanna	KRAKÓW	Świński Świat	POL	K18	97	04:41:58	04:47:46	701	
		5km - 00:30:54, 10km - 01:02:51, 15km - 01:34:44, 20km - 02:07:38, 21km - 02:15:05, 25km - 02:41:05, 30km - 03:17:04, 35km - 03:52:53, 40km - 04:27:52									
4711	4927	TOMASZEWSKI Jędrzej	POZNAŃ		POL	M18	453	04:42:00	04:47:52		4010
		5km - 00:28:35, 10km - 00:57:38, 15km - 01:26:26, 20km - 01:55:57, 21km - 02:02:58, 25km - 02:28:15, 30km - 03:05:30, 35km - 03:46:09, 40km - 04:27:04									
4712	1315	ZIÓŁKOWSKI Damian	SULECHÓW		POL	M30	1421	04:42:03	04:48:44		4011
		5km - 00:30:26, 10km - 01:00:33, 15km - 01:30:11, 20km - 01:59:56, 21km - 02:06:35, 25km - 02:30:19, 30km - 03:00:59, 35km - 03:36:05, 40km - 04:21:10									
4713	4602	JEZUSEK Piotr	RACIBÓRZ	Rebelia	POL	M30	1422	04:42:04	04:51:54		4012
		5km - 00:28:12, 10km - 00:56:55, 15km - 01:25:16, 20km - 01:57:25, 21km - 02:05:22, 25km - 02:34:35, 30km - 03:12:12, 35km - 03:48:59, 40km - 04:27:21									
4714	3705	MUSKAŁA Grzegorz	PIEKARY ŚLĄSKIE		POL	M50	258	04:42:05	04:43:53		4013
		5km - 00:27:34, 10km - 00:55:22, 15km - 01:24:10, 20km - 01:56:35, 21km - 02:05:51, 25km - 02:31:47, 30km - 03:09:24, 35km - 03:45:34, 40km - 04:25:13									
4715	4919	PIETRZAK Marek	ZALASEWO		POL	M30	1423	04:42:05	04:48:05		4013
		5km - 00:29:14, 10km - 00:58:03, 15km - 01:26:41, 20km - 01:55:28, 21km - 02:01:46, 25km - 02:24:13, 30km - 02:55:46, 35km - 03:30:37, 40km - 04:17:17									
4716	6673	KONIECZNY Przemysław	POZNAŃ		POL	M30	1424	04:42:08	04:45:00		4015
		5km - 00:28:58, 10km - 00:58:21, 15km - 01:26:10, 20km - 01:55:04, 21km - 02:01:25, 25km - 02:24:25, 30km - 02:58:15, 35km - 03:39:50, 40km - 04:22:57									
4717	3703	ŁESZYK Piotr	WSCHOWA		POL	M40	1002	04:42:10	04:48:50		4016
		5km - 00:30:26, 10km - 01:00:13, 15km - 01:29:13, 20km - 01:59:10, 21km - 02:06:20, 25km - 02:29:37, 30km - 03:02:52, 35km - 03:44:11, 40km - 04:26:04									
4718	3658	KAWECKI Wojciech	BANINO	ATOS RACING TEAM	POL	M40	1003	04:42:13	04:49:55		4017
		5km - 00:31:15, 10km - 01:03:17, 15km - 01:35:11, 20km - 02:07:18, 21km - 02:14:04, 25km - 02:39:00, 30km - 03:11:28, 35km - 03:47:06, 40km - 04:25:26									
4719	1303	LASOŃ Magdalena	WARSZAWA	ALETEMPO	POL	K40	178	04:42:13	04:48:26	702	
		5km - 00:31:03, 10km - 01:01:33, 15km - 01:31:02, 20km - 02:01:56, 21km - 02:09:12, 25km - 02:35:33, 30km - 03:12:37, 35km - 03:49:56, 40km - 04:27:03									
4720	2841	PETELA Robert	KRAKÓW		POL	M40	1004	04:42:15	04:47:50		4018
		5km - 00:28:05, 10km - 00:56:17, 15km - 01:24:41, 20km - 01:57:48, 21km - 02:05:21, 25km - 02:32:54, 30km - 03:09:42, 35km - 03:48:25, 40km - 04:27:07									
4721	2117	JÓZEFCZYK Justyna	POZNAŃ		POL	K30	316	04:42:17	04:49:22	703	
		5km - 00:31:57, 10km - 01:04:30, 15km - 01:36:09, 20km - 02:08:57, 21km - 02:16:18, 25km - 02:41:09, 30km - 03:15:33, 35km - 03:51:23, 40km - 04:27:49									
4722	2795	CZERWIŃSKI Dariusz	POLICE	LoveLasy	POL	M50	259	04:42:18	04:48:33		4019
		5km - 00:29:24, 10km - 00:59:50, 15km - 01:29:12, 20km - 01:59:39, 21km - 02:06:26, 25km - 02:30:13, 30km - 03:08:55, 35km - 03:50:22, 40km - 04:26:50									
4723	5684	HETMAŃSKI Arkadiusz	BARTOSZEWO	LoveLasy	POL	M30	1425	04:42:18	04:48:33		4019
		5km - 00:29:24, 10km - 00:59:07, 15km - 01:29:12, 20km - 01:59:39, 21km - 02:06:26, 25km - 02:30:14, 30km - 03:08:56, 35km - 03:50:22, 40km - 04:26:50									
4724	2658	MUSIŃSKI Bartosz	POZNAŃ		POL	M30	1426	04:42:20	04:50:00		4021
		5km - 00:30:53, 10km - 01:03:24, 15km - 01:35:21, 20km - 02:07:05, 21km - 02:14:58, 25km - 02:39:37, 30km - 03:12:38, 35km - 03:49:48, 40km - 04:27:37									
4725	5678	PLĄSEK Sylwester	POLICE	LoveLasy	POL	M45	609	04:42:20	04:48:34		4021
		5km - 00:29:25, 10km - 00:59:18, 15km - 01:29:13, 20km - 01:59:40, 21km - 02:06:27, 25km - 02:30:14, 30km - 03:08:56, 35km - 03:50:24, 40km - 04:26:55									
4726	4795	KORALEWSKA Marlena	DZIADOWICE	Eye Community Runners	POL	K30	317	04:42:21	04:49:45	704	
		5km - 00:31:03, 10km - 01:03:04, 15km - 01:34:26, 20km - 02:06:27, 21km - 02:13:21, 25km - 02:38:51, 30km - 03:11:51, 35km - 03:49:44, 40km - 04:26:33									
4727	2881	MURCHA Paweł	SIEMIANOWICE ŚLĄSKIE	Augusteam	POL	M45	610	04:42:23	04:48:43		4023
		5km - 00:29:07, 10km - 00:58:51, 15km - 01:28:03, 20km - 01:58:28, 21km - 02:05:02, 25km - 02:30:30, 30km - 03:08:07, 35km - 03:47:08, 40km - 04:26:46									
4728	4396	ZAJĄC Magdalena	POZNAŃ	Grupa Verbicom	POL	K45	72	04:42:23	04:45:10	705	
		5km - 00:30:58, 10km - 01:02:19, 15km - 01:33:14, 20km - 02:05:22, 21km - 02:13:32, 25km - 02:39:07, 30km - 03:16:35, 35km - 03:50:49, 40km - 04:27:21									
4729	6478	ŁAGOSZ Paweł	HARMĘŻE		POL	M30	1427	04:42:23	04:48:28		4023
		5km - 00:29:19, 10km - 00:58:53, 15km - 01:28:14, 20km - 01:58:13, 21km - 02:04:40, 25km - 02:29:02, 30km - 03:04:39, 35km - 03:45:00, 40km - 04:26:23									
4730	1487	DĘBSKI Jan	KRAKOW		POL	M40	1005	04:42:25	04:45:41		4025
		5km - 00:28:44, 10km - 00:57:27, 15km - 01:25:46, 20km - 01:54:39, 21km - 02:01:10, 25km - 02:25:38, 30km - 03:04:31, 35km - 03:45:11, 40km - 04:27:58									
4731	1033	KUBISTA Łukasz	ORZESZE		POL	M40	1006	04:42:28	04:51:03		4026
		5km - 00:32:17, 10km - 01:04:32, 15km - 01:34:57, 20km - 02:06:37, 21km - 02:14:12, 25km - 02:38:50, 30km - 03:12:54, 35km - 03:48:13, 40km - 04:26:31									
4732	5534	LITWIŃSKA Ania	WARSZAWA		POL	K30	318	04:42:31	04:44:28	706	
		5km - 00:27:12, 10km - 00:54:22, 15km - 01:21:35, 20km - 01:50:07, 21km - 01:56:34, 25km - 02:22:43, 30km - 02:58:44, 35km - 03:43:11, 40km - 04:26:18									
4733	6347	PTAK Dorota	POZNAŃ		POL	K45	73	04:42:31	04:50:47	706	
		5km - 00:32:18, 10km - 01:04:35, 15km - 01:36:25, 20km - 02:08:55, 21km - 02:16:19, 25km - 02:41:31, 30km - 03:17:43, 35km - 03:53:05, 40km - 04:27:37									
4734	3618	SZEWCZYK Marek	POZNAŃ		POL	M60	71	04:42:33	04:43:14		4027
		5km - 00:28:42, 10km - 00:58:41, 15km - 01:28:36, 20km - 01:59:38, 21km - 02:06:24, 25km - 02:31:15, 30km - 03:10:30, 35km - 03:50:24, 40km - 04:26:58									
4735	1616	KANIECKI Dariusz	RADE	Wkurw_Tem	NOR	M30	1428	04:42:34	04:50:07		4028
		5km - 00:31:00, 10km - 01:03:00, 15km - 01:34:35, 20km - 02:07:33, 21km - 02:14:41, 25km - 02:40:07, 30km - 03:15:38, 35km - 03:52:02, 40km - 04:28:09									
4736	5152	GAWEŁ Krzysztof	POZNAŃ	12 Dywizja Zmechanizowana	POL	M40	1007	04:42:35	04:49:29		4029
		5km - 00:30:39, 10km - 01:00:37, 15km - 01:30:25, 20km - 02:00:47, 21km - 02:07:20, 25km - 02:38:04, 30km - 03:12:22, 35km - 03:48:40, 40km - 04:27:12									
4737	3958	KĄDZIELAWA Mateusz	KRAKÓW	LS WORLD RUN	POL	M18	454	04:42:39	04:48:20		4030
		5km - 00:28:51, 10km - 00:58:17, 15km - 01:27:40, 20km - 01:58:56, 21km - 02:05:57, 25km - 02:33:27, 30km - 03:13:03, 35km - 03:52:51, 40km - 04:28:39									
4738	5720	BOGUSZ Karolina	POZNAŃ	KB Dębiec	POL	K18	98	04:42:42	04:45:22	708	
		5km - 00:29:10, 10km - 00:58:34, 15km - 01:28:08, 20km - 01:59:17, 21km - 02:08:37, 25km - 02:34:09, 30km - 03:11:13, 35km - 03:48:26, 40km - 04:26:52									
4739	6160	NOWAK Piotr	POZNAŃ	Wkurw team	POL	M18	455	04:42:42	04:45:22		4031
		5km - 00:29:10, 10km - 00:58:38, 15km - 01:28:08, 20km - 01:59:14, 21km - 02:08:37, 25km - 02:34:09, 30km - 03:11:13, 35km - 03:48:22, 40km - 04:26:56									
4740	872	Zawodnik anonimowy				M45	611	04:42:42	04:48:43		4031
		5km - 00:29:21, 10km - 00:58:56, 15km - 01:28:20, 20km - 01:58:50, 21km - 02:05:49, 25km - 02:31:11, 30km - 03:08:13, 35km - 03:47:07, 40km - 04:27:29									
4741	2036	Zawodnik anonimowy				M60	72	04:42:42	04:45:30		4031
		5km - 00:26:25, 10km - 00:52:40, 15km - 01:19:12, 20km - 01:48:03, 21km - 01:54:46, 25km - 02:20:22, 30km - 02:57:46, 35km - 03:39:25, 40km - 04:23:16									
4742	1934	ANTKOWIAK Mirosław	KROSNO ODRZAŃSKIE		POL	M55	164	04:42:43	04:51:53		4034
		5km - 00:31:16, 10km - 01:04:11, 15km - 01:35:16, 20km - 02:07:30, 21km - 02:15:17, 25km - 02:39:55, 30km - 03:15:21, 35km - 03:50:41, 40km - 04:28:45									
4743	4870	BĄCZKOWSKI Marcin	INOWROCŁAW	BBL Inowroclaw	POL	M45	612	04:42:46	04:48:01		4035
		5km - 00:28:30, 10km - 00:57:15, 15km - 01:26:04, 20km - 01:56:12, 21km - 02:03:29, 25km - 02:28:59, 30km - 03:07:29, 35km - 03:47:03, 40km - 04:27:04									
4744	3035	DAWISKIBA Artur	DREZDENKO	FSD RUN	POL	M40	1008	04:42:46	04:50:26		4035
		5km - 00:30:22, 10km - 01:04:09, 15km - 01:32:23, 20km - 02:05:45, 21km - 02:14:17, 25km - 02:39:48, 30km - 03:15:30, 35km - 03:52:20, 40km - 04:27:45									
4745	7177	DAWISKIBA Justyna	DREZDENKO	FSD RUN	POL	K40	179	04:42:46	04:50:26	709	
		5km - 00:30:22, 10km - 01:02:22, 15km - 01:32:23, 20km - 02:05:46, 21km - 02:14:16, 25km - 02:39:48, 30km - 03:15:30, 35km - 03:51:41, 40km - 04:27:49									
4746	5591	FICNER Iwona	STARE KUROWO	FSD RUN DREZDENKO	POL	K40	179	04:42:46	04:50:27	709	
		5km - 00:30:20, 10km - 01:02:20, 15km - 01:32:21, 20km - 02:05:44, 21km - 02:14:15, 25km - 02:39:47, 30km - 03:15:23, 35km - 03:51:34, 40km - 04:24:41									
4747	3233	KOMOROWSKA Monika	WARSZAWA		POL	K18	99	04:42:46	04:50:27	709	
		5km - 00:31:17, 10km - 01:03:34, 15km - 01:35:21, 20km - 02:07:34, 21km - 02:14:35, 25km - 02:39:35, 30km - 03:12:12, 35km - 03:49:39, 40km - 04:29:00									
4748	1643	TALAGA Michał	KRAKÓW	MbUtPlBiEgA	POL	M40	1008	04:42:46	04:49:02		4035
		5km - 00:30:00, 10km - 00:59:00, 15km - 01:28:01, 20km - 01:57:29, 21km - 02:03:50, 25km - 02:27:35, 30km - 03:02:27, 35km - 03:43:50, 40km - 04:25:40									
4749	3070	WIŚNIEWSKI Sławomir	DREZDENKO	FSD RUN DREZDENKO	POL	M45	612	04:42:46	04:50:27		4035
		5km - 00:30:21, 10km - 01:04:09, 15km - 01:32:21, 20km - 02:05:44, 21km - 02:14:15, 25km - 02:39:47, 30km - 03:15:23, 35km - 03:51:34, 40km - 04:24:42									
4750	3627	ROZMIAREK Sebastian	SKRZYNKI		POL	M18	456	04:42:47	04:49:33		4039
		5km - 00:27:10, 10km - 00:55:03, 15km - 01:23:00, 20km - 01:51:42, 21km - 01:58:23, 25km - 02:21:47, 30km - 02:56:49, 35km - 03:39:26, 40km - 04:24:25									
4751	1006	Zawodnik anonimowy				M65	30	04:42:49	04:44:23		4040
		5km - 00:26:36, 10km - 00:55:19, 15km - 01:23:28, 20km - 01:57:01, 21km - 02:05:20, 25km - 02:31:05, 30km - 03:10:21, 35km - 03:47:42, 40km - 04:27:53									
4752	3373	KOLEC Dariusz	ŁÓDŹ		POL	M30	1429	04:42:53	04:49:41		4041
		5km - 00:30:20, 10km - 01:00:20, 15km - 01:29:34, 20km - 02:00:26, 21km - 02:07:06, 25km - 02:31:28, 30km - 03:07:20, 35km - 03:45:30, 40km - 04:25:27									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
4753	5707	HEBER Noelle	BERLIN	Adidas Runners Berlin	EUA	K30	319	04:42:56	04:47:58	712	
		5km - 00:30:13, 10km - 01:00:52, 15km - 01:31:05, 20km - 02:02:44, 21km - 02:10:04, 25km - 02:35:26, 30km - 03:12:15, 35km - 03:49:45, 40km - 04:28:59									
4754	673	RATAJCZAK Dariusz	KATOWICE		POL	M30	1430	04:42:58	04:48:45		4042
		5km - 00:29:29, 10km - 00:58:35, 15km - 01:27:01, 20km - 01:56:06, 21km - 02:02:27, 25km - 02:25:56, 30km - 03:01:40, 35km - 03:42:37, 40km - 04:26:21									
4755	1057	Zawodnik anonimowy				M18	457	04:42:59	04:48:32		4043
		5km - 00:28:04, 10km - 00:55:51, 15km - 01:22:47, 20km - 01:50:10, 21km - 01:56:23, 25km - 02:20:51, 30km - 03:00:33, 35km - 03:43:33, 40km - 04:26:38									
4756	7271	KARAŚ Katarzyna	KIEKRZ		POL	K40	181	04:43:01	04:48:35	713	
		5km - 00:28:30, 10km - 00:57:31, 15km - 01:26:37, 20km - 01:58:03, 21km - 02:06:51, 25km - 02:32:51, 30km - 03:12:26, 35km - 03:50:54, 40km - 04:27:36									
4757	5541	ZEŃCZAK Tomasz	POZNAŃ	KB Maniac Poznań	POL	M30	1431	04:43:01	04:44:32		4044
		5km - 00:27:13, 10km - 00:55:16, 15km - 01:22:47, 20km - 01:50:57, 21km - 01:57:09, 25km - 02:19:35, 30km - 02:55:41, 35km - 03:44:49, 40km - 04:29:28									
4758	3825	BAKOŃSKI Jacek	WARSZAWA		POL	M30	1432	04:43:02	04:46:48		4045
		5km - 00:28:20, 10km - 00:56:51, 15km - 01:25:04, 20km - 01:54:08, 21km - 02:00:41, 25km - 02:25:16, 30km - 03:02:31, 35km - 03:44:25, 40km - 04:27:30									
4759	3737	KOWALSKI Sławomir	GŁOWNO		POL	M45	614	04:43:02	04:49:17		4045
		5km - 00:28:32, 10km - 00:56:55, 15km - 01:25:13, 20km - 01:54:04, 21km - 02:00:22, 25km - 02:23:30, 30km - 03:02:27, 35km - 03:44:57, 40km - 04:26:08									
4760	50	KUJAWIŃSKI Artur	POZNAŃ	KB MANIAC POZNAŃ/MANIAC TEAM	POL	M40	1010	04:43:02	04:44:33		4045
		5km - 00:27:13, 10km - 00:55:16, 15km - 01:22:48, 20km - 01:50:57, 21km - 01:57:08, 25km - 02:19:34, 30km - 02:55:40, 35km - 03:44:47, 40km - 04:29:00									
4761	6780	SIEBERT Pajdo	POZNAŃ	KB Maniac Poznań	POL	M30	1432	04:43:02	04:44:33		4045
		5km - 00:27:13, 10km - 00:55:16, 15km - 01:22:47, 20km - 01:50:57, 21km - 01:57:08, 25km - 02:19:33, 30km - 02:55:38, 35km - 03:44:48, 40km - 04:29:00									
4762	3076	PUCHAŁA Michał	ZABRZE	KMP Zabrze	POL	M30	1434	04:43:05	04:46:52		4049
		5km - 00:27:20, 10km - 00:53:44, 15km - 01:20:38, 20km - 01:50:07, 21km - 01:57:25, 25km - 02:23:23, 30km - 03:02:36, 35km - 03:44:56, 40km - 04:25:38									
4763	6509	BOJAR Przemysław	POZNAŃ		POL	M18	458	04:43:06	04:51:22		4050
		5km - 00:30:44, 10km - 01:02:41, 15km - 01:34:43, 20km - 02:06:59, 21km - 02:13:57, 25km - 02:39:00, 30km - 03:12:29, 35km - 03:49:38, 40km - 04:26:20									
4764	7183	DĄBROWSKA Danuta	PISZ		POL	K55	7	04:43:08	04:52:01	714	
		5km - 00:32:33, 10km - 01:05:17, 15km - 01:38:01, 20km - 02:10:36, 21km - 02:17:16, 25km - 02:43:09, 30km - 03:20:51, 35km - 03:56:48, 40km - 04:29:33									
4765	710	KOZŁOWSKA Agnieszka	TORUŃ		POL	K45	74	04:43:08	04:47:05	714	
		5km - 00:31:49, 10km - 01:04:32, 15km - 01:36:23, 20km - 02:09:46, 21km - 02:17:24, 25km - 02:43:30, 30km - 03:19:22, 35km - 03:53:38, 40km - 04:28:13									
4766	711	KOZŁOWSKI Albin	TORUŃ		POL	M55	165	04:43:08	04:47:05		4051
		5km - 00:31:49, 10km - 01:04:32, 15km - 01:36:23, 20km - 02:09:45, 21km - 02:17:22, 25km - 02:43:29, 30km - 03:19:22, 35km - 03:53:37, 40km - 04:28:13									
4767	3128	BILKA Grzegorz	WROCŁAW		POL	M18	459	04:43:11	04:51:50		4052
		5km - 00:32:17, 10km - 01:05:15, 15km - 01:38:15, 20km - 02:11:43, 21km - 02:19:02, 25km - 02:44:46, 30km - 03:18:50, 35km - 03:53:15, 40km - 04:28:20									
4768	1817	KEMNITZ Ryszard	PIŁA (MIASTO)		POL	M50	260	04:43:11	04:48:25		4052
		5km - 00:28:20, 10km - 00:56:07, 15km - 01:24:15, 20km - 01:53:04, 21km - 01:59:43, 25km - 02:25:01, 30km - 02:58:43, 35km - 03:38:05, 40km - 04:26:09									
4769	5643	JERLECKI Jędrzej	KACZORY		POL	M18	460	04:43:12	04:52:10		4054
		5km - 00:31:57, 10km - 01:04:49, 15km - 01:37:56, 20km - 02:11:24, 21km - 02:19:13, 25km - 02:45:29, 30km - 03:21:02, 35km - 03:55:42, 40km - 04:30:04									
4770	4817	KONSTAŃCZAK Joanna	POZNAŃ		POL	K30	320	04:43:12	04:48:52	716	
		5km - 00:28:07, 10km - 00:57:09, 15km - 01:26:14, 20km - 01:57:28, 21km - 02:04:34, 25km - 02:29:39, 30km - 03:07:55, 35km - 03:46:46, 40km - 04:26:58									
4771	2294	WAWRZENIAK Robert	ŁÓDŹ	RAZEM TRENUJEMY SPORT	POL	M45	615	04:43:13	04:51:30		4055
		5km - 00:32:25, 10km - 01:04:57, 15km - 01:37:18, 20km - 02:09:36, 21km - 02:16:44, 25km - 02:42:20, 30km - 03:16:29, 35km - 03:51:37, 40km - 04:28:00									
4772	5513	SZATKOWSKI Dawid	ŁDŹ	Drużyna Szpiku	POL	M30	1435	04:43:14	04:47:51		4056
		5km - 00:26:40, 10km - 00:53:33, 15km - 01:20:35, 20km - 01:50:27, 21km - 01:59:01, 25km - 02:26:23, 30km - 03:07:15, 35km - 03:48:49, 40km - 04:28:08									
4773	921	BABIJ Krzysztof	KOSTRZYN NAD ODRĄ	www.biegiwpolsce.pl	POL	M30	1436	04:43:16	04:48:13		4057
		5km - 00:31:19, 10km - 01:03:35, 15km - 01:34:51, 20km - 02:06:50, 21km - 02:13:45, 25km - 02:39:06, 30km - 03:12:40, 35km - 03:49:32, 40km - 04:27:08									
4774	2349	KRYSIAK Dariusz	WROCŁAW	Uniwersytet Ekonomiczny we Wrocławiu	POL	M55	166	04:43:16	04:49:54		4057
		5km - 00:30:29, 10km - 01:01:02, 15km - 01:30:58, 20km - 02:03:02, 21km - 02:10:16, 25km - 02:37:10, 30km - 03:13:26, 35km - 03:52:12, 40km - 04:28:37									
4775	2217	Zawodnik anonimowy				M40	1011	04:43:16	04:49:54		4057
		5km - 00:30:30, 10km - 01:00:41, 15km - 01:30:27, 20km - 02:00:49, 21km - 02:07:33, 25km - 02:32:55, 30km - 03:10:42, 35km - 03:48:43, 40km - 04:27:50									
4776	7121	MANDRYSZ Jacek	CZERNICA	Amator Czernica	POL	M40	1012	04:43:21	04:51:56		4060
		5km - 00:32:16, 10km - 01:05:20, 15km - 01:38:19, 20km - 02:11:46, 21km - 02:19:35, 25km - 02:45:52, 30km - 03:21:24, 35km - 03:56:19, 40km - 04:30:39									
4777	4699	BANASZAK Agata	POZNAŃ	Wkurw_Team	POL	K55	8	04:43:26	04:51:04	717	
		5km - 00:31:51, 10km - 01:04:49, 15km - 01:37:06, 20km - 02:10:22, 21km - 02:17:41, 25km - 02:44:34, 30km - 03:20:54, 35km - 03:56:00, 40km - 04:29:11									
4778	370	BODYCH Maciej	ZĄBKI		POL	M40	1013	04:43:26	04:50:07		4061
		5km - 00:30:29, 10km - 01:00:39, 15km - 01:30:03, 20km - 01:59:19, 21km - 02:05:47, 25km - 02:30:19, 30km - 03:06:15, 35km - 03:46:29, 40km - 04:28:20									
4779	367	MICHALSKA Katarzyna	RADZYMIN		POL	K30	321	04:43:26	04:50:06	717	
		5km - 00:30:26, 10km - 01:01:20, 15km - 01:31:33, 20km - 02:06:30, 21km - 02:13:44, 25km - 02:39:56, 30km - 03:15:47, 35km - 03:51:12, 40km - 04:28:11									
4780	479	CZACZYK Adrianna	SUCHY LAS		POL	K18	100	04:43:34	04:51:58	719	
		5km - 00:31:56, 10km - 01:04:05, 15km - 01:35:39, 20km - 02:07:49, 21km - 02:15:02, 25km - 02:40:50, 30km - 03:15:07, 35km - 03:50:52, 40km - 04:28:11									
4781	4836	STYKAŁA Sebastian	BUKOWIEC	BUKOWIEC	POL	M45	616	04:43:37	04:50:21		4062
		5km - 00:30:47, 10km - 01:03:09, 15km - 01:33:24, 20km - 02:04:32, 21km - 02:12:48, 25km - 02:37:05, 30km - 03:11:22, 35km - 03:49:32, 40km - 04:30:36									
4782	4862	Zawodnik anonimowy				K18	101	04:43:37	04:50:21	720	
		5km - 00:30:47, 10km - 01:03:09, 15km - 01:33:24, 20km - 02:04:32, 21km - 02:12:49, 25km - 02:37:05, 30km - 03:11:22, 35km - 03:49:32, 40km - 04:30:36									
4783	1399	WOLAK Jacek	POZNAŃ		POL	M45	617	04:43:40	04:50:27		4063
		5km - 00:31:35, 10km - 01:03:04, 15km - 01:34:02, 20km - 02:06:03, 21km - 02:12:50, 25km - 02:37:58, 30km - 03:12:17, 35km - 03:51:17, 40km - 04:28:04									
4784	3177	JABŁOŃSKI Krzysztof	ZDUŃSKA WOLA		POL	M40	1014	04:43:41	04:50:00		4064
		5km - 00:29:21, 10km - 00:57:29, 15km - 01:25:42, 20km - 01:55:26, 21km - 02:02:06, 25km - 02:28:21, 30km - 03:06:07, 35km - 03:44:40, 40km - 04:26:50									
4785	7311	BOŃKOWSKI Dariusz	POZNAŃ		POL	M50	261	04:43:43	04:50:55		4065
		5km - 00:30:51, 10km - 01:02:06, 15km - 01:31:59, 20km - 02:03:39, 21km - 02:10:43, 25km - 02:36:36, 30km - 03:11:48, 35km - 03:49:44, 40km - 04:29:00									
4786	2696	ROSŁON Kinga	RADZYMIN		POL	K30	322	04:43:44	04:47:06	721	
		5km - 00:29:50, 10km - 01:00:30, 15km - 01:30:47, 20km - 02:01:58, 21km - 02:09:18, 25km - 02:35:39, 30km - 03:12:45, 35km - 03:50:37, 40km - 04:28:50									
4787	1228	PARYSKI Tomasz	ŁÓDŹ		POL	M40	1015	04:43:45	04:45:53		4066
		5km - 00:27:54, 10km - 00:56:49, 15km - 01:26:19, 20km - 01:57:10, 21km - 02:04:25, 25km - 02:29:10, 30km - 03:06:11, 35km - 03:46:54, 40km - 04:27:45									
4788	4417	SZARZYŃSKI Michał	ZDZIECHOWA		POL	M30	1437	04:43:46	04:45:09		4067
		5km - 00:25:51, 10km - 00:51:31, 15km - 01:16:42, 20km - 01:43:58, 21km - 01:50:32, 25km - 02:15:35, 30km - 02:54:29, 35km - 03:39:45, 40km - 04:24:59									
4789	2046	TROKA Tomasz	CHOJNICE		POL	M45	618	04:43:47	04:48:10		4068
		5km - 00:27:13, 10km - 00:54:54, 15km - 01:22:38, 20km - 01:53:57, 21km - 02:00:56, 25km - 02:27:45, 30km - 03:05:41, 35km - 03:49:07, 40km - 04:27:26									
4790	3217	MOCZYNSKI Leszek	BYDGOSZCZ	Biegam dla Bydgoszczy	POL	M65	31	04:43:48	04:46:26		4069
		5km - 00:27:19, 10km - 00:56:03, 15km - 01:24:20, 20km - 01:53:41, 21km - 02:00:36, 25km - 02:26:04, 30km - 03:04:54, 35km - 03:45:25, 40km - 04:27:42									
4791	7111	MEDUNA Zbigniew	POZNAŃ		POL	M45	619	04:43:50	04:51:37		4070
		5km - 00:30:55, 10km - 01:03:17, 15km - 01:34:58, 20km - 02:07:33, 21km - 02:14:43, 25km - 02:39:52, 30km - 03:14:19, 35km - 03:50:09, 40km - 04:28:05									
4792	2116	MINGE Mirka	ZIEMIN		POL	K30	323	04:43:52	04:52:24	722	
		5km - 00:32:03, 10km - 01:04:40, 15km - 01:36:59, 20km - 02:11:03, 21km - 02:18:20, 25km - 02:44:38, 30km - 03:19:05, 35km - 03:53:15, 40km - 04:30:36									
4793	3613	KONOBRODZKA Kasia	POZNAŃ		POL	K40	182	04:43:54	04:49:49	723	
		5km - 00:27:52, 10km - 00:56:25, 15km - 01:24:54, 20km - 01:55:51, 21km - 02:05:03, 25km - 02:33:23, 30km - 03:12:57, 35km - 03:49:55, 40km - 04:28:54									
4794	4735	SÓJKA Aneta	SZCZURY		POL	K40	183	04:43:56	04:51:37	724	
		5km - 00:31:07, 10km - 01:03:19, 15km - 01:33:49, 20km - 02:05:03, 21km - 02:12:06, 25km - 02:36:49, 30km - 03:09:50, 35km - 03:43:25, 40km - 04:25:14									
4795	4608	STANKOWSKA Justyna	TRZEMESZNO		POL	K40	183	04:43:56	04:51:37	724	
		5km - 00:31:08, 10km - 01:03:19, 15km - 01:33:48, 20km - 02:05:04, 21km - 02:12:06, 25km - 02:36:48, 30km - 03:09:49, 35km - 03:43:25, 40km - 04:25:14									
4796	7018	WEJMAN Dariusz	MALIN	T12	POL	M40	1016	04:43:56	04:52:22		4071
		5km - 00:31:47, 10km - 01:04:23, 15km - 01:35:24, 20km - 02:09:01, 21km - 02:16:20, 25km - 02:42:13, 30km - 03:19:55, 35km - 03:55:32, 40km - 04:29:50									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
4797	7017	WEJMAN Małgorzata	MALIN	T12	POL	K40	183	04:43:56	04:52:22	724	
		5km - 00:31:48, 10km - 01:04:23, 15km - 01:35:24, 20km - 02:09:02, 21km - 02:16:20, 25km - 02:42:13, 30km - 03:19:56, 35km - 03:55:32, 40km - 04:29:50									
4798	2665	ZIEMKIEWICZ Paweł	RACIBÓRZ	EasyRun	POL	M40	1016	04:43:56	04:50:55		4071
		5km - 00:30:15, 10km - 01:01:00, 15km - 01:31:36, 20km - 02:03:52, 21km - 02:12:50, 25km - 02:37:39, 30km - 03:15:52, 35km - 03:52:07, 40km - 04:28:37									
4799	2802	ZIEMKIEWICZ Justyna	RACIBÓRZ	EasyRun Racibórz	POL	K40	186	04:43:58	04:50:57	727	
		5km - 00:30:14, 10km - 01:01:03, 15km - 01:31:37, 20km - 02:03:52, 21km - 02:12:54, 25km - 02:37:39, 30km - 03:15:53, 35km - 03:52:10, 40km - 04:28:41									
4800	3660	DOMAGAŁA Agnieszka	ZAWIERCIE		POL	K30	324	04:43:59	04:52:54	728	
		5km - 00:32:16, 10km - 01:04:31, 15km - 01:36:08, 20km - 02:09:15, 21km - 02:16:36, 25km - 02:42:39, 30km - 03:19:52, 35km - 03:55:44, 40km - 04:30:08									
4801	4061	PIOTROWSKI Jarosław	JASŁO	Ob.Leśni Team	POL	M40	1018	04:44:02	04:51:42		4073
		5km - 00:31:05, 10km - 01:03:13, 15km - 01:33:55, 20km - 02:05:18, 21km - 02:12:12, 25km - 02:37:45, 30km - 03:13:10, 35km - 03:50:41, 40km - 04:29:22									
4802	2703	ŚWINIUCH Zbigniew	DĘBICA	MARATOŃCZYK DĘBICA	POL	M55	167	04:44:04	04:46:47		4074
		5km - 00:28:48, 10km - 00:58:21, 15km - 01:27:06, 20km - 01:59:44, 21km - 02:07:29, 25km - 02:35:26, 30km - 03:17:15, 35km - 03:51:54, 40km - 04:28:31									
4803	7305	DZIADKOWIEC Marcin	KRAKÓW		POL	M40	1019	04:44:05	04:51:41		4075
		5km - 00:30:58, 10km - 01:03:05, 15km - 01:34:57, 20km - 02:07:08, 21km - 02:13:41, 25km - 02:38:40, 30km - 03:11:31, 35km - 03:43:42, 40km - 04:25:39									
4804	3466	SOBIECHOWSKI Piotr	BRODNICA	Cydr Grunwaldzki	POL	M30	1438	04:44:09	04:52:03		4076
		5km - 00:31:46, 10km - 01:04:10, 15km - 01:35:13, 20km - 02:07:11, 21km - 02:14:37, 25km - 02:39:29, 30km - 03:13:04, 35km - 03:50:48, 40km - 04:29:33									
4805	3695	LUS Eliza	MASTKI	Cydr grunwaldzki	POL	K18	102	04:44:10	04:52:04	729	
		5km - 00:31:45, 10km - 01:04:10, 15km - 01:35:13, 20km - 02:07:11, 21km - 02:14:37, 25km - 02:39:29, 30km - 03:13:03, 35km - 03:50:47, 40km - 04:29:30									
4806	7151	WOJCIECHOWSKA Ewa	WARSZAWA	Aegon	POL	K45	75	04:44:14	04:52:29	730	
		5km - 00:30:51, 10km - 01:03:30, 15km - 01:34:47, 20km - 02:07:53, 21km - 02:16:00, 25km - 02:41:48, 30km - 03:19:43, 35km - 03:55:47, 40km - 04:29:33									
4807	1816	KONOPKA Gerard	POZNAŃ	KB Sobótka	POL	M40	1020	04:44:18	04:48:49		4077
		5km - 00:28:29, 10km - 00:56:46, 15km - 01:24:17, 20km - 01:52:28, 21km - 02:00:29, 25km - 02:22:29, 30km - 02:53:06, 35km - 03:33:03, 40km - 04:23:30									
4808	5714	WIKSTROEM Staffan	STROEMSUND	Vattudalens LDK	SWE	M60	73	04:44:18	04:47:16		4077
		5km - 00:28:28, 10km - 00:59:29, 15km - 01:30:04, 20km - 02:02:55, 21km - 02:10:21, 25km - 02:36:03, 30km - 03:13:42, 35km - 03:51:39, 40km - 04:28:45									
4809	4270	MIZGAJSKA-KĘPA Katarzyna	GRODZISK MAZOWIECKI	DOGOŃ Grodzisk Mazowiecki	POL	K40	187	04:44:19	04:52:20	731	
		5km - 00:31:13, 10km - 01:03:42, 15km - 01:34:58, 20km - 02:06:47, 21km - 02:13:41, 25km - 02:39:00, 30km - 03:14:48, 35km - 03:51:52, 40km - 04:29:14									
4810	6661	OLEJNIK Leszek	JASTRZĘBNIKI	Parkrun Kalisz	POL	M45	620	04:44:19	04:52:30		4079
		5km - 00:31:13, 10km - 01:05:11, 15km - 01:36:47, 20km - 02:08:57, 21km - 02:16:37, 25km - 02:41:57, 30km - 03:17:55, 35km - 03:55:09, 40km - 04:30:33									
4811	4286	WICHNIEWICZ Agnieszka	GRODZISK MAZOWIECKI	Dogoń Grodzisk Mazowiecki	POL	K40	187	04:44:19	04:52:20	731	
		5km - 00:31:13, 10km - 01:03:42, 15km - 01:34:58, 20km - 02:06:47, 21km - 02:13:41, 25km - 02:38:59, 30km - 03:14:47, 35km - 03:51:52, 40km - 04:29:15									
4812	6507	KAŹMIERCZAK Jacek	JÓZEFIN		POL	M30	1439	04:44:20	04:45:06		4080
		5km - 00:28:30, 10km - 00:58:15, 15km - 01:26:35, 20km - 01:57:09, 21km - 02:04:10, 25km - 02:29:49, 30km - 03:04:17, 35km - 03:48:22, 40km - 04:29:01									
4813	2187	STEFAŃSKI Robert	ZIELONA GÓRA		POL	M45	621	04:44:20	04:48:15		4080
		5km - 00:29:27, 10km - 01:00:32, 15km - 01:31:50, 20km - 02:03:35, 21km - 02:11:03, 25km - 02:36:52, 30km - 03:10:03, 35km - 03:48:26, 40km - 04:31:56									
4814	6924	KROKOWSKA Magdalena	POZNAŃ	Night Runners Poznań	POL	K30	325	04:44:21	04:51:51	733	
		5km - 00:31:02, 10km - 01:03:20, 15km - 01:35:24, 20km - 02:07:39, 21km - 02:14:42, 25km - 02:39:42, 30km - 03:14:25, 35km - 03:51:28, 40km - 04:29:15									
4815	2990	HANSZ Donat	PIASKI	NETBOX BIEGA	POL	M18	461	04:44:23	04:48:49		4082
		5km - 00:29:24, 10km - 00:59:05, 15km - 01:28:38, 20km - 01:59:39, 21km - 02:06:25, 25km - 02:32:36, 30km - 03:09:55, 35km - 03:48:50, 40km - 04:28:45									
4816	5680	GABRYELEWICZ Rafał	POZNAŃ		POL	M40	1021	04:44:24	04:52:22		4083
		5km - 00:30:51, 10km - 01:03:02, 15km - 01:35:06, 20km - 02:07:22, 21km - 02:14:21, 25km - 02:39:19, 30km - 03:11:29, 35km - 03:47:31, 40km - 04:26:57									
4817	3146	STUDZINSKI Jacek	POZNAŃ	Drużyna Szpiku	POL	M40	1022	04:44:28	04:48:21		4084
		5km - 00:26:04, 10km - 00:54:04, 15km - 01:20:51, 20km - 01:52:52, 21km - 02:00:09, 25km - 02:31:05, 30km - 03:14:24, 35km - 03:54:05, 40km - 04:32:11									
4818	7079	DANIUK Katarzyna	POZNAŃ	Sportowy Team Żabki	POL	K45	76	04:44:29	04:46:47	734	
		5km - 00:28:54, 10km - 00:58:47, 15km - 01:28:53, 20km - 02:01:33, 21km - 02:09:20, 25km - 02:36:17, 30km - 03:15:18, 35km - 03:52:43, 40km - 04:30:30									
4819	6248	KACPRZAK Grzegorz	ŁÓDŹ		POL	M18	462	04:44:30	04:52:34		4085
		5km - 00:32:46, 10km - 01:07:00, 15km - 01:42:05, 20km - 02:18:47, 21km - 02:27:50, 25km - 02:53:07, 30km - 03:22:34, 35km - 03:54:55, 40km - 04:29:54									
4820	2954	PAULI Przemysław	RABOWICE		POL	M30	1440	04:44:30	04:50:22		4085
		5km - 00:28:10, 10km - 00:56:18, 15km - 01:24:20, 20km - 01:53:04, 21km - 01:59:34, 25km - 02:22:43, 30km - 02:57:17, 35km - 03:38:39, 40km - 04:27:42									
4821	114	LISIUS Tomasz	GDAŃSK		POL	M55	168	04:44:31	04:51:23		4087
		5km - 00:31:06, 10km - 01:02:09, 15km - 01:33:25, 20km - 02:04:46, 21km - 02:11:47, 25km - 02:36:27, 30km - 03:13:25, 35km - 03:51:17, 40km - 04:29:40									
4822	3275	Zawodnik anonimowy				K45	77	04:44:32	04:50:55	735	
		5km - 00:30:46, 10km - 01:00:59, 15km - 01:30:47, 20km - 02:01:30, 21km - 02:09:33, 25km - 02:34:41, 30km - 03:10:30, 35km - 03:48:56, 40km - 04:28:02									
4823	6890	BŁOCH Albert	STĘSZEW		POL	M30	1441	04:44:35	04:50:04		4088
		5km - 00:26:13, 10km - 00:53:05, 15km - 01:20:15, 20km - 01:49:37, 21km - 01:56:16, 25km - 02:22:03, 30km - 02:59:39, 35km - 03:42:07, 40km - 04:27:48									
4824	4357	DRGAS Andrzej	LUBOŃ		POL	M60	74	04:44:40	04:52:13		4089
		5km - 00:31:14, 10km - 01:03:44, 15km - 01:35:35, 20km - 02:08:04, 21km - 02:15:18, 25km - 02:40:53, 30km - 03:14:56, 35km - 03:49:02, 40km - 04:27:47									
4825	5398	OŁDAK Joanna	LEGIONOWO	Mgk Legionowo	POL	K45	78	04:44:42	04:52:26	736	
		5km - 00:29:54, 10km - 01:00:17, 15km - 01:30:05, 20km - 02:00:53, 21km - 02:07:39, 25km - 02:32:37, 30km - 03:12:00, 35km - 03:53:02, 40km - 04:31:08									
4826	5562	FILIPIAK Kamila	STARGARD		POL	K18	103	04:44:43	04:52:13	737	
		5km - 00:30:42, 10km - 01:00:46, 15km - 01:30:35, 20km - 02:02:02, 21km - 02:09:19, 25km - 02:36:53, 30km - 03:14:03, 35km - 03:50:35, 40km - 04:28:04									
4827	844	FRANKIEWICZ Piotr	LĄDEK	Lądek	POL	M30	1442	04:44:43	04:51:10		4090
		5km - 00:30:38, 10km - 01:00:40, 15km - 01:30:20, 20km - 02:02:00, 21km - 02:09:07, 25km - 02:34:53, 30km - 03:10:32, 35km - 03:51:20, 40km - 04:30:53									
4828	7235	GRZELCZAK Grzegorz	STĘSZEW		POL	M50	262	04:44:44	04:45:59		4091
		5km - 00:27:06, 10km - 00:54:29, 15km - 01:21:17, 20km - 01:49:33, 21km - 01:57:49, 25km - 02:24:55, 30km - 03:05:50, 35km - 03:49:21, 40km - 04:29:25									
4829	6023	RUSH Keegan	POZNAŃ		POL	M18	463	04:44:48	04:51:04		4092
		5km - 00:30:12, 10km - 01:00:56, 15km - 01:30:56, 20km - 02:03:32, 21km - 02:10:07, 25km - 02:34:59, 30km - 03:10:56, 35km - 03:49:22, 40km - 04:28:00									
4830	3821	SIKORSKI Dominik	CHODZIEŻ		POL	M40	1023	04:44:48	04:48:56		4092
		5km - 00:29:39, 10km - 00:59:24, 15km - 01:30:08, 20km - 02:02:19, 21km - 02:09:36, 25km - 02:36:27, 30km - 03:11:37, 35km - 03:48:11, 40km - 04:27:27									
4831	4475	SŁOWIŃSKI Łukasz	ŚREM	BEST TEAM ŚREM	POL	M30	1443	04:44:49	04:51:22		4094
		5km - 00:31:39, 10km - 01:03:16, 15km - 01:34:26, 20km - 02:05:55, 21km - 02:12:50, 25km - 02:37:25, 30km - 03:10:08, 35km - 03:46:01, 40km - 04:28:30									
4832	2449	BUDKA Agata	JAWORZNO	KB MCKiS Jaworzno	POL	K45	79	04:44:50	04:47:46	738	
		5km - 00:27:03, 10km - 00:54:16, 15km - 01:22:47, 20km - 01:54:14, 21km - 02:01:14, 25km - 02:30:01, 30km - 03:10:50, 35km - 03:48:09, 40km - 04:29:24									
4833	866	BUDEK Adrian	WOŁOMIN	Wataha - Łączy Nas Bieganie	POL	M18	464	04:44:52	04:51:54		4095
		5km - 00:31:30, 10km - 01:03:51, 15km - 01:35:45, 20km - 02:07:43, 21km - 02:15:17, 25km - 02:38:53, 30km - 03:10:34, 35km - 03:43:45, 40km - 04:32:08									
4834	524	MIĘTKA Krzysztof	KRAKÓW		POL	M40	1024	04:44:52	04:52:34		4095
		5km - 00:30:51, 10km - 01:01:46, 15km - 01:31:53, 20km - 02:03:55, 21km - 02:10:54, 25km - 02:36:19, 30km - 03:13:07, 35km - 03:54:43, 40km - 04:31:01									
4835	5477	FÓRMAN Daniel	CHODZIEŻ	LODOŻERCY_CHODZIEŻ	POL	M45	622	04:44:53	04:50:34		4097
		5km - 00:32:06, 10km - 01:04:50, 15km - 01:36:30, 20km - 02:09:18, 21km - 02:16:34, 25km - 02:41:43, 30km - 03:16:32, 35km - 03:52:37, 40km - 04:29:51									
4836	2231	TOMASZEWSKA Joanna	IŁAWA	BIEGACZE GORSZEGO SORTU	POL	K45	80	04:44:54	04:51:20	739	
		5km - 00:32:08, 10km - 01:04:39, 15km - 01:36:32, 20km - 02:08:45, 21km - 02:15:48, 25km - 02:40:49, 30km - 03:14:49, 35km - 03:49:56, 40km - 04:29:04									
4837	2229	Zawodnik anonimowy				M40	1025	04:44:54	04:51:20		4098
		5km - 00:32:07, 10km - 01:04:39, 15km - 01:36:32, 20km - 02:08:45, 21km - 02:15:49, 25km - 02:40:48, 30km - 03:14:50, 35km - 03:49:56, 40km - 04:28:32									
4838	6359	ROZMIAREK Jarosław	ŚRODA WIELKOPOLSKA	POLONIA ŚRODA	POL	M50	263	04:44:55	04:51:35		4099
		5km - 00:30:28, 10km - 01:00:40, 15km - 01:30:29, 20km - 02:02:16, 21km - 02:09:31, 25km - 02:36:41, 30km - 03:12:43, 35km - 03:50:51, 40km - 04:29:28									
4839	3491	SIWIŃSKA Elżbieta	INOWROCŁAW	100	POL	K60	3	04:44:55	04:52:41	740	
		5km - 00:29:44, 10km - 01:00:01, 15km - 01:30:17, 20km - 02:04:41, 21km - 02:12:06, 25km - 02:41:24, 30km - 03:17:42, 35km - 03:52:56, 40km - 04:30:08									
4840	3545	BUKOWIEC Agnieszka	KRAKÓW	Marketing Investments Group	POL	K30	326	04:44:56	04:50:15	741	
		5km - 00:29:09, 10km - 00:58:32, 15km - 01:27:10, 20km - 01:57:26, 21km - 02:05:52, 25km - 02:35:34, 30km - 03:13:19, 35km - 03:52:01, 40km - 04:29:43									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
4841	385	NOWAK Paweł	KALISZ	Klub Biegacza Supermaratończyk	POL	M60	75	04:44:56	04:53:29		4100
		5km - 00:32:18, 10km - 01:06:40, 15km - 01:38:58, 20km - 02:11:52, 21km - 02:19:37, 25km - 02:46:30, 30km - 03:21:26, 35km - 03:56:21, 40km - 04:30:36									
4842	6421	BRONK Artur	POZNAŃ		POL	M40	1026	04:44:58	04:52:30		4101
		5km - 00:30:27, 10km - 01:02:00, 15km - 01:32:55, 20km - 02:04:36, 21km - 02:11:29, 25km - 02:36:33, 30km - 03:11:01, 35km - 03:49:36, 40km - 04:28:45									
4843	3329	SKÓRSKI Bogdan	KRZESZYCE		POL	M50	264	04:44:58	04:52:41		4101
		5km - 00:34:50, 10km - 01:06:38, 15km - 01:37:44, 20km - 02:10:06, 21km - 02:19:16, 25km - 02:45:03, 30km - 03:20:50, 35km - 03:56:14, 40km - 04:31:08									
4844	2728	OLEJNICZAK Joanna	KROTOSZYN	KS Krotosz Krotoszyn	POL	K45	81	04:45:02	04:52:58	742	
		5km - 00:31:47, 10km - 01:04:04, 15km - 01:35:34, 20km - 02:09:26, 21km - 02:16:51, 25km - 02:42:17, 30km - 03:16:19, 35km - 03:52:47, 40km - 04:29:23									
4845	4023	KIERZKOWSKI Rafał	POZNAŃ	SŁYNNI KENIJCZYCY	POL	M40	1027	04:45:04	04:49:30		4103
		5km - 00:27:30, 10km - 00:54:56, 15km - 01:22:15, 20km - 01:49:59, 21km - 01:56:05, 25km - 02:18:01, 30km - 02:59:46, 35km - 03:44:53, 40km - 04:27:59									
4846	458	MŁODZIKOWSKI Rafał	GNIEZNO	Słynni Kenijczycy	POL	M40	1027	04:45:04	04:49:30		4103
		5km - 00:27:30, 10km - 00:54:57, 15km - 01:22:14, 20km - 01:49:58, 21km - 01:57:21, 25km - 02:25:17, 30km - 03:00:04, 35km - 03:44:53, 40km - 04:27:59									
4847	1489	KWACZYŃSKI Mateusz	OLESNO		POL	M30	1444	04:45:05	04:53:47		4105
		5km - 00:31:34, 10km - 01:02:35, 15km - 01:33:20, 20km - 02:05:30, 21km - 02:12:36, 25km - 02:38:06, 30km - 03:13:13, 35km - 03:52:11, 40km - 04:30:24									
4848	3777	PAPRZYCKI Adam	POZNAŃ		POL	M40	1029	04:45:07	04:45:51		4106
		5km - 00:30:06, 10km - 00:58:27, 15km - 01:26:44, 20km - 01:55:45, 21km - 02:01:39, 25km - 02:27:07, 30km - 03:05:36, 35km - 03:46:34, 40km - 04:26:55									
4849	6717	HRYSZKIEWICZ Andrzej	POZNAŃ		POL	M30	1445	04:45:09	04:52:41		4107
		5km - 00:31:02, 10km - 01:03:18, 15km - 01:35:25, 20km - 02:07:39, 21km - 02:14:15, 25km - 02:39:41, 30km - 03:12:44, 35km - 03:52:08, 40km - 04:29:41									
4850	2562	PUCZKARSKI Jacek	JANIKOWO		POL	M30	1446	04:45:12	04:47:02		4108
		5km - 00:23:46, 10km - 00:48:00, 15km - 01:12:37, 20km - 01:43:45, 21km - 01:50:53, 25km - 02:17:44, 30km - 02:59:11, 35km - 03:45:49, 40km - 04:29:16									
4851	2853	KALISKI Marcin	INOWROCŁAW	PGB Sportowa Paczka	POL	M40	1030	04:45:13	04:52:49		4109
		5km - 00:31:03, 10km - 01:05:06, 15km - 01:34:59, 20km - 02:07:11, 21km - 02:14:10, 25km - 02:40:04, 30km - 03:19:44, 35km - 03:56:56, 40km - 04:31:35									
4852	3186	SOMMER Michał	SZRENIAWA		POL	M30	1447	04:45:13	04:51:17		4109
		5km - 00:32:31, 10km - 01:06:59, 15km - 01:41:08, 20km - 02:17:42, 21km - 02:25:14, 25km - 02:51:06, 30km - 03:26:28, 35km - 03:58:19, 40km - 04:31:58									
4853	6569	ŁAWIDA Marian	OSTRORÓG		POL	M40	1030	04:45:13	04:51:04		4109
		5km - 00:31:06, 10km - 01:02:40, 15km - 01:32:08, 20km - 02:00:41, 21km - 02:06:47, 25km - 02:28:51, 30km - 02:58:45, 35km - 03:38:12, 40km - 04:26:16									
4854	224	GREK Dawid	LUBOŃ		POL	M30	1448	04:45:14	04:53:03		4112
		5km - 00:29:42, 10km - 01:01:10, 15km - 01:32:26, 20km - 02:05:01, 21km - 02:13:24, 25km - 02:40:36, 30km - 03:18:39, 35km - 03:54:39, 40km - 04:31:17									
4855	4104	SMEJDA Marta	WOLBÓRZ		POL	K40	189	04:45:14	04:52:59	743	
		5km - 00:31:24, 10km - 01:03:25, 15km - 01:35:18, 20km - 02:07:19, 21km - 02:14:20, 25km - 02:39:16, 30km - 03:15:30, 35km - 03:51:36, 40km - 04:30:47									
4856	2593	BUCZEK Bartłomiej	KRAKÓW	Buczek Team	POL	M18	465	04:45:17	04:49:32		4113
		5km - 00:27:52, 10km - 00:55:30, 15km - 01:22:15, 20km - 01:50:16, 21km - 01:59:40, 25km - 02:23:01, 30km - 03:04:42, 35km - 03:48:08, 40km - 04:29:56									
4857	3336	GOŹDZIOWSKI Piotr	PLEWISKA	BOBRO-SZATANY	POL	M30	1449	04:45:17	04:49:19		4113
		5km - 00:26:42, 10km - 00:53:42, 15km - 01:20:44, 20km - 01:48:31, 21km - 01:55:53, 25km - 02:18:07, 30km - 02:54:30, 35km - 03:40:36, 40km - 04:28:59									
4858	7036	MOLSKI Andrzej	WARSZAWA		POL	M50	265	04:45:18	04:51:35		4115
		5km - 00:28:46, 10km - 00:58:15, 15km - 01:27:24, 20km - 01:57:38, 21km - 02:04:22, 25km - 02:29:56, 30km - 03:07:06, 35km - 03:48:01, 40km - 04:30:13									
4859	4969	CZYHIN Igor	LĘBORK	Dzikie Koty Running Team	POL	M30	1450	04:45:19	04:51:40		4116
		5km - 00:29:17, 10km - 00:58:45, 15km - 01:28:32, 20km - 02:01:18, 21km - 02:08:52, 25km - 02:35:59, 30km - 03:13:02, 35km - 03:51:52, 40km - 04:30:46									
4860	3021	SABATO Vitantonio	PIOLTELLO	Lucani Free Runners	ITA	M40	1032	04:45:19	04:52:54		4116
		5km - 00:31:20, 10km - 01:03:40, 15km - 01:35:21, 20km - 02:07:43, 21km - 02:14:57, 25km - 02:39:58, 30km - 03:16:56, 35km - 03:54:51, 40km - 04:31:25									
4861	189	STRÓŻYŃSKA-ZDZIABEK Magdalena	PIŁA		POL	K50	32	04:45:19	04:54:33	744	
		5km - 00:31:47, 10km - 01:04:34, 15km - 01:36:33, 20km - 02:08:53, 21km - 02:16:27, 25km - 02:43:01, 30km - 03:19:42, 35km - 03:55:34, 40km - 04:30:58									
4862	2641	Zawodnik anonimowy				K40	190	04:45:21	04:53:33	745	
		5km - 00:29:08, 10km - 00:58:40, 15km - 01:28:01, 20km - 02:00:45, 21km - 02:09:17, 25km - 02:35:23, 30km - 03:12:44, 35km - 03:50:42, 40km - 04:29:48									
4863	1260	ANTCZAK Waldemar	WRZEŚNIA	Night Runners Września	POL	M45	623	04:45:22	04:53:42		4118
		5km - 00:28:15, 10km - 00:57:17, 15km - 01:25:46, 20km - 01:55:15, 21km - 02:02:08, 25km - 02:26:41, 30km - 03:01:54, 35km - 03:42:43, 40km - 04:27:16									
4864	1243	PISKORSKA Katarzyna	OLSZANKA		POL	K45	82	04:45:23	04:52:14	746	
		5km - 00:30:48, 10km - 01:02:09, 15km - 01:33:03, 20km - 02:04:35, 21km - 02:12:09, 25km - 02:37:38, 30km - 03:14:30, 35km - 03:52:48, 40km - 04:30:47									
4865	172	ROJEK Michał	TRZYGŁÓW 18		POL	M30	1451	04:45:26	04:50:06		4119
		5km - 00:27:49, 10km - 00:55:32, 15km - 01:23:21, 20km - 01:51:39, 21km - 01:57:57, 25km - 02:20:34, 30km - 02:56:38, 35km - 03:37:53, 40km - 04:27:10									
4866	2916	CIEŚLICKA Barbara	POZNAŃ		POL	K30	327	04:45:28	04:51:03	747	
		5km - 00:30:36, 10km - 01:01:55, 15km - 01:33:12, 20km - 02:05:45, 21km - 02:13:39, 25km - 02:40:12, 30km - 03:17:55, 35km - 03:54:33, 40km - 04:31:00									
4867	1509	CZAJKOWSKI Tomasz	ŁÓDŹ	Łódź Kocha Sport	POL	M40	1033	04:45:28	04:50:37		4120
		5km - 00:27:19, 10km - 00:54:33, 15km - 01:21:14, 20km - 01:49:06, 21km - 01:55:18, 25km - 02:16:48, 30km - 02:54:13, 35km - 03:37:06, 40km - 04:25:53									
4868	2274	KEMPKA Dawid	GÓRA		POL	M40	1034	04:45:31	04:51:38		4121
		5km - 00:30:58, 10km - 01:03:20, 15km - 01:33:57, 20km - 02:05:34, 21km - 02:12:42, 25km - 02:37:37, 30km - 03:13:00, 35km - 03:53:05, 40km - 04:30:11									
4869	4595	WANAT Wacław	WROCŁAW	Pro-Run Wrocław	POL	M70	7	04:45:31	04:52:25		4121
		5km - 00:32:42, 10km - 01:06:18, 15km - 01:39:32, 20km - 02:13:55, 21km - 02:21:12, 25km - 02:47:21, 30km - 03:21:51, 35km - 03:56:29, 40km - 04:31:19									
4870	1632	SOBCZAK Pawel	WARSZAWA		POL	M65	32	04:45:32	04:48:44		4123
		5km - 00:31:52, 10km - 01:04:27, 15km - 01:36:04, 20km - 02:08:06, 21km - 02:15:40, 25km - 02:40:52, 30km - 03:17:09, 35km - 03:54:17, 40km - 04:28:30									
4871	618	DĄBROWSKA Ewa	WROCŁAW		POL	K45	83	04:45:34	04:51:59	748	
		5km - 00:30:01, 10km - 01:00:20, 15km - 01:30:45, 20km - 02:01:39, 21km - 02:09:18, 25km - 02:35:43, 30km - 03:12:58, 35km - 03:50:50, 40km - 04:30:09									
4872	3064	PATRYARCHA Piotr	SOSNOWIEC		POL	M40	1035	04:45:34	04:53:33		4124
		5km - 00:29:58, 10km - 00:59:14, 15km - 01:29:09, 20km - 01:59:18, 21km - 02:05:53, 25km - 02:30:15, 30km - 03:10:11, 35km - 03:51:02, 40km - 04:30:36									
4873	3195	BOŻEK Edward	MILANÓWEK		POL	M65	33	04:45:35	04:49:42		4125
		5km - 00:29:27, 10km - 00:59:42, 15km - 01:31:15, 20km - 02:03:52, 21km - 02:11:11, 25km - 02:38:02, 30km - 03:14:34, 35km - 03:50:23, 40km - 04:29:10									
4874	4583	KRALCZYNSKI Łukasz	WARSZAWA	Speleoklub Warszawski	POL	M18	466	04:45:35	04:51:02		4125
		5km - 00:28:14, 10km - 00:56:27, 15km - 01:25:35, 20km - 01:55:53, 21km - 02:02:48, 25km - 02:29:11, 30km - 03:10:02, 35km - 03:51:31, 40km - 04:31:07									
4875	4040	KOCZOROWSKI Mateusz	POZNAŃ		POL	M18	467	04:45:37	04:54:24		4127
		5km - 00:32:09, 10km - 01:05:13, 15km - 01:38:09, 20km - 02:11:34, 21km - 02:19:01, 25km - 02:44:35, 30km - 03:18:34, 35km - 03:56:15, 40km - 04:32:42									
4876	3602	GOTTER Grażyna	NOWA SÓL		POL	K40	191	04:45:38	04:52:22	749	
		5km - 00:32:00, 10km - 01:04:25, 15km - 01:36:32, 20km - 02:09:38, 21km - 02:16:55, 25km - 02:42:44, 30km - 03:20:15, 35km - 03:55:13, 40km - 04:31:44									
4877	1075	BOROWIEC Kinga	DASZEWICE		POL	K30	328	04:45:39	04:51:41	750	
		5km - 00:27:36, 10km - 00:55:31, 15km - 01:23:03, 20km - 01:55:54, 21km - 02:03:48, 25km - 02:34:23, 30km - 03:12:06, 35km - 03:50:28, 40km - 04:31:12									
4878	6648	ŁĄKOWSKI Zbigniew	KOZIEGŁOWY		POL	M40	1036	04:45:39	04:51:38		4128
		5km - 00:30:03, 10km - 01:00:25, 15km - 01:30:58, 20km - 02:02:06, 21km - 02:09:04, 25km - 02:33:35, 30km - 03:06:32, 35km - 03:44:08, 40km - 04:27:25									
4879	4690	KOSIŃSKI Paweł	POZNAŃ		POL	M40	1037	04:45:42	04:51:21		4129
		5km - 00:29:18, 10km - 00:57:02, 15km - 01:24:18, 20km - 01:53:00, 21km - 01:59:59, 25km - 02:25:24, 30km - 03:02:40, 35km - 03:45:25, 40km - 04:28:24									
4880	976	PLISZCZYŃSKA Joanna	UNISŁAW	Team Ochal	POL	K40	192	04:45:42	04:52:43	751	
		5km - 00:31:28, 10km - 01:03:50, 15km - 01:35:44, 20km - 02:08:02, 21km - 02:15:15, 25km - 02:40:27, 30km - 03:17:48, 35km - 03:55:29, 40km - 04:31:58									
4881	5990	Zawodnik anonimowy				M45	624	04:45:42	04:53:28		4129
		5km - 00:30:53, 10km - 01:02:05, 15km - 01:33:50, 20km - 02:06:45, 21km - 02:14:04, 25km - 02:39:24, 30km - 03:16:38, 35km - 03:55:42, 40km - 04:31:18									
4882	1864	KACZKOWSKI Daniel	POZNAŃ		POL	M40	1038	04:45:43	04:53:35		4131
