

Rules and Regulations of the 4th edition of 'Poznań Five' 2026
(hereinafter also referred to as 'the Run')

I. Goal

1. Popularisation and promotion of running, as the simplest form of recreation.
2. Promotion of the City of Poznań in Poland and around the world.

II. Organiser

The City of Poznań - Poznań Sports and Recreation Centres ul. Spychalskiego 34
61-553 Poznań, Poland

Tax Identification Number (NIP): 209-00-01-440, National Business Registry
Number (REGON): 630603890 telephone +48 61 835 79 17 e-mail:

info@marathon.poznan.pl <https://marathon.poznan.pl>

The run shall be held under the patronage of the Mayor of the City of Poznań.

III. Competition Office

1. The Competition Office is located in the registered office of Poznań Sports and Recreation Centres, i.e.: Spychalskiego 34, 61-553 Poznań, in the rooms: 201, 202, 203, 204.

The Competition office is open from Monday to Friday from 8:00 a.m. until 4:00p.m,
telephone +48 61 835 79 17, e-mail: info@marathon.poznan.pl.

2. On 2-3 October 2026, the Competition office shall change its registered office to: Poznań International Fair Ltd., 14 Głogowska Street, 60-734 Poznań, Poland, Hall no. 3.

IV. Date and venue

1. The run shall take place on 3rd October 2026 in Poznań.
2. Start: at Grunwaldzka Street (at the Poznań International Fair Ltd.) at 10:00a.m.
3. Finish: Poznań International Fair Ltd. (St. Mark's Square).

V. Route

1. The route length: 5 km.
2. The route is certified by AIMS, World Athletics, Polish Athletic Association (PZLA).
3. Each kilometre of the route shall be marked with the vertical signs.
4. The route of the Run shall be closed to traffic from 9:30a.m. until 11:15a.m.

VI. Time limit

1. The time limit of 45 minutes is applicable to the competitors.
2. The competitors who do not finish the run until within the time limit specified in VI.1 are obliged to discontinue the Run and get off from the run route.
3. The participants who stay on the run route upon an expiry of the time limit specified in these Rules and Regulations does so at their own risk and liability.
In this case the provisions of the Road Traffic Law Act and the Civil Code are applicable.

VII. Time measurement

1. The official time in the general and age classification is real time (net time - counted from the moment the runner crosses the start line). The first 50 runners crossing the finish line are the exception from this rule – their official time is gross time - counted from the starter's shot). If there is no 8 men and 8 women in the first 50 finishing runners, the number of runners whose official time is net time is increased appropriately until such a number of men and women crosses the finish line.
2. Each run participant shall receive information both about his/her gross, and net times in his/her

final results.

3. Time measurement shall be performed using chips placed in the bib number.
4. The charge for time measurement is included in the registration fee.
5. The time control points are located along the route at: start line, 2.5 km, and finish line. No readout at any of the control points may result in a disqualification.
6. The personnel at the control points note down the bib numbers of the runners who take a short cut along the route. The competitors taking the short cut or changing the route shall be disqualified.

VIII. Nutrition, sanitary and medical points

1. The Organiser shall ensure medical care at the start line of the Run, along the run route and at the finish line of the Run.
2. Toilets shall be located near the start and finish lines of the Run.
3. After completing the Run, participants shall receive water beyond the finish line.

IX. Participation

1. The right to start in the 4th edition of the 'Poznań Five' is granted only to the persons who at the latest on 3rd October 2026 turn 15 years old
2. Minors who want to participate in the run must be registered by a parent or legal guardian. To do this, click on the 'Register' tab on the website www.marathon.poznan.pl and then select the option 'I want to register a minor aged 15–17 for the 5 km run'.
3. Only the runners take part in the Run. The Organiser due to the safety reasons shall not permit the participation of the people on skates, roller skates, skateboards, bicycles and other mechanical devices. Due to the nature of the Run the people with sticks (trekking and Nordic Walking) are forbidden to start.
4. The Organiser fails to give its consent to run the Half Marathon with a bib number assigned to another runner. The competitor who runs with the bib number and chip to which data of the other person is assigned shall be disqualified.
5. During the Run, all competitors must have their bib numbers pinned.
6. The bib number must be fastened at the front to sports shirt/top on the chest by means of safety pins or at the front on the waist belt for the bib numbers fastened on the hips. Under the penalty of disqualification, it is unacceptable to cover the bib number in part or in whole, to modify and place the bib number on the back. The competitors who start without the bib number visible at the front may be disqualified.
7. The rules of the PZLA ('Rules of Athletics Competitions' Polish edition on the basis of World Athletics), IAAF (<https://www.worldathletics.org/library>), AIMS guidelines and these Rules and Regulations are applicable in respect of the Participants of the Run.
8. The competitors are obliged to comply with the sanitary regulations in force on the date of the start specified by the sanitary services and the Organiser.

