

18. Maciej Frankiewicz PKO Poznań Marathon Official Regulations

I. Aim

Popularization of running as best form of recreational activity.

Promotion of the City of Poznań in Poland and abroad.

II. Organizer

Poznań Sports and Recreation Centres,

Address: 61-553 Poznań, 34 Chwiałkowskiego Street

Phone: (+48) 61 835 79 17,

e-mail: info@marathon.poznan.pl

<http://marathon.poznan.pl>

Patronage of this event is held by Jacek Jaśkowiak, the Mayor of the City of Poznań.

III. Marathon Office

1. The Marathon Office is located in Poznań Sports and Recreation Centres Head Office,

address: 61-553 Poznań, 34 Chwiałkowskiego Street,

open Monday to Friday 08.00-16.00.

phone: (+48) 61 835 79 17,

e-mail: info@marathon.poznan.pl.

2. On 13-15 October 2017 the Marathon Office is located in:

the Poznań International Fair, hall 3,

address: 14 Głogowska Street, 60-734 Poznań,

open: Friday 13 October 10.00-20.00, Saturday 14 October 10.00-20.00.

On Sunday 15 October the Marathon Office is closed.

3. The Marathon Office runs the registration for the marathon, verifies the participants and issue start packages.

IV. Date and venue

1. The marathon is held on 15 October 2017 in Poznań.
2. Start: Grunwaldzka Street, by the Poznań International Fair:
 - ≡ 8.50 wheelchairs
 - ≡ 9.00 runners.
3. Finish: the Poznań International Fair (Mark Square).
4. participants line up at the start in the following order:
 - ≡ wheelchairs
 - ≡ elite runners
 - ≡ runners with bib numbers to 50
 - ≡ other runners – in start zones according to info on bib numbers.

V. Start zones

1. Participants line up at the start in designated start zones.
2. Start zones are assigned to the participants based on the finish times declared by them during registration.
3. Different colour stripes on participants' bib numbers indicate start zones to which the runners are assigned to:
 - zone for wheelchairs – orange stripe
 - zone AA - yellow stripe – bib numbers 1-50 including elite runners,
 - zone A – red stripe – time below 3:10,
 - zone B – green stripe – time between 3:11-3:29,
 - zone C – blue stripe – time between 3:30-3:59,
 - zone D – violet stripe – time between 4:00-4:29,
 - zone E - brown stripe – time above 4:30.
4. Start zones can be changed for different ones by participants on their individual online account by 4 October 2017.

VI. Route

1. The route length: 42,195 km.

2. The route covers 1 loop.
3. The route has got AIMS, IAAF and PZLA certificates.
4. Each kilometre of the route is marked.

VII. Time limit

1. Time limit for the race completion is 6 hours.
2. Runners who do not finish the marathon until 15.15 are obliged to discontinue running and reach the finish by the bus marked "Marathon's finish".
3. The marathon route is closed for car traffic until 15.15.

VIII. Time measurement

1. The official time in general and age classification is net time (counted from the moment the runner crosses the start line). The first 100 runners crossing the finish line are the exception from this rule - their official time is gross time (counted from the starter's shot). If there is no 8 men and 8 women in the first 100 finishing runners, the number of runners whose official time is net time goes bigger until such amount of men and women crosses the finish line.
2. Both, gross and net times are published in official results.
3. Time is measured by a chip attached to a running shoe. The chips are returnable.
4. The price of time measurement is included in registration fee.
5. Time control points are located along the route at: start line, 5 km, 10 km, 15 km, 20 km, 21,975km, 25 km, 30 km, 35 km, 40 km, finish line.
6. Personnel at the control points note down the runners who try to take a short cut along the route. Runners taking the short cut or going the wrong route are disqualified.

IX. Nutrition and refreshing points

1. Nutrition points are located every 5 km or so.
2. Products on tables at the nutrition points are arranged as follows:
 - ≡ water for sponges
 - ≡ water
 - ≡ isotonic
 - ≡ bananas, chocolate, sugar
 - ≡ water

≡ isotonic.

X. Participation

1. Only runners who are at least 18 years old on 15 October 2017 may participate in the 18. PKO Poznań Marathon.
2. Runners taking part in the 18. PKO Poznań Marathon must be verified in the Marathon Office on 13-14 October 2017.
3. It is not allowed to run the marathon with a bib number assigned to another person. The runner who takes part in the race with the bib number assigned to a different person will be disqualified. During registration for the marathon participants agree with the Official Marathon Regulations and commit to them.
4. Bib numbers and chips must be attached to runners at all times throughout the marathon.
5. Bib numbers must be attached to runners t-shirts on chests and mustn't be covered fully nor partly nor be modified. Runners with not clearly visible bib numbers will be disqualified.
6. Chips must be attached to shoelaces of running shoes on the left or right leg at height of an ankle. Attaching chips in any other place results in disqualification.