		5km - 00:33:03, 10km - 01:05:45, 15km - 01:38:24, 20km - 02:11:59, 21km - 02:19:04, 25km - 02:45:08, 30km - 03:18:41, 35km - 03:52:57, 40km - 04:31:29									
4883	3232	FAJDEK Stefan	WACYN	Biegiemradom!	POL	M55	169	04:45:46	04:51:00		4132
		5km - 00:29:44, 10km - 00:59:26, 15km - 01:28:42, 20km - 01:58:52, 21km - 02:05:47, 25km - 02:29:40, 30km - 03:04:59, 35km - 03:46:33, 40km - 04:30:16									
4884	3047	RETKIEWICZ Mariusz	BEŁCHATÓW	COMKAS Team	POL	M40	1039	04:45:47	04:50:21		4133
		5km - 00:27:51, 10km - 00:56:07, 15km - 01:24:03, 20km - 01:56:13, 21km - 02:04:38, 25km - 02:31:55, 30km - 03:13:18, 35km - 03:53:11, 40km - 04:30:05									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
4885	6564	SZCZUROWSKI Marcin	PLEWISKA	CHAMPIONI NIEZŁOMNI	POL	M30	1452	04:45:47	04:49:52		4133
		5km - 00:29:28, 10km - 01:01:40, 15km - 01:32:33, 20km - 02:05:51, 21km - 02:15:19, 25km - 02:41:15, 30km - 03:15:09, 35km - 03:50:48, 40km - 04:27:29									
4886	3776	SZCZUROWSKI Zygmunt	PIŁA		POL	M60	76	04:45:48	04:49:53		4135
		5km - 00:29:28, 10km - 01:02:11, 15km - 01:32:34, 20km - 02:05:55, 21km - 02:15:19, 25km - 02:41:14, 30km - 03:15:09, 35km - 03:50:48, 40km - 04:27:40									
4887	842	SZPERNAL Beata	PŁOCK		POL	K55	9	04:45:49	04:54:37	752	
		5km - 00:32:56, 10km - 01:05:37, 15km - 01:37:43, 20km - 02:10:30, 21km - 02:17:37, 25km - 02:43:10, 30km - 03:17:01, 35km - 03:52:26, 40km - 04:30:02									
4888	1330	NOWAK Paweł	WRZEŚNIA		POL	M30	1453	04:45:50	04:53:26		4136
		5km - 00:30:37, 10km - 01:02:56, 15km - 01:34:26, 20km - 02:06:38, 21km - 02:14:04, 25km - 02:39:18, 30km - 03:12:39, 35km - 03:51:47, 40km - 04:30:51									
4889	126	WOŹNIAK Paweł	WSCHOWA	CROSSFIT LESZNO/Endorfina Wschowa	POL	M30	1453	04:45:50	04:49:42		4136
		5km - 00:28:29, 10km - 00:57:31, 15km - 01:25:52, 20km - 01:54:13, 21km - 02:00:53, 25km - 02:24:47, 30km - 03:00:33, 35km - 03:40:40, 40km - 04:27:21									
4890	6405	NEUMANN Andrzej	BYDGOSZCZ		POL	M40	1040	04:45:55	04:47:05		4138
		5km - 00:28:39, 10km - 00:57:11, 15km - 01:25:54, 20km - 01:55:46, 21km - 02:02:40, 25km - 02:27:48, 30km - 03:06:44, 35km - 03:49:07, 40km - 04:29:38									
4891	6523	CZERWIŃSKI Michał	POZNAŃ	TriDarKo	POL	M30	1455	04:45:57	04:54:07		4139
		5km - 00:31:52, 10km - 01:03:40, 15km - 01:35:00, 20km - 02:07:06, 21km - 02:14:07, 25km - 02:39:07, 30km - 03:12:13, 35km - 03:48:16, 40km - 04:28:37									
4892	4011	KMIEC Lukasz	WROCLAW		POL	M30	1456	04:45:58	04:51:57		4140
		5km - 00:29:20, 10km - 00:58:21, 15km - 01:26:48, 20km - 01:56:25, 21km - 02:03:30, 25km - 02:28:33, 30km - 03:07:35, 35km - 03:49:18, 40km - 04:31:13									
4893	1999	DURA Julia	BYDGOSZCZ		POL	K18	104	04:45:59	04:52:37	753	
		5km - 00:30:29, 10km - 01:00:41, 15km - 01:30:23, 20km - 02:00:43, 21km - 02:07:27, 25km - 02:32:21, 30km - 03:09:47, 35km - 03:51:43, 40km - 04:31:02									
4894	4482	GRYCH Andrzej	BOCHNIA		POL	M30	1457	04:46:00	04:54:03		4141
		5km - 00:31:31, 10km - , 15km - 01:34:39, 20km - 02:08:21, 21km - 02:15:34, 25km - 02:40:52, 30km - 03:16:31, 35km - 03:53:46, 40km - 04:31:13									
4895	410	HELBIK Joanna	POZNAŃ	BAR - Beer And Run	POL	K18	105	04:46:00	04:51:20	754	
		5km - 00:29:47, 10km - 00:59:11, 15km - 01:28:22, 20km - 01:58:17, 21km - 02:04:44, 25km - 02:28:36, 30km - 03:06:14, 35km - 03:49:23, 40km - 04:30:36									
4896	6656	ROGOWICZ Arek	LUBOŃ		POL	M18	468	04:46:01	04:52:17		4142
		5km - 00:31:48, 10km - 01:04:28, 15km - 01:35:49, 20km - 02:07:25, 21km - 02:14:43, 25km - 02:39:33, 30km - 03:16:55, 35km - 03:54:43, 40km - 04:32:46									
4897	4842	RACHEL Piotr	POZNAN		POL	M60	77	04:46:02	04:52:32		4143
		5km - 00:30:49, 10km - 01:01:24, 15km - 01:32:06, 20km - 02:03:55, 21km - 02:11:16, 25km - 02:38:47, 30km - 03:16:55, 35km - 03:54:48, 40km - 04:31:05									
4898	5520	LUTOMSKA Marta	RACOT		POL	K18	106	04:46:03	04:53:31	755	
		5km - 00:31:04, 10km - 01:02:45, 15km - 01:33:46, 20km - 02:05:39, 21km - 02:12:32, 25km - 02:37:52, 30km - 03:11:47, 35km - 03:46:49, 40km - 04:29:00									
4899	3951	KRUSZKA Stanisław	WŁOCŁAWEK		POL	M40	1041	04:46:04	04:54:16		4144
		5km - 00:29:16, 10km - 00:59:22, 15km - 01:28:54, 20km - 02:00:08, 21km - 02:07:19, 25km - 02:34:01, 30km - 03:12:39, 35km - 03:52:16, 40km - 04:30:13									
4900	7253	ZIĘBA Mariusz	IŁAWA	BGS Iława	POL	M18	469	04:46:11	04:52:37		4145
		5km - 00:32:26, 10km - 01:04:52, 15km - 01:36:32, 20km - 02:08:46, 21km - 02:15:49, 25km - 02:40:49, 30km - 03:14:50, 35km - 03:49:57, 40km - 04:31:48									
4901	2436	KORDEK Jan	SZCZECIN		POL	M60	78	04:46:13	04:52:26		4146
		5km - 00:29:08, 10km - 00:58:37, 15km - 01:28:06, 20km - 01:57:56, 21km - 02:04:31, 25km - 02:28:19, 30km - 03:02:16, 35km - 03:43:47, 40km - 04:29:34									
4902	1481	WOJS Tomasz	LIMANOWA		POL	M45	625	04:46:13	04:48:25		4146
		5km - 00:28:19, 10km - 00:57:44, 15km - 01:28:02, 20km - 02:01:18, 21km - 02:09:12, 25km - 02:36:30, 30km - 03:15:20, 35km - 03:54:03, 40km - 04:30:50									
4903	5345	JANICKI Piotr	POZNAŃ		POL	M45	626	04:46:17	04:48:26		4148
		5km - 00:28:26, 10km - 00:56:41, 15km - 01:24:45, 20km - 01:53:26, 21km - 02:00:23, 25km - 02:27:23, 30km - 03:07:44, 35km - 03:50:00, 40km - 04:32:55									
4904	3607	MATELLA Marcin	POZNAŃ		POL	M18	470	04:46:17	04:53:47		4148
		5km - 00:31:05, 10km - 01:01:12, 15km - 01:31:07, 20km - 02:03:05, 21km - 02:10:25, 25km - 02:36:11, 30km - 03:12:22, 35km - 03:54:06, 40km - 04:31:46									
4905	507	BOJKOWSKI Tomasz	POZNAŃ		POL	M40	1042	04:46:19	04:52:39		4150
		5km - 00:29:20, 10km - 00:58:40, 15km - 01:27:59, 20km - 01:58:07, 21km - 02:04:47, 25km - 02:30:04, 30km - 03:06:30, 35km - 03:47:48, 40km - 04:30:30									
4906	2412	WŁODARCZYK Marta	SŁUPSK	STOPA Słupsk	POL	K30	329	04:46:19	04:53:47	756	
		5km - 00:31:06, 10km - 01:03:27, 15km - 01:35:29, 20km - 02:08:04, 21km - 02:14:49, 25km - 02:41:11, 30km - 03:18:16, 35km - 03:56:24, 40km - 04:31:36									
4907	6413	TYMA Katarzyna	JAROSŁAWIEC 33 /3 ŚRODA		POL	K30	330	04:46:20	04:47:37	757	
		5km - 00:27:02, 10km - 00:56:03, 15km - 01:24:52, 20km - 01:56:10, 21km - 02:03:18, 25km - 02:30:11, 30km - 03:07:53, 35km - 03:49:43, 40km - 04:29:46									
4908	2244	BIELSKI Janusz	WARSZAWA	See You Later Team	POL	M30	1458	04:46:23	04:49:41		4151
		5km - 00:29:38, 10km - 00:59:02, 15km - 01:27:22, 20km - 01:59:00, 21km - 02:06:45, 25km - 02:33:18, 30km - 03:14:20, 35km - 03:54:26, 40km - 04:31:39									
4909	3922	FILIPIAK Dominik	ŁĘCZYCA	EUROMED	POL	M18	471	04:46:26	04:52:13		4152
		5km - 00:31:57, 10km - 01:04:58, 15km - 01:36:35, 20km - 02:09:24, 21km - 02:17:21, 25km - 02:44:07, 30km - 03:21:09, 35km - 03:58:32, 40km - 04:33:23									
4910	5408	NIEDŹWIECKI Michał	ZŁOTNIKI	Lidl Polska	POL	M30	1459	04:46:26	04:49:34		4152
		5km - 00:28:44, 10km - 00:57:06, 15km - 01:24:47, 20km - 01:53:24, 21km - 01:59:56, 25km - 02:23:55, 30km - 03:01:46, 35km - 03:42:39, 40km - 04:28:30									
4911	1861	KARWAT Stanisław	SZCZECINEK	Parkrun Szczecinek	POL	M60	79	04:46:27	04:56:12		4154
		5km - 00:30:15, 10km - 01:01:38, 15km - 01:32:07, 20km - 02:03:25, 21km - 02:10:48, 25km - 02:35:33, 30km - 03:13:07, 35km - 03:49:36, 40km - 04:27:13									
4912	3399	PRACKI Michał	KALISZ	Decathlon Kalisz	POL	M18	472	04:46:28	04:49:25		4155
		5km - 00:25:41, 10km - 00:51:00, 15km - 01:16:57, 20km - 01:46:30, 21km - 01:53:07, 25km - 02:17:47, 30km - 02:59:57, 35km - 03:44:11, 40km - 04:31:12									
4913	2876	KIERAT Aniela	GÓRKI WIELKIE		POL	K55	10	04:46:31	04:54:33	758	
		5km - 00:30:50, 10km - 01:03:21, 15km - 01:35:07, 20km - 02:08:23, 21km - 02:16:07, 25km - 02:42:13, 30km - 03:19:45, 35km - 03:56:52, 40km - 04:31:46									
4914	682	SZADKOWSKI Adrian	ŁÓDŹ	Razem Trenujemy Sport	POL	M30	1460	04:46:31	04:54:49		4156
		5km - 00:32:24, 10km - 01:05:02, 15km - 01:37:18, 20km - 02:09:35, 21km - 02:16:43, 25km - 02:42:20, 30km - 03:16:28, 35km - 03:51:38, 40km - 04:30:31									
4915	6687	PATOWSKI Dariusz	ZGIERZ	VEOLIA	POL	M50	266	04:46:33	04:54:24		4157
		5km - 00:31:07, 10km - 01:03:35, 15km - 01:35:07, 20km - 02:07:23, 21km - 02:14:37, 25km - 02:39:43, 30km - 03:14:40, 35km - 03:51:53, 40km - 04:27:59									
4916	1457	ETTINGER Justyna	NOWA WIEŚ WIELKA	RUN BYDGOSZCZ	POL	K40	193	04:46:34	04:46:34	759	
		5km - 00:33:41, 10km - 01:02:12, 15km - 01:31:04, 20km - 02:03:24, 21km - 02:11:34, 25km - 02:38:53, 30km - 03:16:49, 35km - 03:54:59, 40km - 04:32:09									
4917	6807	PIETRZYKOWSKA Agnieszka	POZNAN	GrunwaldTeam	POL	K18	107	04:46:36	04:52:40	760	
		5km - 00:29:43, 10km - 01:00:58, 15km - 01:31:08, 20km - 02:02:05, 21km - 02:09:03, 25km - 02:34:18, 30km - 03:09:25, 35km - 03:48:02, 40km - 04:29:06									
4918	1465	DUBIŃSKI Przemysław	CZESTOCHOWA	Przemek Dubiński - Biegiem Przez Świat	POL	M40	1043	04:46:38	04:54:48		4158
		5km - 00:30:43, 10km - 01:03:28, 15km - 01:35:18, 20km - 02:08:04, 21km - 02:15:25, 25km - 02:40:34, 30km - 03:16:49, 35km - 03:52:33, 40km - 04:30:20									
4919	810	ZYS Jarosław	KRAKÓW		POL	M50	267	04:46:42	04:54:11		4159
		5km - 00:31:03, 10km - 01:03:33, 15km - 01:35:26, 20km - 02:07:44, 21km - 02:14:57, 25km - 02:41:28, 30km - 03:19:10, 35km - 03:57:48, 40km - 04:31:55									
4920	1941	BUŚKA Sławomir	KOBYLA GÓRA	Night Bon Żywnościowy Kobyla Góra	POL	M18	473	04:46:44	04:49:47		4160
		5km - 00:30:34, 10km - 01:01:55, 15km - 01:32:35, 20km - 02:04:38, 21km - 02:11:46, 25km - 02:38:29, 30km - 03:17:19, 35km - 03:56:56, 40km - 04:33:45									
4921	4895	PINKOWSKI Sławomir	POZNAŃ	WZN TEAM	POL	M50	268	04:46:44	04:52:46		4160
		5km - 00:30:15, 10km - 01:01:33, 15km - 01:32:11, 20km - 02:04:26, 21km - 02:11:12, 25km - 02:36:22, 30km - 03:11:51, 35km - 03:48:36, 40km - 04:29:37									
4922	995	STRABEL Bartosz	BYDGOSZCZ		POL	M18	473	04:46:44	04:54:14		4160
		5km - 00:31:03, 10km - 01:03:26, 15km - 01:35:27, 20km - 02:07:42, 21km - 02:14:45, 25km - 02:40:00, 30km - 03:18:24, 35km - 03:54:58, 40km - 04:31:46									
4923	2779	PIECHOWIAK Andrzej	POZNAŃ		POL	M55	170	04:46:47	04:53:31		4163
		5km - 00:30:24, 10km - 01:00:22, 15km - 01:29:58, 20km - 02:00:32, 21km - 02:07:03, 25km - 02:30:35, 30km - 03:04:42, 35km - 03:42:35, 40km - 04:26:22									
4924	1587	WOJSZCZYK Michal	SZCZECIN	Bridgestone Stargard Runners	POL	M30	1461	04:46:47	04:53:24		4163
		5km - 00:30:21, 10km - 01:00:30, 15km - 01:30:06, 20km - 01:59:52, 21km - 02:06:26, 25km - 02:31:19, 30km - 03:10:40, 35km - 03:50:53, 40km - 04:31:28									
4925	6657	MARKANICZ Jarosław	SZCZECINEK	Rzeczne Bobry Szczecinek	POL	M45	627	04:46:48	04:53:45		4165
		5km - 00:31:40, 10km - 01:05:24, 15km - 01:36:31, 20km - 02:08:38, 21km - 02:15:41, 25km - 02:40:22, 30km - 03:15:38, 35km - 03:51:30, 40km - 04:30:59									
4926	2072	BUGIERA Konrad	POZNAŃ		POL	M30	1462	04:46:50	04:55:50		4166
		5km - 00:32:19, 10km - 01:03:54, 15km - 01:35:08, 20km - 02:07:27, 21km - 02:14:31, 25km - 02:41:24, 30km - 03:18:19, 35km - 03:53:38, 40km - 04:30:45									
4927	3578	KOPA Jacek	LUBOŃ		POL	M40	1044	04:46:55	04:52:58		4167
		5km - 00:29:08, 10km - 00:58:37, 15km - 01:27:19, 20km - 01:57:11, 21km - 02:03:49, 25km - 02:28:10, 30km - 03:01:06, 35km - 03:40:39, 40km - 04:27:17									
4928	1594	PATORA Jacek	PŁOCK		POL	M45	628	04:46:55	04:54:50		4167
		5km - 00:29:15, 10km - 00:59:42, 15km - 01:29:22, 20km - 02:00:28, 21km - 02:07:54, 25km - 02:33:38, 30km - 03:10:10, 35km - 03:51:11, 40km - 04:30:56									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
4929	1180	ŁUBKOWSKA Kamila	SZAMOCIN		POL	K30	331	04:46:57	04:53:15	761	
		5km - 00:30:47, 10km - 01:01:53, 15km - 01:32:22, 20km - 02:03:58, 21km - 02:11:12, 25km - 02:36:30, 30km - 03:12:27, 35km - 03:51:50, 40km - 04:31:18									
4930	7128	PALIWODA Adam	EŁK		POL	M40	1045	04:46:58	04:52:05		4169
		5km - 00:28:20, 10km - 00:56:11, 15km - 01:23:48, 20km - 01:52:18, 21km - 01:58:28, 25km - 02:22:45, 30km - 03:01:28, 35km - 03:46:20, 40km - 04:31:04									
4931	3252	BRODA Monika	WARSZAWA		POL	K18	108	04:47:01	04:55:12	762	
		5km - 00:32:57, 10km - 01:05:40, 15km - 01:37:58, 20km - 02:10:39, 21km - 02:17:40, 25km - 02:43:32, 30km - 03:17:37, 35km - 03:54:03, 40km - 04:31:25									
4932	3930	PRZESPOLEWSKI Rafał	STUDZIENIEC	Wrzosowa	POL	M40	1046	04:47:03	04:53:15		4170
		5km - 00:31:37, 10km - 01:03:50, 15km - 01:35:04, 20km - 02:07:21, 21km - 02:14:28, 25km - 02:39:46, 30km - 03:15:08, 35km - 03:52:34, 40km - 04:30:42									
4933	4508	WIĘCKOWSKI Bartosz	ZGIERZ		POL	M18	475	04:47:03	04:53:44		4170
		5km - 00:30:47, 10km - 01:01:07, 15km - 01:31:32, 20km - 02:01:48, 21km - 02:08:43, 25km - 02:33:58, 30km - 03:10:24, 35km - 03:50:11, 40km - 04:32:14									
4934	3441	CIESIELSKI Jan	TORUŃ	PGB Sportowa Paczka	POL	M45	629	04:47:08	04:52:56		4172
		5km - 00:28:20, 10km - 00:56:53, 15km - 01:25:08, 20km - 01:55:12, 21km - 02:02:01, 25km - 02:28:00, 30km - 03:03:16, 35km - 03:40:49, 40km - 04:29:35									
4935	5802	CIESIELSKI Jerzy	TORUŃ	#1512WingedHearts	POL	M18	476	04:47:09	04:52:57		4173
		5km - 00:28:20, 10km - 00:56:53, 15km - 01:25:08, 20km - 01:55:09, 21km - 02:02:02, 25km - 02:28:01, 30km - 03:03:18, 35km - 03:40:47, 40km - 04:29:35									
4936	6082	SPYCHALSKI Artur	KALISZ		POL	M50	269	04:47:09	04:55:58		4173
		5km - 00:32:28, 10km - 01:05:45, 15km - 01:38:15, 20km - 02:11:25, 21km - 02:18:51, 25km - 02:45:26, 30km - 03:20:13, 35km - 03:55:40, 40km - 04:32:18									
4937	4792	ZENDLEWICZ Marek	SKOKI		POL	M60	80	04:47:10	04:52:57		4175
		5km - 00:29:11, 10km - 00:59:21, 15km - 01:28:37, 20km - 01:58:46, 21km - 02:05:34, 25km - 02:29:12, 30km - 03:06:26, 35km - 03:55:06, 40km - 04:32:05									
4938	954	LASOTA Mateusz	RUDA ŚLĄSKA		POL	M18	477	04:47:12	04:49:27		4176
		5km - 00:25:09, 10km - 00:50:14, 15km - 01:15:48, 20km - 01:46:42, 21km - 01:53:45, 25km - 02:20:18, 30km - 02:58:53, 35km - 03:48:18, 40km - 04:34:00									
4939	942	LASOTA Tomasz	CHORZÓW		POL	M40	1047	04:47:12	04:49:27		4176
		5km - 00:25:20, 10km - 00:50:31, 15km - 01:15:51, 20km - 01:46:42, 21km - 01:53:29, 25km - 02:20:17, 30km - 02:58:53, 35km - 03:48:18, 40km - 04:34:04									
4940	510	GRUBA Jacek	BRZOZA		POL	M55	171	04:47:13	04:53:45		4178
		5km - 00:31:47, 10km - 01:04:21, 15km - 01:36:31, 20km - 02:10:40, 21km - 02:18:12, 25km - 02:44:28, 30km - 03:20:18, 35km - 03:57:11, 40km - 04:32:41									
4941	1965	SOJA Paweł	WROCŁAW		POL	M45	630	04:47:15	04:53:23		4179
		5km - 00:31:42, 10km - 01:03:06, 15km - 01:34:09, 20km - 02:06:17, 21km - 02:13:28, 25km - 02:39:15, 30km - 03:13:54, 35km - 03:51:46, 40km - 04:29:48									
4942	3309	MAYER Tomasz	POZNAŃ	Wojtek jest wielki	POL	M30	1463	04:47:16	04:51:48		4180
		5km - 00:28:29, 10km - 00:57:56, 15km - 01:26:34, 20km - 01:56:47, 21km - 02:04:45, 25km - 02:31:12, 30km - 03:08:36, 35km - 03:48:22, 40km - 04:30:14									
4943	2940	PRADZINSKI Stanislaw	CHOJNICE	Florian Chojnice	POL	M50	270	04:47:19	04:53:29		4181
		5km - 00:28:29, 10km - 00:56:51, 15km - 01:25:08, 20km - 01:54:13, 21km - 02:00:41, 25km - 02:24:23, 30km - 03:01:33, 35km - 03:40:41, 40km - 04:26:51									
4944	3734	BINIAK Paweł	GRODZISK WLKP	Speed B	POL	M30	1464	04:47:20	04:55:54		4182
		5km - 00:31:51, 10km - 01:04:27, 15km - 01:37:02, 20km - 02:10:18, 21km - 02:18:00, 25km - 02:42:41, 30km - 03:17:21, 35km - 03:56:10, 40km - 04:33:19									
4945	5845	HENCLEWSKA Dagmara	POZNAŃ		POL	K30	332	04:47:21	04:52:08	763	
		5km - 00:28:55, 10km - 00:57:43, 15km - 01:26:20, 20km - 01:55:50, 21km - 02:02:42, 25km - 02:26:51, 30km - 03:02:44, 35km - 03:44:30, 40km - 04:32:43									
4946	2775	NEJMAN Tomasz	KRUSZEWNIA	MJDOP	POL	M45	631	04:47:25	04:50:10		4183
		5km - 00:27:27, 10km - 00:54:37, 15km - 01:21:35, 20km - 01:50:07, 21km - 01:56:35, 25km - 02:22:42, 30km - 02:57:07, 35km - 03:43:02, 40km - 04:30:14									
4947	2069	ZBROWSKI Michał	NOWA WIEŚ WARSZAWSKA	Biegnę, żeby Bartek mógł biegać	POL	M30	1465	04:47:25	04:53:41		4183
		5km - 00:30:19, 10km - 01:00:44, 15km - 01:30:50, 20km - 02:00:57, 21km - 02:08:48, 25km - 02:34:45, 30km - 03:13:06, 35km - 03:54:59, 40km - 04:32:27									
4948	5113	KAPELAŃCZYK Łukasz	ŻURAWICE	Kobierzyce	POL	M30	1466	04:47:27	04:52:17		4185
		5km - 00:28:16, 10km - 00:56:08, 15km - 01:23:51, 20km - 01:52:36, 21km - 01:59:21, 25km - 02:28:40, 30km - 03:12:41, 35km - 03:53:01, 40km - 04:31:27									
4949	5014	ŻYWICKI Paweł	LUBIN	10Wpdow	POL	M30	1466	04:47:27	04:52:17		4185
		5km - 00:28:16, 10km - 00:56:09, 15km - 01:23:50, 20km - 01:52:36, 21km - 01:59:29, 25km - 02:28:41, 30km - 03:12:41, 35km - 03:53:02, 40km - 04:31:32									
4950	3678	GAJEWSKI Przemysław	SZCZECIN	SyberianHamster	POL	M40	1048	04:47:28	04:53:40		4187
		5km - 00:29:10, 10km - 00:58:40, 15km - 01:28:06, 20km - 01:57:55, 21km - 02:04:30, 25km - 02:28:09, 30km - 02:58:38, 35km - 03:42:29, 40km - 04:26:21									
4951	1379	GORDON Michał	TORUŃ		POL	M40	1049	04:47:29	04:52:07		4188
		5km - 00:28:29, 10km - 00:57:24, 15km - 01:27:01, 20km - 01:59:15, 21km - 02:06:46, 25km - 02:32:51, 30km - 03:11:40, 35km - 03:49:09, 40km - 04:30:32									
4952	6221	PELCZYŃSKI Bartosz	ROGALIN		POL	M18	478	04:47:34	04:49:30		4189
		5km - 00:24:45, 10km - 00:49:37, 15km - 01:14:20, 20km - 01:42:21, 21km - 01:48:52, 25km - 02:17:45, 30km - 02:58:04, 35km - 03:45:36, 40km - 04:30:53									
4953	5570	RYCHTER Krystian	GDAŃSK		POL	M18	479	04:47:35	04:54:42		4190
		5km - 00:31:46, 10km - 01:04:29, 15km - 01:36:21, 20km - 02:09:07, 21km - 02:16:27, 25km - 02:41:36, 30km - 03:15:10, 35km - 03:52:26, 40km - 04:31:07									
4954	6897	ANDRZEJCZAK Tomasz	SZCZYTNIKI		POL	M40	1050	04:47:38	04:55:07		4191
		5km - 00:31:04, 10km - 01:03:21, 15km - 01:35:26, 20km - 02:07:41, 21km - 02:14:44, 25km - 02:39:43, 30km - 03:11:46, 35km - 03:47:22, 40km - 04:30:35									
4955	246	JERZYK Waldemar	OSTRÓW WIELKOPOLSKI		POL	M40	1051	04:47:39	04:52:51		4192
		5km - 00:28:16, 10km - 00:56:03, 15km - 01:23:40, 20km - 01:52:33, 21km - 01:59:24, 25km - 02:26:17, 30km - 03:08:45, 35km - 03:55:40, 40km - 04:32:53									
4956	1524	MIERZWA Damian	SĘPÓLNO KRAJEŃSKIE	Run Team Sępólno Krajeńskie	POL	M30	1468	04:47:40	04:54:47		4193
		5km - 00:31:46, 10km - 01:04:28, 15km - 01:36:22, 20km - 02:09:07, 21km - 02:16:26, 25km - 02:41:36, 30km - 03:15:10, 35km - 03:52:26, 40km - 04:31:04									
4957	2855	PASZKOWSKI Stanisław	MALBORK	PGB SPORTOWA PACZKA	POL	M45	632	04:47:42	04:53:30		4194
		5km - 00:29:31, 10km - 01:00:09, 15km - 01:28:34, 20km - 01:59:33, 21km - 02:07:31, 25km - 02:32:51, 30km - 03:11:07, 35km - 03:50:54, 40km - 04:32:03									
4958	5717	WYWRÓT Klaudia	KRAKÓW		POL	K30	333	04:47:45	04:55:43	764	
		5km - 00:30:17, 10km - 01:00:31, 15km - 01:30:25, 20km - 02:01:57, 21km - 02:11:15, 25km - 02:36:19, 30km - 03:15:15, 35km - 03:55:49, 40km - 04:32:45									
4959	588	GAZARKIEWICZ Antoni	GDAŃSK		POL	M65	34	04:47:52	04:53:39		4195
		5km - 00:29:08, 10km - 00:59:51, 15km - 01:29:43, 20km - 02:01:00, 21km - 02:08:57, 25km - 02:34:44, 30km - 03:11:32, 35km - 03:50:05, 40km - 04:28:27									
4960	6912	NAWROCKI Paweł	WARSZAWA	Energize Your Life	POL	M30	1469	04:47:53	04:50:51		4196
		5km - 00:27:47, 10km - 00:56:53, 15km - 01:25:21, 20km - 01:54:47, 21km - 02:01:20, 25km - 02:24:58, 30km - 03:05:10, 35km - 03:49:18, 40km - 04:32:23									
4961	6797	MATUSIAK Jarek	GARBY	SOBIE BIEGAM	POL	M40	1052	04:47:56	04:49:14		4197
		5km - 00:28:20, 10km - 00:58:04, 15km - 01:28:03, 20km - 01:59:44, 21km - 02:06:41, 25km - 02:32:35, 30km - 03:12:29, 35km - 03:51:54, 40km - 04:31:20									
4962	4370	SZUKAŁA Jacek	POZNAŃ		POL	M60	81	04:47:56	04:53:27		4197
		5km - 00:32:08, 10km - 01:05:45, 15km - 01:38:12, 20km - 02:12:03, 21km - 02:20:11, 25km - 02:45:16, 30km - 03:19:20, 35km - 03:53:59, 40km - 04:32:06									
4963	4085	KAZYAKA Rafał	ŚREM	REHAU CROSSACTIVE	POL	M40	1053	04:47:57	04:53:31		4199
		5km - 00:33:01, 10km - 01:06:57, 15km - 01:39:56, 20km - 02:18:22, 21km - 02:26:55, 25km - 02:51:06, 30km - 03:25:22, 35km - 03:59:23, 40km - 04:33:44									
4964	4779	CIESIELCZYK Waldemar	POZNAŃ		POL	M55	172	04:48:01	04:55:06		4200
		5km - 00:30:04, 10km - 01:00:14, 15km - 01:30:05, 20km - 02:00:48, 21km - 02:07:50, 25km - 02:33:27, 30km - 03:10:11, 35km - 03:53:39, 40km - 04:31:47									
4965	2618	MACIEJCZYK Karolina	DANKOWICE		POL	K30	334	04:48:02	04:55:06	765	
		5km - 00:32:48, 10km - 01:05:57, 15km - 01:38:31, 20km - 02:11:29, 21km - 02:18:42, 25km - 02:44:34, 30km - 03:20:41, 35km - 03:57:18, 40km - 04:32:30									
4966	3584	GOLKA Beata	DĄBROWA GÓRNICZA		POL	K30	335	04:48:03	04:53:45	766	
		5km - 00:29:01, 10km - 00:58:47, 15km - 01:28:43, 20km - 02:02:35, 21km - 02:10:31, 25km - 02:38:14, 30km - 03:16:44, 35km - 03:54:11, 40km - 04:32:17									
4967	1134	KOWALCZYK Mariusz	SZCZYTNIKI DUCHOWNE		POL	M55	173	04:48:11	04:54:40		4201
		5km - 00:28:50, 10km - 00:58:13, 15km - 01:26:37, 20km - 01:55:44, 21km - 02:02:26, 25km - 02:28:24, 30km - 03:08:13, 35km - 03:52:07, 40km - 04:32:52									
4968	889	MIKOŁAJCZAK Hubert	DARNOWO	Szymanowski Team	POL	M18	480	04:48:11	04:49:04		4201
		5km - 00:25:32, 10km - 00:51:51, 15km - 01:18:13, 20km - 01:46:20, 21km - 01:53:06, 25km - 02:17:26, 30km - 03:00:40, 35km - 03:43:07, 40km - 04:30:30									
4969	2782	DUDKOWIAK Łukasz	ROGOŹNO WLKP	ATLAS RUNNING TEAM	POL	M40	1054	04:48:12	04:56:12		4203
		5km - 00:32:01, 10km - 01:05:14, 15km - 01:37:03, 20km - 02:09:42, 21km - 02:18:05, 25km - 02:43:59, 30km - 03:20:28, 35km - 03:57:23, 40km - 04:33:09									
4970	6317	PUCEK Jarosław	SIEKIERKI WIELKIE		POL	M40	1054	04:48:12	04:55:57		4203
		5km - 00:32:10, 10km - 01:05:01, 15km - 01:37:12, 20km - 02:09:10, 21km - 02:15:38, 25km - 02:40:38, 30km - 03:14:35, 35km - 03:52:02, 40km - 04:32:30									
4971	6704	CHMIELARSKI Robert	DĄBROWA GÓRNICZA	PKO BP	POL	M40	1056	04:48:13	04:55:41		4205
		5km - 00:30:55, 10km - 01:03:07, 15km - 01:34:37, 20km - 02:07:02, 21km - 02:13:56, 25km - 02:38:54, 30km - 03:12:17, 35km - 03:51:50, 40km - 04:31:37									
4972	1222	GLAPIAK-PRZYTUŁA Agnieszka	KĄKOLEWO		POL	K40	194	04:48:13	04:52:35	767	
		5km - 00:28:23, 10km - 00:57:24, 15km - 01:26:22, 20km - 01:58:20, 21km - 02:06:11, 25km - 02:31:51, 30km - 03:12:59, 35km - 03:50:36, 40km - 04:32:07									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
4973	6541	KRUK Łukasz	SKOKI	Nowak.Run	POL	M30	1470	04:48:13	04:56:12		4205
		5km - 00:32:02, 10km - 01:05:14, 15km - 01:37:03, 20km - 02:09:43, 21km - 02:18:06, 25km - 02:44:01, 30km - 03:20:30, 35km - 03:57:24, 40km - 04:33:09									
4974	2464	MACIASZCZYK Marek	ROGOŹNO	M&M ROGOŹNO	POL	M50	271	04:48:14	04:56:13		4207
		5km - 00:32:03, 10km - 01:05:14, 15km - 01:37:03, 20km - 02:09:43, 21km - 02:18:07, 25km - 02:44:01, 30km - 03:20:31, 35km - 03:57:25, 40km - 04:33:16									
4975	1502	ZAWADA Marta	PIŁA		POL	K40	195	04:48:16	04:56:09	768	
		5km - 00:32:00, 10km - 01:04:17, 15km - 01:36:20, 20km - 02:09:41, 21km - 02:17:27, 25km - 02:43:51, 30km - 03:20:09, 35km - 03:57:52, 40km - 04:33:40									
4976	5200	Zawodnik anonimowy				M30	1471	04:48:17	04:50:41		4208
		5km - 00:25:03, 10km - 00:50:06, 15km - 01:15:30, 20km - 01:41:55, 21km - 01:47:37, 25km - 02:20:32, 30km - 03:09:18, 35km - 03:54:08, 40km - 04:33:30									
4977	2810	KWAŚNY Tomasz	POZNAŃ		POL	M40	1057	04:48:18	04:54:53		4209
		5km - 00:31:40, 10km - 01:03:25, 15km - 01:34:29, 20km - 02:06:34, 21km - 02:13:54, 25km - 02:39:51, 30km - 03:16:04, 35km - 03:54:05, 40km - 04:32:58									
4978	677	OLEWNIK Krzysztof	WARSZAWA	Alior Running Team	POL	M40	1057	04:48:18	04:54:26		4209
		5km - 00:29:12, 10km - 00:58:43, 15km - 01:28:09, 20km - 01:59:38, 21km - 02:07:14, 25km - 02:35:28, 30km - 03:15:34, 35km - 03:54:37, 40km - 04:33:22									
4979	3622	ROZKOSZ Ewa	WROCŁAW	Sobas Team	POL	K30	336	04:48:23	04:53:38	769	
		5km - 00:28:14, 10km - 00:56:05, 15km - 01:24:09, 20km - 01:52:20, 21km - 01:58:27, 25km - 02:21:04, 30km - 03:02:24, 35km - 03:40:57, 40km - 04:31:39									
4980	150	GUZEK Tadeusz	ŁUKÓW	biegacze pomagacze Łuków	POL	M55	174	04:48:25	04:54:26		4211
		5km - 00:29:18, 10km - 00:58:57, 15km - 01:28:18, 20km - 01:58:08, 21km - 02:04:42, 25km - 02:28:44, 30km - 03:08:21, 35km - 03:50:45, 40km - 04:32:39									
4981	411	GUZENDA Dawid	POZNAŃ	Aktywny Ostrzeszów	POL	M30	1472	04:48:26	04:53:59		4212
		5km - 00:27:50, 10km - 00:55:48, 15km - 01:23:53, 20km - 01:52:31, 21km - 01:58:54, 25km - 02:22:25, 30km - 02:55:43, 35km - 03:37:48, 40km - 04:27:51									
4982	5193	SIARA Bartosz	SOSNOWIEC	13 Śląska Brygada Obrony Terytorialnej	POL	M30	1473	04:48:27	04:56:15		4213
		5km - 00:31:57, 10km - 01:04:40, 15km - 01:36:58, 20km - 02:10:55, 21km - 02:18:27, 25km - 02:44:57, 30km - 03:19:28, 35km - 03:55:08, 40km - 04:31:27									
4983	7214	KĘDRA-SULEJ Agnieszka	WARSZAWA	Wojskowa Akademia Techniczna / AKS-Soft	POL	K40	196	04:48:28	04:57:01	770	
		5km - 00:32:19, 10km - 01:05:15, 15km - 01:38:21, 20km - 02:11:52, 21km - 02:19:37, 25km - 02:45:54, 30km - 03:21:26, 35km - 03:56:20, 40km - 04:33:06									
4984	5879	BŁASZCZYK Jakub	MIESZKÓW	Bridgestone	POL	M30	1474	04:48:29	04:50:13		4214
		5km - 00:27:15, 10km - 00:54:47, 15km - 01:23:17, 20km - 01:54:19, 21km - 02:01:29, 25km - 02:28:59, 30km - 03:09:04, 35km - 03:49:50, 40km - 04:32:09									
4985	5573	KOPYDŁOWSKI Mateusz	POZNAŃ		POL	M18	481	04:48:31	04:51:37		4215
		5km - 00:30:15, 10km - 00:59:23, 15km - 01:28:15, 20km - 01:58:12, 21km - 02:05:03, 25km - 02:28:45, 30km - 03:02:00, 35km - 03:42:04, 40km - 04:30:54									
4986	4907	KUPCZYK Przemysław	ŁÓDŹ	Dzik Komando	POL	M30	1475	04:48:31	04:51:39		4215
		5km - 00:30:08, 10km - 01:01:02, 15km - 01:31:33, 20km - 02:02:29, 21km - 02:12:19, 25km - 02:35:39, 30km - 03:10:14, 35km - 03:50:37, 40km - 04:33:11									
4987	1244	GUZEK Barbara	LUSÓWKO		POL	K40	197	04:48:33	04:54:21	771	
		5km - 00:30:23, 10km - 01:00:35, 15km - 01:30:41, 20km - 02:01:44, 21km - 02:08:51, 25km - 02:35:53, 30km - 03:13:23, 35km - 03:51:41, 40km - 04:30:14									
4988	1969	LISEWSKA Anna	LUSÓWKO		POL	K40	197	04:48:33	04:54:21	771	
		5km - 00:30:22, 10km - 01:00:35, 15km - 01:30:40, 20km - 02:01:44, 21km - 02:08:51, 25km - 02:35:53, 30km - 03:13:23, 35km - 03:51:40, 40km - 04:29:59									
4989	3573	Zawodnik anonimowy				M30	1476	04:48:37	04:56:57		4217
		5km - 00:32:22, 10km - 01:05:00, 15km - 01:36:57, 20km - 02:10:29, 21km - 02:18:16, 25km - 02:43:57, 30km - 03:18:33, 35km - 03:55:14, 40km - 04:34:21									
4990	3929	LUBIŃSKI Robert	BYDGOSZCZ	CS Group Runners Team	POL	M30	1477	04:48:38	04:54:32		4218
		5km - 00:29:22, 10km - 00:59:05, 15km - 01:29:20, 20km - 02:02:46, 21km - 02:10:10, 25km - 02:38:38, 30km - 03:17:50, 35km - 03:57:06, 40km - 04:34:07									
4991	6646	OSSES Marcin	POZNAŃ		POL	M30	1477	04:48:38	04:54:04		4218
		5km - 00:28:08, 10km - 00:56:00, 15km - 01:23:40, 20km - 01:53:57, 21km - 02:01:04, 25km - 02:28:11, 30km - 03:08:51, 35km - 03:52:52, 40km - 04:33:35									
4992	2128	DRZYMAŁA Roman	GRODZISK WIELKOPOLSKI		POL	M40	1059	04:48:40	04:57:13		4220
		5km - 00:32:02, 10km - 01:04:39, 15km - 01:36:58, 20km - 02:11:02, 21km - 02:18:19, 25km - 02:44:38, 30km - 03:19:05, 35km - 03:53:14, 40km - 04:30:55									
4993	2912	STRZELECKI Lesław	KLESZCZÓW	MES Kleszczów	POL	M55	175	04:48:43	04:54:17		4221
		5km - 00:30:28, 10km - 01:01:15, 15km - 01:32:02, 20km - 02:05:18, 21km - 02:12:24, 25km - 02:38:11, 30km - 03:14:51, 35km - 03:56:50, 40km - 04:33:32									
4994	5311	MACIEJEWSKI Szymon	ŁOMIANKI DOLNE	Maciejewscy Team	POL	M40	1060	04:48:47	04:53:59		4222
		5km - 00:28:26, 10km - 00:56:37, 15km - 01:25:33, 20km - 01:54:57, 21km - 02:01:24, 25km - 02:24:50, 30km - 03:00:41, 35km - 03:41:59, 40km - 04:27:04									
4995	4198	ZAKROCKI Arkadiusz	SZCZECIN	Ampio Team	POL	M18	482	04:48:47	04:57:51		4222
		5km - 00:31:52, 10km - 01:03:20, 15km - 01:34:17, 20km - 02:05:39, 21km - 02:12:27, 25km - 02:37:28, 30km - 03:14:07, 35km - 03:50:29, 40km - 04:32:43									
4996	5704	HAWRYLUK-WIRASZKA Anna	SZCZECIN	Ampio Team	POL	K18	109	04:48:48	04:57:52	773	
		5km - 00:31:52, 10km - 01:03:20, 15km - 01:34:18, 20km - 02:05:40, 21km - 02:12:29, 25km - 02:37:28, 30km - 03:14:10, 35km - 03:54:50, 40km - 04:32:56									
4997	6408	ZAKROCKA Magdalena	SZCZECIN	Ampio Team	POL	K18	109	04:48:48	04:57:52	773	
		5km - 00:31:52, 10km - 01:03:20, 15km - 01:34:18, 20km - 02:05:39, 21km - 02:12:28, 25km - 02:37:28, 30km - 03:14:04, 35km - 03:50:29, 40km - 04:32:53									
4998	4852	KOMAROWSKI Tomasz	SZCZECIN	Ampio Team	POL	M30	1479	04:48:49	04:57:52		4224
		5km - 00:31:52, 10km - 01:03:21, 15km - 01:34:17, 20km - 02:05:40, 21km - 02:12:28, 25km - 02:37:29, 30km - 03:14:11, 35km - 03:54:51, 40km - 04:33:13									
4999	6786	GROCHOWSKI Paweł	WARSZAWA	PZU SPORT TEAM	POL	M30	1480	04:48:50	04:56:08		4225
		5km - 00:31:27, 10km - 01:03:48, 15km - 01:33:57, 20km - 02:06:04, 21km - 02:13:04, 25km - 02:37:55, 30km - 03:11:41, 35km - 03:54:29, 40km - 04:32:57									
5000	6940	WÓJCICKI Marcin	ŁĘCZNA	Łęczna Biega	POL	M40	1061	04:48:53	04:53:32		4226
		5km - 00:27:50, 10km - 00:55:03, 15km - 01:22:26, 20km - 01:50:40, 21km - 01:57:18, 25km - 02:25:22, 30km - 03:05:12, 35km - 03:52:44, 40km - 04:34:55									
5001	5124	HOPPE Bronisław	SOCHACZEW		POL	M30	1481	04:48:54	04:53:27		4227
		5km - 00:27:14, 10km - 00:54:06, 15km - 01:21:10, 20km - 01:49:02, 21km - 01:56:03, 25km - 02:19:28, 30km - 02:55:18, 35km - 03:37:57, 40km - 04:28:55									
5002	6880	SZYMAŃSKI Robert	GORZÓW WIELKOPOLSKI		POL	M40	1062	04:48:54	04:50:22		4227
		5km - 00:27:13, 10km - 00:54:31, 15km - 01:21:36, 20km - 01:49:34, 21km - 01:56:09, 25km - 02:18:49, 30km - 02:51:32, 35km - 03:42:54, 40km - 04:31:18									
5003	212	ŁABĘCKI Krzysztof	ZIELONA GÓRA		POL	M40	1062	04:48:54	04:55:21		4227
		5km - 00:29:07, 10km - 00:59:35, 15km - 01:28:21, 20km - 01:57:54, 21km - 02:04:39, 25km - 02:27:58, 30km - 03:00:01, 35km - 03:40:15, 40km - 04:27:43									
5004	2558	DRAGUŁA Maciej	KĄTY WROCŁAWSKIE		POL	M18	483	04:48:57	04:56:34		4230
		5km - 00:30:57, 10km - 01:01:07, 15km - 01:29:43, 20km - 01:59:38, 21km - 02:06:15, 25km - 02:29:51, 30km - 03:00:01, 35km - 03:30:52, 40km - 04:30:41									
5005	6355	MUSZYŃSKI Jan	KATOWICE	BBJM	POL	M70	8	04:48:59	04:55:20		4231
		5km - 00:31:17, 10km - 01:04:09, 15km - 01:34:42, 20km - 02:08:00, 21km - 02:15:22, 25km - 02:41:24, 30km - 03:17:56, 35km - 03:56:30, 40km - 04:34:41									
5006	4664	ZGÓRECKI Wojciech	GNIEZNO		POL	M40	1064	04:48:59	04:57:11		4231
		5km - 00:30:28, 10km - 01:03:18, 15km - 01:34:56, 20km - 02:08:14, 21km - 02:16:55, 25km - 02:43:26, 30km - 03:19:05, 35km - 03:56:11, 40km - 04:33:24									
5007	695	GRUSZCZYŃSKI Paweł	GDAŃSK		POL	M30	1482	04:49:00	04:51:28		4233
		5km - 00:26:21, 10km - 00:54:39, 15km - 01:23:35, 20km - 01:54:41, 21km - 02:01:41, 25km - 02:30:03, 30km - 03:07:41, 35km - 03:49:42, 40km - 04:32:02									
5008	3256	MIELCAREK Beniamin	KOŚCIELNA WIEŚ		POL	M40	1065	04:49:00	04:57:01		4233
		5km - 00:31:30, 10km - 01:03:24, 15km - 01:35:07, 20km - 02:07:41, 21km - 02:15:21, 25km - 02:40:09, 30km - 03:15:47, 35km - 03:55:19, 40km - 04:36:24									
5009	4033	RAKOWSKI Andrzej	POZNAŃ		POL	M18	484	04:49:02	04:56:48		4235
		5km - 00:31:25, 10km - 01:03:24, 15km - 01:35:19, 20km - 02:07:36, 21km - 02:14:34, 25km - 02:40:26, 30km - 03:17:44, 35km - 03:56:07, 40km - 04:33:08									
5010	2615	ŁUPICKI Andrzej	OSIECZNA	OSIECZNA BIEGA	POL	M45	633	04:49:04	04:55:54		4236
		5km - 00:29:46, 10km - 00:59:19, 15km - 01:28:34, 20km - 01:58:14, 21km - 02:04:58, 25km - 02:29:08, 30km - 03:04:08, 35km - 03:42:43, 40km - 04:27:13									
5011	5829	CUGIER Mariola	GOLINA		POL	K45	84	04:49:08	04:55:31	775	
		5km - 00:28:59, 10km - 00:58:31, 15km - 01:27:54, 20km - 01:57:49, 21km - 02:04:24, 25km - 02:29:27, 30km - 03:05:16, 35km - 03:45:22, 40km - 04:32:19									
5012	4157	GIERA Marcin	POZNAŃ		POL	M18	485	04:49:09	04:55:16		4237
		5km - 00:31:52, 10km - 01:03:31, 15km - 01:34:56, 20km - 02:07:07, 21km - 02:14:20, 25km - 02:39:41, 30km - 03:12:56, 35km - 03:47:08, 40km - 04:31:31									
5013	1128	GODECKI Marek	DOBRZEŃ WIELKI	TOR DOBRZEŃ WIELKI	POL	M40	1066	04:49:10	04:55:47		4238
		5km - 00:31:34, 10km - 01:01:41, 15km - 01:31:11, 20km - 02:00:55, 21km - 02:07:32, 25km - 02:34:50, 30km - 03:12:29, 35km - 03:51:24, 40km - 04:32:49									
5014	835	MADERA Krzysztof	CHOJNA	AGB NYGUS	POL	M30	1483	04:49:10	04:57:46		4238
		5km - 00:32:13, 10km - 01:05:07, 15km - 01:37:37, 20km - 02:10:44, 21km - 02:18:33, 25km - 02:44:54, 30km - 03:21:24, 35km - 03:57:33, 40km - 04:33:48									
5015	808	TROCHIMIUK Justyna	MORYŃ	AGB NYGUS	POL	K40	199	04:49:11	04:57:47	776	
		5km - 00:32:13, 10km - 01:05:07, 15km - 01:37:37, 20km - 02:10:44, 21km - 02:18:33, 25km - 02:44:50, 30km - 03:21:24, 35km - 03:57:29, 40km - 04:33:47									
5016	335	ŚWIERCZYŃSKI Zbigniew	CZERSK	T11	POL	M65	35	04:49:12	04:53:27		4240
		5km - 00:27:31, 10km - 00:54:22, 15km - 01:22:32, 20km - 01:49:08, 21km - 01:56:17, 25km - 02:19:19, 30km - 02:56:20, 35km - 03:41:35, 40km - 04:29:12									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
5017	338	JÓZEFOWICZ Maciej	KOZIE GŁOWY	T12 przewodnik	POL	M45	634	04:49:13	04:53:27		4241
		5km - 00:27:32, 10km - 00:54:23, 15km - 01:22:33, 20km - 01:49:09, 21km - 01:56:18, 25km - 02:19:20, 30km - 02:56:20, 35km - 03:41:37, 40km - 04:29:13									
5018	862	SZULTKA Mariusz	KOSZALIN		POL	M30	1484	04:49:15	04:58:22		4242
		5km - 00:30:02, 10km - 01:01:25, 15km - 01:31:27, 20km - 02:03:16, 21km - 02:10:19, 25km - 02:38:59, 30km - 03:12:10, 35km - 03:52:13, 40km - 04:32:20									
5019	4292	HOFFMANN Przemysław	ZŁOTKOWO		POL	M40	1067	04:49:18	04:50:12		4243
		5km - 00:26:13, 10km - 00:53:07, 15km - 01:19:50, 20km - 01:47:42, 21km - 01:56:37, 25km - 02:19:38, 30km - 03:01:10, 35km - 03:46:33, 40km - 04:30:25									
5020	5923	GAPSKI Piotr	ROGALIN	LOFTteamEXTREME	POL	M30	1485	04:49:19	04:55:25		4244
		5km - 00:30:48, 10km - 01:02:51, 15km - 01:34:19, 20km - 02:08:57, 21km - 02:17:03, 25km - 02:46:25, 30km - 03:24:24, 35km - 04:01:55, 40km - 04:36:26									
5021	897	GŁOGOWSKI Adam	WROCŁAW	NOA	POL	M30	1485	04:49:19	04:57:36		4244
		5km - 00:32:05, 10km - 01:04:02, 15km - 01:35:57, 20km - 02:09:03, 21km - 02:17:32, 25km - 02:45:07, 30km - 03:22:05, 35km - 03:59:31, 40km - 04:35:17									
5022	2024	KARWAT Karol	POZNAŃ		POL	M30	1485	04:49:19	04:59:03		4244
		5km - 00:30:16, 10km - 01:01:38, 15km - 01:32:08, 20km - 02:03:26, 21km - 02:10:49, 25km - 02:35:35, 30km - 03:11:13, 35km - 03:49:37, 40km - 04:30:34									
5023	493	SALITA Lech	GNIEZNO		POL	M55	176	04:49:20	04:57:47		4247
		5km - 00:32:51, 10km - 01:06:08, 15km - 01:38:49, 20km - 02:11:54, 21km - 02:19:32, 25km - 02:45:45, 30km - 03:20:50, 35km - 03:57:23, 40km - 04:34:27									
5024	6149	STEPANIAN Arthur	KHARKOV		UKR	M30	1488	04:49:20	04:55:31		4247
		5km - 00:29:06, 10km - 00:58:46, 15km - 01:28:05, 20km - 01:57:41, 21km - 02:04:30, 25km - 02:28:18, 30km - 03:06:57, 35km - 03:47:39, 40km - 04:30:35									
5025	5401	PIETROSIUK Romuald	MIĘDZYRZEC PODLASKI		POL	M65	36	04:49:21	04:57:58		4249
		5km - 00:32:58, 10km - 01:06:40, 15km - 01:38:39, 20km - 02:11:48, 21km - 02:19:04, 25km - 02:45:18, 30km - 03:20:20, 35km - 03:56:12, 40km - 04:32:48									
5026	960	GRABOWSKI Mikołaj	ŁÓDŹ	Vege Runners	POL	M30	1489	04:49:22	04:56:00		4250
		5km - 00:30:30, 10km - 01:00:37, 15km - 01:30:29, 20km - 02:01:16, 21km - 02:08:33, 25km - 02:37:02, 30km - 03:19:21, 35km - 04:01:08, 40km - 04:35:56									
5027	6245	SZYMAŃSKI Maciek	POZNAŃ		POL	M45	635	04:49:22	04:50:44		4250
		5km - 00:24:12, 10km - 00:48:06, 15km - 01:11:58, 20km - 01:38:04, 21km - 01:44:24, 25km - 02:10:34, 30km - 02:58:29, 35km - 03:41:45, 40km - 04:27:44									
5028	2531	PŁOŃCZAK Dariusz	BYTOM ODRZAŃSKI	KGHM P30	POL	M50	272	04:49:25	04:57:42		4252
		5km - 00:32:56, 10km - 01:05:44, 15km - 01:39:14, 20km - 02:11:25, 21km - 02:17:56, 25km - 02:44:33, 30km - 03:20:28, 35km - 03:56:49, 40km - 04:33:51									
5029	3352	LICKIEWICZ Izabela	KOTUŃ	1 Baza Lotnictwa Transportowego	POL	K18	111	04:49:27	04:57:00	777	
		5km - 00:31:26, 10km - 01:03:35, 15km - 01:35:36, 20km - 02:10:34, 21km - 02:18:41, 25km - 02:46:53, 30km - 03:23:17, 35km - 03:59:53, 40km - 04:36:02									
5030	2569	ORNATOWSKA Maria Adela	KIELCE	Biegacz świętokrzyski	POL	K55	11	04:49:29	04:54:49	778	
		5km - 00:29:38, 10km - 01:00:27, 15km - 01:32:15, 20km - 02:06:32, 21km - 02:13:53, 25km - 02:39:46, 30km - 03:16:53, 35km - 03:54:43, 40km - 04:33:27									
5031	5590	DIKOLENKO Agnieszka	KRAKÓW		POL	K30	337	04:49:30	04:56:17	779	
		5km - 00:29:18, 10km - 00:58:37, 15km - 01:27:53, 20km - 02:00:19, 21km - 02:07:37, 25km - 02:36:34, 30km - 03:16:45, 35km - 03:57:27, 40km - 04:36:21									
5032	2156	RUDZKI Janek	KOZIEGŁOWY	QUAY POZNAŃ	POL	M40	1068	04:49:30	04:56:39		4253
		5km - 00:30:37, 10km - 01:01:56, 15km - 01:32:15, 20km - 02:04:15, 21km - 02:11:31, 25km - 02:37:35, 30km - 03:14:24, 35km - 03:55:45, 40km - 04:34:28									
5033	6001	FLISIKOWSKI Radosław	NOWA WIEŚ KOŚCIERSKA	Forrest Gump Kościerzyna	POL	M40	1069	04:49:31	04:55:17		4254
		5km - 00:28:53, 10km - 00:58:39, 15km - 01:27:17, 20km - 01:57:34, 21km - 02:04:19, 25km - 02:28:25, 30km - 03:03:13, 35km - 03:45:20, 40km - 04:30:42									
5034	6760	KALISZ Artur	MARCINKOWICE	RUN 4 FUN TEAM	POL	M45	636	04:49:32	04:57:45		4255
		5km - 00:32:28, 10km - 01:07:01, 15km - 01:39:53, 20km - 02:13:34, 21km - 02:20:59, 25km - 02:47:40, 30km - 03:24:00, 35km - 03:59:59, 40km - 04:35:05									
5035	4274	OCHMAN Stanisław	ZEMBRZYCE		POL	M45	637	04:49:34	04:56:21		4256
		5km - 00:30:42, 10km - 01:01:22, 15km - 01:31:38, 20km - 02:04:27, 21km - 02:12:16, 25km - 02:40:31, 30km - 03:19:45, 35km - 03:58:04, 40km - 04:35:11									
5036	3447	LISOWSKI Tadeusz	GORZÓW WIELKOPOLSKI		POL	M55	177	04:49:36	04:52:14		4257
		5km - 00:30:32, 10km - 01:02:23, 15km - 01:32:44, 20km - 02:03:46, 21km - 02:10:47, 25km - 02:34:20, 30km - 03:10:57, 35km - 03:53:17, 40km - 04:36:36									
5037	5325	URBAŃCZYK Ksawery	ZIMIN	For Run Team	POL	M60	82	04:49:40	04:54:31		4258
		5km - 00:27:44, 10km - 00:55:46, 15km - 01:23:28, 20km - 01:52:15, 21km - 01:58:35, 25km - 02:26:00, 30km - 03:05:40, 35km - 03:49:59, 40km - 04:31:58									
5038	1835	KRYBUS Sylwia	MIKOŁÓW	KIA ETRANS - STS BIEGATON MIKOŁÓW	POL	K50	33	04:49:41	04:51:39	780	
		5km - 00:27:05, 10km - 00:54:57, 15km - 01:23:15, 20km - 01:55:02, 21km - 02:02:08, 25km - 02:30:21, 30km - 03:09:22, 35km - 03:50:46, 40km - 04:33:19									
5039	5001	KOSAŁKA Edward	ZARY	11 DKPanc	POL	M50	273	04:49:42	04:55:24		4259
		5km - 00:29:33, 10km - 00:58:59, 15km - 01:28:04, 20km - 01:58:13, 21km - 02:05:24, 25km - 02:30:25, 30km - 03:07:18, 35km - 03:50:49, 40km - 04:31:21									
5040	2176	KANIEWSKA Monika	SKIERNIEWICE	Parkrun Skierniewice	POL	K40	200	04:49:44	04:52:34	781	
		5km - 00:27:27, 10km - 00:56:12, 15km - 01:25:49, 20km - 02:00:10, 21km - 02:07:19, 25km - 02:37:02, 30km - 03:17:49, 35km - 03:56:23, 40km - 04:34:53									
5041	2021	WYSOCKA Anna	SKIERNIEWICE		POL	K50	34	04:49:44	04:52:34	781	
		5km - 00:28:01, 10km - 00:57:02, 15km - 01:25:30, 20km - 01:55:45, 21km - 02:02:34, 25km - 02:30:24, 30km - 03:12:12, 35km - 03:57:52, 40km - 04:34:51									
5042	7259	GORZAŁCZANY Karol	NOWE BRZESKO		POL	M30	1490	04:49:51	04:51:17		4260
		5km - 00:28:24, 10km - 00:58:59, 15km - 01:29:34, 20km - 02:03:46, 21km - 02:11:56, 25km - 02:41:42, 30km - 03:19:08, 35km - 03:56:14, 40km - 04:34:11									
5043	893	FRANKOWICZ Magdalena	POZNAŃ	SNY	POL	K30	338	04:49:56	04:56:43	783	
		5km - 00:30:42, 10km - 01:01:57, 15km - 01:33:53, 20km - 02:06:12, 21km - 02:13:44, 25km - 02:40:41, 30km - 03:20:04, 35km - 03:56:49, 40km - 04:34:38									
5044	4409	GOSTYŃSKI Marcin	POZNAŃ		POL	M40	1070	04:49:59	04:55:32		4261
		5km - 00:31:13, 10km - 01:02:22, 15km - 01:33:00, 20km - 02:04:50, 21km - 02:11:52, 25km - 02:36:16, 30km - 03:16:32, 35km - 03:56:12, 40km - 04:34:50									
5045	2317	PŁACHTA Paweł	ZIELONA GÓRA	11 DKPanc	POL	M40	1070	04:49:59	04:56:48		4261
		5km - 00:30:38, 10km - 01:01:00, 15km - 01:31:24, 20km - 02:02:31, 21km - 02:10:17, 25km - 02:36:08, 30km - 03:13:06, 35km - 03:51:55, 40km - 04:33:50									
5046	6972	KOLASIŃSKI Krzysztof	POZNAŃ		POL	M40	1072	04:50:00	04:58:14		4263
		5km - 00:30:31, 10km - 01:01:24, 15km - 01:31:15, 20km - 02:02:10, 21km - 02:08:48, 25km - 02:34:31, 30km - 03:14:02, 35km - 03:53:34, 40km - 04:34:14									
5047	1702	SKROUBA Piotr	WROCŁAW		POL	M40	1072	04:50:00	04:52:59		4263
		5km - 00:27:46, 10km - 00:56:05, 15km - 01:24:08, 20km - 01:52:32, 21km - 01:59:36, 25km - 02:23:00, 30km - 02:56:30, 35km - 03:35:13, 40km - 04:29:31									
5048	6795	DĄBROWSKA Iza	POZNAŃ		POL	K40	201	04:50:01	04:58:46	784	
		5km - 00:32:11, 10km - 01:05:06, 15km - 01:36:15, 20km - 02:09:43, 21km - 02:17:10, 25km - 02:44:05, 30km - 03:20:39, 35km - 03:56:28, 40km - 04:34:18									
5049	6649	WYSOCKA-BABST Ewelina	LUBOŃ	Luboński Klub Biegacza	POL	K40	201	04:50:01	04:58:46	784	
		5km - 00:32:09, 10km - 01:05:02, 15km - 01:36:14, 20km - 02:09:44, 21km - 02:17:06, 25km - 02:44:02, 30km - 03:20:30, 35km - 03:57:22, 40km - 04:34:18									
5050	6989	ŁOJEWSKI Michał	ŁAZY		POL	M30	1491	04:50:03	04:55:39		4265
		5km - 00:32:00, 10km - 01:05:01, 15km - 01:36:42, 20km - 02:09:26, 21km - 02:16:57, 25km - 02:43:01, 30km - 03:19:23, 35km - 03:57:21, 40km - 04:34:20									
5051	3999	JASEK Dominika	GROBLICE	Tri Mission	POL	K40	203	04:50:06	04:56:44	786	
		5km - 00:30:35, 10km - 01:01:40, 15km - 01:31:54, 20km - 02:03:29, 21km - 02:10:55, 25km - 02:37:35, 30km - 03:14:24, 35km - 03:54:47, 40km - 04:33:55									
5052	1400	MATUSZKO Mariusz	WARSZAWA		POL	M45	638	04:50:06	04:54:19		4266
		5km - 00:28:33, 10km - 00:56:42, 15km - 01:23:54, 20km - 01:55:45, 21km - 02:02:41, 25km - 02:31:06, 30km - 03:09:15, 35km - 03:49:59, 40km - 04:35:45									