X. Verification of participants and collection of start packages

1. The verification of competitors and the issuance of start packages shall take place in the Run Office in the area of the International Fair Ltd., at 14 Głogowska Street **only on:**
 - 2.10.2026 (Friday) within 10:00a.m. - 08:00p.m.,
 - 3.10.2026 (Saturday) within 07:00a.m. - 09:00a.m.
2. The verification of the competitors and collection of the start packages shall take place in the Run Office on the basis of presentation of an identity document or the start card. Competitors shall receive their start cards via text message in the form of a link sent to the mobile phone number they provided in their Run registration form. A competitor who shall collect his/her start package

on the basis of an identity document only, should know his/her bib number before approaching the collection desk.

3. The start card shall be available from 1st October 2026 at 02:00p.m. on the individual competitor's profile (access: www.marathon.poznan.pl – 'Log in' tab).
4. If a participant cannot personally collect the start package, he/she must give the start card to the person who shall receive the package for him/her.
5. On the date when the Run is held, i.e. 3rd October 2026, the Run Office shall be open, and a collection of the start packages shall be possible within 07:00a.m. - 9:00a.m.
6. The Organiser shall not send start packages by post or courier. Neither start packages not collected in the Run Office shall be sent or issued at a later date.
7. The start package shall include: an envelope with a bib number, with a time-measuring chip affixed and a tear-off tag for the sack for the deposit, 4 safety pins, sack/bag for the deposit.

XI. Classifications

1. General – women and men.
2. Age classification – women and men: 15, 16-17, 18-29, 30-39, 40-49, 50-59, 60-69, 70 and older ones.

XII. Applications / Fees

1. The applications are accepted via the on-line form published on the following web site: www.halfmarathon.poznan.pl or personally in the registered office of the Organiser or the Run Office.
2. The time limit for the on-line applications is 1st October 2026 or once the limit of applications paid is reached.
3. On 2nd October 2026 (unless the limit of applications paid is not exhausted earlier) the applications and the registration fees shall be accepted only in person in the Run Office (Poznań International Fair, hall no. 3), within its opening hours between 10:00a.m.-8:00p.m.
4. The limit of the applications paid is of 3 000 persons.
5. An application is considered effective when the Organiser gets correctly filled application form and the registration fee is credited to its bank account.
6. The registration fee for the participation in the Run amounts to PLN 90.
7. Technical T-shirts, priced at 70 PLN each, can be purchased either when registering for the Run or at a later date, but no later than 1st September 2026.

Purchased T-shirts shall be available for collection at the stand of the Organiser located in the hall 3. Detailed T-shirt sizes are shown in the table annexed to the registration form. T-shirts are issued based on the size indicated on the registration form, and the declared size cannot be changed. Changing the size of a purchased T-shirt is only possible during the registration period, by 1st September 2026. Regarding T-shirts purchased but not collected on 2nd and 3rd October 2026, the Organiser kindly asks you to contact them by e-mail at info@marathon.poznan.pl after 4th October 2026.

8. A participant also have the possibility to order additional services, the prices of which are as follows:

Service	Price
1. Medal engraving on the day of the run (technical details shall be provided in the handbook for participants of the Run)	PLN 25
2. Personalisation of the purchased T-shirt	PLN 25 (purchase is possible until 1.09.2026)