XI. Participants verification and start packages issuing

1. Participants are verified in the Marathon Office when they collect their start packages (with bib numbers, souvenirs and information materials) upon presenting start cards or ID.
2. Start cards are ready to download from runners' online account from 5 October 2017, 11.00 o'clock. To download start cards, participants should go to website <http://marathon.poznan.pl/panel/en>, login to their online personal accounts and go to section "files to download". If someone is not able to collect by himself he should give the start card or ID (copy or scan) to the person collecting the start card on his behalf.
3. Participants verification and start packages issuing is held in the Marathon Office at the Poznań International Fair, Hall 3, ul. Głogowska 14 on the following days:
13 October Friday 10.00-20.00
14 October Saturday 10.00-20.00
After this time the Organizer doesn't issue start packages nor sends them by post.
4. The start package consists of a bib number, a chip for time measuring, a bag for the runner's belongings, a number for the bag, 4 pins, a marathon bag, 4F technical t-shirt, fotomaraton.pl flyer and PKO Bank Polski promotional materials.

XII. Classification

1. General – women and men.
2. Age classification - women and men: 18-29, 30-39, 40-44, 45-49, 50-54, 55–59, 60-64, 65-69, 70-74, 75 and older.
3. Best citizen of Poznań - woman and man.
4. Oldest participant of the marathon - woman and man.
5. General classification - women and men - wheelchairs type I (direct drive) and wheelchairs type II (indirect drive).
6. Age classification doesn't apply to participants on wheelchairs.

XIII. Applications & Fees

1. Deadline for online applications is 12 October 2017 or once the applications limit is reached. On 13-14 October 2017 applications will be accepted only in the Marathon Office, between 10:00-20:00 (Poznań International Fair, hall no. 3) The applications will not be accepted after 14 October 2017.
2. Applications shall be issued via website <http://marathon.poznan.pl/en/runners-zone/registration-form/> or personally in the Marathon Office.
3. Applicants are registered for the marathon when the Organizer gets correctly filled application form and registration fee into his bank account.
4. The Organizer establishes the following terms and application fees:
 - ≡ 100 PLN – when paid until 25 September 2017 (the date of application fee reaching the Organizer's bank account counts),
 - ≡ 150 PLN – when paid 26 September until 12 October 2017 (the date of application fee reaching the Organizer's bank account counts),
 - ≡ 200 PLN – when paid 13-14 October 2017 (the date of application fee reaching the Organizer's bank account counts).
5. Participants must pay registration fee within 7 days since registration. If the payment is not made within this time, the runner's account becomes inactive. The runner may reactivate his account online unless the registration limit is already reached. To reactivate the account, the runner should go to section „payment” in his online account and make the payment.
6. Application fees are non-refundable and cannot be transferred to any other event made by the Organizer in the future.

7. The following participants have the right to participate in the marathon for free (under the condition they register by 14 October 2017):

- ≡ participants who completed all 17 editions of the marathon in Poznań (Poznań Marathon),
- ≡ participants on wheelchairs,
- ≡ participants who were on the I, II and III place in age classifications in the 17. PKO Poznań Marathon,
- ≡ participants taking part in the marathon based on another agreements between Poznań Sports and Recreation Centers and their partners,
- ≡ participants exempted from paying the registration fee by the Poznań Sports and Recreation Centers Director based on their written request,
- ≡ visually impaired and blind participants taking part in the 6. Mistrzostwa Polski Osób Niewidomych i Słabowidzących organized by the Stowarzyszenie Kultury Fizycznej Sportu i Turystyki Niewidomych i Słabowidzących CROSS in Warsaw.
- ≡ winners of the competitions organized by the Organizer
- ≡ pacemakers
- ≡ elite runners
- ≡ honorary guests invited by the Organizer.

8. Runners who are 60 years old or older get 50% discount on application fee (they are not entitled to another discounts).

9. Runners who have „Poznań PRO Rodzina – Karta Rodziny Dużej” get 25% discount on application fee.

10. Runners who paid entry fee to 10 PKO Poznan Half Marathon get 20% discount on application fee.

11. The limit of paid applications is 8 000.

12. Bib numbers can be transferred to another participants by 4 October 2017. Application form allowing the transfer is available in runners' online account on the marathon website. The Organizer doesn't take responsibility for runners' mistakes made during the transfer.