5053	61	MATUSZCZAK-SZULC Iwona	POZNAN		POL	K45	85	04:50:08	04:51:44	787	
		5km - 00:27:11, 10km - 00:55:19, 15km - 01:23:47, 20km - 01:55:21, 21km - 02:02:32, 25km - 02:32:10, 30km - 03:13:32, 35km - 03:56:32, 40km - 04:36:13									
5054	1200	KORALEWSKI Grzegorz	ZIELONA GÓRA		POL	M40	1074	04:50:12	04:57:57		4267
		5km - 00:32:00, 10km - 01:04:59, 15km - 01:36:38, 20km - 02:09:20, 21km - 02:16:49, 25km - 02:42:06, 30km - 03:16:26, 35km - 03:56:11, 40km - 04:33:58									
5055	782	NAGÓRSKI Robert	BORKI		POL	M30	1492	04:50:12	04:54:38		4267
		5km - 00:27:19, 10km - 00:54:27, 15km - 01:21:39, 20km - 01:51:15, 21km - 01:58:26, 25km - 02:25:14, 30km - 03:06:48, 35km - 03:52:04, 40km - 04:31:25									
5056	839	WYKRĘT Krzysztof	WARSZAWA		POL	M50	274	04:50:16	04:58:35		4269
		5km - 00:28:22, 10km - 00:57:09, 15km - 01:26:10, 20km - 01:57:44, 21km - 02:05:11, 25km - 02:32:31, 30km - 03:10:08, 35km - 03:51:22, 40km - 04:32:47									
5057	6092	RATAJCZAK Magdalena	POZNAN		POL	K40	204	04:50:19	04:58:56	788	
		5km - 00:32:17, 10km - 01:04:55, 15km - 01:37:56, 20km - 02:11:37, 21km - 02:19:00, 25km - 02:45:30, 30km - 03:21:00, 35km - 03:56:22, 40km - 04:33:32									
5058	7057	WŁOSZYŃSKI Marek	LUBOŃ	Veolia	POL	M45	639	04:50:21	04:56:24		4270
		5km - 00:29:07, 10km - 00:58:37, 15km - 01:27:19, 20km - 01:57:12, 21km - 02:03:48, 25km - 02:31:42, 30km - 03:12:10, 35km - 03:56:24, 40km - 04:36:33									
5059	4672	STOLPE Maciej	LUBOŃ		POL	M50	275	04:50:23	04:58:05		4271
		5km - 00:32:33, 10km - 01:07:13, 15km - 01:38:45, 20km - 02:13:05, 21km - 02:20:30, 25km - 02:48:28, 30km - 03:24:09, 35km - 03:59:32, 40km - 04:35:40									
5060	210	TATARYNOWICZ Marian	ZIELONA GÓRA	NIEZRZESZONY	POL	M70	9	04:50:23	04:54:40		4271
		5km - 00:29:46, 10km - 01:00:19, 15km - 01:30:38, 20km - 02:02:44, 21km - 02:10:12, 25km - 02:36:55, 30km - 03:14:10, 35km - 03:53:02, 40km - 04:33:15									

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
5061	873	MIKA Damian	RACIBÓRZ	Eko-Okna Runners	POL	M50	276	04:50:24	04:50:56		4273
		5km - 00:28:27, 10km - 00:58:15, 15km - 01:28:27, 20km - 02:01:18, 21km - 02:08:54, 25km - 02:35:41, 30km - 03:13:30, 35km - 03:53:38, 40km - 04:33:51									
5062	1748	ŚCIBAK Wojciech	BYDGOSZCZ	JFTC SU	POL	M30	1493	04:50:25	04:58:14		4274
		5km - 00:30:51, 10km - 01:01:48, 15km - 01:32:26, 20km - 02:03:15, 21km - 02:10:15, 25km - 02:35:03, 30km - 03:09:36, 35km - 03:48:46, 40km - 04:30:31									
5063	4867	SZUBARSKI Krzysztof	CIESZYN	parkrun Olza Cieszyn	POL	M45	640	04:50:26	04:52:32		4275
		5km - 00:26:20, 10km - 00:59:56, 15km - 01:32:23, 20km - 02:01:33, 21km - 02:08:13, 25km - 02:31:00, 30km - 03:03:53, 35km - 03:44:33, 40km - 04:37:04									
5064	626	KAŁUSKI Jan	KOZIEGŁOWY	Czerwonak Biega	POL	M30	1494	04:50:30	04:58:43		4276
		5km - 00:30:26, 10km - 01:02:31, 15km - 01:33:40, 20km - 02:06:01, 21km - 02:12:59, 25km - 02:38:16, 30km - 03:14:00, 35km - 03:54:59, 40km - 04:35:16									
5065	4617	KRUKOWSKI Jarosław	POZNAŃ	AZS UAM Poznań Berserkers Team Wielkopol	POL	M30	1495	04:50:32	04:56:29		4277
		5km - 00:28:56, 10km - 00:57:04, 15km - 01:25:31, 20km - 01:54:21, 21km - 02:00:42, 25km - 02:23:23, 30km - 02:55:47, 35km - 03:47:46, 40km - 04:32:56									
5066	2820	BURLIGA Mariusz	KNURÓW	Opel Active Team	POL	M45	641	04:50:35	04:57:22		4278
		5km - 00:31:35, 10km - 01:03:48, 15km - 01:35:19, 20km - 02:08:16, 21km - 02:15:57, 25km - 02:41:48, 30km - 03:17:43, 35km - 03:53:45, 40km - 04:33:43									
5067	685	LABURDA Kinga	KRAKÓW NOWA HUTA	Eskadra Kraków	POL	K30	339	04:50:39	04:56:15	789	
		5km - 00:27:50, 10km - 00:56:01, 15km - 01:27:16, 20km - 01:59:10, 21km - 02:06:36, 25km - 02:33:31, 30km - 03:10:56, 35km - 03:52:56, 40km - 04:32:37									
5068	5940	FELIKSIAK Jacek	KRAKÓW	BlackBull	POL	M30	1496	04:50:42	04:55:10		4279
		5km - 00:30:58, 10km - 01:02:45, 15km - 01:36:14, 20km - 02:15:27, 21km - 02:23:51, 25km - 02:49:59, 30km - 03:25:29, 35km - 04:00:23, 40km - 04:35:56									
5069	206	SALMANOWICZ Zdzisław	ZIELONA GÓRA	RUNPLANET TEAM ZIELONA GÓRA	POL	M65	37	04:50:42	04:52:00		4279
		5km - 00:28:11, 10km - 00:56:51, 15km - 01:25:43, 20km - 01:57:15, 21km - 02:04:21, 25km - 02:31:28, 30km - 03:11:16, 35km - 03:52:07, 40km - 04:33:38									
5070	6261	ROSZAK Piotr	ZDUNY	OSP ZDUNY/Bieg o Zdunowskiego Kafla	POL	M30	1497	04:50:45	04:55:46		4281
		5km - 00:27:48, 10km - 00:55:40, 15km - 01:23:30, 20km - 01:56:01, 21km - 02:02:55, 25km - 02:33:00, 30km - 03:14:40, 35km - 03:55:04, 40km - 04:33:53									
5071	235	SZYMKIEWICZ Aleksy	POZNAŃ		POL	M18	486	04:50:49	04:53:21		4282
		5km - 00:26:14, 10km - 00:51:51, 15km - 01:17:20, 20km - 01:45:24, 21km - 01:52:00, 25km - 02:16:59, 30km - 03:25:43, 35km - 04:00:16, 40km - 04:36:03									
5072	1337	ORGANA Jacek	ŁÓDŹ		POL	M50	277	04:50:51	04:58:20		4283
		5km - 00:31:28, 10km - 01:03:37, 15km - 01:35:32, 20km - 02:08:05, 21km - 02:14:59, 25km - 02:41:13, 30km - 03:17:30, 35km - 03:55:28, 40km - 04:34:33									
5073	1287	Zawodnik anonimowy				M45	642	04:50:53	04:55:15		4284
		5km - 00:28:17, 10km - 00:56:34, 15km - 01:24:15, 20km - 01:54:17, 21km - 02:01:42, 25km - 02:28:46, 30km - 03:07:23, 35km - 03:51:10, 40km - 04:34:29									
5074	5608	ZAWADZKA Marta	SZCZECIN		POL	K30	340	04:50:58	04:59:12	790	
		5km - 00:32:03, 10km - 01:04:24, 15km - 01:36:29, 20km - 02:09:08, 21km - 02:16:38, 25km - 02:42:40, 30km - 03:21:45, 35km - 03:58:05, 40km - 04:36:31									
5075	2589	TREDER Marian	ŁOSINO	1965	POL	M50	278	04:50:59	04:54:49		4285
		5km - 00:28:10, 10km - 00:56:02, 15km - 01:23:46, 20km - 01:56:22, 21km - 02:04:50, 25km - 02:37:30, 30km - 03:20:30, 35km - 04:00:27, 40km - 04:36:41									
5076	4908	SZUPRYCZYŃSKI Szymon	INOWROCŁAW		POL	M40	1075	04:51:00	04:59:37		4286
		5km - 00:32:20, 10km - 01:05:17, 15km - 01:38:00, 20km - 02:10:49, 21km - 02:17:49, 25km - 02:43:17, 30km - 03:16:51, 35km - 03:54:09, 40km - 04:33:47									
5077	886	WOŹNIAK Szymon	ŚREM	Best Team Śrem	POL	M30	1498	04:51:00	04:58:45		4286
		5km - 00:30:52, 10km - 01:01:49, 15km - 01:31:08, 20km - 02:03:13, 21km - 02:10:16, 25km - 02:34:10, 30km - 03:10:51, 35km - 03:50:57, 40km - 04:34:11									
5078	1888	BURBRIDGE Robert	MILANÓWEK		POL	M18	487	04:51:03	04:56:45		4288
		5km - 00:33:18, 10km - 01:07:15, 15km - 01:41:35, 20km - 02:15:45, 21km - 02:23:21, 25km - 02:53:27, 30km - 03:28:19, 35km - 04:04:31, 40km - 04:37:06									
5079	1189	FRĄCKOWIAK Justyna	POZNAŃ		POL	K30	341	04:51:03	04:57:31	791	
		5km - 00:30:58, 10km - 01:01:35, 15km - 01:32:08, 20km - 02:04:59, 21km - 02:12:15, 25km - 02:37:37, 30km - 03:16:29, 35km - 03:55:45, 40km - 04:34:29									
5080	1282	JASIŃSKI Tomasz	PLESZEW	Vege Runners	POL	M40	1076	04:51:04	04:57:06		4289
		5km - 00:29:20, 10km - 00:59:23, 15km - 01:29:18, 20km - 01:59:41, 21km - 02:06:50, 25km - 02:31:48, 30km - 03:10:20, 35km - 03:52:54, 40km - 04:35:39									
5081	6451	LEWANDOWSKI Michał	GDAŃSK	Intel Runners	POL	M40	1076	04:51:04	04:59:41		4289
		5km - 00:32:20, 10km - 01:05:19, 15km - 01:38:01, 20km - 02:10:49, 21km - 02:17:49, 25km - 02:43:16, 30km - 03:18:07, 35km - 03:55:52, 40km - 04:34:44									
5082	5496	SZELĄG Monika	GLIWICE		POL	K18	112	04:51:05	04:59:46	792	
		5km - 00:33:11, 10km - 01:06:22, 15km - 01:38:34, 20km - 02:11:41, 21km - 02:18:51, 25km - 02:44:04, 30km - 03:18:21, 35km - 03:57:31, 40km - 04:35:59									
5083	739	Zawodnik anonimowy				M30	1499	04:51:06	04:53:44		4291
		5km - 00:26:39, 10km - 00:54:57, 15km - 01:23:17, 20km - 01:53:20, 21km - 02:01:06, 25km - 02:27:49, 30km - 03:05:27, 35km - 03:47:41, 40km - 04:34:27									
5084	1752	ŁUKOWICZ Piotr	DANKOWICE	Rozbiegane Komorowice	POL	M45	643	04:51:06	04:57:17		4291
		5km - 00:29:12, 10km - 00:58:58, 15km - 01:28:10, 20km - 01:58:18, 21km - 02:05:23, 25km - 02:30:40, 30km - 03:10:05, 35km - 03:50:32, 40km - 04:31:52									
5085	3247	KOPRAS Dominik	GORZYCE WIELKIE	KOPER TEAM & PRZYJACIELE	POL	M30	1500	04:51:07	04:59:08		4293
		5km - 00:31:30, 10km - 01:03:24, 15km - 01:35:08, 20km - 02:07:42, 21km - 02:15:22, 25km - 02:40:14, 30km - 03:15:52, 35km - 03:55:33, 40km - 04:36:32									
5086	3574	WALTER Karol	KOKOSZCZYN	Drużyna Szpiku	POL	M30	1500	04:51:07	04:51:44		4293
		5km - 00:23:49, 10km - 00:50:11, 15km - 01:18:04, 20km - 01:51:50, 21km - 01:59:24, 25km - 02:29:07, 30km - 03:10:25, 35km - 03:52:20, 40km - 04:34:36									
5087	7191	RIVERA Jorge	LIMA	Tabor	PER	M30	1502	04:51:08	04:56:58		4295
		5km - 00:31:46, 10km - 01:03:54, 15km - 01:35:12, 20km - 02:07:51, 21km - 02:15:23, 25km - 02:41:48, 30km - 03:18:09, 35km - 03:51:49, 40km - 04:34:00									
5088	5903	KANIOWSKI Jacek	SŁAWNO	W.P.K Słoń Team Ustka	POL	M40	1078	04:51:09	04:57:04		4296
		5km - 00:27:47, 10km - 00:56:01, 15km - 01:23:58, 20km - 01:52:41, 21km - 01:59:26, 25km - 02:24:33, 30km - 03:04:10, 35km - 03:47:59, 40km - 04:32:23									
5089	7136	GUMOWSKI Dariusz	ŁAPY	Zwycięzca Fundacja Darka Strychalskiego	POL	M55	178	04:51:14	04:56:19		4297
		5km - 00:30:06, 10km - 01:00:10, 15km - 01:30:24, 20km - 02:01:40, 21km - 02:08:39, 25km - 02:35:16, 30km - 03:14:02, 35km - 03:53:21, 40km - 04:34:17									
5090	4366	POGORZELSKA Agnieszka	BRANIEWO		POL	K30	342	04:51:16	04:58:11	793	
		5km - 00:31:23, 10km - 01:03:15, 15km - 01:34:32, 20km - 02:07:27, 21km - 02:14:42, 25km - 02:39:01, 30km - 03:19:28, 35km - 03:58:01, 40km - 04:36:23									
5091	3651	CHUDIO Marcin	WARSZAWA		POL	M30	1503	04:51:18	04:54:52		4298
		5km - 00:26:45, 10km - 00:55:16, 15km - 01:25:01, 20km - 02:01:15, 21km - 02:08:58, 25km - 02:38:47, 30km - 03:18:00, 35km - 03:54:28, 40km - 04:35:51									
5092	637	JENDRYS Rafał	ŁÓDŹ	Morena Czołowa	POL	M30	1503	04:51:18	04:59:54		4298
		5km - 00:33:49, 10km - 01:07:30, 15km - 01:40:52, 20km - 02:14:37, 21km - 02:22:16, 25km - 02:48:48, 30km - 03:25:28, 35km - 04:01:20, 40km - 04:36:29									
5093	6040	MICHALAK Monika	ŚMIŁOWO		POL	K30	343	04:51:19	04:58:57	794	
		5km - 00:31:08, 10km - 01:03:38, 15km - 01:35:21, 20km - 02:07:50, 21km - 02:15:54, 25km - 02:43:15, 30km - 03:21:35, 35km - 04:00:39, 40km - 04:36:36									
5094	6400	KULKA Marek	BYDGOSZCZ		POL	M55	179	04:51:20	04:56:52		4300
		5km - 00:28:06, 10km - 00:56:11, 15km - 01:24:00, 20km - 01:53:28, 21km - 02:00:58, 25km - 02:26:44, 30km - 03:07:08, 35km - 03:49:30, 40km - 04:33:59									
5095	2660	MARCJAŃSKI Paweł	ZIELONA GÓRA	BBL Zielona Góra	POL	M30	1505	04:51:23	04:59:40		4301
		5km - 00:31:08, 10km - 01:02:54, 15km - 01:34:28, 20km - 02:06:24, 21km - 02:13:49, 25km - 02:39:41, 30km - 03:18:48, 35km - 03:56:41, 40km - 04:35:00									
5096	6295	PAZDERSKA-KIPIEL Agnieszka	KRAKÓW	Evil Team	POL	K30	344	04:51:23	04:59:25	795	
		5km - 00:31:06, 10km - 01:03:01, 15km - 01:34:48, 20km - 02:08:10, 21km - 02:16:20, 25km - 02:44:59, 30km - 03:24:53, 35km - 04:00:58, 40km - 04:36:53									
5097	1323	SOBKOWIAK Edyta	POZNAŃ		POL	K50	35	04:51:23	04:52:06	795	
		5km - 00:28:19, 10km - 00:58:12, 15km - 01:28:38, 20km - 02:00:48, 21km - 02:08:39, 25km - 02:35:10, 30km - 03:16:02, 35km - 03:57:30, 40km - 04:36:09									
5098	4629	BOCIEK Marcin	POZNAŃ		POL	M30	1506	04:51:26	05:00:00		4302
		5km - 00:32:19, 10km - 01:05:16, 15km - 01:38:14, 20km - 02:11:33, 21km - 02:18:54, 25km - 02:44:51, 30km - 03:19:04, 35km - 03:56:48, 40km - 04:36:00									
5099	768	NADOBNIK Beata	KAŹMIERZ	Tarnowo Podgórne Biega	POL	K45	86	04:51:26	04:58:55	797	
		5km - 00:31:02, 10km - 01:03:22, 15km - 01:35:18, 20km - 02:07:44, 21km - 02:14:44, 25km - 02:40:10, 30km - 03:18:34, 35km - 03:56:23, 40km - 04:35:24									
5100	2216	KOCZOROWSKA Anna	OŚ. RADIÓWEK	Team ZabieganeDni	POL	K30	345	04:51:28	04:59:13	798	
		5km - 00:30:53, 10km - 01:03:33, 15km - 01:35:13, 20km - 02:07:54, 21km - 02:15:35, 25km - 02:42:51, 30km - 03:21:26, 35km - 03:59:36, 40km - 04:36:08									
5101	2215	KOCZOROWSKI Marcin	OŚ. RADIÓWEK	Team ZabieganeDni	POL	M40	1079	04:51:28	04:59:13		4303
		5km - 00:30:53, 10km - 01:04:22, 15km - 01:35:13, 20km - 02:07:54, 21km - 02:15:35, 25km - 02:42:51, 30km - 03:21:26, 35km - 03:59:36, 40km - 04:36:08									
5102	2313	GORA Albert	LONDON		GBR	M18	488	04:51:33	04:59:03		4304
		5km - 00:31:08, 10km - 01:03:28, 15km - 01:34:16, 20km - 02:06:39, 21km - 02:14:14, 25km - 02:39:52, 30km - 03:11:46, 35km - 03:51:47, 40km - 04:35:08									
5103	2494	Zawodnik anonimowy				K30	346	04:51:35	04:56:07	799	
		5km - 00:28:33, 10km - 00:57:30, 15km - 01:27:03, 20km - 02:00:03, 21km - 02:07:09, 25km - 02:34:39, 30km - 03:16:00, 35km - 03:54:33, 40km - 04:36:46									
5104	468	ELIAS Katarzyna	POZNAŃ		POL	K50	36	04:51:39	04:59:12	800	
		5km - 00:32:16, 10km - 01:05:42, 15km - 01:38:39, 20km - 02:12:44, 21km - 02:20:02, 25km - 02:46:35, 30km - 03:21:49, 35km - 03:57:39, 40km - 04:34:42									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
5105	730	KOWNACKI Bartłomiej	LASOWICE WIELKIE		POL	M40	1080	04:51:40	04:59:38		4305
		5km - 00:30:57, 10km - 01:03:20, 15km - 01:35:08, 20km - 02:07:36, 21km - 02:15:03, 25km - 02:40:54, 30km - 03:17:43, 35km - 03:55:21, 40km - 04:35:44									
5106	6328	POCIECHA Dariusz	GAJ MAŁY	POCIECHY TEAM	POL	M45	644	04:51:42	04:56:53		4306
		5km - 00:29:20, 10km - 00:58:55, 15km - 01:28:01, 20km - 01:59:51, 21km - 02:07:26, 25km - 02:34:40, 30km - 03:13:33, 35km - 03:54:28, 40km - 04:35:53									
5107	3538	KACZMAREK Dominik	POZNAŃ		POL	M30	1507	04:51:46	04:52:30		4307
		5km - 00:29:13, 10km - 00:59:07, 15km - 01:28:57, 20km - 02:00:39, 21km - 02:07:59, 25km - 02:35:29, 30km - 03:16:14, 35km - 03:55:35, 40km - 04:36:08									
5108	1872	KAMIŃSKA Ewa	PEWEL WIELKA	SPRINTEX TEAM	POL	K45	87	04:51:46	04:57:43	801	
		5km - 00:28:59, 10km - 00:58:41, 15km - 01:28:24, 20km - 02:00:26, 21km - 02:08:04, 25km - 02:35:11, 30km - 03:15:19, 35km - 03:55:52, 40km - 04:36:58									
5109	1870	KASTELIK Dariusz	PIETRZYKOWICE	Sprintex Team	POL	M40	1081	04:51:47	04:57:44		4308
		5km - 00:28:59, 10km - 00:58:41, 15km - 01:28:25, 20km - 02:00:26, 21km - 02:08:03, 25km - 02:35:10, 30km - 03:15:19, 35km - 03:55:54, 40km - 04:37:01									
5110	2208	MAZUREK Anna	GDAŃSK		POL	K30	347	04:51:50	04:58:26	802	
		5km - 00:30:31, 10km - 01:00:48, 15km - 01:30:29, 20km - 02:00:48, 21km - 02:07:49, 25km - 02:34:21, 30km - 03:16:12, 35km - 03:55:17, 40km - 04:35:31									
5111	2577	JĘDROWSKA Emilia	RZEPIN	PRZEDSZKOLE SPECJALNE DLA DZIECI Z AUTYZ	POL	K30	348	04:51:53	04:58:19	803	
		5km - 00:31:00, 10km - 01:02:15, 15km - 01:31:45, 20km - 02:04:20, 21km - 02:12:00, 25km - 02:37:23, 30km - 03:13:53, 35km - 03:55:04, 40km - 04:35:12									
5112	5447	SIEWRUK Tomasz	KIEKRZ		POL	M18	489	04:51:53	05:00:29		4309
		5km - 00:29:07, 10km - 00:57:46, 15km - 01:25:47, 20km - 01:55:24, 21km - 02:01:54, 25km - 02:29:13, 30km - 03:11:06, 35km - 03:57:14, 40km - 04:37:50									
5113	1051	DĄBROWSKI Jerzy	SZCZECIN		POL	M65	38	04:51:54	04:58:41		4310
		5km - 00:28:57, 10km - 00:59:03, 15km - 01:29:01, 20km - 02:00:48, 21km - 02:07:40, 25km - 02:33:15, 30km - 03:09:24, 35km - 03:51:04, 40km - 04:34:02									
5114	2578	JĘDROWSKI Ryszard	RZEPIN	PRZEDSZKOLE SPECJALNE DLA DZIECI Z AUTYZ	POL	M30	1508	04:51:54	04:58:20		4310
		5km - 00:31:00, 10km - 01:02:16, 15km - 01:31:44, 20km - 02:04:19, 21km - 02:11:59, 25km - 02:37:22, 30km - 03:13:53, 35km - 03:55:04, 40km - 04:35:13									
5115	7003	FLUNT Grzegorz	WARSZAWA	82nd Airborne Division	POL	M40	1082	04:51:57	04:59:30		4312
		5km - 00:30:58, 10km - 01:03:17, 15km - 01:35:19, 20km - 02:07:36, 21km - 02:14:43, 25km - 02:41:20, 30km - 03:18:07, 35km - 03:57:16, 40km - 04:36:42									
5116	3952	DUDEK Rafał	ORZECHOWO		POL	M30	1509	04:52:04	05:01:30		4313
		5km - 00:28:43, 10km - 00:58:27, 15km - 01:27:36, 20km - 01:57:43, 21km - 02:04:35, 25km - 02:32:57, 30km - 03:13:03, 35km - 03:57:22, 40km - 04:36:12									
5117	6858	PLEWIK Michał	BYCHAWA		POL	M30	1510	04:52:05	04:58:44		4314
		5km - 00:30:28, 10km - 01:00:31, 15km - 01:30:19, 20km - 02:00:32, 21km - 02:07:30, 25km - 02:33:44, 30km - 03:11:23, 35km - 03:54:12, 40km - 04:36:26									
5118	1636	KAŹMIERCZAK Tomasz	GNIEZNO		POL	M40	1083	04:52:06	04:59:23		4315
		5km - 00:31:16, 10km - 01:03:34, 15km - 01:35:38, 20km - 02:07:54, 21km - 02:14:57, 25km - 02:39:57, 30km - 03:15:42, 35km - 03:54:45, 40km - 04:35:09									
5119	4386	NIWIŃSKI Rajmund	BOGUSZÓW GORCE	Niezrzeszony	POL	M50	279	04:52:06	04:59:35		4315
		5km - 00:31:03, 10km - 01:03:23, 15km - 01:35:25, 20km - 02:07:41, 21km - 02:14:44, 25km - 02:39:49, 30km - 03:14:21, 35km - 03:53:45, 40km - 04:35:11									
5120	6482	BOŚ Grzegorz	SŁUPSK	SUBVENTUM TEAM	POL	M30	1511	04:52:07	04:59:51		4317
		5km - 00:30:04, 10km - 01:01:55, 15km - 01:33:32, 20km - 02:07:31, 21km - 02:15:40, 25km - 02:42:22, 30km - 03:23:54, 35km - 04:03:11, 40km - 04:38:21									
5121	117	BAJER Michal	BUK		POL	M40	1084	04:52:12	05:01:42		4318
		5km - 00:33:35, 10km - 01:07:32, 15km - 01:41:18, 20km - 02:17:01, 21km - 02:25:19, 25km - 02:52:01, 30km - 03:27:44, 35km - 04:04:00, 40km - 04:39:02									
5122	6930	WSUŁ Monia	POZNAŃ	CH10	POL	K40	205	04:52:14	04:55:35	804	
		5km - 00:29:51, 10km - 00:59:40, 15km - 01:29:35, 20km - 02:00:17, 21km - 02:07:36, 25km - 02:34:08, 30km - 03:17:21, 35km - 04:04:41, 40km - 04:38:28									
5123	2959	MIKOWSKI Łukasz	POZNAŃ	gRUNwald team Poznań	POL	M30	1512	04:52:17	04:56:14		4319
		5km - 00:29:49, 10km - 00:59:37, 15km - 01:28:49, 20km - 01:59:42, 21km - 02:06:49, 25km - 02:31:25, 30km - 03:07:48, 35km - 03:52:41, 40km - 04:35:45									
5124	1976	FLORCZAK Zdzisław	WROCŁAW	MATNER RUNNIMGTEAM	POL	M65	39	04:52:18	04:59:12		4320
		5km - 00:32:35, 10km - 01:06:23, 15km - 01:39:29, 20km - 02:13:55, 21km - 02:21:18, 25km - 02:48:06, 30km - 03:25:15, 35km - 04:03:09, 40km - 04:38:56									
5125	5107	ROPELA Andrzej	KIEŁPINO	OSNiP WP	POL	M40	1085	04:52:18	04:59:38		4320
		5km - 00:31:14, 10km - 01:03:16, 15km - 01:34:30, 20km - 02:06:12, 21km - 02:13:04, 25km - 02:37:55, 30km - 03:14:57, 35km - 03:57:41, 40km - 04:37:24									
5126	1196	ZARZYCKI Marcin	SAMOTNIK		POL	M30	1513	04:52:19	04:55:27		4322
		5km - 00:30:08, 10km - 01:01:03, 15km - 01:31:33, 20km - 02:02:29, 21km - 02:12:19, 25km - 02:36:36, 30km - 03:12:18, 35km - 03:50:37, 40km - 04:33:12									
5127	3786	STROIK Adam	SAVAGE		USA	M18	490	04:52:20	04:56:31		4323
		5km - 00:25:19, 10km - 00:52:20, 15km - 01:20:15, 20km - 01:56:35, 21km - 02:04:03, 25km - 02:34:50, 30km - 03:19:36, 35km - 03:58:11, 40km - 04:36:34									
5128	3632	KOWCZYK Marcin	POZNAŃ		POL	M30	1514	04:52:21	05:01:03		4324
		5km - 00:33:17, 10km - 01:10:03, 15km - 01:45:16, 20km - 02:19:58, 21km - 02:27:37, 25km - 02:53:50, 30km - 03:28:45, 35km - 04:05:12, 40km - 04:38:57									
5129	304	PRZYBYŁ Władysław	ŚRODA WIELKOPOLSKA	KB Aktywni Środa Wielkopolska	POL	M55	180	04:52:21	04:55:12		4324
		5km - 00:27:21, 10km - 00:55:41, 15km - 01:25:29, 20km - 01:58:28, 21km - 02:05:44, 25km - 02:32:29, 30km - 03:11:25, 35km - 03:54:28, 40km - 04:36:35									
5130	1102	GADOMSKA Małgorzata	WARSZAWA		POL	K45	88	04:52:23	04:59:21	805	
		5km - 00:30:28, 10km - 01:00:58, 15km - 01:30:55, 20km - 02:02:31, 21km - 02:10:09, 25km - 02:38:12, 30km - 03:18:02, 35km - 03:56:58, 40km - 04:35:00									
5131	3376	CZERENKIEWICZ-PAŁUCKA Joanna	WŁOCŁAWEK	ANWILTEAM	POL	K40	206	04:52:27	04:58:07	806	
		5km - 00:30:32, 10km - 01:03:36, 15km - 01:34:26, 20km - 02:07:31, 21km - 02:17:57, 25km - 02:43:19, 30km - 03:20:10, 35km - 04:00:01, 40km - 04:37:15									
5132	3104	MATCZAK Jacek	BOLESLAWIEC		POL	M40	1086	04:52:28	04:54:49		4326
		5km - 00:28:53, 10km - 00:58:29, 15km - 01:27:40, 20km - 01:57:07, 21km - 02:03:28, 25km - 02:26:22, 30km - 02:58:49, 35km - 03:40:20, 40km - 04:30:14									
5133	3395	MUJTA Agnieszka	WŁOCŁAWEK		POL	K40	207	04:52:28	04:58:08	807	
		5km - 00:30:32, 10km - 01:03:36, 15km - 01:34:26, 20km - 02:07:31, 21km - 02:17:57, 25km - 02:43:19, 30km - 03:20:10, 35km - 04:00:01, 40km - 04:37:11									
5134	5583	MAŁECKA Małgorzata	KOŚCIAN	TGV Club Kościan	POL	K30	349	04:52:33	04:58:25	808	
		5km - 00:29:29, 10km - 00:59:23, 15km - 01:28:39, 20km - 02:00:31, 21km - 02:07:59, 25km - 02:34:24, 30km - 03:16:55, 35km - 04:00:58, 40km - 04:37:58									
5135	6826	CZERWIŃSKA Arleta	CZERWONAK		POL	K60	4	04:52:34	05:01:33	809	
		5km - 00:30:33, 10km - 01:00:25, 15km - 01:29:34, 20km - 02:01:00, 21km - 02:08:00, 25km - 02:33:18, 30km - 03:15:37, 35km - 03:54:41, 40km - 04:35:25									
5136	1615	KWIECIEŃ Marcin	KRAKÓW	Mam Na To Wybiegane	POL	M30	1515	04:52:34	04:58:23		4327
		5km - 00:29:09, 10km - 00:58:27, 15km - 01:27:44, 20km - 01:58:46, 21km - 02:06:33, 25km - 02:35:37, 30km - 03:16:23, 35km - 03:54:40, 40km - 04:35:28									
5137	2707	PTASZYŃSKI Marcin	PONAŃ		POL	M18	491	04:52:35	05:00:12		4328
		5km - 00:30:59, 10km - 01:03:08, 15km - 01:35:18, 20km - 02:07:34, 21km - 02:14:39, 25km - 02:39:48, 30km - 03:16:29, 35km - 03:55:12, 40km - 04:36:09									
5138	3261	MAJONEK Artur	JABŁONNA		POL	M30	1516	04:52:48	05:00:48		4329
		5km - 00:30:03, 10km - 01:00:47, 15km - 01:30:27, 20km - 02:02:42, 21km - 02:10:08, 25km - 02:35:50, 30km - 03:14:52, 35km - 03:58:45, 40km - 04:38:28									
5139	4064	GORGOŃ Agata	POBIEDZISKA	Pobiedziska Running Team	POL	K30	350	04:52:49	04:58:40	810	
		5km - 00:29:43, 10km - 01:00:08, 15km - 01:32:02, 20km - 02:06:51, 21km - 02:15:50, 25km - 02:44:01, 30km - , 35km - 04:00:35, 40km - 04:37:47									
5140	6824	TRUSIAK Agnieszka	SŁUPSK	Night Runners Słupsk	POL	K40	208	04:52:50	04:59:46	811	
		5km - 00:30:52, 10km - 01:02:42, 15km - 01:34:20, 20km - 02:08:19, 21km - 02:16:29, 25km - 02:43:10, 30km - 03:24:42, 35km - 04:03:59, 40km - 04:39:10									
5141	6480	DAWIDZIAK Jarosław	LESZNO	Maraton Leszno	POL	M45	645	04:52:52	04:53:30		4330
		5km - 00:26:49, 10km - 00:55:54, 15km - 01:25:30, 20km - 02:00:46, 21km - 02:07:59, 25km - 02:35:42, 30km - 03:14:32, 35km - 03:55:16, 40km - 04:36:46									
5142	2230	MATCZAK Paweł	POZNAŃ	Wataha łączy nas bieganie	POL	M50	280	04:53:01	05:00:50		4331
		5km - 00:30:22, 10km - 01:01:16, 15km - 01:31:14, 20km - 02:02:31, 21km - 02:09:58, 25km - 02:36:04, 30km - 03:13:14, 35km - 03:54:27, 40km - 04:36:05									
5143	6184	FILIPEK Anna	KODEŃ		POL	K18	113	04:53:05	05:01:56	812	
		5km - 00:32:08, 10km - , 15km - 01:38:05, 20km - , 21km - 02:18:54, 25km - 02:44:30, 30km - 03:19:53, 35km - , 40km - 04:36:52									
5144	4303	OLSZEWSKA Magdalena	LIDZBARK WARMINSKI	NIKA RUNNER DOG	POL	K30	351	04:53:05	05:00:47	812	
		5km - 00:31:26, 10km - 01:04:20, 15km - 01:36:51, 20km - 02:11:35, 21km - 02:19:51, 25km - 02:46:53, 30km - 03:24:26, 35km - 04:01:14, 40km - 04:38:06									
5145	6197	SZCZEŚNIAK Mariusz	TOMASZÓW MAZOWIECKI		POL	M30	1517	04:53:05	05:01:56		4332
		5km - 00:32:08, 10km - 01:05:07, 15km - 01:38:04, 20km - 02:11:32, 21km - 02:18:54, 25km - 02:44:30, 30km - 03:19:52, 35km - 03:57:16, 40km - 04:36:20									
5146	6192	SOKOŁOWSKA Klaudia	SOKÓŁKA		POL	K18	114	04:53:06	05:01:56	814	
		5km - 00:32:09, 10km - 01:05:07, 15km - 01:38:05, 20km - 02:11:33, 21km - 02:18:56, 25km - 02:44:31, 30km - 03:19:54, 35km - 03:57:18, 40km - 04:36:52									
5147	6547	FIKSA Kasia	KROSNO	WojArt Team	POL	K40	209	04:53:07	04:59:56	815	
		5km - 00:31:55, 10km - 01:04:21, 15km - 01:36:51, 20km - 02:11:26, 21km - 02:19:07, 25km - 02:47:22, 30km - 03:23:53, 35km - 04:00:35, 40km - 04:37:41									
5148	6755	NOWICKA-BŁASZCZYK Izabela	PLEWISKA		POL	K30	352	04:53:08	04:59:56	816	
		5km - 00:31:56, 10km - 01:04:24, 15km - 01:36:53, 20km - 02:11:27, 21km - 02:19:08, 25km - 02:47:23, 30km - 03:23:54, 35km - 04:00:36, 40km - 04:37:41									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
5149	3550	WITKOWSKI Michał	CZAPURY	Raksopol.pl	POL	M30	1518	04:53:08	05:01:49		4333
		5km - 00:32:13, 10km - 01:04:17, 15km - 01:35:54, 20km - 02:10:01, 21km - 02:18:23, 25km - 02:44:21, 30km - 03:21:23, 35km - 03:58:09, 40km - 04:37:36									
5150	5508	BANACH Magda	GLIWICE		POL	K18	115	04:53:10	04:56:21	817	
		5km - 00:26:53, 10km - 00:53:32, 15km - 01:20:01, 20km - 01:47:16, 21km - 01:53:55, 25km - 02:17:15, 30km - 03:08:21, 35km - 04:02:12, 40km - 04:38:48									
5151	5510	GOLA Daniel	GLIWICE		POL	M18	492	04:53:10	04:56:21		4334
		5km - 00:26:53, 10km - 00:53:34, 15km - 01:20:01, 20km - 01:47:24, 21km - 01:53:57, 25km - 02:19:02, 30km - 03:08:20, 35km - 04:02:12, 40km - 04:38:47									
5152	981	SIWIAK Marcin	ŻYRARDÓW	PKP Intercity Running Team	POL	M30	1519	04:53:12	04:55:46		4335
		5km - 00:27:15, 10km - 00:54:24, 15km - 01:21:25, 20km - 01:50:38, 21km - 01:58:23, 25km - 02:26:30, 30km - 03:05:17, 35km - 03:48:30, 40km - 04:35:23									
5153	2981	KARPINSKA Anna	JACEWO	OpenTeam	POL	K30	353	04:53:17	05:01:53	818	
		5km - 00:33:05, 10km - 01:04:48, 15km - 01:36:12, 20km - 02:10:02, 21km - 02:17:37, 25km - 02:45:09, 30km - 03:21:31, 35km - 03:59:35, 40km - 04:37:24									
5154	6308	SITARZ Michał	POZNAŃ		POL	M18	493	04:53:18	04:57:06		4336
		5km - 00:29:59, 10km - 01:01:08, 15km - 01:32:21, 20km - 02:05:54, 21km - 02:13:22, 25km - 02:41:57, 30km - 03:22:58, 35km - 04:00:36, 40km - 04:38:21									
5155	7260	SKOROWSKA Tamara	GDAŃSK	Handloteka	POL	K45	89	04:53:21	05:01:00	819	
		5km - 00:32:10, 10km - 01:05:00, 15km - 01:37:33, 20km - 02:11:26, 21km - 02:19:02, 25km - 02:45:34, 30km - 03:22:15, 35km - 03:59:13, 40km - 04:37:04									
5156	7171	MAGIERECKA Marta	POZNAN		POL	K30	354	04:53:22	05:00:12	820	
		5km - 00:30:28, 10km - 01:01:13, 15km - 01:32:19, 20km - 02:05:35, 21km - 02:13:23, 25km - 02:43:21, 30km - 03:20:29, 35km - 03:59:58, 40km - 04:39:08									
5157	3548	OCIEPA Radosław	ANDRESPOL	Fujitsu Running Team	POL	M30	1520	04:53:23	04:59:50		4337
		5km - 00:30:30, 10km - 01:01:23, 15km - 01:31:44, 20km - 02:03:32, 21km - 02:10:37, 25km - 02:37:03, 30km - 03:14:27, 35km - 03:54:06, 40km - 04:35:20									
5158	1284	SZCZECH Krzysztof	GLIWICE		POL	M45	646	04:53:23	04:59:34		4337
		5km - 00:30:39, 10km - 01:01:21, 15km - 01:32:07, 20km - 02:04:13, 21km - 02:11:12, 25km - 02:36:13, 30km - 03:11:13, 35km - 03:53:20, 40km - 04:36:43									
5159	6386	BUDKOWSKI Dominik	WROCŁAW		POL	M30	1521	04:53:25	04:57:49		4339
		5km - 00:27:18, 10km - 00:54:56, 15km - 01:22:36, 20km - 01:50:57, 21km - 01:58:19, 25km - 02:27:17, 30km - 03:11:11, 35km - 03:57:39, 40km - 04:38:57									
5160	6315	KLĘKA Beata	BEŁCHATÓW		POL	K45	90	04:53:31	05:01:27	821	
		5km - 00:31:46, 10km - 01:03:36, 15km - 01:35:09, 20km - 02:07:48, 21km - 02:15:03, 25km - 02:41:09, 30km - 03:18:59, 35km - 03:58:19, 40km - 04:37:51									
5161	941	KLONOWSKI Cezary	POZNAŃ		POL	M30	1522	04:53:33	04:59:34		4340
		5km - 00:33:18, 10km - 01:06:53, 15km - 01:38:58, 20km - 02:11:10, 21km - 02:18:26, 25km - 02:42:58, 30km - 03:19:06, 35km - 03:56:01, 40km - 04:38:16									
5162	6046	PRZYBYSZEWSKI Radosław	SKIERNIEWICE	Grabowska Team	POL	M40	1087	04:53:34	04:59:23		4341
		5km - 00:31:05, 10km - 01:02:21, 15km - 01:32:45, 20km - 02:04:50, 21km - 02:12:18, 25km - 02:37:09, 30km - 03:13:27, 35km - 03:54:20, 40km - 04:36:15									
5163	2988	Zawodnik anonimowy				M30	1523	04:53:37	04:59:49		4342
		5km - 00:29:41, 10km - 00:59:53, 15km - 01:29:51, 20km - 02:00:31, 21km - 02:08:16, 25km - 02:34:15, 30km - 03:14:01, 35km - 03:55:32, 40km - 04:37:02									
5164	147	KOZŁOWSKI Antoni	KRZEWINA	Klub Wesołego Biegacza	POL	M55	181	04:53:38	05:04:27		4343
		5km - 00:33:40, 10km - 01:12:19, 15km - 01:47:02, 20km - 02:22:15, 21km - 02:31:28, 25km - 02:58:45, 30km - 03:34:01, 35km - 04:06:28, 40km - 04:40:02									
5165	413	JUSZCZAK Andrzej	BORÓWIEC		POL	M60	83	04:53:44	04:59:25		4344
		5km - 00:31:27, 10km - 01:02:47, 15km - 01:33:54, 20km - 02:06:17, 21km - 02:13:09, 25km - 02:38:51, 30km - 03:15:15, 35km - 03:54:16, 40km - 04:37:47									
5166	4988	KLIMCZAK Mariusz	LEGNICA		POL	M55	182	04:53:44	05:02:20		4344
		5km - 00:32:18, 10km - 01:05:27, 15km - 01:38:15, 20km - 02:11:43, 21km - 02:19:33, 25km - 02:44:09, 30km - 03:17:13, 35km - 03:54:51, 40km - 04:36:36									
5167	2679	SOBCZYK Dawid	BRYNEK		POL	M18	494	04:53:44	04:59:33		4344
		5km - 00:29:47, 10km - 00:59:09, 15km - 01:29:01, 20km - 02:01:39, 21km - 02:08:59, 25km - 02:38:07, 30km - 03:19:57, 35km - 03:59:05, 40km - 04:38:17									
5168	5824	LUDWICKA-MANIA Anna	JELENIA GÓRA	MANIA SZCZĘŚCIA	POL	K30	355	04:53:47	05:02:29	822	
		5km - 00:32:11, 10km - 01:05:51, 15km - 01:38:04, 20km - 02:11:34, 21km - 02:20:44, 25km - 02:46:23, 30km - 03:21:31, 35km - 04:01:07, 40km - 04:38:24									
5169	5825	MANIA Robert	JELENIA GÓRA	MANIA SZCZĘCIA	POL	M30	1524	04:53:47	05:02:29		4347
		5km - 00:32:11, 10km - 01:05:51, 15km - 01:38:04, 20km - 02:11:34, 21km - 02:20:44, 25km - 02:46:21, 30km - 03:21:30, 35km - 04:01:06, 40km - 04:38:28									
5170	5690	Zawodnik anonimowy				M45	647	04:53:47	04:56:37		4347
		5km - 00:27:49, 10km - 00:55:39, 15km - 01:23:55, 20km - 01:57:34, 21km - 02:05:02, 25km - 02:33:17, 30km - 03:13:00, 35km - 03:54:47, 40km - 04:36:39									
5171	5946	MICHALAK Tomasz	POZNAN		POL	M45	648	04:53:48	04:57:34		4349
		5km - 00:29:14, 10km - 01:00:07, 15km - 01:29:48, 20km - 02:01:08, 21km - 02:08:42, 25km - 02:35:18, 30km - 03:20:41, 35km - 03:58:43, 40km - 04:37:24									
5172	160	KURKOWSKA Anna	POZNAN		POL	K30	356	04:53:55	05:03:10	823	
		5km - 00:34:56, 10km - 01:10:56, 15km - 01:44:11, 20km - 02:19:01, 21km - 02:26:02, 25km - 02:51:44, 30km - 03:28:05, 35km - 04:03:33, 40km - 04:38:48									
5173	4973	PRUSAKIEWICZ Przemysław	KLESZCZEWO	PRUSAK TEAM	POL	M30	1525	04:53:59	05:00:26		4350
		5km - 00:27:49, 10km - 00:55:02, 15km - 01:22:30, 20km - 01:50:23, 21km - 01:56:45, 25km - 02:20:34, 30km - 03:12:32, 35km - 03:45:39, 40km - 04:35:52									
5174	1278	KAZIMIEROWSKA Magdalena	GŁUBCZYCE		POL	K30	357	04:54:00	05:02:46	824	
		5km - 00:32:29, 10km - 01:05:17, 15km - 01:38:13, 20km - 02:11:38, 21km - 02:18:57, 25km - 02:44:50, 30km - 03:20:39, 35km - 03:58:25, 40km - 04:37:21									
5175	6310	KLĘKA Marcin	BEŁCHATÓW		POL	M40	1088	04:54:07	05:02:03		4351
		5km - 00:31:46, 10km - 01:03:33, 15km - 01:35:20, 20km - 02:07:49, 21km - 02:15:03, 25km - 02:41:35, 30km - 03:19:07, 35km - 03:58:22, 40km - 04:37:45									
5176	4793	KOZACZYK Joanna	INOWROCŁAW	100	POL	K40	210	04:54:07	05:01:53	825	
		5km - 00:31:04, 10km - 01:03:42, 15km - 01:35:27, 20km - 02:08:49, 21km - 02:17:02, 25km - 02:45:59, 30km - 03:22:21, 35km - 04:00:25, 40km - 04:38:10									
5177	6268	TUTAK Tomasz	LĘBORK	Klub 42,2 Lębork	POL	M45	649	04:54:09	05:00:19		4352
		5km - 00:29:11, 10km - 00:58:43, 15km - 01:27:52, 20km - 01:59:54, 21km - 02:07:40, 25km - 02:36:28, 30km - 03:16:50, 35km - 03:59:58, 40km - 04:39:22									
5178	4225	ZLOTY Zbyszek	KONIN		POL	M50	281	04:54:09	05:02:50		4352
		5km - 00:32:06, 10km - 01:04:58, 15km - 01:37:05, 20km - 02:10:06, 21km - 02:17:09, 25km - 02:42:58, 30km - 03:19:31, 35km - 03:57:37, 40km - 04:37:48									
5179	6463	RĘKAWIECKI Robert	OLSZTYN	URWIS BIEGA	POL	M45	650	04:54:10	05:00:46		4354
		5km - 00:30:24, 10km - 01:00:31, 15km - 01:30:11, 20km - 02:00:29, 21km - 02:06:51, 25km - 02:30:30, 30km - 03:00:27, 35km - 03:40:15, 40km - 04:32:36									
5180	3332	SZESZUŁA Michał	POZNAŃ	Night Runners	POL	M40	1089	04:54:10	04:58:50		4354
		5km - 00:31:15, 10km - 01:02:19, 15km - 01:33:21, 20km - 02:05:21, 21km - 02:12:56, 25km - 02:41:02, 30km - 03:20:37, 35km - 03:59:54, 40km - 04:40:04									
5181	1143	NOWAK Bartosz	WRZEŚNIA	coco jumbo i do przodu	POL	M18	495	04:54:14	05:02:44		4356
		5km - 00:30:55, 10km - 01:02:38, 15km - 01:33:51, 20km - 02:06:11, 21km - 02:13:19, 25km - 02:38:47, 30km - 03:14:34, 35km - 03:53:49, 40km - 04:37:40									
5182	4890	PALMOWSKA Katarzyna	ZGIERZ	SNG WILD DUCKS	POL	K30	358	04:54:14	05:02:38	826	
		5km - 00:32:19, 10km - 01:05:22, 15km - 01:37:32, 20km - 02:11:46, 21km - 02:21:26, 25km - 02:49:40, 30km - 03:25:54, 35km - 04:02:24, 40km - 04:39:02									
5183	6664	SZYMCZYK Kalina	ZGIERZ		POL	K40	211	04:54:14	05:02:38	826	
		5km - 00:32:19, 10km - 01:05:21, 15km - 01:37:33, 20km - 02:11:36, 21km - 02:21:26, 25km - 02:49:40, 30km - 03:25:54, 35km - 04:02:24, 40km - 04:39:02									
5184	1541	SZKUDLAREK Michał	BRZEG	Run-Log.com	POL	M40	1090	04:54:16	04:56:06		4357
		5km - 00:25:23, 10km - 00:52:52, 15km - 01:21:16, 20km - 01:52:59, 21km - 02:00:09, 25km - 02:30:56, 30km - 03:15:34, 35km - 03:59:23, 40km - 04:40:47									
5185	298	TISZCZENKO Sergiej	KREMENCZUK	Ekiden	UKR	M50	282	04:54:16	04:57:01		4357
		5km - 00:25:47, 10km - 00:54:41, 15km - 01:21:19, 20km - 01:51:37, 21km - 01:59:27, 25km - 02:26:32, 30km - 03:06:46, 35km - 03:53:49, 40km - 04:36:10									
5186	2743	FULCZYK Agnieszka	KOZIEGŁOWY		POL	K30	359	04:54:19	05:01:20	828	
		5km - 00:30:18, 10km - 01:00:04, 15km - 01:29:19, 20km - 01:59:34, 21km - 02:06:25, 25km - 02:32:33, 30km - 03:10:43, 35km - 03:54:56, 40km - 04:37:32									
5187	7228	SCHNEIDER Patryk	POBIEDZISKA		POL	M30	1526	04:54:19	05:01:51		4359
		5km - 00:31:01, 10km - 01:03:17, 15km - 01:35:22, 20km - 02:07:38, 21km - 02:14:43, 25km - 02:39:40, 30km - 03:11:43, 35km - 03:44:16, 40km - 04:37:07									
5188	1371	Zawodnik anonimowy				M30	1527	04:54:20	04:56:57		4360
		5km - 00:28:20, 10km - 00:57:01, 15km - 01:25:20, 20km - 01:54:40, 21km - 02:01:22, 25km - 02:27:05, 30km - 03:05:48, 35km - 03:48:25, 40km - 04:35:15									
5189	864	SAWAŁA Sławomir	LUBIN		POL	M30	1528	04:54:23	04:57:00		4361
		5km - 00:28:20, 10km - 00:57:00, 15km - 01:25:40, 20km - 01:54:01, 21km - 02:00:57, 25km - 02:23:49, 30km - 03:04:26, 35km - 03:48:26, 40km - 04:35:13									
5190	3380	LICK Marek	POZNAŃ		POL	M40	1091	04:54:24	04:54:56		4362
		5km - 00:24:25, 10km - 00:49:44, 15km - 01:15:08, 20km - 01:41:38, 21km - 01:47:41, 25km - 02:09:52, 30km - 02:43:05, 35km - 03:23:13, 40km - 04:28:17									
5191	3646	SZCZUCIŃSKI Przemysław	GORZÓW WLKP.		POL	M45	651	04:54:29	04:58:02		4363
		5km - 00:32:39, 10km - 01:05:42, 15km - 01:37:53, 20km - 02:12:00, 21km - 02:18:51, 25km - 02:44:18, 30km - 03:19:26, 35km - 03:56:57, 40km - 04:36:46									
5192	6077	MAKSAM Katarzyna	WARSZAWA		POL	K18	116	04:54:31	05:02:51	829	
		5km - 00:32:34, 10km - 01:05:53, 15km - 01:38:36, 20km - 02:11:52, 21km - 02:19:02, 25km - 02:44:09, 30km - 03:20:12, 35km - 03:57:21, 40km - 04:38:49									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
5193	4571	MELOCH Agnieszka	GORZÓW WIELKOPOLSKI		POL	K40	212	04:54:31	05:02:22	829	
		5km - 00:32:31, 10km - 01:03:37, 15km - 01:35:10, 20km - 02:07:31, 21km - 02:14:44, 25km - 02:41:11, 30km - 03:19:44, 35km - 04:00:40, 40km - 04:38:46									
5194	882	KUKULSKI Szymon	KRAKÓW	#najgorzej	POL	M18	496	04:54:32	04:58:53		4364
		5km - 00:28:04, 10km - 00:56:01, 15km - 01:23:33, 20km - 01:52:01, 21km - 01:59:27, 25km - 02:26:04, 30km - 03:06:59, 35km - 03:50:44, 40km - 04:36:52									
5195	1373	MIĄSIK Szymon	RZESZÓW	Mungo Team	POL	M30	1529	04:54:32	04:54:51		4364
		5km - 00:27:45, 10km - 00:58:33, 15km - 01:29:47, 20km - 02:01:44, 21km - 02:09:40, 25km - 02:34:28, 30km - 03:10:45, 35km - 03:56:25, 40km - 04:36:47									
5196	4759	RADOMSKI Dariusz	POZNAŃ	EUROCASH	POL	M60	84	04:54:32	04:59:12		4364
		5km - 00:28:35, 10km - 00:58:18, 15km - 01:27:48, 20km - 02:01:17, 21km - 02:09:19, 25km - 02:37:43, 30km - 03:19:43, 35km - 03:59:09, 40km - 04:39:16									
5197	2885	WIERZCHOWSKI Maciej	RYBNIK		POL	M50	283	04:54:33	05:03:13		4367
		5km - 00:32:11, 10km - 01:05:06, 15km - 01:38:14, 20km - 02:11:41, 21km - 02:19:31, 25km - 02:45:46, 30km - 03:21:19, 35km - 03:56:48, 40km - 04:37:17									
5198	5022	ZEGARLICKI Zygmunt	GDYNIA	Orkiestra Reprezentacyjna MW	POL	M45	652	04:54:35	05:03:21		4368
		5km - 00:32:18, 10km - 01:05:17, 15km - 01:38:11, 20km - 02:11:49, 21km - 02:19:17, 25km - 02:46:17, 30km - 03:19:37, 35km - 03:54:21, 40km - 04:35:27									
5199	7052	Zawodnik anonimowy				K40	213	04:54:38	05:01:34	831	
		5km - 00:30:45, 10km - 01:01:52, 15km - 01:32:39, 20km - 02:04:46, 21km - 02:12:23, 25km - 02:38:43, 30km - 03:15:53, 35km - 03:56:41, 40km - 04:37:56									
5200	7053	Zawodnik anonimowy				M45	653	04:54:39	05:01:35		4369
		5km - 00:30:45, 10km - 01:01:52, 15km - 01:32:39, 20km - 02:04:46, 21km - 02:12:23, 25km - 02:38:44, 30km - 03:15:53, 35km - 03:56:41, 40km - 04:37:56									
5201	1491	BARANSKI Marek	KRZEPICE	Morsy Miedzno	POL	M40	1092	04:54:43	05:03:24		4370
		5km - 00:31:49, 10km - 01:04:02, 15km - 01:35:25, 20km - 02:07:35, 21km - 02:14:55, 25km - 02:41:31, 30km - 03:21:34, 35km - 04:00:57, 40km - 04:39:53									
5202	229	JAKUBOWSKI Mirosław	LEGNICA	KB LEW LEGNICA	POL	M60	85	04:54:44	05:03:37		4371
		5km - 00:32:06, 10km - 01:05:18, 15km - 01:38:21, 20km - 02:13:07, 21km - 02:20:38, 25km - 02:48:05, 30km - 03:25:20, 35km - 04:00:33, 40km - 04:38:28									
5203	5705	CHMURCZYK Marek	ZABRZE		POL	M45	654	04:54:50	05:01:40		4372
		5km - 00:31:16, 10km - 01:02:55, 15km - 01:33:26, 20km - 02:05:43, 21km - 02:13:00, 25km - 02:39:18, 30km - 03:16:46, 35km - 03:57:14, 40km - 04:37:27									
5204	3045	KACPRZAK Zbigniew	ŁÓDŹ	Szakale Bałut Łódź	POL	M45	655	04:54:52	05:00:11		4373
		5km - 00:28:21, 10km - 00:57:51, 15km - 01:26:23, 20km - 01:56:28, 21km - 02:03:49, 25km - 02:29:35, 30km - 03:07:44, 35km - 03:48:22, 40km - 04:35:33									
5205	6309	PALUSZKIEWICZ Anna	POZNAŃ		POL	K50	37	04:54:55	05:02:56	832	
		5km - 00:29:35, 10km - 01:00:45, 15km - 01:31:03, 20km - 02:04:30, 21km - 02:12:34, 25km - 02:39:15, 30km - 03:17:00, 35km - 03:56:27, 40km - 04:38:21									
5206	3015	GRABOWSKI Marcin	POZNAŃ	Koty Poznań	POL	M30	1530	04:55:00	05:00:28		4374
		5km - 00:31:03, 10km - 01:02:08, 15km - 01:32:40, 20km - 02:05:32, 21km - 02:13:14, 25km - 02:42:06, 30km - 03:20:22, 35km - 03:59:28, 40km - 04:39:01									
5207	6575	GAWRYSIAK Mariusz	BYDGOSZCZ		POL	M55	183	04:55:01	04:57:50		4375
		5km - 00:25:34, 10km - 00:51:02, 15km - 01:16:34, 20km - 01:44:24, 21km - 01:50:34, 25km - 02:15:01, 30km - 02:51:52, 35km - 03:43:59, 40km - 04:38:24									
5208	3406	BURZYŃSKI Bartłomiej	POZNAŃ		POL	M30	1531	04:55:09	05:03:24		4376
		5km - 00:31:25, 10km - 01:04:10, 15km - 01:36:37, 20km - 02:09:52, 21km - 02:17:17, 25km - 02:44:01, 30km - 03:19:04, 35km - 03:59:35, 40km - 04:38:47									
5209	5754	MARONKA Agnieszka	KRAKÓW		POL	K45	91	04:55:09	04:59:34	833	
		5km - 00:31:16, 10km - 01:03:48, 15km - 01:36:36, 20km - 02:12:18, 21km - 02:20:38, 25km - 02:49:10, 30km - 03:27:30, 35km - 04:04:53, 40km - 04:40:53									
5210	7169	PASTUSZKA Joanna	ŁÓDŹ	RUN ŁDZ	POL	K50	38	04:55:10	04:59:56	834	
		5km - 00:31:19, 10km - 01:02:43, 15km - 01:34:24, 20km - 02:09:11, 21km - 02:17:01, 25km - 02:44:26, 30km - 03:23:51, 35km - 04:03:06, 40km - 04:40:11									
5211	7166	PASTUSZKA Mirosław	ŁÓDŹ	RUN ŁDZ	POL	M50	284	04:55:10	04:59:55		4377
		5km - 00:31:19, 10km - 01:02:45, 15km - 01:34:25, 20km - 02:09:05, 21km - 02:17:02, 25km - 02:44:27, 30km - 03:23:52, 35km - 04:03:07, 40km - 04:40:12									
5212	1787	Zawodnik anonimowy				M50	285	04:55:15	05:03:20		4378
		5km - 00:32:28, 10km - 01:05:06, 15km - 01:37:06, 20km - 02:10:10, 21km - 02:17:30, 25km - 02:43:14, 30km - 03:18:09, 35km - 03:57:48, 40km - 04:38:15									
5213	3148	ŁUCZAK Tomasz	POZNAŃ		POL	M18	497	04:55:18	05:00:59		4379
		5km - 00:29:17, 10km - 00:58:06, 15km - 01:27:34, 20km - 02:01:31, 21km - 02:09:37, 25km - 02:40:09, 30km - 03:20:29, 35km - 04:00:54, 40km - 04:38:40									
5214	6621	ŚWIĆ Rafał	WARSZAWA	Trucht Tarchomin Team	POL	M45	656	04:55:19	05:01:11		4380
		5km - 00:29:28, 10km - 00:59:00, 15km - 01:28:29, 20km - 01:59:55, 21km - 02:06:33, 25km - 02:34:17, 30km - 03:15:20, 35km - 03:58:00, 40km - 04:38:56									
5215	1183	CZARNOWSKA Katarzyna	POZNAŃ	Kobiety Biegają	POL	K30	360	04:55:21	05:03:00	835	
		5km - 00:30:14, 10km - 01:01:49, 15km - 01:33:16, 20km - 02:06:48, 21km - 02:13:41, 25km - 02:39:31, 30km - 03:21:55, 35km - 03:57:34, 40km - 04:36:44									
5216	1738	GRZEGORCZYK Maja	WOŁCZKOWO	Wierzbicki Running Project	POL	K40	214	04:55:23	05:03:37	836	
		5km - 00:32:03, 10km - 01:04:24, 15km - 01:36:29, 20km - 02:09:08, 21km - 02:16:37, 25km - 02:42:40, 30km - 03:21:46, 35km - 04:01:27, 40km - 04:39:52									
5217	7072	TRUCHAN Marta	TARNÓW		POL	K45	92	04:55:23	05:03:02	836	
		5km - 00:32:26, 10km - 01:04:52, 15km - 01:36:55, 20km - 02:10:16, 21km - 02:17:41, 25km - 02:44:47, 30km - 03:21:16, 35km - 04:01:30, 40km - 04:39:45									
5218	4050	GASPEROWICZ Teresa	OLSZTYN		POL	K40	215	04:55:25	05:03:00	838	
		5km - 00:32:14, 10km - 01:05:56, 15km - 01:37:14, 20km - 02:09:15, 21km - 02:19:34, 25km - 02:45:02, 30km - 03:21:34, 35km - 04:03:18, 40km - 04:39:13									
5219	6546	WANOWICZ Maria	DĘBINA	100	POL	K40	216	04:55:32	05:02:41	839	
		5km - 00:31:26, 10km - 01:03:42, 15km - 01:34:55, 20km - 02:08:46, 21km - 02:16:55, 25km - 02:43:05, 30km - 03:19:53, 35km - 03:57:43, 40km - 04:39:02									
5220	5922	GRAJCAR Anna	ŚREM		POL	K30	361	04:55:33	05:01:39	840	
		5km - 00:30:48, 10km - 01:01:58, 15km - 01:34:19, 20km - 02:08:57, 21km - 02:17:03, 25km - 02:46:25, 30km - 03:24:25, 35km - 04:01:52, 40km - 04:40:00									
5221	1015	JAROSZ Piotr	ŁAŃCUT	100	POL	M40	1093	04:55:33	05:02:41		4381
		5km - 00:31:27, 10km - 01:03:41, 15km - 01:34:56, 20km - 02:08:47, 21km - 02:16:56, 25km - 02:43:05, 30km - 03:19:53, 35km - 03:57:43, 40km - 04:39:03									
5222	1770	GŁĄB Rafał	DANKOWICE		POL	M40	1094	04:55:35	05:03:22		4382
		5km - 00:30:50, 10km - 01:03:15, 15km - 01:35:24, 20km - 02:08:54, 21km - 02:16:25, 25km - 02:42:58, 30km - 03:20:29, 35km - 03:58:58, 40km - 04:40:18									
5223	5378	KONIECZNY Wojciech	WROCŁAW		POL	M30	1532	04:55:35	04:57:07		4382
		5km - 00:24:27, 10km - 00:48:32, 15km - 01:12:39, 20km - 01:39:07, 21km - 01:46:23, 25km - 02:13:49, 30km - 03:01:57, 35km - 03:50:03, 40km - 04:37:24									