9. Under the Article 38(1)(12) of the Act of 30 May 2014 on Consumer Rights (i.e. Journal of Laws 2024.1796), participants who are consumers within the meaning of the Article 221 of the Civil Code are not entitled to withdraw from the contract.
10. The registration fee can be paid online (via your registration profile) via <https://autopay.pl>. Autopay S.A., with its registered office in Sopot, ul. Powstańców Warszawy 6, 81-718 Sopot, Tax Identification Number (NIP): 585-13-51-185, National Business Registry Number (REGON): 191781561, a national payment institution supervised by the Polish Financial Supervision Authority, entered in the Register of Payment Services under No. IP17/2013. Autopay Terms and Conditions. Payment methods available to participants include: bank transfers, payment cards, BLIK.
11. Once paid, the registration fee is not subject to return and transfer to the events organised by the Organiser irrespective of the reason for the participant's withdrawal from the Run.
12. A participant may transfer his/her bib number to another participant **who is registered** but does not yet have a bib number, provided this is done by the deadline of 17th September 2026. To do so, they must complete the participation transfer form available on their personal participant profile on the website: <https://runner.marathon.poznan.pl/>. The organiser accepts no liability for errors made by competitors transferring their race number to another competitor.
13. The Organiser fails to provide agency services in the settlements between the participants.
14. The Organiser ensures that data related to the payment process, i.e. credit card numbers and details, as well as the access codes to the on-line bank accounts, are not recorded by the Organiser. For the purpose of protecting confidential data, transactions made through an external online payment system shall be encrypted.
15. The following participants have the right to participate in the Run for free provided they register by 2nd October 2026:
 - participants who take part in the Run on the basis of the separate contracts and agreements concluded by the Poznań Sports and Recreation Centres (POSiR),
 - participants exempted from paying the registration fee by the Poznań Sports and Recreation Centres Director (individual cases) based on their written request,
 - winners of the competitions organised by the Organiser, Partners and Sponsors, where award constituted an exemption from registration fee,
 - honour guests who take part in the run invited by the Organiser.
16. Disabled persons can be exempted from the registration fee based on the written request submitted to the Director of the Poznań Sports and Recreation Centres (POSiR) or they may request a refund a registration fee on the basis of a medical certificate presented for inspection during a collection of the start package. The Organiser hereby emphasises to NOT SEND the aforesaid medical certificates by e-mail or traditional mail to the Organiser.
17. The competitors over 60 years old have the right to a 50% discount (discounts do not add up).

18. The runners who have the 'Ogólnopolska Karta Dużej Rodziny' card featuring a **territorial code of the city of Poznań** have the right to a 25% discount on the registration fee. The 'Karta Dużej Rodziny' card issued by the other cities do not authorise to get the aforesaid discount.
19. A 25% discount on the registration fee apply to the holders of the OK Poznań Carddiscounts do not add up).

XIII. Awards

1. The overall winners in the women's and men's categories (1st–3rd place) will receive trophies and cash prizes as follows:
1st place: PLN 1,500
2nd place: PLN 800
3rd place: PLN 600
2. The awards in the general classification – women (1st – 3rd place) and in the general classification – men (1st – 3rd place) are granted to runners based on their order of crossing the finish line.
3. All participants of the Run who complete the Run within 45 minutes are awarded a medal.
4. Cash prizes shall be subject to income tax deductions in accordance with applicable mandatory legal provisions.
5. Cash prizes shall be paid to competitors exclusively by bank transfer to the bank account designated by the competitor, following the announcement of the official Race results. Payment in cash shall not be available.
6. The receipt of a cash prize to the designated bank account shall be conditional upon the completion and submission to the Organizer of all forms required by the tax authorities within a non-extendable period of 30 days from the date of the Race.

XIV. Deposits, locker rooms, showers

1. The deposits and locker rooms shall be located near the finish line of the Run in the area of the Poznań International Fair Ltd. (hall no. 3A).
2. The runners shall give their things to the deposit from 7:00 a.m. until 9:30a.m. All baggage given to the deposit must fit in one sack/bag, marked with a tag bearing the competitor's bib number detached from the registration number.
3. There must be no glass or other objects in the sack that can be easily damaged. The Organiser is not liable for such damage (cracking, breaking, crushing, etc.).
4. It is forbidden to leave valuable things such as watches, wallets with any content, electronic equipment, etc. in the deposit. The Organiser assumes no liability for the damage or loss of the aforementioned things whilst they are in the deposit.
5. The deposit shall not accept any bicycles or other bulky items.
6. An issuance of the things from the deposit shall take place on 3.10.2026 upon presenting the bib number until 11:30a.m.
7. Losing the bib number by the competitor releases the Organiser from liability for collecting the things by another person.
8. The Organiser shall not be liable for the things not collected from the deposit.