XIV. Prizes

1. Best women and men (I – III place) in general classification get cups.

2. Best women and men in age classifications for the I, II and III place (classified based on their net times) are exempted from paying the registration fee for the 19. Poznań Marathon in 2018.

3. Best citizens of Poznań (woman and man) for the I place get cups.

4. Best oldest participants (woman and man) for the I place get cups.

5. Cash prizes in general runners classification - women and men:

I place - 12 000 PLN

II place - 8 000 PLN

III place - 6 000 PLN

6. Bonus for breaking the time record of the Poznań Marathon for the first woman (time below 02:31:55) and for the first man (time below 02:11:53) is 10 000 PLN.

7. Cash prizes in general wheelchairs type I & II classification - women and men:

I place - 2000 PLN

II place - 1500 PLN

III place - 1000 PLN

8. Prizes in general classification - women and men (I – III place) are granted to runners based on their order of crossing the finish line.

9. All runners who complete the 18. PKO Poznań Marathon participate in the lottery and may win one of ten 1000 PLN (gross) prizes.

The drawing takes place on 15 October after the run on stage in the finish area. To participate in the drawing, the participant must put the coupon into the ballot box located nearby the Marathon Office in the hall no 3 (on 13-14 October, during the Marathon Office opening hours). The coupon is attached to the bib number and can be found in the envelope, in the start package. Presence of the participant at the prize drawing is not obligatory. Winning coupon doesn't take part in the drawing of latter prizes.

10. All runners who complete the marathon within 6 hours time are granted a medal.

11. The winners of money prizes must pay the tax in accordance with the tax law.

12. Money prizes are granted only into participants' bank accounts via bank transfer. They cannot be paid in cash.

13. Money prizes are paid after receiving the results of anti-doping tests.

14. In order to receive cash prize into bank account, runners must fill in necessary forms required by the Tax Office and send them to the Organizer's address within 30 days from the event's finish date.

Download the form.

XV. Antidoping Control

1. Winners of I, II, III and IV place in general classification (women and men) must face anti-doping control (including EPO).
2. Upon finding substances prohibited according to WADA list in sample „A”, a runner is informed of possibility to issue sample „B” on his own cost. The positive result of sample “B” test automatically disqualifies the runner from the race. The organizer does not carry on appealing, explanatory or disciplinary procedures based on WADA, IAAF, PZLA or Polish anti-doping regulations.

XVI. Results

1. Unofficial results are posted on the website www.marathon.poznan.pl right after the marathon.
2. Official results are posted on the website www.marathon.poznan.pl after receiving anti-doping tests results.

XVII. Accommodation

1. The Organizer provides free accommodation on 14/15 October 2017 for the first 600 runners who mark a reservation box in their application forms.
2. The runners are accommodated in sports halls at 34a Chwiałkowskiego in Poznań.
3. The organizer does not provide mattresses nor sleeping bags.
4. Runners are checked in at the sport halls on 14 October 2017 upon presenting their bib numbers.

XVIII. Feeding

1. On 14 October 2017 between 12.00-20.00 there is Pasta Party held in Hall 3A – the Poznań International Fair, Głogowska 14.
2. Pasta Party is free of charge for marathon participants upon presenting vouchers attached to their bib numbers.
3. After the marathon, runners are given energy food and drinks in the finish zone. Outside the finish zone, runners are given a hot meal at the Poznań International Fair.

XIX. Final terms

1. The Organizer provides medical healthcare along the route and at the finish.
2. Each runner is insured against accidents during the race.
3. To take part in the marathon, runners declare that they take part in the event on their own responsibility and thus bear all risks connected with participation in the event as well as are aware that

taking part in marathon is connected with physical effort and involves natural risks and accident threats, health hazards such as lesions and physical injuries (including death) as well as material damage or loss.

Filling in the application form and issuing registration fee means the runners assessed character, range and degree of hazard connected with participation in the marathon and decided voluntarily to take up the risk of participating in the marathon solely on their own responsibility.

4. Sharing personal data with the Organizer is voluntary, nevertheless it is a condition if he wants to participate in the marathon.

6. All runners get free massage and shower after the race.

7. Marathon Office accepts complaints about the race sent by email: info@halfmarathon.poznan.pl within 3 days after the race.

8. Cloakrooms are located near the finish line (hall 3a) at the Poznań International Fair. Runners leave their possessions packed in bags marked with their bib numbers between 7.15 – 8.45. Collecting bags is possible upon presenting bib numbers. Losing a bib number by a participant absolves the Organizer from the responsibility of collecting the bag by any other person. The Organizer does not take any responsibility for possessions left outside the cloakroom.

9. The Organizer has the right to introduce additional classification and prizes.

Poznań, April 2017

Poznań Sport and Recreation Centres Director