5224	1068	JÓŹWIAK Mariusz	SIERAKÓW	Sierakowski Klub Biegacza	POL	M40	1095	04:55:38	04:58:01		4384
		5km - 00:26:32, 10km - 00:53:47, 15km - 01:19:46, 20km - 01:46:47, 21km - 01:53:48, 25km - 02:16:15, 30km - 02:55:12, 35km - 03:39:22, 40km - 04:32:04									
5225	6124	ANDRZEJEWSKI Tomasz	BYDGOSZCZ		POL	M18	498	04:55:39	05:04:17		4385
		5km - 00:30:58, 10km - 01:02:24, 15km - 01:31:37, 20km - 02:03:18, 21km - 02:10:56, 25km - 02:37:52, 30km - 03:15:34, 35km - 03:58:14, 40km - 04:40:38									
5226	489	KUCHARSKI Jakub	GRUSZCZYN	jku1979	POL	M40	1096	04:55:40	04:55:49		4386
		5km - 00:27:11, 10km - 00:56:06, 15km - 01:26:48, 20km - 01:58:53, 21km - 02:06:08, 25km - 02:33:20, 30km - 03:06:50, 35km - 03:43:51, 40km - 04:32:23									
5227	3893	CIUPEK Robert	JAWORZNO	KB MCKiS Jaworzno	POL	M50	286	04:55:42	05:04:47		4387
		5km - 00:35:11, 10km - 01:10:22, 15km - 01:46:07, 20km - 02:23:01, 21km - 02:30:46, 25km - 02:59:12, 30km - 03:34:51, 35km - 04:08:21, 40km - 04:42:52									
5228	1342	MIERNICKI Mariusz	DZIERŻONIÓW		POL	M60	86	04:55:42	05:03:28		4387
		5km - 00:31:04, 10km - 01:03:25, 15km - 01:35:25, 20km - 02:08:41, 21km - 02:15:50, 25km - 02:42:12, 30km - 03:19:03, 35km - 03:57:41, 40km - 04:38:38									
5229	1426	KRZEŚNIAK Marek	TARNOWSKIE GÓRY		POL	M30	1533	04:55:46	05:03:22		4389
		5km - 00:30:57, 10km - 01:03:11, 15km - 01:34:10, 20km - 02:07:34, 21km - 02:14:38, 25km - 02:39:42, 30km - 03:16:21, 35km - 03:55:50, 40km - 04:37:11									
5230	7325	O'SULLIVAN Randall	BROMLEY		GBR	M18	499	04:55:46	05:03:16		4389
		5km - 00:31:08, 10km - 01:03:28, 15km - 01:34:16, 20km - 02:06:40, 21km - 02:14:14, 25km - 02:39:53, 30km - 03:18:34, 35km - 03:58:37, 40km - 04:39:05									
5231	1475	FĄFARA Agnieszka	ŁÓDŹ		POL	K40	217	04:55:47	05:04:35	841	
		5km - 00:33:15, 10km - 01:06:01, 15km - 01:38:30, 20km - 02:12:17, 21km - 02:19:48, 25km - 02:46:26, 30km - 03:23:00, 35km - 04:02:06, 40km - 04:39:45									
5232	4455	GRZESZCZUK Waldemar	ZŁOTNIKI - KOLONIA 37A	Filipides	POL	M50	287	04:55:47	05:01:06		4391
		5km - 00:27:26, 10km - 00:54:48, 15km - 01:21:42, 20km - 01:50:33, 21km - 01:57:08, 25km - 02:21:00, 30km - 03:00:39, 35km - 03:55:27, 40km - 04:39:08									
5233	6902	LEWANDOWSKI Piotr	CHELMSKO SLASKIE	Wabco Runners	POL	M18	500	04:55:49	05:03:19		4392
		5km - 00:31:00, 10km - 01:03:18, 15km - 01:35:24, 20km - 02:07:40, 21km - 02:14:43, 25km - 02:39:42, 30km - 03:20:57, 35km - 04:00:16, 40km - 04:39:31									
5234	6165	BAŁDYGA Sławek	SZCZECIN		POL	M45	657	04:55:50	04:58:09		4393
		5km - 00:26:37, 10km - 00:54:08, 15km - 01:20:25, 20km - 01:47:44, 21km - 02:02:24, 25km - 02:26:03, 30km - 03:01:33, 35km - 04:00:51, 40km - 04:40:52									
5235	2350	GLINIANY Dagmara	RAWICZ	mlaperski_run	POL	K40	218	04:55:53	04:57:58	842	
		5km - 00:29:27, 10km - 00:59:29, 15km - 01:32:31, 20km - 02:08:30, 21km - 02:16:19, 25km - 02:44:08, 30km - 03:23:43, 35km - 04:02:20, 40km - 04:42:58									
5236	4649	SAJEWSKI Bartosz	BERLIN		EUA	M30	1534	04:55:53	05:02:36		4394
		5km - 00:30:47, 10km - 01:01:58, 15km - 01:33:48, 20km - 02:07:38, 21km - 02:15:29, 25km - 02:44:59, 30km - 03:23:43, 35km - 04:02:57, 40km - 04:39:45									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
5237	5878	GULCZYŃSKI Jacek	POZNAŃ	Bridgestone	POL	M40	1097	04:55:57	04:57:41		4395
		5km - 00:27:15, 10km - 00:53:32, 15km - 01:19:16, 20km - 01:45:29, 21km - 01:51:12, 25km - 02:12:10, 30km - 02:51:05, 35km - 03:39:13, 40km - 04:34:08									
5238	369	GORZELAŃCZYK Liliana	POZNAŃ		POL	K30	362	04:55:58	05:03:20	843	
		5km - 00:27:07, 10km - 00:54:20, 15km - 01:22:17, 20km - 01:51:37, 21km - 01:59:12, 25km - 02:23:33, 30km - 03:04:24, 35km - 03:58:10, 40km - 04:41:16									
5239	3101	SOWIŃSKA Anetta	GORZÓW WIELKOPOLSKI		POL	K45	93	04:56:03	05:02:45	844	
		5km - 00:30:57, 10km - 01:04:38, 15km - 01:39:13, 20km - 02:14:30, 21km - 02:22:05, 25km - 02:50:40, 30km - 03:32:34, 35km - 04:09:03, 40km - 04:42:35									
5240	857	ADACH Magdalena	WSCHOWA	Endorfina Wschowa	POL	K18	117	04:56:04	05:04:16	845	
		5km - 00:33:06, 10km - 01:07:19, 15km - 01:41:32, 20km - 02:16:35, 21km - 02:24:16, 25km - 02:51:25, 30km - 03:28:47, 35km - 04:05:44, 40km - 04:42:45									
5241	859	MATUSIAK Mariusz	ZIELONA GÓRA	ZIELONA GÓRO ZACZNIJ BIEGAĆ	POL	M45	658	04:56:06	05:04:27		4396
		5km - 00:32:14, 10km - 01:04:52, 15km - 01:36:35, 20km - 02:09:19, 21km - 02:16:39, 25km - 02:42:52, 30km - 03:19:52, 35km - 03:59:04, 40km - 04:41:38									
5242	5527	WAWRZAK Łukasz	PAJĘCZNO	Klub Biegacza Warta	POL	M30	1535	04:56:06	05:02:49		4396
		5km - 00:30:13, 10km - 01:00:07, 15km - 01:29:43, 20km - 02:00:29, 21km - 02:07:14, 25km - 02:35:05, 30km - 03:13:15, 35km - 03:56:09, 40km - 04:38:50									
5243	6987	GÓRSKI Krzysztof	POZNAŃ		POL	M40	1098	04:56:09	05:01:20		4398
		5km - 00:30:16, 10km - 01:00:17, 15km - 01:30:23, 20km - 02:02:25, 21km - 02:09:57, 25km - 02:37:26, 30km - 03:17:05, 35km - 03:58:32, 40km - 04:39:27									
5244	7273	BUDKIEWICZ Beata	POZNAŃ	Teravita	POL	K30	363	04:56:11	05:01:36	846	
		5km - 00:29:43, 10km - 00:59:26, 15km - 01:29:08, 20km - 02:00:43, 21km - 02:08:13, 25km - 02:34:47, 30km - 03:14:01, 35km - 03:56:30, 40km - 04:40:10									
5245	6584	BARDZIŃSKI Bartosz	POZNAŃ		POL	M50	288	04:56:12	05:01:37		4399
		5km - 00:29:44, 10km - 00:59:26, 15km - 01:29:08, 20km - 02:00:43, 21km - 02:08:14, 25km - 02:34:46, 30km - 03:14:02, 35km - 03:56:29, 40km - 04:40:09									
5246	7086	KONATOWSKI Tadeusz	GDYNIA		POL	M50	288	04:56:12	04:58:38		4399
		5km - 00:28:51, 10km - 00:58:06, 15km - 01:25:58, 20km - 01:56:46, 21km - 02:03:57, 25km - 02:31:26, 30km - 03:12:04, 35km - 03:56:04, 40km - 04:38:47									
5247	472	ANTCZAK Iliana	MIĘDZIANA GÓRA	Ekstremalni DecaRun	POL	K30	364	04:56:13	05:00:15	847	
		5km - 00:30:28, 10km - 01:01:28, 15km - 01:32:47, 20km - 02:05:32, 21km - 02:12:49, 25km - 02:39:16, 30km - 03:16:21, 35km - 03:57:49, 40km - 04:40:27									
5248	630	JANKOWSKI Mateusz	KRAKÓW	Vege Runners	POL	M45	659	04:56:14	05:03:45		4401
		5km - 00:30:34, 10km - 01:03:02, 15km - 01:34:38, 20km - 02:07:31, 21km - 02:14:30, 25km - 02:42:22, 30km - 03:18:57, 35km - 03:59:27, 40km - 04:38:48									
5249	2740	BASIŃSKI Mariusz	KROTOSZYN	KS Krotosz Krotoszyn	POL	M55	184	04:56:15	05:00:32		4402
		5km - 00:31:21, 10km - 01:04:13, 15km - 01:34:42, 20km - 02:07:02, 21km - 02:14:39, 25km - 02:40:05, 30km - 03:18:50, 35km - 03:59:16, 40km - 04:40:45									
5250	7303	BAUMGART Marek	KOBYLNICA	Baumgart Team	POL	M45	660	04:56:15	04:57:26		4402
		5km - 00:28:44, 10km - 01:00:35, 15km - 01:30:11, 20km - 02:01:57, 21km - 02:09:16, 25km - 02:34:31, 30km - 03:15:34, 35km - 03:57:53, 40km - 04:40:49									
5251	5719	TEODOROWICZ Alina	BORÓWIEC		POL	K45	94	04:56:15	05:04:04	848	
		5km - 00:32:58, 10km - 01:05:24, 15km - 01:37:34, 20km - 02:10:38, 21km - 02:18:00, 25km - 02:45:06, 30km - 03:21:40, 35km - 04:00:55, 40km - 04:40:57									
5252	5706	LEWANDOWSKA Monika	CZERNIEJEWO	Czerniejewo Biega	POL	K40	219	04:56:17	05:03:39	849	
		5km - 00:31:26, 10km - 01:03:59, 15km - 01:35:57, 20km - 02:09:10, 21km - 02:16:47, 25km - 02:43:36, 30km - 03:21:44, 35km - 04:00:25, 40km - 04:40:50									
5253	6942	SZWAB Marcin	BOCHNIA	T.S PŁYWAK	POL	M30	1536	04:56:18	04:58:03		4404
		5km - 00:26:26, 10km - 00:52:30, 15km - 01:17:50, 20km - 01:45:07, 21km - 01:51:14, 25km - 02:14:26, 30km - 02:59:54, 35km - 03:53:43, 40km - 04:37:33									
5254	467	NOWAK Małgorzata	DOBRA	Wieczorne Bieganie w Szczecinie	POL	K30	365	04:56:19	05:02:07	850	
		5km - 00:29:41, 10km - 01:00:44, 15km - 01:31:22, 20km - 02:06:25, 21km - 02:14:17, 25km - 02:41:28, 30km - 03:19:33, 35km - 03:59:20, 40km - 04:39:50									
5255	1796	SULIMA Robert	GDAŃSK	Grupa Trójmiasto	POL	M45	661	04:56:19	05:03:19		4405
		5km - 00:30:29, 10km - 01:00:53, 15km - 01:31:15, 20km - 02:04:12, 21km - 02:11:38, 25km - 02:38:47, 30km - 03:17:58, 35km - 04:00:46, 40km - 04:40:07									
5256	3478	SCHMALZ Biggi	ESSEN	Tc Kray 1892 e. V.	EUA	K50	39	04:56:26	05:05:54	851	
		5km - 00:33:45, 10km - 01:08:18, 15km - 01:41:12, 20km - 02:15:50, 21km - 02:23:29, 25km - 02:50:28, 30km - 03:27:11, 35km - 04:03:56, 40km - 04:40:44									
5257	3055	SCHUSTER Ralf	ESSEN	TC Kray 1982 e.V.	EUA	M55	185	04:56:26	05:05:54		4406
		5km - 00:33:45, 10km - 01:08:18, 15km - 01:41:12, 20km - 02:15:50, 21km - 02:23:29, 25km - 02:50:28, 30km - 03:27:22, 35km - 04:03:56, 40km - 04:40:41									
5258	4235	HYPŚ Waldemar	OLSZTYN		POL	M60	87	04:56:28	04:59:12		4407
		5km - 00:33:14, 10km - 01:06:30, 15km - 01:41:03, 20km - 02:15:06, 21km - 02:22:29, 25km - 02:49:27, 30km - 03:26:32, 35km - 04:04:39, 40km - 04:40:38									
5259	4156	CHOLEWA Wojciech	KLUCZBORK		POL	M45	662	04:56:29	05:04:12		4408
		5km - 00:29:52, 10km - 01:01:33, 15km - 01:33:43, 20km - 02:07:07, 21km - 02:14:34, 25km - 02:40:31, 30km - 03:17:00, 35km - 03:59:55, 40km - 04:40:54									
5260	4337	RACZKIEWICZ Jarosław	ROKIETNICA	Natural Born Runners	POL	M45	662	04:56:29	04:58:46		4408
		5km - 00:28:55, 10km - 00:58:33, 15km - 01:28:53, 20km - 02:01:34, 21km - 02:09:21, 25km - 02:35:10, 30km - 03:10:35, 35km - 03:49:47, 40km - 04:30:17									
5261	3675	SZCZYSZCZAJ Arkadiusz	GAWORZYCE		POL	M30	1537	04:56:34	04:57:33		4410
		5km - 00:29:02, 10km - 00:58:56, 15km - 01:28:28, 20km - 02:00:22, 21km - 02:07:43, 25km - 02:34:59, 30km - 03:13:57, 35km - 03:55:44, 40km - 04:39:30									
5262	4965	SZYMSZON Łukasz	WRONKI	bezparametryczna inkantacja	POL	M18	501	04:56:35	04:58:03		4411
		5km - 00:24:50, 10km - 00:49:33, 15km - 01:14:09, 20km - 01:39:24, 21km - 01:46:15, 25km - 02:14:10, 30km - 03:00:10, 35km - 03:54:00, 40km - 04:37:51									
5263	2062	CHOJNIAK Wiesław	POZNAŃ		POL	M45	664	04:56:39	04:57:17		4412
		5km - 00:28:58, 10km - 01:00:00, 15km - 01:30:25, 20km - 02:02:19, 21km - 02:09:33, 25km - 02:37:17, 30km - 03:18:07, 35km - 04:01:18, 40km - 04:41:28									
5264	552	MARCINKIEWICZ Łukasz	POZNAŃ	12 Wielkopolska Brygada Obrony Terytoria	POL	M30	1538	04:56:46	05:04:55		4413
		5km - 00:30:53, 10km - 01:02:45, 15km - 01:34:33, 20km - 02:07:04, 21km - 02:14:23, 25km - 02:41:37, 30km - 03:21:18, 35km - 04:00:25, 40km - 04:40:53									
5265	7083	KUJAWSKI Michał	SWARZĘDZ	Sportowy Team Żabki	POL	M18	502	04:56:49	05:05:54		4414
		5km - 00:28:57, 10km - 00:57:51, 15km - 01:26:45, 20km - 01:56:24, 21km - 02:02:52, 25km - 02:31:12, 30km - 03:12:33, 35km - 03:55:48, 40km - 04:41:28									
5266	1265	SOSIN Sylwia	CHORZÓW	Biegnę,żeby Bartek mógł biegać	POL	K40	220	04:56:49	05:06:40	852	
		5km - 00:35:38, 10km - 01:11:34, 15km - 01:46:26, 20km - 02:22:46, 21km - 02:30:43, 25km - 02:58:15, 30km - 03:33:40, 35km - 04:06:53, 40km - 04:41:24									
5267	415	GOLKA Sebastian	DĄBROWA GÓRNICZA		POL	M40	1099	04:56:50	05:02:32		4415
		5km - 00:29:01, 10km - 00:58:33, 15km - 01:27:25, 20km - 01:58:18, 21km - 02:05:35, 25km - 02:31:44, 30km - 03:11:37, 35km - 03:56:34, 40km - 04:38:57									
5268	4933	SZYKOWNY Michał	GNIEZNO	Night Runners Gniezno	POL	M30	1539	04:56:50	05:04:26		4415
		5km - 00:31:01, 10km - 01:02:09, 15km - 01:32:06, 20km - 02:04:55, 21km - 02:12:25, 25km - 02:39:37, 30km - 03:20:15, 35km - 04:00:47, 40km - 04:40:29									
5269	5812	ZARĘBA Marian	ZEGRZE	KSP	POL	M40	1099	04:56:50	05:01:24		4415
		5km - 00:31:30, 10km - 01:01:36, 15km - 01:30:41, 20km - 02:02:29, 21km - 02:09:34, 25km - 02:35:58, 30km - 03:13:39, 35km - 03:54:21, 40km - 04:37:44									
5270	249	GŁOWACKI Jerzy	POZNAŃ		POL	M65	40	04:56:52	04:59:00		4418
		5km - 00:32:20, 10km - 01:05:51, 15km - 01:39:55, 20km - 02:15:48, 21km - 02:23:41, 25km - 02:51:45, 30km - 03:28:42, 35km - 04:05:19, 40km - 04:41:49									
5271	5383	ALEKSIEJUK Adam	DOBROWODA		POL	M30	1540	04:56:53	05:04:30		4419
		5km - 00:30:58, 10km - 01:03:20, 15km - 01:34:21, 20km - 02:06:53, 21km - 02:16:13, 25km - 02:47:10, 30km - 03:33:03, 35km - 04:10:28, 40km - 04:43:31									
5272	3263	BEDNARCZYK Szymon	KIELCE		POL	M40	1101	04:56:53	05:00:53		4419
		5km - 00:31:38, 10km - 01:02:31, 15km - 01:32:54, 20km - 02:04:58, 21km - 02:12:19, 25km - 02:38:32, 30km - 03:16:23, 35km - 03:58:53, 40km - 04:40:45									
5273	3273	JOACHIMIAK Kinga	MROCZA		POL	K30	366	04:56:59	05:05:16	853	
		5km - 00:32:44, 10km - 01:06:46, 15km - 01:38:46, 20km - 02:13:21, 21km - 02:20:44, 25km - 02:48:13, 30km - 03:24:01, 35km - 04:02:53, 40km - 04:41:18									
5274	4763	SYNAKIEWICZ Tomasz	BYDGOSZCZ	SGB BANK	POL	M30	1541	04:56:59	05:05:16		4421
		5km - 00:32:44, 10km - 01:06:50, 15km - 01:38:46, 20km - 02:13:21, 21km - 02:20:45, 25km - 02:48:12, 30km - 03:24:01, 35km - 04:02:51, 40km - 04:41:15									
5275	3655	KWIATKOWSKI Andrzej	GDAŃSK	PGB Sportowa Paczka	POL	M55	186	04:57:00	05:05:29		4422
		5km - 00:32:38, 10km - 01:08:40, 15km - 01:40:48, 20km - 02:16:10, 21km - 02:24:45, 25km - 02:50:46, 30km - 03:27:50, 35km - 04:05:04, 40km - 04:41:36									
5276	6068	ORAWIEC Aneta	KOSTRZYN NAD ODRĄ		POL	K40	221	04:57:00	05:06:50	854	
		5km - 00:32:43, 10km - 01:04:31, 15km - 01:35:37, 20km - 02:07:58, 21km - 02:17:08, 25km - 02:42:55, 30km - 03:20:19, 35km - 04:00:08, 40km - 04:41:23									
5277	4206	Zawodnik anonimowy				M30	1542	04:57:00	05:05:18		4422
		5km - 00:31:41, 10km - 01:03:49, 15km - 01:34:54, 20km - 02:06:58, 21km - 02:14:10, 25km - 02:39:14, 30km - 03:15:37, 35km - 03:57:04, 40km - 04:39:04									
5278	2029	GLINIANY Mateusz	RAWICZ	Netbox Biega	POL	M30	1543	04:57:04	04:59:09		4424
		5km - 00:29:27, 10km - 00:59:31, 15km - 01:32:31, 20km - 02:08:31, 21km - 02:16:19, 25km - 02:44:08, 30km - 03:23:43, 35km - 04:02:22, 40km - 04:43:02									
5279	4502	KLIKS Dariusz	POZNAŃ	Zmęczeni już przed biegiem	POL	M45	665	04:57:04	05:06:16		4424
		5km - 00:29:58, 10km - 01:01:48, 15km - 01:31:56, 20km - 02:03:28, 21km - 02:10:32, 25km - 02:36:04, 30km - 03:12:56, 35km - 03:55:46, 40km - 04:38:29									
5280	1301	SKRZYPCZAK Artur	KOSCIAN		POL	M40	1102	04:57:05	05:02:47		4426
		5km - 00:29:12, 10km - 00:58:53, 15km - 01:28:11, 20km - 02:00:07, 21km - 02:08:06, 25km - 02:32:54, 30km - 03:17:39, 35km - 04:00:55, 40km - 04:41:53									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
5281	5892	BACHÓR Rafał	KÓRNIK		POL	M45	666	04:57:07	05:04:23		4427
		5km - 00:31:20, 10km - 01:02:49, 15km - 01:34:10, 20km - 02:06:01, 21km - 02:13:17, 25km - 02:38:16, 30km - 03:15:40, 35km - 03:58:37, 40km - 04:40:32									
5282	4857	GRUSZKA Dariusz	MUROWANA GOŚLINA		POL	M50	290	04:57:13	04:58:32		4428
		5km - 00:29:21, 10km - 00:58:58, 15km - 01:28:00, 20km - 01:59:09, 21km - 02:07:30, 25km - 02:32:56, 30km - 03:12:04, 35km - 03:54:55, 40km - 04:38:24									
5283	1289	Zawodnik anonimowy				K40	222	04:57:14	05:00:29	855	
		5km - 00:28:03, 10km - 00:57:39, 15km - 01:27:06, 20km - 02:02:51, 21km - 02:10:26, 25km - 02:40:24, 30km - 03:20:40, 35km - 04:03:09, 40km - 04:43:00									
5284	3012	DOLATA Wojtek	POZNAŃ	byle do lata	POL	M30	1544	04:57:15	05:03:19		4429
		5km - 00:29:48, 10km - 01:00:52, 15km - 01:31:02, 20km - 02:06:08, 21km - 02:13:34, 25km - 02:42:34, 30km - 03:22:23, 35km - 04:01:42, 40km - 04:40:58									
5285	6536	OSOWICZ Artur	BOREK WIELKOPOLSKI		POL	M30	1545	04:57:16	05:03:30		4430
		5km - 00:30:22, 10km - 01:00:31, 15km - 01:30:26, 20km - 02:01:32, 21km - 02:08:56, 25km - 02:34:15, 30km - 03:14:32, 35km - 03:57:15, 40km - 04:40:45									
5286	6517	KOPYDŁOWSKI Rafał	LIPNO	#team_rafael	POL	M18	503	04:57:21	05:03:43		4431
		5km - 00:29:44, 10km - 00:59:16, 15km - 01:29:15, 20km - 02:00:29, 21km - 02:07:46, 25km - 02:35:48, 30km - 03:17:27, 35km - 03:59:58, 40km - 04:42:01									
5287	930	KAŹMIERCZAK Bartłomiej	WIKTORÓW	100	POL	M40	1103	04:57:22	05:07:18		4432
		5km - 00:33:18, 10km - 01:06:25, 15km - 01:39:09, 20km - 02:13:21, 21km - 02:21:03, 25km - 02:48:29, 30km - 03:25:30, 35km - 04:03:10, 40km - 04:42:09									
5288	6576	URBANIAK Wiesław	KROTOSZYN	KS KROTOSZ KROTOSZYN	POL	M55	187	04:57:23	05:00:32		4433
		5km - 00:32:35, 10km - 01:05:57, 15km - 01:39:56, 20km - 02:14:36, 21km - 02:21:48, 25km - 02:49:07, 30km - 03:25:44, 35km - 04:04:11, 40km - 04:41:53									
5289	1349	Zawodnik anonimowy				M30	1546	04:57:27	05:06:33		4434
		5km - 00:30:03, 10km - 01:01:26, 15km - 01:31:28, 20km - 02:03:16, 21km - 02:10:20, 25km - 02:40:55, 30km - 03:23:28, 35km - 04:02:23, 40km - 04:42:13									
5290	6000	TOMACKI Mirosław	BYDGOSZCZ		POL	M60	88	04:57:28	05:00:09		4435
		5km - 00:33:10, 10km - 01:06:52, 15km - 01:39:27, 20km - 02:12:42, 21km - 02:20:57, 25km - 02:47:03, 30km - 03:23:04, 35km - 04:01:41, 40km - 04:40:27									
5291	1306	ROZMUS Tomasz	SZCZECIN		POL	M30	1547	04:57:31	05:04:21		4436
		5km - 00:30:21, 10km - 01:00:34, 15km - 01:30:23, 20km - 02:01:08, 21km - 02:07:52, 25km - 02:32:19, 30km - 03:06:52, 35km - 03:53:25, 40km - 04:39:42									
5292	4767	FABIAŃSKI Czesław	KALISZ	SUPERMARATON KALISZ	POL	M60	89	04:57:32	05:06:14		4437
		5km - 00:32:12, 10km - 01:05:08, 15km - 01:37:40, 20km - 02:11:43, 21km - 02:19:29, 25km - 02:46:03, 30km - 03:28:25, 35km - 04:07:11, 40km - 04:43:06									
5293	1363	DŁUBEK Grzegorz	GORZÓW WLKP.	FF Gorzów Wlkp.	POL	M50	291	04:57:36	05:03:27		4438
		5km - 00:27:48, 10km - 00:55:50, 15km - 01:23:46, 20km - 01:53:37, 21km - 02:00:42, 25km - 02:29:46, 30km - 03:09:52, 35km - 03:54:10, 40km - 04:38:36									
5294	2587	KOSTRZYŃSKA Ewa	SZAMOTUŁY	KB Szamotuły	POL	K45	95	04:57:36	05:04:01	856	
		5km - 00:32:31, 10km - 01:05:02, 15km - 01:37:38, 20km - 02:12:32, 21km - 02:20:43, 25km - 02:49:43, 30km - 03:28:13, 35km - 04:06:21, 40km - 04:43:01									
5295	4291	Zawodnik anonimowy				M30	1548	04:57:36	05:02:30		4438
		5km - 00:28:24, 10km - 00:56:27, 15km - 01:24:27, 20km - 01:52:49, 21km - 01:59:11, 25km - 02:27:16, 30km - 03:08:02, 35km - 03:52:00, 40km - 04:35:52									
5296	2846	GRAJKOWSKI Tomek	GNIEZNO	PGB Sportowa Paczka	POL	M50	292	04:57:41	05:07:15		4440
		5km - 00:32:10, 10km - 01:04:59, 15km - 01:37:20, 20km - 02:10:37, 21km - 02:17:54, 25km - 02:43:27, 30km - 03:20:06, 35km - 03:59:53, 40km - 04:40:34									
5297	1208	ZIELIŃSKI Marcin	BYTOM	Miechowicka Grupa Biegowa	POL	M40	1104	04:57:41	05:01:03		4440
		5km - 00:28:20, 10km - 00:56:44, 15km - 01:25:04, 20km - 01:53:49, 21km - 02:00:09, 25km - 02:25:07, 30km - 03:06:56, 35km - 03:50:25, 40km - 04:37:52									
5298	5374	SABISZ Krzyszof	GDYNA	ARKA GDYNIA	POL	M40	1105	04:57:42	05:02:47		4442
		5km - 00:28:29, 10km - 00:56:42, 15km - 01:26:06, 20km - 01:57:27, 21km - 02:04:43, 25km - 02:32:47, 30km - 03:18:16, 35km - 04:01:32, 40km - 04:42:29									
5299	7187	HOROWSKI Bartosz	POZNAŃ	Poznań	POL	M40	1106	04:57:44	05:00:51		4443
		5km - 00:35:42, 10km - 01:09:43, 15km - 01:43:29, 20km - 02:18:10, 21km - 02:25:39, 25km - 02:53:11, 30km - 03:28:12, 35km - 04:04:25, 40km - 04:41:13									
5300	5322	WRÓBEL Radosław	JULIANÓW	Poddębicki Klub BIegacza Zdyszani. Pl	POL	M45	667	04:57:44	05:06:51		4443
		5km - 00:34:14, 10km - 01:08:13, 15km - 01:42:00, 20km - 02:16:49, 21km - 02:24:30, 25km - 02:52:28, 30km - 03:30:15, 35km - 04:07:59, 40km - 04:44:40									
5301	744	VANDEWALLE Adrien	KRAKOW		FRA	M30	1549	04:57:50	05:02:30		4445
		5km - 00:27:37, 10km - 00:55:41, 15km - 01:23:50, 20km - 01:57:02, 21km - 02:04:31, 25km - 02:33:53, 30km - 03:16:14, 35km - 04:01:26, 40km - 04:41:41									
5302	6076	WÓDKIEWICZ Maciej	TULCE	Maciejówka biega	POL	M45	668	04:57:50	05:03:06		4445
		5km - 00:28:24, 10km - 00:57:35, 15km - 01:27:08, 20km - 02:00:40, 21km - 02:08:40, 25km - 02:38:43, 30km - 03:20:36, 35km - 04:00:37, 40km - 04:42:31									
5303	2360	ADAMCZYK Zbigniew	PASŁĘK	KB BiegamBoLubię Pasłęk	POL	M45	669	04:57:51	05:03:18		4447
		5km - 00:28:12, 10km - 00:56:11, 15km - 01:24:20, 20km - 01:56:12, 21km - 02:09:16, 25km - 02:37:43, 30km - 03:21:57, 35km - 04:03:06, 40km - 04:42:54									
5304	7321	JAŃCZYK Michał	ZGIERZ	Grupa OLX Team	POL	M18	504	04:57:51	05:03:27		4447
		5km - 00:32:04, 10km - 01:05:28, 15km - 01:37:27, 20km - 02:09:40, 21km - 02:16:38, 25km - 02:41:39, 30km - 03:16:42, 35km - 03:58:02, 40km - 04:40:16									
5305	1950	KUKAWA Hubert	OPALENICA	opalenicki klub biegacza	POL	M30	1550	04:57:52	04:59:58		4449
		5km - 00:30:30, 10km - 01:02:12, 15km - 01:34:31, 20km - 02:08:54, 21km - 02:16:54, 25km - 02:44:55, 30km - 03:23:12, 35km - 04:03:29, 40km - 04:42:15									
5306	3107	Zawodnik anonimowy				M30	1550	04:57:52	04:59:58		4449
		5km - 00:30:31, 10km - 01:02:12, 15km - 01:34:31, 20km - 02:08:50, 21km - 02:17:03, 25km - 02:44:55, 30km - 03:23:22, 35km - 04:03:32, 40km - 04:42:17									
5307	1949	KUKAWA Izabela	OPALENICA	opalenicki klub biegacza	POL	K30	367	04:57:53	04:59:59	857	
		5km - 00:30:32, 10km - 01:02:13, 15km - 01:34:33, 20km - 02:08:57, 21km - 02:16:55, 25km - 02:45:01, 30km - 03:23:42, 35km - 04:03:33, 40km - 04:42:18									
5308	6226	JĘDRZEJCZAK Sławomir	KRZYWIN		POL	M45	670	04:57:54	05:03:50		4451
		5km - 00:29:43, 10km - 00:59:55, 15km - 01:30:20, 20km - 02:03:44, 21km - 02:11:23, 25km - 02:37:57, 30km - 03:17:02, 35km - 04:00:30, 40km - 04:42:02									
5309	327	PLUTA Joanna	TYCHY	DRUŻYNA BIEGOWA LECHA POZNAŃ	POL	K30	368	04:57:56	05:05:43	858	
		5km - 00:33:28, 10km - 01:06:38, 15km - 01:39:55, 20km - 02:14:10, 21km - 02:21:34, 25km - 02:48:47, 30km - 03:24:23, 35km - 04:02:52, 40km - 04:42:36									
5310	6331	ZIĘTEK Krzysztof	OSTRÓW WIELKOPOLSKI	100	POL	M45	671	04:57:56	05:06:29		4452
		5km - 00:31:57, 10km - 01:05:20, 15km - 01:38:12, 20km - 02:11:40, 21km - 02:19:31, 25km - 02:46:27, 30km - 03:21:17, 35km - 03:56:26, 40km - 04:42:04									
5311	1795	KAZNODZIEJ Piotr	LUBIN		POL	M45	672	04:57:58	05:05:38		4453
		5km - 00:30:39, 10km - 01:00:55, 15km - 01:31:23, 20km - 02:03:45, 21km - 02:12:56, 25km - 02:40:48, 30km - 03:19:19, 35km - 04:02:27, 40km - 04:42:18									
5312	3044	MARCINIAK Łukasz	KAMIONKI		POL	M30	1552	04:58:00	05:06:41		4454
		5km - 00:32:16, 10km - 01:04:29, 15km - 01:35:44, 20km - 02:08:50, 21km - 02:16:22, 25km - 02:43:01, 30km - 03:21:14, 35km - 04:00:46, 40km - 04:44:15									
5313	2048	MICHALAK Tadeusz	POZNAŃ		POL	M40	1107	04:58:01	05:03:09		4455
		5km - 00:31:38, 10km - 01:04:11, 15km - 01:36:11, 20km - 02:10:32, 21km - 02:18:28, 25km - 02:47:25, 30km - 03:24:22, 35km - 04:02:25, 40km - 04:41:39									
5314	5882	KOŃCZAL Piotr	POZNAŃ	Bridgestone	POL	M30	1553	04:58:06	05:05:35		4456
		5km - 00:31:05, 10km - 01:03:13, 15km - 01:35:23, 20km - 02:07:42, 21km - 02:14:48, 25km - 02:40:17, 30km - 03:17:23, 35km - 03:58:35, 40km - 04:41:35									
5315	6464	KUBCZYK Zdzisław	KALISZ		POL	M60	90	04:58:07	05:06:14		4457
		5km - 00:31:15, 10km - 01:03:41, 15km - 01:35:15, 20km - 02:07:52, 21km - 02:15:37, 25km - 02:41:33, 30km - 03:21:02, 35km - 04:01:43, 40km - 04:42:14									
5316	6469	WOLNIAK Andrzej	KALISZ		POL	M65	41	04:58:07	05:06:14		4457
		5km - 00:31:15, 10km - 01:03:41, 15km - 01:35:15, 20km - 02:07:51, 21km - 02:15:37, 25km - 02:41:32, 30km - 03:21:02, 35km - 04:01:35, 40km - 04:42:14									
5317	6041	ŚLĘZAK Jan	RADOMSKO	JusiaTeam	POL	M40	1108	04:58:08	05:06:01		4459
		5km - 00:30:42, 10km - 01:02:51, 15km - 01:33:42, 20km - 02:06:50, 21km - 02:15:56, 25km - 02:43:47, 30km - 03:21:51, 35km - 04:03:05, 40km - 04:42:41									
5318	296	PYTLARZ Konrad	WAŁBRZYCH		POL	M30	1554	04:58:12	04:58:57		4460
		5km - 00:31:05, 10km - 01:03:32, 15km - 01:35:55, 20km - 02:10:28, 21km - 02:19:10, 25km - 02:46:47, 30km - 03:26:44, 35km - 04:04:43, 40km - 04:44:05									
5319	6758	KANTOR Sebastian	NOWY SĄCZ	Run 4 Fun Team	POL	M30	1555	04:58:13	05:06:26		4461
		5km - 00:32:28, 10km - 01:07:00, 15km - 01:39:53, 20km - 02:13:34, 21km - 02:20:58, 25km - 02:47:40, 30km - 03:24:02, 35km - 04:05:28, 40km - 04:43:59									
5320	6283	ZIÓŁEK Andrzej	NOWE GULCZEWO		POL	M50	293	04:58:14	05:05:44		4462
		5km - 00:31:03, 10km - 01:03:25, 15km - 01:35:26, 20km - 02:07:38, 21km - 02:14:46, 25km - 02:39:50, 30km - 03:16:11, 35km - 03:57:44, 40km - 04:40:32									
5321	2983	HAMOT Artur	BĘDZIN	W pogoni za duchem	POL	M30	1556	04:58:15	05:05:59		4463
		5km - 00:30:52, 10km - 01:01:44, 15km - 01:32:21, 20km - 02:04:24, 21km - 02:11:26, 25km - 02:37:34, 30km - 03:17:33, 35km - 04:02:17, 40km - 04:42:32									
5322	6280	ZALAS Izabela	NOWE GULCZEWO		POL	K40	223	04:58:15	05:05:45	859	
		5km - 00:31:03, 10km - 01:03:25, 15km - 01:35:26, 20km - 02:07:38, 21km - 02:14:46, 25km - 02:39:50, 30km - 03:16:11, 35km - 03:57:44, 40km - 04:40:34									
5323	4407	MUSIAŁ Mirela	PRUSZCZ	LUKS Serock	POL	K50	40	04:58:16	05:06:26	860	
		5km - 00:33:43, 10km - 01:07:48, 15km - 01:40:52, 20km - 02:15:09, 21km - 02:22:59, 25km - 02:49:58, 30km - 03:26:26, 35km - 04:03:16, 40km - 04:41:51									
5324	3947	KAMYK Ewa	WROCŁAW		POL	K30	369	04:58:18	05:06:32	861	
		5km - 00:32:00, 10km - 01:05:16, 15km - 01:38:09, 20km - 02:11:14, 21km - 02:18:31, 25km - 02:45:15, 30km - 03:27:28, 35km - 04:07:09, 40km - 04:42:58									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
5325	2939	NOWAK Adrian	POZNAŃ		POL	M18	505	04:58:19	05:07:52		4464
		5km - 00:34:07, 10km - 01:07:24, 15km - 01:39:51, 20km - 02:11:43, 21km - 02:19:05, 25km - 02:45:19, 30km - 03:21:09, 35km - 03:59:40, 40km - 04:40:40									
5326	1776	WITKOWSKI Bartosz	POZNAŃ		POL	M18	505	04:58:19	05:07:52		4464
		5km - 00:34:07, 10km - 01:07:25, 15km - 01:39:48, 20km - 02:11:43, 21km - 02:19:06, 25km - 02:45:19, 30km - 03:21:09, 35km - 03:59:41, 40km - 04:40:38									
5327	5376	STANISZEWSKI Krzysztof	GRAJEWO	Maratonka Grajewo	POL	M30	1557	04:58:22	05:03:34		4466
		5km - 00:28:29, 10km - 00:57:30, 15km - 01:25:38, 20km - 01:55:58, 21km - 02:03:38, 25km - 02:30:01, 30km - 03:08:34, 35km - 03:48:37, 40km - 04:37:30									
5328	3219	WITKOWSKI Romuald	KRAJENKA		POL	M50	294	04:58:24	05:01:34		4467
		5km - 00:26:19, 10km - 00:54:34, 15km - 01:21:55, 20km - 01:52:47, 21km - 02:00:27, 25km - 02:28:53, 30km - 03:08:59, 35km - 03:57:02, 40km - 04:39:36									
5329	1146	WILK Artur	DĘBICA	Wilcza_wataha	POL	M55	188	04:58:25	05:05:57		4468
		5km - 00:31:44, 10km - 01:03:20, 15km - 01:34:42, 20km - 02:07:41, 21km - 02:14:45, 25km - 02:42:50, 30km - 03:21:51, 35km - 04:04:27, 40km - 04:43:04									
5330	6785	BRAKOWIECKI Wojciech	LUBLIN		POL	M45	673	04:58:26	05:06:38		4469
		5km - 00:30:33, 10km - 01:02:40, 15km - 01:34:45, 20km - 02:06:59, 21km - 02:14:02, 25km - 02:41:28, 30km - 03:23:32, 35km - 04:07:20, 40km - 04:44:39									
5331	3766	Zawodnik anonimowy				K55	12	04:58:30	05:07:35	862	
		5km - 00:35:07, 10km - 01:09:53, 15km - 01:43:57, 20km - 02:18:39, 21km - 02:26:19, 25km - 02:53:24, 30km - 03:30:46, 35km - 04:07:33, 40km - 04:44:29									
5332	3254	NOWACKI Mikołaj	POZNAŃ	Drużyna Szpiku	POL	M18	507	04:58:31	05:07:19		4470
		5km - 00:33:42, 10km - 01:08:31, 15km - 01:42:55, 20km - 02:20:30, 21km - 02:30:12, 25km - 02:58:50, 30km - 03:33:49, 35km - 04:09:25, 40km - 04:44:55									
5333	3841	WESTER Mikael	JOHANNESHOW		SWE	M60	91	04:58:31	05:06:48		4470
		5km - 00:30:45, 10km - 01:03:25, 15km - 01:34:57, 20km - 02:10:06, 21km - 02:19:51, 25km - 02:49:41, 30km - 03:33:53, 35km - 04:13:13, 40km - 04:45:01									
5334	3349	KOWALCZYK Justyna	TYCHY	Team Papry	POL	K30	370	04:58:34	05:05:11	863	
		5km - 00:30:40, 10km - 01:02:30, 15km - 01:33:38, 20km - 02:07:38, 21km - 02:16:03, 25km - 02:43:35, 30km - 03:24:54, 35km - 04:03:17, 40km - 04:42:55									
5335	6262	ROGALA Krzysztof	POZNAŃ	Kibole w biegu	POL	M18	508	04:58:34	05:07:37		4472
		5km - 00:34:18, 10km - 01:07:34, 15km - 01:40:06, 20km - 02:13:16, 21km - 02:20:26, 25km - 02:46:07, 30km - 03:21:56, 35km - 04:01:01, 40km - 04:41:59									
5336	1881	KOWALSKA Angelika	GNIEZNO		POL	K18	118	04:58:36	05:03:47	864	
		5km - 00:30:00, 10km - 01:02:56, 15km - 01:35:45, 20km - 02:12:40, 21km - 02:20:04, 25km - 02:47:26, 30km - 03:25:35, 35km - 04:04:34, 40km - 04:43:27									
5337	3194	LENKIEWICZ Ryszard	GDAŃSK	MaratonyPolskie.pl TEAM	POL	M60	92	04:58:41	05:03:19		4473
		5km - 00:28:26, 10km - 00:57:46, 15km - 01:27:25, 20km - 02:01:01, 21km - 02:08:37, 25km - 02:39:25, 30km - 03:20:31, 35km - 04:01:56, 40km - 04:43:38									
5338	3357	ŁUKASZEWICZ Barbara	GDAŃSK	MaratonyPolskie.pl TEAM	POL	K45	96	04:58:42	05:03:19	865	
		5km - 00:28:27, 10km - 00:57:47, 15km - 01:27:28, 20km - 02:01:02, 21km - 02:08:38, 25km - 02:39:26, 30km - 03:20:31, 35km - 04:01:37, 40km - 04:43:40									
5339	464	SUCHANEK Piotr	POZNAŃ	Capoeira Camanagula Poznań	POL	M18	509	04:58:44	05:03:16		4474
		5km - 00:28:29, 10km - 00:57:56, 15km - 01:26:34, 20km - 01:56:47, 21km - 02:04:45, 25km - 02:31:14, 30km - 03:08:36, 35km - 03:51:38, 40km - 04:39:32									
5340	4280	ZACZYK Monika	CHORZÓW	Augusteam	POL	K40	224	04:58:47	05:07:22	866	
		5km - 00:32:19, 10km - 01:05:12, 15km - 01:38:20, 20km - 02:11:52, 21km - 02:19:24, 25km - 02:45:54, 30km - 03:21:28, 35km - 03:58:47, 40km - 04:41:24									
5341	6997	Zawodnik anonimowy				M40	1109	04:58:47	05:05:48		4475
		5km - , 10km - , 15km - , 20km - , 21km - , 25km - , 30km - , 35km - , 40km -									
5342	2186	CIUŁA Tomasz	KRAKÓW	Rebellion of Free Runners	POL	M30	1558	04:58:48	05:04:53		4476
		5km - 00:29:44, 10km - 01:00:19, 15km - 01:29:01, 20km - 02:00:48, 21km - 02:13:10, 25km - 02:39:00, 30km - 03:18:56, 35km - 04:01:59, 40km - 04:43:26									
5343	7225	PAJĄK Krzysztof	KALWARIA ZEBRZYDOWSKA		POL	M30	1559	04:58:53	05:05:21		4477
		5km - 00:30:38, 10km - 01:00:58, 15km - 01:30:35, 20km - 02:00:53, 21km - 02:08:33, 25km - 02:33:46, 30km - 03:11:35, 35km - 03:54:24, 40km - 04:40:54									
5344	4389	BINKOWSKA Magdalena	POZNAŃ	Świat Biegacza Fehlau Run Team	POL	K30	371	04:58:56	05:05:10	867	
		5km - 00:30:48, 10km - 01:01:45, 15km - 01:33:41, 20km - 02:07:32, 21km - 02:15:21, 25km - 02:45:24, 30km - 03:24:44, 35km - 04:05:36, 40km - 04:44:33									
5345	3901	ZYFFERT Anna	LUBOŃ	Świat Biegacza Fehlau Run Team	POL	K30	371	04:58:56	05:05:10	867	
		5km - 00:30:48, 10km - 01:01:45, 15km - 01:33:40, 20km - 02:07:28, 21km - 02:15:21, 25km - 02:45:22, 30km - 03:24:44, 35km - 04:05:36, 40km - 04:44:27									
5346	815	SZWARC-BEREŻECKI Andrzej	POZNAŃ		POL	M60	93	04:58:59	05:01:46		4478
		5km - 00:28:37, 10km - 00:57:19, 15km - 01:25:23, 20km - 01:56:43, 21km - 02:03:52, 25km - 02:29:53, 30km - 03:06:34, 35km - 03:48:16, 40km - 04:38:31									
5347	5682	IGNACKA Aleksandra	POZNAN		POL	K30	373	04:59:00	05:08:14	869	
		5km - 00:34:38, 10km - 01:06:53, 15km - 01:38:40, 20km - 02:13:04, 21km - 02:20:59, 25km - 02:47:02, 30km - 03:25:50, 35km - 04:04:41, 40km - 04:44:37									
5348	1695	STRUHOVA Iryna	POZNAŃ		POL	K30	373	04:59:00	05:07:42	869	
		5km - 00:32:10, 10km - 01:04:26, 15km - 01:36:32, 20km - 02:09:58, 21km - 02:18:15, 25km - 02:45:05, 30km - 03:23:22, 35km - 04:03:02, 40km - 04:44:00									
5349	1902	SZEWCZYK Agata	KOBYLNICA		POL	K18	119	04:59:00	05:01:19	869	
		5km - 00:27:28, 10km - 00:56:12, 15km - 01:24:53, 20km - 01:56:50, 21km - 02:04:11, 25km - 02:30:38, 30km - 03:08:58, 35km - 03:52:39, 40km - 04:40:46									
5350	6735	SZREDER Monika	RUMIA		POL	K40	225	04:59:00	05:07:08	869	
		5km - 00:32:22, 10km - 01:05:37, 15km - 01:38:11, 20km - 02:12:02, 21km - 02:20:27, 25km - 02:47:40, 30km - 03:29:41, 35km - 04:07:17, 40km - 04:43:13									
5351	2822	JEDRASZYK Klaudia	PACZKOWO		POL	K18	120	04:59:01	05:04:57	873	
		5km - 00:29:27, 10km - 00:58:44, 15km - 01:27:48, 20km - 01:58:23, 21km - 02:05:31, 25km - 02:34:39, 30km - 03:12:59, 35km - 03:53:37, 40km - 04:41:16									
5352	6045	KOWALCZYK Anna	POZNAŃ		POL	K18	120	04:59:01	05:04:57	873	
		5km - 00:29:27, 10km - 00:58:44, 15km - 01:27:48, 20km - 01:58:22, 21km - 02:05:31, 25km - 02:34:39, 30km - 03:12:59, 35km - 03:53:36, 40km - 04:41:15									
5353	5842	MAŁKOWSKI Sebastian	POTULICE		POL	M30	1560	04:59:01	05:05:50		4479
		5km - 00:29:45, 10km - 00:59:33, 15km - 01:29:19, 20km - 02:00:20, 21km - 02:07:31, 25km - 02:34:38, 30km - 03:13:08, 35km - 03:57:38, 40km - 04:42:26									
5354	6586	HERBA Zbigniew	STARGARD	Stargard. Ja się nie ścigam.	POL	M65	42	04:59:02	05:06:50		4480
		5km - 00:31:09, 10km - 01:03:21, 15km - 01:35:08, 20km - 02:07:11, 21km - 02:14:58, 25km - 02:44:48, 30km - 03:23:26, 35km - 04:03:51, 40km - 04:43:27									
5355	4149	SZYMAŃSKI Paweł	POZNAŃ	MUAY RUNNING TEAM	POL	M30	1561	04:59:05	05:07:43		4481
		5km - 00:30:37, 10km - 01:03:01, 15km - 01:35:50, 20km - 02:07:03, 21km - 02:14:31, 25km - 02:40:42, 30km - 03:21:03, 35km - 03:59:14, 40km - 04:44:06									
5356	5906	REGUCKI Ryszard	WARSZAWA		POL	M40	1110	04:59:07	05:07:40		4482
		5km - 00:30:59, 10km - 01:02:54, 15km - 01:34:28, 20km - 02:07:43, 21km - 02:15:24, 25km - 02:43:00, 30km - 03:20:52, 35km - 04:01:03, 40km - 04:41:30									
5357	3259	DOMINIAK Monika	LUBOŃ	Matka wariatka	POL	K30	375	04:59:08	05:08:52	875	
		5km - 00:33:43, 10km - 01:07:19, 15km - 01:40:24, 20km - 02:14:33, 21km - 02:23:17, 25km - 02:49:54, 30km - 03:28:21, 35km - 04:06:53, 40km - 04:44:01									
5358	6741	OFFMAN Aneta	SWARZĘDZ		POL	K45	97	04:59:08	05:08:13	875	
		5km - 00:35:09, 10km - 01:10:39, 15km - 01:46:06, 20km - 02:23:12, 21km - 02:31:18, 25km - 02:59:32, 30km - 03:35:06, 35km - 04:10:16, 40km - 04:44:37									
5359	2884	KOSIACKA Agnieszka	RYBNIK		POL	K30	376	04:59:09	05:07:48	877	
		5km - 00:32:13, 10km - 01:05:06, 15km - 01:38:14, 20km - 02:11:37, 21km - 02:19:02, 25km - 02:45:18, 30km - 03:23:30, 35km - 04:02:57, 40km - 04:44:16									
5360	4485	FRĄCKOWIAK Dominik	ŚMIGIEL	Fogo Orzeł Lipno	POL	M30	1562	04:59:10	05:04:32		4483
		5km - 00:29:06, 10km - 00:58:37, 15km - 01:27:26, 20km - 01:58:00, 21km - 02:05:00, 25km - 02:30:13, 30km - 03:10:52, 35km - 03:53:45, 40km - 04:40:51									
5361	5544	JEŻOWSKI Michał	PACZKOWO	Uwaga jeż na drodze!	POL	M40	1111	04:59:11	05:07:33		4484
		5km - 00:33:30, 10km - 01:06:41, 15km - 01:38:54, 20km - 02:11:56, 21km - 02:19:08, 25km - 02:44:49, 30km - 03:23:18, 35km - 04:06:25, 40km - 04:45:19									
5362	3542	GÓRCZYŃSKI Rafał	NOWY TOMYŚL		POL	M40	1112	04:59:14	05:07:50		4485
		5km - 00:32:17, 10km - 01:04:59, 15km - 01:37:05, 20km - 02:10:34, 21km - 02:18:12, 25km - 02:45:00, 30km - 03:23:57, 35km - 04:03:23, 40km - 04:43:26									
5363	1764	KAŁUŻNY Jacek	PABIANICE		POL	M45	674	04:59:14	05:05:44		4485
		5km - 00:27:04, 10km - 00:54:22, 15km - 01:22:19, 20km - 01:52:43, 21km - 01:59:41, 25km - 02:26:19, 30km - 03:08:31, 35km - 03:56:31, 40km - 04:41:27									
5364	3580	PRUSAKIEWICZ Marzena	WRZEŚNIA	PRUSAK TEAM	POL	K45	98	04:59:17	05:07:56	878	
		5km - 00:32:20, 10km - 01:05:59, 15km - 01:38:50, 20km - 02:13:26, 21km - 02:20:59, 25km - 02:49:24, 30km - 03:27:49, 35km - 04:07:37, 40km - 04:45:03									
5365	6180	ANDRZEJEWSKI Marcin	POZNAŃ		POL	M30	1563	04:59:19	05:03:09		4487
		5km - 00:27:49, 10km - 00:55:36, 15km - 01:23:30, 20km - 01:57:44, 21km - 02:05:16, 25km - 02:35:31, 30km - 03:17:21, 35km - 04:00:10, 40km - 04:43:02									
5366	4139	SMOLICH Paweł	ŚREM		POL	M40	1113	04:59:19	05:06:01		4487
		5km - 00:30:28, 10km - 01:00:37, 15km - 01:30:30, 20km - 02:02:11, 21km - 02:09:29, 25km - 02:36:52, 30km - 03:16:08, 35km - 03:58:37, 40km - 04:43:35									
5367	3280	TRYBUŁA Magdalena	SZCZECINEK		POL	K40	226	04:59:20	05:05:10	879	
		5km - 00:29:48, 10km - 01:00:02, 15km - 01:29:52, 20km - 02:01:14, 21km - 02:09:06, 25km - 02:34:14, 30km - 03:13:41, 35km - 03:59:20, 40km - 04:42:24									
5368	145	BOGDANOVA Liubov	SANKT PETERBURG	Silvia	RUS	K60	5	04:59:22	05:07:47	880	
		5km - 00:35:07, 10km - 01:10:13, 15km - 01:44:37, 20km - 02:20:12, 21km - 02:27:46, 25km - 02:55:28, 30km - 03:33:01, 35km - 04:08:27, 40km - 04:44:24									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
5369	1991	WOLAŃCZYK Jan	WROCŁAW	Chinkalniarze	POL	M18	510	04:59:22	05:01:20		4489
		5km - 00:31:42, 10km - 01:04:23, 15km - 01:35:28, 20km - 02:09:25, 21km - 02:17:14, 25km - 02:45:36, 30km - 03:24:45, 35km - 04:04:26, 40km - 04:44:16									
5370	6700	KUNAT Jarosław	RYBNIK	Lidl	POL	M40	1114	04:59:23	05:06:11		4490
		5km - 00:30:21, 10km - 01:00:41, 15km - 01:30:18, 20km - 02:02:15, 21km - 02:09:43, 25km - 02:40:17, 30km - 03:20:32, 35km - 04:03:16, 40km - 04:43:12									
5371	6550	WODZYŃSKI Robert	WARSZAWA		POL	M45	675	04:59:25	05:07:40		4491
		5km - 00:30:51, 10km - 01:03:25, 15km - 01:34:47, 20km - 02:08:02, 21km - 02:16:02, 25km - 02:43:14, 30km - 03:21:52, 35km - 04:03:25, 40km - 04:43:43									
5372	6174	PIEŃKOWSKI Leszek	KRAKÓW		POL	M50	295	04:59:29	05:06:13		4492
		5km - 00:30:22, 10km - 01:00:26, 15km - 01:30:21, 20km - 02:00:57, 21km - 02:08:08, 25km - 02:37:04, 30km - 03:19:30, 35km - 04:00:43, 40km - 04:43:11									
5373	6273	JANKOWSKI Ireneusz	POZNAŃ		POL	M70	10	04:59:30	05:04:16		4493
		5km - 00:28:36, 10km - 00:57:13, 15km - 01:26:00, 20km - 02:01:02, 21km - 02:09:56, 25km - 02:39:40, 30km - 03:21:13, 35km - 04:02:57, 40km - 04:43:17									
5374	4752	KOŁODZIEJSKI Adam	KOMORNIKI	EUROCASH	POL	M18	511	04:59:31	05:05:45		4494
		5km - 00:31:20, 10km - 01:02:11, 15km - 01:32:45, 20km - 02:03:49, 21km - 02:10:32, 25km - 02:38:07, 30km - 03:17:04, 35km - 04:00:42, 40km - 04:42:54									
5375	4163	SZYSZKA Agnieszka	OSTRÓW WIELKOPOLSKI	night runners	POL	K40	227	04:59:31	05:07:34	881	
		5km - 00:31:21, 10km - 01:03:02, 15km - 01:35:09, 20km - 02:08:18, 21km - 02:15:31, 25km - 02:42:09, 30km - 03:20:42, 35km - 04:02:54, 40km - 04:43:12									
5376	381	TRAWIŃSKA-JAKUBIAK Katarzyna	TARNOWO PODGÓRNE		POL	K45	99	04:59:31	05:02:05	881	
		5km - 00:30:19, 10km - 01:01:51, 15km - 01:32:59, 20km - 02:07:19, 21km - 02:15:16, 25km - 02:44:26, 30km - 03:25:09, 35km - 04:03:53, 40km - 04:42:59									
5377	1645	GRZELA Ilona	OSTÓW WLKP	Night Runners	POL	K40	228	04:59:32	05:07:35	883	
		5km - 00:31:20, 10km - 01:03:02, 15km - 01:35:09, 20km - 02:08:18, 21km - 02:15:31, 25km - 02:42:09, 30km - 03:20:42, 35km - 04:02:42, 40km - 04:43:12									
5378	5616	KONONOWICZ Andrzej	SZCZECIN		POL	M30	1564	04:59:33	05:08:39		4495
		5km - 00:34:59, 10km - 01:10:18, 15km - 01:45:23, 20km - 02:21:56, 21km - 02:29:41, 25km - 02:56:53, 30km - 03:34:12, 35km - 04:10:05, 40km - 04:44:35									
5379	4363	SZYLMAN Maciej	BYDGOSZCZ		POL	M30	1565	04:59:35	05:02:16		4496
		5km - 00:28:07, 10km - 00:56:19, 15km - 01:24:34, 20km - 01:53:15, 21km - 01:59:55, 25km - 02:25:42, 30km - 03:10:49, 35km - 03:58:03, 40km - 04:43:04									
5380	581	ŁUCAK Piotr	ŁOCHÓW		POL	M30	1565	04:59:35	05:07:48		4496
		5km - 00:32:15, 10km - 01:04:07, 15km - 01:35:33, 20km - 02:07:26, 21km - 02:14:50, 25km - 02:42:30, 30km - 03:24:37, 35km - 04:05:38, 40km - 04:45:18									
5381	4228	JAROSZYŃSKI-DZIUBA Piotr	WROCŁAW		POL	M40	1115	04:59:40	05:07:54		4498
		5km - 00:32:00, 10km - 01:05:58, 15km - 01:38:41, 20km - 02:12:47, 21km - 02:20:51, 25km - 02:48:06, 30km - 03:25:52, 35km - 04:05:20, 40km - 04:44:32									
5382	6021	MACHYŃSKI Marcin	POZNAŃ	mrip.com.pl	POL	M30	1567	04:59:40	05:07:44		4498
		5km - 00:32:14, 10km - 01:04:37, 15km - 01:36:47, 20km - 02:10:13, 21km - 02:17:48, 25km - 02:45:33, 30km - 03:22:36, 35km - 04:04:25, 40km - 04:44:50									
5383	2715	Zawodnik anonimowy				M50	296	04:59:41	05:05:21		4500
		5km - 00:28:31, 10km - 00:56:15, 15km - 01:24:00, 20km - 01:55:26, 21km - 02:02:52, 25km - 02:30:51, 30km - 03:15:04, 35km - 04:04:19, 40km - 04:44:17									
5384	5769	STASIK Monika	GLINNO		POL	K40	229	04:59:43	05:06:23	884	
		5km - 00:30:15, 10km - 00:59:42, 15km - 01:30:05, 20km - 02:04:23, 21km - 02:12:55, 25km - 02:40:55, 30km - 03:22:11, 35km - 04:03:00, 40km - 04:43:51									
5385	6200	BUCZEK Marcin	ZAWIERCIE		POL	M50	297	04:59:46	05:06:17		4501
		5km - 00:30:30, 10km - 01:01:30, 15km - 01:32:20, 20km - 02:04:51, 21km - 02:12:47, 25km - 02:39:02, 30km - 03:17:38, 35km - 03:59:44, 40km - 04:42:08									
5386	266	GRAPATYN Piotr	BYDGOSZCZ	ARESZT ŚLEDCZY W BYDGOSZCZY	POL	M40	1116	04:59:50	05:07:30		4502
		5km - 00:30:59, 10km - 01:03:47, 15km - 01:35:33, 20km - 02:10:03, 21km - 02:17:48, 25km - 02:46:12, 30km - 03:26:15, 35km - 04:05:56, 40km - 04:45:18									
5387	7302	KRZYŻANOWSKI Maciej	ŁÓDŹ	www.polandonbike.pl	POL	M45	676	04:59:51	05:08:53		4503
		5km - 00:35:16, 10km - 01:10:50, 15km - 01:46:28, 20km - 02:23:31, 21km - 02:31:22, 25km - 02:59:36, 30km - 03:35:09, 35km - 04:10:18, 40km - 04:44:42									
5388	383	CHOLEWIŃSKI Marcin	POZNAŃ		POL	M30	1568	04:59:52	05:08:54		4504
		5km - 00:35:15, 10km - 01:10:51, 15km - 01:46:28, 20km - 02:23:31, 21km - 02:31:24, 25km - 02:59:40, 30km - 03:35:10, 35km - 04:10:21, 40km - 04:44:47									
5389	6615	SOBCZAK Marek	SŁUPCA	Szczytniki	POL	M45	677	04:59:53	05:08:59		4505
		5km - 00:35:13, 10km - 01:10:41, 15km - 01:46:11, 20km - 02:23:04, 21km - 02:31:18, 25km - 02:59:32, 30km - 03:35:06, 35km - 04:10:17, 40km - 04:45:33									
5390	6781	JANKOWIAK Kasia	PUSZCZYKOWO	Orange Polska	POL	K40	230	04:59:54	05:08:53	885	
		5km - 00:36:26, 10km - 01:11:56, 15km - 01:43:20, 20km - 02:17:22, 21km - 02:25:03, 25km - 02:52:36, 30km - 03:30:39, 35km - 04:09:05, 40km - 04:45:26									
5391	4341	CICHOSZEWSKA Dagmara	KOMORNIKI		POL	K30	377	04:59:55	05:04:51	886	
		5km - 00:31:22, 10km - 01:03:24, 15km - 01:33:40, 20km - 02:05:15, 21km - 02:12:21, 25km - 02:40:23, 30km - 03:17:02, 35km - 03:58:17, 40km - 04:41:38									
5392	4340	CICHOSZEWSKI Emil	KOMORNIKI		POL	M40	1117	04:59:55	05:04:51		4506
		5km - 00:31:22, 10km - 01:03:24, 15km - 01:33:40, 20km - 02:05:15, 21km - 02:12:22, 25km - 02:40:23, 30km - 03:17:02, 35km - 03:58:17, 40km - 04:41:40									
5393	5194	ŚLASKA Magdalena	ŻUKOWO		POL	K30	378	04:59:58	05:02:51	887	
		5km - 00:28:29, 10km - 00:58:25, 15km - 01:29:30, 20km - 02:05:06, 21km - 02:13:50, 25km - 02:43:50, 30km - 03:25:25, 35km - 04:05:30, 40km - 04:44:47									
5394	1446	CIOCHOŃ Agnieszka	SOSNOWIEC		POL	K45	100	05:00:00	05:08:51	888	