XV. Results

1. The unofficial results from the Run shall be posted on the website www.marathon.poznan.pl immediately after the Run.
2. The official results of the Run shall be published on the website www.marathon.poznan.pl 14 days after the Run has ended.

3. Participants' details (first name, surname, year of birth, locality, country, club, age category, net time, gross time, sex) shall be published in the final results of the Run on the website: <http://marathon.poznan.pl/strefa-zawodnika/wyniki/>, provided the participant gives his/her consent to it. **In case of a failure to give a consent by the participant to publish the aforementioned details, only the bib number and the achieved run time result shall be posted in the official results.**

XVI. Final provisions

1. By completing the online registration form, the competitor confirms that he/she has read and accepted these Rules and Regulations and undertakes to comply with them. Furthermore, the participant declares that they are taking part in the Run at his/her own risk and accept the associated risks, acknowledging that participation in the Run involves physical exertion and entails natural risks and the danger of accidents, the possibility of sustaining bodily injury and physical harm (including death), as well as damage and loss of a financial nature. By completing the registration form and paying the entry fee, the participant confirms that they have assessed the nature, scope and degree of risk associated with participating in the Run and have voluntarily decided to accept this risk, taking part in the Run at his/her own risk.
2. By completing the registration form on behalf of a minor, the parent or legal guardian confirms that he/she has read these Rules and Regulations, accepts their terms and undertakes to comply with them. Furthermore, they declare that he/she acknowledges that participation in the Run involves physical exertion and entails natural risks and the risk of accidents, the possibility of sustaining bodily injury and physical harm (including death), as well as damage and loss of a financial nature. Completing the registration form and paying the registration fee on behalf of a minor means that the parent or legal guardian has assessed the nature, scope and degree of risk associated with participation in the Run and has voluntarily decided to accept this risk by allowing the minor under his/her care to take part in the Run.
3. The Organiser recommends before and during preparations for the Half Marathon to have the appropriate medical examinations or medical consultations depending on the age and physical condition of the Competitor.
4. It is forbidden to bring things to the Run route that may be dangerous to the other competitors. It is forbidden to bring intoxicants, doping, illegal substances and alcoholic beverages to the venue of the Run.
5. Any complaints, comments and requests regarding the issues related to the participation in the Run and protests regarding the results of the Run can be submitted, in particular, by e-mail to the Organiser's address (info@halfmarathon.poznan.pl) or by registered mail to the address of the registered office of the Organiser (POSiR, ul. Spychałskiego 34, 61-553 Poznań), within 3 days from the date of completion of the Run.
6. The advertising materials can be placed on the start, route and finish of the Run upon an exclusive consent of the Organiser. The advertisement of the things different than those of the official Sponsors and Partners of the Run is forbidden.

7. The Organiser reserves the right to cancel or change the date of the Run in the event of force majeure events that may affect the course of the event. Force majeure in the meaning of the Rules and Regulations is any unforeseeable situation or event of an exceptional nature, beyond the control of the Organiser, preventing the fulfilment of any of the obligations provided for in the Rules and Regulations, not resulting from the error or negligence of the Organiser and remaining insurmountable despite exercising due diligence, in particular: natural catastrophic events such as floods, hurricanes, windstorms of extraordinary strength, tornadoes, earthquakes, unusually intense and prolonged downpours or extraordinary and external events that could not have been prevented (such as war, martial law restrictions, insurrection, revolution, riots, terrorist attack), epidemic threats, epidemic states, epidemics and states of epidemics, as well as new legal acts or decisions of administrative authorities preventing the Organiser from fulfilling its obligations. Neither the Organiser nor the competitors shall be liable for a failure to perform or improper performance of the provisions of these Rules and Regulations caused by force majeure.
8. In matters not governed by these Rules and Regulations, the provisions of generally applicable law shall apply, in particular the Road Traffic Act of 20 June 1997 (Journal of Laws of 2024, item 1251; of 2025, items 820 and 1006, as amended).

Poznań, July 2026

Director of Poznań Sports and Recreation Centres (POSiR)