		5km - 00:32:35, 10km - 01:05:49, 15km - 01:38:07, 20km - 02:11:20, 21km - 02:21:30, 25km - 02:47:46, 30km - 03:27:09, 35km - 04:04:59, 40km - 04:43:39									
5395	4300	JAKUBOWSKA Marta	KALISZ		POL	K40	231	05:00:00	05:08:10	888	
		5km - 00:31:57, 10km - 01:04:15, 15km - 01:35:50, 20km - 02:08:09, 21km - 02:15:27, 25km - 02:45:19, 30km - 03:21:49, 35km - 04:01:36, 40km - 04:43:16									
5396	6860	BUJALSKI Jan	WŁOCŁAWEK		POL	M65	43	05:00:01	05:08:10		4507
		5km - 00:31:58, 10km - 01:04:17, 15km - 01:35:51, 20km - 02:08:10, 21km - 02:15:28, 25km - 02:45:21, 30km - 03:21:50, 35km - 04:01:37, 40km - 04:43:24									
5397	1080	STANIEC Katarzyna	DĄBROWA GÓRNICZA		POL	K50	41	05:00:04	05:08:55	890	
		5km - 00:32:35, 10km - 01:05:49, 15km - 01:38:07, 20km - 02:11:19, 21km - 02:21:30, 25km - 02:47:46, 30km - 03:27:09, 35km - 04:04:59, 40km - 04:43:51									
5398	4415	SERĘGA Tomasz	BOLĘCIN	Wkurw_Team	POL	M45	678	05:00:06	05:06:06		4508
		5km - 00:29:20, 10km - 00:58:56, 15km - 01:28:28, 20km - 02:04:19, 21km - 02:12:31, 25km - 02:43:57, 30km - 03:22:32, 35km - 04:01:56, 40km - 04:44:22									
5399	1746	RUCIŃSKA Agnieszka	GDAŃSK	Aplitt	POL	K30	379	05:00:07	05:07:02	891	
		5km - 00:32:36, 10km - 01:05:48, 15km - 01:39:08, 20km - 02:13:32, 21km - 02:21:19, 25km - 02:49:20, 30km - 03:26:59, 35km - 04:05:22, 40km - 04:44:50									
5400	2488	DRELA Kamil	RADOM	STREET RUN RADOM	POL	M30	1569	05:00:08	05:00:08		4509
		5km - , 10km - , 15km - , 20km - , 21km - , 25km - , 30km - , 35km - , 40km -									
5401	4115	DADACHE Amina	KRAKÓW	Reebok Run Crew	POL	K18	122	05:00:10	05:08:29	892	
		5km - 00:30:40, 10km - 01:02:58, 15km - 01:34:51, 20km - 02:08:02, 21km - 02:15:24, 25km - 02:41:47, 30km - 03:17:58, 35km - 03:58:53, 40km - 04:42:48									
5402	1035	BANASZAK Anna	TULCE		POL	K18	123	05:00:12	05:02:52	893	
		5km - 00:29:49, 10km - 01:01:49, 15km - 01:33:56, 20km - 02:07:14, 21km - 02:14:48, 25km - 02:41:45, 30km - 03:21:35, 35km - 04:05:46, 40km - 04:44:56									
5403	1317	DZIEDZIC Monika	POZNAŃ		POL	K40	232	05:00:13	05:07:44	894	
		5km - 00:31:11, 10km - 01:03:40, 15km - 01:35:46, 20km - 02:10:13, 21km - 02:19:21, 25km - 02:46:36, 30km - 03:24:32, 35km - 04:05:35, 40km - 04:44:17									
5404	750	BURY Krzysztof	KRAKÓW	Trzech Kumpli	POL	M30	1570	05:00:15	05:04:56		4510
		5km - 00:29:36, 10km - 00:59:01, 15km - 01:28:55, 20km - 02:01:10, 21km - 02:09:37, 25km - 02:39:34, 30km - 03:20:04, 35km - 04:02:04, 40km - 04:43:15									
5405	3750	KOŁDA Halina	CHODZIEŻ	PCH_RUN	POL	K55	13	05:00:19	05:08:59	895	
		5km - 00:32:13, 10km - 01:05:10, 15km - 01:37:42, 20km - 02:11:34, 21km - 02:19:12, 25km - 02:47:43, 30km - 03:28:10, 35km - 04:06:19, 40km - 04:44:07									
5406	2258	Zawodnik anonimowy				K45	101	05:00:19	05:06:50	895	
		5km - 00:30:06, 10km - 01:00:31, 15km - 01:30:59, 20km - 02:03:32, 21km - 02:11:09, 25km - 02:38:29, 30km - 03:19:36, 35km - 04:00:35, 40km - 04:44:12									
5407	7047	DZIEDZIC Krzysztof	POZNAŃ		POL	M40	1118	05:00:22	05:07:54		4511
		5km - 00:31:10, 10km - 01:03:38, 15km - 01:35:37, 20km - 02:09:46, 21km - 02:19:20, 25km - 02:46:31, 30km - 03:24:40, 35km - 04:04:49, 40km - 04:44:39									
5408	4349	MICHOŃ Piotr	ZIELĄTKOWO	Klub Biegacza UEP	POL	M40	1119	05:00:25	05:07:26		4512
		5km - 00:29:53, 10km - 00:59:47, 15km - 01:29:17, 20km - 02:00:14, 21km - 02:08:30, 25km - 02:35:32, 30km - 03:15:15, 35km - 04:00:20, 40km - 04:43:35									
5409	5091	SZCZERBA Marcin	WROCŁAW	WKB Meta	POL	M40	1119	05:00:25	05:06:16		4512
		5km - 00:30:01, 10km - 01:00:51, 15km - 01:32:24, 20km - 02:09:08, 21km - 02:17:32, 25km - 02:46:23, 30km - 03:26:05, 35km - 04:05:22, 40km - 04:44:28									
5410	4764	STACHOWIAK Krzysztof	POZNAŃ		POL	M40	1121	05:00:26	05:08:43		4514
		5km - 00:30:24, 10km - 01:02:02, 15km - 01:32:23, 20km - 02:04:38, 21km - 02:11:59, 25km - 02:36:58, 30km - 03:12:49, 35km - 03:57:10, 40km - 04:43:49									
5411	3338	FILIPOWSKI Zenon	WSCHOWA	SCIM / WTriTeam	POL	M45	679	05:00:30	05:09:03		4515
		5km - 00:32:19, 10km - 01:05:06, 15km - 01:38:18, 20km - 02:12:15, 21km - 02:19:41, 25km - 02:46:52, 30km - 03:25:10, 35km - 04:02:24, 40km - 04:44:08									
5412	4283	NOWACZYK Agata	KOMORNIKI		POL	K30	380	05:00:30	05:09:03	897	
		5km - 00:32:19, 10km - 01:05:14, 15km - 01:38:22, 20km - 02:12:15, 21km - 02:19:41, 25km - 02:46:52, 30km - 03:25:11, 35km - 04:02:25, 40km - 04:44:13									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
5413	3835	FIGAT Patrycja	POZNAŃ		POL	K18	124	05:00:31	05:06:39	898	
		5km - 00:30:07, 10km - 01:00:49, 15km - 01:32:14, 20km - 02:06:18, 21km - 02:14:09, 25km - 02:43:03, 30km - 03:23:21, 35km - 04:03:38, 40km - 04:44:43									
5414	5638	TONAK Radek	POZNAŃ	TonakTeam	POL	M18	512	05:00:32	05:08:37		4516
		5km - 00:30:33, 10km - 01:02:49, 15km - 01:34:56, 20km - 02:08:44, 21km - 02:16:29, 25km - 02:44:42, 30km - 03:24:38, 35km - 04:03:25, 40km - 04:44:25									
5415	4486	CIEŚLAK Łukasz	OŚNO LUBUSKIE	CIEŚLAK TEAM	POL	M40	1122	05:00:34	05:07:00		4517
		5km - 00:30:57, 10km - 01:01:28, 15km - 01:31:29, 20km - 02:03:16, 21km - 02:11:25, 25km - 02:38:34, 30km - 03:17:23, 35km - 04:01:34, 40km - 04:43:43									
5416	6239	HENNIG Rafał	GOWARZEWO	Rydwany Ognia	POL	M30	1571	05:00:35	05:07:10		4518
		5km - 00:30:38, 10km - 01:00:43, 15km - 01:30:46, 20km - 02:01:43, 21km - 02:09:04, 25km - 02:36:14, 30km - 03:18:14, 35km - 04:00:45, 40km - 04:44:47									
5417	5992	ZIELIŃSKI Janusz	POZNAŃ		POL	M55	189	05:00:36	05:06:36		4519
		5km - 00:29:29, 10km - 01:00:08, 15km - 01:29:53, 20km - 02:01:21, 21km - 02:08:39, 25km - 02:35:56, 30km - 03:18:15, 35km - 04:05:49, 40km - 04:47:07									
5418	1065	ŻUCHORA Sylwester	BRZEG DOLNY		POL	M40	1123	05:00:36	05:10:37		4519
		5km - 00:30:29, 10km - 01:02:17, 15km - 01:36:24, 20km - 02:09:03, 21km - 02:18:53, 25km - 02:50:34, 30km - 03:31:12, 35km - 04:08:56, 40km - 04:46:48									
5419	4187	MARCYJANIAK Krzysztof	RADZIEJÓW	KS ZRYW RADZIEJÓW	POL	M40	1124	05:00:37	05:09:50		4521
		5km - 00:33:48, 10km - 01:07:59, 15km - 01:41:45, 20km - 02:17:53, 21km - 02:25:35, 25km - 02:53:15, 30km - 03:29:53, 35km - 04:07:22, 40km - 04:44:18									
5420	2118	OTOCKI Jarosław	LUBOŃ		POL	M40	1125	05:00:38	05:07:41		4522
		5km - 00:33:43, 10km - 01:07:11, 15km - 01:39:22, 20km - 02:12:56, 21km - 02:20:17, 25km - 02:46:30, 30km - 03:24:25, 35km - 04:05:17, 40km - 04:44:29									
5421	1932	KOWALCZYK Bogdan	WARSZAWA		POL	M55	190	05:00:39	05:07:34		4523
		5km - 00:30:04, 10km - 01:00:15, 15km - 01:32:18, 20km - 02:06:58, 21km - 02:14:44, 25km - 02:42:47, 30km - 03:23:11, 35km - 04:03:06, 40km - 04:43:32									
5422	4054	MARCINKOWSKA Jadwiga	ROZGARTY		POL	K45	102	05:00:40	05:08:09	899	
		5km - 00:31:01, 10km - 01:03:19, 15km - 01:35:14, 20km - 02:07:40, 21km - 02:14:40, 25km - 02:41:57, 30km - 03:25:27, 35km - 04:07:07, 40km - 04:45:59									
5423	2389	WERBIŃSKI Waldemar	SŁUPSK		POL	M55	191	05:00:40	05:08:30		4524
		5km - 00:30:50, 10km - 01:03:35, 15km - 01:35:13, 20km - 02:07:53, 21km - 02:15:29, 25km - 02:40:51, 30km - 03:17:56, 35km - 03:58:18, 40km - 04:41:53									
5424	2199	JĘDRA Andrzej	ZŁOTNIKI		POL	M45	680	05:00:45	05:05:59		4525
		5km - 00:28:11, 10km - 00:56:18, 15km - 01:25:35, 20km - 01:58:09, 21km - 02:05:32, 25km - 02:33:52, 30km - 03:15:12, 35km - 03:58:18, 40km - 04:41:58									
5425	4429	KWIECIEŃ Zbigniew	BIERUTÓW	Bierutowska Grupa Biegowa	POL	M55	192	05:00:48	05:08:39		4526
		5km - 00:30:52, 10km - 01:03:08, 15km - 01:34:46, 20km - 02:07:20, 21km - 02:14:34, 25km - 02:43:36, 30km - 03:24:22, 35km - 04:05:58, 40km - 04:45:14									
5426	6986	PATSOUSKI Siarhei	PINSK	run4fun.by	BLR	M30	1572	05:00:52	05:02:18		4527
		5km - 00:28:29, 10km - 00:57:40, 15km - 01:26:06, 20km - 01:59:09, 21km - 02:07:28, 25km - 02:35:01, 30km - 03:24:22, 35km - 04:09:38, 40km - 04:47:28									
5427	2799	MURAWSKA Katarzyna	SŁUPSK		POL	K30	381	05:00:53	05:09:46	900	
		5km - 00:32:01, 10km - 01:04:23, 15km - 01:36:45, 20km - 02:11:11, 21km - 02:18:50, 25km - 02:46:49, 30km - 03:25:32, 35km - 04:04:13, 40km - 04:44:50									
5428	5827	WIERZCHOWSKA Agnieszka	DE HAAN		BEL	K45	103	05:00:53	05:06:36	900	
		5km - 00:31:32, 10km - 01:03:17, 15km - 01:35:03, 20km - 02:08:27, 21km - 02:15:48, 25km - 02:43:02, 30km - 03:21:29, 35km - 04:03:14, 40km - 04:43:54									
5429	4856	FOKS Łukasz	WARSZAWA		POL	M18	513	05:00:58	05:08:24		4528
		5km - 00:31:48, 10km - 01:04:47, 15km - 01:36:44, 20km - 02:08:54, 21km - 02:16:06, 25km - 02:41:24, 30km - 03:15:36, 35km - 03:52:42, 40km - 04:39:53									
5430	2896	SADOWSKI Marcin	ŚWINOUJŚCIE		POL	M30	1573	05:01:00	05:08:19		4529
		5km - 00:31:44, 10km - 01:03:55, 15km - 01:35:59, 20km - 02:09:10, 21km - 02:16:26, 25km - 02:42:45, 30km - 03:18:35, 35km - 04:01:11, 40km - 04:44:49									
5431	2854	DREWCZYŃSKI Daniel	KOŚCIERZYNA	PGB Sportowa Paczka	POL	M30	1574	05:01:07	05:06:52		4530
		5km - 00:29:33, 10km - 00:59:33, 15km - 01:29:55, 20km - 02:04:14, 21km - 02:11:41, 25km - 02:40:36, 30km - 03:23:23, 35km - 04:03:42, 40km - 04:44:23									
5432	4998	KRAWIEC Anita	ROZGARTY		POL	K40	233	05:01:07	05:02:23	902	
		5km - 00:28:51, 10km - 01:00:40, 15km - 01:31:30, 20km - 02:05:54, 21km - 02:13:36, 25km - 02:42:28, 30km - 03:23:13, 35km - 04:02:45, 40km - 04:44:14									
5433	4994	WACŁAWSKI Maciej	ŁAZISKA		POL	M40	1126	05:01:09	05:09:12		4531
		5km - 00:31:20, 10km - 01:03:02, 15km - 01:35:09, 20km - 02:08:19, 21km - 02:15:31, 25km - 02:42:12, 30km - 03:21:16, 35km - 04:03:07, 40km - 04:45:06									
5434	4744	CHAŁOŃSKI Marcin	KIELCE		POL	M50	298	05:01:12	05:10:30		4532
		5km - 00:33:54, 10km - 01:07:42, 15km - 01:40:49, 20km - 02:15:01, 21km - 02:23:04, 25km - 02:48:55, 30km - 03:25:45, 35km - 04:04:41, 40km - 04:44:11									
5435	5880	NOWAK Rafał	TARCE	Bridgestone	POL	M40	1127	05:01:14	05:05:50		4533
		5km - 00:28:45, 10km - 00:56:30, 15km - 01:23:45, 20km - 01:51:49, 21km - 01:58:10, 25km - 02:22:17, 30km - 03:06:51, 35km - 03:54:31, 40km - 04:41:37									
5436	3424	KRZAK Miłosz	ROŻNOWICE		POL	M18	514	05:01:17	05:10:45		4534
		5km - 00:31:33, 10km - 01:04:25, 15km - 01:37:14, 20km - 02:10:53, 21km - 02:18:39, 25km - 02:47:47, 30km - 03:30:40, 35km - 04:06:09, 40km - 04:46:05									
5437	6920	KULPIŃSKI Tomasz	GDAŃSK		POL	M60	94	05:01:20	05:09:55		4535
		5km - 00:32:16, 10km - 01:05:05, 15km - 01:37:59, 20km - 02:11:37, 21km - 02:18:53, 25km - 02:45:41, 30km - 03:25:28, 35km - 04:04:14, 40km - 04:44:41									
5438	1329	SZOPKA Katarzyna	NOWY TOMYŚL		POL	K40	234	05:01:21	05:07:50	903	
		5km - 00:30:57, 10km - 01:02:58, 15km - 01:35:11, 20km - 02:08:58, 21km - 02:16:37, 25km - 02:46:03, 30km - 03:26:05, 35km - 04:05:35, 40km - 04:45:38									
5439	2181	BIENIARA Tomasz	CZERNIEJEWO	MJDOP	POL	M45	681	05:01:28	05:08:02		4536
		5km - 00:29:57, 10km - 01:00:28, 15km - 01:30:01, 20km - 02:01:18, 21km - 02:08:58, 25km - 02:34:34, 30km - 03:14:17, 35km - 04:03:42, 40km - 04:44:51									
5440	4161	KUCZYŃSKI Rafał	LESZNO	26 2	POL	M45	681	05:01:28	05:07:49		4536
		5km - 00:30:26, 10km - 01:02:07, 15km - 01:33:05, 20km - 02:05:53, 21km - 02:13:34, 25km - 02:38:59, 30km - 03:19:32, 35km - 04:01:48, 40km - 04:45:09									
5441	7123	WOJCIECHOWSKA Monika	GORZÓW WLKP.		POL	K40	235	05:01:29	05:09:09	904	
		5km - 00:31:59, 10km - 01:04:17, 15km - 01:36:51, 20km - 02:10:40, 21km - 02:18:48, 25km - 02:45:28, 30km - 03:22:44, 35km - 04:05:32, 40km - 04:44:12									
5442	5433	ANTCZAK Grzegorz	POZNAŃ		POL	M55	193	05:01:31	05:07:58		4538
		5km - 00:31:27, 10km - 01:04:20, 15km - 01:37:04, 20km - 02:10:44, 21km - 02:18:03, 25km - 02:44:27, 30km - 03:20:21, 35km - 04:02:02, 40km - 04:44:41									
5443	4074	WIĄCEK Magdalena	PIŁA		POL	K45	104	05:01:35	05:07:52	905	
		5km - 00:31:01, 10km - 01:02:41, 15km - 01:33:28, 20km - 02:06:45, 21km - 02:14:03, 25km - 02:41:54, 30km - 03:22:14, 35km - 04:02:54, 40km - 04:45:09									
5444	7075	SMÓL Dariusz	CZERWONAK		POL	M45	683	05:01:41	05:03:51		4539
		5km - 00:24:31, 10km - 00:49:09, 15km - 01:13:58, 20km - 01:39:25, 21km - 01:45:06, 25km - 02:06:56, 30km - 02:46:54, 35km - 04:04:32, 40km - 04:46:27									
5445	5736	ENGELGARDT Karolina	BYDGOSZCZ		POL	K30	382	05:01:44	05:09:16	906	
		5km - 00:30:28, 10km - 01:01:42, 15km - 01:32:52, 20km - 02:06:28, 21km - 02:14:37, 25km - 02:43:20, 30km - 03:21:16, 35km - 04:03:29, 40km - 04:46:16									
5446	4142	NOWAK Marcin	LUBOŃ	Klub biegacza RTV EURO AGD	POL	M18	515	05:01:44	05:04:50		4540
		5km - 00:35:25, 10km - 01:09:41, 15km - 01:41:06, 20km - 02:14:13, 21km - 02:21:47, 25km - 02:48:17, 30km - 03:24:05, 35km - 04:03:24, 40km - 04:45:35									
5447	7323	KOPTA Jerzy	KRAKÓW	Cwałujące Dziadki	POL	M70	11	05:01:51	05:07:48		4541
		5km - 00:31:32, 10km - 01:04:04, 15km - 01:36:16, 20km - 02:10:10, 21km - 02:17:33, 25km - 02:44:30, 30km - 03:24:53, 35km - 04:08:09, 40km - 04:47:49									
5448	1378	NOWAK Piotr	TYCHY		POL	M18	516	05:01:56	05:08:33		4542
		5km - 00:30:20, 10km - 01:00:05, 15km - 01:29:34, 20km - 02:00:28, 21km - 02:07:29, 25km - 02:37:34, 30km - 03:18:06, 35km - 04:00:59, 40km - 04:45:08									
5449	2832	KLECZEWSKI Łukasz	POZNAŃ	PGB Sportowa Paczka	POL	M40	1128	05:01:58	05:08:23		4543
		5km - 00:31:00, 10km - 01:04:13, 15km - 01:35:39, 20km - 02:08:05, 21km - 02:15:16, 25km - 02:40:40, 30km - 03:18:10, 35km - 03:59:55, 40km - 04:43:09									
5450	2045	MAKOWIECKI Mariusz	PLESZEW		POL	M30	1575	05:02:01	05:06:48		4544
		5km - 00:29:33, 10km - 01:00:49, 15km - 01:31:30, 20km - 02:05:41, 21km - 02:13:23, 25km - 02:42:03, 30km - 03:21:20, 35km - 04:03:11, 40km - 04:45:15									
5451	123	ŁOPIŃSKA Joanna	MUROWANA GOŚLINA		POL	K18	125	05:02:02	05:09:54	907	
		5km - 00:31:06, 10km - 01:04:01, 15km - 01:36:36, 20km - 02:10:17, 21km - 02:18:49, 25km - 02:46:50, 30km - 03:28:26, 35km - 04:06:41, 40km - 04:47:24									
5452	2814	MAJCHER Tomasz	ŚREM	Wiocha Biega	POL	M45	684	05:02:08	05:08:03		4545
		5km - 00:28:00, 10km - 00:56:10, 15km - 01:24:17, 20km - 01:53:48, 21km - 02:00:26, 25km - 02:23:04, 30km - 03:01:55, 35km - 03:46:25, 40km - 04:40:08									
5453	5947	SAMORAJ Paweł	WARSZAWA		POL	M30	1576	05:02:09	05:10:47		4546
		5km - 00:32:12, 10km - 01:05:12, 15km - 01:37:19, 20km - 02:10:00, 21km - 02:17:55, 25km - 02:45:13, 30km - 03:23:59, 35km - 04:05:35, 40km - 04:46:08									
5454	1993	Zawodnik anonimowy				M55	194	05:02:11	05:04:27		4547
		5km - 00:34:08, 10km - 01:08:57, 15km - 01:42:38, 20km - 02:17:24, 21km - 02:25:42, 25km - 02:53:19, 30km - 03:32:18, 35km - 04:07:31, 40km - 04:46:03									
5455	6140	LELONKIEWICZ Rafał	MARKI	Markowi Biegacze	POL	M40	1129	05:02:15	05:10:40		4548
		5km - 00:31:56, 10km - 01:04:52, 15km - 01:37:34, 20km - 02:11:27, 21km - 02:19:01, 25km - 02:46:41, 30km - 03:26:42, 35km - 04:07:14, 40km - 04:46:58									
5456	3614	MIELNIK Kamil	POZNAŃ		POL	M40	1130	05:02:21	05:07:35		4549
		5km - 00:29:11, 10km - 00:58:10, 15km - 01:27:14, 20km - 01:58:28, 21km - 02:05:30, 25km - 02:32:12, 30km - 03:14:13, 35km - 04:00:25, 40km - 04:45:41									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
5457	270	SZAJEK Bogdan	SWARZĘDZ	MSICS POZNAŃ	POL	M65	44	05:02:27	05:10:34		4550
		5km - 00:32:02, 10km - 01:07:40, 15km - 01:41:33, 20km - 02:15:25, 21km - 02:25:18, 25km - 02:50:28, 30km - 03:27:43, 35km - 04:05:08, 40km - 04:46:30									
5458	7314	Zawodnik anonimowy				K45	105	05:02:37	05:09:01	908	
		5km - 00:32:45, 10km - 01:06:16, 15km - 01:38:57, 20km - 02:15:59, 21km - 02:23:32, 25km - 02:52:42, 30km - 03:30:55, 35km - 04:10:21, 40km - 04:47:18									
5459	6379	JAROSZ Dorota	ŁÓDŹ		POL	K40	236	05:02:54	05:12:17	909	
		5km - 00:33:51, 10km - 01:07:41, 15km - 01:41:32, 20km - 02:15:34, 21km - 02:23:36, 25km - 02:52:05, 30km - 03:33:04, 35km - 04:10:03, 40km - 04:48:11									
5460	2303	PIKULSKI Tomasz	PELCZYCE	100	POL	M18	517	05:02:57	05:10:40		4551
		5km - 00:34:18, 10km - 01:08:54, 15km - 01:43:29, 20km - 02:18:44, 21km - 02:26:34, 25km - 02:54:07, 30km - 03:30:50, 35km - 04:09:31, 40km - 04:48:21									
5461	351	OLENDER Bartłomiej	BYDGOSZCZ	Fenix	POL	M30	1577	05:02:58	05:07:01		4552
		5km - 00:28:08, 10km - 00:56:51, 15km - 01:24:10, 20km - 01:52:28, 21km - 01:59:20, 25km - 02:22:00, 30km - 03:02:21, 35km - 03:42:02, 40km - 04:36:12									
5462	7211	WRÓBEL Robert	WROCŁAW		POL	M45	685	05:03:01	05:09:04		4553
		5km - 00:32:10, 10km - 01:05:40, 15km - 01:39:27, 20km - 02:15:01, 21km - 02:22:20, 25km - 02:50:59, 30km - 03:31:15, 35km - 04:09:55, 40km - 04:47:43									
5463	7274	ŁABENDA Lonia	ROKIETNICA		POL	K50	42	05:03:04	05:08:30	910	
		5km - 00:30:20, 10km - 01:02:24, 15km - 01:34:42, 20km - 02:09:56, 21km - 02:17:32, 25km - 02:46:14, 30km - 03:24:19, 35km - 04:03:19, 40km - 04:44:54									
5464	6392	SZUTKO Sławomir	BIAŁYSTOK	Veolia	POL	M30	1578	05:03:09	05:09:51		4554
		5km - 00:30:20, 10km - 01:01:08, 15km - 01:31:18, 20km - 02:03:14, 21km - 02:10:22, 25km - 02:38:07, 30km - 03:18:26, 35km - 04:03:06, 40km - 04:47:16									
5465	1518	SOBIECKI Artur	MARKI	Markowi Biegacze	POL	M45	686	05:03:14	05:11:40		4555
		5km - 00:31:55, 10km - 01:04:51, 15km - 01:37:32, 20km - 02:11:24, 21km - 02:18:59, 25km - 02:46:37, 30km - 03:25:30, 35km - 04:07:27, 40km - 04:47:14									
5466	6612	DROZDA Jerzy	LUBIN		POL	M50	299	05:03:17	05:09:48		4556
		5km - 00:32:32, 10km - 01:06:00, 15km - 01:38:17, 20km - 02:11:43, 21km - 02:19:01, 25km - 02:45:53, 30km - 03:23:22, 35km - 04:04:05, 40km - 04:45:46									
5467	3288	RYBAK Remigiusz	BIAŁE BŁOTA	Bike U Up	POL	M40	1131	05:03:17	05:10:21		4556
		5km - 00:30:05, 10km - 01:00:45, 15km - 01:30:05, 20km - 02:00:51, 21km - 02:08:40, 25km - 02:37:00, 30km - 03:16:35, 35km - 04:01:23, 40km - 04:45:57									
5468	2376	JACKÓW - SOWA Krystyna	WIRY		POL	K50	43	05:03:27	05:12:20	911	
		5km - 00:33:17, 10km - 01:06:13, 15km - 01:38:14, 20km - 02:11:15, 21km - 02:19:09, 25km - 02:47:43, 30km - 03:25:53, 35km - 04:06:20, 40km - 04:46:17									
5469	4869	NIEWIADA Jarosław	KOTLIN	BS TRUCHTACZ DOBRZYCA	POL	M50	300	05:03:27	05:07:16		4558
		5km - 00:29:32, 10km - 00:59:29, 15km - 01:29:27, 20km - 02:00:37, 21km - 02:08:11, 25km - 02:33:42, 30km - 03:13:40, 35km - 03:57:13, 40km - 04:43:56									
5470	2372	SOWA Sandra	WIRY		POL	K18	126	05:03:27	05:12:20	911	
		5km - 00:33:17, 10km - 01:06:13, 15km - 01:38:14, 20km - 02:11:12, 21km - 02:19:08, 25km - 02:47:43, 30km - 03:25:48, 35km - 04:06:14, 40km - 04:46:09									
5471	2816	BYRTEK Grzegorz	BYDGOSZCZ		POL	M40	1132	05:03:30	05:09:52		4559
		5km - 00:30:30, 10km - 01:00:52, 15km - 01:31:30, 20km - 02:04:51, 21km - 02:12:51, 25km - 02:42:39, 30km - 03:24:28, 35km - 04:04:14, 40km - 04:47:31									
5472	6836	MAJCHRZAK Piotr	GNIEZNO	ORANGE POLSKA	POL	M45	687	05:03:33	05:06:32		4560
		5km - 00:29:03, 10km - 00:59:02, 15km - 01:29:24, 20km - 02:04:40, 21km - 02:12:26, 25km - 02:41:52, 30km - 03:24:53, 35km - 04:07:29, 40km - 04:47:49									
5473	906	MIRKO Dominika	DOBRZEŃ WIELKI		POL	K18	127	05:03:33	05:12:12	913	
		5km - 00:32:17, 10km - 01:05:15, 15km - 01:38:15, 20km - 02:11:47, 21km - 02:22:09, 25km - 02:50:59, 30km - 03:32:00, 35km - 04:08:43, 40km - 04:48:31									
5474	972	PIECZYŃSKI Robert	LUBOŃ	Moto-Centrala	POL	M50	301	05:03:33	05:10:07		4560
		5km - 00:32:00, 10km - 01:04:30, 15km - 01:36:25, 20km - 02:08:53, 21km - 02:16:20, 25km - 02:43:02, 30km - 03:21:41, 35km - 04:04:32, 40km - 04:46:59									
5475	4458	MŁODZIKOWSKI Marcin	GNIEZNO	Słynni Kenijczycy	POL	M40	1133	05:03:34	05:11:43		4562
		5km - 00:32:23, 10km - 01:05:55, 15km - 01:38:12, 20km - 02:11:15, 21km - 02:19:03, 25km - 02:46:28, 30km - 03:24:54, 35km - 04:06:12, 40km - 04:46:18									
5476	6540	CIOCH Aleksandra	PIŁA	Aktywnie w Pniewach	POL	K18	128	05:03:40	05:08:55	914	
		5km - 00:28:21, 10km - 00:57:22, 15km - 01:28:39, 20km - 02:04:58, 21km - 02:13:23, 25km - 02:42:29, 30km - 03:27:49, 35km - 04:08:28, 40km - 04:48:46									
5477	2590	MICHALSKA Agnieszka	ŚWINOUJŚCIE		POL	K55	14	05:03:40	05:11:27	914	
		5km - 00:31:33, 10km - 01:03:47, 15km - 01:36:31, 20km - 02:11:59, 21km - 02:19:50, 25km - 02:49:41, 30km - 03:30:57, 35km - 04:10:10, 40km - 04:48:15									
5478	3805	SKOCZYLAS Jerzy	KRAKÓW	Wkurw_Team_Kraków	POL	M40	1134	05:03:40	05:10:51		4563
		5km - 00:30:39, 10km - 01:02:40, 15km - 01:36:01, 20km - 02:13:43, 21km - 02:23:44, 25km - 02:51:29, 30km - 03:29:30, 35km - 04:07:44, 40km - 04:49:36									
5479	6544	WOŹNICZKA Anna	PNIEWY	Aktywnie w Pniewach	POL	K30	383	05:03:40	05:08:55	914	
		5km - 00:28:21, 10km - 00:57:22, 15km - 01:28:40, 20km - 02:04:58, 21km - 02:13:23, 25km - 02:42:30, 30km - 03:27:49, 35km - 04:08:28, 40km - 04:48:46									
5480	6959	SOBCZAK Katarzyna	GARBY		POL	K50	44	05:03:41	05:10:10	917	
		5km - 00:28:52, 10km - 00:59:01, 15km - 01:29:51, 20km - 02:04:54, 21km - 02:12:54, 25km - 02:42:48, 30km - 03:24:44, 35km - 04:06:15, 40km - 04:47:43									
5481	967	KNOPP Krzysztof	POZNAŃ	#Chris	POL	M18	518	05:03:43	05:12:05		4564
		5km - 00:31:40, 10km - 01:04:55, 15km - 01:36:41, 20km - 02:09:21, 21km - 02:17:43, 25km - 02:43:37, 30km - 03:22:46, 35km - 04:07:57, 40km - 04:47:30									
5482	5677	BABIŃSKI Sławek	SZCZECIN	Hanmon.pl	POL	M45	688	05:03:45	05:06:25		4565
		5km - 00:27:43, 10km - 00:56:14, 15km - 01:23:47, 20km - 01:52:07, 21km - 01:58:25, 25km - 02:22:15, 30km - 03:13:41, 35km - 04:02:53, 40km - 04:46:10									
5483	548	ŻBEL Ania	ZEBRZYDOWICE	HRmax Żory	POL	K30	384	05:03:45	05:10:00	918	
		5km - 00:30:06, 10km - 01:01:10, 15km - 01:31:57, 20km - 02:03:57, 21km - 02:12:28, 25km - 02:38:19, 30km - 03:16:19, 35km - 03:55:27, 40km - 04:45:53									
5484	551	ŻBEL Michał	ZEBRZYDOWICE	HRmax Żory	POL	M40	1135	05:03:45	05:10:00		4565
		5km - 00:30:06, 10km - 01:01:42, 15km - 01:31:57, 20km - 02:03:57, 21km - 02:12:29, 25km - 02:38:19, 30km - 03:16:19, 35km - 03:55:29, 40km - 04:45:53									
5485	3904	ZIELONKA Marian	OSTROW WIELKOPOLSKI	k.s Maraton OstrowWlkp.	POL	M60	95	05:03:47	05:12:03		4567
		5km - 00:30:48, 10km - 01:03:11, 15km - 01:35:35, 20km - 02:09:08, 21km - 02:16:28, 25km - 02:45:51, 30km - 03:26:23, 35km - 04:07:14, 40km - 04:45:49									
5486	2177	JABŁOŃSKA Iza	KOZIEGŁOWY		POL	K30	385	05:03:51	05:09:21	919	
		5km - 00:31:42, 10km - 01:04:00, 15km - 01:36:13, 20km - 02:09:25, 21km - 02:18:01, 25km - 02:47:25, 30km - 03:25:50, 35km - 04:05:55, 40km - 04:46:55									
5487	2114	WITKOWSKI Emil	POZNAŃ		POL	M30	1579	05:03:53	05:11:30		4568
		5km - 00:29:31, 10km - 00:57:38, 15km - 01:25:27, 20km - 01:53:36, 21km - 01:59:52, 25km - 02:23:08, 30km - 02:57:56, 35km - 03:43:39, 40km - 04:39:09									
5488	4893	FINGAS Patrycja	CHORZÓW		POL	K18	129	05:03:56	05:09:55	920	
		5km - 00:29:20, 10km - 01:01:22, 15km - 01:36:19, 20km - 02:12:31, 21km - 02:20:30, 25km - 02:49:42, 30km - 03:27:40, 35km - 04:07:37, 40km - 04:47:38									
5489	3182	JASIEWICZ Tomasz	ZIELONA GÓRA	GALLOWAY TEAM ZIELONA GÓRA	POL	M40	1136	05:03:57	05:11:46		4569
		5km - 00:31:42, 10km - 01:03:52, 15km - 01:35:47, 20km - 02:08:05, 21km - 02:15:33, 25km - 02:42:03, 30km - 03:22:26, 35km - 04:05:17, 40km - 04:46:23									
5490	6843	JASIEWICZ Wiola	ZIELONA GÓRA	Galloway Team Zielona Góra	POL	K30	386	05:03:57	05:11:46	921	
		5km - 00:31:43, 10km - 01:03:52, 15km - 01:35:47, 20km - 02:08:08, 21km - 02:15:33, 25km - 02:42:03, 30km - 03:22:26, 35km - 04:05:18, 40km - 04:46:38									
5491	5727	ŁOSKOT Marcin	ŁĄKA	KAC RUNNERS	POL	M40	1137	05:03:59	05:12:34		4570
		5km - 00:32:19, 10km - 01:05:18, 15km - 01:38:19, 20km - 02:11:49, 21km - 02:19:36, 25km - 02:48:10, 30km - 03:28:31, 35km - 04:08:00, 40km - 04:48:34									
5492	1647	GRZECHNIK Paulina	KRÓLIKOWO		POL	K30	387	05:04:03	05:10:47	922	
		5km - 00:30:19, 10km - 01:00:21, 15km - 01:29:59, 20km - 02:01:11, 21km - 02:09:52, 25km - 02:36:38, 30km - 03:16:15, 35km - 04:02:06, 40km - 04:47:45									
5493	901	DZIWIEC- GUZIK Justyna	DĄBROWA GÓRNICZA		POL	K40	237	05:04:04	05:10:45	923	
		5km - 00:32:12, 10km - 01:04:30, 15km - 01:36:26, 20km - 02:11:05, 21km - 02:18:57, 25km - 02:46:51, 30km - 03:27:30, 35km - 04:11:26, 40km - 04:50:58									
5494	1677	KOSTRZEWSKI Mateusz	MYSZKÓW	Myszków Biega	POL	M30	1580	05:04:06	05:12:46		4571
		5km - 00:32:13, 10km - 01:04:50, 15km - 01:38:11, 20km - 02:11:43, 21km - 02:19:19, 25km - 02:46:49, 30km - 03:27:54, 35km - 04:08:00, 40km - 04:46:52									
5495	6255	SYGUŁA Katarzyna	JAWORZNO	KB MCKiS Jaworzno	POL	K45	106	05:04:06	05:12:56	924	
		5km - 00:34:38, 10km - 01:08:50, 15km - 01:41:58, 20km - 02:18:06, 21km - 02:25:48, 25km - 02:54:18, 30km - 03:34:36, 35km - 04:14:51, 40km - 04:50:44									
5496	7061	SWIETEK Wojciech	POZNAN	gRunwald Team Poznan	POL	M55	195	05:04:10	05:12:36		4572
		5km - 00:31:33, 10km - 01:04:16, 15km - 01:36:24, 20km - 02:10:36, 21km - 02:18:12, 25km - 02:48:09, 30km - 03:27:27, 35km - 04:07:22, 40km - 04:48:15									
5497	3518	GANSKA Daniel	PLEWISKA	Plewiska Biegają	POL	M30	1581	05:04:11	05:12:20		4573
		5km - 00:30:34, 10km - 01:02:53, 15km - 01:34:48, 20km - 02:07:06, 21km - 02:14:30, 25km - 02:41:40, 30km - 03:22:55, 35km - 04:04:54, 40km - 04:45:42									
5498	7316	LENIART Krzysiek	ZIELONA GÓRA	PKO Bank Polski	POL	M30	1582	05:04:21	05:10:55		4574
		5km - 00:30:35, 10km - 01:01:31, 15km - 01:31:18, 20km - 02:02:20, 21km - 02:09:36, 25km - 02:35:31, 30km - 03:20:12, 35km - 04:03:45, 40km - 04:47:54									
5499	349	LESZCZYK Justyna	KOZIENICE, ALEKSANDRÓWKA	WKZ KOZIENICE BBL	POL	K50	45	05:04:25	05:10:29	925	
		5km - 00:31:06, 10km - 01:03:16, 15km - 01:34:44, 20km - 02:09:39, 21km - 02:18:35, 25km - 02:48:06, 30km - 03:27:00, 35km - 04:07:28, 40km - 04:48:40									
5500	669	KOZŁOWSKI Paweł	ŁOMIANKI		POL	M45	689	05:04:38	05:09:34		4575
		5km - 00:33:27, 10km - 01:08:39, 15km - 01:41:16, 20km - 02:15:19, 21km - 02:23:11, 25km - 02:49:42, 30km - 03:26:38, 35km - 04:14:33, 40km - 04:49:55									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
5501	3851	NOWAK Katarzyna	KROBIA		POL	K30	388	05:04:39	05:09:34	926	
		5km - 00:33:27, 10km - 01:08:41, 15km - 01:41:18, 20km - 02:15:20, 21km - 02:23:12, 25km - 02:49:42, 30km - 03:26:39, 35km - 04:15:16, 40km - 04:49:56									
5502	5991	SKÓRNICKI Mariusz	SZAMOTUŁY		POL	M50	302	05:04:45	05:13:03		4576
		5km - 00:31:48, 10km - 01:04:12, 15km - 01:36:16, 20km - 02:09:14, 21km - 02:16:27, 25km - 02:42:49, 30km - 03:22:05, 35km - 04:02:55, 40km - 04:47:01									
5503	5462	MORAWIEC Ilona	KOSTRZYN	Gdzie Ta Meta	POL	K18	130	05:04:47	05:13:50	927	
		5km - 00:34:18, 10km - 01:07:34, 15km - 01:40:06, 20km - 02:13:16, 21km - 02:20:49, 25km - 02:48:04, 30km - 03:29:49, 35km - 04:10:18, 40km - 04:50:03									
5504	6363	PIECHNIK Maria	TRZEMESZNO		POL	K30	389	05:04:51	05:10:52	928	
		5km - 00:29:11, 10km - 00:58:52, 15km - 01:28:27, 20km - 02:02:28, 21km - 02:10:03, 25km - 02:39:49, 30km - 03:19:55, 35km - 04:02:20, 40km - 04:46:40									
5505	7040	STRULAK Bogusz	BIEDRUSKO		POL	M30	1583	05:04:57	05:13:31		4577
		5km - 00:34:17, 10km - 01:07:39, 15km - 01:40:43, 20km - 02:14:44, 21km - 02:22:22, 25km - 02:48:59, 30km - 03:25:43, 35km - 04:06:58, 40km - 04:47:32									
5506	1566	FEDORCZUK Katarzyna	KUNICE	Matner Running Team/ Fitness Piekary Leg	POL	K45	107	05:05:01	05:13:37	929	
		5km - 00:34:13, 10km - 01:08:13, 15km - 01:42:04, 20km - 02:16:42, 21km - 02:25:31, 25km - 02:53:23, 30km - 03:33:31, 35km - 04:09:59, 40km - 04:48:37									
5507	4342	CEBEŃKO Maria	NOWE CZARNOWO	KB Hermes Gryfino	POL	K50	46	05:05:04	05:14:19	930	
		5km - 00:35:02, 10km - 01:10:35, 15km - 01:44:11, 20km - 02:18:58, 21km - 02:26:58, 25km - 02:54:13, 30km - 03:31:59, 35km - 04:10:05, 40km - 04:49:12									
5508	6143	FILICIAK Justyna	KRAKÓW	CAFFETTIERA	POL	K40	238	05:05:10	05:13:45	931	
		5km - 00:32:17, 10km - 01:04:57, 15km - 01:37:48, 20km - 02:12:12, 21km - 02:20:11, 25km - 02:48:39, 30km - 03:27:39, 35km - 04:07:37, 40km - 04:48:29									
5509	1684	GÓŹDŹ Milena	BYDGOSZCZ	Jaś biega	POL	K45	108	05:05:10	05:14:13	931	
		5km - 00:35:14, 10km - 01:10:50, 15km - 01:46:27, 20km - 02:23:29, 21km - 02:31:23, 25km - 02:59:39, 30km - 03:35:08, 35km - 04:11:58, 40km - 04:49:23									
5510	5871	JANIK Mirosław	POZNAŃ	Bridgestone	POL	M45	690	05:05:16	05:06:49		4578
		5km - 00:27:36, 10km - 00:55:42, 15km - 01:23:42, 20km - 01:52:23, 21km - 01:58:59, 25km - 02:21:48, 30km - 03:00:07, 35km - 03:49:37, 40km - 04:42:11									
5511	1266	CICHOCKI Jerzy	DĄBRÓWKA		POL	M40	1138	05:05:19	05:12:52		4579
		5km - 00:30:28, 10km - 01:01:45, 15km - 01:32:08, 20km - 02:03:55, 21km - 02:11:12, 25km - 02:39:16, 30km - 03:22:44, 35km - 04:06:20, 40km - 04:47:48									
5512	752	KRUPCZYŃSKI Adrian	ROGOŹNO		POL	M40	1139	05:05:22	05:12:58		4580
		5km - 00:31:00, 10km - 01:03:17, 15km - 01:35:20, 20km - 02:07:42, 21km - 02:15:30, 25km - 02:41:40, 30km - 03:18:50, 35km - 03:59:09, 40km - 04:43:37									
5513	7213	JANISZEWSKI Szymon	PSARSKIE		POL	M45	691	05:05:29	05:13:41		4581
		5km - 00:31:52, 10km - 01:03:42, 15km - 01:35:04, 20km - 02:08:23, 21km - 02:16:41, 25km - 02:43:00, 30km - 03:22:58, 35km - 04:04:51, 40km - 04:48:22									
5514	7202	JASTRZĘBSKI Radek	POZNAŃ		POL	M40	1140	05:05:29	05:13:11		4581
		5km - 00:32:13, 10km - 01:04:54, 15km - 01:37:57, 20km - 02:12:29, 21km - 02:20:13, 25km - 02:48:59, 30km - 03:27:13, 35km - 04:07:59, 40km - 04:48:37									
5515	7088	KLAWITER Mateusz	POZNAN	Cityzen_	POL	M30	1584	05:05:44	05:09:32		4583
		5km - 00:30:13, 10km - 00:59:51, 15km - 01:29:02, 20km - 02:00:55, 21km - 02:08:23, 25km - 02:36:28, 30km - 03:20:23, 35km - 04:02:58, 40km - 04:48:34									
5516	6688	KOWALCZYK Wojciech	BEŁCHATÓW	KB Spartakus Bełchatów	POL	M55	196	05:05:48	05:08:21		4584
		5km - 00:28:03, 10km - 00:56:59, 15km - 01:26:56, 20km - 02:01:04, 21km - 02:09:21, 25km - 02:38:37, 30km - 03:21:49, 35km - 04:07:46, 40km - 04:49:47									
5517	6931	KURIATA Marcin	WLADYSLAWOWO		POL	M45	692	05:05:49	05:09:10		4585
		5km - 00:29:51, 10km - 01:00:27, 15km - 01:29:35, 20km - 02:00:11, 21km - 02:07:36, 25km - 02:34:06, 30km - 03:17:21, 35km - 04:07:06, 40km - 04:50:24									
5518	3251	WOJTCZAK Przemysław	PLESZEW		POL	M18	519	05:05:53	05:10:58		4586
		5km - 00:29:50, 10km - 01:00:12, 15km - 01:30:33, 20km - 02:02:46, 21km - 02:12:10, 25km - 02:38:52, 30km - 03:19:30, 35km - 04:03:14, 40km - 04:47:30									
5519	998	LEWANDOWSKI Kamil	POZNAŃ	Kurde Molek	POL	M30	1585	05:05:55	05:12:14		4587
		5km - 00:30:18, 10km - 01:00:36, 15km - 01:30:20, 20km - 02:03:35, 21km - 02:11:33, 25km - 02:40:42, 30km - 03:23:21, 35km - 04:05:57, 40km - 04:48:07									
5520	2351	GWIAZDA Wanda	SZPROTAWA	drużyna chrobrego	POL	K60	6	05:05:58	05:11:28	933	
		5km - 00:31:05, 10km - 01:03:03, 15km - 01:34:59, 20km - 02:11:22, 21km - 02:19:31, 25km - 02:49:41, 30km - 03:31:41, 35km - 04:11:52, 40km - 04:49:58									
5521	6095	NOWICKA Katarzyna	WARSZAWA	AKS Polonia Warszawa	POL	K40	239	05:06:00	05:08:44	934	
		5km - 00:35:58, 10km - 01:12:48, 15km - 01:46:47, 20km - 02:21:51, 21km - 02:30:39, 25km - 02:59:05, 30km - 03:36:22, 35km - 04:13:25, 40km - 04:50:37									
5522	384	BAREŁKOWSKA Katarzyna	POZNAŃ	Kobiety Biegają / Night runners	POL	K45	109	05:06:01	05:14:40	935	
		5km - 00:32:46, 10km - 01:06:18, 15km - 01:38:34, 20km - 02:15:18, 21km - 02:23:13, 25km - 02:50:48, 30km - 03:28:01, 35km - 04:08:16, 40km - 04:49:08									
5523	2877	KIERAT Zbigniew	GÓRKI WIELKIE		POL	M55	197	05:06:01	05:14:04		4588
		5km - 00:30:49, 10km - 01:03:20, 15km - 01:35:06, 20km - 02:08:22, 21km - 02:16:06, 25km - 02:42:12, 30km - 03:21:05, 35km - 04:02:28, 40km - 04:46:47									
5524	5799	MIREK Andrzej	KOZIEGŁOWY		POL	M65	45	05:06:09	05:10:23		4589
		5km - 00:29:27, 10km - 00:59:12, 15km - 01:28:39, 20km - 02:01:12, 21km - 02:08:52, 25km - 02:36:34, 30km - 03:19:15, 35km - 04:04:46, 40km - 04:51:41									
5525	879	WYSŁUŻAL Elżbieta	POZNAŃ	100	POL	K50	47	05:06:11	05:11:09	936	
		5km - 00:30:39, 10km - 01:02:40, 15km - 01:35:21, 20km - 02:11:15, 21km - 02:19:12, 25km - 02:47:08, 30km - 03:26:37, 35km - 04:06:39, 40km - 04:49:18									
5526	3435	KRUSZYŃSKI Andrzej	BEŁCHATÓW		POL	M60	96	05:06:12	05:15:17		4590
		5km - 00:35:08, 10km - 01:10:52, 15km - 01:46:06, 20km - 02:22:06, 21km - 02:29:56, 25km - 02:56:38, 30km - 03:31:59, 35km - 04:10:14, 40km - 04:49:59									
5527	4241	ŁOSKOT Marek	WAŁBRZYCH		POL	M40	1141	05:06:12	05:12:17		4590
		5km - 00:31:57, 10km - 01:06:30, 15km - 01:38:55, 20km - 02:14:20, 21km - 02:22:30, 25km - 02:51:43, 30km - 03:32:06, 35km - 04:12:53, 40km - 04:50:36									
5528	766	WAGNER Karol	KOŚCIELISKO		POL	M40	1142	05:06:14	05:12:34		4592
		5km - 00:28:14, 10km - 00:56:53, 15km - 01:26:29, 20km - 02:02:55, 21km - 02:10:45, 25km - 02:39:31, 30km - 03:20:18, 35km - 04:02:41, 40km - 04:47:19									
5529	777	POSADZY Karol	GNIEWKOWO	TG Sokół Gniewkowo	POL	M45	693	05:06:15	05:10:29		4593
		5km - 00:27:28, 10km - 00:55:21, 15km - 01:23:13, 20km - 01:54:05, 21km - 02:01:30, 25km - 02:29:32, 30km - 03:10:07, 35km - 03:58:44, 40km - 04:48:14									
5530	1793	MĘCZYŃSKI Waldemar	POZNAŃ		POL	M45	694	05:06:17	05:14:42		4594
		5km - 00:32:30, 10km - 01:05:03, 15km - 01:36:17, 20km - 02:09:12, 21km - 02:16:22, 25km - 02:43:13, 30km - 03:21:35, 35km - 04:01:11, 40km - 04:47:48									
5531	3920	DRABIK Marcin	WROCŁAW	WKB PIAST/MORSY WROCŁAWSKIE	POL	M45	695	05:06:19	05:13:51		4595
		5km - 00:30:09, 10km - 01:00:44, 15km - 01:31:50, 20km - 02:06:36, 21km - 02:14:07, 25km - 02:44:39, 30km - 03:24:49, 35km - 04:07:03, 40km - 04:48:57									
5532	5400	JAROSZEWSKI Piotr	ZŁOTÓW		POL	M30	1586	05:06:22	05:14:05		4596
		5km - 00:31:28, 10km - 01:03:12, 15km - 01:35:21, 20km - 02:07:43, 21km - 02:15:05, 25km - 02:39:58, 30km - 03:15:48, 35km - 03:58:52, 40km - 04:46:44									
5533	2305	SZCZEBLEWSKI Witold	ŁOCHOWO	mototurystyka.com	POL	M55	198	05:06:28	05:13:17		4597
		5km - 00:30:23, 10km - 01:00:45, 15km - 01:30:41, 20km - 02:04:26, 21km - 02:12:27, 25km - 02:40:59, 30km - 03:22:15, 35km - 04:05:32, 40km - 04:49:22									
5534	2227	KOKORNIAK Maciej	POZNAŃ		POL	M40	1143	05:06:30	05:10:10		4598
		5km - 00:26:43, 10km - 00:55:09, 15km - 01:24:29, 20km - 01:56:51, 21km - 02:05:54, 25km - 02:34:17, 30km - 03:16:22, 35km - 04:00:16, 40km - 04:46:01									
5535	3780	KOZŁOWSKA Żaneta	POZNAŃ		POL	K30	390	05:06:32	05:13:11	937	
		5km - 00:32:37, 10km - 01:06:09, 15km - 01:39:34, 20km - 02:14:46, 21km - 02:22:45, 25km - 02:51:05, 30km - 03:28:34, 35km - 04:09:02, 40km - 04:49:42									
5536	5965	KUBIAK Sławomir	POZNAŃ	Drużyna Szpiku	POL	M30	1587	05:06:40	05:15:32		4599
		5km - 00:35:26, 10km - 01:11:03, 15km - 01:46:42, 20km - 02:23:03, 21km - 02:31:15, 25km - 02:59:04, 30km - 03:37:19, 35km - 04:14:40, 40km - 04:51:58									
5537	2064	KARPOWICZ Tomasz	WYSOKA	WYSOKA PIWO & GRILL	POL	M30	1588	05:06:41	05:16:28		4600
		5km - 00:32:04, 10km - 01:04:27, 15km - 01:35:54, 20km - 02:07:37, 21km - 02:14:30, 25km - 02:41:03, 30km - 03:20:13, 35km - 04:05:01, 40km - 04:47:46									
5538	4954	WRONISZEWSKI Łukasz	PIOTRKÓW TRYBUNALSKI	1 on 1 team	POL	M30	1589	05:06:47	05:13:11		4601
		5km - 00:29:33, 10km - 00:59:31, 15km - 01:30:08, 20km - 02:02:24, 21km - 02:10:15, 25km - 02:36:43, 30km - 03:15:07, 35km - 03:59:19, 40km - 04:47:12									
5539	6225	KASPROWICZ Magdalena	POZNAŃ		POL	K40	240	05:06:54	05:14:36	938	
		5km - 00:30:25, 10km - 01:01:19, 15km - 01:32:01, 20km - 02:05:19, 21km - 02:13:32, 25km - 02:43:00, 30km - 03:23:59, 35km - 04:07:20, 40km - 04:49:06									
5540	4474	KOŚLA Aneta	SZCZECINEK		POL	K40	241	05:06:58	05:14:08	939	
		5km - 00:30:15, 10km - 01:00:52, 15km - 01:32:10, 20km - 02:07:47, 21km - 02:15:06, 25km - 02:44:30, 30km - 03:25:08, 35km - 04:06:54, 40km - 04:48:50									
5541	7067	CHODOWIEC Maciej	SKAWINA	Pokonaj Focha	POL	M45	696	05:07:01	05:15:12		4602
		5km - 00:31:27, 10km - 01:02:24, 15km - 01:33:30, 20km - 02:09:43, 21km - 02:18:08, 25km - 02:48:15, 30km - 03:32:16, 35km - 04:12:56, 40km - 04:52:53									
5542	3972	TRADECKA Ilona	WAŁBRZYCH		POL	K30	391	05:07:03	05:15:07	940	
		5km - 00:31:24, 10km - 01:04:40, 15km - 01:36:36, 20km - 02:11:27, 21km - 02:18:56, 25km - 02:47:05, 30km - 03:27:14, 35km - 04:06:50, 40km - 04:48:36									
5543	6696	KRÓL-KRAJEWSKA Agnieszka	POTASZE	Night Runners	POL	K45	110	05:07:09	05:14:40	941	
		5km - 00:32:23, 10km - 01:05:58, 15km - 01:39:03, 20km - 02:13:36, 21km - 02:21:40, 25km - 02:49:40, 30km - 03:29:09, 35km - 04:09:23, 40km - 04:50:21									
5544	2700	MACIEJEWSKA Aleksandra	POZNAŃ	NIGHT RUNNERS POZNAŃ	POL	K18	131	05:07:09	05:14:40	941	
		5km - 00:32:23, 10km - 01:06:00, 15km - 01:39:03, 20km - 02:13:36, 21km - 02:21:40, 25km - 02:49:44, 30km - 03:29:16, 35km - 04:09:24, 40km - 04:50:21									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
5545	4383	BALCER Mariusz	WARSZAWA		POL	M30	1590	05:07:11	05:13:56		4603
		5km - 00:30:10, 10km - 01:00:25, 15km - 01:30:41, 20km - 02:02:14, 21km - 02:09:13, 25km - 02:35:33, 30km - 03:11:15, 35km - 03:51:05, 40km - 04:41:43									
5546	3463	KARCZEWSKI Tomasz	PUSZCZYKOWO	OSP Puszczykowo	POL	M40	1144	05:07:14	05:17:13		4604
		5km - 00:34:18, 10km - 01:08:48, 15km - 01:42:04, 20km - 02:18:09, 21km - 02:26:17, 25km - 02:53:33, 30km - 03:32:53, 35km - 04:12:09, 40km - 04:51:08									
5547	2153	BĄK Tomasz	GOLENIÓW	Rozbiegany Goleniów	POL	M30	1591	05:07:16	05:13:36		4605
		5km - 00:31:09, 10km - 01:02:55, 15km - 01:32:58, 20km - 02:03:53, 21km - 02:11:02, 25km - 02:38:37, 30km - 03:20:07, 35km - 04:08:51, 40km - 04:50:32									
5548	3507	NEWSKI Dariusz	GOŁAŃCZ	Run Team Gołańcz	POL	M45	697	05:07:17	05:15:22		4606
		5km - 00:30:29, 10km - 01:01:53, 15km - 01:33:30, 20km - 02:09:02, 21km - 02:17:42, 25km - 02:46:24, 30km - 03:28:42, 35km - 04:10:23, 40km - 04:50:14									
5549	3445	WÓJTYCH Robert	GOŁAŃCZ		POL	M45	697	05:07:17	05:15:22		4606
		5km - 00:30:27, 10km - 01:01:54, 15km - 01:33:30, 20km - 02:09:02, 21km - 02:17:42, 25km - 02:46:24, 30km - 03:28:43, 35km - 04:10:24, 40km - 04:50:18									
5550	612	HAMPEL Marcin	POZNAŃ	HAMPEL TEAM	POL	M40	1145	05:07:19	05:16:01		4608
		5km - 00:32:25, 10km - 01:05:32, 15km - 01:38:14, 20km - 02:13:45, 21km - 02:22:07, 25km - 02:53:07, 30km - 03:31:45, 35km - 04:12:29, 40km - 04:51:41									
5551	5362	NIEWIARCZUK Paweł	MIĘDZYRZECZ		POL	M18	520	05:07:29	05:13:12		4609
		5km - 00:32:48, 10km - 01:05:47, 15km - 01:36:41, 20km - 02:06:20, 21km - 02:13:24, 25km - 02:38:11, 30km - 03:16:39, 35km - 04:05:33, 40km - 04:50:04									
5552	3123	BARAN Tomasz	KOŹMIN WLKP.		POL	M30	1592	05:07:30	05:11:07		4610
		5km - 00:26:39, 10km - 00:53:55, 15km - 01:23:30, 20km - 01:56:20, 21km - 02:04:10, 25km - 02:32:51, 30km - 03:14:25, 35km - 03:58:21, 40km - 04:47:23									
5553	4687	KUMOR Jacek, Janusz	WROCŁAW		POL	M45	699	05:07:32	05:17:33		4611
		5km - 00:32:47, 10km - 01:05:55, 15km - 01:38:32, 20km - 02:12:36, 21km - 02:20:27, 25km - 02:48:48, 30km - 03:30:18, 35km - 04:11:46, 40km - 04:51:44									
5554	973	URBANIAK Henryka	GOSCIESZYN	Amator	POL	K50	48	05:07:35	05:15:09	943	
		5km - 00:28:32, 10km - 00:57:43, 15km - 01:27:49, 20km - 02:06:41, 21km - 02:14:42, 25km - 02:44:34, 30km - 03:26:31, 35km - 04:09:19, 40km - 04:51:21									
5555	527	WĄCHOCKI Michał	SIECHNICE		POL	M30	1593	05:07:36	05:15:54		4612
		5km - 00:32:26, 10km - 01:05:14, 15km - 01:38:01, 20km - 02:12:38, 21km - 02:20:51, 25km - 02:49:13, 30km - 03:31:02, 35km - 04:12:53, 40km - 04:52:05									
5556	4900	GROCHOWSKA Joanna	WARSZAWA	Biegamy z Ochotą	POL	K55	15	05:07:48	05:17:37	944	
		5km - 00:34:07, 10km - 01:08:24, 15km - 01:41:56, 20km - 02:16:32, 21km - 02:24:26, 25km - 02:50:33, 30km - 03:30:35, 35km - 04:08:28, 40km - 04:49:14									
5557	3002	KRYSTKIEWICZ Łukasz	TULCE	Minionki Dachsera	POL	M30	1594	05:07:51	05:16:32		4613
		5km - 00:32:16, 10km - 01:04:30, 15km - 01:37:13, 20km - 02:12:31, 21km - 02:20:06, 25km - 02:48:36, 30km - 03:30:35, 35km - 04:09:55, 40km - 04:51:02									
5558	3416	MAJ-NAWROCKA Joanna	POZNAŃ		POL	K30	392	05:07:54	05:16:58	945	
		5km - 00:31:51, 10km - 01:04:45, 15km - 01:37:23, 20km - 02:14:09, 21km - 02:22:06, 25km - 02:50:55, 30km - 03:30:37, 35km - 04:10:39, 40km - 04:51:12									
5559	5781	DEMBSKI Szymon	POZNAŃ		POL	M30	1595	05:07:56	05:15:03		4614
		5km - 00:31:37, 10km - 01:04:12, 15km - 01:36:11, 20km - 02:09:06, 21km - 02:16:59, 25km - 02:42:59, 30km - 03:21:28, 35km - 04:03:36, 40km - 04:49:54									
5560	6819	CZERWIŃSKI Jarosław	CZERWONAK		POL	M60	97	05:07:58	05:16:59		4615
		5km - 00:30:31, 10km - 01:00:24, 15km - 01:29:33, 20km - 02:00:58, 21km - 02:07:58, 25km - 02:33:16, 30km - 03:15:36, 35km - 03:55:01, 40km - 04:46:01									
5561	6579	KASPRZAK Bogusław	POZNAŃ		POL	M55	199	05:08:03	05:13:56		4616
		5km - 00:29:06, 10km - 00:58:30, 15km - 01:27:52, 20km - 01:58:40, 21km - 02:07:08, 25km - 02:36:19, 30km - 03:17:27, 35km - 04:01:04, 40km - 04:49:14									
5562	7329	Zawodnik anonimowy				M50	303	05:08:08	05:10:23		4617
		5km - 00:34:09, 10km - 01:08:55, 15km - 01:42:39, 20km - 02:17:26, 21km - 02:26:42, 25km - 02:53:57, 30km - 03:34:10, 35km - 04:13:29, 40km - 04:52:49									
5563	6756	SZYMCZAK Monika	PIŁA	Króliczki w Plecaku	POL	K30	393	05:08:22	05:15:57	946	
		5km - 00:31:43, 10km - 01:05:29, 15km - 01:39:42, 20km - 02:16:50, 21km - 02:25:20, 25km - 02:54:52, 30km - 03:36:50, 35km - 04:15:52, 40km - 04:52:40									
5564	848	PAWLAK Piotr	POZNAŃ	100	POL	M40	1146	05:08:30	05:12:28		4618
		5km - 00:27:29, 10km - 00:56:22, 15km - 01:26:15, 20km - 01:59:28, 21km - 02:07:40, 25km - 02:39:43, 30km - 03:24:17, 35km - 04:07:53, 40km - 04:53:19									
5565	1088	KLEPACKI Marcin	BIAŁYSTOK		POL	M40	1147	05:08:33	05:14:46		4619
		5km - 00:29:30, 10km - 00:58:59, 15km - 01:29:04, 20km - 02:01:08, 21km - 02:09:10, 25km - 02:37:03, 30km - 03:20:08, 35km - 04:04:28, 40km - 04:49:24									
5566	3965	MARCINEK Krzysztof	LUBLIN	PZU SPORT TEAM	POL	M30	1596	05:08:42	05:11:39		4620
		5km - 00:28:45, 10km - 00:58:33, 15km - 01:28:35, 20km - 02:03:00, 21km - 02:11:41, 25km - 02:41:03, 30km - 03:24:57, 35km - 04:08:51, 40km - 04:53:33									
5567	3061	JANISZEWSKA Marlena	SZCZECIN		POL	K30	394	05:08:44	05:17:45	947	
		5km - 00:32:13, 10km - 01:05:51, 15km - 01:38:17, 20km - 02:13:48, 21km - 02:23:30, 25km - 02:51:02, 30km - 03:31:18, 35km - 04:10:45, 40km - 04:51:14									
5568	6877	SZYNKOWSKI Krzysztof	SCZECIN		POL	M45	700	05:08:45	05:17:46		4621
		5km - 00:32:10, 10km - 01:05:41, 15km - 01:38:13, 20km - 02:12:42, 21km - 02:23:23, 25km - 02:49:02, 30km - 03:30:45, 35km - 04:10:42, 40km - 04:51:19									
5569	2866	ANTONIAK Sławomir	POZNAŃ	TICON	POL	M55	200	05:08:52	05:17:17		4622
		5km - 00:34:15, 10km - 01:06:58, 15km - 01:38:47, 20km - 02:12:47, 21km - 02:20:21, 25km - 02:47:40, 30km - 03:26:19, 35km - 04:06:29, 40km - 04:51:08									
5570	4673	MARCINIAK Tomasz	CZERWONAK		POL	M50	304	05:08:52	05:17:41		4622
		5km - 00:34:50, 10km - 01:12:09, 15km - 01:46:01, 20km - 02:21:41, 21km - 02:29:28, 25km - 02:57:12, 30km - 03:33:51, 35km - 04:12:05, 40km - 04:51:09									
5571	5790	DOLNY Daniel	WOLSZTYN		POL	M40	1148	05:08:53	05:16:56		4624
		5km - 00:30:24, 10km - 01:01:09, 15km - 01:32:08, 20km - 02:07:43, 21km - 02:16:33, 25km - 02:46:27, 30km - 03:29:14, 35km - 04:12:59, 40km - 04:51:56									
5572	1987	OSTOLSKA Sylwia	SZCZECIN		POL	K45	111	05:08:57	05:18:20	948	
		5km - 00:33:10, 10km - 01:06:38, 15km - 01:41:17, 20km - 02:16:20, 21km - 02:24:45, 25km - 02:54:22, 30km - 03:32:56, 35km - 04:13:20, 40km - 04:51:51									
5573	2762	ŁYSOŃ Andrzej	STARGARD		POL	M30	1597	05:08:58	05:15:19		4625
		5km - 00:30:23, 10km - 01:02:09, 15km - 01:34:31, 20km - 02:11:58, 21km - 02:19:17, 25km - 02:46:23, 30km - 03:28:47, 35km - 04:12:39, 40km - 04:54:46									
5574	3090	ADAMSKI Lukasz	ŚREM	biegam bo nie lubie	POL	M30	1598	05:09:05	05:17:17		4626
		5km - 00:31:50, 10km - 01:02:55, 15km - 01:34:19, 20km - 02:08:02, 21km - 02:14:52, 25km - 02:42:24, 30km - 03:23:52, 35km - 04:07:51, 40km - 04:51:02									
5575	693	CIESZKIEWICZ Jarosław	POZNAŃ	100	POL	M45	701	05:09:05	05:18:05		4626
		5km - 00:31:53, 10km - 01:04:43, 15km - 01:36:45, 20km - 02:09:49, 21km - 02:17:09, 25km - 02:44:50, 30km - 03:23:13, 35km - 04:06:04, 40km - 04:50:09									
5576	6300	GRYGO Rafał	BIAŁYSTOK		POL	M18	521	05:09:05	05:17:00		4626
		5km - 00:29:50, 10km - 00:58:55, 15km - 01:27:54, 20km - 02:00:44, 21km - 02:08:49, 25km - 02:37:29, 30km - 03:19:47, 35km - 04:05:57, 40km - 04:49:49									
5577	3204	PAWELCZYK Adriana	ŚREM	biegam bo nie lubie	POL	K40	242	05:09:05	05:17:17	949	
		5km - 00:31:50, 10km - 01:02:55, 15km - 01:34:19, 20km - 02:08:02, 21km - 02:14:52, 25km - 02:42:24, 30km - 03:23:51, 35km - 04:07:51, 40km - 04:51:02									
5578	6333	KSOŃ Krzysztof	SWARZĘDZ		POL	M30	1599	05:09:11	05:15:56		4629
		5km - 00:32:35, 10km - 01:03:10, 15km - 01:33:01, 20km - 02:04:10, 21km - 02:13:19, 25km - 02:40:46, 30km - 03:22:43, 35km - 04:05:10, 40km - 04:52:23									
5579	996	STRABEL Maria	BYDGOSZCZ		POL	K55	16	05:09:16	05:16:45	950	
		5km - 00:31:04, 10km - 01:03:53, 15km - 01:38:10, 20km - 02:16:25, 21km - 02:24:48, 25km - 02:55:13, 30km - 03:35:01, 35km - 04:13:29, 40km - 04:53:08									
5580	5969	WAGNER Mateusz	CZĘSTOCHOWA		POL	M18	522	05:09:17	05:12:54		4630
		5km - 00:29:16, 10km - 00:58:16, 15km - 01:27:15, 20km - 01:58:29, 21km - 02:06:26, 25km - 02:37:41, 30km - 03:25:01, 35km - 04:10:39, 40km - 04:51:38									
5581	6598	GUCKI Dominik	POZNAŃ		POL	M40	1149	05:09:23	05:14:01		4631
		5km - 00:28:57, 10km - 00:59:01, 15km - 01:28:04, 20km - 01:59:15, 21km - 02:06:06, 25km - 02:35:03, 30km - 03:21:22, 35km - 04:09:13, 40km - 04:53:36									
5582	6153	WĄTROBA Dorota	LĘBORK	KLUB 42,2 LĘBORK	POL	K30	395	05:09:23	05:18:06	951	
		5km - 00:32:47, 10km - 01:05:28, 15km - 01:38:22, 20km - 02:13:19, 21km - 02:21:25, 25km - 02:49:35, 30km - 03:29:38, 35km - 04:11:47, 40km - 04:52:36									
5583	6058	ŻAK Małgorzata	POZNAŃ		POL	K30	395	05:09:23	05:15:59	951	
		5km - 00:30:32, 10km - 01:00:39, 15km - 01:30:23, 20km - 02:01:42, 21km - 02:09:38, 25km - 02:37:39, 30km - 03:19:29, 35km - 04:05:14, 40km - 04:51:51									
5584	1346	NAWLICKI Grzegorz	ZIELONA GÓRA	Zielona Góro Zacznij Biegać	POL	M40	1150	05:09:25	05:17:48		4632
		5km - 00:32:49, 10km - 01:07:05, 15km - 01:38:50, 20km - 02:12:30, 21km - 02:21:21, 25km - 02:47:27, 30km - 03:25:01, 35km - 04:04:41, 40km - 04:50:39									
5585	444	PENO Krzysztof	ZIELONA GÓRA	Zielona Góro Zacznij Biegać	POL	M45	702	05:09:25	05:17:48		4632
		5km - 00:32:49, 10km - 01:07:06, 15km - 01:38:51, 20km - 02:12:30, 21km - 02:21:21, 25km - 02:47:27, 30km - 03:25:00, 35km - 04:04:42, 40km - 04:50:38									
5586	3368	MAJCHSZAK Monika	POZNAŃ	RYBCZYŃSKI-BIKES Remmers Team	POL	K30	397	05:09:26	05:15:42	953	
		5km - 00:35:30, 10km - 01:09:48, 15km - 01:44:44, 20km - 02:19:03, 21km - 02:28:54, 25km - 02:56:55, 30km - 03:34:58, 35km - 04:14:18, 40km - 04:51:58									
5587	5406	NIEWIADOMSKI Zbigniew	LUBLINIEC	WKB META LUBLINIEC	POL	M50	305	05:09:26	05:12:10		4634
		5km - 00:28:08, 10km - 00:58:32, 15km - 01:27:47, 20km - 02:00:46, 21km - 02:08:28, 25km - 02:38:06, 30km - 03:21:16, 35km - 04:09:56, 40km - 04:52:25									
5588	800	KSIĄŻKIEWICZ Agnieszka	POZNAŃ		POL	K30	398	05:09:28	05:17:53	954	
		5km - 00:34:15, 10km - 01:06:23, 15km - 01:38:47, 20km - 02:12:47, 21km - 02:20:17, 25km - 02:47:46, 30km - 03:26:19, 35km - 04:05:59, 40km - 04:51:07									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
5589	1744	RUPOCINSKI Bartosz	POZNAŃ	Rupotek	POL	M18	523	05:09:28	05:17:15		4635
		5km - 00:33:28, 10km - 01:06:37, 15km - 01:39:55, 20km - 02:14:10, 21km - 02:21:33, 25km - 02:48:46, 30km - 03:24:57, 35km - 04:11:33, 40km - 04:53:21									
5590	623	BOGUSZ Paweł	KRAKÓW		POL	M30	1600	05:09:32	05:15:21		4636
		5km - 00:30:01, 10km - 01:00:08, 15km - 01:30:34, 20km - 02:03:06, 21km - 02:10:33, 25km - 02:40:41, 30km - 03:21:25, 35km - 04:04:46, 40km - 04:50:16									
5591	562	KOLWAS Mirosław	BELSK DUŻY	KolNet.pl	POL	M50	306	05:09:33	05:18:26		4637
		5km - 00:32:36, 10km - 01:05:17, 15km - 01:38:03, 20km - 02:11:12, 21km - 02:19:13, 25km - 02:47:49, 30km - 03:30:11, 35km - 04:10:14, 40km - 04:52:26									
5592	3423	WEREMKO Mateusz	ROŻNOWICE		POL	M18	524	05:09:34	05:19:02		4638
		5km - 00:31:32, 10km - 01:04:25, 15km - 01:37:14, 20km - 02:10:53, 21km - 02:18:39, 25km - 02:45:16, 30km - 03:22:00, 35km - 04:07:53, 40km - 04:49:07									
5593	4269	ZIEMEK Radosław	LESZNO		POL	M45	703	05:09:36	05:16:26		4639
		5km - 00:30:30, 10km - 01:00:54, 15km - 01:30:50, 20km - 02:02:29, 21km - 02:09:25, 25km - 02:37:01, 30km - 03:17:30, 35km - 04:04:40, 40km - 04:50:48									
5594	1521	PRUS Radosław	STRZAŁKOWO	Night Runners Września	POL	M30	1601	05:09:37	05:16:21		4640
		5km - 00:30:19, 10km - 01:00:21, 15km - 01:30:00, 20km - 02:01:11, 21km - 02:09:52, 25km - 02:36:46, 30km - 03:16:21, 35km - 04:02:07, 40km - 04:49:53									
5595	6117	TERETYKA Dorota	POZNAŃ		POL	K45	112	05:09:37	05:16:21	955	
		5km - 00:30:19, 10km - 01:00:24, 15km - 01:30:00, 20km - 02:01:10, 21km - 02:09:50, 25km - 02:36:39, 30km - 03:16:16, 35km - 04:02:08, 40km - 04:49:51									
5596	3964	GUSTAW Agnieszka	LUBLIN	PZU SPORT TEAM	POL	K30	399	05:09:38	05:12:34	956	
		5km - 00:28:47, 10km - 00:58:31, 15km - 01:28:35, 20km - 02:03:05, 21km - 02:11:13, 25km - 02:41:06, 30km - 03:24:43, 35km - 04:08:08, 40km - 04:53:16									
5597	5676	RUCIŃSKA-GÓRSKA Anna	POZNAŃ		POL	K40	243	05:09:38	05:18:19	956	
		5km - 00:32:15, 10km - 01:04:17, 15km - 01:36:09, 20km - 02:10:00, 21km - 02:17:37, 25km - 02:45:09, 30km - 03:24:05, 35km - 04:06:11, 40km - 04:50:37									
5598	3911	SAMULAK-ZIELIŃSKA Renata	SZCZECIN		POL	K30	400	05:09:45	05:16:43	958	
		5km - 00:30:39, 10km - 01:01:40, 15km - 01:32:32, 20km - 02:05:42, 21km - 02:14:40, 25km - 02:43:11, 30km - 03:25:30, 35km - 04:10:18, 40km - 04:52:54									
5599	3914	MILER Przemysław	SZCZECIN	KWP Szczecin	POL	M40	1151	05:09:46	05:16:44		4641
		5km - 00:30:39, 10km - 01:01:39, 15km - 01:32:32, 20km - 02:05:23, 21km - 02:14:40, 25km - 02:43:10, 30km - 03:25:29, 35km - 04:10:17, 40km - 04:52:51									
5600	378	BOJARCZUK Tomasz	POZNAŃ	Yanosik.pl Active Team	POL	M18	525	05:10:04	05:18:31		4642
		5km - , 10km - , 15km - , 20km - , 21km - , 25km - , 30km - , 35km - , 40km -									
5601	377	Zawodnik anonimowy				K18	132	05:10:05	05:18:31	959	
		5km - , 10km - , 15km - , 20km - , 21km - , 25km - , 30km - , 35km - , 40km -									
5602	6793	Zawodnik anonimowy				M30	1602	05:10:10	05:18:26		4643
		5km - 00:29:50, 10km - 00:59:41, 15km - 01:29:26, 20km - 02:02:50, 21km - 02:11:05, 25km - 02:41:05, 30km - 03:22:33, 35km - 04:06:43, 40km - 04:53:05									
5603	2042	BEDNAREK Arkadiusz	POZNAŃ		POL	M40	1152	05:10:20	05:19:00		4644
		5km - 00:32:18, 10km - 01:05:27, 15km - 01:38:13, 20km - 02:13:34, 21km - 02:21:37, 25km - 02:48:49, 30km - 03:25:13, 35km - 04:05:36, 40km - 04:51:17									
5604	4219	STAFIEJ Barbara	BYDGOSZCZ		POL	K45	113	05:10:22	05:18:10	960	
		5km - 00:31:46, 10km - 01:04:11, 15km - 01:37:01, 20km - 02:12:18, 21km - 02:20:36, 25km - 02:50:02, 30km - 03:30:52, 35km - 04:10:23, 40km - 04:52:23									
5605	7152	FOREMNIAK SZADURA Beata	OSTROWIEC ŚW.		POL	K45	114	05:10:26	05:16:49	961	
		5km - 00:31:23, 10km - 01:03:09, 15km - 01:34:17, 20km - 02:07:44, 21km - 02:15:56, 25km - 02:45:01, 30km - 03:28:38, 35km - 04:10:06, 40km - 04:53:24									
5606	2685	CZAJKO Justyna	POZNAŃ	parkrun Poznań	POL	K30	401	05:10:28	05:19:12	962	
		5km - 00:32:54, 10km - 01:06:00, 15km - 01:38:29, 20km - 02:12:19, 21km - 02:19:53, 25km - 02:48:01, 30km - 03:28:40, 35km - 04:08:50, 40km - 04:52:58									
5607	6481	NAJDER Jarosław	SZAMOTUŁY		POL	M30	1603	05:10:28	05:10:55		4645
		5km - 00:28:53, 10km - 00:58:59, 15km - 01:28:50, 20km - 02:02:27, 21km - 02:10:12, 25km - 02:39:24, 30km - 03:23:58, 35km - 04:07:02, 40km - 04:53:44									
5608	2684	STAN Adrian	POZNAŃ	parkrun Poznań	POL	M45	704	05:10:29	05:19:13		4646
		5km - 00:32:54, 10km - 01:06:00, 15km - 01:38:29, 20km - 02:12:20, 21km - 02:19:53, 25km - 02:47:43, 30km - 03:28:44, 35km - 04:08:52, 40km - 04:53:00									
5609	831	BUGIEL Adam	BRZEŹNICA		POL	M40	1153	05:10:32	05:19:05		4647
		5km - 00:31:52, 10km - 01:05:11, 15km - 01:38:20, 20km - 02:12:40, 21km - 02:20:16, 25km - 02:47:54, 30km - 03:27:21, 35km - 04:08:30, 40km - 04:51:04									
5610	2014	WOWK Piotr	WAŁBRZYCH	biegamy na koksie	POL	M30	1604	05:10:38	05:19:15		4648
		5km - 00:32:16, 10km - 01:05:01, 15km - 01:37:22, 20km - 02:11:32, 21km - 02:20:27, 25km - 02:52:01, 30km - 03:31:56, 35km - 04:10:46, 40km - 04:53:33									
5611	5762	FURGOŁ Michał	PRAGUE		CZE	M40	1154	05:10:39	05:17:03		4649
		5km - 00:31:34, 10km - 01:04:12, 15km - 01:36:12, 20km - 02:10:14, 21km - 02:18:25, 25km - 02:50:21, 30km - 03:33:55, 35km - 04:15:25, 40km - 04:54:52									
5612	1840	FILIPE Joao	WARSAW		POL	M45	705	05:10:42	05:17:49		4650
		5km - 00:32:18, 10km - 01:06:20, 15km - 01:38:38, 20km - 02:11:46, 21km - 02:19:51, 25km - 02:47:06, 30km - 03:26:56, 35km - 04:07:22, 40km - 04:51:46									
5613	1013	WALCZYNA Sławomir	WARSZAWA	PKO BP	POL	M50	307	05:10:49	05:16:34		4651
		5km - 00:31:40, 10km - 01:03:59, 15km - 01:35:33, 20km - 02:06:33, 21km - 02:17:56, 25km - 02:47:42, 30km - 03:29:56, 35km - 04:14:40, 40km - 04:55:41									
5614	2437	CWOJDZIŃSKA Patrycja	POZNAŃ		POL	K30	402	05:11:03	05:18:44	963	
		5km - 00:32:24, 10km - 01:06:08, 15km - 01:39:23, 20km - 02:13:47, 21km - 02:22:19, 25km - 02:51:17, 30km - 03:32:29, 35km - 04:13:27, 40km - 04:54:54									
5615	329	ROŻEK Michał	SZCZYTNIKI DUCHOWNE	Drużyna Biegowa Lecha Poznań	POL	M30	1605	05:11:07	05:18:54		4652
		5km - 00:29:59, 10km - 01:01:29, 15km - 01:30:33, 20km - 02:04:49, 21km - 02:11:33, 25km - 02:39:35, 30km - 03:17:59, 35km - 04:03:42, 40km - 04:55:24									
5616	1191	ANIOŁ Hubert	POZNAŃ	KS Sobieski Poznań	POL	M40	1155	05:11:08	05:20:21		4653
		5km - 00:31:50, 10km - 01:02:39, 15km - 01:32:37, 20km - 02:04:12, 21km - 02:11:16, 25km - 02:36:26, 30km - 03:20:11, 35km - 04:06:13, 40km - 04:51:13									
5617	6557	HOPKO Andrzej	KAMIONKI	BIK	POL	M40	1156	05:11:12	05:18:26		4654
		5km - 00:31:31, 10km - 01:02:07, 15km - 01:32:10, 20km - 02:03:01, 21km - 02:09:47, 25km - 02:36:12, 30km - 03:17:57, 35km - 04:00:27, 40km - 04:52:52									
5618	7226	CHABERSKI Piotr	NADARZYN		POL	M30	1606	05:11:13	05:17:45		4655
		5km - 00:31:24, 10km - 01:02:50, 15km - 01:34:34, 20km - 02:12:56, 21km - 02:22:18, 25km - 02:51:47, 30km - 03:33:56, 35km - 04:13:59, 40km - 04:55:05									
5619	1467	KIEDRZYŃSKI Arkadiusz	TORUŃ	9 ŁBOT	POL	M45	706	05:11:13	05:16:30		4655
		5km - 00:29:47, 10km - 00:59:05, 15km - 01:28:34, 20km - 02:00:39, 21km - 02:09:07, 25km - 02:38:37, 30km - 03:21:25, 35km - 04:06:23, 40km - 04:51:29									
5620	700	KĘPKA Waldemar	SANTOCKO		POL	M65	46	05:11:17	05:12:39		4657
		5km - 00:25:43, 10km - 00:52:46, 15km - 01:23:19, 20km - 01:59:25, 21km - 02:09:04, 25km - 02:39:24, 30km - 03:24:04, 35km - 04:05:54, 40km - 04:52:59									
5621	959	STECHNIJ Michał	GORZÓW WIELKOPOLSKI		POL	M18	526	05:11:17	05:17:11		4657
		5km - 00:29:39, 10km - 01:00:42, 15km - 01:30:35, 20km - 02:06:59, 21km - 02:14:29, 25km - 02:44:33, 30km - 03:26:05, 35km - 04:08:43, 40km - 04:53:02									
5622	826	CZARNECKI Rafał	KOSTRZYN		POL	M30	1607	05:11:18	05:17:09		4659
		5km - 00:29:06, 10km - 00:58:37, 15km - 01:28:56, 20km - 02:00:44, 21km - 02:08:05, 25km - 02:37:26, 30km - 03:19:17, 35km - 04:07:29, 40km - 04:55:11									
5623	5930	PERNET-SZÓSTAK Ewelina	POZNAŃ		POL	K30	403	05:11:21	05:19:39	964	
		5km - 00:32:09, 10km - 01:06:50, 15km - 01:39:40, 20km - 02:15:03, 21km - 02:24:53, 25km - 02:53:52, 30km - 03:38:05, 35km - 04:16:49, 40km - 04:56:20									
5624	3305	ŁABĘDZKA-BUGAJ Alicja	POZNAŃ	KB DeBIEC	POL	K50	49	05:11:21	05:20:02	964	
		5km - 00:33:04, 10km - 01:06:26, 15km - 01:40:03, 20km - 02:15:54, 21km - 02:23:42, 25km - 02:53:23, 30km - 03:33:51, 35km - 04:14:30, 40km - 04:55:58									
5625	6430	OCHAŁ Katarzyna	MIELEC	Zabiegani Mielec	POL	K30	404	05:11:23	05:17:04	966	
		5km - 00:32:36, 10km - 01:06:02, 15km - 01:40:12, 20km - 02:15:30, 21km - 02:23:47, 25km - 02:53:11, 30km - 03:33:33, 35km - 04:15:30, 40km - 04:55:48									
5626	2694	REPELEWICZ Natalia	NOWY SĄCZ		POL	K30	405	05:11:29	05:17:51	967	
		5km - 00:30:33, 10km - 01:01:00, 15km - 01:31:49, 20km - 02:07:35, 21km - 02:15:49, 25km - 02:49:16, 30km - 03:32:41, 35km - 04:12:59, 40km - 04:55:17									
5627	6891	ROWIŃSKI Tomasz	PROMNICE	Costa Blanca	POL	M40	1157	05:11:29	05:13:52		4660
		5km - 00:27:49, 10km - 00:56:07, 15km - 01:23:28, 20km - 01:52:15, 21km - 01:59:39, 25km - 02:25:01, 30km - 03:04:55, 35km - 03:56:02, 40km - 04:49:47									
5628	817	BORYS Dariusz	KĘDZIERZYN-KOŹLE		POL	M18	527	05:11:32	05:16:03		4661
		5km - 00:28:10, 10km - 00:57:53, 15km - 01:26:59, 20km - 01:59:20, 21km - 02:08:34, 25km - 02:37:48, 30km - 03:21:06, 35km - 04:07:56, 40km - 04:51:28									
5629	1480	ŁUCZAK Krystian	WŁOCŁAWEK		POL	M40	1158	05:11:32	05:20:07		4661
		5km - 00:32:19, 10km - 01:05:04, 15km - 01:38:01, 20km - 02:11:58, 21km - 02:20:08, 25km - 02:48:35, 30km - 03:28:40, 35km - 04:11:12, 40km - 04:54:23									
5630	4559	KUBASIK Artur	WĄGROWIEC		POL	M30	1608	05:11:35	05:17:08		4663
		5km - 00:28:04, 10km - 00:56:05, 15km - 01:24:19, 20km - 01:58:56, 21km - 02:08:05, 25km - 02:44:38, 30km - 03:31:45, 35km - 04:13:45, 40km - 04:56:52									
5631	1199	PRZYBYLSKI Łukasz	SZADEK	RAJSPORT ACTIVE	POL	M18	528	05:11:35	05:18:11		4663
		5km - 00:30:30, 10km - 01:00:34, 15km - 01:33:41, 20km - 02:11:20, 21km - 02:19:37, 25km - 02:47:05, 30km - 03:24:44, 35km - 04:11:53, 40km - 04:55:41									
5632	2647	BEDNARZAK Tadeusz	SIEDLCE	YULO RUN TEAM SIEDLCE	POL	M60	98	05:11:37	05:20:41		4665
		5km - 00:34:56, 10km - 01:10:45, 15km - 01:45:52, 20km - 02:22:01, 21km - 02:30:21, 25km - 02:58:09, 30km - 03:36:29, 35km - 04:15:05, 40km - 04:54:15									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
5633	2732	PAWLIK Grzegorz	KROTOSZYN	KS Krotosz Krotoszyn	POL	M40	1159	05:11:37	05:17:23		4665
		5km - 00:31:39, 10km - 01:04:45, 15km - 01:37:20, 20km - 02:11:37, 21km - 02:18:53, 25km - 02:44:34, 30km - 03:23:50, 35km - 04:10:08, 40km - 04:52:44									
5634	2719	GŁOWACKI Tomasz	KROTOSZYN	KS Krotosz Krotoszyn	POL	M50	308	05:11:38	05:17:24		4667
		5km - 00:31:39, 10km - 01:04:44, 15km - 01:37:21, 20km - 02:11:37, 21km - 02:18:53, 25km - 02:44:37, 30km - 03:23:51, 35km - 04:10:07, 40km - 04:52:44									
5635	193	KASPRZAK Krzysztof	KOBIERNO	KS Krotosz Krotoszyn	POL	M50	309	05:11:39	05:17:24		4668
		5km - 00:31:35, 10km - 01:05:53, 15km - 01:37:21, 20km - 02:11:37, 21km - 02:18:53, 25km - 02:44:37, 30km - 03:23:51, 35km - 04:10:08, 40km - 04:52:39									
5636	2733	POCZTA Dariusz	KROTOSZYN	KS Krotosz Krotoszyn	POL	M45	707	05:11:39	05:17:24		4668
		5km - 00:31:35, 10km - 01:05:07, 15km - 01:37:21, 20km - 02:11:38, 21km - 02:18:54, 25km - 02:44:37, 30km - 03:23:58, 35km - 04:10:09, 40km - 04:52:48									
5637	228	TYCZYŃSKI Piotr	KOBIERNO	KS KROTOSZ KROTOSZYN	POL	M50	309	05:11:39	05:17:24		4668
		5km - 00:31:40, 10km - 01:04:45, 15km - 01:37:22, 20km - 02:11:38, 21km - 02:18:54, 25km - 02:44:37, 30km - 03:23:57, 35km - 04:10:09, 40km - 04:52:40									
5638	437	FONS Aleksandra	PIŁA	WKURW_TEAM	POL	K30	406	05:12:02	05:20:22	968	
		5km - 00:32:53, 10km - 01:06:40, 15km - 01:39:11, 20km - 02:16:00, 21km - 02:23:42, 25km - 02:52:53, 30km - 03:34:11, 35km - 04:15:30, 40km - 04:56:16									
5639	1961	KEMPIŃSKI Paweł	POZNAŃ	Parkrun Poznań	POL	M45	708	05:12:03	05:17:15		4671
		5km - 00:30:26, 10km - 01:02:35, 15km - 01:32:47, 20km - 02:05:13, 21km - 02:13:00, 25km - 02:37:50, 30km - 03:13:20, 35km - 03:50:51, 40km - 04:42:34									
5640	3000	SODKIEWICZ Beata	POZNAŃ		POL	K30	407	05:12:05	05:20:27	969	
		5km - 00:33:24, 10km - 01:06:41, 15km - 01:40:11, 20km - 02:14:45, 21km - 02:22:26, 25km - 02:51:02, 30km - 03:30:55, 35km - 04:12:58, 40km - 04:54:35									
5641	3389	CAP Dorota	SUSZ	Rozbiegany Susz	POL	K40	244	05:12:10	05:20:10	970	
		5km - 00:33:27, 10km - 01:06:59, 15km - 01:39:47, 20km - 02:15:19, 21km - 02:22:54, 25km - 02:50:59, 30km - 03:31:39, 35km - 04:11:27, 40km - 04:54:34									
5642	3067	CYPRYŚ Justyna	RZESZÓW		POL	K18	133	05:12:12	05:17:49	971	
		5km - 00:30:09, 10km - 01:01:54, 15km - 01:33:48, 20km - 02:09:45, 21km - 02:18:38, 25km - 02:49:33, 30km - 03:33:20, 35km - 04:14:16, 40km - 04:53:33									
5643	4851	MIĄDLICKI Karol	SZCZECIN		POL	M30	1609	05:12:14	05:18:26		4672
		5km - 00:30:02, 10km - 01:00:10, 15km - 01:29:45, 20km - 02:02:06, 21km - 02:09:27, 25km - 02:41:17, 30km - 03:23:48, 35km - 04:08:40, 40km - 04:54:30									
5644	4120	WIELIŃSKI Lech	GNIEZNO	Grupa biegowa im. św. Stanisława Kostki	POL	M55	201	05:12:15	05:19:22		4673
		5km - 00:31:31, 10km - 01:04:25, 15km - 01:37:17, 20km - 02:11:40, 21km - 02:19:56, 25km - 02:48:05, 30km - 03:28:04, 35km - 04:11:28, 40km - 04:54:40									
5645	1166	KACZMAREK Katarzyna Maria	CZOŁOWO		POL	K45	115	05:12:23	05:20:14	972	
		5km - 00:32:07, 10km - 01:07:10, 15km - 01:41:10, 20km - 02:18:04, 21km - 02:26:06, 25km - 02:54:44, 30km - 03:35:28, 35km - 04:16:07, 40km - 04:56:25									
5646	1028	KROPSKI Michał	MARCINKOWICE		POL	M30	1610	05:12:25	05:18:42		4674
		5km - 00:29:07, 10km - 00:58:43, 15km - 01:28:53, 20km - 02:01:55, 21km - 02:09:27, 25km - 02:40:06, 30km - 03:24:00, 35km - 04:09:11, 40km - 04:54:47									
5647	4547	POLAŃSKI Adam	NOWY TOMYŚL		POL	M40	1160	05:12:26	05:18:55		4675
		5km - 00:30:57, 10km - 01:02:58, 15km - 01:35:11, 20km - 02:08:58, 21km - 02:16:37, 25km - 02:47:45, 30km - 03:32:14, 35km - 04:12:42, 40km - 04:55:58									
5648	412	EGLER Michał	POZNAŃ	Maratończyk Poznań	POL	M50	311	05:12:33	05:21:11		4676
		5km - 00:33:08, 10km - 01:06:28, 15km - 01:40:06, 20km - 02:15:50, 21km - 02:23:45, 25km - 02:53:26, 30km - 03:33:52, 35km - 04:14:31, 40km - 04:56:06									
5649	3973	Zawodnik anonimowy				M30	1611	05:12:35	05:21:57		4677
		5km - 00:34:51, 10km - 01:09:25, 15km - 01:43:09, 20km - 02:18:47, 21km - 02:26:56, 25km - 02:53:29, 30km - 03:32:50, 35km - 04:12:46, 40km - 04:54:49									
5650	2182	JAMKA Wiesław	SKAWINA	Skawina Biega	POL	M55	202	05:12:36	05:18:33		4678
		5km - 00:29:00, 10km - 00:59:18, 15km - 01:29:44, 20km - 02:02:33, 21km - 02:11:09, 25km - 02:40:21, 30km - 03:26:58, 35km - 04:08:09, 40km - 04:54:46									
5651	5319	KACPRZAK Marcin	ŁÓDŹ		POL	M40	1161	05:12:39	05:17:53		4679
		5km - 00:28:15, 10km - 00:56:32, 15km - 01:26:25, 20km - 02:01:04, 21km - 02:08:06, 25km - 02:37:51, 30km - 03:18:40, 35km - 04:03:29, 40km - 04:50:45									
5652	1113	KORPIK Krzysztof	WRZEŚNIA		POL	M40	1162	05:12:40	05:20:55		4680
		5km - 00:32:12, 10km - 01:04:21, 15km - 01:36:30, 20km - 02:11:19, 21km - 02:19:45, 25km - 02:49:32, 30km - 03:31:13, 35km - 04:12:34, 40km - 04:55:27									
5653	900	KOZIOŁ Anna	DĄBROWA GÓRNICZA		POL	K30	408	05:12:51	05:19:32	973	
		5km - 00:32:12, 10km - 01:04:31, 15km - 01:36:27, 20km - 02:11:06, 21km - 02:18:58, 25km - 02:46:53, 30km - 03:27:35, 35km - 04:11:31, 40km - 04:54:42									
5654	4443	DYDYMSKA Monika	RUMIA		POL	K45	116	05:12:58	05:22:25	974	
		5km - 00:34:49, 10km - 01:10:17, 15km - 01:44:27, 20km - 02:22:03, 21km - 02:30:16, 25km - 02:59:32, 30km - 03:39:36, 35km - 04:18:56, 40km - 04:56:59									
5655	1106	BANASIK Natalia	BIELSKO-BIAŁA		POL	K30	409	05:13:04	05:21:38	975	
		5km - 00:32:17, 10km - 01:05:16, 15km - 01:37:50, 20km - 02:12:27, 21km - 02:20:33, 25km - 02:50:44, 30km - 03:32:42, 35km - 04:12:03, 40km - 04:55:48									
5656	1471	WASZAK Karol	KĘPICE	KORZYBSKIE REKINY	POL	M30	1612	05:13:10	05:17:02		4681
		5km - 00:28:50, 10km - 00:58:16, 15km - 01:27:41, 20km - 01:58:06, 21km - , 25km - 02:28:35, 30km - 03:04:32, 35km - 03:47:22, 40km - 04:42:11									
5657	1118	Zawodnik anonimowy				M40	1163	05:13:12	05:17:03		4682
		5km - 00:28:51, 10km - 00:58:17, 15km - 01:27:42, 20km - 01:58:07, 21km - 02:04:45, 25km - 02:28:35, 30km - 03:04:33, 35km - 03:47:22, 40km - 04:42:12									
5658	2148	KUNOWSKI Krzysztof	POZNAŃ		POL	M45	709	05:13:13	05:20:21		4683
		5km - 00:31:28, 10km - 01:04:09, 15km - 01:36:04, 20km - 02:10:06, 21km - 02:17:44, 25km - 02:44:29, 30km - 03:25:26, 35km - 04:08:18, 40km - 04:53:18									
5659	2115	SKIBNIEWSKI Krzysztof	POZNAŃ	Biegacze YouFit	POL	M30	1613	05:13:15	05:21:05		4684
		5km - 00:30:47, 10km - 01:03:13, 15km - 01:35:09, 20km - 02:08:13, 21km - 02:15:57, 25km - 02:43:52, 30km - 03:24:29, 35km - 04:04:40, 40km - 04:51:10									
5660	2424	LEWANDOWSKI Michał	PLEWISKA	Vege Runners	POL	M55	203	05:13:23	05:19:07		4685
		5km - 00:32:37, 10km - 01:05:34, 15km - 01:37:37, 20km - 02:10:52, 21km - 02:18:28, 25km - 02:47:04, 30km - 03:25:29, 35km - 04:09:22, 40km - 04:54:04									
5661	5003	GRUŹLEWSKI Radosław	ŻAGAŃ	11DKPanc	POL	M30	1614	05:13:34	05:19:43		4686
		5km - 00:30:43, 10km - 01:04:24, 15km - 01:36:33, 20km - 02:09:05, 21km - 02:17:49, 25km - 02:48:17, 30km - 03:35:25, 35km - 04:17:27, 40km - 04:56:28									
5662	4848	JAGODA Marta	MIRFELD		BEL	K40	245	05:13:37	05:21:09	976	
		5km - 00:31:12, 10km - 01:03:37, 15km - 01:36:14, 20km - 02:11:59, 21km - 02:20:15, 25km - 02:50:57, 30km - 03:33:49, 35km - 04:14:18, 40km - 04:56:03									
5663	7125	MURO MARTINEZ Francisco	GORZÓW WLKP.		POL	M45	710	05:13:39	05:21:19		4687
		5km - 00:31:58, 10km - 01:04:18, 15km - 01:36:51, 20km - 02:10:40, 21km - 02:18:48, 25km - 02:45:28, 30km - 03:22:43, 35km - 04:05:32, 40km - 04:54:18									
5664	5349	FURTAK Agnieszka	SIENNICA RÓŻANA		POL	K18	134	05:13:52	05:18:49	977	
		5km - 00:31:38, 10km - 01:06:04, 15km - 01:38:18, 20km - 02:12:34, 21km - 02:21:27, 25km - 02:52:14, 30km - 03:37:17, 35km - 04:18:40, 40km - 04:57:37									
5665	3253	NOWACKA Jolanta	POZNAŃ	Drużyna Szpiku	POL	K40	246	05:13:52	05:22:40	977	
		5km - 00:33:42, 10km - 01:08:31, 15km - 01:42:55, 20km - 02:20:30, 21km - 02:29:57, 25km - 02:58:58, 30km - 03:37:46, 35km - 04:18:46, 40km - 04:57:37									
5666	3060	CZERWIŃSKA Agnieszka	KROTOSZYN	Night Runners	POL	K30	410	05:14:02	05:23:01	979	
		5km - 00:30:48, 10km - 01:04:01, 15km - 01:38:13, 20km - 02:14:46, 21km - 02:22:55, 25km - 02:52:32, 30km - 03:33:00, 35km - 04:12:56, 40km - 04:56:59									
5667	7267	JARMUŻEK Mikołaj	SKRZYNKI		POL	M30	1615	05:14:04	05:17:40		4688
		5km - 00:28:17, 10km - 00:56:15, 15km - 01:24:10, 20km - 01:54:19, 21km - 02:01:06, 25km - 02:26:25, 30km - 03:06:24, 35km - 03:53:25, 40km - 04:48:24									
5668	6433	Zawodnik anonimowy				M30	1615	05:14:04	05:22:18		4688
		5km - 00:27:34, 10km - 00:56:34, 15km - 01:25:31, 20km - 01:56:34, 21km - 02:04:02, 25km - 02:30:44, 30km - 03:14:36, 35km - 04:05:40, 40km - 04:56:51									
5669	354	POWĄZKA-NABIAŁEK Aleksandra	DĄBROWA GÓRNICZA		POL	K40	247	05:14:12	05:20:46	980	
		5km - 00:30:38, 10km - 01:00:57, 15km - 01:31:09, 20km - 02:06:46, 21km - 02:14:45, 25km - 02:45:21, 30km - 03:30:51, 35km - 04:14:42, 40km - 04:57:30									
5670	5420	CIEĆWIERZ Natalia	TORUŃ		POL	K18	135	05:14:26	05:19:59	981	
		5km - 00:28:19, 10km - 00:58:35, 15km - 01:30:00, 20km - 02:05:52, 21km - 02:16:39, 25km - 02:50:40, 30km - 03:36:13, 35km - 04:19:36, 40km - 04:59:03									
5671	1267	ŚRON Gabriela	ZŁOTNIKI		POL	K30	411	05:14:28	05:22:35	982	
		5km - 00:32:12, 10km - 01:05:24, 15km - 01:39:07, 20km - 02:15:11, 21km - 02:24:59, 25km - 02:53:56, 30km - 03:36:10, 35km - 04:18:03, 40km - 04:57:38									
5672	1696	HARAJDA-TARNECKA Agnieszka	ROSANÓW	SNG WILD DUCKS	POL	K30	412	05:14:30	05:22:53	983	
		5km - 00:32:20, 10km - 01:05:19, 15km - 01:37:35, 20km - 02:11:57, 21km - 02:21:28, 25km - 02:50:36, 30km - 03:34:25, 35km - 04:14:59, 40km - 04:59:02									
5673	532	STANISŁAWSKI Marcin	ŁÓDŹ	Sng Wild Ducks	POL	M40	1164	05:14:31	05:22:54		4690
		5km - 00:32:20, 10km - 01:05:20, 15km - 01:37:34, 20km - 02:11:47, 21km - 02:21:27, 25km - 02:50:36, 30km - 03:34:25, 35km - 04:14:59, 40km - 04:59:10									
5674	1322	PIOTROWSKA Anna	POZNAŃ		POL	K30	413	05:14:33	05:17:40	984	
		5km - 00:30:49, 10km - 01:02:45, 15km - 01:33:58, 20km - 02:08:16, 21km - 02:15:32, 25km - 02:46:09, 30km - 03:30:09, 35km - 04:17:51, 40km - 04:58:09									
5675	2757	KOCZARA Wojciech	POZNAŃ		POL	M45	711	05:14:38	05:22:17		4691
		5km - 00:31:41, 10km - 01:04:09, 15km - 01:36:50, 20km - 02:12:23, 21km - 02:21:01, 25km - 02:52:24, 30km - 03:35:09, 35km - 04:16:13, 40km - 04:57:38									
5676	4911	SŁAPEK Weronika	LICHEŃ		POL	K30	414	05:14:39	05:19:22	985	
		5km - 00:33:59, 10km - 01:08:06, 15km - 01:41:02, 20km - 02:15:15, 21km - 02:23:32, 25km - 02:50:38, 30km - 03:30:49, 35km - 04:14:47, 40km - 04:58:00									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
5677	3250	MIKLIS Mariusz	GDYNIA	PASKUDA TEAM	POL	M40	1165	05:14:44	05:22:39		4692
		5km - 00:30:45, 10km - 01:02:56, 15km - 01:35:01, 20km - 02:10:38, 21km - 02:18:23, 25km - 02:48:39, 30km - 03:33:00, 35km - 04:17:44, 40km - 04:58:49									
5678	6303	KULESZA Łukasz	MIKOŁÓW		POL	M30	1617	05:14:47	05:19:20		4693
		5km - 00:28:46, 10km - 00:57:08, 15km - 01:26:16, 20km - 01:57:54, 21km - 02:05:53, 25km - 02:34:41, 30km - 03:12:38, 35km - 03:56:05, 40km - 04:50:47									
5679	4013	PIECHALAK Jacek	ROKIETNICA	Kuna Kowanówko	POL	M50	312	05:14:55	05:15:21		4694
		5km - 00:31:23, 10km - 01:06:34, 15km - 01:40:47, 20km - 02:16:52, 21km - 02:24:21, 25km - 02:58:45, 30km - 03:41:01, 35km - 04:19:58, 40km - 04:58:49									
5680	3366	STASIAK Maciej	SYCÓW		POL	M30	1618	05:15:12	05:19:56		4695
		5km - 00:30:29, 10km - 01:00:34, 15km - 01:30:04, 20km - 02:00:35, 21km - 02:08:37, 25km - 02:39:47, 30km - 03:22:13, 35km - 04:11:43, 40km - 04:56:44									
5681	4736	SERĘGA Anna	KRAKÓW	Wkurw_team	POL	K30	415	05:15:30	05:22:41	986	
		5km - 00:31:34, 10km - 01:04:54, 15km - 01:38:31, 20km - 02:15:45, 21km - 02:23:44, 25km - 02:52:40, 30km - 03:34:01, 35km - 04:15:52, 40km - 04:58:31									
5682	1122	BEDNARZ Wacław	KRAKÓW	KKB Dtystans Kraków	POL	M50	313	05:15:33	05:25:01		4696
		5km - 00:30:57, 10km - 01:02:20, 15km - 01:33:33, 20km - 02:19:47, 21km - 02:27:29, 25km - 02:58:30, 30km - 03:38:45, 35km - 04:20:33, 40km - 04:59:15									
5683	5899	MARACH Łukasz	POZNAŃ		POL	M40	1166	05:15:38	05:21:52		4697
		5km - 00:28:19, 10km - 00:56:29, 15km - 01:24:23, 20km - 01:52:32, 21km - 01:58:36, 25km - 02:21:16, 30km - 02:59:07, 35km - 04:20:36, 40km - 04:59:51									
5684	2606	WOŹNIAK Marek	KOŁO		POL	M55	204	05:15:39	05:22:18		4698
		5km - 00:30:30, 10km - 01:01:08, 15km - 01:30:26, 20km - 02:00:36, 21km - 02:07:12, 25km - 02:32:25, 30km - 03:15:20, 35km - 04:03:16, 40km - 04:54:00									
5685	4318	CHRZANOWSKI Adam	CHOJNY	Bud-rem Koło	POL	M30	1619	05:15:41	05:22:18		4699
		5km - 00:30:33, 10km - 01:00:34, 15km - 01:30:26, 20km - 02:00:40, 21km - 02:07:16, 25km - 02:32:29, 30km - 03:16:29, 35km - 04:03:19, 40km - 04:54:10									
5686	737	MARCINIAK Łukasz	WŁOSZAKOWICE	PAUMarciniak	POL	M40	1167	05:15:47	05:22:59		4700
		5km - 00:30:39, 10km - 01:02:45, 15km - 01:35:59, 20km - 02:13:41, 21km - 02:24:01, 25km - 02:54:10, 30km - 03:35:42, 35km - 04:18:34, 40km - 04:58:35									
5687	1725	PTASZEK Jarek	ORZESZE	BHPtakuTeam	POL	M40	1168	05:15:53	05:24:17		4701
		5km - 00:33:18, 10km - 01:05:48, 15km - 01:38:28, 20km - 02:14:55, 21km - 02:25:30, 25km - 02:54:24, 30km - 03:35:02, 35km - 04:15:36, 40km - 05:00:02									
5688	4694	RÓŻAŃSKA Joanna	ORZESZE	Lecymy Durś	POL	K30	416	05:15:55	05:23:06	987	
		5km - 00:30:40, 10km - 01:02:46, 15km - 01:36:00, 20km - 02:13:43, 21km - 02:24:02, 25km - 02:54:11, 30km - 03:35:42, 35km - 04:18:36, 40km - 04:58:36									
5689	6809	FRĄCZEK Damian	CIECHOCINEK		POL	M18	529	05:15:58	05:21:29		4702
		5km - 00:29:42, 10km - 00:58:37, 15km - 01:27:38, 20km - 02:01:27, 21km - 02:10:05, 25km - 02:42:09, 30km - 03:26:11, 35km - 04:12:20, 40km - 04:57:31									
5690	4745	HENRIKSSON Catharina	PERSTORP	Söder?sens fk	SWE	K50	50	05:15:58	05:25:14	988	
		5km - 00:34:10, 10km - 01:08:23, 15km - 01:42:51, 20km - 02:18:34, 21km - 02:26:06, 25km - 02:55:15, 30km - 03:36:19, 35km - 04:17:15, 40km - 04:57:50									
5691	7109	BANASZKIEWICZ Wojciech	KOPIEC	NGB	POL	M55	205	05:15:59	05:24:24		4703
		5km - 00:35:25, 10km - 01:11:09, 15km - 01:47:02, 20km - 02:22:54, 21km - 02:31:17, 25km - 02:59:26, 30km - 03:40:02, 35km - 04:19:12, 40km - 04:59:30									
5692	4740	JELANDER Anders	PERSTORP	Söder?sens fk	SWE	M55	206	05:16:00	05:25:14		4704
		5km - 00:34:11, 10km - 01:08:24, 15km - 01:42:48, 20km - 02:18:36, 21km - 02:26:08, 25km - 02:55:17, 30km - 03:36:21, 35km - 04:17:15, 40km - 04:57:43									
5693	5955	Zawodnik anonimowy				K40	248	05:16:04	05:23:01	989	
		5km - 00:34:44, 10km - 01:09:44, 15km - 01:45:19, 20km - 02:24:14, 21km - 02:33:00, 25km - 03:04:27, 30km - 03:45:18, 35km - 04:23:43, 40km - 05:01:08									
5694	3121	SZAJEK Dariusz	POZNAŃ		POL	M30	1620	05:16:20	05:22:02		4705
		5km - 00:31:57, 10km - 01:04:54, 15km - 01:36:11, 20km - 02:07:51, 21km - 02:14:56, 25km - 02:40:03, 30km - 03:17:10, 35km - 04:03:43, 40km - 04:54:20									
5695	2039	MAZUR Ewelina	GLIWICE	Biegaj z Trenerami	POL	K40	249	05:16:28	05:21:53	990	
		5km - 00:32:09, 10km - 01:07:23, 15km - 01:39:29, 20km - 02:13:20, 21km - 02:22:51, 25km - 02:51:44, 30km - 03:35:02, 35km - 04:17:35, 40km - 04:59:07									
5696	2429	WALASZCZYK Anna	GLIWICE		POL	K40	249	05:16:28	05:21:53	990	
		5km - 00:32:09, 10km - 01:07:23, 15km - 01:39:29, 20km - 02:13:20, 21km - 02:22:51, 25km - 02:51:44, 30km - 03:35:02, 35km - 04:17:35, 40km - 04:59:07									
5697	6462	Zawodnik anonimowy				M30	1621	05:16:30	05:19:10		4706
		5km - 00:29:48, 10km - 01:01:47, 15km - 01:33:56, 20km - 02:07:14, 21km - 02:14:48, 25km - 02:41:45, 30km - 03:21:35, 35km - 04:06:37, 40km - 04:54:28									
5698	6264	ŁAGOWSKI Dariusz	POZNAŃ	Night Runners	POL	M45	712	05:16:44	05:25:25		4707
		5km - 00:32:57, 10km - 01:06:14, 15km - 01:38:39, 20km - 02:15:12, 21km - 02:24:37, 25km - 02:57:17, 30km - 03:40:00, 35km - 04:20:29, 40km - 05:00:46									
5699	5959	KARAŚ Jacek	POZNAŃ	DRUŻYNA SZPIKU / Red Runner	POL	M40	1169	05:16:54	05:25:02		4708
		5km - 00:32:06, 10km - 01:04:10, 15km - 01:36:53, 20km - 02:11:40, 21km - 02:19:00, 25km - 02:47:31, 30km - 03:28:09, 35km - 04:11:39, 40km - 04:58:12									
5700	5798	HEJNE Agnieszka	DĄBRÓWKA		POL	K30	417	05:16:59	05:20:51	992	
		5km - 00:29:30, 10km - 01:00:12, 15km - 01:30:57, 20km - 02:04:41, 21km - 02:12:15, 25km - 02:41:02, 30km - 03:25:52, 35km - 04:11:06, 40km - 04:58:00									
5701	3763	KENTNER Maciej	GDYNIA		POL	M50	314	05:17:07	05:26:11		4709
		5km - 00:34:27, 10km - 01:10:27, 15km - 01:45:50, 20km - 02:22:53, 21km - 02:30:29, 25km - 02:58:09, 30km - 03:36:52, 35km - 04:20:39, 40km - 05:01:36									
5702	912	SHANKS Stephen	NOTTINGHAM	Victoria Park Harriers & Tower Hamlets A	GBR	M40	1170	05:17:09	05:26:25		4710
		5km - 00:35:21, 10km - 01:10:36, 15km - 01:46:07, 20km - 02:23:36, 21km - 02:32:11, 25km - 03:00:13, 30km - 03:38:29, 35km - 04:17:47, 40km - 04:58:08									
5703	5582	ZAJĄC Grzegorz	SANOK		POL	M45	713	05:17:13	05:25:47		4711
		5km - 00:32:17, 10km - 01:05:21, 15km - 01:38:21, 20km - 02:13:09, 21km - 02:21:47, 25km - 02:54:17, 30km - 03:33:24, 35km - 04:16:56, 40km - 05:01:48									
5704	5419	KUŚ Michał	PSARY	Lubię Burpees'y	POL	M30	1622	05:17:18	05:23:44		4712
		5km - 00:29:47, 10km - 00:59:38, 15km - 01:28:50, 20km - 01:59:39, 21km - 02:06:14, 25km - 02:31:51, 30km - 03:15:30, 35km - 04:01:12, 40km - 04:58:07									
5705	3887	BZDRĘGA Małgorzata	POZNAŃ	Mocni w Gębie	POL	K30	418	05:17:22	05:20:32	993	
		5km - 00:33:50, 10km - 01:08:24, 15km - 01:41:44, 20km - 02:17:17, 21km - 02:26:23, 25km - 02:55:43, 30km - 03:36:38, 35km - 04:19:32, 40km - 04:59:45									
5706	5490	WITKIEWICZ Joanna	POZNAŃ	Mocni w Gębie	POL	K30	419	05:17:23	05:20:33	994	
		5km - 00:33:50, 10km - 01:08:24, 15km - 01:41:44, 20km - 02:17:17, 21km - 02:26:23, 25km - 02:55:42, 30km - 03:36:38, 35km - 04:19:32, 40km - 04:59:43									
5707	2339	LANGE Hanna	ŚREM	ŻÓŁWICE W BIEGU	POL	K40	251	05:17:38	05:23:46	995	
		5km - 00:31:50, 10km - 01:05:16, 15km - 01:38:04, 20km - 02:14:09, 21km - 02:22:31, 25km - 02:51:50, 30km - 03:33:31, 35km - 04:18:38, 40km - 04:59:41									
5708	4190	KISZAKIEWICZ-SUCHECKA Agnieszka	POZNAŃ		POL	K40	252	05:17:40	05:21:59	996	
		5km - 00:31:32, 10km - 01:04:08, 15km - 01:36:20, 20km - 02:11:12, 21km - 02:21:36, 25km - 02:50:42, 30km - 03:33:41, 35km - 04:16:09, 40km - 05:00:03									
5709	6444	ROGÓRZ Andrzej	WROCŁAWPL		POL	M40	1171	05:17:53	05:19:00		4713
		5km - 00:30:14, 10km - 01:02:30, 15km - 01:34:38, 20km - 02:10:36, 21km - 02:20:25, 25km - 02:47:29, 30km - 03:31:18, 35km - 04:16:20, 40km - 05:01:45									
5710	1026	KUCHARSKA Katarzyna	WARSZAWA	Rembertów Team	POL	K30	420	05:17:57	05:26:51	997	
		5km - 00:31:59, 10km - 01:04:13, 15km - 01:36:46, 20km - 02:13:08, 21km - 02:21:28, 25km - 02:52:33, 30km - 03:35:13, 35km - 04:19:26, 40km - 05:02:34									
5711	5713	PARANIAK Jan	HUDDINGE	Team Skavsaret IF	SWE	M65	47	05:17:59	05:20:53		4714
		5km - 00:28:03, 10km - 00:59:11, 15km - 01:29:51, 20km - 02:07:41, 21km - 02:16:50, 25km - 02:49:37, 30km - 03:32:05, 35km - 04:15:52, 40km - 04:59:02									
5712	6313	BUREK Bartosz	POZNAŃ	Jakdojade	POL	M30	1623	05:18:00	05:21:55		4715
		5km - 00:31:47, 10km - 01:03:46, 15km - 01:36:18, 20km - 02:09:27, 21km - 02:16:42, 25km - 02:43:47, 30km - 03:32:32, 35km - 04:13:48, 40km - 04:57:47									
5713	957	BUREK Błażej	SKÓRZEWO	Jakdojade	POL	M30	1623	05:18:00	05:21:55		4715
		5km - 00:31:46, 10km - 01:03:46, 15km - 01:36:19, 20km - 02:09:27, 21km - 02:16:42, 25km - 02:43:48, 30km - 03:32:32, 35km - 04:13:49, 40km - 04:57:46									
5714	2288	SZCZEPAŃSKI Jan	ŁAŃCUT		POL	M18	530	05:18:00	05:26:09		4715
		5km - 00:32:25, 10km - 01:05:06, 15km - 01:37:28, 20km - 02:10:25, 21km - 02:17:37, 25km - 02:43:31, 30km - 03:20:38, 35km - 04:03:22, 40km - 04:57:32									
5715	1851	PĄCZYŃSKA Anna	OLSZTYN		POL	K30	421	05:18:04	05:27:08	998	
		5km - 00:35:11, 10km - 01:10:47, 15km - 01:46:21, 20km - 02:23:26, 21km - 02:31:28, 25km - 03:00:24, 30km - 03:40:08, 35km - 04:20:38, 40km - 05:01:54									
5716	1833	ROGOWSKA Natalia	OLSZTYN	Tryn Tryn Team	POL	K30	421	05:18:04	05:27:08	998	
		5km - 00:35:11, 10km - 01:10:53, 15km - 01:46:21, 20km - 02:23:26, 21km - 02:31:27, 25km - 03:00:24, 30km - 03:40:08, 35km - 04:20:38, 40km - 05:01:54									
5717	5499	CYWIŃSKI Adrian	POZNAŃ		POL	M18	531	05:18:07	05:27:41		4718
		5km - 00:35:58, 10km - 01:11:59, 15km - 01:47:12, 20km - 02:23:38, 21km - 02:31:46, 25km - 03:00:28, 30km - 03:39:32, 35km - 04:19:43, 40km - 05:00:34									
5718	1733	GŁĄB Bogusław	DANKOWICE	Shiloh Runners	POL	M30	1625	05:18:09	05:25:55		4719
		5km - 00:31:59, 10km - 01:04:43, 15km - 01:37:01, 20km - 02:10:58, 21km - 02:18:30, 25km - 02:47:37, 30km - 03:29:41, 35km - 04:15:09, 40km - 05:00:37									
5719	4377	GEILEN Maurice	HASTENRATH		EUA	M45	714	05:18:10	05:27:00		4720
		5km - 00:35:11, 10km - 01:11:08, 15km - 01:46:41, 20km - 02:22:50, 21km - 02:30:46, 25km - 02:59:25, 30km - 03:38:40, 35km - 04:20:55, 40km - 05:01:54									
5720	1914	OSMANN Damian	GANGELT		EUA	M50	315	05:18:11	05:27:01		4721
		5km - 00:35:11, 10km - 01:11:07, 15km - 01:46:41, 20km - 02:22:50, 21km - 02:30:45, 25km - 02:59:26, 30km - 03:38:41, 35km - 04:20:56, 40km - 05:01:57									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
5721	4427	SAMOL Waldemar	POZNAŃ		POL	M55	207	05:18:11	05:26:49		4721
		5km - 00:30:57, 10km - 01:02:22, 15km - 01:34:25, 20km - 02:08:46, 21km - 02:16:02, 25km - 02:42:44, 30km - 03:20:28, 35km - 04:05:03, 40km - 04:57:15									
5722	256	TELEGA Marcin	LEGNICA		POL	M40	1172	05:18:11	05:24:24		4721
		5km - 00:31:50, 10km - 01:04:35, 15km - 01:36:47, 20km - 02:10:59, 21km - 02:20:03, 25km - 02:52:21, 30km - 03:39:45, 35km - 04:21:24, 40km - 05:01:46									
5723	6230	PUCHAWSKI Maciej	WARSZAWA		POL	M40	1173	05:18:14	05:27:44		4724
		5km - 00:30:16, 10km - 01:00:56, 15km - 01:32:29, 20km - 02:09:23, 21km - 02:18:05, 25km - 02:50:35, 30km - 03:32:54, 35km - 04:23:15, 40km - 05:03:12									
5724	5449	MAŁYSZ Tadeusz	MUROWANA GOŚLINA	KB Katorznik Murowana Goślina	POL	M60	99	05:18:24	05:27:41		4725
		5km - 00:35:01, 10km - 01:10:44, 15km - 01:46:16, 20km - 02:23:16, 21km - 02:31:12, 25km - 02:59:31, 30km - 03:38:55, 35km - 04:22:40, 40km - 05:02:09									
5725	6567	REJMISZ Rafał	GARBY		POL	M55	208	05:18:24	05:24:53		4725
		5km - 00:32:32, 10km - 01:05:45, 15km - 01:38:22, 20km - 02:12:26, 21km - 02:20:37, 25km - 02:50:52, 30km - 03:32:19, 35km - 04:16:37, 40km - 05:00:29									
5726	3928	WITCZAK Bartosz	LESZNO		POL	M40	1174	05:18:27	05:24:20		4727
		5km - 00:33:11, 10km - 01:06:38, 15km - 01:39:33, 20km - 02:14:35, 21km - 02:23:01, 25km - 02:54:21, 30km - 03:35:35, 35km - 04:17:56, 40km - 05:00:20									
5727	3229	KAŁAMARZ Krzysztof	WAWRZEŃCZYCE		POL	M45	715	05:18:31	05:26:09		4728
		5km - 00:31:00, 10km - 01:04:41, 15km - 01:35:36, 20km - 02:07:39, 21km - 02:15:33, 25km - 02:42:26, 30km - 03:22:23, 35km - 04:07:09, 40km - 04:57:20									
5728	856	MICKIEWICZ Adam	TRZCIANKA	WOLFF	POL	M50	316	05:18:35	05:27:41		4729
		5km - 00:35:12, 10km - 01:10:49, 15km - 01:46:26, 20km - 02:23:28, 21km - 02:31:29, 25km - 02:59:39, 30km - 03:37:40, 35km - 04:17:14, 40km - 05:00:36									
5729	6456	STRABURZYŃSKI Grzegorz	POZNAŃ		POL	M40	1175	05:18:36	05:28:41		4730
		5km - 00:35:43, 10km - 01:10:22, 15km - 01:44:02, 20km - 02:20:35, 21km - 02:28:20, 25km - 02:56:21, 30km - 03:35:52, 35km - 04:20:02, 40km - 05:02:14									
5730	3311	KOŁB Jarosław	SKOKI	OloRunner	POL	M50	317	05:18:54	05:27:28		4731
		5km - 00:32:11, 10km - 01:04:33, 15km - 01:36:43, 20km - 02:12:47, 21km - 02:20:54, 25km - 02:52:37, 30km - 03:36:36, 35km - 04:20:50, 40km - 05:02:45									
5731	1074	MIELCAREK Anna	POZNAŃ	No Excuses Team	POL	K30	423	05:19:05	05:27:45	1000	
		5km - 00:32:58, 10km - 01:06:15, 15km - 01:38:32, 20km - 02:15:48, 21km - 02:24:38, 25km - 02:57:15, 30km - 03:40:00, 35km - 04:20:30, 40km - 05:03:34									
5732	4671	POLAŃSKI Robert	STRZYŻÓW	Nocne Wołki	POL	M40	1176	05:19:17	05:27:51		4732
		5km - 00:32:19, 10km - 01:06:02, 15km - 01:38:22, 20km - 02:12:04, 21km - 02:19:44, 25km - 02:47:30, 30km - 03:30:33, 35km - 04:13:24, 40km - 05:01:17									
5733	6259	ROSIŃSKA Agnieszka	POZNAŃ	Świerczewo Run	POL	K30	424	05:19:20	05:28:24	1001	
		5km - 00:31:52, 10km - 01:05:05, 15km - 01:39:04, 20km - 02:17:10, 21km - 02:25:30, 25km - 02:56:51, 30km - 03:39:36, 35km - 04:20:50, 40km - 05:03:15									
5734	1622	BUSZYNIEWICZ Alina	PISZ	Klub Morsów w Piszu	POL	K50	51	05:19:25	05:28:46	1002	
		5km - 00:35:00, 10km - 01:10:39, 15km - 01:46:14, 20km - 02:23:26, 21km - 02:31:28, 25km - 03:00:00, 30km - 03:37:50, 35km - 04:18:58, 40km - 05:02:01									
5735	5559	BIELECKA Bogumiła	ŻARÓW	Żarów Biega	POL	K50	52	05:19:26	05:27:48	1003	
		5km - 00:32:36, 10km - 01:06:00, 15km - 01:39:20, 20km - 02:16:33, 21km - 02:25:00, 25km - 02:57:33, 30km - 03:39:37, 35km - 04:22:34, 40km - 05:03:11									
5736	5026	GAWRYŚ Rafał	RUMIA	Orkiestra Reprezentacyjna MW	POL	M40	1177	05:19:27	05:28:13		4733
		5km - 00:32:17, 10km - 01:05:17, 15km - 01:38:11, 20km - 02:11:50, 21km - 02:19:18, 25km - 02:48:57, 30km - 03:29:15, 35km - 04:15:14, 40km - 04:59:45									
5737	2290	GÓRNA Aldona	ŚREM	Żółwice w biegu	POL	K40	253	05:19:27	05:25:35	1004	
		5km - 00:31:50, 10km - 01:05:17, 15km - 01:38:04, 20km - 02:14:10, 21km - 02:22:31, 25km - 02:51:50, 30km - 03:33:32, 35km - 04:18:38, 40km - 05:00:42									
5738	7004	TOMCZYK Maciej	POZNAŃ	Elektris	POL	M40	1177	05:19:27	05:28:36		4733
		5km - 00:30:59, 10km - 01:02:44, 15km - 01:34:04, 20km - 02:10:49, 21km - 02:18:40, 25km - 02:50:23, 30km - 03:35:18, 35km - 04:17:54, 40km - 05:01:39									
5739	5500	GUZOWSKI Piotr	IŁAWA	BIEGACZE GORSZEGO SORTU	POL	M30	1626	05:19:30	05:28:03		4735
		5km - 00:32:11, 10km - 01:04:23, 15km - 01:37:22, 20km - 02:12:05, 21km - 02:20:01, 25km - 02:49:27, 30km - 03:30:06, 35km - 04:13:22, 40km - 05:00:43									
5740	4619	SKRODZKI Karol	GDAŃSK		POL	M18	532	05:19:31	05:26:37		4736
		5km - 00:31:42, 10km - 01:04:01, 15km - 01:35:47, 20km - 02:08:09, 21km - 02:16:42, 25km - 02:46:19, 30km - 03:30:15, 35km - 04:15:27, 40km - 05:02:45									
5741	3454	KOBYLARZ Anna	CHORZELÓW		POL	K40	254	05:19:35	05:28:35	1005	
		5km - 00:35:12, 10km - 01:10:50, 15km - 01:46:25, 20km - 02:23:29, 21km - 02:31:26, 25km - 03:01:47, 30km - 03:43:38, 35km - 04:24:23, 40km - 05:03:17									
5742	6616	KUPCZYK Tomasz	LOMIANKI DOLNE		POL	M40	1179	05:19:43	05:24:55		4737
		5km - 00:28:27, 10km - 00:56:37, 15km - 01:26:08, 20km - 02:01:15, 21km - 02:11:24, 25km - 02:41:57, 30km - 03:30:47, 35km - 04:19:08, 40km - 05:00:24									
5743	2377	BAJAS Dariusz	ŁÓDŹ		POL	M55	209	05:19:45	05:28:31		4738
		5km - 00:30:54, 10km - 01:01:54, 15km - 01:32:19, 20km - 02:04:04, 21km - 02:11:32, 25km - 02:43:32, 30km - 03:28:55, 35km - 04:15:48, 40km - 05:02:41									
5744	6322	STRAWA Weronika	GORZÓW WIELKOPOLSKI	#BBKTS	POL	K18	136	05:19:48	05:27:33	1006	
		5km - 00:34:51, 10km - 01:09:28, 15km - 01:43:06, 20km - 02:17:42, 21km - 02:25:22, 25km - 02:54:17, 30km - 03:30:57, 35km - 04:19:26, 40km - 05:03:27									
5745	5652	Zawodnik anonimowy				K18	136	05:19:48	05:27:56	1006	
		5km - 00:30:14, 10km - 01:05:27, 15km - 01:39:09, 20km - 02:14:37, 21km - 02:22:33, 25km - 02:51:50, 30km - 03:39:11, 35km - 04:21:32, 40km - 05:03:06									
5746	3318	ŚMIECH Mariusz	KRAKÓW	AGH	POL	M40	1180	05:19:57	05:26:22		4739
		5km - 00:28:23, 10km - 00:57:04, 15km - 01:28:10, 20km - 02:06:35, 21km - 02:15:09, 25km - 02:48:12, 30km - 03:31:51, 35km - 04:15:27, 40km - 05:03:27									
5747	6116	ZAGOZDA Tomasz	LUBOŃ	Tomasz biega	POL	M55	210	05:20:10	05:29:21		4740
		5km - 00:33:30, 10km - 01:06:39, 15km - 01:40:34, 20km - 02:15:36, 21km - 02:23:16, 25km - 02:50:26, 30km - 03:31:52, 35km - 04:17:06, 40km - 05:01:26									
5748	1297	GAWŁOWICZ Piotr	WAŁBRZYCH	BIEGAM NA KOKSIE	POL	M50	318	05:20:14	05:28:51		4741
		5km - 00:32:16, 10km - 01:04:45, 15km - 01:37:22, 20km - 02:12:12, 21km - 02:20:27, 25km - 02:52:01, 30km - 03:34:24, 35km - 04:20:24, 40km - 05:03:28									
5749	5901	PIETRYGA Paweł	SZAMOTUŁU		POL	M40	1181	05:20:17	05:28:26		4742
		5km - 00:30:34, 10km - 01:02:53, 15km - 01:34:49, 20km - 02:07:06, 21km - 02:14:30, 25km - 02:42:25, 30km - 03:26:49, 35km - 04:14:24, 40km - 04:59:27									
5750	4051	MARCINKOWSKI Piotr	ROZGARTY		POL	M50	319	05:20:21	05:28:57		4743
		5km - 00:33:40, 10km - 01:08:14, 15km - 01:42:48, 20km - 02:21:01, 21km - 02:29:03, 25km - 02:58:47, 30km - 03:40:08, 35km - 04:23:08, 40km - 05:03:20									
5751	3747	RUBIN Andrzej	JAWORZNO	KB MCKIS Jaworzno	POL	M40	1182	05:20:29	05:29:19		4744
		5km - 00:34:39, 10km - 01:13:53, 15km - 01:47:14, 20km - 02:23:48, 21km - 02:33:03, 25km - 03:01:33, 30km - 03:42:54, 35km - 04:24:20, 40km - 05:03:44									
5752	3748	RUBIN Urszula	JAWORZNO		POL	K40	255	05:20:29	05:29:19	1008	
		5km - 00:34:38, 10km - 01:13:53, 15km - 01:47:14, 20km - 02:23:48, 21km - 02:33:04, 25km - 03:01:26, 30km - 03:42:54, 35km - 04:24:21, 40km - 05:03:56									
5753	1162	TROĆ Karol	SIEDLCE	Slow Jogging Siedlce	POL	M45	716	05:20:32	05:28:53		4745
		5km - 00:31:58, 10km - 01:03:43, 15km - 01:35:11, 20km - 02:08:08, 21km - 02:15:46, 25km - 02:44:09, 30km - 03:26:48, 35km - 04:14:30, 40km - 05:01:12									
5754	4757	GOLIŃSKA Barbara	POZNAŃ	EUROCASH	POL	K30	425	05:20:39	05:27:35	1009	
		5km - 00:31:39, 10km - 01:04:29, 15km - 01:36:04, 20km - 02:11:25, 21km - 02:20:09, 25km - 02:51:03, 30km - 03:37:37, 35km - 04:20:57, 40km - 05:03:36									
5755	4756	Zawodnik anonimowy				M30	1627	05:20:39	05:27:36		4746
		5km - 00:31:38, 10km - 01:04:28, 15km - 01:36:02, 20km - 02:11:24, 21km - 02:20:08, 25km - 02:51:02, 30km - 03:37:36, 35km - 04:20:56, 40km - 05:03:35									
5756	2431	ZAKRZEWSKI Tomasz	POZNAŃ	Rypin	POL	M30	1628	05:20:47	05:27:43		4747
		5km - 00:32:06, 10km - 01:06:43, 15km - 01:40:19, 20km - 02:17:05, 21km - 02:24:57, 25km - 02:54:33, 30km - 03:35:44, 35km - 04:21:34, 40km - 05:04:04									
5757	4854	HUBICKA Oksana	WARSZAWA		POL	K30	426	05:20:59	05:27:50	1010	
		5km - 00:31:53, 10km - 01:05:00, 15km - 01:40:16, 20km - 02:20:33, 21km - 02:29:19, 25km - 03:01:34, 30km - 03:44:44, 35km - 04:23:47, 40km - 05:04:37									
5758	3995	KARCZMARCZYK Eliza	SZCZECIN		POL	K40	256	05:20:59	05:27:39	1010	
		5km - 00:34:23, 10km - 01:09:42, 15km - 01:45:01, 20km - 02:21:55, 21km - 02:30:37, 25km - 03:00:32, 30km - 03:41:32, 35km - 04:25:18, 40km - 05:04:45									
5759	4067	KAPUSTA Emil	RADOM		POL	M30	1629	05:21:00	05:29:09		4748
		5km - 00:30:30, 10km - 01:01:49, 15km - 01:32:00, 20km - 02:07:09, 21km - 02:15:03, 25km - 02:44:37, 30km - 03:26:33, 35km - 04:12:10, 40km - 05:02:18									
5760	4265	KUJAWA Michał	CZAPURY		POL	M30	1630	05:21:09	05:27:32		4749
		5km - 00:30:47, 10km - 01:01:04, 15km - 01:31:08, 20km - 02:03:18, 21km - 02:10:37, 25km - 02:41:13, 30km - 03:29:10, 35km - 04:16:11, 40km - 05:03:23									
5761	2049	MĘCZYKOWSKI Ireneusz	POZNAŃ	gRUNwald team Poznań	POL	M30	1630	05:21:09	05:27:55		4749
		5km - 00:30:21, 10km - 01:01:05, 15km - 01:32:53, 20km - 02:10:00, 21km - 02:19:04, 25km - 02:52:07, 30km - 03:37:09, 35km - 04:23:41, 40km - 05:04:39									
5762	4311	JONCZEW Konrad	SKWIERZYNA		POL	M30	1632	05:21:25	05:28:58		4751
		5km - 00:32:23, 10km - 01:05:52, 15km - 01:38:05, 20km - 02:12:57, 21km - 02:21:25, 25km - 02:51:27, 30km - 03:32:58, 35km - 04:16:03, 40km - 05:02:07									
5763	181	Zawodnik anonimowy				M65	48	05:21:31	05:30:01		4752
		5km - 00:31:39, 10km - 01:03:44, 15km - 01:37:33, 20km - 02:13:00, 21km - 02:23:30, 25km - 02:51:57, 30km - 03:38:50, 35km - 04:22:37, 40km - 05:02:39									
5764	4143	NAWROCKI Łukasz	KRAKÓW		POL	M30	1633	05:21:42	05:29:58		4753
		5km - 00:30:34, 10km - 01:02:48, 15km - 01:34:32, 20km - 02:06:44, 21km - 02:13:36, 25km - 02:38:50, 30km - 03:20:50, 35km - 04:01:16, 40km - 04:51:21									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
5765	3486	RAJKOWSKI Tomasz	GUBIN	BBL Gubin	POL	M30	1634	05:21:50	05:31:12		4754
		5km - 00:34:57, 10km - 01:10:34, 15km - 01:46:08, 20km - 02:23:11, 21km - 02:31:06, 25km - 02:59:17, 30km - 03:39:03, 35km - 04:22:45, 40km - 05:04:23									
5766	6939	BŁASIAK Mariusz	WIRTY		POL	M55	211	05:21:58	05:30:25		4755
		5km - 00:30:34, 10km - 01:01:29, 15km - 01:34:48, 20km - 02:12:48, 21km - 02:21:50, 25km - 02:52:53, 30km - 03:34:38, 35km - 04:16:31, 40km - 05:03:16									
5767	2594	BRAC-WALCZYK Małgorzata	DOLNA GRUPA	Akademia Biegania Grudziądz	POL	K60	7	05:22:01	05:29:54	1012	
		5km - 00:34:07, 10km - 01:09:26, 15km - 01:43:54, 20km - 02:21:22, 21km - 02:29:25, 25km - 02:58:46, 30km - 03:39:57, 35km - 04:21:51, 40km - 05:04:33									
5768	1784	KOBYLARZ Barbara	MIELEC		POL	K30	427	05:22:01	05:31:01	1012	
		5km - 00:35:13, 10km - 01:10:50, 15km - 01:46:25, 20km - 02:23:33, 21km - 02:31:25, 25km - 03:01:47, 30km - 03:44:32, 35km - 04:25:44, 40km - 05:05:36									
5769	7022	KUNKA Piotr	JAKUBÓW	Team ZabieganeDni	POL	M30	1635	05:22:01	05:30:17		4756
		5km - 00:33:29, 10km - 01:10:16, 15km - 01:46:56, 20km - 02:23:01, 21km - 02:31:08, 25km - 03:00:26, 30km - 03:40:24, 35km - 04:23:28, 40km - 05:05:29									
5770	4888	BUGAJ Sylwia	POZNAŃ		POL	K18	138	05:22:05	05:31:13	1014	
		5km - 00:32:05, 10km - 01:04:51, 15km - 01:37:49, 20km - 02:11:19, 21km - 02:19:10, 25km - 02:45:30, 30km - 03:29:58, 35km - 04:17:20, 40km - 05:05:22									
5771	2933	PIJANOWSKI Łukasz	SZRENIAWA		POL	M30	1636	05:22:16	05:28:20		4757
		5km - 00:32:31, 10km - 01:06:58, 15km - 01:41:08, 20km - 02:17:44, 21km - 02:26:03, 25km - 02:55:59, 30km - 03:39:05, 35km - 04:21:19, 40km - 05:04:12									
5772	1901	WOJCIECHOWSKA Helena	POZNAŃ	night runners	POL	K30	428	05:22:16	05:30:23	1015	
		5km - 00:32:12, 10km - 01:05:23, 15km - 01:39:07, 20km - 02:15:49, 21km - 02:24:59, 25km - 02:57:36, 30km - 03:40:25, 35km - 04:23:27, 40km - 05:05:37									
5773	3093	TOMASZEWSKI Maciej	PLESZEW		POL	M30	1637	05:22:17	05:30:52		4758
		5km - 00:34:04, 10km - 01:08:28, 15km - 01:42:53, 20km - 02:18:11, 21km - 02:26:15, 25km - 02:54:05, 30km - 03:38:47, 35km - 04:24:52, 40km - 05:05:27									
5774	3879	HILLS Carly	RAUNDS		GBR	K30	429	05:22:21	05:31:25	1016	
		5km - 00:35:22, 10km - 01:10:45, 15km - 01:45:19, 20km - 02:21:48, 21km - 02:29:49, 25km - 03:00:48, 30km - 03:42:37, 35km - 04:24:01, 40km - 05:05:02									
5775	7315	BAGANC Adam	POZNAŃ		POL	M40	1183	05:22:25	05:26:22		4759
		5km - 00:26:41, 10km - 00:53:30, 15km - 01:20:01, 20km - 01:50:13, 21km - 02:02:21, 25km - 02:52:22, 30km - 03:36:29, 35km - 04:22:19, 40km - 05:04:19									
5776	741	MICHAŁEK Tomasz	WYMYSŁÓW	10. Świętokrzyska Brygada Obrony Trytori	POL	M40	1184	05:22:32	05:31:40		4760
		5km - 00:35:10, 10km - 01:10:44, 15km - 01:46:22, 20km - 02:23:10, 21km - 02:31:15, 25km - 02:59:10, 30km - 03:39:53, 35km - 04:22:08, 40km - 05:05:44									
5777	7212	KAŹMIERCZAK Marek	ŁÓDŹ		POL	M60	100	05:22:36	05:30:06		4761
		5km - 00:29:16, 10km - 00:59:41, 15km - 01:29:54, 20km - 02:05:25, 21km - 02:13:42, 25km - 02:42:17, 30km - 03:28:05, 35km - 04:17:29, 40km - 05:04:24									
5778	4993	MATUSIAK Michał 'The Viking'	JÓZEFÓW		POL	M30	1638	05:22:46	05:28:04		4762
		5km - 00:33:23, 10km - 01:09:05, 15km - 01:42:33, 20km - 02:18:30, 21km - 02:26:50, 25km - 02:56:50, 30km - 03:39:40, 35km - 04:21:52, 40km - 05:05:54									
5779	7222	MANCUSO Marilyn	KINGSFORD		USA	K30	430	05:23:01	05:28:53	1017	
		5km - 00:28:54, 10km - 00:58:32, 15km - 01:28:30, 20km - 02:00:33, 21km - 02:08:06, 25km - 02:36:08, 30km - 03:21:41, 35km - 04:11:10, 40km - 05:04:04									
5780	4406	KONIOR Artur	NOWOGARD		POL	M45	717	05:23:03	05:25:23		4763
		5km - 00:30:24, 10km - 01:00:27, 15km - 01:30:54, 20km - 02:04:13, 21km - 02:12:27, 25km - 02:44:22, 30km - 03:29:15, 35km - 04:18:55, 40km - 05:05:09									
5781	1825	CIERPIKOWSKI Maciej	USTRONIE		POL	M45	718	05:23:04	05:28:20		4764
		5km - 00:30:41, 10km - 01:01:42, 15km - 01:33:21, 20km - 02:09:20, 21km - 02:17:33, 25km - 02:49:16, 30km - 03:33:58, 35km - 04:20:01, 40km - 05:03:46									
5782	6435	KIWIOR Izabela	KRAKÓW	Nauka Biega	POL	K30	431	05:23:07	05:30:21	1018	
		5km - 00:32:00, 10km - 01:06:27, 15km - 01:41:19, 20km - 02:19:32, 21km - 02:28:50, 25km - 02:59:40, 30km - 03:41:54, 35km - 04:24:50, 40km - 05:05:07									
5783	6585	BOROWSKA-JUSZCZYŃSKA Renata	POZNAŃ		POL	K45	117	05:23:08	05:28:33	1019	
		5km - 00:32:24, 10km - 01:06:17, 15km - 01:38:20, 20km - 02:15:42, 21km - 02:23:57, 25km - 02:54:36, 30km - 03:39:03, 35km - 04:22:57, 40km - 05:04:37									
5784	4750	DĄBROWSKI Daniel	SULEJÓWEK	Pasja Sulejówek	POL	M30	1639	05:23:10	05:29:19		4765
		5km - 00:30:01, 10km - 01:02:02, 15km - 01:35:25, 20km - 02:14:59, 21km - 02:22:28, 25km - 02:54:24, 30km - 03:37:31, 35km - 04:24:01, 40km - 05:05:51									
5785	6947	GĘBAL Adam	POZNAŃ		POL	M50	320	05:23:22	05:31:27		4766
		5km - 00:32:29, 10km - 01:07:14, 15km - 01:44:17, 20km - 02:20:06, 21km - 02:27:56, 25km - 02:58:11, 30km - 03:38:02, 35km - 04:23:16, 40km - 05:05:17									
5786	6946	NOWICKI Rafał	TULCE		POL	M55	212	05:23:23	05:31:27		4767
		5km - 00:32:30, 10km - 01:07:18, 15km - 01:43:06, 20km - 02:20:06, 21km - 02:27:57, 25km - 02:58:11, 30km - 03:38:02, 35km - 04:22:43, 40km - 05:05:24									
5787	1898	OPRZALSKA Kamila	PAMIĘCIN		POL	K30	432	05:23:26	05:33:19	1020	
		5km - 00:34:31, 10km - 01:10:25, 15km - 01:46:04, 20km - 02:24:17, 21km - 02:32:39, 25km - 03:02:29, 30km - 03:43:45, 35km - 04:26:37, 40km - 05:06:56									
5788	1441	MAJCHRZAK Adrian	WROCŁAW		POL	M30	1640	05:23:28	05:28:10		4768
		5km - 00:27:18, 10km - 00:53:51, 15km - 01:20:11, 20km - 01:47:11, 21km - 01:53:04, 25km - 02:14:58, 30km - 02:45:12, 35km - 03:17:23, 40km - 05:02:55									
5789	2526	BAGIŃSKA Ewelina	GÓRZYCA	WATAHA- ŁĄCZY NAS BIEGANIE	POL	K30	433	05:23:30	05:33:19	1021	
		5km - 00:34:35, 10km - 01:10:29, 15km - 01:46:08, 20km - 02:24:21, 21km - 02:32:42, 25km - 03:02:33, 30km - 03:43:49, 35km - 04:26:41, 40km - 05:07:03									
5790	7198	PAWLAK Krzysztof	GNIEZNO		POL	M45	719	05:23:33	05:30:17		4769
		5km - 00:30:54, 10km - 01:03:45, 15km - 01:37:03, 20km - 02:15:17, 21km - 02:23:45, 25km - 02:58:52, 30km - 03:40:15, 35km - 04:24:23, 40km - 05:06:59									
5791	7196	PAWLAK Małgorzata	GNIEZNO		POL	K45	118	05:23:33	05:30:17	1022	
		5km - 00:30:54, 10km - 01:03:45, 15km - 01:37:03, 20km - 02:15:17, 21km - 02:23:44, 25km - 02:58:52, 30km - 03:40:15, 35km - 04:24:16, 40km - 05:06:59									
5792	5080	JABŁONOWSKA Magdalena	SZCZYTNO	4WMBOT	POL	K40	257	05:23:42	05:30:37	1023	
		5km - 00:32:26, 10km - 01:06:23, 15km - 01:38:25, 20km - 02:21:56, 21km - 02:34:35, 25km - 03:05:25, 30km - 03:45:52, 35km - 04:26:49, 40km - 05:06:53									
5793	4113	RYBARCZYK Marcin	POZNAŃ		POL	M30	1641	05:23:42	05:32:00		4770
		5km - 00:30:38, 10km - 01:02:48, 15km - 01:34:38, 20km - 02:08:47, 21km - 02:17:25, 25km - 02:48:14, 30km - 03:33:45, 35km - 04:20:19, 40km - 05:04:36									
5794	3704	MARCINIAK Roma	RAKONIEWICE	Marciniak Team	POL	K18	139	05:23:53	05:32:12	1024	
		5km - 00:32:18, 10km - 01:05:02, 15km - 01:36:37, 20km - 02:09:55, 21km - 02:17:37, 25km - 02:45:43, 30km - 03:27:25, 35km - 04:14:49, 40km - 05:04:26									
5795	1155	RUBCZYŃSKI Mateusz	TARNOWA	Marciniak Team	POL	M30	1642	05:23:53	05:32:12		4771
		5km - 00:32:18, 10km - 01:05:02, 15km - 01:36:37, 20km - 02:09:55, 21km - 02:17:37, 25km - 02:45:43, 30km - 03:27:26, 35km - 04:14:49, 40km - 05:04:28									
5796	4569	KĘBŁOWSKI Józef	POZNAN	Wataha-łączy nas bieganie	POL	M60	101	05:23:54	05:32:45		4772
		5km - 00:34:31, 10km - 01:10:41, 15km - 01:44:49, 20km - 02:20:07, 21km - 02:28:49, 25km - 02:57:22, 30km - 03:37:40, 35km - 04:21:02, 40km - 05:05:00									
5797	4207	STYLA Kamil Aleksander	KRAKOW	Los Pilots	POL	M30	1643	05:24:01	05:28:47		4773
		5km - 00:30:11, 10km - 01:02:19, 15km - 01:35:37, 20km - 02:11:37, 21km - 02:20:08, 25km - 02:50:20, 30km - 03:32:54, 35km - 04:19:03, 40km - 05:05:30									
5798	2568	RYBARSKI Rafał	MUROWANA GOŚLINA		POL	M45	720	05:24:04	05:33:22		4774
		5km - 00:34:11, 10km - 01:08:01, 15km - 01:40:19, 20km - 02:13:05, 21km - 02:20:36, 25km - 02:47:23, 30km - 03:26:34, 35km - 04:16:54, 40km - 05:05:40									
5799	748	PRZYBYLSKA Paulina	BYDGOSZCZ		POL	K40	258	05:24:18	05:33:32	1025	
		5km - 00:35:05, 10km - 01:11:00, 15km - 01:46:45, 20km - 02:25:21, 21km - 02:33:29, 25km - 03:04:18, 30km - 03:47:56, 35km - 04:28:23, 40km - 05:08:29									
5800	1585	Zawodnik anonimowy				M45	721	05:24:21	05:33:11		4775
		5km - 00:32:07, 10km - 01:05:22, 15km - 01:38:07, 20km - 02:11:38, 21km - 02:19:25, 25km - 02:45:44, 30km - 03:26:47, 35km - 04:09:49, 40km - 05:02:28									
5801	7050	SOBCZAK Magdalena	ŁÓDŹ		POL	K45	119	05:24:45	05:32:46	1026	
		5km - 00:32:08, 10km - 01:05:10, 15km - 01:38:29, 20km - 02:13:35, 21km - 02:23:09, 25km - 02:56:08, 30km - 03:39:14, 35km - 04:24:04, 40km - 05:06:47									
5802	1483	OLSZEWSKA Ewa	GNIEWKOWO	T.G.SOKÓŁ GNIEWKOWO	POL	K40	259	05:24:46	05:29:16	1027	
		5km - 00:31:44, 10km - 01:10:00, 15km - 01:43:13, 20km - 02:18:42, 21km - 02:33:35, 25km - 03:00:38, 30km - 03:42:14, 35km - 04:25:44, 40km - 05:07:24									
5803	1398	OLSZEWSKI Rafał	GNIEWKOWO	T.G.SOKÓŁ GNIEWKOWO	POL	M30	1644	05:24:46	05:29:16		4776
		5km - 00:31:45, 10km - 01:10:01, 15km - 01:43:13, 20km - 02:18:43, 21km - 02:33:36, 25km - 03:00:39, 30km - 03:42:15, 35km - 04:25:45, 40km - 05:07:24									
5804	6958	SZREITER Monika	PABIANICE		POL	K45	120	05:24:46	05:32:46	1027	
		5km - 00:32:09, 10km - 01:05:10, 15km - 01:38:30, 20km - 02:13:36, 21km - 02:23:11, 25km - 02:56:10, 30km - 03:39:15, 35km - 04:24:06, 40km - 05:06:49									
5805	1591	CĘCELEWSKI Jarosław	CISIE		POL	M45	722	05:24:49	05:27:54		4777
		5km - 00:29:45, 10km - 01:00:22, 15km - 01:34:02, 20km - 02:11:18, 21km - 02:21:00, 25km - 02:53:16, 30km - 03:35:59, 35km - 04:20:55, 40km - 05:05:15									
5806	2232	KOTOMSKA Renata	ALEKSANDRÓWKA		POL	K40	260	05:24:49	05:27:54	1029	
		5km - 00:28:31, 10km - 00:59:31, 15km - 01:33:00, 20km - 02:10:14, 21km - 02:20:59, 25km - 02:53:26, 30km - 03:35:59, 35km - 04:20:55, 40km - 05:05:16									
5807	104	ŁĄTKOWSKI Krzysztof	POZNAŃ	KB MANIAC Poznań	POL	M40	1185	05:24:53	05:31:52		4778
		5km - 00:30:31, 10km - 01:01:50, 15km - 01:33:29, 20km - 02:09:50, 21km - 02:17:44, 25km - 02:51:13, 30km - 03:35:22, 35km - 04:23:48, 40km - 05:06:55									
5808	6817	ŚWITAJ Jacek	POZNAŃ	WATAHA	POL	M30	1645	05:24:54	05:34:45		4779
		5km - 00:36:22, 10km - 01:16:11, 15km - 01:50:01, 20km - 02:29:49, 21km - 02:38:38, 25km - 03:05:55, 30km - 03:43:47, 35km - 04:29:09, 40km - 05:08:24									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
5809	3994	JURKIEWICZ Wioletta	SZCZECIN	Wieczorne Bieganie w Szczecinie	POL	K45	121	05:25:00	05:31:40	1030	
		5km - 00:34:23, 10km - 01:09:54, 15km - 01:45:01, 20km - 02:21:59, 21km - 02:30:39, 25km - 03:01:08, 30km - 03:44:24, 35km - 04:27:12, 40km - 05:08:01									
5810	4176	WOZNIAK Lukasz	PRZYTOCZNA	wataha	POL	M30	1646	05:25:03	05:34:55		4780
		5km - 00:36:21, 10km - 01:16:05, 15km - 01:52:20, 20km - 02:29:48, 21km - 02:38:36, 25km - 03:05:52, 30km - 03:46:05, 35km - 04:29:06, 40km - 05:08:58									
5811	2698	POMYKAŁA Artur	KOŃSKOWOLA		POL	M50	321	05:25:14	05:33:15		4781
		5km - 00:30:43, 10km - 01:03:14, 15km - 01:35:50, 20km - 02:08:08, 21km - 02:16:17, 25km - 02:46:15, 30km - 03:27:52, 35km - 04:15:47, 40km - 05:07:52									
5812	4653	ŚMIGAJ Mirosław	GDAŃSK		POL	M60	102	05:25:16	05:34:27		4782
		5km - 00:34:34, 10km - 01:09:49, 15km - 01:45:06, 20km - 02:22:26, 21km - 02:30:21, 25km - 03:02:18, 30km - 03:44:43, 35km - 04:26:11, 40km - 05:08:05									
5813	3665	SUMISŁAWSKI Edmund	GDAŃSK		POL	M70	12	05:25:29	05:34:02		4783
		5km - 00:32:06, 10km - 01:05:13, 15km - 01:37:56, 20km - 02:14:14, 21km - 02:21:35, 25km - 02:50:03, 30km - 03:34:04, 35km - 04:20:49, 40km - 05:07:01									
5814	4356	GROCHOLEWSKI Leszek	LUBOŃ		POL	M55	213	05:25:30	05:33:02		4784
		5km - 00:31:15, 10km - 01:03:42, 15km - 01:35:36, 20km - 02:08:05, 21km - 02:15:17, 25km - 02:42:55, 30km - 03:19:15, 35km - 04:13:29, 40km - 05:02:10									
5815	6476	MARCINEK Rafał	WROCŁAW	MARCINEK TEAM	POL	M45	723	05:25:32	05:33:40		4785
		5km - 00:32:11, 10km - 01:05:31, 15km - 01:38:42, 20km - 02:15:30, 21km - 02:23:44, 25km - 02:53:25, 30km - 03:34:32, 35km - 04:19:45, 40km - 05:05:24									
5816	1827	DOMAGALSKI Marcin	GÓRNO	SSA Legia 1926 Warszawa	POL	M40	1186	05:25:35	05:27:06		4786
		5km - 00:32:01, 10km - 01:06:33, 15km - 01:41:18, 20km - 02:20:02, 21km - 02:28:37, 25km - 03:01:14, 30km - 03:44:34, 35km - 04:27:58, 40km - 05:09:00									
5817	883	WYDRA Paweł	ŚWIDWIN	Night Runners	POL	M30	1647	05:25:38	05:33:53		4787
		5km - 00:32:58, 10km - 01:05:59, 15km - 01:38:38, 20km - 02:14:03, 21km - 02:23:03, 25km - 02:55:17, 30km - 03:40:12, 35km - 04:25:45, 40km - 05:08:56									
5818	1586	LEWANDOWSKA Dorota	INOWROCŁAW	Morsy Pakość	POL	K40	261	05:25:46	05:34:14	1031	
		5km - 00:32:15, 10km - 01:05:13, 15km - 01:38:22, 20km - 02:13:05, 21km - 02:22:28, 25km - 02:53:38, 30km - 03:38:14, 35km - 04:23:44, 40km - 05:08:22									
5819	4997	ROBAK Arkadiusz	PNIEWY	Odjechani-team	POL	M30	1648	05:25:52	05:31:07		4788
		5km - 00:28:21, 10km - 00:57:45, 15km - 01:28:40, 20km - 02:05:01, 21km - 02:14:16, 25km - 02:42:28, 30km - 03:30:55, 35km - 04:16:52, 40km - 05:07:27									
5820	4943	ŚWIDER-KRÓLIKIEWICZ Joanna	PNIEWY	Aktywnie w Pniewach	POL	K30	434	05:25:52	05:31:07	1032	
		5km - 00:28:20, 10km - 00:57:45, 15km - 01:28:40, 20km - 02:05:00, 21km - 02:14:17, 25km - 02:42:29, 30km - 03:30:55, 35km - 04:16:21, 40km - 05:07:27									
5821	5314	TOMASZEWSKI Ireneusz	KIELCE		POL	M70	13	05:25:52	05:35:07		4788
		5km - 00:35:05, 10km - 01:11:00, 15km - 01:46:20, 20km - 02:23:32, 21km - 02:31:49, 25km - 03:01:40, 30km - 03:42:44, 35km - 04:25:59, 40km - 05:07:52									
5822	4258	UTRAJCZAK Daniel	POZNAŃ	100 MCP	POL	M40	1187	05:25:53	05:33:01		4790
		5km - 00:33:34, 10km - 01:07:52, 15km - 01:41:22, 20km - 02:17:50, 21km - 02:26:30, 25km - 02:57:23, 30km - 03:39:25, 35km - 04:23:13, 40km - 05:08:08									
5823	2016	OŻÓG Dariusz	WAŁBRZYCH	biegamy na koksie	POL	M50	322	05:25:56	05:34:33		4791
		5km - 00:32:16, 10km - 01:04:52, 15km - 01:38:12, 20km - 02:16:04, 21km - 02:24:36, 25km - 02:55:49, 30km - 03:39:04, 35km - 04:23:41, 40km - 05:08:38									
5824	5581	STAŃCZAK Marcin	POZNAŃ	4.0	POL	M18	533	05:25:58	05:35:06		4792
		5km - 00:35:10, 10km - 01:10:45, 15km - 01:46:21, 20km - 02:22:25, 21km - 02:30:15, 25km - 02:58:31, 30km - 03:37:41, 35km - 04:19:03, 40km - 05:07:17									
5825	1693	SZOJDA Paulina	TYCHY	Viking Training Center	POL	K30	435	05:26:13	05:34:37	1033	
		5km - 00:31:04, 10km - 01:03:53, 15km - 01:39:15, 20km - 02:19:59, 21km - 02:28:35, 25km - 03:01:11, 30km - 03:44:49, 35km - 04:28:06, 40km - 05:09:06									
5826	6416	STECZKIEWICZ Mariusz	POZNAŃ		POL	M40	1188	05:26:40	05:32:13		4793
		5km - 00:33:01, 10km - 01:06:58, 15km - 01:39:57, 20km - 02:18:22, 21km - 02:29:04, 25km - 03:00:32, 30km - 03:40:55, 35km - 04:24:17, 40km - 05:08:23									
5827	291	GŁOWALA Piotr	KWIDZYN	Traktor Team Gmina Kwidzyn	POL	M18	534	05:26:48	05:35:31		4794
		5km - 00:32:08, 10km - 01:05:25, 15km - 01:39:10, 20km - 02:18:41, 21km - 02:27:14, 25km - 02:58:06, 30km - 03:37:43, 35km - 04:23:52, 40km - 05:07:16									
5828	2369	RYCZAK Tomasz	POZNAŃ	Michałek & Marta Team	POL	M30	1649	05:26:48	05:35:33		4794
		5km - 00:32:18, 10km - 01:05:34, 15km - 01:38:10, 20km - 02:15:09, 21km - 02:23:42, 25km - 02:55:28, 30km - 03:40:37, 35km - 04:27:03, 40km - 05:12:06									
5829	5860	GASTOŁ Dorota	ELBLĄG		POL	K40	262	05:26:52	05:34:58	1034	
		5km - 00:32:23, 10km - 01:06:16, 15km - 01:39:59, 20km - 02:18:00, 21km - 02:27:02, 25km - 02:59:23, 30km - 03:40:58, 35km - 04:25:10, 40km - 05:10:07									
5830	5861	GASTOŁ Jarosław	ELBLĄG		POL	M45	724	05:26:52	05:34:58		4796
		5km - 00:32:23, 10km - 01:06:19, 15km - 01:39:59, 20km - 02:17:59, 21km - 02:27:02, 25km - 02:59:18, 30km - 03:40:58, 35km - 04:25:09, 40km - 05:10:15									
5831	876	FALCO Paul	SAWBRIDGEWORTH	100marathon club UK	GBR	M45	725	05:26:59	05:36:12		4797
		5km - 00:35:31, 10km - 01:07:45, 15km - 01:40:11, 20km - 02:18:33, 21km - 02:27:33, 25km - 02:58:50, 30km - 03:41:45, 35km - 04:24:34, 40km - 05:07:58									
5832	4755	SKRZYPCZAK Agnieszka	POZNAŃ	Eurocash	POL	K45	122	05:27:03	05:34:00	1035	
		5km - 00:33:55, 10km - 01:08:30, 15km - 01:42:46, 20km - 02:19:55, 21km - 02:28:46, 25km - 03:00:18, 30km - 03:42:49, 35km - 04:26:55, 40km - 05:10:04									
5833	6161	KAŹMIERCZAK Hanna	ŚREM	Wiocha biega	POL	K40	263	05:27:12	05:34:54	1036	
		5km - 00:31:49, 10km - 01:03:39, 15km - 01:34:49, 20km - 02:06:57, 21km - 02:14:09, 25km - 02:41:14, 30km - 03:31:25, 35km - 04:20:07, 40km - 05:07:18									
5834	2952	KUJAWA Izabela	POBIEDZISKA	Pobiedziska Running Team	POL	K30	436	05:27:15	05:33:06	1037	
		5km - 00:32:18, 10km - 01:08:08, 15km - 01:44:06, 20km - 02:25:41, 21km - 02:33:51, 25km - 03:05:19, 30km - 03:48:35, 35km - 04:30:24, 40km - 05:10:34									
5835	5738	ERIKSSON Lena	VASTERAAS		SWE	K40	264	05:27:26	05:35:37	1038	
		5km - 00:32:36, 10km - 01:08:09, 15km - 01:42:13, 20km - 02:20:12, 21km - 02:28:41, 25km - 02:58:56, 30km - 03:42:48, 35km - 04:27:18, 40km - 05:10:17									
5836	4643	PIETRZAK Katarzyna	KROŚNIEWICE		POL	K40	265	05:27:44	05:34:14	1039	
		5km - 00:32:03, 10km - 01:04:21, 15km - 01:36:17, 20km - 02:11:24, 21km - 02:21:06, 25km - 02:53:17, 30km - 03:40:12, 35km - 04:25:42, 40km - 05:10:20									
5837	1960	STEMPNIAK Zbigniew	HEL	REBELS LEGION TEAM	POL	M40	1189	05:27:45	05:36:54		4798
		5km - 00:31:33, 10km - 01:04:02, 15km - 01:38:04, 20km - 02:16:32, 21km - 02:25:28, 25km - 02:58:28, 30km - 03:42:25, 35km - 04:26:33, 40km - 05:10:24									
5838	1020	GUGLIELMO Brigida	PISTICCI	ASD Lucani Free Runners	ITA	K60	8	05:27:48	05:35:23	1040	
		5km - 00:31:20, 10km - 01:03:34, 15km - 01:35:21, 20km - 02:08:20, 21km - 02:15:38, 25km - 02:43:31, 30km - 03:24:15, 35km - 04:05:01, 40km - 05:04:48									
5839	1018	SABATO Paolo	PISTICCI	ASD Lucani Free Runners	ITA	M65	49	05:27:48	05:35:23		4799
		5km - 00:31:22, 10km - 01:03:34, 15km - 01:35:22, 20km - 02:08:20, 21km - 02:15:38, 25km - 02:43:31, 30km - 03:24:15, 35km - 04:05:02, 40km - 05:04:48									
5840	6438	PIECHOWIAK Małgorzata	MOSINA	adrenalina fitness team	POL	K50	53	05:27:50	05:34:43	1041	
		5km - 00:34:48, 10km - 01:11:57, 15km - 01:48:01, 20km - 02:25:12, 21km - 02:34:01, 25km - 03:02:21, 30km - 03:42:13, 35km - 04:24:30, 40km - 05:08:34									
5841	4495	SIEDMINA Paweł	DANKOWICE		POL	M30	1650	05:28:04	05:35:54		4800
		5km - 00:31:55, 10km - 01:04:50, 15km - 01:37:50, 20km - 02:15:45, 21km - 02:25:01, 25km - 02:57:59, 30km - 03:42:32, 35km - 04:26:53, 40km - 05:10:18									
5842	280	DRYGAS Mateusz	POZNAŃ		POL	M40	1190	05:28:11	05:37:02		4801
		5km - 00:33:59, 10km - 01:06:32, 15km - 01:38:56, 20km - 02:15:17, 21km - 02:22:45, 25km - 02:53:31, 30km - 03:37:32, 35km - 04:24:21, 40km - 05:10:01									
5843	1072	MICHAŁOWSKI Robert	TARNÓW		POL	M40	1191	05:28:19	05:38:25		4802
		5km - 00:33:20, 10km - 01:07:10, 15km - 01:40:34, 20km - 02:17:16, 21km - 02:26:09, 25km - 02:57:17, 30km - 03:41:01, 35km - 04:26:19, 40km - 05:10:55									
5844	4069	WĘGLEWSKA Anna	ŁĄCK	Biegam bo lubię	POL	K40	266	05:28:21	05:37:24	1042	
		5km - 00:35:08, 10km - 01:11:13, 15km - 01:45:31, 20km - 02:20:29, 21km - 02:27:40, 25km - 02:53:30, 30km - 03:30:32, 35km - 04:22:53, 40km - 05:08:41									
5845	4068	WĘGLEWSKI Krzysztof	ŁĄCK	Nadleśnictwo Łąck	POL	M45	726	05:28:21	05:37:24		4803
		5km - 00:35:08, 10km - 01:11:11, 15km - 01:45:58, 20km - 02:20:29, 21km - 02:27:39, 25km - 02:53:30, 30km - 03:30:32, 35km - 04:22:52, 40km - 05:04:03									
5846	2101	KUSKE Martyna	GNIEZNO	Night Runners Gniezno	POL	K30	437	05:28:40	05:34:35	1043	
		5km - 00:32:06, 10km - 01:04:59, 15km - 01:38:25, 20km - 02:14:30, 21km - 02:23:17, 25km - 02:55:28, 30km - 03:39:12, 35km - 04:22:20, 40km - 05:09:18									
5847	4579	TYCHMANOWICZ Adam	POZNAŃ	Yanosik Active Team	POL	M40	1192	05:28:50	05:35:07		4804
		5km - 00:32:03, 10km - 01:05:29, 15km - 01:37:46, 20km - 02:11:32, 21km - 02:20:01, 25km - 02:49:08, 30km - 03:33:22, 35km - 04:14:38, 40km - 05:08:32									
5848	2132	KRASZKIEWICZ Rafał	POZNAŃ	Quay Poznań	POL	M45	727	05:29:01	05:38:12		4805
		5km - 00:35:07, 10km - 01:10:35, 15km - 01:46:23, 20km - 02:23:23, 21km - 02:31:14, 25km - 03:00:04, 30km - 03:41:56, 35km - 04:24:50, 40km - 05:09:59									
5849	2059	JASTRZĘBSKI Jacek	ZDUŃSKA WOLA	BBL Zduńska Wola	POL	M30	1651	05:29:04	05:35:51		4806
		5km - 00:32:22, 10km - 01:06:31, 15km - 01:40:41, 20km - 02:16:49, 21km - 02:24:34, 25km - 02:54:43, 30km - 03:40:02, 35km - 04:26:09, 40km - 05:12:09									
5850	4630	TSAGDIS Aristeidis	ATHENS		GRE	M40	1193	05:29:05	05:36:48		4807
		5km - 00:33:09, 10km - 01:06:10, 15km - 01:39:26, 20km - 02:16:36, 21km - 02:25:28, 25km - 02:59:06, 30km - 03:43:31, 35km - 04:28:29, 40km - 05:12:26									
5851	1863	PASZKE Jacek	POZNAŃ		POL	M60	103	05:29:08	05:38:45		4808
		5km - 00:34:43, 10km - 01:10:26, 15km - 01:45:57, 20km - 02:22:58, 21km - 02:31:06, 25km - 02:59:08, 30km - 03:42:05, 35km - 04:27:28, 40km - 05:11:39									
5852	4613	BUDZIŃSKI Marek	NOWA SÓL	ODRODZENIE Nowa Sól	POL	M60	104	05:29:16	05:35:10		4809
		5km - 00:31:54, 10km - 01:04:23, 15km - 01:36:52, 20km - 02:10:54, 21km - 02:18:21, 25km - 02:47:31, 30km - 03:28:23, 35km - 04:18:03, 40km - 05:08:27									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
5853	5389	PACHCIAREK Maciej	SŁUBICE NAD ODRĄ	Nie dotyczy	POL	M55	214	05:29:39	05:34:31		4810
		5km - 00:28:48, 10km - 00:59:32, 15km - 01:31:12, 20km - 02:07:30, 21km - 02:17:43, 25km - 02:48:54, 30km - 03:34:40, 35km - 04:28:13, 40km - 05:12:37									
5854	5505	DOŁHUN Adam	BYDGOSZCZ	RUN PASJA BYDGOSZCZ	POL	M30	1652	05:29:42	05:37:14		4811
		5km - 00:31:22, 10km - 01:03:51, 15km - 01:36:50, 20km - 02:15:20, 21km - 02:26:18, 25km - 02:59:59, 30km - 03:44:52, 35km - 04:29:10, 40km - 05:12:42									
5855	3500	KOSTUR Tomasz	KRUSZWICA		POL	M18	535	05:29:44	05:37:38		4812
		5km - 00:31:01, 10km - 01:02:40, 15km - 01:33:35, 20km - 02:06:11, 21km - 02:13:27, 25km - 02:39:31, 30km - 03:25:50, 35km - 04:37:48, 40km - 05:13:51									
5856	7064	DUDICH Igor	SANKT PETERBUPG	SILVIA	RUS	M65	50	05:29:45	05:38:10		4813
		5km - 00:35:07, 10km - 01:10:13, 15km - 01:44:37, 20km - 02:20:14, 21km - 02:27:57, 25km - 02:55:29, 30km - 03:43:41, 35km - 04:32:06, 40km - 05:14:14									
5857	3257	GILLAM Frank	ERITH		GBR	M50	323	05:29:46	05:38:07		4814
		5km - 00:33:56, 10km - 01:10:37, 15km - 01:46:56, 20km - 02:26:49, 21km - 02:35:35, 25km - 03:07:08, 30km - 03:49:26, 35km - 04:33:36, 40km - 05:14:13									
5858	7176	MICHOŃ Joanna	ZIELĄTKOWO	Browar Fortuna	POL	K40	267	05:29:47	05:36:48	1044	
		5km - 00:33:14, 10km - 01:07:12, 15km - 01:40:47, 20km - 02:20:42, 21km - 02:29:02, 25km - 02:59:30, 30km - 03:39:17, 35km - 04:22:14, 40km - 05:10:44									
5859	3506	Zawodnik anonimowy				M30	1653	05:29:48	05:36:33		4815
		5km - 00:32:35, 10km - 01:06:30, 15km - 01:38:28, 20km - 02:14:48, 21km - 02:23:05, 25km - 02:54:47, 30km - 03:43:55, 35km - 04:29:10, 40km - 05:12:13									
5860	7160	DZIURBACZ-WENTA Agnieszka	SZCZECIN		POL	K40	268	05:30:02	05:39:07	1045	
		5km - 00:35:14, 10km - 01:10:35, 15km - 01:46:11, 20km - 02:26:04, 21km - 02:34:55, 25km - 03:10:50, 30km - 03:56:09, 35km - 04:33:02, 40km - 05:13:59									
5861	1192	ANIOŁ Elżbieta	POZNAŃ	KS Sobieski Poznań	POL	K30	438	05:30:07	05:39:22	1046	
		5km - 00:34:56, 10km - 01:10:56, 15km - 01:44:11, 20km - 02:19:01, 21km - 02:27:02, 25km - 02:58:17, 30km - 03:41:39, 35km - 04:25:24, 40km - 05:11:40									
5862	6365	SIERHEJ Jarosław	PIŁA	Piła	POL	M50	324	05:30:07	05:40:12		4816
		5km - 00:34:06, 10km - 01:08:52, 15km - 01:43:50, 20km - 02:22:24, 21km - 02:31:09, 25km - 03:03:26, 30km - 03:45:10, 35km - 04:30:18, 40km - 05:14:10									
5863	366	GONTARZ Wojciech	LUBLIN	PKO Bank Polski	POL	M30	1654	05:30:09	05:37:17		4817
		5km - 00:31:27, 10km - 01:03:43, 15km - 01:34:56, 20km - 02:08:48, 21km - 02:16:58, 25km - 02:47:13, 30km - 03:32:13, 35km - 04:19:15, 40km - 05:09:07									
5864	4511	OSSOWSKI Maximilian	WARSZAWA		POL	M18	536	05:30:11	05:37:02		4818
		5km - 00:32:30, 10km - 01:05:37, 15km - 01:37:59, 20km - 02:12:41, 21km - 02:20:47, 25km - 02:49:49, 30km - 03:33:18, 35km - 04:25:51, 40km - 05:12:31									
5865	1984	WRÓBEL Tomasz	POZNAŃ		POL	M30	1655	05:30:19	05:30:19		4819
		5km - , 10km - , 15km - , 20km - , 21km - , 25km - , 30km - , 35km - , 40km -									
5866	1152	SZCZERBIAK Marcin	ŁÓDŹ	DRUŻYNA BSS	POL	M40	1194	05:30:27	05:38:45		4820
		5km - 00:33:04, 10km - 01:05:46, 15km - 01:38:55, 20km - 02:17:10, 21km - 02:26:05, 25km - 03:00:29, 30km - 03:44:18, 35km - 04:29:54, 40km - 05:12:54									
5867	2499	OSUCHOWSKA Wioletta	WARSZAWA	100	POL	K45	123	05:30:29	05:38:53	1047	
		5km - 00:33:33, 10km - 01:08:50, 15km - 01:44:17, 20km - 02:22:49, 21km - 02:31:37, 25km - 03:01:50, 30km - 03:44:59, 35km - 04:29:01, 40km - 05:12:52									
5868	1382	FIKAS Krzysztof	MYŚLENICE		POL	M60	105	05:30:33	05:33:23		4821
		5km - 00:33:39, 10km - 01:08:59, 15km - 01:43:19, 20km - 02:19:11, 21km - 02:28:50, 25km - 02:57:47, 30km - 03:40:16, 35km - 04:24:04, 40km - 05:12:24									
5869	578	SZARECKI Piotr	ZIELONA GÓRA	MZK Zielona Góra	POL	M55	215	05:30:35	05:35:10		4822
		5km - 00:28:22, 10km - 00:57:31, 15km - 01:28:35, 20km - 02:05:24, 21km - 02:13:31, 25km - 02:45:40, 30km - 03:29:42, 35km - 04:19:22, 40km - 05:09:47									
5870	4582	MIKOŁAJCZAK Łukasz	RACOT		POL	M30	1656	05:30:38	05:34:26		4823
		5km - 00:29:30, 10km - 00:59:27, 15km - 01:29:06, 20km - 02:02:59, 21km - 02:11:15, 25km - 02:43:10, 30km - 03:29:34, 35km - 04:20:00, 40km - 05:12:04									
5871	1385	WOŹNIAK Wojciech	SKÓRZEWO		POL	M40	1195	05:30:44	05:39:34		4824
		5km - 00:35:36, 10km - 01:11:55, 15km - 01:47:56, 20km - 02:25:23, 21km - 02:33:22, 25km - 03:02:48, 30km - 03:43:55, 35km - 04:27:29, 40km - 05:13:45									
5872	2210	KWIDZIŃSKI Michał	BIAŁOGARD		POL	M30	1657	05:30:51	05:40:08		4825
		5km - 00:31:24, 10km - 01:03:25, 15km - 01:34:12, 20km - 02:06:11, 21km - 02:13:16, 25km - 02:39:38, 30km - 03:30:52, 35km - 04:16:03, 40km - 05:10:38									
5873	5767	PETERS Daria	GRODZISK WIELKOPOLSKI		POL	K40	269	05:31:06	05:40:01	1048	
		5km - 00:33:27, 10km - 01:07:01, 15km - 01:41:34, 20km - 02:23:54, 21km - 02:32:30, 25km - 03:05:17, 30km - 03:46:20, 35km - 04:31:28, 40km - 05:15:27									
5874	6249	WYCZÓŁKOWSKA Joanna	ŁÓDŹ		POL	K18	140	05:31:07	05:39:12	1049	
		5km - 00:32:45, 10km - 01:06:59, 15km - 01:42:05, 20km - 02:18:47, 21km - 02:27:50, 25km - 03:00:01, 30km - 03:44:02, 35km - 04:30:11, 40km - 05:13:44									
5875	6171	DYMEK Karolina	DĄBRÓWKA		POL	K30	439	05:31:08	05:38:49	1050	
		5km - 00:32:24, 10km - 01:06:51, 15km - 01:43:01, 20km - 02:23:03, 21km - 02:31:39, 25km - 03:03:47, 30km - 03:47:06, 35km - 04:30:23, 40km - 05:13:58									
5876	1039	MARKOWSKA Aleksandra	GDAŃSK	Biega ZiE	POL	K30	440	05:31:19	05:38:58	1051	
		5km - 00:31:56, 10km - 01:06:02, 15km - 01:36:27, 20km - 02:12:47, 21km - 02:20:21, 25km - 02:51:11, 30km - 03:33:14, 35km - 04:22:32, 40km - 05:13:01									
5877	4899	SZOSTAKOWSKI Jarosław	WARSZAWA	Biegamy z Ochotą	POL	M50	325	05:31:19	05:41:08		4826
		5km - 00:34:07, 10km - 01:08:26, 15km - 01:41:57, 20km - 02:16:35, 21km - 02:24:27, 25km - 02:55:32, 30km - 03:43:32, 35km - 04:30:34, 40km - 05:14:04									
5878	537	Zawodnik anonimowy				M30	1658	05:31:23	05:39:02		4827
		5km - 00:31:56, 10km - 01:06:02, 15km - 01:36:28, 20km - 02:12:48, 21km - 02:20:21, 25km - 02:51:12, 30km - 03:33:14, 35km - 04:22:33, 40km - 05:13:02									
5879	4505	Zawodnik anonimowy				K30	441	05:31:31	05:39:46	1052	
		5km - 00:33:07, 10km - 01:08:24, 15km - 01:44:27, 20km - 02:27:09, 21km - 02:36:51, 25km - 03:09:34, 30km - 03:49:23, 35km - 04:30:48, 40km - 05:14:07									
5880	938	KUZARA Krzysztof	POZNAŃ	PKO Bank Polski	POL	M55	216	05:31:38	05:37:04		4828
		5km - 00:29:45, 10km - 01:01:52, 15km - 01:31:54, 20km - 02:05:37, 21km - 02:14:53, 25km - 02:43:39, 30km - 03:29:18, 35km - 04:17:46, 40km - 05:10:43									
5881	442	SZYMAŃSKA Roksana	POZNAŃ		POL	K40	270	05:31:48	05:41:56	1053	
		5km - 00:32:30, 10km - 01:10:23, 15km - 01:44:43, 20km - 02:22:51, 21km - 02:33:43, 25km - 03:07:15, 30km - 03:51:24, 35km - 04:39:38, 40km - 05:18:24									
5882	3690	SZTEJKA Damian	BYDGOSZCZ		POL	M40	1196	05:31:59	05:40:21		4829
		5km - 00:32:35, 10km - 01:06:56, 15km - 01:42:54, 20km - 02:20:50, 21km - 02:30:44, 25km - 03:00:46, 30km - 03:45:39, 35km - 04:34:25, 40km - 05:16:01									
5883	2842	SZTEJKA Jolanta	BYDGOSZCZ	PGB Sportowa Paczka	POL	K40	271	05:31:59	05:40:21	1054	
		5km - 00:32:35, 10km - 01:06:57, 15km - 01:42:56, 20km - 02:20:52, 21km - 02:30:45, 25km - 03:01:03, 30km - 03:45:39, 35km - 04:34:25, 40km - 05:16:03									
5884	195	GÓRNOWICZ Andrzej	CHOJNICE	FLORIAN Chojnice	POL	M60	106	05:32:11	05:40:19		4830
		5km - 00:31:06, 10km - 01:04:29, 15km - 01:37:17, 20km - 02:12:25, 21km - 02:22:03, 25km - 02:51:46, 30km - 03:36:17, 35km - 04:29:54, 40km - 05:14:25									
5885	1590	Zawodnik anonimowy				M30	1659	05:32:12	05:41:23		4831
		5km - 00:35:05, 10km - 01:10:30, 15km - 01:44:05, 20km - 02:17:10, 21km - 02:25:07, 25km - 02:51:52, 30km - 03:33:46, 35km - 04:21:43, 40km - 05:09:57									
5886	3039	BOBROWSKI Artur	POZNAŃ		POL	M50	326	05:32:28	05:35:42		4832
		5km - 00:28:29, 10km - 00:58:37, 15km - 01:31:03, 20km - 02:05:29, 21km - 02:15:47, 25km - 02:47:11, 30km - 03:36:01, 35km - 04:23:17, 40km - 05:12:25									
5887	248	OLSZOWSKI Marcin	CHRZYPSKO WIELKIE		POL	M40	1197	05:32:29	05:40:03		4833
		5km - 00:33:59, 10km - 01:08:15, 15km - 01:42:30, 20km - 02:16:42, 21km - 02:24:01, 25km - 02:51:16, 30km - 03:31:50, 35km - 04:16:40, 40km - 05:11:04									
5888	544	SZPARAGOWSKI Bartosz	KONIN	Husaria Race Team	POL	M30	1660	05:32:30	05:40:01		4834
		5km - 00:31:24, 10km - 01:04:12, 15km - 01:38:20, 20km - 02:16:37, 21km - 02:24:05, 25km - 03:00:33, 30km - 03:45:45, 35km - 04:33:29, 40km - 05:18:03									
5889	6689	ROPIAK Ryszard	MYSZYNIEC	KURPIE Myszyniec	POL	M75	4	05:32:39	05:43:32		4835
		5km - 00:33:59, 10km - 01:15:31, 15km - 01:48:54, 20km - 02:28:07, 21km - 02:35:18, 25km - 03:04:04, 30km - 03:47:50, 35km - 04:31:33, 40km - 05:15:56									
5890	3449	MIŚ Bogusław	BIAŁA		POL	M50	327	05:32:50	05:40:03		4836
		5km - 00:30:31, 10km - 01:01:37, 15km - 01:31:30, 20km - 02:02:41, 21km - 02:10:07, 25km - 02:39:16, 30km - 03:23:35, 35km - 04:16:13, 40km - 05:11:27									
5891	3840	HERWART Maria	POZNAŃ		POL	K55	17	05:32:56	05:41:12	1055	
		5km - 00:30:47, 10km - 01:03:26, 15km - 01:34:58, 20km - 02:10:06, 21km - 02:19:52, 25km - 02:49:41, 30km - 03:33:53, 35km - 04:26:34, 40km - 05:14:39									
5892	5867	WIESNER Artur	GNIEZNO	BRIDGESTONE	POL	M45	728	05:32:59	05:40:49		4837
		5km - 00:33:27, 10km - 01:07:31, 15km - 01:41:29, 20km - 02:21:14, 21km - 02:31:36, 25km - 03:02:08, 30km - 03:44:56, 35km - 04:30:14, 40km - 05:13:54									
5893	2356	Zawodnik anonimowy				M30	1661	05:33:04	05:39:47		4838
		5km - 00:31:52, 10km - 01:04:45, 15km - 01:37:45, 20km - 02:13:55, 21km - 02:23:11, 25km - 02:53:53, 30km - 03:37:47, 35km - 04:23:50, 40km - 05:13:22									
5894	3029	SOWISZ Danuta	SZCZECIN	SOWISZ TEAM	POL	K45	124	05:33:13	05:39:44	1056	
		5km - 00:32:31, 10km - 01:06:10, 15km - 01:39:29, 20km - 02:17:49, 21km - 02:25:30, 25km - 02:58:32, 30km - 03:43:41, 35km - 04:29:16, 40km - 05:16:21									
5895	4622	STRZELECKA-DRAGUN Halina	SŁUPSK	IKS Zryw Słupsk	POL	K60	9	05:33:17	05:42:29	1057	
		5km - 00:35:08, 10km - 01:10:41, 15km - 01:45:52, 20km - 02:23:45, 21km - 02:31:40, 25km - 03:02:24, 30km - 03:46:31, 35km - 04:31:53, 40km - 05:14:44									
5896	7165	KARESKA Ana	WARSZAWA	NRC Nike + Run Club Skopje	MKD	K40	272	05:33:22	05:39:52	1058	
		5km - 00:32:11, 10km - 01:05:36, 15km - 01:39:09, 20km - 02:16:05, 21km - 02:25:45, 25km - 03:00:17, 30km - 03:49:02, 35km - 04:36:46, 40km - 05:17:44									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
5897	6565	KĘSY Mateusz	POZNAN		POL	M30	1662	05:33:23	05:41:01		4839
		5km - 00:31:11, 10km - 01:03:48, 15km - 01:36:07, 20km - 02:12:40, 21km - 02:20:31, 25km - 02:53:34, 30km - 03:42:13, 35km - 04:28:57, 40km - 05:15:19									
5898	3493	WILKOWSKI Antoni	TERESIN	1955	POL	M60	107	05:33:31	05:42:07		4840
		5km - 00:32:04, 10km - 01:04:04, 15km - 01:36:38, 20km - 02:11:48, 21km - 02:20:00, 25km - 02:49:59, 30km - 03:38:09, 35km - 04:27:49, 40km - 05:15:52									
5899	614	OLEKSY Maciej	POZNAŃ		POL	M40	1198	05:33:36	05:42:18		4841
		5km - 00:32:25, 10km - 01:05:31, 15km - 01:38:16, 20km - 02:14:12, 21km - 02:26:08, 25km - 03:02:36, 30km - 03:48:49, 35km - 04:34:52, 40km - 05:16:42									
5900	6449	SKĄPSKI Tomasz	SŁUPCA	SKAPSKI TEAM	POL	M45	729	05:33:37	05:42:46		4842
		5km - 00:35:11, 10km - 01:11:20, 15km - 01:46:27, 20km - 02:23:39, 21km - 02:33:40, 25km - 03:04:31, 30km - 03:47:34, 35km - 04:31:13, 40km - 05:15:00									
5901	6450	SKĄPSKA Ulka	SŁUPCA	SKAPSKI TEAM	POL	K30	442	05:33:38	05:42:47	1059	
		5km - 00:35:12, 10km - 01:11:17, 15km - 01:46:27, 20km - 02:23:41, 21km - 02:33:43, 25km - 03:04:33, 30km - 03:47:34, 35km - 04:31:08, 40km - 05:15:23									
5902	6445	SKĄPSKI Eryk	SŁUPCA	SKAPSKI TEAM	POL	M30	1663	05:33:38	05:42:46		4843
		5km - 00:35:13, 10km - 01:11:24, 15km - 01:46:28, 20km - 02:23:42, 21km - 02:33:46, 25km - 03:04:33, 30km - 03:47:31, 35km - 04:31:34, 40km - 05:15:57									
5903	3806	NABZDYK Jakub	ROBAKOWO		POL	M30	1664	05:33:43	05:39:58		4844
		5km - 00:29:16, 10km - 00:58:52, 15km - 01:28:09, 20km - 01:58:36, 21km - 02:05:46, 25km - 02:32:28, 30km - 03:11:50, 35km - 04:13:11, 40km - 05:12:35									
5904	947	GIERAGA Jerzy	ŁOMŻA		POL	M65	51	05:33:57	05:43:18		4845
		5km - 00:34:50, 10km - 01:10:10, 15km - 01:44:43, 20km - 02:22:04, 21km - 02:29:59, 25km - 02:59:23, 30km - 03:43:24, 35km - 04:28:41, 40km - 05:15:50									
5905	4155	PUCHALSKI Rafał	CZĘSTOCHOWA	CMF	POL	M30	1665	05:33:57	05:42:29		4845
		5km - 00:33:45, 10km - 01:07:40, 15km - 01:41:33, 20km - 02:20:12, 21km - 02:28:31, 25km - 02:59:46, 30km - 03:44:44, 35km - 04:32:13, 40km - 05:17:01									
5906	278	HOOG Wioleta	MIŁORADZ		POL	K30	443	05:34:03	05:41:54	1060	
		5km - 00:32:04, 10km - 01:06:53, 15km - 01:42:02, 20km - 02:22:24, 21km - 02:30:48, 25km - 03:02:19, 30km - 03:52:19, 35km - 04:38:30, 40km - 05:17:57									
5907	7301	FIEBICH Zbigniew	LESZNO	Lucky Luki	POL	M40	1199	05:34:05	05:34:05		4847
		5km - , 10km - , 15km - , 20km - , 21km - , 25km - , 30km - , 35km - , 40km -									
5908	1966	NOSAL Krzysztof	POZNAŃ		POL	M45	730	05:34:06	05:40:20		4848
		5km - 00:31:51, 10km - 01:05:35, 15km - 01:38:09, 20km - 02:13:52, 21km - 02:22:20, 25km - 02:52:24, 30km - 03:37:48, 35km - 04:28:44, 40km - 05:14:57									
5909	1338	KUŁACH Anna	ZAKOPANE		POL	K18	141	05:34:21	05:41:23	1061	
		5km - 00:31:42, 10km - 01:05:53, 15km - 01:40:41, 20km - 02:20:27, 21km - 02:29:09, 25km - 03:01:41, 30km - 03:46:50, 35km - 04:30:42, 40km - 05:16:04									
5910	2198	BAJKOWSKI Bartosz	GDAŃSK		POL	M30	1666	05:34:40	05:35:56		4849
		5km - 00:29:08, 10km - 00:58:12, 15km - 01:29:05, 20km - 02:07:40, 21km - 02:17:46, 25km - 02:52:04, 30km - 03:39:06, 35km - 04:25:04, 40km - 05:13:22									
5911	4805	SIERANT Marian	BYDGOSZCZ		POL	M60	108	05:34:51	05:42:27		4850
		5km - 00:33:20, 10km - 01:08:42, 15km - 01:44:06, 20km - 02:23:41, 21km - 02:32:55, 25km - 03:04:56, 30km - 03:48:09, 35km - 04:34:10, 40km - 05:17:12									
5912	5925	SZYMCZAK Jarosław	KOMORNIKI		POL	M50	328	05:34:55	05:44:10		4851
		5km - 00:34:34, 10km - 01:11:04, 15km - 01:45:43, 20km - 02:24:32, 21km - 02:33:05, 25km - 03:03:16, 30km - 03:49:05, 35km - 04:36:42, 40km - 05:17:20									
5913	2120	ANDRYSIAK Piotr	TARNOWO PODGÓRNE		POL	M45	731	05:34:56	05:44:17		4852
		5km - 00:37:12, 10km - 01:15:18, 15km - 01:51:23, 20km - 02:30:09, 21km - 02:38:35, 25km - 03:09:09, 30km - 03:50:46, 35km - 04:34:17, 40km - 05:16:47									
5914	6051	BORECKA Ola	POZNAŃ		POL	K40	273	05:34:56	05:44:11	1062	
		5km - 00:34:33, 10km - 01:11:04, 15km - 01:45:43, 20km - 02:24:32, 21km - 02:33:05, 25km - 03:03:16, 30km - 03:49:04, 35km - 04:36:42, 40km - 05:17:19									
5915	4188	SIWKOWSKI Łukasz	ZŁOTNIKI		POL	M40	1200	05:35:52	05:43:11		4853
		5km - 00:32:27, 10km - 01:09:28, 15km - 01:43:22, 20km - 02:20:42, 21km - 02:29:08, 25km - 03:00:09, 30km - 03:47:10, 35km - 04:32:50, 40km - 05:18:24									
5916	4367	POGORZELSKI Rafał	BRANIEWO		POL	M30	1667	05:35:53	05:42:47		4854
		5km - 00:31:24, 10km - 01:03:17, 15km - 01:34:34, 20km - 02:11:48, 21km - 02:20:50, 25km - 02:53:51, 30km - 03:41:25, 35km - 04:29:45, 40km - 05:18:22									
5917	6985	PODKOWINSKI Jan	POZNAŃ		POL	M60	109	05:36:04	05:42:23		4855
		5km - 00:29:09, 10km - 00:59:32, 15km - 01:31:01, 20km - 02:07:44, 21km - 02:18:34, 25km - 02:51:14, 30km - 03:39:35, 35km - 04:28:06, 40km - 05:17:39									
5918	4194	MUCHA Kamila	KONIN	Biegm Na Tarchominie	POL	K40	274	05:36:30	05:44:41	1063	
		5km - 00:32:52, 10km - 01:09:11, 15km - 01:47:18, 20km - 02:27:45, 21km - 02:35:31, 25km - 03:08:10, 30km - 03:51:11, 35km - 04:35:42, 40km - 05:20:07									
5919	1743	BŁASZKIEWICZ Filip	TORUŃ		POL	M18	537	05:36:40	05:45:42		4856
		5km - 00:34:30, 10km - 01:10:50, 15km - 01:46:26, 20km - 02:23:26, 21km - 02:31:17, 25km - 03:00:26, 30km - 03:45:54, 35km - 04:32:31, 40km - 05:18:33									
5920	718	Zawodnik anonimowy				K30	444	05:36:43	05:41:36	1064	
		5km - 00:31:48, 10km - 01:07:03, 15km - 01:40:17, 20km - 02:15:34, 21km - 02:24:13, 25km - 02:54:15, 30km - 03:36:15, 35km - 04:26:27, 40km - 05:16:27									
5921	5728	JAWOROWSKA Agnieszka	PIASKI		POL	K18	142	05:36:47	05:41:23	1065	
		5km - 00:29:22, 10km - 00:59:35, 15km - 01:30:27, 20km - 02:07:04, 21km - 02:15:31, 25km - 02:47:56, 30km - 03:34:38, 35km - 04:24:20, 40km - 05:14:56									
5922	796	Zawodnik anonimowy				K30	445	05:36:47	05:46:14	1065	
		5km - 00:34:44, 10km - 01:10:07, 15km - 01:46:16, 20km - 02:25:34, 21km - 02:33:55, 25km - 03:04:01, 30km - 03:47:03, 35km - 04:36:25, 40km - 05:21:04									
5923	2344	BĄK Kamila	OSIEK NAD NOTECIĄ	Klub Biegowy TSK Orzeł Osiek	POL	K40	275	05:36:57	05:46:07	1067	
		5km - 00:35:08, 10km - 01:10:46, 15km - 01:46:23, 20km - 02:25:18, 21km - 02:36:34, 25km - 03:15:36, 30km - 04:01:26, 35km - 04:42:22, 40km - 05:21:53									
5924	4781	CHRAPEK Gabriel	KRAKÓW		POL	M50	329	05:36:58	05:40:43		4857
		5km - 00:32:55, 10km - 01:08:35, 15km - 01:44:12, 20km - 02:22:17, 21km - 02:30:48, 25km - 03:03:35, 30km - 03:50:30, 35km - 04:36:03, 40km - 05:19:22									
5925	4097	WRZECIAN Adam	POZNAŃ	Night Runners	POL	M30	1668	05:37:02	05:42:41		4858
		5km - 00:30:18, 10km - 01:04:46, 15km - 01:37:20, 20km - 02:10:24, 21km - 02:18:08, 25km - 02:46:03, 30km - 03:26:40, 35km - 04:06:11, 40km - 05:12:08									
5926	3919	WALESZ Joanna	JAWORZNO	KB MCKiS JAWORZNO	POL	K40	276	05:37:03	05:46:05	1068	
		5km - 00:37:30, 10km - 01:17:51, 15km - 01:54:10, 20km - 02:33:54, 21km - 02:43:04, 25km - 03:15:32, 30km - 03:58:34, 35km - 04:40:35, 40km - 05:21:00									
5927	422	STARCZEWSKI Piotr	PRUSZKÓW		POL	M55	217	05:37:17	05:42:06		4859
		5km - 00:28:34, 10km - 00:59:21, 15km - 01:30:48, 20km - 02:07:41, 21km - 02:17:35, 25km - 02:50:39, 30km - 03:40:29, 35km - 04:29:23, 40km - 05:16:36									
5928	3014	NIEMASIK Maciej	WROCŁAW	DA Dominik	POL	M18	538	05:37:22	05:44:56		4860
		5km - 00:30:25, 10km - 01:01:23, 15km - 01:32:25, 20km - 02:12:56, 21km - 02:26:53, 25km - 03:05:35, 30km - 03:53:53, 35km - 04:38:32, 40km - 05:19:18									
5929	3794	Zawodnik anonimowy				K30	446	05:37:24	05:45:10	1069	
		5km - 00:34:47, 10km - 01:10:30, 15km - 01:46:13, 20km - 02:23:39, 21km - 02:32:18, 25km - 03:03:21, 30km - 03:46:31, 35km - 04:34:31, 40km - 05:19:40									
5930	2050	FILIPIAK Michał	POZNAŃ	caloryfer.pl	POL	M40	1201	05:37:28	05:45:11		4861
		5km - 00:30:59, 10km - 01:06:27, 15km - 01:41:09, 20km - 02:21:19, 21km - 02:29:26, 25km - 03:02:23, 30km - 03:47:13, 35km - 04:34:51, 40km - 05:19:41									
5931	5715	BACA Justyna	NOWA RUDA	Luźna Łyda Team	POL	K18	143	05:37:42	05:46:25	1070	
		5km - 00:33:38, 10km - 01:09:44, 15km - 01:46:07, 20km - 02:27:00, 21km - 02:35:30, 25km - 03:08:12, 30km - 03:52:19, 35km - 04:36:10, 40km - 05:20:19									
5932	6114	KARLAK Malgorzata	ŚREM		POL	K45	125	05:37:58	05:43:31	1071	
		5km - 00:33:00, 10km - 01:06:59, 15km - 01:39:57, 20km - 02:18:22, 21km - 02:29:22, 25km - 03:04:14, 30km - 03:49:50, 35km - 04:41:26, 40km - 05:21:44									
5933	6177	PAZOŁA Jarosław	ŚREM		POL	M45	732	05:37:58	05:43:31		4862
		5km - 00:33:01, 10km - 01:06:57, 15km - 01:39:56, 20km - 02:18:22, 21km - 02:29:20, 25km - 03:04:14, 30km - 03:49:49, 35km - 04:41:26, 40km - 05:21:44									
5934	5687	SCULLY Jessica	NOTTINGHAM	Holme Pierrepont Running Club	GBR	K40	277	05:37:59	05:47:15	1072	
		5km - 00:31:37, 10km - 01:07:27, 15km - 01:42:26, 20km - 02:23:39, 21km - 02:32:10, 25km - 03:02:59, 30km - 03:48:50, 35km - 04:33:53, 40km - 05:20:14									
5935	187	JARCZYŃSKA Anna	ROKIETNICA		POL	K50	54	05:38:08	05:44:47	1073	
		5km - 00:32:00, 10km - 01:04:43, 15km - 01:37:08, 20km - 02:13:30, 21km - 02:21:49, 25km - 02:53:09, 30km - 03:45:36, 35km - 04:37:36, 40km - 05:21:42									
5936	3552	Zawodnik anonimowy				K30	447	05:38:10	05:42:59	1074	
		5km - 00:33:08, 10km - 01:07:27, 15km - 01:41:59, 20km - 02:20:52, 21km - 02:30:15, 25km - 03:02:05, 30km - 03:48:16, 35km - 04:33:35, 40km - 05:19:40									
5937	2159	GIDEL Halina	BRZEG DOLNY	FOTOTRIO.PL	POL	K55	18	05:38:35	05:47:46	1075	
		5km - 00:35:08, 10km - 01:11:03, 15km - 01:46:55, 20km - 02:27:23, 21km - 02:35:52, 25km - 03:08:39, 30km - 03:53:26, 35km - 04:37:45, 40km - 05:20:45									
5938	2387	CUPER Aleksandra	ŻYRARDÓW		POL	K18	144	05:39:03	05:48:57	1076	
		5km - 00:34:20, 10km - 01:12:15, 15km - 01:45:37, 20km - 02:23:46, 21km - 02:32:20, 25km - 03:02:00, 30km - 03:45:00, 35km - 04:36:02, 40km - 05:20:31									
5939	6983	JAROSZ Roland	POZNAŃ		POL	M30	1669	05:39:04	05:48:27		4863
		5km - 00:36:18, 10km - 01:14:06, 15km - 01:52:15, 20km - 02:30:09, 21km - 02:39:03, 25km - 03:11:55, 30km - 03:54:58, 35km - 04:38:16, 40km - 05:20:40									
5940	5402	MARCINIAK Łukasz	KALISZ	KS Wikingowie	POL	M30	1670	05:39:12	05:45:37		4864
		5km - 00:33:05, 10km - 01:07:23, 15km - 01:42:19, 20km - 02:21:00, 21km - 02:29:52, 25km - 03:01:53, 30km - 03:46:50, 35km - 04:33:00, 40km - 05:21:05									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
5941	6871	ZAPAŚNIK Filip	WROCŁAW		POL	M40	1202	05:39:16	05:47:58		4865
		5km - 00:32:19, 10km - 01:05:35, 15km - 01:37:25, 20km - 02:11:03, 21km - 02:18:35, 25km - 02:48:57, 30km - 03:41:08, 35km - 04:29:19, 40km - 05:17:39									
5942	2100	PARTYKA Maja	PIŁA	Gabinet Masażu "Orfeusz"	POL	K30	448	05:39:18	05:46:55	1077	
		5km - 00:32:08, 10km - 01:05:53, 15km - 01:39:54, 20km - 02:19:54, 21km - 02:28:14, 25km - 03:02:17, 30km - 03:49:40, 35km - 04:39:51, 40km - 05:21:44									
5943	2887	BRÓDKA Magdalena	POZNAŃ		POL	K40	278	05:39:20	05:47:09	1078	
		5km - 00:32:42, 10km - 01:08:26, 15km - 01:44:24, 20km - 02:26:20, 21km - 02:34:51, 25km - 03:07:24, 30km - 03:50:34, 35km - 04:33:53, 40km - 05:20:46									
5944	2093	KONOPKA Jaroslaw	JSTRZEBIE ZDROJ		POL	M50	330	05:39:28	05:47:08		4866
		5km - 00:33:29, 10km - 01:08:07, 15km - 01:42:36, 20km - 02:18:29, 21km - 02:26:19, 25km - 02:56:01, 30km - 03:38:54, 35km - 04:26:10, 40km - 05:17:00									
5945	3241	PAJKOWSKI Mirosław	SZCZECIN		POL	M50	331	05:39:29	05:48:07		4867
		5km - 00:32:11, 10km - 01:04:05, 15km - 01:36:36, 20km - 02:16:30, 21km - 02:25:25, 25km - 03:00:59, 30km - 03:50:21, 35km - 04:37:36, 40km - 05:21:51									
5946	6356	MIKŁASZ Dariusz	BORNE SULINOWO	Borne biega	POL	M50	332	05:39:33	05:48:14		4868
		5km - 00:32:46, 10km - 01:06:19, 15km - 01:38:53, 20km - 02:14:50, 21km - 02:23:32, 25km - 02:52:53, 30km - 03:36:48, 35km - 04:26:56, 40km - 05:19:45									
5947	3081	ŻUREK Mateusz	KRAKÓW		POL	M18	539	05:39:53	05:48:58		4869
		5km - 00:31:50, 10km - 01:05:01, 15km - 01:36:18, 20km - 02:08:34, 21km - 02:19:23, 25km - 02:49:53, 30km - 03:37:44, 35km - 04:32:45, 40km - 05:21:58									
5948	3954	GÓRECKA Joanna	KOZIEGŁOWY		POL	K30	449	05:39:54	05:49:21	1079	
		5km - 00:34:57, 10km - 01:10:48, 15km - 01:45:25, 20km - 02:22:05, 21km - 02:30:55, 25km - 03:00:08, 30km - 03:44:06, 35km - 04:31:34, 40km - 05:19:55									
5949	3054	Zawodnik anonimowy				M30	1671	05:40:12	05:47:59		4870
		5km - 00:31:03, 10km - 01:05:02, 15km - 01:37:01, 20km - 02:12:27, 21km - 02:21:21, 25km - 02:53:17, 30km - 03:39:30, 35km - 04:31:50, 40km - 05:21:56									
5950	6417	SOĆKO Kamil	BIAŁA PODLASKA	Wataha łączy nas bieganie	POL	M30	1672	05:40:14	05:50:23		4871
		5km - 00:36:01, 10km - 01:15:43, 15km - 01:50:29, 20km - 02:31:19, 21km - 02:42:07, 25km - 03:11:29, 30km - 03:57:16, 35km - 04:44:27, 40km - 05:24:27									
5951	1105	KOŚCIELNIAK Maciej	CZERWONAK	Czerwonak Biega	POL	M18	540	05:40:20	05:49:37		4872
		5km - 00:33:27, 10km - 01:07:30, 15km - 01:42:40, 20km - 02:21:42, 21km - 02:30:45, 25km - 03:03:33, 30km - 03:47:48, 35km - 04:36:04, 40km - 05:23:05									
5952	5571	REMBOWSKI Jacek	ŁOWICZ	Starzyńskiego Biega Łowicz	POL	M70	14	05:40:21	05:50:20		4873
		5km - 00:35:01, 10km - 01:09:30, 15km - 01:43:50, 20km - 02:17:50, 21km - 02:24:49, 25km - 02:55:33, 30km - 03:39:02, 35km - 04:23:48, 40km - 05:15:42									
5953	6182	TOMCZYK Małgorzata	ŁÓDŹ		POL	K40	279	05:40:21	05:49:19	1080	
		5km - 00:35:58, 10km - 01:12:40, 15km - 01:48:43, 20km - 02:29:03, 21km - 02:38:36, 25km - 03:10:01, 30km - 03:52:52, 35km - 04:39:46, 40km - 05:23:08									
5954	3823	WIECZOREK Tomasz	GDAŃSK	Wataha-Łączy nas bieganie	POL	M45	733	05:40:32	05:50:22		4874
		5km - 00:36:20, 10km - 01:15:57, 15km - 01:50:48, 20km - 02:31:38, 21km - 02:42:25, 25km - 03:11:49, 30km - 03:57:35, 35km - 04:44:28, 40km - 05:24:43									
5955	1392	JARYSZ Piotr	POZNAŃ	wataha - łączy nas bieganie	POL	M30	1673	05:40:33	05:50:22		4875
		5km - 00:35:58, 10km - 01:16:13, 15km - 01:49:36, 20km - 02:31:39, 21km - 02:42:21, 25km - 03:11:49, 30km - 03:57:36, 35km - 04:44:47, 40km - 05:24:27									
5956	3824	SALEEM Monika	GDAŃSK	Wataha-Łączy nas bieganie	POL	K30	450	05:40:33	05:50:22	1081	
		5km - 00:34:39, 10km - 01:16:03, 15km - 01:50:49, 20km - 02:32:13, 21km - 02:43:13, 25km - 03:13:00, 30km - 03:57:18, 35km - 04:44:28, 40km - 05:24:45									
5957	2613	NOWACKA Magdalena	WIELICHOWO		POL	K30	451	05:40:35	05:49:09	1082	
		5km - 00:32:17, 10km - 01:05:39, 15km - 01:40:25, 20km - 02:19:08, 21km - 02:27:40, 25km - 02:59:06, 30km - 03:44:06, 35km - 04:33:17, 40km - 05:22:29									
5958	233	KWIATKOWSKI Piotr	WRZEŚNIA		POL	M50	333	05:40:36	05:48:54		4876
		5km - 00:32:56, 10km - 01:09:56, 15km - 01:46:17, 20km - 02:26:43, 21km - 02:35:54, 25km - 03:06:28, 30km - 03:49:43, 35km - 04:35:41, 40km - 05:21:43									
5959	6964	STACHOWSKA Basia	MIEJSKA GORKA	Wataha łączy nas bieganie	POL	K40	280	05:40:37	05:50:22	1083	
		5km - 00:34:43, 10km - 01:12:43, 15km - 01:50:06, 20km - 02:32:17, 21km - 02:42:50, 25km - 03:11:53, 30km - 03:57:40, 35km - 04:44:51, 40km - 05:24:49									
5960	55	ŻABKO Jarosław	POZNAŃ	Drużyna Szpiku	POL	M50	334	05:40:54	05:47:04		4877
		5km - 00:32:04, 10km - 01:05:26, 15km - 01:38:07, 20km - 02:15:56, 21km - 02:24:40, 25km - 02:57:47, 30km - 03:45:27, 35km - 04:33:11, 40km - 05:21:34									
5961	1047	STEFANIAK Marek	WARSZAWA		POL	M40	1203	05:41:11	05:45:03		4878
		5km - 00:29:27, 10km - 01:04:41, 15km - 01:42:05, 20km - 02:19:43, 21km - 02:27:22, 25km - 03:00:10, 30km - 03:45:55, 35km - 04:33:25, 40km - 05:20:24									
5962	6549	NIEDZIAŁKOWSKA Monika	BOGUCIN		POL	K40	281	05:41:16	05:49:31	1084	
		5km - 00:33:06, 10km - 01:08:24, 15km - 01:44:28, 20km - 02:27:10, 21km - 02:36:51, 25km - 03:10:18, 30km - 03:54:47, 35km - 04:39:07, 40km - 05:23:11									
5963	1131	ANDRYSIAK Patryk	CIECIERZYCE		POL	M30	1674	05:41:27	05:45:37		4879
		5km - 00:33:32, 10km - 01:08:25, 15km - 01:44:17, 20km - 02:23:08, 21km - 02:31:39, 25km - 03:03:15, 30km - 03:47:11, 35km - 04:35:15, 40km - 05:23:17									
5964	3818	PAWLĘTY Edyta	LUBOŃ		POL	K18	145	05:41:27	05:50:12	1085	
		5km - 00:33:16, 10km - 01:09:37, 15km - 01:43:49, 20km - 02:23:37, 21km - 02:33:27, 25km - 03:05:22, 30km - 03:50:28, 35km - 04:36:15, 40km - 05:22:44									
5965	6724	KLIMASZEWSKI Tobiasz	ZIELONA GÓRA		POL	M30	1675	05:41:29	05:46:54		4880
		5km - 00:28:11, 10km - 00:56:10, 15km - 01:24:16, 20km - 01:56:42, 21km - 02:05:00, 25km - 02:35:51, 30km - 03:21:16, 35km - 04:07:50, 40km - 05:15:20									
5966	3383	STASIŃSKI Stanisław	POZNAŃ	KB Maniac Poznań	POL	M75	5	05:41:32	05:51:42		4881
		5km - 00:35:29, 10km - 01:11:09, 15km - 01:47:31, 20km - 02:27:07, 21km - 02:35:49, 25km - 03:08:09, 30km - 03:53:14, 35km - 04:38:17, 40km - 05:21:35									
5967	3381	Zawodnik anonimowy				K30	452	05:41:32	05:51:42	1086	
		5km - 00:35:29, 10km - 01:11:09, 15km - 01:47:32, 20km - 02:27:06, 21km - 02:35:49, 25km - 03:08:09, 30km - 03:53:14, 35km - 04:38:16, 40km - 05:21:38									
5968	6710	WIŚNIEWSKI Michał	DOPIEWIEC	Grupa OLX Team	POL	M30	1676	05:41:57	05:50:24		4882
		5km - 00:32:32, 10km - 01:05:49, 15km - 01:39:53, 20km - 02:18:03, 21km - 02:27:29, 25km - 03:00:51, 30km - 03:49:27, 35km - 04:36:56, 40km - 05:22:55									
5969	1912	Zawodnik anonimowy				K18	146	05:42:02	05:49:37	1087	
		5km - 00:34:46, 10km - 01:11:47, 15km - 01:48:49, 20km - 02:28:26, 21km - 02:37:13, 25km - 03:08:35, 30km - 03:52:35, 35km - 04:38:13, 40km - 05:24:04									
5970	4875	NOWAKOWSKI Marcin	SWARZEDZ		POL	M40	1204	05:42:08	05:48:35		4883
		5km - 00:33:10, 10km - 01:07:07, 15km - 01:40:08, 20km - 02:13:45, 21km - 02:21:04, 25km - 02:53:05, 30km - 03:41:17, 35km - 04:31:38, 40km - 05:23:06									
5971	5730	WYSZYŃSKI Cezary	POZNAŃ		POL	M18	541	05:42:10	05:50:16		4884
		5km - 00:31:25, 10km - 01:03:24, 15km - 01:34:55, 20km - 02:14:55, 21km - 02:25:19, 25km - 03:02:56, 30km - 03:51:01, 35km - 04:38:20, 40km - 05:22:59									
5972	1310	MATYLLA Gracja-Maria	POZNAŃ		POL	K18	147	05:42:15	05:48:27	1088	
		5km - 00:30:59, 10km - 01:04:49, 15km - 01:39:13, 20km - 02:18:03, 21km - 02:26:44, 25km - 03:02:35, 30km - 03:50:36, 35km - 04:37:01, 40km - 05:23:59									
5973	6472	ŁUGOWSKI Piotr	POZNAŃ	KLAS SZPOT SWARZĘDZ	POL	M60	110	05:42:21	05:49:54		4885
		5km - 00:31:57, 10km - 01:04:39, 15km - 01:38:48, 20km - 02:17:25, 21km - 02:25:52, 25km - 02:59:20, 30km - 03:45:12, 35km - 04:34:25, 40km - 05:24:05									
5974	531	MATYSIAK Krzysztof	SĘKOCIN STARY		POL	M40	1205	05:42:38	05:49:31		4886
		5km - 00:30:13, 10km - 01:00:58, 15km - 01:32:15, 20km - 02:08:19, 21km - 02:19:20, 25km - 02:51:26, 30km - 03:45:20, 35km - 04:40:40, 40km - 05:24:33									
5975	7007	TROJAN Monika	PŁOSZCZYNA 53		POL	K30	453	05:42:39	05:43:37	1089	
		5km - 00:31:13, 10km - 01:05:35, 15km - 01:38:50, 20km - 02:15:33, 21km - 02:23:30, 25km - 02:53:11, 30km - 03:35:11, 35km - 04:23:56, 40km - 05:17:40									
5976	345	RZEPKA Arkadiusz	LUBAWKA		POL	M60	111	05:42:40	05:43:38		4887
		5km - 00:31:13, 10km - 01:05:35, 15km - 01:38:51, 20km - 02:15:33, 21km - 02:23:39, 25km - 02:53:37, 30km - 03:36:17, 35km - 04:23:57, 40km - 05:17:51									
5977	7006	REITER Anton	VIENNA		AUT	M65	52	05:43:00	05:46:14		4888
		5km - 00:35:55, 10km - 01:12:51, 15km - 01:49:22, 20km - 02:29:45, 21km - 02:39:07, 25km - 03:10:44, 30km - 03:53:24, 35km - 04:39:07, 40km - 05:24:12									
5978	639	SWIOKŁA Rafał	SZCZECINEK	Rzeczne Bobry	POL	M40	1206	05:43:13	05:52:50		4889
		5km - 00:34:33, 10km - 01:09:10, 15km - 01:45:27, 20km - 02:24:59, 21km - 02:33:34, 25km - 03:05:12, 30km - 03:50:48, 35km - 04:38:08, 40km - 05:25:10									
5979	4834	MIKUŁA Ewa	POZNAŃ		POL	K50	55	05:43:34	05:51:48	1090	
		5km - 00:33:00, 10km - 01:08:50, 15km - 01:45:14, 20km - 02:26:25, 21km - 02:36:09, 25km - 03:09:56, 30km - 03:55:12, 35km - 04:42:25, 40km - 05:25:16									
5980	3509	Zawodnik anonimowy				K45	126	05:43:35	05:51:48	1091	
		5km - 00:33:02, 10km - 01:08:51, 15km - 01:45:26, 20km - 02:26:28, 21km - 02:36:12, 25km - 03:10:04, 30km - 03:55:13, 35km - 04:42:26, 40km - 05:25:17									
5981	1231	HRYCIÓW Paweł	BIAŁOGARD	JW1223	POL	M30	1677	05:43:36	05:52:46		4890
		5km - 00:34:22, 10km - 01:11:08, 15km - 01:46:22, 20km - 02:23:19, 21km - 02:30:58, 25km - 02:59:28, 30km - 03:45:47, 35km - 04:32:42, 40km - 05:22:26									
5982	4991	CIESIELSKI Paweł	NOWA SÓL		POL	M40	1207	05:43:50	05:51:59		4891
		5km - 00:30:25, 10km - 01:03:34, 15km - 01:39:08, 20km - 02:19:26, 21km - 02:28:47, 25km - 03:01:40, 30km - 03:47:34, 35km - 04:37:24, 40km - 05:24:36									
5983	3043	KRYŚLAK Małgorzata	POZNAŃ		POL	K30	454	05:43:50	05:52:07	1092	
		5km - 00:32:10, 10km - 01:06:52, 15km - 01:39:41, 20km - 02:15:05, 21km - 02:24:55, 25km - 02:53:54, 30km - 03:41:05, 35km - 04:34:31, 40km - 05:24:54									
5984	7002	TOMCZYK Andrzej	POZNAN	Elektris	POL	M45	734	05:43:50	05:53:02		4891
		5km - 00:33:31, 10km - 01:07:55, 15km - 01:41:07, 20km - 02:16:12, 21km - 02:24:43, 25km - 02:56:32, 30km - 03:44:58, 35km - 04:31:33, 40km - 05:22:24									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
5985	5771	WOJCIESZAK Mateusz	NOWY TOMYŚL		POL	M18	542	05:43:50	05:51:35		4891
		5km - 00:34:43, 10km - 01:09:41, 15km - 01:43:52, 20km - 02:21:19, 21km - 02:29:50, 25km - 03:03:59, 30km - 03:55:44, 35km - 04:47:44, 40km - 05:29:04									
5986	4539	SKOMOROWSKA Monika	WARSZAWA	Team ZabieganeDni	POL	K40	282	05:43:51	05:52:07	1093	
		5km - 00:33:29, 10km - 01:10:16, 15km - 01:46:56, 20km - 02:30:40, 21km - 02:40:34, 25km - 03:15:16, 30km - 04:01:40, 35km - 04:46:06, 40km - 05:26:58									
5987	6800	KANIUGA Bożena	HRUBIESZÓW		POL	K50	56	05:44:33	05:52:31	1094	
		5km - 00:33:00, 10km - 01:07:12, 15km - 01:42:43, 20km - 02:22:12, 21km - 02:30:56, 25km - 03:03:28, 30km - 03:51:15, 35km - 04:40:37, 40km - 05:24:43									
5988	2471	BARTNIK Wojciech	HRUBIESZÓW	Barni	POL	M55	218	05:44:35	05:52:33		4894
		5km - 00:33:00, 10km - 01:07:12, 15km - 01:42:43, 20km - 02:22:12, 21km - 02:30:55, 25km - 03:03:28, 30km - 03:51:13, 35km - 04:40:37, 40km - 05:24:58									
5989	2345	KAWAŁEK Marek	KULIGOWO		POL	M30	1678	05:44:44	05:53:02		4895
		5km - 00:32:18, 10km - 01:06:44, 15km - 01:41:35, 20km - 02:21:57, 21km - 02:30:20, 25km - 03:02:01, 30km - 03:51:52, 35km - 04:38:03, 40km - 05:23:54									
5990	7010	Zawodnik anonimowy				K40	283	05:44:45	05:51:07	1095	
		5km - 00:30:54, 10km - 01:05:21, 15km - 01:40:56, 20km - 02:20:46, 21km - 02:29:47, 25km - 03:03:12, 30km - 03:49:43, 35km - 04:40:03, 40km - 05:25:30									
5991	591	NOWAK Paweł	POZNAŃ	Sokrates Team	POL	M45	735	05:44:51	05:51:20		4896
		5km - 00:36:14, 10km - 01:10:44, 15km - 01:45:42, 20km - 02:22:57, 21km - 02:31:54, 25km - 03:03:18, 30km - 03:47:31, 35km - 04:35:48, 40km - 05:24:56									
5992	6120	PALUCH Aneta	TULCE		POL	K45	127	05:45:06	05:54:56	1096	
		5km - 00:35:57, 10km - 01:14:29, 15km - 01:51:59, 20km - 02:31:57, 21km - 02:41:10, 25km - 03:14:26, 30km - 03:58:08, 35km - 04:44:07, 40km - 05:27:44									
5993	1291	POSŁUSZNA Monika	BIELSKO-BIAŁA	SPOT PSZCZYNA	POL	K18	148	05:45:16	05:54:00	1097	
		5km - 00:33:41, 10km - 01:09:02, 15km - 01:46:32, 20km - 02:28:29, 21km - 02:37:18, 25km - 03:10:31, 30km - 03:56:31, 35km - 04:42:34, 40km - 05:28:05									
5994	5787	ŁAPOT Przemysław	LASOCIN	LZS Lasocin	POL	M18	543	05:45:16	05:46:51		4897
		5km - 00:28:27, 10km - 00:59:47, 15km - 01:31:58, 20km - 02:07:00, 21km - 02:15:00, 25km - 02:43:54, 30km - 03:29:43, 35km - 04:25:00, 40km - 05:23:50									
5995	3520	WEYCHAN Ewelina	POZNAŃ	Maratończyk Poznań	POL	K30	455	05:45:25	05:54:03	1098	
		5km - 00:34:04, 10km - 01:08:44, 15km - 01:43:46, 20km - 02:21:30, 21km - 02:29:38, 25km - 03:00:03, 30km - 03:42:02, 35km - 04:30:11, 40km - 05:23:28									
5996	477	BARTECZKA Zbigniew	POZNAŃ		POL	M50	335	05:45:32	05:54:51		4898
		5km - 00:34:59, 10km - 01:10:55, 15km - 01:46:24, 20km - 02:27:25, 21km - 02:37:02, 25km - 03:09:12, 30km - 03:55:19, 35km - 04:42:41, 40km - 05:26:27									
5997	5977	GOŁĘBIEWSKI Michał	GDAŃSK		POL	M30	1679	05:45:41	05:53:28		4899
		5km - 00:31:47, 10km - 01:03:25, 15km - 01:33:05, 20km - 02:05:13, 21km - 02:12:15, 25km - 02:39:40, 30km - 03:27:18, 35km - 04:24:37, 40km - 05:22:21									
5998	6278	KOMISAREK Grzegorz	WRZEŚNIA	1976	POL	M40	1208	05:45:46	05:54:51		4900
		5km - 00:35:13, 10km - 01:10:55, 15km - 01:46:27, 20km - 02:23:47, 21km - 02:32:55, 25km - 03:09:26, 30km - 03:55:33, 35km - 04:40:39, 40km - 05:26:22									
5999	101	IGNASIAK Tomasz	CZERWIENSK		POL	M50	336	05:46:09	05:47:44		4901
		5km - 00:30:49, 10km - 01:05:47, 15km - 01:40:04, 20km - 02:19:21, 21km - 02:27:40, 25km - 03:00:58, 30km - 03:46:46, 35km - 04:34:49, 40km - 05:24:18									
6000	3170	Zawodnik anonimowy				K45	128	05:46:18	05:55:27	1099	
		5km - 00:33:22, 10km - 01:07:24, 15km - 01:46:19, 20km - 02:31:00, 21km - 02:40:23, 25km - 03:16:18, 30km - 04:01:18, 35km - 04:45:31, 40km - 05:29:12									
6001	2786	GREBIENIK Andrzej	SŁUPSK	W.P.K. SŁOŃ TEAM	POL	M45	736	05:46:58	05:55:13		4902
		5km - 00:32:36, 10km - 01:04:51, 15km - 01:37:11, 20km - 02:14:11, 21km - 02:22:15, 25km - 02:55:20, 30km - 03:43:51, 35km - 04:36:09, 40km - 05:25:21									
6002	7118	RZEPKA Iwona	ŚRODA WLKP	WATAHA	POL	K30	456	05:47:07	05:56:58	1100	
		5km - 00:36:04, 10km - 01:15:56, 15km - 01:51:29, 20km - 02:33:23, 21km - 02:42:43, 25km - 03:13:27, 30km - 03:57:43, 35km - 04:45:41, 40km - 05:29:35									
6003	6218	RZEPKA Krzysztof	ŚRODA WLKP	Wataha-łączy nas bieganie	POL	M30	1680	05:47:07	05:56:59		4903
		5km - 00:36:04, 10km - 01:16:01, 15km - 01:51:28, 20km - 02:33:22, 21km - 02:42:42, 25km - 03:13:26, 30km - 03:57:41, 35km - 04:44:49, 40km - 05:29:40									
6004	4148	PILARSKI Krzysztof	TORUŃ	KUJAWSKO-POMORSKIE	POL	M30	1681	05:47:12	05:47:52		4904
		5km - 00:33:09, 10km - 01:05:47, 15km - 01:37:22, 20km - 02:10:44, 21km - 02:18:31, 25km - 02:51:18, 30km - 03:40:13, 35km - 04:32:23, 40km - 05:25:47									
6005	136	KASIERSKA Ewa Katarzyna	POZNAŃ	WKB LUBLINIEC	POL	K70	1	05:47:13	05:57:22	1101	
		5km - 00:36:48, 10km - 01:14:59, 15km - 01:53:11, 20km - 02:33:44, 21km - 02:42:29, 25km - 03:15:11, 30km - 03:58:47, 35km - 04:44:39, 40km - 05:27:59									
6006	218	OFIERZYŃSKI Roman	LUBOŃ	Arch	POL	M65	53	05:47:30	05:50:45		4905
		5km - 00:34:34, 10km - 01:10:41, 15km - 01:51:32, 20km - 02:28:21, 21km - 02:46:34, 25km - 03:20:01, 30km - 04:04:12, 35km - 04:49:36, 40km - 05:31:14									
6007	1438	ROGALIŃSKI Jarosław	SKOKI		POL	M40	1209	05:47:42	05:57:03		4906
		5km - 00:38:55, 10km - 01:20:46, 15km - 02:03:31, 20km - 02:49:32, 21km - 02:59:59, 25km - 03:28:49, 30km - 04:07:36, 35km - 04:49:08, 40km - 05:30:43									
6008	1747	REIPOLD Klaudia	MIELEC	Zabiegani Mielec	POL	K18	149	05:47:55	05:53:42	1102	
		5km - 00:32:01, 10km - 01:09:17, 15km - 01:46:33, 20km - 02:27:38, 21km - 02:37:30, 25km - 03:09:08, 30km - 03:54:23, 35km - 04:41:58, 40km - 05:28:33									
6009	1058	HOJAN Jola	KIEKRZ		POL	K30	457	05:48:02	05:55:55	1103	
		5km - 00:32:51, 10km - 01:07:00, 15km - 01:43:24, 20km - 02:26:03, 21km - 02:37:22, 25km - 03:09:22, 30km - 03:54:53, 35km - 04:43:02, 40km - 05:29:14									
6010	6164	HOJAN Przemysław	KIEKRZ		POL	M30	1682	05:48:02	05:55:55		4907
		5km - 00:32:51, 10km - 01:07:01, 15km - 01:43:24, 20km - 02:26:03, 21km - 02:37:22, 25km - 03:09:22, 30km - 03:54:54, 35km - 04:43:02, 40km - 05:29:16									
6011	3758	SAPKO Dariusz	KOMORNIKI	Grzmot Komorniki	POL	M40	1210	05:48:04	05:54:09		4908
		5km - 00:30:48, 10km - 01:05:39, 15km - 01:39:07, 20km - 02:18:10, 21km - 02:28:42, 25km - 03:00:05, 30km - 03:46:33, 35km - 04:35:57, 40km - 05:24:48									
6012	1264	Zawodnik anonimowy				M60	112	05:48:08	05:50:28		4909
		5km - 00:33:25, 10km - 01:07:56, 15km - 01:42:33, 20km - 02:19:24, 21km - 02:30:19, 25km - 03:02:35, 30km - 03:48:22, 35km - 04:38:19, 40km - 05:27:45									
6013	4467	JANCZAK Daria	CIESZÓW		POL	K18	150	05:48:16	05:51:47	1104	
		5km - 00:34:30, 10km - 01:10:10, 15km - 01:46:13, 20km - 02:27:06, 21km - 02:35:58, 25km - 03:09:23, 30km - 03:58:39, 35km - 04:47:30, 40km - 05:31:14									
6014	4361	SZAFCZYK Anita	WRZEŚNIA	Night Runners Września	POL	K40	284	05:48:51	05:57:11	1105	
		5km - 00:35:18, 10km - 01:11:23, 15km - 01:47:16, 20km - 02:25:39, 21km - 02:34:17, 25km - 03:06:28, 30km - 03:52:15, 35km - 04:43:16, 40km - 05:29:36									
6015	428	GRZELEC Jacek	KATOWICE		POL	M30	1683	05:49:16	05:58:18		4910
		5km - 00:37:31, 10km - 01:16:35, 15km - 01:55:02, 20km - 02:37:38, 21km - 02:47:08, 25km - 03:20:57, 30km - 04:06:52, 35km - 04:50:52, 40km - 05:32:46									
6016	4549	GIBUS Adam	KALISZ		POL	M18	544	05:49:17	05:51:50		4911
		5km - 00:29:41, 10km - 01:07:04, 15km - 01:45:04, 20km - 02:26:54, 21km - 02:36:24, 25km - 03:10:32, 30km - 03:55:01, 35km - 04:41:08, 40km - 05:27:38									
6017	4009	PAZIEWSKI Andrzej	KOWANÓWKO	KUNA KOWANÓWKO	POL	M45	737	05:49:53	05:50:20		4912
		5km - 00:31:33, 10km - 01:06:34, 15km - 01:40:46, 20km - 02:16:51, 21km - 02:24:36, 25km - 02:58:50, 30km - 03:54:09, 35km - 04:46:33, 40km - 05:21:13									
6018	332	KANTORSKI Filip	SWARZĘDZ	T12	POL	M30	1684	05:50:01	05:58:30		4913
		5km - 00:33:29, 10km - 01:08:11, 15km - 01:43:11, 20km - 02:22:58, 21km - 02:31:56, 25km - 03:06:48, 30km - 03:53:52, 35km - 04:43:17, 40km - 05:30:37									
6019	697	Zawodnik anonimowy				M40	1211	05:50:02	05:59:28		4914
		5km - 00:31:48, 10km - 01:06:44, 15km - 01:46:30, 20km - 02:30:05, 21km - 02:39:38, 25km - 03:14:27, 30km - 04:00:20, 35km - 04:47:05, 40km - 05:33:04									
6020	182	KOBUS Karolina	WRZEŚNIA	Night Runners Września	POL	K40	285	05:50:28	05:58:47	1106	
		5km - 00:35:19, 10km - 01:11:24, 15km - 01:47:17, 20km - 02:25:40, 21km - 02:34:18, 25km - 03:06:29, 30km - 03:52:18, 35km - 04:41:39, 40km - 05:30:01									
6021	5381	HEIZA Julia	KRAKÓW		POL	K18	151	05:50:39	05:58:45	1107	
		5km - 00:32:49, 10km - 01:05:40, 15km - 01:38:48, 20km - 02:12:23, 21km - 02:20:03, 25km - 02:49:36, 30km - 03:43:13, 35km - 04:47:05, 40km - 05:31:53									
6022	4633	PERNET Leonard	POZNAŃ		POL	M60	113	05:50:42	05:58:38		4915
		5km - 00:33:02, 10km - 01:09:29, 15km - 01:42:23, 20km - 02:22:24, 21km - 02:32:38, 25km - 03:05:48, 30km - 03:52:36, 35km - 04:43:38, 40km - 05:31:13									
6023	6427	MARCZYŃSKA Marta Łucja	MOSINA	Urząd Miasta Luboń	POL	K30	458	05:51:08	05:59:54	1108	
		5km - 00:33:07, 10km - 01:06:21, 15km - 01:39:47, 20km - 02:16:57, 21km - 02:25:39, 25km - 03:01:08, 30km - 03:48:05, 35km - 04:41:52, 40km - 05:32:37									
6024	760	MACHOWIAK Andrzej	SŁUPCA	SOS FORT SŁUPCA	POL	M45	738	05:51:28	06:01:10		4916
		5km - 00:34:37, 10km - 01:10:27, 15km - 01:45:53, 20km - 02:24:58, 21km - 02:34:22, 25km - 03:07:56, 30km - 03:52:56, 35km - 04:42:51, 40km - 05:31:07									
6025	5568	KWIATECKA Iwona	POZNAŃ	Orange PL	POL	K45	129	05:51:33	06:00:31	1109	
		5km - 00:36:27, 10km - 01:13:58, 15km - 01:50:29, 20km - 02:29:16, 21km - 02:38:19, 25km - 03:10:28, 30km - 03:55:22, 35km - 04:43:10, 40km - 05:32:44									
6026	2862	PIECHURA Maciej	KROSNO K.MOSINY	Avia Kamionki	POL	M30	1685	05:51:42	05:58:35		4917
		5km - 00:31:53, 10km - 01:08:59, 15km - 01:47:01, 20km - 02:28:48, 21km - 02:38:27, 25km - 03:13:37, 30km - 03:58:57, 35km - 04:46:01, 40km - 05:32:39									
6027	3796	JARMOŁOWSKA Justyna	WROCŁAW		POL	K30	459	05:51:45	05:59:31	1110	
		5km - 00:34:46, 10km - 01:10:36, 15km - 01:46:13, 20km - 02:29:07, 21km - 02:39:00, 25km - 03:17:13, 30km - 04:02:07, 35km - 04:47:29, 40km - 05:33:15									
6028	7185	CIELAK Jerzy	PASZCZYNA		POL	M60	114	05:53:51	06:02:11		4918
		5km - 00:34:15, 10km - 01:10:00, 15km - 01:45:38, 20km - 02:26:58, 21km - 02:36:41, 25km - 03:14:09, 30km - 04:02:20, 35km - 04:51:25, 40km - 05:36:45									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
6029	5352	DEJA Romuald	POZNAD		POL	M60	115	05:54:10	06:01:39		4919
		5km - 00:30:19, 10km - 01:01:38, 15km - 01:32:59, 20km - 02:09:48, 21km - 02:19:46, 25km - 02:55:06, 30km - 03:45:11, 35km - 04:36:30, 40km - 05:30:01									
6030	6750	KNORPS-SOBIECHOWSKA Bożena	NIEMCY		EUA	K55	19	05:54:32	06:03:23	1111	
		5km - 00:39:48, 10km - 01:19:39, 15km - 01:58:52, 20km - 02:40:46, 21km - 02:49:47, 25km - 03:23:25, 30km - 04:09:32, 35km - 04:53:18, 40km - 05:36:34									
6031	2622	WESOŁEK Marcin	POZNAŃ		POL	M45	739	05:55:35	06:02:36		4920
		5km - 00:33:51, 10km - 01:10:07, 15km - 01:48:49, 20km - 02:31:29, 21km - 02:40:35, 25km - 03:15:05, 30km - 04:02:31, 35km - 04:48:58, 40km - 05:36:49									
6032	3024	TYLAK Zofia	ŻNIN	Team Zosia	POL	K50	57	05:55:39	06:05:30	1112	
		5km - 00:35:38, 10km - 01:12:03, 15km - 01:49:36, 20km - 02:30:52, 21km - 02:40:43, 25km - 03:15:08, 30km - 04:04:38, 35km - 04:51:46, 40km - 05:38:48									
6033	2870	SZYDŁOWSKI Rafał	INOWROCŁAW	LARA TEAM	POL	M60	116	05:56:18	06:04:45		4921
		5km - 00:32:59, 10km - 01:11:11, 15km - 01:50:20, 20km - 02:33:35, 21km - 02:43:41, 25km - 03:17:30, 30km - 04:04:25, 35km - 04:51:48, 40km - 05:38:43									
6034	1209	ZIELIŃSKA Anna	BYTOM	Miechowicka Grupa Biegowa	POL	K30	460	05:56:32	05:59:54	1113	
		5km - 00:30:30, 10km - 01:01:45, 15km - 01:34:16, 20km - 02:12:08, 21km - 02:20:24, 25km - 02:52:37, 30km - 03:49:08, 35km - 04:47:16, 40km - 05:38:01									
6035	6397	KRAWENDA Krzysztof	KREROWO	CYBINA TEAM	POL	M50	337	05:56:51	06:05:23		4922
		5km - 00:32:20, 10km - 01:05:23, 15km - 01:38:52, 20km - 02:18:23, 21km - 02:28:07, 25km - 03:07:46, 30km - 04:05:18, 35km - 04:55:40, 40km - 05:40:26									
6036	4446	KULIŃSKI Czesław	POZNAŃ		POL	M75	6	05:58:10	06:07:24		4923
		5km - 00:35:06, 10km - 01:10:52, 15km - 01:48:27, 20km - 02:30:44, 21km - 02:40:54, 25km - 03:16:20, 30km - 04:05:15, 35km - 04:52:24, 40km - 05:39:31									
6037	6307	MIKOŁAJCZYK Jacek	POZNAŃ		POL	M55	219	05:58:12	06:07:43		4924
		5km - 00:35:24, 10km - 01:14:10, 15km - 01:53:31, 20km - 02:38:04, 21km - 02:47:48, 25km - 03:21:16, 30km - 04:06:04, 35km - 04:53:54, 40km - 05:38:48									
6038	7021	KALECKI Janusz	POZNAŃ	Dragon Ball Z	POL	M70	15	05:58:54	06:00:22		4925
		5km - 00:33:09, 10km - 01:10:48, 15km - 01:55:24, 20km - 02:35:19, 21km - 02:50:06, 25km - 03:07:49, 30km - 03:50:47, 35km - 04:27:31, 40km - 05:39:58									
6039	7248	SZYDŁOWSKI Leonard	POZNAŃ		POL	M65	54	05:59:26	06:04:50		4926
		5km - 00:29:17, 10km - 00:58:27, 15km - 01:27:03, 20km - 01:56:36, 21km - 02:05:10, 25km - 02:44:12, 30km - 03:45:26, 35km - 04:41:42, 40km - 05:35:38									
6040	6097	KAŹMIERCZAK Joanna	RAKONIEWICE		POL	K40	286	05:59:32	06:04:25	1114	
		5km - 00:31:16, 10km - 01:04:36, 15km - 01:38:45, 20km - 02:20:23, 21km - 02:29:47, 25km - 03:05:35, 30km - 03:58:36, 35km - 04:46:41, 40km - 05:37:04									
6041	5651	SOBOLSKI Marcin	CZĘSTOCHOWA		POL	M30	1686	05:59:38	06:10:24		4927
		5km - 00:31:29, 10km - 01:03:46, 15km - 01:44:03, 20km - 02:36:14, 21km - 02:46:09, 25km - 03:20:38, 30km - 04:07:15, 35km - 04:52:18, 40km - 05:39:06									
6042	843	ZYBAŁA Aśka	ŁĄKOCINY	LKS OGNIWO ŁĄKOCINY	POL	K30	461	05:59:38	06:10:24	1115	
		5km - 00:31:29, 10km - 01:03:47, 15km - 01:44:02, 20km - 02:36:14, 21km - 02:46:09, 25km - 03:20:38, 30km - 04:07:14, 35km - 04:52:18, 40km - 05:39:06									
6043	105	ŁUKOMSKI Tomasz	POZNAŃ		POL	M55	220	06:00:02	06:00:45		4928
		5km - 00:28:10, 10km - 01:00:14, 15km - 01:36:14, 20km - 02:19:06, 21km - 02:29:36, 25km - 03:03:41, 30km - 03:55:12, 35km - 04:50:31, 40km - 05:39:49									
6044	1415	GÓRALCZYK Michał	KRAKÓW	Wataha łączy nas bieganie	POL	M30	1687	06:00:19	06:09:51		4929
		5km - 00:37:44, 10km - 01:16:10, 15km - 01:54:48, 20km - 02:36:52, 21km - 02:45:18, 25km - 03:20:05, 30km - 04:07:46, 35km - 04:53:41, 40km - 05:41:50									
6045	3213	KURZACZ Miłosz	WARSZAWA		POL	M45	740	06:01:34	06:10:54		4930
		5km - 00:35:00, 10km - 01:10:32, 15km - 01:46:15, 20km - 02:25:34, 21km - 02:36:20, 25km - 03:19:39, 30km - 04:14:18, 35km - 05:01:45, 40km - 05:44:33									
6046	3205	SZYBOWSKI Sławomir	WARSZAWA		POL	M45	741	06:01:35	06:10:55		4931
		5km - 00:35:00, 10km - 01:10:32, 15km - 01:46:15, 20km - 02:25:34, 21km - 02:36:21, 25km - 03:19:40, 30km - 04:14:18, 35km - 05:01:45, 40km - 05:44:33									
6047	6411	Zawodnik anonimowy				K45	130	06:01:47	06:11:44	1116	
		5km - 00:39:54, 10km - 01:22:38, 15km - 02:01:20, 20km - 02:44:05, 21km - 02:54:10, 25km - 03:26:09, 30km - 04:13:25, 35km - 04:59:35, 40km - 05:45:24									
6048	5369	KARPIŃSKA Nina	BLIŻYN	Reebok Run Crew Wilanów	POL	K30	462	06:02:01	06:11:37	1117	
		5km - 00:33:53, 10km - 01:12:13, 15km - 01:53:24, 20km - 02:40:56, 21km - 02:51:31, 25km - 03:29:25, 30km - 04:16:23, 35km - 05:01:22, 40km - 05:45:42									
6049	4918	KLIMECKA-AKSAMIT Iga	GDYNIA	BIEGACZE PÓŁNOCY	POL	K40	287	06:02:01	06:11:37	1117	
		5km - 00:33:53, 10km - 01:13:05, 15km - 01:53:24, 20km - 02:40:56, 21km - 02:51:31, 25km - 03:29:25, 30km - 04:16:23, 35km - 05:01:23, 40km - 05:45:38									
6050	6006	MADAJCZAK Zbigniew	MIĘDZYLESIE		POL	M50	338	06:02:37	06:12:34		4932
		5km - 00:34:30, 10km - 01:10:41, 15km - 01:49:32, 20km - 02:32:28, 21km - 02:42:02, 25km - 03:19:13, 30km - 04:09:55, 35km - 04:58:30, 40km - 05:44:13									
6051	4411	Zawodnik anonimowy				K18	152	06:03:06	06:09:18	1119	
		5km - 00:34:03, 10km - 01:11:52, 15km - 01:51:03, 20km - 02:33:56, 21km - 02:43:37, 25km - 03:19:25, 30km - 04:07:03, 35km - 04:56:34, 40km - 05:44:05									
6052	2302	STEMPNIAK Katarzyna	HEL	REBELS LEGION TEAM	POL	K30	463	06:03:22	06:12:34	1120	
		5km - 00:34:42, 10km - 01:12:14, 15km - 01:51:25, 20km - 02:34:19, 21km - 02:43:51, 25km - 03:23:35, 30km - 04:12:20, 35km - 04:59:29, 40km - 05:44:56									
6053	5363	MAĆKOWSKA Iwona	GRADOWICE		POL	K18	153	06:03:57	06:09:40	1121	
		5km - 00:32:48, 10km - 01:05:50, 15km - 01:39:42, 20km - 02:17:05, 21km - 02:26:02, 25km - 03:02:36, 30km - , 35km - 04:51:51, 40km - 05:43:27									
6054	141	KALINOWSKI Zygmunt	POZNAŃ	1945	POL	M70	16	06:04:22	06:07:24		4933
		5km - 00:37:07, 10km - 01:16:21, 15km - 01:54:47, 20km - 02:36:56, 21km - 02:47:06, 25km - 03:22:32, 30km - 04:15:23, 35km - 05:02:04, 40km - 05:45:48									
6055	2124	ZAPŁATA Patryk	LESZNO		POL	M18	545	06:04:22	06:13:18		4933
		5km - 00:33:10, 10km - 01:06:48, 15km - 01:42:02, 20km - 02:23:43, 21km - 02:33:57, 25km - 03:12:02, 30km - 04:05:34, 35km - 04:53:46, 40km - 05:42:20									
6056	1213	MIRECKI Zbigniew	WARSZAWA	Parkrun Bródno	POL	M60	117	06:04:36	06:14:56		4935
		5km - 00:34:32, 10km - 01:10:11, 15km - 01:47:01, 20km - 02:31:25, 21km - 02:40:39, 25km - 03:18:20, 30km - 04:09:34, 35km - 04:56:07, 40km - 05:45:18									
6057	3671	NOWAK Tomasz Zenon	DRUŻYNA		POL	M55	221	06:04:52	06:13:13		4936
		5km - 00:35:16, 10km - 01:10:35, 15km - 01:46:32, 20km - 02:26:20, 21km - 02:34:53, 25km - 03:08:43, 30km - 03:57:42, 35km - 04:57:09, 40km - 05:47:30									
6058	2200	PAWLAK Katarzyna	LUBOŃ	Mamy-Biegamy	POL	K30	464	06:05:18	06:13:29	1122	
		5km - 00:39:47, 10km - 01:20:46, 15km - 02:02:57, 20km - 02:48:09, 21km - 02:57:30, 25km - 03:31:44, 30km - 04:17:34, 35km - 05:02:37, 40km - 05:47:40									
6059	6725	KONEFAŁ Katarzyna	WARSZAWA		POL	K18	154	06:06:39	06:15:10	1123	
		5km - 00:38:48, 10km - 01:20:39, 15km - 02:02:49, 20km - 02:48:27, 21km - 02:58:08, 25km - 03:32:00, 30km - 04:17:53, 35km - 05:02:41, 40km - 05:48:15									
6060	2749	PASTUSZKA Magdalena	KATOWICE	Jcommerce	POL	K18	155	06:06:56	06:16:04	1124	
		5km - 00:36:35, 10km - 01:13:36, 15km - 01:49:47, 20km - 02:30:33, 21km - 02:39:21, 25km - 03:13:18, 30km - 03:55:34, 35km - 04:46:55, 40km - 05:43:07									
6061	5395	WASILKOWSKI Jerzy	KALISZ	Cystic Fibrosis Running Team	POL	M50	339	06:08:42	06:13:23		4937
		5km - 00:36:07, 10km - 01:15:44, 15km - 01:53:36, 20km - 02:36:14, 21km - 02:48:52, 25km - 03:23:35, 30km - 04:14:40, 35km - 05:07:12, 40km - 05:51:37									
6062	4949	JANECKA Dorota	POZNAŃ		POL	K45	131	06:09:47	06:17:35	1125	
		5km - 00:32:53, 10km - 01:09:27, 15km - 01:48:59, 20km - 02:36:16, 21km - 02:49:38, 25km - 03:30:12, 30km - 04:16:23, 35km - 05:04:13, 40km - 05:51:28									
6063	2871	KONIECZNA Joanna	PYSZĄCA	Wataha Łączy nas bieganie	POL	K30	465	06:10:41	06:20:33	1126	
		5km - 00:36:23, 10km - 01:15:55, 15km - 01:57:17, 20km - 02:41:24, 21km - 02:51:25, 25km - 03:28:44, 30km - 04:16:23, 35km - 05:07:15, 40km - 05:52:18									
6064	6436	SZAFLIŃSKA Iwona	RAWICZ	Wataha	POL	K30	466	06:10:42	06:20:33	1127	
		5km - 00:36:24, 10km - 01:15:56, 15km - 01:51:31, 20km - 02:36:24, 21km - 02:47:39, 25km - 03:26:49, 30km - 04:16:24, 35km - 05:07:18, 40km - 05:52:01									
6065	2773	SAMOĆ Barbara	WARSZAWA		POL	K40	288	06:11:16	06:19:29	1128	
		5km - 00:39:05, 10km - 01:19:32, 15km - 02:00:58, 20km - 02:44:06, 21km - 02:53:24, 25km - 03:28:16, 30km - 04:17:32, 35km - 05:03:29, 40km - 05:50:41									
6066	7156	Zawodnik anonimowy				M30	1688	06:11:24	06:12:08		4938
		5km - 00:35:49, 10km - 01:12:33, 15km - 01:49:15, 20km - 02:30:51, 21km - 02:40:19, 25km - 03:17:35, 30km - 04:09:07, 35km - 04:59:18, 40km - 05:51:59									
6067	1374	GEREMESZ-NAPIERAŁA Katatrzyna	WROCŁAW	Teges	POL	K45	132	06:12:38	06:20:18	1129	
		5km - 00:34:51, 10km - 01:13:32, 15km - 01:54:10, 20km - 02:40:06, 21km - 02:51:07, 25km - 03:28:53, 30km - 04:20:01, 35km - 05:07:59, 40km - 05:53:18									
6068	6217	PILECKI Gustaw	BYDGOSZCZ	Bzoza Biega	POL	M70	17	06:13:56	06:21:00		4939
		5km - 00:37:34, 10km - 01:16:50, 15km - 01:58:47, 20km - 02:44:08, 21km - 02:53:55, 25km - 03:30:50, 30km - 04:19:08, 35km - 05:05:59, 40km - 05:54:06									
6069	6030	KIELISZEK Anna	SZCZECIN		POL	K30	467	06:14:37	06:23:48	1130	
		5km - 00:37:24, 10km - 01:19:24, 15km - 01:58:03, 20km - 02:42:10, 21km - 02:51:34, 25km - 03:26:05, 30km - 04:17:43, 35km - 05:03:30, 40km - 05:56:19									
6070	3216	MARCINEK Rafał	KRZYCKO WIELKIE	Pol-Leim-Holz meble	POL	M50	340	06:15:18	06:20:34		4940
		5km - 00:27:35, 10km - 00:54:48, 15km - 01:21:45, 20km - 01:49:56, 21km - 01:56:07, 25km - 02:19:46, 30km - 02:58:21, 35km - , 40km -									
6071	6382	WOŹNIAK Barbara	ZAGÓRZE	KS Limanowa Forrest	POL	K60	10	06:15:59	06:25:34	1131	
		5km - 00:37:57, 10km - 01:18:09, 15km - 01:59:36, 20km - 02:42:44, 21km - 02:52:04, 25km - 03:27:19, 30km - 04:16:47, 35km - 05:05:20, 40km - 05:54:50									
6072	7098	LUŻYŃSKI Edward	BIAŁOGARD		POL	M45	742	06:16:05	06:24:57		4941
		5km - 00:35:15, 10km - 01:11:51, 15km - 01:50:37, 20km - 02:30:13, 21km - 02:39:12, 25km - 03:14:12, 30km - , 35km - 05:02:30, 40km - 05:54:41									

20. PKO Poznań Maraton 2019-10-20

Mce	Nr	Nazwisko Imię	Miejscowość	Team	Kraj	Kat	Mce Kat	Czas netto	Wynik	K	M
6073	7055	SZYMAŃSKI Janusz	ŻYRARDÓW		POL	M70	18	06:17:03	06:22:56		4942
		5km - 00:29:47, 10km - 01:03:21, 15km - 01:39:55, 20km - 02:29:20, 21km - 02:40:55, 25km - 03:21:06, 30km - 04:11:24, 35km - 05:04:44, 40km - 05:54:17									
6074	2292	ZAJĄCZKOWSKA Katarzyna	GDYNIA		POL	K30	468	06:20:03	06:30:12	1132	
		5km - 00:39:11, 10km - 01:21:29, 15km - 02:01:33, 20km - 02:46:54, 21km - 02:56:43, 25km - 03:33:31, 30km - 04:23:03, 35km - 05:11:19, 40km - 05:58:12									
6075	2272	FURTACZ Marek	PIŁA	Niezrzeszony	POL	M70	19	06:25:47	06:35:02		4943
		5km - 00:36:56, 10km - 01:17:11, 15km - 01:58:26, 20km - 02:43:28, 21km - 02:53:16, 25km - 03:31:29, 30km - 04:21:51, 35km - 05:12:54, 40km -									
6076	4718	MICHALAK Wojciech	SŁAWNO	MKS Święc Sławno	POL	M45	743	06:26:24	06:29:46		4944
		5km - 00:35:04, 10km - 01:16:13, 15km - 01:55:58, 20km - 02:43:11, 21km - 02:54:22, 25km - 03:35:54, 30km - 04:25:54, 35km - 05:20:33, 40km - 06:07:51									
6077	7162	KRUPIŃSKI Ryszard	KOTLIN	Team Pleszew	POL	M70	20	06:28:31	06:30:53		4945
		5km - 00:35:35, 10km - 01:19:15, 15km - 02:00:35, 20km - 02:45:58, 21km - 02:55:41, 25km - 03:33:10, 30km - 04:22:23, 35km - 05:12:58, 40km - 06:05:07									
6078	3446	Zawodnik anonimowy				M30	1689	06:28:47	06:37:51		4946
		5km - 00:35:14, 10km - 01:11:03, 15km - 01:50:28, 20km - 02:39:43, 21km - 02:51:26, 25km - 03:33:24, 30km - 04:27:23, 35km - 05:16:48, 40km -									
6079	7179	TOPOLEWICZ Jerzy	GDYNIA		POL	M50	341	06:29:11	06:38:41		4947
		5km - 00:39:36, 10km - 01:22:07, 15km - 02:03:17, 20km - 02:49:08, 21km - 02:59:30, 25km - 03:36:54, 30km - 04:27:04, 35km - 05:16:54, 40km -									
6080	2989	RYCHLEWICZ Matylda	POZNAŃ	Drużyna szpiku	POL	K40	289	06:29:42	06:37:51	1133	
		5km - 00:35:10, 10km - 01:13:35, 15km - 01:54:23, 20km - 02:40:41, 21km - 02:52:21, 25km - 03:34:19, 30km - 04:28:19, 35km - 05:17:43, 40km -									
6081	4331	PRZYBYLAK Katarzyna	POZNAŃ	Dirty Sparrows	POL	K18	156	06:30:43	06:37:51	1134	
		5km - 00:32:29, 10km - 01:12:19, 15km - 01:52:17, 20km - 02:41:39, 21km - 02:51:36, 25km - 03:28:11, 30km - 04:23:47, 35km - 05:18:49, 40km -									